# **Englist.me**

# Vocabulary Builder Reference from...

Robert Sapolsky: The biology of our best and worst

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# Advanced Words Only

#### **IMPORTANT**

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### **Session 1: Word List**

#### overpower

v. to conquer or establish complete control over someone by using superior strength

*synonym*: overwhelm, conquer, surpass

(1) **overpower** the suspect, (2) **overpower** the opponent The shooter was eventually **overpowered** and arrested by police.

#### bunker

 a concrete shelter or underground room, typically for storing ammunition or protecting people from enemy fire; a hazard on a golf course; a large container for storing fuel

synonym: shelter, fortification, defense

(1) coal **bunker**, (2) **bunker** facility

The soldiers took cover in the dug-out **bunker** during the bombing.

### cyanide

 a highly toxic compound consisting of a carbon atom triple-bonded to a nitrogen atom, most often encountered as hydrogen cyanide or one of its salts, often used in industrial processes, insecticides, and as a lethal poison

synonym: nitrile, poison, toxin

(1) cyanide poisoning, (2) hydrogen cyanide



The use of **cyanide** as a chemical weapon is prohibited under international law.

#### snarl

v. to growl aggressively or menacingly, usually in a way that signals anger or hostility; to tangle or knot together in a way that is difficult to unpack or untangle; (noun) a sound or an expression that is made by an animal or a person when they are angry, showing their teeth and producing a harsh, low growling noise

synonym: growl, snap, bark

(1) **snarl** in defiance, (2) **snarl** of frustration

The dog **snarled** at the mailman who came to deliver the package.

### otherworldly

adj. supernatural, other than worldly; not of this world synonym: celestial, ethereal, unearthly

(1) **otherworldly** experience, (2) **otherworldly** creature The **otherworldly** landscape was filled with strange, glowing plants.

### grapple

v. to make a strenuous effort to solve a problem; to engage in a close fight or conflict without weapons

synonym: brawl, scuffle, wrestle

(1) **grapple** with problem, (2) **grapple** with each other He needed to **grapple** with structural reforms to improve the company's revenue.

#### handcuff

n. a pair of metal restraints that are designed to lock around a person's wrists and prevent them from moving their hands freely; (verb) to restrain or restrict the movement of a person by applying handcuffs, typically as part of an arrest or other security-related process

synonym: shackle, bind, restraint

(1) **handcuff** his wrists, (2) break free from **handcuffs** The police officer put **handcuffs** on the suspect before placing them in the squad car.

#### sever

v. to break or separate something by cutting, especially suddenly and forcibly

synonym: cut apart, separate, detach

(1) **sever** a rope, (2) **sever** a positive relationship He **severed** a branch from a tree quickly.

### puncture

 a small hole or wound made by piercing, such as with a needle, nail, or pointed object

synonym: piercing, prick, hole

(1) bicycle puncture, (2) needle puncture

The tire had a **puncture** and needed to be replaced.

#### eardrum

 a membrane in the middle ear that vibrates in response to sound waves and transmits the vibrations to the inner ear

synonym: tympanum, auricular membrane, myringa

(1) burst eardrum, (2) protect eardrum

The loud noise ruptured my **eardrum**, and I had to go to the hospital.

### respire

- v. to breathe; to inhale and exhale air; to live synonym: breathe, inhale, exhale
- (1) **respire** deeply, (2) unable to **respire** on my own The scuba diver needed to follow the proper techniques to **respire** while exploring the underwater world.

### inject

 to put a liquid such as a drug or other substance into a person's or an animal's body using a needle and syringe (= small tube)

*synonym*: shoot, infiltrate, insinuate

(1) **inject** under the skin, (2) **inject** a personal opinion into a debate

Let's try to **inject** a bit of enthusiasm into your performance.

### fester

 to become infected or inflamed and filled with pus; to become increasingly bitter, resentful, or irritated over time synonym: rot, decay, deteriorate

(1) **fester** below the surface, (2) **fester** for far too long The wound began to **fester** after it was not properly cleaned.

### pustule

 a small, raised, inflamed, and often pus-filled blister or pimple on the skin, typically caused by an infection or inflammation

synonym: pimple, blister, boil

(1) pustule on the skin, (2) painful pustule

The athletes' skin was covered in red **pustules** after intense physical training.

### agony

extreme physical or mental pain or suffering, often prolonged or intense

synonym: anguish, torment, suffering

(1) severe **agony**, (2) emotional **agony** 

The athlete fell to the ground in **agony** after injuring their ankle.

#### confuse

v. to mistake one thing for another; to make somebody hard to understand

synonym: confound, obscure, disorient

(1) **confuse** the listener, (2) **confuse** fantasy with reality Her remarks **confused** the debate.

anthrax

n. a serious bacterial infection caused by Bacillus anthracis that can affect both humans and animals; it is characterized by a range of symptoms, including skin blisters, fever, and difficulty breathing, and can be fatal if left untreated

synonym: fever, splenic fever, wool sorters' disease

(1) **anthrax** infection, (2) **anthrax** vaccine Scientists are currently researching new treatments for **anthrax** that could improve survival rates in infected individuals

### complication

*n.* something that makes a situation or condition that is complex or confused

synonym: confusion, complexity, difficulty

(1) **complication** of structure, (2) resolve without **complication** 

He also continued to struggle with serious long-term **complications**.

### altruistic

adj. showing a selfless and disinterested concern for the happiness and well-being of other people

synonym: altruistic, philanthropic, generous

(1) **altruistic** behavior, (2) **altruistic** instincts in social animals

The company tried to build an altruistic image.

