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Thordis Elva and Tom Stranger: Our story of rape and reconciliation | TED Talk

https://www.ted.com/talks/thordis_elva_and_tom_stranger_our_story_of_rape_and_reconciliation

All Words

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Session 1: Word List

graphic

adj. relating to visual art or involving the use of diagrams or illustrations; very clear and powerful

synonym : illustrative, picturesque, visual

(1) **graphic** design, (2) a **graphic** description of an accident
The **graphic** novel was a masterpiece with stunning illustrations that brought the story to life.

violent

adj. involving or caused by physical force or aggression against someone or something

synonym : aggressive, intense, turbulent

(1) victim of a **violent** crime, (2) **violent** incident

The protesters became **violent** when the police tried to disperse them.

discretion

n. the quality of behaving with caution and good judgment; the ability to keep confidential information confidential; freedom to make responsible decisions based on one's judgment

synonym : caution, prudence, tact

(1) dietary **discretion**, (2) maintain **discretion**

It's important to use **discretion** when sharing sensitive information.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym : suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

exchange

v. to give something and receive something else in return, often with the implication that the items being traded are of equal or comparable value; (noun) the act of giving or taking something in return for something else; a place or system where goods or services can be bought, sold, or traded

synonym : trade, swap, interchange

(1) **exchange** rate, (2) **exchange** a few friendly words

My sister and I frequently **exchange** books, as we love reading.

prefer

v. to like, choose, or want one thing or person better than another

synonym : choose, like, favor

(1) **prefer** physics to chemistry, (2) **prefer** a window seat

The birds **prefer** open water areas with reeds around them.

icy

adj. covered with ice or frost; very cold; lacking warmth or friendliness

synonym : frosty, cold, glacial

(1) **icy** clouds, (2) cast **icy** eyes

The **icy** surface of the pond was not safe for skating.

excite

v. to make someone feel suddenly enthusiastic or eager

synonym : thrill, exhilarate, animate

(1) **excite** the crowd, (2) **excite** rebellion

The news of her promotion **excited** her.

farewell

n. the act of departing politely; an expression of a wish or well-being at parting

synonym : goodbye, send-off

(1) a **farewell** address, (2) bid **farewell** to the departed
There is his **farewell** party tomorrow.

hike

n. a long walk or journey, especially for pleasure or exercise; an increase in cost

synonym: walk, trek, excursion

(1) go on a **hike**, (2) a **hike** in prices

The family decided to **hike** in the mountains to enjoy the beautiful scenery.

grasp

v. to take hold of something or someone quickly and firmly

synonym: grab, clasp, grip

(1) **grasp** his hand, (2) **grasp** a chance

They spent a lot of time trying to **grasp** the current situation.

melodic

adj. having a pleasant or harmonious sound, especially in relation to music

synonym: harmonious, pleasing, musical

(1) **melodic** scale, (2) transcribe **melodic** patterns

She played a **melodic** piece on the piano.

struggle

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

synonym: toil, strive, compete

(1) **struggle** against discrimination, (2) **struggle** to get the job

He could not **struggle** against temptation.

initial

adj. of or happening at the beginning; (noun) the first letter of a word, especially a person's name

synonym: basic, primary, beginning

(1) **initial** velocity, (2) an **initial** letter

They took the **initial** step toward reconciliation.

homesick

adj. feeling sad or nostalgic for one's home, family, or familiar surroundings, especially when away from them

for a significant length of time

synonym : nostalgic, longing, yearning

(1) suffer from **homesick**, (2) **homesick** for home

The military personnel stationed overseas often feel **homesick** for their loved ones.

chemistry

n. the branch of the natural sciences dealing with the composition of substances and their properties and reactions

(1) professor of **chemistry**, (2) the **chemistry** of soil

He is familiar with **chemistry** and biology.

sedative

n. a drug or medication that has a calming or sleep-inducing effect on the body and mind; something that soothes or pacifies

synonym : calmative, tranquilizer, sleeping pill

(1) **sedative** medication, (2) take a **sedative**

The doctor prescribed a **sedative** to help me sleep.

recommend

v. to suggest that someone or something would be a suitable fit for a particular purpose or role

synonym : advise, suggest, instruct

(1) **recommend** a hospitalization, (2) **recommend** reading

We **recommend** taking media training every six months.

romantic

adj. of or relating to love or a sexual relationship

synonym : idealistic, unrealistic, amatory

(1) **romantic** movies, (2) **romantic** breakup

It was his first **romantic** love.

downtown

adv. in or towards the central area of a town or city

synonym : central, city-center, urban

(1) **downtown** building, (2) **downtown** traffic

He decided to take a walk **downtown** area to explore the city.

- bud** *n.* a small swelling on a plant stem or twig containing an undeveloped shoot
synonym: shoot, sprout, germ
(1) pinch off a **bud**, (2) **bud** grafting
The flower was starting to show its **bud** and would soon bloom into a beautiful blossom.
- relation** *n.* the way two persons or groups of people feel and act toward one another
synonym: association, linkage, connection
(1) **relation** between cause and effect, (2) **relation** of inclusion
The industrial **relations** laws were passed with little to no alteration.
- confirmation** *n.* a statement, often written, that shows that something is true, correct, or definite
synonym: validation, verification, affirmation
(1) **confirmation** of purchase, (2) **confirmation** bias
The **confirmation** of his appointment as CEO was met with mixed reactions.
- newfound** *adj.* newly discovered or acquired
synonym: afresh, new, recently discovered
(1) a **newfound** mine, (2) **newfound** freedom
With his **newfound** wealth, he could travel the world and indulge in his passions.
- rum** *n.* a distilled alcoholic beverage made from sugarcane or molasses, often aged and typically with a sweet, rich, or spicy flavor
synonym: liquor, spirits, alcohol
(1) **rum** cocktail, (2) spiced **rum**
The **rum** in the pina colada gave the drink its signature kick.
- drift** *v.* to move smoothly and slowly in water or air, especially as a result of outside forces, with no control over the

direction

synonym: float, wander, freewheel

(1) **drift** down the stream, (2) **drift** away on a raft
I **drifted** around for years in Europe before going to university.

conscious

adj. being aware of and able to respond to what is happening around you

synonym: aware, cognizant, deliberate

(1) **conscious** effort, (2) **conscious** of having succeeded
He became **conscious** that he was being followed.

spasm

n. a sudden, involuntary contraction of a muscle, causing a range of sensations from mild discomfort to severe pain; a sudden outburst or brief episode of intense emotion or activity

synonym: convulsion, cramp, twitch

(1) gastric **spasm**, (2) **spasm** of laughter

The patient's face twitched in **spasms** as the dentist started drilling her tooth.

convulse

v. to experience a sudden and violent contraction of the muscles, often caused by pain, illness, or emotional distress, or to make someone or something do this

synonym: spasm, tremble, seize

(1) **convulse** with laughter, (2) **convulse** with anger

He **convulsed** in pain as the injury was severe.

vomit

v. to eject food, blood, etc., from the stomach through the mouth; (noun) the matter ejected from the stomach through the mouth

synonym: puke, throw up, spew

(1) **vomit** abuse, (2) **vomit** after ingesting

She felt sick and had to run to the bathroom to **vomit**.

ambulance

n. a vehicle specifically designed and equipped to transport sick or injured people to and from hospitals and other

medical facilities

(1) dispatch an **ambulance**, (2) **ambulance** service

The **ambulance** crew quickly stabilized the patient before transporting them to the hospital.

knight

n. a mounted soldier in the past, typically one of noble birth trained to fight in armor; (today in Great Britain) a person honored by the sovereign for personal merit

synonym: noble, cavalier, chevalier

(1) the black **knight**, (2) white **knight**

In medieval Europe, a monarch or feudal lord granted the title of the **knight** to a warrior who had demonstrated skill and bravery in battle.

fairy

n. a mythical being of folklore and romance usually depicted as having magic powers

synonym: sprite, pixie, elf

(1) **fairy** tale, (2) a water **fairy**

The mischievous **fairy** flew gracefully through the forest, spreading magic wherever she went.

tale

n. a story made up in someone's imagination, especially one full of action and adventure

synonym: canard, fiction, fable

(1) a fairy **tale**, (2) **tale** of horror

Ghosts in folk **tales** are almost always malicious.

gratitude

n. the quality of being thankful; readiness to show appreciation for and to return kindness

synonym: appreciation, thankfulness, indebtedness

(1) a debt of **gratitude**, (2) feelings of **gratitude**

She expressed her **gratitude** towards the kind stranger who helped her.

horror

n. intense fear or disgust, especially at something shocking or terrifying

synonym:

fear, terror, dread

(1) **horror** movie, (2) **horror-struck** look

The stories of war crimes filled her with **horror**.

proceed

v. to move forward or to continue with a process or action;
to advance or progress

synonym : advance, progress, move ahead

(1) **proceed** with caution, (2) **proceed** to the next step

We can now **proceed** with the next item on our agenda.

blind

adj. unable to see; unable or unwilling to perceive or
understand the true nature of something

synonym : sightless, unseeing, random

(1) **blind** to the beauties, (2) **blind** spot

She was nearly **blind** due to severe diabetes.

sever

v. to break or separate something by cutting, especially
suddenly and forcibly

synonym : cut apart, separate, detach

(1) **sever** a rope, (2) **sever** a positive relationship

He **severed** a branch from a tree quickly.

sane

adj. mentally sound or normal; having a rational mind

synonym : rational, sound, normal

(1) for a **sane** reason, (2) **sane** judgment

Despite the difficult circumstances, he remained **sane**.

silent

adj. without any or little sound

synonym : quiet, hushed, mute

(1) **silent** reading, (2) give **silent** consent

The politician remained **silent** despite intense media scrutiny.

alarm

n. a loud noise or an automatic signal that warns people of
danger; a device that signals the occurrence of some
undesirable event or particular danger

synonym : notice, warning, panic

(1) give the **alarm**, (2) an **alarm** clock

The **alarm** announcing an enemy attack went off this morning.

limp

adj. having no strength or energy; walking with difficulty because of pain, injury, or disability in one's leg or foot
synonym: unsteady, weak, faltering

(1) **limp** handshake, (2) **limp** hair

The steak was so undercooked that it was almost raw and had a **limp** texture.

incident

n. an event or occurrence, often unexpected or unplanned; something that happens

synonym: event, occurrence, accident

(1) traffic **incident**, (2) security **incident**

The **incident** at the airport caused a delay in my flight.

rap

n. a type of music characterized by a strong, repetitive beat and lyrics that often focus on social and political issues; a reproach for some lapse or misdeed

synonym: hip-hop, emceeing, MCing

(1) **rap** music, (2) get a **rap**

The new **rap** album is getting a lot of attention.

lunatic

n. a person who is considered mentally ill, especially one who is extremely irrational or unpredictable; a crazy or foolish person

synonym: maniac, crazy, insane

(1) raving **lunatic**, (2) a lone **lunatic**

The politician's outrageous comments made him appear like a **lunatic** to his opponents.

seedy

adj. run-down, shabby, or in a state of disrepair; disreputable, sleazy, or sordid; lacking moral or ethical standards; describing a fruit that has many seeds

synonym: shabby, run-down, dilapidated

(1) **seedy** apartment building, (2) **seedy** deal

The **seedy** hotel attracted a rough crowd and was known for illegal activities.

alley

n. a narrow lane or way between buildings, often used as a passage or a shortcut; a small street that runs between two other streets

synonym : lane, passage, pathway

(1) back **alley**, (2) **alley** cat

They played basketball in the **alley** behind their house.

identify

v. to recognize someone or something and say or prove who or what they are

synonym : determine, specify, recognize

(1) **identify** handwriting, (2) **identify** gene sequences

I will introduce you to how to **identify** the leading causes of the malfunction.

pointless

adj. having no purpose or reason; serving no useful function; meaningless or senseless

synonym : meaningless, purposeless, worthless

(1) **pointless** argument, (2) **pointless** task

The meeting was considered **pointless** since nothing was accomplished.

breath

n. the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs

synonym : air, puff, whiff

(1) hold your **breath**, (2) **breath** of wind

He bated his **breath** when talking about this affair.

alcohol

n. a clear liquid that can make people drunk and is used in medicines, cleaning products, etc.

synonym : booze, liquor, ethanol

(1) stop drinking **alcohol**, (2) diluted **alcohol**

There is a clear association between **alcohol** consumption and cognitive decline.

guilty

adj. feeling responsible for or having done something wrong or criminal

synonym : culpable, blameworthy, at fault

(1) feel a bit **guilty**, (2) **guilty** verdict

After much contemplation, the suspect decided to plead **guilty** to the theft charge.

sham

n. something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

synonym : bogus, counterfeit, fraudulent

(1) a **sham** battle, (2) turn out to be all **sham**

The data he prepared was completely **sham**.

vague

adj. not clearly expressed or understood

synonym : ambiguous, imprecise, dim

(1) **vague** idea, (2) make a **vague** answer

The **vague** rumor turned out to be false.

hollow

adj. having a hole, empty space inside, or indentation on the surface

synonym : cavity, depression, concavity

(1) have **hollow** legs, (2) **hollow** sound

The tree had a **hollow** trunk, which made it easy for animals to take shelter inside.

stifle

v. to suppress or restrain something, particularly a feeling, emotion, or action; to suffocate or prevent proper breathing or ventilation

synonym : smother, suppress, suffocate

(1) **stifle** a laugh, (2) **stifle** creativity

The oppressive regime tried to **stifle** free speech and dissent.

echo

n. a sound heard after being reflected off a surface, such as a wall or a cliff

synonym : reverberate, repeat, reflection

(1) the **echo** of a person's footsteps, (2) sound **echo**

A thunderous boom **echoed** throughout the valley.

crucify

v. to execute someone by nailing or binding them to a cross, leaving them there to die

synonym: execute, martyr, nail to cross

(1) **crucify** a criminal, (2) **crucify** him for their actions

The religious leaders wanted to **crucify** the heretic for his teachings.

refusal

n. the act of showing or saying that one is not willing to do or accept something

synonym: denial, rejection, turndown

(1) meet with a **refusal**, (2) **refusal** of inspection

She gave a firm **refusal**.

acknowledgment

n. the act of accepting or admitting something, or the fact of being accepted or admitted; recognition or acceptance of the existence or truth of something

synonym: recognition, acceptance, admission

(1) in thankful **acknowledgment**, (2) **acknowledgment** of obligation

The recipient signed the **acknowledgment** of receipt.

forbidden

adj. not permitted or allowed by rules or laws

synonym: prohibited, banned, illegal

(1) **forbidden** words, (2) **forbidden** love

Taking photographs inside the museum is **forbidden**.

definition

n. a concise explanation of the meaning of a word, phrase, or symbol

synonym: description, connotation, meaning

(1) a precise **definition**, (2) the **definition** of a word

Parallel lines are, by **definition**, lines on the same plane that never cross.

refute

v. to say or prove that something is wrong or false

synonym: disavow, rebut, counter

(1) **refute** an opponent, (2) **refute** the foolish idea
The latest experimental results have **refuted** the previous speculation.

recognition

n. the action or process of recognizing or being recognized, especially by remembering; an agreement that something is true or legal

synonym : acknowledgement, identification, credit

(1) **recognition** award, (2) joint **recognition**

He was given **recognition** for his outstanding work in the field of medicine.

immense

adj. extremely large or great

synonym : enormous, giant, huge

(1) **immense** amount, (2) **immense** pressure

He left his wife an **immense** fortune.

trauma

n. an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience

synonym : agony, injury, ordeal

(1) psychic **trauma**, (2) **trauma** care

Many civilians have suffered **trauma** as a result of the war.

repudiate

v. to reject or disown something or someone

synonym : reject, disown

(1) **repudiate** a claim, (2) **repudiate** idea

The government **repudiated** the treaty after the war.

afterward

adv. after the time mentioned

synonym : later, thereafter, following

(1) a few years **afterward**, (2) go there **afterward**

We will explain the countermeasure concerning this problem **afterward**.

commit

v. to do something illegal or wrong

synonym: engage, carry out, execute

(1) **commit** suicide, (2) **commit** mistakes

The military has **committed** an abuse of human rights.

disavow

v. to deny any responsibility, connection, or knowledge of something; to reject or repudiate something as being false, untrue, or unauthorized

synonym: deny, reject, disclaim

(1) **disavow** responsibility, (2) **disavow** any knowledge

The politician was quick to **disavow** any association with the controversial organization.

convincing

adj. able to make someone believe that something is true

synonym: clear, compelling, believable

(1) a **convincing** victory, (2) **convincing** biochemical explanation

I found her assertion pretty **convincing**.

spine

n. the series of bones running down the center of the back that protect the spinal cord and support the body; the backbone or vertebral column

synonym: backbone, vertebra, column

(1) the **spine** of a book, (2) a cervical **spine** injury

She has a minor curved **spine** due to desk work for many years.

guilt

n. the fact of having committed something illegal; the negative feelings caused by believing or knowing that you have done something wrong

synonym: regret, remorse, blame

(1) criminal **guilt**, (2) feeling of **guilt**

Shame and **guilt** have significant social influences.

remainder

n. the part of something that is left over when the rest has been used or taken

synonym: balance, leftover, residue

(1) division with **remainder**, (2) the **remainder** of my life
The **remainder** of the cake was put in the fridge for tomorrow.

stab

v. to cause harm with a sharp, pointed object, such as a knife

synonym: poke, thrust, jab

(1) **stab** at the enemy with a knife, (2) **stab** in the chest
He was **stabbed** many times with scissors.

heavy-hearted

adj. feeling or expressing great sadness, grief, or melancholy; burdened or weighed down emotionally

synonym: sorrowful, melancholy, sad

(1) **heavy-hearted** sigh, (2) **heavy-hearted** goodbye
As she attended the funeral, she couldn't help but feel **heavy-hearted** about the family's loss.

immeasurable

adj. too great to be measured or calculated; vast or incalculable in extent or degree; impossible to quantify or express in numerical terms

synonym: boundless, limitless, endless

(1) **immeasurable** joy, (2) **immeasurable** loss
The impact of climate change on the planet is **immeasurable**.

sink

v. to submerge or go down below the surface of a liquid or substance; to decline or deteriorate; to cause something to go down into a liquid substance or sink into something else

synonym: descend, drop, plummet

(1) **sink** a lot of capital, (2) **sink** a buzzer-beater
The abandoned ship slowly began to **sink** into the murky waters of the harbor.

denial

n. a statement that something is not true or does not exist

synonym: refusal, rejection, veto

(1) state of **denial**, (2) an absolute **denial**

She gave us a categorical **denial** of the scandal.

