# **Englist.me**

# Vocabulary Builder Reference from...

Tiffany Kagure Mugo and Siphumeze Khundayi: How to have a healthier, positive relationship to sex | TED Talk

https://www.ted.com/talks/tiffany\_kagure\_mugo\_and\_ siphumeze\_khundayi\_how\_to\_have\_a\_healthier\_posi tive\_relationship\_to\_sex



# **All Words**

### **IMPORTANT**

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# **Session 1: Word List**

#### discretion

n. the quality of behaving with caution and good judgment; the ability to keep confidential information confidential; freedom to make responsible decisions based on one's judgment

synonym: caution, prudence, tact

(1) dietary **discretion**, (2) maintain **discretion**It's important to use **discretion** when sharing sensitive information.

#### chant

 a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation

synonym: hymn, mantra, (verb) recite

(1) chant melodies, (2) chant in the chapel

The soccer game crowd broke into a **chant** of "Go, team, go!"

#### downtown

adv. in or towards the central area of a town or city synonym: central, city-center, urban

(1) downtown building, (2) downtown traffic

He decided to take a walk **downtown** area to explore the city.

spicy

adj. having a strong, pungent flavor or aroma, typically as a result of containing spices; exciting or thrilling

*synonym*: hot, fiery, piquant

(1) spicy appetizer, (2) spicy story

She added **spicy** peppers to the dish.

rub

v. to move one's hand or an object over the surface of something with pressure

synonym: scrub, massage, stroke

(1) rub shoulders, (2) rub a glass window

She **rubbed** the sore spot on her leg to ease the pain.

undergo

to go through something unpleasant or that involves a change

synonym: experience, suffer, endure

(1) undergo surgery, (2) undergo a decrease

The train has to **undergo** rigorous safety checks.

eon

 n. (also aeon) an indefinite long period of time; the longest division of geological time scale

synonym: aeon

(1) a geological eon, (2) over the eons

I heard that fairy tale **eons** ago.

intern

v. to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria

synonym: apprentice, trainee, student

(1) intern civilians, (2) medical intern

The navy **interned** ships of defeated nations.

internal

adj. of or relating to the inside of something

synonym: interior, inner, domestic

(1) internal organs, (2) the internal economy

The prime minister canceled visits to other countries to resolve **internal** disputes.

tickle

v. to lightly touch a sensitive part of somebody's body in a way that makes them laugh

synonym: titillate, make laugh

(1) **tickle** his ribs, (2) **tickle** her vanity

These models explain why you can't **tickle** yourself.

elbow

n. the joint between the upper arm and the lower arm; the bend in a pipe or tube formed at this joint

synonym: joint, bend, cubitus

(1) **elbow** bone, (2) **elbow-length** sleeves

She bruised her **elbow** after falling off her bike.

thigh

n. the part of the human leg between the hip and the knee; in animals, the corresponding upper part of the hind legsynonym: thigh-bone, femur, upper leg

(1) thigh muscle, (2) chicken thigh

The marathon runner felt a cramp in her **thigh** at the 20th mile.

deity

n. a divine being or god worshipped and revered by people in a particular religion or culture

synonym: god, goddess, divine being

(1) existence of a deity, (2) deity of commerce

The ancient Egyptians believed that the sun **deity** Ra was the most powerful god.

monitor

v. to observe, check, and track the progress or quality of something over a period of time

synonym: proctor, check, observe

(1) monitor an exam, (2) monitor the data carefully

They used a special receiver to **monitor** police radio channels.

evaluate

v. to assess or estimate the quality, significance, quantity, or value of something

synonym: assess, estimate, consider

(1) evaluate the grant proposal, (2) evaluate a situation

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The meeting aims to evaluate possible choices.

### embrace

v. to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection

*synonym*: grasp, hold tightly, accept

(1) **embrace** an opportunity, (2) a warm **embrace** The woods **embrace** the house.

# shiny

adj. reflecting light and having a bright and smooth surfacesynonym: polished, glossy, lustrous

(1) **shiny** surface, (2) **shiny** object

The **shiny** new car drew everyone's attention as it drove by.

### historic

adj. famous or significant in history, or potentially so synonym: memorable, momentous, historical

(1) **historic** accomplishment, (2) achieve the **historic** feat The Chinese people have accomplished several **historic** feats.

# judge

 a person who makes decisions in a court of law; (verb) to determine the result of or form a critical opinion of something

synonym: arbiter, justice, (verb) deduce

(1) **judge** a competition, (2) an associate **judge**The strict **judge** ruled in favor of the plaintiff in the case.

# planet

 any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star

synonym: earth, world, globe

(1) **planet** like the Earth, (2) save the **planet** Mercury is the closest **planet** to the sun.

vast

adj. enormous in size, number, amount, or quantity synonym: expansive, extended, boundless

(1) vast majority, (2) vast desert

A **vast** audience viewed the broadcast.

# quantity

- *n.* the amount or number of something; magnitude *synonym*: abundance, portion, amount
- (1) half quantity, (2) residual quantity

In southward, the average annual water **quantity** increases.

rap

 a type of music characterized by a strong, repetitive beat and lyrics that often focus on social and political issues; a reproach for some lapse or misdeed

synonym: hip-hop, emceeing, MCing

(1) rap music, (2) get a rap

The new rap album is getting a lot of attention.

### tradition

 a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society

synonym: custom, practice, ritual

(1) a **tradition** of a culture, (2) against **tradition**It is a **tradition** in many families to have a big Thanksgiving dinner with all their relatives.

nipple

- n. the dark part of the skin which sticks out from the breast of a mammal and from which milk can be secretedsynonym: teat, pap, mamilla
- (1) rubber **nipple**, (2) baby sucking a **nipple**Female children may experience growing breasts and **nipple** swelling.

deserve

v. to be worthy of or entitled to something, especially something good or valuable

synonym: merit, earn, justify

(1) deserve respect, (2) deserve this prize

The employee **deserved** the promotion for their hard work and dedication.

deck

 a flat surface that is usually made of wood or other material and is attached to a building, vehicle, or other structure

synonym: platform, veranda, patio

(1) deck chairs, (2) hands on deck

She sat on the ship's **deck**, watching the sunset over the ocean.

volume

 the amount of space occupied by an object or substance; the magnitude of sound

synonym: capacity, amount, intensity

(1) volume of work, (2) high volume

This container has a **volume** of 10 cubic meters.

pet

- an animal that you have at home as a companion and treated kindly
- (1) a **pet** bird, (2) a teacher's **pet** I have a parrot as a **pet**.

peeve

v. to annoy or irritate someone; to be a source of annoyance or irritation to someone; (noun) something that irritates or annoys you; a source of annoyance or irritation

synonym: annoy, irritate, bother

(1) personal **peeve**, (2) **peeve** me off when people talk loudly

Nothing **peeves** me more than being lied to.

scared

adj. afraid or frightened

synonym: frightened, fearful, dreading

(1) scared all the time, (2) scared dog

I'm **scared** of insects.

blame

- v. to think or say that someone or something did something wrong or is responsible for something bad synonym: condemn, rebuke, find fault with
- (1) **blame** circumstances for the failure, (2) **blame** the lack

of knowledge

We **blamed** our impeded progress on lack of money.

### anatomy

- the scientific study that deals with the physical structure of humans, animals, or plants
- (1) animal **anatomy**, (2) **anatomy** of a country's collapse The professor explained the **anatomy** of the nervous system.

#### excuse

 a reason or explanation, either true or invented, given to justify a fault or defend your behavior; (verb) to make someone free from blame or clear from guilt

synonym: apology, justification, reason

(1) **excuse** for inaction, (2) perfect **excuse**He quickly fabricated an **excuse** for not attending the meeting.

# vagina

- n. the passage in the body of a woman or female animal that connects her outer sex organs to her uterussynonym: genitalia, vulva, pudenda
- (1) **vagina** cancer care, (2) infection of the **vagina**The muscle around the **vagina** is elastic enough to allow the passage of a fetus.

### buzz

- v. to make a continuous, low humming sound such as the one bee makes; an exciting and active atmospheresynonym: hum, murmur, whisper
- the buzz of a cicada, (2) buzz marketing
   heard the buzz of conversation from the next room.

