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Howard C. Stevenson: How to resolve racially stressful situations | TED Talk

https://www.ted.com/talks/howard_c_stevenson_how_to_resolve_racially_stressful_situations

All Words

IMPORTANT

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Session 1: Word List

proverb

n. a short saying that expresses a truth or gives advice based on practical experience

synonym: adage, saying, maxim

(1) a hackneyed **proverb**, (2) ancient **proverb**

The famous **proverb** "actions speak louder than words" reminds us to focus on deeds instead of words.

hunt

v. to go after and try to catch wild animals to kill them for food, sport, or profit

synonym: chase, pursuit, quest

(1) **hunt** a job, (2) **hunt** after knowledge

Hounds **hunt** their prey by using their keen scent.

racial

adj. of or related to the race (= classification of humans into groups based on physical traits or social relations)

synonym: ethnic, tribal, ethnical

(1) **racial** prejudice, (2) **racial** and ethnic backgrounds

A minor **racial** conflict later led to a civil war.

conversation

n. an informal talk between two or more people to exchange their views, ideas, information, etc.

synonym: chat, discussion, dialogue

(1) **conversation** in English, (2) a friendly **conversation**

Your **conversation** reflects your thoughts.

decode

v. to convert something, such as a message or piece of information, from a specific form into one that you can understand

synonym: decipher, translate, interpret

(1) **decode** a message, (2) ability to **decode** the differences

The software could **decode** the encrypted data and reveal the hidden information.

threat

n. a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation

synonym: menace, danger, hazard

(1) economic **threat**, (2) environmental **threat**

The **threat** of severe weather prompted the city to issue an evacuation warning.

represent

v. to speak, act, or be present on behalf of another person or group; to form or constitute

synonym: depict, express, describe

(1) **represent** by a diagram, (2) the characters that **represent** numbers

We elected him to **represent** us at the international conference.

heal

v. to make a wound or injury to become well again

synonym: recover, bring around, mend

(1) **heal** a broken bone, (2) **heal** the hurt mind

It will take time for her mental scars to **heal**.

discriminate

v. to treat a person or particular group of people worse or better than another, especially in an unfair way; to recognize or perceive the difference between people or things

synonym: show prejudice, segregate, differentiate

(1) **discriminate** against women employees,
(2) **discriminate** between different things
You should not **discriminate** against minorities.

humanize

v. to make something or someone more humane or compassionate; to make something more relatable or understandable to humans

synonym: civilize, personalize

(1) **humanize** my pet, (2) **humanize** a room

The charity event aims to **humanize** the homeless rather than treat them as mere statistics.

conflict

n. a strong disagreement, argument, or a violent clash between two opposing groups or individuals

synonym: clash, discord, competition

(1) the **conflict** between good and evil, (2) the longstanding **conflict**

He and I often had **conflicts**, not only in personality but also in ideology.

church

n. a building or institution dedicated to religious worship or activities; a Christian religious organization or denomination

synonym: chapel, cathedral, synagogue

(1) **church** bell, (2) small **church**

The **church** on the corner is hosting a free community meal tonight.

pray

v. to make a request or petition to a higher power, especially in the form of a respectful or humble request

synonym: implore, supplicate, entreat

(1) **pray** devoutly, (2) **pray** for rain

She closed her eyes and **prayed** for strength to overcome difficult times.

spiritual

adj. relating to or affecting the human spirit or soul as opposed to material or physical things

synonym: otherworldly, ethereal, transcendental

(1) constant **spiritual** striving, (2) **spiritual** leader

The meditation class was focused on finding inner peace and cultivating a more **spiritual** connection with the universe.

relation

n. the way two persons or groups of people feel and act toward one another

synonym: association, linkage, connection

(1) **relation** between cause and effect, (2) **relation** of inclusion

The industrial **relations** laws were passed with little to no alteration.

violent

adj. involving or caused by physical force or aggression against someone or something

synonym: aggressive, intense, turbulent

(1) victim of a **violent** crime, (2) **violent** incident

The protesters became **violent** when the police tried to disperse them.

segregation

n. the act or process of separating or isolating people, things, or groups based on race, gender, religion, social class, or other characteristics; a political or social system that enforces such separation or isolation

synonym: isolation, separation, discrimination

(1) racial **segregation**, (2) **segregation** of power

Segregation based on race or ethnicity is illegal and unjust.

chase

v. to pursue something or someone to catch or capture them; to go after something vigorously or with determination; (noun) a pursuit or a hunt; a narrow groove or channel cut into a surface, often used for decorative purposes

synonym: pursue, hunt, track

(1) **chase** a dream, (2) wild goose **chase**

The police officer **chased** the suspect through the crowded streets until they finally caught him.

- folk** *n.* people in general, especially those of a particular group or type
synonym: community, family, person
(1) **folk** art, (2) the **folk** songs of a particular district
Some seaweed was used as **folk** medicine in ancient times.
- physically** *adv.* in a way related to a person's body or appearance rather than their mind
(1) **physically** and mentally, (2) stay **physically** fit
Having a **physically** healthy physique is essential for a great life.
- deferential** *adj.* showing or expressing respect or obedience; yielding to someone else's opinions or judgment
synonym: respectful, submissive, obedient
(1) **deferential** attitude, (2) **deferential** language
The new employee was **deferential** and respectful towards his superiors.
- verbal** *adj.* expressed in spoken rather than written words
synonym: speaking, lingual, oral
(1) **verbal** communication, (2) **verbal** abuse
The candidate must have excellent **verbal** skills.
- presence** *n.* the fact or state that someone or something exists, occurs, or is present
synonym: existence, actuality, fact
(1) the evidence of the **presence**, (2) his majestic **presence**
The path to a solid online **presence** necessitates a high technical ability.
- harmony** *n.* the combination of simultaneous musical notes to produce a pleasing effect; an attractive combination of related things and their properties
synonym: balance, accord, congruence
(1) a **harmony** of colors, (2) break a **harmony**

We worked in perfect **harmony**.

reputation

n. the general opinion that people have about someone or something, especially when this is based on their previous experiences or behaviors

synonym: fame, standing, esteem

(1) **reputation** risk, (2) cloud his **reputation**

She has a good **reputation** for being one of the best chefs in the city.

misbehave

v. to behave badly

synonym: act up, fool around, trespass

(1) **misbehave** with language, (2) the student who had **misbehaved**

It was unbelievable that they should **misbehave**.

scared

adj. afraid or frightened

synonym: frightened, fearful, dreading

(1) **scared** all the time, (2) **scared** dog

I'm **scared** of insects.

interpret

v. to explain or assign the meaning of information, actions, etc.

synonym: decode, decipher, analyze

(1) **interpret** a graph, (2) **interpret** the question

Different people might **interpret** this news differently.

judge

n. a person who makes decisions in a court of law; (verb) to determine the result of or form a critical opinion of something

synonym: arbiter, justice, (verb) deduce

(1) **judge** a competition, (2) an associate **judge**

The strict **judge** ruled in favor of the plaintiff in the case.

salesperson

n. a person whose job is to sell goods in a shop or directly to customers

synonym: dealer, seller, vendor

(1) a **salesperson** in a store, (2) a drapery **salesperson**
He received the title of the best **salesperson** in all our branches worldwide.

convey

v. to express ideas, feelings, etc. so that it is known or understood by other people; to carry something from one place to another

synonym: communicate, transfer, deliver

(1) **convey** a complex idea, (2) **convey** goods by truck
An ironic remark often **conveys** an intended meaning obliquely.

belt

v. to sing loudly and forcefully; to hit someone or something hard; (noun) a strip of leather or other material worn to tie or buckle something around the body

synonym: sing, hit hard, (noun) strap

(1) **belt** him in the face, (2) leather **belt**

The band was **belting** out old songs in response to audience requests.

curse

n. a rude or offensive word or an expression that is not polite and shows that you are very angry

synonym: condemnation, cuss, hex

(1) under a **curse**, (2) few **curse** words

Many autocratic policies became a **curse** for that country's economy.

writhe

v. to twist and turn the body or a part of it, as from pain or struggle

synonym: contort, twist, convulse

(1) **writhe** in agony, (2) **writhe** with pleasure

The snake **writhed** and twisted as it tried to escape the trap.

utter

adj. complete, total, or absolute; said, done, or experienced without any exceptions or qualifications; spoken aloud or enunciated very clearly and distinctly; (verb) to speak or

articulate words, sounds, or a voice

synonym: absolute, complete, total

(1) **utter** nonsense, (2) **utter** a big sigh

The **utter** chaos of the concert crowd made it seem like a wild animal was in the room.

decay

n. the process or state of rotting or decomposition by natural causes such as the action of bacteria and fungi;
(verb) to rot or decompose through natural causes

synonym: corrosion, decomposition, deterioration

(1) radioactive **decay**, (2) prevent tooth **decay**

The dead body was in an advanced state of **decay**.

decomposition

n. the process of breaking down organic matter into simpler substances through natural processes such as decay

synonym: decay, putrefaction, corruption

(1) **decomposition** process, (2) chemical **decomposition**

The **decomposition** of organic matter releases nutrients back into the soil.

whimper

v. to make a low, weak, or sobbing sound, often because of fear, sadness, or weakness; to speak or say something in a feeble or unassertive manner

synonym: weep, sob, whine

(1) **whimper** softly, (2) **whimper** in pain

Hearing the sad news, he couldn't help but **whimper** in sorrow.

sham

n. something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

synonym: bogus, counterfeit, fraudulent

(1) a **sham** battle, (2) turn out to be all **sham**

The data he prepared was completely **sham**.

