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Vocabulary Builder Reference from...

Sarah Donnelly: How work kept me going during my cancer treatment | TED Talk

https://www.ted.com/talks/sarah_donnelly_how_work_kept_me_going_during_my_cancer_treatment

Advanced Words Only

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Session 1: Word List

embarrass

v. to cause someone to feel awkward, worried, or ashamed
synonym: disconcert, unsettle, agitate

(1) **embarrass** political enemy, (2) **embarrass** my project
He looked for an opportunity to **embarrass** that actor in public.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark
The phone rang at the most **opportune** time.

relive

v. to experience again or bring back the memory of a past event or time

synonym: revisit, recall, remember

(1) **relive** my youth, (2) **relive** moments

I like to watch old movies to **relive** memories of my childhood.

coworker

n. a person who works with another in the same company or organization

synonym: colleague, peer, associate

(1) **coworker** relationship, (2) argue with a **coworker**

My ex- **coworker** and I had different working styles but managed to get along.

overhear

v. to hear what other people are saying without intending to and their knowledge

synonym : catch, eavesdrop

(1) happen to **overhear** a conversation, (2) accidentally **overheard** their talk

She was inside at the time and **overheard** the conversation.

wig

n. a head covering made of synthetic or real hair worn for a variety of reasons, including as a fashion accessory, to conceal hair loss or baldness, or as part of a costume

synonym : hairpiece, toupee, hair system

(1) curly **wig**, (2) blonde **wig**

She decided to wear a pink **wig** to the costume party.

paternalism

n. the practice or belief of governing or managing individuals or groups in a manner that is considered to be nurturing or protective but also limiting or controlling their freedom and autonomy

synonym : guardianship, fatherliness

(1) **paternalism** in healthcare, (2) critique of **paternalism**

The CEO's leadership style was characterized by **paternalism** towards his employees.

admittedly

adv. used to acknowledge a fact or statement, often one that weakens or contradicts an argument or opinion; concededly

synonym : notably, honestly, truly

(1) **admittedly** true, (2) **admittedly** controversial

The book was **admittedly** difficult to follow but still worth reading.

chemo

n. short for chemotherapy, a treatment for cancer that uses drugs to destroy cancer cells

synonym : chemotherapy, antineoplastic

(1) **chemo** patient, (2) **chemo-radiotherapy**

The side effects of **chemo**, such as nausea and hair loss, were a major concern for the patient.

hydrate

v. to add water or moisture to something; to drink enough fluids to maintain proper moisture; (noun) any compound that contains water of crystallization

synonym: moisturize, water, rehydrate

(1) **hydrate** my skin, (2) acid **hydrate**

She drank water to **hydrate** her body.

inbox

n. an electronic folder on a computer or phone where new emails, text messages, etc., that are sent to you are kept

(1) **inbox** full of emails, (2) **inbox** folder

After you register, you will receive an email with a coupon shortly in your **inbox**.

hesitation

n. the act of pausing or being slow before saying or doing something, especially because you feel uncertain or nervous

synonym: unwillingness, indecision, uncertainty

(1) perform without **hesitation**, (2) after some **hesitation**

There was a **hesitation** in her speech.

sentimental

adj. connected with or resulting from someone's emotions, rather than reason or realism

synonym: bathetic, drippy, maudlin

(1) in a **sentimental** mood, (2) **sentimental** damage

Stop being **sentimental** and always speak the truth.

comfy

adj. a casual, informal way of describing something comfortable or cozy, often associated with relaxation or leisure activities

synonym: cozy, comfortable, snug

(1) a **comfy** place to live, (2) **comfy** couch

I love wearing my **comfy** slippers on a lazy Sunday morning.

toolkit

n. a set of tools, materials, or resources that are designed to be used together for a specific purpose or task; a collection of information or techniques that can be used to address a problem or achieve a goal

synonym: tool set, equipment, utility kit

(1) handy **toolkit**, (2) digital **toolkit**

The DIY **toolkit** includes a variety of power and hand tools for home repair.

posit

v. to suggest or accept something as fact or as a basis for argument or consideration

synonym: assert, declare, assume

(1) **posit** the existence of life after death, (2) **posit** the premise

We should **posit** several hypotheses to discuss the matter.

frail

adj. weak, delicate, and easily broken or worn out; lacking physical, mental, or emotional strength

synonym: weak, delicate, fragile

(1) **frail** body, (2) **frail** condition

My grandfather's health has declined, and he is now quite **frail**.

vomit

v. to eject food, blood, etc., from the stomach through the mouth; (noun) the matter ejected from the stomach through the mouth

synonym: puke, throw up, spew

(1) **vomit** abuse, (2) **vomit** after ingesting

She felt sick and had to run to the bathroom to **vomit**.

determinant

n. a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

synonym: cause, factor, element

(1) environmental **determinant**, (2) a **determinant** of crop yields

One **determinant** of success is having a positive attitude and

a strong work ethic.

Session 2: Spelling

1. ch__o-radiotherapy *n.* short for chemotherapy, a treatment for cancer that uses drugs to destroy cancer cells
2. a det_____nt of crop yields *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
3. environmental det_____nt *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
4. fr__l body *adj.* weak, delicate, and easily broken or worn out; lacking physical, mental, or emotional strength
5. in a sen_____al mood *adj.* connected with or resulting from someone's emotions, rather than reason or realism
6. adm_____ly controversial *adv.* used to acknowledge a fact or statement, often one that weakens or contradicts an argument or opinion; concededly
7. fr__l condition *adj.* weak, delicate, and easily broken or worn out; lacking physical, mental, or emotional strength
8. po__t the premise *v.* to suggest or accept something as fact or as a basis for argument or consideration

ANSWERS: 1. chemo, 2. determinant, 3. determinant, 4. frail, 5. sentimental, 6. admittedly, 7. frail, 8. posit

9. em_____ss political enemy *v.* to cause someone to feel awkward, worried, or ashamed
10. critique of pat_____sm *n.* the practice or belief of governing or managing individuals or groups in a manner that is considered to be nurturing or protective but also limiting or controlling their freedom and autonomy
11. in__x full of emails *n.* an electronic folder on a computer or phone where new emails, text messages, etc., that are sent to you are kept
12. perform without hes_____on *n.* the act of pausing or being slow before saying or doing something, especially because you feel uncertain or nervous
13. co__y couch *adj.* a casual, informal way of describing something comfortable or cozy, often associated with relaxation or leisure activities
14. adm_____ly true *adv.* used to acknowledge a fact or statement, often one that weakens or contradicts an argument or opinion; concededly
15. ch__o patient *n.* short for chemotherapy, a treatment for cancer that uses drugs to destroy cancer cells
16. blonde w_g *n.* a head covering made of synthetic or real hair worn for a variety of reasons, including as a fashion accessory, to conceal hair loss or baldness, or as part of a costume

ANSWERS: 9. embarrass, 10. paternalism, 11. inbox, 12. hesitation, 13. comfy, 14. admittedly, 15. chemo, 16. wig

17. re___e moments *v.* to experience again or bring back the memory of a past event or time
18. re___e my youth *v.* to experience again or bring back the memory of a past event or time
19. handy to____t *n.* a set of tools, materials, or resources that are designed to be used together for a specific purpose or task; a collection of information or techniques that can be used to address a problem or achieve a goal
20. co____er relationship *n.* a person who works with another in the same company or organization
21. hy____e my skin *v.* to add water or moisture to something; to drink enough fluids to maintain proper moisture; (noun) any compound that contains water of crystallization
22. vo__t after ingesting *v.* to eject food, blood, etc., from the stomach through the mouth; (noun) the matter ejected from the stomach through the mouth
23. vo__t abuse *v.* to eject food, blood, etc., from the stomach through the mouth; (noun) the matter ejected from the stomach through the mouth
24. curly w_g *n.* a head covering made of synthetic or real hair worn for a variety of reasons, including as a fashion accessory, to conceal hair loss or baldness, or as part of a costume
25. in__x folder *n.* an electronic folder on a computer or phone where new emails, text messages, etc., that are sent to you are kept

ANSWERS: 17. relive, 18. relive, 19. toolkit, 20. coworker, 21. hydrate, 22. vomit, 23. vomit, 24. wig, 25. inbox

26. argue with a co_____er *n.* a person who works with another in the same company or organization
27. after some hes_____on *n.* the act of pausing or being slow before saying or doing something, especially because you feel uncertain or nervous
28. accidentally ov_____ard their talk *v.* to hear what other people are saying without intending to and their knowledge
29. happen to ov_____ar a conversation *v.* to hear what other people are saying without intending to and their knowledge
30. po__t the existence of life after death *v.* to suggest or accept something as fact or as a basis for argument or consideration
31. a co__y place to live *adj.* a casual, informal way of describing something comfortable or cozy, often associated with relaxation or leisure activities
32. op_____ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
33. pat_____sm in healthcare *n.* the practice or belief of governing or managing individuals or groups in a manner that is considered to be nurturing or protective but also limiting or controlling their freedom and autonomy
34. acid hy_____e *v.* to add water or moisture to something; to drink enough fluids to maintain proper moisture; (noun) any compound that contains water of crystallization

ANSWERS: 26. coworker, 27. hesitation, 28. overhear, 29. overhear, 30. posit, 31. comfy, 32. opportune, 33. paternalism, 34. hydrate

35. sen_____al damage *adj.* connected with or resulting from someone's emotions, rather than reason or realism
36. digital to_____t *n.* a set of tools, materials, or resources that are designed to be used together for a specific purpose or task; a collection of information or techniques that can be used to address a problem or achieve a goal
37. em_____ss my project *v.* to cause someone to feel awkward, worried, or ashamed
38. an op_____ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose

ANSWERS: 35. sentimental, 36. toolkit, 37. embarrass, 38. opportune

Session 3: Fill in the Blanks

1. The CEO's leadership style was characterized by _____ towards his employees.
 - n.* the practice or belief of governing or managing individuals or groups in a manner that is considered to be nurturing or protective but also limiting or controlling their freedom and autonomy

2. My ex-_____ and I had different working styles but managed to get along.
 - n.* a person who works with another in the same company or organization

3. After you register, you will receive an email with a coupon shortly in your _____.
 - n.* an electronic folder on a computer or phone where new emails, text messages, etc., that are sent to you are kept

4. The phone rang at the most _____ time.
 - adj.* suitable or happening at a time that is suitable or convenient for a particular purpose

5. My grandfather's health has declined, and he is now quite _____.
 - adj.* weak, delicate, and easily broken or worn out; lacking physical, mental, or emotional strength

6. The DIY _____ includes a variety of power and hand tools for home repair.
 - n.* a set of tools, materials, or resources that are designed to be used together for a specific purpose or task; a collection of information or techniques that can be used to address a problem or achieve a goal

7. I love wearing my _____ slippers on a lazy Sunday morning.
 - adj.* a casual, informal way of describing something comfortable or cozy, often associated with relaxation or leisure activities

ANSWERS: 1. paternalism, 2. coworker, 3. inbox, 4. opportune, 5. frail, 6. toolkit, 7. comfy

8. He looked for an opportunity to _____ that actor in public.
v. to cause someone to feel awkward, worried, or ashamed
9. She decided to wear a pink ____ to the costume party.
n. a head covering made of synthetic or real hair worn for a variety of reasons, including as a fashion accessory, to conceal hair loss or baldness, or as part of a costume
10. She was inside at the time and _____ the conversation.
v. to hear what other people are saying without intending to and their knowledge
11. The book was _____ difficult to follow but still worth reading.
adv. used to acknowledge a fact or statement, often one that weakens or contradicts an argument or opinion; concededly
12. I like to watch old movies to _____ memories of my childhood.
v. to experience again or bring back the memory of a past event or time
13. One _____ of success is having a positive attitude and a strong work ethic.
n. a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
14. We should _____ several hypotheses to discuss the matter.
v. to suggest or accept something as fact or as a basis for argument or consideration
15. There was a _____ in her speech.
n. the act of pausing or being slow before saying or doing something, especially because you feel uncertain or nervous

ANSWERS: 8. embarrass, 9. wig, 10. overheard, 11. admittedly, 12. relive, 13. determinant, 14. posit, 15. hesitation

16. Stop being _____ and always speak the truth.

adj. connected with or resulting from someone's emotions, rather than reason or realism

17. She drank water to _____ her body.

v. to add water or moisture to something; to drink enough fluids to maintain proper moisture; (noun) any compound that contains water of crystallization

18. She felt sick and had to run to the bathroom to _____.

v. to eject food, blood, etc., from the stomach through the mouth; (noun) the matter ejected from the stomach through the mouth

19. The side effects of _____ such as nausea and hair loss, were a major concern for the patient.

n. short for chemotherapy, a treatment for cancer that uses drugs to destroy cancer cells

ANSWERS: 16. sentimental, 17. hydrate, 18. vomit, 19. chemo,