torment

n. unbearable physical pain or extreme mental distress;
(verb) to cause severe physical or mental suffering to someone, or to be the victim of such suffering

synonym: pain, suffering, agony

(1) **torment** of jealousy, (2) economic **torment**

The torturers inflicted great **torment** upon the prisoners.

distract

v. to draw someone's attention away from what they are trying to do

synonym: divert, preoccupy, confuse

(1) **distract** attention from the real issue, (2) **distract** public opinion

Please don't **distract** me while I'm studying.

substance

n. the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug

synonym: essence, core, material

(1) an explosive **substance**, (2) **substance** abuse problem

The **substance** of the argument was well-presented.

thrill

n. a feeling of extreme and sudden excitement and pleasure; to cause someone to feel sudden intense sensation or emotion

synonym: exhilaration, delight, rush

(1) the **thrill** of speed, (2) incredible **thrill**

Skydiving is an overwhelming **thrill** for many people.

scrupulous

adj. characterized by careful attention to detail, conscientiousness, and moral integrity; marked by a commitment to ethical behavior and fairness

synonym: conscientious, meticulous, careful

(1) **scrupulous** attention, (2) **scrupulous** planning

He was always **scrupulous** about paying his bills on time, even if it meant going without something else.

refuse

v. to show that one is not willing to do or accept something
synonym: turn down, deny, decline

(1) **refuse** a request, (2) **refuse** the company

My initial reaction was to **refuse**.

static

adj. not moving or not capable of moving, not changing or not capable of changing

synonym: immobile, unchanging, fixed

(1) **static** electricity, (2) **static** website

The **static** image on the screen took a lot of work to make out.

construct

v. to build or create something; to assemble or combine different parts to form something whole

synonym: build, assemble, create

(1) **construct** a 3D image, (2) **construct** a dam

He **constructs** hypotheses that no mathematician has ever imagined before.

surf

v. to ride on or through waves while standing or lying down on a board or other object; to search or browse the Internet or other computer networks in a casual or aimless manner

synonym: browse, scan, paddle

(1) **surf** the Internet, (2) **surf** the waves

I'll **surf** the online store to see if I can find that item in a different color.

outdo

v. to do better than someone; to surpass

synonym: excel, surpass, outshine

(1) **outdo** him in trickery, (2) **outdo** the competition

He tried to **outdo** his rival by breaking the world record.

recreation

n. the activity that renews your health and spirits by enjoyment and relaxation; the act or process of making something that existed in the past exists or seems to exist again in a different time or place

synonym: amusement, entertainment, refreshment

(1) outdoor **recreation**, (2) **recreation** of the homeland
Basketball is their usual **recreation** after school.

eventually

adv. finally, particularly after a long time or a lot of struggle, complications, and so on

synonym: finally, someday, ultimately

(1) **eventually** become obsolete, (2) **eventually** succeed
The corporation **eventually** dominated the entire tobacco business.

grip

n. the act of holding onto something firmly with your hands, or the ability to do so; (verb) to hold fast or firmly

synonym: grasp, clasp, (verb) hold

(1) **grip** of fear, (2) lose my **grip**

He had a firm **grip** on the rope as he climbed the mountain.

tight

adj. fixed, fastened, or kept together firmly or closely

synonym: closed, secured, cramped

(1) a **tight** game, (2) student on a **tight** budget

The national election was held amid **tight** security.

nurture

v. to take care of, feed, and protect someone or something while they are growing and developing

synonym: boost, cultivate, enable

(1) **nurture** love, (2) **nurture** his talents

Schools should **nurture** children's mutual interest spirit.

upbringing

n. the conditions and experiences in which a child is cared for and taught, especially in relation to their moral and social development

synonym: childhood, background, nurturing

(1) Catholic **upbringing**, (2) family **upbringing**

His strict **upbringing** instilled in him a strong sense of responsibility.

extended

adj. longer than usual or anticipated

synonym : extensive, prolonged, elongated

(1) **extended** vacation, (2) **extended** payment

The **extended** airport runways may accommodate larger jets.

genuine

adj. real and exactly; not pretended; sincerely felt or expressed

synonym : actual, honest, unpretending

(1) a **genuine** article, (2) show **genuine** regret

Is this painting **genuine** or forged?

straight

adj. extending or moving in one direction without bending or curving; having no deviations

synonym : linear, honest, consecutive

(1) a **straight** line, (2) **straight** for two months

He was sick for five **straight** days.

nervous

adj. worried and anxious about something; relating to the nerves

synonym : neural, anxious, uneasy

(1) development of the **nervous** system, (2) get **nervous**

He suffers from **nervous** breakdowns.

breakdown

n. a failure or collapse of a system or organization

synonym : collapse, failure, malfunction

(1) a nervous **breakdown**, (2) **breakdown** maintenance

The **breakdown** of the machinery caused a delay in production.

bury

v. to place a dead body in the ground, grave, or tomb

synonym : entomb, sink, forget

(1) **bury** in the earth, (2) **bury** emotion

There is plenty of space to **bury** everyone.

crush

v. to press it firmly, usually with your hands or a tool, so that it becomes flat or smaller

synonym :

destroy, demolish, pulverize

(1) **crush** coffee beans, (2) **crush** a revolt

The car was completely **crushed** in the accident.

isolate

v. to physically or socially separate someone or something from other people or things

synonym: separate, sequester, insulate

(1) **isolate** a compound, (2) **isolate** a patient

You should not **isolate** them from the community.

consume

v. to spend something, especially fuel, energy, or time, in a large amount

synonym: absorb, ingest, use up

(1) **consume** a large of alcohol, (2) **consume** electricity

A smaller car will **consume** less fuel.

misplace

v. to put something in the wrong place or lose it temporarily

synonym: lose, mislay, misfile

(1) to **misplace** the figure, (2) **misplace** documents

I have **misplaced** my keys again and need help finding them.

wander

v. to walk around slowly or to a place, often without any clear purpose or direction

synonym: ramble, roam, stroll

(1) **wander** alone in a strange country, (2) **wander** far from home

I often **wander** around the park for half an hour.

waitress

n. a woman who serves food and drinks in a restaurant or cafe

synonym: server, attendant, waitperson

(1) **waitress** at a restaurant, (2) tip the **waitress**

The friendly **waitress** brought the food to the table and asked if they needed anything else.

claim

v. to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true

synonym: assert, declare, maintain

(1) **claim** responsibility, (2) false **claim**

He wants to **claim** ownership of the abandoned property.

jot

v. to write quickly or briefly

synonym: note, scribble, write down

(1) **jot** off a letter, (2) **jot** down ideas

I'll **jot** down the address, so I don't forget it.

inspiration

n. something that motivates or encourages someone to create or achieve something, or a feeling of excitement or creativity

synonym: motivation, drive, encouragement

(1) source of **inspiration**, (2) get **inspiration** from nature

He found **inspiration** in the works of his favorite authors.

constantly

adv. all the time

synonym: continuously, always, frequently

(1) a **constantly** innovative enterprise, (2) a **constantly** varying mind

The mobile application industry is **constantly** changing.

fidget

v. to make small, restless movements; to be unable to sit still

synonym: fiddle, jiggle, squirm

(1) **fidget** with hands, (2) **fidget** on my lap

He **fidgeted** with his pen while waiting for the interview to begin.

stream

n. a small, narrow river; a continuous flow of something, such as liquid, gas, people, vehicles, etc.

synonym: flow, current, brook

(1) the **stream** of time, (2) an endless **stream** of cars

Jet **streams** are the common name for air currents that form high in the atmosphere.

pivotal

adj. relating to or acting as a pivot or central point; crucial or essential to the success or outcome of something

synonym : crucial, essential, important

(1) **pivotal** moment, (2) **pivotal** role

The CEO's decision was **pivotal** in the success of the company's expansion plans.

forgiveness

n. the act of stopping feeling angry or resentful towards someone for a mistake or offense with compassion

synonym : pardon, amnesty, compassion

(1) **forgiveness** of liabilities, (2) beg for **forgiveness**

He gained debt **forgiveness**.

suffer

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

synonym : endure, undergo, tolerate

(1) **suffer** a setback, (2) **suffer** bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

regardless

adv. not paying attention or considering something or someone even if the situation is bad or there are difficulties

synonym : anyhow, nevertheless, still

(1) **regardless** of the difficulties, (2) **regardless** tread

People can pick out superior products **regardless** of the quality of the advertising.

deserve

v. to be worthy of or entitled to something, especially something good or valuable

synonym : merit, earn, justify

(1) **deserve** respect, (2) **deserve** this prize

The employee **deserved** the promotion for their hard work

and dedication.

negative

adj. having the quality of something bad or harmful;
expressing refusal

synonym : minus, adverse, pessimistic

(1) have a **negative** effect, (2) a **negative** number

The movie has received almost universally **negative** criticism.

whatsoever

adv. not at all; no matter what

synonym : in any way, at all, in any respect

(1) **whatsoever** it be, (2) without impact **whatsoever**

He refused to do anything **whatsoever** to help her.

outcome

n. the result or effect of an action, event, etc.

synonym : result, consequence, effect

(1) improved student **outcomes**, (2) a desirable **outcome**

They awaited news of the **outcome** of the election.

confession

n. a formal statement in which one admits that they have done something wrong or illegal

synonym : admission, avowal, acknowledgment

(1) a **confession** of guilt, (2) a **confession** of faith

The prisoner made a full **confession** and admitted to his crime.

disarm

v. to remove weapons or the means of attack from a person, group, or situation; to win over or reduce suspicion or hostility from an opponent or adversary

synonym : demilitarize, neutralize

(1) **disarm** opponents, (2) **disarm** a bomb

The police were able to **disarm** the suspect without any violence.

regret

v. to feel sad, repentant, or disappointed over something you have done or something you have not been able to do

synonym : apologize, deplore, lament

(1) **regret** a decision, (2) **regret** being so careless
I **regret** to say that you did not gain admission to the university.

imprison

v. to confine a person to a prison, a detention facility, or a place of involuntary confinement

synonym : incarcerate, detain, confine

(1) **imprison** illegal immigrant, (2) **imprison** myself within the room

He was **imprisoned** for embezzlement.

correspondence

n. the letters, emails, etc., especially official or business ones; the quality or state of being the same in amount, number, status

synonym : letters, closeness, likeness

(1) a business **correspondence**, (2) one-to-one **correspondence**

The results of the two experiments were in **correspondence**.

relieve

v. to make something burdensome, unpleasant, or painful less severe

synonym : alleviate, ease, assuage

(1) **relieve** his thirst, (2) **relieve** stress

The medicine **relieved** his headache, and he felt much better.

burden

n. a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry

synonym : obligation, duty, load

(1) carry a **burden**, (2) **burden** of disease

That car has a low environmental **burden**.

wholehearted

adj. sincere, genuine, and enthusiastic; with complete devotion or commitment

synonym : passionate, enthusiastic, devoted

(1) **wholehearted** support, (2) **wholehearted** commitment
She put her **wholehearted** effort into finishing the project on time.

platform

n. the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed

synonym : stage, podium, forum

(1) an arrival **platform**, (2) a digital **platform** for enterprise
The speaker mounted the **platform** and started to speak.

dissect

v. to cut into pieces to study the structure of something in detail

synonym : analyze, examine, study

(1) **dissect** the data, (2) **dissect** a personality

The scientist **dissected** the frog to study its internal organs.

consequence

n. the outcome of a particular action or event, especially relative to an individual

synonym : result, impact, outcome

(1) unintended **consequences**, (2) the **consequence** of an argument

These economic activities had disastrous environmental **consequences**.

gut

n. the long tube in the body of a person or animal through which food passes when it leaves the stomach; the mental strength or bravery required to do something difficult or unpleasant

synonym : belly, abdomen, courage

(1) the blind **gut**, (2) **gut** feelings

He told me a **gut-wrenching** truth about my parent's death.

healing

n. the process of becoming or making somebody or something well again

synonym : recovery, recuperation, convalescence

(1) natural **healing** ability, (2) part of the **healing** process
Each ancient tribe has its **healing** traditions.

closure

n. the situation that a company, organization, etc. has ceased operations permanently

synonym : shutdown, stoppage, termination

(1) public school **closures**, (2) **closure** of a road

They regretted the **closure** of their restaurant.

brave

adj. showing courage or fearlessness in the face of danger, difficulty, or adversity

synonym : courageous, valiant, heroic

(1) **brave** soldier, (2) **brave** decision

The **brave** firefighter rescued the family from the burning building.

planet

n. any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star

synonym : earth, world, globe

(1) **planet** like the Earth, (2) save the **planet**

Mercury is the closest **planet** to the sun.

dialogue

n. a conversation in a book, play, or film

synonym : conversation, discussion, talk

(1) Platonic **dialogues**, (2) the form of a **dialogue**

He recorded the **dialogue** at the time of the incident.

dire

adj. extremely serious or urgent; critical, grave, or disastrous

synonym : serious, critical, desperate

(1) suffer **dire** poverty, (2) **dire** situation

The **dire** economic straits called for immediate action.

courage

n. the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous

synonym : bravery, valor, fearlessness

(1) mental **courage**, (2) inspire **courage**

It takes a lot of **courage** to stand up for what you believe is right.

propose

v. to make a proposal, declare a plan for something
synonym: suggest, offer, recommend

(1) **propose** the amendment, (2) **propose** changes
I want to **propose** a toast in honor of our longstanding relationship.

geography

n. a field of science devoted to the study of the lands, features, inhabitants, and phenomena of the Earth
synonym: landscape, terrain, topography

(1) **geography** class, (2) economic **geography**
She did well on her **geography** exam.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options
synonym: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action
She couldn't **decide** whether to order the pizza or the pasta for dinner.

cape

n. a type of long, loose outer garment that covers the back, shoulders, and arms; a headland or promontory extending into the sea or other large body of water
synonym: shawl, cloak, mantle

(1) **cape** cod, (2) red **cape**
The superhero wore a flowing **cape** as part of their costume.

stunning

adj. causing a strong emotional reaction of admiration, surprise, or shock due to its beauty, rarity, or excellence
synonym: beautiful, breathtaking, magnificent

(1) **stunning** beauty, (2) **stunning** disclosure
The **stunning** sunset took everyone's breath away.

environment

n. the natural world such as air, water, and land in which humans, animals, and plants live

synonym: atmosphere, surroundings, climate

(1) **environment** affairs, (2) chaotic **environment**

Every human is responsible for taking care of the Earth's **environment**.

reconciliation

n. the restoration of cordial or friendly relations; getting two things to correspond

synonym: accord, agreement, settlement

(1) national **reconciliation**, (2) **reconciliation** of financial accounts

They had a complete **reconciliation** a few days after their argument.

nowhere

adv. not in, at, or to any place; not anywhere

(1) **nowhere** else to go, (2) come out of **nowhere**

I've been thinking all day and getting **nowhere**.

rapprochement

n. the reestablishment or improvement of friendly and cooperative relations between two parties, especially after a period of hostility or disagreement

synonym: reconciliation, diplomacy

(1) **rapprochement** process, (2) political **rapprochement**

The diplomatic meeting resulted in a **rapprochement** between the two countries.

nation

n. a large organized community of people living in a particular country or region and having a particular culture

synonym: country, state, sovereign entity

(1) **nation-state**, (2) a seafaring **nation**

The **nation** of Japan is known for its unique culture and advanced technology.

magnify

v. to make something look bigger than it really is, especially by looking at it through a lens; to make

something bigger, stronger, or louder

synonym: enlarge, elaborate, intensify

(1) **magnify** the danger, (2) **magnify** the image for display
Terrorists often attempt to **magnify** the economic impact of their acts of destruction.

analyze

v. to think about in-depth and evaluate to discover essential features or meaning

synonym: explore, examine, investigate

(1) **analyze** a chemical compound, (2) **analyze** your real motives

The teacher attempted to **analyze** the root cause of our mistake.

strict

adj. strongly limiting someone's freedom; allowing no deviation from a standard, rule, belief, etc.

synonym: rigorous, inflexible, relentless

(1) **strict** compliance regime, (2) in **strict** secrecy

Too **strict** a regulation for the private sector will stifle innovation.

policy

n. a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

synonym: strategy, plan, guideline

(1) health **policy**, (2) foreign **policy**

The company's new **policy** on remote work has made it a more inclusive workplace.

exposure

n. the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret

synonym: vulnerability, disclosure, uncovering

(1) a southern **exposure**, (2) the **exposure** of a fraud

The long **exposure** to the air tarnished the antique tableware.

vulnerable

adj. capable of being hurt or influenced physically or mentally

synonym : susceptible, exposed, weak

(1) a **vulnerable** bridge, (2) **vulnerable** parts of the body
Infants and pregnant women are particularly **vulnerable**.

absolutely

adv. without restriction or limitation; completely or utterly

synonym : completely, utterly, definitely

(1) **absolutely** against, (2) **absolutely** obsessed with the girl

I am **absolutely** opposed to his idea because of morality.

fathom

v. to understand or comprehend (a difficult or complex problem or situation); to measure the depth of water

synonym : comprehend, understand, grasp

(1) **fathom** the depth, (2) **fathom** the mystery

I cannot **fathom** why some people enjoy horror movies.

seismic

adj. relating to or caused by an earthquake or earth vibration

synonym : seismic, tectonic, vibrational

(1) **seismic** activities, (2) a **seismic** center

Earthquakes produce two types of **seismic** waves.

soar

v. to fly or rise very high or to a great height, often with great grace or ease

synonym : fly, rise, ascend

(1) **soar** in popularity, (2) **soar** to new heights

The bird **soared** through the sky, and its wings spread wide.

clarity

n. the quality of being coherent and understandable; the quality of transparency or purity

synonym : clearness, translucence, brightness

(1) lack of **clarity**, (2) sake of **clarity**

The publisher will proofread most of this manuscript for

clarity.

unexpected

adj. not anticipated or regarded as likely to happen

synonym : surprising, unanticipated, incredible

(1) an **unexpected** visitor, (2) some **unexpected** events

The **unexpected** rainstorm caused the collapse of the corral.

liberate

v. to set free; to release or rescue from captivity or oppression

synonym : emancipate, release, set free

(1) **liberate** people from oppression, (2) **liberate** potential

The prisoners were **liberated** after the war ended.

laughter

n. the act or sound of laughing

synonym : laugh, chuckle, giggle

(1) **laughter** all around, (2) bring **laughter**

Some doctor says **laughter** is the best medicine.

intent

n. a strong determination or attention to do or achieve something; (adjective) having a strong determination to do or achieve something

synonym : purpose, aim, goal

(1) the **intent** of a question, (2) **intent** gaze

The designer's **intent** was to create a minimalist aesthetic for the interior of the building.

