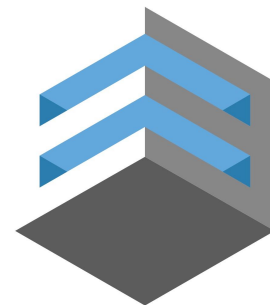


# Englist.me



## Vocabulary Builder Reference from...

*Sophie Andrews: The best way to help is often just to listen | TED Talk*

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### All Words

#### IMPORTANT

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## Session 1: Word List

### exhausted

*adj.* extremely tired

*synonym* : drowsy, depleted, fatigued

(1) the **exhausted** food sources, (2) **exhausted** parents

The **exhausted** runner fell to the ground and gasped.

### railway

*n.* a transportation system consisting of tracks and trains, usually used for the transportation of goods or passengers over long distances

*synonym* : train line, rail line, track

(1) a private **railway**, (2) **railway** station

The **railway** system connects cities and countries, making travel more convenient.

### platform

*n.* the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed

*synonym* : stage, podium, forum

(1) an arrival **platform**, (2) a digital **platform** for enterprise

The speaker mounted the **platform** and started to speak.

### toilet

*n.* a bowl-shaped plumbing fixture with a seat for defecation and urination, or a room or building

containing one or more of this fixture

*synonym*: bathroom, lavatory, washroom

(1) **toilet** paper, (2) **toilet** seat

She walked to the **toilet** to freshen up before the meeting.

## stain

*v.* to discolor, defile, or tarnish something; (noun) a discoloration or dirty mark on a surface that is difficult to remove

*synonym*: discolor, tarnish, defile

(1) **stain** the carpet, (2) red wine **stain**

The allegations of corruption **stained** her reputation, and she struggled to regain public trust.

## rip

*v.* to tear something or be torn violently or suddenly

*synonym*: tear, cut, slit

(1) **rip** a notebook apart, (2) **rip** a hole in the roof

During transit, the stuff may **rip** off the luggage tag.

## stomach

*n.* the internal organ in the body where food is digested, situated in the abdomen; the part of the body below the chest that contains the stomach

*synonym*: belly, abdomen, gut

(1) upset **stomach**, (2) **stomach** virus

I have a **stomach** ache after overeating junk food.

## stitch

*n.* one of the tiny thread lines visible on a piece of fabric after it has been sewn

(1) a **stitch** in a garment, (2) pattern **stitch**

The wound was so deep that it needed a surgical procedure and **stitches**.

## tight

*adj.* fixed, fastened, or kept together firmly or closely

*synonym*: closed, secured, cramped

(1) a **tight** game, (2) student on a **tight** budget

The national election was held amid **tight** security.

## upset

*adj.* causing or marked by anxiety, uneasiness, trouble, or grief; (verb) to make someone anxious, unhappy, or angry

*synonym* : disturbed, bothered, resentful

(1) get **upset**, (2) have an **upset** stomach

He was awfully **upset** by the news.

## gentle

*adj.* having or showing a kindly or tender nature; soft and mild

*synonym* : mild, delicate, soft

(1) in a **gentle** voice, (2) **gentle** downward slope

Her **gentle** manner relaxed everyone there.

## silent

*adj.* without any or little sound

*synonym* : quiet, hushed, mute

(1) **silent** reading, (2) give **silent** consent

The politician remained **silent** despite intense media scrutiny.

## comfort

*n.* a state of physical ease and freedom from pain or constraint

*synonym* : ease, solace, coziness

(1) words of **comfort**, (2) **comfort** level

He found **comfort** in the warm embrace of his loved ones.

## rough

*adj.* not quite exact or correct; having or caused by an irregular surface

*synonym* : inelegant, coarse, barbarian

(1) **rough** and tough, (2) **rough** estimation

The vehicle bounced along the **rough** mountain road.

## abuse

*n.* the use of something in an incorrect or harmful manner

*synonym* : misuse, misconduct, vilification

(1) the problem of drug **abuse**, (2) victim of sexual **abuse**

Our company has an audit team that monitors directors for **abuse** of authority.

## suicide

*n.* the act of killing yourself intentionally

*synonym*: self-destruction, self-annihilation, felo-de-se

(1) commit **suicide**, (2) **suicide** attack

In an economically prosperous country, most male **suicide** is due to child support problems.

## absolutely

*adv.* without restriction or limitation; completely or utterly

*synonym*: completely, utterly, definitely

(1) **absolutely** against, (2) **absolutely** obsessed with the girl

I am **absolutely** opposed to his idea because of morality.

## desperate

*adj.* feeling or showing a lack of hope and a willingness to do anything because of the problematic situation

*synonym*: anguish, frantic, hopeless

(1) her **desperate** screams, (2) **desperate** attempt

He was **desperate** when he lost all his money by gambling.

## deserted

*adj.* empty or abandoned; lacking inhabitants or visitors; left alone or left behind

*synonym*: abandoned, empty, vacated

(1) **deserted** city, (2) **deserted** island

The **deserted** street was quiet and eerie, with no signs of life.

## suffer

*v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

*synonym*: endure, undergo, tolerate

(1) **suffer** a setback, (2) **suffer** bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

## wreck

*n.* a ship that has sunk or has been destroyed; a vehicle that has been badly damaged in an accident

*synonym*: collapse, destruction, devastation

(1) the house was a **wreck**, (2) a worthless **wreck**

The divers accidentally discovered a **wreck** on the ocean

floor.

## confidential

*adj.* intended to be kept secret

*synonym*: secret, private, classified

(1) **confidential** information, (2) strictly **confidential** data

The **confidential** documents were only available to authorized personnel.

## helpline

*n.* a phone service that provides information, advice, or assistance on a particular subject, often related to health, social services, or counseling

*synonym*: hotline, support line

(1) domestic violence **helpline**, (2) national **helpline**

You can call the **helpline** if you're feeling depressed or anxious.

## lifeline

*n.* a line, rope, or cable used to support or rescue a person in danger or distress; vital or necessary support, connection, or source of help

*synonym*: savior, support, safety net

(1) **lifeline** support, (2) emotional **lifeline**

My best friend has been my **lifeline** throughout all of my hardships.

## disturb

*v.* to interrupt someone who is trying to work, sleep, etc.

*synonym*: agitate, bother, intrude

(1) **disturb** the peace, (2) **disturb** his sleep

Tourists frequently **disturb** the island's delicate natural balance.

## doubt

*n.* a feeling of being uncertain about something, especially about how good or accurate it is

*synonym*: distrust, suspect, mistrust

(1) dispel **doubts**, (2) no **doubt** about the news

**Doubt** is the start, not the end, of intelligence.

## judgment

*n.* the ability to form valuable opinions and make reasonable decisions

*synonym*: conclusion, decision, determination

(1) an emotional **judgment**, (2) deliver a **judgment**

Her **judgments** are consistently rational and sensible.

## encourage

*v.* to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do

*synonym*: facilitate, persuade, stimulate

(1) **encourage** a sense of affinity, (2) **encourage** antisocial behavior

They **encouraged** customers with a premium for loyal patronage.

## parallel

*adj.* being everywhere equidistant and not intersecting; of or relating to the simultaneous performance of multiple operations

*synonym*: aligned, side-by-side, similar

(1) a **parallel** case, (2) **parallel** processing

He walked a road **parallel** to the railroad.

## aspect

*n.* one part or feature of a situation, problem, subject, etc.

*synonym*: characteristic, element, factor

(1) nontechnical **aspects** of the job, (2) **aspects** of social, political, and economic life

His professional experience includes all **aspects** of media production.

## appropriate

*adj.* suitable or proper in the circumstances; fitting

*synonym*: fitting, suitable, proper

(1) **appropriate** behavior, (2) an **appropriate** time

It would be **appropriate** to dress nicely for the wedding.

## survivor

*n.* a person who remains alive after an event in which others have died

*synonym* : subsister

(1) ovarian cancer **survivor**, (2) a single **survivor**

The shipwreck **survivor** was rescued after floating in the ocean for three days.

## victim

*n.* a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event

*synonym* : prey, target, sufferer

(1) **victim** support, (2) **victim** compensation

The **victim** of the crime deserves justice and support to recover from the trauma.

## volunteer

*n.* a person who performs or offers to perform a job or service without being paid for or forced to do

*synonym* : unpaid worker, draftee, enlistee

(1) seek **volunteers**, (2) my **volunteer** work

The teachers make full use of **volunteer** assistance.

## empathy

*n.* the ability to share another person's feelings or experiences by imagining that person's situation

*synonym* : compassion, sympathy, tenderness

(1) full of **empathy**, (2) **empathy** for patients

**Empathy** is also necessary to understand history.

## profound

*adj.* extremely great; sensed or experienced very strongly; displaying a high level of knowledge or comprehension

*synonym* : deep, unsounded, far-reaching

(1) a **profound** book, (2) the **profound** depths of the sea

My mother's illness had a **profound** impact on us all.

## persuade

*v.* to convince or induce someone to do something by presenting a reason or argument; to sway or influence someone's decision or opinion

*synonym* : convince, influence, sway

(1) attempt to **persuade**, (2) **persuade** enough people

She tried to **persuade** her brother to join her on the trip, but

he was too busy with work.

## odd

*adj.* strange or unexpected; not divisible by two

*synonym* : strange, bizarre, abnormal

(1) in an **odd** way, (2) **odd** behavior

His grandfather was an **odd** man.

## absolute

*adj.* perfect or complete or to the most considerable degree possible

*synonym* : complete, infrangible, indisputable

(1) **absolute** loyalty, (2) an **absolute** must

Gandhi had an **absolute** zeal for nonviolence.

## distress

*n.* a feeling of great worry, sadness, pain, or discomfort

*synonym* : discomfort, despair, misery

(1) a signal of **distress**, (2) emotional **distress**

She has been in great **distress** since she was heartbroken.

## fulfill

*v.* to meet the requirements or expectations; to achieve or realize

*synonym* : satisfy, complete, accomplish

(1) **fulfill** a contract, (2) **fulfill** a lifetime dream

It was the first time for her, but she **fulfilled** the role of Priest.

## peak

*n.* the point to which something or someone is at its strongest, best, or most successful; the pointed top of a mountain

*synonym* : summit, vertex, apex

(1) at **peak** hour, (2) the **peak** current in the circuit

This measurement aims to reduce traffic at **peak** periods.

## vulnerable

*adj.* capable of being hurt or influenced physically or mentally

*synonym* : susceptible, exposed, weak

(1) a **vulnerable** bridge, (2) **vulnerable** parts of the body

Infants and pregnant women are particularly **vulnerable**.



## nation

*n.* a large organized community of people living in a particular country or region and having a particular culture

*synonym* : country, state, sovereign entity

(1) **nation-state**, (2) a seafaring **nation**

The **nation** of Japan is known for its unique culture and advanced technology.

## responsible

*adj.* answerable or accountable for something within one's power, control, or management

*synonym* : accountable, answerable, liable

(1) **responsible** action, (2) **responsible** for a customer service

She's a **responsible** pet owner who ensures her dog gets enough exercise and a healthy diet.

## screw

*v.* to turn something, such as a bolt, with a driver or wrench to tighten or loosen it; (noun) a cylindrical rod with a helical ridge used to fasten things together

*synonym* : tighten, fix, secure

(1) **screw** the cap, (2) a female **screw**

He had to **screw** the loose knob back onto the cabinet door.

## dominate

*v.* to have or control a lot of power and influence over somebody or something

*synonym* : govern, rule, prevail

(1) **dominate** possession, (2) **dominate** over the weak

The perspective of his right brain **dominates** his consciousness.

## profession

*n.* an occupation or vocation requiring advanced education or specialized training

*synonym* : occupation, vocation, trade

(1) **profession** choice, (2) healthcare **profession**

Being a doctor is considered a highly respected **profession**.

## concept

*n.* an idea or principle associated with something abstract  
*synonym*: idea, notion, vision

(1) learn new **concepts**, (2) **concept** car

One such rapidly growing **concept** is quantum cryptography.

## blame

*v.* to think or say that someone or something did something wrong or is responsible for something bad

*synonym*: condemn, rebuke, find fault with

(1) **blame** circumstances for the failure, (2) **blame** the lack of knowledge

We **blamed** our impeded progress on lack of money.

## judge

*n.* a person who makes decisions in a court of law; (verb) to determine the result of or form a critical opinion of something

*synonym*: arbiter, justice, (verb) deduce

(1) **judge** a competition, (2) an associate **judge**

The strict **judge** ruled in favor of the plaintiff in the case.

## topic

*n.* a subject that is being discussed or written about

*synonym*: subject, theme, issue

(1) a serious **topic**, (2) the **topic** of the book

The **topic** of the discussion was the current state of the economy.

## sham

*n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

*synonym*: bogus, counterfeit, fraudulent

(1) a **sham** battle, (2) turn out to be all **sham**

The data he prepared was completely **sham**.

## surround

*v.* to be all around something or somebody

*synonym*: encircle, encompass, envelop

(1) **surround** a town, (2) a stone wall **surrounds** the palace

On three sides, mountains **surround** the settlement.

## stigma

*n.* a mark of shame or disgrace associated with a particular circumstance, quality, or person

*synonym* : mark, blemish, disgrace

(1) social **stigma**, (2) **stigma** against obesity

The mental health **stigma** often prevents people from seeking treatment.

## loneliness

*n.* a state or feeling of being unhappy because you have no connection with other people

*synonym* : isolation, alienation, desolation

(1) a strong sense of **loneliness**, (2) remedy **loneliness**

I realize the **loneliness** of a single life.

## isolation

*n.* the condition of being alone or lonely; the act or state of separation between persons or groups

*synonym* : aloneness, seclusion, separateness

(1) **isolation** booth, (2) the country's **isolation**

That incident led to his **isolation**.

## well-being

*n.* the state of being happy and healthy and prosperous

*synonym* : health, welfare, happiness

(1) the **well-being** of a nation, (2) a sense of **well-being**

We are responsible for the care and **well-being** of all our employees.

## systematic

*adj.* done or acting according to a determined set of systems or plans:

*synonym* : periodic, frequent, organized

(1) a **systematic** reformation, (2) **systematic** botany

Science is based on the **systematic** classification of experience.

## mortality

*n.* the quality or state of being subject to death

*synonym* : fatality

(1) **mortality** due to cancer, (2) lower infant **mortality**

This disease has a high **mortality**.

## premature

*adj.* occurring or done too early; happening before the appropriate time; born before the end of a full-term pregnancy

*synonym* : prematurely born, untimely, early

(1) **premature** birth, (2) **premature** death

The **premature** baby was small but healthy.

## depression

*n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market

*synonym* : recession, slump, despair

(1) the Great **Depression**, (2) the root problem of her **depression**

**Depression** symptoms might include a decrease in appetite and weight loss.

## align

*v.* to put or arrange two or more things in a straight line or to form a straight line

*synonym* : coordinate, regulate, adjust

(1) **align** the economic interest of each other, (2) **align** with a historical trend

Both parties are now entirely ideologically **aligned**.

## associate

*v.* to mentally connect someone or something with someone or something else

*synonym* : tie in, link, consociate

(1) **associate** alcohol with gambling, (2) **associate** with people widely

The majority of consumers **associate** this brand with quality.

## alcohol

*n.* a clear liquid that can make people drunk and is used in medicines, cleaning products, etc.

*synonym* : booze, liquor, ethanol

(1) stop drinking **alcohol**, (2) diluted **alcohol**

There is a clear association between **alcohol** consumption and cognitive decline.

## cigarette

*n.* a small cylindrical roll of finely cut tobacco leaves wrapped in paper for smoking

*synonym* : smoke, cigar, tobacco

(1) a mild **cigarette**, (2) a **cigarette** case

He lit a **cigarette** and leaned against the wall.

## dementia

*n.* a severe decline in cognitive function, especially memory, as a result of disease or injury

*synonym* : cognitive decline, memory loss, Alzheimer's disease

(1) **dementia** patients, (2) probably have **dementia**

The study found that regular exercise can help to prevent the onset of **dementia** in older age.

## Alzheimer

*n.* a neurodegenerative disease that causes memory loss, cognitive decline, and behavioral issues; is the most common cause of dementia in older adults

*synonym* : dementia, memory loss, cognitive decline

(1) **Alzheimer's** brain, (2) **Alzheimer's** risk factors

My grandmother has **Alzheimer's** disease requires special care and attention from her caregivers.

## disease

*n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

*synonym* : illness, ailment, affliction

(1) **disease** prevention, (2) **disease** control

The doctor diagnosed him with a rare **disease** that had no known cure.

## caregiving

*n.* the act of providing care and support for someone who is ill, disabled, or elderly

*synonym* : nurturing, caring, assisting

(1) **caregiving** process, (2) **caregiving** responsibilities

She devoted her life to **caregiving**, looking after her aging parents.

## landmark

*n.* a notable or important event, place, or achievement; a significant object or feature that serves as a reference point

*synonym* : marker, reference point, guidepost

(1) a **landmark** discovery, (2) historical **landmark**

The Empire State Building is a **landmark** in New York City.

## definition

*n.* a concise explanation of the meaning of a word, phrase, or symbol

*synonym* : description, connotation, meaning

(1) a precise **definition**, (2) the **definition** of a word

Parallel lines are, by **definition**, lines on the same plane that never cross.

## unwelcome

*adj.* not wanted, not invited, or not appreciated; causing annoyance or displeasure

*synonym* : uninvited, disliked, undesired

(1) **unwelcome** interruption, (2) **unwelcome** surprise

The **unwelcome** visitor quickly made their presence known.

## companion

*n.* a person or an animal with whom you spend a lot of time, or you travel

*synonym* : affiliate, fellow, mate

(1) a working **companion**, (2) drinking **companions**

Her dog is her excellent **companion**.

## mismatch

*v.* to put together or match items that are not compatible or do not fit well together; to be different from or not correspond to something else

*synonym* : mismatch, discord, clash

(1) **mismatch** expectations, (2) **mismatch** socks

The colors of the shirt and pants totally **mismatch**, making the outfit look ridiculous.

## quantity

*n.* the amount or number of something; magnitude

*synonym* : abundance, portion, amount

(1) half **quantity**, (2) residual **quantity**

In southward, the average annual water **quantity** increases.

## relation

*n.* the way two persons or groups of people feel and act toward one another

*synonym* : association, linkage, connection

(1) **relation** between cause and effect, (2) **relation** of inclusion

The industrial **relations** laws were passed with little to no alteration.

## professional

*adj.* having or showing the skill appropriate to a particular job; competent or skillful

*synonym* : skilled, competent, accomplished

(1) **professional** athlete, (2) certified **professional** secretary

He has a **professional** demeanor and always presents himself in a polished manner.

## conscious

*adj.* being aware of and able to respond to what is happening around you

*synonym* : aware, cognizant, deliberate

(1) **conscious** effort, (2) **conscious** of having succeeded

He became **conscious** that he was being followed.

## rail

*n.* a long, thin piece of metal or wood that is used to make fences or as a support for something; (verb) to complain bitterly

*synonym* : bar, beam, (verb) criticize

(1) **rail** system, (2) **rail** against his enemies

The children leaned over the bridge **rail** to watch the fish swimming below.

## transform

*v.* to change in outward structure or looks;

*synonym* : alter, convert, change

(1) **transform** an education system, (2) **transform** heat into power

My father's death **transformed** my life completely.

## launch

*v.* to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time

*synonym* : start, initiate, begin

(1) **launch** a spaceship into orbit, (2) **launch** a big attack

The company is set to **launch** its new product line next month.

## isolate

*v.* to physically or socially separate someone or something from other people or things

*synonym* : separate, sequester, insulate

(1) **isolate** a compound, (2) **isolate** a patient

You should not **isolate** them from the community.

## lofty

*adj.* elevated in position, rank, or status; grand; elevated in style or language

*synonym* : high, elevated, grand

(1) a **lofty** peak, (2) **lofty** ambitions

His **lofty** goals were admirable but unrealistic.

## chief

*adj.* most important or primary; (noun) a person who is in charge

*synonym* : essential, primary, leading

(1) **chief** accountant, (2) **chief** events of the year

Mining is a **chief** source of income for the country.

## executive

*n.* a person or group of people with top-level management responsibility in a business or other organization; the branch that is responsible for implementing, administering, and enforcing laws, as well as running the day-to-day operations

*synonym* : administrator, manager, director

(1) **executive** editor at the publishing house, (2) **executive** vice president

As the **executive** director of the non-profit, it's her



responsibility to make sure they're meeting their mission goals.

## pal

*n.* a close friend

*synonym*: buddy, friend, chum

(1) baseball **pal**, (2) long-time **pal**

She is a pen **pal** of mine.

## introductory

*adj.* intended as an introduction or preliminary; serving as a base or starting point

*synonym*: beginning, preliminary, initial

(1) **introductory** biology text, (2) product **introductory** sale

The **introductory** class was designed to give students a basic understanding of the subject.

## confer

*v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something

*synonym*: consult, meet, discuss

(1) **confer** degree, (2) **confer** honor

The leaders of the two countries met to **confer** on the issue.

## instrument

*n.* an object used to make musical sounds, such as a piano, guitar, or drum; a tool or device used for a specific activity, particularly in specialist or scientific work

*synonym*: apparatus, tool, device

(1) musical **instruments**, (2) surgical **instruments**

This electronic **instrument** is required to undergo periodic inspections to ensure precision.

## despair

*n.* the feeling that there is no hope and you cannot do anything to improve a difficult situation

*synonym*: dismay, anguish, misery

(1) **despair** at the future, (2) untold **despair**

His friend's death drove him to **despair**.

## laughter

*n.* the act or sound of laughing

*synonym*: laugh, chuckle, giggle

(1) **laughter** all around, (2) bring **laughter**

Some doctor says **laughter** is the best medicine.

## cherish

*v.* to hold someone or something dear; to feel or show affection for someone or something

*synonym*: treasure, value, hold dear

(1) **cherish** a stuffed animal, (2) **cherish** relationships

She **cherished** the memories of her childhood.

## snippet

*n.* a small piece or brief extract of something

*synonym*: fragment, excerpt, brief

(1) **snippet** of wisdom, (2) code **snippet**

The journalist saved a **snippet** of the interview for later reference.

## remarkable

*adj.* worthy of attention because unusual or special

*synonym*: outstanding, exceptional, extraordinary

(1) **remarkable** achievement, (2) the **remarkable** breadth of knowledge

The election was a **remarkable** success for the Whigs.

## invention

*n.* the creation of a new device or process resulting from study and experimentation; the act of inventing

*synonym*: creation, design, innovation

(1) the **invention** of new techniques, (2) common **invention**

Necessity is the mother of **invention**.

## donkey

*n.* a domesticated mammal related to the horse, similar in appearance but with longer ears and a shorter mane; a foolish or stupid person

*synonym*: horse, burro, mule

(1) male **donkey**, (2) **donkey** ride

The little boy rode the **donkey** at the county fair.

## fancy

*v.* to want to do or have something; (noun) something that many people believe but that is false, or that does not exist; imagination or fantasy

*synonym* : imagine, visualize, (noun) fantasy

(1) **fancy** a cup of coffee, (2) a flight of **fancy**

I don't **fancy** acting in such an important role.

## excuse

*n.* a reason or explanation, either true or invented, given to justify a fault or defend your behavior; (verb) to make someone free from blame or clear from guilt

*synonym* : apology, justification, reason

(1) **excuse** for inaction, (2) perfect **excuse**

He quickly fabricated an **excuse** for not attending the meeting.

## confine

*v.* to restrict the movement of someone or something

*synonym* : restrict, limit, contain

(1) **confine** themselves solely, (2) **confine** the scope of use

The animal was **confined** in a small cage.

## essential

*adj.* indispensable; fundamental

*synonym* : critical, crucial, basic

(1) **essential** amino acid, (2) **essential** commodities of life

Trial and error is an **essential** part of education.

## gown

*n.* a long, flowing garment worn on formal occasions, especially by women

*synonym* : dress, robe, garment

(1) a judge's **gown**, (2) **gown** for the prom

She looked stunning in her long, flowing **gown** at the formal event.

## typical

*adj.* having the usual characteristics or traits of a specific group of things

*synonym* : characteristic, usual, distinctive

(1) **typical** leader, (2) fairly **typical** symptoms

This artwork is **typical** of her work.

## interrupt

v. to say or do something that causes someone to stop in their speech or action

*synonym*: disturb, hinder, break in

(1) **interrupt** a call, (2) abruptly **interrupt**

Her sleep was **interrupted** by recurring pain.

## conduct

v. to organize and carry out a particular activity

*synonym*: behave, lead, carry on

(1) **conduct** a background check, (2) **conduct** research

Police will **conduct** random breath testing for drunk driving.

## survey

n. an investigation of the opinions, behavior, etc. of a particular group of people, made by asking people questions

*synonym*: study, examination, poll

(1) a comprehensive **survey**, (2) recent **survey**

That **survey** shows that people are accepting the tax increase to some extent.

## cricket

n. leaping insect; a game played with a ball and bat by two teams of eleven players

(1) **cricket** match, (2) a pine **cricket**

The sound of the **crickets** chirping filled the air on a warm summer evening.

## wicket

n. (of cricket) the set of three vertical stumps and two horizontal bails at either end of the cricket pitch; a small gate or door, particularly one built into or next to a larger one

*synonym*: stump, bat, crease

(1) **wicket-keeper**, (2) cricket **wicket**

The batsman hit the ball directly into the **wicket**, scoring a run.

## recognize

v. to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered

*synonym* : acknowledge, identify, admit

(1) **recognize** talent, (2) **recognize** achievement

It's important to **recognize** your strengths and weaknesses.

## underestimate

v. to think or suppose that a quantity, price, or size is smaller than it is

*synonym* : underrate, misjudge, miscalculate

(1) **underestimate** an enemy, (2) **underestimate** the probability

They frequently **underestimated** their abilities and felt inferior.

## Session 2: Spelling

- |                                     |  |
|-------------------------------------|--|
| 1. a precise def_____on             | <i>n.</i> a concise explanation of the meaning of a word, phrase, or symbol  |
| 2. co_____us of having succeeded    | <i>adj.</i> being aware of and able to respond to what is happening around you   |
| 3. car_____ng process               | <i>n.</i> the act of providing care and support for someone who is ill, disabled, or elderly   |
| 4. get up__t                        | <i>adj.</i> causing or marked by anxiety, uneasiness, trouble, or grief; (verb) to make someone anxious, unhappy, or angry           |
| 5. es_____al commodities of life    | <i>adj.</i> indispensable; fundamental   |
| 6. und_____ate an enemy             | <i>v.</i> to think or suppose that a quantity, price, or size is smaller than it is  |
| 7. r__l system                      | <i>n.</i> a long, thin piece of metal or wood that is used to make fences or as a support for something; (verb) to complain bitterly |
| 8. an ab_____te must                | <i>adj.</i> perfect or complete or to the most considerable degree possible  |
| 9. commit su_____e                  | <i>n.</i> the act of killing yourself intentionally  |
| 10. re_____on of inclusion          | <i>n.</i> the way two persons or groups of people feel and act toward one another  |
| 11. the to__c of the book           | <i>n.</i> a subject that is being discussed or written about   |
| 12. nontechnical as___ts of the job | <i>n.</i> one part or feature of a situation, problem, subject, etc.   |

ANSWERS: 1. definition, 2. conscious, 3. caregiving, 4. upset, 5. essential, 6. underestimate, 7. rail, 8. absolute, 9. suicide, 10. relation, 11. topic, 12. aspect

13. musical ins\_\_\_\_\_nts      *n.* an object used to make musical sounds, such as a piano, guitar, or drum; a tool or device used for a specific activity, particularly in specialist or scientific work
14. a seafaring na\_\_\_\_n      *n.* a large organized community of people living in a particular country or region and having a particular culture
15. na\_\_\_\_n-state      *n.* a large organized community of people living in a particular country or region and having a particular culture
16. di\_\_\_\_\_b his sleep      *v.* to interrupt someone who is trying to work, sleep, etc.
17. to\_\_\_\_t paper      *n.* a bowl-shaped plumbing fixture with a seat for defecation and urination, or a room or building containing one or more of this fixture
18. national he\_\_\_\_\_ne      *n.* a phone service that provides information, advice, or assistance on a particular subject, often related to health, social services, or counseling
19. emotional li\_\_\_\_\_ne      *n.* a line, rope, or cable used to support or rescue a person in danger or distress; vital or necessary support, connection, or source of help
20. mo\_\_\_\_\_ty due to cancer      *n.* the quality or state of being subject to death
21. di\_\_\_\_\_b the peace      *v.* to interrupt someone who is trying to work, sleep, etc.

ANSWERS: 13. instrument, 14. nation, 15. nation, 16. disturb, 17. toilet, 18. helpline, 19. lifeline, 20. mortality, 21. disturb

22. un\_\_\_\_\_me surprise *adj.* not wanted, not invited, or not appreciated; causing annoyance or displeasure
23. words of co\_\_\_\_\_t *n.* a state of physical ease and freedom from pain or constraint
24. drinking co\_\_\_\_\_ons *n.* a person or an animal with whom you spend a lot of time, or you travel
25. en\_\_\_\_\_ge antisocial behavior *v.* to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
26. bring la\_\_\_\_\_er *n.* the act or sound of laughing
27. recent su\_\_\_\_\_y *n.* an investigation of the opinions, behavior, etc. of a particular group of people, made by asking people questions
28. em\_\_\_\_\_y for patients *n.* the ability to share another person's feelings or experiences by imagining that person's situation
29. a stone wall su\_\_\_\_\_nds the palace *v.* to be all around something or somebody
30. do\_\_\_\_\_te over the weak *v.* to have or control a lot of power and influence over somebody or something
31. res\_\_\_\_\_le action *adj.* answerable or accountable for something within one's power, control, or management
32. ch\_\_\_\_\_h a stuffed animal *v.* to hold someone or something dear; to feel or show affection for someone or something

ANSWERS: 22. unwelcome, 23. comfort, 24. companion, 25. encourage, 26. laughter, 27. survey, 28. empathy, 29. surround, 30. dominate, 31. responsible, 32. cherish



33. und\_\_\_\_\_ate the probability      *v.* to think or suppose that a quantity, price, or size is smaller than it is
34. ro\_\_h estimation      *adj.* not quite exact or correct; having or caused by an irregular surface
35. rem\_\_\_\_\_le achievement      *adj.* worthy of attention because unusual or special
36. the rem\_\_\_\_\_le breadth of knowledge      *adj.* worthy of attention because unusual or special
37. vi\_\_\_m compensation      *n.* a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event
38. in an o\_d way      *adj.* strange or unexpected; not divisible by two
39. bl\_\_e the lack of knowledge      *v.* to think or say that someone or something did something wrong or is responsible for something bad
40. upset st\_\_\_\_\_h      *n.* the internal organ in the body where food is digested, situated in the abdomen; the part of the body below the chest that contains the stomach
41. a flight of fa\_\_y      *v.* to want to do or have something; (noun) something that many people believe but that is false, or that does not exist; imagination or fantasy
42. a la\_\_\_\_\_rk discovery      *n.* a notable or important event, place, or achievement; a significant object or feature that serves as a reference point
43. st\_\_\_a against obesity      *n.* a mark of shame or disgrace associated with a particular circumstance, quality, or person

ANSWERS: 33. underestimate, 34. rough, 35. remarkable, 36. remarkable, 37. victim, 38. odd, 39. blame, 40. stomach, 41. fancy, 42. landmark, 43. stigma

44. do\_\_\_y ride *n.* a domesticated mammal related to the horse, similar in appearance but with longer ears and a shorter mane; a foolish or stupid person
45. healthcare pro\_\_\_\_\_on *n.* an occupation or vocation requiring advanced education or specialized training
46. as\_\_\_\_\_te alcohol with gambling *v.* to mentally connect someone or something with someone or something else
47. the wel\_\_\_\_\_ng of a nation *n.* the state of being happy and healthy and prosperous
48. app\_\_\_\_\_te behavior *adj.* suitable or proper in the circumstances; fitting
49. as\_\_\_\_\_te with people widely *v.* to mentally connect someone or something with someone or something else
50. g\_\_n for the prom *n.* a long, flowing garment worn on formal occasions, especially by women
51. su\_\_\_\_\_nd a town *v.* to be all around something or somebody
52. ro\_\_h and tough *adj.* not quite exact or correct; having or caused by an irregular surface
53. the problem of drug ab\_\_e *n.* the use of something in an incorrect or harmful manner
54. pattern st\_\_\_h *n.* one of the tiny thread lines visible on a piece of fabric after it has been sewn
55. the Great Dep\_\_\_\_\_on *n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market

ANSWERS: 44. donkey, 45. profession, 46. associate, 47. well-being, 48. appropriate, 49. associate, 50. gown, 51. surround, 52. rough, 53. abuse, 54. stitch, 55. depression

56. untold de\_\_\_\_\_r *n.* the feeling that there is no hope and you cannot do anything to improve a difficult situation
57. co\_\_\_\_\_e themselves solely *v.* to restrict the movement of someone or something
58. certified pro\_\_\_\_\_nal secretary *adj.* having or showing the skill appropriate to a particular job; competent or skillful
59. de\_\_\_\_\_ia patients *n.* a severe decline in cognitive function, especially memory, as a result of disease or injury
60. ex\_\_\_\_\_e for inaction *n.* a reason or explanation, either true or invented, given to justify a fault or defend your behavior; (verb) to make someone free from blame or clear from guilt
61. co\_\_\_\_\_e the scope of use *v.* to restrict the movement of someone or something
62. a female sc\_\_w *v.* to turn something, such as a bolt, with a driver or wrench to tighten or loosen it; (noun) a cylindrical rod with a helical ridge used to fasten things together
63. fa\_\_y a cup of coffee *v.* to want to do or have something; (noun) something that many people believe but that is false, or that does not exist; imagination or fantasy
64. common in\_\_\_\_\_on *n.* the creation of a new device or process resulting from study and experimentation; the act of inventing
65. residual qu\_\_\_\_\_ty *n.* the amount or number of something; magnitude

ANSWERS: 56. despair, 57. confine, 58. professional, 59. dementia, 60. excuse, 61. confine, 62. screw, 63. fancy, 64. invention, 65. quantity

66. learn new co\_\_\_\_\_ts *n.* an idea or principle associated with something abstract
67. full of em\_\_\_\_\_y *n.* the ability to share another person's feelings or experiences by imagining that person's situation
68. long-time p\_l *n.* a close friend
69. co\_\_\_\_\_t a background check *v.* to organize and carry out a particular activity
70. attempt to pe\_\_\_\_\_de *v.* to convince or induce someone to do something by presenting a reason or argument; to sway or influence someone's decision or opinion
71. di\_\_\_\_\_e control *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
72. a pa\_\_\_\_\_el case *adj.* being everywhere equidistant and not intersecting; of or relating to the simultaneous performance of multiple operations
73. lo\_\_y ambitions *adj.* elevated in position, rank, or status; grand; elevated in style or language
74. tr\_\_\_\_\_rm an education system *v.* to change in outward structure or looks;
75. al\_\_n with a historical trend *v.* to put or arrange two or more things in a straight line or to form a straight line
76. ex\_\_\_\_\_ve editor at the publishing house *n.* a person or group of people with top-level management responsibility in a business or other organization; the branch that is responsible for implementing, administering, and enforcing laws, as well as running the day-to-day operations

ANSWERS: 66. concept, 67. empathy, 68. pal, 69. conduct, 70. persuade, 71. disease, 72. parallel, 73. lofty, 74. transform, 75. align, 76. executive

77. do\_\_\_\_te possession *v.* to have or control a lot of power and influence over somebody or something
78. a s\_\_m battle *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
79. probably have de\_\_\_\_ia *n.* a severe decline in cognitive function, especially memory, as a result of disease or injury
80. pe\_\_\_\_de enough people *v.* to convince or induce someone to do something by presenting a reason or argument; to sway or influence someone's decision or opinion
81. ch\_\_\_\_h relationships *v.* to hold someone or something dear; to feel or show affection for someone or something
82. co\_\_\_\_r degree *v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
83. a working co\_\_\_\_on *n.* a person or an animal with whom you spend a lot of time, or you travel
84. pr\_\_\_\_re birth *adj.* occurring or done too early; happening before the appropriate time; born before the end of a full-term pregnancy
85. a digital pl\_\_\_\_rm for enterprise *n.* the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed

ANSWERS: 77. dominate, 78. sham, 79. dementia, 80. persuade, 81. cherish, 82. confer, 83. companion, 84. premature, 85. platform

86. es\_\_\_\_\_al amino acid *adj.* indispensable; fundamental
87. is\_\_\_\_\_on booth *n.* the condition of being alone or lonely; the act or state of separation between persons or groups
88. su\_\_\_\_r bad grades *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
89. abruptly in\_\_\_\_\_pt *v.* to say or do something that causes someone to stop in their speech or action
90. la\_\_\_\_\_er all around *n.* the act or sound of laughing
91. an associate ju\_\_e *n.* a person who makes decisions in a court of law; (verb) to determine the result of or form a critical opinion of something
92. seek vo\_\_\_\_\_ers *n.* a person who performs or offers to perform a job or service without being paid for or forced to do
93. Al\_\_\_\_\_er's brain *n.* a neurodegenerative disease that causes memory loss, cognitive decline, and behavioral issues; is the most common cause of dementia in older adults
94. sn\_\_\_\_\_t of wisdom *n.* a small piece or brief extract of something
95. st\_\_\_\_\_h virus *n.* the internal organ in the body where food is digested, situated in the abdomen; the part of the body below the chest that contains the stomach

ANSWERS: 86. essential, 87. isolation, 88. suffer, 89. interrupt, 90. laughter, 91. judge, 92. volunteer, 93. Alzheimer, 94. snippet, 95. stomach

96. ch\_\_f accountant *adj.* most important or primary; (noun) a person who is in charge
97. code sn\_\_\_\_t *n.* a small piece or brief extract of something
98. li\_\_\_\_ne support *n.* a line, rope, or cable used to support or rescue a person in danger or distress; vital or necessary support, connection, or source of help
99. in a ge\_\_\_e voice *adj.* having or showing a kindly or tender nature; soft and mild
100. de\_\_\_\_r at the future *n.* the feeling that there is no hope and you cannot do anything to improve a difficult situation
101. a strong sense of lon\_\_\_\_\_ss *n.* a state or feeling of being unhappy because you have no connection with other people
102. at p\_\_k hour *n.* the point to which something or someone is at its strongest, best, or most successful; the pointed top of a mountain
103. baseball p\_l *n.* a close friend
104. ch\_\_f events of the year *adj.* most important or primary; (noun) a person who is in charge
105. stop drinking al\_\_\_\_l *n.* a clear liquid that can make people drunk and is used in medicines, cleaning products, etc.
106. strictly con\_\_\_\_\_ial data *adj.* intended to be kept secret
107. int\_\_\_\_\_ory biology text *adj.* intended as an introduction or preliminary; serving as a base or starting point

ANSWERS: 96. chief, 97. snippet, 98. lifeline, 99. gentle, 100. despair, 101. loneliness, 102. peak, 103. pal, 104. chief, 105. alcohol, 106. confidential, 107. introductory

108. the pr\_\_\_\_nd depths of the sea      *adj.* extremely great; sensed or experienced very strongly; displaying a high level of knowledge or comprehension
109. an arrival pl\_\_\_\_rm      *n.* the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed
110. co\_\_\_\_t level      *n.* a state of physical ease and freedom from pain or constraint
111. in\_\_\_\_pt a call      *v.* to say or do something that causes someone to stop in their speech or action
112. o\_d behavior      *adj.* strange or unexpected; not divisible by two
113. bl\_\_e circumstances for the failure      *v.* to think or say that someone or something did something wrong or is responsible for something bad
114. the in\_\_\_\_on of new techniques      *n.* the creation of a new device or process resulting from study and experimentation; the act of inventing
115. co\_\_\_\_t research      *v.* to organize and carry out a particular activity
116. dispel do\_\_ts      *n.* a feeling of being uncertain about something, especially about how good or accurate it is
117. surgical ins\_\_\_\_nts      *n.* an object used to make musical sounds, such as a piano, guitar, or drum; a tool or device used for a specific activity, particularly in specialist or scientific work

ANSWERS: 108. profound, 109. platform, 110. comfort, 111. interrupt, 112. odd, 113. blame, 114. invention, 115. conduct, 116. doubt, 117. instrument



118. pa\_\_\_\_\_el processing *adj.* being everywhere equidistant and not intersecting; of or relating to the simultaneous performance of multiple operations
119. student on a ti\_\_t budget *adj.* fixed, fastened, or kept together firmly or closely
120. the def\_\_\_\_\_on of a word *n.* a concise explanation of the meaning of a word, phrase, or symbol
121. co\_\_\_\_\_t car *n.* an idea or principle associated with something abstract
122. my vo\_\_\_\_\_er work *n.* a person who performs or offers to perform a job or service without being paid for or forced to do
123. a comprehensive su\_\_\_y *n.* an investigation of the opinions, behavior, etc. of a particular group of people, made by asking people questions
124. pr\_\_\_\_\_re death *adj.* occurring or done too early; happening before the appropriate time; born before the end of a full-term pregnancy
125. re\_\_\_\_\_ze achievement *v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
126. vi\_\_\_m support *n.* a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event
127. res\_\_\_\_\_le for a customer service *adj.* answerable or accountable for something within one's power, control, or management

ANSWERS: 118. parallel, 119. tight, 120. definition, 121. concept, 122. volunteer, 123. survey, 124. premature, 125. recognize, 126. victim, 127. responsible

128. de\_\_\_\_ed island *adj.* empty or abandoned; lacking inhabitants or visitors; left alone or left behind
129. a lo\_\_y peak *adj.* elevated in position, rank, or status; grand; elevated in style or language
130. red wine st\_\_n *v.* to discolor, defile, or tarnish something; (noun) a discoloration or dirty mark on a surface that is difficult to remove
131. a sys\_\_\_\_\_ic reformation *adj.* done or acting according to a determined set of systems or plans:
132. Al\_\_\_\_\_er's risk factors *n.* a neurodegenerative disease that causes memory loss, cognitive decline, and behavioral issues; is the most common cause of dementia in older adults
133. con\_\_\_\_\_ial information *adj.* intended to be kept secret
134. vul\_\_\_\_\_le parts of the body *adj.* capable of being hurt or influenced physically or mentally
135. a ti\_\_t game *adj.* fixed, fastened, or kept together firmly or closely
136. r\_p a notebook apart *v.* to tear something or be torn violently or suddenly
137. half qu\_\_\_\_\_ty *n.* the amount or number of something; magnitude
138. cricket wi\_\_\_\_t *n.* (of cricket) the set of three vertical stumps and two horizontal bails at either end of the cricket pitch; a small gate or door, particularly one built into or next to a larger one

ANSWERS: 128. deserted, 129. lofty, 130. stain, 131. systematic, 132. Alzheimer, 133. confidential, 134. vulnerable, 135. tight, 136. rip, 137. quantity, 138. wicket

139. a judge's g\_\_n *n.* a long, flowing garment worn on formal occasions, especially by women
140. a single su\_\_\_\_or *n.* a person who remains alive after an event in which others have died
141. mi\_\_\_\_ch socks *v.* to put together or match items that are not compatible or do not fit well together; to be different from or not correspond to something else
142. the house was a wr\_\_k *n.* a ship that has sunk or has been destroyed; a vehicle that has been badly damaged in an accident
143. ju\_\_e a competition *n.* a person who makes decisions in a court of law; (verb) to determine the result of or form a critical opinion of something
144. a sense of wel\_\_\_\_\_ng *n.* the state of being happy and healthy and prosperous
145. abs\_\_\_\_\_ly obsessed with the girl *adv.* without restriction or limitation; completely or utterly
146. to\_\_t seat *n.* a bowl-shaped plumbing fixture with a seat for defecation and urination, or a room or building containing one or more of this fixture
147. re\_\_\_\_\_on between cause and effect *n.* the way two persons or groups of people feel and act toward one another
148. male do\_\_y *n.* a domesticated mammal related to the horse, similar in appearance but with longer ears and a shorter mane; a foolish or stupid person

ANSWERS: 139. gown, 140. survivor, 141. mismatch, 142. wreck, 143. judge, 144. well-being, 145. absolutely, 146. toilet, 147. relation, 148. donkey

149. victim of sexual ab\_\_e *n.* the use of something in an incorrect or harmful manner
150. st\_\_n the carpet *v.* to discolor, defile, or tarnish something; (noun) a discoloration or dirty mark on a surface that is difficult to remove
151. r\_\_l against his enemies *n.* a long, thin piece of metal or wood that is used to make fences or as a support for something; (verb) to complain bitterly
152. turn out to be all s\_\_m *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
153. mi\_\_\_\_\_ch expectations *v.* to put together or match items that are not compatible or do not fit well together; to be different from or not correspond to something else
154. r\_p a hole in the roof *v.* to tear something or be torn violently or suddenly
155. su\_\_\_r a setback *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
156. de\_\_\_\_\_te attempt *adj.* feeling or showing a lack of hope and a willingness to do anything because of the problematic situation
157. a signal of di\_\_\_\_\_ss *n.* a feeling of great worry, sadness, pain, or discomfort
158. the p\_\_k current in the circuit *n.* the point to which something or someone is at its strongest, best, or most successful; the pointed top of a mountain

ANSWERS: 149. abuse, 150. stain, 151. rail, 152. sham, 153. mismatch, 154. rip, 155. suffer, 156. desperate, 157. distress, 158. peak

159. un\_\_\_\_\_me interruption *adj.* not wanted, not invited, or not appreciated; causing annoyance or displeasure
160. pro\_\_\_\_\_on choice *n.* an occupation or vocation requiring advanced education or specialized training
161. en\_\_\_\_\_ge a sense of affinity *v.* to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
162. ex\_\_\_\_\_ve vice president *n.* a person or group of people with top-level management responsibility in a business or other organization; the branch that is responsible for implementing, administering, and enforcing laws, as well as running the day-to-day operations
163. la\_\_\_h a big attack *v.* to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time
164. a st\_\_\_h in a garment *n.* one of the tiny thread lines visible on a piece of fabric after it has been sewn
165. a private ra\_\_\_\_\_y *n.* a transportation system consisting of tracks and trains, usually used for the transportation of goods or passengers over long distances
166. give si\_\_\_t consent *adj.* without any or little sound

ANSWERS: 159. unwelcome, 160. profession, 161. encourage, 162. executive, 163. launch, 164. stitch, 165. railway, 166. silent

167. deliver a ju\_\_\_\_\_nt *n.* the ability to form valuable opinions and make reasonable decisions
168. as\_\_\_ts of social, political, and economic life *n.* one part or feature of a situation, problem, subject, etc.
169. diluted al\_\_\_\_\_l *n.* a clear liquid that can make people drunk and is used in medicines, cleaning products, etc.
170. di\_\_\_\_\_e prevention *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
171. the ex\_\_\_\_\_ed food sources *adj.* extremely tired
172. an app\_\_\_\_\_te time *adj.* suitable or proper in the circumstances; fitting
173. a vul\_\_\_\_\_le bridge *adj.* capable of being hurt or influenced physically or mentally
174. ab\_\_\_\_\_te loyalty *adj.* perfect or complete or to the most considerable degree possible
175. ge\_\_\_e downward slope *adj.* having or showing a kindly or tender nature; soft and mild
176. ty\_\_\_\_\_l leader *adj.* having the usual characteristics or traits of a specific group of things
177. emotional di\_\_\_\_\_ss *n.* a feeling of great worry, sadness, pain, or discomfort
178. social st\_\_\_a *n.* a mark of shame or disgrace associated with a particular circumstance, quality, or person
179. remedy lon\_\_\_\_\_ss *n.* a state or feeling of being unhappy because you have no connection with other people

ANSWERS: 167. judgment, 168. aspect, 169. alcohol, 170. disease, 171. exhausted, 172. appropriate, 173. vulnerable, 174. absolute, 175. gentle, 176. typical, 177. distress, 178. stigma, 179. loneliness

180. an emotional ju\_\_\_\_\_nt *n.* the ability to form valuable opinions and make reasonable decisions
181. sys\_\_\_\_\_ic botany *adj.* done or acting according to a determined set of systems or plans:
182. re\_\_\_\_\_ze talent *v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
183. a pine cr\_\_\_\_\_t *n.* leaping insect; a game played with a ball and bat by two teams of eleven players
184. si\_\_\_\_\_t reading *adj.* without any or little sound
185. fu\_\_\_\_\_l a lifetime dream *v.* to meet the requirements or expectations; to achieve or realize
186. a serious to\_\_c *n.* a subject that is being discussed or written about
187. ex\_\_\_\_\_ed parents *adj.* extremely tired
188. the root problem of her dep\_\_\_\_\_on *n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
189. cr\_\_\_\_\_t match *n.* leaping insect; a game played with a ball and bat by two teams of eleven players
190. is\_\_\_\_\_e a compound *v.* to physically or socially separate someone or something from other people or things
191. co\_\_\_\_\_us effort *adj.* being aware of and able to respond to what is happening around you

ANSWERS: 180. judgment, 181. systematic, 182. recognize, 183. cricket, 184. silent, 185. fulfill, 186. topic, 187. exhausted, 188. depression, 189. cricket, 190. isolate, 191. conscious

192. no do\_\_t about the news      *n.* a feeling of being uncertain about something, especially about how good or accurate it is
193. su\_\_\_\_\_e attack      *n.* the act of killing yourself intentionally
194. pro\_\_\_\_\_nal athlete      *adj.* having or showing the skill appropriate to a particular job; competent or skillful
195. is\_\_\_\_\_e a patient      *v.* to physically or socially separate someone or something from other people or things
196. historical la\_\_\_\_\_rk      *n.* a notable or important event, place, or achievement; a significant object or feature that serves as a reference point
197. product int\_\_\_\_\_ory sale      *adj.* intended as an introduction or preliminary; serving as a base or starting point
198. abs\_\_\_\_\_ly against      *adv.* without restriction or limitation; completely or utterly
199. co\_\_\_r honor      *v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
200. perfect ex\_\_\_e      *n.* a reason or explanation, either true or invented, given to justify a fault or defend your behavior; (verb) to make someone free from blame or clear from guilt
201. a pr\_\_\_\_\_nd book      *adj.* extremely great; sensed or experienced very strongly; displaying a high level of knowledge or comprehension
202. al\_\_n the economic interest of each other      *v.* to put or arrange two or more things in a straight line or to form a straight line

ANSWERS: 192. doubt, 193. suicide, 194. professional, 195. isolate, 196. landmark, 197. introductory, 198. absolutely, 199. confer, 200. excuse, 201. profound, 202. align



203. ra\_\_\_\_y station *n.* a transportation system consisting of tracks and trains, usually used for the transportation of goods or passengers over long distances
204. car\_\_\_\_\_ng responsibilities *n.* the act of providing care and support for someone who is ill, disabled, or elderly
205. domestic violence he\_\_\_\_\_ne *n.* a phone service that provides information, advice, or assistance on a particular subject, often related to health, social services, or counseling
206. sc\_\_w the cap *v.* to turn something, such as a bolt, with a driver or wrench to tighten or loosen it; (noun) a cylindrical rod with a helical ridge used to fasten things together
207. tr\_\_\_\_\_rm heat into power *v.* to change in outward structure or looks;
208. the country's is\_\_\_\_\_on *n.* the condition of being alone or lonely; the act or state of separation between persons or groups
209. lower infant mo\_\_\_\_\_ty *n.* the quality or state of being subject to death
210. a mild ci\_\_\_\_\_te *n.* a small cylindrical roll of finely cut tobacco leaves wrapped in paper for smoking
211. a ci\_\_\_\_\_te case *n.* a small cylindrical roll of finely cut tobacco leaves wrapped in paper for smoking
212. a worthless wr\_\_k *n.* a ship that has sunk or has been destroyed; a vehicle that has been badly damaged in an accident

ANSWERS: 203. railway, 204. caregiving, 205. helpline, 206. screw, 207. transform, 208. isolation, 209. mortality, 210. cigarette, 211. cigarette, 212. wreck

213. fu\_\_\_\_l a contract *v.* to meet the requirements or expectations; to achieve or realize
214. fairly ty\_\_\_\_l symptoms *adj.* having the usual characteristics or traits of a specific group of things
215. wi\_\_\_\_t-keeper *n.* (of cricket) the set of three vertical stumps and two horizontal bails at either end of the cricket pitch; a small gate or door, particularly one built into or next to a larger one
216. la\_\_\_\_h a spaceship into orbit *v.* to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time
217. her de\_\_\_\_te screams *adj.* feeling or showing a lack of hope and a willingness to do anything because of the problematic situation
218. ovarian cancer su\_\_\_\_or *n.* a person who remains alive after an event in which others have died
219. de\_\_\_\_ed city *adj.* empty or abandoned; lacking inhabitants or visitors; left alone or left behind
220. have an up\_\_t stomach *adj.* causing or marked by anxiety, uneasiness, trouble, or grief; (verb) to make someone anxious, unhappy, or angry

ANSWERS: 213. fulfill, 214. typical, 215. wicket, 216. launch, 217. desperate, 218. survivor, 219. deserted, 220. upset

## Session 3: Fill in the Blanks

1. The \_\_\_\_\_ class was designed to give students a basic understanding of the subject.  
*adj.* intended as an introduction or preliminary; serving as a base or starting point
2. He walked a road \_\_\_\_\_ to the railroad.  
*adj.* being everywhere equidistant and not intersecting; of or relating to the simultaneous performance of multiple operations
3. The election was a \_\_\_\_\_ success for the Whigs.  
*adj.* worthy of attention because unusual or special
4. The journalist saved a \_\_\_\_\_ of the interview for later reference.  
*n.* a small piece or brief extract of something
5. Her sleep was \_\_\_\_\_ by recurring pain.  
*v.* to say or do something that causes someone to stop in their speech or action
6. It would be \_\_\_\_\_ to dress nicely for the wedding.  
*adj.* suitable or proper in the circumstances; fitting
7. My best friend has been my \_\_\_\_\_ throughout all of my hardships.  
*n.* a line, rope, or cable used to support or rescue a person in danger or distress; vital or necessary support, connection, or source of help
8. The sound of the \_\_\_\_\_ chirping filled the air on a warm summer evening.  
*n.* leaping insect; a game played with a ball and bat by two teams of eleven players

ANSWERS: 1. introductory, 2. parallel, 3. remarkable, 4. snippet, 5. interrupted, 6. appropriate, 7. lifeline, 8. crickets

9. She devoted her life to \_\_\_\_\_ looking after her aging parents.  
*n.* the act of providing care and support for someone who is ill, disabled, or elderly
10. She \_\_\_\_\_ the memories of her childhood.  
*v.* to hold someone or something dear; to feel or show affection for someone or something
11. Science is based on the \_\_\_\_\_ classification of experience.  
*adj.* done or acting according to a determined set of systems or plans:
12. In an economically prosperous country, most male \_\_\_\_\_ is due to child support problems.  
*n.* the act of killing yourself intentionally
13. \_\_\_\_\_ symptoms might include a decrease in appetite and weight loss.  
*n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
14. The divers accidentally discovered a \_\_\_\_\_ on the ocean floor.  
*n.* a ship that has sunk or has been destroyed; a vehicle that has been badly damaged in an accident
15. The speaker mounted the \_\_\_\_\_ and started to speak.  
*n.* the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed
16. The Empire State Building is a \_\_\_\_\_ in New York City.  
*n.* a notable or important event, place, or achievement; a significant object or feature that serves as a reference point

ANSWERS: 9. caregiving, 10. cherished, 11. systematic, 12. suicide, 13. Depression, 14. wreck, 15. platform, 16. landmark

17. The \_\_\_\_\_ visitor quickly made their presence known.  
*adj.* not wanted, not invited, or not appreciated; causing annoyance or displeasure
18. This electronic \_\_\_\_\_ is required to undergo periodic inspections to ensure precision.  
*n.* an object used to make musical sounds, such as a piano, guitar, or drum; a tool or device used for a specific activity, particularly in specialist or scientific work
19. This artwork is \_\_\_\_\_ of her work.  
*adj.* having the usual characteristics or traits of a specific group of things
20. The majority of consumers \_\_\_\_\_ this brand with quality.  
*v.* to mentally connect someone or something with someone or something else
21. The \_\_\_\_\_ baby was small but healthy.  
*adj.* occurring or done too early; happening before the appropriate time; born before the end of a full-term pregnancy
22. Our company has an audit team that monitors directors for \_\_\_\_\_ of authority.  
*n.* the use of something in an incorrect or harmful manner
23. We \_\_\_\_\_ our impeded progress on lack of money.  
*v.* to think or say that someone or something did something wrong or is responsible for something bad
24. The \_\_\_\_\_ street was quiet and eerie, with no signs of life.  
*adj.* empty or abandoned; lacking inhabitants or visitors; left alone or left behind
25. You can call the \_\_\_\_\_ if you're feeling depressed or anxious.  
*n.* a phone service that provides information, advice, or assistance on a particular subject, often related to health, social services, or counseling

ANSWERS: 17. unwelcome, 18. instrument, 19. typical, 20. associate, 21. premature, 22. abuse, 23. blamed, 24. deserted, 25. helpline

26. He had to \_\_\_\_\_ the loose knob back onto the cabinet door.

- v.* to turn something, such as a bolt, with a driver or wrench to tighten or loosen it;  
(noun) a cylindrical rod with a helical ridge used to fasten things together

27. The national election was held amid \_\_\_\_\_ security.

- adj.* fixed, fastened, or kept together firmly or closely

28. My mother's illness had a \_\_\_\_\_ impact on us all.

- adj.* extremely great; sensed or experienced very strongly; displaying a high level of knowledge or comprehension

29. The little boy rode the \_\_\_\_\_ at the county fair.

- n.* a domesticated mammal related to the horse, similar in appearance but with longer ears and a shorter mane; a foolish or stupid person

30. The company is set to \_\_\_\_\_ its new product line next month.

- v.* to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time

31. The \_\_\_\_\_ of Japan is known for its unique culture and advanced technology.

- n.* a large organized community of people living in a particular country or region and having a particular culture

32. That incident led to his \_\_\_\_\_.

- n.* the condition of being alone or lonely; the act or state of separation between persons or groups

33. In southward, the average annual water \_\_\_\_\_ increases.

- n.* the amount or number of something; magnitude

ANSWERS: 26. screw, 27. tight, 28. profound, 29. donkey, 30. launch, 31. nation, 32. isolation, 33. quantity

34. Some doctor says \_\_\_\_\_ is the best medicine.  
*n.* the act or sound of laughing
35. You should not \_\_\_\_\_ them from the community.  
*v.* to physically or socially separate someone or something from other people or things
36. The \_\_\_\_\_ of the discussion was the current state of the economy.  
*n.* a subject that is being discussed or written about
37. The \_\_\_\_\_ documents were only available to authorized personnel.  
*adj.* intended to be kept secret
38. Police will \_\_\_\_\_ random breath testing for drunk driving.  
*v.* to organize and carry out a particular activity
39. Infants and pregnant women are particularly \_\_\_\_\_.  
*adj.* capable of being hurt or influenced physically or mentally
40. This disease has a high \_\_\_\_\_.  
*n.* the quality or state of being subject to death
41. She tried to \_\_\_\_\_ her brother to join her on the trip, but he was too busy with work.  
*v.* to convince or induce someone to do something by presenting a reason or argument; to sway or influence someone's decision or opinion
42. She walked to the \_\_\_\_\_ to freshen up before the meeting.  
*n.* a bowl-shaped plumbing fixture with a seat for defecation and urination, or a room or building containing one or more of this fixture

ANSWERS: 34. laughter, 35. isolate, 36. topic, 37. confidential, 38. conduct, 39. vulnerable, 40. mortality, 41. persuade, 42. toilet

43. He became \_\_\_\_\_ that he was being followed.

*adj.* being aware of and able to respond to what is happening around you

44. Parallel lines are, by \_\_\_\_\_ lines on the same plane that never cross.

*n.* a concise explanation of the meaning of a word, phrase, or symbol

45. The colors of the shirt and pants totally \_\_\_\_\_ making the outfit look ridiculous.

*v.* to put together or match items that are not compatible or do not fit well together; to be different from or not correspond to something else

46. \_\_\_\_\_ is also necessary to understand history.

*n.* the ability to share another person's feelings or experiences by imagining that person's situation

47. I have a \_\_\_\_\_ ache after overeating junk food.

*n.* the internal organ in the body where food is digested, situated in the abdomen; the part of the body below the chest that contains the stomach

48. The study found that regular exercise can help to prevent the onset of \_\_\_\_\_ in older age.

*n.* a severe decline in cognitive function, especially memory, as a result of disease or injury

49. My father's death \_\_\_\_\_ my life completely.

*v.* to change in outward structure or looks;

50. The industrial \_\_\_\_\_ laws were passed with little to no alteration.

*n.* the way two persons or groups of people feel and act toward one another

ANSWERS: 43. conscious, 44. definition, 45. mismatch, 46. Empathy, 47. stomach, 48. dementia, 49. transformed, 50. relations



51. My grandmother has \_\_\_\_\_ disease requires special care and attention from her caregivers.
- n.* a neurodegenerative disease that causes memory loss, cognitive decline, and behavioral issues; is the most common cause of dementia in older adults
52. Being a doctor is considered a highly respected \_\_\_\_\_.
- n.* an occupation or vocation requiring advanced education or specialized training
53. The allegations of corruption \_\_\_\_\_ her reputation, and she struggled to regain public trust.
- v.* to discolor, defile, or tarnish something; (noun) a discoloration or dirty mark on a surface that is difficult to remove
54. The children leaned over the bridge \_\_\_\_\_ to watch the fish swimming below.
- n.* a long, thin piece of metal or wood that is used to make fences or as a support for something; (verb) to complain bitterly
55. The \_\_\_\_\_ system connects cities and countries, making travel more convenient.
- n.* a transportation system consisting of tracks and trains, usually used for the transportation of goods or passengers over long distances
56. Her dog is her excellent \_\_\_\_\_.
- n.* a person or an animal with whom you spend a lot of time, or you travel
57. Tourists frequently \_\_\_\_\_ the island's delicate natural balance.
- v.* to interrupt someone who is trying to work, sleep, etc.
58. The \_\_\_\_\_ of the crime deserves justice and support to recover from the trauma.
- n.* a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event

ANSWERS: 51. Alzheimer's, 52. profession, 53. stained, 54. rail, 55. railway, 56. companion, 57. disturb, 58. victim

59. He was \_\_\_\_\_ when he lost all his money by gambling.

*adj.* feeling or showing a lack of hope and a willingness to do anything because of the problematic situation

60. I don't \_\_\_\_\_ acting in such an important role.

*v.* to want to do or have something; (noun) something that many people believe but that is false, or that does not exist; imagination or fantasy

61. His professional experience includes all \_\_\_\_\_ of media production.

*n.* one part or feature of a situation, problem, subject, etc.

