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Valarie Kaur: 3 lessons of revolutionary love in a time of rage | TED Talk

https://www.ted.com/talks/valarie_kaur_3_lessons_of_revolutionary_love_in_a_time_of_rage

All Words

IMPORTANT

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Session 1: Word List

pray

v. to make a request or petition to a higher power, especially in the form of a respectful or humble request

synonym: implore, supplicate, entreat

(1) **pray** devoutly, (2) **pray** for rain

She closed her eyes and **prayed** for strength to overcome difficult times.

labor

n. productive work, especially physical work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal

synonym: toil, moil, donkeywork

(1) seasonal **labor**, (2) manual **labor**

In several countries, child **labor** is a serious social problem.

stretch

v. to make or be capable of making anything longer or broader without hurting or breaking

synonym: lengthen, prolong, extend

(1) **stretch** along the coast, (2) **stretch** a story

Some herds have been observed to **stretch** hundreds of kilometers.

contraction

n. the act or process of becoming smaller or shorter in size, volume, or amount

synonym: shrinking, compression, reduction

(1) **contraction** of a disease, (2) **contraction** in the industry

The **contraction** of the economy has led to job losses.

medical

adj. relating to the treatment of illness or injuries; relating to the practice of medicine

synonym: health, disease, treatment

(1) a **medical** opinion, (2) temporary **medical** treatment

The **medical** team worked quickly to save the patient's life.

transition

n. the process or period of changing from one state or circumstance to another

synonym: change, growth, shift

(1) **transition** phase, (2) ensure a smooth **transition**

The nation's healthcare system is in **transition** at the moment.

sacral

adj. of, relating to, or located near the sacrum (= the triangular bone at the base of the spine between the hips)

(1) **sacral** nerve, (2) **sacral** spine

The yoga instructor showed the class how to do a **sacral** twist to stretch the lower back.

midwife

n. a person trained to assist women during childbirth and to provide care for the mother and baby

synonym: obstetrician, gynecologist, accoucheuse

(1) professional **midwife**, (2) serve as **midwife**

The clinical **midwife** assisted with the delivery of the baby.

par

n. a state of being equal to someone or something

synonym: equality, standard, balance

(1) above **par** performance, (2) not up to **par**

Shares in the company finally fell below their **par** value.

brave

adj. showing courage or fearlessness in the face of danger, difficulty, or adversity

synonym: courageous, valiant, heroic

(1) **brave** soldier, (2) **brave** decision

The **brave** firefighter rescued the family from the burning building.

suddenly

adv. quickly and unexpectedly

synonym: abruptly, unexpectedly, unawares

(1) **suddenly** attacked by an enemy, (2) die **suddenly**

Who answers **suddenly** knows little.

breath

n. the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs

synonym: air, puff, whiff

(1) hold your **breath**, (2) **breath** of wind

He bated his **breath** when talking about this affair.

sob

v. to cry or weep with short, sudden sounds

synonym: cry, weep, wail

(1) **sob** out a story, (2) **sob** quietly

She **sobbed** uncontrollably after hearing the news.

oxytocin

n. a hormone secreted by the pituitary which stimulates contractions of the uterus during labor (= the process of pushing out a baby) and the ejection of milk

(1) **oxytocin-degrading** enzyme, (2) **oxytocin** receptor

Women may increase **oxytocin** production through romantic love.

flood

n. a large amount of water flowing beyond its normal limits; an overwhelming number or amount

synonym: deluge, downpour, overflow

(1) **flood** advisory, (2) a **flood** of questions

These heavy rains caused flash **floods** on several islands.

nurse

n. a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury

synonym : healthcare worker, caregiver, medic

(1) **nurse** practitioner, (2) a volunteer **nurse**

The night shift **nurse** checked my vital signs before administering the medication.

fierce

adj. severe and violent in a way that is frightening

synonym : ferocious, convulsive, forceful

(1) **fierce** competition, (2) a **fierce** animal

The **fierce** thunders echoed across the plain.

bloody

adj. covered in or smeared with blood; involving or characterized by bloodshed or brutality

synonym : gory, gruesome, savage

(1) **bloody** massacre, (2) **bloody** diarrhea

The crime scene was **bloody** and gruesome.

imperfectly

adv. in a faulty or incomplete way

synonym : amiss, insufficiently, clumsily

(1) **imperfectly** developed, (2) **imperfectly** known disease

He created an **imperfectly** shaped torso.

communal

adj. belonging to or used by a group rather than individuals; for common use

synonym : collaborative, combined, collective

(1) **communal** swimming pool, (2) **communal** combination of funds

Communal elections were held in several European countries.

unjust

adj. not fair or equitable; lacking in justice or impartiality; morally unacceptable or wrong

synonym : unfair, inequitable

(1) **unjust** verdict, (2) **unjust** accusation

The ruling was considered **unjust** by many people in the community.

policy

n. a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

synonym: strategy, plan, guideline

(1) health **policy**, (2) foreign **policy**

The company's new **policy** on remote work has made it a more inclusive workplace.

injustice

n. a violation of the rights of others or the laws of a society

synonym: unfairness, bias, discrimination

(1) gross **injustice**, (2) **injustice** system

The **injustice** of the court's decision angered many people and led to protests.

frontline

adj. in the most critical or dangerous position; in the military line or part of an army closest to the enemy

synonym: battlefield, cutting edge

(1) **frontline** health workers, (2) at the **frontline** of the war

Within days, the new aircraft was in **frontline** service.

revolutionary

adj. relating to or characterized by a complete or dramatic change

synonym: radical, innovative, groundbreaking

(1) **revolutionary** change, (2) enforce **revolutionary** justice

The **revolutionary** leader inspired others to join the fight for freedom and democracy.

opponent

n. a person against whom you are playing or fighting in a game, competition, debate, etc.

synonym: adversary, competitor, enemy

(1) computer **opponent**, (2) death-penalty **opponent**

He was attempting to confuse his **opponent**.

enormous

adj. extremely large or great

synonym : huge, giant, gigantic

(1) **enormous** amount, (2) **enormous** potential

Shakespeare's output of poetry was **enormous**.

rage

n. a strong feeling of anger or violence

synonym : fury, anger, outrage

(1) uncontrollable **rage**, (2) fall into a **rage**

She was filled with a burning **rage** at the injustice she had witnessed.

cringe

v. to move back or away from someone or something because you are afraid or shocked; to shrink as in fear, disgust, or embarrassment

synonym : shrink, cower, quiver

(1) **cringe** with fear, (2) **cringe** at the thought of an accident

The dog **cringed** at its master voice.

encounter

v. to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet, especially unexpectedly

synonym : meet, run into, come across

(1) **encounter** a crisis, (2) **encounter** a storm

I'm prepared to **encounter** challenges throughout this adventure.

courtyard

n. an open space surrounded by buildings or walls, often in the center of a building or group of buildings

synonym : patio, garden, atrium

(1) quiet **courtyard**, (2) spacious **courtyard**

The hotel's beautiful **courtyard** was the perfect spot for a wedding reception.

hell

n. the place thought to be where bad people go and are punished after death, often depicted as being located beneath the earth; an extraordinarily unpleasant or difficult place

synonym : inferno, agony, misery

(1) run like **hell**, (2) **hell** broke loose

The battlefield became **hell** on earth.

Christ

n. the man that Christians believe is the prophet and the son of God, and whose life and sermons form the basis for Christianity

synonym : Savior, Jesus Christ, Jesus

(1) teaching of **Christ**, (2) before **Christ**

Christmas is the day to celebrate the birth of Christ.

guru

n. a spiritual teacher or leader, notably in Hindu and Sikh traditions; a person who has knowledge and expertise in a particular area

synonym : sage, mentor, master

(1) **guru** meditation, (2) spiritual **guru**

He was considered a **guru** in economics and consulted by many leaders.

faith

n. complete trust in something or someone's ability or knowledge; a strong belief in religion, divine power, etc.

synonym : belief, trust, confidence

(1) religious **faith**, (2) **faith** in government

He kept his robust **faith** in his company.

refuse

v. to show that one is not willing to do or accept something

synonym : turn down, deny, decline

(1) **refuse** a request, (2) **refuse** the company

My initial reaction was to **refuse**.

vow

v. to make a promise or commitment, usually formal and solemn

synonym : promise, pledge, swear

(1) **vow** allegiance to the new king, (2) **vow** never to give up

They **vowed** to love and support each other for the rest of their lives.

warrior

n. a person who engaged in or experienced warfare, especially in the past

synonym : fighter, soldier, combatant

(1) armored **warrior**, (2) **warrior** spirit

The poem depicts the heroics of a legendary **warrior**.

saint

n. a person who is recognized as having an exceptional degree of holiness, virtue, or devotion

synonym : holy person, martyr, angel

(1) **saint** statue, (2) the departed **saint**

The faithful follower venerated the **saint's** relic.

abandon

v. to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensity

synonym : relinquish, leave behind, disregard

(1) **abandon** a friend, (2) **abandon** the practice

The castle was **abandoned** several years later.

empire

n. a group of countries ruled by one leader or government

synonym : imperium, conglomerate, kingdom

(1) **empire** building, (2) **empire** of the Maya

He has built a thriving e-commerce **empire**.

mount

v. to increase, go up, or advance gradually or continuously; to prepare and supply with the necessary equipment for execution or performance; to ride on something or someone

synonym : climb, increase, get on

(1) **mount** a hill, (2) **mount** a counterattack

They **mounted** pictures on the paper in preparation for the birthday card.

Don

n. a Spanish gentleman; a university lecturer, especially a senior member of a college at Oxford or Cambridge

(1) the **don** of the university, (2) **Don** Giovanni

He could never go against what **Don** Carlos said.

turban

n. a headdress consisting of a long piece of cloth wound around the head and sometimes the face

synonym: headwrap, headscarf, headcloth

(1) **turban** on head, (2) **turban** shell

The man wore a **turban** as part of his traditional cultural attire.

braid

n. a complex pattern, design, or plait formed out of three or more strands, often used decoratively in hair, clothing, or textiles; threads of silk, cotton, or other material attached to clothes, uniforms, or other things made of cloth, as a decoration

synonym: plait, twist, weave

(1) **braid** hair, (2) elastic cord **braid**

She always wore her hair in a single **braid** down her back.

fast-forward

v. to advance or move forward in time or progress, particularly in a rapid or accelerated manner; to increase the playback speed of a recording

synonym: advance, hasten, speed up

(1) **fast-forward** 10 seconds, (2) **fast-forward** to the good part

I like to **fast-forward** through commercials when watching TV shows.

twin

n. either of two children born at the same time from the same mother

(1) a **twin-lens** camera, (2) a **twin** room

Its **twin** brothers are difficult to tell apart except for their parents.

horror

n. intense fear or disgust, especially at something shocking or terrifying

synonym: fear, terror, dread

(1) **horror** movie, (2) **horror-struck** look

The stories of war crimes filled her with **horror**.

stick

v. to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

synonym: pierce, adhere, stay

(1) **stick** a key in a lock, (2) fire **stick**

You **stick** a bill in the change machine, and the coins pop out.

flash

n. a sudden intense burst of radiant energy; a momentary brightness

synonym: sparkle, gleam, glimmer

(1) a **flash** of lightning, (2) brilliant **flash**

These heavy rains caused **flash** floods on several islands.

beard

n. hair that grows on a man's face, often around the mouth and chin

synonym: facial hair, whiskers, stubble

(1) a black **beard**, (2) shave my **beard**

He grew a thick **beard** to change his appearance.

nation

n. a large organized community of people living in a particular country or region and having a particular culture

synonym: country, state, sovereign entity

(1) **nation-state**, (2) a seafaring **nation**

The **nation** of Japan is known for its unique culture and advanced technology.

represent

v. to speak, act, or be present on behalf of another person or group; to form or constitute

synonym: depict, express, describe

(1) **represent** by a diagram, (2) the characters that **represent** numbers

We elected him to **represent** us at the international conference.

commitment

n. a promise or firm decision to do something or to behave in a certain way

synonym : burden, obligation, promise

(1) a **commitment** to an alliance, (2) meet his

commitments

His business **commitments** took him to the United States.

cast

v. to cause light or shadow to appear on a surface; to assign or choose someone such as an actor or representative, especially by selection process

synonym : throw, project, select

(1) **cast** a ballot, (2) **cast** a charming eye

This accident **cast** a dark shadow over their lives.

murder

n. the crime of killing somebody intentionally

synonym : slaying, killing

(1) **murder** in the second degree, (2) attempted **murder**

This intriguing **murder** mystery remains unsolved.

patriot

n. a person who loves their nation and would fight for it if required

synonym : nationalist, loyalist

(1) blind **patriot**, (2) zealous **patriot**

He is more of a hypocrite than a **patriot**, to be honest.

widow

n. a woman whose spouse has died and who has not remarried

synonym : bereaved

(1) **widow** pension, (2) a war **widow**

She became a **widow** after her husband passed away.

weep

v. to cry tears because of sadness, rage, or pain

synonym : cry, sob, mourn

(1) **weep** bitter tears, (2) **weep** for joy

I'm easily moved to tears, so I would **weep** in sympathy if I saw that movie.

blame

v. to think or say that someone or something did something wrong or is responsible for something bad

synonym: condemn, rebuke, find fault with

(1) **blame** circumstances for the failure, (2) **blame** the lack of knowledge

We **blamed** our impeded progress on lack of money.

memorial

n. a structure or monument to commemorate a person or event

synonym: monument, remembrance, tribute

(1) **memorial** address, (2) **memorial** park

The war **memorial** stands as a reminder of the sacrifices made by our ancestors.

degree

n. a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment

synonym: level, qualification, diploma

(1) bachelor's **degree**, (2) **degree** centigrade

She received her **degree** in psychology from the university.

shield

n. a protective covering or structure, especially in the past, that soldiers held in front of their bodies to protect themselves

synonym: guard, protection, safeguard

(1) a heat **shield**, (2) a **shield** for protecting against a bullet

Lead is an effective **shield** against X-rays, gamma rays, and other harmful radiation.

advocate

n. a person who supports or suggests an idea, development, or way of doing something

synonym: proponent, exponent, promoter

(1) an **advocate** of disarmament, (2) public education **advocates**

Advocates of abolishing the death penalty often argue that the alternative heaviest sentence should be life in prison.

supermax

adj. used to describe a high-security prison designed to house the most dangerous inmates, often characterized by strict confinement, reduced privileges, and intense surveillance

synonym : high-security, maximum-security, ultra-high-security

(1) **supermax** facility, (2) **supermax** security

A **supermax** prison is designed to house the most dangerous inmates.

shore

n. the land along the edge of a sea, lake, broad river, or other large body of water; (verb) to support by placing against something solid or rigid

synonym : coast, seaside, beach

(1) a sandy **shore**, (2) **shore** up demand

The waves are beating against the **shore**.

mass

n. a large amount of a substance with no definite shape or form; a large number of people or things grouped or crowded together

synonym : abundance, crowd, mob

(1) a **mass** of molten rock, (2) critical **mass**

The **mass** of people who do not own property is politically impotent.

lawsuit

n. a legal action taken by one party against another in a court of law, typically seeking damages or some other form of remedy for perceived wrongs or harms suffered

synonym : suit, legal action, litigation

(1) **lawsuit** settlement, (2) file a **lawsuit**

The company is facing a **lawsuit** for its alleged discrimination against employees.

nationalist

adj. relating to or supporting a political ideology that emphasizes a strong sense of national identity and devotion to one's own country

synonym : chauvinist, patriotic, jingoist

(1) **nationalist** sentiment, (2) **nationalist** revolt

The **nationalist** rally attracted thousands of supporters.

movement

n. a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

synonym: motion, progression, action

(1) a circular **movement**, (2) **movement** of troops

The **movement** of the dancers on stage was graceful and elegant.

globe

n. the earth or world, mainly used to emphasize its vastness

synonym: Earth, world, sphere

(1) terrestrial **globe**, (2) around the **globe**

His final goal is to sail around the **globe**.

capture

v. to catch a person or an animal and confine them in an area which they cannot escape

synonym: catch, arrest, imprison

(1) **capture** a glimpse, (2) **capture** customers' hearts

I was able to **capture** the moment on film.

presidency

n. the office or term of the President of a country or organization

synonym: leadership, administration, governance

(1) **presidency** term, (2) **presidency** duties

Her candidacy for the **presidency** has been met with both support and criticism.

statistics

n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

(1) **statistics** for cancer, (2) official **statistics**

The **statistics** demonstrate that poverty and unemployment are genuine problems.

supremacy

n. the state, condition, or position of being superior to all others in authority, power, or status

synonym: dominance, superiority, preeminence

(1) a race for **supremacy**, (2) **supremacy** of a country

The empire's military power ensured its **supremacy** over the neighboring states.

march

v. to walk militarily with stiff, regular steps

synonym: parade

(1) **march** against the war, (2) **march** east

The troops **marched** shoulder-to-shoulder.

torch

n. a portable device that produces a flame, typically one that is used to light a fire or a candle

synonym: flashlight, lantern, flare

(1) the **torch** of learning, (2) **torch** song

She used an electric **torch** to light her way through the dark cave.

hood

n. a covering for the head and neck, especially one attached to a garment

synonym: hoodie, cowl, cloak

(1) **hood** ornament, (2) a silk **hood**

He pulled his waterproof **hood** up to protect himself from the rain.

reckon

v. to think or believe something

synonym: regard, imagine, suppose

(1) hard to **reckon**, (2) **reckon** the company as a rival

He **reckons** that corruption was rampant in the regime.

criminal

n. a person who has committed a crime

synonym: offender, lawbreaker, delinquent

(1) wanted **criminal**, (2) **criminal** investigation

The police are searching for the **criminal** who stole the jewels.

illegal

adj. not allowed by law

synonym : banned, prohibited, illicit

(1) **illegal** drugs, (2) child of **illegal** immigrants

The customs agents seized the **illegal** shipment.

queer

adj. strange or odd, typically in an interesting or attractive way

synonym : strange, odd, unusual

(1) **queer** money, (2) **queer** fashion

The behavior of the clown at the party was quite **queer**.

indigenous

adj. someone or something that is native to or occurring naturally in a particular place

synonym : domestic, endemic, primitive

(1) **indigenous** crop, (2) **indigenous** peoples

The **indigenous** plants need to be pollinated by local insects.

property

n. a thing or things that belong to someone

synonym : belongings, possessions, equity

(1) a man of **property**, (2) chemical **property**

He stood to inherit a million-dollar **property**.

ban

v. to officially or legally forbid or refuse to allow something

synonym : forbid, prohibit, restrict

(1) **ban** gender-related job discrimination, (2) **ban** any type of cloning

We should **ban** mildly violent video games from a child's development perspective.

detain

v. to keep someone in official custody; to prevent them from leaving

synonym : hold, keep, detainment

(1) **detain** a terrorist, (2) **detain** for investigation

The police **detained** the suspect for questioning.

deport

v. to force someone to leave a country, typically on the grounds of illegal status or for having committed a crime

synonym : expel, banish, repatriate

(1) **deport** a refugee, (2) **deport** dissidents from the party

The government has decided to **deport** illegal immigrants back to their home countries.

imprison

v. to confine a person to a prison, a detention facility, or a place of involuntary confinement

synonym : incarcerate, detain, confine

(1) **imprison** illegal immigrant, (2) **imprison** myself within the room

He was **imprisoned** for embezzlement.

sacrifice

n. the act of killing an animal or person or surrendering a possession as an offering to a deity; (verb) to give up something important or valuable to help another person or get or do something that seems more important

synonym : forfeit, immolation, gift

(1) small **sacrifice** for a great cause, (2) **sacrifice** anything to get ahead

You cannot accomplish great things without a **sacrifice** of your time or money.

illusion

n. a false idea or belief, especially about somebody or about a situation

synonym : delusion, fallacy, magic trick

(1) optical **illusion**, (2) the **illusion** of being in the forest

He could no longer tell the difference between **illusion** and reality.

spot

n. a particular location or place; a small round or roundish area, differing in color or feels from the surface around it

synonym : dot, mark, place

(1) beauty **spot**, (2) a **spot** on his honor

This remote **spot** is rarely visited.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

synonym: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

frank

adj. honest and sincere; open and candid in expression

synonym: candid, direct, freehearted

(1) **frank** and open discussion, (2) make a **frank** apology

Full involvement means **frank** and prompt responses.

emotional

adj. relating to people's feelings

synonym: affecting, impactful, impressive

(1) **emotional** health, (2) **emotional** distress

Human **emotional** responses vary widely depending on the society to which they belong.

impulse

n. a sudden strong and unreflective wish or need to do something; the electrical discharge that travels along a nerve fiber

synonym: stimulation, provocation, urge

(1) a combative **impulse**, (2) profound religious **impulses**

Nerve **impulses** cross a synapse through the action of neurotransmitters.

responsible

adj. answerable or accountable for something within one's power, control, or management

synonym: accountable, answerable, liable

(1) **responsible** action, (2) **responsible** for a customer service

She's a **responsible** pet owner who ensures her dog gets enough exercise and a healthy diet.

heaven

n. (of various religious and mythological traditions) a place or state of existence considered to be the abode of the divine, the afterlife, or a higher realm of being; a state of

great happiness, contentment, or beauty

synonym : paradise, nirvana, utopia

(1) ascend to **heaven**, (2) **heaven** on earth

He felt like **heaven** when he tasted the delicious chocolate cake.

judge

n. a person who makes decisions in a court of law; (verb) to determine the result of or form a critical opinion of something

synonym : arbiter, justice, (verb) deduce

(1) **judge** a competition, (2) an associate **judge**

The strict **judge** ruled in favor of the plaintiff in the case.

forgiveness

n. the act of stopping feeling angry or resentful towards someone for a mistake or offense with compassion

synonym : pardon, amnesty, compassion

(1) **forgiveness** of liabilities, (2) beg for **forgiveness**

He gained debt **forgiveness**.

monster

n. an imaginary creature that is large and has various human and animal parts; someone or something large and powerful

synonym : giant, freak, behemoth

(1) horde of **monsters**, (2) **monster** film

This car has a **monster** engine.

threaten

v. to utter intentions of injury or punishment against someone

synonym : endanger, terrorize, intimidate

(1) **threaten** a healthy relationship, (2) **threaten** national security

Various artificially induced causes are **threatening** our ecosystem.

insecure

adj. not firm or firmly fixed; likely to fail or give way, or not assured of safety

synonym :

uncertain, unsure, unconfident

(1) an **insecure** future, (2) **insecure** attachment

Children in an unstructured environment often feel **insecure**.

trigger

v. to make something happen suddenly; to cause something such as a device, machine, etc. to function

synonym: activate, spark, drive

(1) **trigger** a biochemical response, (2) **trigger** inflation

The incident **triggered** a political controversy.

aim

v. to try or plan to get or achieve something

synonym: aspire, direct, target

(1) **aim** at a specific target, (2) **aim** to be a nurse

We **aim** for an overseas expansion.

participate

v. to take part in something

synonym: take part, partake, enter

(1) **participate** fully in conversation, (2) **participate** in the program

The majority of students actively **participated** in the college's intramural sports program.

oppress

v. to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people

synonym: antagonize, distress, burden

(1) **oppress** the minority, (2) **oppress** the people with force

Historically, many countries have often **oppressed** certain religions to gain the support of the majority of the population.

healing

n. the process of becoming or making somebody or something well again

synonym: recovery, recuperation, convalescence

(1) natural **healing** ability, (2) part of the **healing** process

Each ancient tribe has its **healing** traditions.

fanatic

adj. characterized by excessive enthusiasm or zeal; displaying irrational or extreme devotion to a cause, ideology, or person, often to the point of intolerance or extremism

synonym : zealous, extremist, passionate

(1) **fanatic** about germs, (2) **fanatic** devotion

The **fanatic** supporters of the sports team traveled across the country to watch the match.

demagogue

n. a political leader who gains power and popularity by appealing to people's emotions, prejudices, and biases, often by making false and misleading claims

synonym : agitator, rabble-rouser, provocateur

(1) religious **demagogue**, (2) charismatic **demagogue**

The **demagogue's** divisive rhetoric was meant to stir up anger and hatred.

radicalize

v. to cause or become more radical in one's beliefs or actions; to adopt or promote more extreme or uncompromising ideas or practices

synonym : transform, alter

(1) **radicalize** religious groups, (2) **radicalize** ideology

The extremist group aims to **radicalize** young people through its propaganda.

wield

v. to possess and exercise power, authority, etc

synonym : exert, manage, handle

(1) **wield** her authority, (2) **wield** a bad influence

They **wielded** enormous power and influence.

release

v. to set free or allow to escape from confinement

synonym : free, let go, discharge

(1) **release** a prisoner, (2) **release** CO2 into the air

The animal rights group worked to **release** the dolphins back into the wild.

solitary

adj. existing, living, or doing without others

synonym : lonely, unsociable, singular

(1) use of **solitary** confinement, (2) a **solitary** traveler

He never uttered a **solitary** word.

confinement

n. the act of confining or limiting movement, often by keeping someone in a specific place or within a specific area; a state of being physically or emotionally restricted or limited

synonym : captivity, imprisonment, detention

(1) **confinement** cell, (2) house **confinement**

The prisoner spent months in solitary **confinement**.

reform

n. the act of improving or correcting something that is wrong or bad; a change made to correct a flaw or problem

synonym : change, modify, improve

(1) economic **reform**, (2) **reform** movement

The government is proposing a **reform** to the healthcare system to make it more accessible and affordable for all citizens.

corruptible

adj. capable of being made to do something dishonest or immoral

synonym : bribable, dishonest, venal

(1) **corruptible** officials, (2) **corruptible** judges

Bureaucracies are more **corruptible** than other systems or organizations.

depart

v. to go away or leave, especially to start a journey

synonym : go away, leave, vacate

(1) arrive and **depart** on time, (2) **depart** from the faith

We **departed** before the temperature fell below zero.

moral

adj. concerned with the principles of what is right and wrong, fairness, honesty, etc.

synonym : honest, ethical, conscientious

(1) **moral** hazard, (2) **moral** burden
Ethics deals with **moral** conduct.

pragmatic

adj. practical rather than idealistic
synonym: practical, realistic, down-to-earth

(1) **pragmatic** approach, (2) **pragmatic** politics
He was a **pragmatic** leader who made decisions based on what was practical rather than ideal.

unimaginable

adj. beyond what can be imagined or conceived; impossible to comprehend or envision
synonym: unthinkable, inconceivable, incredulous

(1) **unimaginable** horror, (2) **unimaginable** depths
The complexity of scientific theories was **unimaginable** for most people.

possibility

n. a chance that something may happen or be true
synonym: chance, prospect, likelihood

(1) **possibility** for growth, (2) **possibility** of a major earthquake
The **possibility** of getting the disease will drastically increase.

reconciliation

n. the restoration of cordial or friendly relations; getting two things to correspond
synonym: accord, agreement, settlement

(1) national **reconciliation**, (2) **reconciliation** of financial accounts
They had a complete **reconciliation** a few days after their argument.

grief

n. a very great sadness, especially when somebody dies
synonym: anguish, desperation, dismay

(1) have **grief** and sorrow, (2) a lot of **grief**
Each person has a unique **grief** experience.

feminist

adj. describing a belief in and advocacy for achieving gender equality in social, political, and economic spheres; advocating for the rights and empowerment of women;
(*noun*) a person who believes in and advocates for gender equality between men and women

synonym : egalitarian

(1) **feminist** movement, (2) **feminist** perspective

The **feminist** ideals of inclusivity and diversity are important in creating a more just and equal world.

intervention

n. the action or process of being done to improve or help a circumstance, often they have not been asked to do so

synonym : interference, intercession, treatment

(1) **intervention** by foreign powers, (2) surgical **intervention**

This **intervention** does not require the patient's consent.

suppress

v. to bring something under control by force or authority; to put an end by force

synonym : subdue, bury, stifle

(1) **suppress** a yawn, (2) **suppress** a revolt

The doctor prescribed medication to **suppress** the patient's appetite.

outward

adj. relating to the external appearance or surface of something; visible

synonym : external, surface, exterior

(1) an **outward** journey, (2) **outward** cheerfulness

The **outward** appearance of the building was impressive, but the inside was in dire need of repairs.

inward

adj. directed or facing towards the inside; inside or inward-looking

synonym : internal, introspective, interior

(1) **inward** peace, (2) **inward** cargo

The **inward** motion of the tide was gradually slowing down.

emotion

n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

synonym: feeling, sentiment, passion

(1) control my **emotion**, (2) afraid to show **emotion**

Some **emotions** are common across cultures and backgrounds.

narcissist

n. a person who is excessively self-absorbed, especially regarding their appearance or achievements

synonym: egotist, boaster, braggart

(1) relationship with a **narcissist**, (2) somatic **narcissist**

He thinks she is a high **narcissist** because she always talks about herself and her accomplishments.

loathe

v. to feel strong hatred or disgust for someone or something; to be unwilling or reluctant to do something

synonym: despise, hate, abominate

(1) **loathe** violence, (2) **loathe** broccoli

I absolutely **loathe** spiders and can't stand to be near them.

ineffective

adj. not producing any significant or intended effect or result

synonym: useless, feeble, fruitless

(1) an **ineffective** speech, (2) pull an **ineffective** player

These treatments were **ineffective** against a virus.

subway

n. an underground railway system, typically in a city

synonym: underground, metro, tube

(1) **subway** train, (2) rapid transit **subway**

He took the **subway** to work every day to avoid traffic congestion.

panic

n. a sudden strong feeling of fear that cannot be controlled and prevents reasonable thought and action

synonym: confusion, hysteria, consternation

(1) a **panic** reaction, (2) **panic** buying

The participation of oil-producing countries in the war caused

panic in the financial markets.

executive

n. a person or group of people with top-level management responsibility in a business or other organization; the branch that is responsible for implementing, administering, and enforcing laws, as well as running the day-to-day operations

synonym: administrator, manager, director

(1) **executive** editor at the publishing house, (2) **executive** vice president

As the **executive** director of the non-profit, it's her responsibility to make sure they're meeting their mission goals.

violent

adj. involving or caused by physical force or aggression against someone or something

synonym: aggressive, intense, turbulent

(1) victim of a **violent** crime, (2) **violent** incident

The protesters became **violent** when the police tried to disperse them.

cheek

n. either side of the face below the eye and between the nose and the jaw

synonym: jaw, mandible, malar

(1) **cheek** bone, (2) hollowed-out **cheek**

He gently touched her apple-red **cheek** and whispered that he loved her.

resistance

n. the act of defending oneself from an aggressor or refusing to accept something

synonym: opposition, antagonism, defiance

(1) **resistance** movement, (2) **resistance** to insulin

The bill to increase the consumption tax had passed despite much **resistance** from the public.

tomb

n. a large stone structure or underground chamber in which the dead are buried

synonym : grave, burial site, mausoleum

(1) bury in **tomb**, (2) the ancient **tomb**

The **tomb** of the unknown soldier honored the bravery and sacrifice of those who lost their lives in battle.

womb

n. the organ of a woman or female mammal in which a baby develops before birth

synonym : uterus, matrice

(1) tumor of **womb**, (2) **womb** transplant

The fertilized egg implanted itself in the **womb**.

wisdom

n. the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions

synonym : sagacity, discernment, insight

(1) a fountain of **wisdom**, (2) **wisdom** literature

The community greatly respected and sought after the older adult's **wisdom**.

whisper

v. to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you

synonym : murmur, rumor, mutter

(1) answer in a **whisper**, (2) the **whisper** of the leaves

He took me aside and **whispered** in my ear.

Session 2: Spelling

- | | | |
|--------------------------------------|----|--|
| 1. the wh____r of the leaves | v. | to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you |
| 2. ca____e a glimpse | v. | to catch a person or an animal and confine them in an area which they cannot escape |
| 3. a t__n-lens camera | n. | either of two children born at the same time from the same mother |
| 4. de____t dissidents from the party | v. | to force someone to leave a country, typically on the grounds of illegal status or for having committed a crime |
| 5. re____nt by a diagram | v. | to speak, act, or be present on behalf of another person or group; to form or constitute |
| 6. ma__h against the war | v. | to walk militarily with stiff, regular steps |
| 7. re____m movement | n. | the act of improving or correcting something that is wrong or bad; a change made to correct a flaw or problem |
| 8. ma__h east | v. | to walk militarily with stiff, regular steps |
| 9. mo____nt of troops | n. | a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively |
| 10. sta____cs for cancer | n. | the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data |

ANSWERS: 1. whisper, 2. capture, 3. twin, 4. deport, 5. represent, 6. march, 7. reform, 8. march, 9. movement, 10. statistics

11. wa_____r spirit *n.* a person who engaged in or experienced warfare, especially in the past
12. em_____al distress *adj.* relating to people's feelings
13. professional mi_____e *n.* a person trained to assist women during childbirth and to provide care for the mother and baby
14. ab_____n the practice *v.* to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensity
15. arrive and de____t on time *v.* to go away or leave, especially to start a journey
16. a fl__d of questions *n.* a large amount of water flowing beyond its normal limits; an overwhelming number or amount
17. in_____ce system *n.* a violation of the rights of others or the laws of a society
18. de____t a refugee *v.* to force someone to leave a country, typically on the grounds of illegal status or for having committed a crime
19. lo____e broccoli *v.* to feel strong hatred or disgust for someone or something; to be unwilling or reluctant to do something
20. em_____al health *adj.* relating to people's feelings
21. su____ly attacked by an enemy *adv.* quickly and unexpectedly
22. victim of a vi_____t crime *adj.* involving or caused by physical force or aggression against someone or something

ANSWERS: 11. warrior, 12. emotional, 13. midwife, 14. abandon, 15. depart, 16. flood, 17. injustice, 18. deport, 19. loathe, 20. emotional, 21. suddenly, 22. violent

23. me____al park *n.* a structure or monument to commemorate a person or event
24. cor_____le judges *adj.* capable of being made to do something dishonest or immoral
25. seasonal la__r *n.* productive work, especially physical work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal
26. st____h along the coast *v.* to make or be capable of making anything longer or broader without hurting or breaking
27. blind pa____t *n.* a person who loves their nation and would fight for it if required
28. h__l broke loose *n.* the place thought to be where bad people go and are punished after death, often depicted as being located beneath the earth; an extraordinarily unpleasant or difficult place
29. uncontrollable r__e *n.* a strong feeling of anger or violence
30. an ad____te of disarmament *n.* a person who supports or suggests an idea, development, or way of doing something
31. re___e a request *v.* to show that one is not willing to do or accept something
32. a heat sh____d *n.* a protective covering or structure, especially in the past, that soldiers held in front of their bodies to protect themselves

ANSWERS: 23. memorial, 24. corruptible, 25. labor, 26. stretch, 27. patriot, 28. hell, 29. rage, 30. advocate, 31. refuse, 32. shield

33. fr__k and open discussion *adj.* honest and sincere; open and candid in expression
34. elastic cord br__d *n.* a complex pattern, design, or plait formed out of three or more strands, often used decoratively in hair, clothing, or textiles; threads of silk, cotton, or other material attached to clothes, uniforms, or other things made of cloth, as a decoration
35. nat_____st sentiment *adj.* relating to or supporting a political ideology that emphasizes a strong sense of national identity and devotion to one's own country
36. p__y devoutly *v.* to make a request or petition to a higher power, especially in the form of a respectful or humble request
37. tu___n on head *n.* a headdress consisting of a long piece of cloth wound around the head and sometimes the face
38. fr_____ne health workers *adj.* in the most critical or dangerous position; in the military line or part of an army closest to the enemy
39. su_____ss a revolt *v.* to bring something under control by force or authority; to put an end by force
40. su_____ss a yawn *v.* to bring something under control by force or authority; to put an end by force
41. rec_____ion of financial accounts *n.* the restoration of cordial or friendly relations; getting two things to correspond

ANSWERS: 33. frank, 34. braid, 35. nationalist, 36. pray, 37. turban, 38. frontline, 39. suppress, 40. suppress, 41. reconciliation

42. mo__l burden *adj.* concerned with the principles of what is right and wrong, fairness, honesty, etc.
43. lo___e violence *v.* to feel strong hatred or disgust for someone or something; to be unwilling or reluctant to do something
44. re___n the company as a rival *v.* to think or believe something
45. brilliant fl__h *n.* a sudden intense burst of radiant energy; a momentary brightness
46. control my em____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
47. mo__t a counterattack *v.* to increase, go up, or advance gradually or continuously; to prepare and supply with the necessary equipment for execution or performance; to ride on something or someone
48. st__k a key in a lock *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
49. die su____ly *adv.* quickly and unexpectedly
50. w__b transplant *n.* the organ of a woman or female mammal in which a baby develops before birth
51. fa____c devotion *adj.* characterized by excessive enthusiasm or zeal; displaying irrational or extreme devotion to a cause, ideology, or person, often to the point of intolerance or extremism

ANSWERS: 42. moral, 43. loathe, 44. reckon, 45. flash, 46. emotion, 47. mount, 48. stick, 49. suddenly, 50. womb, 51. fanatic

52. bl__e circumstances for the failure *v.* to think or say that someone or something did something wrong or is responsible for something bad
53. la____t settlement *n.* a legal action taken by one party against another in a court of law, typically seeking damages or some other form of remedy for perceived wrongs or harms suffered
54. fe____st movement *adj.* describing a belief in and advocacy for achieving gender equality in social, political, and economic spheres; advocating for the rights and empowerment of women; (noun) a person who believes in and advocates for gender equality between men and women
55. pr____ic approach *adj.* practical rather than idealistic
56. relationship with a nar____st *n.* a person who is excessively self-absorbed, especially regarding their appearance or achievements
57. g__u meditation *n.* a spiritual teacher or leader, notably in Hindu and Sikh traditions; a person who has knowledge and expertise in a particular area
58. hollowed-out ch__k *n.* either side of the face below the eye and between the nose and the jaw
59. a pa__c reaction *n.* a sudden strong feeling of fear that cannot be controlled and prevents reasonable thought and action

ANSWERS: 52. blame, 53. lawsuit, 54. feminist, 55. pragmatic, 56. narcissist, 57. guru, 58. cheek, 59. panic

60. gross in_____ce *n.* a violation of the rights of others or the laws of a society
61. ho___r movie *n.* intense fear or disgust, especially at something shocking or terrifying
62. mo__l hazard *adj.* concerned with the principles of what is right and wrong, fairness, honesty, etc.
63. a sandy sh__e *n.* the land along the edge of a sea, lake, broad river, or other large body of water; (verb) to support by placing against something solid or rigid
64. uni_____ble horror *adj.* beyond what can be imagined or conceived; impossible to comprehend or envision
65. par_____te fully in conversation *v.* to take part in something
66. a_m to be a nurse *v.* to try or plan to get or achieve something
67. imp_____ly known disease *adv.* in a faulty or incomplete way
68. fa__h in government *n.* complete trust in something or someone's ability or knowledge; a strong belief in religion, divine power, etc.
69. file a la____t *n.* a legal action taken by one party against another in a court of law, typically seeking damages or some other form of remedy for perceived wrongs or harms suffered
70. bl__e the lack of knowledge *v.* to think or say that someone or something did something wrong or is responsible for something bad

ANSWERS: 60. injustice, 61. horror, 62. moral, 63. shore, 64. unimaginable, 65. participate, 66. aim, 67. imperfectly, 68. faith, 69. lawsuit, 70. blame

71. health po___y *n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective
72. use of so____ry confinement *adj.* existing, living, or doing without others
73. ensure a smooth tra_____on *n.* the process or period of changing from one state or circumstance to another
74. su_____ax facility *adj.* used to describe a high-security prison designed to house the most dangerous inmates, often characterized by strict confinement, reduced privileges, and intense surveillance
75. de___n a terrorist *v.* to keep someone in official custody; to prevent them from leaving
76. pre_____cy duties *n.* the office or term of the President of a country or organization
77. fire st__k *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
78. fi___e competition *adj.* severe and violent in a way that is frightening
79. teaching of Ch___t *n.* the man that Christians believe is the prophet and the son of God, and whose life and sermons form the basis for Christianity

ANSWERS: 71. policy, 72. solitary, 73. transition, 74. supermax, 75. detain, 76. presidency, 77. stick, 78. fierce, 79. Christ

80. a fountain of wi___m *n.* the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions
81. a me_____l opinion *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
82. re_____e a prisoner *v.* to set free or allow to escape from confinement
83. h__d ornament *n.* a covering for the head and neck, especially one attached to a garment
84. ho___r-struck look *n.* intense fear or disgust, especially at something shocking or terrifying
85. the departed sa__t *n.* a person who is recognized as having an exceptional degree of holiness, virtue, or devotion
86. nat_____st revolt *adj.* relating to or supporting a political ideology that emphasizes a strong sense of national identity and devotion to one's own country
87. to__h song *n.* a portable device that produces a flame, typically one that is used to light a fire or a candle
88. an ine_____ve speech *adj.* not producing any significant or intended effect or result
89. D_n Giovanni *n.* a Spanish gentleman; a university lecturer, especially a senior member of a college at Oxford or Cambridge
90. sa___l nerve *adj.* of, relating to, or located near the sacrum (= the triangular bone at the base of the spine between the hips)

ANSWERS: 80. wisdom, 81. medical, 82. release, 83. hood, 84. horror, 85. saint, 86. nationalist, 87. torch, 88. ineffective, 89. Don, 90. sacral

91. bl___y massacre *adj.* covered in or smeared with blood; involving or characterized by bloodshed or brutality
92. res_____ce movement *n.* the act of defending oneself from an aggressor or refusing to accept something
93. the to__h of learning *n.* a portable device that produces a flame, typically one that is used to light a fire or a candle
94. a man of pr_____ty *n.* a thing or things that belong to someone
95. in_____re attachment *adj.* not firm or firmly fixed; likely to fail or give way, or not assured of safety
96. su_____ax security *adj.* used to describe a high-security prison designed to house the most dangerous inmates, often characterized by strict confinement, reduced privileges, and intense surveillance
97. surgical int_____ion *n.* the action or process of being done to improve or help a circumstance, often they have not been asked to do so
98. at the fr_____ne of the war *adj.* in the most critical or dangerous position; in the military line or part of an army closest to the enemy
99. a circular mo_____nt *n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

ANSWERS: 91. bloody, 92. resistance, 93. torch, 94. property, 95. insecure, 96. supermax, 97. intervention, 98. frontline, 99. movement

100. a lot of gr__f *n.* a very great sadness, especially when somebody dies
101. co____al swimming pool *adj.* belonging to or used by a group rather than individuals; for common use
102. meet his com_____nts *n.* a promise or firm decision to do something or to behave in a certain way
103. pre_____cy term *n.* the office or term of the President of a country or organization
104. a fl__h of lightning *n.* a sudden intense burst of radiant energy; a momentary brightness
105. fa_____c about germs *adj.* characterized by excessive enthusiasm or zeal; displaying irrational or extreme devotion to a cause, ideology, or person, often to the point of intolerance or extremism
106. me_____al address *n.* a structure or monument to commemorate a person or event
107. tu___n shell *n.* a headdress consisting of a long piece of cloth wound around the head and sometimes the face
108. ox_____in-degrading enzyme *n.* a hormone secreted by the pituitary which stimulates contractions of the uterus during labor (= the process of pushing out a baby) and the ejection of milk
109. rad_____ze ideology *v.* to cause or become more radical in one's beliefs or actions; to adopt or promote more extreme or uncompromising ideas or practices

ANSWERS: 100. grief, 101. communal, 102. commitment, 103. presidency, 104. flash, 105. fanatic, 106. memorial, 107. turban, 108. oxytocin, 109. radicalize

110. im_____on myself within the room *v.* to confine a person to a prison, a detention facility, or a place of involuntary confinement
111. before Ch____t *n.* the man that Christians believe is the prophet and the son of God, and whose life and sermons form the basis for Christianity
112. qu__r fashion *adj.* strange or odd, typically in an interesting or attractive way
113. en_____us potential *adj.* extremely large or great
114. ca_____e customers' hearts *v.* to catch a person or an animal and confine them in an area which they cannot escape
115. hard to re____n *v.* to think or believe something
116. he____n on earth *n.* (of various religious and mythological traditions) a place or state of existence considered to be the abode of the divine, the afterlife, or a higher realm of being; a state of great happiness, contentment, or beauty
117. pos_____ty for growth *n.* a chance that something may happen or be true
118. terrestrial gl__e *n.* the earth or world, mainly used to emphasize its vastness
119. fas_____ard 10 seconds *v.* to advance or move forward in time or progress, particularly in a rapid or accelerated manner; to increase the playback speed of a recording

ANSWERS: 110. imprison, 111. Christ, 112. queer, 113. enormous, 114. capture, 115. reckon, 116. heaven, 117. possibility, 118. globe, 119. fast-forward

120. a black be__d *n.* hair that grows on a man's face, often around the mouth and chin
121. de___e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
122. bl___y diarrhea *adj.* covered in or smeared with blood; involving or characterized by bloodshed or brutality
123. uni_____ble depths *adj.* beyond what can be imagined or conceived; impossible to comprehend or envision
124. a sh___d for protecting against a bullet *n.* a protective covering or structure, especially in the past, that soldiers held in front of their bodies to protect themselves
125. sa__t statue *n.* a person who is recognized as having an exceptional degree of holiness, virtue, or devotion
126. child of il____l immigrants *adj.* not allowed by law
127. spacious co_____rd *n.* an open space surrounded by buildings or walls, often in the center of a building or group of buildings
128. en_____er a crisis *v.* to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet, especially unexpectedly
129. bachelor's de___e *n.* a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment

ANSWERS: 120. beard, 121. decide, 122. bloody, 123. unimaginable, 124. shield, 125. saint, 126. illegal, 127. courtyard, 128. encounter, 129. degree

130. op_____s the people with force *v.* to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people
131. small sa_____ce for a great cause *n.* the act of killing an animal or person or surrendering a possession as an offering to a deity; (verb) to give up something important or valuable to help another person or get or do something that seems more important
132. attempted mu____r *n.* the crime of killing somebody intentionally
133. the il_____on of being in the forest *n.* a false idea or belief, especially about somebody or about a situation
134. have gr__f and sorrow *n.* a very great sadness, especially when somebody dies
135. c__t a charming eye *v.* to cause light or shadow to appear on a surface; to assign or choose someone such as an actor or representative, especially by selection process
136. co_____al combination of funds *adj.* belonging to or used by a group rather than individuals; for common use
137. run like h__l *n.* the place thought to be where bad people go and are punished after death, often depicted as being located beneath the earth; an extraordinarily unpleasant or difficult place
138. charismatic de_____ue *n.* a political leader who gains power and popularity by appealing to people's emotions, prejudices, and biases, often by making false and misleading claims

ANSWERS: 130. oppress, 131. sacrifice, 132. murder, 133. illusion, 134. grief, 135. cast, 136. communal, 137. hell, 138. demagogue

139. ou____d cheerfulness *adj.* relating to the external appearance or surface of something; visible
140. ascend to he____n *n.* (of various religious and mythological traditions) a place or state of existence considered to be the abode of the divine, the afterlife, or a higher realm of being; a state of great happiness, contentment, or beauty
141. sa_____ce anything to get ahead *n.* the act of killing an animal or person or surrendering a possession as an offering to a deity; (verb) to give up something important or valuable to help another person or get or do something that seems more important
142. spiritual g__u *n.* a spiritual teacher or leader, notably in Hindu and Sikh traditions; a person who has knowledge and expertise in a particular area
143. afraid to show em_____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
144. il_____l drugs *adj.* not allowed by law
145. im_____on illegal immigrant *v.* to confine a person to a prison, a detention facility, or a place of involuntary confinement
146. br__d hair *n.* a complex pattern, design, or plait formed out of three or more strands, often used decoratively in hair, clothing, or textiles; threads of silk, cotton, or other material attached to clothes, uniforms, or other things made of cloth, as a decoration

ANSWERS: 139. outward, 140. heaven, 141. sacrifice, 142. guru, 143. emotion, 144. illegal, 145. imprison, 146. braid

147. de___e centigrade *n.* a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment
148. a_m at a specific target *v.* to try or plan to get or achieve something
149. res_____ce to insulin *n.* the act of defending oneself from an aggressor or refusing to accept something
150. not up to p_r *n.* a state of being equal to someone or something
151. de___e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
152. for_____ss of liabilities *n.* the act of stopping feeling angry or resentful towards someone for a mistake or offense with compassion
153. a s__t on his honor *n.* a particular location or place; a small round or roundish area, differing in color or feels from the surface around it
154. a volunteer nu__e *n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury
155. rad_____ze religious groups *v.* to cause or become more radical in one's beliefs or actions; to adopt or promote more extreme or uncompromising ideas or practices
156. a so_____ry traveler *adj.* existing, living, or doing without others

ANSWERS: 147. degree, 148. aim, 149. resistance, 150. par, 151. decide, 152. forgiveness, 153. spot, 154. nurse, 155. radicalize, 156. solitary

157. answer in a wh_____r *v.* to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you
158. a combative im_____e *n.* a sudden strong and unreflective wish or need to do something; the electrical discharge that travels along a nerve fiber
159. fl__d advisory *n.* a large amount of water flowing beyond its normal limits; an overwhelming number or amount
160. br___h of wind *n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
161. pull an ine_____ve player *adj.* not producing any significant or intended effect or result
162. shave my be__d *n.* hair that grows on a man's face, often around the mouth and chin
163. above p_r performance *n.* a state of being equal to someone or something
164. w__p bitter tears *v.* to cry tears because of sadness, rage, or pain
165. foreign po___y *n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective
166. a race for su_____cy *n.* the state, condition, or position of being superior to all others in authority, power, or status

ANSWERS: 157. whisper, 158. impulse, 159. flood, 160. breath, 161. ineffective, 162. beard, 163. par, 164. weep, 165. policy, 166. supremacy

167. somatic nar_____st *n.* a person who is excessively self-absorbed, especially regarding their appearance or achievements
168. cr____e with fear *v.* to move back or away from someone or something because you are afraid or shocked; to shrink as in fear, disgust, or embarrassment
169. rapid transit su____y *n.* an underground railway system, typically in a city
170. re_____e CO2 into the air *v.* to set free or allow to escape from confinement
171. br__e soldier *adj.* showing courage or fearlessness in the face of danger, difficulty, or adversity
172. public education ad_____tes *n.* a person who supports or suggests an idea, development, or way of doing something
173. tr_____r a biochemical response *v.* to make something happen suddenly; to cause something such as a device, machine, etc. to function
174. cr____e at the thought of an accident *v.* to move back or away from someone or something because you are afraid or shocked; to shrink as in fear, disgust, or embarrassment
175. v_w never to give up *v.* to make a promise or commitment, usually formal and solemn
176. rev_____ary change *adj.* relating to or characterized by a complete or dramatic change
177. in____d cargo *adj.* directed or facing towards the inside; inside or inward-looking

ANSWERS: 167. narcissist, 168. cringe, 169. subway, 170. release, 171. brave, 172. advocate, 173. trigger, 174. cringe, 175. vow, 176. revolutionary, 177. inward

178. enforce rev_____ary justice *adj.* relating to or characterized by a complete or dramatic change
179. a m__s of molten rock *n.* a large amount of a substance with no definite shape or form; a large number of people or things grouped or crowded together
180. sa___l spine *adj.* of, relating to, or located near the sacrum (= the triangular bone at the base of the spine between the hips)
181. su_____cy of a country *n.* the state, condition, or position of being superior to all others in authority, power, or status
182. computer op_____nt *n.* a person against whom you are playing or fighting in a game, competition, debate, etc.
183. manual la__r *n.* productive work, especially physical work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal
184. p__y for rain *v.* to make a request or petition to a higher power, especially in the form of a respectful or humble request
185. a com_____nt to an alliance *n.* a promise or firm decision to do something or to behave in a certain way
186. c__t a ballot *v.* to cause light or shadow to appear on a surface; to assign or choose someone such as an actor or representative, especially by selection process

ANSWERS: 178. revolutionary, 179. mass, 180. sacral, 181. supremacy, 182. opponent, 183. labor, 184. pray, 185. commitment, 186. cast

187. national rec_____ion	<i>n.</i> the restoration of cordial or friendly relations; getting two things to correspond
188. s_b quietly	<i>v.</i> to cry or weep with short, sudden sounds
189. temporary me_____l treatment	<i>adj.</i> relating to the treatment of illness or injuries; relating to the practice of medicine
190. de____t from the faith	<i>v.</i> to go away or leave, especially to start a journey
191. th_____en national security	<i>v.</i> to utter intentions of injury or punishment against someone
192. hold your br____h	<i>n.</i> the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
193. res_____le action	<i>adj.</i> answerable or accountable for something within one's power, control, or management
194. v_w allegiance to the new king	<i>v.</i> to make a promise or commitment, usually formal and solemn
195. death-penalty op_____nt	<i>n.</i> a person against whom you are playing or fighting in a game, competition, debate, etc.
196. qu__r money	<i>adj.</i> strange or odd, typically in an interesting or attractive way
197. su____y train	<i>n.</i> an underground railway system, typically in a city
198. pos_____ty of a major earthquake	<i>n.</i> a chance that something may happen or be true

ANSWERS: 187. reconciliation, 188. sob, 189. medical, 190. depart, 191. threaten, 192. breath, 193. responsible, 194. vow, 195. opponent, 196. queer, 197. subway, 198. possibility

199. re___e the company *v.* to show that one is not willing to do or accept something
200. ex_____ve editor at the publishing house *n.* a person or group of people with top-level management responsibility in a business or other organization; the branch that is responsible for implementing, administering, and enforcing laws, as well as running the day-to-day operations
201. wi__d her authority *v.* to possess and exercise power, authority, etc
202. tr_____r inflation *v.* to make something happen suddenly; to cause something such as a device, machine, etc. to function
203. an associate ju__e *n.* a person who makes decisions in a court of law; (verb) to determine the result of or form a critical opinion of something
204. th_____en a healthy relationship *v.* to utter intentions of injury or punishment against someone
205. tra_____on phase *n.* the process or period of changing from one state or circumstance to another
206. na___n-state *n.* a large organized community of people living in a particular country or region and having a particular culture
207. official sta_____cs *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
208. profound religious im_____es *n.* a sudden strong and unreflective wish or need to do something; the electrical discharge that travels along a nerve fiber

ANSWERS: 199. refuse, 200. executive, 201. wield, 202. trigger, 203. judge, 204. threaten, 205. transition, 206. nation, 207. statistics, 208. impulse

209. ox_____in receptor *n.* a hormone secreted by the pituitary which stimulates contractions of the uterus during labor (= the process of pushing out a baby) and the ejection of milk
210. cor_____le officials *adj.* capable of being made to do something dishonest or immoral
211. un____t accusation *adj.* not fair or equitable; lacking in justice or impartiality; morally unacceptable or wrong
212. part of the he_____g process *n.* the process of becoming or making somebody or something well again
213. imp_____ly developed *adv.* in a faulty or incomplete way
214. op_____s the minority *v.* to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people
215. a silk h__d *n.* a covering for the head and neck, especially one attached to a garment
216. ex_____ve vice president *n.* a person or group of people with top-level management responsibility in a business or other organization; the branch that is responsible for implementing, administering, and enforcing laws, as well as running the day-to-day operations
217. around the gl__e *n.* the earth or world, mainly used to emphasize its vastness
218. economic re____m *n.* the act of improving or correcting something that is wrong or bad; a change made to correct a flaw or problem

ANSWERS: 209. oxytocin, 210. corruptible, 211. unjust, 212. healing, 213. imperfectly, 214. oppress, 215. hood, 216. executive, 217. globe, 218. reform

219. serve as mi____e *n.* a person trained to assist women during childbirth and to provide care for the mother and baby
220. a war wi__w *n.* a woman whose spouse has died and who has not remarried
221. s_b out a story *v.* to cry or weep with short, sudden sounds
222. pa__c buying *n.* a sudden strong feeling of fear that cannot be controlled and prevents reasonable thought and action
223. make a fr__k apology *adj.* honest and sincere; open and candid in expression
224. w__p for joy *v.* to cry tears because of sadness, rage, or pain
225. mo____r film *n.* an imaginary creature that is large and has various human and animal parts; someone or something large and powerful
226. cr____al investigation *n.* a person who has committed a crime
227. mo__t a hill *v.* to increase, go up, or advance gradually or continuously; to prepare and supply with the necessary equipment for execution or performance; to ride on something or someone
228. wi__w pension *n.* a woman whose spouse has died and who has not remarried
229. em____e building *n.* a group of countries ruled by one leader or government

ANSWERS: 219. midwife, 220. widow, 221. sob, 222. panic, 223. frank, 224. weep, 225. monster, 226. criminal, 227. mount, 228. widow, 229. empire

230. wanted cr____al	<i>n.</i> a person who has committed a crime
231. br__e decision	<i>adj.</i> showing courage or fearlessness in the face of danger, difficulty, or adversity
232. fall into a r__e	<i>n.</i> a strong feeling of anger or violence
233. critical m__s	<i>n.</i> a large amount of a substance with no definite shape or form; a large number of people or things grouped or crowded together
234. house con_____nt	<i>n.</i> the act of confining or limiting movement, often by keeping someone in a specific place or within a specific area; a state of being physically or emotionally restricted or limited
235. quiet co_____rd	<i>n.</i> an open space surrounded by buildings or walls, often in the center of a building or group of buildings
236. wi___m literature	<i>n.</i> the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions
237. con_____nt cell	<i>n.</i> the act of confining or limiting movement, often by keeping someone in a specific place or within a specific area; a state of being physically or emotionally restricted or limited
238. int_____ion by foreign powers	<i>n.</i> the action or process of being done to improve or help a circumstance, often they have not been asked to do so
239. bury in t__b	<i>n.</i> a large stone structure or underground chamber in which the dead are buried

ANSWERS: 230. criminal, 231. brave, 232. rage, 233. mass, 234. confinement, 235. courtyard, 236. wisdom, 237. confinement, 238. intervention, 239. tomb

240. armored wa_____r	<i>n.</i> a person who engaged in or experienced warfare, especially in the past
241. the d_n of the university	<i>n.</i> a Spanish gentleman; a university lecturer, especially a senior member of a college at Oxford or Cambridge
242. par_____te in the program	<i>v.</i> to take part in something
243. an in_____re future	<i>adj.</i> not firm or firmly fixed; likely to fail or give way, or not assured of safety
244. en_____er a storm	<i>v.</i> to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet, especially unexpectedly
245. con_____on in the industry	<i>n.</i> the act or process of becoming smaller or shorter in size, volume, or amount
246. de___n for investigation	<i>v.</i> to keep someone in official custody; to prevent them from leaving
247. an ou_____d journey	<i>adj.</i> relating to the external appearance or surface of something; visible
248. vi_____t incident	<i>adj.</i> involving or caused by physical force or aggression against someone or something
249. pr_____ic politics	<i>adj.</i> practical rather than idealistic
250. wi__d a bad influence	<i>v.</i> to possess and exercise power, authority, etc
251. en_____us amount	<i>adj.</i> extremely large or great
252. mu___r in the second degree	<i>n.</i> the crime of killing somebody intentionally

ANSWERS: 240. warrior, 241. Don, 242. participate, 243. insecure, 244. encounter, 245. contraction, 246. detain, 247. outward, 248. violent, 249. pragmatic, 250. wield, 251. enormous, 252. murder

253. ind_____us crop *adj.* someone or something that is native to or occurring naturally in a particular place
254. a fi___e animal *adj.* severe and violent in a way that is frightening
255. religious de_____ue *n.* a political leader who gains power and popularity by appealing to people's emotions, prejudices, and biases, often by making false and misleading claims
256. con_____on of a disease *n.* the act or process of becoming smaller or shorter in size, volume, or amount
257. optical il_____on *n.* a false idea or belief, especially about somebody or about a situation
258. religious fa__h *n.* complete trust in something or someone's ability or knowledge; a strong belief in religion, divine power, etc.
259. beauty s__t *n.* a particular location or place; a small round or roundish area, differing in color or feels from the surface around it
260. zealous pa_____t *n.* a person who loves their nation and would fight for it if required
261. fas_____ard to the good part *v.* to advance or move forward in time or progress, particularly in a rapid or accelerated manner; to increase the playback speed of a recording
262. sh__e up demand *n.* the land along the edge of a sea, lake, broad river, or other large body of water; (verb) to support by placing against something solid or rigid

ANSWERS: 253. indigenous, 254. fierce, 255. demagogue, 256. contraction, 257. illusion, 258. faith, 259. spot, 260. patriot, 261. fast-forward, 262. shore

263. in___d peace	<i>adj.</i> directed or facing towards the inside; inside or inward-looking
264. b_n any type of cloning	<i>v.</i> to officially or legally forbid or refuse to allow something
265. tumor of w__b	<i>n.</i> the organ of a woman or female mammal in which a baby develops before birth
266. the characters that re_____nt numbers	<i>v.</i> to speak, act, or be present on behalf of another person or group; to form or constitute
267. nu__e practitioner	<i>n.</i> a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury
268. the ancient t__b	<i>n.</i> a large stone structure or underground chamber in which the dead are buried
269. natural he_____g ability	<i>n.</i> the process of becoming or making somebody or something well again
270. st_____h a story	<i>v.</i> to make or be capable of making anything longer or broader without hurting or breaking
271. fe_____st perspective	<i>adj.</i> describing a belief in and advocacy for achieving gender equality in social, political, and economic spheres; advocating for the rights and empowerment of women; (noun) a person who believes in and advocates for gender equality between men and women

ANSWERS: 263. inward, 264. ban, 265. womb, 266. represent, 267. nurse, 268. tomb, 269. healing, 270. stretch, 271. feminist

272. b_n gender-related job discrimination
v. to officially or legally forbid or refuse to allow something
273. horde of mo____rs
n. an imaginary creature that is large and has various human and animal parts; someone or something large and powerful
274. beg for for_____ss
n. the act of stopping feeling angry or resentful towards someone for a mistake or offense with compassion
275. em___e of the Maya
n. a group of countries ruled by one leader or government
276. ind_____us peoples
adj. someone or something that is native to or occurring naturally in a particular place
277. ch__k bone
n. either side of the face below the eye and between the nose and the jaw
278. ju__e a competition
n. a person who makes decisions in a court of law; (verb) to determine the result of or form a critical opinion of something
279. a seafaring na___n
n. a large organized community of people living in a particular country or region and having a particular culture
280. un___t verdict
adj. not fair or equitable; lacking in justice or impartiality; morally unacceptable or wrong
281. a t__n room
n. either of two children born at the same time from the same mother
282. ab_____n a friend
v. to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensity

ANSWERS: 272. ban, 273. monster, 274. forgiveness, 275. empire, 276. indigenous, 277. cheek, 278. judge, 279. nation, 280. unjust, 281. twin, 282. abandon

283. chemical pr____ty *n.* a thing or things that belong to someone
284. res_____le for a customer service *adj.* answerable or accountable for something within one's power, control, or management

ANSWERS: 283. property, 284. responsible

Session 3: Fill in the Blanks

1. She _____ uncontrollably after hearing the news.
v. to cry or weep with short, sudden sounds
2. His business _____ took him to the United States.
n. a promise or firm decision to do something or to behave in a certain way
3. The incident _____ a political controversy.
v. to make something happen suddenly; to cause something such as a device, machine, etc. to function
4. He grew a thick _____ to change his appearance.
n. hair that grows on a man's face, often around the mouth and chin
5. The _____ of the unknown soldier honored the bravery and sacrifice of those who lost their lives in battle.
n. a large stone structure or underground chamber in which the dead are buried
6. The protesters became _____ when the police tried to disperse them.
adj. involving or caused by physical force or aggression against someone or something
7. These heavy rains caused _____ floods on several islands.
n. a sudden intense burst of radiant energy; a momentary brightness
8. The stories of war crimes filled her with _____.
n. intense fear or disgust, especially at something shocking or terrifying

ANSWERS: 1. sobbed, 2. commitments, 3. triggered, 4. beard, 5. tomb, 6. violent, 7. flash, 8. horror

9. The _____ divisive rhetoric was meant to stir up anger and hatred.
n. a political leader who gains power and popularity by appealing to people's emotions, prejudices, and biases, often by making false and misleading claims
10. The _____ of the economy has led to job losses.
n. the act or process of becoming smaller or shorter in size, volume, or amount
11. He stood to inherit a million-dollar _____.
n. a thing or things that belong to someone
12. This remote _____ is rarely visited.
n. a particular location or place; a small round or roundish area, differing in color or feels from the surface around it
13. You _____ a bill in the change machine, and the coins pop out.
v. to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
14. Full involvement means _____ and prompt responses.
adj. honest and sincere; open and candid in expression
15. I was able to _____ the moment on film.
v. to catch a person or an animal and confine them in an area which they cannot escape
16. The _____ firefighter rescued the family from the burning building.
adj. showing courage or fearlessness in the face of danger, difficulty, or adversity

ANSWERS: 9. demagogue's, 10. contraction, 11. property, 12. spot, 13. stick, 14. frank, 15. capture, 16. brave

17. The _____ thunders echoed across the plain.

adj. severe and violent in a way that is frightening

18. The bill to increase the consumption tax had passed despite much _____ from the public.

n. the act of defending oneself from an aggressor or refusing to accept something

19. He bated his _____ when talking about this affair.

n. the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs

20. We should ____ mildly violent video games from a child's development perspective.

v. to officially or legally forbid or refuse to allow something

21. The empire's military power ensured its _____ over the neighboring states.

n. the state, condition, or position of being superior to all others in authority, power, or status

22. He took me aside and _____ in my ear.

v. to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you

23. The _____ leader inspired others to join the fight for freedom and democracy.

adj. relating to or characterized by a complete or dramatic change

24. They _____ pictures on the paper in preparation for the birthday card.

v. to increase, go up, or advance gradually or continuously; to prepare and supply with the necessary equipment for execution or performance; to ride on something or someone

ANSWERS: 17. fierce, 18. resistance, 19. breath, 20. ban, 21. supremacy, 22. whispered, 23. revolutionary, 24. mounted

25. Children in an unstructured environment often feel _____.
- adj.* not firm or firmly fixed; likely to fail or give way, or not assured of safety
26. He felt like _____ when he tasted the delicious chocolate cake.
- n.* (of various religious and mythological traditions) a place or state of existence considered to be the abode of the divine, the afterlife, or a higher realm of being; a state of great happiness, contentment, or beauty
27. The strict _____ ruled in favor of the plaintiff in the case.
- n.* a person who makes decisions in a court of law; (verb) to determine the result of or form a critical opinion of something
28. She became a _____ after her husband passed away.
- n.* a woman whose spouse has died and who has not remarried
29. The war _____ stands as a reminder of the sacrifices made by our ancestors.
- n.* a structure or monument to commemorate a person or event
30. She was filled with a burning _____ at the injustice she had witnessed.
- n.* a strong feeling of anger or violence
31. The faithful follower venerated the _____ relic.
- n.* a person who is recognized as having an exceptional degree of holiness, virtue, or devotion
32. Some _____ are common across cultures and backgrounds.
- n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

ANSWERS: 25. insecure, 26. heaven, 27. judge, 28. widow, 29. memorial, 30. rage, 31. saint's, 32. emotions

33. He pulled his waterproof _____ up to protect himself from the rain.

n. a covering for the head and neck, especially one attached to a garment

34. The _____ ideals of inclusivity and diversity are important in creating a more just and equal world.

adj. describing a belief in and advocacy for achieving gender equality in social, political, and economic spheres; advocating for the rights and empowerment of women; (noun) a person who believes in and advocates for gender equality between men and women

35. Lead is an effective _____ against X-rays, gamma rays, and other harmful radiation.

n. a protective covering or structure, especially in the past, that soldiers held in front of their bodies to protect themselves

36. _____ is the day to celebrate the birth of Christ.

n. the man that Christians believe is the prophet and the son of God, and whose life and sermons form the basis for Christianity

37. They _____ to love and support each other for the rest of their lives.

v. to make a promise or commitment, usually formal and solemn

38. The company's new _____ on remote work has made it a more inclusive workplace.

n. a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

39. She's a _____ pet owner who ensures her dog gets enough exercise and a healthy diet.

adj. answerable or accountable for something within one's power, control, or management

ANSWERS: 33. hood, 34. feminist, 35. shield, 36. Christmas, 37. vowed, 38. policy, 39. responsible

40. He gently touched her apple-red _____ and whispered that he loved her.
n. either side of the face below the eye and between the nose and the jaw
41. The nation's healthcare system is in _____ at the moment.
n. the process or period of changing from one state or circumstance to another
42. The _____ supporters of the sports team traveled across the country to watch the match.
adj. characterized by excessive enthusiasm or zeal; displaying irrational or extreme devotion to a cause, ideology, or person, often to the point of intolerance or extremism
43. This car has a _____ engine.
n. an imaginary creature that is large and has various human and animal parts; someone or something large and powerful
44. She couldn't _____ whether to order the pizza or the pasta for dinner.
v. to make up someone's mind about something; to come to a conclusion or judgment after considering options
45. The yoga instructor showed the class how to do a _____ twist to stretch the lower back.
adj. of, relating to, or located near the sacrum (= the triangular bone at the base of the spine between the hips)
46. My initial reaction was to _____.
v. to show that one is not willing to do or accept something
47. He kept his robust _____ in his company.
n. complete trust in something or someone's ability or knowledge; a strong belief in religion, divine power, etc.

ANSWERS: 40. cheek, 41. transition, 42. fanatic, 43. monster, 44. decide, 45. sacral, 46. refuse, 47. faith

48. The _____ of Japan is known for its unique culture and advanced technology.
- n.* a large organized community of people living in a particular country or region and having a particular culture
49. This accident _____ a dark shadow over their lives.
- v.* to cause light or shadow to appear on a surface; to assign or choose someone such as an actor or representative, especially by selection process
50. We elected him to _____ us at the international conference.
- v.* to speak, act, or be present on behalf of another person or group; to form or constitute
51. The government is proposing a _____ to the healthcare system to make it more accessible and affordable for all citizens.
- n.* the act of improving or correcting something that is wrong or bad; a change made to correct a flaw or problem
52. The troops _____ shoulder-to-shoulder.
- v.* to walk militarily with stiff, regular steps
53. _____ elections were held in several European countries.
- adj.* belonging to or used by a group rather than individuals; for common use
54. Each person has a unique _____ experience.
- n.* a very great sadness, especially when somebody dies
55. We _____ before the temperature fell below zero.
- v.* to go away or leave, especially to start a journey

ANSWERS: 48. nation, 49. cast, 50. represent, 51. reform, 52. marched, 53. Communal, 54. grief, 55. departed

56. The _____ rally attracted thousands of supporters.
adj. relating to or supporting a political ideology that emphasizes a strong sense of national identity and devotion to one's own country
57. I like to _____ through commercials when watching TV shows.
v. to advance or move forward in time or progress, particularly in a rapid or accelerated manner; to increase the playback speed of a recording
58. The ____ of people who do not own property is politically impotent.
n. a large amount of a substance with no definite shape or form; a large number of people or things grouped or crowded together
59. The participation of oil-producing countries in the war caused _____ in the financial markets.
n. a sudden strong feeling of fear that cannot be controlled and prevents reasonable thought and action
60. The hotel's beautiful _____ was the perfect spot for a wedding reception.
n. an open space surrounded by buildings or walls, often in the center of a building or group of buildings
61. We ____ for an overseas expansion.
v. to try or plan to get or achieve something
62. As the _____ director of the non-profit, it's her responsibility to make sure they're meeting their mission goals.
n. a person or group of people with top-level management responsibility in a business or other organization; the branch that is responsible for implementing, administering, and enforcing laws, as well as running the day-to-day operations

ANSWERS: 56. nationalist, 57. fast-forward, 58. mass, 59. panic, 60. courtyard, 61. aim, 62. executive

63. Each ancient tribe has its _____ traditions.

n. the process of becoming or making somebody or something well again

64. He was a _____ leader who made decisions based on what was practical rather than ideal.

adj. practical rather than idealistic

65. I'm prepared to _____ challenges throughout this adventure.

v. to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet, especially unexpectedly

66. The _____ motion of the tide was gradually slowing down.

adj. directed or facing towards the inside; inside or inward-looking

67. The fertilized egg implanted itself in the _____.

n. the organ of a woman or female mammal in which a baby develops before birth

68. We _____ our impeded progress on lack of money.

v. to think or say that someone or something did something wrong or is responsible for something bad

69. He _____ that corruption was rampant in the regime.

v. to think or believe something

70. Historically, many countries have often _____ certain religions to gain the support of the majority of the population.

v. to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people

ANSWERS: 63. healing, 64. pragmatic, 65. encounter, 66. inward, 67. womb, 68. blamed, 69. reckons, 70. oppressed

71. _____ of abolishing the death penalty often argue that the alternative heaviest sentence should be life in prison.

n. a person who supports or suggests an idea, development, or way of doing something

72. He could no longer tell the difference between _____ and reality.

n. a false idea or belief, especially about somebody or about a situation

73. These treatments were _____ against a virus.

adj. not producing any significant or intended effect or result

74. The dog _____ at its master voice.

v. to move back or away from someone or something because you are afraid or shocked; to shrink as in fear, disgust, or embarrassment

75. The battlefield became _____ on earth.

n. the place thought to be where bad people go and are punished after death, often depicted as being located beneath the earth; an extraordinarily unpleasant or difficult place

76. His final goal is to sail around the _____.

n. the earth or world, mainly used to emphasize its vastness

77. He never uttered a _____ word.

adj. existing, living, or doing without others

78. I'm easily moved to tears, so I would _____ in sympathy if I saw that movie.

v. to cry tears because of sadness, rage, or pain

ANSWERS: 71. Advocates, 72. illusion, 73. ineffective, 74. cringed, 75. hell, 76. globe, 77. solitary, 78. weep

79. The ruling was considered _____ by many people in the community.
adj. not fair or equitable; lacking in justice or impartiality; morally unacceptable or wrong
80. He is more of a hypocrite than a _____ to be honest.
n. a person who loves their nation and would fight for it if required
81. The _____ of getting the disease will drastically increase.
n. a chance that something may happen or be true
82. The behavior of the clown at the party was quite _____.
adj. strange or odd, typically in an interesting or attractive way
83. The customs agents seized the _____ shipment.
adj. not allowed by law
84. The _____ appearance of the building was impressive, but the inside was in dire need of repairs.
adj. relating to the external appearance or surface of something; visible
85. The poem depicts the heroics of a legendary _____.
n. a person who engaged in or experienced warfare, especially in the past
86. The castle was _____ several years later.
v. to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensity
87. The doctor prescribed medication to _____ the patient's appetite.
v. to bring something under control by force or authority; to put an end by force

ANSWERS: 79. unjust, 80. patriot, 81. possibility, 82. queer, 83. illegal, 84. outward, 85. warrior, 86. abandoned, 87. suppress

88. The _____ demonstrate that poverty and unemployment are genuine problems.
- n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
89. The night shift _____ checked my vital signs before administering the medication.
- n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury
90. The community greatly respected and sought after the older adult's _____.
- n.* the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions
91. He was considered a _____ in economics and consulted by many leaders.
- n.* a spiritual teacher or leader, notably in Hindu and Sikh traditions; a person who has knowledge and expertise in a particular area
92. Human _____ responses vary widely depending on the society to which they belong.
- adj.* relating to people's feelings
93. Women may increase _____ production through romantic love.
- n.* a hormone secreted by the pituitary which stimulates contractions of the uterus during labor (= the process of pushing out a baby) and the ejection of milk
94. Some herds have been observed to _____ hundreds of kilometers.
- v.* to make or be capable of making anything longer or broader without hurting or breaking

ANSWERS: 88. statistics, 89. nurse, 90. wisdom, 91. guru, 92. emotional, 93. oxytocin, 94. stretch

95. In several countries, child _____ is a serious social problem.

- n.* productive work, especially physical work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal

96. Who answers _____ knows little.

- adv.* quickly and unexpectedly

97. The police _____ the suspect for questioning.

- v.* to keep someone in official custody; to prevent them from leaving

98. She received her _____ in psychology from the university.

- n.* a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment

99. The crime scene was _____ and gruesome.

- adj.* covered in or smeared with blood; involving or characterized by bloodshed or brutality

100. He took the _____ to work every day to avoid traffic congestion.

- n.* an underground railway system, typically in a city

101. You cannot accomplish great things without a _____ of your time or money.

- n.* the act of killing an animal or person or surrendering a possession as an offering to a deity; (verb) to give up something important or valuable to help another person or get or do something that seems more important

102. The extremist group aims to _____ young people through its propaganda.

- v.* to cause or become more radical in one's beliefs or actions; to adopt or promote more extreme or uncompromising ideas or practices

ANSWERS: 95. labor, 96. suddenly, 97. detained, 98. degree, 99. bloody, 100. subway, 101. sacrifice, 102. radicalize

103. The majority of students actively _____ in the college's intramural sports program.

v. to take part in something

104. The _____ of the dancers on stage was graceful and elegant.

n. a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

105. He was _____ for embezzlement.

v. to confine a person to a prison, a detention facility, or a place of involuntary confinement

106. The _____ team worked quickly to save the patient's life.

adj. relating to the treatment of illness or injuries; relating to the practice of medicine

107. The _____ plants need to be pollinated by local insects.

adj. someone or something that is native to or occurring naturally in a particular place

108. She closed her eyes and _____ for strength to overcome difficult times.

v. to make a request or petition to a higher power, especially in the form of a respectful or humble request

109. The man wore a _____ as part of his traditional cultural attire.

n. a headdress consisting of a long piece of cloth wound around the head and sometimes the face

110. The prisoner spent months in solitary _____.

n. the act of confining or limiting movement, often by keeping someone in a specific place or within a specific area; a state of being physically or emotionally restricted or limited

ANSWERS: 103. participated, 104. movement, 105. imprisoned, 106. medical, 107. indigenous, 108. prayed, 109. turban, 110. confinement

111. Nerve _____ cross a synapse through the action of neurotransmitters.

- n.* a sudden strong and unreflective wish or need to do something; the electrical discharge that travels along a nerve fiber

112. A _____ prison is designed to house the most dangerous inmates.

- adj.* used to describe a high-security prison designed to house the most dangerous inmates, often characterized by strict confinement, reduced privileges, and intense surveillance

113. Various artificially induced causes are _____ our ecosystem.

- v.* to utter intentions of injury or punishment against someone

114. He gained debt _____.

- n.* the act of stopping feeling angry or resentful towards someone for a mistake or offense with compassion

115. He created an _____ shaped torso.

- adv.* in a faulty or incomplete way

116. The animal rights group worked to _____ the dolphins back into the wild.

- v.* to set free or allow to escape from confinement

117. She always wore her hair in a single _____ down her back.

- n.* a complex pattern, design, or plait formed out of three or more strands, often used decoratively in hair, clothing, or textiles; threads of silk, cotton, or other material attached to clothes, uniforms, or other things made of cloth, as a decoration

118. The waves are beating against the _____.

- n.* the land along the edge of a sea, lake, broad river, or other large body of water; (verb) to support by placing against something solid or rigid

ANSWERS: 111. impulses, 112. supermax, 113. threatening, 114. forgiveness, 115. imperfectly, 116. release, 117. braid, 118. shore

119. He has built a thriving e-commerce _____.

n. a group of countries ruled by one leader or government

120. Shares in the company finally fell below their ____ value.

n. a state of being equal to someone or something

121. Within days, the new aircraft was in _____ service.

adj. in the most critical or dangerous position; in the military line or part of an army closest to the enemy

122. They had a complete _____ a few days after their argument.

n. the restoration of cordial or friendly relations; getting two things to correspond

123. Her candidacy for the _____ has been met with both support and criticism.

n. the office or term of the President of a country or organization

124. The complexity of scientific theories was _____ for most people.

adj. beyond what can be imagined or conceived; impossible to comprehend or envision

125. They _____ enormous power and influence.

v. to possess and exercise power, authority, etc

126. Bureaucracies are more _____ than other systems or organizations.

adj. capable of being made to do something dishonest or immoral

127. Ethics deals with _____ conduct.

adj. concerned with the principles of what is right and wrong, fairness, honesty, etc.

ANSWERS: 119. empire, 120. par, 121. frontline, 122. reconciliation, 123. presidency, 124. unimaginable, 125. wielded, 126. corruptible, 127. moral

128. I absolutely _____ spiders and can't stand to be near them.

- v.* to feel strong hatred or disgust for someone or something; to be unwilling or reluctant to do something

129. Shakespeare's output of poetry was _____.

- adj.* extremely large or great

130. He was attempting to confuse his _____.

- n.* a person against whom you are playing or fighting in a game, competition, debate, etc.

131. The company is facing a _____ for its alleged discrimination against employees.

- n.* a legal action taken by one party against another in a court of law, typically seeking damages or some other form of remedy for perceived wrongs or harms suffered

132. The police are searching for the _____ who stole the jewels.

- n.* a person who has committed a crime

133. He could never go against what ___ Carlos said.

- n.* a Spanish gentleman; a university lecturer, especially a senior member of a college at Oxford or Cambridge

134. This intriguing _____ mystery remains unsolved.

- n.* the crime of killing somebody intentionally

135. These heavy rains caused flash _____ on several islands.

- n.* a large amount of water flowing beyond its normal limits; an overwhelming number or amount

ANSWERS: 128. loathe, 129. enormous, 130. opponent, 131. lawsuit, 132. criminal, 133. Don, 134. murder, 135. floods

136. He thinks she is a high _____ because she always talks about herself and her accomplishments.

- n.* a person who is excessively self-absorbed, especially regarding their appearance or achievements

137. She used an electric _____ to light her way through the dark cave.

- n.* a portable device that produces a flame, typically one that is used to light a fire or a candle

138. The clinical _____ assisted with the delivery of the baby.

- n.* a person trained to assist women during childbirth and to provide care for the mother and baby

139. The government has decided to _____ illegal immigrants back to their home countries.

- v.* to force someone to leave a country, typically on the grounds of illegal status or for having committed a crime

140. Its _____ brothers are difficult to tell apart except for their parents.

- n.* either of two children born at the same time from the same mother

141. The _____ of the court's decision angered many people and led to protests.

- n.* a violation of the rights of others or the laws of a society

142. This _____ does not require the patient's consent.

- n.* the action or process of being done to improve or help a circumstance, often they have not been asked to do so

ANSWERS: 136. narcissist, 137. torch, 138. midwife, 139. deport, 140. twin, 141. injustice, 142. intervention