individual

n. a single person or thing, as distinct from a group

synonym : person, being, self

(1) a private **individual**, (2) **individual** freedom

As an **individual**, he had the right to make his own decisions and live his life as he saw fit.

filter

n. any of several types of equipment or systems used to separate particles from liquids or gases or to remove specific forms of light

synonym : strainer

(1) gas **filter**, (2) clogged **filter**

Ozone is a primary **filter** to protect Earth's surface from harmful UV rays.

purity

n. the state of being undiluted or unmixed with anything else; the state of being free from immorality, especially of a sexual nature

synonym: sinlessness, innocence, cleanliness

(1) the degree of **purity**, (2) high **purity**

Higher **purity** requires additional equipment and energy.

revenge

n. the act of inflicting punishment or harm in return for an injury or wrongdoing; retaliation, retribution

synonym: retaliation, retribution, vengeance

(1) plot **revenge**, (2) **revenge** killing

He seeks **revenge** against the person who wronged him.

emotion

n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

synonym: feeling, sentiment, passion

(1) control my **emotion**, (2) afraid to show **emotion**

Some **emotions** are common across cultures and backgrounds.

instinct

n. an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true

synonym: intuition, aptitude, feeling

(1) **instinct** for self-preservation, (2) aggressive **instinct**

When faced with a dangerous situation, his initial **instinct** was to flee.

doubt

n. a feeling of being uncertain about something, especially about how good or accurate it is

synonym: distrust, suspect, mistrust

(1) dispel **doubts**, (2) no **doubt** about the news

Doubt is the start, not the end, of intelligence.

bounce

v. to cause to move up or away after hitting a surface; to spring back

synonym: bound, leap, spring

(1) **bounce** across the floor, (2) **bounce** back from failure
They will **bounce** between various emotional states.

strip

v. to remove the surface from something; (noun) a sizeable narrow piece of something such as paper, metal, cloth, etc., or area of land, sea, etc.

synonym: deprive, undress, (noun) ribbon

(1) **strip** a tire off, (2) coast **strip**

The doctor advised him to **strip** down for a check.

therapy

n. the act of caring for someone through medication, remedial training, etc.

synonym: antidote, medicine, treatment

(1) **therapy** for a patient, (2) field of gene **therapy**

I underwent aversion **therapy** for my addiction to alcohol.

vodka

n. a distilled alcoholic beverage made from fermented grains or potatoes, typically with high alcohol content and little or no added flavoring

synonym: spirit, liquor, distilled beverage

(1) **vodka** shot, (2) flavored **vodka**

I ordered a **vodka** tonic at the bar.

norm

n. something that is regarded as usual, typical, or standard

synonym: criterion, mean, standard

(1) **norm** of action, (2) cultural **norm**

The systems we have developed has accepted as industry **norms**.

quest

n. a long or challenging search for something

synonym: exploration, inquisition, pursuit

(1) the **quest** for truth, (2) on a **quest** for happiness

That adventurer traveled in **quest** of buried treasure.

difficulty

n. a condition or state that causes problems

synonym: hardship, complication, problem

(1) the degree of **difficulty**, (2) **difficulty** in breathing

He has **difficulty** exercising because of a back injury sustained in an accident.

victorious

adj. being the winner in a game, competition, election, war, etc.

synonym: triumphant, winning

(1) the **victorious** entry, (2) the **victorious** army

The **victorious** troops marched back to their homeland.

triumph

n. a great victory or achievement

synonym: victory, success, conquest

(1) **triumph** of democracy, (2) **triumph** of the spirit

The team's **triumph** in the championship resulted from their hard work and dedication.

ruin

v. to damage, spoil, or demolish something; (noun) an unrecoverable state of devastation and destruction,

synonym: bankrupt, demolish, destroy

(1) **ruin** the plan, (2) **ruin** the reputation

He knocked over the red wine and **ruined** the tablecloth.

feverish

adj. having or showing symptoms of a high temperature, such as sweating and shivering; characterized by or showing strong feelings of excitement or energy

synonym: heated, hot, agitated

(1) feel **feverish**, (2) at a **feverish** pitch

She had a **feverish** look in her eyes as she struggled with illness.

perpetrator

n. a person who carries out a harmful or illegal act, particularly one that involves violence or deception

synonym: culprit, wrongdoer, offender

(1) **perpetrator** identity, (2) culprit **perpetrator**

The police have not yet caught the **perpetrator** of the crime.

survivor

n. a person who remains alive after an event in which others have died

synonym: subsister

(1) ovarian cancer **survivor**, (2) a single **survivor**

The shipwreck **survivor** was rescued after floating in the ocean for three days.

inevitably

adv. in a manner that cannot be avoided or prevented

synonym: unavoidably, necessarily, surely

(1) **inevitably** decline with age, (2) **inevitably** reach the consumer

Because of his excellent performance, he will **inevitably** be promoted.

accompany

v. to go somewhere or travel with someone or something

synonym: follow, escort, attend

(1) **accompany** a chicken dish, (2) **accompany** the book

Please let me know if you want to **accompany** me to my hometown.

victim

n. a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event

synonym: prey, target, sufferer

(1) **victim** support, (2) **victim** compensation

The **victim** of the crime deserves justice and support to recover from the trauma.

label

n. a small piece of paper, fabric, or other material attached to an object and giving information about it; (verb) to assign to a category

synonym: tag, mark, identifier

(1) a mailing **label**, (2) **label** a bag with my name

The **label** on the food package lists the ingredients and nutritional information.

concept

n. an idea or principle associated with something abstract

synonym: idea, notion, vision

(1) learn new **concepts**, (2) **concept** car

One such rapidly growing **concept** is quantum cryptography.

humanize

v. to make something or someone more humane or compassionate; to make something more relatable or understandable to humans

synonym: civilize, personalize

(1) **humanize** my pet, (2) **humanize** a room

The charity event aims to **humanize** the homeless rather than treat them as mere statistics.

connote

v. to suggest or imply something in addition to its literal or primary meaning; to imply something beyond the literal or primary meaning

synonym: imply, suggest, signify

(1) **connote** emotion, (2) **connote** symbolism

The word 'home' **connotes** a sense of warmth and comfort.

deem

v. to consider or decide something in a particular way

synonym: believe, consider, suppose

(1) **deem** socially responsible, (2) **deem** wrong or inappropriate

Regarding earthquakes, some commercial buildings were **deemed** unsafe.

dam

n. a wall constructed over a river to block the flow of water, mainly used to generate energy

synonym: barricade, barrier, embankment

(1) **dam-building** program, (2) **dam** collapsing

The break in the **dam** threatened the valley.

dishonor

n. the lack of honor or respect; a feeling of shame or disgrace

synonym: disgrace, shame, dishonorableness

(1) do him a **dishonor**, (2) **dishonor** of my family

His actions brought **dishonor** to the family, and he was disowned.

likewise

adv. in the same way

synonym: alike, correspondingly, similarly

(1) do **likewise**, (2) please revise **likewise**

He is tall and **likewise** strong.

brand

n. a type of product, service, etc., made by a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made by burning

synonym: trademark, label, symbol

(1) create a **brand** logo, (2) the **brand** of the new car

There's a new **brand** of hero in the movies now.

monster

n. an imaginary creature that is large and has various human and animal parts; someone or something large and powerful

synonym: giant, freak, behemoth

(1) horde of **monsters**, (2) **monster** film

This car has a **monster** engine.

inhuman

adj. lacking human qualities, such as compassion, kindness, or understanding; cruel, brutal, or without regard for others' suffering or dignity

synonym: brutal, hardhanded, cruel

(1) **inhuman** act, (2) **inhuman** conditions

Prisoners were subjected to **inhuman** treatment in an overcrowded jail.

recognize

v. to acknowledge or realize something or someone; to identify, remember, or become aware of something that

was previously known or encountered

synonym: acknowledge, identify, admit

(1) **recognize** talent, (2) **recognize** achievement

It's important to **recognize** your strengths and weaknesses.

empower

v. to give someone the power or authority to do something

synonym: authorize, endow, entitle

(1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

discuss

v. to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic

synonym: talk about, converse, debate

(1) **discuss** options, (2) **discuss** solutions

We need to **discuss** the next steps for the project during our meeting tomorrow.

threat

n. a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation

synonym: menace, danger, hazard

(1) economic **threat**, (2) environmental **threat**

The **threat** of severe weather prompted the city to issue an evacuation warning.

primarily

adv. mainly

synonym: largely, mainly, mostly

(1) intended **primarily** for young people, (2) **primarily** affect adults

All peaceful cooperation is based **primarily** on mutual trust.

influence

n. the ability to affect someone's or something's character, growth, or behavior, or the effect itself

synonym: power, leverage, effect

(1) **influence** a child's future, (2) **influence** the daily life

The former emperor had a particular **influence** even after he abdicated.

equitable

adj. fair and impartial; treating everyone fairly

synonym: fair, honest, impartial

(1) in an **equitable** manner, (2) an **equitable** price

In a democratic country, governments promote **equitable** opportunities to participate in society.

occasion

n. a time or event that is suitable or appropriate for something to happen or be done; a particular event or circumstance that requires or allows for something to be done

synonym: event, time, occurrence

(1) a glad **occasion**, (2) as **occasion** demands

She wore her best dress for the special **occasion**.

intrinsic

adj. belonging naturally; essential

synonym: inherent, innate, natural

(1) **intrinsic** value, (2) **intrinsic** nature

The **intrinsic** beauty of the painting was immediately apparent to all who viewed it.

symbol

n. something visible that is used to represent something else

synonym: mark, character, insignia

(1) **symbol** color, (2) **symbol** for happiness

The dragon is considered a **symbol** of bravery.

external

adj. belonging to or situated outside of someone or something

synonym: outside, exterior, foreign

(1) **external** factors, (2) **external** commerce

When a company discloses information to the market, an **external** auditor verifies them.

culpable

adj. deserving blame or censure; responsible for an offense, mistake, or wrongdoing

synonym: guilty, blameworthy, accountable

(1) **culpable** negligence, (2) partially **culpable**

The CEO was held **culpable** for the company's financial losses.

paradox

n. a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;

synonym: incongruity, dichotomy, contradiction

(1) French **paradox**, (2) the **paradox** of the heap

There are many theories to explain this **paradox**.

buckle

v. to bend out of shape, as under pressure or from heat; (noun) a device used for fastening two loose ends of a belt or strap

synonym: bend, crumple, contort

(1) **buckle** down to study, (2) **buckle** shoe

The severe heat wave **buckled** railway tracks.

responsible

adj. answerable or accountable for something within one's power, control, or management

synonym: accountable, answerable, liable

(1) **responsible** action, (2) **responsible** for a customer service

She's a **responsible** pet owner who ensures her dog gets enough exercise and a healthy diet.

certificate

n. an official document stating that the information contained within is true

synonym: diploma, credential, certification

(1) official score **certificate**, (2) a birth **certificate**

He received a **certificate** in computer programming from the

local college.

possess

v. to have or own something or to have as an attribute, knowledge, skill, etc.

synonym: keep, maintain, own

(1) **possess** a basic knowledge, (2) **possess** divine powers
He **possesses** a good sense of humor.

entirety

n. the state of being complete or whole; the total extent or scope of something

synonym: totality, completeness, wholeness

(1) the **entirety** of the situation, (2) the **entirety** of the book
They refused to accept the proposal in its **entirety**, demanding revisions.

constitute

v. to be the essential or fundamental elements or parts of something; to establish, appoint, or assign someone to a particular office or position; to make up or compose something

synonym: comprise, form, make up

(1) **constitute** a threat, (2) **constitute** a majority
The new regulations **constitute** a significant change in the industry standards.

abate

v. to lessen, reduce, or diminish in intensity or severity; to decline or wane in amount or strength over time

synonym: decrease, diminish, reduce

(1) **abate** a storm, (2) **abate** a crisis
He tried to **abate** his anger by taking deep breaths and counting to ten.

indulgent

adj. given to yielding to the desires or whims of oneself or others, especially by being generous or lavish

synonym: lavish, self-indulgent, excessive

(1) an **indulgent** father, (2) **indulgent** lifestyle
The rich and **indulgent** dessert was worth every calorie.

- pity** *n.* a feeling of sorrow and compassion caused by the suffering or misfortunes of others; an object of contempt or disdain
synonym: sympathy, compassion, mercy
(1) allow self- **pity**, (2) **pity** speech
It is a **pity** that the concert had to be canceled due to the storm.
- starve** *v.* to suffer or die from lack of food; to cause someone or something to suffer or die from lack of food; to deprive something of necessary nourishment or sustenance
synonym: famish, hunger
(1) **starve** for a victory, (2) **starve** to death
If you don't eat soon, you're going to **starve**.
- oxygen** *n.* the chemical element with the symbol O that is present in air and water and is necessary for people, animals, and plants to live
(1) the hydrogen binds the **oxygen**, (2) lack of **oxygen**
The passenger grabbed for the **oxygen** mask.
- replace** *v.* to take the place of something
synonym: substitute, supersede, displace
(1) **replace** one word with another, (2) **replace** a phone
Eventually, the new design will **replace** all older models.
- shocking** *adj.* extremely or surprisingly bad, or causing a strong emotional response such as surprise or disgust
synonym: startling, surprising, astounding
(1) **shocking** response, (2) **shocking** revelation
The news of the accident was **shocking** and left many in shock.
- underestimate** *v.* to think or suppose that a quantity, price, or size is smaller than it is
synonym: underrate, misjudge, miscalculate
(1) **underestimate** an enemy, (2) **underestimate** the

probability

They frequently **underestimated** their abilities and felt inferior.

accord

n. an official agreement or treaty between two organizations, countries, etc.; (verb) allow to have
synonym: alliance, pact, agreement

(1) **accord** with public opinion, (2) binational **accord**

The organization finally signed a peace **accord**.

blame

v. to think or say that someone or something did something wrong or is responsible for something bad
synonym: condemn, rebuke, find fault with

(1) **blame** circumstances for the failure, (2) **blame** the lack of knowledge

We **blamed** our impeded progress on lack of money.

transfer

v. to move, pass, or change from one person, place, or situation to another
synonym: move, relocate, shift

(1) **transfer** a file, (2) **transfer** power

She **transferred** the money from her savings account to her checking account.

attribute

v. to say or regard that something is the result of a particular thing; (noun) a quality or feature that someone or something possesses;

synonym: ascribe, blame, (noun) feature

(1) **attribute** the change to their marriage, (2) **attribute** directly to sales

He **attributes** the disappointing results to the economic downturn.

enact

v. to make a law; to put something into practice
synonym: legislate, pass, decree

(1) **enact** new legislation, (2) **enact** the smoking ban

The government **enacted** this law in 1925.

distance

n. the amount of space between two points, measured in units such as miles, meters, or kilometers; the extent, scope, or range between two things, such as distance or emotional distance

synonym : space, gap, span

(1) driving **distance**, (2) social **distance**

The marathon runner covered a long **distance** in a short amount of time.

definitely

adv. without any question and beyond doubt; clearly

synonym : absolutely, certainly, indeed

(1) **definitely** become a problem, (2) say **definitely**

The paper is **definitely** worth reading thoroughly.

conversation

n. an informal talk between two or more people to exchange their views, ideas, information, etc.

synonym : chat, discussion, dialogue

(1) **conversation** in English, (2) a friendly **conversation**

Your **conversation** reflects your thoughts.

retreat

n. the act of moving back or withdrawing from a position or situation; a period of rest or relaxation away from work or everyday life

synonym : escape, withdrawal, vacation

(1) **retreat** deeper into their territory, (2) **retreat** in a mountain region

Many people go on a **retreat** to recharge and reconnect with themselves.

formula

n. a group of symbols, letters, or numbers that represent a rule, law, or mathematical statement

synonym : expression, recipe, procedure

(1) structural **formula**, (2) a binomial **formula**

The teacher told the students to memorize the math **formula**.

prescribe

v. (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something

synonym : define, specify, stipulate

(1) **prescribe** a drug, (2) **prescribe** in the preceding paragraph

Federal bankruptcy laws **prescribed** the reorganization process.

handle

v. to deal with a situation, problem, or strong emotion

synonym : control, manage, deal with

(1) **handle** a precious object, (2) **handled** the incident

We all should learn how to **handle** stress.

traumatic

adj. relating to or caused by injury, especially emotional injury

synonym : distressing

(1) **traumatic** event, (2) **traumatic** brain injury

The experience was so **traumatic** that it left a lasting impact on the survivor's mental health.

testament

n. a thing that proves the existence or truth of something else

synonym : proof, testimony, testimonial

(1) give properties by **testament**, (2) **testament** to the superior quality

His wealth is a **testament** to his success.

privilege

n. a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society

synonym : benefit, authorization, advantage

(1) a breach of **privilege**, (2) **privilege** of membership

In the Middle Ages, the right to hunt in the wild was the **privilege** of royalty and nobility.

ostracize

v. to exclude someone from a group or society by general consent; to avoid speaking to or dealing with intentionally

synonym : exclude, shun, isolate

(1) **ostracize** individual, (2) **ostracize** group

His peers **ostracized** him for his controversial beliefs.

fellow

adj. someone who has the same job or interests as you, or is in the same class, profession, or situation as you

synonym : buddy, mate, affiliate

(1) junior **fellow**, (2) nice **fellow**

He is the kind of **fellow** who only works for his success.

relay

v. to receive and pass something, such as information or a message, from one person or group to another; to broadcast something on television, radio, etc.

synonym : pass on, transmit, broadcast

(1) **relay** a scene, (2) **relay** a request

Please **relay** the news to the world.

pandemic

n. an outbreak of a disease that affects many people over a very wide area

synonym : outbreak

(1) flu **pandemic**, (2) global **pandemic**

They fear a **pandemic** of a new type of virus.

confer

v. to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something

synonym : consult, meet, discuss

(1) **confer** degree, (2) **confer** honor

The leaders of the two countries met to **confer** on the issue.

attend

v. to be present at an event, to go to a place

synonym : go, be present, accompany

(1) **attend** a meeting, (2) **attend** service

We must **attend** to this matter.

exclusive

adj. not divided or shared with others

synonym : sole, deluxe, limited

(1) **exclusive** authority, (2) **exclusive** clubs

The condo offers **exclusive** access to the beach.

perpetrate

v. to commit or carry out a harmful or illegal act, particularly one that involves violence or deception; to be responsible for the creation or continuation of a negative situation

synonym : commit, perform, execute

(1) **perpetrate** harassment, (2) **perpetrate** a fraud

The criminal decided to **perpetrate** another robbery despite his previous arrest.

sorely

adv. to a great extent; greatly or severely; in a way that causes pain, distress, or hardship

synonym : severely, acutely, greatly

(1) **sorely** missed, (2) **sorely** in need

I was **sorely** disappointed when my favorite team lost the game.

underrepresented

adj. not adequately or proportionately represented, often in terms of a particular group, population, or perspective being excluded or marginalized

synonym : belittled, marginalized, disadvantaged

(1) feel **underrepresented**, (2) **underrepresented** data

Underrepresented communities need more support and resources to achieve equity.

alleviate

v. to make something, usually pain, distress, or problem, less severe or intense; to ease or lighten a burden

synonym : ease, relieve, lessen

(1) **alleviate** anxiety, (2) **alleviate** stress

Taking ibuprofen can **alleviate** the pain from a headache.

dare

v. to have the courage to do something

synonym : challenge, risk, attempt

(1) **dare** not go, (2) **dare** to take risks
I wouldn't **dare** to speak to him like that.