62. They \_\_\_\_\_ customers with a premium for loyal patronage.

*v.* to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do

63. His \_\_\_\_\_ goals were admirable but unrealistic.

*adj.* elevated in position, rank, or status; grand; elevated in style or language

64. As the \_\_\_\_\_ director of the non-profit, it's her responsibility to make sure they're meeting their mission goals.

*n.* a person or group of people with top-level management responsibility in a business or other organization; the branch that is responsible for implementing, administering, and enforcing laws, as well as running the day-to-day operations

65. I am \_\_\_\_\_ opposed to his idea because of morality.

*adv.* without restriction or limitation; completely or utterly

66. Both parties are now entirely ideologically \_\_\_\_\_.

*v.* to put or arrange two or more things in a straight line or to form a straight line

ANSWERS: 59. desperate, 60. fancy, 61. aspects, 62. encouraged, 63. lofty, 64. executive, 65. absolutely, 66. aligned

67. She has been in great \_\_\_\_\_ since she was heartbroken.  
*n.* a feeling of great worry, sadness, pain, or discomfort
68. He quickly fabricated an \_\_\_\_\_ for not attending the meeting.  
*n.* a reason or explanation, either true or invented, given to justify a fault or defend your behavior; (verb) to make someone free from blame or clear from guilt
69. It was the first time for her, but she \_\_\_\_\_ the role of Priest.  
*v.* to meet the requirements or expectations; to achieve or realize
70. During transit, the stuff may \_\_\_ off the luggage tag.  
*v.* to tear something or be torn violently or suddenly
71. Necessity is the mother of \_\_\_\_\_.  
*n.* the creation of a new device or process resulting from study and experimentation; the act of inventing
72. The data he prepared was completely \_\_\_\_\_.  
*n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
73. The older man \_\_\_\_\_ from arthritis and finds it difficult to move around.  
*v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
74. Gandhi had an \_\_\_\_\_ zeal for nonviolence.  
*adj.* perfect or complete or to the most considerable degree possible
75. He has a \_\_\_\_\_ demeanor and always presents himself in a polished manner.  
*adj.* having or showing the skill appropriate to a particular job; competent or skillful

ANSWERS: 67. distress, 68. excuse, 69. fulfilled, 70. rip, 71. invention, 72. sham, 73. suffers, 74. absolute, 75. professional

76. He found \_\_\_\_\_ in the warm embrace of his loved ones.  
*n.* a state of physical ease and freedom from pain or constraint
77. The leaders of the two countries met to \_\_\_\_\_ on the issue.  
*v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
78. The politician remained \_\_\_\_\_ despite intense media scrutiny.  
*adj.* without any or little sound
79. It's important to \_\_\_\_\_ your strengths and weaknesses.  
*v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
80. He lit a \_\_\_\_\_ and leaned against the wall.  
*n.* a small cylindrical roll of finely cut tobacco leaves wrapped in paper for smoking
81. He was awfully \_\_\_\_\_ by the news.  
*adj.* causing or marked by anxiety, uneasiness, trouble, or grief; (verb) to make someone anxious, unhappy, or angry
82. They frequently \_\_\_\_\_ their abilities and felt inferior.  
*v.* to think or suppose that a quantity, price, or size is smaller than it is
83. We are responsible for the care and \_\_\_\_\_ of all our employees.  
*n.* the state of being happy and healthy and prosperous
84. The \_\_\_\_\_ runner fell to the ground and gasped.  
*adj.* extremely tired

ANSWERS: 76. comfort, 77. confer, 78. silent, 79. recognize, 80. cigarette, 81. upset, 82. underestimated, 83. well-being, 84. exhausted

85. This measurement aims to reduce traffic at \_\_\_\_\_ periods.  
*n.* the point to which something or someone is at its strongest, best, or most successful; the pointed top of a mountain
86. The perspective of his right brain \_\_\_\_\_ his consciousness.  
*v.* to have or control a lot of power and influence over somebody or something
87. On three sides, mountains \_\_\_\_\_ the settlement.  
*v.* to be all around something or somebody
88. One such rapidly growing \_\_\_\_\_ is quantum cryptography.  
*n.* an idea or principle associated with something abstract
89. Her \_\_\_\_\_ are consistently rational and sensible.  
*n.* the ability to form valuable opinions and make reasonable decisions
90. She is a pen \_\_\_\_ of mine.  
*n.* a close friend
91. The shipwreck \_\_\_\_\_ was rescued after floating in the ocean for three days.  
*n.* a person who remains alive after an event in which others have died
92. The mental health \_\_\_\_\_ often prevents people from seeking treatment.  
*n.* a mark of shame or disgrace associated with a particular circumstance, quality, or person
93. The teachers make full use of \_\_\_\_\_ assistance.  
*n.* a person who performs or offers to perform a job or service without being paid for or forced to do

ANSWERS: 85. peak, 86. dominates, 87. surround, 88. concept, 89. judgments, 90. pal, 91. survivor, 92. stigma, 93. volunteer

94. His friend's death drove him to \_\_\_\_\_.
- n.* the feeling that there is no hope and you cannot do anything to improve a difficult situation
95. There is a clear association between \_\_\_\_\_ consumption and cognitive decline.
- n.* a clear liquid that can make people drunk and is used in medicines, cleaning products, etc.
96. She looked stunning in her long, flowing \_\_\_\_\_ at the formal event.
- n.* a long, flowing garment worn on formal occasions, especially by women
97. She's a \_\_\_\_\_ pet owner who ensures her dog gets enough exercise and a healthy diet.
- adj.* answerable or accountable for something within one's power, control, or management
98. The wound was so deep that it needed a surgical procedure and \_\_\_\_\_.
- n.* one of the tiny thread lines visible on a piece of fabric after it has been sewn
99. I realize the \_\_\_\_\_ of a single life.
- n.* a state or feeling of being unhappy because you have no connection with other people
100. \_\_\_\_\_ is the start, not the end, of intelligence.
- n.* a feeling of being uncertain about something, especially about how good or accurate it is
101. The doctor diagnosed him with a rare \_\_\_\_\_ that had no known cure.
- n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

ANSWERS: 94. despair, 95. alcohol, 96. gown, 97. responsible, 98. stitches, 99. loneliness, 100. Doubt, 101. disease

102. His grandfather was an \_\_\_\_ man.

*adj.* strange or unexpected; not divisible by two

103. That \_\_\_\_\_ shows that people are accepting the tax increase to some extent.

*n.* an investigation of the opinions, behavior, etc. of a particular group of people, made by asking people questions

104. Mining is a \_\_\_\_\_ source of income for the country.

*adj.* most important or primary; (noun) a person who is in charge

105. Trial and error is an \_\_\_\_\_ part of education.

*adj.* indispensable; fundamental

106. The vehicle bounced along the \_\_\_\_\_ mountain road.

*adj.* not quite exact or correct; having or caused by an irregular surface

107. Her \_\_\_\_\_ manner relaxed everyone there.

*adj.* having or showing a kindly or tender nature; soft and mild

108. The animal was \_\_\_\_\_ in a small cage.

*v.* to restrict the movement of someone or something

109. The strict \_\_\_\_\_ ruled in favor of the plaintiff in the case.

*n.* a person who makes decisions in a court of law; (verb) to determine the result of or form a critical opinion of something

110. The batsman hit the ball directly into the \_\_\_\_\_ scoring a run.

*n.* (of cricket) the set of three vertical stumps and two horizontal bails at either end of the cricket pitch; a small gate or door, particularly one built into or next to a larger one

ANSWERS: 102. odd, 103. survey, 104. chief, 105. essential, 106. rough, 107. gentle, 108. confined, 109. judge, 110. wicket,

ANSWERS: