

# Englist.me



## Vocabulary Builder Reference from...

*T. Morgan Dixon and Vanessa Garrison: The trauma of systematic racism is killing Black women. A first step toward change... | TED Talk*

[https://www.ted.com/talks/t\\_morgan\\_dixon\\_and\\_vanessa\\_garrison\\_the\\_trauma\\_of\\_systematic\\_racism\\_is\\_killing\\_black\\_women\\_a\\_first\\_step\\_toward\\_change](https://www.ted.com/talks/t_morgan_dixon_and_vanessa_garrison_the_trauma_of_systematic_racism_is_killing_black_women_a_first_step_toward_change)

### Advanced Words Only

#### IMPORTANT

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## Session 1: Word List

### **garrison**

*n.* a group of soldiers stationed to defend a town or fort  
*synonym* : fort, regiment, soldiers

(1) **garrison** troops, (2) reinforce a **garrison**

They formed a vast **garrison** to withstand an assault.

### **carol**

*n.* a song or hymn typically sung at Christmas, often with a joyful or celebratory theme

*synonym* : song, hymn, anthem

(1) Christmas **carol**, (2) sing a **carol**

I love the sound of **carols** playing in the background while we decorate the Christmas tree.

### **redeem**

*v.* to compensate for the faults or bad aspects of something; to regain possession or assume ownership of something by paying a sum of money or fulfilling a condition; to rescue or save someone from a difficult or hopeless situation

*synonym* : rescue, save, recover

(1) **redeem** a coupon, (2) **redeem** a government bond

He tried to **redeem** himself by volunteering at the local charity after his mistakes.

## ancestor

*n.* a person from whom one is descended; a forefather  
*synonym*: forebear, forefather, progenitor

(1) **ancestor** language, (2) earliest human **ancestor**

My remote **ancestor** immigrated to the United States from Ireland in the 1800s.

## blueprint

*n.* a photographic print of an early plan for a building or machine

*synonym*: draft, prototype, sketch

(1) **blueprint** for economic reform, (2) architect's **blueprint**

A business plan is a **blueprint** for your success.

## institutionalize

*v.* to establish or make something a part of an institution (= a place such as a university, hospital, etc.)

*synonym*: formalize, establish, regularize

(1) **institutionalize** a system, (2) **institutionalize** customary laws

The new policy aims to **institutionalize** the use of renewable energy sources.

## forebear

*n.* an ancestor or a precursor

*synonym*: ancestor, predecessor, forefather

(1) a **forebear** of one of the tribes, (2) **forebear** predecessor

His **forebear** was one of the first settlers in the area.

## sneak

*v.* to go somewhere, or take someone or something somewhere secretly or stealthily; to steal or do something secretly or stealthily

*synonym*: creep, tiptoe, smuggle

(1) **sneak** a cigarette, (2) **sneak** out of danger

The children tried to **sneak** out and eat the candy.

## pajama

*n.* a pair of loose pants with a matching top, worn for sleeping or lounging

*synonym*: nightgown, nightdress

(1) care **pajama**, (2) **pajama** pants

My little sister loves to have **pajama** parties with her friends on the weekends.

## opportune

*adj.* suitable or happening at a time that is suitable or convenient for a particular purpose

*synonym* : suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

## peach

*n.* juicy, sweet fruit with fuzzy, pinkish-yellow skin; a person or thing that is particularly pleasing or attractive

*synonym* : fruit, nectarine, apricot

(1) **peach** cobbler, (2) juicy **peaches**

The **peach** tree in my backyard produced a bountiful harvest this year.

## cobbler

*n.* a person who makes or repairs shoes; a type of dessert made with fruit and a crumbly topping

*synonym* : shoemaker, shoe repairperson

(1) **cobbler's** wax, (2) peach **cobbler**

The **cobbler's** shop was located on Main Street and was open seven days a week.

## grandchild

*n.* a child of someone's son or daughter

*synonym* : offspring, descendant, progeny

(1) **grandchild-grandparent** relationship, (2) **grandchild** development

The grandparents take care of their **grandchild** while the parents are at work.

## prioritize

*v.* to assign a higher level of importance to something compared to other things

*synonym* : rank, order, arrange

(1) **prioritize** tasks, (2) **prioritize** people over cars

The organization **prioritized** the needs of the community in its decision-making.

## alarming

*adj.* causing concern or apprehension; causing a feeling of danger, harm, or emergency; unsettling or disturbing

*synonym*: forbidding, concerning, disturbing

(1) **alarming** news, (2) **alarming** statistics

The sudden rise in crime rates in our neighborhood is quite **alarming**.

## obese

*adj.* excessively overweight, particularly to the point of being a serious health risk; having a body mass index (BMI) of 30 or more

*synonym*: overweight, corpulent, plump

(1) **obese** individuals, (2) **obese** children

The doctor warned him that his **obese** condition put him at risk for numerous health problems.