### compassionate

adj. feeling or showing sympathy and concern for the suffering or bad luck of others

synonym: empathetic, sympathetic, merciful

(1) a **compassionate** heart, (2) **compassionate** leave My father has a serious and **compassionate** personality.

## appalling

adj. causing horror or shock; deeply disturbing or offensive; extremely bad or unpleasant

synonym: shocking, horrifying, alarming

(1) appalling crimes, (2) appalling behavior

The condition of that old house was appalling.

### heroically

adv. in a way that shows great bravery, courage, or self-sacrifice

synonym: bravely, fearlessly, valiantly

(1) heroically saved, (2) fight heroically

The firefighter acted **heroically** to save the family from the burning building.

#### sacrificial

adj. relating to or involving the killing of animals or people as an offering to a deity

synonym: offering, atoning

# (1) sacrificial nature, (2) sacrificial victim

The lamb was a **sacrificial** offering to the gods.

### betray

v. to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally

synonym: fail, denounce, display

(1) betray a friend, (2) betray confidence

He felt **betrayed** when his best friend revealed their secret to the enemy.

#### riot

 a violent disturbance of the peace by a crowd, characterized by destruction of property, looting, arson, and attacks on individuals

synonym: disturbance, unrest, upheaval

(1) riot police, (2) riot control gas

The **riots** in the city have left many buildings damaged and several people injured.

### agitated

 adj. characterized by a state of anxiety, nervous excitement, or restlessness; stirred up or disturbed in a physical or emotional way

*synonym*: nervous, troubled, restless

(1) agitated state, (2) agitated behavior

The **agitated** dog kept barking at the door, wanting to go outside.

### frightening

adj. causing fear or alarm, or very surprising and alarmingsynonym: scary, terrifying, alarming

(1) cast **frightening** eyes, (2) **frightening** experience The news of the pandemic was a **frightening** reminder of the fragility of human health.

### amygdala

- one of two parts of the almond-shaped neural structure that are linked to emotions, especially fear and pleasure, memory, and the sense of smell
- (1) the decline in **amygdala** activity, (2) **amygdala** damage

The **amygdala** has been associated with memories of past emotional events.

### volley

 a simultaneous discharge or release of multiple objects, often projectiles like arrows or bullets; a rapid and continuous series of utterances or actions

synonym: salvo, bombardment, barrage

(1) **volley** of conversation, (2) **volley** of insults
The soldiers fired a **volley** of shots at the approaching enemy.

#### cascade

- a small waterfall or series of small waterfalls; a succession of stages or operations or processes or units
   synonym: waterfall, watercourse, step
- (1) **cascade** connection, (2) transistor **cascade**The **cascade** of waterfalls in the national park was a breathtaking sight.

#### elevate

- v. to raise something from a lower to a higher position; to give a promotion to or assign to a higher positionsynonym: lift, heighten, promote
- (1) **elevate** educational standards, (2) **elevate** a close relationship

Eating food in a hurry elevates blood glucose levels.

### sluggish

adj. lacking energy, vitality, or motivation; slow or inactive in response, movement, or progress

synonym: lethargic, slow, inactive

(1) **sluggish** economy, (2) **sluggish** response After a long day at work, I feel **sluggish** and lack energy.

#### neuron

 a cell that is specialized to carry information within the brain and between the brain and other parts of the body

synonym: nerve cell

(1) excite the **neurons**, (2) **neuron** cell body

Our body transfers information along each neuron using an

electrical impulse.

#### excitable

adj. easily responding to something new or stimuli synonym: agitated, demonstrative, impulsive

(1) non- excitable cell, (2) an excitable people He has an excitable temperament.

### atrophy

 a decrease in size of a muscle, organ, etc., caused by disease or disuse

synonym: disintegration, degeneration, wasting away

(1) weakness with **atrophy**, (2) **atrophy** of the muscles Daily exercise and adequate sleep are necessary to prevent the progression of **atrophy**.

### sculpt

v. to create a work of art by carving, casting, or other shaping techniques

synonym: carve, mold, shape

(1) sculpt an image, (2) sculpt prototypeHe spent hours every day sculpting figures out of clay.

#### fetus

- an unborn or unhatched animal in the later stages of development showing the main recognizable features of the mature animal
- (1) development of the **fetus**, (2) an aborted **fetus**The female vagina is elastic enough to allow the passage of a **fetus**.

### epigenetic

adj. relating to changes in gene expression that are not caused by alterations in the underlying DNA sequence but rather by modifications to the structure of DNA or proteins that regulate gene activity

synonym: environmental, hereditary, inherited

(1) **epigenetic** inheritance, (2) **epigenetic** markers **Epigenetic** research has opened up new possibilities for the treatment of certain diseases.

#### determinant

 a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

synonym: cause, factor, element

(1) environmental **determinant**, (2) a **determinant** of crop yields

One **determinant** of success is having a positive attitude and a strong work ethic.

### antisocial

adj. not wanting to be around or spend time with other people; unwilling or unable to conform to accepted social norms or standards

synonym: unsociable, withdrawn, reclusive

(1) **antisocial** tendencies, (2) **antisocial** personality disorder

The suspect's **antisocial** behavior and lack of remorse made the judge question their sanity.

#### ancestor

- n. a person from whom one is descended; a forefathersynonym: forebear, forefather, progenitor
- (1) **ancestor** language, (2) earliest human **ancestor**My remote **ancestor** immigrated to the United States from Ireland in the 1800s.

#### nomadic

adj. moving from one location to another rather than staying in one place all of the time

synonym: mobile, migratory, wandering

(1) nomadic life, (2) nomadic herdsmen

This dessert is the territory of **nomadic** tribes.

### grassland

 a large area of land covered mainly by grass, with few or no trees, and typically used for grazing livestock

synonym: meadow, plain, savanna

(1) endangered **grassland**, (2) vast **grassland**Meadows and pastures are examples of smaller-scale **grasslands** in many parts of the world.

#### retribution

 punishment inflicted on someone as vengeance for a wrong or criminal act; just dessert or compensation for wrongdoing

synonym: punishment, revenge, recompense

(1) divine **retribution**, (2) seek **retribution** 

He faced **retribution** for his crimes and was sentenced to many years.

#### vendetta

 a prolonged and bitter feud or conflict, often characterized by a desire for revenge; a series of retaliatory acts or actions against a particular person or group

synonym: blood feud, grudge, revenge

(1) vendetta feud, (2) political vendetta

The mafia boss declared a **vendetta** against the rival gang for encroaching on their territory.

### primate

 any mammal of the order Primates, which includes monkeys, apes, and humans

synonym: ape, monkey, lemur

(1) **primate** species, (2) **primate** sanctuary

Many scientists study **primate** behavior and intelligence.

#### wondrous

adj. inspiring amazement or admiration; extremely beautiful and impressive

synonym: amazing, fantastic, miraculous

(1) wondrous sight, (2) wondrous adventure

The **wondrous** beauty of the sunset left us all in awe.

### terrifying

adj. very frightening or intimidating

synonym: frightening, intimidating, alarming

(1) terrifying experience, (2) terrifying events

Large earthquakes often generate **terrifying** tsunamis.

#### **Newtonian**

adj. relating to Sir Isaac Newton or his laws of motion and universal gravitation

synonym: classical, physics, mechanics

(1) **Newtonian** physics, (2) **Newtonian** mechanics

The motion of planets can be described using **Newtonian** mechanics.

### theologian

- n. an expert or student who studies theologysynonym: clergyperson, philosopher, scholar
- (1) Swedish theologian,(2) great theologiansDeath gets more than its share of attention from theologians.

#### abolition

 the act of formally ending a system, practice, or institution, especially one that is considered unjust or harmful

synonym: termination, discontinuation, end

(1) complete **abolition**, (2) total **abolition** of a law The **abolition** of slavery was a major milestone in the history of the United States.

### hymn

 a song of praise or worship, especially one in a religious service or ceremony

synonym: psalm, song, religious song

(1) a sacred hymn, (2) hymn tune

The congregation sang the **hymn** during the service.

### squadron

 a military unit consisting of a headquarters and several units or subunits, typically composed of two or more flights of aircraft

synonym: flight, air wing, air group

(1) squadron leader, (2) bomber squadron

The combined **squadron** was responsible for protecting the airspace of the country.

### halting

adj. hesitant or wavering in speech or action; faltering; stopping or pausing repeatedly and intermittently

*synonym*: stuttering, hesitant, faltering

(1) halting speech, (2) halting progress

The negotiations between the two countries were proceeding

### in a halting manner.

#### truce

 a cessation or suspension of hostilities between warring parties, usually for a specified period, as a treaty, armistice, or other agreement

synonym: ceasefire, armistice, peace

(1) temporary truce, (2) break a truce

The two sides agreed to a **truce** and set down their weapons.

#### trench

 a long, deep ditch made in the ground, usually parallel to a plate boundary and marking a subduction zone; a long ditch built in the ground for carrying away water

*synonym*: aqueduct, ditch, channel

(1) deep-sea **trench**, (2) **trench** excavator

A **trench** was being dug alongside the road by workers.

### germ

 a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one

synonym: bacterium, microbe, pathogen

(1) antibiotic-resistant **germ**, (2) a **germ-free** environment The **germ** of his idea came from watching birds flying in flocks.

#### faceless

adj. lacking distinctive or individual features or characteristics; anonymous and impersonal

synonym: anonymous, impersonal, nameless

(1) faceless enemy, (2) faceless bureaucracy

The artist painted a series of **faceless** portraits to represent anonymity and self-discovery.

#### pawn

 a piece in the game of chess that can be moved only forward and captured only diagonally; (verb) leave as a guarantee in return for money

synonym: collateral, pledge, security

(1) **pawn** checkmate, (2) **pawn** my jewelry

He used his watch as a **pawn** in the game of chess.

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### horrify

v. to shock or disgust greatly synonym: shock, dismay, terrify

(1) horrify audience, (2) horrify victims

The series of terrorist attacks **horrify** the entire nation.

#### massacre

 n. the brutal and indiscriminate killing of a large number of people; a violent and bloody event that typically results in the death of many individuals

synonym: slaughter, bloodbath, butchery

(1) **massacre** in the village, (2) animal **massacre**The **massacre** of innocent civilians in the war zone was a tragic event.

### brigade

 a military unit typically consisting of several battalions, usually commanded by a brigadier general; a group of people organized for a particular purpose or activity

synonym: squad, group, unit

brigade commander, (2) rescue brigade
 The culinary brigade prepared a delicious meal for the

guests at the banquet.

### mutilate

v. to cause severe damage, disfigurement, or injury, usually to a person or an animal; to destroy, alter, or damage something severely or irreparably

synonym: maim, disfigure, deform

(1) mutilate a document, (2) mutilate a body

It is cruel for anyone to **mutilate** an animal for any reason.

slap

 to strike something or someone with an open palm or flat object, producing a sharp sound or sensation; to place something firmly, suddenly, or unexpectedly

synonym: smack, hit, whack

(1) **slap** on the back, (2) **slap** a heavy fine

The politician tried to **slap** down the rumors about his personal life.

### villager

 a person who lives in a village or small rural community;
 a person who is part of a close-knit and traditional community

synonym: resident, inhabitant, countryperson

(1) villager community, (2) local villager

The rural **villagers** were saddened by the destruction of their homes in the natural disaster.

#### mow

 to cut down and trim grass or other vegetation, usually with a machine such as a lawnmower; to cut down or harvest crops

synonym: cut, trim, clip

(1) mow the field, (2) mow a yard

My father likes to **mow** the lawn early on Saturday mornings.

### neurochemical

- adj. of or relating to chemical processes occurring in neural activity or chemical substance that participates in neural activity
- (1) **neurochemical** substances, (2) **neurochemical** mechanism

Our study focuses on **neurochemical** changes in the brain.

#### cliche

 a phrase or expression that has become overused to the point that it has lost its original impact or meaning; a trite or unoriginal idea or statement

synonym: truism, platitude, stereotype

(1) cliche plot, (2) age-old cliche

Using the same **cliche** phrase in every conversation can take time and effort.

#### destine

ν. to determine or set the course of something in advance, often in a way that seems predetermined or inevitable; to specify or choose someone or something for a particular fate or outcome

synonym: ordain, doom, predestine

(1) **destine** us to meet again, (2) be **destined** to become a great artist

Some people believe that we are all **destined** for greatness.

### incandescent

adj. emitting light as a result of being heated; shining brightly; passionate or enthusiastic

synonym: glowing, radiant, brilliant

(1) **incandescent** emotion, (2) **incandescent** personality The **incandescent** lights in the room created a warm and inviting atmosphere.

# **Session 2: Spelling**

1.	antal personality disorder	adj.	not wanting to be around or spend time with other people; unwilling or unable to conform to accepted social norms or standards
2.	fring experience	adj.	causing fear or alarm, or very surprising and alarming
3.	mute a body	v.	to cause severe damage, disfigurement, or injury, usually to a person or an animal; to destroy, alter, or damage something severely or irreparably
4.	antal tendencies	adj.	not wanting to be around or spend time with other people; unwilling or unable to conform to accepted social norms or standards
5.	aged behavior	adj.	characterized by a state of anxiety, nervous excitement, or restlessness; stirred up or disturbed in a physical or emotional way
6.	herly saved	adv.	in a way that shows great bravery, courage, or self-sacrifice
7.	cye poisoning	n.	a highly toxic compound consisting of a carbon atom triple-bonded to a nitrogen atom, most often encountered as hydrogen cyanide or one of its salts, often used in industrial processes, insecticides, and as a lethal poison
8.	a comate heart	adj.	feeling or showing sympathy and concern for the suffering or bad luck of others

ANSWERS: 1. antisocial, 2. frightening, 3. mutilate, 4. antisocial, 5. agitated, 6. heroically, 7. cyanide, 8. compassionate

9.	noc herdsmen	adj.	moving from one location to another rather than staying in one place all of the time
10.	break free from haffs	n.	a pair of metal restraints that are designed to lock around a person's wrists and prevent them from moving their hands freely; (verb) to restrain or restrict the movement of a person by applying handcuffs, typically as part of an arrest or other security-related process
11.	Nean physics	adj.	relating to Sir Isaac Newton or his laws of motion and universal gravitation
12.	int under the skin	v.	to put a liquid such as a drug or other substance into a person's or an animal's body using a needle and syringe (= small tube)
13.	sacal victim	adj.	relating to or involving the killing of animals or people as an offering to a deity
14.	othdly experience	adj.	supernatural, other than worldly; not of this world
15.	weakness with aty	n.	a decrease in size of a muscle, organ, etc., caused by disease or disuse
16.	emotional agy	n.	extreme physical or mental pain or suffering, often prolonged or intense
17.	apng behavior	adj.	causing horror or shock; deeply disturbing or offensive; extremely bad or unpleasant

ANSWERS: 9. nomadic, 10. handcuff, 11. Newtonian, 12. inject, 13. sacrificial, 14. otherworldly, 15. atrophy, 16. agony, 17. appalling

18.	burst eam	n.	a membrane in the middle ear that vibrates in response to sound waves and transmits the vibrations to the inner ear
19.	the decline in amla activity	n.	one of two parts of the almond-shaped neural structure that are linked to emotions, especially fear and pleasure, memory, and the sense of smell
20.	ser a positive relationship	<i>v</i> .	to break or separate something by cutting, especially suddenly and forcibly
21.	anx vaccine	n.	a serious bacterial infection caused by Bacillus anthracis that can affect both humans and animals; it is characterized by a range of symptoms, including skin blisters, fever, and difficulty breathing, and can be fatal if left untreated
22.	fer below the surface	ν.	to become infected or inflamed and filled with pus; to become increasingly bitter, resentful, or irritated over time
23.	noc life	adj.	moving from one location to another rather than staying in one place all of the time
24.	local vier	n.	a person who lives in a village or small rural community; a person who is part of a close-knit and traditional community
25.	needle pure	n.	a small hole or wound made by piercing, such as with a needle, nail, or pointed object
26.	pn my jewelry	n.	a piece in the game of chess that can be moved only forward and captured only diagonally; (verb) leave as a guarantee in return for money

ANSWERS: 18. eardrum, 19. amygdala, 20. sever, 21. anthrax, 22. fester, 23. nomadic, 24. villager, 25. puncture, 26. pawn

27.	non-exle cell	adj.	easily responding to something new or stimuli
28.	hoy audience	v.	to shock or disgust greatly
29.	a sacred hn	n.	a song of praise or worship, especially one in a religious service or ceremony
30.	break a tre	n.	a cessation or suspension of hostilities between warring parties, usually for a specified period, as a treaty, armistice, or other agreement
31.	transistor cae	n.	a small waterfall or series of small waterfalls; a succession of stages or operations or processes or units
32.	gre with problem	<i>v</i> .	to make a strenuous effort to solve a problem; to engage in a close fight or conflict without weapons
33.	slsh response	adj.	lacking energy, vitality, or motivation; slow or inactive in response, movement, or progress
34.	m_w the field	v.	to cut down and trim grass or other vegetation, usually with a machine such as a lawnmower; to cut down or harvest crops
35.	comate leave	adj.	feeling or showing sympathy and concern for the suffering or bad luck of others
36.	aged state	adj.	characterized by a state of anxiety, nervous excitement, or restlessness; stirred up or disturbed in a physical or emotional way

ANSWERS: 27. excitable, 28. horrify, 29. hymn, 30. truce, 31. cascade, 32. grapple, 33. sluggish, 34. mow, 35. compassionate, 36. agitated

37.	neucal substances	adj.	of or relating to chemical processes occurring in neural activity or chemical substance that participates in neural activity
38.	bey confidence	<i>v</i> .	to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally
39.	mare in the village	n.	the brutal and indiscriminate killing of a large number of people; a violent and bloody event that typically results in the death of many individuals
40.	bomber sqon	n.	a military unit consisting of a headquarters and several units or subunits, typically composed of two or more flights of aircraft
41.	epiic markers	adj.	relating to changes in gene expression that are not caused by alterations in the underlying DNA sequence but rather by modifications to the structure of DNA or proteins that regulate gene activity
42.	divine reton	n.	punishment inflicted on someone as vengeance for a wrong or criminal act; just dessert or compensation for wrongdoing
43.	ser a rope	<i>v</i> .	to break or separate something by cutting, especially suddenly and forcibly
44.	fass enemy	adj.	lacking distinctive or individual features or characteristics; anonymous and impersonal
45.	slsh economy	adj.	lacking energy, vitality, or motivation; slow or inactive in response, movement or progress

ANSWERS: 37. neurochemical, 38. betray, 39. massacre, 40. squadron, 41. epigenetic, 42. retribution, 43. sever, 44. faceless, 45. sluggish

46.	antibiotic-resistant gm	n.	a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one
47.	bur facility	n.	a concrete shelter or underground room, typically for storing ammunition or protecting people from enemy fire; a hazard on a golf course; a large container for storing fuel
48.	great theans	n.	an expert or student who studies theology
49.	seek reton	n.	punishment inflicted on someone as vengeance for a wrong or criminal act; just dessert or compensation for wrongdoing
50.	apng crimes	adj.	causing horror or shock; deeply disturbing or offensive; extremely bad or unpleasant
51.	p_n checkmate	n.	a piece in the game of chess that can be moved only forward and captured only diagonally; (verb) leave as a guarantee in return for money
52.	painful pue	n.	a small, raised, inflamed, and often pus-filled blister or pimple on the skin, typically caused by an infection or inflammation
53.	an exle people	adj.	easily responding to something new or stimuli
54.	environmental detnt	n.	a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

ANSWERS: 46. germ, 47. bunker, 48. theologian, 49. retribution, 50. appalling, 51. pawn, 52. pustule, 53. excitable, 54. determinant

55.	rescue bre	n.	a military unit typically consisting of several battalions, usually commanded by a brigadier general; a group of people organized for a particular purpose or activity
56.	bey a friend	ν.	to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally
57.	excite the nens	n.	a cell that is specialized to carry information within the brain and between the brain and other parts of the body
58.	incent emotion	adj.	emitting light as a result of being heated; shining brightly; passionate or enthusiastic
59.	neucal mechanism	adj.	of or relating to chemical processes occurring in neural activity or chemical substance that participates in neural activity
60.	nen cell body	n.	a cell that is specialized to carry information within the brain and between the brain and other parts of the body
61.	over the suspect	ν.	to conquer or establish complete control over someone by using superior strength
62.	trh excavator	n.	a long, deep ditch made in the ground, usually parallel to a plate boundary and marking a subduction zone; a long ditch built in the ground for carrying away water

ANSWERS: 55. brigade, 56. betray, 57. neuron, 58. incandescent, 59. neurochemical, 60. neuron, 61. overpower, 62. trench

63.	cae connection	n.	a small waterfall or series of small waterfalls; a succession of stages or operations or processes or units
64.	hydrogen cye	n.	a highly toxic compound consisting of a carbon atom triple-bonded to a nitrogen atom, most often encountered as hydrogen cyanide or one of its salts, often used in industrial processes, insecticides, and as a lethal poison
65.	complete abon	n.	the act of formally ending a system, practice, or institution, especially one that is considered unjust or harmful
66.	severe agy	n.	extreme physical or mental pain or suffering, often prolonged or intense
67.	sacal nature	adj.	relating to or involving the killing of animals or people as an offering to a deity
68.	voy of conversation	n.	a simultaneous discharge or release of multiple objects, often projectiles like arrows or bullets; a rapid and continuous series of utterances or actions
69.	age-old cle	n.	a phrase or expression that has become overused to the point that it has lost its original impact or meaning; a trite or unoriginal idea or statement
70.	fight herly	adv.	in a way that shows great bravery, courage, or self-sacrifice
71.	pre species	n.	any mammal of the order Primates, which includes monkeys, apes, and humans

ANSWERS: 63. cascade, 64. cyanide, 65. abolition, 66. agony, 67. sacrificial, 68. volley, 69. cliche, 70. heroically, 71. primate

72. epi	_ic inheritance	adj.	relating to changes in gene expression that are not caused by alterations in the underlying DNA sequence but rather by modifications to the structure of DNA or proteins that regulate gene activity
73. ele	e a close relationship	ν.	to raise something from a lower to a higher position; to give a promotion to or assign to a higher position
74. cle <sub> </sub>	plot	n.	a phrase or expression that has become overused to the point that it has lost its original impact or meaning; a trite or unoriginal idea or statement
75. pre	e sanctuary	n.	any mammal of the order Primates, which includes monkeys, apes, and humans
76. earliest	human anor	n.	a person from whom one is descended; a forefather
77. rt cor	ntrol gas	n.	a violent disturbance of the peace by a crowd, characterized by destruction of property, looting, arson, and attacks on individuals
78. m_w a y	yard	<i>v</i> .	to cut down and trim grass or other vegetation, usually with a machine such as a lawnmower; to cut down or harvest crops
79. voy	of insults	n.	a simultaneous discharge or release of multiple objects, often projectiles like arrows or bullets; a rapid and continuous series of utterances or actions

ANSWERS: 72. epigenetic, 73. elevate, 74. cliche, 75. primate, 76. ancestor, 77. riot, 78. mow, 79. volley

80.	incent personality	adj.	emitting light as a result of being heated; shining brightly; passionate or enthusiastic
81.	ree deeply	ν.	to breathe; to inhale and exhale air; to live
82.	cast fring eyes	adj.	causing fear or alarm, or very surprising and alarming
83.	vast grnd	n.	a large area of land covered mainly by grass, with few or no trees, and typically used for grazing livestock
84.	resolve without comion	n.	something that makes a situation or condition that is complex or confused
85.	deep-sea trh	n.	a long, deep ditch made in the ground, usually parallel to a plate boundary and marking a subduction zone; a long ditch built in the ground for carrying away water
86.	terng experience	adj.	very frightening or intimidating
87.	rt police	n.	a violent disturbance of the peace by a crowd, characterized by destruction of property, looting, arson, and attacks on individuals
88.	protect eam	n.	a membrane in the middle ear that vibrates in response to sound waves and transmits the vibrations to the inner ear
89.	an aborted fes	n.	an unborn or unhatched animal in the later stages of development showing the main recognizable features of the mature animal
AN:	SWFRS: 80 incandescent 81 resi	oire 82	frightening 83 grassland 84

ANSWERS: 80. incandescent, 81. respire, 82. frightening, 83. grassland, 84. complication, 85. trench, 86. terrifying, 87. riot, 88. eardrum, 89. fetus

90.	sqon leader	n.	a military unit consisting of a headquarters and several units or subunits, typically composed of two or more flights of aircraft
91.	unable to ree on my own	<i>v</i> .	to breathe; to inhale and exhale air; to live
92.	sp on the back	v.	to strike something or someone with an open palm or flat object, producing a sharp sound or sensation; to place something firmly, suddenly, or unexpectedly
93.	terng events	adj.	very frightening or intimidating
94.	sct prototype	<i>v</i> .	to create a work of art by carving, casting, or other shaping techniques
95.	amla damage	n.	one of two parts of the almond-shaped neural structure that are linked to emotions, especially fear and pleasure, memory, and the sense of smell
96.	endangered grnd	n.	a large area of land covered mainly by grass, with few or no trees, and typically used for grazing livestock
97.	development of the fes	n.	an unborn or unhatched animal in the later stages of development showing the main recognizable features of the mature animal
98.	over the opponent	v.	to conquer or establish complete control over someone by using superior strength
99.	coal bur	n.	a concrete shelter or underground room, typically for storing ammunition or protecting people from enemy fire; a hazard on a golf course; a large container for storing fuel

ANSWERS: 90. squadron, 91. respire, 92. slap, 93. terrifying, 94. sculpt, 95. amygdala, 96. grassland, 97. fetus, 98. overpower, 99. bunker

100. altic instincts in social animals	adj.	showing a selfless and disinterested concern for the happiness and well-being of other people
101. snI in defiance	v.	to growl aggressively or menacingly, usually in a way that signals anger or hostility; to tangle or knot together in a way that is difficult to unpack or untangle; (noun) a sound or an expression that is made by an animal or a person when they are angry, showing their teeth and producing a harsh, low growling noise
102. othdly creature	adj.	supernatural, other than worldly; not of this world
103. a detnt of crop yields	n.	a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
104. fass bureaucracy	adj.	lacking distinctive or individual features or characteristics; anonymous and impersonal
105. hn tune	n.	a song of praise or worship, especially one in a religious service or ceremony
106. animal mare	n.	the brutal and indiscriminate killing of a large number of people; a violent and bloody event that typically results in the death of many individuals
107. Nean mechanics	adj.	relating to Sir Isaac Newton or his laws of motion and universal gravitation
108. fer for far too long	ν.	to become infected or inflamed and filled with pus; to become increasingly bitter, resentful, or irritated over time

ANSWERS: 100. altruistic, 101. snarl, 102. otherworldly, 103. determinant, 104. faceless, 105. hymn, 106. massacre, 107. Newtonian, 108. fester

109. anor language	n.	a person from whom one is descended; a forefather
110. coe the listener	ν.	to mistake one thing for another; to make somebody hard to understand
111. mute a document	v.	to cause severe damage, disfigurement, or injury, usually to a person or an animal; to destroy, alter, or damage something severely or irreparably
112. bre commander	n.	a military unit typically consisting of several battalions, usually commanded by a brigadier general; a group of people organized for a particular purpose or activity
113. be deed to become a great artist	v.	to determine or set the course of something in advance, often in a way that seems predetermined or inevitable; to specify or choose someone or something for a particular fate or outcome
114. hoy victims	v.	to shock or disgust greatly
115. aty of the muscles	n.	a decrease in size of a muscle, organ, etc., caused by disease or disuse
116. ele educational standards	v.	to raise something from a lower to a higher position; to give a promotion to or assign to a higher position
117. gre with each other	v.	to make a strenuous effort to solve a problem; to engage in a close fight or conflict without weapons
118. vier community	n.	a person who lives in a village or small rural community; a person who is part of a close-knit and traditional community

ANSWERS: 109. ancestor, 110. confuse, 111. mutilate, 112. brigade, 113. destine, 114. horrify, 115. atrophy, 116. elevate, 117. grapple, 118. villager

119. Swedish thean	n.	an expert or student who studies theology
120. bicycle pure	n.	a small hole or wound made by piercing, such as with a needle, nail, or pointed object
121. hag speech	adj.	hesitant or wavering in speech or action; faltering; stopping or pausing repeatedly and intermittently
122. comion of structure	n.	something that makes a situation or condition that is complex or confused
123. temporary tre	n.	a cessation or suspension of hostilities between warring parties, usually for a specified period, as a treaty, armistice, or other agreement
124. dee us to meet again	ν.	to determine or set the course of something in advance, often in a way that seems predetermined or inevitable; to specify or choose someone or something for a particular fate or outcome
125. pue on the skin	n.	a small, raised, inflamed, and often pus-filled blister or pimple on the skin, typically caused by an infection or inflammation
126. snl of frustration	ν.	to growl aggressively or menacingly, usually in a way that signals anger or hostility; to tangle or knot together in a way that is difficult to unpack or untangle; (noun) a sound or an expression that is made by an animal or a person when they are angry, showing their teeth and producing a harsh, low growling noise

ANSWERS: 119. theologian, 120. puncture, 121. halting, 122. complication, 123. truce, 124. destine, 125. pustule, 126. snarl

127. total abon of a law	n.	the act of formally ending a system, practice, or institution, especially one that is considered unjust or harmful
128. a gm-free environment	n.	a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one
129. political veta	n.	a prolonged and bitter feud or conflict, often characterized by a desire for revenge; a series of retaliatory acts or actions against a particular person or group
130. altic behavior	adj.	showing a selfless and disinterested concern for the happiness and well-being of other people
131. sct an image	<i>v</i> .	to create a work of art by carving, casting, or other shaping techniques
132. veta feud	n.	a prolonged and bitter feud or conflict, often characterized by a desire for revenge; a series of retaliatory acts or actions against a particular person or group
133. haff his wrists	n.	a pair of metal restraints that are designed to lock around a person's wrists and prevent them from moving their hands freely; (verb) to restrain or restrict the movement of a person by applying handcuffs, typically as part of an arrest or other security-related

ANSWERS: 127. abolition, 128. germ, 129. vendetta, 130. altruistic, 131. sculpt, 132. vendetta, 133. handcuff

process

to put a liquid such as a drug or other 134. in t a personal opinion into a ν. substance into a person's or an animal's debate body using a needle and syringe (= small tube) 135. ha\_\_\_\_g progress adj. hesitant or wavering in speech or action; faltering; stopping or pausing repeatedly and intermittently 136. an\_\_\_x infection a serious bacterial infection caused by Bacillus anthracis that can affect both humans and animals; it is characterized by a range of symptoms, including skin blisters, fever, and difficulty breathing, and can be fatal if left untreated 137. co\_\_\_e fantasy with reality to mistake one thing for another; to make somebody hard to understand adj. inspiring amazement or admiration; 138. wo us sight extremely beautiful and impressive 139. s p a heavy fine to strike something or someone with an ν. open palm or flat object, producing a sharp sound or sensation; to place something firmly, suddenly, or unexpectedly 140. wo\_\_\_\_us adventure adj. inspiring amazement or admiration; extremely beautiful and impressive

ANSWERS: 134. inject, 135. halting, 136. anthrax, 137. confuse, 138. wondrous, 139. slap, 140. wondrous

# **Session 3: Fill in the Blanks**

<ol> <li>The of his idea came from watching birds flying in flocks.</li> </ol>
n. a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one
2. After a long day at work, I feel and lack energy.
adj. lacking energy, vitality, or motivation; slow or inactive in response, movement, or progress
3. He a branch from a tree quickly.
v. to break or separate something by cutting, especially suddenly and forcibly
4. The tire had a and needed to be replaced.
<ul> <li>a small hole or wound made by piercing, such as with a needle, nail, or pointe object</li> </ul>
5. The of innocent civilians in the war zone was a tragic event.
n. the brutal and indiscriminate killing of a large number of people; a violent and bloody event that typically results in the death of many individuals
6. The condition of that old house was
adj. causing horror or shock; deeply disturbing or offensive; extremely bad or unpleasant
7. Let's try to a bit of enthusiasm into your performance.
v. to put a liquid such as a drug or other substance into a person's or an animal's body using a needle and syringe (= small tube)
ANSWERS: 1. germ, 2. sluggish, 3. severed, 4. puncture, 5. massacre, 6. appalling 7. inject

Vocab-Builder Ref from "Robert Sapolsky: The biology of our best and worst selves | TED Talk" (70 words)

16.	He also continued to struggle with serious long-term
n.	something that makes a situation or condition that is complex or confused
17.	The has been associated with memories of past emotional events.
n.	one of two parts of the almond-shaped neural structure that are linked to emotions, especially fear and pleasure, memory, and the sense of smell
18.	He felt when his best friend revealed their secret to the enemy.
ν.	to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally
19.	The beauty of the sunset left us all in awe.
adj	inspiring amazement or admiration; extremely beautiful and impressive
20.	The athletes' skin was covered in red after intense physical training.
n.	a small, raised, inflamed, and often pus-filled blister or pimple on the skin, typically caused by an infection or inflammation
21.	The combined was responsible for protecting the airspace of the country.
n.	a military unit consisting of a headquarters and several units or subunits, typically composed of two or more flights of aircraft
22.	The mafia boss declared a against the rival gang for encroaching on their territory.
n.	a prolonged and bitter feud or conflict, often characterized by a desire for revenge; a series of retaliatory acts or actions against a particular person or group
23.	Her remarks the debate.
v.	to mistake one thing for another; to make somebody hard to understand
	SWERS: 16. complications, 17. amygdala, 18. betrayed, 19. wondrous, 20. stules, 21. squadron, 22. vendetta, 23. confused

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ANSWERS: 24. nomadic, 25. anthrax, 26. horrify, 27. agony, 28. terrifying, 29.

determinant, 30. neurochemical, 31. sacrificial

32.	The female vagina is elastic enough to allow the passage of a
n.	an unborn or unhatched animal in the later stages of development showing the main recognizable features of the mature animal
	He needed to with structural reforms to improve the company's revenue.
<i>v</i> .	to make a strenuous effort to solve a problem; to engage in a close fight or conflict without weapons
34.	Our body transfers information along each using an electrical impulse.
n.	a cell that is specialized to carry information within the brain and between the brain and other parts of the body
35.	Meadows and pastures are examples of smaller-scale in many parts of the world.
n.	a large area of land covered mainly by grass, with few or no trees, and typically used for grazing livestock
36.	The politician tried to down the rumors about his personal life.
<i>v</i> .	to strike something or someone with an open palm or flat object, producing a sharp sound or sensation; to place something firmly, suddenly, or unexpectedly
	The in the city have left many buildings damaged and several people injured.
n.	a violent disturbance of the peace by a crowd, characterized by destruction of property, looting, arson, and attacks on individuals
38.	He has an temperament.
adj.	easily responding to something new or stimuli
	SWERS: 32. fetus, 33. grapple, 34. neuron, 35. grasslands, 36. slap, 37. riots, 38. itable

ANSWERS: 39. destined, 40. pawn, 41. compassionate, 42. truce, 43. incandescent, 44. volley, 45. brigade, 46. eardrum,

47. The congregation sang the during the service.
n. a song of praise or worship, especially one in a religious service or ceremony
48. Eating food in a hurry blood glucose levels.
v. to raise something from a lower to a higher position; to give a promotion to or assign to a higher position
49 research has opened up new possibilities for the treatment of certain diseases.
adj. relating to changes in gene expression that are not caused by alterations in the underlying DNA sequence but rather by modifications to the structure of DNA or proteins that regulate gene activity
50. The landscape was filled with strange, glowing plants.
adj. supernatural, other than worldly; not of this world
51. A was being dug alongside the road by workers.
n. a long, deep ditch made in the ground, usually parallel to a plate boundary and marking a subduction zone; a long ditch built in the ground for carrying away water
52. The of waterfalls in the national park was a breathtaking sight.
<ul> <li>a small waterfall or series of small waterfalls; a succession of stages or operations or processes or units</li> </ul>
53. Many scientists study behavior and intelligence.
<ul> <li>any mammal of the order Primates, which includes monkeys, apes, and humans</li> </ul>
54. My remote immigrated to the United States from Ireland in the 1800s.
n. a person from whom one is descended; a forefather
ANSWERS: 47. hymn, 48. elevates, 49. Epigenetic, 50. otherworldly, 51. trench, 52. cascade, 53. primate, 54. ancestor

ANSWERS: 62. faceless, 63. halting, 64. overpowered, 65. fester, 66. cliche, 67. cyanide, 68. theologians

69. The suspect's question their sanity.	behavior and lack of remorse made the judge
adj. not wanting to be around conform to accepted soci	or spend time with other people; unwilling or unable to al norms or standards
70. The dog kept ba	rking at the door, wanting to go outside.
adj. characterized by a state of up or disturbed in a physic	of anxiety, nervous excitement, or restlessness; stirred cal or emotional way

Vocab-Builder Ref from "Robert Sapolsky: The biology of our best and worst selves | TED Talk" (70 words)

ANSWERS: 69. antisocial, 70. agitated