#### ointment

 a medicated salve or paste applied to the skin for treatment or relief of a condition

synonym: salve, balm, cream

(1) ointment for eczema, (2) eye ointmentI need to apply the ointment to my burn to help it heal faster.

# doe

 a mature female of mammals of which the male is called a buck, such as a deer or a rabbit synonym: rabbit, bunny, hare

(1) doe rabbit, (2) buck and doe

Hunters use a whistle that makes the **doe** sound to lure stags.

# turkey

- n. (of an animal) a large bird with a fan-shaped tail native to North America, widely grown for food; (of a country) a Eurasian republic in Asia Minor and the Balkans
- (1) swell like a **turkey**, (2) **turkey** breast meat They prepared a stuffed **turkey** for Thanksgiving.

#### burrow

- v. to excavate a hole or make a tunnel in the ground by digging, typically for use as a dwelling of an animal synonym: tunnel, dig, excavate
- (1) **burrow** through the forest, (2) **burrow** into a mystery You can't **burrow** through solid metal.

#### freak

- n. an abnormality that is not typical or expectedsynonym: anomaly, deviation, oddity
- (1) a rock freak, (2) freak weather

The **freak** accident caused the car to flip over and land on its roof.

# opposed

- adj. being completely different from something or disagreeing strongly with somethingsynonym: anti, averse, hostile
- (1) two **opposed** characters, (2) absolutely **opposed** to abortion

I'm strongly **opposed** to that plan.

### refuse

- v. to show that one is not willing to do or accept something synonym: turn down, deny, decline
- (1) **refuse** a request, (2) **refuse** the company My initial reaction was to **refuse**.

### engage

v. to attract and keep someone's attention and interest; to participate in or obtain services of something

synonym: confront, employ, amuse

- (1) engage in environmental protection activities,
- (2) engage a new employee

Many multinational companies are **engaged** in the reconstruction of that country.

### prop

n. a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something

*synonym*: support, buttress, column

(1) emotional prop, (2) prop stick

We have finally lost our last **prop**.

### realistic

adj. having or showing a sensible and practical idea that is possible to achieve

synonym: practical, pragmatic, down-to-earth

(1) a realistic goal, (2) a realistic goal

That story was so realistic, and it was scary.

# depict

- v. to illustrate someone or something in a photograph synonym: illustrate, describe, express
- (1) **depict** a scene, (2) **depict** a feeling of isolation His son had accurately **depicted** the bloom.

### ailment

- n. a slight but often persistent illnesssynonym: illness, disorder, infection
- (1) heart **ailment**, (2) age-related **ailment**He got timely treatment for his physical **ailment** of severe back pain.

#### mess

- a state of confusion, dirtiness, or untidiness; (verb) to fail to do something or to make something dirty or untidy
   synonym: disarray, confusion, predicament
- (1) have a whole **mess**, (2) get into a **mess**

He made a frightful **mess** in his room.

### morbid

- adj. characterized by a preoccupation with death or unhealthy topics or behaviors; gruesome or disturbingsynonym: unhealthy, sickly, gruesome
- morbid fascination, (2) morbid joke
   The decayed and morbid atmosphere of the abandoned house scared her.

# quest

- n. a long or challenging search for somethingsynonym: exploration, inquisition, pursuit
- (1) the **quest** for truth, (2) on a **quest** for happiness That adventurer traveled in **quest** of buried treasure.

### coition

- n. sexual intercourse between two people or animalssynonym: intercourse, mating, copulation
- coition frequency, (2) interrupted coition
   The topic of coition was considered taboo in many cultures for centuries.

# upgrade

v. to improve the value or usefulness of something such as a machine, computer system, etc., or to replace it with something newer or of a higher standard

synonym: improve, boost, enrich

(1) **upgrade** a product, (2) **upgrade** work performance It's an excellent opportunity to **upgrade** our networking.

#### ancestor

- n. a person from whom one is descended; a forefathersynonym: forebear, forefather, progenitor
- (1) **ancestor** language, (2) earliest human **ancestor**My remote **ancestor** immigrated to the United States from Ireland in the 1800s.

#### huddle

- v. to crowd or press closely together; cuddle synonym: cluster, crowd, group
- (1) huddle in a temporary shelter, (2) huddle around the

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open fire

The children **huddled** together for warmth in the cold winter storm.

### whisper

v. to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you

synonym: murmur, rumor, mutter

(1) answer in a **whisper**, (2) the **whisper** of the leaves He took me aside and **whispered** in my ear.

# colonize

v. to establish a colony in or on a specific place; to settle or occupy in large numbers

synonym: settle, occupy, inhabit

(1) **colonize** planets, (2) **colonize** for cultivation European powers **colonized** much of the Americas in the 16th and 17th centuries.

#### cam

n. a device or mechanism that converts rotary motion to linear motion or vice versa; a revolving cylinder with an irregular shape used in machinery to convert rotary motion into intermittent or reciprocating motion; an abbreviation for camera

synonym: camera, device, gadget

(1) security cam, (2) cam lever

The mechanic adjusted the **cam** mechanism to improve the engine's performance.

# spiritual

adj. relating to or affecting the human spirit or soul as opposed to material or physical things

synonym: otherworldly, ethereal, transcendental

(1) constant **spiritual** striving, (2) **spiritual** leader

The meditation class was focused on finding inner peace and cultivating a more **spiritual** connection with the universe.

# institutionalize

v. to establish or make something a part of an institution (= a place such as a university, hospital, etc.)

synonym: formalize, establish, regularize

(1) **institutionalize** a system, (2) **institutionalize** customary laws

The new policy aims to **institutionalize** the use of renewable energy sources.

erotic

adj. relating to or arousing sexual desire or excitement;
 considered taboo or provocative

synonym: sensual, arousing, sexy

(1) erotic novel, (2) erotic dance

The painting contained subtle **erotic** undertones.

cue

 a signal, gesture, or action that provides information or direction for someone else to act or respond; a reminder or prompt for someone to do something

synonym: signal, sign, hint

(1) cue card, (2) visual cue

The director gave the actor a **cue** to begin the scene.

handle

- v. to deal with a situation, problem, or strong emotion synonym: control, manage, deal with
- (1) **handle** a precious object, (2) **handled** the incident We all should learn how to **handle** stress.

urge

v. to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist

synonym: push for, advise, (noun) impulse

(1) urge a total ban, (2) a sexual urge

The lobbyist urged Congress not to approve the measure.

strife

conflict or disagreement, especially between people or groups

synonym: conflict, disagreement, dissension

(1) at strife over the land, (2) civil strife

The country has been wracked by political strife for many

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years	6
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#### creditor

- n. a person, company, etc. to whom a debtor owes money
- (1) the **creditor's** claims, (2) bankrupt **creditor**I asked the lawyer to initiate **creditor** negotiations for voluntary liquidation.

#### delete

- v. to remove something, especially that has been written; to wipe out digitally or magnetically recorded information
- synonym: erase, wipe out, remove
- (1) **delete** a file, (2) **delete** this modification Highlight the sentences that you want to **delete**.

#### toll

money that you have to pay to use a particular road, bridge, etc.; (verb) to ring slowly

synonym: fee, cost, expense

(1) a **toll** road, (2) **toll** a bell at his death There is no **toll** car park nearby.

### globe

the earth or world, mainly used to emphasize its vastness

synonym: Earth, world, sphere

(1) terrestrial **globe**, (2) around the **globe**. His final goal is to sail around the **globe**.

#### bow

v. to bend your knee or body, or lower your head; (noun) a weapon made of a curved piece of wood or other flexible material, strung with a cord and used to shoot arrows

synonym: bend, curve, arch

(1) bow and greet, (2) a bow wave

She **bowed** to the audience after her performance.

### mere

adj. used to emphasize how insignificant or minor someone or something is

synonym: bare, minor, sheer

(1) mere acquaintance, (2) mere incident

He lost the election by **mere** votes.

#### contort

v. to (cause something to) twist and press out of its natural or normal shape

synonym: deform, disfigure, distort

(1) contort my limbs, (2) contort the face

He **contorted** his smile with anger coming from his gut.

### comprehensive

adj. complete and including all or everything necessary synonym: complete, encyclopedic, thorough

(1) a **comprehensive** explanation, (2) conduct a **comprehensive** survey

We have a **comprehensive** grasp of this topic.

#### shout-out

- a public expression of appreciation or acknowledgment, often given to an individual or group of people, typically used in social media, advertising, or broadcast media
   synonym: acknowledgment, recognition
- (1) **shout-out** message, (2) social media **shout-out** I want to give a **shout-out** to all the volunteers who helped make this event a success.

# typical

adj. having the usual characteristics or traits of a specific group of things

synonym: characteristic, usual, distinctive

(1) typical leader, (2) fairly typical symptoms

This artwork is **typical** of her work.

### associate

v. to mentally connect someone or something with someone or something else

synonym: tie in, link, consociate

(1) **associate** alcohol with gambling, (2) **associate** with people widely

The majority of consumers **associate** this brand with quality.

# purity

 the state of being undiluted or unmixed with anything else; the state of being free from immorality, especially

### of a sexual nature

synonym: sinlessness, innocence, cleanliness

(1) the degree of **purity**, (2) high **purity** 

Higher **purity** requires additional equipment and energy.

# fertility

 the state or quality of being able to produce babies, young animals, fruit, or new plants

synonym: richness, pregnancy, productivity

(1) soil **fertility**, (2) **fertility** above replacement

The sperm count is used as an indicator of male **fertility**.

### represent

- v. to speak, act, or be present on behalf of another person or group; to form or constitute
- synonym: depict, express, describe
- (1) **represent** by a diagram, (2) the characters that **represent** numbers

We elected him to **represent** us at the international conference.

### transform

- v. to change in outward structure or looks;
- synonym: alter, convert, change
- (1) **transform** an education system, (2) **transform** heat into power

My father's death **transformed** my life completely.

#### animate

- v. to make something full of interest and energy synonym: invigorate, energize, enliven
- (1) **animate** the body, (2) **animate** his soul The positive attitude of the supervisor **animated** the discussion.

typify

to be a typical example of; to represent or serve as an example of something

synonym: embody, represent, personify

(1) **typify** a generation, (2) **typify** a stereotype These flowers **typify** the beauty of spring.

### brandish

v. to wave or display something, typically a weapon, in a threatening or aggressive manner; to exhibit something with pride or enthusiasm

synonym: wave, flourish, exhibit

(1) brandish a wand, (2) brandish a gun

The robber **brandished** a knife and demanded money from the store clerk.

# consciously

adv. with awareness; in a deliberate mannersynonym: intentionally, deliberately, knowingly

(1) **consciously** aware of a problem, (2) act **consciously** He **consciously** criticizes her in the publicity.

# conception

 a general idea or belief of what something or someone is like or should be; an understanding of a situation or a principle

synonym: notion, abstraction, cogitation

(1) a grand **conception**, (2) the **conception** of the good I have no **conception** of what you intend.

# principle

 a fundamental law or truth that explains or controls how something happens or works

synonym: rule, creed, code

(1) **principle** of treatment, (2) **principle** in business Efficiency isn't an essential **principle** here; fairness is.

#### creative

adj. relating to or involving the use of skill and original and unusual ideas to create something

synonym: imaginative, innovative, inventive

(1) **creative** writing, (2) barren of **creative** spirit All the supervisor has to do is assign tasks that make his subordinates more **creative**.

# metaphor

 a figure of speech in which an expression is used to refer to something that it does not denote to suggest a similarity

synonym: conceit, analogy, symbol

(1) metaphor for death, (2) visual metaphorShe expressed her thought in an artful choice of metaphors.

### quote

v. to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services

synonym: cite, reference, mention

(1) **quote** a source, (2) **quote** a price

In his speech, he **quoted** a famous philosopher to emphasize his point.

### affirm

- v. to assert that something is true or real; to state positively synonym: declare, avow, assert
- (1) **affirm** old traditions, (2) **affirm** strong identity I **affirm** that I will always stand by my beliefs.

### norm

- n. something that is regarded as usual, typical, or standardsynonym: criterion, mean, standard
- (1) norm of action, (2) cultural norm

The systems we have developed has accepted as industry **norms**.

# emphasize

- v. to give or show particular importance to something synonym: highlight, accentuate, stress
- (1) **emphasize** her words, (2) **emphasize** a direct relationship

Use italics or capitals to **emphasize** a word in a piece of writing.

# importance

- n. the quality of being important and worthy of notesynonym: significance, primacy, matter
- (1) a man of **importance**, (2) high **importance** I stopped by the branch though I have no business of **importance**.

### negate

v. to make something ineffective or null; to deny the truth of something

synonym: refuse, nullify, annul

(1) **negate** the possibility, (2) **negate** the existing system Drinking may **negate** the beneficial effects of the drug.

# continent

one of the earth's large landmasses; (adjective)
 abstaining from your feelings, especially your desire to have sex

synonym: landmass, (adjective) chaste, (adjective) pure

(1) the inland of a **continent**, (2) **continent** urinary diversion Flight across the **continent** was a daring adventure in its day.

# synergy

 the interaction of elements that, when combined, produce a total effect that is greater than the sum of the individual elements

synonym: cooperation, collaboration, partnership

(1) **synergy** collaboration, (2) **synergy** between businesses The new software program was designed to increase productivity by promoting employee **synergy**.

# replenish

- v. to fill something that had previously been emptied synonym: refill, reload, restock
- (1) **replenish** a reserve fund, (2) **replenish** my spirit Please **replenish** my glass with some more wine.

# squirt

v. to eject or discharge with force in a fast stream or jet; to spray or sprinkle with a liquid or substance

synonym: spray, eject, spurt

(1) squirt water, (2) squirt oil

She **squirted** the ketchup onto her fries before taking a bite.

#### modern

adj. of or belonging to the present time or recent times synonym: contemporary, stylish, current

(1) **modern** poetry, (2) pre- **modern** agricultural society Their headquarters are in a **modern** skyscraper.

#### subvert

v. to undermine, overthrow, or weaken the established order, system, or authority; to bring about fundamental change or revolution from within

synonym: overthrow, undermine, sabotage

(1) subvert power, (2) subvert expectations

The rebels could **subvert** the government's plans by leaking classified information.

# pound

- the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
- (1) three-fourths of a **pound**, (2) thousands of **pounds**. The car's front bumper cost fifteen hundred **pounds**.

# conquer

- v. to bring under control by force or authority synonym: defeat, overpower, subdue
- (1) **conquer** fatal disease, (2) **conquer** the world You must **conquer** your anxiety about driving.

#### constant

- adj. happening repeatedly or all the time synonym: ceaseless, stable, unchanging
- (1) a **constant** wind, (2) a **constant** temperature **Constant** dropping wears away the stone.

# struggle

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

synonym: toil, strive, compete

(1) **struggle** against discrimination, (2) **struggle** to get the job

He could not **struggle** against temptation.

#### threat

 a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation

synonym: menace, danger, hazard

(1) economic threat, (2) environmental threat

The **threat** of severe weather prompted the city to issue an evacuation warning.

### core

- n. the most essential or fundamental part of somethingsynonym: center, basis, heart
- (1) the **core** of an apple, (2) **core** business activity These gas nebulas are merely newborn galactic **cores**.

# engaging

adj. attracting, pleasant, or charmingsynonym: alluring, interesting, engrossing

(1) **engaging** story, (2) an **engaging** smile She was disbarred for her **engaging** in fraud.

# conceptualization

 the process of forming or developing an abstract idea or concept, often through the use of language or other symbolic representations

synonym: conception, formulation, thought

(1) **conceptualization** of a problem, (2) the **conceptualization** of the sculpture

The **conceptualization** of the project took several weeks to complete.

#### monster

 an imaginary creature that is large and has various human and animal parts; someone or something large and powerful

synonym: giant, freak, behemoth

horde of monsters, (2) monster film
 This car has a monster engine.

#### secluded

adj. hidden or isolated from view; quiet and undisturbed; kept away from the company of others

synonym: isolated, remote, hidden

(1) secluded retreat, (2) secluded cabin

The **secluded** beach was the perfect place to unwind and escape from the busy city.

#### slide

 to move or cause to move smoothly along a surface without interruption

synonym: glide, drift, drop

(1) **slide** a card across the table, (2) **slide** a glance If necessary, you can **slide** the front seats forward.

#### radical

adj. relating to the essential aspects of anything; far beyond the norm, mainly used of opinions and actions

synonym: extreme, revolutionary

(1) a **radical** flaw in the plan, (2) a **radical** cure

The government established by the coup was more **radical** than before.

# identify

v. to recognize someone or something and say or prove who or what they are

synonym: determine, specify, recognize

(1) **identify** handwriting, (2) **identify** gene sequences I will introduce you to how to **identify** the leading causes of the malfunction.

### denounce

v. to speak out against; to strongly criticize something or someone

synonym: condemn, disapprove, criticize

(1) **denounce** a statement, (2) **denounce** a heresy He **denounced** the actions of the corrupt official.

oppress

v. to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people

synonym: antagonize, distress, burden

(1) **oppress** the minority, (2) **oppress** the people with force Historically, many countries have often **oppressed** certain religions to gain the support of the majority of the population.

# injustice

- n. a violation of the rights of others or the laws of a societysynonym: unfairness, bias, discrimination
- (1) gross injustice, (2) injustice system

The **injustice** of the court's decision angered many people and led to protests.

### posit

to suggest or accept something as fact or as a basis for argument or consideration

synonym: assert, declare, assume

(1) **posit** the existence of life after death, (2) **posit** the premise

We should **posit** several hypotheses to discuss the matter.

### realm

- a domain of activity, interest, or knowledge synonym: domain, empire, kingdom
- (1) public **realm**, (2) beyond the **realm** of possibility Her passions are in the **realm** of real-world political affairs.

# unpack

to open and remove stored items from a container or package; to analyze or examine something in detail, often to clarify or understand it better

synonym: dissect, unwrap, unbox

(1) unpack a crate, (2) unpack a concept I need to **unpack** my suitcase and put my clothes away.

# identity

the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another

synonym: character, personality, individuality

- (1) mistaken **identity**, (2) **identity** as an individual The terrorist's **identity** remains unknown.
- a box or container used to bury a dead body; a case or structure resembling a coffin

synonym: casket, box, chest

(1) coffin lid, (2) wooden coffin

The priest prayed over the **coffin** before it was lowered into the ground.

### coffin

#### choke

v. to prevent or obstruct the normal breathing or swallowing of someone or something

synonym: strangle, suffocate, clog

(1) **choke** with anger, (2) **choke** off the blood supply The baby started to **choke** on a piece of apple.

#### chart

 a visual display of information such as a diagram, lists of figures, etc.; a map designed to assist navigation by air or sea

synonym: diagram, graph, map

(1) a weather **chart**, (2) a statistical **chart** This pie **chart** represents our market share.

# foolhardy

adj. recklessly bold or daring, often without considering the potential risks or consequences.; characterized by a lack of caution, prudence, or sensible judgment

synonym: reckless, imprudent, rash

(1) **foolhardy** decision, (2) **foolhardy** behavior It was **foolhardy** of him to attempt the dangerous stunt without any safety equipment.

#### mention

- v. to speak or write about something or someone briefly synonym: reference, allude, cite
- (1) **mention** name, (2) **mention** in a report I **mentioned** to him that I had seen his sister at the grocery store earlier that day.

# digital

 adj. processing or storing information as a succession of 1 and 0 to show that a signal is present or missing;
 relating to the use of computer technology, especially the internet

synonym: numerical, computerized, cyber

(1) a **digital** watch, (2) **digital** electronic signature

Sensors convert physical phenomena into **digital** signals.

### incredible

adj. unbelievable; enormous

synonym: unbelievable, fantastical, inconceivable

(1) **incredible** amount, (2) at **incredible** speed Her response revealed **incredible** idiocy.

#### conversation

*n.* an informal talk between two or more people to exchange their views, ideas, information, etc.

synonym: chat, discussion, dialogue

(1) **conversation** in English, (2) a friendly **conversation** Your **conversation** reflects your thoughts.

#### reverse

v. to change something's direction, order, position, decision, etc., to the opposite one; (adjective) directed or moving toward the rear

synonym: overturn, shift, switch

reverse the trend, (2) reverse the order
 The restaurant reversed a ban on smoking.

# cowboy

n. a man, typically one on horseback, who herds and tends cattle, especially in the western US; a person who behaves roughly or recklessly, typically a man; a skilled ranch worker who is adept at many tasks, especially those involving horses and cattle

synonym: cowpuncher, rancher, wrangler

(1) cowboy rodeo, (2) cowboy boots

The **cowboy** hat she wore added to her rugged and tough look.

bet

 to risk money on the result of an event or a competition, such as a race or game, to get more money; to have faith or confidence in something

synonym: stake, wager, gamble

- (1) **bet** on a race, (2) **bet** my future
- I bet that you know it.

#### resurrect

- v. to bring back to life or bring into existence again synonym: revive, bring back, bring to life
- (1) **resurrect** the dead, (2) **resurrect** an argument They tried to **resurrect** the ancient tradition.

bury

- v. to place a dead body in the ground, grave, or tomb
- synonym: entomb, sink, forget

There is plenty of space to **bury** everyone.

(1) bury in the earth, (2) bury emotion

sealed

adj. closed or secured with synonym: closed, impenetrable

(1) sealed orders, (2) sealed jar

We packed and shipped the product in **sealed** containers.

sticky

adj. made of or covered with an adhesive substance; hot or warm and humid

synonym: adhesive, gluey, clingy

(1) **sticky** weather, (2) **sticky** situation

A peculiar **sticky** material coated the foliage.

engagement

 a mutual promise to marry someone; an agreement to do something, especially at a particular time

synonym: betrothal, promise, commitment

(1) a prior **engagement**, (2) break off an **engagement** They selected a gorgeous diamond **engagement** ring.

kink

 a tight curl, twist or bend in an object, particularly in a piece of wire, hose, or tubing; a peculiar or eccentric liking or habit

synonym: bend, twist, curl

(1) kink in the neck, (2) sexual kink

The **kink** in the hose was preventing water from flowing correctly.

creepy

- adj. causing an uneasy feeling of fear or unease synonym: eerie, unsettling, spooky
- (1) feel **creepy**, (2) **creepy** atmosphere

The old, abandoned house was **creepy** and gave me the chills.

#### consent

permission or agreement to do something, especially given by somebody in authority

synonym: approval, authorization, concession

(1) **consent** for surgery, (2) give silent **consent**She gave her **consent** to the company's proposal.

# fascinating

adj. extremely interesting

synonym: alluring, intriguing, captivating

(1) **fascinating** story, (2) completely **fascinating** to me The museum houses a **fascinating** collection of Celtic artifacts.

#### subset

 a set of things that are contained within another larger set; a portion or division of a group or category

*synonym*: subcategory, subdivision

(1) proper subset, (2) subset selection

A **subset** of the employees will be trained in the new software program.

# origin

n. the first existence or beginning of something

synonym: root, source, ancestor

(1) origin of information, (2) racial origin

There are various hypotheses concerning the **origin** of life.

#### restrain

 to prevent or hold back from doing something, often by physical or moral force; to limit or restrict one's actions or behavior; to control or moderate strong emotions or impulses

synonym: restrict, limit, control

(1) restrain from violence, (2) restrain a child

The police had to **restrain** the suspect after he became violent during the arrest.

# captivity

 the situation in which a person or animal is kept in prison or a space that they cannot escape from

synonym: confinement, detention, imprisonment

(1) escape from captivity, (2) animals in captivity in the

**Z00** 

Pandas rarely breed in captivity.

#### restraint

 a measure taken to prevent someone or something from acting freely or excessively; self-control or moderation; a physical device used to restrict or limit movement

*synonym*: constraint, limitation, control

(1) physical restraint, (2) self- restraint

It's important to practice **restraint** when it comes to spending money.

### aesthetic

*adj.* connected with the enjoyment or study of beauty *synonym*: beautiful, artistic, esthetic

(1) aesthetic value, (2) aesthetic feeling

My aesthetic standards are quite different from hers.

### shore

n. the land along the edge of a sea, lake, broad river, or other large body of water; (verb) to support by placing against something solid or rigid

synonym: coast, seaside, beach

(1) a sandy **shore**, (2) **shore** up demand

The waves are beating against the **shore**.

### violent

adj. involving or caused by physical force or aggression against someone or something

synonym: aggressive, intense, turbulent

(1) victim of a **violent** crime, (2) **violent** incident

The protesters became **violent** when the police tried to disperse them.

### slavery

 the practice or system of owning, buying, and selling people as property and forcing them to work

synonym: bondage, servitude, enslavement

(1) slavery labor, (2) institution of slavery

The abolition of **slavery** in the United States was a major achievement in the fight for human rights.

### autonomy

n. the right of an organization, country, or region to govern itself independently

synonym: independence, sovereignty, self-sufficiency

(1) regional **autonomy**, (2) establish **autonomy**Demonstrators strongly demanded immediate **autonomy** for their country.

#### construct

 to build or create something; to assemble or combine different parts to form something whole

synonym: build, assemble, create

(1) **construct** a 3D image, (2) **construct** a dam He **constructs** hypotheses that no mathematician has ever imagined before.

# religion

 a deep conviction in a supernatural power that controls human destiny

synonym: faith, creed, belief

 religion sociology, (2) freedom of religion
 Their religion strictly prohibits them from drinking or gambling.

### pitfall

 a hidden or unsuspected danger or difficulty; a trap or snare

synonym: trap, snare, hazard

(1) potential **pitfall**, (2) **pitfall** to be avoided One of the biggest **pitfalls** of starting a new business is underestimating the costs.

# head-butting

- the act of forcefully striking someone or something with the head, typically done as a sign of aggression or dominance
- (1) **head-butting** contest, (2) playful **head-butting**During the match, the soccer player was penalized for deliberate **head-butting**.

# prolific

*adj.* producing many works, results, or offspring *synonym*: productive, fertile, abundant

(1) **prolific** apple tree, (2) **prolific** period The **prolific** author had written over 20 books in just five years.

# bug

any tiny insect; a fault or defect in a computer program, system, or machine

synonym: insect, bacterium, microbe

(1) bug bites, (2) number of bug fixes I found a stink **bug** crawling across the ceiling.

#### classic

adj. judged or deserving to be regarded as one of the best or most important of its kind over a period of time; of a well-known type

synonym: definitive, traditional, typical

(1) a classic experiment, (2) Chinese classic literature He displayed the **classic** symptoms of depression.

feat

a notable or impressive achievement, especially one n. that requires great skill or bravery

synonym: achievement, accomplishment, exploit

(1) intellectual **feat**, (2) **feat** accomplishment It is an incredible **feat** to climb Mount Everest, the highest mountain in the world.

#### infamous

- adj. having a reputation for being very bad or wicked synonym: notorious, disreputable, scandalous
- (1) an **infamous** crime, (2) acquire an **infamous** reputation The **infamous** criminal was finally brought to justice.

# superpower

a country or nation that has significant global influence or formidable military, economic, or technological strength; a supernatural ability or force capable of extraordinary feats or feats beyond normal human capabilities

synonym: great power, empire, hegemony

(1) **superpower** country, (2) **superpower** leader The ability to fly like a bird is often considered a **superpower** 

Builde	Ref from	"Tiffany Kagure Mugo and Siphumeze Khundayi: How to have a healthier, positive relationship to sex   TEL	) Talk"	(16
		in comic books and movies.		

# **Session 2: Spelling**

- 1. existence of a de\_\_y
- 2. th h muscle
- 3. a cl c experiment
- 4. baby sucking a ni\_\_\_e
- 5. st\_\_\_y weather
- 6. op s the minority
- 7. b w and greet
- 8. cr\_\_\_ve writing

- a divine being or god worshipped and revered by people in a particular religion or culture
- the part of the human leg between the hip and the knee; in animals, the corresponding upper part of the hind leg
- adj. judged or deserving to be regarded as one of the best or most important of its kind over a period of time; of a well-known type
- n. the dark part of the skin which sticks out from the breast of a mammal and from which milk can be secreted
- adj. made of or covered with an adhesive substance; hot or warm and humid
- v. to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people
- v. to bend your knee or body, or lower your head; (noun) a weapon made of a curved piece of wood or other flexible material, strung with a cord and used to shoot arrows
- adj. relating to or involving the use of skill and original and unusual ideas to create something

ANSWERS: 1. deity, 2. thigh, 3. classic, 4. nipple, 5. sticky, 6. oppress, 7. bow, 8. creative

ANSWERS: 9. erotic, 10. monitor, 11. foolhardy, 12. huddle, 13. excuse, 14. core, 15. identify, 16. contort, 17. threat

made as a means of coercion or

intimidation

Builder Ref from "Tiffany Kagure Mugo and Siphumeze Khundayi: How to have a healthier, positive relationship to sex | TED Talk" (160

ANSWERS: 18. ancestor, 19. feat, 20. conceptualization, 21. globe, 22. origin, 23. reverse, 24. animate, 25. peeve, 26. typify, 27. identity

ANSWERS: 28. resurrect, 29. institutionalize, 30. internal, 31. autonomy, 32. synergy, 33. planet, 34. rub, 35. origin, 36. radical, 37. ointment, 38. cowboy

54. n\_m of action 

n. something that is regarded as usual, typical, or standard

55. a sexual u e

56. a teacher's p\_t

v. to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist

n. an animal that you have at home as a companion and treated kindly

ANSWERS: 48. cam, 49. shore, 50. whisper, 51. comprehensive, 52. conquer, 53. struggle, 54. norm, 55. urge, 56. pet

63. prolific, 64. eon, 65. importance, 66. infamous, 67. upgrade

ANSWERS: 68. chart, 69. toll, 70. superpower, 71. continent, 72. negate, 73. squirt, 74. captivity, 75. judge, 76. bet

ANSWERS: 77. pitfall, 78. captivity, 79. monster, 80. squirt, 81. spicy, 82. subvert, 83. ointment, 84. injustice, 85. embrace, 86. deck

87. spal leader	adj.	relating to or affecting the human spirit or soul as opposed to material or physical things
88. cot the face	v.	to (cause something to) twist and press out of its natural or normal shape
89. maintain dison	n.	the quality of behaving with caution and good judgment; the ability to keep confidential information confidential; freedom to make responsible decisions based on one's judgment
90. seed retreat	adj.	hidden or isolated from view; quiet and undisturbed; kept away from the company of others
91. rein from violence	ν.	to prevent or hold back from doing something, often by physical or moral force; to limit or restrict one's actions or behavior; to control or moderate strong emotions or impulses
92. evte the grant proposal	v.	to assess or estimate the quality, significance, quantity, or value of something
93. heaing contest	n.	the act of forcefully striking someone or something with the head, typically done as a sign of aggression or dominance
94. incle amount	adj.	unbelievable; enormous
95. civil ste	n.	conflict or disagreement, especially between people or groups
96. rect an argument	ν.	to bring back to life or bring into existence again
ANSWERS: 87. spiritual, 88. contort, 89. ce evaluate, 93. head-butting, 94. incredible,		

- 99. visual me\_\_\_\_or

98. a geological e n

- 100. ne\_\_\_e the existing system
- 101. environmental th\_\_\_t

- 102. fas\_\_\_\_ng story
- 103. un\_\_\_o a decrease
- 104. dietary dis\_\_\_\_on
- 105. fr k weather
- 106. get a r\_p

- the amount of space occupied by an object or substance; the magnitude of sound
- n. (also aeon) an indefinite long period of time; the longest division of geological time scale
- a figure of speech in which an expression is used to refer to something that it does not denote to suggest a similarity
- v. to make something ineffective or null; to deny the truth of something
- n. a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation
- adj. extremely interesting
- v. to go through something unpleasant or that involves a change
- n. the quality of behaving with caution and good judgment; the ability to keep confidential information confidential; freedom to make responsible decisions based on one's judgment
- an abnormality that is not typical or expected
- a type of music characterized by a strong, repetitive beat and lyrics that often focus on social and political issues; a reproach for some lapse or misdeed

ANSWERS: 97. volume, 98. eon, 99. metaphor, 100. negate, 101. threat, 102. fascinating, 103. undergo, 104. discretion, 105. freak, 106. rap

ANSWERS: 107. coition, 108. delete, 109. superpower, 110. affirm, 111. feat, 112. realm, 113. choke, 114. fascinating, 115. restraint, 116. choke

- 117. en\_\_\_\_ng story
- 118. ha\_\_\_ed the incident
- 119. the c\_\_e of an apple
- 120. at inc\_\_\_\_le speed
- 121. number of b\_g fixes
- 122. act con\_\_\_\_ly
- 123. the cr\_\_\_\_or's claims
- 124. sp y story
- 125. ae\_\_\_\_ic feeling
- 126. residual qu\_\_\_ty
- 127. pr\_\_\_ic period
- 128. br\_\_\_sh a wand
- 129. high vo\_\_\_e

- adj. attracting, pleasant, or charming
- v. to deal with a situation, problem, or strong emotion
- n. the most essential or fundamental part of something
- adj. unbelievable; enormous
- any tiny insect; a fault or defect in a computer program, system, or machine
- adv. with awareness; in a deliberate manner
- a person, company, etc. to whom a debtor owes money
- adj. having a strong, pungent flavor or aroma, typically as a result of containing spices; exciting or thrilling
- adj. connected with the enjoyment or study of beauty
- *n.* the amount or number of something; magnitude
- adj. producing many works, results, or offspring
- to wave or display something, typically a weapon, in a threatening or aggressive manner; to exhibit something with pride or enthusiasm
- the amount of space occupied by an object or substance; the magnitude of sound

ANSWERS: 117. engaging, 118. handle, 119. core, 120. incredible, 121. bug, 122. consciously, 123. creditor, 124. spicy, 125. aesthetic, 126. quantity, 127. prolific, 128. brandish, 129. volume

- 130. mo\_\_\_d joke
- 131. fe\_\_\_\_ty above replacement
- 132. co\_\_\_y boots

- 133. an associate ju\_\_e
- 134. sh y object
- 135. va a cancer care
- 136. an\_\_\_\_or language
- 137. b z marketing
- 138. an in\_\_\_us crime

- adj. characterized by a preoccupation with death or unhealthy topics or behaviors; gruesome or disturbing
- n. the state or quality of being able to produce babies, young animals, fruit, or new plants
- n. a man, typically one on horseback, who herds and tends cattle, especially in the western US; a person who behaves roughly or recklessly, typically a man; a skilled ranch worker who is adept at many tasks, especially those involving horses and cattle
- a person who makes decisions in a court of law; (verb) to determine the result of or form a critical opinion of something
- adj. reflecting light and having a bright and smooth surface
- the passage in the body of a woman or female animal that connects her outer sex organs to her uterus
- a person from whom one is descended;
   a forefather
- v. to make a continuous, low humming sound such as the one bee makes; an exciting and active atmosphere
- adj. having a reputation for being very bad or wicked

ANSWERS: 130. morbid, 131. fertility, 132. cowboy, 133. judge, 134. shiny, 135. vagina, 136. ancestor, 137. buzz, 138. infamous

148. re\_\_\_\_sh my spirit

acknowledging the source; to give an estimated cost or price for goods or services

to fill something that had previously been emptied

ANSWERS: 139. toll, 140. comprehensive, 141. radical, 142. spiritual, 143. internal, 144. quest, 145. cam, 146. handle, 147. quote, 148. replenish

a divine being or god worshipped and 149. de y of commerce n. revered by people in a particular religion or culture 150. re\_\_\_\_sh a reserve fund to fill something that had previously ν. been emptied 151. re\_\_\_\_in a child to prevent or hold back from doing ν. something, often by physical or moral force; to limit or restrict one's actions or behavior; to control or moderate strong emotions or impulses 152. do\_\_\_\_wn traffic adv. in or towards the central area of a town or city 153. el w-length sleeves the joint between the upper arm and the n. lower arm; the bend in a pipe or tube formed at this joint 154. Chinese cl\_\_\_c literature adj. judged or deserving to be regarded as one of the best or most important of its kind over a period of time; of a well-known type a slight but often persistent illness 155. age-related ai t n. 156. fairly ty\_\_\_\_I symptoms adj. having the usual characteristics or traits of a specific group of things to place a dead body in the ground, 157. b y emotion ν. grave, or tomb 158. heart ai\_\_\_\_t a slight but often persistent illness n. 159. hu e in a temporary shelter to crowd or press closely together; ν. cuddle 160. ti\_\_\_e her vanity to lightly touch a sensitive part of somebody's body in a way that makes them laugh

ANSWERS: 149. deity, 150. replenish, 151. restrain, 152. downtown, 153. elbow, 154. classic, 155. ailment, 156. typical, 157. bury, 158. ailment, 159. huddle, 160. tickle

ANSWERS: 161. historic, 162. fertility, 163. affirm, 164. deserve, 165. construct, 166. realistic, 167. shout-out, 168. emphasize, 169. secluded, 170. brandish, 171. coffin

181. ree the order	v.	to change something's direction, order, position, decision, etc., to the opposite one; (adjective) directed or moving toward the rear
182. trrm an education system	v.	to change in outward structure or looks;
183. cont urinary diversion	n.	one of the earth's large landmasses; (adjective) abstaining from your feelings, especially your desire to have sex
184. answer in a whr	ν.	to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you
185. tie his ribs	v.	to lightly touch a sensitive part of somebody's body in a way that makes them laugh
186. against tron	n.	a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society
187. buck and d_e	n.	a mature female of mammals of which the male is called a buck, such as a deer or a rabbit
188. men in a report	v.	to speak or write about something or someone briefly
189. unk a concept	v.	to open and remove stored items from a container or package; to analyze or examine something in detail, often to clarify or understand it better
190. insize a system	v.	to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
ANSWERS: 181. reverse, 182. transform 186. tradition, 187. doe, 188. mention, 18		•

200. a co\_\_\_nt temperature adj. happening repeatedly or all the time 201. an en\_\_\_ng smile adj. attracting, pleasant, or charming 202. in\_\_\_n civilians to put someone in prison, especially for ν. political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria 203. thousands of po ds the standard unit of money in the UK; the standard unit of weight equal to 16 ounces adj. being completely different from 204. two op\_\_\_\_d characters something or disagreeing strongly with something adj. closed or secured with 205. se d orders 206. hi ic accomplishment adj. famous or significant in history, or potentially so

207. un\_\_\_o surgery
 208. bu w through the forest
 v. to go through something unpleasant or that involves a change
 v. to excavate a hole or make a tunnel in

209. barren of cr\_\_\_\_ve spirit

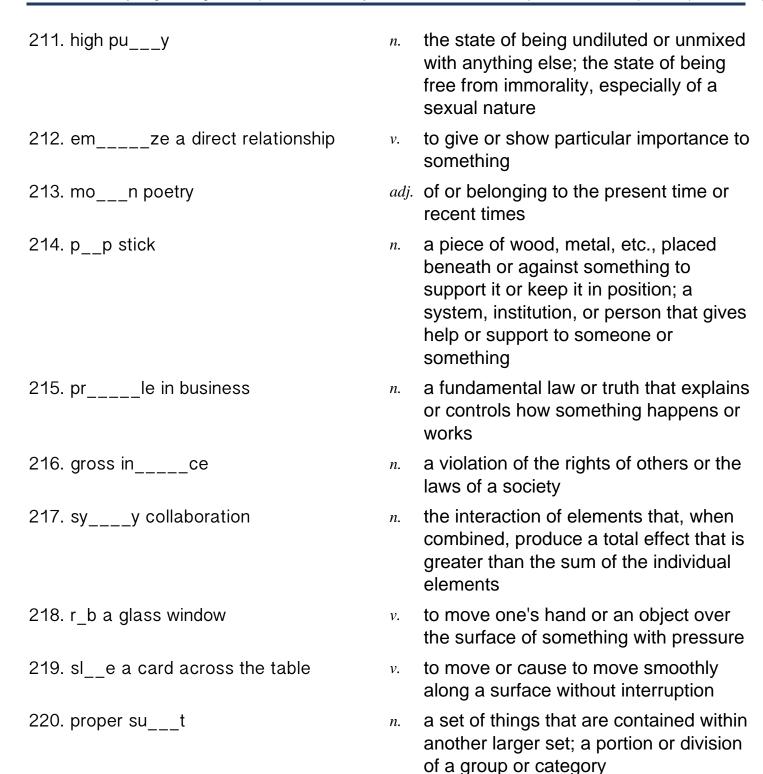
210. b t my future

the ground by digging, typically for use as a dwelling of an animal

 adj. relating to or involving the use of skill and original and unusual ideas to create something

v. to risk money on the result of an event or a competition, such as a race or game, to get more money; to have faith or confidence in something

ANSWERS: 200. constant, 201. engaging, 202. intern, 203. pound, 204. opposed, 205. sealed, 206. historic, 207. undergo, 208. burrow, 209. creative, 210. bet



ANSWERS: 211. purity, 212. emphasize, 213. modern, 214. prop, 215. principle, 216. injustice, 217. synergy, 218. rub, 219. slide, 220. subset

221. a diI watch	adj.	processing or storing information as a succession of 1 and 0 to show that a signal is present or missing; relating to the use of computer technology, especially the internet
222. institution of sly	n.	the practice or system of owning, buying, and selling people as property and forcing them to work
223. vit incident	adj.	involving or caused by physical force or aggression against someone or something
224. con lid	n.	a box or container used to bury a dead body; a case or structure resembling a coffin
225. cht in the chapel	n.	a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation
226. tuy breast meat	n.	(of an animal) a large bird with a fan-shaped tail native to North America, widely grown for food; (of a country) a Eurasian republic in Asia Minor and the Balkans
227. high impce	n.	the quality of being important and worthy of note
228. pot the premise	<i>v</i> .	to suggest or accept something as fact or as a basis for argument or consideration
229. sty situation	adj.	made of or covered with an adhesive substance; hot or warm and humid

ANSWERS: 221. digital, 222. slavery, 223. violent, 224. coffin, 225. chant, 226. turkey, 227. importance, 228. posit, 229. sticky

ANSWERS: 230. autonomy, 231. prop, 232. mess, 233. chart, 234. nipple, 235. anatomy, 236. shout-out, 237. creditor, 238. slavery

239. pe\_\_e me off when people talk to annoy or irritate someone; to be a ν. source of annoyance or irritation to loudly someone; (noun) something that irritates or annoys you; a source of annoyance or irritation 240. con\_\_\_\_\_ion of a problem the process of forming or developing an n. abstract idea or concept, often through the use of language or other symbolic representations 241. the characters that re nt to speak, act, or be present on behalf of another person or group; to form or numbers constitute adj. used to emphasize how insignificant or 242. m e incident minor someone or something is to show that one is not willing to do or 243. re\_\_\_e a request accept something a general idea or belief of what 244. the con\_\_\_\_on of the good n. something or someone is like or should be; an understanding of a situation or a principle a domain of activity, interest, or 245. public re m n. knowledge a mature female of mammals of which 246. d e rabbit the male is called a buck, such as a deer or a rabbit 247. ev\_\_\_\_te a situation to assess or estimate the quality, significance, quantity, or value of something a state of confusion, dirtiness, or 248. have a whole m s n. untidiness; (verb) to fail to do something or to make something dirty or untidy

ANSWERS: 239. peeve, 240. conceptualization, 241. represent, 242. mere, 243. refuse, 244. conception, 245. realm, 246. doe, 247. evaluate, 248. mess

249. physical rent	n.	a measure taken to prevent someone or something from acting freely or excessively; self-control or moderation; a physical device used to restrict or limit movement
250. prle of treatment	n.	a fundamental law or truth that explains or controls how something happens or works
251. ree the company	v.	to show that one is not willing to do or accept something
252. tyI leader	adj.	having the usual characteristics or traits of a specific group of things
253. vt desert	adj.	enormous in size, number, amount, or quantity
254. idfy gene sequences	<i>v</i> .	to recognize someone or something and say or prove who or what they are
255. pre-mon agricultural society	adj.	of or belonging to the present time or recent times
256. the degree of puy	n.	the state of being undiluted or unmixed with anything else; the state of being free from immorality, especially of a sexual nature
257. men name	<i>v</i> .	to speak or write about something or someone briefly
258. mod fascination	adj.	characterized by a preoccupation with death or unhealthy topics or behaviors; gruesome or disturbing
259. half quty	n.	the amount or number of something; magnitude

ANSWERS: 249. restraint, 250. principle, 251. refuse, 252. typical, 253. vast, 254. identify, 255. modern, 256. purity, 257. mention, 258. morbid, 259. quantity

- 260. chicken th\_\_h
- 261. feel cr\_\_\_y
- 262. an\_\_\_e his soul
- 263. ty\_\_\_y a stereotype
- 264. co\_\_\_\_ze for cultivation
- 265. visual c\_e
- 266. co r the world
- 267. un\_\_\_k a crate
- 268. sexual k k
- 269. three-fourths of a po d

- the part of the human leg between the hip and the knee; in animals, the corresponding upper part of the hind leg
- adj. causing an uneasy feeling of fear or unease
- to make something full of interest and energy
- v. to be a typical example of; to represent or serve as an example of something
- to establish a colony in or on a specific place; to settle or occupy in large numbers
- a signal, gesture, or action that provides information or direction for someone else to act or respond; a reminder or prompt for someone to do something
- v. to bring under control by force or authority
- v. to open and remove stored items from a container or package; to analyze or examine something in detail, often to clarify or understand it better
- a tight curl, twist or bend in an object, particularly in a piece of wire, hose, or tubing; a peculiar or eccentric liking or habit
- the standard unit of money in the UK;
   the standard unit of weight equal to 16 ounces

ANSWERS: 260. thigh, 261. creepy, 262. animate, 263. typify, 264. colonize, 265. cue, 266. conquer, 267. unpack, 268. kink, 269. pound

Builde	r Ref from "Tiffany Kagure Mugo and Siphumeze Khundayi:	How to	o have a healthier, positive relationship to sex   TED Talk"
	270. meor for death	n.	a figure of speech in which an expression is used to refer to something that it does not denote to suggest a similarity
	271. aste with people widely	v.	to mentally connect someone or something with someone or something else
	272. playful heaing	n.	the act of forcefully striking someone or something with the head, typically done as a sign of aggression or dominance
	273. rent by a diagram	v.	to speak, act, or be present on behalf of another person or group; to form or constitute
	274. trrm heat into power	<i>v</i> .	to change in outward structure or looks;
	275. b_g bites	n.	any tiny insect; a fault or defect in a computer program, system, or machine
	276. det a scene	<i>v</i> .	to illustrate someone or something in a photograph
	277. c_e card	n.	a signal, gesture, or action that provides information or direction for someone else to act or respond; a reminder or prompt for someone to do something
	278. stle to get the job	v.	to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
	279. erc dance	adj.	relating to or arousing sexual desire or excitement; considered taboo or provocative

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ANSWERS: 270. metaphor, 271. associate, 272. head-butting, 273. represent, 274. transform, 275. bug, 276. depict, 277. cue, 278. struggle, 279. erotic

adv. in or towards the central area of a town 280. do wn building or city 281. en\_\_\_e in environmental protection to attract and keep someone's attention and interest; to participate in or obtain activities services of something 282. re\_\_\_on sociology a deep conviction in a supernatural n. power that controls human destiny 283. infection of the va\_\_\_a the passage in the body of a woman or n. female animal that connects her outer sex organs to her uterus 284. su\_\_\_t selection a set of things that are contained within another larger set; a portion or division of a group or category a long or challenging search for 285. on a qu\_t for happiness n. something adj. reflecting light and having a bright and 286. sh y surface smooth surface 287. mo r an exam to observe, check, and track the progress or quality of something over a period of time the joint between the upper arm and the 288. el w bone n. lower arm; the bend in a pipe or tube formed at this joint 289. a prior eng\_\_\_\_nt a mutual promise to marry someone; an agreement to do something, especially at a particular time 290. co\_\_\_n frequency sexual intercourse between two people n. or animals to bend your knee or body, or lower 291. a b w wave ν. your head; (noun) a weapon made of a curved piece of wood or other flexible material, strung with a cord and used to shoot arrows

ANSWERS: 280. downtown, 281. engage, 282. religion, 283. vagina, 284. subset, 285. quest, 286. shiny, 287. monitor, 288. elbow, 289. engagement, 290. coition, 291. bow

- 292. bl\_\_e the lack of knowledge
- 293. hands on d\_\_k
- 294. se\_\_\_d jar
- 295. id ty as an individual
- 296. cr\_\_y atmosphere
- 297. a tr on of a culture
- 298. de e respect
- 299. a co\_\_\_\_nt wind
- 300. absolutely op d to abortion
- 301. terrestrial gl\_\_e
- 302. co\_\_\_\_ct a dam

- v. to think or say that someone or something did something wrong or is responsible for something bad
- a flat surface that is usually made of wood or other material and is attached to a building, vehicle, or other structure
- adj. closed or secured with
- n. the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another
- adj. causing an uneasy feeling of fear or unease
- a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society
- v. to be worthy of or entitled to something, especially something good or valuable
- adj. happening repeatedly or all the time
- adj. being completely different from something or disagreeing strongly with something
- n. the earth or world, mainly used to emphasize its vastness
- v. to build or create something; to assemble or combine different parts to form something whole

ANSWERS: 292. blame, 293. deck, 294. sealed, 295. identity, 296. creepy, 297. tradition, 298. deserve, 299. constant, 300. opposed, 301. globe, 302. construct

to make a continuous, low humming 303. the b z of a cicada ν. sound such as the one bee makes; an exciting and active atmosphere to treat people in a cruel and 304. op\_\_\_s the people with force ν. authoritarian way, especially by denying them the same freedoms, rights, etc. as other people to put someone in prison, especially for 305. medical in\_\_\_n political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria a simple melody or tune, typically one 306. ch\_\_t melodies that is repeated or sung in a monotonous way; (verb) recite with musical intonation any of the nine large celestial bodies 307. save the pl\_\_\_t n. that circle in the solar system; any celestial body that revolves around a star 308. de\_\_\_\_ce a heresy to speak out against; to strongly criticize ν. something or someone to accept something willingly and 309. em e an opportunity ν. enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection to suggest or accept something as fact 310. po\_t the existence of life after ν. or as a basis for argument or death consideration

ANSWERS: 303. buzz, 304. oppress, 305. intern, 306. chant, 307. planet, 308. denounce, 309. embrace, 310. posit

311. by in the earth	<i>v</i> .	to place a dead body in the ground, grave, or tomb
312. conly aware of a problem	adv.	with awareness; in a deliberate manner
313. dece a statement	<i>v</i> .	to speak out against; to strongly criticize something or someone
314. freedom of reon	n.	a deep conviction in a supernatural power that controls human destiny
315. cot for surgery	n.	permission or agreement to do something, especially given by somebody in authority
316. conion in English	n.	an informal talk between two or more people to exchange their views, ideas, information, etc.
317. break off an engnt	n.	a mutual promise to marry someone; ar agreement to do something, especially at a particular time
318. ble circumstances for the failure	<i>v</i> .	to think or say that someone or something did something wrong or is responsible for something bad
319. dee this modification	v.	to remove something, especially that has been written; to wipe out digitally or magnetically recorded information

ANSWERS: 311. bury, 312. consciously, 313. denounce, 314. religion, 315. consent, 316. conversation, 317. engagement, 318. blame, 319. delete

## **Session 3: Fill in the Blanks**

1. <i>n</i> .	Higher requires additional equipment and energy.  the state of being undiluted or unmixed with anything else; the state of being free from immorality, especially of a sexual nature
2.	He criticizes her in the publicity.
adı	with awareness; in a deliberate manner
3.	The beach was the perfect place to unwind and escape from the busy city.
adj	hidden or isolated from view; quiet and undisturbed; kept away from the company of others
4.	It was of him to attempt the dangerous stunt without any safety equipment.
adj	recklessly bold or daring, often without considering the potential risks or consequences.; characterized by a lack of caution, prudence, or sensible judgment
5.	She the ketchup onto her fries before taking a bite.
ν.	to eject or discharge with force in a fast stream or jet; to spray or sprinkle with a liquid or substance
6.	The train has to rigorous safety checks.
ν.	to go through something unpleasant or that involves a change
7. n.	I need to apply the to my burn to help it heal faster.  a medicated salve or paste applied to the skin for treatment or relief of a condition
	SWERS: 1. purity, 2. consciously, 3. secluded, 4. foolhardy, 5. squirted, 6. dergo, 7. ointment

<b>1</b> 9.	She added peppers to the dish.
adj	having a strong, pungent flavor or aroma, typically as a result of containing spices; exciting or thrilling
50.	The strict ruled in favor of the plaintiff in the case.
n.	a person who makes decisions in a court of law; (verb) to determine the result of or form a critical opinion of something
51.	Their headquarters are in a skyscraper.
adj	of or belonging to the present time or recent times
52.	The new album is getting a lot of attention.
n.	a type of music characterized by a strong, repetitive beat and lyrics that often focus on social and political issues; a reproach for some lapse or misdeed
53.	During the match, the soccer player was penalized for deliberate
n.	the act of forcefully striking someone or something with the head, typically done as a sign of aggression or dominance
54.	The prime minister canceled visits to other countries to resolve disputes.
adj	of or relating to the inside of something
55.	These gas nebulas are merely newborn galactic
n.	the most essential or fundamental part of something
56.	Demonstrators strongly demanded immediate for their country.
n.	the right of an organization, country, or region to govern itself independently
	SWERS: 49. spicy, 50. judge, 51. modern, 52. rap, 53. head-butting, 54. internal, cores, 56. autonomy

<ul><li>65. He made a frightful in his room.</li><li>n. a state of confusion, dirtiness, or untidiness; (verb) to fail to do something or to make something dirty or untidy</li></ul>
<ul><li>66. Drinking may the beneficial effects of the drug.</li><li>ν. to make something ineffective or null; to deny the truth of something</li></ul>
67. We packed and shipped the product in containers.  adj. closed or secured with
68. I'm strongly to that plan.  adj. being completely different from something or disagreeing strongly with something
69. The new software program was designed to increase productivity by promoting employee
n. the interaction of elements that, when combined, produce a total effect that is greater than the sum of the individual elements
70. The criminal was finally brought to justice.
adj. having a reputation for being very bad or wicked
71. The sperm count is used as an indicator of male
n. the state or quality of being able to produce babies, young animals, fruit, or new plants
72. We elected him to us at the international conference.
v. to speak, act, or be present on behalf of another person or group; to form or constitute
ANSWERS: 65. mess, 66. negate, 67. sealed, 68. opposed, 69. synergy, 70. infamous, 71. fertility, 72. represent

rd that fairy tale ago. so aeon) an indefinite long period of time; the longest division of geological e scale  initial reaction was to show that one is not willing to do or accept something  decayed and atmosphere of the abandoned house scared her. Inacterized by a preoccupation with death or unhealthy topics or behaviors; esome or disturbing  waves are beating against the  land along the edge of a sea, lake, broad river, or other large body of water; rb) to support by placing against something solid or rigid  marathon runner felt a cramp in her at the 20th mile.  part of the human leg between the hip and the knee; in animals, the responding upper part of the hind leg
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responding apper part of the finia log
to the audience after her performance.
pend your knee or body, or lower your head; (noun) a weapon made of a ved piece of wood or other flexible material, strung with a cord and used to oot arrows
passions are in the of real-world political affairs.
omain of activity, interest, or knowledge
RS: 97. denounced, 98. eons, 99. refuse, 100. morbid, 101. shore, 102. thigh, yed, 104. realm
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113. In his speech, he a famous philosopher to emphasize his point.
v. to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services
114. The meeting aims to possible choices.
$\nu$ . to assess or estimate the quality, significance, quantity, or value of something
115. That story was so and it was scary.
adj. having or showing a sensible and practical idea that is possible to achieve
116. It's important to practice when it comes to spending money.
<ul> <li>a measure taken to prevent someone or something from acting freely or excessively; self-control or moderation; a physical device used to restrict or limit movement</li> </ul>
117. She expressed her thought in an artful choice of
<ul> <li>a figure of speech in which an expression is used to refer to something that it does not denote to suggest a similarity</li> </ul>
118. The topic of was considered taboo in many cultures for centuries.
n. sexual intercourse between two people or animals
119. I need to my suitcase and put my clothes away.
v. to open and remove stored items from a container or package; to analyze or examine something in detail, often to clarify or understand it better
120. There is plenty of space to everyone.
v. to place a dead body in the ground, grave, or tomb
ANSWERS: 113. quoted, 114. evaluate, 115. realistic, 116. restraint, 117. metaphors, 118. coition, 119. unpack, 120. bury

ANSWERS:			