## jean

*n.* a sturdy cotton twill fabric, typically blue, used for jeans and other clothing

*synonym*: denim, cotton, pants

(1) a **jean** skirt, (2) **jean** denim

She wore her favorite pair of **jeans** to the party.

## congest

*v.* to make something blocked or crowded so as to hinder or prevent freedom of movement or flow of liquid

*synonym*: clog, choke, crowd

(1) **congest** in a vein, (2) **congest** a highway

The roads to the airport were heavily **congested**.

## divest

*v.* to strip or rid oneself of something; to deprive or dispossess someone of a possession, title, or right

*synonym*: divestiture, strip, rid

(1) **divest** assets, (2) **divest** from fossil fuels

The company decided to **divest** its holdings in the fossil fuel industry.

## predatory

*adj.* living by eating other animals, especially by catching prey that is still alive

*synonym*: raptorial, hunting, greedy

(1) a **predatory** bird, (2) **predatory** warfare  
The domesticated cat still has its **predatory** instincts.

## incarceration

*n.* the state of being confined in prison or jail  
*synonym*: confinement, imprisonment, detention

(1) mass **incarceration**, (2) **incarceration** rates  
The judge sentenced him to five years of **incarceration** for embezzlement.

## buckle

*v.* to bend out of shape, as under pressure or from heat;  
(noun) a device used for fastening two loose ends of a belt or strap

*synonym*: bend, crumple, contort

(1) **buckle** down to study, (2) **buckle** shoe  
The severe heat wave **buckled** railway tracks.

## lifeline

*n.* a line, rope, or cable used to support or rescue a person in danger or distress; vital or necessary support, connection, or source of help

*synonym*: savior, support, safety net

(1) **lifeline** support, (2) emotional **lifeline**  
My best friend has been my **lifeline** throughout all of my hardships.

## Norman

*adj.* relating to or characteristic of the Normans, a people who originally came from Normandy, France, and who had a significant impact on the history and culture of Britain and other European countries; the term can also refer to a style of architecture or art that developed during the Norman period

*synonym*: medieval, antique, archaic

(1) **norman** cathedral, (2) **norman** invasion  
The **Norman** architecture in the old city was a sight to behold.

## immobilize

*v.* to render someone or something unable to move or function normally; to restrain, inhibit, or stop

*synonym* : incapacitate, paralyze, disable

(1) **immobilize** the city, (2) **immobilize** our opponent

The paramedics had to **immobilize** the accident victim to prevent further injury during transport to the hospital.

## desegregation

*n.* the action or process of eliminating segregation, typically of races or ethnic groups, in educational, social, or other institutions

*synonym* : integration, assimilation

(1) **desegregation** plan, (2) legal **desegregation**

**Desegregation** of schools was a major social issue in the 1960s.

## sharecropper

*n.* a farmer who cultivates a piece of land owned by someone else, usually in exchange for a share of the crops produced

*synonym* : tenant farmer, cropper, farmer

(1) **sharecropper** system, (2) **sharecropper** labor

Many **sharecroppers** in the South were impoverished and trapped in a cycle of debt.

## regiment

*n.* a large military unit, usually consisting of several battalions and commanded by a colonel or higher-ranking officer; a strict or organized system or routine

*synonym* : unit, brigade, battalion

(1) logistics **regiment**, (2) marching **regiment**

The army **regiment** marched in perfect unison during the parade.

## brink

*n.* the point at which something is about to happen; the edge of a steep place

*synonym* : edge, verge, threshold

(1) **brink** of war, (2) on the **brink**

We were on the **brink** of a financial crisis.

## devastation

*n.* the act of causing great destruction or damage, often on a large scale

*synonym* : destruction, ruin, havoc

(1) financial **devastation**, (2) **devastation** to life

The economic recession caused **devastation** in the housing market, with many people losing their homes.

## Alzheimer

*n.* a neurodegenerative disease that causes memory loss, cognitive decline, and behavioral issues; is the most common cause of dementia in older adults

*synonym* : dementia, memory loss, cognitive decline

(1) **Alzheimer's** brain, (2) **Alzheimer's** risk factors

My grandmother has **Alzheimer's** disease requires special care and attention from her caregivers.

## dementia

*n.* a severe decline in cognitive function, especially memory, as a result of disease or injury

*synonym* : cognitive decline, memory loss, Alzheimer's disease

(1) **dementia** patients, (2) probably have **dementia**

The study found that regular exercise can help to prevent the onset of **dementia** in older age.

## huddle

*v.* to crowd or press closely together; cuddle

*synonym* : cluster, crowd, group

(1) **huddle** in a temporary shelter, (2) **huddle** around the open fire

The children **huddled** together for warmth in the cold winter storm.

## grapevine

*n.* a climbing plant on which grapes grow; the informal transmission of information, gossip, or rumors from person to person

*synonym* : rumor, gossip, hearsay

(1) **grapevine** trellis, (2) office **grapevine**

I heard through the **grapevine** that they are planning to sell the company.

