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Vocabulary Builder Reference from...

Grace Kim: How cohousing can make us happier (and live longer) | TED Talk

https://www.ted.com/talks/grace_kim_how_cohousing_can_make_us_happier_and_live_longer

Advanced Words Only

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Session 1: Word List

loneliness

n. a state or feeling of being unhappy because you have no connection with other people

synonym: isolation, alienation, desolation

(1) a strong sense of **loneliness**, (2) remedy **loneliness**

I realize the **loneliness** of a single life.

picket

n. a pointed wooden or metal stake driven into the ground used as a support or for marking an area or boundary; a group of people, typically strikers or protestors, stationed or moving around in front of a workplace, government building, or other location, to demonstrate opposition or to pick up supporters

synonym: fence, stake, lookout

(1) **picket** sign, (2) cross the **picket** line

The farmer built a **picket** fence around his garden to keep the animals out.

wager

n. a bet or gamble, typically involving a sum of money, on the outcome of an event or situation

synonym: bet, stake, gamble

(1) friendly **wager**, (2) make a **wager**

I placed a **wager** with my friend who would win the basketball game.

yank

v. to pull something or someone forcefully with a sudden movement

synonym: draw, jerk, tug

(1) **yank** out a tooth, (2) **yank** at a rope

He tried to **yank** the memories from his brain.

earbud

n. a small electronic device that fits into the ear canal and is used for listening to music or for communication, especially when attached to a portable audio player or mobile phone

synonym: earphone, headphone

(1) wireless **earbud**, (2) sport **earbuds**

He bought noise-canceling **earbuds** to help him concentrate while working in a noisy environment.

antidote

n. a chemical substance or remedy that stops or controls the effects of a poison or disease

synonym: remedy, treatment, restorative

(1) the **antidote** to the poison, (2) the **antidote** for aging

Knowledge is the **antidote** to fear.

courtyard

n. an open space surrounded by buildings or walls, often in the center of a building or group of buildings

synonym: patio, garden, atrium

(1) quiet **courtyard**, (2) spacious **courtyard**

The hotel's beautiful **courtyard** was the perfect spot for a wedding reception.

furious

adj. extremely angry; full of rage

synonym: angry, rageful, livid

(1) **furious** anger, (2) a **furious** sea

The coach was **furious** with the players for their lack of effort during the game.

giggle

v. to laugh lightly and repeatedly in a silly, nervous, or childlike way

synonym: titter, chuckle, snicker

(1) **giggle** like a child, (2) **giggle** uncontrollably

When we saw the animals at the zoo playfully chasing each other, we all started to **giggle**.

hula

n. a traditional Hawaiian dance characterized by rhythmic hip movements accompanied by chanting and music; the music and songs associated with this dance

synonym: dance, hoop, luau

(1) **hula** music, (2) traditional **hula**

The **hula** dancers gracefully moved their hips to the rhythm of the music.

quitter

n. a person who gives up easily or does not have the determination to finish what they have started

synonym: coward, deserter, surrender

(1) easy **quitter**, (2) serial **quitter**

He was labeled as a **quitter** after he abandoned the project halfway.

radiate

v. to spread out or emit something, such as light or heat, in all directions

synonym: give off, scatter, beam

(1) **radiate** an aura, (2) **radiate** in all directions

Roads **radiate** from the famous building in the center of the city.

nod

v. to lower and raise one's head, sometimes several times, as to show approval, agreement, greeting, or confirmation

synonym: respond, acknowledge, greet

(1) **nod** at each other, (2) **nod** courteously

She **noded** quietly in response to the question.

elevate

v. to raise something from a lower to a higher position; to give a promotion to or assign to a higher position

synonym: lift, heighten, promote

(1) **elevate** educational standards, (2) **elevate** a close

relationship

Eating food in a hurry **elevates** blood glucose levels.

communitas

n. a sense of shared identity, camaraderie, and equality among a group of people, often emerging during intense communal experiences or rites of passage

synonym: society, fellowship, community

(1) **communitas** spirit, (2) **communitas** experience

After a natural disaster, communities often experience a heightened sense of **communitas** as neighbors come together to help rebuild and support one another.

potluck

n. a meal or gathering where everyone brings a dish to share; a situation or activity in which people contribute or participate unpredictably without prior planning or preparation

synonym: community meal, shared meal

(1) **potluck** dinner, (2) **potluck** party

Everyone brought a dish to share for the office **potluck**.

unicorn

n. a mythical horse-like creature with a single horn on its forehead; a privately held startup company that reached a valuation of \$1 billion

synonym: mythical creature, fantasy animal, legendary horse

(1) **unicorn** beetle, (2) **unicorn** investors

In medieval times, people believed that the **unicorn** horn had magical powers that could cure diseases.

motto

n. a phrase or slogan that expresses a guiding principle or goal

synonym: slogan, catchphrase, phrase

(1) the **motto** for safe traffic, (2) company **motto**

The company's **motto** is "Innovation and Service," which is reflected in its products and customer support.

skeptic

n. a person who doubts or questions the truth of specific claims, beliefs, or doctrines, especially those in religion

or the supernatural

synonym : doubter, disbeliever, questioner

(1) an ingrained **skeptic**, (2) climate **skeptic**

He was a **skeptic** who doubted the existence of supernatural phenomena.

aspirin

n. a drug used to reduce pain, fever, and inflammation

(1) prescribe **aspirin**, (2) **aspirin** sensitivity

She took a tablet of **aspirin** to soothe the fever.

Session 2: Spelling

1. wireless ea___d
n. a small electronic device that fits into the ear canal and is used for listening to music or for communication, especially when attached to a portable audio player or mobile phone
2. remedy lon_____ss
n. a state or feeling of being unhappy because you have no connection with other people
3. po_____k dinner
n. a meal or gathering where everyone brings a dish to share; a situation or activity in which people contribute or participate unpredictably without prior planning or preparation
4. easy qu_____r
n. a person who gives up easily or does not have the determination to finish what they have started
5. ra_____e in all directions
v. to spread out or emit something, such as light or heat, in all directions
6. po_____k party
n. a meal or gathering where everyone brings a dish to share; a situation or activity in which people contribute or participate unpredictably without prior planning or preparation
7. sport ea___ds
n. a small electronic device that fits into the ear canal and is used for listening to music or for communication, especially when attached to a portable audio player or mobile phone

ANSWERS: 1. earbud, 2. loneliness, 3. potluck, 4. quitter, 5. radiate, 6. potluck, 7. earbud

8. cross the pi___t line *n.* a pointed wooden or metal stake driven into the ground used as a support or for marking an area or boundary; a group of people, typically strikers or protestors, stationed or moving around in front of a workplace, government building, or other location, to demonstrate opposition or to pick up supporters
9. n_d at each other *v.* to lower and raise one's head, sometimes several times, as to show approval, agreement, greeting, or confirmation
10. the an_____te for aging *n.* a chemical substance or remedy that stops or controls the effects of a poison or disease
11. a fu_____s sea *adj.* extremely angry; full of rage
12. h__a music *n.* a traditional Hawaiian dance characterized by rhythmic hip movements accompanied by chanting and music; the music and songs associated with this dance
13. n_d courteously *v.* to lower and raise one's head, sometimes several times, as to show approval, agreement, greeting, or confirmation
14. the an_____te to the poison *n.* a chemical substance or remedy that stops or controls the effects of a poison or disease
15. ra_____e an aura *v.* to spread out or emit something, such as light or heat, in all directions

ANSWERS: 8. picket, 9. nod, 10. antidote, 11. furious, 12. hula, 13. nod, 14. antidote, 15. radiate

16. y__k out a tooth *v.* to pull something or someone forcefully with a sudden movement
17. com_____as spirit *n.* a sense of shared identity, camaraderie, and equality among a group of people, often emerging during intense communal experiences or rites of passage
18. el_____e a close relationship *v.* to raise something from a lower to a higher position; to give a promotion to or assign to a higher position
19. gi___e uncontrollably *v.* to laugh lightly and repeatedly in a silly, nervous, or childlike way
20. a strong sense of lon_____ss *n.* a state or feeling of being unhappy because you have no connection with other people
21. gi___e like a child *v.* to laugh lightly and repeatedly in a silly, nervous, or childlike way
22. fu_____s anger *adj.* extremely angry; full of rage
23. as_____n sensitivity *n.* a drug used to reduce pain, fever, and inflammation
24. un_____n beetle *n.* a mythical horse-like creature with a single horn on its forehead; a privately held startup company that reached a valuation of \$1 billion
25. com_____as experience *n.* a sense of shared identity, camaraderie, and equality among a group of people, often emerging during intense communal experiences or rites of passage

ANSWERS: 16. yank, 17. communitas, 18. elevate, 19. giggle, 20. loneliness, 21. giggle, 22. furious, 23. aspirin, 24. unicorn, 25. communitas

26. the mo__o for safe traffic *n.* a phrase or slogan that expresses a guiding principle or goal
27. un____n investors *n.* a mythical horse-like creature with a single horn on its forehead; a privately held startup company that reached a valuation of \$1 billion
28. el____e educational standards *v.* to raise something from a lower to a higher position; to give a promotion to or assign to a higher position
29. traditional h__a *n.* a traditional Hawaiian dance characterized by rhythmic hip movements accompanied by chanting and music; the music and songs associated with this dance
30. company mo__o *n.* a phrase or slogan that expresses a guiding principle or goal
31. climate sk____c *n.* a person who doubts or questions the truth of specific claims, beliefs, or doctrines, especially those in religion or the supernatural
32. serial qu____r *n.* a person who gives up easily or does not have the determination to finish what they have started
33. spacious co____rd *n.* an open space surrounded by buildings or walls, often in the center of a building or group of buildings
34. y__k at a rope *v.* to pull something or someone forcefully with a sudden movement
35. pi____t sign *n.* a pointed wooden or metal stake driven into the ground used as a support or for marking an area or boundary; a group of people, typically strikers or protestors, stationed or moving around in front of a workplace, government building, or other location, to demonstrate opposition or to pick up supporters

ANSWERS: 26. motto, 27. unicorn, 28. elevate, 29. hula, 30. motto, 31. skeptic, 32. quitter, 33. courtyard, 34. yank, 35. picket

Session 3: Fill in the Blanks

1. Eating food in a hurry _____ blood glucose levels.
 - v. to raise something from a lower to a higher position; to give a promotion to or assign to a higher position

2. When we saw the animals at the zoo playfully chasing each other, we all started to _____.
 - v. to laugh lightly and repeatedly in a silly, nervous, or childlike way

3. Knowledge is the _____ to fear.
 - n. a chemical substance or remedy that stops or controls the effects of a poison or disease

4. I placed a _____ with my friend who would win the basketball game.
 - n. a bet or gamble, typically involving a sum of money, on the outcome of an event or situation

5. He tried to _____ the memories from his brain.
 - v. to pull something or someone forcefully with a sudden movement

6. She _____ quietly in response to the question.
 - v. to lower and raise one's head, sometimes several times, as to show approval, agreement, greeting, or confirmation

7. He bought noise-canceling _____ to help him concentrate while working in a noisy environment.
 - n. a small electronic device that fits into the ear canal and is used for listening to music or for communication, especially when attached to a portable audio player or mobile phone

ANSWERS: 1. elevates, 2. giggle, 3. antidote, 4. wager, 5. yank, 6. nodded, 7. earbuds

8. After a natural disaster, communities often experience a heightened sense of _____ as neighbors come together to help rebuild and support one another.
- n.* a sense of shared identity, camaraderie, and equality among a group of people, often emerging during intense communal experiences or rites of passage
9. I realize the _____ of a single life.
- n.* a state or feeling of being unhappy because you have no connection with other people
10. The farmer built a _____ fence around his garden to keep the animals out.
- n.* a pointed wooden or metal stake driven into the ground used as a support or for marking an area or boundary; a group of people, typically strikers or protestors, stationed or moving around in front of a workplace, government building, or other location, to demonstrate opposition or to pick up supporters
11. The coach was _____ with the players for their lack of effort during the game.
- adj.* extremely angry; full of rage
12. She took a tablet of _____ to soothe the fever.
- n.* a drug used to reduce pain, fever, and inflammation
13. The company's _____ is "Innovation and Service," which is reflected in its products and customer support.
- n.* a phrase or slogan that expresses a guiding principle or goal
14. He was a _____ who doubted the existence of supernatural phenomena.
- n.* a person who doubts or questions the truth of specific claims, beliefs, or doctrines, especially those in religion or the supernatural

ANSWERS: 8. *communitas*, 9. *loneliness*, 10. *picket*, 11. *furious*, 12. *aspirin*, 13. *motto*, 14. *skeptic*

15. Everyone brought a dish to share for the office _____.
- n.* a meal or gathering where everyone brings a dish to share; a situation or activity in which people contribute or participate unpredictably without prior planning or preparation
16. He was labeled as a _____ after he abandoned the project halfway.
- n.* a person who gives up easily or does not have the determination to finish what they have started
17. In medieval times, people believed that the _____ horn had magical powers that could cure diseases.
- n.* a mythical horse-like creature with a single horn on its forehead; a privately held startup company that reached a valuation of \$1 billion
18. The hotel's beautiful _____ was the perfect spot for a wedding reception.
- n.* an open space surrounded by buildings or walls, often in the center of a building or group of buildings
19. The _____ dancers gracefully moved their hips to the rhythm of the music.
- n.* a traditional Hawaiian dance characterized by rhythmic hip movements accompanied by chanting and music; the music and songs associated with this dance
20. Roads _____ from the famous building in the center of the city.
- v.* to spread out or emit something, such as light or heat, in all directions

ANSWERS: 15. potluck, 16. quitter, 17. unicorn, 18. courtyard, 19. hula, 20. radiate