Session 2: Spelling

1. al_____te anxiety *v.* to make something, usually pain, distress, or problem, less severe or intense; to ease or lighten a burden
2. st_____le to get the job *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
3. di_____w any knowledge *v.* to deny any responsibility, connection, or knowledge of something; to reject or repudiate something as being false, untrue, or unauthorized
4. source of ins_____on *n.* something that motivates or encourages someone to create or achieve something, or a feeling of excitement or creativity
5. to_____t of jealousy *n.* unbearable physical pain or extreme mental distress; (verb) to cause severe physical or mental suffering to someone, or to be the victim of such suffering
6. structural fo_____a *n.* a group of symbols, letters, or numbers that represent a rule, law, or mathematical statement
7. student on a ti__t budget *adj.* fixed, fastened, or kept together firmly or closely
8. ab__e a storm *v.* to lessen, reduce, or diminish in intensity or severity; to decline or wane in amount or strength over time

ANSWERS: 1. alleviate, 2. struggle, 3. disavow, 4. inspiration, 5. torment, 6. formula, 7. tight, 8. abate

9. ge_____hy class *n.* a field of science devoted to the study of the lands, features, inhabitants, and phenomena of the Earth
10. gr__p his hand *v.* to take hold of something or someone quickly and firmly
11. sh_____ng revelation *adj.* extremely or surprisingly bad, or causing a strong emotional response such as surprise or disgust
12. pi_____l role *adj.* relating to or acting as a pivot or central point; crucial or essential to the success or outcome of something
13. br__e decision *adj.* showing courage or fearlessness in the face of danger, difficulty, or adversity
14. driving di_____ce *n.* the amount of space between two points, measured in units such as miles, meters, or kilometers; the extent, scope, or range between two things, such as distance or emotional distance
15. s__k a buzzer-beater *v.* to submerge or go down below the surface of a liquid or substance; to decline or deteriorate; to cause something to go down into a liquid substance or sink into something else
16. social di_____ce *n.* the amount of space between two points, measured in units such as miles, meters, or kilometers; the extent, scope, or range between two things, such as distance or emotional distance
17. und_____ate an enemy *v.* to think or suppose that a quantity, price, or size is smaller than it is

ANSWERS: 9. geography, 10. grasp, 11. shocking, 12. pivotal, 13. brave, 14. distance, 15. sink, 16. distance, 17. underestimate

18. con_____ng biochemical explanation *adj.* able to make someone believe that something is true
19. ack_____ent of obligation *n.* the act of accepting or admitting something, or the fact of being accepted or admitted; recognition or acceptance of the existence or truth of something
20. con_____te a majority *v.* to be the essential or fundamental elements or parts of something; to establish, appoint, or assign someone to a particular office or position; to make up or compose something
21. ho___r movie *n.* intense fear or disgust, especially at something shocking or terrifying
22. st_____ng disclosure *adj.* causing a strong emotional reaction of admiration, surprise, or shock due to its beauty, rarity, or excellence
23. afraid to show em_____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
24. turn out to be all s__m *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
25. ac___d with public opinion *n.* an official agreement or treaty between two organizations, countries, etc.; (verb) allow to have
26. security in_____nt *n.* an event or occurrence, often unexpected or unplanned; something that happens

ANSWERS: 18. convincing, 19. acknowledgment, 20. constitute, 21. horror, 22. stunning, 23. emotion, 24. sham, 25. accord, 26. incident

27. li____te people from oppression *v.* to set free; to release or rescue from captivity or oppression
28. re____e killing *n.* the act of inflicting punishment or harm in return for an injury or wrongdoing; retaliation, retribution
29. for a s__e reason *adj.* mentally sound or normal; having a rational mind
30. unintended con_____ces *n.* the outcome of a particular action or event, especially relative to an individual
31. st__p a tire off *v.* to remove the surface from something; (noun) a sizeable narrow piece of something such as paper, metal, cloth, etc., or area of land, sea, etc.
32. def_____ly become a problem *adv.* without any question and beyond doubt; clearly
33. ha____ed the incident *v.* to deal with a situation, problem, or strong emotion
34. re____e one word with another *v.* to take the place of something
35. is____e a patient *v.* to physically or socially separate someone or something from other people or things
36. t__e of horror *n.* a story made up in someone's imagination, especially one full of action and adventure
37. a fairy t__e *n.* a story made up in someone's imagination, especially one full of action and adventure

ANSWERS: 27. liberate, 28. revenge, 29. sane, 30. consequence, 31. strip, 32. definitely, 33. handle, 34. replace, 35. isolate, 36. tale, 37. tale

38. pr___r a window seat *v.* to like, choose, or want one thing or person better than another
39. a water fa__y *n.* a mythical being of folklore and romance usually depicted as having magic powers
40. wa___r far from home *v.* to walk around slowly or to a place, often without any clear purpose or direction
41. red c__e *n.* a type of long, loose outer garment that covers the back, shoulders, and arms; a headland or promontory extending into the sea or other large body of water
42. ne_____nd freedom *adj.* newly discovered or acquired
43. re___e the foolish idea *v.* to say or prove that something is wrong or false
44. re_____t deeper into their territory *n.* the act of moving back or withdrawing from a position or situation; a period of rest or relaxation away from work or everyday life
45. public school cl_____es *n.* the situation that a company, organization, etc. has ceased operations permanently
46. do_____wn building *adv.* in or towards the central area of a town or city
47. binational ac___d *n.* an official agreement or treaty between two organizations, countries, etc.; (verb) allow to have
48. d__e situation *adj.* extremely serious or urgent; critical, grave, or disastrous

ANSWERS: 38. prefer, 39. fairy, 40. wander, 41. cape, 42. newfound, 43. refute, 44. retreat, 45. closure, 46. downtown, 47. accord, 48. dire

49. tr____h of democracy *n.* a great victory or achievement
50. re_____ze achievement *v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
51. maintain dis_____on *n.* the quality of behaving with caution and good judgment; the ability to keep confidential information confidential; freedom to make responsible decisions based on one's judgment
52. dr__t down the stream *v.* to move smoothly and slowly in water or air, especially as a result of outside forces, with no control over the direction
53. cr_____y him for their actions *v.* to execute someone by nailing or binding them to a cross, leaving them there to die
54. lack of cl_____y *n.* the quality of being coherent and understandable; the quality of transparency or purity
55. get a r_p *n.* a type of music characterized by a strong, repetitive beat and lyrics that often focus on social and political issues; a reproach for some lapse or misdeed
56. false cl__m *v.* to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true

ANSWERS: 49. triumph, 50. recognize, 51. discretion, 52. drift, 53. crucify, 54. clarity, 55. rap, 56. claim

57. political rap_____ent *n.* the reestablishment or improvement of friendly and cooperative relations between two parties, especially after a period of hostility or disagreement
58. go there af_____rd *adv.* after the time mentioned
59. a se_____c center *adj.* relating to or caused by an earthquake or earth vibration
60. national rec_____ion *n.* the restoration of cordial or friendly relations; getting two things to correspond
61. ex_____ve clubs *adj.* not divided or shared with others
62. inspire co_____e *n.* the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous
63. di_____t a personality *v.* to cut into pieces to study the structure of something in detail
64. as oc_____on demands *n.* a time or event that is suitable or appropriate for something to happen or be done; a particular event or circumstance that requires or allows for something to be done
65. pr_____be a drug *v.* (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something
66. re_____t being so careless *v.* to feel sad, repentant, or disappointed over something you have done or something you have not been able to do

ANSWERS: 57. rapprochement, 58. afterward, 59. seismic, 60. reconciliation, 61. exclusive, 62. courage, 63. dissect, 64. occasion, 65. prescribe, 66. regret

67. ou__o him in trickery *v.* to do better than someone; to surpass
68. dispatch an am_____ce *n.* a vehicle specifically designed and equipped to transport sick or injured people to and from hospitals and other medical facilities
69. bo___e across the floor *v.* to cause to move up or away after hitting a surface; to spring back
70. a ge_____e article *adj.* real and exactly; not pretended; sincerely felt or expressed
71. la_____er all around *n.* the act or sound of laughing
72. re___e an opponent *v.* to say or prove that something is wrong or false
73. back al__y *n.* a narrow lane or way between buildings, often used as a passage or a shortcut; a small street that runs between two other streets
74. rap_____ent process *n.* the reestablishment or improvement of friendly and cooperative relations between two parties, especially after a period of hostility or disagreement
75. und_____ted data *adj.* not adequately or proportionately represented, often in terms of a particular group, population, or perspective being excluded or marginalized
76. a fa_____ll address *n.* the act of departing politely; an expression of a wish or well-being at parting

ANSWERS: 67. outdo, 68. ambulance, 69. bounce, 70. genuine, 71. laughter, 72. refute, 73. alley, 74. rapprochement, 75. underrepresented, 76. farewell

77. learn new co_____ts *n.* an idea or principle associated with something abstract
78. pr_____e changes *v.* to make a proposal, declare a plan for something
79. p__y speech *n.* a feeling of sorrow and compassion caused by the suffering or misfortunes of others; an object of contempt or disdain
80. pl____t like the Earth *n.* any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
81. junior fe____w *adj.* someone who has the same job or interests as you, or is in the same class, profession, or situation as you
82. br____h of wind *n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
83. st_____ht for two months *adj.* extending or moving in one direction without bending or curving; having no deviations
84. a con_____ly innovative enterprise *adv.* all the time
85. em_____r the secretary to do the same *v.* to give someone the power or authority to do something
86. wa____r alone in a strange country *v.* to walk around slowly or to a place, often without any clear purpose or direction
87. a s__m battle *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

ANSWERS: 77. concept, 78. propose, 79. pity, 80. planet, 81. fellow, 82. breath, 83. straight, 84. constantly, 85. empower, 86. wander, 87. sham

88. a birth cer_____te *n.* an official document stating that the information contained within is true
89. s__r to new heights *v.* to fly or rise very high or to a great height, often with great grace or ease
90. a cervical sp__e injury *n.* the series of bones running down the center of the back that protect the spinal cord and support the body; the backbone or vertebral column
91. psychic tr___a *n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
92. feel fe_____sh *adj.* having or showing symptoms of a high temperature, such as sweating and shivering; characterized by or showing strong feelings of excitement or energy
93. l__p handshake *adj.* having no strength or energy; walking with difficulty because of pain, injury, or disability in one's leg or foot
94. su___r a setback *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
95. nice fe___w *adj.* someone who has the same job or interests as you, or is in the same class, profession, or situation as you
96. in_____ic nature *adj.* belonging naturally; essential
97. im_____on illegal immigrant *v.* to confine a person to a prison, a detention facility, or a place of involuntary confinement
98. lose my g__p *n.* the act of holding onto something firmly with your hands, or the ability to do so; (verb) to hold fast or firmly

ANSWERS: 88. certificate, 89. soar, 90. spine, 91. trauma, 92. feverish, 93. limp, 94. suffer, 95. fellow, 96. intrinsic, 97. imprison, 98. grip

99. re_____e a phone *v.* to take the place of something
100. partially cu_____le *adj.* deserving blame or censure; responsible for an offense, mistake, or wrongdoing
101. fa____m the mystery *v.* to understand or comprehend (a difficult or complex problem or situation); to measure the depth of water
102. state of de____l *n.* a statement that something is not true or does not exist
103. Platonic di_____ues *n.* a conversation in a book, play, or film
104. the ex_____re of a fraud *n.* the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret
105. economic ge_____hy *n.* a field of science devoted to the study of the lands, features, inhabitants, and phenomena of the Earth
106. a nervous br_____wn *n.* a failure or collapse of a system or organization
107. the form of a di_____ue *n.* a conversation in a book, play, or film
108. rec_____ion of financial accounts *n.* the restoration of cordial or friendly relations; getting two things to correspond
109. ex_____ed payment *adj.* longer than usual or anticipated
110. cl_____e of a road *n.* the situation that a company, organization, etc. has ceased operations permanently

ANSWERS: 99. replace, 100. culpable, 101. fathom, 102. denial, 103. dialogue, 104. exposure, 105. geography, 106. breakdown, 107. dialogue, 108. reconciliation, 109. extended, 110. closure

111. the en_____ty of the situation	<i>n.</i> the state of being complete or whole; the total extent or scope of something
112. po_____s divine powers	<i>v.</i> to have or own something or to have as an attribute, knowledge, skill, etc.
113. economic th____t	<i>n.</i> a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation
114. the degree of dif_____ty	<i>n.</i> a condition or state that causes problems
115. se__r a positive relationship	<i>v.</i> to break or separate something by cutting, especially suddenly and forcibly
116. outdoor rec_____on	<i>n.</i> the activity that renews your health and spirits by enjoyment and relaxation; the act or process of making something that existed in the past exists or seems to exist again in a different time or place
117. ex___e rebellion	<i>v.</i> to make someone feel suddenly enthusiastic or eager
118. ho___r-struck look	<i>n.</i> intense fear or disgust, especially at something shocking or terrifying
119. se__y deal	<i>adj.</i> run-down, shabby, or in a state of disrepair; disreputable, sleazy, or sordid; lacking moral or ethical standards; describing a fruit that has many seeds
120. l__p hair	<i>adj.</i> having no strength or energy; walking with difficulty because of pain, injury, or disability in one's leg or foot

ANSWERS: 111. entirety, 112. possess, 113. threat, 114. difficulty, 115. sever, 116. recreation, 117. excite, 118. horror, 119. seedy, 120. limp

121. chaotic env_____nt
n. the natural world such as air, water, and land in which humans, animals, and plants live
122. bu___n of disease
n. a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry
123. an une_____ed visitor
adj. not anticipated or regarded as likely to happen
124. wha_____er it be
adv. not at all; no matter what
125. se__r a rope
v. to break or separate something by cutting, especially suddenly and forcibly
126. re_____te idea
v. to reject or disown something or someone
127. ou__o the competition
v. to do better than someone; to surpass
128. in_____n act
adj. lacking human qualities, such as compassion, kindness, or understanding; cruel, brutal, or without regard for others' suffering or dignity
129. aggressive in_____ct
n. an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true
130. ma_____y the danger
v. to make something look bigger than it really is, especially by looking at it through a lens; to make something bigger, stronger, or louder
131. a con_____on of guilt
n. a formal statement in which one admits that they have done something wrong or illegal

ANSWERS: 121. environment, 122. burden, 123. unexpected, 124. whatsoever, 125. sever, 126. repudiate, 127. outdo, 128. inhuman, 129. instinct, 130. magnify, 131. confession

132. st___e to death *v.* to suffer or die from lack of food; to cause someone or something to suffer or die from lack of food; to deprive something of necessary nourishment or sustenance
133. s__r in popularity *v.* to fly or rise very high or to a great height, often with great grace or ease
134. a precise def_____on *n.* a concise explanation of the meaning of a word, phrase, or symbol
135. the vic_____us entry *adj.* being the winner in a game, competition, election, war, etc.
136. ro_____ic breakup *adj.* of or relating to love or a sexual relationship
137. a single su_____or *n.* a person who remains alive after an event in which others have died
138. br__e soldier *adj.* showing courage or fearlessness in the face of danger, difficulty, or adversity
139. bring la_____er *n.* the act or sound of laughing
140. re___e the company *v.* to show that one is not willing to do or accept something
141. Catholic upb_____ng *n.* the conditions and experiences in which a child is cared for and taught, especially in relation to their moral and social development
142. a lone lu_____c *n.* a person who is considered mentally ill, especially one who is extremely irrational or unpredictable; a crazy or foolish person

ANSWERS: 132. starve, 133. soar, 134. definition, 135. victorious, 136. romantic, 137. survivor, 138. brave, 139. laughter, 140. refuse, 141. upbringing, 142. lunatic

143. an____e a chemical compound *v.* to think about in-depth and evaluate to discover essential features or meaning
144. diluted al____l *n.* a clear liquid that can make people drunk and is used in medicines, cleaning products, etc.
145. d__m wrong or inappropriate *v.* to consider or decide something in a particular way
146. tr____a care *n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
147. se____ve medication *n.* a drug or medication that has a calming or sleep-inducing effect on the body and mind; something that soothes or pacifies
148. d_m-building program *n.* a wall constructed over a river to block the flow of water, mainly used to generate energy
149. fo_____en words *adj.* not permitted or allowed by rules or laws
150. r__n the plan *v.* to damage, spoil, or demolish something; (noun) an unrecoverable state of devastation and destruction,
151. co____e a large of alcohol *v.* to spend something, especially fuel, energy, or time, in a large amount
152. d__e not go *v.* to have the courage to do something
153. id____fy handwriting *v.* to recognize someone or something and say or prove who or what they are
154. pr____ly affect adults *adv.* mainly

ANSWERS: 143. analyze, 144. alcohol, 145. deem, 146. trauma, 147. sedative, 148. dam, 149. forbidden, 150. ruin, 151. consume, 152. dare, 153. identify, 154. primarily

155. mental co_____e *n.* the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous
156. i_y clouds *adj.* covered with ice or frost; very cold; lacking warmth or friendliness
157. culprit per_____or *n.* a person who carries out a harmful or illegal act, particularly one that involves violence or deception
158. incredible th____l *n.* a feeling of extreme and sudden excitement and pleasure; to cause someone to feel sudden intense sensation or emotion
159. global pa_____ic *n.* an outbreak of a disease that affects many people over a very wide area
160. a ne_____nd mine *adj.* newly discovered or acquired
161. the en_____ty of the book *n.* the state of being complete or whole; the total extent or scope of something
162. the st____m of time *n.* a small, narrow river; a continuous flow of something, such as liquid, gas, people, vehicles, etc.
163. for_____ss of liabilities *n.* the act of stopping feeling angry or resentful towards someone for a mistake or offense with compassion
164. feel und_____ted *adj.* not adequately or proportionately represented, often in terms of a particular group, population, or perspective being excluded or marginalized

ANSWERS: 155. courage, 156. icy, 157. perpetrator, 158. thrill, 159. pandemic, 160. newfound, 161. entirety, 162. stream, 163. forgiveness, 164. underrepresented

165. a southern ex____re *n.* the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret
166. co_____ct a dam *v.* to build or create something; to assemble or combine different parts to form something whole
167. co_____e symbolism *v.* to suggest or imply something in addition to its literal or primary meaning; to imply something beyond the literal or primary meaning
168. abs_____ly against *adv.* without restriction or limitation; completely or utterly
169. an al__m clock *n.* a loud noise or an automatic signal that warns people of danger; a device that signals the occurrence of some undesirable event or particular danger
170. in an eq_____le manner *adj.* fair and impartial; treating everyone fairly
171. j_t down ideas *v.* to write quickly or briefly
172. show ge_____e regret *adj.* real and exactly; not pretended; sincerely felt or expressed
173. vo__a shot *n.* a distilled alcoholic beverage made from fermented grains or potatoes, typically with high alcohol content and little or no added flavoring
174. cr_____y a criminal *v.* to execute someone by nailing or binding them to a cross, leaving them there to die

ANSWERS: 165. exposure, 166. construct, 167. connote, 168. absolutely, 169. alarm, 170. equitable, 171. jot, 172. genuine, 173. vodka, 174. crucify

175. di_____s solutions *v.* to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic
176. is_____e a compound *v.* to physically or socially separate someone or something from other people or things
177. the black kn____t *n.* a mounted soldier in the past, typically one of noble birth trained to fight in armor; (today in Great Britain) a person honored by the sovereign for personal merit
178. wa_____ss at a restaurant *n.* a woman who serves food and drinks in a restaurant or cafe
179. at_____te the change to their marriage *v.* to say or regard that something is the result of a particular thing; (noun) a quality or feature that someone or something possesses;
180. scr_____us attention *adj.* characterized by careful attention to detail, conscientiousness, and moral integrity; marked by a commitment to ethical behavior and fairness
181. a h__e in prices *n.* a long walk or journey, especially for pleasure or exercise; an increase in cost
182. env_____nt affairs *n.* the natural world such as air, water, and land in which humans, animals, and plants live
183. traffic in_____nt *n.* an event or occurrence, often unexpected or unplanned; something that happens

ANSWERS: 175. discuss, 176. isolate, 177. knight, 178. waitress, 179. attribute, 180. scrupulous, 181. hike, 182. environment, 183. incident

184. a friendly con_____ion *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
185. ha___e a precious object *v.* to deal with a situation, problem, or strong emotion
186. con_____ion of purchase *n.* a statement, often written, that shows that something is true, correct, or definite
187. su_____ce abuse problem *n.* the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug
188. am_____ce service *n.* a vehicle specifically designed and equipped to transport sick or injured people to and from hospitals and other medical facilities
189. ex___e the crowd *v.* to make someone feel suddenly enthusiastic or eager
190. ho_____ck for home *adj.* feeling sad or nostalgic for one's home, family, or familiar surroundings, especially when away from them for a significant length of time
191. co_____ct a 3D image *v.* to build or create something; to assemble or combine different parts to form something whole
192. spiced r_m *n.* a distilled alcoholic beverage made from sugarcane or molasses, often aged and typically with a sweet, rich, or spicy flavor

ANSWERS: 184. conversation, 185. handle, 186. confirmation, 187. substance, 188. ambulance, 189. excite, 190. homesick, 191. construct, 192. rum

193. di____t the data *v.* to cut into pieces to study the structure of something in detail
194. improved student ou____es *n.* the result or effect of an action, event, etc.
195. in_____ce a child's future *n.* the ability to affect someone's or something's character, growth, or behavior, or the effect itself
196. without impact wha_____er *adv.* not at all; no matter what
197. get ne____s *adj.* worried and anxious about something; relating to the nerves
198. vo__t abuse *v.* to eject food, blood, etc., from the stomach through the mouth; (noun) the matter ejected from the stomach through the mouth
199. co_____se with laughter *v.* to experience a sudden and violent contraction of the muscles, often caused by pain, illness, or emotional distress, or to make someone or something do this
200. ex_____ed vacation *adj.* longer than usual or anticipated
201. a con_____ly varying mind *adv.* all the time
202. dispel do__ts *n.* a feeling of being uncertain about something, especially about how good or accurate it is
203. pi_____l moment *adj.* relating to or acting as a pivot or central point; crucial or essential to the success or outcome of something
204. re__y a request *v.* to receive and pass something, such as information or a message, from one person or group to another; to broadcast something on television, radio, etc.

ANSWERS: 193. dissect, 194. outcome, 195. influence, 196. whatsoever, 197. nervous, 198. vomit, 199. convulse, 200. extended, 201. constantly, 202. doubt, 203. pivotal, 204. relay

205. a mailing la__l *n.* a small piece of paper, fabric, or other material attached to an object and giving information about it; (verb) to assign to a category
206. con_____ion in English *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
207. an absolute de___l *n.* a statement that something is not true or does not exist
208. th_____y for a patient *n.* the act of caring for someone through medication, remedial training, etc.
209. d_m collapsing *n.* a wall constructed over a river to block the flow of water, mainly used to generate energy
210. do_____wn traffic *adv.* in or towards the central area of a town or city
211. an in_____l letter *adj.* of or happening at the beginning; (noun) the first letter of a word, especially a person's name
212. br_____wn maintenance *n.* a failure or collapse of a system or organization
213. ma_____y the image for display *v.* to make something look bigger than it really is, especially by looking at it through a lens; to make something bigger, stronger, or louder
214. pinch off a b_d *n.* a small swelling on a plant stem or twig containing an undeveloped shoot
215. s__e judgment *adj.* mentally sound or normal; having a rational mind

ANSWERS: 205. label, 206. conversation, 207. denial, 208. therapy, 209. dam, 210. downtown, 211. initial, 212. breakdown, 213. magnify, 214. bud, 215. sane

216. s__f the waves *v.* to ride on or through waves while standing or lying down on a board or other object; to search or browse the Internet or other computer networks in a casual or aimless manner
217. a seafaring na___n *n.* a large organized community of people living in a particular country or region and having a particular culture
218. the hydrogen binds the ox___n *n.* the chemical element with the symbol O that is present in air and water and is necessary for people, animals, and plants to live
219. tr_____er a file *v.* to move, pass, or change from one person, place, or situation to another
220. lack of ox___n *n.* the chemical element with the symbol O that is present in air and water and is necessary for people, animals, and plants to live
221. re_____t in a mountain region *n.* the act of moving back or withdrawing from a position or situation; a period of rest or relaxation away from work or everyday life
222. und_____ate the probability *v.* to think or suppose that a quantity, price, or size is smaller than it is
223. suffer from ho_____ck *adj.* feeling sad or nostalgic for one's home, family, or familiar surroundings, especially when away from them for a significant length of time
224. di_____ct public opinion *v.* to draw someone's attention away from what they are trying to do

ANSWERS: 216. surf, 217. nation, 218. oxygen, 219. transfer, 220. oxygen, 221. retreat, 222. underestimate, 223. homesick, 224. distract

225. who _____ted commitment	<i>adj.</i> sincere, genuine, and enthusiastic; with complete devotion or commitment
226. ex_____al commerce	<i>adj.</i> belonging to or situated outside of someone or something
227. cu_____le negligence	<i>adj.</i> deserving blame or censure; responsible for an offense, mistake, or wrongdoing
228. vul_____le parts of the body	<i>adj.</i> capable of being hurt or influenced physically or mentally
229. the con_____ce of an argument	<i>n.</i> the outcome of a particular action or event, especially relative to an individual
230. re_____on of inclusion	<i>n.</i> the way two persons or groups of people feel and act toward one another
231. eve_____ly become obsolete	<i>adv.</i> finally, particularly after a long time or a lot of struggle, complications, and so on
232. fo_____en love	<i>adj.</i> not permitted or allowed by rules or laws
233. some une_____ed events	<i>adj.</i> not anticipated or regarded as likely to happen
234. no_____e else to go	<i>adv.</i> not in, at, or to any place; not anywhere
235. dietary dis_____on	<i>n.</i> the quality of behaving with caution and good judgment; the ability to keep confidential information confidential; freedom to make responsible decisions based on one's judgment
236. st___e creativity	<i>v.</i> to suppress or restrain something, particularly a feeling, emotion, or action; to suffocate or prevent proper breathing or ventilation

ANSWERS: 225. wholehearted, 226. external, 227. culpable, 228. vulnerable, 229. consequence, 230. relation, 231. eventually, 232. forbidden, 233. unexpected, 234. nowhere, 235. discretion, 236. stifle

237. bo___e back from failure *v.* to cause to move up or away after hitting a surface; to spring back
238. take a se____ve *n.* a drug or medication that has a calming or sleep-inducing effect on the body and mind; something that soothes or pacifies
239. at___d a meeting *v.* to be present at an event, to go to a place
240. a vul_____le bridge *adj.* capable of being hurt or influenced physically or mentally
241. in____l velocity *adj.* of or happening at the beginning; (noun) the first letter of a word, especially a person's name
242. environmental th___t *n.* a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation
243. flu pa____ic *n.* an outbreak of a disease that affects many people over a very wide area
244. health po___y *n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective
245. po____s a basic knowledge *v.* to have or own something or to have as an attribute, knowledge, skill, etc.

ANSWERS: 237. bounce, 238. sedative, 239. attend, 240. vulnerable, 241. initial, 242. threat, 243. pandemic, 244. policy, 245. possess

246. gastric sp__m *n.* a sudden, involuntary contraction of a muscle, causing a range of sensations from mild discomfort to severe pain; a sudden outburst or brief episode of intense emotion or activity
247. vo__t after ingesting *v.* to eject food, blood, etc., from the stomach through the mouth; (noun) the matter ejected from the stomach through the mouth
248. va__e idea *adj.* not clearly expressed or understood
249. tip the wa_____ss *n.* a woman who serves food and drinks in a restaurant or cafe
250. su___r bad grades *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
251. have a ne_____ve effect *adj.* having the quality of something bad or harmful; expressing refusal
252. se__y apartment building *adj.* run-down, shabby, or in a state of disrepair; disreputable, sleazy, or sordid; lacking moral or ethical standards; describing a fruit that has many seeds
253. ro_____ic movies *adj.* of or relating to love or a sexual relationship
254. a con_____on of faith *n.* a formal statement in which one admits that they have done something wrong or illegal
255. per_____or identity *n.* a person who carries out a harmful or illegal act, particularly one that involves violence or deception

ANSWERS: 246. spasm, 247. vomit, 248. vague, 249. waitress, 250. suffer, 251. negative, 252. seedy, 253. romantic, 254. confession, 255. perpetrator

256. the sp__e of a book *n.* the series of bones running down the center of the back that protect the spinal cord and support the body; the backbone or vertebral column
257. cultural n__m *n.* something that is regarded as usual, typical, or standard
258. b__y emotion *v.* to place a dead body in the ground, grave, or tomb
259. ho___w sound *adj.* having a hole, empty space inside, or indentation on the surface
260. rec_____on of the homeland *n.* the activity that renews your health and spirits by enjoyment and relaxation; the act or process of making something that existed in the past exists or seems to exist again in a different time or place
261. st___e for a victory *v.* to suffer or die from lack of food; to cause someone or something to suffer or die from lack of food; to deprive something of necessary nourishment or sustenance
262. coast st__p *v.* to remove the surface from something; (noun) a sizeable narrow piece of something such as paper, metal, cloth, etc., or area of land, sea, etc.
263. ind_____al freedom *n.* a single person or thing, as distinct from a group
264. re___e a request *v.* to show that one is not willing to do or accept something
265. st___c website *adj.* not moving or not capable of moving, not changing or not capable of changing

ANSWERS: 256. spine, 257. norm, 258. bury, 259. hollow, 260. recreation, 261. starve, 262. strip, 263. individual, 264. refuse, 265. static

266. white kn___t *n.* a mounted soldier in the past, typically one of noble birth trained to fight in armor; (today in Great Britain) a person honored by the sovereign for personal merit
267. an_____e your real motives *v.* to think about in-depth and evaluate to discover essential features or meaning
268. clogged fi___r *n.* any of several types of equipment or systems used to separate particles from liquids or gases or to remove specific forms of light
269. po_____ss argument *adj.* having no purpose or reason; serving no useful function; meaningless or senseless
270. n__m of action *n.* something that is regarded as usual, typical, or standard
271. bl__e circumstances for the failure *v.* to think or say that someone or something did something wrong or is responsible for something bad
272. sound e__o *n.* a sound heard after being reflected off a surface, such as a wall or a cliff
273. co_____e emotion *v.* to suggest or imply something in addition to its literal or primary meaning; to imply something beyond the literal or primary meaning
274. cl__m responsibility *v.* to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true

ANSWERS: 266. knight, 267. analyze, 268. filter, 269. pointless, 270. norm, 271. blame, 272. echo, 273. connote, 274. claim

275. bl__d to the beauties *adj.* unable to see; unable or unwilling to perceive or understand the true nature of something
276. sy___l for happiness *n.* something visible that is used to represent something else
277. stop drinking al____l *n.* a clear liquid that can make people drunk and is used in medicines, cleaning products, etc.
278. hea_____ted goodbye *adj.* feeling or expressing great sadness, grief, or melancholy; burdened or weighed down emotionally
279. ex_____ve authority *adj.* not divided or shared with others
280. plot re_____e *n.* the act of inflicting punishment or harm in return for an injury or wrongdoing; retaliation, retribution
281. re_____ze talent *v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
282. a gr_____c description of an accident *adj.* relating to visual art or involving the use of diagrams or illustrations; very clear and powerful
283. a business cor_____nce *n.* the letters, emails, etc., especially official or business ones; the quality or state of being the same in amount, number, status
284. feeling of gu__t *n.* the fact of having committed something illegal; the negative feelings caused by believing or knowing that you have done something wrong

ANSWERS: 275. blind, 276. symbol, 277. alcohol, 278. heavy-hearted, 279. exclusive, 280. revenge, 281. recognize, 282. graphic, 283. correspondence, 284. guilt

285. transcribe me____c patterns *adj.* having a pleasant or harmonious sound, especially in relation to music
286. a few years af_____rd *adv.* after the time mentioned
287. g_t feelings *n.* the long tube in the body of a person or animal through which food passes when it leaves the stomach; the mental strength or bravery required to do something difficult or unpleasant
288. b_d grafting *n.* a small swelling on a plant stem or twig containing an undeveloped shoot
289. de___e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
290. al__y cat *n.* a narrow lane or way between buildings, often used as a passage or a shortcut; a small street that runs between two other streets
291. co_____us effort *adj.* being aware of and able to respond to what is happening around you
292. at_____te directly to sales *v.* to say or regard that something is the result of a particular thing; (noun) a quality or feature that someone or something possesses;
293. an eq_____le price *adj.* fair and impartial; treating everyone fairly
294. j_t off a letter *v.* to write quickly or briefly
295. high pu___y *n.* the state of being undiluted or unmixed with anything else; the state of being free from immorality, especially of a sexual nature

ANSWERS: 285. melodic, 286. afterward, 287. gut, 288. bud, 289. decide, 290. alley, 291. conscious, 292. attribute, 293. equitable, 294. jot, 295. purity

296. rec_____on award *n.* the action or process of recognizing or being recognized, especially by remembering; an agreement that something is true or legal
297. st___e a laugh *v.* to suppress or restrain something, particularly a feeling, emotion, or action; to suffocate or prevent proper breathing or ventilation
298. professor of ch_____ry *n.* the branch of the natural sciences dealing with the composition of substances and their properties and reactions
299. so___y in need *adv.* to a great extent; greatly or severely; in a way that causes pain, distress, or hardship
300. a private ind_____al *n.* a single person or thing, as distinct from a group
301. dif_____ty in breathing *n.* a condition or state that causes problems
302. in_____nt lifestyle *adj.* given to yielding to the desires or whims of oneself or others, especially by being generous or lavish
303. tr_____ic brain injury *adj.* relating to or caused by injury, especially emotional injury
304. con_____te a threat *v.* to be the essential or fundamental elements or parts of something; to establish, appoint, or assign someone to a particular office or position; to make up or compose something

ANSWERS: 296. recognition, 297. stifle, 298. chemistry, 299. sorely, 300. individual, 301. difficulty, 302. indulgent, 303. traumatic, 304. constitute

305. ac_____ny a chicken dish *v.* to go somewhere or travel with someone or something
306. pr_____d with caution *v.* to move forward or to continue with a process or action; to advance or progress
307. s__b in the chest *v.* to cause harm with a sharp, pointed object, such as a knife
308. cast i_y eyes *adj.* covered with ice or frost; very cold; lacking warmth or friendliness
309. li_____te potential *v.* to set free; to release or rescue from captivity or oppression
310. ac_____ny the book *v.* to go somewhere or travel with someone or something
311. a breach of pr_____ge *n.* a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society
312. di_____ct attention from the real issue *v.* to draw someone's attention away from what they are trying to do
313. vi_____m support *n.* a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event
314. ab__e a crisis *v.* to lessen, reduce, or diminish in intensity or severity; to decline or wane in amount or strength over time
315. r__n the reputation *v.* to damage, spoil, or demolish something; (noun) an unrecoverable state of devastation and destruction,

ANSWERS: 305. accompany, 306. proceed, 307. stab, 308. icy, 309. liberate, 310. accompany, 311. privilege, 312. distract, 313. victim, 314. abate, 315. ruin

316. criminal gu__t *n.* the fact of having committed something illegal; the negative feelings caused by believing or knowing that you have done something wrong
317. cr__h a revolt *v.* to press it firmly, usually with your hands or a tool, so that it becomes flat or smaller
318. scr_____us planning *adj.* characterized by careful attention to detail, conscientiousness, and moral integrity; marked by a commitment to ethical behavior and fairness
319. gr_____c design *adj.* relating to visual art or involving the use of diagrams or illustrations; very clear and powerful
320. an in_____nt father *adj.* given to yielding to the desires or whims of oneself or others, especially by being generous or lavish
321. co___r degree *v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
322. pr_____be in the preceding paragraph *v.* (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something
323. abs_____ly obsessed with the girl *adv.* without restriction or limitation; completely or utterly
324. co_____se with anger *v.* to experience a sudden and violent contraction of the muscles, often caused by pain, illness, or emotional distress, or to make someone or something do this

ANSWERS: 316. guilt, 317. crush, 318. scrupulous, 319. graphic, 320. indulgent, 321. confer, 322. prescribe, 323. absolutely, 324. convulse

325. beg for for _____ss
n. the act of stopping feeling angry or resentful towards someone for a mistake or offense with compassion
326. who _____ted support
adj. sincere, genuine, and enthusiastic; with complete devotion or commitment
327. per_____te a fraud
v. to commit or carry out a harmful or illegal act, particularly one that involves violence or deception; to be responsible for the creation or continuation of a negative situation
328. in_____ic value
adj. belonging naturally; essential
329. so___y missed
adv. to a great extent; greatly or severely; in a way that causes pain, distress, or hardship
330. gr__p a chance
v. to take hold of something or someone quickly and firmly
331. st_____ng beauty
adj. causing a strong emotional reaction of admiration, surprise, or shock due to its beauty, rarity, or excellence
332. hold your br___h
n. the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
333. the degree of pu___y
n. the state of being undiluted or unmixed with anything else; the state of being free from immorality, especially of a sexual nature
334. d__m socially responsible
v. to consider or decide something in a particular way
335. s__k a lot of capital
v. to submerge or go down below the surface of a liquid or substance; to decline or deteriorate; to cause something to go down into a liquid substance or sink into something else

ANSWERS: 325. forgiveness, 326. wholehearted, 327. perpetrate, 328. intrinsic, 329. sorely, 330. grasp, 331. stunning, 332. breath, 333. purity, 334. deem, 335. sink

336. sp__m of laughter *n.* a sudden, involuntary contraction of a muscle, causing a range of sensations from mild discomfort to severe pain; a sudden outburst or brief episode of intense emotion or activity
337. bu___e down to study *v.* to bend out of shape, as under pressure or from heat; (noun) a device used for fastening two loose ends of a belt or strap
338. an arrival pl_____rm *n.* the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed
339. a digital pl_____rm for enterprise *n.* the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed
340. ovarian cancer su_____or *n.* a person who remains alive after an event in which others have died
341. cr__h coffee beans *v.* to press it firmly, usually with your hands or a tool, so that it becomes flat or smaller
342. con_____ion bias *n.* a statement, often written, that shows that something is true, correct, or definite
343. give properties by te_____nt *n.* a thing that proves the existence or truth of something else
344. imm_____ble joy *adj.* too great to be measured or calculated; vast or incalculable in extent or degree; impossible to quantify or express in numerical terms

ANSWERS: 336. spasm, 337. buckle, 338. platform, 339. platform, 340. survivor, 341. crush, 342. confirmation, 343. testament, 344. immeasurable

345. nu_____e love
v. to take care of, feed, and protect someone or something while they are growing and developing
346. po_____ss task
adj. having no purpose or reason; serving no useful function; meaningless or senseless
347. pr_____e the amendment
v. to make a proposal, declare a plan for something
348. control my em_____n
n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
349. a binomial fo_____a
n. a group of symbols, letters, or numbers that represent a rule, law, or mathematical statement
350. di_____w responsibility
v. to deny any responsibility, connection, or knowledge of something; to reject or repudiate something as being false, untrue, or unauthorized
351. en__t the smoking ban
v. to make a law; to put something into practice
352. the vic_____us army
adj. being the winner in a game, competition, election, war, etc.
353. a ne_____ve number
adj. having the quality of something bad or harmful; expressing refusal
354. re_____te a claim
v. to reject or disown something or someone
355. eve_____ly succeed
adv. finally, particularly after a long time or a lot of struggle, complications, and so on
356. come out of no_____e
adv. not in, at, or to any place; not anywhere

ANSWERS: 345. nurture, 346. pointless, 347. propose, 348. emotion, 349. formula, 350. disavow, 351. enact, 352. victorious, 353. negative, 354. repudiate, 355. eventually, 356. nowhere

357. s__b at the enemy with a knife *v.* to cause harm with a sharp, pointed object, such as a knife
358. ex____al factors *adj.* belonging to or situated outside of someone or something
359. mo____r film *n.* an imaginary creature that is large and has various human and animal parts; someone or something large and powerful
360. re____e his thirst *v.* to make something burdensome, unpleasant, or painful less severe
361. os____ze individual *v.* to exclude someone from a group or society by general consent; to avoid speaking to or dealing with intentionally
362. na___n-state *n.* a large organized community of people living in a particular country or region and having a particular culture
363. the qu__t for truth *n.* a long or challenging search for something
364. la__l a bag with my name *n.* a small piece of paper, fabric, or other material attached to an object and giving information about it; (verb) to assign to a category
365. in____ce the daily life *n.* the ability to affect someone's or something's character, growth, or behavior, or the effect itself
366. field of gene th____y *n.* the act of caring for someone through medication, remedial training, etc.
367. ex____ge rate *v.* to give something and receive something else in return, often with the implication that the items being traded are of equal or comparable value; (noun) the act of giving or taking something in return for something else; a place or system where goods or services can be bought, sold, or traded

ANSWERS: 357. stab, 358. external, 359. monster, 360. relieve, 361. ostracize, 362. nation, 363. quest, 364. label, 365. influence, 366. therapy, 367. exchange

368. feelings of gr_____de *n.* the quality of being thankful; readiness to show appreciation for and to return kindness
369. os_____ze group *v.* to exclude someone from a group or society by general consent; to avoid speaking to or dealing with intentionally
370. per_____te harassment *v.* to commit or carry out a harmful or illegal act, particularly one that involves violence or deception; to be responsible for the creation or continuation of a negative situation
371. raving lu_____c *n.* a person who is considered mentally ill, especially one who is extremely irrational or unpredictable; a crazy or foolish person
372. have ho___w legs *adj.* having a hole, empty space inside, or indentation on the surface
373. give the al___m *n.* a loud noise or an automatic signal that warns people of danger; a device that signals the occurrence of some undesirable event or particular danger
374. fi___t on my lap *v.* to make small, restless movements; to be unable to sit still
375. the e__o of a person's footsteps *n.* a sound heard after being reflected off a surface, such as a wall or a cliff
376. carry a bu___n *n.* a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry

ANSWERS: 368. gratitude, 369. ostracize, 370. perpetrate, 371. lunatic, 372. hollow, 373. alarm, 374. fidget, 375. echo, 376. burden

377. gu___y verdict *adj.* feeling responsible for or having done something wrong or criminal
378. bl__e the lack of knowledge *v.* to think or say that someone or something did something wrong or is responsible for something bad
379. vi____t incident *adj.* involving or caused by physical force or aggression against someone or something
380. gas fi___r *n.* any of several types of equipment or systems used to separate particles from liquids or gases or to remove specific forms of light
381. vi___m compensation *n.* a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event
382. do li____se *adv.* in the same way
383. tr____er power *v.* to move, pass, or change from one person, place, or situation to another
384. foreign po___y *n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective
385. give si___t consent *adj.* without any or little sound
386. pr____d to the next step *v.* to move forward or to continue with a process or action; to advance or progress

ANSWERS: 377. guilty, 378. blame, 379. violent, 380. filter, 381. victim, 382. likewise, 383. transfer, 384. policy, 385. silent, 386. proceed

387. please revise li____se *adv.* in the same way
388. re____e stress *v.* to make something burdensome, unpleasant, or painful less severe
389. hea_____ted sigh *adj.* feeling or expressing great sadness, grief, or melancholy; burdened or weighed down emotionally
390. sh____ng response *adj.* extremely or surprisingly bad, or causing a strong emotional response such as surprise or disgust
391. no do__t about the news *n.* a feeling of being uncertain about something, especially about how good or accurate it is
392. the blind g_t *n.* the long tube in the body of a person or animal through which food passes when it leaves the stomach; the mental strength or bravery required to do something difficult or unpleasant
393. st___c electricity *adj.* not moving or not capable of moving, not changing or not capable of changing
394. fa__y tale *n.* a mythical being of folklore and romance usually depicted as having magic powers
395. at a fe____sh pitch *adj.* having or showing symptoms of a high temperature, such as sweating and shivering; characterized by or showing strong feelings of excitement or energy
396. re_____nd reading *v.* to suggest that someone or something would be a suitable fit for a particular purpose or role

ANSWERS: 387. likewise, 388. relieve, 389. heavy-hearted, 390. shocking, 391. doubt, 392. gut, 393. static, 394. fairy, 395. feverish, 396. recommend

397. g__p of fear *n.* the act of holding onto something firmly with your hands, or the ability to do so; (verb) to hold fast or firmly
398. di___m opponents *v.* to remove weapons or the means of attack from a person, group, or situation; to win over or reduce suspicion or hostility from an opponent or adversary
399. part of the he_____g process *n.* the process of becoming or making somebody or something well again
400. on a qu__t for happiness *n.* a long or challenging search for something
401. a st_____ht line *adj.* extending or moving in one direction without bending or curving; having no deviations
402. di___m a bomb *v.* to remove weapons or the means of attack from a person, group, or situation; to win over or reduce suspicion or hostility from an opponent or adversary
403. re_____nd a hospitalization *v.* to suggest that someone or something would be a suitable fit for a particular purpose or role
404. the ch_____ry of soil *n.* the branch of the natural sciences dealing with the composition of substances and their properties and reactions
405. do him a di_____or *n.* the lack of honor or respect; a feeling of shame or disgrace

ANSWERS: 397. grip, 398. disarm, 399. healing, 400. quest, 401. straight, 402. disarm, 403. recommend, 404. chemistry, 405. dishonor

406. tr____h of the spirit *n.* a great victory or achievement
407. hu____ze a room *v.* to make something or someone more humane or compassionate; to make something more relatable or understandable to humans
408. victim of a vi____t crime *adj.* involving or caused by physical force or aggression against someone or something
409. the re_____er of my life *n.* the part of something that is left over when the rest has been used or taken
410. im____e pressure *adj.* extremely large or great
411. an endless st___m of cars *n.* a small, narrow river; a continuous flow of something, such as liquid, gas, people, vehicles, etc.
412. make a va__e answer *adj.* not clearly expressed or understood
413. co____e electricity *v.* to spend something, especially fuel, energy, or time, in a large amount
414. feel a bit gu___y *adj.* feeling responsible for or having done something wrong or criminal
415. at___d service *v.* to be present at an event, to go to a place
416. allow self-p__y *n.* a feeling of sorrow and compassion caused by the suffering or misfortunes of others; an object of contempt or disdain
417. re___t a decision *v.* to feel sad, repentant, or disappointed over something you have done or something you have not been able to do

ANSWERS: 406. triumph, 407. humanize, 408. violent, 409. remainder, 410. immense, 411. stream, 412. vague, 413. consume, 414. guilty, 415. attend, 416. pity, 417. regret

418. co_____t car *n.* an idea or principle associated with something abstract
419. imm_____ble loss *adj.* too great to be measured or calculated; vast or incalculable in extent or degree; impossible to quantify or express in numerical terms
420. st_____le against discrimination *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
421. s__f the Internet *v.* to ride on or through waves while standing or lying down on a board or other object; to search or browse the Internet or other computer networks in a casual or aimless manner
422. the pa_____x of the heap *n.* a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;
423. an explosive su_____ce *n.* the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug
424. de_____e respect *v.* to be worthy of or entitled to something, especially something good or valuable
425. economic to_____t *n.* unbearable physical pain or extreme mental distress; (verb) to cause severe physical or mental suffering to someone, or to be the victim of such suffering

ANSWERS: 418. concept, 419. immeasurable, 420. struggle, 421. surf, 422. paradox, 423. substance, 424. deserve, 425. torment

426. re__y a scene
v. to receive and pass something, such as information or a message, from one person or group to another; to broadcast something on television, radio, etc.
427. pr___r physics to chemistry
v. to like, choose, or want one thing or person better than another
428. say def_____ly
adv. without any question and beyond doubt; clearly
429. tr_____ic event
adj. relating to or caused by injury, especially emotional injury
430. c__e cod
n. a type of long, loose outer garment that covers the back, shoulders, and arms; a headland or promontory extending into the sea or other large body of water
431. re_____l of inspection
n. the act of showing or saying that one is not willing to do or accept something
432. ex_____ge a few friendly words
v. to give something and receive something else in return, often with the implication that the items being traded are of equal or comparable value; (noun) the act of giving or taking something in return for something else; a place or system where goods or services can be bought, sold, or traded
433. in thankful ack_____ent
n. the act of accepting or admitting something, or the fact of being accepted or admitted; recognition or acceptance of the existence or truth of something
434. op_____ne occasion
adj. suitable or happening at a time that is suitable or convenient for a particular purpose

ANSWERS: 426. relay, 427. prefer, 428. definitely, 429. traumatic, 430. cape, 431. refusal, 432. exchange, 433. acknowledgment, 434. opportune

435. a ti__t game *adj.* fixed, fastened, or kept together firmly or closely
436. b__y in the earth *v.* to place a dead body in the ground, grave, or tomb
437. hu_____ze my pet *v.* to make something or someone more humane or compassionate; to make something more relatable or understandable to humans
438. ine_____ly reach the consumer *adv.* in a manner that cannot be avoided or prevented
439. get ins_____on from nature *n.* something that motivates or encourages someone to create or achieve something, or a feeling of excitement or creativity
440. im_____on myself within the room *v.* to confine a person to a prison, a detention facility, or a place of involuntary confinement
441. co___t mistakes *v.* to do something illegal or wrong
442. d__e to take risks *v.* to have the courage to do something
443. co_____us of having succeeded *adj.* being aware of and able to respond to what is happening around you
444. save the pl___t *n.* any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
445. an op_____ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose

ANSWERS: 435. tight, 436. bury, 437. humanize, 438. inevitably, 439. inspiration, 440. imprison, 441. commit, 442. dare, 443. conscious, 444. planet, 445. opportune

446. de___e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
447. in st___t secrecy *adj.* strongly limiting someone's freedom; allowing no deviation from a standard, rule, belief, etc.
448. di_____s options *v.* to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic
449. al_____te stress *v.* to make something, usually pain, distress, or problem, less severe or intense; to ease or lighten a burden
450. bu___e shoe *v.* to bend out of shape, as under pressure or from heat; (noun) a device used for fastening two loose ends of a belt or strap
451. a debt of gr_____de *n.* the quality of being thankful; readiness to show appreciation for and to return kindness
452. reg_____ss of the difficulties *adv.* not paying attention or considering something or someone even if the situation is bad or there are difficulties
453. horde of mo_____rs *n.* an imaginary creature that is large and has various human and animal parts; someone or something large and powerful
454. intended pr_____ly for young people *adv.* mainly

ANSWERS: 446. decide, 447. strict, 448. discuss, 449. alleviate, 450. buckle, 451. gratitude, 452. regardless, 453. monster, 454. primarily

455. bl__d spot *adj.* unable to see; unable or unwilling to perceive or understand the true nature of something
456. res_____le action *adj.* answerable or accountable for something within one's power, control, or management
457. id_____fy gene sequences *v.* to recognize someone or something and say or prove who or what they are
458. in____t gaze *n.* a strong determination or attention to do or achieve something; (adjective) having a strong determination to do or achieve something
459. pr_____ge of membership *n.* a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society
460. fi____t with hands *v.* to make small, restless movements; to be unable to sit still
461. fa____m the depth *v.* to understand or comprehend (a difficult or complex problem or situation); to measure the depth of water
462. bid fa_____ll to the departed *n.* the act of departing politely; an expression of a wish or well-being at parting
463. dr__t away on a raft *v.* to move smoothly and slowly in water or air, especially as a result of outside forces, with no control over the direction
464. meet with a re_____l *n.* the act of showing or saying that one is not willing to do or accept something

ANSWERS: 455. blind, 456. responsible, 457. identify, 458. intent, 459. privilege, 460. fidget, 461. fathom, 462. farewell, 463. drift, 464. refusal

465. the in___t of a question *n.* a strong determination or attention to do or achieve something; (adjective) having a strong determination to do or achieve something
466. co___t suicide *v.* to do something illegal or wrong
467. mi_____ce documents *v.* to put something in the wrong place or lose it temporarily
468. French pa_____x *n.* a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;
469. co___r honor *v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
470. ine_____ly decline with age *adv.* in a manner that cannot be avoided or prevented
471. create a br__d logo *n.* a type of product, service, etc., made by a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made by burning
472. en__t new legislation *v.* to make a law; to put something into practice
473. im_____e amount *adj.* extremely large or great
474. one-to-one cor_____nce *n.* the letters, emails, etc., especially official or business ones; the quality or state of being the same in amount, number, status

ANSWERS: 465. intent, 466. commit, 467. misplace, 468. paradox, 469. confer, 470. inevitably, 471. brand, 472. enact, 473. immense, 474. correspondence

475. division with re_____er *n.* the part of something that is left over when the rest has been used or taken
476. reg_____ss tread *adv.* not paying attention or considering something or someone even if the situation is bad or there are difficulties
477. nu_____e his talents *v.* to take care of, feed, and protect someone or something while they are growing and developing
478. st____t compliance regime *adj.* strongly limiting someone's freedom; allowing no deviation from a standard, rule, belief, etc.
479. in_____n conditions *adj.* lacking human qualities, such as compassion, kindness, or understanding; cruel, brutal, or without regard for others' suffering or dignity
480. di_____or of my family *n.* the lack of honor or respect; a feeling of shame or disgrace
481. me_____c scale *adj.* having a pleasant or harmonious sound, especially in relation to music
482. a desirable ou_____e *n.* the result or effect of an action, event, etc.
483. joint rec_____on *n.* the action or process of recognizing or being recognized, especially by remembering; an agreement that something is true or legal
484. se_____c activities *adj.* relating to or caused by an earthquake or earth vibration
485. si____t reading *adj.* without any or little sound

ANSWERS: 475. remainder, 476. regardless, 477. nurture, 478. strict, 479. inhuman, 480. dishonor, 481. melodic, 482. outcome, 483. recognition, 484. seismic, 485. silent

486. r_p music *n.* a type of music characterized by a strong, repetitive beat and lyrics that often focus on social and political issues; a reproach for some lapse or misdeed
487. re_____on between cause and effect *n.* the way two persons or groups of people feel and act toward one another
488. suffer d__e poverty *adj.* extremely serious or urgent; critical, grave, or disastrous
489. de_____e this prize *v.* to be worthy of or entitled to something, especially something good or valuable
490. go on a h__e *n.* a long walk or journey, especially for pleasure or exercise; an increase in cost
491. to mi_____ce the figure *v.* to put something in the wrong place or lose it temporarily
492. the br__d of the new car *n.* a type of product, service, etc., made by a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made by burning
493. official score cer_____te *n.* an official document stating that the information contained within is true
494. flavored vo__a *n.* a distilled alcoholic beverage made from fermented grains or potatoes, typically with high alcohol content and little or no added flavoring
495. family upb_____ng *n.* the conditions and experiences in which a child is cared for and taught, especially in relation to their moral and social development

ANSWERS: 486. rap, 487. relation, 488. dire, 489. deserve, 490. hike, 491. misplace, 492. brand, 493. certificate, 494. vodka, 495. upbringing

496. a con_____ng victory *adj.* able to make someone believe that something is true
497. r_m cocktail *n.* a distilled alcoholic beverage made from sugarcane or molasses, often aged and typically with a sweet, rich, or spicy flavor
498. te_____nt to the superior quality *n.* a thing that proves the existence or truth of something else
499. natural he_____g ability *n.* the process of becoming or making somebody or something well again
500. development of the ne_____s system *adj.* worried and anxious about something; relating to the nerves
501. in_____ct for self-preservation *n.* an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true
502. sy____l color *n.* something visible that is used to represent something else
503. res_____le for a customer service *adj.* answerable or accountable for something within one's power, control, or management
504. the def_____on of a word *n.* a concise explanation of the meaning of a word, phrase, or symbol
505. sake of cl_____y *n.* the quality of being coherent and understandable; the quality of transparency or purity
506. the th____l of speed *n.* a feeling of extreme and sudden excitement and pleasure; to cause someone to feel sudden intense sensation or emotion

ANSWERS: 496. convincing, 497. rum, 498. testament, 499. healing, 500. nervous, 501. instinct, 502. symbol, 503. responsible, 504. definition, 505. clarity, 506. thrill

507. a glad oc____on

n. a time or event that is suitable or appropriate for something to happen or be done; a particular event or circumstance that requires or allows for something to be done

508. em____r my life

v. to give someone the power or authority to do something

ANSWERS: 507. occasion, 508. empower

Session 3: Fill in the Blanks

1. He bated his _____ when talking about this affair.
n. the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs

2. He suffers from _____ breakdowns.
adj. worried and anxious about something; relating to the nerves

3. The birds _____ open water areas with reeds around them.
v. to like, choose, or want one thing or person better than another

4. The car was completely _____ in the accident.
v. to press it firmly, usually with your hands or a tool, so that it becomes flat or smaller

5. Some _____ are common across cultures and backgrounds.
n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

6. He was always _____ about paying his bills on time, even if it meant going without something else.
adj. characterized by careful attention to detail, conscientiousness, and moral integrity; marked by a commitment to ethical behavior and fairness

7. The CEO's decision was _____ in the success of the company's expansion plans.
adj. relating to or acting as a pivot or central point; crucial or essential to the success or outcome of something

ANSWERS: 1. breath, 2. nervous, 3. prefer, 4. crushed, 5. emotions, 6. scrupulous, 7. pivotal

8. Schools should _____ children's mutual interest spirit.
- v. to take care of, feed, and protect someone or something while they are growing and developing
9. They fear a _____ of a new type of virus.
- n. an outbreak of a disease that affects many people over a very wide area
10. The family decided to _____ in the mountains to enjoy the beautiful scenery.
- n. a long walk or journey, especially for pleasure or exercise; an increase in cost
11. Taking ibuprofen can _____ the pain from a headache.
- v. to make something, usually pain, distress, or problem, less severe or intense; to ease or lighten a burden
12. The stories of war crimes filled her with _____.
- n. intense fear or disgust, especially at something shocking or terrifying
13. He seeks _____ against the person who wronged him.
- n. the act of inflicting punishment or harm in return for an injury or wrongdoing; retaliation, retribution
14. She gave us a categorical _____ of the scandal.
- n. a statement that something is not true or does not exist
15. Your _____ reflects your thoughts.
- n. an informal talk between two or more people to exchange their views, ideas, information, etc.
16. He told me a _____ truth about my parent's death.
- n. the long tube in the body of a person or animal through which food passes when it leaves the stomach; the mental strength or bravery required to do something difficult or unpleasant

ANSWERS: 8. nurture, 9. pandemic, 10. hike, 11. alleviate, 12. horror, 13. revenge, 14. denial, 15. conversation, 16. gut-wrenching

17. _____ communities need more support and resources to achieve equity.
adj. not adequately or proportionately represented, often in terms of a particular group, population, or perspective being excluded or marginalized
18. The _____ on the food package lists the ingredients and nutritional information.
n. a small piece of paper, fabric, or other material attached to an object and giving information about it; (verb) to assign to a category
19. The _____ image on the screen took a lot of work to make out.
adj. not moving or not capable of moving, not changing or not capable of changing
20. People can pick out superior products _____ of the quality of the advertising.
adv. not paying attention or considering something or someone even if the situation is bad or there are difficulties
21. The paper is _____ worth reading thoroughly.
adv. without any question and beyond doubt; clearly
22. The friendly _____ brought the food to the table and asked if they needed anything else.
n. a woman who serves food and drinks in a restaurant or cafe
23. The _____ of the cake was put in the fridge for tomorrow.
n. the part of something that is left over when the rest has been used or taken
24. He _____ a branch from a tree quickly.
v. to break or separate something by cutting, especially suddenly and forcibly

ANSWERS: 17. Underrepresented, 18. label, 19. static, 20. regardless, 21. definitely, 22. waitress, 23. remainder, 24. severed

25. I've been thinking all day and getting _____.

adv. not in, at, or to any place; not anywhere

26. His actions brought _____ to the family, and he was disowned.

n. the lack of honor or respect; a feeling of shame or disgrace

27. The government _____ this law in 1925.

v. to make a law; to put something into practice

28. The break in the ____ threatened the valley.

n. a wall constructed over a river to block the flow of water, mainly used to generate energy

29. The oppressive regime tried to _____ free speech and dissent.

v. to suppress or restrain something, particularly a feeling, emotion, or action; to suffocate or prevent proper breathing or ventilation

30. The politician was quick to _____ any association with the controversial organization.

v. to deny any responsibility, connection, or knowledge of something; to reject or repudiate something as being false, untrue, or unauthorized

31. The impact of climate change on the planet is _____.

adj. too great to be measured or calculated; vast or incalculable in extent or degree; impossible to quantify or express in numerical terms

32. I'll _____ the online store to see if I can find that item in a different color.

v. to ride on or through waves while standing or lying down on a board or other object; to search or browse the Internet or other computer networks in a casual or aimless manner

ANSWERS: 25. nowhere, 26. dishonor, 27. enacted, 28. dam, 29. stifle, 30. disavow, 31. immeasurable, 32. surf

33. Eventually, the new design will _____ all older models.

v. to take the place of something

34. In a democratic country, governments promote _____ opportunities to participate in society.

adj. fair and impartial; treating everyone fairly

35. The superhero wore a flowing _____ as part of their costume.

n. a type of long, loose outer garment that covers the back, shoulders, and arms; a headland or promontory extending into the sea or other large body of water

36. The tree had a _____ trunk, which made it easy for animals to take shelter inside.

adj. having a hole, empty space inside, or indentation on the surface

37. A thunderous boom _____ throughout the valley.

n. a sound heard after being reflected off a surface, such as a wall or a cliff

38. He is the kind of _____ who only works for his success.

adj. someone who has the same job or interests as you, or is in the same class, profession, or situation as you

39. She was nearly _____ due to severe diabetes.

adj. unable to see; unable or unwilling to perceive or understand the true nature of something

40. I ordered a _____ tonic at the bar.

n. a distilled alcoholic beverage made from fermented grains or potatoes, typically with high alcohol content and little or no added flavoring

ANSWERS: 33. replace, 34. equitable, 35. cape, 36. hollow, 37. echoed, 38. fellow, 39. blind, 40. vodka

41. She gave a firm _____.
- n.* the act of showing or saying that one is not willing to do or accept something
42. Basketball is their usual _____ after school.
- n.* the activity that renews your health and spirits by enjoyment and relaxation; the act or process of making something that existed in the past exists or seems to exist again in a different time or place
43. He is familiar with _____ and biology.
- n.* the branch of the natural sciences dealing with the composition of substances and their properties and reactions
44. The torturers inflicted great _____ upon the prisoners.
- n.* unbearable physical pain or extreme mental distress; (verb) to cause severe physical or mental suffering to someone, or to be the victim of such suffering
45. The dragon is considered a _____ of bravery.
- n.* something visible that is used to represent something else
46. The _____ surface of the pond was not safe for skating.
- adj.* covered with ice or frost; very cold; lacking warmth or friendliness
47. The _____ of severe weather prompted the city to issue an evacuation warning.
- n.* a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation
48. They played basketball in the _____ behind their house.
- n.* a narrow lane or way between buildings, often used as a passage or a shortcut; a small street that runs between two other streets

ANSWERS: 41. refusal, 42. recreation, 43. chemistry, 44. torment, 45. symbol, 46. icy, 47. threat, 48. alley

49. I will introduce you to how to _____ the leading causes of the malfunction.
v. to recognize someone or something and say or prove who or what they are
50. You should not _____ them from the community.
v. to physically or socially separate someone or something from other people or things
51. Please _____ the news to the world.
v. to receive and pass something, such as information or a message, from one person or group to another; to broadcast something on television, radio, etc.
52. The _____ rumor turned out to be false.
adj. not clearly expressed or understood
53. Prisoners were subjected to _____ treatment in an overcrowded jail.
adj. lacking human qualities, such as compassion, kindness, or understanding; cruel, brutal, or without regard for others' suffering or dignity
54. Many civilians have suffered _____ as a result of the war.
n. an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
55. The politician remained _____ despite intense media scrutiny.
adj. without any or little sound
56. She wore her best dress for the special _____.
n. a time or event that is suitable or appropriate for something to happen or be done; a particular event or circumstance that requires or allows for something to be done

ANSWERS: 49. identify, 50. isolate, 51. relay, 52. vague, 53. inhuman, 54. trauma, 55. silent, 56. occasion

57. She's a _____ pet owner who ensures her dog gets enough exercise and a healthy diet.

adj. answerable or accountable for something within one's power, control, or management

58. The mobile application industry is _____ changing.

adv. all the time

59. He _____ with his pen while waiting for the interview to begin.

v. to make small, restless movements; to be unable to sit still

60. Earthquakes produce two types of _____ waves.

adj. relating to or caused by an earthquake or earth vibration

61. Infants and pregnant women are particularly _____.

adj. capable of being hurt or influenced physically or mentally

62. They frequently _____ their abilities and felt inferior.

v. to think or suppose that a quantity, price, or size is smaller than it is

63. The leaders of the two countries met to _____ on the issue.

v. to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something

64. I cannot _____ why some people enjoy horror movies.

v. to understand or comprehend (a difficult or complex problem or situation); to measure the depth of water

65. He received a _____ in computer programming from the local college.

n. an official document stating that the information contained within is true

ANSWERS: 57. responsible, 58. constantly, 59. fidgeted, 60. seismic, 61. vulnerable, 62. underestimated, 63. confer, 64. fathom, 65. certificate

66. The organization finally signed a peace _____.
- n.* an official agreement or treaty between two organizations, countries, etc.;
(verb) allow to have
67. My sister and I frequently _____ books, as we love reading.
- v.* to give something and receive something else in return, often with the implication that the items being traded are of equal or comparable value; (noun) the act of giving or taking something in return for something else; a place or system where goods or services can be bought, sold, or traded
68. The criminal decided to _____ another robbery despite his previous arrest.
- v.* to commit or carry out a harmful or illegal act, particularly one that involves violence or deception; to be responsible for the creation or continuation of a negative situation
69. The _____ of the argument was well-presented.
- n.* the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug
70. Higher _____ requires additional equipment and energy.
- n.* the state of being undiluted or unmixed with anything else; the state of being free from immorality, especially of a sexual nature
71. He _____ hypotheses that no mathematician has ever imagined before.
- v.* to build or create something; to assemble or combine different parts to form something whole
72. The politician's outrageous comments made him appear like a _____ to his opponents.
- n.* a person who is considered mentally ill, especially one who is extremely irrational or unpredictable; a crazy or foolish person

ANSWERS: 66. accord, 67. exchange, 68. perpetrate, 69. substance, 70. purity, 71. constructs, 72. lunatic

73. I found her assertion pretty _____.

adj. able to make someone believe that something is true

74. The national election was held amid _____ security.

adj. fixed, fastened, or kept together firmly or closely

75. Mercury is the closest _____ to the sun.

n. any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star

76. _____ is the start, not the end, of intelligence.

n. a feeling of being uncertain about something, especially about how good or accurate it is

77. We can now _____ with the next item on our agenda.

v. to move forward or to continue with a process or action; to advance or progress

78. Some doctor says _____ is the best medicine.

n. the act or sound of laughing

79. Ozone is a primary _____ to protect Earth's surface from harmful UV rays.

n. any of several types of equipment or systems used to separate particles from liquids or gases or to remove specific forms of light

80. The _____ novel was a masterpiece with stunning illustrations that brought the story to life.

adj. relating to visual art or involving the use of diagrams or illustrations; very clear and powerful

ANSWERS: 73. convincing, 74. tight, 75. planet, 76. Doubt, 77. proceed, 78. laughter, 79. filter, 80. graphic

81. The doctor prescribed a _____ to help me sleep.
- n.* a drug or medication that has a calming or sleep-inducing effect on the body and mind; something that soothes or pacifies
82. In medieval Europe, a monarch or feudal lord granted the title of the _____ to a warrior who had demonstrated skill and bravery in battle.
- n.* a mounted soldier in the past, typically one of noble birth trained to fight in armor; (today in Great Britain) a person honored by the sovereign for personal merit
83. Parallel lines are, by _____ lines on the same plane that never cross.
- n.* a concise explanation of the meaning of a word, phrase, or symbol
84. I _____ around for years in Europe before going to university.
- v.* to move smoothly and slowly in water or air, especially as a result of outside forces, with no control over the direction
85. We _____ taking media training every six months.
- v.* to suggest that someone or something would be a suitable fit for a particular purpose or role
86. The company _____ employees to buy low-price items without approval to achieve efficient purchasing.
- v.* to give someone the power or authority to do something
87. I have _____ my keys again and need help finding them.
- v.* to put something in the wrong place or lose it temporarily
88. The shipwreck _____ was rescued after floating in the ocean for three days.
- n.* a person who remains alive after an event in which others have died

ANSWERS: 81. sedative, 82. knight, 83. definition, 84. drifted, 85. recommend, 86. empowered, 87. misplaced, 88. survivor

89. He knocked over the red wine and _____ the tablecloth.

v. to damage, spoil, or demolish something; (noun) an unrecoverable state of devastation and destruction,

90. With his _____ wealth, he could travel the world and indulge in his passions.

adj. newly discovered or acquired

91. The _____ airport runways may accommodate larger jets.

adj. longer than usual or anticipated

92. The government _____ the treaty after the war.

v. to reject or disown something or someone

93. The rich and _____ dessert was worth every calorie.

adj. given to yielding to the desires or whims of oneself or others, especially by being generous or lavish

94. She felt sick and had to run to the bathroom to _____.

v. to eject food, blood, etc., from the stomach through the mouth; (noun) the matter ejected from the stomach through the mouth

95. The industrial _____ laws were passed with little to no alteration.

n. the way two persons or groups of people feel and act toward one another

96. The news of the accident was _____ and left many in shock.

adj. extremely or surprisingly bad, or causing a strong emotional response such as surprise or disgust

97. The passenger grabbed for the _____ mask.

n. the chemical element with the symbol O that is present in air and water and is necessary for people, animals, and plants to live

ANSWERS: 89. ruined, 90. newfound, 91. extended, 92. repudiated, 93. indulgent, 94. vomit, 95. relations, 96. shocking, 97. oxygen

98. It was his first _____ love.

adj. of or relating to love or a sexual relationship

99. Too _____ a regulation for the private sector will stifle innovation.

adj. strongly limiting someone's freedom; allowing no deviation from a standard, rule, belief, etc.