## empower

v. to give someone the power or authority to do something  
*synonym*: authorize, endow, entitle

(1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

## obsess

v. to fill the mind of someone continually so that one can't think of anything else

*synonym*: torment, beset, engross

(1) **obsess** over her weight, (2) he is **obsessed** with the fear

He's utterly **obsessed** with his promotion.

## drip

v. to fall in drops or make it fall in drops; (noun) liquid or moisture that falls in drops

*synonym*: drop, drizzle, trickle

(1) **drip** liquid, (2) **drip** from the vicious wound

Water is **dripping** from the faucet.

## complicit

adj. involved in or responsible for a wrongful or unethical act, often through inaction or silence; in cooperation with another person or group

*synonym*: compliant, involved, accessory

(1) **complicit** behavior, (2) **complicit** in cover-up

The accomplice was **complicit** in the crime committed by her partner.

## takeover

n. an act of taking control of something, especially the buying out of one company by another; an act of taking control of a country or an area by force

*synonym*: seizure, confiscation, expropriation

(1) a **takeover** of a company, (2) consolidation **takeover**

The **takeover** deal was worth a few tens of billions of dollars.

## underreport

v. to give an insufficient or incomplete account of something, often intentionally or due to negligence; to



deliberately or accidentally provide less information than what is accurate or required

*synonym* : understate, downplay, minimize

(1) **underreport** the number of employees, (2) **underreport** expenses

Some companies **underreport** their profits to avoid paying higher taxes.

## upstate

*adj.* relating to or located in the region that is located in the northern part of a state or country, particularly in the United States

*synonym* : northern

(1) **upstate** Connecticut, (2) **upstate** region

He grew up in a small town in **upstate** New York.

## mountainside

*n.* the side or slope of a mountain often used to describe the location or position of a particular object or activity

*synonym* : slope, hillside, incline

(1) climb a **mountainside**, (2) enjoy the view from the **mountainside**

The hiker slipped and fell down the **mountainside**, injuring herself.

## whisper

*v.* to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you

*synonym* : murmur, rumor, mutter

(1) answer in a **whisper**, (2) the **whisper** of the leaves

He took me aside and **whispered** in my ear.

## polluted

*adj.* contaminated with harmful or poisonous substances

*synonym* : contaminated, poisoned, unclean

(1) **polluted** air, (2) cadmium- **polluted** area

The river was **polluted** with chemicals, causing harm to the wildlife.

- flint** *n.* a hard, gray stone that can produce sparks when struck with steel used historically to start fires; a type of microcrystalline quartz used for making tools, weapons, and jewelry  
*synonym*: hardstone, tinder, firestone  
(1) **flint** tools, (2) the **flint** on my lighter  
The archeologist found a **flint** arrowhead on the dig site.
- earshot** *n.* the distance within which a sound can be heard; the range or distance over which one can hear a sound  
*synonym*: hearing range, audible distance, earreach  
(1) beyond **earshot**, (2) out of **earshot**  
I could hear the music from the concert within **earshot** of my home.
- bland** *adj.* lacking in strong flavor, character, or interest; unremarkable or unexciting  
*synonym*: boring, insipid, flavorless  
(1) make a **bland** reply, (2) **bland** novel  
The dinner was rather **bland** and in need of some seasoning.
- courageous** *adj.* able to face and deal with danger or fear without flinching  
*synonym*: brave, valiant, fearless  
(1) make a **courageous** decision, (2) **courageous** rescue attempt  
He was a **courageous** soldier who had served his country with honor.
- overwhelm** *v.* to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody  
*synonym*: conquer, crush, dominate  
(1) he was **overwhelmed** with gratitude, (2) **overwhelm** opponents by numbers  
Too much variety may **overwhelm** and confuse viewers.

## laureate

*n.* a person who has been awarded an honor or a prize for achievement in a particular field, especially in literature or academia; a poet who is honored for achieving the highest level of excellence in a competition or for producing a lifetime body of work

(1) Oscar **laureate**, (2) poet **laureate**

The Nobel **laureate** delivered an inspiring speech to the graduating class.

## gutsy

*adj.* displaying courage, determination, or boldness; characterized by a willingness to take risks or face challenges

*synonym*: courageous, brave, daring

(1) **gutsy** move, (2) **gutsy** performance

It was **gutsy** to quit her job and start her own business.

## reclaim

*v.* to take back something previously lost, given, or paid, or ask to have it back

*synonym*: recoup, regain, retake

(1) **reclaim** a competitive position, (2) **reclaim** land from the sea

You may be entitled to **reclaim** some tax.