Christ

n. the man that Christians believe is the prophet and the son of God, and whose life and sermons form the basis for Christianity

synonym : Savior, Jesus Christ, Jesus

(1) teaching of **Christ**, (2) before **Christ**

Christmas is the day to celebrate the birth of Christ.

strategy

n. a detailed plan of action designed to achieve a long-term or overall goal.

synonym : approach, procedure, scenario

(1) military **strategy**, (2) develop a **strategy**

Our plan includes a comprehensive marketing **strategy**.

conciliation

n. the act of resolving or reconciling differences, disputes, or conflicts between two or more parties through mediation, negotiation, or compromise

synonym : mediation, arbitration, peacemaking

(1) industrial **conciliation**, (2) **conciliation** hearing

The labor union and management reached a **conciliation** agreement after months of negotiation.

confrontation

n. the act of facing or dealing with something directly and openly; a direct and often hostile encounter or disagreement

synonym : face-off, conflict, competition

(1) violent **confrontation**, (2) verbal **confrontation**

The **confrontation** between the two nations escalated into a full-blown war.

headlight

n. a bright forward-facing light on a vehicle, typically used at night to illuminate the road ahead

synonym : headlamp, beam, lamp

(1) **headlight** adjustment, (2) **headlight** switch

My car's **headlight** must be replaced before I drive again at night.

lash

v. to strike or hit someone with a whip or other flexible instrument; to criticize or rebuke someone severely; to bind or tie something tightly with a cord or strap

synonym : whip, beat, strike

(1) **lash** the oxen, (2) **lash** a rope

The mother **lashed** out at her child for misbehaving in public.

heedless

adj. showing a lack of attention, care, or concern; negligent or reckless; characterized by a disregard for potential dangers or consequences

synonym : careless, inattentive, thoughtless

(1) **heedless** disregard, (2) **heedless** actions

He was **heedless** of the warnings and crossed the busy street without looking.

thoughtless

adj. lacking consideration for others; inconsiderate; not reflecting on one's actions or words; showing a lack of thought or intelligence

synonym : unthinking, careless, insensitive

(1) **thoughtless** comment, (2) **thoughtless** mistake

The **thoughtless** actions of the students caused damage to the school property.

process

n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

synonym : procedure, method, system

(1) **process** improvement, (2) decision-making **process**

The **process** for applying for a visa can be lengthy and complicated.

prevalent

adj. existing very commonly in a particular area or in a specific time

synonym : common, ubiquitous, rampant

(1) **prevalent** in Japan, (2) **prevalent** belief

This virus is **prevalent** in many tropical nations.

neuroscience

n. the scientific study of the function, structure, and disorder of the brain and the nervous system

(1) the branch of **neuroscience**, (2) a theoretical concept in **neuroscience**

Our university is famous for its professors, who are well-versed in behavioral **neuroscience**.

threaten

v. to utter intentions of injury or punishment against someone

synonym: endanger, terrorize, intimidate

(1) **threaten** a healthy relationship, (2) **threaten** national security

Various artificially induced causes are **threatening** our ecosystem.

brain

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

synonym: intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage
X-rays revealed a small tumor in his **brain**.

lockdown

n. an emergency policy for people, communities, or a country to stay where they are, usually due to specific risks, such as COVID-19

(1) go on **lockdown**, (2) **lockdown** area

The country's prime minister has decided to implement a nationwide **lockdown** measure.

convince

v. to persuade someone or make someone believe that something is true

synonym: persuade, win over, convert

(1) **convince** her to go with us, (2) **convince** an opponent
I am considering what I should do to **convince** him.

deserve

v. to be worthy of or entitled to something, especially something good or valuable

synonym: merit, earn, justify

(1) **deserve** respect, (2) **deserve** this prize

The employee **deserved** the promotion for their hard work and dedication.

empower

v. to give someone the power or authority to do something

synonym: authorize, endow, entitle

(1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

collaborate

v. to work with someone else to produce or achieve something

synonym: cooperate, unite, get together

(1) **collaborate** with the police, (2) **collaborate** on a press release

She agreed to **collaborate** with him in creating new artwork.

scary

adj. causing fear or fright; frightening; intimidating

synonym: terrifying, frightening, alarming

(1) **scary** dream, (2) **scary** story

The horror movie was so **scary** that I couldn't watch it alone.

encounter

v. to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet, especially unexpectedly

synonym: meet, run into, come across

(1) **encounter** a crisis, (2) **encounter** a storm

I'm prepared to **encounter** challenges throughout this adventure.

native

adj. connecting with or describing someone's birth country or place of birth, or someone born in a specific country or place

synonym : endemic, domestic, aboriginal

(1) **native** to Africa, (2) **native** language

The vegetation here is almost wholly **native**.

unprepared

adj. not properly or adequately prepared; lacking preparation; not ready

synonym : inexperienced, caught off-guard, ill-equipped

(1) **unprepared** speech, (2) **unprepared** for the exam

The **unprepared** student struggled on the test and received a low grade.

overreact

v. to react more strongly or excessively than is necessary or appropriate

synonym : overplay, exaggerate, overstate

(1) **overreact** with anger, (2) **overreact** to the criticism

She **overreacted** to the situation and caused unnecessary stress.

intensify

v. to increase or make something increase in extent or strength

synonym : amplify, boost, strengthen

(1) **intensify** diplomatic efforts, (2) **intensify** a good relationship

Rebels have pledged to **intensify** the armed struggle against the dictatorship.

expel

v. to officially force someone to leave a school, organization, or country

synonym : deport, oust, dislodge

(1) **expel** him from his native country, (2) **expel** air from the lungs

He took a big drag of his cigarette and slowly **expelled** the smoke.

negotiate

v. to have formal discussions with someone to reach an agreement

synonym :

discuss, mediate, bargain

(1) **negotiate** a settlement, (2) **negotiate** the price of the house

We are always happy to **negotiate** a discount.

involve

v. to include or affect someone or something as a necessary part of something else

synonym: implicate, include, engage

(1) **involve** a lot of paperwork, (2) **involve** a high degree of risk

The investigation **involves** several government agencies and is expected to take several months.

recast

v. to change the form of something, such as a metal object, by melting it down and reshaping it; to change the actors or the role of a particular actor in a play or film

synonym: modify, remake, remodel

(1) **recast** the Republican party, (2) **recast** the story

He had to **recast** his image to convince the electorate in his home state.

resolve

v. to find a suitable answer to the problems or difficulty

synonym: decide, determine, fix

(1) **resolve** a dispute, (2) **resolve** the computer error

This company **resolves** its battery problem completely.

recognize

v. to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered

synonym: acknowledge, identify, admit

(1) **recognize** talent, (2) **recognize** achievement

It's important to **recognize** your strengths and weaknesses.

reaction

n. a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others

synonym:

response, reply, answer

(1) chemical **reaction**, (2) trigger a **reaction**

There was a chemical **reaction** of the lime with the groundwater.

tsunami

n. a huge ocean wave caused by an earthquake, volcano, or other disturbance

synonym: tidal wave, seismic sea wave

(1) **tsunami** warning, (2) **tsunami** relief

The earthquake- **tsunami** caused widespread destruction along the coast.

interpretation

n. an explanation or opinion of something, especially that is not immediately obvious

synonym: rendering, explanation, understanding

(1) the **interpretation** of history, (2) open to **interpretation**

His **interpretations** of literary works are often unique.

doable

adj. possible to do; capable of existing, taking place, or proving true

synonym: realizable, accomplishable, achievable

(1) make a **doable** plan, (2) **doable** in daily life

This project is **doable** despite the tight schedule.

decision

n. the act or process of making up someone's mind about something; a choice or judgment reached after considering options

synonym: choice, determination, judgment

(1) **decision** authority, (2) a selfish **decision**

She was struggling to make a **decision** between two job offers.

pretension

n. the act of claiming or asserting something, especially without good reason or without evidence; an unfounded or excessive claim or ambition

synonym: presumption, pretense, affectation

(1) **pretension** to authority, (2) baseless **pretension**
His **pretensions** of being a gourmet were quickly exposed when he could not identify basic herbs and spices.

exaggerate

v. to describe or represent something as better or worse than it is

synonym: overstate, overestimate, amplify

(1) **exaggerate** in degree, (2) **exaggerate** story

She **exaggerated** the extent of her injuries to get more money from the settlement.

calculate

v. to judge or find out the amount or number of something by using mathematics

synonym: compute, figure, estimate

(1) **calculate** the distance, (2) **calculate** his credit score

He couldn't **calculate** the actual value of the artwork.

locate

v. to specify or determine the exact position of someone or something

synonym: discover, find, place

(1) **locate** a missing pet, (2) **locate** a tumor

The robot can accurately **locate** construction material.

communicate

v. to share or exchange information with others by speaking, writing, moving your body, or using other signals

synonym: convey, share, transmit

(1) **communicate** his anxieties to the psychiatrist,

(2) **communicate** well with my advisor

Dolphins use sound to **communicate** with each other.

exhale

v. to breathe out air or vapor from the lungs or mouth; to release or emit something slowly or gently

synonym: breathe out, expel, emit

(1) **exhale** a big sigh, (2) **exhale** cigarette smoke

He took a deep breath and slowly began to **exhale**.

intense

adj. (especially of a feeling) very strong; extremely sharp or severe

synonym : extreme, fierce, harsh

(1) **intense** heat, (2) develop **intense** itching

That statement by the prime minister drew **intense** international criticism.

specific

adj. clearly defined or particular to a certain thing or situation; distinct, explicit, and precise

synonym : particular, definite, distinct

(1) **specific** instructions, (2) industry- **specific** regulations

The scientist conducted a study that provided **specific** details about the species' behavior.

grade

n. a particular level of quality, size, importance, etc.

synonym : score, rate, degree

(1) boys in the twelfth **grade**, (2) students at all **grade** levels

Departments may set requirements for a higher **grade** point average.

stomach

n. the internal organ in the body where food is digested, situated in the abdomen; the part of the body below the chest that contains the stomach

synonym : belly, abdomen, gut

(1) upset **stomach**, (2) **stomach** virus

I have a **stomach** ache after overeating junk food.

bunch

n. a grouping of several similar things which are growing or fastened together

synonym : group, assemblage, bundle

(1) a **bunch** of trees, (2) a **bunch** of schoolgirls

One bad apple spoils the whole **bunch**.

butterfly

n. a diurnal insect typically has a slender body with knobbed antennae and broad, colorful wings

(1) **butterfly** effect, (2) the life cycle of a **butterfly**

He enjoys collecting **butterfly** specimens.

choke

v. to prevent or obstruct the normal breathing or swallowing of someone or something

synonym: strangle, suffocate, clog

(1) **choke** with anger, (2) **choke** off the blood supply

The baby started to **choke** on a piece of apple.

spot

n. a particular location or place; a small round or roundish area, differing in color or feels from the surface around it

synonym: dot, mark, place

(1) beauty **spot**, (2) a **spot** on his honor

This remote **spot** is rarely visited.

colleague

n. one of a group of a coworker, especially in a profession or a business

synonym: coworker, associate, fellow

(1) collaborate with **colleagues**, (2) former **colleague**

I decided to seek counseling on the advice of my **colleague**.

reduction

n. a decrease in size, amount, or degree

synonym: diminution, decrease, cutback

(1) **reduction** strategy, (2) a gradual **reduction**

The **reduction** in carbon emissions has been significant since the implementation of the new policy.

therapy

n. the act of caring for someone through medication, remedial training, etc.

synonym: antidote, medicine, treatment

(1) **therapy** for a patient, (2) field of gene **therapy**

I underwent aversion **therapy** for my addiction to alcohol.

emotion

n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

synonym: feeling, sentiment, passion

(1) control my **emotion**, (2) afraid to show **emotion**

Some **emotions** are common across cultures and backgrounds.

eruption

n. an instance of a sudden and violent release of lava, gas, or ash from a volcano; a sudden outburst or explosion of something

synonym: explosion, outburst, burst

(1) **eruption** alert level, (2) emotional **eruption**

The volcanic **eruption** caused widespread destruction and left the area covered in ash.

lever

n. a handle used to operate a vehicle or a machine; a rigid bar resting on a pivot so that one end of it can be pushed or pulled easily

synonym: lifter, crowbar, bar

(1) a gear change **lever**, (2) **lever** for reform

This initiative will be a **lever** for increasing company sales.

barber

n. a person who cuts men's hair and shaves beards as a profession; a shop or establishment where such services are offered

synonym: hairdresser, stylist, shaver

(1) favorite **barber**, (2) **barber** pole

The **barber** shop was closed on Monday, much to the disappointment of many customers.

educator

n. a person who teaches or educates people

synonym: teacher, instructor, lecturer

(1) business **educator**, (2) duty as an **educator**

She is an **educator** with progressive ideas.

retaliation

n. the act of seeking vengeance or revenge in response to a perceived wrong or harm suffered, usually to cause harm to the person or group responsible for the initial act

synonym: retribution, revenge, vengeance

(1) **retaliation** tactics, (2) **retaliation** against discrimination

The company faced heavy **retaliation** from its competitors

after releasing a controversial product.

separate

v. to force, take, or pull apart; mark as different

synonym: disunite, isolate, ramify

(1) **separate** video into chapter, (2) **separate** cream from milk

We need to **separate** the aspect of his personality from the part of his competence when making an investment decision.

trauma

n. an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience

synonym: agony, injury, ordeal

(1) psychic **trauma**, (2) **trauma** care

Many civilians have suffered **trauma** as a result of the war.

microaggression

n. a subtle or indirect form of discrimination or bias, often unintentional, that reinforces stereotypes or perpetuates prejudice; a seemingly minor comment or action that can harm someone's mental health or emotional well-being

(1) **microaggression** towards minorities,

(2) **microaggression** in the workplace

The expectation that women should do all the housework is a form of **microaggression**.

healing

n. the process of becoming or making somebody or something well again

synonym: recovery, recuperation, convalescence

(1) natural **healing** ability, (2) part of the **healing** process

Each ancient tribe has its **healing** traditions.

laundry

n. the act of washing clothes and linens; a room or area where clothes are washed and ironed

synonym: wash, clothes, linen

(1) send out the **laundry**, (2) **laundry** room

I need to do the **laundry** before I run out of clean clothes.

acquittal

n. a judgment of not guilty in a criminal trial or a release from a charge or obligation due to a lack of evidence or proof

synonym : exculpation, vindication, exoneration

(1) **acquittal** verdict, (2) speedy **acquittal**

The jury's **acquittal** of the defendant shocked many people who believed he was guilty.

glue

n. a sticky substance used for joining things together; a bonding agent made from animal or synthetic materials

synonym : adhesive, paste, gum

(1) **glue** stick, (2) epoxy **glue**

The carpenter applied **glue** to the cabinet joints before nailing them together.

stalk

v. to follow or track someone or something closely and quietly, usually to cause harm or surveillance; to move slowly and quietly to avoid detection; (noun) the main stem of a plant that supports leaves, flowers, and fruit; the stem or main axis of a support structure or framework

synonym : follow, creep up on, (noun) stem

(1) **stalk** of celery, (2) **stalk** from the room

The hunter quietly **stalked** the deer for hours before taking the shot

unarmed

adj. without weapons or arms; not carrying any form of weapon or ammunition, or engaging in physical conflict with weapons

synonym : defenseless, vulnerable, helpless

(1) **unarmed** combat, (2) **unarmed** robbery

The **unarmed** protesters marched peacefully through the streets.

scare

v. to frighten a person or animal, or to become frightened

synonym : frighten, spook, intimidate

(1) **scare** off her attacker by screaming, (2) **scare** the birds

away

We hit the ground to **scare** out the rabbits.

disrespect

n. an expression of lack of regard or contempt for someone or something

synonym : impoliteness, rudeness, insult

(1) mean no **disrespect**, (2) **disrespect** for a customer

His **disrespectful** behavior towards his elders earned him a stern warning from his parents.

racism

n. prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized

synonym : prejudice, discrimination, bias

(1) systemic **racism**, (2) research on anti- **racism**

The school's lack of diversity was a clear indication of the **racism** present in the community.

hood

n. a covering for the head and neck, especially one attached to a garment

synonym : hoodie, cowl, cloak

(1) **hood** ornament, (2) a silk **hood**

He pulled his waterproof **hood** up to protect himself from the rain.

awkward

adj. making you feel uncomfortable or embarrassed; causing inconvenience or difficulty

synonym : embarrassing, discomfiting, clumsy

(1) an **awkward** expression, (2) an **awkward** date

The **awkward** design of the interface made the operation difficult.

rhythm

n. a strong regular repeated pattern of sounds, words, or musical notes that are used in music, poetry, and dancing

synonym : beat, cadence, tempo

(1) in samba **rhythm**, (2) irregular heart **rhythm**
He beat out a jazz **rhythm** on the cajones.

groove

n. a long, narrow cut or depression in a hard material or surface; a particular style of popular music characterized by a strong and repetitive rhythm

synonym: rut, channel, furrow

(1) **groove** on the dance floor, (2) get into the **groove**
The band played a smooth **groove** that got everyone dancing.

stereotype

n. a fixed and unvarying idea or image that people have about what someone or something is like, but which is often not true in reality and may cause hurt and offense

(1) avoid **stereotype**, (2) negative **stereotypes**
Changing **stereotypes** about LGBTQ requires considerable effort.

interrupt

v. to say or do something that causes someone to stop in their speech or action

synonym: disturb, hinder, break in

(1) **interrupt** a call, (2) abruptly **interrupt**
Her sleep was **interrupted** by recurring pain.

criminal

n. a person who has committed a crime

synonym: offender, lawbreaker, delinquent

(1) wanted **criminal**, (2) **criminal** investigation
The police are searching for the **criminal** who stole the jewels.

confirm

v. to support or establish the truth or certainty of something previously believed or suspected to be the case

synonym: affirm, verify, assure

(1) **confirm** the diagnosis, (2) **confirm** a transaction
Please write to **confirm** your reservation.

condone

v. to overlook, forgive, or show approval for an action or behavior that is wrong or disapproved of

synonym: excuse, overlook, tolerate

(1) **condone** the behavior, (2) **condone** the action

The parents refused to **condone** their daughter's behavior, which they considered unacceptable.

priceless

adj. extremely valuable or important

synonym: invaluable, incalculable, precious

(1) **priceless** work of art, (2) **priceless** opportunity

Investigators discovered **priceless** documents throughout the house.

calculated

adj. done with careful thought or planning; deliberate and intentional; based on a process of reasoning or estimation rather than on instinct or chance

synonym: premeditated, willful, deliberate

(1) **calculated** bankruptcy, (2) **calculated** crime

The company made a **calculated** decision to invest in new technology.

controllable

adj. able to be controlled or directed

synonym: manageable, governable, submissive

(1) computer- **controllable**, (2) **controllable** aircraft

The new software is much more **controllable** and user-friendly.

wan

adj. looking pale or sickly; lacking vitality or energy

synonym: pale, pallid, ashen

(1) **wan** light, (2) a **wan** smile

His **wan** complexion showed that he was feeling very ill.

mess

n. a state of confusion, dirtiness, or untidiness; (verb) to fail to do something or to make something dirty or untidy

synonym: disarray, confusion, predicament

(1) have a whole **mess**, (2) get into a **mess**

He made a frightful **mess** in his room.

crazy

adj. stupid or not sensible; very angry

synonym : insane, absurd, bizarre

(1) **crazy** about cars and racing, (2) a **crazy** scheme

The rain and thunder are **crazy** today.

handsome

adj. physically attractive and pleasing in appearance;
attractive and generous

synonym : good-looking, attractive, beautiful

(1) a **handsome** young man, (2) a **handsome** salary

The politician was known for his **handsome** appearance and charm.

planet

n. any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star

synonym : earth, world, globe

(1) **planet** like the Earth, (2) save the **planet**

Mercury is the closest **planet** to the sun.

adventure

n. a journey or a series of events that is unusual, exciting, or dangerous

synonym : experience, happening, incident

(1) gastronomic **adventures**, (2) **adventure** film

He sailed the Atlantic Ocean multiple times during his **adventures**.

engage

v. to attract and keep someone's attention and interest; to participate in or obtain services of something

synonym : confront, employ, amuse

(1) **engage** in environmental protection activities,

(2) **engage** a new employee

Many multinational companies are **engaged** in the reconstruction of that country.

rage

n. a strong feeling of anger or violence

synonym: fury, anger, outrage

(1) uncontrollable **rage**, (2) fall into a **rage**

She was filled with a burning **rage** at the injustice she had witnessed.

Session 2: Spelling

1. duty as an ed_____or
n. a person who teaches or educates people
2. tho_____ss comment
adj. lacking consideration for others; inconsiderate; not reflecting on one's actions or words; showing a lack of thought or intelligence
3. en_____er a crisis
v. to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet, especially unexpectedly
4. ne_____te a settlement
v. to have formal discussions with someone to reach an agreement
5. cr_____al investigation
n. a person who has committed a crime
6. sc__y dream
adj. causing fear or fright; frightening; intimidating
7. ut__r a big sigh
adj. complete, total, or absolute; said, done, or experienced without any exceptions or qualifications; spoken aloud or enunciated very clearly and distinctly; (verb) to speak or articulate words, sounds, or a voice
8. baseless pre_____on
n. the act of claiming or asserting something, especially without good reason or without evidence; an unfounded or excessive claim or ambition

ANSWERS: 1. educator, 2. thoughtless, 3. encounter, 4. negotiate, 5. criminal, 6. scary, 7. utter, 8. pretension

9. pr_____ss work of art *adj.* extremely valuable or important
10. un_____d robbery *adj.* without weapons or arms; not carrying any form of weapon or ammunition, or engaging in physical conflict with weapons
11. exa_____te story *v.* to describe or represent something as better or worse than it is
12. in_____e a lot of paperwork *v.* to include or affect someone or something as a necessary part of something else
13. mic_____ion in the workplace *n.* a subtle or indirect form of discrimination or bias, often unintentional, that reinforces stereotypes or perpetuates prejudice; a seemingly minor comment or action that can harm someone's mental health or emotional well-being
14. se_____te cream from milk *v.* to force, take, or pull apart; mark as different
15. a friendly con_____ion *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
16. le__r for reform *n.* a handle used to operate a vehicle or a machine; a rigid bar resting on a pivot so that one end of it can be pushed or pulled easily
17. re_____nt by a diagram *v.* to speak, act, or be present on behalf of another person or group; to form or constitute

ANSWERS: 9. priceless, 10. unarmed, 11. exaggerate, 12. involve, 13. microaggression, 14. separate, 15. conversation, 16. lever, 17. represent

18. research on anti-ra___m *n.* prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized
19. se_____te video into chapter *v.* to force, take, or pull apart; mark as different
20. co_____e the action *v.* to overlook, forgive, or show approval for an action or behavior that is wrong or disapproved of
21. ability to de___e the differences *v.* to convert something, such as a message or piece of information, from a specific form into one that you can understand
22. con_____ion hearing *n.* the act of resolving or reconciling differences, disputes, or conflicts between two or more parties through mediation, negotiation, or compromise
23. dis_____ct for a customer *n.* an expression of lack of regard or contempt for someone or something
24. con_____ion in English *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
25. permanent br__n damage *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
26. re_____on strategy *n.* a decrease in size, amount, or degree
27. wild goose ch__e *v.* to pursue something or someone to catch or capture them; to go after something vigorously or with determination; (noun) a pursuit or a hunt; a narrow groove or channel cut into a surface, often used for decorative purposes

ANSWERS: 18. racism, 19. separate, 20. condone, 21. decode, 22. conciliation, 23. disrespect, 24. conversation, 25. brain, 26. reduction, 27. chase

28. avoid ste_____pe *n.* a fixed and unvarying idea or image that people have about what someone or something is like, but which is often not true in reality and may cause hurt and offense
29. pr_____nt in Japan *adj.* existing very commonly in a particular area or in a specific time
30. industry-sp_____ic regulations *adj.* clearly defined or particular to a certain thing or situation; distinct, explicit, and precise
31. cal_____ed bankruptcy *adj.* done with careful thought or planning; deliberate and intentional; based on a process of reasoning or estimation rather than on instinct or chance
32. an associate ju__e *n.* a person who makes decisions in a court of law; (verb) to determine the result of or form a critical opinion of something
33. re_____ze talent *v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
34. l__h the oxen *v.* to strike or hit someone with a whip or other flexible instrument; to criticize or rebuke someone severely; to bind or tie something tightly with a cord or strap
35. ra___l prejudice *adj.* of or related to the race (= classification of humans into groups based on physical traits or social relations)
36. chemical re_____on *n.* a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others

ANSWERS: 28. stereotype, 29. prevalent, 30. specific, 31. calculated, 32. judge, 33. recognize, 34. lash, 35. racial, 36. reaction

37. beauty s__t *n.* a particular location or place; a small round or roundish area, differing in color or feels from the surface around it
38. a ha_____me salary *adj.* physically attractive and pleasing in appearance; attractive and generous
39. mean no dis_____ct *n.* an expression of lack of regard or contempt for someone or something
40. col_____te with the police *v.* to work with someone else to produce or achieve something
41. a ha_____y of colors *n.* the combination of simultaneous musical notes to produce a pleasing effect; an attractive combination of related things and their properties
42. cloud his rep_____on *n.* the general opinion that people have about someone or something, especially when this is based on their previous experiences or behaviors
43. upset st_____h *n.* the internal organ in the body where food is digested, situated in the abdomen; the part of the body below the chest that contains the stomach
44. l__h a rope *v.* to strike or hit someone with a whip or other flexible instrument; to criticize or rebuke someone severely; to bind or tie something tightly with a cord or strap
45. radioactive de__y *n.* the process or state of rotting or decomposition by natural causes such as the action of bacteria and fungi; (verb) to rot or decompose through natural causes

ANSWERS: 37. spot, 38. handsome, 39. disrespect, 40. collaborate, 41. harmony, 42. reputation, 43. stomach, 44. lash, 45. decay

46. racial seg_____on *n.* the act or process of separating or isolating people, things, or groups based on race, gender, religion, social class, or other characteristics; a political or social system that enforces such separation or isolation
47. the longstanding co_____ct *n.* a strong disagreement, argument, or a violent clash between two opposing groups or individuals
48. cr__y about cars and racing *adj.* stupid or not sensible; very angry
49. ret_____on against discrimination *n.* the act of seeking vengeance or revenge in response to a perceived wrong or harm suffered, usually to cause harm to the person or group responsible for the initial act
50. afraid to show em_____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
51. ad_____re film *n.* a journey or a series of events that is unusual, exciting, or dangerous
52. re___t the story *v.* to change the form of something, such as a metal object, by melting it down and reshaping it; to change the actors or the role of a particular actor in a play or film
53. military st_____gy *n.* a detailed plan of action designed to achieve a long-term or overall goal.
54. dis_____ate against women employees *v.* to treat a person or particular group of people worse or better than another, especially in an unfair way; to recognize or perceive the difference between people or things

ANSWERS: 46. segregation, 47. conflict, 48. crazy, 49. retaliation, 50. emotion, 51. adventure, 52. recast, 53. strategy, 54. discriminate

55. victim of a vi_____t crime *adj.* involving or caused by physical force or aggression against someone or something
56. epoxy g__e *n.* a sticky substance used for joining things together; a bonding agent made from animal or synthetic materials
57. in samba rh___m *n.* a strong regular repeated pattern of sounds, words, or musical notes that are used in music, poetry, and dancing
58. f__k art *n.* people in general, especially those of a particular group or type
59. break a ha_____y *n.* the combination of simultaneous musical notes to produce a pleasing effect; an attractive combination of related things and their properties
60. mic_____ion towards minorities *n.* a subtle or indirect form of discrimination or bias, often unintentional, that reinforces stereotypes or perpetuates prejudice; a seemingly minor comment or action that can harm someone's mental health or emotional well-being
61. the co_____ct between good and evil *n.* a strong disagreement, argument, or a violent clash between two opposing groups or individuals
62. he_____ht adjustment *n.* a bright forward-facing light on a vehicle, typically used at night to illuminate the road ahead
63. un_____d combat *adj.* without weapons or arms; not carrying any form of weapon or ammunition, or engaging in physical conflict with weapons

ANSWERS: 55. violent, 56. glue, 57. rhythm, 58. folk, 59. harmony, 60. microaggression, 61. conflict, 62. headlight, 63. unarmed

64. unp_____ed for the exam *adj.* not properly or adequately prepared; lacking preparation; not ready
65. en___e a new employee *v.* to attract and keep someone's attention and interest; to participate in or obtain services of something
66. wh_____r in pain *v.* to make a low, weak, or sobbing sound, often because of fear, sadness, or weakness; to speak or say something in a feeble or unassertive manner
67. ba___r pole *n.* a person who cuts men's hair and shaves beards as a profession; a shop or establishment where such services are offered
68. the f__k songs of a particular district *n.* people in general, especially those of a particular group or type
69. lo___e a missing pet *v.* to specify or determine the exact position of someone or something
70. ex___e cigarette smoke *v.* to breathe out air or vapor from the lungs or mouth; to release or emit something slowly or gently
71. sc___e off her attacker by screaming *v.* to frighten a person or animal, or to become frightened
72. he_____ss actions *adj.* showing a lack of attention, care, or concern; negligent or reckless; characterized by a disregard for potential dangers or consequences
73. send out the la_____y *n.* the act of washing clothes and linens; a room or area where clothes are washed and ironed

ANSWERS: 64. unprepared, 65. engage, 66. whimper, 67. barber, 68. folk, 69. locate, 70. exhale, 71. scare, 72. heedless, 73. laundry

74. ch__e off the blood supply *v.* to prevent or obstruct the normal breathing or swallowing of someone or something
75. open to int_____ion *n.* an explanation or opinion of something, especially that is not immediately obvious
76. in_____fy a good relationship *v.* to increase or make something increase in extent or strength
77. in_____e a high degree of risk *v.* to include or affect someone or something as a necessary part of something else
78. exa_____te in degree *v.* to describe or represent something as better or worse than it is
79. ex___e a big sigh *v.* to breathe out air or vapor from the lungs or mouth; to release or emit something slowly or gently
80. constant sp_____al striving *adj.* relating to or affecting the human spirit or soul as opposed to material or physical things
81. re_____e the computer error *v.* to find a suitable answer to the problems or difficulty
82. de___e a message *v.* to convert something, such as a message or piece of information, from a specific form into one that you can understand
83. teaching of Ch___t *n.* the man that Christians believe is the prophet and the son of God, and whose life and sermons form the basis for Christianity

ANSWERS: 74. choke, 75. interpretation, 76. intensify, 77. involve, 78. exaggerate, 79. exhale, 80. spiritual, 81. resolve, 82. decode, 83. Christ

84. co_____e the behavior *v.* to overlook, forgive, or show approval for an action or behavior that is wrong or disapproved of
85. de_____on authority *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
86. co_____m a transaction *v.* to support or establish the truth or certainty of something previously believed or suspected to be the case
87. control my em_____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
88. he_____ht switch *n.* a bright forward-facing light on a vehicle, typically used at night to illuminate the road ahead
89. pl____t like the Earth *n.* any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
90. the evidence of the pr_____ce *n.* the fact or state that someone or something exists, occurs, or is present
91. sp_____al leader *adj.* relating to or affecting the human spirit or soul as opposed to material or physical things
92. speedy ac_____al *n.* a judgment of not guilty in a criminal trial or a release from a charge or obligation due to a lack of evidence or proof

ANSWERS: 84. condone, 85. decision, 86. confirm, 87. emotion, 88. headlight, 89. planet, 90. presence, 91. spiritual, 92. acquittal

93. go on lo____wn *n.* an emergency policy for people, communities, or a country to stay where they are, usually due to specific risks, such as COVID-19
94. in____pt a call *v.* to say or do something that causes someone to stop in their speech or action
95. small ch____h *n.* a building or institution dedicated to religious worship or activities; a Christian religious organization or denomination
96. a selfish de____on *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
97. a bu__h of trees *n.* a grouping of several similar things which are growing or fastened together
98. th____en national security *v.* to utter intentions of injury or punishment against someone
99. a hackneyed pr____b *n.* a short saying that expresses a truth or gives advice based on practical experience
100. favorite ba____r *n.* a person who cuts men's hair and shaves beards as a profession; a shop or establishment where such services are offered
101. pr____ss opportunity *adj.* extremely valuable or important
102. gr____e on the dance floor *n.* a long, narrow cut or depression in a hard material or surface; a particular style of popular music characterized by a strong and repetitive rhythm

ANSWERS: 93. lockdown, 94. interrupt, 95. church, 96. decision, 97. bunch, 98. threaten, 99. proverb, 100. barber, 101. priceless, 102. groove

103. decision-making pr____s *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
104. def_____al attitude *adj.* showing or expressing respect or obedience; yielding to someone else's opinions or judgment
105. ts_____i warning *n.* a huge ocean wave caused by an earthquake, volcano, or other disturbance
106. ex__l him from his native country *v.* to officially force someone to leave a school, organization, or country
107. a gear change le__r *n.* a handle used to operate a vehicle or a machine; a rigid bar resting on a pivot so that one end of it can be pushed or pulled easily
108. uncontrollable r__e *n.* a strong feeling of anger or violence
109. environmental th____t *n.* a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation
110. in_____et a graph *v.* to explain or assign the meaning of information, actions, etc.

ANSWERS: 103. process, 104. deferential, 105. tsunami, 106. expel, 107. lever, 108. rage, 109. threat, 110. interpret

111. a cr__y scheme *adj.* stupid or not sensible; very angry
112. wr___e with pleasure *v.* to twist and turn the body or a part of it, as from pain or struggle
113. a s__t on his honor *n.* a particular location or place; a small round or roundish area, differing in color or feels from the surface around it
114. wh____r softly *v.* to make a low, weak, or sobbing sound, often because of fear, sadness, or weakness; to speak or say something in a feeble or unassertive manner
115. st____h virus *n.* the internal organ in the body where food is digested, situated in the abdomen; the part of the body below the chest that contains the stomach
116. make a do___e plan *adj.* possible to do; capable of existing, taking place, or proving true
117. lo____wn area *n.* an emergency policy for people, communities, or a country to stay where they are, usually due to specific risks, such as COVID-19
118. sp____ic instructions *adj.* clearly defined or particular to a certain thing or situation; distinct, explicit, and precise
119. pr____s improvement *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

ANSWERS: 111. crazy, 112. writhe, 113. spot, 114. whimper, 115. stomach, 116. doable, 117. lockdown, 118. specific, 119. process

120. dis_____ate between different things
v. to treat a person or particular group of people worse or better than another, especially in an unfair way; to recognize or perceive the difference between people or things
121. unpre_____ed speech
adj. not properly or adequately prepared; lacking preparation; not ready
122. part of the he_____g process
n. the process of becoming or making somebody or something well again
123. a s__m battle
n. something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
124. he_____ss disregard
adj. showing a lack of attention, care, or concern; negligent or reckless; characterized by a disregard for potential dangers or consequences
125. com_____te his anxieties to the psychiatrist
v. to share or exchange information with others by speaking, writing, moving your body, or using other signals
126. ov_____ct to the criticism
v. to react more strongly or excessively than is necessary or appropriate
127. de_____e respect
v. to be worthy of or entitled to something, especially something good or valuable
128. st__k of celery
v. to follow or track someone or something closely and quietly, usually to cause harm or surveillance; to move slowly and quietly to avoid detection; (noun) the main stem of a plant that supports leaves, flowers, and fruit; the stem or main axis of a support structure or framework

ANSWERS: 120. discriminate, 121. unprepared, 122. healing, 123. sham, 124. heedless, 125. communicate, 126. overreact, 127. deserve, 128. stalk

129. psychic tr___a *n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
130. def_____al language *adj.* showing or expressing respect or obedience; yielding to someone else's opinions or judgment
131. hu_____ze a room *v.* to make something or someone more humane or compassionate; to make something more relatable or understandable to humans
132. re_____e a dispute *v.* to find a suitable answer to the problems or difficulty
133. ret_____on tactics *n.* the act of seeking vengeance or revenge in response to a perceived wrong or harm suffered, usually to cause harm to the person or group responsible for the initial act
134. before Ch___t *n.* the man that Christians believe is the prophet and the son of God, and whose life and sermons form the basis for Christianity
135. re_____on of inclusion *n.* the way two persons or groups of people feel and act toward one another
136. co_____ce her to go with us *v.* to persuade someone or make someone believe that something is true
137. an aw_____d date *adj.* making you feel uncomfortable or embarrassed; causing inconvenience or difficulty
138. emotional er_____on *n.* an instance of a sudden and violent release of lava, gas, or ash from a volcano; a sudden outburst or explosion of something

ANSWERS: 129. trauma, 130. deferential, 131. humanize, 132. resolve, 133. retaliation, 134. Christ, 135. relation, 136. convince, 137. awkward, 138. eruption

139. students at all gr__e levels *n.* a particular level of quality, size, importance, etc.
140. tho_____ss mistake *adj.* lacking consideration for others; inconsiderate; not reflecting on one's actions or words; showing a lack of thought or intelligence
141. ex__l air from the lungs *v.* to officially force someone to leave a school, organization, or country
142. computer-con_____ble *adj.* able to be controlled or directed
143. ut__r nonsense *adj.* complete, total, or absolute; said, done, or experienced without any exceptions or qualifications; spoken aloud or enunciated very clearly and distinctly; (verb) to speak or articulate words, sounds, or a voice
144. co___y a complex idea *v.* to express ideas, feelings, etc. so that it is known or understood by other people; to carry something from one place to another
145. ca_____te his credit score *v.* to judge or find out the amount or number of something by using mathematics
146. col_____te on a press release *v.* to work with someone else to produce or achieve something
147. save the pl___t *n.* any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
148. na___e to Africa *adj.* connecting with or describing someone's birth country or place of birth, or someone born in a specific country or place

ANSWERS: 139. grade, 140. thoughtless, 141. expel, 142. controllable, 143. utter, 144. convey, 145. calculate, 146. collaborate, 147. planet, 148. native

149. ra___l and ethnic backgrounds *adj.* of or related to the race (= classification of humans into groups based on physical traits or social relations)
150. sc___y story *adj.* causing fear or fright; frightening; intimidating
151. do___e in daily life *adj.* possible to do; capable of existing, taking place, or proving true
152. ch___e a dream *v.* to pursue something or someone to catch or capture them; to go after something vigorously or with determination; (noun) a pursuit or a hunt; a narrow groove or channel cut into a surface, often used for decorative purposes
153. field of gene th____y *n.* the act of caring for someone through medication, remedial training, etc.
154. ts____i relief *n.* a huge ocean wave caused by an earthquake, volcano, or other disturbance
155. in____e heat *adj.* (especially of a feeling) very strong; extremely sharp or severe
156. phy____ly and mentally *adv.* in a way related to a person's body or appearance rather than their mind
157. trigger a re____on *n.* a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others
158. have a whole m__s *n.* a state of confusion, dirtiness, or untidiness; (verb) to fail to do something or to make something dirty or untidy

ANSWERS: 149. racial, 150. scary, 151. doable, 152. chase, 153. therapy, 154. tsunami, 155. intense, 156. physically, 157. reaction, 158. mess

159. develop in_____e itching *adj.* (especially of a feeling) very strong; extremely sharp or severe
160. ov_____ct with anger *v.* to react more strongly or excessively than is necessary or appropriate
161. ve____l communication *adj.* expressed in spoken rather than written words
162. verbal con_____ion *n.* the act of facing or dealing with something directly and openly; a direct and often hostile encounter or disagreement
163. ch____h bell *n.* a building or institution dedicated to religious worship or activities; a Christian religious organization or denomination
164. boys in the twelfth gr__e *n.* a particular level of quality, size, importance, etc.
165. under a cu__e *n.* a rude or offensive word or an expression that is not polite and shows that you are very angry
166. develop a st_____gy *n.* a detailed plan of action designed to achieve a long-term or overall goal.
167. former co_____ue *n.* one of a group of a coworker, especially in a profession or a business
168. chemical dec_____ion *n.* the process of breaking down organic matter into simpler substances through natural processes such as decay
169. bu_____ly effect *n.* a diurnal insect typically has a slender body with knobbed antennae and broad, colorful wings

ANSWERS: 159. intense, 160. overreact, 161. verbal, 162. confrontation, 163. church, 164. grade, 165. curse, 166. strategy, 167. colleague, 168. decomposition, 169. butterfly

170. prevent tooth de__y *n.* the process or state of rotting or decomposition by natural causes such as the action of bacteria and fungi; (verb) to rot or decompose through natural causes
171. a silk h__d *n.* a covering for the head and neck, especially one attached to a garment
172. the student who had mi_____ved *v.* to behave badly
173. p__y for rain *v.* to make a request or petition to a higher power, especially in the form of a respectful or humble request
174. com_____te well with my advisor *v.* to share or exchange information with others by speaking, writing, moving your body, or using other signals
175. few cu__e words *n.* a rude or offensive word or an expression that is not polite and shows that you are very angry
176. a bu__h of schoolgirls *n.* a grouping of several similar things which are growing or fastened together
177. b__t him in the face *v.* to sing loudly and forcefully; to hit someone or something hard; (noun) a strip of leather or other material worn to tie or buckle something around the body
178. economic th__t *n.* a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation

ANSWERS: 170. decay, 171. hood, 172. misbehave, 173. pray, 174. communicate, 175. curse, 176. bunch, 177. belt, 178. threat

179. negative ste_____pes *n.* a fixed and unvarying idea or image that people have about what someone or something is like, but which is often not true in reality and may cause hurt and offense
180. mi_____ve with language *v.* to behave badly
181. in_____et the question *v.* to explain or assign the meaning of information, actions, etc.
182. lo___e a tumor *v.* to specify or determine the exact position of someone or something
183. stay phy_____ly fit *adv.* in a way related to a person's body or appearance rather than their mind
184. the characters that re_____nt numbers *v.* to speak, act, or be present on behalf of another person or group; to form or constitute
185. pr_____nt belief *adj.* existing very commonly in a particular area or in a specific time
186. en_____er a storm *v.* to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet, especially unexpectedly
187. ve___l abuse *adj.* expressed in spoken rather than written words
188. a gradual re_____on *n.* a decrease in size, amount, or degree
189. dec_____ion process *n.* the process of breaking down organic matter into simpler substances through natural processes such as decay
190. sc___d dog *adj.* afraid or frightened

ANSWERS: 179. stereotype, 180. misbehave, 181. interpret, 182. locate, 183. physically, 184. represent, 185. prevalent, 186. encounter, 187. verbal, 188. reduction, 189. decomposition, 190. scared

191. a drapery sal_____on *n.* a person whose job is to sell goods in a shop or directly to customers
192. tr___a care *n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
193. la_____y room *n.* the act of washing clothes and linens; a room or area where clothes are washed and ironed
194. en___e in environmental protection activities *v.* to attract and keep someone's attention and interest; to participate in or obtain services of something
195. co___y goods by truck *v.* to express ideas, feelings, etc. so that it is known or understood by other people; to carry something from one place to another
196. cal_____ed crime *adj.* done with careful thought or planning; deliberate and intentional; based on a process of reasoning or estimation rather than on instinct or chance
197. h__t a job *v.* to go after and try to catch wild animals to kill them for food, sport, or profit
198. a theoretical concept in neu_____nce *n.* the scientific study of the function, structure, and disorder of the brain and the nervous system
199. th_____y for a patient *n.* the act of caring for someone through medication, remedial training, etc.
200. an aw_____d expression *adj.* making you feel uncomfortable or embarrassed; causing inconvenience or difficulty

ANSWERS: 191. salesperson, 192. trauma, 193. laundry, 194. engage, 195. convey, 196. calculated, 197. hunt, 198. neuroscience, 199. therapy, 200. awkward

201. sc__e the birds away *v.* to frighten a person or animal, or to become frightened
202. a sal_____on in a store *n.* a person whose job is to sell goods in a shop or directly to customers
203. re_____on between cause and effect *n.* the way two persons or groups of people feel and act toward one another
204. seg_____on of power *n.* the act or process of separating or isolating people, things, or groups based on race, gender, religion, social class, or other characteristics; a political or social system that enforces such separation or isolation
205. th_____en a healthy relationship *v.* to utter intentions of injury or punishment against someone
206. irregular heart rh___m *n.* a strong regular repeated pattern of sounds, words, or musical notes that are used in music, poetry, and dancing
207. his majestic pr_____ce *n.* the fact or state that someone or something exists, occurs, or is present
208. abruptly in_____pt *v.* to say or do something that causes someone to stop in their speech or action
209. st__k from the room *v.* to follow or track someone or something closely and quietly, usually to cause harm or surveillance; to move slowly and quietly to avoid detection; (noun) the main stem of a plant that supports leaves, flowers, and fruit; the stem or main axis of a support structure or framework

ANSWERS: 201. scare, 202. salesperson, 203. relation, 204. segregation, 205. threaten, 206. rhythm, 207. presence, 208. interrupt, 209. stalk

210. ne_____te the price of the house *v.* to have formal discussions with someone to reach an agreement
211. get into the gr___e *n.* a long, narrow cut or depression in a hard material or surface; a particular style of popular music characterized by a strong and repetitive rhythm
212. basic br__n function *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
213. natural he_____g ability *n.* the process of becoming or making somebody or something well again
214. get into a m__s *n.* a state of confusion, dirtiness, or untidiness; (verb) to fail to do something or to make something dirty or untidy
215. a ha_____me young man *adj.* physically attractive and pleasing in appearance; attractive and generous
216. pre_____on to authority *n.* the act of claiming or asserting something, especially without good reason or without evidence; an unfounded or excessive claim or ambition
217. co_____m the diagnosis *v.* to support or establish the truth or certainty of something previously believed or suspected to be the case
218. ch__e with anger *v.* to prevent or obstruct the normal breathing or swallowing of someone or something
219. ac_____al verdict *n.* a judgment of not guilty in a criminal trial or a release from a charge or obligation due to a lack of evidence or proof

ANSWERS: 210. negotiate, 211. groove, 212. brain, 213. healing, 214. mess, 215. handsome, 216. pretension, 217. confirm, 218. choke, 219. acquittal

220. ancient pr____b *n.* a short saying that expresses a truth or gives advice based on practical experience
221. rep_____on risk *n.* the general opinion that people have about someone or something, especially when this is based on their previous experiences or behaviors
222. collaborate with co_____ues *n.* one of a group of a coworker, especially in a profession or a business
223. h__l the hurt mind *v.* to make a wound or injury to become well again
224. g__e stick *n.* a sticky substance used for joining things together; a bonding agent made from animal or synthetic materials
225. de_____e this prize *v.* to be worthy of or entitled to something, especially something good or valuable
226. re____t the Republican party *v.* to change the form of something, such as a metal object, by melting it down and reshaping it; to change the actors or the role of a particular actor in a play or film
227. a w_n smile *adj.* looking pale or sickly; lacking vitality or energy
228. ju__e a competition *n.* a person who makes decisions in a court of law; (verb) to determine the result of or form a critical opinion of something
229. systemic ra____m *n.* prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized

ANSWERS: 220. proverb, 221. reputation, 222. colleague, 223. heal, 224. glue, 225. deserve, 226. recast, 227. wan, 228. judge, 229. racism

230. the life cycle of a bu_____ly *n.* a diurnal insect typically has a slender body with knobbed antennae and broad, colorful wings
231. in_____fy diplomatic efforts *v.* to increase or make something increase in extent or strength
232. em_____r the secretary to do the same *v.* to give someone the power or authority to do something
233. industrial con_____ion *n.* the act of resolving or reconciling differences, disputes, or conflicts between two or more parties through mediation, negotiation, or compromise
234. w_n light *adj.* looking pale or sickly; lacking vitality or energy
235. business ed_____or *n.* a person who teaches or educates people
236. con_____ble aircraft *adj.* able to be controlled or directed
237. re_____ze achievement *v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
238. h__d ornament *n.* a covering for the head and neck, especially one attached to a garment
239. p__y devoutly *v.* to make a request or petition to a higher power, especially in the form of a respectful or humble request
240. violent con_____ion *n.* the act of facing or dealing with something directly and openly; a direct and often hostile encounter or disagreement

ANSWERS: 230. butterfly, 231. intensify, 232. empower, 233. conciliation, 234. wan, 235. educator, 236. controllable, 237. recognize, 238. hood, 239. pray, 240. confrontation

241. fall into a r__e	<i>n.</i> a strong feeling of anger or violence
242. gastronomic ad_____res	<i>n.</i> a journey or a series of events that is unusual, exciting, or dangerous
243. the branch of neu_____nce	<i>n.</i> the scientific study of the function, structure, and disorder of the brain and the nervous system
244. ca_____te the distance	<i>v.</i> to judge or find out the amount or number of something by using mathematics
245. wr___e in agony	<i>v.</i> to twist and turn the body or a part of it, as from pain or struggle
246. h__t after knowledge	<i>v.</i> to go after and try to catch wild animals to kill them for food, sport, or profit
247. co_____ce an opponent	<i>v.</i> to persuade someone or make someone believe that something is true
248. em_____r my life	<i>v.</i> to give someone the power or authority to do something
249. h__l a broken bone	<i>v.</i> to make a wound or injury to become well again
250. the int_____ion of history	<i>n.</i> an explanation or opinion of something, especially that is not immediately obvious
251. er_____on alert level	<i>n.</i> an instance of a sudden and violent release of lava, gas, or ash from a volcano; a sudden outburst or explosion of something
252. na___e language	<i>adj.</i> connecting with or describing someone's birth country or place of birth, or someone born in a specific country or place

ANSWERS: 241. rage, 242. adventure, 243. neuroscience, 244. calculate, 245. writhe, 246. hunt, 247. convince, 248. empower, 249. heal, 250. interpretation, 251. eruption, 252. native

Session 3: Fill in the Blanks

1. The jury's _____ of the defendant shocked many people who believed he was guilty.
 - n.* a judgment of not guilty in a criminal trial or a release from a charge or obligation due to a lack of evidence or proof

2. The _____ on the corner is hosting a free community meal tonight.
 - n.* a building or institution dedicated to religious worship or activities; a Christian religious organization or denomination

3. The police officer _____ the suspect through the crowded streets until they finally caught him.
 - v.* to pursue something or someone to catch or capture them; to go after something vigorously or with determination; (noun) a pursuit or a hunt; a narrow groove or channel cut into a surface, often used for decorative purposes

4. _____ is the day to celebrate the birth of Christ.
 - n.* the man that Christians believe is the prophet and the son of God, and whose life and sermons form the basis for Christianity

5. The band played a smooth _____ that got everyone dancing.
 - n.* a long, narrow cut or depression in a hard material or surface; a particular style of popular music characterized by a strong and repetitive rhythm

6. She _____ the extent of her injuries to get more money from the settlement.
 - v.* to describe or represent something as better or worse than it is

7. The police are searching for the _____ who stole the jewels.
 - n.* a person who has committed a crime

ANSWERS: 1. acquittal, 2. church, 3. chased, 4. Christmas, 5. groove, 6. exaggerated, 7. criminal

8. He took a deep breath and slowly began to _____.
- v.* to breathe out air or vapor from the lungs or mouth; to release or emit something slowly or gently
9. He took a big drag of his cigarette and slowly _____ the smoke.
- v.* to officially force someone to leave a school, organization, or country
10. The _____ shop was closed on Monday, much to the disappointment of many customers.
- n.* a person who cuts men's hair and shaves beards as a profession; a shop or establishment where such services are offered
11. He was _____ of the warnings and crossed the busy street without looking.
- adj.* showing a lack of attention, care, or concern; negligent or reckless; characterized by a disregard for potential dangers or consequences
12. She _____ to the situation and caused unnecessary stress.
- v.* to react more strongly or excessively than is necessary or appropriate
13. A minor _____ conflict later led to a civil war.
- adj.* of or related to the race (= classification of humans into groups based on physical traits or social relations)
14. The strict _____ ruled in favor of the plaintiff in the case.
- n.* a person who makes decisions in a court of law; (verb) to determine the result of or form a critical opinion of something
15. The famous _____ "actions speak louder than words" reminds us to focus on deeds instead of words.
- n.* a short saying that expresses a truth or gives advice based on practical experience

ANSWERS: 8. exhale, 9. expelled, 10. barber, 11. heedless, 12. overreacted, 13. racial, 14. judge, 15. proverb

16. There was a chemical _____ of the lime with the groundwater.
n. a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others
17. The baby started to _____ on a piece of apple.
v. to prevent or obstruct the normal breathing or swallowing of someone or something
18. The _____ in carbon emissions has been significant since the implementation of the new policy.
n. a decrease in size, amount, or degree
19. The _____ student struggled on the test and received a low grade.
adj. not properly or adequately prepared; lacking preparation; not ready
20. The earthquake-_____ caused widespread destruction along the coast.
n. a huge ocean wave caused by an earthquake, volcano, or other disturbance
21. He had to _____ his image to convince the electorate in his home state.
v. to change the form of something, such as a metal object, by melting it down and reshaping it; to change the actors or the role of a particular actor in a play or film
22. The employee _____ the promotion for their hard work and dedication.
v. to be worthy of or entitled to something, especially something good or valuable
23. The _____ design of the interface made the operation difficult.
adj. making you feel uncomfortable or embarrassed; causing inconvenience or difficulty

ANSWERS: 16. reaction, 17. choke, 18. reduction, 19. unprepared, 20. tsunami, 21. recast, 22. deserved, 23. awkward

24. We hit the ground to _____ out the rabbits.
- v.* to frighten a person or animal, or to become frightened
25. The _____ of severe weather prompted the city to issue an evacuation warning.
- n.* a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation
26. You should not _____ against minorities.
- v.* to treat a person or particular group of people worse or better than another, especially in an unfair way; to recognize or perceive the difference between people or things
27. Rebels have pledged to _____ the armed struggle against the dictatorship.
- v.* to increase or make something increase in extent or strength
28. The meditation class was focused on finding inner peace and cultivating a more _____ connection with the universe.
- adj.* relating to or affecting the human spirit or soul as opposed to material or physical things
29. Hearing the sad news, he couldn't help but _____ in sorrow.
- v.* to make a low, weak, or sobbing sound, often because of fear, sadness, or weakness; to speak or say something in a feeble or unassertive manner
30. Mercury is the closest _____ to the sun.
- n.* any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
31. His _____ behavior towards his elders earned him a stern warning from his parents.
- n.* an expression of lack of regard or contempt for someone or something

ANSWERS: 24. scare, 25. threat, 26. discriminate, 27. intensify, 28. spiritual, 29. whimper, 30. planet, 31. disrespectful

32. This initiative will be a _____ for increasing company sales.
- n.* a handle used to operate a vehicle or a machine; a rigid bar resting on a pivot so that one end of it can be pushed or pulled easily
33. The volcanic _____ caused widespread destruction and left the area covered in ash.
- n.* an instance of a sudden and violent release of lava, gas, or ash from a volcano; a sudden outburst or explosion of something
34. He beat out a jazz _____ on the cajones.
- n.* a strong regular repeated pattern of sounds, words, or musical notes that are used in music, poetry, and dancing
35. We need to _____ the aspect of his personality from the part of his competence when making an investment decision.
- v.* to force, take, or pull apart; mark as different
36. Your _____ reflects your thoughts.
- n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
37. I'm prepared to _____ challenges throughout this adventure.
- v.* to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet, especially unexpectedly
38. The _____ between the two nations escalated into a full-blown war.
- n.* the act of facing or dealing with something directly and openly; a direct and often hostile encounter or disagreement
39. She agreed to _____ with him in creating new artwork.
- v.* to work with someone else to produce or achieve something

ANSWERS: 32. lever, 33. eruption, 34. rhythm, 35. separate, 36. conversation, 37. encounter, 38. confrontation, 39. collaborate

40. The carpenter applied _____ to the cabinet joints before nailing them together.
- n.* a sticky substance used for joining things together; a bonding agent made from animal or synthetic materials
41. The country's prime minister has decided to implement a nationwide _____ measure.
- n.* an emergency policy for people, communities, or a country to stay where they are, usually due to specific risks, such as COVID-19
42. The new employee was _____ and respectful towards his superiors.
- adj.* showing or expressing respect or obedience; yielding to someone else's opinions or judgment
43. Many multinational companies are _____ in the reconstruction of that country.
- v.* to attract and keep someone's attention and interest; to participate in or obtain services of something
44. He made a frightful _____ in his room.
- n.* a state of confusion, dirtiness, or untidiness; (verb) to fail to do something or to make something dirty or untidy
45. He enjoys collecting _____ specimens.
- n.* a diurnal insect typically has a slender body with knobbed antennae and broad, colorful wings
46. He couldn't _____ the actual value of the artwork.
- v.* to judge or find out the amount or number of something by using mathematics
47. I have a _____ ache after overeating junk food.
- n.* the internal organ in the body where food is digested, situated in the abdomen; the part of the body below the chest that contains the stomach

ANSWERS: 40. glue, 41. lockdown, 42. deferential, 43. engaged, 44. mess, 45. butterfly, 46. calculate, 47. stomach

48. We worked in perfect _____.

- n.* the combination of simultaneous musical notes to produce a pleasing effect; an attractive combination of related things and their properties

49. It's important to _____ your strengths and weaknesses.

- v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered

50. The band was _____ out old songs in response to audience requests.

- v.* to sing loudly and forcefully; to hit someone or something hard; (noun) a strip of leather or other material worn to tie or buckle something around the body

51. He sailed the Atlantic Ocean multiple times during his _____.

- n.* a journey or a series of events that is unusual, exciting, or dangerous

52. We are always happy to _____ a discount.

- v.* to have formal discussions with someone to reach an agreement

53. The data he prepared was completely _____.

- n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

54. The politician was known for his _____ appearance and charm.

- adj.* physically attractive and pleasing in appearance; attractive and generous

55. The path to a solid online _____ necessitates a high technical ability.

- n.* the fact or state that someone or something exists, occurs, or is present

56. It will take time for her mental scars to _____.

- v.* to make a wound or injury to become well again

ANSWERS: 48. harmony, 49. recognize, 50. belting, 51. adventures, 52. negotiate, 53. sham, 54. handsome, 55. presence, 56. heal

57. This project is _____ despite the tight schedule.

adj. possible to do; capable of existing, taking place, or proving true

58. His ___ complexion showed that he was feeling very ill.

adj. looking pale or sickly; lacking vitality or energy

59. She has a good _____ for being one of the best chefs in the city.

n. the general opinion that people have about someone or something, especially when this is based on their previous experiences or behaviors

60. Dolphins use sound to _____ with each other.

v. to share or exchange information with others by speaking, writing, moving your body, or using other signals

