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Vocabulary Builder Reference from...

Susan David: The gift and power of emotional courage | TED Talk

https://www.ted.com/talks/susan_david_the_gift_and_power_of_emotional_courage

Advanced Words Only

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Session 1: Word List

greet

v. to say hello to someone; to express welcome on meeting someone

synonym : welcome, salute, acknowledge

(1) **greet** a customer, (2) **greet** an idea

He **greeted** his friends with a warm smile and a hug.

fraught

adj. causing, accompanied by, or full of anxiety, tension, or stress

synonym : tense, anxious, stressed

(1) become increasingly **fraught**, (2) **fraught** with danger

The negotiations were **fraught** with challenges and setbacks.

rigidity

n. the state or quality of being rigid or inflexible; the inability to adapt to change or new circumstances; the condition of being stiff or unyielding

synonym : stiffness, inflexibility, firmness

(1) mental **rigidity**, (2) legal **rigidity**

The **rigidity** of the school's dress code policy caused much controversy among the students and parents.

agility

n. the ability to move quickly and easily, often in a way that is graceful and controlled

synonym : nimbleness, quickness, dexterity

(1) ninja-like **agility**, (2) **agility** training

The coach had the team run through the **agility** ladder to improve their coordination.

resilient

adj. able to withstand or recover quickly from difficult conditions

synonym: robust, sturdy, tough

(1) a hard and **resilient** steel, (2) **resilient** population

She is a **resilient** person and has always bounced back from setbacks.

hallowed

adj. considered holy or sacred; deserving of reverence or respect

synonym: sanctified, sacred, revered

(1) **hallowed** tradition, (2) **hallowed** memory

The church was considered a **hallowed** ground for the community, where their ancestors had worshiped for generations.

apartheid

n. a system of racial segregation and discrimination that was enforced in South Africa from 1948 to 1994; any similar system of discrimination or segregation based on race, ethnicity, or other factors

synonym: segregation, discrimination, oppression

(1) **apartheid** system, (2) **apartheid** policies

The South African government enforced **apartheid** laws that segregated people based on race.

whisper

v. to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you

synonym: murmur, rumor, mutter

(1) answer in a **whisper**, (2) the **whisper** of the leaves

He took me aside and **whispered** in my ear.

shrug

v. to raise your shoulders and then drop them to say you do not know or are not interested

(1) **shrug** off the importance, (2) **shrug** his shoulders sadly
I respect her ability to **shrug** off harsh criticism.

grieve

v. to feel or show great sadness or sorrow, especially for someone who has died

synonym : mourn, lament, sorrow

(1) **grieve** for loss, (2) **grieve** at the sad news

She **grieved** the loss of her parents.

creditor

n. a person, company, etc. to whom a debtor owes money

(1) the **creditor's** claims, (2) bankrupt **creditor**

I asked the lawyer to initiate **creditor** negotiations for voluntary liquidation.

ravage

v. to cause damage to something badly

synonym : devastate, ruin, destroy

(1) **ravage** a country, (2) **ravage** the brain

A large fire **ravaged** the forest.

numb

adj. unable to feel physical sensation and movement; not showing human feeling or sensitivity

synonym : dazed, insensitive, emotionless

(1) **numb** with cold, (2) a **numb** mind

My left arm became **numb**.

binge

n. a period of excessive or uncontrolled consumption, often of food or alcohol; a spree or bout of reckless behavior or indulgence

synonym : spree, overindulgence, splurge

(1) **binge** on social media, (2) alcohol **binge**

She stayed up all night **binge-watching** her favorite TV show.

purge

v. to remove or get rid of something, especially that is unwanted or impure

synonym : cleanse, clear, eliminate

(1) **purge** the system, (2) **purge** his sins

The government tried to **purge** corrupt officials from the bureaucracy.

relentless

adj. persistent and determined; continuing despite difficulties or setbacks

synonym: unyielding, tireless, unremitting

(1) **relentless** attack, (2) face **relentless** pressure

The athlete's **relentless** training paid off in the end.