## Session 2: Spelling

1. cou\_\_\_\_\_us rescue attempt *adj.* able to face and deal with danger or fear without flinching
2. sn\_\_k a cigarette *v.* to go somewhere, or take someone or something somewhere secretly or stealthily; to steal or do something secretly or stealthily
3. de\_\_\_\_\_ia patients *n.* a severe decline in cognitive function, especially memory, as a result of disease or injury
4. em\_\_\_\_\_r the secretary to do the same *v.* to give someone the power or authority to do something
5. sha\_\_\_\_\_per system *n.* a farmer who cultivates a piece of land owned by someone else, usually in exchange for a share of the crops produced
6. re\_\_\_\_\_m land from the sea *v.* to take back something previously lost, given, or paid, or ask to have it back
7. d\_\_p liquid *v.* to fall in drops or make it fall in drops; (noun) liquid or moisture that falls in drops
8. care pa\_\_\_a *n.* a pair of loose pants with a matching top, worn for sleeping or lounging
9. pa\_\_\_a pants *n.* a pair of loose pants with a matching top, worn for sleeping or lounging
10. pe\_\_h cobbler *n.* juicy, sweet fruit with fuzzy, pinkish-yellow skin; a person or thing that is particularly pleasing or attractive

ANSWERS: 1. courageous, 2. sneak, 3. dementia, 4. empower, 5. sharecropper, 6. reclaim, 7. drip, 8. pajama, 9. pajama, 10. peach

11. inc\_\_\_\_\_ion rates *n.* the state of being confined in prison or jail
12. poet la\_\_\_\_\_te *n.* a person who has been awarded an honor or a prize for achievement in a particular field, especially in literature or academia; a poet who is honored for achieving the highest level of excellence in a competition or for producing a lifetime body of work
13. no\_\_\_\_n cathedral *adj.* relating to or characteristic of the Normans, a people who originally came from Normandy, France, and who had a significant impact on the history and culture of Britain and other European countries; the term can also refer to a style of architecture or art that developed during the Norman period
14. di\_\_\_\_t from fossil fuels *v.* to strip or rid oneself of something; to deprive or dispossess someone of a possession, title, or right
15. pr\_\_\_\_\_ry warfare *adj.* living by eating other animals, especially by catching prey that is still alive
16. a pr\_\_\_\_\_ry bird *adj.* living by eating other animals, especially by catching prey that is still alive
17. li\_\_\_\_\_ne support *n.* a line, rope, or cable used to support or rescue a person in danger or distress; vital or necessary support, connection, or source of help

ANSWERS: 11. incarceration, 12. laureate, 13. Norman, 14. divest, 15. predatory, 16. predatory, 17. lifeline

- |                                        |                                                                                                                                                                                                            |
|----------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 18. po____ed air                       | <i>adj.</i> contaminated with harmful or poisonous substances                                                                                                                                              |
| 19. reinforce a ga____on               | <i>n.</i> a group of soldiers stationed to defend a town or fort                                                                                                                                           |
| 20. al____ng statistics                | <i>adj.</i> causing concern or apprehension; causing a feeling of danger, harm, or emergency; unsettling or disturbing                                                                                     |
| 21. fo____ar predecessor               | <i>n.</i> an ancestor or a precursor                                                                                                                                                                       |
| 22. bu____e shoe                       | <i>v.</i> to bend out of shape, as under pressure or from heat; (noun) a device used for fastening two loose ends of a belt or strap                                                                       |
| 23. sha____per labor                   | <i>n.</i> a farmer who cultivates a piece of land owned by someone else, usually in exchange for a share of the crops produced                                                                             |
| 24. gra____ld-grandparent relationship | <i>n.</i> a child of someone's son or daughter                                                                                                                                                             |
| 25. bu____e down to study              | <i>v.</i> to bend out of shape, as under pressure or from heat; (noun) a device used for fastening two loose ends of a belt or strap                                                                       |
| 26. pri____ze people over cars         | <i>v.</i> to assign a higher level of importance to something compared to other things                                                                                                                     |
| 27. out of ea____t                     | <i>n.</i> the distance within which a sound can be heard; the range or distance over which one can hear a sound                                                                                            |
| 28. und____rt expenses                 | <i>v.</i> to give an insufficient or incomplete account of something, often intentionally or due to negligence; to deliberately or accidentally provide less information than what is accurate or required |

ANSWERS: 18. polluted, 19. garrison, 20. alarming, 21. forebear, 22. buckle, 23. sharecropper, 24. grandchild, 25. buckle, 26. prioritize, 27. earshot, 28. underreport

29. co\_\_\_\_t a highway *v.* to make something blocked or crowded so as to hinder or prevent freedom of movement or flow of liquid
30. peach co\_\_\_\_r *n.* a person who makes or repairs shoes; a type of dessert made with fruit and a crumbly topping
31. co\_\_\_\_\_it behavior *adj.* involved in or responsible for a wrongful or unethical act, often through inaction or silence; in cooperation with another person or group
32. re\_\_\_\_\_m a competitive position *v.* to take back something previously lost, given, or paid, or ask to have it back
33. br\_\_k of war *n.* the point at which something is about to happen; the edge of a steep place
34. mass inc\_\_\_\_\_ion *n.* the state of being confined in prison or jail
35. d\_\_p from the vicious wound *v.* to fall in drops or make it fall in drops; (noun) liquid or moisture that falls in drops
36. des\_\_\_\_\_ion plan *n.* the action or process of eliminating segregation, typically of races or ethnic groups, in educational, social, or other institutions
37. dev\_\_\_\_\_on to life *n.* the act of causing great destruction or damage, often on a large scale
38. j\_\_n denim *n.* a sturdy cotton twill fabric, typically blue, used for jeans and other clothing
39. ob\_\_\_s over her weight *v.* to fill the mind of someone continually so that one can't think of anything else

ANSWERS: 29. congest, 30. cobbler, 31. complicit, 32. reclaim, 33. brink, 34. incarceration, 35. drip, 36. desegregation, 37. devastation, 38. jean, 39. obsess

40. probably have de\_\_\_\_\_ia      *n.* a severe decline in cognitive function, especially memory, as a result of disease or injury
41. up\_\_\_\_\_e Connecticut      *adj.* relating to or located in the region that is located in the northern part of a state or country, particularly in the United States
42. a j\_\_n skirt      *n.* a sturdy cotton twill fabric, typically blue, used for jeans and other clothing
43. op\_\_\_\_\_ne occasion      *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
44. sing a ca\_\_l      *n.* a song or hymn typically sung at Christmas, often with a joyful or celebratory theme
45. co\_\_\_\_\_r's wax      *n.* a person who makes or repairs shoes; a type of dessert made with fruit and a crumbly topping
46. financial dev\_\_\_\_\_on      *n.* the act of causing great destruction or damage, often on a large scale
47. earliest human an\_\_\_\_\_or      *n.* a person from whom one is descended; a forefather
48. re\_\_\_m a government bond      *v.* to compensate for the faults or bad aspects of something; to regain possession or assume ownership of something by paying a sum of money or fulfilling a condition; to rescue or save someone from a difficult or hopeless situation
49. office gr\_\_\_\_\_ne      *n.* a climbing plant on which grapes grow; the informal transmission of information, gossip, or rumors from person to person

ANSWERS: 40. dementia, 41. upstate, 42. jean, 43. opportune, 44. carol, 45. cobbler, 46. devastation, 47. ancestor, 48. redeem, 49. grapevine



50. gu\_\_y move *adj.* displaying courage, determination, or boldness; characterized by a willingness to take risks or face challenges
51. em\_\_\_\_\_r my life *v.* to give someone the power or authority to do something
52. gr\_\_\_\_\_ne trellis *n.* a climbing plant on which grapes grow; the informal transmission of information, gossip, or rumors from person to person
53. marching re\_\_\_\_\_nt *n.* a large military unit, usually consisting of several battalions and commanded by a colonel or higher-ranking officer; a strict or organized system or routine
54. sn\_\_k out of danger *v.* to go somewhere, or take someone or something somewhere secretly or stealthily; to steal or do something secretly or stealthily
55. co\_\_\_\_\_t in a vein *v.* to make something blocked or crowded so as to hinder or prevent freedom of movement or flow of liquid
56. emotional li\_\_\_\_\_ne *n.* a line, rope, or cable used to support or rescue a person in danger or distress; vital or necessary support, connection, or source of help
57. gra\_\_\_\_\_ld development *n.* a child of someone's son or daughter
58. bl\_\_d novel *adj.* lacking in strong flavor, character, or interest; unremarkable or unexciting
59. ob\_\_e children *adj.* excessively overweight, particularly to the point of being a serious health risk; having a body mass index (BMI) of 30 or more

ANSWERS: 50. gutsy, 51. empower, 52. grapevine, 53. regiment, 54. sneak, 55. congest, 56. lifeline, 57. grandchild, 58. bland, 59. obese

60. ob\_\_e individuals *adj.* excessively overweight, particularly to the point of being a serious health risk; having a body mass index (BMI) of 30 or more
61. re\_\_\_m a coupon *v.* to compensate for the faults or bad aspects of something; to regain possession or assume ownership of something by paying a sum of money or fulfilling a condition; to rescue or save someone from a difficult or hopeless situation
62. ins\_\_\_\_\_ize customary laws *v.* to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
63. pri\_\_\_\_\_ze tasks *v.* to assign a higher level of importance to something compared to other things
64. fl\_\_t tools *n.* a hard, gray stone that can produce sparks when struck with steel used historically to start fires; a type of microcrystalline quartz used for making tools, weapons, and jewelry
65. he is ob\_\_\_sed with the fear *v.* to fill the mind of someone continually so that one can't think of anything else
66. gu\_\_y performance *adj.* displaying courage, determination, or boldness; characterized by a willingness to take risks or face challenges
67. Al\_\_\_\_\_er's risk factors *n.* a neurodegenerative disease that causes memory loss, cognitive decline, and behavioral issues; is the most common cause of dementia in older adults

ANSWERS: 60. obese, 61. redeem, 62. institutionalize, 63. prioritize, 64. flint, 65. obsess, 66. gutsy, 67. Alzheimer

68. a fo\_\_\_\_ar of one of the tribes *n.* an ancestor or a precursor
69. an op\_\_\_\_\_ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
70. make a cou\_\_\_\_\_us decision *adj.* able to face and deal with danger or fear without flinching
71. on the br\_\_k *n.* the point at which something is about to happen; the edge of a steep place
72. hu\_\_\_e around the open fire *v.* to crowd or press closely together; cuddle
73. an\_\_\_\_or language *n.* a person from whom one is descended; a forefather
74. imm\_\_\_\_\_ze the city *v.* to render someone or something unable to move or function normally; to restrain, inhibit, or stop
75. ins\_\_\_\_\_ize a system *v.* to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
76. no\_\_\_n invasion *adj.* relating to or characteristic of the Normans, a people who originally came from Normandy, France, and who had a significant impact on the history and culture of Britain and other European countries; the term can also refer to a style of architecture or art that developed during the Norman period
77. architect's bl\_\_\_\_\_nt *n.* a photographic print of an early plan for a building or machine
78. climb a mou\_\_\_\_\_ide *n.* the side or slope of a mountain often used to describe the location or position of a particular object or activity

ANSWERS: 68. forebear, 69. opportune, 70. courageous, 71. brink, 72. huddle, 73. ancestor, 74. immobilize, 75. institutionalize, 76. Norman, 77. blueprint, 78. mountainside

79. answer in a wh\_\_\_\_\_r      *v.* to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you
80. enjoy the view from the mou\_\_\_\_\_ide      *n.* the side or slope of a mountain often used to describe the location or position of a particular object or activity
81. imm\_\_\_\_\_ze our opponent      *v.* to render someone or something unable to move or function normally; to restrain, inhibit, or stop
82. the fl\_\_t on my lighter      *n.* a hard, gray stone that can produce sparks when struck with steel used historically to start fires; a type of microcrystalline quartz used for making tools, weapons, and jewelry
83. hu\_\_\_e in a temporary shelter      *v.* to crowd or press closely together; cuddle
84. Al\_\_\_\_\_er's brain      *n.* a neurodegenerative disease that causes memory loss, cognitive decline, and behavioral issues; is the most common cause of dementia in older adults
85. consolidation ta\_\_\_\_\_er      *n.* an act of taking control of something, especially the buying out of one company by another; an act of taking control of a country or an area by force
86. ov\_\_\_\_\_lm opponents by numbers      *v.* to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody
87. the wh\_\_\_\_\_r of the leaves      *v.* to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you

ANSWERS: 79. whisper, 80. mountainside, 81. immobilize, 82. flint, 83. huddle, 84. Alzheimer, 85. takeover, 86. overwhelm, 87. whisper

88. ga\_\_\_\_\_on troops *n.* a group of soldiers stationed to defend a town or fort
89. und\_\_\_\_\_rt the number of employees *v.* to give an insufficient or incomplete account of something, often intentionally or due to negligence; to deliberately or accidentally provide less information than what is accurate or required
90. make a bl\_\_d reply *adj.* lacking in strong flavor, character, or interest; unremarkable or unexciting
91. beyond ea\_\_\_\_\_t *n.* the distance within which a sound can be heard; the range or distance over which one can hear a sound
92. co\_\_\_\_\_it in cover-up *adj.* involved in or responsible for a wrongful or unethical act, often through inaction or silence; in cooperation with another person or group
93. Christmas ca\_\_l *n.* a song or hymn typically sung at Christmas, often with a joyful or celebratory theme
94. bl\_\_\_\_\_nt for economic reform *n.* a photographic print of an early plan for a building or machine
95. Oscar la\_\_\_\_\_te *n.* a person who has been awarded an honor or a prize for achievement in a particular field, especially in literature or academia; a poet who is honored for achieving the highest level of excellence in a competition or for producing a lifetime body of work
96. cadmium-po\_\_\_\_\_ed area *adj.* contaminated with harmful or poisonous substances

ANSWERS: 88. garrison, 89. underreport, 90. bland, 91. earshot, 92. complicit, 93. carol, 94. blueprint, 95. laureate, 96. polluted

97. di\_\_\_t assets      *v.* to strip or rid oneself of something; to deprive or dispossess someone of a possession, title, or right
98. logistics re\_\_\_\_\_nt      *n.* a large military unit, usually consisting of several battalions and commanded by a colonel or higher-ranking officer; a strict or organized system or routine
99. a ta\_\_\_\_\_er of a company      *n.* an act of taking control of something, especially the buying out of one company by another; an act of taking control of a country or an area by force
100. up\_\_\_\_\_e region      *adj.* relating to or located in the region that is located in the northern part of a state or country, particularly in the United States
101. he was ov\_\_\_\_\_lmed with gratitude      *v.* to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody
102. legal des\_\_\_\_\_ion      *n.* the action or process of eliminating segregation, typically of races or ethnic groups, in educational, social, or other institutions
103. juicy pe\_\_hes      *n.* juicy, sweet fruit with fuzzy, pinkish-yellow skin; a person or thing that is particularly pleasing or attractive
104. al\_\_\_\_\_ng news      *adj.* causing concern or apprehension; causing a feeling of danger, harm, or emergency; unsettling or disturbing

ANSWERS: 97. divest, 98. regiment, 99. takeover, 100. upstate, 101. overwhelm, 102. desegregation, 103. peach, 104. alarming

## Session 3: Fill in the Blanks

1. A business plan is a \_\_\_\_\_ for your success.  
*n.* a photographic print of an early plan for a building or machine
2. The \_\_\_\_\_ tree in my backyard produced a bountiful harvest this year.  
*n.* juicy, sweet fruit with fuzzy, pinkish-yellow skin; a person or thing that is particularly pleasing or attractive
3. The grandparents take care of their \_\_\_\_\_ while the parents are at work.  
*n.* a child of someone's son or daughter
4. The archeologist found a \_\_\_\_\_ arrowhead on the dig site.  
*n.* a hard, gray stone that can produce sparks when struck with steel used historically to start fires; a type of microcrystalline quartz used for making tools, weapons, and jewelry
5. The river was \_\_\_\_\_ with chemicals, causing harm to the wildlife.  
*adj.* contaminated with harmful or poisonous substances
6. His \_\_\_\_\_ was one of the first settlers in the area.  
*n.* an ancestor or a precursor
7. I could hear the music from the concert within \_\_\_\_\_ of my home.  
*n.* the distance within which a sound can be heard; the range or distance over which one can hear a sound
8. The sudden rise in crime rates in our neighborhood is quite \_\_\_\_\_.  
*adj.* causing concern or apprehension; causing a feeling of danger, harm, or emergency; unsettling or disturbing

ANSWERS: 1. blueprint, 2. peach, 3. grandchild, 4. flint, 5. polluted, 6. forebear, 7. earshot, 8. alarming

9. The children tried to \_\_\_\_\_ out and eat the candy.  
*v.* to go somewhere, or take someone or something somewhere secretly or stealthily; to steal or do something secretly or stealthily
10. The army \_\_\_\_\_ marched in perfect unison during the parade.  
*n.* a large military unit, usually consisting of several battalions and commanded by a colonel or higher-ranking officer; a strict or organized system or routine
11. The organization \_\_\_\_\_ the needs of the community in its decision-making.  
*v.* to assign a higher level of importance to something compared to other things
12. They formed a vast \_\_\_\_\_ to withstand an assault.  
*n.* a group of soldiers stationed to defend a town or fort
13. The judge sentenced him to five years of \_\_\_\_\_ for embezzlement.  
*n.* the state of being confined in prison or jail
14. We were on the \_\_\_\_\_ of a financial crisis.  
*n.* the point at which something is about to happen; the edge of a steep place
15. The domesticated cat still has its \_\_\_\_\_ instincts.  
*adj.* living by eating other animals, especially by catching prey that is still alive
16. She wore her favorite pair of \_\_\_\_\_ to the party.  
*n.* a sturdy cotton twill fabric, typically blue, used for jeans and other clothing
17. The new policy aims to \_\_\_\_\_ the use of renewable energy sources.  
*v.* to establish or make something a part of an institution (= a place such as a university, hospital, etc.)

ANSWERS: 9. sneak, 10. regiment, 11. prioritized, 12. garrison, 13. incarceration, 14. brink, 15. predatory, 16. jeans, 17. institutionalize



18. I heard through the \_\_\_\_\_ that they are planning to sell the company.
- n.* a climbing plant on which grapes grow; the informal transmission of information, gossip, or rumors from person to person
19. I love the sound of \_\_\_\_\_ playing in the background while we decorate the Christmas tree.
- n.* a song or hymn typically sung at Christmas, often with a joyful or celebratory theme
20. The phone rang at the most \_\_\_\_\_ time.
- adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
21. The study found that regular exercise can help to prevent the onset of \_\_\_\_\_ in older age.
- n.* a severe decline in cognitive function, especially memory, as a result of disease or injury
22. It was \_\_\_\_\_ to quit her job and start her own business.
- adj.* displaying courage, determination, or boldness; characterized by a willingness to take risks or face challenges
23. The economic recession caused \_\_\_\_\_ in the housing market, with many people losing their homes.
- n.* the act of causing great destruction or damage, often on a large scale
24. My remote \_\_\_\_\_ immigrated to the United States from Ireland in the 1800s.
- n.* a person from whom one is descended; a forefather
25. The paramedics had to \_\_\_\_\_ the accident victim to prevent further injury during transport to the hospital.
- v.* to render someone or something unable to move or function normally; to restrain, inhibit, or stop

ANSWERS: 18. grapevine, 19. carols, 20. opportune, 21. dementia, 22. gutsy, 23. devastation, 24. ancestor, 25. immobilize

26. He was a \_\_\_\_\_ soldier who had served his country with honor.

*adj.* able to face and deal with danger or fear without flinching

27. You may be entitled to \_\_\_\_\_ some tax.

*v.* to take back something previously lost, given, or paid, or ask to have it back

28. The company \_\_\_\_\_ employees to buy low-price items without approval to achieve efficient purchasing.

*v.* to give someone the power or authority to do something

29. The doctor warned him that his \_\_\_\_\_ condition put him at risk for numerous health problems.

*adj.* excessively overweight, particularly to the point of being a serious health risk; having a body mass index (BMI) of 30 or more

30. The company decided to \_\_\_\_\_ its holdings in the fossil fuel industry.

*v.* to strip or rid oneself of something; to deprive or dispossess someone of a possession, title, or right

31. The \_\_\_\_\_ architecture in the old city was a sight to behold.

*adj.* relating to or characteristic of the Normans, a people who originally came from Normandy, France, and who had a significant impact on the history and culture of Britain and other European countries; the term can also refer to a style of architecture or art that developed during the Norman period

32. The \_\_\_\_\_ shop was located on Main Street and was open seven days a week.

*n.* a person who makes or repairs shoes; a type of dessert made with fruit and a crumbly topping

ANSWERS: 26. courageous, 27. reclaim, 28. empowered, 29. obese, 30. divest, 31. Norman, 32. cobbler's

33. He tried to \_\_\_\_\_ himself by volunteering at the local charity after his mistakes.

- v. to compensate for the faults or bad aspects of something; to regain possession or assume ownership of something by paying a sum of money or fulfilling a condition; to rescue or save someone from a difficult or hopeless situation

34. He grew up in a small town in \_\_\_\_\_ New York.

- adj. relating to or located in the region that is located in the northern part of a state or country, particularly in the United States

35. Too much variety may \_\_\_\_\_ and confuse viewers.

- v. to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody

36. He's utterly \_\_\_\_\_ with his promotion.

- v. to fill the mind of someone continually so that one can't think of anything else

37. Many \_\_\_\_\_ in the South were impoverished and trapped in a cycle of debt.

- n. a farmer who cultivates a piece of land owned by someone else, usually in exchange for a share of the crops produced

38. \_\_\_\_\_ of schools was a major social issue in the 1960s.

- n. the action or process of eliminating segregation, typically of races or ethnic groups, in educational, social, or other institutions

39. The children \_\_\_\_\_ together for warmth in the cold winter storm.

- v. to crowd or press closely together; cuddle

40. The dinner was rather \_\_\_\_\_ and in need of some seasoning.

- adj. lacking in strong flavor, character, or interest; unremarkable or unexciting

ANSWERS: 33. redeem, 34. upstate, 35. overwhelm, 36. obsessed, 37. sharecroppers, 38. Desegregation, 39. huddled, 40. bland

41. The \_\_\_\_\_ deal was worth a few tens of billions of dollars.

*n.* an act of taking control of something, especially the buying out of one company by another; an act of taking control of a country or an area by force

42. Some companies \_\_\_\_\_ their profits to avoid paying higher taxes.

*v.* to give an insufficient or incomplete account of something, often intentionally or due to negligence; to deliberately or accidentally provide less information than what is accurate or required

43. My little sister loves to have \_\_\_\_\_ parties with her friends on the weekends.

*n.* a pair of loose pants with a matching top, worn for sleeping or lounging

44. The Nobel \_\_\_\_\_ delivered an inspiring speech to the graduating class.

*n.* a person who has been awarded an honor or a prize for achievement in a particular field, especially in literature or academia; a poet who is honored for achieving the highest level of excellence in a competition or for producing a lifetime body of work

45. He took me aside and \_\_\_\_\_ in my ear.

*v.* to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you

46. The hiker slipped and fell down the \_\_\_\_\_ injuring herself.

*n.* the side or slope of a mountain often used to describe the location or position of a particular object or activity

47. The roads to the airport were heavily \_\_\_\_\_.

*v.* to make something blocked or crowded so as to hinder or prevent freedom of movement or flow of liquid

ANSWERS: 41. takeover, 42. underreport, 43. pajama, 44. laureate, 45. whispered, 46. mountainside, 47. congested

48. The severe heat wave \_\_\_\_\_ railway tracks.

- v.* to bend out of shape, as under pressure or from heat; (noun) a device used for fastening two loose ends of a belt or strap

49. The accomplice was \_\_\_\_\_ in the crime committed by her partner.

- adj.* involved in or responsible for a wrongful or unethical act, often through inaction or silence; in cooperation with another person or group

50. Water is \_\_\_\_\_ from the faucet.

- v.* to fall in drops or make it fall in drops; (noun) liquid or moisture that falls in drops

51. My grandmother has \_\_\_\_\_ disease requires special care and attention from her caregivers.

- n.* a neurodegenerative disease that causes memory loss, cognitive decline, and behavioral issues; is the most common cause of dementia in older adults

52. My best friend has been my \_\_\_\_\_ throughout all of my hardships.

- n.* a line, rope, or cable used to support or rescue a person in danger or distress; vital or necessary support, connection, or source of help

ANSWERS: 48. buckled, 49. complicit, 50. dripping, 51. Alzheimer's, 52. lifeline