61. I am considering what I should do to _____ him.

v. to persuade someone or make someone believe that something is true

62. The company _____ employees to buy low-price items without approval to achieve efficient purchasing.

v. to give someone the power or authority to do something

63. I decided to seek counseling on the advice of my _____.

n. one of a group of a coworker, especially in a profession or a business

64. The mother _____ out at her child for misbehaving in public.

v. to strike or hit someone with a whip or other flexible instrument; to criticize or rebuke someone severely; to bind or tie something tightly with a cord or strap

65. Some seaweed was used as ___ medicine in ancient times.

n. people in general, especially those of a particular group or type

ANSWERS: 57. doable, 58. wan, 59. reputation, 60. communicate, 61. convince, 62. empowered, 63. colleague, 64. lashed, 65. folk

66. Some _____ are common across cultures and backgrounds.
- n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
67. Many civilians have suffered _____ as a result of the war.
- n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
68. The hunter quietly _____ the deer for hours before taking the shot
- v.* to follow or track someone or something closely and quietly, usually to cause harm or surveillance; to move slowly and quietly to avoid detection; (noun) the main stem of a plant that supports leaves, flowers, and fruit; the stem or main axis of a support structure or framework
69. The dead body was in an advanced state of _____.
- n.* the process or state of rotting or decomposition by natural causes such as the action of bacteria and fungi; (verb) to rot or decompose through natural causes
70. Our university is famous for its professors, who are well-versed in behavioral _____.
- n.* the scientific study of the function, structure, and disorder of the brain and the nervous system
71. The charity event aims to _____ the homeless rather than treat them as mere statistics.
- v.* to make something or someone more humane or compassionate; to make something more relatable or understandable to humans
72. He and I often had _____ not only in personality but also in ideology.
- n.* a strong disagreement, argument, or a violent clash between two opposing groups or individuals

ANSWERS: 66. emotions, 67. trauma, 68. stalked, 69. decay, 70. neuroscience, 71. humanize, 72. conflicts,

73. The candidate must have excellent _____ skills.

adj. expressed in spoken rather than written words

74. My car's _____ must be replaced before I drive again at night.

n. a bright forward-facing light on a vehicle, typically used at night to illuminate the road ahead

75. The labor union and management reached a _____ agreement after months of negotiation.

n. the act of resolving or reconciling differences, disputes, or conflicts between two or more parties through mediation, negotiation, or compromise

76. I need to do the _____ before I run out of clean clothes.

n. the act of washing clothes and linens; a room or area where clothes are washed and ironed

77. X-rays revealed a small tumor in his _____.

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

78. Her sleep was _____ by recurring pain.

v. to say or do something that causes someone to stop in their speech or action

79. The company faced heavy _____ from its competitors after releasing a controversial product.

n. the act of seeking vengeance or revenge in response to a perceived wrong or harm suffered, usually to cause harm to the person or group responsible for the initial act

80. The horror movie was so _____ that I couldn't watch it alone.

adj. causing fear or fright; frightening; intimidating

ANSWERS: 73. verbal, 74. headlight, 75. conciliation, 76. laundry, 77. brain, 78. interrupted, 79. retaliation, 80. scary

81. I underwent aversion _____ for my addiction to alcohol.
n. the act of caring for someone through medication, remedial training, etc.
82. He pulled his waterproof _____ up to protect himself from the rain.
n. a covering for the head and neck, especially one attached to a garment
83. This company _____ its battery problem completely.
v. to find a suitable answer to the problems or difficulty
84. Hounds _____ their prey by using their keen scent.
v. to go after and try to catch wild animals to kill them for food, sport, or profit
85. Please write to _____ your reservation.
v. to support or establish the truth or certainty of something previously believed or suspected to be the case
86. This virus is _____ in many tropical nations.
adj. existing very commonly in a particular area or in a specific time
87. Different people might _____ this news differently.
v. to explain or assign the meaning of information, actions, etc.
88. The robot can accurately _____ construction material.
v. to specify or determine the exact position of someone or something
89. The vegetation here is almost wholly _____.
adj. connecting with or describing someone's birth country or place of birth, or someone born in a specific country or place

ANSWERS: 81. therapy, 82. hood, 83. resolves, 84. hunt, 85. confirm, 86. prevalent, 87. interpret, 88. locate, 89. native

90. His _____ of being a gourmet were quickly exposed when he could not identify basic herbs and spices.
- n.* the act of claiming or asserting something, especially without good reason or without evidence; an unfounded or excessive claim or ambition
91. One bad apple spoils the whole _____.
- n.* a grouping of several similar things which are growing or fastened together
92. The scientist conducted a study that provided _____ details about the species' behavior.
- adj.* clearly defined or particular to a certain thing or situation; distinct, explicit, and precise
93. The _____ of organic matter releases nutrients back into the soil.
- n.* the process of breaking down organic matter into simpler substances through natural processes such as decay
94. The new software is much more _____ and user-friendly.
- adj.* able to be controlled or directed
95. The investigation _____ several government agencies and is expected to take several months.
- v.* to include or affect someone or something as a necessary part of something else
96. It was unbelievable that they should _____.
- v.* to behave badly
97. The _____ for applying for a visa can be lengthy and complicated.
- n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

ANSWERS: 90. pretensions, 91. bunch, 92. specific, 93. decomposition, 94. controllable, 95. involves, 96. misbehave, 97. process

98. He received the title of the best _____ in all our branches worldwide.
n. a person whose job is to sell goods in a shop or directly to customers
99. The industrial _____ laws were passed with little to no alteration.
n. the way two persons or groups of people feel and act toward one another
100. The _____ protesters marched peacefully through the streets.
adj. without weapons or arms; not carrying any form of weapon or ammunition, or engaging in physical conflict with weapons
101. Various artificially induced causes are _____ our ecosystem.
v. to utter intentions of injury or punishment against someone
102. That statement by the prime minister drew _____ international criticism.
adj. (especially of a feeling) very strong; extremely sharp or severe
103. The snake _____ and twisted as it tried to escape the trap.
v. to twist and turn the body or a part of it, as from pain or struggle
104. The expectation that women should do all the housework is a form of _____.
n. a subtle or indirect form of discrimination or bias, often unintentional, that reinforces stereotypes or perpetuates prejudice; a seemingly minor comment or action that can harm someone's mental health or emotional well-being
105. Each ancient tribe has its _____ traditions.
n. the process of becoming or making somebody or something well again
106. The software could _____ the encrypted data and reveal the hidden information.
v. to convert something, such as a message or piece of information, from a specific form into one that you can understand

ANSWERS: 98. salesperson, 99. relations, 100. unarmed, 101. threatening, 102. intense, 103. writhed, 104. microaggression, 105. healing, 106. decode

107. The _____ chaos of the concert crowd made it seem like a wild animal was in the room.
adj. complete, total, or absolute; said, done, or experienced without any exceptions or qualifications; spoken aloud or enunciated very clearly and distinctly; (verb) to speak or articulate words, sounds, or a voice
108. Investigators discovered _____ documents throughout the house.
adj. extremely valuable or important
109. This remote _____ is rarely visited.
n. a particular location or place; a small round or roundish area, differing in color or feels from the surface around it
110. She was filled with a burning _____ at the injustice she had witnessed.
n. a strong feeling of anger or violence
111. An ironic remark often _____ an intended meaning obliquely.
v. to express ideas, feelings, etc. so that it is known or understood by other people; to carry something from one place to another
112. We elected him to _____ us at the international conference.
v. to speak, act, or be present on behalf of another person or group; to form or constitute
113. The rain and thunder are _____ today.
adj. stupid or not sensible; very angry
114. The _____ actions of the students caused damage to the school property.
adj. lacking consideration for others; inconsiderate; not reflecting on one's actions or words; showing a lack of thought or intelligence

ANSWERS: 107. utter, 108. priceless, 109. spot, 110. rage, 111. conveys, 112. represent, 113. crazy, 114. thoughtless

115. She is an _____ with progressive ideas.

n. a person who teaches or educates people

116. Having a _____ healthy physique is essential for a great life.

adv. in a way related to a person's body or appearance rather than their mind

117. She closed her eyes and _____ for strength to overcome difficult times.

v. to make a request or petition to a higher power, especially in the form of a respectful or humble request

118. The protesters became _____ when the police tried to disperse them.

adj. involving or caused by physical force or aggression against someone or something

119. His _____ of literary works are often unique.

n. an explanation or opinion of something, especially that is not immediately obvious

120. The school's lack of diversity was a clear indication of the _____ present in the community.

n. prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized

121. Departments may set requirements for a higher _____ point average.

n. a particular level of quality, size, importance, etc.

122. The company made a _____ decision to invest in new technology.

adj. done with careful thought or planning; deliberate and intentional; based on a process of reasoning or estimation rather than on instinct or chance

ANSWERS: 115. educator, 116. physically, 117. prayed, 118. violent, 119. interpretations, 120. racism, 121. grade, 122. calculated

123. _____ based on race or ethnicity is illegal and unjust.
- n.* the act or process of separating or isolating people, things, or groups based on race, gender, religion, social class, or other characteristics; a political or social system that enforces such separation or isolation
124. Our plan includes a comprehensive marketing _____.
- n.* a detailed plan of action designed to achieve a long-term or overall goal.
125. She was struggling to make a _____ between two job offers.
- n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
126. I'm _____ of insects.
- adj.* afraid or frightened
127. Changing _____ about LGBTQ requires considerable effort.
- n.* a fixed and unvarying idea or image that people have about what someone or something is like, but which is often not true in reality and may cause hurt and offense
128. Many autocratic policies became a _____ for that country's economy.
- n.* a rude or offensive word or an expression that is not polite and shows that you are very angry
129. The parents refused to _____ their daughter's behavior, which they considered unacceptable.
- v.* to overlook, forgive, or show approval for an action or behavior that is wrong or disapproved of

ANSWERS: 123. Segregation, 124. strategy, 125. decision, 126. scared, 127. stereotypes, 128. curse, 129. condone