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Christen Reighter: I don't want children -- stop telling me I'll change my mind | TED Talk

https://www.ted.com/talks/christen_reighter_i_don_t_want_children_stop_telling_me_i_ll_change_my_min_d

All Words

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Session 1: Word List

recognize

v. to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered

synonym: acknowledge, identify, admit

(1) **recognize** talent, (2) **recognize** achievement

It's important to **recognize** your strengths and weaknesses.

persistent

adj. continuing firmly or obstinately in the course of action despite difficulty or opposition; lasting or enduring without fading or being lost over time

synonym: tenacious, steadfast, unrelenting

(1) **persistent** cough, (2) **persistent** data

Despite the setbacks, he remained **persistent** in his pursuit of his dreams.

concept

n. an idea or principle associated with something abstract

synonym: idea, notion, vision

(1) learn new **concepts**, (2) **concept** car

One such rapidly growing **concept** is quantum cryptography.

observe

v. to watch or notice something carefully, often to gather information or insights; to take note of something or

someone; to celebrate or commemorate a special event or occasion

synonym: watch, monitor, scrutinize

(1) **observe** a tradition, (2) **observe** wildlife

It is important to **observe** safety procedures in the workplace to prevent accidents.

suppose

v. to think that something is likely to be actual or possible

synonym: guess, assume, presume

(1) **suppose** you're right, (2) **suppose** beforehand

What do you **suppose** the culprit's motive was?

pose

v. to present a risk, problem, or other issues that must be addressed

synonym: present, put, position

(1) **pose** a significant threat to my company, (2) **pose** a challenge

The chemicals **pose** a massive health risk.

context

n. the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning

synonym: background, setting, environment

(1) historical **context**, (2) legal **context**

It's important to understand the **context** of a situation before making a decision.

muse

n. a source of inspiration, particularly for creative endeavors such as writing or art; a mythical spirit thought to inspire poets and artists

synonym: source of inspiration, minstrel, versifier

(1) **muse** inspiration, (2) creative **muse**

She gazed out the window, deep in thought, as if waiting for her **muse** to strike.

disconnect

v. to unfasten or disjoin something, especially to break the connection between a supply of gas, water, or electricity and a piece of equipment

synonym : unplug, detach, take apart

(1) **disconnect** a plug, (2) **disconnect** the water supply
She finally decided to **disconnect** herself from the company.

absurd

adj. ridiculously silly, unreasonable, or illogical

synonym : ridiculous, foolish, idiotic

(1) **absurd** storyline, (2) an **absurd** amount of money
We immediately rejected his **absurd** suggestion.

polite

adj. showing consideration, respect, or deference towards others; having good manners, civility, or courteous behavior

synonym : courteous, civil, respectful

(1) **polite** manners, (2) **polite** tone

It's important to be **polite** even when you disagree with someone.

conversation

n. an informal talk between two or more people to exchange their views, ideas, information, etc.

synonym : chat, discussion, dialogue

(1) **conversation** in English, (2) a friendly **conversation**
Your **conversation** reflects your thoughts.

intrude

v. to enter or to be present in a place or situation where one is not wanted or allowed; to interrupt or disturb someone or something

synonym : impose, obtrude, interlope

(1) **intrude** on his personal space, (2) **intrude** on other people's conversations

The loud music from the party next door **intruded** into my peaceful evening at home.

primary

adj. first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or

introductory stage of something, such as a school year or election cycle

synonym : chief, main, fundamental

(1) **primary** school, (2) **primary** education

The **primary** cause of the accident was due to the icy road conditions.

buzzword

n. a word or phrase that is fashionable or popular within a particular industry, field, or culture, often used to convey a sense of innovation or sophistication

synonym : cant, catchphrase, trendy word

(1) **buzzword** bingo, (2) business **buzzwords**

Synergy has become such a **buzzword** in the business world that it has lost its meaning.

discuss

v. to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic

synonym : talk about, converse, debate

(1) **discuss** options, (2) **discuss** solutions

We need to **discuss** the next steps for the project during our meeting tomorrow.

countless

adj. too numerous to be counted or very many

synonym : innumerable, myriad, numerous

(1) **countless** hours, (2) answer **countless** questions

There are **countless** methods for dealing with stress.

abstain

v. to choose not to do something, especially something that one wants to do

synonym : refrain, desist, forbear

(1) **abstain** on a vote, (2) **abstain** from food

She chose to **abstain** from alcohol at the party.

moth

n. an insect with wings similar to a butterfly that travels at night and is attracted to light

(1) **moth** larva, (2) **moth** attracted to the light
The **moth** is a serious threat to the farm's output.

prioritize

v. to assign a higher level of importance to something compared to other things

synonym: rank, order, arrange

(1) **prioritize** tasks, (2) **prioritize** people over cars

The organization **prioritized** the needs of the community in its decision-making.

publicly

adv. in a manner accessible to or observable by the public; by the government

synonym: candidly, openly, honestly

(1) **publicly** accessible record, (2) **publicly** financed schools

She **publicly** denounced the government's mishandling of the economic crisis.

vilify

v. to speak or write about someone or something in a way that is likely to make people have a very low opinion of them

synonym: defame, slander, malign

(1) **vilify** the press, (2) publicly **vilify**

The media has been **vilifying** the politician for his controversial statements.

narrative

n. a story or a description of a series of events or process of telling a story

synonym: the tale, chronology, annals

(1) **narrative** poetry, (2) personal **narrative**

The **narrative** handles multiple plot lines and has unpredictable ends.

inevitable

adj. certain to happen and unavoidable

synonym: inescapable, unavoidable, sure

(1) **inevitable** changes of the seasons, (2) **inevitable** result

In times of recession, an increase in unemployment is **inevitable**.

maternal

adj. relating to or characteristic of a mother; having feelings that are typical of a caring mother towards her child

synonym: motherly, maternalistic, maternal-like

(1) on the **maternal** side, (2) **maternal** care

She had a very **maternal** instinct towards her newborn baby.

hereditary

adj. passed down from one generation to another through inheritance

synonym: inherited, transmitted, genetic

(1) a **hereditary** disease, (2) **hereditary** property

A **hereditary** condition is a medical condition caused by a genetic mutation passed down from one's parents.

lifesaving

n. the act or process of rescuing someone else's life, especially from drowning

(1) **lifesaving** efforts, (2) **lifesaving** device

The patient needs a **lifesaving** transplant operation.

medication

n. a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease

synonym: cure, drug, medicine

(1) antibiotic **medication**, (2) **medication** by mouth

The pharmacist not only prescribes the **medication** but also guides its proper use.

duration

n. the length of time something lasts or continues

synonym: period, span, course

(1) the **duration** of insurance, (2) short **duration**

The military incarcerated him for the **duration** of the war.

pregnant

adj. having a baby or young animal developing in the uterus

synonym: expectant

(1) needs of **pregnant** women, (2) a silence **pregnant** with

suspense

She vacated the position when she got **pregnant**.

overpopulation

n. a situation in which the number of people or living organisms in a particular area or environment exceeds the carrying capacity or resources of that area or environment

synonym : population explosion, demographic burden, overcrowding

(1) **overpopulation** problem, (2) **overpopulation** crisis

Many animal species are at risk of extinction due to human **overpopulation** and habitat destruction.

foster

v. to promote growth; to take care of another person's child, usually for a limited time, without becoming their legal parents

synonym : nurture, nourish, cultivate

(1) **foster** a better relationship, (2) **foster** two kids

The pastor contributed to **fostering** the sense of a community embracing all classes.

statistics

n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

(1) **statistics** for cancer, (2) official **statistics**

The **statistics** demonstrate that poverty and unemployment are genuine problems.

magnitude

n. the extent, level, importance, or amount of something

synonym : size, extent, level

(1) a star of the first **magnitude**, (2) the **magnitude** of the disaster

The **magnitude** of the earthquake was measured at 7.8 on the Richter scale.

decision

n. the act or process of making up someone's mind about something; a choice or judgment reached after considering options

synonym : choice, determination, judgment

(1) **decision** authority, (2) a selfish **decision**

She was struggling to make a **decision** between two job offers.

surgery

n. medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures

synonym : operation, (medical) procedure

(1) cardiac **surgery**, (2) the professor of **surgery**

He had undergone heart **surgery** years before.

sterilize

v. to make something free of all forms of life, especially bacteria or viruses, by using heat, chemicals, or radiation

synonym : disinfect, sanitize, cleanse

(1) **sterilize** chemically, (2) **sterilize** surfaces

The nurse **sterilized** the instruments before the surgery to prevent any infections.

eager

adj. showing enthusiasm and a strong desire or interest to do something

synonym : keen, enthusiastic, ardent

(1) **eager** anticipation, (2) with **eager** eyes

The children were **eager** to start the treasure hunt.

undergo

v. to go through something unpleasant or that involves a change

synonym : experience, suffer, endure

(1) **undergo** surgery, (2) **undergo** a decrease

The train has to **undergo** rigorous safety checks.

tube

n. a cylindrical container of metal, plastic, glass, etc., usually sealed and used as a means of preserving food or chemicals; a hollow cylindrical shape

synonym : pipe, hose, duct

(1) a capillary **tube**, (2) a glass **tube**

The **tube** train was packed with commuters during rush hour.

ligation

n. a surgical procedure or technique that involves tying off or closing blood vessels, ducts, or other anatomical structures using ligatures or other means to stop bleeding or restrict the flow of fluids

synonym : tying, closure

(1) **ligation** of blood vessels, (2) tubal **ligation**

The surgeon conducted a **ligation** procedure to tie off the blood vessels during the surgery.

approval

n. the belief that someone or something is good or acceptable

synonym : acceptance, endorsement, permission

(1) a written **approval**, (2) express my **approval**

This project took a lot of time to get the president's **approval**.

aftermath

n. the consequences or results of a significant event, particularly a disaster or conflict; a period of time following a significant event

synonym : consequence, backwash, result

(1) financial **aftermath**, (2) the **aftermath** of a crisis

The **aftermath** of the hurricane left the city in shambles.

satisfaction

n. a pleasant feeling you have when you have fulfilled a desire, need, or expectation or have achieved something

synonym : delight, pleasure, content

(1) a sense of **satisfaction**, (2) customer **satisfaction**

The mediated settlement brought **satisfaction** to both sides.

empower

v. to give someone the power or authority to do something

synonym : authorize, endow, entitle

(1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

biology

n. the scientific study of life and the natural processes of living things

(1) evolutionary **biology**, (2) cell and molecular **biology**

In junior high school, we had to dissect a frog in **biology** class.

dishearten

v. to cause someone to lose hope, confidence, or enthusiasm; to discourage or demoralize

synonym: discourage, dismay, demoralize

(1) **dishearten** employees, (2) **dishearten** the hopeful job applicant

The team's loss in the semifinals did not **dishearten** their determination to return stronger next season.

desperately

adv. in a way that shows a lack of hope and a willingness to do anything because of the problematic situation; with great urgency

synonym: urgently, perilously, seriously

(1) **desperately** anxious, (2) **desperately** ill patient

The baby clung **desperately** to her mother.

procedure

n. a way of doing something, especially the official or well-known way

synonym: action, approach, course

(1) undergo a surgical **procedure**, (2) standard **procedure**

The pilot and flight attendant ran through the check-out **procedure**.

exhaust

n. the system in a vehicle that removes waste gases from the engine; (verb) to make someone completely tired

synonym: emission, fumes, (verb) deplete

(1) **exhaust** pipe, (2) **exhaust** a topic

The factory's **exhaust** fumes polluted the air and affected the

health of the nearby residents.

finance

n. the management of money, credit, banking, and investments, especially by a government or commercial organization; the branch of economics that studies the management of money and other assets

synonym : banking, investment, fund

(1) **finance** act, (2) manage my **finances**

Our company decided to hire an advisor who specializes in **finance**.

appealing

adj. attractive or exciting; evoking a positive response or desire; having qualities that are likely to encourage someone to like or enjoy something

synonym : attractive, alluring, captivating

(1) **appealing** design, (2) an **appealing** offer

The well-crafted plot and interesting characters made the book very **appealing** to readers

ob-gyn

n. (an abbreviation for obstetrician-gynecologist) a medical doctor who specializes in the care of women's reproductive health, including pregnancy, childbirth, and disorders of the reproductive system

synonym : obstetrician-gynecologist, women's health specialist

(1) **ob-gyn** appointment, (2) **ob-gyn** clinic

I made an appointment with my **ob-gyn** for my annual check-up.

blatant

adj. completely obvious, often offensively or inappropriately; characterized by shameless or brazen behavior

synonym : obvious, flagrant, conspicuous

(1) **blatant** hypocrisy, (2) **blatant** disregard

Fact-checkers quickly exposed the politician's **blatant** lie.

disrespect

n. an expression of lack of regard or contempt for someone or something

synonym : impoliteness, rudeness, insult

(1) mean no **disrespect**, (2) **disrespect** for a customer
His **disrespectful** behavior towards his elders earned him a stern warning from his parents.

medical

adj. relating to the treatment of illness or injuries; relating to the practice of medicine

synonym: health, disease, treatment

(1) a **medical** opinion, (2) temporary **medical** treatment
The **medical** team worked quickly to save the patient's life.

practitioner

n. a person who works in a profession or occupation, such as a doctor, lawyer, or teacher

synonym: professional, expert, specialist

(1) **practitioner** of Buddhism, (2) **practitioner** of law
She is a **practitioner** of traditional Chinese medicine.

condescending

adj. having or showing a feeling of superiority; patronizing

synonym: patronizing, superior, haughty

(1) **condescending** tone, (2) **condescending** smile
He had a **condescending** attitude towards those less fortunate than himself.

dismiss

v. to regard something or someone as not important and not worth considering; to terminate someone's employment

synonym: decline, disband, dissolve

(1) **dismiss** a person from the office, (2) **dismiss** a matter with a laugh

The committee has decided to **dismiss** the president from the post.

motivation

n. the reason or enthusiasm for acting or behaving in a particular way

synonym: inspiration, incentive, reason

(1) understand his **motivation**, (2) **motivation** for a change
A significant amount of **motivation** is required to be a

teacher.

requirement

n. something that is needed or wanted

synonym : prerequisite, provision, condition

(1) meet **requirement**, (2) school **requirement**

What is the entry **requirement** for this course?

accord

n. an official agreement or treaty between two organizations, countries, etc.; (verb) allow to have

synonym : alliance, pact, agreement

(1) **accord** with public opinion, (2) binational **accord**

The organization finally signed a peace **accord**.

perplexity

n. confusion, doubt; state of being puzzled

synonym : confusion, bewilderment, uncertainty

(1) a **perplexity** issue, (2) resolve **perplexity**

The **perplexity** of the situation left everyone at a loss for words.

autonomy

n. the right of an organization, country, or region to govern itself independently

synonym : independence, sovereignty, self-sufficiency

(1) regional **autonomy**, (2) establish **autonomy**

Demonstrators strongly demanded immediate **autonomy** for their country.

daunting

adj. looking challenging to manage in prospect; making someone anxious and less confident about carrying out something

synonym : intimidating, stunning, disheartening

(1) face the **daunting** reality, (2) seem like a **daunting** task

My homework was **daunting** and complex, but it was also intriguing.

determinant

n. a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

synonym : cause, factor, element

(1) environmental **determinant**, (2) a **determinant** of crop yields

One **determinant** of success is having a positive attitude and a strong work ethic.

professional

adj. having or showing the skill appropriate to a particular job; competent or skillful

synonym : skilled, competent, accomplished

(1) **professional** athlete, (2) certified **professional** secretary

He has a **professional** demeanor and always presents himself in a polished manner.

appointment

n. a formal arrangement to meet someone at a particular time and place, especially for a reason connected with their work; the act of putting a person into a job or position of responsibility

synonym : assignment, selection, commission

(1) **appointment** calendar, (2) take up an **appointment**

We had to reschedule the dentist's **appointment**.

straight

adj. extending or moving in one direction without bending or curving; having no deviations

synonym : linear, honest, consecutive

(1) a **straight** line, (2) **straight** for two months

He was sick for five **straight** days.

mention

v. to speak or write about something or someone briefly

synonym : reference, allude, cite

(1) **mention** name, (2) **mention** in a report

I **mentioned** to him that I had seen his sister at the grocery store earlier that day.

bachelor

n. an unmarried man; a person who holds an undergraduate degree from a college or university

synonym : unmarried man, single

(1) **bachelor** degree, (2) **bachelor** party

He decided to enjoy his freedom as a **bachelor** before settling down.

degree

n. a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment

synonym: level, qualification, diploma

(1) bachelor's **degree**, (2) **degree** centigrade

She received her **degree** in psychology from the university.

whim

n. a sudden idea or desire, especially one that cannot be reasonably explained

synonym: fancy, caprice, whimsy

(1) at the **whim** of circumstance, (2) **whim** of youth

He quit his job on a **whim** and moved to a new city.

reactionary

adj. relating to or advocating a return to a previous state of affairs or method of doing things, typically one that is seen as outdated or regressive

synonym: conservative, backward, regressive

(1) **reactionary** forces, (2) **reactionary** attitudes

The school's administration has a **reactionary** stance on student protests and free speech.

integral

adj. necessary to make a whole complete; essential, or fundamental; combining with something else to form a whole; (noun, of mathematics) a fundamental concept in calculus that represents the area under a curve between two points on a graph

synonym: essential, fundamental, indispensable

(1) **integral** function, (2) **integral** component

Effective communication is an **integral** part of any successful team.

consent

n. permission or agreement to do something, especially given by somebody in authority

synonym : approval, authorization, concession

(1) **consent** for surgery, (2) give silent **consent**

She gave her **consent** to the company's proposal.

agenda

n. a list or outline of things to be done, discussed, or considered

synonym : program, schedule, list

(1) **agenda** setting, (2) ambitious **agenda**

The **agenda** for the meeting includes discussions on the budget and new project proposals.

interlace

v. to intertwine or weave together in a pattern or design; to connect or link closely or intricately; to intermix or intermingle

synonym : weave, intertwine, enlace

(1) **interlace** fingers, (2) **interlace** strands of hair

The dancers **interlaced** their movements seamlessly, creating a stunning choreography.

bias

n. a strong feeling in favor of or against one group of people, an idea, or thing, often not based on fair judgment

synonym : inclination, partiality, predilection

(1) **bias** against a big company, (2) have a **bias** toward socialism

She researched gender **bias** in politics.

inflated

adj. swollen or blown up, especially with air or gas; excessively or unreasonably high

synonym : enlarged, swollen, distended

(1) **inflated** prices, (2) an **inflated** balloon

The athlete's ego became **inflated** by their success.

interrogative

adj. relating to or used for asking questions; having the nature or function of an interrogation

synonym : questioning, inquiring

(1) **interrogative** expression, (2) **interrogative** sentence

The teacher used an **interrogative** tone to ask the students a question.

witness

n. a person who sees something happen, especially a crime or an accident

synonym: onlooker, attestant, bystander

(1) **witness** of the car accident, (2) a material **witness**

The manufacturing industry is **witnessing** fierce competition.

examine

v. to study or consider a person or object attentively and thoroughly to learn something about them

synonym: study, probe, analyze

(1) **examine** the data studiously, (2) **examine** the issue

Initially, we must **examine** all project-related expenses.

react

v. to take action in response to something

synonym: respond, reply, oppose

(1) **react** at a high temperature, (2) **react** against his way of thinking

How did he **react** to your idea?

disregard

v. to pay no attention to or to ignore someone or something

synonym: ignore, pay no attention to, overlook

(1) **disregard** for human rights, (2) **disregard** the rules

She **disregarded** all the warnings and proceeded with her dangerous plan.

stance

n. a way of thinking about something, especially expressed publicly; attitude or position of a standing person or animal

synonym: attitude, standpoint, viewpoint

(1) change her **stance**, (2) the batting **stance**

He continued to support her political **stance**.

childbearing

n. the act of giving birth to or bearing a child (or children), often in the context of medical or demographic research

or public policy

synonym: accouchement, childbirth, maternity

(1) **childbearing** capacity, (2) **childbearing** at a later age

Many women delay **childbearing** until their careers are established.

regret

v. to feel sad, repentant, or disappointed over something you have done or something you have not been able to do

synonym: apologize, deplore, lament

(1) **regret** a decision, (2) **regret** being so careless

I **regret** to say that you did not gain admission to the university.

par

n. a state of being equal to someone or something

synonym: equality, standard, balance

(1) above **par** performance, (2) not up to **par**

Shares in the company finally fell below their **par** value.

develop

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

synonym: evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

well-being

n. the state of being happy and healthy and prosperous

synonym: health, welfare, happiness

(1) the **well-being** of a nation, (2) a sense of **well-being**

We are responsible for the care and **well-being** of all our employees.

gamble

v. to take risky action in the hope of being successful; to play or game for money or other stakes

synonym : bet, venture, wager

(1) **gamble** \$100 on the race, (2) **gamble** away my fortune

Will you **gamble** on the result of the fight?

approve

v. to think that someone or something is favorable, acceptable, or appropriate; to officially accept a plan, request, etc.

synonym : accept, authorize, agree

(1) **approve** a measures, (2) unanimously **approve** a resolution

My boss wouldn't **approve** of the plan.

paternalism

n. the practice or belief of governing or managing individuals or groups in a manner that is considered to be nurturing or protective but also limiting or controlling their freedom and autonomy

synonym : guardianship, fatherliness

(1) **paternalism** in healthcare, (2) critique of **paternalism**

The CEO's leadership style was characterized by **paternalism** towards his employees.

provider

n. a person or an organization that supplies somebody with something needed or wanted

synonym : supplier

(1) an information **provider**, (2) the **provider** of the family

People select Internet **providers** not only in terms of price but also in terms of transmission speed.

perception

n. a belief, opinion, or image you have based on how you regard, understand, or interpret something; the ability to see, hear, or notice something through the senses

synonym : understanding, idea, awareness

(1) keen **perception**, (2) **perception** of a stimulus

He is a man admired for the depth of his **perception**.

regardless

adv. not paying attention or considering something or someone even if the situation is bad or there are difficulties

synonym : anyhow, nevertheless, still

(1) **regardless** of the difficulties, (2) **regardless** tread
People can pick out superior products **regardless** of the quality of the advertising.

patient

n. a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic

synonym : client, recipient, subject

(1) **patient** in the hospital, (2) **patient** with weight loss
The doctor carefully examined the **patient's** medical history.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym : suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark
The phone rang at the most **opportune** time.

surgeon

n. a doctor who is trained to perform medical operations that involve cutting open a person's body

synonym : sawbones, doctor

(1) an excellent brain **surgeon**, (2) army **surgeon**
He is a skilled **surgeon** that has many years of training and experience.

offend

v. to cause someone to feel upset, angry, or annoyed

synonym : insult, hurt, anger

(1) **offend** his sensibilities, (2) **offend** a customer
His rude comments **offended** many people at the party.

defend

v. to protect someone or something from attack, criticism, danger, etc.

synonym : protect, guard, support

(1) **defend** my country, (2) **defend** against a threat
International law allows each nation to **defend** itself when its rights and interests are illegally violated.

explicit

adj. stated clearly and in detail, leaving no room for confusion or doubt

synonym: clear, unambiguous, unequivocal

(1) **explicit** content, (2) **explicit** instructions

The movie had an **explicit** sex scene that some viewers might find offensive.

belittle

v. to speak or write about someone or something in a way that shows a lack of respect

synonym: degrade, demean, disparage

(1) **belittle** his ability, (2) **belittle** through talk

He **belittled** her in front of the office, making her feel small and insignificant.

swallow

v. to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations

synonym: consume, gulp, inhale

(1) **swallow** a handful of pills, (2) a **swallow** tail

I **swallowed** my anger and kept quiet.

clench

v. to close tightly or grip firmly; to contract or stiffen, especially as in response to stress or pain; to tighten or compress

synonym: grasp, clasp, tighten

(1) **clench** teeth, (2) **clench** muscles

He **clenched** his fist in anger when he heard the bad news.

jaw

n. either of the two bones at the bottom of the face that moves when you open your mouth; (verb) talk socially without exchanging too much information

synonym: mouth, (verb) chitchat

(1) snatch victory from the **jaws** of defeat, (2) **jaw** muscle
He dropped his **jaw** at the unexpected sight.

silent

adj. without any or little sound

synonym: quiet, hushed, mute

(1) **silent** reading, (2) give **silent** consent

The politician remained **silent** despite intense media scrutiny.

consult

v. to seek or get advice or information from a person, book, or other source having special knowledge on a particular subject

synonym: confer, consider, see

(1) regularly **consult** with a doctor, (2) **consult** my wallet

Always **consult** a lawyer before launching a business.

clown

n. a performer, typically in a circus, who wears distinctive makeup and costumes and plays practical jokes, and performs tricks or stunts to entertain audiences

synonym: jester, harlequin, comedian

(1) a **clown** act, (2) act as a **clown**

She dressed up as a Halloween **clown** with a rainbow wig and oversized red nose.

colleague

n. one of a group of a coworker, especially in a profession or a business

synonym: coworker, associate, fellow

(1) collaborate with **colleagues**, (2) former **colleague**

I decided to seek counseling on the advice of my **colleague**.

infect

v. to affect a person, an animal, or a plant with a disease-causing organism

synonym: pollute, contaminate, affect

(1) **infect** other animal species, (2) **infect** a computer with a virus

Children often **infect** parents with this head cold.

smallpox

n. a highly contagious viral disease characterized by fever, weakness, spots on the skin, and often death

synonym : variola

(1) **smallpox** epidemic, (2) **smallpox** vaccine

An outbreak of **smallpox** occurred in the 1920s.

obtain

v. to get something, especially by making a great effort

synonym : accept, acquire, receive

(1) **obtain** a license, (2) **obtain** a bid

Where can I **obtain** the application form?

waver

v. to move in a quivering manner; to become weak

synonym : lurch, sway, wobble

(1) **waver** in purpose, (2) **waver** between work and private life

She didn't **waver** in her decision to pursue her dream career, despite the challenges.

eventually

adv. finally, particularly after a long time or a lot of struggle, complications, and so on

synonym : finally, someday, ultimately

(1) **eventually** become obsolete, (2) **eventually** succeed

The corporation **eventually** dominated the entire tobacco business.

convinced

adj. completely certain about something; having a strong belief or conviction in a particular religion

synonym : confident, positive, indoctrinated

(1) **convinced** of the idea, (2) **convinced** criminal

The public is **convinced** that the prime minister has committed fraud.

hormone

n. a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood

(1) **hormone** secretion, (2) female **hormone**

The doctor diagnosed me with a **hormone** disorder.

loose

adj. not securely fixed or fastened in place or able to be detached or separated from something

synonym : relaxed, unconsolidated, open

(1) a **loose** tongue, (2) remove **loose** hair

The inspector discovered **loose** bolts under the fuel rods.

disapproval

n. the act of not liking or agreeing with something; an inclination to withhold approval from some person or group

synonym : condemnation, reproach, censure

(1) showing **disapproval**, (2) **disapproval** rate

Her **disapproval** of his actions was evident in her cold demeanor.

cling

v. to hold onto something tightly; to be closely attached to someone or something

synonym : stick, adhere, attach

(1) **cling** onto power, (2) **cling** tightly to the skin

He **clings** to the hope that he will find a job soon.

firsthand

adv. from the source; directly; (adjective) received directly from a source

synonym : direct

(1) hear customer's voices **firsthand**, (2) conduct **firsthand** research

The manager tried to hear customers' voices **firsthand**.

separate

v. to force, take, or pull apart; mark as different

synonym : disunite, isolate, ramify

(1) **separate** video into chapter, (2) **separate** cream from milk

We need to **separate** the aspect of his personality from the part of his competence when making an investment decision.

extension

n. a thing that is added to something to make it longer, larger, or wider; an educational opportunity provided by colleges and universities to people who are not enrolled as regular students; an additional telephone set that is connected to the same telephone line

synonym: addition, augment, supplement

(1) time **extension**, (2) telephone **extension**

They are building an **extension** to the house to add more bedrooms.

womanhood

n. the state or condition of being an adult female; a term used to describe the social and cultural aspects of being a woman

synonym: femininity, womanliness, womanly nature

(1) **womanhood** experience, (2) embrace **womanhood**

The celebration of **womanhood** is often disregarded in male-dominated industries.

definition

n. a concise explanation of the meaning of a word, phrase, or symbol

synonym: description, connotation, meaning

(1) a precise **definition**, (2) the **definition** of a word

Parallel lines are, by **definition**, lines on the same plane that never cross.

strip

v. to remove the surface from something; (noun) a sizeable narrow piece of something such as paper, metal, cloth, etc., or area of land, sea, etc.

synonym: deprive, undress, (noun) ribbon

(1) **strip** a tire off, (2) coast **strip**

The doctor advised him to **strip** down for a check.

identity

n. the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another

synonym: character, personality, individuality

(1) mistaken **identity**, (2) **identity** as an individual

The terrorist's **identity** remains unknown.

amazing

adj. extremely surprising, especially in a way that you like or admire

synonym: exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling

The golfer recorded an **amazing** distance.

mere

adj. used to emphasize how insignificant or minor someone or something is

synonym: bare, minor, sheer

(1) **mere** acquaintance, (2) **mere** incident

He lost the election by **mere** votes.

conform

v. to act in accordance with a set of rules, standards, or expectations; to comply with the norms or customs of a particular group

synonym: comply, follow, adhere

(1) **conform** to standards, (2) **conform** in all its aspects

The school requires students to **conform** to a strict dress code.

associate

v. to mentally connect someone or something with someone or something else

synonym: tie in, link, consociate

(1) **associate** alcohol with gambling, (2) **associate** with people widely

The majority of consumers **associate** this brand with quality.

desire

n. a strong feeling of wanting to have or do something

synonym: ambition, appetite, greed

(1) unsatisfied **desire**, (2) fleshly **desire**

Low sexual **desire** typically correlates with low testosterone levels.

cast

v. to cause light or shadow to appear on a surface; to assign or choose someone such as an actor or

representative, especially by selection process

synonym: throw, project, select

(1) **cast** a ballot, (2) **cast** a charming eye

This accident **cast** a dark shadow over their lives.

fulfill

v. to meet the requirements or expectations; to achieve or realize

synonym: satisfy, complete, accomplish

(1) **fulfill** a contract, (2) **fulfill** a lifetime dream

It was the first time for her, but she **fulfilled** the role of Priest.

pave

v. to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use

synonym: surface, coat, cover

(1) **pave** a new path, (2) **pave** a smoother road

They **paved** the courtyard with bricks, giving it a more polished appearance.

determination

n. the quality of being persistent and purposeful; the act of finding out the exact nature or essence of something

synonym: resolve, willpower, conviction

(1) a steely **determination**, (2) **determination** of a DNA sequence

His **determination** to succeed was unwavering, even in the face of adversity.

embrace

v. to accept something willingly and enthusiastically;
(noun) the act of clasping another person in the arms as in greeting or affection

synonym: grasp, hold tightly, accept

(1) **embrace** an opportunity, (2) a warm **embrace**

The woods **embrace** the house.

forego

v. to precede or go before something in time or order; to give up, relinquish or do without something, usually by choice or obligation

synonym : antecede, precede, relinquish

(1) **forego** dessert, (2) **forego** the privilege

The company decided to **forego** the expensive advertising campaign and instead rely on word of mouth.

spouse

n. a person's husband, wife, or partner in marriage

synonym : partner, mate, wife

(1) **spouse** tax deduction, (2) **spouse** visa

The **spouse** of the politician was a constant presence at campaign events.

absolutely

adv. without restriction or limitation; completely or utterly

synonym : completely, utterly, definitely

(1) **absolutely** against, (2) **absolutely** obsessed with the girl

I am **absolutely** opposed to his idea because of morality.

Session 2: Spelling

- | | | |
|--------------------------------|----|--|
| 1. re__t at a high temperature | v. | to take action in response to something |
| 2. the pr____er of the family | n. | a person or an organization that supplies somebody with something needed or wanted |
| 3. a selfish de____on | n. | the act or process of making up someone's mind about something; a choice or judgment reached after considering options |
| 4. the af____th of a crisis | n. | the consequences or results of a significant event, particularly a disaster or conflict; a period of time following a significant event |
| 5. a cl__n act | n. | a performer, typically in a circus, who wears distinctive makeup and costumes and plays practical jokes, and performs tricks or stunts to entertain audiences |
| 6. co____t for surgery | n. | permission or agreement to do something, especially given by somebody in authority |
| 7. creative m__e | n. | a source of inspiration, particularly for creative endeavors such as writing or art; a mythical spirit thought to inspire poets and artists |
| 8. de____p a skill | v. | to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created |

ANSWERS: 1. react, 2. provider, 3. decision, 4. aftermath, 5. clown, 6. consent, 7. muse, 8. develop

- | | |
|---------------------------------------|--|
| 9. a precise def_____on | <i>n.</i> a concise explanation of the meaning of a word, phrase, or symbol |
| 10. per_____on of a stimulus | <i>n.</i> a belief, opinion, or image you have based on how you regard, understand, or interpret something; the ability to see, hear, or notice something through the senses |
| 11. cell and molecular bi_____y | <i>n.</i> the scientific study of life and the natural processes of living things |
| 12. des_____ly anxious | <i>adv.</i> in a way that shows a lack of hope and a willingness to do anything because of the problematic situation; with great urgency |
| 13. school req_____nt | <i>n.</i> something that is needed or wanted |
| 14. a sense of wel_____ng | <i>n.</i> the state of being happy and healthy and prosperous |
| 15. an excellent brain su_____n | <i>n.</i> a doctor who is trained to perform medical operations that involve cutting open a person's body |
| 16. re__t against his way of thinking | <i>v.</i> to take action in response to something |
| 17. cl___h muscles | <i>v.</i> to close tightly or grip firmly; to contract or stiffen, especially as in response to stress or pain; to tighten or compress |
| 18. regional au_____my | <i>n.</i> the right of an organization, country, or region to govern itself independently |
| 19. express my ap_____al | <i>n.</i> the belief that someone or something is good or acceptable |
| 20. answer co_____ss questions | <i>adj.</i> too numerous to be counted or very many |

ANSWERS: 9. definition, 10. perception, 11. biology, 12. desperately, 13. requirement, 14. well-being, 15. surgeon, 16. react, 17. clench, 18. autonomy, 19. approval, 20. countless

21. undergo a surgical pr_____re *n.* a way of doing something, especially the official or well-known way
22. ex_____e the data studiously *v.* to study or consider a person or object attentively and thoroughly to learn something about them
23. de_____on authority *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
24. collaborate with co_____ues *n.* one of a group of a coworker, especially in a profession or a business
25. de____d against a threat *v.* to protect someone or something from attack, criticism, danger, etc.
26. certified pro_____nal secretary *adj.* having or showing the skill appropriate to a particular job; competent or skillful
27. manage my fi_____es *n.* the management of money, credit, banking, and investments, especially by a government or commercial organization; the branch of economics that studies the management of money and other assets
28. remove lo__e hair *adj.* not securely fixed or fastened in place or able to be detached or separated from something
29. antibiotic med_____on *n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
30. pro_____nal athlete *adj.* having or showing the skill appropriate to a particular job; competent or skillful

ANSWERS: 21. procedure, 22. examine, 23. decision, 24. colleague, 25. defend, 26. professional, 27. finance, 28. loose, 29. medication, 30. professional

31. understand his mot_____on *n.* the reason or enthusiasm for acting or behaving in a particular way
32. di_____rd the rules *v.* to pay no attention to or to ignore someone or something
33. se_____te cream from milk *v.* to force, take, or pull apart; mark as different
34. an op_____ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
35. re_____ze achievement *v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
36. conduct fi_____nd research *adv.* from the source; directly; (adjective) received directly from a source
37. pri_____ze tasks *v.* to assign a higher level of importance to something compared to other things
38. con_____ing smile *adj.* having or showing a feeling of superiority; patronizing
39. of____d his sensibilities *v.* to cause someone to feel upset, angry, or annoyed
40. former co_____ue *n.* one of a group of a coworker, especially in a profession or a business
41. sp____e tax deduction *n.* a person's husband, wife, or partner in marriage
42. embrace wo_____od *n.* the state or condition of being an adult female; a term used to describe the social and cultural aspects of being a woman

ANSWERS: 31. motivation, 32. disregard, 33. separate, 34. opportune, 35. recognize, 36. firsthand, 37. prioritize, 38. condescending, 39. offend, 40. colleague, 41. spouse, 42. womanhood

43. of___d a customer *v.* to cause someone to feel upset, angry, or annoyed
44. chi_____ing capacity *n.* the act of giving birth to or bearing a child (or children), often in the context of medical or demographic research or public policy
45. in_____ce fingers *v.* to intertwine or weave together in a pattern or design; to connect or link closely or intricately; to intermix or intermingle
46. ex_____it instructions *adj.* stated clearly and in detail, leaving no room for confusion or doubt
47. m__e incident *adj.* used to emphasize how insignificant or minor someone or something is
48. ea__r anticipation *adj.* showing enthusiasm and a strong desire or interest to do something
49. the def_____on of a word *n.* a concise explanation of the meaning of a word, phrase, or symbol
50. financial af_____th *n.* the consequences or results of a significant event, particularly a disaster or conflict; a period of time following a significant event
51. binational ac____d *n.* an official agreement or treaty between two organizations, countries, etc.; (verb) allow to have
52. ob____n clinic *n.* (an abbreviation for obstetrician-gynecologist) a medical doctor who specializes in the care of women's reproductive health, including pregnancy, childbirth, and disorders of the reproductive system

ANSWERS: 43. offend, 44. childbearing, 45. interlace, 46. explicit, 47. mere, 48. eager, 49. definition, 50. aftermath, 51. accord, 52. ob-gyn

53. em_____r my life *v.* to give someone the power or authority to do something
54. lif_____ng device *n.* the act or process of rescuing someone else's life, especially from drowning
55. ac____d with public opinion *n.* an official agreement or treaty between two organizations, countries, etc.; (verb) allow to have
56. wo_____od experience *n.* the state or condition of being an adult female; a term used to describe the social and cultural aspects of being a woman
57. an in_____ed balloon *adj.* swollen or blown up, especially with air or gas; excessively or unreasonably high
58. b__s against a big company *n.* a strong feeling in favor of or against one group of people, an idea, or thing, often not based on fair judgment
59. give silent co_____t *n.* permission or agreement to do something, especially given by somebody in authority
60. snatch victory from the j_ws of defeat *n.* either of the two bones at the bottom of the face that moves when you open your mouth; (verb) talk socially without exchanging too much information
61. ex_____t pipe *n.* the system in a vehicle that removes waste gases from the engine; (verb) to make someone completely tired
62. ap_____e a measures *v.* to think that someone or something is favorable, acceptable, or appropriate; to officially accept a plan, request, etc.

ANSWERS: 53. empower, 54. lifesaving, 55. accord, 56. womanhood, 57. inflated, 58. bias, 59. consent, 60. jaw, 61. exhaust, 62. approve

63. a her_____ry disease *adj.* passed down from one generation to another through inheritance
64. historical co_____t *n.* the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning
65. pr_____y school *adj.* first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or introductory stage of something, such as a school year or election cycle
66. fleshly de_____e *n.* a strong feeling of wanting to have or do something
67. personal na_____ve *n.* a story or a description of a series of events or process of telling a story
68. m__e acquaintance *adj.* used to emphasize how insignificant or minor someone or something is
69. act as a cl__n *n.* a performer, typically in a circus, who wears distinctive makeup and costumes and plays practical jokes, and performs tricks or stunts to entertain audiences
70. unsatisfied de_____e *n.* a strong feeling of wanting to have or do something
71. per_____nt cough *adj.* continuing firmly or obstinately in the course of action despite difficulty or opposition; lasting or enduring without fading or being lost over time
72. fo____o dessert *v.* to precede or go before something in time or order; to give up, relinquish or do without something, usually by choice or obligation

ANSWERS: 63. hereditary, 64. context, 65. primary, 66. desire, 67. narrative, 68. mere, 69. clown, 70. desire, 71. persistent, 72. forego

73. des_____ly ill patient *adv.* in a way that shows a lack of hope and a willingness to do anything because of the problematic situation; with great urgency
74. em_____e an opportunity *v.* to accept something willingly and enthusiastically; (noun) the act of claspng another person in the arms as in greeting or affection
75. mean no dis_____ct *n.* an expression of lack of regard or contempt for someone or something
76. st_____ze chemically *v.* to make something free of all forms of life, especially bacteria or viruses, by using heat, chemicals, or radiation
77. a friendly con_____ion *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
78. ob_____e wildlife *v.* to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion
79. re_____ze talent *v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
80. m__h larva *n.* an insect with wings similar to a butterfly that travels at night and is attracted to light
81. pra_____ner of Buddhism *n.* a person who works in a profession or occupation, such as a doctor, lawyer, or teacher

ANSWERS: 73. desperately, 74. embrace, 75. disrespect, 76. sterilize, 77. conversation, 78. observe, 79. recognize, 80. moth, 81. practitioner

82. fo___r two kids *v.* to promote growth; to take care of another person's child, usually for a limited time, without becoming their legal parents
83. sm_____ox vaccine *n.* a highly contagious viral disease characterized by fever, weakness, spots on the skin, and often death
84. id_____ty as an individual *n.* the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another
85. resolve per_____ty *n.* confusion, doubt; state of being puzzled
86. above p_r performance *n.* a state of being equal to someone or something
87. pri_____ze people over cars *v.* to assign a higher level of importance to something compared to other things
88. na_____ve poetry *n.* a story or a description of a series of events or process of telling a story
89. mistaken id_____ty *n.* the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another
90. an ap_____ng offer *adj.* attractive or exciting; evoking a positive response or desire; having qualities that are likely to encourage someone to like or enjoy something
91. a per_____ty issue *n.* confusion, doubt; state of being puzzled
92. di_____s a matter with a laugh *v.* to regard something or someone as not important and not worth considering; to terminate someone's employment

ANSWERS: 82. foster, 83. smallpox, 84. identity, 85. perplexity, 86. par, 87. prioritize, 88. narrative, 89. identity, 90. appealing, 91. perplexity, 92. dismiss

93. co_____t my wallet *v.* to seek or get advice or information from a person, book, or other source having special knowledge on a particular subject
94. dis_____en employees *v.* to cause someone to lose hope, confidence, or enthusiasm; to discourage or demoralize
95. p__e a new path *v.* to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
96. regularly co_____t with a doctor *v.* to seek or get advice or information from a person, book, or other source having special knowledge on a particular subject
97. si____t reading *adj.* without any or little sound
98. int_____ive sentence *adj.* relating to or used for asking questions; having the nature or function of an interrogation
99. dis_____ct for a customer *n.* an expression of lack of regard or contempt for someone or something
100. m__h attracted to the light *n.* an insect with wings similar to a butterfly that travels at night and is attracted to light
101. showing dis_____al *n.* the act of not liking or agreeing with something; an inclination to withhold approval from some person or group
102. tubal li_____on *n.* a surgical procedure or technique that involves tying off or closing blood vessels, ducts, or other anatomical structures using ligatures or other means to stop bleeding or restrict the flow of fluids

ANSWERS: 93. consult, 94. dishearten, 95. pave, 96. consult, 97. silent, 98. interrogative, 99. disrespect, 100. moth, 101. disapproval, 102. ligation

103. temporary me_____l treatment *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
104. an information pr_____er *n.* a person or an organization that supplies somebody with something needed or wanted
105. p__e a smoother road *v.* to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
106. ex_____t a topic *n.* the system in a vehicle that removes waste gases from the engine; (verb) to make someone completely tired
107. rea_____ry attitudes *adj.* relating to or advocating a return to a previous state of affairs or method of doing things, typically one that is seen as outdated or regressive
108. learn new co_____ts *n.* an idea or principle associated with something abstract
109. po___e tone *adj.* showing consideration, respect, or deference towards others; having good manners, civility, or courteous behavior
110. seem like a da_____ng task *adj.* looking challenging to manage in prospect; making someone anxious and less confident about carrying out something
111. su_____e beforehand *v.* to think that something is likely to be actual or possible
112. sp___e visa *n.* a person's husband, wife, or partner in marriage

ANSWERS: 103. medical, 104. provider, 105. pave, 106. exhaust, 107. reactionary, 108. concept, 109. polite, 110. daunting, 111. suppose, 112. spouse

113. ove_____ion problem *n.* a situation in which the number of people or living organisms in a particular area or environment exceeds the carrying capacity or resources of that area or environment
114. abs_____ly against *adv.* without restriction or limitation; completely or utterly
115. m__e inspiration *n.* a source of inspiration, particularly for creative endeavors such as writing or art; a mythical spirit thought to inspire poets and artists
116. pa_____t in the hospital *n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
117. fu_____l a lifetime dream *v.* to meet the requirements or expectations; to achieve or realize
118. ba_____or party *n.* an unmarried man; a person who holds an undergraduate degree from a college or university
119. co_____m in all its aspects *v.* to act in accordance with a set of rules, standards, or expectations; to comply with the norms or customs of a particular group
120. a lo__e tongue *adj.* not securely fixed or fastened in place or able to be detached or separated from something
121. det_____ion of a DNA sequence *n.* the quality of being persistent and purposeful; the act of finding out the exact nature or essence of something

ANSWERS: 113. overpopulation, 114. absolutely, 115. muse, 116. patient, 117. fulfill, 118. bachelor, 119. conform, 120. loose, 121. determination

122. a material wi_____s *n.* a person who sees something happen, especially a crime or an accident
123. st_____ze surfaces *v.* to make something free of all forms of life, especially bacteria or viruses, by using heat, chemicals, or radiation
124. business bu_____rds *n.* a word or phrase that is fashionable or popular within a particular industry, field, or culture, often used to convey a sense of innovation or sophistication
125. di_____s a person from the office *v.* to regard something or someone as not important and not worth considering; to terminate someone's employment
126. in_____e on his personal space *v.* to enter or to be present in a place or situation where one is not wanted or allowed; to interrupt or disturb someone or something
127. vi____y the press *v.* to speak or write about someone or something in a way that is likely to make people have a very low opinion of them
128. pu_____ly accessible record *adv.* in a manner accessible to or observable by the public; by the government
129. ex_____it content *adj.* stated clearly and in detail, leaving no room for confusion or doubt
130. ga____e away my fortune *v.* to take risky action in the hope of being successful; to play or game for money or other stakes
131. ab_____n from food *v.* to choose not to do something, especially something that one wants to do

ANSWERS: 122. witness, 123. sterilize, 124. buzzword, 125. dismiss, 126. intrude, 127. vilify, 128. publicly, 129. explicit, 130. gamble, 131. abstain

132. cl___h teeth *v.* to close tightly or grip firmly; to contract or stiffen, especially as in response to stress or pain; to tighten or compress
133. change her st___e *n.* a way of thinking about something, especially expressed publicly; attitude or position of a standing person or animal
134. be_____le his ability *v.* to speak or write about someone or something in a way that shows a lack of respect
135. rea_____ry forces *adj.* relating to or advocating a return to a previous state of affairs or method of doing things, typically one that is seen as outdated or regressive
136. in_____ed prices *adj.* swollen or blown up, especially with air or gas; excessively or unreasonably high
137. needs of pr_____nt women *adj.* having a baby or young animal developing in the uterus
138. em_____r the secretary to do the same *v.* to give someone the power or authority to do something
139. a sw_____w tail *v.* to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations
140. bl_____t disregard *adj.* completely obvious, often offensively or inappropriately; characterized by shameless or brazen behavior

ANSWERS: 132. clench, 133. stance, 134. belittle, 135. reactionary, 136. inflated, 137. pregnant, 138. empower, 139. swallow, 140. blatant

141. a glass t__e *n.* a cylindrical container of metal, plastic, glass, etc., usually sealed and used as a means of preserving food or chemicals; a hollow cylindrical shape
142. app_____nt calendar *n.* a formal arrangement to meet someone at a particular time and place, especially for a reason connected with their work; the act of putting a person into a job or position of responsibility
143. fo___o the privilege *v.* to precede or go before something in time or order; to give up, relinquish or do without something, usually by choice or obligation
144. in_____al function *adj.* necessary to make a whole complete; essential, or fundamental; combining with something else to form a whole; (noun, of mathematics) a fundamental concept in calculus that represents the area under a curve between two points on a graph
145. ambitious ag___a *n.* a list or outline of things to be done, discussed, or considered
146. ma_____al care *adj.* relating to or characteristic of a mother; having feelings that are typical of a caring mother towards her child
147. unanimously ap_____e a resolution *v.* to think that someone or something is favorable, acceptable, or appropriate; to officially accept a plan, request, etc.
148. a steely det_____ion *n.* the quality of being persistent and purposeful; the act of finding out the exact nature or essence of something

ANSWERS: 141. tube, 142. appointment, 143. forego, 144. integral, 145. agenda, 146. maternal, 147. approve, 148. determination

149. ob_____e a tradition *v.* to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion
150. c__t a charming eye *v.* to cause light or shadow to appear on a surface; to assign or choose someone such as an actor or representative, especially by selection process
151. con_____ing tone *adj.* having or showing a feeling of superiority; patronizing
152. me_____n name *v.* to speak or write about something or someone briefly
153. in_____e on other people's conversations *v.* to enter or to be present in a place or situation where one is not wanted or allowed; to interrupt or disturb someone or something
154. a silence pr_____nt with suspense *adj.* having a baby or young animal developing in the uterus
155. abs_____ly obsessed with the girl *adv.* without restriction or limitation; completely or utterly
156. pa_____t with weight loss *n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
157. dis_____ct a plug *v.* to unfasten or disjoin something, especially to break the connection between a supply of gas, water, or electricity and a piece of equipment

ANSWERS: 149. observe, 150. cast, 151. condescending, 152. mention, 153. intrude, 154. pregnant, 155. absolutely, 156. patient, 157. disconnect

158. eve_____ly succeed *adv.* finally, particularly after a long time or a lot of struggle, complications, and so on
159. publicly vi_____y *v.* to speak or write about someone or something in a way that is likely to make people have a very low opinion of them
160. ab____d storyline *adj.* ridiculously silly, unreasonable, or illogical
161. the most am_____g feeling *adj.* extremely surprising, especially in a way that you like or admire
162. fi_____e act *n.* the management of money, credit, banking, and investments, especially by a government or commercial organization; the branch of economics that studies the management of money and other assets
163. a star of the first ma_____de *n.* the extent, level, importance, or amount of something
164. cl__g tightly to the skin *v.* to hold onto something tightly; to be closely attached to someone or something
165. po____e manners *adj.* showing consideration, respect, or deference towards others; having good manners, civility, or courteous behavior
166. standard pr_____re *n.* a way of doing something, especially the official or well-known way
167. a st_____ht line *adj.* extending or moving in one direction without bending or curving; having no deviations

ANSWERS: 158. eventually, 159. vilify, 160. absurd, 161. amazing, 162. finance, 163. magnitude, 164. cling, 165. polite, 166. procedure, 167. straight

168. pat_____sm in healthcare *n.* the practice or belief of governing or managing individuals or groups in a manner that is considered to be nurturing or protective but also limiting or controlling their freedom and autonomy
169. re____t being so careless *v.* to feel sad, repentant, or disappointed over something you have done or something you have not been able to do
170. meet req_____nt *n.* something that is needed or wanted
171. critique of pat_____sm *n.* the practice or belief of governing or managing individuals or groups in a manner that is considered to be nurturing or protective but also limiting or controlling their freedom and autonomy
172. ex_____e the issue *v.* to study or consider a person or object attentively and thoroughly to learn something about them
173. me_____n in a report *v.* to speak or write about something or someone briefly
174. bl_____t hypocrisy *adj.* completely obvious, often offensively or inappropriately; characterized by shameless or brazen behavior
175. a sense of sat_____ion *n.* a pleasant feeling you have when you have fulfilled a desire, need, or expectation or have achieved something
176. eve_____ly become obsolete *adv.* finally, particularly after a long time or a lot of struggle, complications, and so on

ANSWERS: 168. paternalism, 169. regret, 170. requirement, 171. paternalism, 172. examine, 173. mention, 174. blatant, 175. satisfaction, 176. eventually

177. p__e a significant threat to my company
v. to present a risk, problem, or other issues that must be addressed
178. de____p a strategy
v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
179. ba____or degree
n. an unmarried man; a person who holds an undergraduate degree from a college or university
180. co____ed criminal
adj. completely certain about something; having a strong belief or conviction in a particular religion
181. in____ce strands of hair
v. to intertwine or weave together in a pattern or design; to connect or link closely or intricately; to intermix or intermingle
182. with ea__r eyes
adj. showing enthusiasm and a strong desire or interest to do something
183. as____te with people widely
v. to mentally connect someone or something with someone or something else
184. the ma____de of the disaster
n. the extent, level, importance, or amount of something
185. take up an app____nt
n. a formal arrangement to meet someone at a particular time and place, especially for a reason connected with their work; the act of putting a person into a job or position of responsibility

ANSWERS: 177. pose, 178. develop, 179. bachelor, 180. convinced, 181. interlace, 182. eager, 183. associate, 184. magnitude, 185. appointment

186. not up to p_r *n.* a state of being equal to someone or something
187. ho____e secretion *n.* a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood
188. con_____ion in English *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
189. pra_____ner of law *n.* a person who works in a profession or occupation, such as a doctor, lawyer, or teacher
190. her_____ry property *adj.* passed down from one generation to another through inheritance
191. w__m of youth *n.* a sudden idea or desire, especially one that cannot be reasonably explained
192. ob___n appointment *n.* (an abbreviation for obstetrician-gynecologist) a medical doctor who specializes in the care of women's reproductive health, including pregnancy, childbirth, and disorders of the reproductive system
193. female ho____e *n.* a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood
194. di_____s solutions *v.* to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic

ANSWERS: 186. par, 187. hormone, 188. conversation, 189. practitioner, 190. hereditary, 191. whim, 192. ob-gyn, 193. hormone, 194. discuss

195. wi____s of the car accident *n.* a person who sees something happen, especially a crime or an accident
196. cl__g onto power *v.* to hold onto something tightly; to be closely attached to someone or something
197. dis_____al rate *n.* the act of not liking or agreeing with something; an inclination to withhold approval from some person or group
198. ob___n a bid *v.* to get something, especially by making a great effort
199. legal co____t *n.* the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning
200. ga___e \$100 on the race *v.* to take risky action in the hope of being successful; to play or game for money or other stakes
201. st__p a tire off *v.* to remove the surface from something; (noun) a sizeable narrow piece of something such as paper, metal, cloth, etc., or area of land, sea, etc.
202. customer sat_____ion *n.* a pleasant feeling you have when you have fulfilled a desire, need, or expectation or have achieved something
203. a det_____nt of crop yields *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

ANSWERS: 195. witness, 196. cling, 197. disapproval, 198. obtain, 199. context, 200. gamble, 201. strip, 202. satisfaction, 203. determinant

204. mot_____on for a change *n.* the reason or enthusiasm for acting or behaving in a particular way
205. environmental det_____nt *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
206. am_____g advances *adj.* extremely surprising, especially in a way that you like or admire
207. in____t a computer with a virus *v.* to affect a person, an animal, or a plant with a disease-causing organism
208. se_____te video into chapter *v.* to force, take, or pull apart; mark as different
209. fu_____l a contract *v.* to meet the requirements or expectations; to achieve or realize
210. cardiac su_____y *n.* medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures
211. j_w muscle *n.* either of the two bones at the bottom of the face that moves when you open your mouth; (verb) talk socially without exchanging too much information
212. ab_____n on a vote *v.* to choose not to do something, especially something that one wants to do
213. ine_____le changes of the seasons *adj.* certain to happen and unavoidable

ANSWERS: 204. motivation, 205. determinant, 206. amazing, 207. infect, 208. separate, 209. fulfill, 210. surgery, 211. jaw, 212. abstain, 213. inevitable

214. wa__r between work and private life *v.* to move in a quivering manner; to become weak
215. sm____ox epidemic *n.* a highly contagious viral disease characterized by fever, weakness, spots on the skin, and often death
216. ove_____ion crisis *n.* a situation in which the number of people or living organisms in a particular area or environment exceeds the carrying capacity or resources of that area or environment
217. army su____n *n.* a doctor who is trained to perform medical operations that involve cutting open a person's body
218. be____le through talk *v.* to speak or write about someone or something in a way that shows a lack of respect
219. wa__r in purpose *v.* to move in a quivering manner; to become weak
220. di_____rd for human rights *v.* to pay no attention to or to ignore someone or something
221. sw____w a handful of pills *v.* to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations
222. official sta_____cs *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
223. fo__r a better relationship *v.* to promote growth; to take care of another person's child, usually for a limited time, without becoming their legal parents

ANSWERS: 214. waver, 215. smallpox, 216. overpopulation, 217. surgeon, 218. belittle, 219. waver, 220. disregard, 221. swallow, 222. statistics, 223. foster

224. per_____nt data *adj.* continuing firmly or obstinately in the course of action despite difficulty or opposition; lasting or enduring without fading or being lost over time
225. dis_____en the hopeful job applicant *v.* to cause someone to lose hope, confidence, or enthusiasm; to discourage or demoralize
226. co_____ed of the idea *adj.* completely certain about something; having a strong belief or conviction in a particular religion
227. co_____ss hours *adj.* too numerous to be counted or very many
228. telephone ex_____on *n.* a thing that is added to something to make it longer, larger, or wider; an educational opportunity provided by colleges and universities to people who are not enrolled as regular students; an additional telephone set that is connected to the same telephone line
229. on the ma_____al side *adj.* relating to or characteristic of a mother; having feelings that are typical of a caring mother towards her child
230. at the w___m of circumstance *n.* a sudden idea or desire, especially one that cannot be reasonably explained
231. coast st___p *v.* to remove the surface from something; (noun) a sizeable narrow piece of something such as paper, metal, cloth, etc., or area of land, sea, etc.
232. chi_____ing at a later age *n.* the act of giving birth to or bearing a child (or children), often in the context of medical or demographic research or public policy

ANSWERS: 224. persistent, 225. dishearten, 226. convinced, 227. countless, 228. extension, 229. maternal, 230. whim, 231. strip, 232. childbearing

233. the du_____on of insurance *n.* the length of time something lasts or continues
234. have a b__s toward socialism *n.* a strong feeling in favor of or against one group of people, an idea, or thing, often not based on fair judgment
235. de___d my country *v.* to protect someone or something from attack, criticism, danger, etc.
236. hear customer's voices fi_____nd *adv.* from the source; directly; (adjective) received directly from a source
237. un_____o a decrease *v.* to go through something unpleasant or that involves a change
238. pr_____y education *adj.* first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or introductory stage of something, such as a school year or election cycle
239. med_____on by mouth *n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
240. di_____s options *v.* to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic
241. a written ap_____al *n.* the belief that someone or something is good or acceptable
242. bachelor's de___e *n.* a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment

ANSWERS: 233. duration, 234. bias, 235. defend, 236. firsthand, 237. undergo, 238. primary, 239. medication, 240. discuss, 241. approval, 242. degree

243. reg_____ss of the difficulties *adv.* not paying attention or considering something or someone even if the situation is bad or there are difficulties
244. p__e a challenge *v.* to present a risk, problem, or other issues that must be addressed
245. establish au_____my *n.* the right of an organization, country, or region to govern itself independently
246. the professor of su_____y *n.* medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures
247. give si___t consent *adj.* without any or little sound
248. in_____al component *adj.* necessary to make a whole complete; essential, or fundamental; combining with something else to form a whole; (noun, of mathematics) a fundamental concept in calculus that represents the area under a curve between two points on a graph
249. the batting st___e *n.* a way of thinking about something, especially expressed publicly; attitude or position of a standing person or animal
250. as_____te alcohol with gambling *v.* to mentally connect someone or something with someone or something else

ANSWERS: 243. regardless, 244. pose, 245. autonomy, 246. surgery, 247. silent, 248. integral, 249. stance, 250. associate

251. un_____o surgery *v.* to go through something unpleasant or that involves a change
252. st_____ht for two months *adj.* extending or moving in one direction without bending or curving; having no deviations
253. keen per_____on *n.* a belief, opinion, or image you have based on how you regard, understand, or interpret something; the ability to see, hear, or notice something through the senses
254. sta_____cs for cancer *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
255. co_____m to standards *v.* to act in accordance with a set of rules, standards, or expectations; to comply with the norms or customs of a particular group
256. ag____a setting *n.* a list or outline of things to be done, discussed, or considered
257. su_____e you're right *v.* to think that something is likely to be actual or possible
258. de____e centigrade *n.* a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment
259. evolutionary bi_____y *n.* the scientific study of life and the natural processes of living things
260. co_____t car *n.* an idea or principle associated with something abstract

ANSWERS: 251. undergo, 252. straight, 253. perception, 254. statistics, 255. conform, 256. agenda, 257. suppose, 258. degree, 259. biology, 260. concept

261. bu_____rd bingo *n.* a word or phrase that is fashionable or popular within a particular industry, field, or culture, often used to convey a sense of innovation or sophistication
262. op_____ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
263. a capillary t__e *n.* a cylindrical container of metal, plastic, glass, etc., usually sealed and used as a means of preserving food or chemicals; a hollow cylindrical shape
264. ine_____le result *adj.* certain to happen and unavoidable
265. re___t a decision *v.* to feel sad, repentant, or disappointed over something you have done or something you have not been able to do
266. li_____on of blood vessels *n.* a surgical procedure or technique that involves tying off or closing blood vessels, ducts, or other anatomical structures using ligatures or other means to stop bleeding or restrict the flow of fluids
267. a me_____l opinion *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
268. time ex_____on *n.* a thing that is added to something to make it longer, larger, or wider; an educational opportunity provided by colleges and universities to people who are not enrolled as regular students; an additional telephone set that is connected to the same telephone line

ANSWERS: 261. buzzword, 262. opportune, 263. tube, 264. inevitable, 265. regret, 266. ligation, 267. medical, 268. extension

269. c__t a ballot v. to cause light or shadow to appear on a surface; to assing or choose someone such as an actor or representative, especially by selection process
270. reg_____ss tread *adv.* not paying attention or considering something or someone even if the situation is bad or there are difficulties
271. the wel_____ng of a nation *n.* the state of being happy and healthy and prosperous
272. lif_____ng efforts *n.* the act or process of rescuing someone else's life, especially from drowning
273. face the da_____ng reality *adj.* looking challenging to manage in prospect; making someone anxious and less confident about carrying out something
274. int_____ive expression *adj.* relating to or used for asking questions; having the nature or function of an interrogation
275. pu_____ly financed schools *adv.* in a manner accessible to or observable by the public; by the government
276. ob___n a license v. to get something, especially by making a great effort
277. in___t other animal species v. to affect a person, an animal, or a plant with a disease-causing organism
278. a warm em_____e v. to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection
279. an ab___d amount of money *adj.* ridiculously silly, unreasonable, or illogical

ANSWERS: 269. cast, 270. regardless, 271. well-being, 272. lifesaving, 273. daunting, 274. interrogative, 275. publicly, 276. obtain, 277. infect, 278. embrace, 279. absurd

280. dis_____ct the water supply

v. to unfasten or disjoin something, especially to break the connection between a supply of gas, water, or electricity and a piece of equipment

281. ap_____ng design

adj. attractive or exciting; evoking a positive response or desire; having qualities that are likely to encourage someone to like or enjoy something

282. short du_____on

n. the length of time something lasts or continues

ANSWERS: 280. disconnect, 281. appealing, 282. duration

Session 3: Fill in the Blanks

1. The terrorist's _____ remains unknown.
 - n.* the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another

2. Always _____ a lawyer before launching a business.
 - v.* to seek or get advice or information from a person, book, or other source having special knowledge on a particular subject

3. The golfer recorded an _____ distance.
 - adj.* extremely surprising, especially in a way that you like or admire

4. The doctor carefully examined the _____ medical history.
 - n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic

5. Her _____ of his actions was evident in her cold demeanor.
 - n.* the act of not liking or agreeing with something; an inclination to withhold approval from some person or group

6. We are responsible for the care and _____ of all our employees.
 - n.* the state of being happy and healthy and prosperous

7. We need to _____ the next steps for the project during our meeting tomorrow.
 - v.* to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic

ANSWERS: 1. identity, 2. consult, 3. amazing, 4. patient's, 5. disapproval, 6. well-being, 7. discuss

8. This accident _____ a dark shadow over their lives.

- v.* to cause light or shadow to appear on a surface; to assign or choose someone such as an actor or representative, especially by selection process

9. The chemicals _____ a massive health risk.

- v.* to present a risk, problem, or other issues that must be addressed

10. She had a very _____ instinct towards her newborn baby.

- adj.* relating to or characteristic of a mother; having feelings that are typical of a caring mother towards her child

11. What do you _____ the culprit's motive was?

- v.* to think that something is likely to be actual or possible

12. I made an appointment with my _____ for my annual check-up.

- n.* (an abbreviation for obstetrician-gynecologist) a medical doctor who specializes in the care of women's reproductive health, including pregnancy, childbirth, and disorders of the reproductive system

13. She is a _____ of traditional Chinese medicine.

- n.* a person who works in a profession or occupation, such as a doctor, lawyer, or teacher

14. I _____ to him that I had seen his sister at the grocery store earlier that day.

- v.* to speak or write about something or someone briefly

15. Despite the setbacks, he remained _____ in his pursuit of his dreams.

- adj.* continuing firmly or obstinately in the course of action despite difficulty or opposition; lasting or enduring without fading or being lost over time

ANSWERS: 8. cast, 9. pose, 10. maternal, 11. suppose, 12. ob-gyn, 13. practitioner, 14. mentioned, 15. persistent

16. This project took a lot of time to get the president's _____.
- n.* the belief that someone or something is good or acceptable
17. The committee has decided to _____ the president from the post.
- v.* to regard something or someone as not important and not worth considering; to terminate someone's employment
18. The baby clung _____ to her mother.
- adv.* in a way that shows a lack of hope and a willingness to do anything because of the problematic situation; with great urgency
19. He has a _____ demeanor and always presents himself in a polished manner.
- adj.* having or showing the skill appropriate to a particular job; competent or skillful
20. He had undergone heart _____ years before.
- n.* medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures
21. He quit his job on a _____ and moved to a new city.
- n.* a sudden idea or desire, especially one that cannot be reasonably explained
22. A _____ condition is a medical condition caused by a genetic mutation passed down from one's parents.
- adj.* passed down from one generation to another through inheritance
23. The manager tried to hear customers' voices _____.
- adv.* from the source; directly; (adjective) received directly from a source

ANSWERS: 16. approval, 17. dismiss, 18. desperately, 19. professional, 20. surgery, 21. whim, 22. hereditary, 23. firsthand

24. The _____ handles multiple plot lines and has unpredictable ends.
n. a story or a description of a series of events or process of telling a story
25. The _____ of the situation left everyone at a loss for words.
n. confusion, doubt; state of being puzzled
26. The loud music from the party next door _____ into my peaceful evening at home.
v. to enter or to be present in a place or situation where one is not wanted or allowed; to interrupt or disturb someone or something
27. She dressed up as a Halloween _____ with a rainbow wig and oversized red nose.
n. a performer, typically in a circus, who wears distinctive makeup and costumes and plays practical jokes, and performs tricks or stunts to entertain audiences
28. The politician remained _____ despite intense media scrutiny.
adj. without any or little sound
29. The movie had an _____ sex scene that some viewers might find offensive.
adj. stated clearly and in detail, leaving no room for confusion or doubt
30. She finally decided to _____ herself from the company.
v. to unfasten or disjoin something, especially to break the connection between a supply of gas, water, or electricity and a piece of equipment
31. The factory's _____ fumes polluted the air and affected the health of the nearby residents.
n. the system in a vehicle that removes waste gases from the engine; (verb) to make someone completely tired

ANSWERS: 24. narrative, 25. perplexity, 26. intruded, 27. clown, 28. silent, 29. explicit, 30. disconnect, 31. exhaust

32. He _____ his fist in anger when he heard the bad news.
- v. to close tightly or grip firmly; to contract or stiffen, especially as in response to stress or pain; to tighten or compress
33. The school's administration has a _____ stance on student protests and free speech.
- adj. relating to or advocating a return to a previous state of affairs or method of doing things, typically one that is seen as outdated or regressive
34. I decided to seek counseling on the advice of my _____.
- n. one of a group of a coworker, especially in a profession or a business
35. She chose to _____ from alcohol at the party.
- v. to choose not to do something, especially something that one wants to do
36. There are _____ methods for dealing with stress.
- adj. too numerous to be counted or very many
37. Where can I _____ the application form?
- v. to get something, especially by making a great effort
38. They _____ the courtyard with bricks, giving it a more polished appearance.
- v. to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
39. The organization _____ the needs of the community in its decision-making.
- v. to assign a higher level of importance to something compared to other things

ANSWERS: 32. clenched, 33. reactionary, 34. colleague, 35. abstain, 36. countless, 37. obtain, 38. paved, 39. prioritized

40. Low sexual _____ typically correlates with low testosterone levels.
- n.* a strong feeling of wanting to have or do something
41. The dancers _____ their movements seamlessly, creating a stunning choreography.
- v.* to intertwine or weave together in a pattern or design; to connect or link closely or intricately; to intermix or intermingle
42. The pilot and flight attendant ran through the check-out _____.
- n.* a way of doing something, especially the official or well-known way
43. The school requires students to _____ to a strict dress code.
- v.* to act in accordance with a set of rules, standards, or expectations; to comply with the norms or customs of a particular group
44. The nurse _____ the instruments before the surgery to prevent any infections.
- v.* to make something free of all forms of life, especially bacteria or viruses, by using heat, chemicals, or radiation
45. One such rapidly growing _____ is quantum cryptography.
- n.* an idea or principle associated with something abstract
46. Many animal species are at risk of extinction due to human _____ and habitat destruction.
- n.* a situation in which the number of people or living organisms in a particular area or environment exceeds the carrying capacity or resources of that area or environment
47. The surgeon conducted a _____ procedure to tie off the blood vessels during the surgery.
- n.* a surgical procedure or technique that involves tying off or closing blood vessels, ducts, or other anatomical structures using ligatures or other means to stop bleeding or restrict the flow of fluids

ANSWERS: 40. desire, 41. interlaced, 42. procedure, 43. conform, 44. sterilized, 45.

concept, 46. overpopulation, 47. ligation

48. The _____ of the politician was a constant presence at campaign events.
n. a person's husband, wife, or partner in marriage
49. The _____ team worked quickly to save the patient's life.
adj. relating to the treatment of illness or injuries; relating to the practice of medicine
50. The company decided to _____ the expensive advertising campaign and instead rely on word of mouth.
v. to precede or go before something in time or order; to give up, relinquish or do without something, usually by choice or obligation
51. In times of recession, an increase in unemployment is _____.
adj. certain to happen and unavoidable
52. The _____ of the earthquake was measured at 7.8 on the Richter scale.
n. the extent, level, importance, or amount of something
53. The doctor advised him to _____ down for a check.
v. to remove the surface from something; (noun) a sizeable narrow piece of something such as paper, metal, cloth, etc., or area of land, sea, etc.
54. He dropped his ____ at the unexpected sight.
n. either of the two bones at the bottom of the face that moves when you open your mouth; (verb) talk socially without exchanging too much information
55. A significant amount of _____ is required to be a teacher.
n. the reason or enthusiasm for acting or behaving in a particular way
56. Effective communication is an _____ part of any successful team.
adj. necessary to make a whole complete; essential, or fundamental; combining with something else to form a whole; (noun, of mathematics) a fundamental concept in calculus that represents the area under a curve between two points on a graph

ANSWERS: 48. spouse, 49. medical, 50. forego, 51. inevitable, 52. magnitude, 53. strip, 54. jaw, 55. motivation, 56. integral

57. Fact-checkers quickly exposed the politician's _____ lie.

adj. completely obvious, often offensively or inappropriately; characterized by shameless or brazen behavior

58. International law allows each nation to _____ itself when its rights and interests are illegally violated.

v. to protect someone or something from attack, criticism, danger, etc.

59. We had to reschedule the dentist's _____.

n. a formal arrangement to meet someone at a particular time and place, especially for a reason connected with their work; the act of putting a person into a job or position of responsibility

60. I _____ my anger and kept quiet.

v. to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations

61. The military incarcerated him for the _____ of the war.

n. the length of time something lasts or continues

62. My boss wouldn't _____ of the plan.

v. to think that someone or something is favorable, acceptable, or appropriate; to officially accept a plan, request, etc.

63. The _____ of the hurricane left the city in shambles.

n. the consequences or results of a significant event, particularly a disaster or conflict; a period of time following a significant event

64. He _____ to the hope that he will find a job soon.

v. to hold onto something tightly; to be closely attached to someone or something

ANSWERS: 57. blatant, 58. defend, 59. appointment, 60. swallowed, 61. duration, 62. approve, 63. aftermath, 64. clings

65. One _____ of success is having a positive attitude and a strong work ethic.
- n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
66. He _____ her in front of the office, making her feel small and insignificant.
- v.* to speak or write about someone or something in a way that shows a lack of respect
67. She was struggling to make a _____ between two job offers.
- n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
68. In junior high school, we had to dissect a frog in _____ class.
- n.* the scientific study of life and the natural processes of living things
69. They are building an _____ to the house to add more bedrooms.
- n.* a thing that is added to something to make it longer, larger, or wider; an educational opportunity provided by colleges and universities to people who are not enrolled as regular students; an additional telephone set that is connected to the same telephone line
70. The manufacturing industry is _____ fierce competition.
- n.* a person who sees something happen, especially a crime or an accident
71. The company _____ employees to buy low-price items without approval to achieve efficient purchasing.
- v.* to give someone the power or authority to do something
72. Our company decided to hire an advisor who specializes in _____.
- n.* the management of money, credit, banking, and investments, especially by a government or commercial organization; the branch of economics that studies the management of money and other assets

ANSWERS: 65. determinant, 66. belittled, 67. decision, 68. biology, 69. extension, 70. witnessing, 71. empowered, 72. finance

73. My homework was _____ and complex, but it was also intriguing.
adj. looking challenging to manage in prospect; making someone anxious and less confident about carrying out something
74. It was the first time for her, but she _____ the role of Priest.
v. to meet the requirements or expectations; to achieve or realize
75. Parallel lines are, by _____ lines on the same plane that never cross.
n. a concise explanation of the meaning of a word, phrase, or symbol
76. The phone rang at the most _____ time.
adj. suitable or happening at a time that is suitable or convenient for a particular purpose
77. The organization finally signed a peace _____.
n. an official agreement or treaty between two organizations, countries, etc.;
(verb) allow to have
78. His _____ to succeed was unwavering, even in the face of adversity.
n. the quality of being persistent and purposeful; the act of finding out the exact nature or essence of something
79. Your _____ reflects your thoughts.
n. an informal talk between two or more people to exchange their views, ideas, information, etc.
80. We immediately rejected his _____ suggestion.
adj. ridiculously silly, unreasonable, or illogical

ANSWERS: 73. daunting, 74. fulfilled, 75. definition, 76. opportune, 77. accord, 78. determination, 79. conversation, 80. absurd

81. The inspector discovered _____ bolts under the fuel rods.

adj. not securely fixed or fastened in place or able to be detached or separated from something

82. An outbreak of _____ occurred in the 1920s.

n. a highly contagious viral disease characterized by fever, weakness, spots on the skin, and often death

83. I _____ to say that you did not gain admission to the university.

v. to feel sad, repentant, or disappointed over something you have done or something you have not been able to do

84. Shares in the company finally fell below their ____ value.

n. a state of being equal to someone or something

85. He is a skilled _____ that has many years of training and experience.

n. a doctor who is trained to perform medical operations that involve cutting open a person's body

86. Children often _____ parents with this head cold.

v. to affect a person, an animal, or a plant with a disease-causing organism

87. The well-crafted plot and interesting characters made the book very _____ to readers

adj. attractive or exciting; evoking a positive response or desire; having qualities that are likely to encourage someone to like or enjoy something

88. The majority of consumers _____ this brand with quality.

v. to mentally connect someone or something with someone or something else

ANSWERS: 81. loose, 82. smallpox, 83. regret, 84. par, 85. surgeon, 86. infect, 87. appealing, 88. associate

89. Will you _____ on the result of the fight?

- v.* to take risky action in the hope of being successful; to play or game for money or other stakes

90. She didn't _____ in her decision to pursue her dream career, despite the challenges.

- v.* to move in a quivering manner; to become weak

91. People can pick out superior products _____ of the quality of the advertising.

- adv.* not paying attention or considering something or someone even if the situation is bad or there are difficulties

92. She received her _____ in psychology from the university.

- n.* a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment

93. He had a _____ attitude towards those less fortunate than himself.

- adj.* having or showing a feeling of superiority; patronizing

94. We need to _____ the aspect of his personality from the part of his competence when making an investment decision.

- v.* to force, take, or pull apart; mark as different

95. The public is _____ that the prime minister has committed fraud.

- adj.* completely certain about something; having a strong belief or conviction in a particular religion

96. The train has to _____ rigorous safety checks.

- v.* to go through something unpleasant or that involves a change

ANSWERS: 89. gamble, 90. waver, 91. regardless, 92. degree, 93. condescending, 94. separate, 95. convinced, 96. undergo

97. The _____ demonstrate that poverty and unemployment are genuine problems.
- n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
98. The pastor contributed to _____ the sense of a community embracing all classes.
- v.* to promote growth; to take care of another person's child, usually for a limited time, without becoming their legal parents
99. He is a man admired for the depth of his _____.
- n.* a belief, opinion, or image you have based on how you regard, understand, or interpret something; the ability to see, hear, or notice something through the senses
100. The woods _____ the house.
- v.* to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection
101. It's important to understand the _____ of a situation before making a decision.
- n.* the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning
102. Many women delay _____ until their careers are established.
- n.* the act of giving birth to or bearing a child (or children), often in the context of medical or demographic research or public policy
103. The athlete's ego became _____ by their success.
- adj.* swollen or blown up, especially with air or gas; excessively or unreasonably high

ANSWERS: 97. statistics, 98. fostering, 99. perception, 100. embrace, 101. context, 102. childbearing, 103. inflated

104. It is important to _____ safety procedures in the workplace to prevent accidents.

- v.* to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion

105. She gazed out the window, deep in thought, as if waiting for her _____ to strike.

- n.* a source of inspiration, particularly for creative endeavors such as writing or art; a mythical spirit thought to inspire poets and artists

106. She researched gender _____ in politics.

- n.* a strong feeling in favor of or against one group of people, an idea, or thing, often not based on fair judgment

107. He was sick for five _____ days.

- adj.* extending or moving in one direction without bending or curving; having no deviations

108. Initially, we must _____ all project-related expenses.

- v.* to study or consider a person or object attentively and thoroughly to learn something about them

109. The teacher used an _____ tone to ask the students a question.

- adj.* relating to or used for asking questions; having the nature or function of an interrogation

110. The corporation _____ dominated the entire tobacco business.

- adv.* finally, particularly after a long time or a lot of struggle, complications, and so on

ANSWERS: 104. observe, 105. muse, 106. bias, 107. straight, 108. examine, 109. interrogative, 110. eventually

111. He decided to enjoy his freedom as a _____ before settling down.
- n.* an unmarried man; a person who holds an undergraduate degree from a college or university
112. Synergy has become such a _____ in the business world that it has lost its meaning.
- n.* a word or phrase that is fashionable or popular within a particular industry, field, or culture, often used to convey a sense of innovation or sophistication
113. He continued to support her political _____.
- n.* a way of thinking about something, especially expressed publicly; attitude or position of a standing person or animal
114. The celebration of _____ is often disregarded in male-dominated industries.
- n.* the state or condition of being an adult female; a term used to describe the social and cultural aspects of being a woman
115. The _____ is a serious threat to the farm's output.
- n.* an insect with wings similar to a butterfly that travels at night and is attracted to light
116. The _____ for the meeting includes discussions on the budget and new project proposals.
- n.* a list or outline of things to be done, discussed, or considered
117. The _____ cause of the accident was due to the icy road conditions.
- adj.* first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or introductory stage of something, such as a school year or election cycle

ANSWERS: 111. bachelor, 112. buzzword, 113. stance, 114. womanhood, 115. moth, 116. agenda, 117. primary

118. We must _____ a new system to streamline our workflow and increase efficiency.

- v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

119. I am _____ opposed to his idea because of morality.

- adv.* without restriction or limitation; completely or utterly

120. The doctor diagnosed me with a _____ disorder.

- n.* a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood

121. What is the entry _____ for this course?

- n.* something that is needed or wanted

122. The media has been _____ the politician for his controversial statements.

- v.* to speak or write about someone or something in a way that is likely to make people have a very low opinion of them

123. The pharmacist not only prescribes the _____ but also guides its proper use.

- n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease

124. The children were _____ to start the treasure hunt.

- adj.* showing enthusiasm and a strong desire or interest to do something

125. She vacated the position when she got _____.

- adj.* having a baby or young animal developing in the uterus

ANSWERS: 118. develop, 119. absolutely, 120. hormone, 121. requirement, 122. vilifying, 123. medication, 124. eager, 125. pregnant

126. The CEO's leadership style was characterized by _____ towards his employees.
- n.* the practice or belief of governing or managing individuals or groups in a manner that is considered to be nurturing or protective but also limiting or controlling their freedom and autonomy
127. People select Internet _____ not only in terms of price but also in terms of transmission speed.
- n.* a person or an organization that supplies somebody with something needed or wanted
128. His rude comments _____ many people at the party.
- v.* to cause someone to feel upset, angry, or annoyed
129. The mediated settlement brought _____ to both sides.
- n.* a pleasant feeling you have when you have fulfilled a desire, need, or expectation or have achieved something
130. His _____ behavior towards his elders earned him a stern warning from his parents.
- n.* an expression of lack of regard or contempt for someone or something
131. The ____ train was packed with commuters during rush hour.
- n.* a cylindrical container of metal, plastic, glass, etc., usually sealed and used as a means of preserving food or chemicals; a hollow cylindrical shape
132. It's important to be _____ even when you disagree with someone.
- adj.* showing consideration, respect, or deference towards others; having good manners, civility, or courteous behavior

ANSWERS: 126. paternalism, 127. providers, 128. offended, 129. satisfaction, 130. disrespectful, 131. tube, 132. polite

133. How did he _____ to your idea?

v. to take action in response to something

134. She _____ all the warnings and proceeded with her dangerous plan.

v. to pay no attention to or to ignore someone or something

135. She gave her _____ to the company's proposal.

n. permission or agreement to do something, especially given by somebody in authority

136. He lost the election by _____ votes.

adj. used to emphasize how insignificant or minor someone or something is

137. Demonstrators strongly demanded immediate _____ for their country.

n. the right of an organization, country, or region to govern itself independently

138. The team's loss in the semifinals did not _____ their determination to return stronger next season.

v. to cause someone to lose hope, confidence, or enthusiasm; to discourage or demoralize

139. The patient needs a _____ transplant operation.

n. the act or process of rescuing someone else's life, especially from drowning

140. She _____ denounced the government's mishandling of the economic crisis.

adv. in a manner accessible to or observable by the public; by the government

141. It's important to _____ your strengths and weaknesses.

v. to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered

ANSWERS: 133. react, 134. disregarded, 135. consent, 136. mere, 137. autonomy, 138. dishearten, 139. lifesaving, 140. publicly, 141. recognize

ANSWERS: