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Vocabulary Builder Reference from...

Cheyenne Cochrane: A celebration of natural hair | TED Talk

https://www.ted.com/talks/cheyenne_cochrane_a_celebration_of_natural_hair

All Words

IMPORTANT

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Session 1: Word List

grade

n. a particular level of quality, size, importance, etc.

synonym: score, rate, degree

(1) boys in the twelfth **grade**, (2) students at all **grade** levels
Departments may set requirements for a higher **grade** point average.

segregate

v. to separate or set apart from others, often based on race, gender, or some other characteristic

synonym: isolate, separate, divide

(1) **segregate** by race, (2) **segregate** boys and girls
The school board decided to **segregate** students by the ability to meet their needs better.

demographic

n. a statistic characterizing that describes people or groups of people based on their age, sex, income, etc.

(1) **demographic** analyses, (2) **demographic** policy
Several **demographic** indicators correlate with care admission.

pause

v. to take a short break from talking or doing something before continuing

synonym: halt, break, intermit

(1) **pause** a moment, (2) **pause** for a reaction

The man **paused** before opening the door.

conversation

n. an informal talk between two or more people to exchange their views, ideas, information, etc.

synonym: chat, discussion, dialogue

(1) **conversation** in English, (2) a friendly **conversation**

Your **conversation** reflects your thoughts.

tap

v. to hit someone or something quickly, gently, and often repeatedly; to use existing resources, such as energy, knowledge, etc.

synonym: knock, exploit, use

(1) **tap** a new market, (2) **tap** keyboard with an index finger

To expand the company, we must **tap** new human resources.

silent

adj. without any or little sound

synonym: quiet, hushed, mute

(1) **silent** reading, (2) give **silent** consent

The politician remained **silent** despite intense media scrutiny.

overhear

v. to hear what other people are saying without intending to and their knowledge

synonym: catch, eavesdrop

(1) happen to **overhear** a conversation, (2) accidentally **overheard** their talk

She was inside at the time and **overheard** the conversation.

mortify

v. to cause extreme embarrassment, shame, or humiliation; to subdue or discipline one's bodily passions or desires

synonym: humiliate, embarrass, shame

(1) **mortify** his ego, (2) **mortify** the body

My parents used to **mortify** me by telling embarrassing stories about me in front of my friends.

embarrass

v. to cause someone to feel awkward, worried, or ashamed

synonym: disconcert, unsettle, agitate

(1) **embarrass** political enemy, (2) **embarrass** my project
He looked for an opportunity to **embarrass** that actor in public.

offend

v. to cause someone to feel upset, angry, or annoyed
synonym: insult, hurt, anger

(1) **offend** his sensibilities, (2) **offend** a customer
His rude comments **offended** many people at the party.

physically

adv. in a way related to a person's body or appearance rather than their mind

(1) **physically** and mentally, (2) stay **physically** fit
Having a **physically** healthy physique is essential for a great life.

interact

v. to communicate or react with somebody
synonym: cooperate, combine, collaborate

(1) **interact** directly with customers, (2) **interact** with one another
He should **interact** more with his colleagues.

confirm

v. to support or establish the truth or certainty of something previously believed or suspected to be the case
synonym: affirm, verify, assure

(1) **confirm** the diagnosis, (2) **confirm** a transaction
Please write to **confirm** your reservation.

ethnicity

n. the cultural characteristics of a particular group, such as language, religion, and traditions, that distinguish them from other groups
synonym: race, culture, heritage

(1) with respect to **ethnicity**, (2) based on their **ethnicity**
The company has a diverse workforce representing different **ethnicity** and backgrounds.

pioneer

n. inventor; explorer; someone who is among the first to achieve something

synonym: frontiersperson, innovator, trailblazer

(1) act as a **pioneer**, (2) early **pioneers**

John Whitney was a computer animation **pioneer**.

industrious

adj. hardworking, diligent, and persistent in effort

synonym: diligent, hardworking, assiduous

(1) **industrious** worker, (2) **industrious** student

He was known to be very **industrious** and would often work late into the night.

invention

n. the creation of a new device or process resulting from study and experimentation; the act of inventing

synonym: creation, design, innovation

(1) the **invention** of new techniques, (2) common **invention**

Necessity is the mother of **invention**.

chemical

adj. relating to or connected with chemistry;

synonym: chemic, synthetic

(1) toxic **chemicals**, (2) a **chemical** compound

The firm has grown into a large **chemical** manufacturing.

straighten

v. to make something straight or orderly; to adjust or fix something crooked, bent, or misaligned

synonym: even up, align, untangle

(1) **straighten** out a problem, (2) **straighten** a crooked picture

I need to **straighten** my hair before I go to the party.

permanent

adj. lasting for a long time without essential change

synonym: lasting, ceaseless, endless

(1) literature of **permanent** value, (2) **permanent** life insurance

She is searching for a **permanent** residence.

impermanent

adj. not lasting or enduring; temporary, transitory, or fleeting
synonym: temporary, fleeting

(1) **impermanent** tattoo, (2) **impermanent** hair color

The **impermanent** nature of life should remind us to cherish every moment.

heinous

adj. extremely wicked or cruel; evil
synonym: evil, wicked, cruel

(1) **heinous** firm, (2) **heinous** act

The **heinous** crime shocked the whole community.

numerous

adj. amounting to a large indefinite number
synonym: many, considerable, countless

(1) **numerous** countries, (2) as **numerous** as the sand

These descriptions are based on a number of **numerous** assumptions.

injustice

n. a violation of the rights of others or the laws of a society
synonym: unfairness, bias, discrimination

(1) gross **injustice**, (2) **injustice** system

The **injustice** of the court's decision angered many people and led to protests.

feat

n. a notable or impressive achievement, especially one that requires great skill or bravery

synonym: achievement, accomplishment, exploit

(1) intellectual **feat**, (2) **feat** accomplishment

It is an incredible **feat** to climb Mount Everest, the highest mountain in the world.

Negro

n. ("Negro" is now considered out of date and offensive) a term that was once used to refer to people of African descent, especially those living in the United States

synonym: African American

(1) **Negro** literature, (2) American **Negro**

They developed **Negro** blues with a lively rhythm.

staple

adj. essential, crucial, or regularly used

synonym : essential, fundamental, pivotal

(1) **staple** commodities, (2) **staple** crop

Rice and beans are a **staple** food in many cultures.

relax

v. to become or cause someone to become less active or tense and calmer

synonym : soften, comfort, soothe

(1) **relax** a series of muscles, (2) **relax** at home

The rules were **relaxed** after the new executive arrived.

survival

n. the state of continuing to exist or live, frequently in the face of difficulty or danger

synonym : endurance, continuity

(1) **survival** ability, (2) **survival** food

He evaluated his chances for **survival** rather pessimistically.

advancement

n. the development, improvement, or progress of something

synonym : progression, breakthrough, improvement

(1) **advancement** of knowledge, (2) career **advancement**

Competition between countries resulted in fast technological **advancement**.

slavery

n. the practice or system of owning, buying, and selling people as property and forcing them to work

synonym : bondage, servitude, enslavement

(1) **slavery** labor, (2) institution of **slavery**

The abolition of **slavery** in the United States was a major achievement in the fight for human rights.

accustomed

adj. familiar with; used to; in the habit of; having become habituated to something, often a behavior or situation

synonym : familiar, customary, habitual

(1) **accustomed** routine, (2) **accustomed** to complaints

I am **accustomed** to waking up early for work.

straight

adj. extending or moving in one direction without bending or curving; having no deviations

synonym : linear, honest, consecutive

(1) a **straight** line, (2) **straight** for two months

He was sick for five **straight** days.

cult

n. a small religious group, especially one that is not part of a larger religion and that is regarded as outside the norm; followers of an exclusive system of beliefs and practices

synonym : sect, faith, religion

(1) **cult** members, (2) **cult's** practices

The **cult** leader promised his followers that they would achieve enlightenment if they followed his teachings.

obsess

v. to fill the mind of someone continually so that one can't think of anything else

synonym : torment, beset, engross

(1) **obsess** over her weight, (2) he is **obsessed** with the fear

He's utterly **obsessed** with his promotion.

essentially

adv. relating to the essential features or concepts of anything

synonym : fundamentally, basically, virtually

(1) **essentially** correct, (2) become **essentially** same

Essentially, a society is an organism.

loose

adj. not securely fixed or fastened in place or able to be detached or separated from something

synonym : relaxed, unconsolidated, open

(1) a **loose** tongue, (2) remove **loose** hair

The inspector discovered **loose** bolts under the fuel rods.

curl

v. to form or make something form into a curved or spiral shape; (noun) a round shape formed by a series of concentric circles

synonym : coil, curve, spiral

(1) **curl** around street corners, (2) a **curl** of smoke
The cat **curled** into a ball and went to sleep.

institutionalize

v. to establish or make something a part of an institution (= a place such as a university, hospital, etc.)

synonym: formalize, establish, regularize

(1) **institutionalize** a system, (2) **institutionalize** customary laws

The new policy aims to **institutionalize** the use of renewable energy sources.

hierarchy

n. a system in which people or things are organized into different levels of importance from highest to lowest

synonym: ranking, order, scale

(1) top of the **hierarchy**, (2) **hierarchy** of folders

She has taken a step up in the organizational **hierarchy**.

determinant

n. a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

synonym: cause, factor, element

(1) environmental **determinant**, (2) a **determinant** of crop yields

One **determinant** of success is having a positive attitude and a strong work ethic.

ideology

n. a set of beliefs or philosophies that an economic or political system is based on

synonym: credo, doctrine, principles

(1) the **ideology** of the left, (2) political **ideology**

Racial equality is an integral part of democratic **ideology**.

invade

v. to enter aggressively into another's territory by military force for conquest and occupation

synonym: intrude, raid, overrun

(1) **invade** other tissues, (2) **invade** his privacy

I have no intention to **invade** your privacy.

perception

n. a belief, opinion, or image you have based on how you regard, understand, or interpret something; the ability to see, hear, or notice something through the senses

synonym: understanding, idea, awareness

(1) keen **perception**, (2) **perception** of a stimulus

He is a man admired for the depth of his **perception**.

infect

v. to affect a person, an animal, or a plant with a disease-causing organism

synonym: pollute, contaminate, affect

(1) **infect** other animal species, (2) **infect** a computer with a virus

Children often **infect** parents with this head cold.

identity

n. the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another

synonym: character, personality, individuality

(1) mistaken **identity**, (2) **identity** as an individual

The terrorist's **identity** remains unknown.