100. The protesters became _____ when the police tried to disperse them.

adj. involving or caused by physical force or aggression against someone or something

101. Regarding earthquakes, some commercial buildings were _____ unsafe.

v. to consider or decide something in a particular way

102. The _____ economic straits called for immediate action.

adj. extremely serious or urgent; critical, grave, or disastrous

103. As an _____ he had the right to make his own decisions and live his life as he saw fit.

n. a single person or thing, as distinct from a group

104. He is tall and _____ strong.

adv. in the same way

105. The military has _____ an abuse of human rights.

v. to do something illegal or wrong

106. The military personnel stationed overseas often feel _____ for their loved ones.

adj. feeling sad or nostalgic for one's home, family, or familiar surroundings, especially when away from them for a significant length of time

ANSWERS: 98. romantic, 99. strict, 100. violent, 101. deemed, 102. dire, 103. individual, 104. likewise, 105. committed, 106. homesick

107. She did well on her _____ exam.
n. a field of science devoted to the study of the lands, features, inhabitants, and phenomena of the Earth
108. The latest experimental results have _____ the previous speculation.
v. to say or prove that something is wrong or false
109. I am _____ opposed to his idea because of morality.
adv. without restriction or limitation; completely or utterly
110. The patient's face twitched in _____ as the dentist started drilling her tooth.
n. a sudden, involuntary contraction of a muscle, causing a range of sensations from mild discomfort to severe pain; a sudden outburst or brief episode of intense emotion or activity
111. She put her _____ effort into finishing the project on time.
adj. sincere, genuine, and enthusiastic; with complete devotion or commitment
112. Taking photographs inside the museum is _____.
adj. not permitted or allowed by rules or laws
113. There is plenty of space to _____ everyone.
v. to place a dead body in the ground, grave, or tomb
114. Is this painting _____ or forged?
adj. real and exactly; not pretended; sincerely felt or expressed
115. He _____ in pain as the injury was severe.
v. to experience a sudden and violent contraction of the muscles, often caused by pain, illness, or emotional distress, or to make someone or something do this

ANSWERS: 107. geography, 108. refuted, 109. absolutely, 110. spasms, 111. wholehearted, 112. forbidden, 113. bury, 114. genuine, 115. convulsed

116. That car has a low environmental _____.

n. a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry

117. The prisoner made a full _____ and admitted to his crime.

n. a formal statement in which one admits that they have done something wrong or illegal

118. He left his wife an _____ fortune.

adj. extremely large or great

119. The _____ announcing an enemy attack went off this morning.

n. a loud noise or an automatic signal that warns people of danger; a device that signals the occurrence of some undesirable event or particular danger

120. They refused to accept the proposal in its _____ demanding revisions.

n. the state of being complete or whole; the total extent or scope of something

121. He was sick for five _____ days.

adj. extending or moving in one direction without bending or curving; having no deviations

122. Each ancient tribe has its _____ traditions.

n. the process of becoming or making somebody or something well again

123. I'll ____ down the address, so I don't forget it.

v. to write quickly or briefly

124. The meeting was considered _____ since nothing was accomplished.

adj. having no purpose or reason; serving no useful function; meaningless or senseless

ANSWERS: 116. burden, 117. confession, 118. immense, 119. alarm, 120. entirety, 121. straight, 122. healing, 123. jot, 124. pointless

125. Please let me know if you want to _____ me to my hometown.
v. to go somewhere or travel with someone or something
126. As she attended the funeral, she couldn't help but feel _____ about the family's loss.
adj. feeling or expressing great sadness, grief, or melancholy; burdened or weighed down emotionally
127. The _____ of the machinery caused a delay in production.
n. a failure or collapse of a system or organization
128. The teacher told the students to memorize the math _____.
n. a group of symbols, letters, or numbers that represent a rule, law, or mathematical statement
129. Because of his excellent performance, he will _____ be promoted.
adv. in a manner that cannot be avoided or prevented
130. The scientist _____ the frog to study its internal organs.
v. to cut into pieces to study the structure of something in detail
131. The corporation _____ dominated the entire tobacco business.
adv. finally, particularly after a long time or a lot of struggle, complications, and so on
132. Skydiving is an overwhelming _____ for many people.
n. a feeling of extreme and sudden excitement and pleasure; to cause someone to feel sudden intense sensation or emotion

ANSWERS: 125. accompany, 126. heavy-hearted, 127. breakdown, 128. formula, 129. inevitably, 130. dissected, 131. eventually, 132. thrill

133. He tried to _____ his rival by breaking the world record.

v. to do better than someone; to surpass

134. The bird _____ through the sky, and its wings spread wide.

v. to fly or rise very high or to a great height, often with great grace or ease

135. He was _____ many times with scissors.

v. to cause harm with a sharp, pointed object, such as a knife

136. There's a new _____ of hero in the movies now.

n. a type of product, service, etc., made by a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made by burning

137. The flower was starting to show its ____ and would soon bloom into a beautiful blossom.

n. a small swelling on a plant stem or twig containing an undeveloped shoot

138. He was _____ for embezzlement.

v. to confine a person to a prison, a detention facility, or a place of involuntary confinement

139. The _____ sunset took everyone's breath away.

adj. causing a strong emotional reaction of admiration, surprise, or shock due to its beauty, rarity, or excellence

140. Terrorists often attempt to _____ the economic impact of their acts of destruction.

v. to make something look bigger than it really is, especially by looking at it through a lens; to make something bigger, stronger, or louder

ANSWERS: 133. outdo, 134. soared, 135. stabbed, 136. brand, 137. bud, 138. imprisoned, 139. stunning, 140. magnify

141. The abandoned ship slowly began to _____ into the murky waters of the harbor.

- v.* to submerge or go down below the surface of a liquid or substance; to decline or deteriorate; to cause something to go down into a liquid substance or sink into something else

142. The _____ beauty of the painting was immediately apparent to all who viewed it.

- adj.* belonging naturally; essential

143. She has a minor curved _____ due to desk work for many years.

- n.* the series of bones running down the center of the back that protect the spinal cord and support the body; the backbone or vertebral column

144. A smaller car will _____ less fuel.

- v.* to spend something, especially fuel, energy, or time, in a large amount

145. They took the _____ step toward reconciliation.

- adj.* of or happening at the beginning; (noun) the first letter of a word, especially a person's name

146. The phone rang at the most _____ time.

- adj.* suitable or happening at a time that is suitable or convenient for a particular purpose

147. He refused to do anything _____ to help her.

- adv.* not at all; no matter what

148. Jet _____ are the common name for air currents that form high in the atmosphere.

- n.* a small, narrow river; a continuous flow of something, such as liquid, gas, people, vehicles, etc.

ANSWERS: 141. sink, 142. intrinsic, 143. spine, 144. consume, 145. initial, 146. opportune, 147. whatsoever, 148. streams

149. The employee _____ the promotion for their hard work and dedication.
- v.* to be worthy of or entitled to something, especially something good or valuable
150. The charity event aims to _____ the homeless rather than treat them as mere statistics.
- v.* to make something or someone more humane or compassionate; to make something more relatable or understandable to humans
151. The _____ of Japan is known for its unique culture and advanced technology.
- n.* a large organized community of people living in a particular country or region and having a particular culture
152. There is a clear association between _____ consumption and cognitive decline.
- n.* a clear liquid that can make people drunk and is used in medicines, cleaning products, etc.
153. Please don't _____ me while I'm studying.
- v.* to draw someone's attention away from what they are trying to do
154. I was _____ disappointed when my favorite team lost the game.
- adv.* to a great extent; greatly or severely; in a way that causes pain, distress, or hardship
155. The _____ crew quickly stabilized the patient before transporting them to the hospital.
- n.* a vehicle specifically designed and equipped to transport sick or injured people to and from hospitals and other medical facilities
156. The mischievous _____ flew gracefully through the forest, spreading magic wherever she went.
- n.* a mythical being of folklore and romance usually depicted as having magic powers

ANSWERS: 149. deserved, 150. humanize, 151. nation, 152. alcohol, 153. distract, 154. sorely, 155. ambulance, 156. fairy

157. The news of her promotion _____ her.

v. to make someone feel suddenly enthusiastic or eager

158. The prisoners were _____ after the war ended.

v. to set free; to release or rescue from captivity or oppression

159. The word 'home' _____ a sense of warmth and comfort.

v. to suggest or imply something in addition to its literal or primary meaning; to imply something beyond the literal or primary meaning

160. He could not _____ against temptation.

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

161. The CEO was held _____ for the company's financial losses.

adj. deserving blame or censure; responsible for an offense, mistake, or wrongdoing

162. They will _____ between various emotional states.

v. to cause to move up or away after hitting a surface; to spring back

163. When a company discloses information to the market, an _____ auditor verifies them.

adj. belonging to or situated outside of someone or something

164. When faced with a dangerous situation, his initial _____ was to flee.

n. an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true

ANSWERS: 157. excited, 158. liberated, 159. connotes, 160. struggle, 161. culpable, 162. bounce, 163. external, 164. instinct

165. The diplomatic meeting resulted in a _____ between the two countries.
n. the reestablishment or improvement of friendly and cooperative relations between two parties, especially after a period of hostility or disagreement
166. She _____ the money from her savings account to her checking account.
v. to move, pass, or change from one person, place, or situation to another
167. He has _____ exercising because of a back injury sustained in an accident.
n. a condition or state that causes problems
168. We must _____ to this matter.
v. to be present at an event, to go to a place
169. The movie has received almost universally _____ criticism.
adj. having the quality of something bad or harmful; expressing refusal
170. We all should learn how to _____ stress.
v. to deal with a situation, problem, or strong emotion
171. He _____ a good sense of humor.
v. to have or own something or to have as an attribute, knowledge, skill, etc.
172. He became _____ that he was being followed.
adj. being aware of and able to respond to what is happening around you
173. The _____ firefighter rescued the family from the burning building.
adj. showing courage or fearlessness in the face of danger, difficulty, or adversity

ANSWERS: 165. rapprochement, 166. transferred, 167. difficulty, 168. attend, 169. negative, 170. handle, 171. possesses, 172. conscious, 173. brave

174. The team's _____ in the championship resulted from their hard work and dedication.

n. a great victory or achievement

175. He found _____ in the works of his favorite authors.

n. something that motivates or encourages someone to create or achieve something, or a feeling of excitement or creativity

176. He _____ the disappointing results to the economic downturn.

v. to say or regard that something is the result of a particular thing; (noun) a quality or feature that someone or something possesses;

177. It takes a lot of _____ to stand up for what you believe is right.

n. the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous

178. I _____ to say that you did not gain admission to the university.

v. to feel sad, repentant, or disappointed over something you have done or something you have not been able to do

179. The long _____ to the air tarnished the antique tableware.

n. the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret

180. They spent a lot of time trying to _____ the current situation.

v. to take hold of something or someone quickly and firmly

181. The company's new _____ on remote work has made it a more inclusive workplace.

n. a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

ANSWERS: 174. triumph, 175. inspiration, 176. attributes, 177. courage, 178. regret, 179. exposure, 180. grasp, 181. policy

182. The _____ rainstorm caused the collapse of the corral.

adj. not anticipated or regarded as likely to happen

183. His strict _____ instilled in him a strong sense of responsibility.

n. the conditions and experiences in which a child is cared for and taught, especially in relation to their moral and social development

184. They awaited news of the _____ of the election.

n. the result or effect of an action, event, etc.

185. These economic activities had disastrous environmental _____.

n. the outcome of a particular action or event, especially relative to an individual

186. The ___ in the pina colada gave the drink its signature kick.

n. a distilled alcoholic beverage made from sugarcane or molasses, often aged and typically with a sweet, rich, or spicy flavor

187. This car has a _____ engine.

n. an imaginary creature that is large and has various human and animal parts; someone or something large and powerful

188. She had a _____ look in her eyes as she struggled with illness.

adj. having or showing symptoms of a high temperature, such as sweating and shivering; characterized by or showing strong feelings of excitement or energy

189. My initial reaction was to _____.

v. to show that one is not willing to do or accept something

190. Many people go on a _____ to recharge and reconnect with themselves.

n. the act of moving back or withdrawing from a position or situation; a period of rest or relaxation away from work or everyday life

ANSWERS: 182. unexpected, 183. upbringing, 184. outcome, 185. consequences, 186. rum, 187. monster, 188. feverish, 189. refuse, 190. retreat

191. If you don't eat soon, you're going to _____.

- v. to suffer or die from lack of food; to cause someone or something to suffer or die from lack of food; to deprive something of necessary nourishment or sustenance

192. She couldn't _____ whether to order the pizza or the pasta for dinner.

- v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

193. The severe heat wave _____ railway tracks.

- v. to bend out of shape, as under pressure or from heat; (noun) a device used for fastening two loose ends of a belt or strap

194. They had a complete _____ a few days after their argument.

- n. the restoration of cordial or friendly relations; getting two things to correspond

195. Federal bankruptcy laws _____ the reorganization process.

- v. (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something

196. The doctor advised him to _____ down for a check.

- v. to remove the surface from something; (noun) a sizeable narrow piece of something such as paper, metal, cloth, etc., or area of land, sea, etc.

197. She expressed her _____ towards the kind stranger who helped her.

- n. the quality of being thankful; readiness to show appreciation for and to return kindness

198. We need to _____ the next steps for the project during our meeting tomorrow.

- v. to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic

ANSWERS: 191. starve, 192. decide, 193. buckled, 194. reconciliation, 195. prescribed, 196. strip, 197. gratitude, 198. discuss

199. He gained debt _____.

- n.* the act of stopping feeling angry or resentful towards someone for a mistake or offense with compassion

200. It is a _____ that the concert had to be canceled due to the storm.

- n.* a feeling of sorrow and compassion caused by the suffering or misfortunes of others; an object of contempt or disdain

201. The former emperor had a particular _____ even after he abdicated.

- n.* the ability to affect someone's or something's character, growth, or behavior, or the effect itself

202. There are many theories to explain this _____.

- n.* a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;

203. All peaceful cooperation is based _____ on mutual trust.

- adv.* mainly

204. They regretted the _____ of their restaurant.

- n.* the situation that a company, organization, etc. has ceased operations permanently

205. The new regulations _____ a significant change in the industry standards.

- v.* to be the essential or fundamental elements or parts of something; to establish, appoint, or assign someone to a particular office or position; to make up or compose something

206. He recorded the _____ at the time of the incident.

- n.* a conversation in a book, play, or film

ANSWERS: 199. forgiveness, 200. pity, 201. influence, 202. paradox, 203. primarily, 204. closure, 205. constitute, 206. dialogue

207. The systems we have developed has accepted as industry _____.
- n.* something that is regarded as usual, typical, or standard
208. The police have not yet caught the _____ of the crime.
- n.* a person who carries out a harmful or illegal act, particularly one that involves violence or deception
209. Every human is responsible for taking care of the Earth's _____.
- n.* the natural world such as air, water, and land in which humans, animals, and plants live
210. I want to _____ a toast in honor of our longstanding relationship.
- v.* to make a proposal, declare a plan for something
211. I underwent aversion _____ for my addiction to alcohol.
- n.* the act of caring for someone through medication, remedial training, etc.
212. Ghosts in folk _____ are almost always malicious.
- n.* a story made up in someone's imagination, especially one full of action and adventure
213. The steak was so undercooked that it was almost raw and had a _____ texture.
- adj.* having no strength or energy; walking with difficulty because of pain, injury, or disability in one's leg or foot
214. The publisher will proofread most of this manuscript for _____.
- n.* the quality of being coherent and understandable; the quality of transparency or purity

ANSWERS: 207. norms, 208. perpetrator, 209. environment, 210. propose, 211. therapy, 212. tales, 213. limp, 214. clarity

215. The _____ at the airport caused a delay in my flight.

- n.* an event or occurrence, often unexpected or unplanned; something that happens

216. His wealth is a _____ to his success.

- n.* a thing that proves the existence or truth of something else

217. There is his _____ party tomorrow.

- n.* the act of departing politely; an expression of a wish or well-being at parting

218. The recipient signed the _____ of receipt.

- n.* the act of accepting or admitting something, or the fact of being accepted or admitted; recognition or acceptance of the existence or truth of something

219. We _____ our impeded progress on lack of money.

- v.* to think or say that someone or something did something wrong or is responsible for something bad

220. I wouldn't _____ to speak to him like that.

- v.* to have the courage to do something

221. He decided to take a walk _____ area to explore the city.

- adv.* in or towards the central area of a town or city

222. The _____ hotel attracted a rough crowd and was known for illegal activities.

- adj.* run-down, shabby, or in a state of disrepair; disreputable, sleazy, or sordid; lacking moral or ethical standards; describing a fruit that has many seeds

223. That adventurer traveled in _____ of buried treasure.

- n.* a long or challenging search for something

ANSWERS: 215. incident, 216. testament, 217. farewell, 218. acknowledgment, 219. blamed, 220. dare, 221. downtown, 222. seedy, 223. quest

224. He tried to _____ his anger by taking deep breaths and counting to ten.

- v.* to lessen, reduce, or diminish in intensity or severity; to decline or wane in amount or strength over time

225. The experience was so _____ that it left a lasting impact on the survivor's mental health.

- adj.* relating to or caused by injury, especially emotional injury

226. He wants to _____ ownership of the abandoned property.

- v.* to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true

227. The data he prepared was completely _____.

- n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

228. The condo offers _____ access to the beach.

- adj.* not divided or shared with others

229. The designer's _____ was to create a minimalist aesthetic for the interior of the building.

- n.* a strong determination or attention to do or achieve something; (adjective) having a strong determination to do or achieve something

230. I often _____ around the park for half an hour.

- v.* to walk around slowly or to a place, often without any clear purpose or direction

231. The _____ troops marched back to their homeland.

- adj.* being the winner in a game, competition, election, war, etc.

ANSWERS: 224. abate, 225. traumatic, 226. claim, 227. sham, 228. exclusive, 229. intent, 230. wander, 231. victorious

232. It's important to _____ your strengths and weaknesses.

- v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered

233. The older man _____ from arthritis and finds it difficult to move around.

- v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

234. The medicine _____ his headache, and he felt much better.

- v.* to make something burdensome, unpleasant, or painful less severe

235. The new ___ album is getting a lot of attention.

- n.* a type of music characterized by a strong, repetitive beat and lyrics that often focus on social and political issues; a reproach for some lapse or misdeed

236. One such rapidly growing _____ is quantum cryptography.

- n.* an idea or principle associated with something abstract

237. In the Middle Ages, the right to hunt in the wild was the _____ of royalty and nobility.

- n.* a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society

238. The teacher attempted to _____ the root cause of our mistake.

- v.* to think about in-depth and evaluate to discover essential features or meaning

239. The _____ of the crime deserves justice and support to recover from the trauma.

- n.* a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event

ANSWERS: 232. recognize, 233. suffers, 234. relieved, 235. rap, 236. concept, 237. privilege, 238. analyze, 239. victim

240. We will explain the countermeasure concerning this problem _____.

adv. after the time mentioned

241. His peers _____ him for his controversial beliefs.

v. to exclude someone from a group or society by general consent; to avoid speaking to or dealing with intentionally

242. Shame and _____ have significant social influences.

n. the fact of having committed something illegal; the negative feelings caused by believing or knowing that you have done something wrong

243. It's important to use _____ when sharing sensitive information.

n. the quality of behaving with caution and good judgment; the ability to keep confidential information confidential; freedom to make responsible decisions based on one's judgment

244. The police were able to _____ the suspect without any violence.

v. to remove weapons or the means of attack from a person, group, or situation; to win over or reduce suspicion or hostility from an opponent or adversary

245. The speaker mounted the _____ and started to speak.

n. the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed

246. The marathon runner covered a long _____ in a short amount of time.

n. the amount of space between two points, measured in units such as miles, meters, or kilometers; the extent, scope, or range between two things, such as distance or emotional distance

ANSWERS: 240. afterward, 241. ostracized, 242. guilt, 243. discretion, 244. disarm, 245. platform, 246. distance

247. Despite the difficult circumstances, he remained _____.

adj. mentally sound or normal; having a rational mind

248. She played a _____ piece on the piano.

adj. having a pleasant or harmonious sound, especially in relation to music

249. The religious leaders wanted to _____ the heretic for his teachings.

v. to execute someone by nailing or binding them to a cross, leaving them there to die

250. The results of the two experiments were in _____.

n. the letters, emails, etc., especially official or business ones; the quality or state of being the same in amount, number, status

251. The _____ of his appointment as CEO was met with mixed reactions.

n. a statement, often written, that shows that something is true, correct, or definite

252. He was given _____ for his outstanding work in the field of medicine.

n. the action or process of recognizing or being recognized, especially by remembering; an agreement that something is true or legal

253. He had a firm _____ on the rope as he climbed the mountain.

n. the act of holding onto something firmly with your hands, or the ability to do so; (verb) to hold fast or firmly

254. After much contemplation, the suspect decided to plead _____ to the theft charge.

adj. feeling responsible for or having done something wrong or criminal

ANSWERS: 247. sane, 248. melodic, 249. crucify, 250. correspondence, 251. confirmation, 252. recognition, 253. grip, 254. guilty

ANSWERS: