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Vocabulary Builder Reference from...

Ryan Pfluger: The therapeutic value of photography | TED Talk

https://www.ted.com/talks/ryan_pfluger_the_therapeutic_value_of_photography

All Words

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Session 1: Word List

confusion

n. the state of being mixed up or unclear, or the state of disorder or uncertainty

synonym: disorder, disarray, chaos

(1) administrative **confusion**, (2) in great **confusion**

The sudden policy change has caused **confusion** among employees.

spotlight

n. a beam of light used to illuminate a particular area or person

synonym: limelight, stage light, highlight

(1) **spotlight** effect, (2) **spotlight** moment

The singer was in the **spotlight** as she performed her hit song.

command

n. authority, control, or mastery over something, often referring to military or leadership contexts; a directive, order, or instruction; expertise or confidence in a specific area; (verb) to give an authoritative order or instruction, or to be in charge or control of something

synonym: control, authority, leadership

(1) **command** and control, (2) **command** a battery

The general gave a **command** to his troops to prepare for battle.

naturally

adv. as might be expected; by natural manners

synonym : by nature, inherently, intrinsically

(1) **naturally** arising, (2) **naturally** regenerated forest

He was **naturally** gifted.

background

n. the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem

synonym : ground, experience, backdrop

(1) a **background** color, (2) a criminal **background**

The company's hiring criteria emphasize personality, not a person's **background**.

analyze

v. to think about in-depth and evaluate to discover essential features or meaning

synonym : explore, examine, investigate

(1) **analyze** a chemical compound, (2) **analyze** your real motives

The teacher attempted to **analyze** the root cause of our mistake.

observe

v. to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion

synonym : watch, monitor, scrutinize

(1) **observe** a tradition, (2) **observe** wildlife

It is important to **observe** safety procedures in the workplace to prevent accidents.

comfort

n. a state of physical ease and freedom from pain or constraint

synonym : ease, solace, coziness

(1) words of **comfort**, (2) **comfort** level

He found **comfort** in the warm embrace of his loved ones.

refer

v. to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support

synonym : cite, allude, mention

(1) **refer** to a book, (2) **refer** to a map

Please **refer** to the instruction manual for further assistance.

blanket

n. a large piece of soft material used to cover or wrap a person or thing to keep them warm; (adjective) broad in scope or content

synonym : cover, coverlet, bedspread

(1) **blanket** authority, (2) **blanket** scarf

The electric **blanket** keeps me warm on cold nights.

photograph

n. a picture or image that is produced by a camera; a visual representation or record of a person, object, or scene that has been captured electronically or on film

synonym : photo, picture, snapshot

(1) **photograph** album, (2) **photograph** memories

I found an old **photograph** of my grandparents from their wedding day.

nomadic

adj. moving from one location to another rather than staying in one place all of the time

synonym : mobile, migratory, wandering

(1) **nomadic** life, (2) **nomadic** herdsmen

This dessert is the territory of **nomadic** tribes.

creative

adj. relating to or involving the use of skill and original and unusual ideas to create something

synonym : imaginative, innovative, inventive

(1) **creative** writing, (2) barren of **creative** spirit

All the supervisor has to do is assign tasks that make his subordinates more **creative**.

profession

n. an occupation or vocation requiring advanced education or specialized training

synonym : occupation, vocation, trade

(1) **profession** choice, (2) healthcare **profession**

Being a doctor is considered a highly respected **profession**.

assume

v. to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance

synonym : guess, presume, suppose

(1) **assume** a lousy attitude to his boss, (2) **assume** an important role

The following example **assumes** that the capacity of each battery is the same.

judgment

n. the ability to form valuable opinions and make reasonable decisions

synonym : conclusion, decision, determination

(1) an emotional **judgment** , (2) deliver a **judgment**

Her **judgments** are consistently rational and sensible.

tangible

adj. real and concrete; able to be perceived, especially able to be touched; (of business assets) having physical substance and intrinsic monetary value

synonym : palpable, real, actual

(1) **tangible** assets, (2) produce **tangible** results

A problem that has been pointed out for years finally becomes **tangible**.

grab

v. to take hold of something or someone suddenly with a hand, especially in a violent way

synonym : clutch, snatch, grasp

(1) **grab** an audience, (2) **grab** an opportunity

Shall we **grab** a bite to eat?

portrait

n. a painting, picture; the likeness of a person, especially one showing the face

synonym : illustration, image, portraiture

(1) a **portrait** painter, (2) **portrait** of a well-known figure

A well-known artist painted this lovely lady's **portrait**.

ridiculous

adj. very silly or unreasonable and deserving to be laughed at

synonym: absurd, fatuous, foolish

(1) a **ridiculous** amount of money, (2) a **ridiculous** suggestion

Everyone regarded the theory he advocated as **ridiculous** but was later proven correct.

depict

v. to illustrate someone or something in a photograph

synonym: illustrate, describe, express

(1) **depict** a scene, (2) **depict** a feeling of isolation

His son had accurately **depicted** the bloom.

surreal

adj. strange and unreal; having an oddly dreamlike quality

synonym: dreamlike, fantastical, unreal

(1) **surreal** number, (2) **surreal** art

The dreamlike quality of the painting gave it a **surreal** feel.

president

n. the leader of a republic, for example, the US; the person in charge of the organization such as a company, university, club, etc.

synonym: leader, CEO, chairperson

(1) **president** emeritus, (2) vice- **president** for finance

The club **president** does not have absolute power.

elect

v. to choose someone for a specific position by voting for them; to decide or choose to do something

synonym: select, choose, prefer

(1) **elect** the school board, (2) **elect** death

Every five years, the provincial governors are **elected**.

rally

v. a public meeting of a group of people intended to arouse enthusiasm

synonym: gathering, meetup, demonstration

(1) **rally** in front of the embassy, (2) the preliminary **rally**
There was a massive police presence at the anti-government **rally**.

tremendous

adj. very great in degree or extent or amount or impact;
extremely good

synonym: enormous, giant, immense

(1) **tremendous** amount, (2) **tremendous** popularity

We had a **tremendous** time yesterday.

emotional

adj. relating to people's feelings

synonym: affecting, impactful, impressive

(1) **emotional** health, (2) **emotional** distress

Human **emotional** responses vary widely depending on the society to which they belong.

advocate

n. a person who supports or suggests an idea,
development, or way of doing something

synonym: proponent, exponent, promoter

(1) an **advocate** of disarmament, (2) public education

advocates

Advocates of abolishing the death penalty often argue that the alternative heaviest sentence should be life in prison.

represent

v. to speak, act, or be present on behalf of another person
or group; to form or constitute

synonym: depict, express, describe

(1) **represent** by a diagram, (2) the characters that **represent** numbers

We elected him to **represent** us at the international conference.

conversation

n. an informal talk between two or more people to
exchange their views, ideas, information, etc.

synonym: chat, discussion, dialogue

(1) **conversation** in English, (2) a friendly **conversation**

Your **conversation** reflects your thoughts.

relate

v. to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something

synonym: connect, link, associate

(1) **relate** a story, (2) **relate** a message

He tried to **relate** his experience to the group, but they couldn't understand.

celebrity

n. someone who is well-known, particularly in the entertainment industry

synonym: figure, star, VIP

(1) baseball **celebrity**, (2) **celebrity** known worldwide

The popularity of the show made her an instant **celebrity**.

icon

n. a picture or statue of a holy person considered to be a sacred thing; a little icon on the screen of a computer or smartphone that denotes an application or a file

synonym: figure, hero, idol

(1) **icon** for young people, (2) television **icon**

Some comic book characters are considered gay **icons**.

numerous

adj. amounting to a large indefinite number

synonym: many, considerable, countless

(1) **numerous** countries, (2) as **numerous** as the sand

These descriptions are based on a number of **numerous** assumptions.

interact

v. to communicate or react with somebody

synonym: cooperate, combine, collaborate

(1) **interact** directly with customers, (2) **interact** with one another

He should **interact** more with his colleagues.

cross-country

adj. relating to or taking place across the open country rather than on roads or tracks; involving travel by foot, horse, or vehicle over rough terrain or through wilderness areas; (noun) a long-distance race or journey that takes place over rough or varied terrain, such as hills, forests, or fields

synonym : rural, remote, backcountry

(1) **cross-country** road trip, (2) **cross-country** skiing

We had to take a **cross-country** flight because no direct flights were available.

fulfill

v. to meet the requirements or expectations; to achieve or realize

synonym : satisfy, complete, accomplish

(1) **fulfill** a contract, (2) **fulfill** a lifetime dream

It was the first time for her, but she **fulfilled** the role of Priest.

backstory

n. the history and events that occur before the main events of a story or the history and details of a person or thing that are not widely known

synonym : history, background, prehistory

(1) the **backstory** about this sweet moment, (2) **backstory** plot

The **backstory** of the main character added depth to the story.

abridge

v. to shorten or condense a book, a play, a speech, etc., while maintaining its essence

synonym : condense, shorten, abbreviate

(1) **abridge** a biography, (2) **abridge** a speech

I had to **abridge** the novel to fit it into the time allotted for the movie.

episode

n. a happening or story that is distinctive in a series of related events; an abrupt short period during which someone suffers from the effects of a physical or mental illness

synonym :

event, chapter, seizure

(1) end of the first **episode**, (2) **episode** of vertigo
I want to put that **episode** of my life behind me.

relative

adj. considered and evaluated through comparison with something else

synonym : comparative, proximate, congeneric

(1) a remote **relative**, (2) **relative** factors

Most countries prohibit sexual activity between certain close **relatives**.

utmost

adj. greatest in degree, extent, or intensity; of the highest or greatest importance, significance, or priority

synonym : highest, maximum, greatest

(1) **utmost** importance, (2) with **utmost** care

I did my **utmost** to complete the project before the deadline.

privilege

n. a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society

synonym : benefit, authorization, advantage

(1) a breach of **privilege**, (2) **privilege** of membership

In the Middle Ages, the right to hunt in the wild was the **privilege** of royalty and nobility.

involve

v. to include or affect someone or something as a necessary part of something else

synonym : implicate, include, engage

(1) **involve** a lot of paperwork, (2) **involve** a high degree of risk

The investigation **involves** several government agencies and is expected to take several months.

demon

n. an evil spirit, supernatural being or entity often depicted as malevolent or harmful

synonym : fiend, devil, evil spirit

(1) **demon** hunter, (2) cast **demon** eyes

The actor's portrayal of the **demon** in the horror movie was terrifying.

necessarily

adv. in an essential manner; in such a way as could not be otherwise

synonym: inevitable, certainly, automatically

(1) not **necessarily** a problem, (2) **necessarily** true

This accident was something that happened **necessarily**.

mere

adj. used to emphasize how insignificant or minor someone or something is

synonym: bare, minor, sheer

(1) **mere** acquaintance, (2) **mere** incident

He lost the election by **mere** votes.

casualty

n. a person who has been killed or injured in a war, accident, or other disasters; a victim

synonym: victim, injured, fatality

(1) civilian **casualty**, (2) military **casualty**

Unfortunately, the driver was the only **casualty** in the car accident.

depression

n. a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market

synonym: recession, slump, despair

(1) the Great **Depression**, (2) the root problem of her **depression**

Depression symptoms might include a decrease in appetite and weight loss.

addiction

n. the inability to stop using or doing something as a habit, especially something harmful

synonym: dependence

(1) alcohol **addiction**, (2) **addiction** to foreign oil

He is now fighting his **addiction** to drugs.

resentment

n. bitterness or indignation at being treated unfairly
synonym: bitterness, enmity, animosity

(1) abiding **resentment**, (2) bitter **resentment**

She felt **resentment** towards her boss for not giving her a promotion.

overwhelm

v. to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody
synonym: conquer, crush, dominate

(1) he was **overwhelmed** with gratitude, (2) **overwhelm** opponents by numbers

Too much variety may **overwhelm** and confuse viewers.

diagnose

v. to determine or distinguish the nature of a problem or an illness through a careful analysis

synonym: identify, analyze, interpret

(1) **diagnose** the problem, (2) **diagnose** with CT scans

This device is used to **diagnose** brain cancer and other tumors.

cancer

n. abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

synonym: tumor, carcinoma, malignancy

(1) **cancer** diagnosis, (2) **cancer** research

Breast **cancer** is the most common type of cancer in women.

survive

v. to live or exist despite a dangerous event or period

synonym: endure, persist, stay

(1) **survive** a blizzard, (2) **survive** a plane crash

These birds can only **survive** in temperate climates.

screwdriver

n. a tool used for turning screws, typically consisting of a handle and a metal rod with a flattened tip that fits into the slot on the head of a screw; a popular cocktail made

with vodka and orange juice

synonym : screw, driver, wrench

(1) open the can with a **screwdriver**, (2) electric **screwdriver**

I need a flathead **screwdriver** to tighten the loose screws on this cabinet.

identity

n. the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another

synonym : character, personality, individuality

(1) mistaken **identity**, (2) **identity** as an individual

The terrorist's **identity** remains unknown.

strip

v. to remove the surface from something; (noun) a sizeable narrow piece of something such as paper, metal, cloth, etc., or area of land, sea, etc.

synonym : deprive, undress, (noun) ribbon

(1) **strip** a tire off, (2) coast **strip**

The doctor advised him to **strip** down for a check.

intellect

n. the ability to think logically and comprehend information, especially at an advanced level

synonym : mind, brightness, cleverness

(1) enrich my **intellect**, (2) human **intellect**

Your **intellect** is capable of distinguishing among similar objects.

immediacy

n. the quality of being immediate, close, or present; the sense of urgency or importance; the act of responding or attending to something promptly

synonym : urgency, importance, promptness

(1) **immediacy** of impact, (2) feel a sense of **immediacy**

The **immediacy** of the situation required quick action to be taken to prevent any further damage or harm.

collaborate

v. to work with someone else to produce or achieve something

synonym: cooperate, unite, get together

(1) **collaborate** with the police, (2) **collaborate** on a press release

She agreed to **collaborate** with him in creating new artwork.

bubble

n. a thin, round, and often transparent mass of gas that is surrounded by a thin layer of liquid; a state of economic or social prosperity that is unsustainable and eventually collapses

synonym: blob, balloon, mania

(1) **bubble** in the champagne glass, (2) economic **bubble**

Many people worry that the current real estate market is a **bubble** that could burst soon.

interaction

n. the act of connecting with someone, mainly when working, playing, or spending time with them

synonym: dealings, exchange, relations

(1) the **interaction** between man and his environment,

(2) **interaction** among human beings

The **interaction** of the two groups is good for brainstorming.

sober

adj. not drunk or affected by alcohol; dignified in manner or character and committed to keeping promises

synonym: calm, lucid, temperate

(1) **sober** discussion, (2) as **sober** as a judge

He led a **sober** life.

estranged

adj. separated or alienated from someone or something that was once familiar or close; emotionally detached or distant due to a breakdown in a relationship or connection

synonym: alienated, distant, estrous

(1) **estranged** relationship, (2) become **estranged**

After years of not speaking to each other, the **estranged** family members finally reunited.

graduate

n. a person who has a first degree from university or college; (verb) to complete the first course of university or college and get a degree

synonym : alumna, alum, grad

(1) **graduate** degree program, (2) honor **graduate**

Many employers hire **graduate** trainees to train as managers.

collier

n. a coal miner or worker in the coal industry; a ship that transports coal

synonym : miner, digger, excavator

(1) **collier's** job, (2) **collier** factory

The town's economy was largely dependent on the **collier** industry.

echo

n. a sound heard after being reflected off a surface, such as a wall or a cliff

synonym : reverberate, repeat, reflection

(1) the **echo** of a person's footsteps, (2) sound **echo**

A thunderous boom **echoed** throughout the valley.

craft

n. an activity that requires a particular skill in making things with one's hands

synonym : art, skill, workmanship

(1) **craft** arts of Japan, (2) **craft** manufacture

His hometown was where he first acquired the **craft** of wood carving.

uncomfortable

adj. providing or feeling physical discomfort or slight pain

synonym : comfortless, discomforting, painful

(1) an **uncomfortable** silence, (2) with an **uncomfortable** face

His abusive words made me **uncomfortable**.

dialogue

n. a conversation in a book, play, or film

synonym : conversation, discussion, talk

(1) Platonic **dialogues**, (2) the form of a **dialogue**

He recorded the **dialogue** at the time of the incident.

proximity

n. the state or quality of being near or close to something or someone in distance or time

synonym : nearness, closeness, vicinity

(1) **proximity** sensor,, (2) geographical **proximity**

The **proximity** of the two cities makes it easy to travel between them.

immersion

n. the act of putting someone or something into a liquid completely; the state of being completely involved in a subject or activity

synonym : submergence, involvement, engagement

(1) baptism by **immersion**, (2) **immersion** in acid

I felt like I was in a different world because of the **immersion** experience of virtual reality.

surprisingly

adv. in a way that causes amazement or wonder

synonym : exceptionally, notably, unusually

(1) **surprisingly** advanced culture, (2) have **surprisingly** little effect

The exam was **surprisingly** tricky for everyone.

fantasy

n. a fiction with a large amount of imagination in it; a pleasant situation that you imagine but that is unlikely to happen

synonym : fiction, illusion, fabrication

(1) **fantasy** novel, (2) confuse **fantasy** with reality

Composition by artificial intelligence is no longer a **fantasy**.

relation

n. the way two persons or groups of people feel and act toward one another

synonym : association, linkage, connection

(1) **relation** between cause and effect, (2) **relation** of inclusion

The industrial **relations** laws were passed with little to no

alteration.

bond

n. a close emotional connection between two or more people; a certificate of debt that a government or corporation issues to raise money

synonym: bind, adhesion, attachment

(1) **bond** as a family, (2) global **bond** market

They had formed a friendship **bond**.

incapable

adj. unable to do, control, or achieve something

synonym: unable, incompetent, unskilled

(1) drunk and **incapable**, (2) **incapable** of being resisted

He seems **incapable** of understanding what she says.

therapy

n. the act of caring for someone through medication, remedial training, etc.

synonym: antidote, medicine, treatment

(1) **therapy** for a patient, (2) field of gene **therapy**

I underwent aversion **therapy** for my addiction to alcohol.

communicate

v. to share or exchange information with others by speaking, writing, moving your body, or using other signals

synonym: convey, share, transmit

(1) **communicate** his anxieties to the psychiatrist,

(2) **communicate** well with my advisor

Dolphins use sound to **communicate** with each other.

fast-forward

v. to advance or move forward in time or progress, particularly in a rapid or accelerated manner; to increase the playback speed of a recording

synonym: advance, hasten, speed up

(1) **fast-forward** 10 seconds, (2) **fast-forward** to the good part

I like to **fast-forward** through commercials when watching TV shows.

spontaneously

adv. in a way that is natural, not planned or forced, and often sudden

synonym : impromptu, automatically, immediately

(1) recover **spontaneously** after five days, (2) this shift occurs **spontaneously**

The electrical cord **spontaneously** combusted.

anxiety

n. a feeling of worry, nervousness, or unease about something that is happening or might happen in the future

synonym : concern, dread, agita

(1) diagnosis of **anxiety** disorder, (2) **anxiety** for knowledge
She waited for her daughter with **anxiety**.

stagnant

adj. not flowing or circulating; standing still; stagnant water

synonym : still, stagnant, unmoving

(1) **stagnant** car sales, (2) **stagnant** economy

The **stagnant** water in the pond is a breeding ground for mosquitoes.

withdraw

v. to remove or take back something; to stop participating in something

synonym : retract, remove, back out

(1) **withdraw** from public life, (2) **withdraw** \$500 from my account

The company decided to **withdraw** its proposal due to public opposition.

frustration

n. the feeling of being upset or annoyed as a result of being unable to change or achieve something

synonym : disappointment, discouragement, dissatisfaction

(1) **frustration** level, (2) express **frustration**

He felt a deep **frustration** as he realized the project would not be completed on time.

destination

n. the place to which someone or something is going or being sent; the ultimate purpose or goal of a journey or

action

synonym: location, endpoint, target

(1) travel **destination**, (2) romantic **destinations**

I am excited to reach my **destination** and explore the new city finally.

pivotal

adj. relating to or acting as a pivot or central point; crucial or essential to the success or outcome of something

synonym: crucial, essential, important

(1) **pivotal** moment, (2) **pivotal** role

The CEO's decision was **pivotal** in the success of the company's expansion plans.

catharsis

n. a release or purging of emotional or psychological tension, often through artistic or creative experiences or expressions

synonym: cleansing, purification, purging

(1) **catharsis** of grief, (2) spiritual **catharsis**

Many people find that physical exercise provides a sense of **catharsis**, helping to relieve stress and anxiety.

download

v. to transfer data or files from the Internet or computer network to a user's computer or device; (noun) the process of transferring data or information from a remote or central computer to a local computer or device

synonym: load, save, transfer

(1) **download** files from the Internet, (2) **download** the assignment from the website

I need to **download** the latest update for my computer's operating system.

hook

n. a curved device used for suspending, holding, or pulling something, especially one attached to a surface for hanging things on; a sharp curve or crook

synonym: buckle, pin, curve

(1) a hat **hook**, (2) the curved shape of a **hook**

Please hang your towel on a **hook**.

app *n.* (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC
synonym : application, software
(1) killer **app**, (2) cannot log in to the **app**
The discovery of a critical bug caused the company to delay the **app's** release.

hesitation *n.* the act of pausing or being slow before saying or doing something, especially because you feel uncertain or nervous
synonym : unwillingness, indecision, uncertainty
(1) perform without **hesitation**, (2) after some **hesitation**
There was a **hesitation** in her speech.

utilize *v.* to use something for a practical purpose in an effective way
synonym : employ, use, operate
(1) **utilize** a different approach, (2) **utilize** a catheter
The cook **utilized** the leftover oxtail to make soup.

communal *adj.* belonging to or used by a group rather than individuals; for common use
synonym : collaborative, combined, collective
(1) **communal** swimming pool, (2) **communal** combination of funds
Communal elections were held in several European countries.

gay *adj.* homosexual; happy, carefree
synonym : cheerful, lively, joyful
(1) **gay** couple, (2) **gay** rights
The **gay** pride parade was a celebration of diversity and acceptance.

queer

adj. strange or odd, typically in an interesting or attractive way

synonym : strange, odd, unusual

(1) **queer** money, (2) **queer** fashion

The behavior of the clown at the party was quite **queer**.

variation

n. the act or state of changing; a difference or change in the way something is done, made or said

synonym : fluctuation, change, variation

(1) **variation** of temperature, (2) gene **variation**

There is a lot of **variation** in the colors of flowers in the garden.

creepy

adj. causing an uneasy feeling of fear or unease

synonym : eerie, unsettling, spooky

(1) feel **creepy**, (2) **creepy** atmosphere

The old, abandoned house was **creepy** and gave me the chills.

lone

adj. solitary or single

synonym : solitary, single, alone

(1) a **lone** flight, (2) a **lone** house in the field

The **lone** traveler walked along the deserted road.

casual

adj. relaxed and informal in manner or dress, not planned or expected; not involving commitment or seriousness

synonym : informal, relaxed, offhand

(1) **casual** dress, (2) take a **casual** glance

They had a **casual** conversation over coffee at the local cafe.

mention

v. to speak or write about something or someone briefly

synonym : reference, allude, cite

(1) **mention** name, (2) **mention** in a report

I **mentioned** to him that I had seen his sister at the grocery store earlier that day.

accident

n. an unfortunate event, especially one causing damage or injury

synonym: calamity, casualty, chance

(1) cause an **accident**, (2) injury in a car **accident**

The **accident** partially destroyed my vehicle.

trait

n. a particular feature of your nature

synonym: attribute, feature, quality

(1) chemical **trait**, (2) personality **traits**

Multiple genes may influence behavioral **traits** concurrently.

critic

n. someone who expresses opinions about the quality of books, music, etc.

synonym: pundit, analyst, attacker

(1) art **critic**, (2) severe **critic**

Advocates for legal reform hear less harsh words from their **critics**.

occasionally

adv. now and then; sometimes but not often

synonym: periodically, sometimes, from time to time

(1) **occasionally** dine with friends, (2) **occasionally** change the routine

She still **occasionally** writes a short romance novel.

appraise

v. to assess or evaluate the value, quality, or condition of something or someone, often in a professional or organized manner

synonym: evaluate, assess, judge

(1) **appraise** his property, (2) **appraise** the situation

The real estate agent will **appraise** the value of your property before listing it.

sensitive

adj. able to notice slight changes, signals, or influences; able to feel or perceive other's feelings; susceptible to the things people say or do

synonym: exposed, susceptible, keen

(1) **sensitive** documents, (2) baby with **sensitive** skin

The teacher is very **sensitive** to children's feelings.

impulsive

adj. acting suddenly without any planning and without considering the effects they may have

synonym : abrupt, hasty, capricious

(1) an **impulsive** force, (2) do **impulsive** buying

He regrets the **impulsive** behavior he took in his drunken state.

contradictory

adj. containing or consisting of conflicting or incompatible elements

synonym : conflicting, opposing, inconsistent

(1) apparently **contradictory**, (2) **contradictory** evidence

His statements were **contradictory**, leaving the audience confused.

reclaim

v. to take back something previously lost, given, or paid, or ask to have it back

synonym : recoup, regain, retake

(1) **reclaim** a competitive position, (2) **reclaim** land from the sea

You may be entitled to **reclaim** some tax.

denominator

n. the number below the line in a fraction

(1) common **denominator**, (2) different **denominators**

The first step is to rationalize the **denominator** of a fraction.

struggle

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

synonym : toil, strive, compete

(1) **struggle** against discrimination, (2) **struggle** to get the job

He could not **struggle** against temptation.

achievement

n. a thing that someone has accomplished, primarily through their effort and ability

synonym : accomplishment, attainment, triumph

(1) student **achievement**, (2) a remarkable **achievement**

This **achievement** has never been formally accepted.

vulnerable

adj. capable of being hurt or influenced physically or mentally

synonym : susceptible, exposed, weak

(1) a **vulnerable** bridge, (2) **vulnerable** parts of the body

Infants and pregnant women are particularly **vulnerable**.

Session 2: Spelling

- | | |
|--|---|
| 1. b__d as a family | <i>n.</i> a close emotional connection between two or more people; a certificate of debt that a government or corporation issues to raise money |
| 2. express fru_____on | <i>n.</i> the feeling of being upset or annoyed as a result of being unable to change or achieve something |
| 3. feel cr___y | <i>adj.</i> causing an uneasy feeling of fear or unease |
| 4. sur_____gly advanced culture | <i>adv.</i> in a way that causes amazement or wonder |
| 5. open the can with a scr_____er | <i>n.</i> a tool used for turning screws, typically consisting of a handle and a metal rod with a flattened tip that fits into the slot on the head of a screw; a popular cocktail made with vodka and orange juice |
| 6. healthcare pro_____on | <i>n.</i> an occupation or vocation requiring advanced education or specialized training |
| 7. end of the first ep_____e | <i>n.</i> a happening or story that is distinctive in a series of related events; an abrupt short period during which someone suffers from the effects of a physical or mental illness |
| 8. recover spo_____sly after five days | <i>adv.</i> in a way that is natural, not planned or forced, and often sudden |

ANSWERS: 1. bond, 2. frustration, 3. creepy, 4. surprisingly, 5. screwdriver, 6. profession, 7. episode, 8. spontaneously

9. occ_____lly dine with friends *adv.* now and then; sometimes but not often
10. na_____ly arising *adv.* as might be expected; by natural manners
11. co_____d and control *n.* authority, control, or mastery over something, often referring to military or leadership contexts; a directive, order, or instruction; expertise or confidence in a specific area; (verb) to give an authoritative order or instruction, or to be in charge or control of something
12. m__e incident *adj.* used to emphasize how insignificant or minor someone or something is
13. wi_____aw from public life *v.* to remove or take back something; to stop participating in something
14. ca____l dress *adj.* relaxed and informal in manner or dress, not planned or expected; not involving commitment or seriousness
15. as so__r as a judge *adj.* not drunk or affected by alcohol; dignified in manner or character and committed to keeping promises
16. bl_____t authority *n.* a large piece of soft material used to cover or wrap a person or thing to keep them warm; (adjective) broad in scope or content
17. baptism by im_____on *n.* the act of putting someone or something into a liquid completely; the state of being completely involved in a subject or activity
18. travel des_____on *n.* the place to which someone or something is going or being sent; the ultimate purpose or goal of a journey or action

ANSWERS: 9. occasionally, 10. naturally, 11. command, 12. mere, 13. withdraw, 14. casual, 15. sober, 16. blanket, 17. immersion, 18. destination

19. ap____se the situation *v.* to assess or evaluate the value, quality, or condition of something or someone, often in a professional or organized manner
20. mistaken id____ty *n.* the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another
21. the form of a di____ue *n.* a conversation in a book, play, or film
22. qu__r fashion *adj.* strange or odd, typically in an interesting or attractive way
23. ce____ty known worldwide *n.* someone who is well-known, particularly in the entertainment industry
24. with ut____t care *adj.* greatest in degree, extent, or intensity; of the highest or greatest importance, significance, or priority
25. vice-pr____nt for finance *n.* the leader of a republic, for example, the US; the person in charge of the organization such as a company, university, club, etc.
26. st____nt economy *adj.* not flowing or circulating; standing still; stagnant water
27. pr____ty sensor, *n.* the state or quality of being near or close to something or someone in distance or time
28. pr____ge of membership *n.* a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society

ANSWERS: 19. appraise, 20. identity, 21. dialogue, 22. queer, 23. celebrity, 24. utmost, 25. president, 26. stagnant, 27. proximity, 28. privilege

29. di_____se with CT scans *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis
30. m__e acquaintance *adj.* used to emphasize how insignificant or minor someone or something is
31. in_____e a lot of paperwork *v.* to include or affect someone or something as a necessary part of something else
32. perform without hes_____on *n.* the act of pausing or being slow before saying or doing something, especially because you feel uncertain or nervous
33. pi_____l role *adj.* relating to or acting as a pivot or central point; crucial or essential to the success or outcome of something
34. the preliminary ra__y *v.* a public meeting of a group of people intended to arouse enthusiasm
35. st_____le against discrimination *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
36. re___e a story *v.* to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something
37. do_____ad files from the Internet *v.* to transfer data or files from the Internet or computer network to a user's computer or device; (noun) the process of transferring data or information from a remote or central computer to a local computer or device

ANSWERS: 29. diagnose, 30. mere, 31. involve, 32. hesitation, 33. pivotal, 34. rally, 35. struggle, 36. relate, 37. download

38. wi____aw \$500 from my account *v.* to remove or take back something; to stop participating in something
39. global b__d market *n.* a close emotional connection between two or more people; a certificate of debt that a government or corporation issues to raise money
40. drunk and in_____le *adj.* unable to do, control, or achieve something
41. different den_____ors *n.* the number below the line in a fraction
42. ut___t importance *adj.* greatest in degree, extent, or intensity; of the highest or greatest importance, significance, or priority
43. ep_____e of vertigo *n.* a happening or story that is distinctive in a series of related events; an abrupt short period during which someone suffers from the effects of a physical or mental illness
44. re__r to a book *v.* to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support
45. co_____al swimming pool *adj.* belonging to or used by a group rather than individuals; for common use
46. re___e a message *v.* to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something
47. ca___r research *n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

ANSWERS: 38. withdraw, 39. bond, 40. incapable, 41. denominator, 42. utmost, 43. episode, 44. refer, 45. communal, 46. relate, 47. cancer

48. administrative co_____on *n.* the state of being mixed up or unclear, or the state of disorder or uncertainty
49. after some hes_____on *n.* the act of pausing or being slow before saying or doing something, especially because you feel uncertain or nervous
50. as nu_____us as the sand *adj.* amounting to a large indefinite number
51. a l__e house in the field *adj.* solitary or single
52. fas_____ard to the good part *v.* to advance or move forward in time or progress, particularly in a rapid or accelerated manner; to increase the playback speed of a recording
53. electric scr_____er *n.* a tool used for turning screws, typically consisting of a handle and a metal rod with a flattened tip that fits into the slot on the head of a screw; a popular cocktail made with vodka and orange juice
54. na_____ly regenerated forest *adv.* as might be expected; by natural manners
55. su_____e a plane crash *v.* to live or exist despite a dangerous event or period
56. re_____ve factors *adj.* considered and evaluated through comparison with something else
57. alcohol ad_____on *n.* the inability to stop using or doing something as a habit, especially something harmful
58. ad_____on to foreign oil *n.* the inability to stop using or doing something as a habit, especially something harmful

ANSWERS: 48. confusion, 49. hesitation, 50. numerous, 51. lone, 52. fast-forward, 53. screwdriver, 54. naturally, 55. survive, 56. relative, 57. addiction, 58. addiction

59. es_____ed relationship *adj.* separated or alienated from someone or something that was once familiar or close; emotionally detached or distant due to a breakdown in a relationship or connection
60. the e__o of a person's footsteps *n.* a sound heard after being reflected off a surface, such as a wall or a cliff
61. cr__t arts of Japan *n.* an activity that requires a particular skill in making things with one's hands
62. a criminal bac_____nd *n.* the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem
63. su_____l number *adj.* strange and unreal; having an oddly dreamlike quality
64. re_____m land from the sea *v.* to take back something previously lost, given, or paid, or ask to have it back
65. de__n hunter *n.* an evil spirit, supernatural being or entity often depicted as malevolent or harmful
66. se_____ve documents *adj.* able to notice slight changes, signals, or influences; able to feel or perceive other's feelings; susceptible to the things people say or do
67. em_____al distress *adj.* relating to people's feelings
68. th_____y for a patient *n.* the act of caring for someone through medication, remedial training, etc.
69. an im_____ve force *adj.* acting suddenly without any planning and without considering the effects they may have