salon

n. a place for social gathering, especially for exchanging ideas and discussing artistic or cultural matters; a place of beauty treatment, such as a hair salon

synonym: gathering place, meeting place, social venue

(1) beauty **salon**, (2) cultural **salon**

She frequented the **salon** for intellectual discussions and to keep up with the latest cultural trends.

scalp

n. the skin that covers the top of a person's head, together with the hair growing on it; also, the part of the body that is most vulnerable to an attack

synonym: hair cover, pelt, epidermis

(1) **scalp** massage, (2) **scalp** condition

I have an itchy **scalp** and need to switch to a different

shampoo.

harsh

adj. severe and unkind; extremely tough and unpleasant to inhabit

synonym: brutal, severe, backbreaking

(1) **harsh** climate, (2) use of **harsh** chemicals

The prime minister faced **harsh** criticism.

bald

adj. having no hair on the head; having a smooth, shiny scalp with no hair

synonym: hairless, smooth, bare

(1) **bald** head, (2) become **bald**

He is completely **bald**, having lost all his hair due to chemotherapy.

spot

n. a particular location or place; a small round or roundish area, differing in color or feels from the surface around it

synonym: dot, mark, place

(1) beauty **spot**, (2) a **spot** on his honor

This remote **spot** is rarely visited.

fry

v. to cook food, especially meat or fish, in hot fat or oil

synonym: cook, roast, bake

(1) **fry** an egg, (2) **fry** over low heat

She devoted herself to **frying** the chicken in a pan until it was crispy and golden brown.

temperature

n. the degree of hotness or coldness of a thing or place

synonym: climate, warmth, degree

(1) extreme **temperatures**, (2) the atmospheric

temperature

Cities around the world set records for highest **temperatures** this summer.

degree

n. a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of

academic or professional attainment

synonym : level, qualification, diploma

(1) bachelor's **degree**, (2) **degree** centigrade

She received her **degree** in psychology from the university.

maintain

v. to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true

synonym : preserve, uphold, sustain

(1) **maintain** order, (2) **maintain** good health

I need to **maintain** my car regularly to prevent any major mechanical issues.

wig

n. a head covering made of synthetic or real hair worn for a variety of reasons, including as a fashion accessory, to conceal hair loss or baldness, or as part of a costume

synonym : hairpiece, toupee, hair system

(1) curly **wig**, (2) blonde **wig**

She decided to wear a pink **wig** to the costume party.

weave

v. to make cloth, a carpet, a basket, etc., by repeatedly crossing a single thread through two sets of long threads at a right angle to them

synonym : braid, unite, contrive

(1) **weave** on a loom, (2) **weave** a story

The girl **weaves** a garland for her friend.

adopt

v. to choose to follow something; to legally take a child from another family and care for them as if they were one's own

synonym : accept, assume, take on

(1) **adopt** a child, (2) **adopt** a bill

The national assembly has **adopted** the budget.

communal

adj. belonging to or used by a group rather than individuals; for common use

synonym : collaborative, combined, collective

(1) **communal** swimming pool, (2) **communal** combination of funds

Communal elections were held in several European countries.

typical

adj. having the usual characteristics or traits of a specific group of things

synonym: characteristic, usual, distinctive

(1) **typical** leader, (2) fairly **typical** symptoms

This artwork is **typical** of her work.

vision

n. the ability to think about or see the future with imagination and intelligence; the faculty of being able to see

synonym: sight, image, concept

(1) a prodigious **vision**, (2) telescopic **vision**

Driving is difficult for me because of my poor **vision**.

corporate

adj. of or relating to a large company

synonym: business, commercial, organizational

(1) **corporate** right, (2) **corporate** environment

The **corporate** office has decided to lay off 10% of the workforce.

discriminate

v. to treat a person or particular group of people worse or better than another, especially in an unfair way; to recognize or perceive the difference between people or things

synonym: show prejudice, segregate, differentiate

(1) **discriminate** against women employees,

(2) **discriminate** between different things

You should not **discriminate** against minorities.

hire

v. to give somebody a job

synonym: employ, engage, lease

(1) **hire** a guide, (2) **hire** a car by the hour

We should always be prepared to **hire** talented recruits.

employee

n. a person who is hired to work for a business or organization in exchange for wages or salary; a worker

synonym: worker, staff, personnel

(1) **employee** benefits, (2) **employee** evaluation

The **employee** handbook outlines the rules and regulations that all employees must follow.

dreadlocks

n. a hairstyle in which the hair is left to grow into long, matted strands, often associated with Rastafarianism and Jamaican culture

(1) **dreadlocks** hairstyle, (2) tangled **dreadlocks**

Her long and thick **dreadlocks** were styled in a beautiful updo.

messy

adj. disorganized and untidy

synonym: cluttered, disorganized, untidy

(1) **messy** data, (2) **messy** handling

His **messy** bedroom is always a source of frustration for his mother.

ugly

adj. unattractive in appearance; unpleasant to look at

synonym: unattractive, unsightly, repulsive

(1) an **ugly** sound, (2) **ugly** building

The **ugly** truth was that he had been lying to her for months.

urban

adj. relating to or located in a town or city

synonym: metropolitan, civic

(1) **urban** planning, (2) **urban** property owners

Only a small number of **urban** utilities offer sanitation services.

genuine

adj. real and exactly; not pretended; sincerely felt or expressed

synonym: actual, honest, unpretending

(1) a **genuine** article, (2) show **genuine** regret
Is this painting **genuine** or forged?

scare

v. to frighten a person or animal, or to become frightened
synonym: frighten, spook, intimidate

(1) **scare** off her attacker by screaming, (2) **scare** the birds away

We hit the ground to **scare** out the rabbits.

intimidate

v. to make someone fearful or uneasy so that they will do something that you want them to do

synonym: frighten, threaten, terrify

(1) **intimidate** an opponent, (2) effectively **intimidate** a thief
The boss tried to **intimidate** his subordinate with threats.

associate

v. to mentally connect someone or something with someone or something else

synonym: tie in, link, consociate

(1) **associate** alcohol with gambling, (2) **associate** with people widely

The majority of consumers **associate** this brand with quality.

stigma

n. a mark of shame or disgrace associated with a particular circumstance, quality, or person

synonym: mark, blemish, disgrace

(1) social **stigma**, (2) **stigma** against obesity

The mental health **stigma** often prevents people from seeking treatment.

attach

v. to fasten, join, or connect one thing to another

synonym: fix, fasten, bind

(1) **attach** firmly, (2) **attach** a file to an e-mail

He does not **attach** importance to these rumors.

hairstyle

n. the way in which a person's hair is cut, styled, or arranged on their head

synonym:

hairdo, coiffure, haircut

(1) modern **hairstyle**, (2) bob **hairstyle**

My sister got a new **hairstyle** for her job interview.

leadership

n. the ability, act, or status of leading a group of people or an organization

synonym: captaincy, direction, initiative

(1) under his **leadership**, (2) **leadership** by politicians

The country's **leadership** has decided to take large-scale measures against global warming.

inclusive

adj. including much or everything, and especially including stated limits; not excluding any of the people, things, ideas, etc. involved in something

synonym: cover-all, all-embracing, comprehensive

(1) a fully **inclusive** price, (2) **inclusive** education

The university has established a capacity for each nationality as part of its **inclusive** policy.

individual

n. a single person or thing, as distinct from a group

synonym: person, being, self

(1) a private **individual**, (2) **individual** freedom

As an **individual**, he had the right to make his own decisions and live his life as he saw fit.

executive

n. a person or group of people with top-level management responsibility in a business or other organization; the branch that is responsible for implementing, administering, and enforcing laws, as well as running the day-to-day operations

synonym: administrator, manager, director

(1) **executive** editor at the publishing house, (2) **executive** vice president

As the **executive** director of the non-profit, it's her responsibility to make sure they're meeting their mission goals.

concept

n. an idea or principle associated with something abstract
synonym : idea, notion, vision

(1) learn new **concepts**, (2) **concept** car

One such rapidly growing **concept** is quantum cryptography.

advocacy

n. the act of supporting or promoting a particular cause or point of view, often through public campaigning or lobbying

synonym : support, promotion, defense

(1) **advocacy** group, (2) consumer **advocacy** group

The group engages in **advocacy** through lobbying and campaigning for policy changes.

affiliation

n. the act of joining or associating with a particular group or organization; a connection or relationship with a particular group or organization

synonym : association, connection, partnership

(1) **affiliation** agreement, (2) business **affiliation**

Her **affiliation** with the political party helped her to win the election.

association

n. a people or groups of people who have joined in a single organization together for a particular purpose; a social or business connection or relationship

synonym : affiliation, collaboration, society

(1) word **associations**, (2) a scholarship **association**

His membership in the **association** provided him with numerous benefits.

fortune

n. a large amount of money or property; chance or luck as an unknown and arbitrary force affecting human affairs

synonym : wealth, affluence, assets

(1) ill **fortune**, (2) bit of good **fortune**

Capitalism guarantees the right of ownership of personal **fortune**.

trim

v. to make neat or tidy by clipping, cutting, or pruning away excess or unwanted parts; to adjust or modify to improve efficiency or performance

synonym : cut, pare, prune

(1) **trim** a dog's nails, (2) **trim** the budget

I must **trim** the bushes in my front yard before they get too overgrown.

manicure

n. a cosmetic treatment for the hands and nails, typically involving the trimming, shaping, and polishing of the nails, as well as the softening and moisturizing of the hands

synonym : nail care, nail treatment

(1) **manicure** tools, (2) professional **manicure**

I need to schedule a **manicure** appointment before my sister's wedding.

pave

v. to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use

synonym : surface, coat, cover

(1) **pave** a new path, (2) **pave** a smoother road

They **paved** the courtyard with bricks, giving it a more polished appearance.

icon

n. a picture or statue of a holy person considered to be a sacred thing; a little icon on the screen of a computer or smartphone that denotes an application or a file

synonym : figure, hero, idol

(1) **icon** for young people, (2) television **icon**

Some comic book characters are considered gay **icons**.

opt

v. to make a choice from a range of possibilities

synonym : choose, select, pick

(1) **opt** out of society, (2) **opt** for a traditional wedding

I decided to **opt** for premature retirement.

authentic

adj. known to be real and what people say it is; not a fake or copy

synonym: genuine, bona fide, original

(1) an **authentic** signature, (2) the sets were meticulously **authentic**

The stages of the play were meticulously **authentic**

bet

v. to risk money on the result of an event or a competition, such as a race or game, to get more money; to have faith or confidence in something

synonym: stake, wager, gamble

(1) **bet** on a race, (2) **bet** my future

I **bet** that you know it.

attain

v. to achieve or reach a goal or level of success

synonym: accomplish, achieve, reach

(1) **attain** success, (2) **attain** a complete victory

She is determined to **attain** her degree in computer science.

movement

n. a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

synonym: motion, progression, action

(1) a circular **movement**, (2) **movement** of troops

The **movement** of the dancers on stage was graceful and elegant.

sweeping

adj. extensive, broad, or far-reaching in scope or impact; characterized by a vigorous or forceful movement, often involving wide motions or gestures

synonym: broad, extensive, vast

(1) **sweeping** changes, (2) **sweeping** landscapes

The **sweeping** views from the mountaintop were breathtaking.

transition

n. the process or period of changing from one state or circumstance to another

synonym: change, growth, shift

(1) **transition** phase, (2) ensure a smooth **transition**

The nation's healthcare system is in **transition** at the moment.

dam

n. a wall constructed over a river to block the flow of water, mainly used to generate energy

synonym: barricade, barrier, embankment

(1) **dam-building** program, (2) **dam** collapsing

The break in the **dam** threatened the valley.

advocate

n. a person who supports or suggests an idea, development, or way of doing something

synonym: proponent, exponent, promoter

(1) an **advocate** of disarmament, (2) public education

advocates

Advocates of abolishing the death penalty often argue that the alternative heaviest sentence should be life in prison.

ambassador

n. a diplomatic representative of a country who is sent to another country or international organization

synonym: envoy, diplomat, representative

(1) **ambassador** for football, (2) send an **ambassador** abroad

The **ambassador** of peace met with government officials to discuss bilateral relations.

roughly

adv. approximately but not precisely; with a violent manner

synonym: approximately, more or less, around

(1) **roughly** explain my idea, (2) **roughly** speaking

Five miles is **roughly** similar to eight kilometers.

excessive

adj. greater than what seems necessary, normal, or desirable

synonym: unreasonable, exorbitant, inflated

(1) an **excessive** force, (2) take **excessive** care
It would be best if you did not demand such an **excessive** charge.

extreme

adj. very great in amount or degree
synonym: farthestmost, outermost, fierce

(1) **extreme** sports, (2) **extreme** weather events
Solar gravity creates **extreme** pressures and temperatures.

brittle

adj. easily broken, cracked, or shattered when subjected to pressure or stress; lacking flexibility or resilience; fragile
synonym: fragile, breakable, delicate

(1) **brittle** bones, (2) **brittle** material
The old books in the library were so **brittle** that they crumbled upon touch.

chase

v. to pursue something or someone to catch or capture them; to go after something vigorously or with determination; (noun) a pursuit or a hunt; a narrow groove or channel cut into a surface, often used for decorative purposes

synonym: pursue, hunt, track

(1) **chase** a dream, (2) wild goose **chase**
The police officer **chased** the suspect through the crowded streets until they finally caught him.

conventional

adj. based on or following traditional rules, standards, customs, etc.

synonym: ancestral, customary, established

(1) a **conventional** style, (2) get a **conventional** loan
She is very **conventional** in her thoughts.

toll

n. money that you have to pay to use a particular road, bridge, etc.; (verb) to ring slowly

synonym: fee, cost, expense

(1) a **toll** road, (2) **toll** a bell at his death

There is no **toll** car park nearby.

refrain

v. to avoid or stop doing something; to hold oneself back from an action

synonym: abstain, desist, forgo

(1) **refrain** from alcohol, (2) **refrain** from religious activity
He **refrained** from commenting on the controversial topic.

millennium

n. a span of 1000 years, or the 1000th anniversary (plural: millennia)

(1) past **millennium**, (2) **millennium** bottle of wine
Our world is in the third **millennium**.

reluctantly

adv. in a way that you are unwilling to do something; with hesitation

synonym: unwillingly, hesitantly, grudgingly

(1) **reluctantly** approve the idea, (2) **reluctantly** leave
He **reluctantly** agreed to go to the party.

beloved

adj. loved very much

synonym: adored, cherished, dear

(1) **beloved** author, (2) **beloved** by many people
I am here to save my **beloved**.

struggle

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

synonym: toil, strive, compete

(1) **struggle** against discrimination, (2) **struggle** to get the job
He could not **struggle** against temptation.

embrace

v. to accept something willingly and enthusiastically;
(noun) the act of clasping another person in the arms as in greeting or affection

synonym: grasp, hold tightly, accept

(1) **embrace** an opportunity, (2) a warm **embrace**

The woods **embrace** the house.

routine

n. a usual or habitual way of doing things; a set sequence of steps, part of a larger computer program

synonym: habit, custom, procedure

(1) **routine** business, (2) a built-in diagnostic **routine**

She studies gardening on a **routine** basis.

hesitant

adj. unsure or uncertain about what to do or how to act; reluctant or unwilling to take action or make a decision

synonym: indecisive, uncertain, reluctant

(1) **hesitant** response, (2) **hesitant** to take action

She was **hesitant** to speak in public but eventually overcame her fear.

paralyze

v. to cause a person or part of the body to become unable to move or feel

synonym: immobilize, disable, numb

(1) **paralyze** a city, (2) **paralyze** a person

The venom from the snake bite **paralyzed** his arm.

identify

v. to recognize someone or something and say or prove who or what they are

synonym: determine, specify, recognize

(1) **identify** handwriting, (2) **identify** gene sequences

I will introduce you to how to **identify** the leading causes of the malfunction.

undo

v. to reverse the effect of an action or event, typically one that is recent or specific

synonym: reverse, retract, revoke

(1) **undo** changes, (2) **undo** a belt

I accidentally deleted the file, so can you **undo** that action?

individuality

n. the qualities or characters that distinguish a particular person or thing from others of the same kind

synonym: personality, distinctiveness, eccentricity

(1) your **individuality**, (2) emphasize **individuality**
He has a strong sense of **individuality**.

empower

v. to give someone the power or authority to do something
synonym: authorize, endow, entitle

(1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

experiment

n. the scientific test conducted to observe what happens and gain new knowledge

synonym: experimentation, investigation

(1) **experiment** design, (2) series of **experiments**

His **experiments** showed highly positive results.

regularly

adv. at regular intervals or times

synonym: repeatedly, routinely, usually

(1) **regularly** arranged, (2) post **regularly** to a blog

This site **regularly** shares high-quality academic materials.

invite

v. to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place

synonym: ask, request, summon

(1) **invite** guests, (2) **invite** criticism

We want to **invite** you to our annual charity event.

reinforce

v. to strengthen or support something, especially by adding another material to it; to make emotion, idea, etc. stronger

synonym: strengthen, fortify, support

(1) **reinforce** the military, (2) **reinforce** good behavior

We should **reinforce** the troops at the front line.

flourish

v. to grow or develop vigorously or successfully

synonym: boom, advance, succeed

(1) **flourish** economically, (2) **flourish** worldwide
The Ottoman Empire **flourished** for over five centuries.

advance

v. to go or move forward; to develop in a positive way
synonym: progress, boost, come along

(1) **advance** the technology, (2) **advance** a cooperative relationship

Scientific knowledge will **advance** significantly with the power of AI.

professional

adj. having or showing the skill appropriate to a particular job; competent or skillful

synonym: skilled, competent, accomplished

(1) **professional** athlete, (2) certified **professional** secretary

He has a **professional** demeanor and always presents himself in a polished manner.

racial

adj. of or related to the race (= classification of humans into groups based on physical traits or social relations)

synonym: ethnic, tribal, ethnical

(1) **racial** prejudice, (2) **racial** and ethnic backgrounds

A minor **racial** conflict later led to a civil war.

confine

v. to restrict the movement of someone or something

synonym: restrict, limit, contain

(1) **confine** themselves solely, (2) **confine** the scope of use

The animal was **confined** in a small cage.

quo

n. the existing state or condition of something, especially in relation to a particular situation or issue

synonym: status, condition, state

(1) status **quo** politician, (2) **quo** warranto

The company has been successful in maintaining the status **quo**.

braid

n. a complex pattern, design, or plait formed out of three or more strands, often used decoratively in hair, clothing, or textiles; threads of silk, cotton, or other material attached to clothes, uniforms, or other things made of cloth, as a decoration

synonym : plait, twist, weave

(1) **braid** hair, (2) elastic cord **braid**

She always wore her hair in a single **braid** down her back.

drape

v. to arrange or hang cloth or clothing loosely over something, typically in a decorative way; to cover or decorate loosely with material

synonym : cover, hang, arrange

(1) **drape** a coat, (2) **drape** a curtain

She **draped** a shawl over her shoulders to keep warm.

colleague

n. one of a group of a coworker, especially in a profession or a business

synonym : coworker, associate, fellow

(1) collaborate with **colleagues**, (2) former **colleague**

I decided to seek counseling on the advice of my **colleague**.

admire

v. to have regard for or respect for someone's qualities or the actions they have performed

synonym : esteem, respect, marvel

(1) **admire** the subtlety of the distinctions, (2) **admire** kids with attitude

We all **admire** him because he is a nobleman.

appreciate

v. to value and acknowledge the worth of someone or something; to be grateful for something or someone

synonym : acknowledge, admire, enjoy

(1) **appreciate** her feedback, (2) **appreciate** the value

We would **appreciate** an early reply.

applaud

v. to express approval of someone or something by clapping the hands

synonym :

clap, celebrate, praise

(1) **applaud** his courage, (2) **applaud** the orchestra
I enthusiastically **applaud** my rival's achievement.

inclined

adj. having a tendency or preference for something; likely or disposed to think, feel, or behave in a certain way

synonym : disposed, prone, likely

(1) **inclined** to think, (2) **inclined** angle

I am **inclined** to believe that she is telling the truth.

brave

adj. showing courage or fearlessness in the face of danger, difficulty, or adversity

synonym : courageous, valiant, heroic

(1) **brave** soldier, (2) **brave** decision

The **brave** firefighter rescued the family from the burning building.

decision

n. the act or process of making up someone's mind about something; a choice or judgment reached after considering options

synonym : choice, determination, judgment

(1) **decision** authority, (2) a selfish **decision**

She was struggling to make a **decision** between two job offers.

stray

v. to move about aimlessly or without any destination; to move away from the right course or place where you should be

synonym : deviate, err, depart

(1) **stray** beyond the confines, (2) **stray** from a rule

Tourists often get lost and **stray** into a restricted area.

norm

n. something that is regarded as usual, typical, or standard

synonym : criterion, mean, standard

(1) **norm** of action, (2) cultural **norm**

The systems we have developed has accepted as industry

norms.

define

v. to state or explain precisely the nature, scope, or meaning of something

synonym: characterize, depict, express

(1) **define** a word, (2) **define** my position

To advance this discussion, we must **define** "success" rigorously.

rev

n. a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute

synonym: revolution, RPM, speed

(1) low- **rev** engine, (2) **rev** up the crowd

He stepped on the gas pedal, and the engine released a loud **rev**.

compassion

n. a strong feeling of sympathy and sadness for another's suffering or bad luck

synonym: pity, empathy, understanding

(1) feel **compassion** for the poor, (2) have **compassion** toward the accident

His infinite love and **compassion** for everyone never weary.

Session 2: Spelling

- | | |
|---------------------------------------|---|
| 1. under his lea_____ip | <i>n.</i> the ability, act, or status of leading a group of people or an organization |
| 2. at___h a file to an e-mail | <i>v.</i> to fasten, join, or connect one thing to another |
| 3. gross in_____ce | <i>n.</i> a violation of the rights of others or the laws of a society |
| 4. em_____ss my project | <i>v.</i> to cause someone to feel awkward, worried, or ashamed |
| 5. accidentally ov_____ard their talk | <i>v.</i> to hear what other people are saying without intending to and their knowledge |
| 6. co_____al combination of funds | <i>adj.</i> belonging to or used by a group rather than individuals; for common use |
| 7. re_____ce good behavior | <i>v.</i> to strengthen or support something, especially by adding another material to it; to make emotion, idea, etc. stronger |
| 8. ma_____in order | <i>v.</i> to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true |
| 9. mil_____um bottle of wine | <i>n.</i> a span of 1000 years, or the 1000th anniversary (plural: millennia) |
| 10. de___e my position | <i>v.</i> to state or explain precisely the nature, scope, or meaning of something |
| 11. he is ob___sed with the fear | <i>v.</i> to fill the mind of someone continually so that one can't think of anything else |
| 12. si___t reading | <i>adj.</i> without any or little sound |

ANSWERS: 1. leadership, 2. attach, 3. injustice, 4. embarrass, 5. overhear, 6. communal, 7. reinforce, 8. maintain, 9. millennium, 10. define, 11. obsess, 12. silent

13. public education ad_____tes *n.* a person who supports or suggests an idea, development, or way of doing something
14. ad___e the subtlety of the distinctions *v.* to have regard for or respect for someone's qualities or the actions they have performed
15. become b__d *adj.* having no hair on the head; having a smooth, shiny scalp with no hair
16. imp_____nt tattoo *adj.* not lasting or enduring; temporary, transitory, or fleeting
17. id_____fy gene sequences *v.* to recognize someone or something and say or prove who or what they are
18. keen per_____on *n.* a belief, opinion, or image you have based on how you regard, understand, or interpret something; the ability to see, hear, or notice something through the senses
19. in_____ce system *n.* a violation of the rights of others or the laws of a society
20. tra_____on phase *n.* the process or period of changing from one state or circumstance to another
21. mo_____nt of troops *n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
22. f_y over low heat *v.* to cook food, especially meat or fish, in hot fat or oil
23. at___n a complete victory *v.* to achieve or reach a goal or level of success

ANSWERS: 13. advocate, 14. admire, 15. bald, 16. impermanent, 17. identify, 18. perception, 19. injustice, 20. transition, 21. movement, 22. fry, 23. attain

24. u__y building *adj.* unattractive in appearance; unpleasant to look at
25. re__x at home *v.* to become or cause someone to become less active or tense and calmer
26. fairly ty____l symptoms *adj.* having the usual characteristics or traits of a specific group of things
27. re____ce the military *v.* to strengthen or support something, especially by adding another material to it; to make emotion, idea, etc. stronger
28. dr__e a curtain *v.* to arrange or hang cloth or clothing loosely over something, typically in a decorative way; to cover or decorate loosely with material
29. acc____ed routine *adj.* familiar with; used to; in the habit of; having become habituated to something, often a behavior or situation
30. app____te the value *v.* to value and acknowledge the worth of someone or something; to be grateful for something or someone
31. p__e a new path *v.* to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
32. of__d a customer *v.* to cause someone to feel upset, angry, or annoyed
33. ad____e the technology *v.* to go or move forward; to develop in a positive way
34. ex____e sports *adj.* very great in amount or degree

ANSWERS: 24. ugly, 25. relax, 26. typical, 27. reinforce, 28. drape, 29. accustomed, 30. appreciate, 31. pave, 32. offend, 33. advance, 34. extreme

35. br____e bones *adj.* easily broken, cracked, or shattered when subjected to pressure or stress; lacking flexibility or resilience; fragile
36. t__m the budget *v.* to make neat or tidy by clipping, cutting, or pruning away excess or unwanted parts; to adjust or modify to improve efficiency or performance
37. dis____ate against women employees *v.* to treat a person or particular group of people worse or better than another, especially in an unfair way; to recognize or perceive the difference between people or things
38. ess____ly correct *adv.* relating to the essential features or concepts of anything
39. ro____y explain my idea *adv.* approximately but not precisely; with a violent manner
40. t__l a bell at his death *n.* money that you have to pay to use a particular road, bridge, etc.; (verb) to ring slowly
41. telescopic vi____n *n.* the ability to think about or see the future with imagination and intelligence; the faculty of being able to see
42. id____fy handwriting *v.* to recognize someone or something and say or prove who or what they are
43. ad__t a child *v.* to choose to follow something; to legally take a child from another family and care for them as if they were one's own
44. u__o changes *v.* to reverse the effect of an action or event, typically one that is recent or specific

ANSWERS: 35. brittle, 36. trim, 37. discriminate, 38. essentially, 39. roughly, 40. toll, 41. vision, 42. identify, 43. adopt, 44. undo

45. aff_____on agreement *n.* the act of joining or associating with a particular group or organization; a connection or relationship with a particular group or organization
46. wild goose ch__e *v.* to pursue something or someone to catch or capture them; to go after something vigorously or with determination; (noun) a pursuit or a hunt; a narrow groove or channel cut into a surface, often used for decorative purposes
47. he_____s act *adj.* extremely wicked or cruel; evil
48. em_____r the secretary to do the same *v.* to give someone the power or authority to do something
49. a selfish de_____on *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
50. em_____ee benefits *n.* a person who is hired to work for a business or organization in exchange for wages or salary; a worker
51. the sets were meticulously au_____ic *adj.* known to be real and what people say it is; not a fake or copy
52. me__y handling *adj.* disorganized and untidy
53. status q_o politician *n.* the existing state or condition of something, especially in relation to a particular situation or issue
54. an ad_____te of disarmament *n.* a person who supports or suggests an idea, development, or way of doing something

ANSWERS: 45. affiliation, 46. chase, 47. heinous, 48. empower, 49. decision, 50. employee, 51. authentic, 52. messy, 53. quo, 54. advocate

55. c__t members *n.* a small religious group, especially one that is not part of a larger religion and that is regarded as outside the norm; followers of an exclusive system of beliefs and practices
56. sc__p massage *n.* the skin that covers the top of a person's head, together with the hair growing on it; also, the part of the body that is most vulnerable to an attack
57. co____al swimming pool *adj.* belonging to or used by a group rather than individuals; for common use
58. ind____al freedom *n.* a single person or thing, as distinct from a group
59. ind____us worker *adj.* hardworking, diligent, and persistent in effort
60. sc__p condition *n.* the skin that covers the top of a person's head, together with the hair growing on it; also, the part of the body that is most vulnerable to an attack
61. an u__y sound *adj.* unattractive in appearance; unpleasant to look at
62. su____al food *n.* the state of continuing to exist or live, frequently in the face of difficulty or danger
63. cultural sa__n *n.* a place for social gathering, especially for exchanging ideas and discussing artistic or cultural matters; a place of beauty treatment, such as a hair salon
64. post re____ly to a blog *adv.* at regular intervals or times

ANSWERS: 55. cult, 56. scalp, 57. communal, 58. individual, 59. industrious, 60. scalp, 61. ugly, 62. survival, 63. salon, 64. regularly

65. hi_____hy of folders *n.* a system in which people or things are organized into different levels of importance from highest to lowest
66. institution of sl_____y *n.* the practice or system of owning, buying, and selling people as property and forcing them to work
67. sc__e the birds away *v.* to frighten a person or animal, or to become frightened
68. a det_____nt of crop yields *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
69. ins_____ize customary laws *v.* to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
70. ap_____d the orchestra *v.* to express approval of someone or something by clapping the hands
71. re_____n from alcohol *v.* to avoid or stop doing something; to hold oneself back from an action
72. f_y an egg *v.* to cook food, especially meat or fish, in hot fat or oil
73. mo_____y his ego *v.* to cause extreme embarrassment, shame, or humiliation; to subdue or discipline one's bodily passions or desires
74. f__t accomplishment *n.* a notable or impressive achievement, especially one that requires great skill or bravery
75. a lo__e tongue *adj.* not securely fixed or fastened in place or able to be detached or separated from something

ANSWERS: 65. hierarchy, 66. slavery, 67. scare, 68. determinant, 69. institutionalize, 70. applaud, 71. refrain, 72. fry, 73. mortify, 74. feat, 75. loose

76. career adv_____nt *n.* the development, improvement, or progress of something
77. r_v up the crowd *n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
78. int_____te an opponent *v.* to make someone fearful or uneasy so that they will do something that you want them to do
79. in___t a computer with a virus *v.* to affect a person, an animal, or a plant with a disease-causing organism
80. pa_____ze a person *v.* to cause a person or part of the body to become unable to move or feel
81. u__o a belt *v.* to reverse the effect of an action or event, typically one that is recent or specific
82. in___t other animal species *v.* to affect a person, an animal, or a plant with a disease-causing organism
83. st__y beyond the confines *v.* to move about aimlessly or without any destination; to move away from the right course or place where you should be
84. ty_____l leader *adj.* having the usual characteristics or traits of a specific group of things
85. low-r_v engine *n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute

ANSWERS: 76. advancement, 77. rev, 78. intimidate, 79. infect, 80. paralyze, 81. undo, 82. infect, 83. stray, 84. typical, 85. rev

86. str_____en a crooked picture *v.* to make something straight or orderly; to adjust or fix something crooked, bent, or misaligned
87. in_____ct directly with customers *v.* to communicate or react with somebody
88. fl_____sh economically *v.* to grow or develop vigorously or successfully
89. ins_____ize a system *v.* to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
90. ind_____us student *adj.* hardworking, diligent, and persistent in effort
91. a scholarship ass_____on *n.* a people or groups of people who have joined in a single organization together for a particular purpose; a social or business connection or relationship
92. a s__t on his honor *n.* a particular location or place; a small round or roundish area, differing in color or feels from the surface around it
93. br__d hair *n.* a complex pattern, design, or plait formed out of three or more strands, often used decoratively in hair, clothing, or textiles; threads of silk, cotton, or other material attached to clothes, uniforms, or other things made of cloth, as a decoration
94. dis_____ate between different things *v.* to treat a person or particular group of people worse or better than another, especially in an unfair way; to recognize or perceive the difference between people or things

ANSWERS: 86. straighten, 87. interact, 88. flourish, 89. institutionalize, 90. industrious, 91. association, 92. spot, 93. braid, 94. discriminate

95. sw_____ng landscapes *adj.* extensive, broad, or far-reaching in scope or impact; characterized by a vigorous or forceful movement, often involving wide motions or gestures
96. common in _____on *n.* the creation of a new device or process resulting from study and experimentation; the act of inventing
97. word ass _____ons *n.* a people or groups of people who have joined in a single organization together for a particular purpose; a social or business connection or relationship
98. based on their et _____ty *n.* the cultural characteristics of a particular group, such as language, religion, and traditions, that distinguish them from other groups
99. a built-in diagnostic ro _____e *n.* a usual or habitual way of doing things; a set sequence of steps, part of a larger computer program
100. amb _____or for football *n.* a diplomatic representative of a country who is sent to another country or international organization
101. as _____te with people widely *v.* to mentally connect someone or something with someone or something else
102. ensure a smooth tra _____on *n.* the process or period of changing from one state or circumstance to another
103. i__n for young people *n.* a picture or statue of a holy person considered to be a sacred thing; a little icon on the screen of a computer or smartphone that denotes an application or a file

ANSWERS: 95. sweeping, 96. invention, 97. association, 98. ethnicity, 99. routine, 100. ambassador, 101. associate, 102. transition, 103. icon

104. beauty s__t *n.* a particular location or place; a small round or roundish area, differing in color or feels from the surface around it
105. an ex_____ve force *adj.* greater than what seems necessary, normal, or desirable
106. ap_____d his courage *v.* to express approval of someone or something by clapping the hands
107. as nu_____us as the sand *adj.* amounting to a large indefinite number
108. ch__e a dream *v.* to pursue something or someone to catch or capture them; to go after something vigorously or with determination; (noun) a pursuit or a hunt; a narrow groove or channel cut into a surface, often used for decorative purposes
109. co_____te right *adj.* of or relating to a large company
110. st_____le against discrimination *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
111. act as a pi_____r *n.* inventor; explorer; someone who is among the first to achieve something
112. happen to ov_____ar a conversation *v.* to hear what other people are saying without intending to and their knowledge
113. top of the hi_____hy *n.* a system in which people or things are organized into different levels of importance from highest to lowest

ANSWERS: 104. spot, 105. excessive, 106. applaud, 107. numerous, 108. chase, 109. corporate, 110. struggle, 111. pioneer, 112. overhear, 113. hierarchy

114. series of exp_____nts *n.* the scientific test conducted to observe what happens and gain new knowledge
115. at___h firmly *v.* to fasten, join, or connect one thing to another
116. c__l around street corners *v.* to form or make something form into a curved or spiral shape; (noun) a round shape formed by a series of concentric circles
117. a private ind_____al *n.* a single person or thing, as distinct from a group
118. early pi_____rs *n.* inventor; explorer; someone who is among the first to achieve something
119. blonde w_g *n.* a head covering made of synthetic or real hair worn for a variety of reasons, including as a fashion accessory, to conceal hair loss or baldness, or as part of a costume
120. bachelor's de___e *n.* a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment
121. ad__t a bill *v.* to choose to follow something; to legally take a child from another family and care for them as if they were one's own
122. students at all gr___e levels *n.* a particular level of quality, size, importance, etc.
123. get a con_____nal loan *adj.* based on or following traditional rules, standards, customs, etc.
124. exp_____nt design *n.* the scientific test conducted to observe what happens and gain new knowledge

ANSWERS: 114. experiment, 115. attach, 116. curl, 117. individual, 118. pioneer, 119. wig, 120. degree, 121. adopt, 122. grade, 123. conventional, 124. experiment

125. ad___e kids with attitude *v.* to have regard for or respect for someone's qualities or the actions they have performed
126. sw_____ng changes *adj.* extensive, broad, or far-reaching in scope or impact; characterized by a vigorous or forceful movement, often involving wide motions or gestures
127. dem_____ic analyses *n.* a statistic characterizing that describes people or groups of people based on their age, sex, income, etc.
128. in___e guests *v.* to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place
129. remove lo___e hair *adj.* not securely fixed or fastened in place or able to be detached or separated from something
130. mo_____y the body *v.* to cause extreme embarrassment, shame, or humiliation; to subdue or discipline one's bodily passions or desires
131. give si___t consent *adj.* without any or little sound
132. imp_____nt hair color *adj.* not lasting or enduring; temporary, transitory, or fleeting
133. t___m a dog's nails *v.* to make neat or tidy by clipping, cutting, or pruning away excess or unwanted parts; to adjust or modify to improve efficiency or performance
134. ur___n property owners *adj.* relating to or located in a town or city

ANSWERS: 125. admire, 126. sweeping, 127. demographic, 128. invite, 129. loose, 130. mortify, 131. silent, 132. impermanent, 133. trim, 134. urban

135. pa____ze a city *v.* to cause a person or part of the body to become unable to move or feel
136. use of ha__h chemicals *adj.* severe and unkind; extremely tough and unpleasant to inhabit
137. h__e a car by the hour *v.* to give somebody a job
138. curly w_g *n.* a head covering made of synthetic or real hair worn for a variety of reasons, including as a fashion accessory, to conceal hair loss or baldness, or as part of a costume
139. feel com_____on for the poor *n.* a strong feeling of sympathy and sadness for another's suffering or bad luck
140. sl_____y labor *n.* the practice or system of owning, buying, and selling people as property and forcing them to work
141. st___a against obesity *n.* a mark of shame or disgrace associated with a particular circumstance, quality, or person
142. the id_____gy of the left *n.* a set of beliefs or philosophies that an economic or political system is based on
143. a con_____nal style *adj.* based on or following traditional rules, standards, customs, etc.
144. certified pro_____nal secretary *adj.* having or showing the skill appropriate to a particular job; competent or skillful
145. h__e a guide *v.* to give somebody a job
146. a t__l road *n.* money that you have to pay to use a particular road, bridge, etc.; (verb) to ring slowly

ANSWERS: 135. paralyze, 136. harsh, 137. hire, 138. wig, 139. compassion, 140. slavery, 141. stigma, 142. ideology, 143. conventional, 144. professional, 145. hire, 146. toll

147. show ge____e regret *adj.* real and exactly; not pretended; sincerely felt or expressed
148. a ge____e article *adj.* real and exactly; not pretended; sincerely felt or expressed
149. re____ly arranged *adv.* at regular intervals or times
150. in____ed to think *adj.* having a tendency or preference for something; likely or disposed to think, feel, or behave in a certain way
151. ad____cy group *n.* the act of supporting or promoting a particular cause or point of view, often through public campaigning or lobbying
152. a fully in____ve price *adj.* including much or everything, and especially including stated limits; not excluding any of the people, things, ideas, etc. involved in something
153. in____e other tissues *v.* to enter aggressively into another's territory by military force for conquest and occupation
154. boys in the twelfth gr__e *n.* a particular level of quality, size, importance, etc.
155. de____on authority *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
156. emphasize ind____ity *n.* the qualities or characters that distinguish a particular person or thing from others of the same kind
157. an au____ic signature *adj.* known to be real and what people say it is; not a fake or copy

ANSWERS: 147. genuine, 148. genuine, 149. regularly, 150. inclined, 151. advocacy, 152. inclusive, 153. invade, 154. grade, 155. decision, 156. individuality, 157. authentic

- | | | |
|-------------------------------|------|---|
| 158. de___e a word | v. | to state or explain precisely the nature, scope, or meaning of something |
| 159. stay phy_____ly fit | adv. | in a way related to a person's body or appearance rather than their mind |
| 160. se_____te by race | v. | to separate or set apart from others, often based on race, gender, or some other characteristic |
| 161. t_p a new market | v. | to hit someone or something quickly, gently, and often repeatedly; to use existing resources, such as energy, knowledge, etc. |
| 162. take ex_____ve care | adj. | greater than what seems necessary, normal, or desirable |
| 163. a c__l of smoke | v. | to form or make something form into a curved or spiral shape; (noun) a round shape formed by a series of concentric circles |
| 164. extreme tem_____res | n. | the degree of hotness or coldness of a thing or place |
| 165. intellectual f__t | n. | a notable or impressive achievement, especially one that requires great skill or bravery |
| 166. ma_____re tools | n. | a cosmetic treatment for the hands and nails, typically involving the trimming, shaping, and polishing of the nails, as well as the softening and moisturizing of the hands |
| 167. consumer ad_____cy group | n. | the act of supporting or promoting a particular cause or point of view, often through public campaigning or lobbying |

ANSWERS: 158. define, 159. physically, 160. segregate, 161. tap, 162. excessive, 163. curl, 164. temperature, 165. feat, 166. manicure, 167. advocacy

168. become ess_____ly same *adv.* relating to the essential features or concepts of anything
169. str_____en out a problem *v.* to make something straight or orderly; to adjust or fix something crooked, bent, or misaligned
170. a friendly con_____ion *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
171. past mil_____um *n.* a span of 1000 years, or the 1000th anniversary (plural: millennia)
172. em_____ss political enemy *v.* to cause someone to feel awkward, worried, or ashamed
173. em_____e an opportunity *v.* to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection
174. in_____ed angle *adj.* having a tendency or preference for something; likely or disposed to think, feel, or behave in a certain way
175. dr___e a coat *v.* to arrange or hang cloth or clothing loosely over something, typically in a decorative way; to cover or decorate loosely with material
176. co_____m the diagnosis *v.* to support or establish the truth or certainty of something previously believed or suspected to be the case
177. st_____ht for two months *adj.* extending or moving in one direction without bending or curving; having no deviations

ANSWERS: 168. essentially, 169. straighten, 170. conversation, 171. millennium, 172. embarrass, 173. embrace, 174. inclined, 175. drape, 176. confirm, 177. straight

178. o_t for a traditional wedding *v.* to make a choice from a range of possibilities
179. learn new co_____ts *n.* an idea or principle associated with something abstract
180. in___e his privacy *v.* to enter aggressively into another's territory by military force for conquest and occupation
181. a warm em_____e *v.* to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection
182. re__x a series of muscles *v.* to become or cause someone to become less active or tense and calmer
183. se_____te boys and girls *v.* to separate or set apart from others, often based on race, gender, or some other characteristic
184. ex_____e weather events *adj.* very great in amount or degree
185. c__t's practices *n.* a small religious group, especially one that is not part of a larger religion and that is regarded as outside the norm; followers of an exclusive system of beliefs and practices
186. st___e commodities *adj.* essential, crucial, or regularly used
187. d_m collapsing *n.* a wall constructed over a river to block the flow of water, mainly used to generate energy
188. collaborate with co_____ues *n.* one of a group of a coworker, especially in a profession or a business

ANSWERS: 178. opt, 179. concept, 180. invade, 181. embrace, 182. relax, 183. segregate, 184. extreme, 185. cult, 186. staple, 187. dam, 188. colleague

189. television i__n *n.* a picture or statue of a holy person considered to be a sacred thing; a little icon on the screen of a computer or smartphone that denotes an application or a file
190. app_____te her feedback *v.* to value and acknowledge the worth of someone or something; to be grateful for something or someone
191. co_____e the scope of use *v.* to restrict the movement of someone or something
192. the atmospheric tem_____re *n.* the degree of hotness or coldness of a thing or place
193. acc_____ed to complaints *adj.* familiar with; used to; in the habit of; having become habituated to something, often a behavior or situation
194. lea_____ip by politicians *n.* the ability, act, or status of leading a group of people or an organization
195. at___n success *v.* to achieve or reach a goal or level of success
196. ad_____e a cooperative relationship *v.* to go or move forward; to develop in a positive way
197. em_____ee evaluation *n.* a person who is hired to work for a business or organization in exchange for wages or salary; a worker
198. in___e criticism *v.* to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place
199. tangled dre_____ks *n.* a hairstyle in which the hair is left to grow into long, matted strands, often associated with Rastafarianism and Jamaican culture

ANSWERS: 189. icon, 190. appreciate, 191. confine, 192. temperature, 193. accustomed, 194. leadership, 195. attain, 196. advance, 197. employee, 198. invite, 199. dreadlocks

200. bob ha_____le	<i>n.</i> the way in which a person's hair is cut, styled, or arranged on their head
201. be_____d by many people	<i>adj.</i> loved very much
202. em_____r my life	<i>v.</i> to give someone the power or authority to do something
203. American Ne__o	<i>n.</i> ("Negro" is now considered out of date and offensive) a term that was once used to refer to people of African descent, especially those living in the United States
204. Ne__o literature	<i>n.</i> ("Negro" is now considered out of date and offensive) a term that was once used to refer to people of African descent, especially those living in the United States
205. re_____n from religious activity	<i>v.</i> to avoid or stop doing something; to hold oneself back from an action
206. rel_____ly approve the idea	<i>adv.</i> in a way that you are unwilling to do something; with hesitation
207. st_____le to get the job	<i>v.</i> to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
208. b__d head	<i>adj.</i> having no hair on the head; having a smooth, shiny scalp with no hair
209. ha__h climate	<i>adj.</i> severe and unkind; extremely tough and unpleasant to inhabit
210. ma_____in good health	<i>v.</i> to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true

ANSWERS: 200. hairstyle, 201. beloved, 202. empower, 203. Negro, 204. Negro, 205. refrain, 206. reluctantly, 207. struggle, 208. bald, 209. harsh, 210. maintain

211. your ind_____ity *n.* the qualities or characters that distinguish a particular person or thing from others of the same kind
212. co_____te environment *adj.* of or relating to a large company
213. su_____al ability *n.* the state of continuing to exist or live, frequently in the face of difficulty or danger
214. he_____nt to take action *adj.* unsure or uncertain about what to do or how to act; reluctant or unwilling to take action or make a decision
215. de____e centigrade *n.* a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment
216. fl_____sh worldwide *v.* to grow or develop vigorously or successfully
217. the in_____on of new techniques *n.* the creation of a new device or process resulting from study and experimentation; the act of inventing
218. n__m of action *n.* something that is regarded as usual, typical, or standard
219. ur__n planning *adj.* relating to or located in a town or city
220. a circular mo_____nt *n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
221. modern ha_____le *n.* the way in which a person's hair is cut, styled, or arranged on their head

ANSWERS: 211. individuality, 212. corporate, 213. survival, 214. hesitant, 215. degree, 216. flourish, 217. invention, 218. norm, 219. urban, 220. movement, 221. hairstyle

222. toxic ch____als *adj.* relating to or connected with chemistry;
223. pa__e for a reaction *v.* to take a short break from talking or doing something before continuing
224. b_t on a race *v.* to risk money on the result of an event or a competition, such as a race or game, to get more money; to have faith or confidence in something
225. ra___l prejudice *adj.* of or related to the race (= classification of humans into groups based on physical traits or social relations)
226. we__e a story *v.* to make cloth, a carpet, a basket, etc., by repeatedly crossing a single thread through two sets of long threads at a right angle to them
227. br_____e material *adj.* easily broken, cracked, or shattered when subjected to pressure or stress; lacking flexibility or resilience; fragile
228. co_____e themselves solely *v.* to restrict the movement of someone or something
229. adv_____nt of knowledge *n.* the development, improvement, or progress of something
230. ro_____y speaking *adv.* approximately but not precisely; with a violent manner
231. ex_____ve vice president *n.* a person or group of people with top-level management responsibility in a business or other organization; the branch that is responsible for implementing, administering, and enforcing laws, as well as running the day-to-day operations

ANSWERS: 222. chemical, 223. pause, 224. bet, 225. racial, 226. weave, 227. brittle, 228. confine, 229. advancement, 230. roughly, 231. executive

232. a st_____ht line *adj.* extending or moving in one direction without bending or curving; having no deviations
233. in_____ve education *adj.* including much or everything, and especially including stated limits; not excluding any of the people, things, ideas, etc. involved in something
234. q_o warranto *n.* the existing state or condition of something, especially in relation to a particular situation or issue
235. dre_____ks hairstyle *n.* a hairstyle in which the hair is left to grow into long, matted strands, often associated with Rastafarianism and Jamaican culture
236. professional ma_____re *n.* a cosmetic treatment for the hands and nails, typically involving the trimming, shaping, and polishing of the nails, as well as the softening and moisturizing of the hands
237. pe_____nt life insurance *adj.* lasting for a long time without essential change
238. id_____ty as an individual *n.* the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another
239. con_____ion in English *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
240. a ch_____al compound *adj.* relating to or connected with chemistry;

ANSWERS: 232. straight, 233. inclusive, 234. quo, 235. dreadlocks, 236. manicure, 237. permanent, 238. identity, 239. conversation, 240. chemical

241. per_____on of a stimulus *n.* a belief, opinion, or image you have based on how you regard, understand, or interpret something; the ability to see, hear, or notice something through the senses
242. send an amb_____or abroad *n.* a diplomatic representative of a country who is sent to another country or international organization
243. rel_____ly leave *adv.* in a way that you are unwilling to do something; with hesitation
244. mistaken id_____ty *n.* the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another
245. br__e soldier *adj.* showing courage or fearlessness in the face of danger, difficulty, or adversity
246. business aff_____on *n.* the act of joining or associating with a particular group or organization; a connection or relationship with a particular group or organization
247. former co_____ue *n.* one of a group of a coworker, especially in a profession or a business
248. with respect to et_____ty *n.* the cultural characteristics of a particular group, such as language, religion, and traditions, that distinguish them from other groups
249. st__y from a rule *v.* to move about aimlessly or without any destination; to move away from the right course or place where you should be

ANSWERS: 241. perception, 242. ambassador, 243. reluctantly, 244. identity, 245. brave, 246. affiliation, 247. colleague, 248. ethnicity, 249. stray

250. ill fo____e *n.* a large amount of money or property; chance or luck as an unknown and arbitrary force affecting human affairs
251. effectively int_____te a thief *v.* to make someone fearful or uneasy so that they will do something that you want them to do
252. co_____t car *n.* an idea or principle associated with something abstract
253. a prodigious vi____n *n.* the ability to think about or see the future with imagination and intelligence; the faculty of being able to see
254. beauty sa__n *n.* a place for social gathering, especially for exchanging ideas and discussing artistic or cultural matters; a place of beauty treatment, such as a hair salon
255. b_t my future *v.* to risk money on the result of an event or a competition, such as a race or game, to get more money; to have faith or confidence in something
256. in_____ct with one another *v.* to communicate or react with somebody
257. d_m-building program *n.* a wall constructed over a river to block the flow of water, mainly used to generate energy
258. social st____a *n.* a mark of shame or disgrace associated with a particular circumstance, quality, or person
259. of____d his sensibilities *v.* to cause someone to feel upset, angry, or annoyed
260. ex_____ve editor at the publishing house *n.* a person or group of people with top-level management responsibility in a business or other organization; the branch that is responsible for implementing, administering, and enforcing laws, as well as running the day-to-day operations

ANSWERS: 250. fortune, 251. intimidate, 252. concept, 253. vision, 254. salon, 255.

bet, 256. interact, 257. dam, 258. stigma, 259. offend, 260. executive

261. he____s firm *adj.* extremely wicked or cruel; evil
262. st___e crop *adj.* essential, crucial, or regularly used
263. sc__e off her attacker by screaming *v.* to frighten a person or animal, or to become frightened
264. be____d author *adj.* loved very much
265. have com_____on toward the accident *n.* a strong feeling of sympathy and sadness for another's suffering or bad luck
266. elastic cord br__d *n.* a complex pattern, design, or plait formed out of three or more strands, often used decoratively in hair, clothing, or textiles; threads of silk, cotton, or other material attached to clothes, uniforms, or other things made of cloth, as a decoration
267. he____nt response *adj.* unsure or uncertain about what to do or how to act; reluctant or unwilling to take action or make a decision
268. dem_____ic policy *n.* a statistic characterizing that describes people or groups of people based on their age, sex, income, etc.
269. o_t out of society *v.* to make a choice from a range of possibilities
270. phy_____ly and mentally *adv.* in a way related to a person's body or appearance rather than their mind
271. p__e a smoother road *v.* to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use

ANSWERS: 261. heinous, 262. staple, 263. scare, 264. beloved, 265. compassion, 266. braid, 267. hesitant, 268. demographic, 269. opt, 270. physically, 271. pave

272. we__e on a loom *v.* to make cloth, a carpet, a basket, etc., by repeatedly crossing a single thread through two sets of long threads at a right angle to them
273. pro_____nal athlete *adj.* having or showing the skill appropriate to a particular job; competent or skillful
274. ro_____e business *n.* a usual or habitual way of doing things; a set sequence of steps, part of a larger computer program
275. environmental det_____nt *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
276. co_____m a transaction *v.* to support or establish the truth or certainty of something previously believed or suspected to be the case
277. bit of good fo_____e *n.* a large amount of money or property; chance or luck as an unknown and arbitrary force affecting human affairs
278. ra___l and ethnic backgrounds *adj.* of or related to the race (= classification of humans into groups based on physical traits or social relations)
279. political id_____gy *n.* a set of beliefs or philosophies that an economic or political system is based on
280. cultural n__m *n.* something that is regarded as usual, typical, or standard
281. me__y data *adj.* disorganized and untidy
282. ob___s over her weight *v.* to fill the mind of someone continually so that one can't think of anything else

ANSWERS: 272. weave, 273. professional, 274. routine, 275. determinant, 276. confirm, 277. fortune, 278. racial, 279. ideology, 280. norm, 281. messy, 282. obsess

283. as_____te alcohol with gambling *v.* to mentally connect someone or something with someone or something else
284. nu_____us countries *adj.* amounting to a large indefinite number
285. t_p keyboard with an index finger *v.* to hit someone or something quickly, gently, and often repeatedly; to use existing resources, such as energy, knowledge, etc.
286. pa__e a moment *v.* to take a short break from talking or doing something before continuing
287. br__e decision *adj.* showing courage or fearlessness in the face of danger, difficulty, or adversity
288. literature of pe_____nt value *adj.* lasting for a long time without essential change

ANSWERS: 283. associate, 284. numerous, 285. tap, 286. pause, 287. brave, 288. permanent

Session 3: Fill in the Blanks

1. His infinite love and _____ for everyone never weary.
n. a strong feeling of sympathy and sadness for another's suffering or bad luck
2. One such rapidly growing _____ is quantum cryptography.
n. an idea or principle associated with something abstract
3. She was struggling to make a _____ between two job offers.
n. the act or process of making up someone's mind about something; a choice or judgment reached after considering options
4. I am _____ to waking up early for work.
adj. familiar with; used to; in the habit of; having become habituated to something, often a behavior or situation
5. My parents used to _____ me by telling embarrassing stories about me in front of my friends.
v. to cause extreme embarrassment, shame, or humiliation; to subdue or discipline one's bodily passions or desires
6. Necessity is the mother of _____.
n. the creation of a new device or process resulting from study and experimentation; the act of inventing
7. _____ elections were held in several European countries.
adj. belonging to or used by a group rather than individuals; for common use
8. The country's _____ has decided to take large-scale measures against global warming.
n. the ability, act, or status of leading a group of people or an organization

ANSWERS: 1. compassion, 2. concept, 3. decision, 4. accustomed, 5. mortify, 6. invention, 7. Communal, 8. leadership

9. _____ of abolishing the death penalty often argue that the alternative heaviest sentence should be life in prison.
- n.* a person who supports or suggests an idea, development, or way of doing something
10. It is an incredible _____ to climb Mount Everest, the highest mountain in the world.
- n.* a notable or impressive achievement, especially one that requires great skill or bravery
11. I am here to save my _____.
- adj.* loved very much
12. This remote _____ is rarely visited.
- n.* a particular location or place; a small round or roundish area, differing in color or feels from the surface around it
13. He does not _____ importance to these rumors.
- v.* to fasten, join, or connect one thing to another
14. I have no intention to _____ your privacy.
- v.* to enter aggressively into another's territory by military force for conquest and occupation
15. Five miles is _____ similar to eight kilometers.
- adv.* approximately but not precisely; with a violent manner
16. Departments may set requirements for a higher _____ point average.
- n.* a particular level of quality, size, importance, etc.

ANSWERS: 9. Advocates, 10. feat, 11. beloved, 12. spot, 13. attach, 14. invade, 15. roughly, 16. grade

17. Please write to _____ your reservation.
- v. to support or establish the truth or certainty of something previously believed or suspected to be the case
18. The company _____ employees to buy low-price items without approval to achieve efficient purchasing.
- v. to give someone the power or authority to do something
19. The national assembly has _____ the budget.
- v. to choose to follow something; to legally take a child from another family and care for them as if they were one's own
20. The _____ of the court's decision angered many people and led to protests.
- n. a violation of the rights of others or the laws of a society
21. One _____ of success is having a positive attitude and a strong work ethic.
- n. a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
22. The company has a diverse workforce representing different _____ and backgrounds.
- n. the cultural characteristics of a particular group, such as language, religion, and traditions, that distinguish them from other groups
23. The _____ leader promised his followers that they would achieve enlightenment if they followed his teachings.
- n. a small religious group, especially one that is not part of a larger religion and that is regarded as outside the norm; followers of an exclusive system of beliefs and practices

ANSWERS: 17. confirm, 18. empowered, 19. adopted, 20. injustice, 21. determinant, 22. ethnicity, 23. cult

24. We should always be prepared to _____ talented recruits.

v. to give somebody a job

25. A minor _____ conflict later led to a civil war.

adj. of or related to the race (= classification of humans into groups based on physical traits or social relations)

26. Her _____ with the political party helped her to win the election.

n. the act of joining or associating with a particular group or organization; a connection or relationship with a particular group or organization

27. Tourists often get lost and _____ into a restricted area.

v. to move about aimlessly or without any destination; to move away from the right course or place where you should be

28. I am _____ to believe that she is telling the truth.

adj. having a tendency or preference for something; likely or disposed to think, feel, or behave in a certain way

29. The inspector discovered _____ bolts under the fuel rods.

adj. not securely fixed or fastened in place or able to be detached or separated from something

30. The _____ office has decided to lay off 10% of the workforce.

adj. of or relating to a large company

31. To expand the company, we must _____ new human resources.

v. to hit someone or something quickly, gently, and often repeatedly; to use existing resources, such as energy, knowledge, etc.

ANSWERS: 24. hire, 25. racial, 26. affiliation, 27. stray, 28. inclined, 29. loose, 30. corporate, 31. tap

32. I must _____ the bushes in my front yard before they get too overgrown.
- v. to make neat or tidy by clipping, cutting, or pruning away excess or unwanted parts; to adjust or modify to improve efficiency or performance
33. The break in the _____ threatened the valley.
- n. a wall constructed over a river to block the flow of water, mainly used to generate energy
34. The rules were _____ after the new executive arrived.
- v. to become or cause someone to become less active or tense and calmer
35. She received her _____ in psychology from the university.
- n. a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment
36. He looked for an opportunity to _____ that actor in public.
- v. to cause someone to feel awkward, worried, or ashamed
37. The animal was _____ in a small cage.
- v. to restrict the movement of someone or something
38. Having a _____ healthy physique is essential for a great life.
- adv. in a way related to a person's body or appearance rather than their mind
39. She is determined to _____ her degree in computer science.
- v. to achieve or reach a goal or level of success
40. He evaluated his chances for _____ rather pessimistically.
- n. the state of continuing to exist or live, frequently in the face of difficulty or danger

ANSWERS: 32. trim, 33. dam, 34. relaxed, 35. degree, 36. embarrass, 37. confined, 38. physically, 39. attain, 40. survival

41. I need to schedule a _____ appointment before my sister's wedding.
n. a cosmetic treatment for the hands and nails, typically involving the trimming, shaping, and polishing of the nails, as well as the softening and moisturizing of the hands
42. The firm has grown into a large _____ manufacturing.
adj. relating to or connected with chemistry;
43. The systems we have developed has accepted as industry _____.
n. something that is regarded as usual, typical, or standard
44. The venom from the snake bite _____ his arm.
v. to cause a person or part of the body to become unable to move or feel
45. Children often _____ parents with this head cold.
v. to affect a person, an animal, or a plant with a disease-causing organism
46. She is very _____ in her thoughts.
adj. based on or following traditional rules, standards, customs, etc.
47. I need to _____ my car regularly to prevent any major mechanical issues.
v. to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true
48. The new policy aims to _____ the use of renewable energy sources.
v. to establish or make something a part of an institution (= a place such as a university, hospital, etc.)

ANSWERS: 41. manicure, 42. chemical, 43. norms, 44. paralyzed, 45. infect, 46. conventional, 47. maintain, 48. institutionalize

49. She frequented the _____ for intellectual discussions and to keep up with the latest cultural trends.
- n.* a place for social gathering, especially for exchanging ideas and discussing artistic or cultural matters; a place of beauty treatment, such as a hair salon
50. They _____ the courtyard with bricks, giving it a more polished appearance.
- v.* to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
51. His membership in the _____ provided him with numerous benefits.
- n.* a people or groups of people who have joined in a single organization together for a particular purpose; a social or business connection or relationship
52. He could not _____ against temptation.
- v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
53. We should _____ the troops at the front line.
- v.* to strengthen or support something, especially by adding another material to it; to make emotion, idea, etc. stronger
54. This site _____ shares high-quality academic materials.
- adv.* at regular intervals or times
55. You should not _____ against minorities.
- v.* to treat a person or particular group of people worse or better than another, especially in an unfair way; to recognize or perceive the difference between people or things
56. The _____ of the dancers on stage was graceful and elegant.
- n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

ANSWERS: 49. salon, 50. paved, 51. association, 52. struggle, 53. reinforce, 54. regularly, 55. discriminate, 56. movement

57. The _____ of peace met with government officials to discuss bilateral relations.
- n.* a diplomatic representative of a country who is sent to another country or international organization
58. He has a strong sense of _____.
- n.* the qualities or characters that distinguish a particular person or thing from others of the same kind
59. The nation's healthcare system is in _____ at the moment.
- n.* the process or period of changing from one state or circumstance to another
60. He's utterly _____ with his promotion.
- v.* to fill the mind of someone continually so that one can't think of anything else
61. The Ottoman Empire _____ for over five centuries.
- v.* to grow or develop vigorously or successfully
62. She is searching for a _____ residence.
- adj.* lasting for a long time without essential change
63. I will introduce you to how to _____ the leading causes of the malfunction.
- v.* to recognize someone or something and say or prove who or what they are
64. He should _____ more with his colleagues.
- v.* to communicate or react with somebody
65. The man _____ before opening the door.
- v.* to take a short break from talking or doing something before continuing

ANSWERS: 57. ambassador, 58. individuality, 59. transition, 60. obsessed, 61. flourished, 62. permanent, 63. identify, 64. interact, 65. paused

66. The school board decided to _____ students by the ability to meet their needs better.
- v. to separate or set apart from others, often based on race, gender, or some other characteristic
67. She _____ a shawl over her shoulders to keep warm.
- v. to arrange or hang cloth or clothing loosely over something, typically in a decorative way; to cover or decorate loosely with material
68. I enthusiastically _____ my rival's achievement.
- v. to express approval of someone or something by clapping the hands
69. As the _____ director of the non-profit, it's her responsibility to make sure they're meeting their mission goals.
- n. a person or group of people with top-level management responsibility in a business or other organization; the branch that is responsible for implementing, administering, and enforcing laws, as well as running the day-to-day operations
70. It would be best if you did not demand such an _____ charge.
- adj. greater than what seems necessary, normal, or desirable
71. His rude comments _____ many people at the party.
- v. to cause someone to feel upset, angry, or annoyed
72. The _____ handbook outlines the rules and regulations that all employees must follow.
- n. a person who is hired to work for a business or organization in exchange for wages or salary; a worker
73. Your _____ reflects your thoughts.
- n. an informal talk between two or more people to exchange their views, ideas, information, etc.

ANSWERS: 66. segregate, 67. draped, 68. applaud, 69. executive, 70. excessive, 71. offended, 72. employee, 73. conversation

74. He has a _____ demeanor and always presents himself in a polished manner.

adj. having or showing the skill appropriate to a particular job; competent or skillful

75. We want to _____ you to our annual charity event.

v. to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place

76. This artwork is _____ of her work.

adj. having the usual characteristics or traits of a specific group of things

77. They developed _____ blues with a lively rhythm.

n. ("Negro" is now considered out of date and offensive) a term that was once used to refer to people of African descent, especially those living in the United States

78. He stepped on the gas pedal, and the engine released a loud _____.

n. a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute

79. The police officer _____ the suspect through the crowded streets until they finally caught him.

v. to pursue something or someone to catch or capture them; to go after something vigorously or with determination; (noun) a pursuit or a hunt; a narrow groove or channel cut into a surface, often used for decorative purposes

80. The university has established a capacity for each nationality as part of its _____ policy.

adj. including much or everything, and especially including stated limits; not excluding any of the people, things, ideas, etc. involved in something

ANSWERS: 74. professional, 75. invite, 76. typical, 77. Negro, 78. rev, 79. chased, 80. inclusive

81. His _____ showed highly positive results.
n. the scientific test conducted to observe what happens and gain new knowledge
82. John Whitney was a computer animation _____.
n. inventor; explorer; someone who is among the first to achieve something
83. As an _____ he had the right to make his own decisions and live his life as he saw fit.
n. a single person or thing, as distinct from a group
84. She decided to wear a pink ____ to the costume party.
n. a head covering made of synthetic or real hair worn for a variety of reasons, including as a fashion accessory, to conceal hair loss or baldness, or as part of a costume
85. The group engages in _____ through lobbying and campaigning for policy changes.
n. the act of supporting or promoting a particular cause or point of view, often through public campaigning or lobbying
86. We all _____ him because he is a nobleman.
v. to have regard for or respect for someone's qualities or the actions they have performed
87. She has taken a step up in the organizational _____.
n. a system in which people or things are organized into different levels of importance from highest to lowest
88. My sister got a new _____ for her job interview.
n. the way in which a person's hair is cut, styled, or arranged on their head

ANSWERS: 81. experiments, 82. pioneer, 83. individual, 84. wig, 85. advocacy, 86. admire, 87. hierarchy, 88. hairstyle

89. The prime minister faced _____ criticism.

adj. severe and unkind; extremely tough and unpleasant to inhabit

90. I accidentally deleted the file, so can you _____ that action?

v. to reverse the effect of an action or event, typically one that is recent or specific

91. He is completely _____ having lost all his hair due to chemotherapy.

adj. having no hair on the head; having a smooth, shiny scalp with no hair

92. The old books in the library were so _____ that they crumbled upon touch.

adj. easily broken, cracked, or shattered when subjected to pressure or stress; lacking flexibility or resilience; fragile

93. Capitalism guarantees the right of ownership of personal _____.

n. a large amount of money or property; chance or luck as an unknown and arbitrary force affecting human affairs

94. The _____ views from the mountaintop were breathtaking.

adj. extensive, broad, or far-reaching in scope or impact; characterized by a vigorous or forceful movement, often involving wide motions or gestures

95. Her long and thick _____ were styled in a beautiful updo.

n. a hairstyle in which the hair is left to grow into long, matted strands, often associated with Rastafarianism and Jamaican culture

96. I have an itchy _____ and need to switch to a different shampoo.

n. the skin that covers the top of a person's head, together with the hair growing on it; also, the part of the body that is most vulnerable to an attack

ANSWERS: 89. harsh, 90. undo, 91. bald, 92. brittle, 93. fortune, 94. sweeping, 95. dreadlocks, 96. scalp

97. There is no _____ car park nearby.

n. money that you have to pay to use a particular road, bridge, etc.; (verb) to ring slowly

98. We would _____ an early reply.

v. to value and acknowledge the worth of someone or something; to be grateful for something or someone

99. Rice and beans are a _____ food in many cultures.

adj. essential, crucial, or regularly used

100. I decided to seek counseling on the advice of my _____.

n. one of a group of a coworker, especially in a profession or a business

101. Cities around the world set records for highest _____ this summer.

n. the degree of hotness or coldness of a thing or place

102. He _____ agreed to go to the party.

adv. in a way that you are unwilling to do something; with hesitation

103. I _____ that you know it.

v. to risk money on the result of an event or a competition, such as a race or game, to get more money; to have faith or confidence in something

104. He was sick for five _____ days.

adj. extending or moving in one direction without bending or curving; having no deviations

105. She was inside at the time and _____ the conversation.

v. to hear what other people are saying without intending to and their knowledge

ANSWERS: 97. toll, 98. appreciate, 99. staple, 100. colleague, 101. temperatures, 102. reluctantly, 103. bet, 104. straight, 105. overheard

106. The woods _____ the house.

- v. to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection

107. To advance this discussion, we must _____ "success" rigorously.

- v. to state or explain precisely the nature, scope, or meaning of something

108. Solar gravity creates _____ pressures and temperatures.

- adj. very great in amount or degree

109. She devoted herself to _____ the chicken in a pan until it was crispy and golden brown.

- v. to cook food, especially meat or fish, in hot fat or oil

110. The abolition of _____ in the United States was a major achievement in the fight for human rights.

- n. the practice or system of owning, buying, and selling people as property and forcing them to work

111. I need to _____ my hair before I go to the party.

- v. to make something straight or orderly; to adjust or fix something crooked, bent, or misaligned

112. Only a small number of _____ utilities offer sanitation services.

- adj. relating to or located in a town or city

113. He was known to be very _____ and would often work late into the night.

- adj. hardworking, diligent, and persistent in effort

ANSWERS: 106. embrace, 107. define, 108. extreme, 109. frying, 110. slavery, 111. straighten, 112. urban, 113. industrious

114. Several _____ indicators correlate with care admission.

- n.* a statistic characterizing that describes people or groups of people based on their age, sex, income, etc.

115. Is this painting _____ or forged?

- adj.* real and exactly; not pretended; sincerely felt or expressed

116. She studies gardening on a _____ basis.

- n.* a usual or habitual way of doing things; a set sequence of steps, part of a larger computer program

117. We hit the ground to _____ out the rabbits.

- v.* to frighten a person or animal, or to become frightened

118. The mental health _____ often prevents people from seeking treatment.

- n.* a mark of shame or disgrace associated with a particular circumstance, quality, or person

119. The terrorist's _____ remains unknown.

- n.* the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another

120. He _____ from commenting on the controversial topic.

- v.* to avoid or stop doing something; to hold oneself back from an action

121. The politician remained _____ despite intense media scrutiny.

- adj.* without any or little sound

122. Racial equality is an integral part of democratic _____.

- n.* a set of beliefs or philosophies that an economic or political system is based on

ANSWERS: 114. demographic, 115. genuine, 116. routine, 117. scare, 118. stigma, 119. identity, 120. refrained, 121. silent, 122. ideology

123. I decided to ____ for premature retirement.

- v.* to make a choice from a range of possibilities

124. The boss tried to _____ his subordinate with threats.

- v.* to make someone fearful or uneasy so that they will do something that you want them to do

125. The girl _____ a garland for her friend.

- v.* to make cloth, a carpet, a basket, etc., by repeatedly crossing a single thread through two sets of long threads at a right angle to them

126. The stages of the play were meticulously _____

- adj.* known to be real and what people say it is; not a fake or copy

127. The ____ truth was that he had been lying to her for months.

- adj.* unattractive in appearance; unpleasant to look at

128. The cat _____ into a ball and went to sleep.

- v.* to form or make something form into a curved or spiral shape; (noun) a round shape formed by a series of concentric circles

129. Our world is in the third _____.

- n.* a span of 1000 years, or the 1000th anniversary (plural: millennia)

130. The majority of consumers _____ this brand with quality.

- v.* to mentally connect someone or something with someone or something else

131. She always wore her hair in a single _____ down her back.

- n.* a complex pattern, design, or plait formed out of three or more strands, often used decoratively in hair, clothing, or textiles; threads of silk, cotton, or other material attached to clothes, uniforms, or other things made of cloth, as a decoration

ANSWERS: 123. opt, 124. intimidate, 125. weaves, 126. authentic, 127. ugly, 128. curled, 129. millennium, 130. associate, 131. braid

132. Scientific knowledge will _____ significantly with the power of AI.
v. to go or move forward; to develop in a positive way
133. The company has been successful in maintaining the status _____.
n. the existing state or condition of something, especially in relation to a particular situation or issue
134. The _____ crime shocked the whole community.
adj. extremely wicked or cruel; evil
135. The _____ firefighter rescued the family from the burning building.
adj. showing courage or fearlessness in the face of danger, difficulty, or adversity
136. Some comic book characters are considered gay _____.
n. a picture or statue of a holy person considered to be a sacred thing; a little icon on the screen of a computer or smartphone that denotes an application or a file
137. The _____ nature of life should remind us to cherish every moment.
adj. not lasting or enduring; temporary, transitory, or fleeting
138. His _____ bedroom is always a source of frustration for his mother.
adj. disorganized and untidy
139. Competition between countries resulted in fast technological _____.
n. the development, improvement, or progress of something
140. She was _____ to speak in public but eventually overcame her fear.
adj. unsure or uncertain about what to do or how to act; reluctant or unwilling to take action or make a decision

ANSWERS: 132. advance, 133. quo, 134. heinous, 135. brave, 136. icons, 137. impermanent, 138. messy, 139. advancement, 140. hesitant

141. Driving is difficult for me because of my poor _____.

n. the ability to think about or see the future with imagination and intelligence; the faculty of being able to see

142. He is a man admired for the depth of his _____.

n. a belief, opinion, or image you have based on how you regard, understand, or interpret something; the ability to see, hear, or notice something through the senses

143. These descriptions are based on a number of _____ assumptions.

adj. amounting to a large indefinite number

144. _____ a society is an organism.

adv. relating to the essential features or concepts of anything

ANSWERS: 141. vision, 142. perception, 143. numerous, 144. Essentially,