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Vocabulary Builder Reference from...

Jamie Oliver: Food revolutionaries | TED Talk

https://www.ted.com/talks/jamie_oliver_food_revolutionaries

Advanced Words Only

IMPORTANT

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Session 1: Word List

empower

v. to give someone the power or authority to do something

synonym: authorize, endow, entitle

(1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

profoundly

adv. to a great or complete degree; deeply

synonym: deeply, greatly, completely

(1) **profoundly** insightful, (2) sleep **profoundly**

The novel affected her **profoundly**, causing her to question her beliefs and values.

narrator

n. a person who tells a story, especially in a book or film

synonym: teller, storyteller

(1) first-person **narrator**, (2) the **narrator** of the TV program

The **narrator** makes use of the local dialect.

chop

v. to cut something into pieces with a sharp tool, such as a knife

synonym: cut, hack, slice

(1) **chop** wood, (2) **chop** a meet with a knife

The cook **chopped** the vegetables for the soup.

manor

n. a large estate or landed property usually comprises a lord's residence and the associated lands and buildings; a grand house or a country estate; a legal jurisdiction associated with a lord's control over an area

synonym: estate, mansion, residence

(1) **manor** estate, (2) grand **manor**

She inherited a beautiful **manor** from her ancestors, complete with sprawling gardens and a grand ballroom.

physic

n. a medicine or drug used to treat or alleviate illnesses; the practice of medicine or healing

synonym: medicine, remedy, treatment

(1) herbal **physic**, (2) **physic** garden

The doctor suggested a dose of **physic** to help with his digestive issues.

yell

v. to shout in a sudden and loud way

synonym: shout, scream, cry

(1) **yell** for help, (2) **yell** as loud as we can

When I asked my father for more money, he became furious and **yelled** at me.

excite

v. to make someone feel suddenly enthusiastic or eager

synonym: thrill, exhilarate, animate

(1) **excite** the crowd, (2) **excite** rebellion

The news of her promotion **excited** her.

compost

n. a mixture of organic matter, such as food scraps, yard waste, and manure, that is allowed to decompose and is used as fertilizer for plants and garden soil

synonym: fertilizer, humus, manure

(1) organic **compost**, (2) **compost** pile

You can add coffee grounds and crushed eggshells to your **compost** to improve the pH balance.

broccoli

n. a green vegetable with a bunch of small, tight florets on a thick stem that belongs to the cabbage family

(1) frozen **broccoli**, (2) **broccoli** sprout
He didn't like **broccoli** floret and avoided eating it.

chirp

n. a short, sharp sound that is made by birds or insects or by electronic devices such as alarms or beepers

synonym : tweet, chirrup, peep

(1) the **chirp** of a bird, (2) the **chirp** of a cricket

The sound of the **chirp** woke me up early in the morning.

reluctance

n. a feeling of unwillingness or hesitation, especially when faced with a decision or undertaking

synonym : hesitation, resistance, unwillingness

(1) overcoming **reluctance**, (2) **reluctance** in buying

The company's **reluctance** to invest in new technology kept them from competing with other businesses.

picky

adj. overly particular or selective, especially about food or other consumable goods; difficult to please or satisfy because of one's specific tastes or preferences

synonym : fussy, choosy, particular

(1) **picky** personality, (2) **picky** about details

My **picky** eater only likes to eat certain types of vegetables.

Session 2: Spelling

1. ma__r estate
n. a large estate or landed property usually comprises a lord's residence and the associated lands and buildings; a grand house or a country estate; a legal jurisdiction associated with a lord's control over an area
2. ph___c garden
n. a medicine or drug used to treat or alleviate illnesses; the practice of medicine or healing
3. sleep pro_____ly
adv. to a great or complete degree; deeply
4. em_____r the secretary to do the same
v. to give someone the power or authority to do something
5. c__p wood
v. to cut something into pieces with a sharp tool, such as a knife
6. c__p a meet with a knife
v. to cut something into pieces with a sharp tool, such as a knife
7. em_____r my life
v. to give someone the power or authority to do something
8. y__l for help
v. to shout in a sudden and loud way
9. pi__y about details
adj. overly particular or selective, especially about food or other consumable goods; difficult to please or satisfy because of one's specific tastes or preferences
10. pro_____ly insightful
adv. to a great or complete degree; deeply
11. co_____t pile
n. a mixture of organic matter, such as food scraps, yard waste, and manure, that is allowed to decompose and is used as fertilizer for plants and garden soil

ANSWERS: 1. manor, 2. physic, 3. profoundly, 4. empower, 5. chop, 6. chop, 7. empower, 8. yell, 9. picky, 10. profoundly, 11. compost

12. pi__y personality *adj.* overly particular or selective, especially about food or other consumable goods; difficult to please or satisfy because of one's specific tastes or preferences
13. the na____or of the TV program *n.* a person who tells a story, especially in a book or film
14. br____li sprout *n.* a green vegetable with a bunch of small, tight florets on a thick stem that belongs to the cabbage family
15. herbal ph___c *n.* a medicine or drug used to treat or alleviate illnesses; the practice of medicine or healing
16. first-person na____or *n.* a person who tells a story, especially in a book or film
17. frozen br____li *n.* a green vegetable with a bunch of small, tight florets on a thick stem that belongs to the cabbage family
18. the ch__p of a cricket *n.* a short, sharp sound that is made by birds or insects or by electronic devices such as alarms or beepers
19. ex___e rebellion *v.* to make someone feel suddenly enthusiastic or eager
20. overcoming rel____ce *n.* a feeling of unwillingness or hesitation, especially when faced with a decision or undertaking
21. the ch__p of a bird *n.* a short, sharp sound that is made by birds or insects or by electronic devices such as alarms or beepers
22. y__l as loud as we can *v.* to shout in a sudden and loud way

ANSWERS: 12. picky, 13. narrator, 14. broccoli, 15. physic, 16. narrator, 17. broccoli, 18. chirp, 19. excite, 20. reluctance, 21. chirp, 22. yell

23. ex___e the crowd *v.* to make someone feel suddenly enthusiastic or eager
24. grand ma__r *n.* a large estate or landed property usually comprises a lord's residence and the associated lands and buildings; a grand house or a country estate; a legal jurisdiction associated with a lord's control over an area
25. organic co____t *n.* a mixture of organic matter, such as food scraps, yard waste, and manure, that is allowed to decompose and is used as fertilizer for plants and garden soil
26. rel_____ce in buying *n.* a feeling of unwillingness or hesitation, especially when faced with a decision or undertaking

ANSWERS: 23. excite, 24. manor, 25. compost, 26. reluctance

Session 3: Fill in the Blanks

1. My _____ eater only likes to eat certain types of vegetables.
adj. overly particular or selective, especially about food or other consumable goods; difficult to please or satisfy because of one's specific tastes or preferences
2. The news of her promotion _____ her.
v. to make someone feel suddenly enthusiastic or eager
3. You can add coffee grounds and crushed eggshells to your _____ to improve the pH balance.
n. a mixture of organic matter, such as food scraps, yard waste, and manure, that is allowed to decompose and is used as fertilizer for plants and garden soil
4. The company's _____ to invest in new technology kept them from competing with other businesses.
n. a feeling of unwillingness or hesitation, especially when faced with a decision or undertaking
5. He didn't like _____ floret and avoided eating it.
n. a green vegetable with a bunch of small, tight florets on a thick stem that belongs to the cabbage family
6. The novel affected her _____ causing her to question her beliefs and values.
adv. to a great or complete degree; deeply
7. When I asked my father for more money, he became furious and _____ at me.
v. to shout in a sudden and loud way

ANSWERS: 1. picky, 2. excited, 3. compost, 4. reluctance, 5. broccoli, 6. profoundly, 7. yelled

8. The doctor suggested a dose of _____ to help with his digestive issues.
- n.* a medicine or drug used to treat or alleviate illnesses; the practice of medicine or healing
9. The company _____ employees to buy low-price items without approval to achieve efficient purchasing.
- v.* to give someone the power or authority to do something
10. The sound of the _____ woke me up early in the morning.
- n.* a short, sharp sound that is made by birds or insects or by electronic devices such as alarms or beepers
11. She inherited a beautiful _____ from her ancestors, complete with sprawling gardens and a grand ballroom.
- n.* a large estate or landed property usually comprises a lord's residence and the associated lands and buildings; a grand house or a country estate; a legal jurisdiction associated with a lord's control over an area
12. The cook _____ the vegetables for the soup.
- v.* to cut something into pieces with a sharp tool, such as a knife
13. The _____ makes use of the local dialect.
- n.* a person who tells a story, especially in a book or film

ANSWERS: 8. physic, 9. empowered, 10. chirp, 11. manor, 12. chopped, 13. narrator