ANSWERS: 59. estranged, 60. echo, 61. craft, 62. background, 63. surreal, 64. reclaim, 65. demon, 66. sensitive, 67. emotional, 68. therapy, 69. impulsive

70. the characters that re_____nt numbers
v. to speak, act, or be present on behalf of another person or group; to form or constitute
71. ob_____e a tradition
v. to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion
72. fu_____l a contract
v. to meet the requirements or expectations; to achieve or realize
73. su_____l art
adj. strange and unreal; having an oddly dreamlike quality
74. re_____m a competitive position
v. to take back something previously lost, given, or paid, or ask to have it back
75. student ach_____nt
n. a thing that someone has accomplished, primarily through their effort and ability
76. nec_____ly true
adv. in an essential manner; in such a way as could not be otherwise
77. po_____it of a well-known figure
n. a painting, picture; the likeness of a person, especially one showing the face
78. apparently con_____ory
adj. containing or consisting of conflicting or incompatible elements
79. barren of cr_____ve spirit
adj. relating to or involving the use of skill and original and unusual ideas to create something
80. no_____c herdsmen
adj. moving from one location to another rather than staying in one place all of the time

ANSWERS: 70. represent, 71. observe, 72. fulfill, 73. surreal, 74. reclaim, 75. achievement, 76. necessarily, 77. portrait, 78. contradictory, 79. creative, 80. nomadic

81. cr__t manufacture *n.* an activity that requires a particular skill in making things with one's hands
82. in____ct directly with customers *v.* to communicate or react with somebody
83. he was ov_____lmed with gratitude *v.* to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody
84. com_____te his anxieties to the psychiatrist *v.* to share or exchange information with others by speaking, writing, moving your body, or using other signals
85. in_____le of being resisted *adj.* unable to do, control, or achieve something
86. cause an ac_____nt *n.* an unfortunate event, especially one causing damage or injury
87. a hat h__k *n.* a curved device used for suspending, holding, or pulling something, especially one attached to a surface for hanging things on; a sharp curve or crook
88. fa_____y novel *n.* a fiction with a large amount of imagination in it; a pleasant situation that you imagine but that is unlikely to happen
89. vul_____le parts of the body *adj.* capable of being hurt or influenced physically or mentally
90. g__b an audience *v.* to take hold of something or someone suddenly with a hand, especially in a violent way
91. ap_____se his property *v.* to assess or evaluate the value, quality, or condition of something or someone, often in a professional or organized manner

ANSWERS: 81. craft, 82. interact, 83. overwhelm, 84. communicate, 85. incapable, 86. accident, 87. hook, 88. fantasy, 89. vulnerable, 90. grab, 91. appraise

92. injury in a car ac____nt *n.* an unfortunate event, especially one causing damage or injury
93. coast st__p *v.* to remove the surface from something; (noun) a sizeable narrow piece of something such as paper, metal, cloth, etc., or area of land, sea, etc.
94. an unc_____ble silence *adj.* providing or feeling physical discomfort or slight pain
95. me_____n name *v.* to speak or write about something or someone briefly
96. with an unc_____ble face *adj.* providing or feeling physical discomfort or slight pain
97. a remote re_____ve *adj.* considered and evaluated through comparison with something else
98. a breach of pr_____ge *n.* a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society
99. words of co_____t *n.* a state of physical ease and freedom from pain or constraint
100. st_____le to get the job *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
101. im_____cy of impact *n.* the quality of being immediate, close, or present; the sense of urgency or importance; the act of responding or attending to something promptly
102. pi_____l moment *adj.* relating to or acting as a pivot or central point; crucial or essential to the success or outcome of something

ANSWERS: 92. accident, 93. strip, 94. uncomfortable, 95. mention, 96. uncomfortable, 97. relative, 98. privilege, 99. comfort, 100. struggle, 101. immediacy, 102. pivotal

103. fru_____on level *n.* the feeling of being upset or annoyed as a result of being unable to change or achieve something
104. this shift occurs spo_____sly *adv.* in a way that is natural, not planned or forced, and often sudden
105. no_____c life *adj.* moving from one location to another rather than staying in one place all of the time
106. me_____n in a report *v.* to speak or write about something or someone briefly
107. fu_____l a lifetime dream *v.* to meet the requirements or expectations; to achieve or realize
108. do im_____ve buying *adj.* acting suddenly without any planning and without considering the effects they may have
109. public education ad_____tes *n.* a person who supports or suggests an idea, development, or way of doing something
110. not nec_____ly a problem *adv.* in an essential manner; in such a way as could not be otherwise
111. a l__e flight *adj.* solitary or single
112. im_____on in acid *n.* the act of putting someone or something into a liquid completely; the state of being completely involved in a subject or activity
113. va_____on of temperature *n.* the act or state of changing; a difference or change in the way something is done, made or said

ANSWERS: 103. frustration, 104. spontaneously, 105. nomadic, 106. mention, 107. fulfill, 108. impulsive, 109. advocate, 110. necessarily, 111. lone, 112. immersion, 113. variation

114. col_____te with the police *v.* to work with someone else to produce or achieve something
115. bitter res_____nt *n.* bitterness or indignation at being treated unfairly
116. re_____on between cause and effect *n.* the way two persons or groups of people feel and act toward one another
117. ut_____e a catheter *v.* to use something for a practical purpose in an effective way
118. in great co_____on *n.* the state of being mixed up or unclear, or the state of disorder or uncertainty
119. ca_____is of grief *n.* a release or purging of emotional or psychological tension, often through artistic or creative experiences or expressions
120. sp_____ht moment *n.* a beam of light used to illuminate a particular area or person
121. the curved shape of a h__k *n.* a curved device used for suspending, holding, or pulling something, especially one attached to a surface for hanging things on; a sharp curve or crook
122. gr_____te degree program *n.* a person who has a first degree from university or college; (verb) to complete the first course of university or college and get a degree
123. occ_____lly change the routine *adv.* now and then; sometimes but not often
124. economic bu___e *n.* a thin, round, and often transparent mass of gas that is surrounded by a thin layer of liquid; a state of economic or social prosperity that is unsustainable and eventually collapses

ANSWERS: 114. collaborate, 115. resentment, 116. relation, 117. utilize, 118. confusion, 119. catharsis, 120. spotlight, 121. hook, 122. graduate, 123. occasionally, 124. bubble

125. ob____e wildlife *v.* to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion
126. i__n for young people *n.* a picture or statue of a holy person considered to be a sacred thing; a little icon on the screen of a computer or smartphone that denotes an application or a file
127. a po____it painter *n.* a painting, picture; the likeness of a person, especially one showing the face
128. baby with se____ve skin *adj.* able to notice slight changes, signals, or influences; able to feel or perceive other's feelings; susceptible to the things people say or do
129. nu____us countries *adj.* amounting to a large indefinite number
130. ab____e a speech *v.* to shorten or condense a book, a play, a speech, etc., while maintaining its essence
131. g_y couple *adj.* homosexual; happy, carefree
132. co____d a battery *n.* authority, control, or mastery over something, often referring to military or leadership contexts; a directive, order, or instruction; expertise or confidence in a specific area; (verb) to give an authoritative order or instruction, or to be in charge or control of something
133. as___e an important role *v.* to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance

ANSWERS: 125. observe, 126. icon, 127. portrait, 128. sensitive, 129. numerous, 130. abridge, 131. gay, 132. command, 133. assume

134. fas_____ard 10 seconds *v.* to advance or move forward in time or progress, particularly in a rapid or accelerated manner; to increase the playback speed of a recording
135. abiding res_____nt *n.* bitterness or indignation at being treated unfairly
136. geographical pr_____ty *n.* the state or quality of being near or close to something or someone in distance or time
137. de___t a feeling of isolation *v.* to illustrate someone or something in a photograph
138. ov_____lm opponents by numbers *v.* to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody
139. a rid_____us amount of money *adj.* very silly or unreasonable and deserving to be laughed at
140. a vul_____le bridge *adj.* capable of being hurt or influenced physically or mentally
141. pr_____nt emeritus *n.* the leader of a republic, for example, the US; the person in charge of the organization such as a company, university, club, etc.
142. human in_____ct *n.* the ability to think logically and comprehend information, especially at an advanced level
143. ba_____ry plot *n.* the history and events that occur before the main events of a story or the history and details of a person or thing that are not widely known

ANSWERS: 134. fast-forward, 135. resentment, 136. proximity, 137. depict, 138. overwhelm, 139. ridiculous, 140. vulnerable, 141. president, 142. intellect, 143. backstory

144. re_____on of inclusion *n.* the way two persons or groups of people feel and act toward one another
145. tre_____us popularity *adj.* very great in degree or extent or amount or impact; extremely good
146. el__t death *v.* to choose someone for a specific position by voting for them; to decide or choose to do something
147. su_____e a blizzard *v.* to live or exist despite a dangerous event or period
148. cro_____try skiing *adj.* relating to or taking place across the open country rather than on roads or tracks; involving travel by foot, horse, or vehicle over rough terrain or through wilderness areas; (noun) a long-distance race or journey that takes place over rough or varied terrain, such as hills, forests, or fields
149. qu__r money *adj.* strange or odd, typically in an interesting or attractive way
150. pro_____on choice *n.* an occupation or vocation requiring advanced education or specialized training
151. the root problem of her dep_____on *n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
152. have sur_____gly little effect *adv.* in a way that causes amazement or wonder
153. severe cr___c *n.* someone who expresses opinions about the quality of books, music, etc.

ANSWERS: 144. relation, 145. tremendous, 146. elect, 147. survive, 148. cross-country, 149. queer, 150. profession, 151. depression, 152. surprisingly, 153. critic

154. g_y rights *adj.* homosexual; happy, carefree
155. a bac_____nd color *n.* the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem
156. baseball ce_____ty *n.* someone who is well-known, particularly in the entertainment industry
157. as___e a lousy attitude to his boss *v.* to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance
158. co_____r's job *n.* a coal miner or worker in the coal industry; a ship that transports coal
159. do_____ad the assignment from the website *v.* to transfer data or files from the Internet or computer network to a user's computer or device; (noun) the process of transferring data or information from a remote or central computer to a local computer or device
160. the int_____on between man and his environment *n.* the act of connecting with someone, mainly when working, playing, or spending time with them
161. television i__n *n.* a picture or statue of a holy person considered to be a sacred thing; a little icon on the screen of a computer or smartphone that denotes an application or a file
162. co_____t level *n.* a state of physical ease and freedom from pain or constraint

ANSWERS: 154. gay, 155. background, 156. celebrity, 157. assume, 158. collier, 159. download, 160. interaction, 161. icon, 162. comfort

163. di_____se the problem *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis
164. int_____on among human beings *n.* the act of connecting with someone, mainly when working, playing, or spending time with them
165. romantic des_____ons *n.* the place to which someone or something is going or being sent; the ultimate purpose or goal of a journey or action
166. cr_____ve writing *adj.* relating to or involving the use of skill and original and unusual ideas to create something
167. pho_____ph memories *n.* a picture or image that is produced by a camera; a visual representation or record of a person, object, or scene that has been captured electronically or on film
168. an ad_____te of disarmament *n.* a person who supports or suggests an idea, development, or way of doing something
169. become es_____ed *adj.* separated or alienated from someone or something that was once familiar or close; emotionally detached or distant due to a breakdown in a relationship or connection
170. honor gr_____te *n.* a person who has a first degree from university or college; (verb) to complete the first course of university or college and get a degree

ANSWERS: 163. diagnose, 164. interaction, 165. destination, 166. creative, 167. photograph, 168. advocate, 169. estranged, 170. graduate

171. the Great Dep_____on *n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
172. pho_____ph album *n.* a picture or image that is produced by a camera; a visual representation or record of a person, object, or scene that has been captured electronically or on film
173. cannot log in to the a_p *n.* (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC
174. re__r to a map *v.* to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support
175. sound e__o *n.* a sound heard after being reflected off a surface, such as a wall or a cliff
176. personality tr__ts *n.* a particular feature of your nature
177. st_____nt car sales *adj.* not flowing or circulating; standing still; stagnant water
178. bl_____t scarf *n.* a large piece of soft material used to cover or wrap a person or thing to keep them warm; (adjective) broad in scope or content
179. confuse fa_____y with reality *n.* a fiction with a large amount of imagination in it; a pleasant situation that you imagine but that is unlikely to happen

ANSWERS: 171. depression, 172. photograph, 173. app, 174. refer, 175. echo, 176. trait, 177. stagnant, 178. blanket, 179. fantasy

180. em_____al health *adj.* relating to people's feelings
181. cro_____try road trip *adj.* relating to or taking place across the open country rather than on roads or tracks; involving travel by foot, horse, or vehicle over rough terrain or through wilderness areas; (noun) a long-distance race or journey that takes place over rough or varied terrain, such as hills, forests, or fields
182. co_____r factory *n.* a coal miner or worker in the coal industry; a ship that transports coal
183. a remarkable ach_____nt *n.* a thing that someone has accomplished, primarily through their effort and ability
184. spiritual ca_____is *n.* a release or purging of emotional or psychological tension, often through artistic or creative experiences or expressions
185. tre_____us amount *adj.* very great in degree or extent or amount or impact; extremely good
186. common den_____or *n.* the number below the line in a fraction
187. a friendly con_____ion *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
188. an_____y for knowledge *n.* a feeling of worry, nervousness, or unease about something that is happening or might happen in the future
189. deliver a ju_____nt *n.* the ability to form valuable opinions and make reasonable decisions

ANSWERS: 180. emotional, 181. cross-country, 182. collier, 183. achievement, 184. catharsis, 185. tremendous, 186. denominator, 187. conversation, 188. anxiety, 189. judgment

190. civilian ca_____ty *n.* a person who has been killed or injured in a war, accident, or other disasters; a victim
191. g__b an opportunity *v.* to take hold of something or someone suddenly with a hand, especially in a violent way
192. ut_____e a different approach *v.* to use something for a practical purpose in an effective way
193. con_____ory evidence *adj.* containing or consisting of conflicting or incompatible elements
194. Platonic di_____ues *n.* a conversation in a book, play, or film
195. co_____al combination of funds *adj.* belonging to or used by a group rather than individuals; for common use
196. art cr____c *n.* someone who expresses opinions about the quality of books, music, etc.
197. con_____ion in English *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
198. id_____ty as an individual *n.* the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another
199. in_____ct with one another *v.* to communicate or react with somebody
200. feel a sense of im_____cy *n.* the quality of being immediate, close, or present; the sense of urgency or importance; the act of responding or attending to something promptly
201. diagnosis of an_____y disorder *n.* a feeling of worry, nervousness, or unease about something that is happening or might happen in the future

ANSWERS: 190. casualty, 191. grab, 192. utilize, 193. contradictory, 194. dialogue, 195. communal, 196. critic, 197. conversation, 198. identity, 199. interact, 200. immediacy, 201. anxiety

202. bu___e in the champagne glass *n.* a thin, round, and often transparent mass of gas that is surrounded by a thin layer of liquid; a state of economic or social prosperity that is unsustainable and eventually collapses
203. the ba_____ry about this sweet moment *n.* the history and events that occur before the main events of a story or the history and details of a person or thing that are not widely known
204. killer a_p *n.* (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC
205. re_____nt by a diagram *v.* to speak, act, or be present on behalf of another person or group; to form or constitute
206. sp_____ht effect *n.* a beam of light used to illuminate a particular area or person
207. el__t the school board *v.* to choose someone for a specific position by voting for them; to decide or choose to do something
208. de___t a scene *v.* to illustrate someone or something in a photograph
209. ab_____e a biography *v.* to shorten or condense a book, a play, a speech, etc., while maintaining its essence
210. com_____te well with my advisor *v.* to share or exchange information with others by speaking, writing, moving your body, or using other signals

ANSWERS: 202. bubble, 203. backstory, 204. app, 205. represent, 206. spotlight, 207. elect, 208. depict, 209. abridge, 210. communicate

211. cr___y atmosphere *adj.* causing an uneasy feeling of fear or unease
212. an emotional ju_____nt *n.* the ability to form valuable opinions and make reasonable decisions
213. gene va_____on *n.* the act or state of changing; a difference or change in the way something is done, made or said
214. a rid_____us suggestion *adj.* very silly or unreasonable and deserving to be laughed at
215. in_____e a high degree of risk *v.* to include or affect someone or something as a necessary part of something else
216. so__r discussion *adj.* not drunk or affected by alcohol; dignified in manner or character and committed to keeping promises
217. col_____te on a press release *v.* to work with someone else to produce or achieve something
218. produce ta_____le results *adj.* real and concrete; able to be perceived, especially able to be touched; (of business assets) having physical substance and intrinsic monetary value
219. military ca_____ty *n.* a person who has been killed or injured in a war, accident, or other disasters; a victim
220. st__p a tire off *v.* to remove the surface from something; (noun) a sizeable narrow piece of something such as paper, metal, cloth, etc., or area of land, sea, etc.
221. chemical tr__t *n.* a particular feature of your nature

ANSWERS: 211. creepy, 212. judgment, 213. variation, 214. ridiculous, 215. involve, 216. sober, 217. collaborate, 218. tangible, 219. casualty, 220. strip, 221. trait

222. ra__y in front of the embassy *v.* a public meeting of a group of people intended to arouse enthusiasm
223. take a ca___l glance *adj.* relaxed and informal in manner or dress, not planned or expected; not involving commitment or seriousness
224. enrich my in_____ct *n.* the ability to think logically and comprehend information, especially at an advanced level
225. ca___r diagnosis *n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
226. ta_____le assets *adj.* real and concrete; able to be perceived, especially able to be touched; (of business assets) having physical substance and intrinsic monetary value
227. cast de__n eyes *n.* an evil spirit, supernatural being or entity often depicted as malevolent or harmful
228. field of gene th_____y *n.* the act of caring for someone through medication, remedial training, etc.
229. an_____e your real motives *v.* to think about in-depth and evaluate to discover essential features or meaning
230. an_____e a chemical compound *v.* to think about in-depth and evaluate to discover essential features or meaning

ANSWERS: 222. rally, 223. casual, 224. intellect, 225. cancer, 226. tangible, 227. demon, 228. therapy, 229. analyze, 230. analyze

Session 3: Fill in the Blanks

1. He was _____ gifted.
adv. as might be expected; by natural manners
2. These birds can only _____ in temperate climates.
v. to live or exist despite a dangerous event or period
3. Everyone regarded the theory he advocated as _____ but was later proven correct.
adj. very silly or unreasonable and deserving to be laughed at
4. There was a massive police presence at the anti-government _____.
v. a public meeting of a group of people intended to arouse enthusiasm
5. This desert is the territory of _____ tribes.
adj. moving from one location to another rather than staying in one place all of the time
6. Every five years, the provincial governors are _____.
v. to choose someone for a specific position by voting for them; to decide or choose to do something
7. Please _____ to the instruction manual for further assistance.
v. to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support
8. The _____ of the two groups is good for brainstorming.
n. the act of connecting with someone, mainly when working, playing, or spending time with them

ANSWERS: 1. naturally, 2. survive, 3. ridiculous, 4. rally, 5. nomadic, 6. elected, 7. refer, 8. interaction

9. He recorded the _____ at the time of the incident.
n. a conversation in a book, play, or film
10. Breast _____ is the most common type of cancer in women.
n. abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
11. He should _____ more with his colleagues.
v. to communicate or react with somebody
12. The _____ traveler walked along the deserted road.
adj. solitary or single
13. A well-known artist painted this lovely lady's _____.
n. a painting, picture; the likeness of a person, especially one showing the face
14. Some comic book characters are considered gay _____.
n. a picture or statue of a holy person considered to be a sacred thing; a little icon on the screen of a computer or smartphone that denotes an application or a file
15. The general gave a _____ to his troops to prepare for battle.
n. authority, control, or mastery over something, often referring to military or leadership contexts; a directive, order, or instruction; expertise or confidence in a specific area; (verb) to give an authoritative order or instruction, or to be in charge or control of something
16. We elected him to _____ us at the international conference.
v. to speak, act, or be present on behalf of another person or group; to form or constitute

ANSWERS: 9. dialogue, 10. cancer, 11. interact, 12. lone, 13. portrait, 14. icons, 15. command, 16. represent

17. The investigation _____ several government agencies and is expected to take several months.
- v.* to include or affect someone or something as a necessary part of something else
18. He found _____ in the warm embrace of his loved ones.
- n.* a state of physical ease and freedom from pain or constraint
19. I like to _____ through commercials when watching TV shows.
- v.* to advance or move forward in time or progress, particularly in a rapid or accelerated manner; to increase the playback speed of a recording
20. I had to _____ the novel to fit it into the time allotted for the movie.
- v.* to shorten or condense a book, a play, a speech, etc., while maintaining its essence
21. Advocates for legal reform hear less harsh words from their _____.
- n.* someone who expresses opinions about the quality of books, music, etc.
22. The teacher is very _____ to children's feelings.
- adj.* able to notice slight changes, signals, or influences; able to feel or perceive other's feelings; susceptible to the things people say or do
23. The _____ of the situation required quick action to be taken to prevent any further damage or harm.
- n.* the quality of being immediate, close, or present; the sense of urgency or importance; the act of responding or attending to something promptly
24. I did my _____ to complete the project before the deadline.
- adj.* greatest in degree, extent, or intensity; of the highest or greatest importance, significance, or priority

ANSWERS: 17. involves, 18. comfort, 19. fast-forward, 20. abridge, 21. critics, 22. sensitive, 23. immediacy, 24. utmost

25. The exam was _____ tricky for everyone.

adv. in a way that causes amazement or wonder

26. It was the first time for her, but she _____ the role of Priest.

v. to meet the requirements or expectations; to achieve or realize

27. The first step is to rationalize the _____ of a fraction.

n. the number below the line in a fraction

28. Please hang your towel on a _____.

n. a curved device used for suspending, holding, or pulling something, especially one attached to a surface for hanging things on; a sharp curve or crook

29. Most countries prohibit sexual activity between certain close _____.

adj. considered and evaluated through comparison with something else

30. Your _____ reflects your thoughts.

n. an informal talk between two or more people to exchange their views, ideas, information, etc.

31. These descriptions are based on a number of _____ assumptions.

adj. amounting to a large indefinite number

32. The club _____ does not have absolute power.

n. the leader of a republic, for example, the US; the person in charge of the organization such as a company, university, club, etc.

33. Being a doctor is considered a highly respected _____.

n. an occupation or vocation requiring advanced education or specialized training

ANSWERS: 25. surprisingly, 26. fulfilled, 27. denominator, 28. hook, 29. relatives, 30. conversation, 31. numerous, 32. president, 33. profession

34. Composition by artificial intelligence is no longer a _____.
- n.* a fiction with a large amount of imagination in it; a pleasant situation that you imagine but that is unlikely to happen
35. Infants and pregnant women are particularly _____.
- adj.* capable of being hurt or influenced physically or mentally
36. The actor's portrayal of the _____ in the horror movie was terrifying.
- n.* an evil spirit, supernatural being or entity often depicted as malevolent or harmful
37. He lost the election by _____ votes.
- adj.* used to emphasize how insignificant or minor someone or something is
38. The doctor advised him to _____ down for a check.
- v.* to remove the surface from something; (noun) a sizeable narrow piece of something such as paper, metal, cloth, etc., or area of land, sea, etc.
39. The industrial _____ laws were passed with little to no alteration.
- n.* the way two persons or groups of people feel and act toward one another
40. It is important to _____ safety procedures in the workplace to prevent accidents.
- v.* to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion
41. She agreed to _____ with him in creating new artwork.
- v.* to work with someone else to produce or achieve something

ANSWERS: 34. fantasy, 35. vulnerable, 36. demon, 37. mere, 38. strip, 39. relations, 40. observe, 41. collaborate

42. His abusive words made me _____.

adj. providing or feeling physical discomfort or slight pain

43. There is a lot of _____ in the colors of flowers in the garden.

n. the act or state of changing; a difference or change in the way something is done, made or said

44. Shall we _____ a bite to eat?

v. to take hold of something or someone suddenly with a hand, especially in a violent way

45. He is now fighting his _____ to drugs.

n. the inability to stop using or doing something as a habit, especially something harmful

46. The company decided to _____ its proposal due to public opposition.

v. to remove or take back something; to stop participating in something

47. I found an old _____ of my grandparents from their wedding day.

n. a picture or image that is produced by a camera; a visual representation or record of a person, object, or scene that has been captured electronically or on film

48. The CEO's decision was _____ in the success of the company's expansion plans.

adj. relating to or acting as a pivot or central point; crucial or essential to the success or outcome of something

49. He could not _____ against temptation.

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

ANSWERS: 42. uncomfortable, 43. variation, 44. grab, 45. addiction, 46. withdraw, 47. photograph, 48. pivotal, 49. struggle

50. I underwent aversion _____ for my addiction to alcohol.
n. the act of caring for someone through medication, remedial training, etc.
51. The cook _____ the leftover oxtail to make soup.
v. to use something for a practical purpose in an effective way
52. They had a _____ conversation over coffee at the local cafe.
adj. relaxed and informal in manner or dress, not planned or expected; not involving commitment or seriousness
53. The electric _____ keeps me warm on cold nights.
n. a large piece of soft material used to cover or wrap a person or thing to keep them warm; (adjective) broad in scope or content
54. Multiple genes may influence behavioral _____ concurrently.
n. a particular feature of your nature
55. The _____ of the main character added depth to the story.
n. the history and events that occur before the main events of a story or the history and details of a person or thing that are not widely known
56. The ___ pride parade was a celebration of diversity and acceptance.
adj. homosexual; happy, carefree
57. The _____ water in the pond is a breeding ground for mosquitoes.
adj. not flowing or circulating; standing still; stagnant water
58. The _____ partially destroyed my vehicle.
n. an unfortunate event, especially one causing damage or injury

ANSWERS: 50. therapy, 51. utilized, 52. casual, 53. blanket, 54. traits, 55. backstory, 56. gay, 57. stagnant, 58. accident

59. They had formed a friendship _____.

- n.* a close emotional connection between two or more people; a certificate of debt that a government or corporation issues to raise money

60. I need a flathead _____ to tighten the loose screws on this cabinet.

- n.* a tool used for turning screws, typically consisting of a handle and a metal rod with a flattened tip that fits into the slot on the head of a screw; a popular cocktail made with vodka and orange juice

61. _____ of abolishing the death penalty often argue that the alternative heaviest sentence should be life in prison.

- n.* a person who supports or suggests an idea, development, or way of doing something

62. He seems _____ of understanding what she says.

- adj.* unable to do, control, or achieve something

63. He led a _____ life.

- adj.* not drunk or affected by alcohol; dignified in manner or character and committed to keeping promises

64. The popularity of the show made her an instant _____.

- n.* someone who is well-known, particularly in the entertainment industry

65. Many employers hire _____ trainees to train as managers.

- n.* a person who has a first degree from university or college; (verb) to complete the first course of university or college and get a degree

66. The singer was in the _____ as she performed her hit song.

- n.* a beam of light used to illuminate a particular area or person

ANSWERS: 59. bond, 60. screwdriver, 61. Advocates, 62. incapable, 63. sober, 64. celebrity, 65. graduate, 66. spotlight

67. _____ elections were held in several European countries.
adj. belonging to or used by a group rather than individuals; for common use
68. The teacher attempted to _____ the root cause of our mistake.
v. to think about in-depth and evaluate to discover essential features or meaning
69. You may be entitled to _____ some tax.
v. to take back something previously lost, given, or paid, or ask to have it back
70. We had to take a _____ flight because no direct flights were available.
adj. relating to or taking place across the open country rather than on roads or tracks; involving travel by foot, horse, or vehicle over rough terrain or through wilderness areas; (noun) a long-distance race or journey that takes place over rough or varied terrain, such as hills, forests, or fields
71. The real estate agent will _____ the value of your property before listing it.
v. to assess or evaluate the value, quality, or condition of something or someone, often in a professional or organized manner
72. In the Middle Ages, the right to hunt in the wild was the _____ of royalty and nobility.
n. a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society
73. I am excited to reach my _____ and explore the new city finally.
n. the place to which someone or something is going or being sent; the ultimate purpose or goal of a journey or action
74. She felt _____ towards her boss for not giving her a promotion.
n. bitterness or indignation at being treated unfairly

ANSWERS: 67. Communal, 68. analyze, 69. reclaim, 70. cross-country, 71. appraise, 72. privilege, 73. destination, 74. resentment

75. Many people worry that the current real estate market is a _____ that could burst soon.
- n.* a thin, round, and often transparent mass of gas that is surrounded by a thin layer of liquid; a state of economic or social prosperity that is unsustainable and eventually collapses
76. After years of not speaking to each other, the _____ family members finally reunited.
- adj.* separated or alienated from someone or something that was once familiar or close; emotionally detached or distant due to a breakdown in a relationship or connection
77. Too much variety may _____ and confuse viewers.
- v.* to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody
78. The company's hiring criteria emphasize personality, not a person's _____.
- n.* the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem
79. The terrorist's _____ remains unknown.
- n.* the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another
80. There was a _____ in her speech.
- n.* the act of pausing or being slow before saying or doing something, especially because you feel uncertain or nervous

ANSWERS: 75. bubble, 76. estranged, 77. overwhelm, 78. background, 79. identity, 80. hesitation

81. His statements were _____ leaving the audience confused.

adj. containing or consisting of conflicting or incompatible elements

82. I want to put that _____ of my life behind me.

n. a happening or story that is distinctive in a series of related events; an abrupt short period during which someone suffers from the effects of a physical or mental illness

83. He regrets the _____ behavior he took in his drunken state.

adj. acting suddenly without any planning and without considering the effects they may have

84. Human _____ responses vary widely depending on the society to which they belong.

adj. relating to people's feelings

85. This accident was something that happened _____.

adv. in an essential manner; in such a way as could not be otherwise

86. Dolphins use sound to _____ with each other.

v. to share or exchange information with others by speaking, writing, moving your body, or using other signals

87. He tried to _____ his experience to the group, but they couldn't understand.

v. to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something

88. She waited for her daughter with _____.

n. a feeling of worry, nervousness, or unease about something that is happening or might happen in the future

ANSWERS: 81. contradictory, 82. episode, 83. impulsive, 84. emotional, 85. necessarily, 86. communicate, 87. relate, 88. anxiety

89. A thunderous boom _____ throughout the valley.
n. a sound heard after being reflected off a surface, such as a wall or a cliff
90. He felt a deep _____ as he realized the project would not be completed on time.
n. the feeling of being upset or annoyed as a result of being unable to change or achieve something
91. Unfortunately, the driver was the only _____ in the car accident.
n. a person who has been killed or injured in a war, accident, or other disasters; a victim
92. I _____ to him that I had seen his sister at the grocery store earlier that day.
v. to speak or write about something or someone briefly
93. The town's economy was largely dependent on the _____ industry.
n. a coal miner or worker in the coal industry; a ship that transports coal
94. The old, abandoned house was _____ and gave me the chills.
adj. causing an uneasy feeling of fear or unease
95. I felt like I was in a different world because of the _____ experience of virtual reality.
n. the act of putting someone or something into a liquid completely; the state of being completely involved in a subject or activity
96. The electrical cord _____ combusted.
adv. in a way that is natural, not planned or forced, and often sudden

ANSWERS: 89. echoed, 90. frustration, 91. casualty, 92. mentioned, 93. collier, 94. creepy, 95. immersion, 96. spontaneously

97. The dreamlike quality of the painting gave it a _____ feel.
adj. strange and unreal; having an oddly dreamlike quality
98. A problem that has been pointed out for years finally becomes _____.
adj. real and concrete; able to be perceived, especially able to be touched; (of business assets) having physical substance and intrinsic monetary value
99. His son had accurately _____ the bloom.
v. to illustrate someone or something in a photograph
100. The sudden policy change has caused _____ among employees.
n. the state of being mixed up or unclear, or the state of disorder or uncertainty
101. The _____ of the two cities makes it easy to travel between them.
n. the state or quality of being near or close to something or someone in distance or time
102. The behavior of the clown at the party was quite _____.
adj. strange or odd, typically in an interesting or attractive way
103. The discovery of a critical bug caused the company to delay the _____ release.
n. (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC
104. All the supervisor has to do is assign tasks that make his subordinates more _____.
adj. relating to or involving the use of skill and original and unusual ideas to create something

ANSWERS: 97. surreal, 98. tangible, 99. depicted, 100. confusion, 101. proximity, 102. queer, 103. app's, 104. creative

105. Your _____ is capable of distinguishing among similar objects.
n. the ability to think logically and comprehend information, especially at an advanced level
106. _____ symptoms might include a decrease in appetite and weight loss.
n. a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
107. His hometown was where he first acquired the _____ of wood carving.
n. an activity that requires a particular skill in making things with one's hands
108. The following example _____ that the capacity of each battery is the same.
v. to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance
109. I need to _____ the latest update for my computer's operating system.
v. to transfer data or files from the Internet or computer network to a user's computer or device; (noun) the process of transferring data or information from a remote or central computer to a local computer or device
110. We had a _____ time yesterday.
adj. very great in degree or extent or amount or impact; extremely good
111. This _____ has never been formally accepted.
n. a thing that someone has accomplished, primarily through their effort and ability
112. She still _____ writes a short romance novel.
adv. now and then; sometimes but not often

ANSWERS: 105. intellect, 106. Depression, 107. craft, 108. assumes, 109. download, 110. tremendous, 111. achievement, 112. occasionally

113. Many people find that physical exercise provides a sense of _____ helping to relieve stress and anxiety.

- n.* a release or purging of emotional or psychological tension, often through artistic or creative experiences or expressions

114. Her _____ are consistently rational and sensible.

- n.* the ability to form valuable opinions and make reasonable decisions

115. This device is used to _____ brain cancer and other tumors.

- v.* to determine or distinguish the nature of a problem or an illness through a careful analysis

ANSWERS: 113. catharsis, 114. judgments, 115. diagnose