

Englist.me



Vocabulary Builder Reference from...

Caroline Paul: To raise brave girls, encourage
adventure | TED Talk

https://www.ted.com/talks/caroline_paul_to_raise_brave_girls_encourage_adventure

All Words

IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source.
We strongly recommend accessing/buying the reference source at the same time.

Session 1: Word List

obsess

v. to fill the mind of someone continually so that one can't think of anything else

synonym: torment, beset, engross

(1) **obsess** over her weight, (2) he is **obsessed** with the fear

He's utterly **obsessed** with his promotion.

absolutely

adv. without restriction or limitation; completely or utterly

synonym: completely, utterly, definitely

(1) **absolutely** against, (2) **absolutely** obsessed with the girl

I am **absolutely** opposed to his idea because of morality.

talent

n. a natural ability to be good at something; someone who has a natural ability to be good at something

synonym: endowment, aptitude, capability

(1) a person of diverse **talents**, (2) raw **talent**

Numerous great professional sports **talents** have come from this city.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

synonym: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action
She couldn't **decide** whether to order the pizza or the pasta for dinner.

crawl

v. to move forward slowly, as people or animals with their bodies near the ground

synonym: creep, drag

(1) **crawl** across the floor, (2) **crawl** away from a car
Along the gravel roads, sizeable yellow school buses **crawl**.

recruit

v. to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.

synonym: raise, enroll, enlist

(1) **recruit** a good worker, (2) **recruit** a new hire
The colonial government **recruited** militia support when civil war broke out.

attempt

n. an act or effort of trying to do something, especially something difficult

synonym: endeavor, effort, try

(1) the **attempt** to rescue the hostages, (2) a reckless **attempt**

The third **attempt** was far more successful.

jean

n. a sturdy cotton twill fabric, typically blue, used for jeans and other clothing

synonym: denim, cotton, pants

(1) a **jean** skirt, (2) **jean** denim

She wore her favorite pair of **jeans** to the party.

denim

n. a sturdy cotton fabric, typically blue or black, used for making jeans or other clothing

synonym: jeans, dungarees, chambray

(1) **denim** shorts, (2) **denim** jacket

She loved the feel of her new **denim** jeans against her skin.

chafe

v. to rub or graze against something, causing irritation, soreness, or annoyance; to become irritated or annoyed due to frustration or impatience

synonym : irritate, rub, abrade

(1) **chafed** against my shoulders, (2) **chafe** under pressure
The new shoes are starting to **chafe** my feet after walking for hours.

chew

v. to crush or grind something, especially food, with the teeth and then swallow it

synonym : masticate, crush, grind

(1) **chew** each word, (2) **chew** a stick of gum
My dog loves to **chew** on bones.

hallucinate

v. to experience a seemingly real perception of something that does not actually exist, usually as a result of a mental illness or drug use

(1) start to **hallucinate**, (2) **hallucinate** with drug
Sleep-deprived people gradually lose their concentration and may **hallucinate**.

monotony

n. a situation in which something unchanging and boring

synonym : boredom, tedium, sameness

(1) the **monotony** of the daily routine, (2) break the **monotony**

The **monotony** of the assembly line work made the days feel very long.

suffer

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

synonym : endure, undergo, tolerate

(1) **suffer** a setback, (2) **suffer** bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

fest

n. a festive celebration, often one that lasts for several days and involves music, food, and other forms of

entertainment

synonym : celebration, carnival

(1) film **fest**, (2) beer **fest**

The music **fest** was a huge success, with thousands of people in attendance.

undergo

v. to go through something unpleasant or that involves a change

synonym : experience, suffer, endure

(1) **undergo** surgery, (2) **undergo** a decrease

The train has to **undergo** rigorous safety checks.

abject

adj. extremely unpleasant and degrading; physically or emotionally impoverished; miserable, wretched, and hopeless

synonym : wretched, miserable, pitiful

(1) **abject** failure, (2) **abject** despair

The **abject** poverty in the slums is a concern for the government.

comfort

n. a state of physical ease and freedom from pain or constraint

synonym : ease, solace, coziness

(1) words of **comfort**, (2) **comfort** level

He found **comfort** in the warm embrace of his loved ones.

zone

n. a specific area, region, or section that is marked off or defined in some way

synonym : area, region, territory

(1) time **zone**, (2) **zone** defense

He was reluctant to leave his comfort **zone** and try something new.

resilient

adj. able to withstand or recover quickly from difficult conditions

synonym : robust, sturdy, tough

(1) a hard and **resilient** steel, (2) **resilient** population
She is a **resilient** person and has always bounced back from setbacks.

confidence

n. the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something
synonym: self-trust, certainty, belief

(1) **confidence** as a teacher, (2) boost my **confidence**
Skill and **confidence** are an unconquered army.

decision

n. the act or process of making up someone's mind about something; a choice or judgment reached after considering options

synonym: choice, determination, judgment

(1) **decision** authority, (2) a selfish **decision**
She was struggling to make a **decision** between two job offers.

attribute

v. to say or regard that something is the result of a particular thing; (noun) a quality or feature that someone or something possesses;

synonym: ascribe, blame, (noun) feature

(1) **attribute** the change to their marriage, (2) **attribute** directly to sales

He **attributes** the disappointing results to the economic downturn.

bravery

n. courage in the face of danger

synonym: courage, valor, heroism

(1) **bravery** against the enemy, (2) **bravery** under fire
His **bravery** in the face of danger saved the lives of his comrades.

firefighter

n. a person whose job is to extinguish fires

(1) forest **firefighter**, (2) decided to be a **firefighter**

The **firefighter** broke into the house bravely to rescue the

children.

depart

v. to go away or leave, especially to start a journey
synonym : go away, leave, vacate

(1) arrive and **depart** on time, (2) **depart** from the faith
We **departed** before the temperature fell below zero.

doubt

n. a feeling of being uncertain about something, especially about how good or accurate it is
synonym : distrust, suspect, mistrust

(1) dispel **doubts**, (2) no **doubt** about the news
Doubt is the start, not the end, of intelligence.

collegiate

adj. relating to or characteristic of a college or university; appropriate for or intended for college students or a college-educated audience
synonym : collegial, university, academic

(1) **collegiate** sports, (2) **collegiate** education
The campus had a lively, **collegiate** atmosphere with many student activities and events.

row

n. an arrangement of objects or people side by side in a line; (verb) to propel a boat through the water using oars
synonym : line, sequence, layer

(1) criminal on death **row**, (2) a **row** of cherry trees
He was the leader of the demonstrators and spoke out against the war in the front **row**.

sear

v. to char, scorch, or burn the surface of something with intense heat; (of pain or experience) to be deeply felt or remembered over a long time
synonym : scorch, cook, burn

(1) **sear** tissue using a hot iron, (2) **sear** the memory into your mind
Be careful not to **sear** the meat too long, as it can become tough and chewy.

strength

n. the quality or state of being physically, or sometimes mentally, strong

synonym: resilience, power, muscles

(1) **strength** of the economy, (2) muscular **strength**

Health and **strength** are, above all, gold.

engine

n. a machine that converts thermal energy to mechanical work; something that has an important role used to achieve a purpose

synonym: motor, locomotive, driver

(1) a steam **engine**, (2) an air-cooled **engine**

The policies he announces can be the **engine** of economic growth in the country.

billow

v. to surge or rise in a large, swelling mass, especially of smoke or water; (noun) a large wave or swell of something, especially water or smoke

synonym: wave, swell, surge

(1) **billow** cloud, (2) **billow** like a sail

The smoke **billowed** out of the chimney and into the sky.

alley

n. a narrow lane or way between buildings, often used as a passage or a shortcut; a small street that runs between two other streets

synonym: lane, passage, pathway

(1) back **alley**, (2) **alley** cat

They played basketball in the **alley** behind their house.

skip

v. to move along lightly and quickly, making a step from one foot to the other with a hop or bounce; to intentionally fail to do something which would normally do

synonym: bounce, spring, neglect

(1) **skip** across the country, (2) **skip** breakfast

We **skipped** the topic because it was too complicated.

nozzle

n. a tube or spout through which a liquid or gas is discharged, particularly one attached to a hose, pump, or spray gun

synonym : spout, sprayer, tube

(1) **nozzle** attachment, (2) fuel **nozzle**

The car wash **nozzle** sprayed a powerful stream of soapy water onto the vehicle.

typical

adj. having the usual characteristics or traits of a specific group of things

synonym : characteristic, usual, distinctive

(1) **typical** leader, (2) fairly **typical** symptoms

This artwork is **typical** of her work.

backward

adv. at, to, or toward the direction or place that is behind or rear

synonym : back, rearward, in reverse

(1) walk **backward**, (2) **backward** angle

She falls over **backward** when she sees her mother-in-law.

mask

v. to conceal something; (noun) a covering that you wear over your face to hide it

synonym : disguise, camouflage, conceal

(1) **mask** body odor, (2) an oxygen **mask**

The politician tried to **mask** the corruption.

sideways

adv. towards or from the side; with one side forward or to the front; (adjective, of movement) at an angle

synonym : to the edge, obliquely, sidelong

(1) fall **sideways**, (2) a **sideways** market

She glanced **sideways** at the conversation of the boy she was interested in.

confusion

n. the state of being mixed up or unclear, or the state of disorder or uncertainty

synonym : disorder, disarray, chaos

(1) administrative **confusion**, (2) in great **confusion**

The sudden policy change has caused **confusion** among employees.

grope

v. to feel one's way by touching, typically because one cannot see

synonym: fumble, feel, pat

(1) **grope** after the truth, (2) **grope** for an answer

He was forced to **grope** in the dark for the light switch.

suppose

v. to think that something is likely to be actual or possible

synonym: guess, assume, presume

(1) **suppose** you're right, (2) **suppose** beforehand

What do you **suppose** the culprit's motive was?

lung

n. either of the two organs in the chest that people and some animals use for breathing

(1) **lung** capacity, (2) do **lung** transplantation

He has terminal **lung** cancer.

tackle

v. to try to deal with a complex problem or situation

synonym: deal with, dive into, work on

(1) **tackle** the issue, (2) help **tackle** climate change

The government is determined to **tackle** sharp inflation.

ultimate

adj. furthest or highest in degree or order

synonym: highest, maximum, foremost

(1) the **ultimate** goal in life, (2) the **ultimate** luxury

Management must take **ultimate** responsibility for the accident.

confuse

v. to mistake one thing for another; to make somebody hard to understand

synonym: confound, obscure, disorient

(1) **confuse** the listener, (2) **confuse** fantasy with reality

Her remarks **confused** the debate.

physically

adv. in a way related to a person's body or appearance rather than their mind

(1) **physically** and mentally, (2) stay **physically** fit

Having a **physically** healthy physique is essential for a great life.

astonishment

n. a feeling of very great surprise

synonym: wonder, surprise, amazement

(1) blink in **astonishment**, (2) struck with **astonishment**

They stood rooted in **astonishment** for a while.

brave

adj. showing courage or fearlessness in the face of danger, difficulty, or adversity

synonym: courageous, valiant, heroic

(1) **brave** soldier, (2) **brave** decision

The **brave** firefighter rescued the family from the burning building.

acquaintance

n. a person one knows but who is not a close friend

synonym: friend, associate, contact

(1) **acquaintance** with a language, (2) business **acquaintance**

I met him at a party, and we quickly became **acquaintances**.

scared

adj. afraid or frightened

synonym: frightened, fearful, dreading

(1) **scared** all the time, (2) **scared** dog

I'm **scared** of insects.

anxious

adj. worried and nervous

synonym: nervous, uneasy, afraid

(1) **anxious** about his health, (2) an **anxious** look

He cast **anxious** glances behind her.

caution

n. great care and attention that you take to avoid danger or mistakes; a warning against certain acts

synonym:

carefulness, warming, notice

(1) extreme **caution**, (2) act with **caution**

He gave a stern **caution** to the naughty student.

involve

v. to include or affect someone or something as a necessary part of something else

synonym: implicate, include, engage

(1) **involve** a lot of paperwork, (2) **involve** a high degree of risk

The investigation **involves** several government agencies and is expected to take several months.

playground

n. an area where many people go for recreation, especially at a school or in a park

synonym: park, garden, sandbox

(1) a well-equipped **playground**, (2) a **playground** on the roof

There is a woods with a creek near the school **playground**.

pole

n. one of two antipodal points where the Earth's axis of rotation intersects the Earth's surface; a long, slender, rounded rod, typically of wood or metal, used as a support or to hang something

synonym: rod, staff, shaft

(1) a fishing **pole**, (2) the plus **pole**

The North **Pole** is the northernmost point on Earth.

warn

v. to make someone aware of potential danger or difficulty, particularly one that may occur in the future

synonym: alert, caution, admonish

(1) **warn** a reckless driver, (2) **warned** me of the plan

I attempted to **warn** him, but he ignored me.

assist

v. to help someone in doing anything

synonym: help, support, aid

(1) **assist** a patient, (2) **assist** his goal

Please **assist** her with the furniture relocation.

encourage

v. to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do

synonym: facilitate, persuade, stimulate

(1) **encourage** a sense of affinity, (2) **encourage** antisocial behavior

They **encouraged** customers with a premium for loyal patronage.

trepidation

n. a feeling of fear, anxiety, or apprehension about something uncertain or unknown; a state of alarm or nervousness that results from anticipating something frightening or dangerous

synonym: fear, anxiety, apprehension

(1) trembling with **trepidation**, (2) sense of **trepidation**

She felt **trepidation** as she approached the podium to give her speech.

guidance

n. advice or instructions given to help direct someone's behavior or decision-making

synonym: advice, direction, support

(1) vocational **guidance**, (2) **guidance** counselor

The mentor provided **guidance** to the young entrepreneur, helping her navigate the business world.

fragile

adj. delicate or easily broken or damaged

synonym: delicate, brittle, breakable

(1) politically **fragile** nation, (2) **fragile** ecosystem

The vase was made of **fragile** ceramic and easily broke when it was dropped.

gutsy

adj. displaying courage, determination, or boldness; characterized by a willingness to take risks or face challenges

synonym: courageous, brave, daring

(1) **gutsy** move, (2) **gutsy** performance

It was **gutsy** to quit her job and start her own business.

irony

n. the expression of one's meaning by using language that usually signifies the opposite, typically for humorous or rhetorical effect

synonym: sarcasm, cynicism, wit

(1) bitter **irony**, (2) **irony** humor

The **irony** of the situation is that he won the lottery on the day he lost his job.

alike

adv. similar or identical in nature or appearance

synonym: similar, identical, comparable

(1) young and old **alike**, (2) **alike** in nature

The two paintings looked **alike** as if the same artist had done them.

puberty

n. the process of a person's physical changes through which their sexual organs develop and become capable of reproduction

synonym: adolescence, young adulthood

(1) at the height of **puberty** ., (2) the onset of **puberty**

In this culture, men are initiated when they reach **puberty**.

handle

v. to deal with a situation, problem, or strong emotion

synonym: control, manage, deal with

(1) **handle** a precious object, (2) **handled** the incident

We all should learn how to **handle** stress.

absorb

v. to take in a fluid or other substance gradually

synonym: consume, soak, ingest

(1) **absorb** energy, (2) **absorb** a shock

The sponge **absorbs** water well.

permanent

adj. lasting for a long time without essential change

synonym : lasting, ceaseless, endless

(1) literature of **permanent** value, (2) **permanent** life insurance

She is searching for a **permanent** residence.

emotion

n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

synonym : feeling, sentiment, passion

(1) control my **emotion**, (2) afraid to show **emotion**

Some **emotions** are common across cultures and backgrounds.

primary

adj. first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or introductory stage of something, such as a school year or election cycle

synonym : chief, main, fundamental

(1) **primary** school, (2) **primary** education

The **primary** cause of the accident was due to the icy road conditions.

reaction

n. a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others

synonym : response, reply, answer

(1) chemical **reaction**, (2) trigger a **reaction**

There was a chemical **reaction** of the lime with the groundwater.

glider

n. a light aircraft or small, unpowered plane that is designed to glide and soar through the air using natural winds and or thermal currents

synonym : sailplane, soaring bird

(1) **glider** club, (2) paper- **glider**

The hang- **glider** enthusiast looked at the clear skies, anticipating a perfect day to take flight.

pilot

n. a person who flies an aircraft, especially as a job; a person qualified to guide ships through a difficult area of water

synonym : aviator, flyer, chief

(1) a test **pilot**, (2) **pilot** production

The **pilot** exercised great care in landing.

parachute

n. a device used to slow the motion of people or objects through an atmosphere consisting of a large piece of thin cloth that is attached to them and opens out in the air

(1) **parachute** troops, (2) golden **parachute**

This training includes emergency escape drills with **parachutes**.

string

n. long, thin material used for tying things together, composed of several twisted threads

synonym : line, wire, rope

(1) retie the **string** and make it strong, (2) tense piano **strings**

She wore a **string** of pearls around her neck.

attach

v. to fasten, join, or connect one thing to another

synonym : fix, fasten, bind

(1) **attach** firmly, (2) **attach** a file to an e-mail

He does not **attach** importance to these rumors.

inflate

v. to fill something with air or gas so that it becomes bigger and rounder

synonym : blow up, expand, puff up

(1) **inflate** a tire, (2) **inflate** expense reports

She **inflated** the balloons for the party.

exhilarate

v. to make someone feel very happy, animated, or excited; to fill with energy or a sense of euphoria

synonym : excite, stimulate, invigorate

(1) **exhilarate** the crowd, (2) **exhilarate** the audience

The sense of accomplishment from completing a challenging hike can **exhilarate** those who love the great outdoors

relevance

n. the state or degree of being closely connected or appropriate to the matter at hand

synonym: pertinence, applicability, connection

(1) have no **relevance**, (2) **relevance** category

The **relevance** of this information to the current situation needs to be investigated.

belong

v. to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place

synonym: fit, be appropriate, be suitable

(1) **belong** to different species, (2) **belong** to a group

All the books in this section **belong** to the library's rare collection and must be handled carefully.

anticipation

n. the action of expecting that something might happen in the future and perhaps doing something about it now

synonym: expectation, prediction, prospect

(1) **anticipation** of her arrival, (2) hazard **anticipation**

She waited in eager **anticipation** for his arrival.

timid

adj. showing a lack of courage or confidence; easily frightened, shy, or hesitant in the face of danger or potential risk

synonym: shy, bashful, nervous

(1) **timid** tone, (2) **timid** handshake

The **timid** dog cowered in fear when approached by a stranger.

helpless

adj. unable to take care of oneself or to do things without help

synonym: defenseless, powerless, susceptible

(1) **helpless** baby, (2) **helpless** victims

I feel so **helpless** without you.

morph

v. to change or cause to change something or someone smoothly and gradually from one thing to another

synonym : alter, modify, transform

(1) **morph** into a different shape, (2) **morph** into something entirely different

This company **morphed** into an enterprise company.

hesitation

n. the act of pausing or being slow before saying or doing something, especially because you feel uncertain or nervous

synonym : unwillingness, indecision, uncertainty

(1) perform without **hesitation**, (2) after some **hesitation**

There was a **hesitation** in her speech.

deference

n. respectful or polite submission or yielding to the judgment, opinion, or wishes of another person or group; a show of respect or honor

synonym : respect, obedience, submission

(1) **deference** to authority, (2) pay **deference**

The student showed **deference** to their teacher by always being respectful in class.

breath

n. the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs

synonym : air, puff, whiff

(1) hold your **breath**, (2) **breath** of wind

He bated his **breath** when talking about this affair.

skate

n. a type of footwear that has a blade attached to its sole for skating on ice or other hard surfaces; an activity or sport that involves gliding on skates on ice or other hard surfaces

synonym : blade, runner, sled

(1) **skate** park, (2) roller **skate**

She has been practicing an ice **skate** routine for months

clamber

v. to climb or move in an awkward, laborious, or ungraceful way, often using one's hands and feet

synonym: climb, scramble, crawl

(1) **clamber** up the ladder, (2) **clamber** over a boulder

I had to **clamber** over the rocks to reach the cave.

risky

adj. involving the possibility of danger, failure, or loss

synonym: dangerous, perilous, scary

(1) change **risky** behavior, (2) a **risky** enterprise

It is extremely **risky** to sail in such a storm.

hazard

n. something dangerous and likely to cause damage

synonym: peril, danger, threat

(1) occupational **hazard**, (2) potential health **hazards**

Lost mobile phones lead to another potential **hazard** regarding privacy.

assess

v. to judge or decide the nature or quality of someone or something

synonym: estimate, evaluate, consider

(1) **assess** a tax of 10 pounds, (2) **assess** the quality

Our company needs to **assess** the business impact of climate change.

delay

v. to cause something to happen at a later time than originally intended or expected

synonym: block, adjourn, detain

(1) **delay** a flight three hours, (2) **delay** the new project

We **delayed** the payment because of an incorrect invoice.

gratification

n. the feeling of being pleased or satisfied as a result of achieving something or having something you want

synonym: satisfaction, pleasure, contentment

(1) instant **gratification**, (2) aesthetic **gratification**

The **gratification** of completing a difficult task is a great feeling.

willy-nilly

adv. haphazardly or without a plan; in a disorganized, random, or chaotic manner; (adjective) of or relating to something that is done without thought, order, or planning

synonym : haphazardly, randomly, chaotically

(1) accepted **willy-nilly**, (2) **willy-nilly** behavior

She made the decision **willy-nilly** without thinking it through carefully.

nervous

adj. worried and anxious about something; relating to the nerves

synonym : neural, anxious, uneasy

(1) development of the **nervous** system, (2) get **nervous**

He suffers from **nervous** breakdowns.

bet

v. to risk money on the result of an event or a competition, such as a race or game, to get more money; to have faith or confidence in something

synonym : stake, wager, gamble

(1) **bet** on a race, (2) **bet** my future

I **bet** that you know it.

wit

n. the ability to say or write things or ideas in a clever and humorous way

synonym : humor, comedy, funniness

(1) the **wit** of man, (2) full of **wit**

He has the **wit** to keep talking about this topic.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym : suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

hover

v. to stay in one place in the air

synonym : hang, float over, drift

(1) **hover** between life and death, (2) **hover** around the

table

Two birds were **hovering** overhead.

admire

v. to have regard for or respect for someone's qualities or the actions they have performed

synonym: esteem, respect, marvel

(1) **admire** the subtlety of the distinctions, (2) **admire** kids with attitude

We all **admire** him because he is a nobleman.

steep

adj. having a sharp inclination or slope

synonym: sheer, precipitous, abrupt

(1) a **steep** staircase, (2) **steep** discount

The **steep** cliff made it difficult to climb.

insist

v. to say something clearly or demand something forcefully, especially when other people disagree with or oppose what you say

synonym: demand, assert, claim

(1) **insist** on a clear answer, (2) **insist** over and over

He **insisted** that she pay her debt to the last penny.

conclude

v. to come to an end or close; to reach a judgment or opinion by reasoning

synonym: complete, finish, decide

(1) **conclude** a meeting, (2) **conclude** that he is healthy

We **concluded** a cease-fire.

courage

n. the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous

synonym: bravery, valor, fearlessness

(1) mental **courage**, (2) inspire **courage**

It takes a lot of **courage** to stand up for what you believe is right.

fin

n. a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance

synonym: flipper, appendage, stabilizer

(1) back **fin**, (2) a **fin** of a plane

The shark's powerful **fins** allowed it to swim at high speeds.

Session 2: Spelling

1. co_____t level *n.* a state of physical ease and freedom from pain or constraint
2. br_____y under fire *n.* courage in the face of danger
3. ho__r around the table *v.* to stay in one place in the air
4. ba_____rd angle *adv.* at, to, or toward the direction or place that is behind or rear
5. control my em_____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
6. in___t on a clear answer *v.* to say something clearly or demand something forcefully, especially when other people disagree with or oppose what you say
7. un_____o surgery *v.* to go through something unpleasant or that involves a change
8. occupational ha____d *n.* something dangerous and likely to cause damage
9. a f_n of a plane *n.* a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance
10. forest fir_____er *n.* a person whose job is to extinguish fires
11. cl_____r over a boulder *v.* to climb or move in an awkward, laborious, or ungraceful way, often using one's hands and feet
12. pi__t production *n.* a person who flies an aircraft, especially as a job; a person qualified to guide ships through a difficult area of water

ANSWERS: 1. comfort, 2. bravery, 3. hover, 4. backward, 5. emotion, 6. insist, 7. undergo, 8. hazard, 9. fin, 10. firefighter, 11. clamber, 12. pilot

13. muscular st____th *n.* the quality or state of being physically, or sometimes mentally, strong
14. raw ta____t *n.* a natural ability to be good at something; someone who has a natural ability to be good at something
15. re____nt population *adj.* able to withstand or recover quickly from difficult conditions
16. su____r a setback *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
17. retie the st____g and make it strong *n.* long, thin material used for tying things together, composed of several twisted threads
18. ab____b a shock *v.* to take in a fluid or other substance gradually
19. the ul____te luxury *adj.* furthest or highest in degree or order
20. al__y cat *n.* a narrow lane or way between buildings, often used as a passage or a shortcut; a small street that runs between two other streets
21. br__e soldier *adj.* showing courage or fearlessness in the face of danger, difficulty, or adversity
22. the ul____te goal in life *adj.* furthest or highest in degree or order
23. l__g capacity *n.* either of the two organs in the chest that people and some animals use for breathing
24. bitter ir__y *n.* the expression of one's meaning by using language that usually signifies the opposite, typically for humorous or rhetorical effect

ANSWERS: 13. strength, 14. talent, 15. resilient, 16. suffer, 17. string, 18. absorb, 19. ultimate, 20. alley, 21. brave, 22. ultimate, 23. lung, 24. irony

25. pe_____nt life insurance *adj.* lasting for a long time without essential change
26. pay de_____ce *n.* respectful or polite submission or yielding to the judgment, opinion, or wishes of another person or group; a show of respect or honor
27. in great co_____on *n.* the state of being mixed up or unclear, or the state of disorder or uncertainty
28. s__p breakfast *v.* to move along lightly and quickly, making a step from one foot to the other with a hop or bounce; to intentionally fail to do something which would normally do
29. abs_____ly obsessed with the girl *adv.* without restriction or limitation; completely or utterly
30. back al__y *n.* a narrow lane or way between buildings, often used as a passage or a shortcut; a small street that runs between two other streets
31. de___t from the faith *v.* to go away or leave, especially to start a journey
32. instant gra_____ion *n.* the feeling of being pleased or satisfied as a result of achieving something or having something you want
33. a r_w of cherry trees *n.* an arrangement of objects or people side by side in a line; (verb) to propel a boat through the water using oars
34. ti__d handshake *adj.* showing a lack of courage or confidence; easily frightened, shy, or hesitant in the face of danger or potential risk

ANSWERS: 25. permanent, 26. deference, 27. confusion, 28. skip, 29. absolutely, 30. alley, 31. depart, 32. gratification, 33. row, 34. timid

35. trembling with tre_____on *n.* a feeling of fear, anxiety, or apprehension about something uncertain or unknown; a state of alarm or nervousness that results from anticipating something frightening or dangerous
36. ho__r between life and death *v.* to stay in one place in the air
37. b_t my future *v.* to risk money on the result of an event or a competition, such as a race or game, to get more money; to have faith or confidence in something
38. gu__y performance *adj.* displaying courage, determination, or boldness; characterized by a willingness to take risks or face challenges
39. in_____e a lot of paperwork *v.* to include or affect someone or something as a necessary part of something else
40. no___e attachment *n.* a tube or spout through which a liquid or gas is discharged, particularly one attached to a hose, pump, or spray gun
41. arrive and de___t on time *v.* to go away or leave, especially to start a journey
42. words of co_____t *n.* a state of physical ease and freedom from pain or constraint
43. col_____te education *adj.* relating to or characteristic of a college or university; appropriate for or intended for college students or a college-educated audience

ANSWERS: 35. trepidation, 36. hover, 37. bet, 38. gutsy, 39. involve, 40. nozzle, 41. depart, 42. comfort, 43. collegiate

44. sense of tre_____on *n.* a feeling of fear, anxiety, or apprehension about something uncertain or unknown; a state of alarm or nervousness that results from anticipating something frightening or dangerous
45. br___h of wind *n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
46. mo__h into something entirely different *v.* to change or cause to change something or someone smoothly and gradually from one thing to another
47. back f_n *n.* a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance
48. ch__ed against my shoulders *v.* to rub or graze against something, causing irritation, soreness, or annoyance; to become irritated or annoyed due to frustration or impatience
49. fuel no___e *n.* a tube or spout through which a liquid or gas is discharged, particularly one attached to a hose, pump, or spray gun
50. gl___r club *n.* a light aircraft or small, unpowered plane that is designed to glide and soar through the air using natural winds and or thermal currents
51. bi___w like a sail *v.* to surge or rise in a large, swelling mass, especially of smoke or water; (noun) a large wave or swell of something, especially water or smoke

ANSWERS: 44. trepidation, 45. breath, 46. morph, 47. fin, 48. chafe, 49. nozzle, 50. glider, 51. billow

52. co____de that he is healthy *v.* to come to an end or close; to reach a judgment or opinion by reasoning
53. con_____ce as a teacher *n.* the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something
54. inspire co_____e *n.* the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous
55. vocational gu_____ce *n.* advice or instructions given to help direct someone's behavior or decision-making
56. hazard ant_____ion *n.* the action of expecting that something might happen in the future and perhaps doing something about it now
57. co_____e fantasy with reality *v.* to mistake one thing for another; to make somebody hard to understand
58. have no re_____ce *n.* the state or degree of being closely connected or appropriate to the matter at hand
59. change ri__y behavior *adj.* involving the possibility of danger, failure, or loss
60. as__s the quality *v.* to judge or decide the nature or quality of someone or something
61. fall si_____ys *adv.* towards or from the side; with one side forward or to the front; (adjective, of movement) at an angle
62. s__r the memory into your mind *v.* to char, scorch, or burn the surface of something with intense heat; (of pain or experience) to be deeply felt or remembered over a long time

ANSWERS: 52. conclude, 53. confidence, 54. courage, 55. guidance, 56. anticipation, 57. confuse, 58. relevance, 59. risky, 60. assess, 61. sideways, 62. sear

63. s__r tissue using a hot iron
v. to char, scorch, or burn the surface of something with intense heat; (of pain or experience) to be deeply felt or remembered over a long time
64. blink in ast_____ent
n. a feeling of very great surprise
65. fr_____e ecosystem
adj. delicate or easily broken or damaged
66. re_____t a new hire
v. to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.
67. an an_____s look
adj. worried and nervous
68. a pla_____nd on the roof
n. an area where many people go for recreation, especially at a school or in a park
69. time z__e
n. a specific area, region, or section that is marked off or defined in some way
70. st_____th of the economy
n. the quality or state of being physically, or sometimes mentally, strong
71. boost my con_____ce
n. the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something
72. gu_____ce counselor
n. advice or instructions given to help direct someone's behavior or decision-making
73. an_____s about his health
adj. worried and nervous
74. ta_____e the issue
v. to try to deal with a complex problem or situation
75. do l__g transplantation
n. either of the two organs in the chest that people and some animals use for breathing

ANSWERS: 63. sear, 64. astonishment, 65. fragile, 66. recruit, 67. anxious, 68. playground, 69. zone, 70. strength, 71. confidence, 72. guidance, 73. anxious, 74. tackle, 75. lung

76. no do__t about the news *n.* a feeling of being uncertain about something, especially about how good or accurate it is
77. the mo____ny of the daily routine *n.* a situation in which something unchanging and boring
78. de___e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
79. z__e defense *n.* a specific area, region, or section that is marked off or defined in some way
80. a test pi__t *n.* a person who flies an aircraft, especially as a job; a person qualified to guide ships through a difficult area of water
81. de__y the new project *v.* to cause something to happen at a later time than originally intended or expected
82. cr__l away from a car *v.* to move forward slowly, as people or animals with their bodies near the ground
83. at___h a file to an e-mail *v.* to fasten, join, or connect one thing to another
84. extreme ca____n *n.* great care and attention that you take to avoid danger or mistakes; a warning against certain acts
85. struck with ast_____ent *n.* a feeling of very great surprise
86. break the mo____ny *n.* a situation in which something unchanging and boring
87. in___t over and over *v.* to say something clearly or demand something forcefully, especially when other people disagree with or oppose what you say

ANSWERS: 76. doubt, 77. monotony, 78. decide, 79. zone, 80. pilot, 81. delay, 82. crawl, 83. attach, 84. caution, 85. astonishment, 86. monotony, 87. insist

88. perform without hes_____on *n.* the act of pausing or being slow before saying or doing something, especially because you feel uncertain or nervous
89. he_____ss baby *adj.* unable to take care of oneself or to do things without help
90. in_____e a high degree of risk *v.* to include or affect someone or something as a necessary part of something else
91. administrative co_____on *n.* the state of being mixed up or unclear, or the state of disorder or uncertainty
92. the plus p___e *n.* one of two antipodal points where the Earth's axis of rotation intersects the Earth's surface; a long, slender, rounded rod, typically of wood or metal, used as a support or to hang something
93. as___s a tax of 10 pounds *v.* to judge or decide the nature or quality of someone or something
94. ab___b energy *v.* to take in a fluid or other substance gradually
95. a well-equipped pla_____nd *n.* an area where many people go for recreation, especially at a school or in a park
96. abs_____ly against *adv.* without restriction or limitation; completely or utterly
97. criminal on death r_w *n.* an arrangement of objects or people side by side in a line; (verb) to propel a boat through the water using oars
98. potential health ha___ds *n.* something dangerous and likely to cause damage

ANSWERS: 88. hesitation, 89. helpless, 90. involve, 91. confusion, 92. pole, 93. assess, 94. absorb, 95. playground, 96. absolutely, 97. row, 98. hazard

99. an oxygen m__k *v.* to conceal something; (noun) a covering that you wear over your face to hide it
100. a hard and re____nt steel *adj.* able to withstand or recover quickly from difficult conditions
101. s__p across the country *v.* to move along lightly and quickly, making a step from one foot to the other with a hop or bounce; to intentionally fail to do something which would normally do
102. j__n denim *n.* a sturdy cotton twill fabric, typically blue, used for jeans and other clothing
103. de__m shorts *n.* a sturdy cotton fabric, typically blue or black, used for making jeans or other clothing
104. cr__l across the floor *v.* to move forward slowly, as people or animals with their bodies near the ground
105. a si____ys market *adv.* towards or from the side; with one side forward or to the front; (adjective, of movement) at an angle
106. ad___e kids with attitude *v.* to have regard for or respect for someone's qualities or the actions they have performed
107. decided to be a fir_____er *n.* a person whose job is to extinguish fires
108. de___e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
109. de_____ce to authority *n.* respectful or polite submission or yielding to the judgment, opinion, or wishes of another person or group; a show of respect or honor

ANSWERS: 99. mask, 100. resilient, 101. skip, 102. jean, 103. denim, 104. crawl, 105. sideways, 106. admire, 107. firefighter, 108. decide, 109. deference

110. the w_t of man *n.* the ability to say or write things or ideas in a clever and humorous way
111. paper-gl__r *n.* a light aircraft or small, unpowered plane that is designed to glide and soar through the air using natural winds and or thermal currents
112. help ta___e climate change *v.* to try to deal with a complex problem or situation
113. as___t a patient *v.* to help someone in doing anything
114. he_____ss victims *adj.* unable to take care of oneself or to do things without help
115. ob___s over her weight *v.* to fill the mind of someone continually so that one can't think of anything else
116. chemical re_____on *n.* a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others
117. the at_____t to rescue the hostages *n.* an act or effort of trying to do something, especially something difficult
118. sk__e park *n.* a type of footwear that has a blade attached to its sole for skating on ice or other hard surfaces; an activity or sport that involves gliding on skates on ice or other hard surfaces
119. hal_____te with drug *v.* to experience a seemingly real perception of something that does not actually exist, usually as a result of a mental illness or drug use

ANSWERS: 110. wit, 111. glider, 112. tackle, 113. assist, 114. helpless, 115. obsess, 116. reaction, 117. attempt, 118. skate, 119. hallucinate

120. beer f__t *n.* a festive celebration, often one that lasts for several days and involves music, food, and other forms of entertainment
121. he is ob___sed with the fear *v.* to fill the mind of someone continually so that one can't think of anything else
122. pr____y school *adj.* first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or introductory stage of something, such as a school year or election cycle
123. cl____r up the ladder *v.* to climb or move in an awkward, laborious, or ungraceful way, often using one's hands and feet
124. gr__e after the truth *v.* to feel one's way by touching, typically because one cannot see
125. literature of pe_____nt value *adj.* lasting for a long time without essential change
126. en____ge antisocial behavior *v.* to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
127. w__ned me of the plan *v.* to make someone aware of potential danger or difficulty, particularly one that may occur in the future
128. dispel do__ts *n.* a feeling of being uncertain about something, especially about how good or accurate it is

ANSWERS: 120. fest, 121. obsess, 122. primary, 123. clamber, 124. grope, 125. permanent, 126. encourage, 127. warn, 128. doubt

129. young and old al__e *adv.* similar or identical in nature or appearance
130. wil_____ly behavior *adv.* haphazardly or without a plan; in a disorganized, random, or chaotic manner; (adjective) of or relating to something that is done without thought, order, or planning
131. a j__n skirt *n.* a sturdy cotton twill fabric, typically blue, used for jeans and other clothing
132. accepted wil_____ly *adv.* haphazardly or without a plan; in a disorganized, random, or chaotic manner; (adjective) of or relating to something that is done without thought, order, or planning
133. at_____te the change to their marriage *v.* to say or regard that something is the result of a particular thing; (noun) a quality or feature that someone or something possesses;
134. a ri__y enterprise *adj.* involving the possibility of danger, failure, or loss
135. co_____e the listener *v.* to mistake one thing for another; to make somebody hard to understand
136. be___g to different species *v.* to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place
137. ha___e a precious object *v.* to deal with a situation, problem, or strong emotion
138. co_____de a meeting *v.* to come to an end or close; to reach a judgment or opinion by reasoning

ANSWERS: 129. alike, 130. willy-nilly, 131. jean, 132. willy-nilly, 133. attribute, 134. risky, 135. confuse, 136. belong, 137. handle, 138. conclude

139. after some hes_____on *n.* the act of pausing or being slow before saying or doing something, especially because you feel uncertain or nervous
140. col_____te sports *adj.* relating to or characteristic of a college or university; appropriate for or intended for college students or a college-educated audience
141. a reckless at_____t *n.* an act or effort of trying to do something, especially something difficult
142. golden pa_____te *n.* a device used to slow the motion of people or objects through an atmosphere consisting of a large piece of thin cloth that is attached to them and opens out in the air
143. st__p discount *adj.* having a sharp inclination or slope
144. sc___d all the time *adj.* afraid or frightened
145. su_____e beforehand *v.* to think that something is likely to be actual or possible
146. w__n a reckless driver *v.* to make someone aware of potential danger or difficulty, particularly one that may occur in the future
147. su___r bad grades *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
148. b_t on a race *v.* to risk money on the result of an event or a competition, such as a race or game, to get more money; to have faith or confidence in something

ANSWERS: 139. hesitation, 140. collegiate, 141. attempt, 142. parachute, 143. steep, 144. scared, 145. suppose, 146. warn, 147. suffer, 148. bet

149. stay phy_____ly fit *adv.* in a way related to a person's body or appearance rather than their mind
150. re_____t a good worker *v.* to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.
151. acq_____nce with a language *n.* a person one knows but who is not a close friend
152. br__e decision *adj.* showing courage or fearlessness in the face of danger, difficulty, or adversity
153. ad___e the subtlety of the distinctions *v.* to have regard for or respect for someone's qualities or the actions they have performed
154. bi___w cloud *v.* to surge or rise in a large, swelling mass, especially of smoke or water; (noun) a large wave or swell of something, especially water or smoke
155. at_____te directly to sales *v.* to say or regard that something is the result of a particular thing; (noun) a quality or feature that someone or something possesses;
156. c__w a stick of gum *v.* to crush or grind something, especially food, with the teeth and then swallow it
157. mo__h into a different shape *v.* to change or cause to change something or someone smoothly and gradually from one thing to another
158. roller sk__e *n.* a type of footwear that has a blade attached to its sole for skating on ice or other hard surfaces; an activity or sport that involves gliding on skates on ice or other hard surfaces

ANSWERS: 149. physically, 150. recruit, 151. acquaintance, 152. brave, 153. admire, 154. billow, 155. attribute, 156. chew, 157. morph, 158. skate

159. en_____ge a sense of affinity *v.* to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
160. ti__d tone *adj.* showing a lack of courage or confidence; easily frightened, shy, or hesitant in the face of danger or potential risk
161. development of the ne_____s system *adj.* worried and anxious about something; relating to the nerves
162. sc___d dog *adj.* afraid or frightened
163. trigger a re_____on *n.* a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others
164. politically fr_____e nation *adj.* delicate or easily broken or damaged
165. un_____o a decrease *v.* to go through something unpleasant or that involves a change
166. gu__y move *adj.* displaying courage, determination, or boldness; characterized by a willingness to take risks or face challenges
167. afraid to show em_____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
168. a person of diverse ta_____ts *n.* a natural ability to be good at something; someone who has a natural ability to be good at something

ANSWERS: 159. encourage, 160. timid, 161. nervous, 162. scared, 163. reaction, 164. fragile, 165. undergo, 166. gutsy, 167. emotion, 168. talent

169. de__y a flight three hours *v.* to cause something to happen at a later time than originally intended or expected
170. be___g to a group *v.* to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place
171. in_____e a tire *v.* to fill something with air or gas so that it becomes bigger and rounder
172. as___t his goal *v.* to help someone in doing anything
173. exh_____te the crowd *v.* to make someone feel very happy, animated, or excited; to fill with energy or a sense of euphoria
174. at___h firmly *v.* to fasten, join, or connect one thing to another
175. film f__t *n.* a festive celebration, often one that lasts for several days and involves music, food, and other forms of entertainment
176. walk ba_____rd *adv.* at, to, or toward the direction or place that is behind or rear
177. ab___t despair *adj.* extremely unpleasant and degrading; physically or emotionally impoverished; miserable, wretched, and hopeless
178. pr_____y education *adj.* first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or introductory stage of something, such as a school year or election cycle

ANSWERS: 169. delay, 170. belong, 171. inflate, 172. assist, 173. exhilarate, 174. attach, 175. fest, 176. backward, 177. abject, 178. primary

179. start to hal_____te *v.* to experience a seemingly real perception of something that does not actually exist, usually as a result of a mental illness or drug use
180. ir__y humor *n.* the expression of one's meaning by using language that usually signifies the opposite, typically for humorous or rhetorical effect
181. ty_____l leader *adj.* having the usual characteristics or traits of a specific group of things
182. act with ca_____n *n.* great care and attention that you take to avoid danger or mistakes; a warning against certain acts
183. ab____t failure *adj.* extremely unpleasant and degrading; physically or emotionally impoverished; miserable, wretched, and hopeless
184. phy_____ly and mentally *adv.* in a way related to a person's body or appearance rather than their mind
185. su_____e you're right *v.* to think that something is likely to be actual or possible
186. re_____ce category *n.* the state or degree of being closely connected or appropriate to the matter at hand
187. tense piano st____gs *n.* long, thin material used for tying things together, composed of several twisted threads
188. ha____ed the incident *v.* to deal with a situation, problem, or strong emotion
189. de__m jacket *n.* a sturdy cotton fabric, typically blue or black, used for making jeans or other clothing

ANSWERS: 179. hallucinate, 180. irony, 181. typical, 182. caution, 183. abject, 184. physically, 185. suppose, 186. relevance, 187. string, 188. handle, 189. denim

190. fairly ty_____l symptoms *adj.* having the usual characteristics or traits of a specific group of things
191. pa_____te troops *n.* a device used to slow the motion of people or objects through an atmosphere consisting of a large piece of thin cloth that is attached to them and opens out in the air
192. business acq_____nce *n.* a person one knows but who is not a close friend
193. ant_____ion of her arrival *n.* the action of expecting that something might happen in the future and perhaps doing something about it now
194. al__e in nature *adv.* similar or identical in nature or appearance
195. op_____ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
196. gr__e for an answer *v.* to feel one's way by touching, typically because one cannot see
197. aesthetic gra_____ion *n.* the feeling of being pleased or satisfied as a result of achieving something or having something you want
198. the onset of pu_____y *n.* the process of a person's physical changes through which their sexual organs develop and become capable of reproduction
199. ch__e under pressure *v.* to rub or graze against something, causing irritation, soreness, or annoyance; to become irritated or annoyed due to frustration or impatience

ANSWERS: 190. typical, 191. parachute, 192. acquaintance, 193. anticipation, 194. alike, 195. opportune, 196. grope, 197. gratification, 198. puberty, 199. chafe

200. de_____on authority *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
201. hold your br____h *n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
202. a steam en____e *n.* a machine that converts thermal energy to mechanical work; something that has an important role used to achieve a purpose
203. an op_____ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
204. a st__p staircase *adj.* having a sharp inclination or slope
205. in_____e expense reports *v.* to fill something with air or gas so that it becomes bigger and rounder
206. mental co_____e *n.* the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous
207. a selfish de_____on *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
208. m__k body odor *v.* to conceal something; (noun) a covering that you wear over your face to hide it
209. a fishing p__e *n.* one of two antipodal points where the Earth's axis of rotation intersects the Earth's surface; a long, slender, rounded rod, typically of wood or metal, used as a support or to hang something

ANSWERS: 200. decision, 201. breath, 202. engine, 203. opportune, 204. steep, 205. inflate, 206. courage, 207. decision, 208. mask, 209. pole

210. full of w_t *n.* the ability to say or write things or ideas in a clever and humorous way
211. an air-cooled en___e *n.* a machine that converts thermal energy to mechanical work; something that has an important role used to achieve a purpose
212. c__w each word *v.* to crush or grind something, especially food, with the teeth and then swallow it
213. at the height of pu____y. *n.* the process of a person's physical changes through which their sexual organs develop and become capable of reproduction
214. get ne____s *adj.* worried and anxious about something; relating to the nerves
215. br____y against the enemy *n.* courage in the face of danger
216. exh____te the audience *v.* to make someone feel very happy, animated, or excited; to fill with energy or a sense of euphoria

ANSWERS: 210. wit, 211. engine, 212. chew, 213. puberty, 214. nervous, 215. bravery, 216. exhilarate

Session 3: Fill in the Blanks

1. Skill and _____ are an unconquered army.
n. the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something

2. He was forced to _____ in the dark for the light switch.
v. to feel one's way by touching, typically because one cannot see

3. I _____ that you know it.
v. to risk money on the result of an event or a competition, such as a race or game, to get more money; to have faith or confidence in something

4. She wore her favorite pair of _____ to the party.
n. a sturdy cotton twill fabric, typically blue, used for jeans and other clothing

5. Health and _____ are, above all, gold.
n. the quality or state of being physically, or sometimes mentally, strong

6. The _____ of completing a difficult task is a great feeling.
n. the feeling of being pleased or satisfied as a result of achieving something or having something you want

7. The phone rang at the most _____ time.
adj. suitable or happening at a time that is suitable or convenient for a particular purpose

8. He was the leader of the demonstrators and spoke out against the war in the front _____.
n. an arrangement of objects or people side by side in a line; (verb) to propel a boat through the water using oars

ANSWERS: 1. confidence, 2. grope, 3. bet, 4. jeans, 5. strength, 6. gratification, 7. opportune, 8. row

9. The colonial government _____ militia support when civil war broke out.
v. to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.
10. Our company needs to _____ the business impact of climate change.
v. to judge or decide the nature or quality of someone or something
11. He bated his _____ when talking about this affair.
n. the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
12. The two paintings looked _____ as if the same artist had done them.
adv. similar or identical in nature or appearance
13. The smoke _____ out of the chimney and into the sky.
v. to surge or rise in a large, swelling mass, especially of smoke or water; (noun) a large wave or swell of something, especially water or smoke
14. What do you _____ the culprit's motive was?
v. to think that something is likely to be actual or possible
15. The older man _____ from arthritis and finds it difficult to move around.
v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
16. Her remarks _____ the debate.
v. to mistake one thing for another; to make somebody hard to understand
17. It is extremely _____ to sail in such a storm.
adj. involving the possibility of danger, failure, or loss

ANSWERS: 9. recruited, 10. assess, 11. breath, 12. alike, 13. billowed, 14. suppose, 15. suffers, 16. confused, 17. risky

18. The car wash _____ sprayed a powerful stream of soapy water onto the vehicle.

n. a tube or spout through which a liquid or gas is discharged, particularly one attached to a hose, pump, or spray gun

19. She is searching for a _____ residence.

adj. lasting for a long time without essential change

20. The _____ cause of the accident was due to the icy road conditions.

adj. first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or introductory stage of something, such as a school year or election cycle

21. This training includes emergency escape drills with _____.

n. a device used to slow the motion of people or objects through an atmosphere consisting of a large piece of thin cloth that is attached to them and opens out in the air

22. They played basketball in the _____ behind their house.

n. a narrow lane or way between buildings, often used as a passage or a shortcut; a small street that runs between two other streets

23. Lost mobile phones lead to another potential _____ regarding privacy.

n. something dangerous and likely to cause damage

24. This artwork is _____ of her work.

adj. having the usual characteristics or traits of a specific group of things

25. In this culture, men are initiated when they reach _____.

n. the process of a person's physical changes through which their sexual organs develop and become capable of reproduction

ANSWERS: 18. nozzle, 19. permanent, 20. primary, 21. parachutes, 22. alley, 23. hazard, 24. typical, 25. puberty

26. She waited in eager _____ for his arrival.
- n.* the action of expecting that something might happen in the future and perhaps doing something about it now
27. Two birds were _____ overhead.
- v.* to stay in one place in the air
28. Some _____ are common across cultures and backgrounds.
- n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
29. We _____ the topic because it was too complicated.
- v.* to move along lightly and quickly, making a step from one foot to the other with a hop or bounce; to intentionally fail to do something which would normally do
30. The train has to _____ rigorous safety checks.
- v.* to go through something unpleasant or that involves a change
31. Be careful not to _____ the meat too long, as it can become tough and chewy.
- v.* to char, scorch, or burn the surface of something with intense heat; (of pain or experience) to be deeply felt or remembered over a long time
32. She wore a _____ of pearls around her neck.
- n.* long, thin material used for tying things together, composed of several twisted threads
33. I attempted to _____ him, but he ignored me.
- v.* to make someone aware of potential danger or difficulty, particularly one that may occur in the future

ANSWERS: 26. anticipation, 27. hovering, 28. emotions, 29. skipped, 30. undergo, 31. sear, 32. string, 33. warn

34. He does not _____ importance to these rumors.
v. to fasten, join, or connect one thing to another
35. The sense of accomplishment from completing a challenging hike can _____ those who love the great outdoors
v. to make someone feel very happy, animated, or excited; to fill with energy or a sense of euphoria
36. The _____ poverty in the slums is a concern for the government.
adj. extremely unpleasant and degrading; physically or emotionally impoverished; miserable, wretched, and hopeless
37. The hang-_____ enthusiast looked at the clear skies, anticipating a perfect day to take flight.
n. a light aircraft or small, unpowered plane that is designed to glide and soar through the air using natural winds and or thermal currents
38. There is a woods with a creek near the school _____.
n. an area where many people go for recreation, especially at a school or in a park
39. She loved the feel of her new _____ jeans against her skin.
n. a sturdy cotton fabric, typically blue or black, used for making jeans or other clothing
40. He gave a stern _____ to the naughty student.
n. great care and attention that you take to avoid danger or mistakes; a warning against certain acts
41. He has terminal _____ cancer.
n. either of the two organs in the chest that people and some animals use for breathing

ANSWERS: 34. attach, 35. exhilarate, 36. abject, 37. glider, 38. playground, 39. denim, 40. caution, 41. lung

42. Numerous great professional sports _____ have come from this city.
n. a natural ability to be good at something; someone who has a natural ability to be good at something
43. The _____ cliff made it difficult to climb.
adj. having a sharp inclination or slope
44. The campus had a lively, _____ atmosphere with many student activities and events.
adj. relating to or characteristic of a college or university; appropriate for or intended for college students or a college-educated audience
45. The _____ broke into the house bravely to rescue the children.
n. a person whose job is to extinguish fires
46. He's utterly _____ with his promotion.
v. to fill the mind of someone continually so that one can't think of anything else
47. He has the _____ to keep talking about this topic.
n. the ability to say or write things or ideas in a clever and humorous way
48. The politician tried to _____ the corruption.
v. to conceal something; (noun) a covering that you wear over your face to hide it
49. I met him at a party, and we quickly became _____.
n. a person one knows but who is not a close friend
50. This company _____ into an enterprise company.
v. to change or cause to change something or someone smoothly and gradually from one thing to another

ANSWERS: 42. talents, 43. steep, 44. collegiate, 45. firefighter, 46. obsessed, 47. wit, 48. mask, 49. acquaintances, 50. morphed

51. Sleep-deprived people gradually lose their concentration and may _____.
- v. to experience a seemingly real perception of something that does not actually exist, usually as a result of a mental illness or drug use
52. All the books in this section _____ to the library's rare collection and must be handled carefully.
- v. to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place
53. We _____ the payment because of an incorrect invoice.
- v. to cause something to happen at a later time than originally intended or expected
54. We _____ before the temperature fell below zero.
- v. to go away or leave, especially to start a journey
55. She was struggling to make a _____ between two job offers.
- n. the act or process of making up someone's mind about something; a choice or judgment reached after considering options
56. The government is determined to _____ sharp inflation.
- v. to try to deal with a complex problem or situation
57. Having a _____ healthy physique is essential for a great life.
- adv. in a way related to a person's body or appearance rather than their mind
58. I had to _____ over the rocks to reach the cave.
- v. to climb or move in an awkward, laborious, or ungraceful way, often using one's hands and feet

ANSWERS: 51. hallucinate, 52. belong, 53. delayed, 54. departed, 55. decision, 56. tackle, 57. physically, 58. clamber

59. She is a _____ person and has always bounced back from setbacks.

adj. able to withstand or recover quickly from difficult conditions

60. The new shoes are starting to _____ my feet after walking for hours.

v. to rub or graze against something, causing irritation, soreness, or annoyance; to become irritated or annoyed due to frustration or impatience

61. Please _____ her with the furniture relocation.

v. to help someone in doing anything

62. Management must take _____ responsibility for the accident.

adj. furthest or highest in degree or order

63. I feel so _____ without you.

adj. unable to take care of oneself or to do things without help

64. We all _____ him because he is a nobleman.

v. to have regard for or respect for someone's qualities or the actions they have performed

65. It takes a lot of _____ to stand up for what you believe is right.

n. the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous

66. The mentor provided _____ to the young entrepreneur, helping her navigate the business world.

n. advice or instructions given to help direct someone's behavior or decision-making

ANSWERS: 59. resilient, 60. chafe, 61. assist, 62. ultimate, 63. helpless, 64. admire, 65. courage, 66. guidance

67. The sudden policy change has caused _____ among employees.
n. the state of being mixed up or unclear, or the state of disorder or uncertainty
68. They stood rooted in _____ for a while.
n. a feeling of very great surprise
69. She falls over _____ when she sees her mother-in-law.
adv. at, to, or toward the direction or place that is behind or rear
70. The music ____ was a huge success, with thousands of people in attendance.
n. a festive celebration, often one that lasts for several days and involves music, food, and other forms of entertainment
71. The North ____ is the northernmost point on Earth.
n. one of two antipodal points where the Earth's axis of rotation intersects the Earth's surface; a long, slender, rounded rod, typically of wood or metal, used as a support or to hang something
72. _____ is the start, not the end, of intelligence.
n. a feeling of being uncertain about something, especially about how good or accurate it is
73. The _____ dog cowered in fear when approached by a stranger.
adj. showing a lack of courage or confidence; easily frightened, shy, or hesitant in the face of danger or potential risk
74. I am _____ opposed to his idea because of morality.
adv. without restriction or limitation; completely or utterly

ANSWERS: 67. confusion, 68. astonishment, 69. backward, 70. fest, 71. Pole, 72. Doubt, 73. timid, 74. absolutely

75. The policies he announces can be the _____ of economic growth in the country.
- n.* a machine that converts thermal energy to mechanical work; something that has an important role used to achieve a purpose
76. She _____ the balloons for the party.
- v.* to fill something with air or gas so that it becomes bigger and rounder
77. She has been practicing an ice _____ routine for months
- n.* a type of footwear that has a blade attached to its sole for skating on ice or other hard surfaces; an activity or sport that involves gliding on skates on ice or other hard surfaces
78. The investigation _____ several government agencies and is expected to take several months.
- v.* to include or affect someone or something as a necessary part of something else
79. I'm _____ of insects.
- adj.* afraid or frightened
80. The vase was made of _____ ceramic and easily broke when it was dropped.
- adj.* delicate or easily broken or damaged
81. They _____ customers with a premium for loyal patronage.
- v.* to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
82. He _____ that she pay her debt to the last penny.
- v.* to say something clearly or demand something forcefully, especially when other people disagree with or oppose what you say

ANSWERS: 75. engine, 76. inflated, 77. skate, 78. involves, 79. scared, 80. fragile, 81. encouraged, 82. insisted

83. We all should learn how to _____ stress.
v. to deal with a situation, problem, or strong emotion
84. The _____ of the assembly line work made the days feel very long.
n. a situation in which something unchanging and boring
85. His _____ in the face of danger saved the lives of his comrades.
n. courage in the face of danger
86. He _____ the disappointing results to the economic downturn.
v. to say or regard that something is the result of a particular thing; (noun) a quality or feature that someone or something possesses;
87. She glanced _____ at the conversation of the boy she was interested in.
adv. towards or from the side; with one side forward or to the front; (adjective, of movement) at an angle
88. The _____ of the situation is that he won the lottery on the day he lost his job.
n. the expression of one's meaning by using language that usually signifies the opposite, typically for humorous or rhetorical effect
89. The shark's powerful _____ allowed it to swim at high speeds.
n. a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance
90. He was reluctant to leave his comfort _____ and try something new.
n. a specific area, region, or section that is marked off or defined in some way
91. The _____ exercised great care in landing.
n. a person who flies an aircraft, especially as a job; a person qualified to guide ships through a difficult area of water

ANSWERS: 83. handle, 84. monotony, 85. bravery, 86. attributes, 87. sideways, 88. irony, 89. fins, 90. zone, 91. pilot

92. My dog loves to _____ on bones.

v. to crush or grind something, especially food, with the teeth and then swallow it

93. It was _____ to quit her job and start her own business.

adj. displaying courage, determination, or boldness; characterized by a willingness to take risks or face challenges

94. The student showed _____ to their teacher by always being respectful in class.

n. respectful or polite submission or yielding to the judgment, opinion, or wishes of another person or group; a show of respect or honor

95. He suffers from _____ breakdowns.

adj. worried and anxious about something; relating to the nerves

96. The _____ firefighter rescued the family from the burning building.

adj. showing courage or fearlessness in the face of danger, difficulty, or adversity

97. He cast _____ glances behind her.

adj. worried and nervous

98. She felt _____ as she approached the podium to give her speech.

n. a feeling of fear, anxiety, or apprehension about something uncertain or unknown; a state of alarm or nervousness that results from anticipating something frightening or dangerous

99. There was a chemical _____ of the lime with the groundwater.

n. a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others

ANSWERS: 92. chew, 93. gutsy, 94. deference, 95. nervous, 96. brave, 97. anxious, 98. trepidation, 99. reaction

100. She couldn't _____ whether to order the pizza or the pasta for dinner.

- v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options

101. There was a _____ in her speech.

- n.* the act of pausing or being slow before saying or doing something, especially because you feel uncertain or nervous

102. The third _____ was far more successful.

- n.* an act or effort of trying to do something, especially something difficult

103. Along the gravel roads, sizeable yellow school buses _____.

- v.* to move forward slowly, as people or animals with their bodies near the ground

104. She made the decision _____ without thinking it through carefully.

- adv.* haphazardly or without a plan; in a disorganized, random, or chaotic manner; (adjective) of or relating to something that is done without thought, order, or planning

105. He found _____ in the warm embrace of his loved ones.

- n.* a state of physical ease and freedom from pain or constraint

106. The _____ of this information to the current situation needs to be investigated.

- n.* the state or degree of being closely connected or appropriate to the matter at hand

107. We _____ a cease-fire.

- v.* to come to an end or close; to reach a judgment or opinion by reasoning

ANSWERS: 100. decide, 101. hesitation, 102. attempt, 103. crawl, 104. willy-nilly, 105. comfort, 106. relevance, 107. concluded

108. The sponge _____ water well.

v. to take in a fluid or other substance gradually

ANSWERS: 108. absorbs