posit

v. to suggest or accept something as fact or as a basis for argument or consideration

synonym: assert, declare, assume

(1) **posit** the existence of life after death, (2) **posit** the premise

We should **posit** several hypotheses to discuss the matter.

writ

n. a written legal order or command

synonym: legal document, order, legal process

(1) a **writ** of summons, (2) issue a **writ**

He was served with a **writ** of eviction, giving him the notice to vacate the property.

gymnast

n. a person who performs physical exercises or feats of agility, strength, balance, and coordination, often for sport or entertainment

synonym: acrobat, tumbler, contortionist

(1) talented **gymnast**, (2) female **gymnast**

The Olympic **gymnast** performed a flawless routine on the balance beam and received a perfect ten score.

inseparable

adj. incapable of being separated or disjoined; closely welded or joined together; mutually dependent or closely linked

synonym: attached, connected, united

(1) **inseparable** friends, (2) **inseparable** duo

The two friends were **inseparable** and did everything together.

fragility

n. the quality of being easily broken, damaged, or destroyed; the state of being delicate or vulnerable
synonym: delicacy, weakness, frailty

(1) **fragility** of life, (2) emotional **fragility**

The **fragility** of the glass required careful handling during shipping.

unseen

adj. not seen or noticed; not perceived
synonym: invisible, hidden, undercover

(1) **unseen** danger, (2) an **unseen** force

The consequences of the pandemic remain **unseen** as scientists continue to research the virus.

nag

v. to annoy or irritate someone persistently with repeated complaints, requests, or criticism; (noun) an old or over-worked horse
synonym: hassle, bother, badger

(1) **nag** about the minor thing, (2) **nag** political leaders

She couldn't stop **nagging** her husband to take out the trash.

frailty

n. the condition of being weak or delicate, often due to age or illness; a weakness or flaw in character or morality
synonym: weakness, fragility, delicacy

(1) cognitive **frailty**, (2) **frailty** syndrome

The doctor warned us about the human body's **frailty** and the dangers of neglecting our health.

outstrip

v. to exceed or surpass a particular, measurable quality or attribute, such as speed, efficiency, or quality
synonym: outdo, surpass, exceed

(1) **outstrip** competitors, (2) **outstrip** population growth

The company's sales have **outstripped** expectations for the quarter.

obsessive

adj. relating to or characterized by an obsession or excessive interest in a particular thing or activity; tending to dwell on or repeat certain thoughts or behaviors

synonym : compulsive, fixated, besetting

(1) **obsessive-compulsive** disorder, (2) **obsessive** thoughts

Her **obsessive** behavior towards perfectionism often led to burnout.

brood

v. to think much and deeply about something that makes one annoyed, anxious, or angry; (noun) a group of young birds or other animals all produced at one hatching or birth

synonym : offspring, hatch, family

(1) **brood** about the defeat, (2) a **brood** of chickens

The terrible result **brooded** over her all day long.

deem

v. to consider or decide something in a particular way

synonym : believe, consider, suppose

(1) **deem** socially responsible, (2) **deem** wrong or inappropriate

Regarding earthquakes, some commercial buildings were **deemed** unsafe.

inadvertently

adv. unintentionally; accidentally; without purpose or deliberate intent

synonym : unknowingly, unintentionally, accidentally

(1) **inadvertently** deleted, (2) **inadvertently** omitted

I **inadvertently** left my phone at home this morning and felt lost.

sham

n. something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

synonym : bogus, counterfeit, fraudulent

(1) a **sham** battle, (2) turn out to be all **sham**

The data he prepared was completely **sham**.

tyranny

n. a form of government in which a single ruler has absolute power, often exercised cruelly and oppressively; the arbitrary or oppressive exercise of power or control over others

synonym : despotism, oppression, dictatorship

(1) brutal **tyranny**, (2) **tyranny** of the majority

The country was ruled by a **tyranny** that oppressed its citizens.

amplification

n. the process of increasing the volume or intensity of something; the expansion or elaboration of a concept or idea

synonym : enlargement, expansion, intensification

(1) **amplification** system, (2) sound **amplification**

The political debate was an **amplification** of the candidates' views on key issues.

disappoint

v. to fail to meet someone or their hopes or expectations; to make someone feel sad

synonym : sadden, dismay, frustrate

(1) **disappoint** the audience, (2) don't **disappoint** me

She worked very hard not to **disappoint** her boss's expectations.

inconvenient

adj. causing trouble or difficulty; not convenient or suitable

synonym : troublesome, difficult, awkward

(1) face an **inconvenient** truth, (2) **inconvenient** for shopping

It was **inconvenient** for her to go out of her way to pick up the package.

dismantle

v. to take apart or demolish (a structure, machine, system, or the like); to strip off fittings or equipment

synonym : take apart, demolish, take down

(1) **dismantle** a machine, (2) **dismantle** a system

The old building had to be **dismantled** because it was structurally unsound.

dread

v. to be very afraid of or worried about something that is going to happen or that might happen

synonym: fear, cringe, apprehend

(1) **dread** failure, (2) **dread** getting old

We all **dread** to think about what will happen if the company goes bankrupt.

discern

v. to see, perceive, or understand something that is not obvious

synonym: determine, distinguish, sense

(1) **discern** the big picture, (2) **discern** friend from foe

Parents need to help their children **discern** right and wrong.

signpost

n. a sign or marker that indicates the direction or location of something often used figuratively to refer to a guide or indicator of progress

synonym: marker, guidepost, indicator

(1) follow **signposts** on roads, (2) clear **signpost**

The **signpost** on the hiking trail helped guide hikers toward the correct path.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

caveat

n. a warning against certain acts; (law) a formal notice filed with a court or officer to suspend a proceeding until the filer is given a hearing

synonym: warning, caution, admonition

(1) a **caveat** against unfair practices, (2) general **caveat**

We often ignore important **caveats** from nature.

intern

v. to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill

qualification criteria

synonym : apprentice, trainee, student

(1) **intern** civilians, (2) medical **intern**

The navy **interned** ships of defeated nations.

individualize

v. to make something personal or more personal to suit the needs of a particular person, place, etc.

synonym : personalize, differentiate

(1) **individualize** each patient, (2) **individualize** dosages

Our schools offer **individualized** education by excellent teachers.

flourish

v. to grow or develop vigorously or successfully

synonym : boom, advance, succeed

(1) **flourish** economically, (2) **flourish** worldwide

The Ottoman Empire **flourished** for over five centuries.

agile

adj. able to move quickly and easily, often in a way that is graceful and controlled

synonym : nimble, quick, flexible

(1) an **agile** mind, (2) **agile** in his movements

The **agile** development process allowed the team to make changes quickly.

terrify

v. to frighten someone very much

synonym : unnerve, scare, horrify

(1) **terrify** people, (2) the threats **terrify** him

It would be best not to **terrify** your associates into doing complex tasks.

Session 2: Spelling

1. n_g political leaders
v. to annoy or irritate someone persistently with repeated complaints, requests, or criticism; (noun) an old or over-worked horse
2. ra___e the brain
v. to cause damage to something badly
3. face rel_____ss pressure
adj. persistent and determined; continuing despite difficulties or setbacks
4. brutal ty_____y
n. a form of government in which a single ruler has absolute power, often exercised cruelly and oppressively; the arbitrary or oppressive exercise of power or control over others
5. d__m socially responsible
v. to consider or decide something in a particular way
6. ap_____id policies
n. a system of racial segregation and discrimination that was enforced in South Africa from 1948 to 1994; any similar system of discrimination or segregation based on race, ethnicity, or other factors
7. general ca____t
n. a warning against certain acts; (law) a formal notice filed with a court or officer to suspend a proceeding until the filer is given a hearing
8. issue a w__t
n. a written legal order or command
9. an op_____ne remark
adj. suitable or happening at a time that is suitable or convenient for a particular purpose

ANSWERS: 1. nag, 2. ravage, 3. relentless, 4. tyranny, 5. deem, 6. apartheid, 7. caveat, 8. writ, 9. opportune

10. ob_____ve-compulsive disorder *adj.* relating to or characterized by an obsession or excessive interest in a particular thing or activity; tending to dwell on or repeat certain thoughts or behaviors
11. ra___e a country *v.* to cause damage to something badly
12. ap_____id system *n.* a system of racial segregation and discrimination that was enforced in South Africa from 1948 to 1994; any similar system of discrimination or segregation based on race, ethnicity, or other factors
13. op_____ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
14. answer in a wh_____r *v.* to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you
15. follow si_____sts on roads *n.* a sign or marker that indicates the direction or location of something often used figuratively to refer to a guide or indicator of progress
16. talented gy_____t *n.* a person who performs physical exercises or feats of agility, strength, balance, and coordination, often for sport or entertainment
17. rel_____ss attack *adj.* persistent and determined; continuing despite difficulties or setbacks
18. re_____nt population *adj.* able to withstand or recover quickly from difficult conditions

ANSWERS: 10. obsessive, 11. ravage, 12. apartheid, 13. opportune, 14. whisper, 15. signpost, 16. gymnast, 17. relentless, 18. resilient

19. gr__t a customer *v.* to say hello to someone; to express welcome on meeting someone
20. ina_____tly deleted *adv.* unintentionally; accidentally; without purpose or deliberate intent
21. a hard and re_____nt steel *adj.* able to withstand or recover quickly from difficult conditions
22. di_____le a machine *v.* to take apart or demolish (a structure, machine, system, or the like); to strip off fittings or equipment
23. clear si_____st *n.* a sign or marker that indicates the direction or location of something often used figuratively to refer to a guide or indicator of progress
24. fl_____sh economically *v.* to grow or develop vigorously or successfully
25. a ca_____t against unfair practices *n.* a warning against certain acts; (law) a formal notice filed with a court or officer to suspend a proceeding until the filer is given a hearing
26. gr__t an idea *v.* to say hello to someone; to express welcome on meeting someone
27. sh__g his shoulders sadly *v.* to raise your shoulders and then drop them to say you do not know or are not interested
28. dr__d failure *v.* to be very afraid of or worried about something that is going to happen or that might happen
29. po__t the premise *v.* to suggest or accept something as fact or as a basis for argument or consideration

ANSWERS: 19. greet, 20. inadvertently, 21. resilient, 22. dismantle, 23. signpost, 24. flourish, 25. caveat, 26. greet, 27. shrug, 28. dread, 29. posit

40. ag____y training *n.* the ability to move quickly and easily, often in a way that is graceful and controlled
41. the wh____r of the leaves *v.* to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you
42. ins____le duo *adj.* incapable of being separated or disjoined; closely welded or joined together; mutually dependent or closely linked
43. the cr____or's claims *n.* a person, company, etc. to whom a debtor owes money
44. gr____e at the sad news *v.* to feel or show great sadness or sorrow, especially for someone who has died
45. pu__e his sins *v.* to remove or get rid of something, especially that is unwanted or impure
46. ha____ed tradition *adj.* considered holy or sacred; deserving of reverence or respect
47. sound amp____ion *n.* the process of increasing the volume or intensity of something; the expansion or elaboration of a concept or idea
48. bi__e on social media *n.* a period of excessive or uncontrolled consumption, often of food or alcohol; a spree or bout of reckless behavior or indulgence
49. te____y people *v.* to frighten someone very much
50. di____n friend from foe *v.* to see, perceive, or understand something that is not obvious

ANSWERS: 40. agility, 41. whisper, 42. inseparable, 43. creditor, 44. grieve, 45. purge, 46. hallowed, 47. amplification, 48. binge, 49. terrify, 50. discern

51. ty____y of the majority *n.* a form of government in which a single ruler has absolute power, often exercised cruelly and oppressively; the arbitrary or oppressive exercise of power or control over others
52. the threats te____y him *v.* to frighten someone very much
53. a s__m battle *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
54. turn out to be all s__m *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
55. in____n civilians *v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria
56. ob____ve thoughts *adj.* relating to or characterized by an obsession or excessive interest in a particular thing or activity; tending to dwell on or repeat certain thoughts or behaviors
57. mental ri____ty *n.* the state or quality of being rigid or inflexible; the inability to adapt to change or new circumstances; the condition of being stiff or unyielding
58. ins____le friends *adj.* incapable of being separated or disjoined; closely welded or joined together; mutually dependent or closely linked

ANSWERS: 51. tyranny, 52. terrify, 53. sham, 54. sham, 55. intern, 56. obsessive, 57. rigidity, 58. inseparable

59. di_____le a system *v.* to take apart or demolish (a structure, machine, system, or the like); to strip off fittings or equipment
60. face an inc_____ent truth *adj.* causing trouble or difficulty; not convenient or suitable
61. n__b with cold *adj.* unable to feel physical sensation and movement; not showing human feeling or sensitivity
62. un___n danger *adj.* not seen or noticed; not perceived
63. emotional fr_____ty *n.* the quality of being easily broken, damaged, or destroyed; the state of being delicate or vulnerable
64. don't dis_____nt me *v.* to fail to meet someone or their hopes or expectations; to make someone feel sad
65. fr_____t with danger *adj.* causing, accompanied by, or full of anxiety, tension, or stress
66. ha_____ed memory *adj.* considered holy or sacred; deserving of reverence or respect
67. sh__g off the importance *v.* to raise your shoulders and then drop them to say you do not know or are not interested
68. ninja-like ag_____y *n.* the ability to move quickly and easily, often in a way that is graceful and controlled
69. dr__d getting old *v.* to be very afraid of or worried about something that is going to happen or that might happen

ANSWERS: 59. dismantle, 60. inconvenient, 61. numb, 62. unseen, 63. fragility, 64. disappoint, 65. fraught, 66. hallowed, 67. shrug, 68. agility, 69. dread

70. inc_____ent for shopping *adj.* causing trouble or difficulty; not convenient or suitable
71. n_g about the minor thing *v.* to annoy or irritate someone persistently with repeated complaints, requests, or criticism; (noun) an old or over-worked horse
72. fr_____ty of life *n.* the quality of being easily broken, damaged, or destroyed; the state of being delicate or vulnerable
73. dis_____nt the audience *v.* to fail to meet someone or their hopes or expectations; to make someone feel sad
74. a br__d of chickens *v.* to think much and deeply about something that makes one annoyed, anxious, or angry; (noun) a group of young birds or other animals all produced at one hatching or birth
75. bankrupt cr____or *n.* a person, company, etc. to whom a debtor owes money
76. ind_____ize dosages *v.* to make something personal or more personal to suit the needs of a particular person, place, etc.
77. ina_____tly omitted *adv.* unintentionally; accidentally; without purpose or deliberate intent
78. amp_____ion system *n.* the process of increasing the volume or intensity of something; the expansion or elaboration of a concept or idea
79. di_____n the big picture *v.* to see, perceive, or understand something that is not obvious

ANSWERS: 70. inconvenient, 71. nag, 72. fragility, 73. disappoint, 74. brood, 75. creditor, 76. individualize, 77. inadvertently, 78. amplification, 79. discern

80. fl____sh worldwide *v.* to grow or develop vigorously or successfully
81. gr___e for loss *v.* to feel or show great sadness or sorrow, especially for someone who has died
82. alcohol bi__e *n.* a period of excessive or uncontrolled consumption, often of food or alcohol; a spree or bout of reckless behavior or indulgence
83. female gy____t *n.* a person who performs physical exercises or feats of agility, strength, balance, and coordination, often for sport or entertainment
84. ou____ip population growth *v.* to exceed or surpass a particular, measurable quality or attribute, such as speed, efficiency, or quality
85. d__m wrong or inappropriate *v.* to consider or decide something in a particular way
86. a w__t of summons *n.* a written legal order or command
87. br__d about the defeat *v.* to think much and deeply about something that makes one annoyed, anxious, or angry; (noun) a group of young birds or other animals all produced at one hatching or birth
88. pu__e the system *v.* to remove or get rid of something, especially that is unwanted or impure
89. ind_____ize each patient *v.* to make something personal or more personal to suit the needs of a particular person, place, etc.
90. cognitive fr____y *n.* the condition of being weak or delicate, often due to age or illness; a weakness or flaw in character or morality

ANSWERS: 80. flourish, 81. grieve, 82. binge, 83. gymnast, 84. outstrip, 85. deem, 86. writ, 87. brood, 88. purge, 89. individualize, 90. frailty

ANSWERS:

Session 3: Fill in the Blanks

1. We should _____ several hypotheses to discuss the matter.
 - v. to suggest or accept something as fact or as a basis for argument or consideration

2. The data he prepared was completely _____.
 - n. something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

3. The consequences of the pandemic remain _____ as scientists continue to research the virus.
 - adj. not seen or noticed; not perceived

4. Her _____ behavior towards perfectionism often led to burnout.
 - adj. relating to or characterized by an obsession or excessive interest in a particular thing or activity; tending to dwell on or repeat certain thoughts or behaviors

5. She is a _____ person and has always bounced back from setbacks.
 - adj. able to withstand or recover quickly from difficult conditions

6. Our schools offer _____ education by excellent teachers.
 - v. to make something personal or more personal to suit the needs of a particular person, place, etc.

7. The government tried to _____ corrupt officials from the bureaucracy.
 - v. to remove or get rid of something, especially that is unwanted or impure

8. We often ignore important _____ from nature.
 - n. a warning against certain acts; (law) a formal notice filed with a court or officer to suspend a proceeding until the filer is given a hearing

ANSWERS: 1. posit, 2. sham, 3. unseen, 4. obsessive, 5. resilient, 6. individualized, 7. purge, 8. caveats

9. I _____ left my phone at home this morning and felt lost.
adv. unintentionally; accidentally; without purpose or deliberate intent
10. The doctor warned us about the human body's _____ and the dangers of neglecting our health.
n. the condition of being weak or delicate, often due to age or illness; a weakness or flaw in character or morality
11. The company's sales have _____ expectations for the quarter.
v. to exceed or surpass a particular, measurable quality or attribute, such as speed, efficiency, or quality
12. The _____ of the school's dress code policy caused much controversy among the students and parents.
n. the state or quality of being rigid or inflexible; the inability to adapt to change or new circumstances; the condition of being stiff or unyielding
13. Parents need to help their children _____ right and wrong.
v. to see, perceive, or understand something that is not obvious
14. The South African government enforced _____ laws that segregated people based on race.
n. a system of racial segregation and discrimination that was enforced in South Africa from 1948 to 1994; any similar system of discrimination or segregation based on race, ethnicity, or other factors
15. We all _____ to think about what will happen if the company goes bankrupt.
v. to be very afraid of or worried about something that is going to happen or that might happen

ANSWERS: 9. inadvertently, 10. frailty, 11. outstripped, 12. rigidity, 13. discern, 14. apartheid, 15. dread

16. The Ottoman Empire _____ for over five centuries.
- v.* to grow or develop vigorously or successfully
17. The Olympic _____ performed a flawless routine on the balance beam and received a perfect ten score.
- n.* a person who performs physical exercises or feats of agility, strength, balance, and coordination, often for sport or entertainment
18. He _____ his friends with a warm smile and a hug.
- v.* to say hello to someone; to express welcome on meeting someone
19. The terrible result _____ over her all day long.
- v.* to think much and deeply about something that makes one annoyed, anxious, or angry; (noun) a group of young birds or other animals all produced at one hatching or birth
20. The old building had to be _____ because it was structurally unsound.
- v.* to take apart or demolish (a structure, machine, system, or the like); to strip off fittings or equipment
21. The _____ of the glass required careful handling during shipping.
- n.* the quality of being easily broken, damaged, or destroyed; the state of being delicate or vulnerable
22. The coach had the team run through the _____ ladder to improve their coordination.
- n.* the ability to move quickly and easily, often in a way that is graceful and controlled
23. The two friends were _____ and did everything together.
- adj.* incapable of being separated or disjoined; closely welded or joined together; mutually dependent or closely linked

ANSWERS: 16. flourished, 17. gymnast, 18. greeted, 19. brooded, 20. dismantled, 21. fragility, 22. agility, 23. inseparable

24. He took me aside and _____ in my ear.
- v. to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you
25. It would be best not to _____ your associates into doing complex tasks.
- v. to frighten someone very much
26. The navy _____ ships of defeated nations.
- v. to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria
27. She stayed up all night _____ her favorite TV show.
- n. a period of excessive or uncontrolled consumption, often of food or alcohol; a spree or bout of reckless behavior or indulgence
28. The country was ruled by a _____ that oppressed its citizens.
- n. a form of government in which a single ruler has absolute power, often exercised cruelly and oppressively; the arbitrary or oppressive exercise of power or control over others
29. She _____ the loss of her parents.
- v. to feel or show great sadness or sorrow, especially for someone who has died
30. The _____ on the hiking trail helped guide hikers toward the correct path.
- n. a sign or marker that indicates the direction or location of something often used figuratively to refer to a guide or indicator of progress
31. She couldn't stop _____ her husband to take out the trash.
- v. to annoy or irritate someone persistently with repeated complaints, requests, or criticism; (noun) an old or over-worked horse

ANSWERS: 24. whispered, 25. terrify, 26. interned, 27. binge-watching, 28. tyranny, 29. grieved, 30. signpost, 31. nagging

32. He was served with a _____ of eviction, giving him the notice to vacate the property.

n. a written legal order or command

33. She worked very hard not to _____ her boss's expectations.

v. to fail to meet someone or their hopes or expectations; to make someone feel sad

34. The athlete's _____ training paid off in the end.

adj. persistent and determined; continuing despite difficulties or setbacks

35. The phone rang at the most _____ time.

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

36. It was _____ for her to go out of her way to pick up the package.

adj. causing trouble or difficulty; not convenient or suitable

37. My left arm became _____.

adj. unable to feel physical sensation and movement; not showing human feeling or sensitivity

38. The political debate was an _____ of the candidates' views on key issues.

n. the process of increasing the volume or intensity of something; the expansion or elaboration of a concept or idea

39. A large fire _____ the forest.

v. to cause damage to something badly

ANSWERS: 32. writ, 33. disappoint, 34. relentless, 35. opportune, 36. inconvenient, 37. numb, 38. amplification, 39. ravaged

40. Regarding earthquakes, some commercial buildings were _____ unsafe.

v. to consider or decide something in a particular way

41. The church was considered a _____ ground for the community, where their ancestors had worshiped for generations.

adj. considered holy or sacred; deserving of reverence or respect

42. I asked the lawyer to initiate _____ negotiations for voluntary liquidation.

n. a person, company, etc. to whom a debtor owes money

43. I respect her ability to _____ off harsh criticism.

v. to raise your shoulders and then drop them to say you do not know or are not interested

44. The _____ development process allowed the team to make changes quickly.

adj. able to move quickly and easily, often in a way that is graceful and controlled

45. The negotiations were _____ with challenges and setbacks.

adj. causing, accompanied by, or full of anxiety, tension, or stress

ANSWERS: 40. deemed, 41. hallowed, 42. creditor, 43. shrug, 44. agile, 45. fraught