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Vocabulary Builder Reference from...

Cheyenne Cochrane: A celebration of natural hair | TED Talk

https://www.ted.com/talks/cheyenne_cochrane_a_celebration_of_natural_hair

Advanced Words Only

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Session 1: Word List

segregate

v. to separate or set apart from others, often based on race, gender, or some other characteristic

synonym: isolate, separate, divide

(1) **segregate** by race, (2) **segregate** boys and girls

The school board decided to **segregate** students by the ability to meet their needs better.

overhear

v. to hear what other people are saying without intending to and their knowledge

synonym: catch, eavesdrop

(1) happen to **overhear** a conversation, (2) accidentally **overheard** their talk

She was inside at the time and **overheard** the conversation.

mortify

v. to cause extreme embarrassment, shame, or humiliation; to subdue or discipline one's bodily passions or desires

synonym: humiliate, embarrass, shame

(1) **mortify** his ego, (2) **mortify** the body

My parents used to **mortify** me by telling embarrassing stories about me in front of my friends.

embarrass

v. to cause someone to feel awkward, worried, or ashamed
synonym: disconcert, unsettle, agitate

(1) **embarrass** political enemy, (2) **embarrass** my project
He looked for an opportunity to **embarrass** that actor in public.

offend

v. to cause someone to feel upset, angry, or annoyed
synonym: insult, hurt, anger

(1) **offend** his sensibilities, (2) **offend** a customer
His rude comments **offended** many people at the party.

industrious

adj. hardworking, diligent, and persistent in effort
synonym: diligent, hardworking, assiduous

(1) **industrious** worker, (2) **industrious** student
He was known to be very **industrious** and would often work late into the night.

straighten

v. to make something straight or orderly; to adjust or fix something crooked, bent, or misaligned
synonym: even up, align, untangle

(1) **straighten** out a problem, (2) **straighten** a crooked picture
I need to **straighten** my hair before I go to the party.

impermanent

adj. not lasting or enduring; temporary, transitory, or fleeting
synonym: temporary, fleeting

(1) **impermanent** tattoo, (2) **impermanent** hair color
The **impermanent** nature of life should remind us to cherish every moment.

heinous

adj. extremely wicked or cruel; evil
synonym: evil, wicked, cruel

(1) **heinous** firm, (2) **heinous** act
The **heinous** crime shocked the whole community.

Negro

n. ("Negro" is now considered out of date and offensive) a term that was once used to refer to people of African descent, especially those living in the United States

synonym : African American

(1) **Negro** literature, (2) American **Negro**

They developed **Negro** blues with a lively rhythm.

staple

adj. essential, crucial, or regularly used

synonym : essential, fundamental, pivotal

(1) **staple** commodities, (2) **staple** crop

Rice and beans are a **staple** food in many cultures.

obsess

v. to fill the mind of someone continually so that one can't think of anything else

synonym : torment, beset, engross

(1) **obsess** over her weight, (2) he is **obsessed** with the fear

He's utterly **obsessed** with his promotion.

institutionalize

v. to establish or make something a part of an institution (= a place such as a university, hospital, etc.)

synonym : formalize, establish, regularize

(1) **institutionalize** a system, (2) **institutionalize** customary laws

The new policy aims to **institutionalize** the use of renewable energy sources.

determinant

n. a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

synonym : cause, factor, element

(1) environmental **determinant**, (2) a **determinant** of crop yields

One **determinant** of success is having a positive attitude and a strong work ethic.

invade

v. to enter aggressively into another's territory by military force for conquest and occupation

synonym: intrude, raid, overrun

(1) **invade** other tissues, (2) **invade** his privacy

I have no intention to **invade** your privacy.

infect

v. to affect a person, an animal, or a plant with a disease-causing organism

synonym: pollute, contaminate, affect

(1) **infect** other animal species, (2) **infect** a computer with a virus

Children often **infect** parents with this head cold.

scalp

n. the skin that covers the top of a person's head, together with the hair growing on it; also, the part of the body that is most vulnerable to an attack

synonym: hair cover, pelt, epidermis

(1) **scalp** massage, (2) **scalp** condition

I have an itchy **scalp** and need to switch to a different shampoo.

wig

n. a head covering made of synthetic or real hair worn for a variety of reasons, including as a fashion accessory, to conceal hair loss or baldness, or as part of a costume

synonym: hairpiece, toupee, hair system

(1) curly **wig**, (2) blonde **wig**

She decided to wear a pink **wig** to the costume party.

weave

v. to make cloth, a carpet, a basket, etc., by repeatedly crossing a single thread through two sets of long threads at a right angle to them

synonym: braid, unite, contrive

(1) **weave** on a loom, (2) **weave** a story

The girl **weaves** a garland for her friend.

dreadlocks

n. a hairstyle in which the hair is left to grow into long, matted strands, often associated with Rastafarianism

and Jamaican culture

(1) **dreadlocks** hairstyle, (2) tangled **dreadlocks**

Her long and thick **dreadlocks** were styled in a beautiful updo.

intimidate

v. to make someone fearful or uneasy so that they will do something that you want them to do

synonym: frighten, threaten, terrify

(1) **intimidate** an opponent, (2) effectively **intimidate** a thief

The boss tried to **intimidate** his subordinate with threats.

stigma

n. a mark of shame or disgrace associated with a particular circumstance, quality, or person

synonym: mark, blemish, disgrace

(1) social **stigma**, (2) **stigma** against obesity

The mental health **stigma** often prevents people from seeking treatment.

hairstyle

n. the way in which a person's hair is cut, styled, or arranged on their head

synonym: hairdo, coiffure, haircut

(1) modern **hairstyle**, (2) bob **hairstyle**

My sister got a new **hairstyle** for her job interview.

manicure

n. a cosmetic treatment for the hands and nails, typically involving the trimming, shaping, and polishing of the nails, as well as the softening and moisturizing of the hands

synonym: nail care, nail treatment

(1) **manicure** tools, (2) professional **manicure**

I need to schedule a **manicure** appointment before my sister's wedding.

pave

v. to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use

synonym: surface, coat, cover

(1) **pave** a new path, (2) **pave** a smoother road
They **paved** the courtyard with bricks, giving it a more polished appearance.

brittle

adj. easily broken, cracked, or shattered when subjected to pressure or stress; lacking flexibility or resilience; fragile
synonym: fragile, breakable, delicate

(1) **brittle** bones, (2) **brittle** material

The old books in the library were so **brittle** that they crumbled upon touch.

reluctantly

adv. in a way that you are unwilling to do something; with hesitation

synonym: unwillingly, hesitantly, grudgingly

(1) **reluctantly** approve the idea, (2) **reluctantly** leave

He **reluctantly** agreed to go to the party.

hesitant

adj. unsure or uncertain about what to do or how to act; reluctant or unwilling to take action or make a decision

synonym: indecisive, uncertain, reluctant

(1) **hesitant** response, (2) **hesitant** to take action

She was **hesitant** to speak in public but eventually overcame her fear.

paralyze

v. to cause a person or part of the body to become unable to move or feel

synonym: immobilize, disable, numb

(1) **paralyze** a city, (2) **paralyze** a person

The venom from the snake bite **paralyzed** his arm.

individuality

n. the qualities or characters that distinguish a particular person or thing from others of the same kind

synonym: personality, distinctiveness, eccentricity

(1) your **individuality**, (2) emphasize **individuality**

He has a strong sense of **individuality**.

empower

v. to give someone the power or authority to do something
synonym: authorize, endow, entitle

(1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

flourish

v. to grow or develop vigorously or successfully
synonym: boom, advance, succeed

(1) **flourish** economically, (2) **flourish** worldwide

The Ottoman Empire **flourished** for over five centuries.

confine

v. to restrict the movement of someone or something
synonym: restrict, limit, contain

(1) **confine** themselves solely, (2) **confine** the scope of use

The animal was **confined** in a small cage.

quo

n. the existing state or condition of something, especially in relation to a particular situation or issue

synonym: status, condition, state

(1) status **quo** politician, (2) **quo** warranto

The company has been successful in maintaining the status **quo**.

braid

n. a complex pattern, design, or plait formed out of three or more strands, often used decoratively in hair, clothing, or textiles; threads of silk, cotton, or other material attached to clothes, uniforms, or other things made of cloth, as a decoration

synonym: plait, twist, weave

(1) **braid** hair, (2) elastic cord **braid**

She always wore her hair in a single **braid** down her back.

drape

v. to arrange or hang cloth or clothing loosely over something, typically in a decorative way; to cover or decorate loosely with material

synonym: cover, hang, arrange

(1) **drape** a coat, (2) **drape** a curtain

She **draped** a shawl over her shoulders to keep warm.

applaud

v. to express approval of someone or something by clapping the hands

synonym: clap, celebrate, praise

(1) **applaud** his courage, (2) **applaud** the orchestra

I enthusiastically **applaud** my rival's achievement.

stray

v. to move about aimlessly or without any destination; to move away from the right course or place where you should be

synonym: deviate, err, depart

(1) **stray** beyond the confines, (2) **stray** from a rule

Tourists often get lost and **stray** into a restricted area.

rev

n. a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute

synonym: revolution, RPM, speed

(1) low- **rev** engine, (2) **rev** up the crowd

He stepped on the gas pedal, and the engine released a loud **rev**.

Session 2: Spelling

1. a det_____nt of crop yields *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
2. he_____s firm *adj.* extremely wicked or cruel; evil
3. ap_____d his courage *v.* to express approval of someone or something by clapping the hands
4. br_____e bones *adj.* easily broken, cracked, or shattered when subjected to pressure or stress; lacking flexibility or resilience; fragile
5. elastic cord br__d *n.* a complex pattern, design, or plait formed out of three or more strands, often used decoratively in hair, clothing, or textiles; threads of silk, cotton, or other material attached to clothes, uniforms, or other things made of cloth, as a decoration
6. blonde w_g *n.* a head covering made of synthetic or real hair worn for a variety of reasons, including as a fashion accessory, to conceal hair loss or baldness, or as part of a costume
7. em_____r the secretary to do the same *v.* to give someone the power or authority to do something
8. em_____ss political enemy *v.* to cause someone to feel awkward, worried, or ashamed

ANSWERS: 1. determinant, 2. heinous, 3. applaud, 4. brittle, 5. braid, 6. wig, 7. empower, 8. embarrass

9. effectively int_____te a thief *v.* to make someone fearful or uneasy so that they will do something that you want them to do
10. br__d hair *n.* a complex pattern, design, or plait formed out of three or more strands, often used decoratively in hair, clothing, or textiles; threads of silk, cotton, or other material attached to clothes, uniforms, or other things made of cloth, as a decoration
11. co_____e the scope of use *v.* to restrict the movement of someone or something
12. br_____e material *adj.* easily broken, cracked, or shattered when subjected to pressure or stress; lacking flexibility or resilience; fragile
13. of____d a customer *v.* to cause someone to feel upset, angry, or annoyed
14. professional ma_____re *n.* a cosmetic treatment for the hands and nails, typically involving the trimming, shaping, and polishing of the nails, as well as the softening and moisturizing of the hands
15. sc__p condition *n.* the skin that covers the top of a person's head, together with the hair growing on it; also, the part of the body that is most vulnerable to an attack
16. ins_____ize a system *v.* to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
17. fl_____sh economically *v.* to grow or develop vigorously or successfully

ANSWERS: 9. intimidate, 10. braid, 11. confine, 12. brittle, 13. offend, 14. manicure, 15. scalp, 16. institutionalize, 17. flourish

18. he_____nt to take action *adj.* unsure or uncertain about what to do or how to act; reluctant or unwilling to take action or make a decision
19. ob____s over her weight *v.* to fill the mind of someone continually so that one can't think of anything else
20. environmental det_____nt *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
21. rel_____ly leave *adv.* in a way that you are unwilling to do something; with hesitation
22. emphasize ind_____ity *n.* the qualities or characters that distinguish a particular person or thing from others of the same kind
23. se_____te boys and girls *v.* to separate or set apart from others, often based on race, gender, or some other characteristic
24. st__y beyond the confines *v.* to move about aimlessly or without any destination; to move away from the right course or place where you should be
25. mo_____y his ego *v.* to cause extreme embarrassment, shame, or humiliation; to subdue or discipline one's bodily passions or desires
26. happen to ov_____ar a conversation *v.* to hear what other people are saying without intending to and their knowledge
27. dre_____ks hairstyle *n.* a hairstyle in which the hair is left to grow into long, matted strands, often associated with Rastafarianism and Jamaican culture

ANSWERS: 18. hesitant, 19. obsess, 20. determinant, 21. reluctantly, 22. individuality, 23. segregate, 24. stray, 25. mortify, 26. overhear, 27. dreadlocks

28. imp_____nt tattoo *adj.* not lasting or enduring; temporary, transitory, or fleeting
29. status q_o politician *n.* the existing state or condition of something, especially in relation to a particular situation or issue
30. your ind_____ity *n.* the qualities or characters that distinguish a particular person or thing from others of the same kind
31. bob ha_____le *n.* the way in which a person's hair is cut, styled, or arranged on their head
32. fl_____sh worldwide *v.* to grow or develop vigorously or successfully
33. American Ne__o *n.* ("Negro" is now considered out of date and offensive) a term that was once used to refer to people of African descent, especially those living in the United States
34. we__e a story *v.* to make cloth, a carpet, a basket, etc., by repeatedly crossing a single thread through two sets of long threads at a right angle to them
35. pa_____ze a person *v.* to cause a person or part of the body to become unable to move or feel
36. social st____a *n.* a mark of shame or disgrace associated with a particular circumstance, quality, or person
37. dr__e a curtain *v.* to arrange or hang cloth or clothing loosely over something, typically in a decorative way; to cover or decorate loosely with material

ANSWERS: 28. impermanent, 29. quo, 30. individuality, 31. hairstyle, 32. flourish, 33. Negro, 34. weave, 35. paralyze, 36. stigma, 37. drape

38. accidentally ov____ard their talk *v.* to hear what other people are saying without intending to and their knowledge
39. st__y from a rule *v.* to move about aimlessly or without any destination; to move away from the right course or place where you should be
40. in___t other animal species *v.* to affect a person, an animal, or a plant with a disease-causing organism
41. curly w_g *n.* a head covering made of synthetic or real hair worn for a variety of reasons, including as a fashion accessory, to conceal hair loss or baldness, or as part of a costume
42. st___e commodities *adj.* essential, crucial, or regularly used
43. imp_____nt hair color *adj.* not lasting or enduring; temporary, transitory, or fleeting
44. ins_____ize customary laws *v.* to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
45. r_v up the crowd *n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
46. q_o warranto *n.* the existing state or condition of something, especially in relation to a particular situation or issue
47. p__e a smoother road *v.* to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use

ANSWERS: 38. overhear, 39. stray, 40. infect, 41. wig, 42. staple, 43. impermanent, 44. institutionalize, 45. rev, 46. quo, 47. pave

48. tangled dre_____ks *n.* a hairstyle in which the hair is left to grow into long, matted strands, often associated with Rastafarianism and Jamaican culture
49. st___a against obesity *n.* a mark of shame or disgrace associated with a particular circumstance, quality, or person
50. in___e his privacy *v.* to enter aggressively into another's territory by military force for conquest and occupation
51. pa_____ze a city *v.* to cause a person or part of the body to become unable to move or feel
52. str_____en out a problem *v.* to make something straight or orderly; to adjust or fix something crooked, bent, or misaligned
53. sc__p massage *n.* the skin that covers the top of a person's head, together with the hair growing on it; also, the part of the body that is most vulnerable to an attack
54. co_____e themselves solely *v.* to restrict the movement of someone or something
55. ind_____us worker *adj.* hardworking, diligent, and persistent in effort
56. he_____nt response *adj.* unsure or uncertain about what to do or how to act; reluctant or unwilling to take action or make a decision
57. em_____r my life *v.* to give someone the power or authority to do something
58. modern ha_____le *n.* the way in which a person's hair is cut, styled, or arranged on their head

ANSWERS: 48. dreadlocks, 49. stigma, 50. invade, 51. paralyze, 52. straighten, 53. scalp, 54. confine, 55. industrious, 56. hesitant, 57. empower, 58. hairstyle

59. we__e on a loom *v.* to make cloth, a carpet, a basket, etc., by repeatedly crossing a single thread through two sets of long threads at a right angle to them
60. he is ob___sed with the fear *v.* to fill the mind of someone continually so that one can't think of anything else
61. int_____te an opponent *v.* to make someone fearful or uneasy so that they will do something that you want them to do
62. ma_____re tools *n.* a cosmetic treatment for the hands and nails, typically involving the trimming, shaping, and polishing of the nails, as well as the softening and moisturizing of the hands
63. rel_____ly approve the idea *adv.* in a way that you are unwilling to do something; with hesitation
64. dr__e a coat *v.* to arrange or hang cloth or clothing loosely over something, typically in a decorative way; to cover or decorate loosely with material
65. he_____s act *adj.* extremely wicked or cruel; evil
66. em_____ss my project *v.* to cause someone to feel awkward, worried, or ashamed
67. in___t a computer with a virus *v.* to affect a person, an animal, or a plant with a disease-causing organism
68. st___e crop *adj.* essential, crucial, or regularly used
69. Ne__o literature *n.* ("Negro" is now considered out of date and offensive) a term that was once used to refer to people of African descent, especially those living in the United States

ANSWERS: 59. weave, 60. obsess, 61. intimidate, 62. manicure, 63. reluctantly, 64. drape, 65. heinous, 66. embarrass, 67. infect, 68. staple, 69. Negro

Session 3: Fill in the Blanks

1. His rude comments _____ many people at the party.
v. to cause someone to feel upset, angry, or annoyed

2. Her long and thick _____ were styled in a beautiful updo.
n. a hairstyle in which the hair is left to grow into long, matted strands, often associated with Rastafarianism and Jamaican culture

3. The new policy aims to _____ the use of renewable energy sources.
v. to establish or make something a part of an institution (= a place such as a university, hospital, etc.)

4. The _____ crime shocked the whole community.
adj. extremely wicked or cruel; evil

5. He has a strong sense of _____.
n. the qualities or characters that distinguish a particular person or thing from others of the same kind

6. The boss tried to _____ his subordinate with threats.
v. to make someone fearful or uneasy so that they will do something that you want them to do

7. The mental health _____ often prevents people from seeking treatment.
n. a mark of shame or disgrace associated with a particular circumstance, quality, or person

ANSWERS: 1. offended, 2. dreadlocks, 3. institutionalize, 4. heinous, 5. individuality, 6. intimidate, 7. stigma

8. They _____ the courtyard with bricks, giving it a more polished appearance.
v. to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
9. I enthusiastically _____ my rival's achievement.
v. to express approval of someone or something by clapping the hands
10. She _____ a shawl over her shoulders to keep warm.
v. to arrange or hang cloth or clothing loosely over something, typically in a decorative way; to cover or decorate loosely with material
11. He _____ agreed to go to the party.
adv. in a way that you are unwilling to do something; with hesitation
12. He was known to be very _____ and would often work late into the night.
adj. hardworking, diligent, and persistent in effort
13. The _____ nature of life should remind us to cherish every moment.
adj. not lasting or enduring; temporary, transitory, or fleeting
14. Children often _____ parents with this head cold.
v. to affect a person, an animal, or a plant with a disease-causing organism
15. The animal was _____ in a small cage.
v. to restrict the movement of someone or something
16. I have an itchy _____ and need to switch to a different shampoo.
n. the skin that covers the top of a person's head, together with the hair growing on it; also, the part of the body that is most vulnerable to an attack

ANSWERS: 8. paved, 9. applaud, 10. draped, 11. reluctantly, 12. industrious, 13. impermanent, 14. infect, 15. confined, 16. scalp

17. One _____ of success is having a positive attitude and a strong work ethic.
- n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
18. I have no intention to _____ your privacy.
- v.* to enter aggressively into another's territory by military force for conquest and occupation
19. My sister got a new _____ for her job interview.
- n.* the way in which a person's hair is cut, styled, or arranged on their head
20. The venom from the snake bite _____ his arm.
- v.* to cause a person or part of the body to become unable to move or feel
21. My parents used to _____ me by telling embarrassing stories about me in front of my friends.
- v.* to cause extreme embarrassment, shame, or humiliation; to subdue or discipline one's bodily passions or desires
22. The girl _____ a garland for her friend.
- v.* to make cloth, a carpet, a basket, etc., by repeatedly crossing a single thread through two sets of long threads at a right angle to them
23. They developed _____ blues with a lively rhythm.
- n.* ("Negro" is now considered out of date and offensive) a term that was once used to refer to people of African descent, especially those living in the United States
24. I need to _____ my hair before I go to the party.
- v.* to make something straight or orderly; to adjust or fix something crooked, bent, or misaligned

ANSWERS: 17. determinant, 18. invade, 19. hairstyle, 20. paralyzed, 21. mortify, 22. weaves, 23. Negro, 24. straighten

25. The company has been successful in maintaining the status ____.
- n.* the existing state or condition of something, especially in relation to a particular situation or issue
26. She decided to wear a pink ____ to the costume party.
- n.* a head covering made of synthetic or real hair worn for a variety of reasons, including as a fashion accessory, to conceal hair loss or baldness, or as part of a costume
27. She was _____ to speak in public but eventually overcame her fear.
- adj.* unsure or uncertain about what to do or how to act; reluctant or unwilling to take action or make a decision
28. Tourists often get lost and _____ into a restricted area.
- v.* to move about aimlessly or without any destination; to move away from the right course or place where you should be
29. She was inside at the time and _____ the conversation.
- v.* to hear what other people are saying without intending to and their knowledge
30. The old books in the library were so _____ that they crumbled upon touch.
- adj.* easily broken, cracked, or shattered when subjected to pressure or stress; lacking flexibility or resilience; fragile
31. Rice and beans are a _____ food in many cultures.
- adj.* essential, crucial, or regularly used
32. She always wore her hair in a single _____ down her back.
- n.* a complex pattern, design, or plait formed out of three or more strands, often used decoratively in hair, clothing, or textiles; threads of silk, cotton, or other material attached to clothes, uniforms, or other things made of cloth, as a decoration

ANSWERS: 25. quo, 26. wig, 27. hesitant, 28. stray, 29. overheard, 30. brittle, 31. staple, 32. braid

33. The school board decided to _____ students by the ability to meet their needs better.
- v. to separate or set apart from others, often based on race, gender, or some other characteristic
34. He's utterly _____ with his promotion.
- v. to fill the mind of someone continually so that one can't think of anything else
35. He looked for an opportunity to _____ that actor in public.
- v. to cause someone to feel awkward, worried, or ashamed
36. The Ottoman Empire _____ for over five centuries.
- v. to grow or develop vigorously or successfully
37. I need to schedule a _____ appointment before my sister's wedding.
- n. a cosmetic treatment for the hands and nails, typically involving the trimming, shaping, and polishing of the nails, as well as the softening and moisturizing of the hands
38. The company _____ employees to buy low-price items without approval to achieve efficient purchasing.
- v. to give someone the power or authority to do something
39. He stepped on the gas pedal, and the engine released a loud ____.
- n. a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute

ANSWERS: 33. segregate, 34. obsessed, 35. embarrass, 36. flourished, 37. manicure, 38. empowered, 39. rev