

Englist.me



Vocabulary Builder Reference from...

Matilda Ho: The future of good food in China | TED Talk

https://www.ted.com/talks/matilda_ho_the_future_of_good_food_in_china

All Words

IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

Session 1: Word List

patience

n. the ability to remain calm and composed in the face of adversity, delay, or frustration; the capacity to tolerate or endure difficult or unpleasant situations without becoming upset or angry

synonym : forbearance, endurance, tolerance

(1) test my **patience**, (2) show **patience**

Healing a broken heart requires **patience**, as it takes time to heal.

magic

n. beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers

synonym : fascination, illusion, wizardry

(1) a **magic** spell, (2) she is **magic**

He performed **magic** tricks with sophisticated moves.

obsess

v. to fill the mind of someone continually so that one can't think of anything else

synonym : torment, beset, engross

(1) **obsess** over her weight, (2) he is **obsessed** with the fear

He's utterly **obsessed** with his promotion.

dive

v. to jump into the water with your head and arms going in first, or to move down to a deeper level underwater

synonym : dip, leap, plunge

(1) **dive** into anime communities, (2) **dive** off a cliff

The sperm whale can **dive** to 1,000 meters.

magician

n. a person who performs magic tricks or illusions to entertain an audience; typically involves sleight of hand or deception to create seemingly impossible or supernatural effects

synonym : illusionist, conjurer, wizard

(1) **magician's** hat, (2) street **magician**

The children were delighted with the **magician's** clever tricks.

magical

adj. produced by or containing supernatural powers

synonym : enchanting, occult, supernatural

(1) **magical** place, (2) **magical** powers

When I was a child, my mother often cast **magical** spells to ease my pain whenever I was injured.

patient

n. a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic

synonym : client, recipient, subject

(1) **patient** in the hospital, (2) **patient** with weight loss

The doctor carefully examined the **patient's** medical history.

tuxedo

n. (also "tux") a formal suit of clothing for men, typically consisting of a black jacket with satin lapels and trousers with a stripe down the side, worn with a bow tie

synonym : black tie, dinner jacket, formalwear

(1) black **tuxedo**, (2) **tuxedo** jacket

The waiter wore a freshly pressed **tuxedo** to serve at the upscale restaurant.

outperform

v. to be or do something compared to others of a similar type

synonym: beat, exceed, surpass

(1) **outperform** other countries, (2) **outperform** the human brain

They consistently **outperformed** other teams in the league.

hack

v. to hit and cut somebody or something roughly and violently; to find a bug in a computer program and break into their systems or networks

synonym: cut, chop, crack

(1) **hack** through the jungle, (2) **hack** into the program

This blog offers a variety of tips for **hacking** everyday life.

circumvent

v. to go around, avoid, or bypass something, often to achieve an intended goal or objective; to outmaneuver or outsmart a person or obstacle

synonym: evade, bypass, outsmart

(1) **circumvent** rules, (2) **circumvent** authority

I took a back road to work on time to **circumvent** the traffic jam.

boundary

n. a real or imaginary line that marks the limit or extent of something and separates it from other things or places

synonym: border, frontier, limitation

(1) geographical **boundary**, (2) the **boundary** between reality and fantasy

He wandered the **boundary** between life and death by gunfire.

impatience

n. a feeling of restlessness or irritation caused by a desire for something to happen or be done more quickly; lack of patience

synonym: impatience, restlessness, agitation

(1) **impatience** with delays, (2) business **impatience**

The doctor advised him to manage his **impatience** as stress could exacerbate his medical condition.

- dire** *adj.* extremely serious or urgent; critical, grave, or disastrous
synonym : serious, critical, desperate
(1) suffer **dire** poverty, (2) **dire** situation
The **dire** economic straits called for immediate action.
- consequence** *n.* the outcome of a particular action or event, especially relative to an individual
synonym : result, impact, outcome
(1) unintended **consequences**, (2) the **consequence** of an argument
These economic activities had disastrous environmental **consequences**.
- agriculture** *n.* the practice or science of cultivating the land or raising stock
synonym : farming, husbandry, agribusiness
(1) organic **agriculture**, (2) intensive **agriculture**
Agriculture is the foundation of our economy.
- spoil** *v.* to ruin the taste, appearance, or quality of something; to become or cause something to become rotten or bad
synonym : rot, decay, deteriorate
(1) **spoil** a person's sport, (2) **spoil** the surprise
If you leave the milk out of the refrigerator for too long, it will **spoil**.
- overused** *adj.* used too often or too much, to the point of becoming clichéd; lacking originality
synonym : overworked, overutilized, exhausted
(1) **overused** common, (2) **overused** cliché
The concept of time travel has become **overused** in science fiction and fantasy, with many movies and books exploring the idea.
- chemical** *adj.* relating to or connected with chemistry;
synonym : chemic, synthetic

(1) toxic **chemicals**, (2) a **chemical** compound
The firm has grown into a large **chemical** manufacturing.

pesticide

n. a substance used for preventing, destroying, repelling, or mitigating any pest

synonym: insecticide, herbicide, fungicide

(1) **pesticide** application, (2) **pesticide** residue

The farmer sprayed **pesticide** on his crops to protect them from insects.

government

n. the group of people with authority to control a country or state

synonym: administration, regime, state

(1) **government** bureaucracy, (2) **government** funding

The federal **government** is planning to increase taxes for the next fiscal year.

rev

n. a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute

synonym: revolution, RPM, speed

(1) low- **rev** engine, (2) **rev** up the crowd

He stepped on the gas pedal, and the engine released a loud **rev**.

violation

n. an action that breaches a law, rule, or agreement; an infringement of rights or duties

synonym: breach, transgression, infraction

(1) **violation** law, (2) commit a traffic **violation**

The international community has widely condemned the **violation** of human rights.

alarming

adj. causing concern or apprehension; causing a feeling of danger, harm, or emergency; unsettling or disturbing

synonym: forbidding, concerning, disturbing

(1) **alarming** news, (2) **alarming** statistics

The sudden rise in crime rates in our neighborhood is quite **alarming**.

diabetes

n. a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood

(1) juvenile **diabetes**, (2) **diabetes** patient

My father was tested for **diabetes**.

scary

adj. causing fear or fright; frightening; intimidating

synonym: terrifying, frightening, alarming

(1) **scary** dream, (2) **scary** story

The horror movie was so **scary** that I couldn't watch it alone.

overwhelming

adj. very great or intense; so powerful that you cannot fight or react against it

synonym: overpowering, astounding, amazing

(1) **overwhelming** majority, (2) an **overwhelming** victory

He has shown signs of uneasiness and **overwhelming** worry.

sustainable

adj. able to continue or be continued for a long time

synonym: continuable, endurable, tolerable

(1) **sustainable** alternative fuel, (2) principles of **sustainable** development

The government should do more to support environmentally **sustainable** agriculture.

launch

v. to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time

synonym: start, initiate, begin

(1) **launch** a spaceship into orbit, (2) **launch** a big attack

The company is set to **launch** its new product line next month.

dismal

adj. depressing or dreary; causing or showing unhappiness or despair

synonym: gloomy, depressing, dreary

(1) **dismal** failure, (2) **dismal** performance

The weather was so **dismal** that we decided to stay indoors all day.

lab

n. a workplace for the conduct of scientific research; a laboratory

synonym: workshop, laboratory, research chamber

(1) **lab** instrument, (2) medical **lab**

The Prime Minister will pay a courtesy visit to the Nobel laureate's **lab**.

tolerance

n. the willingness to accept or tolerate something, especially something that is different or unpleasant

synonym: acceptance, patience, forbearance

(1) religious **tolerance**, (2) **tolerance** for risk

The school's diversity program aimed to promote **tolerance** and understanding among the students.

antibiotic

n. a substance or drug that kills or slows down the growth of bacteria

synonym: antimicrobial, chemotherapeutic, germicide

(1) **antibiotic** resistance, (2) **antibiotic** allergy

He has been prescribed an **antibiotic** to treat his infection.

hormone

n. a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood

(1) **hormone** secretion, (2) female **hormone**

The doctor diagnosed me with a **hormone** disorder.

anxious

adj. worried and nervous

synonym: nervous, uneasy, afraid

(1) **anxious** about his health, (2) an **anxious** look

He cast **anxious** glances behind her.

employee

n. a person who is hired to work for a business or organization in exchange for wages or salary; a worker

synonym: worker, staff, personnel

(1) **employee** benefits, (2) **employee** evaluation

The **employee** handbook outlines the rules and regulations that all employees must follow.

backyard

n. a whole space behind and belonging to a house

synonym: courtyard, garden

(1) play in the **backyard**, (2) **backyard** barbecue

He grows vegetables in his **backyard**.

villager

n. a person who lives in a village or small rural community; a person who is part of a close-knit and traditional community

synonym: resident, inhabitant, countryperson

(1) **villager** community, (2) local **villager**

The rural **villagers** were saddened by the destruction of their homes in the natural disaster.

coordinate

v. to bring the different parts of the activity and the people into an organized, ordered, or efficient relationship; (adjective) of equal importance, rank, or degree

synonym: organize, harmonize, ordinate

(1) **coordinate** a special project, (2) a **coordinate** clause

We want to **coordinate** a schedule for the investigation.

cow

n. a domesticated mammal with characteristic features such as a hump, large udders, and curved horns that is raised for its milk or meat

synonym: bovine, cattle, kine

(1) **cow** herd, (2) dairy **cow**

The farmer milked the **cows** every morning before breakfast.

roam

v. to move about or travel aimlessly or without a fixed destination; to wander

synonym: wander, ramble, meander

(1) **roam** freely, (2) **roam** the countryside

I love to **roam** around the city and discover new neighborhoods.

biodegrade

v. to decay naturally by microorganisms, such as bacteria and fungi

(1) **biodegrade** by the microorganism, (2) bioplastic designed to **biodegrade**

The company's plastic products are easily **biodegraded** thanks to a unique manufacturing process.

reuse

v. to use something again or more than once

synonym: reprocess, recycle, rehash

(1) **reuse** the materials, (2) **reuse** existing knowledge

The supermarket encourages shoppers to **reuse** plastic bags.

minimize

v. to make something, especially something bad, small or less serious

synonym: diminish, mitigate, belittle

(1) **minimize** a loss, (2) way to **minimize** conflict

I bought a gadget before my trip to help **minimize** stress during the flight.

environment

n. the natural world such as air, water, and land in which humans, animals, and plants live

synonym: atmosphere, surroundings, climate

(1) **environment** affairs, (2) chaotic **environment**

Every human is responsible for taking care of the Earth's **environment**.

footprint

n. a mark of a foot, shoe, or animal's foot left on a surface

synonym: footmark, imprint, impression

(1) **footprints** in the snow, (2) the **footprints** of an earlier civilization

We choose transportation that has a smaller carbon **footprint**.

doubt

n. a feeling of being uncertain about something, especially about how good or accurate it is

synonym: distrust, suspect, mistrust

(1) dispel **doubts**, (2) no **doubt** about the news

Doubt is the start, not the end, of intelligence.

technological

adj. based on scientific and industrial progress

synonym: specialized, technical

(1) **technological** advancement, (2) **technological** policy

Technological advances have disrupted many industries.

accelerate

v. to make something faster or earlier; to cause to develop or progress more quickly

synonym: speed up, quicken, rev

(1) **accelerate** a chemical reaction, (2) **accelerate** the car

The government tried to **accelerate** the commercialization of this development.

platform

n. the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed

synonym: stage, podium, forum

(1) an arrival **platform**, (2) a digital **platform** for enterprise

The speaker mounted the **platform** and started to speak.

start-up

n. a newly established company or business

(1) **start-up** business, (2) early-stage **start-up**

Our company's services are targeted at **start-up** executives.

edible

adj. fit or safe to be eaten; able to be consumed as food

synonym: esculent, comestible, digestible

(1) non- **edible** ingredients, (2) **edible** vegetables
I made sure to pick only **edible** mushrooms for our dinner.

insect

n. any small creature that has six legs and a body divided into three sections

(1) **insect** antenna, (2) **insect** biology

These **insects** are more prevalent above a certain latitude.

protein

n. a molecule made up of a long chain of amino acids, which is essential for the structure and function of the body's tissues

(1) stress **protein**, (2) **protein** synthesis

The body needs a certain amount of **protein** to build and repair tissues.

essential

adj. indispensable; fundamental

synonym: critical, crucial, basic

(1) **essential** amino acid, (2) **essential** commodities of life

Trial and error is an **essential** part of education.

movement

n. a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

synonym: motion, progression, action

(1) a circular **movement**, (2) **movement** of troops

The **movement** of the dancers on stage was graceful and elegant.

inherit

v. to receive money, property, or a title from someone after they have died

synonym: obtain, gain, acquire

(1) **inherit** estate, (2) **inherit** ancestral property

After his death, his sons **inherited** his business.

ancestor

n. a person from whom one is descended; a forefather

synonym: forebear, forefather, progenitor

(1) **ancestor** language, (2) earliest human **ancestor**
My remote **ancestor** immigrated to the United States from
Ireland in the 1800s.

Session 2: Spelling

- | | |
|---------------------------------|---|
| 1. commit a traffic vi_____on | <i>n.</i> an action that breaches a law, rule, or agreement; an infringement of rights or duties |
| 2. fo_____nts in the snow | <i>n.</i> a mark of a foot, shoe, or animal's foot left on a surface |
| 3. organic agr_____re | <i>n.</i> the practice or science of cultivating the land or raising stock |
| 4. sc__y dream | <i>adj.</i> causing fear or fright; frightening; intimidating |
| 5. r__m the countryside | <i>v.</i> to move about or travel aimlessly or without a fixed destination; to wander |
| 6. em_____ee benefits | <i>n.</i> a person who is hired to work for a business or organization in exchange for wages or salary; a worker |
| 7. mi_____ze a loss | <i>v.</i> to make something, especially something bad, small or less serious |
| 8. he is ob___sed with the fear | <i>v.</i> to fill the mind of someone continually so that one can't think of anything else |
| 9. cir_____nt rules | <i>v.</i> to go around, avoid, or bypass something, often to achieve an intended goal or objective; to outmaneuver or outsmart a person or obstacle |
| 10. ma_____l powers | <i>adj.</i> produced by or containing supernatural powers |
| 11. gov_____nt funding | <i>n.</i> the group of people with authority to control a country or state |

ANSWERS: 1. violation, 2. footprint, 3. agriculture, 4. scary, 5. roam, 6. employee, 7. minimize, 8. obsess, 9. circumvent, 10. magical, 11. government

12. a circular mo____nt *n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
13. in____t estate *v.* to receive money, property, or a title from someone after they have died
14. ob____s over her weight *v.* to fill the mind of someone continually so that one can't think of anything else
15. local vi____er *n.* a person who lives in a village or small rural community; a person who is part of a close-knit and traditional community
16. r__m freely *v.* to move about or travel aimlessly or without a fixed destination; to wander
17. chaotic env____nt *n.* the natural world such as air, water, and land in which humans, animals, and plants live
18. tu____o jacket *n.* (also "tux") a formal suit of clothing for men, typically consisting of a black jacket with satin lapels and trousers with a stripe down the side, worn with a bow tie
19. a ch____al compound *adj.* relating to or connected with chemistry;
20. a digital pl____rm for enterprise *n.* the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed
21. sp__l a person's sport *v.* to ruin the taste, appearance, or quality of something; to become or cause something to become rotten or bad

ANSWERS: 12. movement, 13. inherit, 14. obsess, 15. villager, 16. roam, 17. environment, 18. tuxedo, 19. chemical, 20. platform, 21. spoil

22. earliest human an____or *n.* a person from whom one is descended; a forefather
23. religious to____ce *n.* the willingness to accept or tolerate something, especially something that is different or unpleasant
24. ov____ed common *adj.* used too often or too much, to the point of becoming cliched; lacking originality
25. h__k through the jungle *v.* to hit and cut somebody or something roughly and violently; to find a bug in a computer program and break into their systems or networks
26. acc____te the car *v.* to make something faster or earlier; to cause to develop or progress more quickly
27. an____or language *n.* a person from whom one is descended; a forefather
28. a ma__c spell *n.* beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
29. gov____nt bureaucracy *n.* the group of people with authority to control a country or state
30. to____ce for risk *n.* the willingness to accept or tolerate something, especially something that is different or unpleasant
31. early-stage st____up *n.* a newly established company or business
32. black tu____o *n.* (also "tux") a formal suit of clothing for men, typically consisting of a black jacket with satin lapels and trousers with a stripe down the side, worn with a bow tie

ANSWERS: 22. ancestor, 23. tolerance, 24. overused, 25. hack, 26. accelerate, 27. ancestor, 28. magic, 29. government, 30. tolerance, 31. start-up, 32. tuxedo

33. di___l performance *adj.* depressing or dreary; causing or showing unhappiness or despair
34. low-r_v engine *n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
35. ho_____e secretion *n.* a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood
36. bioplastic designed to bio_____de *v.* to decay naturally by microorganisms, such as bacteria and fungi
37. re__e existing knowledge *v.* to use something again or more than once
38. imp_____ce with delays *n.* a feeling of restlessness or irritation caused by a desire for something to happen or be done more quickly; lack of patience
39. way to mi_____ze conflict *v.* to make something, especially something bad, small or less serious
40. business imp_____ce *n.* a feeling of restlessness or irritation caused by a desire for something to happen or be done more quickly; lack of patience
41. tec_____cal advancement *adj.* based on scientific and industrial progress
42. ma_____an's hat *n.* a person who performs magic tricks or illusions to entertain an audience; typically involves sleight of hand or deception to create seemingly impossible or supernatural effects

ANSWERS: 33. dismal, 34. rev, 35. hormone, 36. biodegrade, 37. reuse, 38. impatience, 39. minimize, 40. impatience, 41. technological, 42. magician

43. she is ma__c *n.* beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
44. ant_____ic allergy *n.* a substance or drug that kills or slows down the growth of bacteria
45. intensive agr_____re *n.* the practice or science of cultivating the land or raising stock
46. cir_____nt authority *v.* to go around, avoid, or bypass something, often to achieve an intended goal or objective; to outmaneuver or outsmart a person or obstacle
47. pr_____n synthesis *n.* a molecule made up of a long chain of amino acids, which is essential for the structure and function of the body's tissues
48. out_____rm other countries *v.* to be or do something compared to others of a similar type
49. d__e off a cliff *v.* to jump into the water with your head and arms going in first, or to move down to a deeper level underwater
50. pe_____de application *n.* a substance used for preventing, destroying, repelling, or mitigating any pest
51. c_w herd *n.* a domesticated mammal with characteristic features such as a hump, large udders, and curved horns that is raised for its milk or meat
52. an an_____s look *adj.* worried and nervous

ANSWERS: 43. magic, 44. antibiotic, 45. agriculture, 46. circumvent, 47. protein, 48. outperform, 49. dive, 50. pesticide, 51. cow, 52. anxious

53. re__e the materials *v.* to use something again or more than once
54. al_____ng news *adj.* causing concern or apprehension; causing a feeling of danger, harm, or emergency; unsettling or disturbing
55. an_____s about his health *adj.* worried and nervous
56. an ove_____ing victory *adj.* very great or intense; so powerful that you cannot fight or react against it
57. play in the ba_____rd *n.* a whole space behind and belonging to a house
58. street ma_____an *n.* a person who performs magic tricks or illusions to entertain an audience; typically involves sleight of hand or deception to create seemingly impossible or supernatural effects
59. in___t biology *n.* any small creature that has six legs and a body divided into three sections
60. sus_____le alternative fuel *adj.* able to continue or be continued for a long time
61. the con_____ce of an argument *n.* the outcome of a particular action or event, especially relative to an individual
62. unintended con_____ces *n.* the outcome of a particular action or event, especially relative to an individual
63. es_____al amino acid *adj.* indispensable; fundamental
64. tec_____cal policy *adj.* based on scientific and industrial progress

ANSWERS: 53. reuse, 54. alarming, 55. anxious, 56. overwhelming, 57. backyard, 58. magician, 59. insect, 60. sustainable, 61. consequence, 62. consequence, 63. essential, 64. technological

65. principles of sus_____le
development *adj.* able to continue or be continued for a long time
66. es_____al commodities of life *adj.* indispensable; fundamental
67. la___h a spaceship into orbit *v.* to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time
68. show pa_____ce *n.* the ability to remain calm and composed in the face of adversity, delay, or frustration; the capacity to tolerate or endure difficult or unpleasant situations without becoming upset or angry
69. a coo_____te clause *v.* to bring the different parts of the activity and the people into an organized, ordered, or efficient relationship; (adjective) of equal importance, rank, or degree
70. female ho_____e *n.* a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood
71. l_b instrument *n.* a workplace for the conduct of scientific research; a laboratory
72. an arrival pl_____rm *n.* the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed

ANSWERS: 65. sustainable, 66. essential, 67. launch, 68. patience, 69. coordinate, 70. hormone, 71. lab, 72. platform

73. pe_____de residue *n.* a substance used for preventing, destroying, repelling, or mitigating any pest
74. vi_____er community *n.* a person who lives in a village or small rural community; a person who is part of a close-knit and traditional community
75. non-ed____e ingredients *adj.* fit or safe to be eaten; able to be consumed as food
76. the fo_____nts of an earlier civilization *n.* a mark of a foot, shoe, or animal's foot left on a surface
77. sp__l the surprise *v.* to ruin the taste, appearance, or quality of something; to become or cause something to become rotten or bad
78. ove_____ing majority *adj.* very great or intense; so powerful that you cannot fight or react against it
79. vi_____on law *n.* an action that breaches a law, rule, or agreement; an infringement of rights or duties
80. test my pa_____ce *n.* the ability to remain calm and composed in the face of adversity, delay, or frustration; the capacity to tolerate or endure difficult or unpleasant situations without becoming upset or angry
81. pa_____t with weight loss *n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic

ANSWERS: 73. pesticide, 74. villager, 75. edible, 76. footprint, 77. spoil, 78. overwhelming, 79. violation, 80. patience, 81. patient

92. ant_____ic resistance *n.* a substance or drug that kills or slows down the growth of bacteria
93. al_____ng statistics *adj.* causing concern or apprehension; causing a feeling of danger, harm, or emergency; unsettling or disturbing
94. dispel do__ts *n.* a feeling of being uncertain about something, especially about how good or accurate it is
95. env_____nt affairs *n.* the natural world such as air, water, and land in which humans, animals, and plants live
96. d__e into anime communities *v.* to jump into the water with your head and arms going in first, or to move down to a deeper level underwater
97. ba_____rd barbecue *n.* a whole space behind and belonging to a house
98. em_____ee evaluation *n.* a person who is hired to work for a business or organization in exchange for wages or salary; a worker
99. out_____rm the human brain *v.* to be or do something compared to others of a similar type
100. the bo_____ry between reality and fantasy *n.* a real or imaginary line that marks the limit or extent of something and separates it from other things or places
101. no do__t about the news *n.* a feeling of being uncertain about something, especially about how good or accurate it is
102. stress pr_____n *n.* a molecule made up of a long chain of amino acids, which is essential for the structure and function of the body's tissues

ANSWERS: 92. antibiotic, 93. alarming, 94. doubt, 95. environment, 96. dive, 97. backyard, 98. employee, 99. outperform, 100. boundary, 101. doubt, 102. protein

103. pa____t in the hospital *n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
104. bio____de by the microorganism *v.* to decay naturally by microorganisms, such as bacteria and fungi
105. coo____te a special project *v.* to bring the different parts of the activity and the people into an organized, ordered, or efficient relationship; (adjective) of equal importance, rank, or degree
106. di____l failure *adj.* depressing or dreary; causing or showing unhappiness or despair
107. r_v up the crowd *n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
108. sc__y story *adj.* causing fear or fright; frightening; intimidating
109. toxic ch____als *adj.* relating to or connected with chemistry;
110. d__e situation *adj.* extremely serious or urgent; critical, grave, or disastrous
111. mo____nt of troops *n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

ANSWERS: 103. patient, 104. biodegrade, 105. coordinate, 106. dismal, 107. rev, 108. scary, 109. chemical, 110. dire, 111. movement

112. ed___e vegetables *adj.* fit or safe to be eaten; able to be consumed as food
113. ov____ed cliché *adj.* used too often or too much, to the point of becoming cliched; lacking originality
114. suffer d__e poverty *adj.* extremely serious or urgent; critical, grave, or disastrous
115. di____es patient *n.* a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood
116. in____t ancestral property *v.* to receive money, property, or a title from someone after they have died

ANSWERS: 112. edible, 113. overused, 114. dire, 115. diabetes, 116. inherit

Session 3: Fill in the Blanks

1. I made sure to pick only _____ mushrooms for our dinner.
adj. fit or safe to be eaten; able to be consumed as food
2. The _____ of the dancers on stage was graceful and elegant.
n. a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
3. Healing a broken heart requires _____ as it takes time to heal.
n. the ability to remain calm and composed in the face of adversity, delay, or frustration; the capacity to tolerate or endure difficult or unpleasant situations without becoming upset or angry
4. He's utterly _____ with his promotion.
v. to fill the mind of someone continually so that one can't think of anything else
5. The weather was so _____ that we decided to stay indoors all day.
adj. depressing or dreary; causing or showing unhappiness or despair
6. My father was tested for _____.
n. a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood
7. Our company's services are targeted at _____ executives.
n. a newly established company or business
8. The international community has widely condemned the _____ of human rights.
n. an action that breaches a law, rule, or agreement; an infringement of rights or duties

ANSWERS: 1. edible, 2. movement, 3. patience, 4. obsessed, 5. dismal, 6. diabetes, 7. start-up, 8. violation

9. He performed _____ tricks with sophisticated moves.
n. beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
10. He wandered the _____ between life and death by gunfire.
n. a real or imaginary line that marks the limit or extent of something and separates it from other things or places
11. We choose transportation that has a smaller carbon _____.
n. a mark of a foot, shoe, or animal's foot left on a surface
12. The sperm whale can _____ to 1,000 meters.
v. to jump into the water with your head and arms going in first, or to move down to a deeper level underwater
13. The _____ economic straits called for immediate action.
adj. extremely serious or urgent; critical, grave, or disastrous
14. I took a back road to work on time to _____ the traffic jam.
v. to go around, avoid, or bypass something, often to achieve an intended goal or objective; to outmaneuver or outsmart a person or obstacle
15. After his death, his sons _____ his business.
v. to receive money, property, or a title from someone after they have died
16. The concept of time travel has become _____ in science fiction and fantasy, with many movies and books exploring the idea.
adj. used too often or too much, to the point of becoming cliched; lacking originality

ANSWERS: 9. magic, 10. boundary, 11. footprint, 12. dive, 13. dire, 14. circumvent, 15. inherited, 16. overused

17. He grows vegetables in his _____.
- n.* a whole space behind and belonging to a house
18. He stepped on the gas pedal, and the engine released a loud ____.
- n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
19. The farmer sprayed _____ on his crops to protect them from insects.
- n.* a substance used for preventing, destroying, repelling, or mitigating any pest
20. They consistently _____ other teams in the league.
- v.* to be or do something compared to others of a similar type
21. These economic activities had disastrous environmental _____.
- n.* the outcome of a particular action or event, especially relative to an individual
22. He has shown signs of uneasiness and _____ worry.
- adj.* very great or intense; so powerful that you cannot fight or react against it
23. _____ advances have disrupted many industries.
- adj.* based on scientific and industrial progress
24. _____ is the start, not the end, of intelligence.
- n.* a feeling of being uncertain about something, especially about how good or accurate it is
25. The sudden rise in crime rates in our neighborhood is quite _____.
- adj.* causing concern or apprehension; causing a feeling of danger, harm, or emergency; unsettling or disturbing

ANSWERS: 17. backyard, 18. rev, 19. pesticide, 20. outperformed, 21. consequences, 22. overwhelming, 23. Technological, 24. Doubt, 25. alarming

26. The horror movie was so _____ that I couldn't watch it alone.
adj. causing fear or fright; frightening; intimidating
27. The farmer milked the _____ every morning before breakfast.
n. a domesticated mammal with characteristic features such as a hump, large udders, and curved horns that is raised for its milk or meat
28. The company's plastic products are easily _____ thanks to a unique manufacturing process.
v. to decay naturally by microorganisms, such as bacteria and fungi
29. The doctor diagnosed me with a _____ disorder.
n. a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood
30. The school's diversity program aimed to promote _____ and understanding among the students.
n. the willingness to accept or tolerate something, especially something that is different or unpleasant
31. The company is set to _____ its new product line next month.
v. to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time
32. The supermarket encourages shoppers to _____ plastic bags.
v. to use something again or more than once
33. He has been prescribed an _____ to treat his infection.
n. a substance or drug that kills or slows down the growth of bacteria

ANSWERS: 26. scary, 27. cows, 28. biodegraded, 29. hormone, 30. tolerance, 31. launch, 32. reuse, 33. antibiotic

34. We want to _____ a schedule for the investigation.
- v.* to bring the different parts of the activity and the people into an organized, ordered, or efficient relationship; (adjective) of equal importance, rank, or degree
35. Every human is responsible for taking care of the Earth's _____.
- n.* the natural world such as air, water, and land in which humans, animals, and plants live
36. The government should do more to support environmentally _____ agriculture.
- adj.* able to continue or be continued for a long time
37. The firm has grown into a large _____ manufacturing.
- adj.* relating to or connected with chemistry;
38. The waiter wore a freshly pressed _____ to serve at the upscale restaurant.
- n.* (also "tux") a formal suit of clothing for men, typically consisting of a black jacket with satin lapels and trousers with a stripe down the side, worn with a bow tie
39. _____ is the foundation of our economy.
- n.* the practice or science of cultivating the land or raising stock
40. He cast _____ glances behind her.
- adj.* worried and nervous
41. When I was a child, my mother often cast _____ spells to ease my pain whenever I was injured.
- adj.* produced by or containing supernatural powers

ANSWERS: 34. coordinate, 35. environment, 36. sustainable, 37. chemical, 38. tuxedo, 39. Agriculture, 40. anxious, 41. magical

42. The speaker mounted the _____ and started to speak.
- n.* the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed
43. The body needs a certain amount of _____ to build and repair tissues.
- n.* a molecule made up of a long chain of amino acids, which is essential for the structure and function of the body's tissues
44. The _____ handbook outlines the rules and regulations that all employees must follow.
- n.* a person who is hired to work for a business or organization in exchange for wages or salary; a worker
45. I love to _____ around the city and discover new neighborhoods.
- v.* to move about or travel aimlessly or without a fixed destination; to wander
46. If you leave the milk out of the refrigerator for too long, it will _____.
- v.* to ruin the taste, appearance, or quality of something; to become or cause something to become rotten or bad
47. The doctor carefully examined the _____ medical history.
- n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
48. The doctor advised him to manage his _____ as stress could exacerbate his medical condition.
- n.* a feeling of restlessness or irritation caused by a desire for something to happen or be done more quickly; lack of patience

ANSWERS: 42. platform, 43. protein, 44. employee, 45. roam, 46. spoil, 47. patient's, 48. impatience

49. My remote _____ immigrated to the United States from Ireland in the 1800s.
n. a person from whom one is descended; a forefather
50. These _____ are more prevalent above a certain latitude.
n. any small creature that has six legs and a body divided into three sections
51. The rural _____ were saddened by the destruction of their homes in the natural disaster.
n. a person who lives in a village or small rural community; a person who is part of a close-knit and traditional community
52. I bought a gadget before my trip to help _____ stress during the flight.
v. to make something, especially something bad, small or less serious
53. The Prime Minister will pay a courtesy visit to the Nobel laureate's _____.
n. a workplace for the conduct of scientific research; a laboratory
54. Trial and error is an _____ part of education.
adj. indispensable; fundamental
55. The federal _____ is planning to increase taxes for the next fiscal year.
n. the group of people with authority to control a country or state
56. The government tried to _____ the commercialization of this development.
v. to make something faster or earlier; to cause to develop or progress more quickly
57. The children were delighted with the _____ clever tricks.
n. a person who performs magic tricks or illusions to entertain an audience; typically involves sleight of hand or deception to create seemingly impossible or supernatural effects

ANSWERS: 49. ancestor, 50. insects, 51. villagers, 52. minimize, 53. lab, 54. essential, 55. government, 56. accelerate, 57. magician's

58. This blog offers a variety of tips for _____ everyday life.

- v. to hit and cut somebody or something roughly and violently; to find a bug in a computer program and break into their systems or networks

ANSWERS: 58. hacking