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Vocabulary Builder Reference from...

Chera Kowalski: The critical role librarians play in the opioid crisis | TED Talk https://www.ted.com/talks/chera_kowalski_the_critical _role_librarians_play_in_the_opioid_crisis



All Words

IMPORTANT

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Session 1: Word List

librarian

 a person who works in a library and is responsible for organizing and managing the collection of books and other materials

synonym: curator

(1) academic librarian, (2) the chief librarian

The **librarian's** duties included organizing and cataloging the library's collection.

accurate

adj. correct and exact in all detailssynonym: exact, precise, proper

(1) provide **accurate** information, (2) **accurate** measurements

The official transcript contains accurate academic records.

topic

n. a subject that is being discussed or written aboutsynonym: subject, theme, issue

(1) a serious **topic**, (2) the **topic** of the book

The **topic** of the discussion was the current state of the economy.

refer

v. to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support

synonym: cite, allude, mention

(1) refer to a book, (2) refer to a map

Please **refer** to the instruction manual for further assistance.

revive

 to bring back to life, consciousness, or strength; to restore

synonym: reanimate, rejuvenate, renew

(1) **revive** my energy, (2) **revive** an old friendship They **revived** the tradition of holding a parade on the main street every year.

overdose

excessive and dangerous ingestion or application of a drug

synonym: superfluousness, exuberance, excessiveness

(1) **overdose** of alcohol, (2) opioid **overdose** It would help if you refrained from an **overdose** of caffeine.

heroin

 a highly addictive and illegal drug derived from morphine, typically administered by injection and often associated with serious health problems, including overdose and addiction

synonym: dope, smack, narcotics

(1) smoking heroin, (2) heroin overdose

The withdrawal symptoms from **heroin** can be intense and painful.

fentanyl

 a potent synthetic opioid pain medication often used to treat severe or chronic pain, which is highly addictive and can be very dangerous or lethal in high doses

synonym: opiate, narcotic, painkiller

(1) fentanyl patch, (2) fentanyl overdose

The abuse of **fentanyl** has reached epidemic proportions in some parts of the country.

communal

adj. belonging to or used by a group rather than individuals; for common use

synonym: collaborative, combined, collective

(1) **communal** swimming pool, (2) **communal** combination of funds

Communal elections were held in several European countries.

assist

to help someone in doing anything

synonym: help, support, aid

(1) assist a patient, (2) assist his goal

Please assist her with the furniture relocation.

locate

v. to specify or determine the exact position of someone or something

synonym: discover, find, place

(1) **locate** a missing pet, (2) **locate** a tumor

The robot can accurately **locate** construction material.

voter

a person who votes or has a legal right to vote in a political election

synonym: elector, citizen

(1) an eligible voter, (2) voter apathy

The election administration nullified the election results because of **voter** fraud.

urgency

n. the quality of being very important and needing to be dealt with immediately

synonym: importance, importunity, urging

(1) **urgency** in the use of force, (2) matter of **urgency**She departed hurriedly because of some significant **urgency**in their affairs.

opioid

- n. substances that have an effect similar to opium, such as morphine, used in medicines to treat severe pain, but some people take them illegally for pleasure and become addicted
- (1) an **opioid** analgesic, (2) **opioid** receptor

 Treatment for **opioid** dependence may be a long-term

process.

crisis

 a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken

synonym: concern, problem, emergency

(1) financial **crisis**, (2) **crisis** management

The Chinese word for **crisis** comprises two characters, one for danger and the other for opportunity.

isolate

 to physically or socially separate someone or something from other people or things

synonym: separate, sequester, insulate

(1) **isolate** a compound, (2) **isolate** a patient

You should not **isolate** them from the community.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark The phone rang at the most **opportune** time.

nestle

v. to settle comfortably or cozily into a place

synonym: snuggle, cuddle, curl up

(1) **nestle** deeper against him, (2) **nestle** in a cozy spot The cat **nestled** in my lap and fell asleep.

unfortunately

adv. by bad luck; unluckily

synonym: regrettably, unluckily, alas

(1) **unfortunately** caught in a shower, (2) even more **unfortunately**

The treatments were done but, **unfortunately**, were unsuccessful.

garner

to acquire or accumulate something through effort or attention

synonym: acquire, collect, obtain

(1) **garner** good reviews, (2) **garner** attention He used his charm and charisma to **garner** support for his campaign.

reputation

n. the general opinion that people have about someone or something, especially when this is based on their previous experiences or behaviors

synonym: fame, standing, esteem

(1) reputation risk, (2) cloud his reputation

She has a good **reputation** for being one of the best chefs in the city.

basis

 the most important facts, ideas, or events from which something is developed; the way how things are organized or arranged

synonym: foundation, base, ground

on an equal basis,
 basis for calculation
 evidence will form the basis for our discussion.

routine

 a usual or habitual way of doing things; a set sequence of steps, part of a larger computer program

synonym: habit, custom, procedure

(1) **routine** business, (2) a built-in diagnostic **routine**She studies gardening on a **routine** basis.

visible

adj. capable of being seen; or open to easy view synonym: clear, observable, seeable

(1) visible stars, (2) visible by X-ray

My home is easily **visible** from the shore.

intoxicate

ν. (of alcohol or a drug) to make someone lose control of their faculties or behavior

synonym: befuddle, daze, fascinate

(1) be **intoxicated** with success, (2) **intoxicate** the person For him, a glass of wine was an amount of alcohol sufficient to **intoxicate**.

sway

v. to move back and forth or side to side gently, often in response to external factors such as wind or water; to influence or persuade someone to do something; to control or dominate something

synonym: swing, oscillate, influence

(1) **sway** back and forth, (2) **sway** to the rhythm

The politician tried to **sway** public opinion in his favor, but his arguments fell flat.

volunteer

 a person who performs or offers to perform a job or service without being paid for or forced to do

synonym: unpaid worker, draftee, enlistee

(1) seek volunteers, (2) my volunteer work

The teachers make full use of volunteer assistance.

discard

v. to throw something away or get rid of something that you no longer wanted or need

synonym: throw away, reject, abandon

(1) **discard** old beliefs, (2) **discard** the downloaded data He **discarded** the old torn shirt and bought a new one.

needle

 a thin, pointed object typically used for sewing or medical purposes; a metal or plastic instrument used for administering injections or drawing blood

synonym: thorn, spike, pin

(1) needle prick, (2) sewing needle

The acupuncturist inserted **needles** into specific points on my body to alleviate my pain.

property

- n. a thing or things that belong to someone
- synonym: belongings, possessions, equity
- (1) a man of **property**, (2) chemical **property**

He stood to inherit a million-dollar **property**.

norm

- *n.* something that is regarded as usual, typical, or standard *synonym*: criterion, mean, standard
- (1) **norm** of action, (2) cultural **norm**

The systems we have developed has accepted as industry **norms**.

sterling

a British coin and unit of currency, equivalent to 100 pence; British money; something of excellent quality or genuine value

synonym: currency, money, pound

(1) **sterling** silver, (2) **sterling** performance

The woman inherited a large sum of **sterling** from her grandfather's estate.

typical

adj. having the usual characteristics or traits of a specific group of things

synonym: characteristic, usual, distinctive

(1) typical leader, (2) fairly typical symptoms

This artwork is **typical** of her work.

inject

 to put a liquid such as a drug or other substance into a person's or an animal's body using a needle and syringe (= small tube)

synonym: shoot, infiltrate, insinuate

(1) **inject** under the skin, (2) **inject** a personal opinion into a debate

Let's try to **inject** a bit of enthusiasm into your performance.

bench

 a long, flat surface, often elevated and supported by legs, used for sitting, working, or displaying objects; persons who administer justice

synonym: seat, terrace, judiciary

(1) bench conference, (2) bench board

I sat on the **bench** in the park and enjoyed the beautiful scenery.

intoxication

 the condition of being affected by alcohol or drugs in a way that impairs mental or physical abilities

synonym: drunkenness, inebriation, insobriety

(1) acetone intoxication, (2) sign of intoxication

He was arrested for driving under the intoxication of alcohol.

withdrawal

n. the act of taking money out of an account; the act of ceasing to participate in an activity and moving or taking something away or back

synonym: retreat, pullback, escape

(1) deposits and **withdrawals**, (2) **withdrawal** from membership

NATO's allied forces made a strategic withdrawal.

react

- v. to take action in response to something
- *synonym*: respond, reply, oppose
- (1) **react** at a high temperature, (2) **react** against his way of thinking

How did he **react** to your idea?

violent

- adj. involving or caused by physical force or aggression against someone or something
- synonym: aggressive, intense, turbulent
- (1) victim of a violent crime, (2) violent incident

The protesters became **violent** when the police tried to disperse them.

constantly

- adv. all the time
- synonym: continuously, always, frequently
- (1) a **constantly** innovative enterprise, (2) a **constantly** varying mind

The mobile application industry is **constantly** changing.

strive

- v. to try very hard to do, achieve, or obtain something synonym: preserve, endure, persist
- (1) **strive** hard to get, (2) **strive** for excellence They **strived** to make their dream come true.

structural

adj. associated with the way on construction or organization of anything

synonym:

architectural, basic, anatomical

structural analyses, (2) structural reorganization
 The earthquake resulted in significant structural destruction.

racism

prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized

synonym: prejudice, discrimination, bias

(1) systemic **racism**, (2) research on anti- **racism**The school's lack of diversity was a clear indication of the **racism** present in the community.

urban

adj. relating to or located in a town or citysynonym: metropolitan, civic

(1) **urban** planning, (2) **urban** property owners
Only a small number of **urban** utilities offer sanitation services.

segregation

the act or process of separating or isolating people, things, or groups based on race, gender, religion, social class, or other characteristics; a political or social system that enforces such separation or isolation

synonym: isolation, separation, discrimination

racial segregation, (2) segregation of power
 Segregation based on race or ethnicity is illegal and unjust.

cycle

 an interval during which a recurring sequence of events occurs; a bicycle or motorcycle

synonym: revolution, rotation, bike

(1) the **cycle** of the seasons, (2) go to the workplace by **cycle**

The food chain causes a material cycle.

poverty

n. the condition of being extremely poor *synonym*: deprivation, destitution, poorness

(1) **poverty** alleviation, (2) the cycle of **poverty**Many studies have investigated the relationship between **poverty** and academic achievement.

trauma

 an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience

synonym: agony, injury, ordeal

(1) psychic trauma, (2) trauma care

Many civilians have suffered **trauma** as a result of the war.

equitable

adj. fair and impartial; treating everyone fairly synonym: fair, honest, impartial

(1) in an **equitable** manner, (2) an **equitable** price In a democratic country, governments promote **equitable** opportunities to participate in society.

employ

v. to give somebody a job and pay them for it; to make use of

synonym: hire, engage, use

(1) **employ** job seekers, (2) **employ** a new method When making arrests, police officers frequently **employ** excessive force.

aspect

- n. one part or feature of a situation, problem, subject, etc.synonym: characteristic, element, factor
- (1) nontechnical **aspects** of the job, (2) **aspects** of social, political, and economic life
 His professional experience includes all **aspects** of media production.

epidemic

 the widespread outbreak of a particular disease in a large number of people at the same time

synonym: outbreak, contagion, plague

(1) a worldwide epidemic,(2) health epidemicThe disease is now reaching epidemic proportions in our

country.

amplify

- v. to enhance something, particularly sound or brightness synonym: intensify, boost, argument
- (1) **amplify** a signal, (2) **amplify** the effect You might need to **amplify** this point.

hire

- v. to give somebody a job
- synonym: employ, engage, lease
- hire a guide, (2) hire a car by the hour
 We should always be prepared to hire talented recruits.

specifically

- adv. only associated with or meant for one thing synonym: especially, particularly, notably
- (1) designed **specifically** for men, (2) for **specifically** American customers

This ad campaign is aimed **specifically** at young women.

environment

- the natural world such as air, water, and land in which humans, animals, and plants live
- synonym: atmosphere, surroundings, climate
- (1) **environment** affairs, (2) chaotic **environment**Every human is responsible for taking care of the Earth's **environment**.

substance

 n. the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug

synonym: essence, core, material

(1) an explosive **substance**, (2) **substance** abuse problem The **substance** of the argument was well-presented.

disorder

 an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions

synonym: chaos, disturbance, disease

(1) the files are in complete **disorder**, (2) people with bipolar **disorder**

The doctor prescribed some medicine for the mental **disorder**.

witness

a person who sees something happen, especially a crime or an accident

synonym: onlooker, attestant, bystander

witness of the car accident, (2) a material witness
 The manufacturing industry is witnessing fierce competition.

upstate

adj. relating to or located in the region that is located in the northern part of a state or country, particularly in the United States

synonym: northern

(1) upstate Connecticut, (2) upstate regionHe grew up in a small town in upstate New York.

county

 an administrative division of a country or state, typically one of several comprising a larger division

synonym: district, region, territory

(1) **county** seat, (2) throughout the **county**The **county's** population has been increasing rapidly in recent years.

linger

- v. to stay in a place or exist longer than expected synonym: dawdle, tarry, loiter
- (1) **linger** in the mind, (2) **linger** over your work She **lingered** for a moment before leaving the room.

responsible

adj. answerable or accountable for something within one's power, control, or management

synonym: accountable, answerable, liable

(1) **responsible** action, (2) **responsible** for a customer service

She's a responsible pet owner who ensures her dog gets

enough exercise and a healthy diet.

toilet

 a bowl-shaped plumbing fixture with a seat for defecation and urination, or a room or building containing one or more of this fixture

synonym: bathroom, lavatory, washroom

(1) toilet paper, (2) toilet seat

She walked to the toilet to freshen up before the meeting.

clog

v. to obstruct or block up (a passage, pipe, or system) with an accumulation of thick or sticky matter; to impede or hinder the progress or movement of something

synonym: block, jam, obstruct

(1) clog a filter, (2) clog artery

The drain was **clogged** with hair and needed to be cleaned out.

culprit

- n. someone who is responsible for a crime or wrongdoingsynonym: criminal, felon, fugitive
- (1) the **culprit** of global warming, (2) the arrest of the **culprit** They finally found the **culprit** of the bug after a long time.

incident

an event or occurrence, often unexpected or unplanned;
 something that happens

synonym: event, occurrence, accident

(1) traffic incident, (2) security incident

The incident at the airport caused a delay in my flight.

administer

v. to oversee and control the operation or arrangement of something

synonym: allocate, distribute, dispense

(1) administer justice, (2) administer the funds

After the accident, three governmental bodies **administer** the company.

approve

v. to think that someone or something is favorable, acceptable, or appropriate; to officially accept a plan,

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request, etc.

synonym: accept, authorize, agree

(1) **approve** a measures, (2) unanimously **approve** a resolution

My boss wouldn't **approve** of the plan.

install

 to fix furniture, a machine, or a piece of equipment into position so that it can be used; put into an office or a position

synonym: establish, inaugurate, lodge

(1) install a door, (2) install a chairperson

The new president was **installed** immediately after the national election.

monitor

v. to observe, check, and track the progress or quality of something over a period of time

synonym: proctor, check, observe

(1) **monitor** an exam, (2) **monitor** the data carefully They used a special receiver to **monitor** police radio channels.

struggle

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

synonym: toil, strive, compete

(1) **struggle** against discrimination, (2) **struggle** to get the job

He could not struggle against temptation.

skyrocket

- v. to rapidly ascend to a very high level; increase rapidly;synonym: rocket, soar, shoot up
- (1) **skyrocket** the cost, (2) price **skyrocketed**Production has decreased, but costs and unemployment have **skyrocketed** dramatically.

playground

 an area where many people go for recreation, especially at a school or in a park

synonym: park, garden, sandbox

(1) a well-equipped **playground**, (2) a **playground** on the roof

There is a woods with a creek near the school **playground**.

commotion

- n. a state of confused and noisy disturbance
- synonym: disturbance, fuss, uproar
- (1) a few minutes of **commotion**, (2) make **commotion**The **commotion** in the classroom made it hard for the teacher to teach.

thud

 a dull, heavy sound made when a heavy object falls or strikes a surface, often with a low frequency and resonance

synonym: bang, collision, crash

(1) thud of footsteps, (2) a distant thud

The loud **thud** of the door closing echoed through the empty hallway.

unresponsive

adj. not responding to some influence or stimulussynonym: insensitive, passive

(1) **unresponsive** audience, (2) **unresponsive** to her passionate speech

The disease is entirely **unresponsive** to traditional treatment.

plain

adj. without being decorated in any way; (Noun) a vast expanse of flat land with few trees

synonym: basic, straight, bare

(1) plain answer, (2) delta plain

The lowest lowland region is mostly flat plain.

sight

n. the ability to see; anything that is seen

synonym: vision, spectacle, view

(1) an unexpected **sight**, (2) dull **sight**

Many famous **sights** are within walking distance.

escort

n. a person or group of people accompanying someone for protection, guidance, or courtesy; a companion or attendant; a service or a person providing a service for accompanying someone or something to or from a destination

synonym: chaperone, guardian, attendant

(1) **escort** for VIPs, (2) personal **escort**

An **escort** of bodyguards surrounded the celebrity to keep fans safe.

downstairs

adv. on or to a lower or ground floor of a building synonym: below

(1) creep **downstairs**, (2) escort him **downstairs** Please get the desk **downstairs**.

ambulance

- a vehicle specifically designed and equipped to transport sick or injured people to and from hospitals and other medical facilities
- (1) dispatch an **ambulance**, (2) **ambulance** service

 The **ambulance** crew quickly stabilized the patient before transporting them to the hospital.

drill

 a tool or machine used for making round holes or driving fasteners; a training or practice

synonym: exercise, routine, training

(1) the **drill** hit the well, (2) fire **drill**Several military **drill** programs have become popular methods of exercise.

seize

 to catch or take hold of someone or something suddenly and forcibly; to capture the attention or imagination of something

synonym: grab, grasp, capture

(1) seize a person's property, (2) seize the dayHe has the superpower to seize a business opportunity.

wit

 the ability to say or write things or ideas in a clever and humorous way

synonym: humor, comedy, funniness

(1) the wit of man, (2) full of wit

He has the wit to keep talking about this topic.

horrific

adj. causing horror or disgust; gruesome and terrifying synonym: terrifying, alarming, shocking

(1) horrific experience, (2) horrific condition

The accident scene was **horrific**, with bodies and debris scattered everywhere.

gasp

v. to inhale sharply and audibly, often in response to strong emotion or sensation; to catch one's breath suddenly, often due to shock or surprise

synonym: breathe, pant, heave

(1) gasp for air, (2) gasp in shock

The audience **gasped** when the magician made the rabbit disappear from the hat.

survive

- v. to live or exist despite a dangerous event or period synonym: endure, persist, stay
- (1) **survive** a blizzard, (2) **survive** a plane crash These birds can only **survive** in temperate climates.

naloxone

- a medication used to reverse the effects of opioids (= morphine or a drug that resembles morphine), commonly used to counter decreased breathing in opioid overdose
- (1) **naloxone** injection, (2) the unit dosage amount of **naloxone**

Treatment for an overdose of opioids includes the administration of **naloxone**.

injection

 the act of introducing a liquid, especially a drug, into the body using a needle and a syringe

synonym: shot, infusion, dose

(1) fuel injection, (2) injection needle

He received an **injection** of antibiotics to treat his infection.

jolt

 to move or cause to move with a sudden jerky motion; to disturb someone's composure); (noun) a sudden, sharp movement or shock

synonym: shock, jar, bump

(1) **jolt** entire social systems, (2) **jolt** of excitement The news of the unexpected announcement **jolted** the stock market.

electrocution

 death or serious injury caused by electric shock; the act of killing or injuring someone with electricity

synonym: shock, high voltage, burning

(1) fatal **electrocution**, (2) **electrocution** victim

The construction worker was rushed to the hospital after suffering from **electrocution** on the job site.

paramedic

 a healthcare professional who is trained to provide emergency medical care to patients in the pre-hospital setting, often in ambulances or other emergency vehicles

synonym: emergency medical technician, ambulance attendant, medical responder

(1) **paramedic** ambulance, (2) emergency **paramedic**The **paramedic** team worked together efficiently to stabilize the patient's vital signs.

helpless

adj. unable to take care of oneself or to do things without help

synonym: defenseless, powerless, susceptible

(1) helpless baby, (2) helpless victimsI feel so helpless without you.

chaotic

adj. without any order or organization; extremely disorganized, unpredictable, and confusingsynonym: disorderly, cluttered, topsy-turvy

(1) the **chaotic** economic situation, (2) **chaotic** theory Change is also occurring in Turkey as a result of **chaotic** reform.

unstable

adj. lacking solidity, persistence, or firmness and therefore not strong, safe, or likely to continue; lacking control of one's emotions

synonym: shaky, unbalanced, inconsistent

(1) mentally **unstable**, (2) **unstable** weather The tower proved to be **unstable** in the high wind.

grandparent

- n. a parent of one's father or mother
- (1) great- **grandparent**, (2) person of **grandparent** age She was close to her paternal **grandparents** and often spent summers with them.

stick

to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

synonym: pierce, adhere, stay

(1) stick a key in a lock, (2) fire stick

You **stick** a bill in the change machine, and the coins pop out.

overwhelming

adj. very great or intense; so powerful that you cannot fight or react against it

synonym: overpowering, astounding, amazing

(1) **overwhelming** majority, (2) an **overwhelming** victory He has shown signs of uneasiness and **overwhelming** worry.

prone

 adj. inclined or likely to do something or to show a particular characteristic, especially something bad; lying face downward

synonym: inclined, susceptible, liable

(1) accident- prone, (2) prone to diarrhea

He was **prone** to making rash decisions.

depression

 a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market

synonym: recession, slump, despair

(1) the Great **Depression**, (2) the root problem of her **depression**

Depression symptoms might include a decrease in appetite and weight loss.

alcohol

 a clear liquid that can make people drunk and is used in medicines, cleaning products, etc.

synonym: booze, liquor, ethanol

(1) stop drinking **alcohol**, (2) diluted **alcohol**There is a clear association between **alcohol** consumption and cognitive decline.

convinced

adj. completely certain about something; having a strong belief or conviction in a particular religionsynonym: confident, positive, indoctrinated

(1) **convinced** of the idea, (2) **convinced** criminal The public is **convinced** that the prime minister has committed fraud.

eventually

adv. finally, particularly after a long time or a lot of struggle, complications, and so on

synonym: finally, someday, ultimately

(1) **eventually** become obsolete, (2) **eventually** succeed The corporation **eventually** dominated the entire tobacco business.

recover

- v. to return to a former condition, health, mind, or strength synonym: come back, convalesce, heal
- (1) **recover** a loss, (2) **recover** approval ratings She is still **recovering** from a shot to her shoulder.

maintain

v. to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true

synonym: preserve, uphold, sustain

(1) **maintain** order, (2) **maintain** good health I need to **maintain** my car regularly to prevent any major mechanical issues.

strength

 the quality or state of being physically, or sometimes mentally, strong

synonym: resilience, power, muscles

(1) **strength** of the economy, (2) muscular **strength** Health and **strength** are, above all, gold.

commitment

 a promise or firm decision to do something or to behave in a certain way

synonym: burden, obligation, promise

(1) a **commitment** to an alliance, (2) meet his **commitments**

His business **commitments** took him to the United States.

stability

- n. the quality or attribute of being firm and steadfastsynonym: resilience, solidity, steadiness
- (1) stability pact, (2) fiscal stability pact

The policy should increase the country's monetary **stability**.

sibling

 a brother or sister; member of a family born to the same parents

synonym: brother, sister, relative

- have a sibling quarrel, (2) play with my siblings
 Children often copy their parents or elder siblings.
- utilize v. to use something for a practical purpose in an effective way

synonym: employ, use, operate

(1) utilize a different approach, (2) utilize a catheter

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The cook **utilized** the leftover oxtail to make soup.

disservice

 an action that causes harm or damage; something that is detrimental or disadvantageous; the opposite of a favor

synonym: injury, harm, disadvantage

(1) social **disservice**, (2) **disservice** to the public It would be a great **disservice** not to recognize her achievements in the field.

frontline

adj. in the most critical or dangerous position; in the military line or part of an army closest to the enemy

synonym: battlefront, cutting edge

(1) **frontline** health workers, (2) at the **frontline** of the war Within days, the new aircraft was in **frontline** service.

desperately

adv. in a way that shows a lack of hope and a willingness to do anything because of the problematic situation; with great urgency

synonym: urgently, perilously, seriously

(1) **desperately** anxious, (2) **desperately** ill patient The baby clung **desperately** to her mother.

lifesaving

- the act or process of rescuing someone else's life, especially from drowning
- (1) **lifesaving** efforts, (2) **lifesaving** device The patient needs a **lifesaving** transplant operation.

advocate

 a person who supports or suggests an idea, development, or way of doing something

synonym: proponent, exponent, promoter

(1) an **advocate** of disarmament, (2) public education **advocates**

Advocates of abolishing the death penalty often argue that the alternative heaviest sentence should be life in prison.

prevention

 n. the action, process, or strategy of stopping something undesirable or harmful from happening; the act of preventing, interfering, or hindering unwanted events or outcomes

synonym: precaution, hindrance, obstruction

(1) **prevention** of crime, (2) **prevention** strategy

The company will need to invest in fire **prevention** equipment to ensure the safety of its employees.

grab

 to take hold of something or someone suddenly with a hand, especially in a violent way

synonym: clutch, snatch, grasp

(1) **grab** an audience, (2) **grab** an opportunity

Shall we **grab** a bite to eat?

kit

a set of tools, supplies, or equipment for a particular purpose

synonym: set, package, bundle

(1) survival kit, (2) a first-aid kit

I bought a new tool kit for my home repair projects.

frantic

adj. marked by uncontrolled excitement or emotion; wild; frenzied

synonym: wild, frenzied, manic

(1) frantic pace, (2) with frantic haste

The mother was **frantic** as she searched for her lost child.

slap

 to strike something or someone with an open palm or flat object, producing a sharp sound or sensation; to place something firmly, suddenly, or unexpectedly

synonym: smack, hit, whack

(1) **slap** on the back, (2) **slap** a heavy fine

The politician tried to **slap** down the rumors about his personal life.

rev

 a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute

synonym: revolution, RPM, speed

(1) low- rev engine, (2) rev up the crowd

He stepped on the gas pedal, and the engine released a loud **rev**.

administrator

 a person or organization responsible for managing and directing the affairs of a business, institution, government agency, or other organization; someone who administers, regulates, or supervises

synonym: manager, executive, supervisor

(1) school **administrator**, (2) network **administrator** The university's **administrator** announced new policies regarding campus safety.

nasal

adj. relating to the nose or the sense of smell; characterized by or involving the nasal passage

synonym: adenoidal, pinched, rhinal

(1) **nasal** congestion, (2) **nasal** bone

The **nasal** spray helped alleviate my allergies.

upset

adj. causing or marked by anxiety, uneasiness, trouble, or grief; (verb) to make someone anxious, unhappy, or angry

synonym: disturbed, bothered, resentful

(1) get **upset**, (2) have an **upset** stomach

He was awfully **upset** by the news.

shock

 a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant

synonym: amazement, surprise, stunner

(1) death from **shock**, (2) **shock-resistant**

He got an electric **shock** at work.

catastrophic

adj. extremely harmful; causing physical or financial destruction

synonym: fatal, disastrous, destructive

(1) victim of **catastrophic** injuries, (2) **catastrophic** climate change

The extinction rate of aquatic animals was **catastrophic**.

confront

v. to face, meet or deal with a problem or difficult situation or person

synonym: engage, encounter, contend

confront a global warming, (2) confront the issue
 He finally decided to confront problems directly.

endemic

adj. (of a disease or other problem) regularly found among particular people or in a certain area

synonym: prevalent, widespread, native

(1) **endemic** disease, (2) cholera- **endemic** area Malaria is **endemic** in many tropical countries.

intertwine

v. to twist together or become twisted together

synonym: interweave, interlace, entwine

(1) intertwine thread, (2) intertwine story

The vines **intertwine** to form a thick canopy overhead.

racial

adj. of or related to the race (= classification of humans into groups based on physical traits or social relations)

synonym: ethnic, tribal, ethnical

(1) **racial** prejudice, (2) **racial** and ethnic backgrounds A minor **racial** conflict later led to a civil war.

disparity

 a significant difference or inequality between two or more things

synonym: difference, inequality, gap

(1) the **disparity** between theory and reality, (2) income **disparity**

There is a significant **disparity** in pay between men and

women in the company.

government

 the group of people with authority to control a country or state

synonym: administration, regime, state

(1) **government** bureaucracy, (2) **government** funding The federal **government** is planning to increase taxes for the next fiscal year.

prop

a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something

synonym: support, buttress, column

(1) emotional **prop**, (2) **prop** stick We have finally lost our last **prop**.

economy

n. the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel

synonym: finance, trade, business

(1) **economy** of scale, (2) **economy** class

The **economy** of the country is struggling due to the recent political instability.

regardless

 adv. not paying attention or considering something or someone even if the situation is bad or there are difficulties

synonym: anyhow, nevertheless, still

- (1) **regardless** of the difficulties, (2) **regardless** tread People can pick out superior products **regardless** of the quality of the advertising.
- a structure built to protect from poor weather, danger, or attack:

synonym:

shelter

refuge, hideout, lair

- (1) rainproof **shelter**, (2) anti-air raid **shelter** They need food and **shelter**.
- n. the central or main part of a particular place, activity, network, etc.; the central part of a car wheel, fan, propeller, etc., through which the shaft or axle passes
 synonym: center, junction, focal point
- (1) a **hub** of commerce, (2) education **hub**This airport has taken the first step to become an international **hub** airport.
- a line, rope, or cable used to support or rescue a person in danger or distress; vital or necessary support, connection, or source of help
 synonym: savior, support, safety net

(1) lifeline support, (2) emotional lifeline
 My best friend has been my lifeline throughout all of my hardships.

hub

lifeline

Session 2: Spelling

to use something for a practical purpose 1. ut e a catheter ν. in an effective way

2. diluted al____I a clear liquid that can make people n. drunk and is used in medicines, cleaning products, etc.

> adj. inclined or likely to do something or to show a particular characteristic, especially something bad; lying face downward

> adj. marked by uncontrolled excitement or emotion; wild; frenzied

the quality or state of being physically, n. or sometimes mentally, strong

a person who supports or suggests an n. idea, development, or way of doing something

the widespread outbreak of a particular n. disease in a large number of people at the same time

the quality or attribute of being firm and n. steadfast

to take hold of something or someone ν. suddenly with a hand, especially in a violent way

adj. answerable or accountable for something within one's power, control, or management

pr__e to diarrhea 3.

4. fr c pace

muscular st____th 5.

public education ad____tes 6.

7. health ep ic

8. fiscal st ty pact

9. g__b an opportunity

10. res le for a customer service

ANSWERS: 1. utilize, 2. alcohol, 3. prone, 4. frantic, 5. strength, 6. advocate, 7. epidemic, 8. stability, 9. grab, 10. responsible

ANSWERS: 11. racism, 12. jolt, 13. struggle, 14. chaotic, 15. environment, 16. upset, 17. endemic, 18. eventually, 19. lifesaving

n.

the act or process of rescuing someone

else's life, especially from drowning

19. lif____ng device

20. a com____nt to an alliance a promise or firm decision to do n. something or to behave in a certain way to stay in a place or exist longer than 21. li___r over your work expected 22. provide ac____te information adj. correct and exact in all details 23. in____I a chairperson to fix furniture, a machine, or a piece of equipment into position so that it can be used; put into an office or a position 24. a serious to c a subject that is being discussed or n. written about to physically or socially separate 25. is____e a compound someone or something from other people or things 26. am___y a signal to enhance something, particularly sound or brightness 27. up___e region adj. relating to or located in the region that is located in the northern part of a state or country, particularly in the United States 28. eve____ly become obsolete adv. finally, particularly after a long time or a lot of struggle, complications, and so on 29. the chief li an a person who works in a library and is n. responsible for organizing and managing the collection of books and other materials 30. fe____yl patch a potent synthetic opioid pain medication often used to treat severe or chronic pain, which is highly addictive and can be very dangerous or lethal in high doses

ANSWERS: 20. commitment, 21. linger, 22. accurate, 23. install, 24. topic, 25. isolate, 26. amplify, 27. upstate, 28. eventually, 29. librarian, 30. fentanyl

31. co al combination of funds adj. belonging to or used by a group rather than individuals; for common use 32. ove____ing majority adj. very great or intense; so powerful that you cannot fight or react against it adj. inclined or likely to do something or to 33. accident-pr e show a particular characteristic, especially something bad; lying face downward a person or organization responsible for 34. network adm tor managing and directing the affairs of a business, institution, government agency, or other organization; someone who administers, regulates, or supervises the quality or attribute of being firm and 35. st____ty pact n. steadfast a tool or machine used for making 36. the dr I hit the well n. round holes or driving fasteners; a training or practice to live or exist despite a dangerous 37. su e a plane crash ν. event or period to inhale sharply and audibly, often in 38. g p in shock ν. response to strong emotion or sensation; to catch one's breath suddenly, often due to shock or surprise 39. emotional p p a piece of wood, metal, etc., placed n. beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or

ANSWERS: 31. communal, 32. overwhelming, 33. prone, 34. administrator, 35. stability, 36. drill, 37. survive, 38. gasp, 39. prop

something

40.	victim of a vit crime	adj.	involving or caused by physical force or aggression against someone or something
41.	the files are in complete dier	n.	an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
42.	seek voers	n.	a person who performs or offers to perform a job or service without being paid for or forced to do
43.	hoic condition	adj.	causing horror or disgust; gruesome and terrifying
44.	cathic climate change	adj.	extremely harmful; causing physical or financial destruction
45.	an adte of disarmament	n.	a person who supports or suggests an idea, development, or way of doing something
46.	ret against his way of thinking	<i>v</i> .	to take action in response to something
47.	acte measurements	adj.	correct and exact in all details
48.	ral prejudice	adj.	of or related to the race (= classification of humans into groups based on physical traits or social relations)
49.	survival k_t	n.	a set of tools, supplies, or equipment for a particular purpose
50.	a man of prty	n.	a thing or things that belong to someone
51.	hess victims	adj.	unable to take care of oneself or to do things without help

ANSWERS: 40. violent, 41. disorder, 42. volunteer, 43. horrific, 44. catastrophic, 45. advocate, 46. react, 47. accurate, 48. racial, 49. kit, 50. property, 51. helpless

52. c ga filter to obstruct or block up (a passage, pipe, ν. or system) with an accumulation of thick or sticky matter; to impede or hinder the progress or movement of something 53. pre____on strategy the action, process, or strategy of n. stopping something undesirable or harmful from happening; the act of preventing, interfering, or hindering unwanted events or outcomes 54. adm____er justice to oversee and control the operation or arrangement of something a structure built to protect from poor 55. rainproof sh____r n. weather, danger, or attack: to face, meet or deal with a problem or 56. co nt the issue ν. difficult situation or person 57. di____d the downloaded data to throw something away or get rid of something that you no longer wanted or need the most important facts, ideas, or 58. on an equal ba s n. events from which something is developed; the way how things are organized or arranged 59. lo___e a tumor to specify or determine the exact ν. position of someone or something to bring back to life, consciousness, or 60. re___e my energy strength; to restore 61. a h b of commerce the central or main part of a particular place, activity, network, etc.; the central part of a car wheel, fan, propeller, etc.,

ANSWERS: 52. clog, 53. prevention, 54. administer, 55. shelter, 56. confront, 57. discard, 58. basis, 59. locate, 60. revive, 61. hub

through which the shaft or axle passes

a person who sees something happen, especially a crime or an accident

adj. answerable or accountable for something within one's power, control, or management

ANSWERS: 62. withdrawal, 63. unresponsive, 64. withdrawal, 65. substance, 66. injection, 67. electrocution, 68. downstairs, 69. monitor, 70. witness, 71. responsible

70. wi s of the car accident

71. res le action

72.	an opne remark	adj.	suitable or happening at a time that is suitable or convenient for a particular purpose
73.	segon of power	n.	the act or process of separating or isolating people, things, or groups based on race, gender, religion, social class, or other characteristics; a political or social system that enforces such separation or isolation
74.	ste for excellence	<i>v</i> .	to try very hard to do, achieve, or obtain something
75.	poy alleviation	n.	the condition of being extremely poor
76.	he a car by the hour	<i>v</i> .	to give somebody a job
77.	see the day	v.	to catch or take hold of someone or something suddenly and forcibly; to capture the attention or imagination of something
78.	intne story	<i>v</i> .	to twist together or become twisted together
79.	ast a patient	<i>v</i> .	to help someone in doing anything
80.	people with bipolar dier	n.	an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
81.	chc theory	adj.	without any order or organization; extremely disorganized, unpredictable, and confusing
82.	dull sit	n.	the ability to see; anything that is seen

ANSWERS: 72. opportune, 73. segregation, 74. strive, 75. poverty, 76. hire, 77. seize, 78. intertwine, 79. assist, 80. disorder, 81. chaotic, 82. sight

83.	for spelly American customers	adv.	only associated with or meant for one thing
84.	cg artery	ν.	to obstruct or block up (a passage, pipe, or system) with an accumulation of thick or sticky matter; to impede or hinder the progress or movement of something
85.	r_v up the crowd	n.	a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
86.	sy back and forth	ν.	to move back and forth or side to side gently, often in response to external factors such as wind or water; to influence or persuade someone to do something; to control or dominate something
87.	nee deeper against him	<i>v</i> .	to settle comfortably or cozily into a place
88.	main order	v.	to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true
89.	g_b an audience	<i>v</i> .	to take hold of something or someone suddenly with a hand, especially in a violent way
90.	vo_r apathy	<i>n</i> .	a person who votes or has a legal right to vote in a political election
91.	regss of the difficulties	adv.	not paying attention or considering something or someone even if the situation is bad or there are difficulties

ANSWERS: 83. specifically, 84. clog, 85. rev, 86. sway, 87. nestle, 88. maintain, 89. grab, 90. voter, 91. regardless

92. hen overdose	n.	a highly addictive and illegal drug derived from morphine, typically administered by injection and often associated with serious health problems, including overdose and addiction
93. ste hard to get	ν.	to try very hard to do, achieve, or obtain something
94. go to the workplace by cye	n.	an interval during which a recurring sequence of events occurs; a bicycle or motorcycle
95. psychic tra	n.	an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
96. naI bone	adj.	relating to the nose or the sense of smell; characterized by or involving the nasal passage
97. ute a different approach	ν.	to use something for a practical purpose in an effective way
98. a material wis	n.	a person who sees something happen, especially a crime or an accident
99. int under the skin	v.	to put a liquid such as a drug or other substance into a person's or an animal's body using a needle and syringe (= small tube)
100. unanimously ape a resolution	v.	to think that someone or something is favorable, acceptable, or appropriate; to officially accept a plan, request, etc.
101. traffic innt	n.	an event or occurrence, often unexpected or unplanned; something

ANSWERS: 92. heroin, 93. strive, 94. cycle, 95. trauma, 96. nasal, 97. utilize, 98. witness, 99. inject, 100. approve, 101. incident

that happens

or

102. nee in a cozy spot	<i>v</i> .	to settle comfortably or cozily into a place
103. feyl overdose	n.	a potent synthetic opioid pain medication often used to treat severe or chronic pain, which is highly addictive and can be very dangerous or lethal in high doses
104. pp stick	n.	a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something
105. stng silver	n.	a British coin and unit of currency, equivalent to 100 pence; British money; something of excellent quality or genuine value
106. the cye of the seasons	n.	an interval during which a recurring sequence of events occurs; a bicycle or motorcycle
107. dispatch an amce	n.	a vehicle specifically designed and equipped to transport sick or injured people to and from hospitals and other medical facilities
108. opioid ovse	n.	excessive and dangerous ingestion or application of a drug
109. fatal eleion	n.	death or serious injury caused by electric shock; the act of killing or injuring someone with electricity
110. an opd analgesic	n.	substances that have an effect similar to opium, such as morphine, used in medicines to treat severe pain, but some people take them illegally for pleasure and become addicted

ANSWERS: 102. nestle, 103. fentanyl, 104. prop, 105. sterling, 106. cycle, 107. ambulance, 108. overdose, 109. electrocution, 110. opioid

111. in an eqle manner	adj.	fair and impartial; treating everyone fairly
112. rer approval ratings	<i>v</i> .	to return to a former condition, health, mind, or strength
113. a well-equipped pland	n.	an area where many people go for recreation, especially at a school or in a park
114. an explosive suce	n.	the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug
115. emotional line	n.	a line, rope, or cable used to support or rescue a person in danger or distress; vital or necessary support, connection, or source of help
116. tra care	n.	an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
117. desly anxious	adv.	in a way that shows a lack of hope and a willingness to do anything because of the problematic situation; with great urgency
118. cholera-enc area	adj.	(of a disease or other problem) regularly found among particular people or in a certain area
119. education h_b	n.	the central or main part of a particular place, activity, network, etc.; the central part of a car wheel, fan, propeller, etc., through which the shaft or axle passes

ANSWERS: 111. equitable, 112. recover, 113. playground, 114. substance, 115. lifeline, 116. trauma, 117. desperately, 118. endemic, 119. hub

120. income dity	n.	a significant difference or inequality between two or more things
121. govnt funding	n.	the group of people with authority to control a country or state
122. even more unfely	adv.	by bad luck; unluckily
123. regss tread	adv.	not paying attention or considering something or someone even if the situation is bad or there are difficulties
124. a first-aid k_t	n.	a set of tools, supplies, or equipment for a particular purpose
125. stth of the economy	<i>n</i> .	the quality or state of being physically, or sometimes mentally, strong
126. systemic ram	n.	prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized
127. stk a key in a lock	ν.	to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
128. td of footsteps	n.	a dull, heavy sound made when a heavy object falls or strikes a surface, often with a low frequency and resonance
129. nm of action	n.	something that is regarded as usual, typical, or standard
130. int a personal opinion into a debate	<i>v</i> .	to put a liquid such as a drug or other substance into a person's or an animal's body using a needle and syringe (= small tube)

ANSWERS: 120. disparity, 121. government, 122. unfortunately, 123. regardless, 124. kit, 125. strength, 126. racism, 127. stick, 128. thud, 129. norm, 130. inject

131. coed criminal	adj.	completely certain about something; having a strong belief or conviction in a particular religion
132. tot seat	n.	a bowl-shaped plumbing fixture with a seat for defecation and urination, or a room or building containing one or more of this fixture
133. ral and ethnic backgrounds	adj.	of or related to the race (= classification of humans into groups based on physical traits or social relations)
134. nal congestion	adj.	relating to the nose or the sense of smell; characterized by or involving the nasal passage
135. bas for calculation	n.	the most important facts, ideas, or events from which something is developed; the way how things are organized or arranged
136. mor an exam	v.	to observe, check, and track the progress or quality of something over a period of time
137. a few minutes of coon	n.	a state of confused and noisy disturbance
138. play with my sigs	n.	a brother or sister; member of a family born to the same parents
139. repon risk	n.	the general opinion that people have about someone or something, especially when this is based on their previous experiences or behaviors
140. unfely caught in a shower	adv.	by bad luck; unluckily

ANSWERS: 131. convinced, 132. toilet, 133. racial, 134. nasal, 135. basis, 136. monitor, 137. commotion, 138. sibling, 139. reputation, 140. unfortunately

141. school admtor	n.	a person or organization responsible for managing and directing the affairs of a business, institution, government agency, or other organization; someone who administers, regulates, or supervises
142. designed spelly for m	nen adv.	only associated with or meant for one thing
143. tyI leader	adj.	having the usual characteristics or traits of a specific group of things
144. sp a heavy fine	v.	to strike something or someone with an open palm or flat object, producing a sharp sound or sensation; to place something firmly, suddenly, or unexpectedly
145. rer to a map	v.	to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support
146. full of w_t	n.	the ability to say or write things or ideas in a clever and humorous way
147. admer the funds	v.	to oversee and control the operation or arrangement of something
148. fairly tyI symptoms	adj.	having the usual characteristics or traits of a specific group of things
149. meet his comnts	n.	a promise or firm decision to do something or to behave in a certain way
150. main good health	ν.	to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true

ANSWERS: 141. administrator, 142. specifically, 143. typical, 144. slap, 145. refer, 146. wit, 147. administer, 148. typical, 149. commitment, 150. maintain

151. financial crs	n.	a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken
152. have an upt stomach	adj.	causing or marked by anxiety, uneasiness, trouble, or grief; (verb) to make someone anxious, unhappy, or angry
153. frne health workers	adj.	in the most critical or dangerous position; in the military line or part of an army closest to the enemy
154. gar attention	<i>v</i> .	to acquire or accumulate something through effort or attention
155. a distant td	n.	a dull, heavy sound made when a heavy object falls or strikes a surface, often with a low frequency and resonance
156. delta pln	adj.	without being decorated in any way; (Noun) a vast expanse of flat land with few trees
157. an eqle price	adj.	fair and impartial; treating everyone fairly
158. person of grant age	n.	a parent of one's father or mother
159. amy the effect	<i>v</i> .	to enhance something, particularly sound or brightness
160. sign of intion	n.	the condition of being affected by alcohol or drugs in a way that impairs mental or physical abilities
161. emergency paic	n.	a healthcare professional who is trained to provide emergency medical care to patients in the pre-hospital setting, ofter in ambulances or other emergency vehicles

ANSWERS: 151. crisis, 152. upset, 153. frontline, 154. garner, 155. thud, 156. plain, 157. equitable, 158. grandparent, 159. amplify, 160. intoxication, 161. paramedic

162. did old beliefs	v.	to throw something away or get rid of something that you no longer wanted or need
163. ise a patient	ν.	to physically or socially separate someone or something from other people or things
164. beh board	n.	a long, flat surface, often elevated and supported by legs, used for sitting, working, or displaying objects; persons who administer justice
165. coal swimming pool	adj.	belonging to or used by a group rather than individuals; for common use
166. at the frne of the war	adj.	in the most critical or dangerous position; in the military line or part of an army closest to the enemy
167. cultural nm	n.	something that is regarded as usual, typical, or standard
168. cont a global warming	ν.	to face, meet or deal with a problem or difficult situation or person
169. my voer work	n.	a person who performs or offers to perform a job or service without being paid for or forced to do
170. ovse of alcohol	n.	excessive and dangerous ingestion or application of a drug
171. have a sig quarrel	n.	a brother or sister; member of a family born to the same parents
172. the cycle of poy	n.	the condition of being extremely poor
173. death from shk	n.	a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant

ANSWERS: 162. discard, 163. isolate, 164. bench, 165. communal, 166. frontline, 167. norm, 168. confront, 169. volunteer, 170. overdose, 171. sibling, 172. poverty, 173. shock

174. ape a measures	ν.	to think that someone or something is favorable, acceptable, or appropriate; to officially accept a plan, request, etc.
175. rer a loss	ν.	to return to a former condition, health, mind, or strength
176. smoking hen	n.	a highly addictive and illegal drug derived from morphine, typically administered by injection and often associated with serious health problems, including overdose and addiction
177. ury in the use of force	n.	the quality of being very important and needing to be dealt with immediately
178. inI a door	v.	to fix furniture, a machine, or a piece of equipment into position so that it can be used; put into an office or a position
179. govnt bureaucracy	n.	the group of people with authority to control a country or state
180. crs management	n.	a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken
181. emy job seekers	ν.	to give somebody a job and pay them for it; to make use of
182. unrive audience	adj.	not responding to some influence or stimulus
183. matter of ury	n.	the quality of being very important and needing to be dealt with immediately

ANSWERS: 174. approve, 175. recover, 176. heroin, 177. urgency, 178. install, 179. government, 180. crisis, 181. employ, 182. urresponsive, 183. urgency, 184. urban

184. ur_n property owners

adj. relating to or located in a town or city

185. sue a blizzard	v.	event or period
186. nane injection	n.	a medication used to reverse the effects of opioids (= morphine or a drug that resembles morphine), commonly used to counter decreased breathing in opioid overdose
187. the unit dosage amount of nane	n.	a medication used to reverse the effects of opioids (= morphine or a drug that resembles morphine), commonly used to counter decreased breathing in opioid overdose
188. a worldwide epic	n.	the widespread outbreak of a particular disease in a large number of people at the same time
189. loe a missing pet	v.	to specify or determine the exact position of someone or something
190. a pland on the roof	n.	an area where many people go for recreation, especially at a school or in a park
191. intte the person	v.	(of alcohol or a drug) to make someone lose control of their faculties or behavior
192. hess baby	adj.	unable to take care of oneself or to do things without help
193. stng performance	n.	a British coin and unit of currency, equivalent to 100 pence; British money; something of excellent quality or genuine value
194. sy to the rhythm	v.	to move back and forth or side to side gently, often in response to external factors such as wind or water; to influence or persuade someone to do

ANSWERS: 185. survive, 186. naloxone, 187. naloxone, 188. epidemic, 189. locate, 190. playground, 191. intoxicate, 192. helpless, 193. sterling, 194. sway

something; to control or dominate

something

195. see a person's property	<i>v</i> .	to catch or take hold of someone or something suddenly and forcibly; to capture the attention or imagination of something
196. mentally unle	adj.	lacking solidity, persistence, or firmness and therefore not strong, safe, or likely to continue; lacking control of one's emotions
197. unle weather	adj.	lacking solidity, persistence, or firmness and therefore not strong, safe, or likely to continue; lacking control of one's emotions
198. sewing nee	n.	a thin, pointed object typically used for sewing or medical purposes; a metal or plastic instrument used for administering injections or drawing blood
199. disce to the public	n.	an action that causes harm or damage; something that is detrimental or disadvantageous; the opposite of a favor
200. racial segon	n.	the act or process of separating or isolating people, things, or groups based on race, gender, religion, social class, or other characteristics; a political or social system that enforces such separation or isolation
201. ecy of scale	n.	the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel

ANSWERS: 195. seize, 196. unstable, 197. unstable, 198. needle, 199. disservice, 200. segregation, 201. economy

202. stle to get the job	ν.	to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
203. a conly innovative enterprise	adv.	all the time
204. an eligible vor	n.	a person who votes or has a legal right to vote in a political election
205. gar good reviews	v.	to acquire or accumulate something through effort or attention
206. the dity between theory and reality	n.	a significant difference or inequality between two or more things
207. acetone intion	n.	the condition of being affected by alcohol or drugs in a way that impairs mental or physical abilities
208. great-grant	n.	a parent of one's father or mother
209. sket the cost	v.	to rapidly ascend to a very high level; increase rapidly;
210. preon of crime	n.	the action, process, or strategy of stopping something undesirable or harmful from happening; the act of preventing, interfering, or hindering unwanted events or outcomes
211. chemical prty	n.	a thing or things that belong to someone
212. ecy class	n.	the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel

ANSWERS: 202. struggle, 203. constantly, 204. voter, 205. garner, 206. disparity, 207. intoxication, 208. grandparent, 209. skyrocket, 210. prevention, 211. property, 212. economy

a subject that is being discussed or 213. the to c of the book n. written about 214. ur n planning adj. relating to or located in a town or city 215. fire dr I a tool or machine used for making n. round holes or driving fasteners; a training or practice 216. up____e Connecticut adj. relating to or located in the region that is located in the northern part of a state or country, particularly in the United States adj. associated with the way on construction 217. str____al analyses or organization of anything 218. co ed of the idea adj. completely certain about something; having a strong belief or conviction in a particular religion an event or occurrence, often 219. security in nt n. unexpected or unplanned; something that happens to rapidly ascend to a very high level; 220. price sk eted increase rapidly; 221. vi e stars adj. capable of being seen; or open to easy 222. pa____ic ambulance a healthcare professional who is trained n. to provide emergency medical care to patients in the pre-hospital setting, often in ambulances or other emergency

ANSWERS: 213. topic, 214. urban, 215. drill, 216. upstate, 217. structural, 218. convinced, 219. incident, 220. skyrocket, 221. visible, 222. paramedic, 223. revive

ν.

223. re___e an old friendship

vehicles

strength; to restore

to bring back to life, consciousness, or

to give somebody a job 224. h e a guide ν. 225. g__p for air to inhale sharply and audibly, often in ν. response to strong emotion or sensation; to catch one's breath suddenly, often due to shock or surprise to strike something or someone with an 226. s p on the back ν. open palm or flat object, producing a sharp sound or sensation; to place something firmly, suddenly, or unexpectedly an administrative division of a country 227. throughout the co___y or state, typically one of several comprising a larger division a clear liquid that can make people 228. stop drinking al____l n. drunk and is used in medicines. cleaning products, etc. 229. the root problem of her dep on a mental condition in which a person n. feels very unhappy and without hope for the future; a severe recession in an economy or market 230. low-r v engine a measure of the rate at which an n. engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute 231. the Great Dep____on a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market

ANSWERS: 224. hire, 225. gasp, 226. slap, 227. county, 228. alcohol, 229. depression, 230. rev, 231. depression

232. the cu t of global warming someone who is responsible for a crime n. or wrongdoing 233. es___t for VIPs a person or group of people n. accompanying someone for protection, guidance, or courtesy; a companion or attendant; a service or a person providing a service for accompanying someone or something to or from a destination 234. am____ce service a vehicle specifically designed and equipped to transport sick or injured people to and from hospitals and other medical facilities 235. with fr___c haste adj. marked by uncontrolled excitement or emotion; wild; frenzied 236. the w t of man the ability to say or write things or ideas n. in a clever and humorous way 237. pl n answer adj. without being decorated in any way; (Noun) a vast expanse of flat land with few trees 238. re t at a high temperature to take action in response to something

239. victim of cat____hic injuries

242. nontechnical as___ts of the job

240. lif____ng efforts

241. int____ne thread

ANSWERS: 232. culprit, 233. escort, 234. ambulance, 235. frantic, 236. wit, 237. plain, 238. react, 239. catastrophic, 240. lifesaving, 241. intertwine, 242. aspect

n.

adj. extremely harmful; causing physical or

else's life, especially from drowning

to twist together or become twisted

one part or feature of a situation,

the act or process of rescuing someone

financial destruction

problem, subject, etc.

together

243. the arrest of the cut	n.	someone who is responsible for a crime or wrongdoing
244. hoic experience	adj.	causing horror or disgust; gruesome and terrifying
245. desly ill patient	adv.	in a way that shows a lack of hope and a willingness to do anything because of the problematic situation; with great urgency
246. academic lian	n.	a person who works in a library and is responsible for organizing and managing the collection of books and other materials
247. asts of social, political, and economic life	n.	one part or feature of a situation, problem, subject, etc.
248. opd receptor	n.	substances that have an effect similar to opium, such as morphine, used in medicines to treat severe pain, but some people take them illegally for pleasure and become addicted
249. roe business	n.	a usual or habitual way of doing things; a set sequence of steps, part of a larger computer program
250. coy seat	n.	an administrative division of a country or state, typically one of several comprising a larger division
251. cloud his repon	n.	the general opinion that people have about someone or something, especially when this is based on their previous experiences or behaviors

ANSWERS: 243. culprit, 244. horrific, 245. desperately, 246. librarian, 247. aspect, 248. opioid, 249. routine, 250. county, 251. reputation

something that is detrimental or

disadvantageous; the opposite of a

252. opne occasion	adj.	suitable or happening at a time that is suitable or convenient for a particular purpose
253. make coon	n.	a state of confused and noisy disturbance
254. rer to a book	<i>v</i> .	to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support
255. vit incident	adj.	involving or caused by physical force or aggression against someone or something
256. jt of excitement	<i>v</i> .	to move or cause to move with a sudden jerky motion; to disturb someone's composure); (noun) a sudden, sharp movement or shock
257. vie by X-ray	adj.	capable of being seen; or open to easy view
258. emy a new method	<i>v</i> .	to give somebody a job and pay them for it; to make use of
259. fire stk	ν.	to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
260. lir in the mind	<i>v</i> .	to stay in a place or exist longer than expected
261. social disce	n.	an action that causes harm or damage;

ANSWERS: 252. opportune, 253. commotion, 254. refer, 255. violent, 256. jolt, 257. visible, 258. employ, 259. stick, 260. linger, 261. disservice

favor

- 262. an unexpected si__t
 263. be__h conference
 264. as___t his goal
 265. li___ne support
 266. sh__k-resistant
 267. in____on needle
 268. be int ted with success
 - ____

269. env____nt affairs

- 270. an ove____ing victory
- 271. to___t paper

- n. the ability to see; anything that is seen
- a long, flat surface, often elevated and supported by legs, used for sitting, working, or displaying objects; persons who administer justice
- v. to help someone in doing anything
- a line, rope, or cable used to support or rescue a person in danger or distress; vital or necessary support, connection, or source of help
- a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant
- the act of introducing a liquid, especially a drug, into the body using a needle and a syringe
- v. (of alcohol or a drug) to make someone lose control of their faculties or behavior
- n. the natural world such as air, water, and land in which humans, animals, and plants live
- adj. very great or intense; so powerful that you cannot fight or react against it
- a bowl-shaped plumbing fixture with a seat for defecation and urination, or a room or building containing one or more of this fixture

ANSWERS: 262. sight, 263. bench, 264. assist, 265. lifeline, 266. shock, 267. injection, 268. intoxicate, 269. environment, 270. overwhelming, 271. toilet

272. nee prick	n.	a thin, pointed object typically used for sewing or medical purposes; a metal or plastic instrument used for administering injections or drawing blood
273. a conly varying mind	adv.	all the time
274. a built-in diagnostic roe	n.	a usual or habitual way of doing things; a set sequence of steps, part of a larger computer program
275. creep dowrs	adv.	on or to a lower or ground floor of a building
276. stral reorganization	adj.	associated with the way on construction or organization of anything
277. anti-air raid shr	n.	a structure built to protect from poor weather, danger, or attack:
278. personal est	n.	a person or group of people accompanying someone for protection, guidance, or courtesy; a companion or attendant; a service or a person providing a service for accompanying someone or something to or from a

ANSWERS: 272. needle, 273. constantly, 274. routine, 275. downstairs, 276. structural, 277. shelter, 278. escort

destination

Session 3: Fill in the Blanks

1.	Health and are, above all, gold.
n.	the quality or state of being physically, or sometimes mentally, strong
2.	The population has been increasing rapidly in recent years.
n.	an administrative division of a country or state, typically one of several comprising a larger division
3.	She walked to the to freshen up before the meeting.
n.	a bowl-shaped plumbing fixture with a seat for defecation and urination, or a room or building containing one or more of this fixture
4.	The spray helped alleviate my allergies.
adj	relating to the nose or the sense of smell; characterized by or involving the nasal passage
5.	Change is also occurring in Turkey as a result of reform.
adj	without any order or organization; extremely disorganized, unpredictable, and confusing
6.	My boss wouldn't of the plan.
<i>v</i> .	to think that someone or something is favorable, acceptable, or appropriate; to officially accept a plan, request, etc.
7.	You a bill in the change machine, and the coins pop out.
v.	to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

ANSWERS: 1. strength, 2. county's, 3. toilet, 4. nasal, 5. chaotic, 6. approve, 7. stick

the act or process of rescuing someone else's life, especially from drowning n. The _____ in the classroom made it hard for the teacher to teach. 9. a state of confused and noisy disturbance n. 10. He received an _____ of antibiotics to treat his infection. the act of introducing a liquid, especially a drug, into the body using a needle and a syringe 11. She has a good _____ for being one of the best chefs in the city. the general opinion that people have about someone or something, especially when this is based on their previous experiences or behaviors 12. The politician tried to ____ down the rumors about his personal life. to strike something or someone with an open palm or flat object, producing a sharp sound or sensation; to place something firmly, suddenly, or unexpectedly 13. The federal _____ is planning to increase taxes for the next fiscal year. the group of people with authority to control a country or state 14. You might need to _____ this point. to enhance something, particularly sound or brightness 15. The vines _____ to form a thick canopy overhead.

v. to twist together or become twisted together

16. I sat on the _____ in the park and enjoyed the beautiful scenery.

n. a long, flat surface, often elevated and supported by legs, used for sitting, working, or displaying objects; persons who administer justice

ANSWERS: 8. lifesaving, 9. commotion, 10. injection, 11. reputation, 12. slap, 13. government, 14. amplify, 15. intertwine, 16. bench

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ANSWERS: 66. opioid, 67. aspects, 68. frantic, 69. wit, 70. stability, 71. horrific, 72. strived, 73. culprit, 74. economy

	construction worker was rushed to the hospital after suffering from on the job site.
	eath or serious injury caused by electric shock; the act of killing or injuring or meone with electricity
100. Sh	e studies gardening on a basis.
	usual or habitual way of doing things; a set sequence of steps, part of a larger emputer program
101. The	e baby clung to her mother.
	a way that shows a lack of hope and a willingness to do anything because of e problematic situation; with great urgency
102. The	e woman inherited a large sum of from her grandfather's estate.
	British coin and unit of currency, equivalent to 100 pence; British money; omething of excellent quality or genuine value
103. Th	e public is that the prime minister has committed fraud.
	ompletely certain about something; having a strong belief or conviction in a articular religion
104. Ma	any famous are within walking distance.
n. the	e ability to see; anything that is seen
105. He	has shown signs of uneasiness and worry.
adj. ve	ery great or intense; so powerful that you cannot fight or react against it
106. Th	e systems we have developed has accepted as industry
n. SO	omething that is regarded as usual, typical, or standard
	ERS: 99. electrocution, 100. routine, 101. desperately, 102. sterling, 103. ed, 104. sights, 105. overwhelming, 106. norms

ANSWERS: 115. lifeline, 116. playground, 117. eventually, 118. unfortunately, 119. skyrocketed, 120. shelter, 121. administrator, 122. fentanyl

123.	Every human is responsible for taking care of the Earth's
n.	the natural world such as air, water, and land in which humans, animals, and plants live
124.	An of bodyguards surrounded the celebrity to keep fans safe.
n.	a person or group of people accompanying someone for protection, guidance, or courtesy; a companion or attendant; a service or a person providing a service for accompanying someone or something to or from a destination
125.	Within days, the new aircraft was in service.
adj.	in the most critical or dangerous position; in the military line or part of an army closest to the enemy
126.	The loud of the door closing echoed through the empty hallway.
n.	a dull, heavy sound made when a heavy object falls or strikes a surface, often with a low frequency and resonance
127.	Shall we a bite to eat?
v.	to take hold of something or someone suddenly with a hand, especially in a violent way
128.	The lowest lowland region is mostly flat
adj.	without being decorated in any way; (Noun) a vast expanse of flat land with few trees
129.	When making arrests, police officers frequently excessive force.
<i>v</i> .	to give somebody a job and pay them for it; to make use of
130.	The cook the leftover oxtail to make soup.
ν.	to use something for a practical purpose in an effective way
	WERS: 123. environment, 124. escort, 125. frontline, 126. thud, 127. grab, 128. n, 129. employ, 130. utilized

139. Treatment for an overdose of opioids includes the administration of ______.

 a medication used to reverse the effects of opioids (= morphine or a drug that resembles morphine), commonly used to counter decreased breathing in opioid overdose

ANSWERS: 139. naloxone