

Englist.me



Vocabulary Builder Reference from...

Erricka Bridgeford: How Baltimore called a ceasefire | TED Talk

https://www.ted.com/talks/erricka_bridgeford_how_baltimore_called_a_ceasefire

Advanced Words Only

IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

Session 1: Word List

arrogant

adj. having or revealing an exaggerated sense of one's importance or abilities

synonym: haughty, supercilious, disdainful

(1) an **arrogant** attitude, (2) grow **arrogant**

He was so **arrogant** that he thought he was always right.

ceasefire

n. a temporary suspension of hostilities or fighting, often implemented by mutual agreement between opposing parties

synonym: truce, armistice, ceasefire agreement

(1) **ceasefire** agreement, (2) call for a **ceasefire**

The two sides agreed to a **ceasefire**, pausing the conflict to allow for peace talks to begin.

snatch

v. to take or grab something suddenly or quickly

synonym: grab, seize, capture

(1) **snatch** a hasty meal, (2) **snatch** up her purse

He **snatches** victory from the jaws of defeat in the game's final seconds.

godfather

n. a male godparent who witnesses a child's baptism and accepts a spiritual responsibility for their upbringing; a trusted mentor or advisor who has significant influence

and offers support and guidance in personal or professional matters

synonym : sponsor, mentor, protector

(1) political **godfather**, (2) be my **godfather** at my christening

The wealthy businessman acted as a **godfather** to his protege, helping him to succeed in his career.

helpless

adj. unable to take care of oneself or to do things without help

synonym : defenseless, powerless, susceptible

(1) **helpless** baby, (2) **helpless** victims

I feel so **helpless** without you.

excite

v. to make someone feel suddenly enthusiastic or eager

synonym : thrill, exhilarate, animate

(1) **excite** the crowd, (2) **excite** rebellion

The news of her promotion **excited** her.

yearn

v. to strongly desire or long for something

synonym : long, desire, crave

(1) **yearn** after my old days, (2) **yearn** for love

She **yearned** for the days when things were simpler.

rumble

v. to make a low, heavy continuous sound

synonym : roar, growl, grumble

(1) **rumble** an order, (2) **rumble** down the dirt track

The thunder **rumbled** in the distance.

introspect

v. to look inward and examine one's thoughts, feelings, or motives; to engage in self-reflection

synonym : reflect, contemplate, meditate

(1) **introspect** behavior, (2) **introspect** my thoughts

The therapist guided her patient to **introspect** and identify his deepest fears.

purposeful

adj. having a specific aim or purpose; determined

synonym : determined, resolved, resolute

(1) **purposeful** series of actions, (2) at a **purposeful** pace
She had a **purposeful** look and was determined to complete the task.

petty

adj. of little importance, trivial or insignificant; characterized by an undue concern for small details or rules; mean or spiteful in trivial matters

synonym : minor, insignificant, trivial

(1) **petty** crime, (2) **petty** cash

The **petty** arguments between coworkers were causing a toxic work environment.

yell

v. to shout in a sudden and loud way

synonym : shout, scream, cry

(1) **yell** for help, (2) **yell** as loud as we can

When I asked my father for more money, he became furious and **yelled** at me.

exemplify

v. to serve as a typical example of something

synonym : illustrate, show, demonstrate

(1) **exemplify** the importance, (2) **exemplify** the solution

The example of a successful startup serves to **exemplify** the potential of the industry.

nominate

v. to propose someone for a position, especially in politics or an organization, or some honor

synonym : appoint, designate, elect

(1) **nominate** him for an award, (2) **nominate** government representatives

The organization **nominated** her to be the next president.

expunge

v. to erase, remove, or eliminate; to blot out or destroy; to strike out or delete from a record or registry

synonym : erase, delete, remove

(1) **expunge** a memory, (2) **expunge** a word from a text
The court ordered to **expunge** the criminal record of the falsely accused individual.

gunshot

n. the sound or act of firing a gun or other firearm, usually accompanied by a loud explosion and a projectile that is propelled toward the target

synonym : shot, blast, gunfire

(1) **gunshot** wound, (2) **gunshot** residue

The loud **gunshot** startled the wildlife in the nearby forest.

pave

v. to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use

synonym : surface, coat, cover

(1) **pave** a new path, (2) **pave** a smoother road

They **paved** the courtyard with bricks, giving it a more polished appearance.

uphold

v. to support or defend something, such as a law, idea, decision, etc.

synonym : defend, maintain, sustain

(1) **uphold** the law, (2) **uphold** tradition

The judge may **uphold** the decision of the lower court.

vow

v. to make a promise or commitment, usually formal and solemn

synonym : promise, pledge, swear

(1) **vow** allegiance to the new king, (2) **vow** never to give up

They **vowed** to love and support each other for the rest of their lives.

numb

adj. unable to feel physical sensation and movement; not showing human feeling or sensitivity

synonym : dazed, insensitive, emotionless

(1) **numb** with cold, (2) a **numb** mind

My left arm became **numb**.

vibrate

v. to move or cause anything to move fast and in small increments from side to side

synonym: oscillate, convulse, jerk

(1) **vibrate** at a regular frequency, (2) **vibrate** with anger
During the flight, the wings of the plane **vibrate**.

misunderstand

v. to interpret or understand something in the wrong way
synonym: misinterpret, misperceive, misapprehend

(1) **misunderstand** each other, (2) **misunderstand** entirely about her

You should not **misunderstand** the meaning of freedom.

uprising

n. a public rebellion, especially against an established government or authority

synonym: revolt, rebellion, insurgency

(1) stage an **uprising**, (2) violent **uprising**

The anti-government **uprising** was successful in overthrowing the regime.

oppress

v. to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people

synonym: antagonize, distress, burden

(1) **oppress** the minority, (2) **oppress** the people with force
Historically, many countries have often **oppressed** certain religions to gain the support of the majority of the population.

Session 2: Spelling

- | | |
|---------------------------------|---|
| 1. call for a ce_____re | <i>n.</i> a temporary suspension of hostilities or fighting, often implemented by mutual agreement between opposing parties |
| 2. sn____h a hasty meal | <i>v.</i> to take or grab something suddenly or quickly |
| 3. y__l for help | <i>v.</i> to shout in a sudden and loud way |
| 4. political go_____er | <i>n.</i> a male godparent who witnesses a child's baptism and accepts a spiritual responsibility for their upbringing; a trusted mentor or advisor who has significant influence and offers support and guidance in personal or professional matters |
| 5. pur_____ul series of actions | <i>adj.</i> having a specific aim or purpose; determined |
| 6. ye__n after my old days | <i>v.</i> to strongly desire or long for something |
| 7. he_____ss victims | <i>adj.</i> unable to take care of oneself or to do things without help |
| 8. a n__b mind | <i>adj.</i> unable to feel physical sensation and movement; not showing human feeling or sensitivity |
| 9. ex___e rebellion | <i>v.</i> to make someone feel suddenly enthusiastic or eager |
| 10. int_____ct behavior | <i>v.</i> to look inward and examine one's thoughts, feelings, or motives; to engage in self-reflection |

ANSWERS: 1. ceasefire, 2. snatch, 3. yell, 4. godfather, 5. purposeful, 6. yearn, 7. helpless, 8. numb, 9. excite, 10. introspect

- | | |
|---------------------------------------|---|
| 11. he_____ss baby | <i>adj.</i> unable to take care of oneself or to do things without help |
| 12. sn____h up her purse | <i>v.</i> to take or grab something suddenly or quickly |
| 13. ce_____re agreement | <i>n.</i> a temporary suspension of hostilities or fighting, often implemented by mutual agreement between opposing parties |
| 14. pe__y cash | <i>adj.</i> of little importance, trivial or insignificant; characterized by an undue concern for small details or rules; mean or spiteful in trivial matters |
| 15. ex_____fy the solution | <i>v.</i> to serve as a typical example of something |
| 16. v_w allegiance to the new king | <i>v.</i> to make a promise or commitment, usually formal and solemn |
| 17. mis_____and entirely about her | <i>v.</i> to interpret or understand something in the wrong way |
| 18. stage an up_____ng | <i>n.</i> a public rebellion, especially against an established government or authority |
| 19. int_____ct my thoughts | <i>v.</i> to look inward and examine one's thoughts, feelings, or motives; to engage in self-reflection |
| 20. up____d the law | <i>v.</i> to support or defend something, such as a law, idea, decision, etc. |
| 21. be my go_____er at my christening | <i>n.</i> a male godparent who witnesses a child's baptism and accepts a spiritual responsibility for their upbringing; a trusted mentor or advisor who has significant influence and offers support and guidance in personal or professional matters |

ANSWERS: 11. helpless, 12. snatch, 13. ceasefire, 14. petty, 15. exemplify, 16. vow, 17. misunderstand, 18. uprising, 19. introspect, 20. uphold, 21. godfather

22. ex_____fy the importance *v.* to serve as a typical example of something
23. ru___e an order *v.* to make a low, heavy continuous sound
24. pe__y crime *adj.* of little importance, trivial or insignificant; characterized by an undue concern for small details or rules; mean or spiteful in trivial matters
25. ex___e the crowd *v.* to make someone feel suddenly enthusiastic or eager
26. n__b with cold *adj.* unable to feel physical sensation and movement; not showing human feeling or sensitivity
27. p__e a new path *v.* to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
28. y__l as loud as we can *v.* to shout in a sudden and loud way
29. gu_____t residue *n.* the sound or act of firing a gun or other firearm, usually accompanied by a loud explosion and a projectile that is propelled toward the target
30. op_____s the people with force *v.* to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people
31. ex_____e a memory *v.* to erase, remove, or eliminate; to blot out or destroy; to strike out or delete from a record or registry

ANSWERS: 22. exemplify, 23. rumble, 24. petty, 25. excite, 26. numb, 27. pave, 28. yell, 29. gunshot, 30. oppress, 31. expunge

32. v_w never to give up *v.* to make a promise or commitment, usually formal and solemn
33. gu_____t wound *n.* the sound or act of firing a gun or other firearm, usually accompanied by a loud explosion and a projectile that is propelled toward the target
34. no_____te government representatives *v.* to propose someone for a position, especially in politics or an organization, or some honor
35. up____d tradition *v.* to support or defend something, such as a law, idea, decision, etc.
36. an ar_____nt attitude *adj.* having or revealing an exaggerated sense of one's importance or abilities
37. ru____e down the dirt track *v.* to make a low, heavy continuous sound
38. grow ar_____nt *adj.* having or revealing an exaggerated sense of one's importance or abilities
39. p__e a smoother road *v.* to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
40. mis_____and each other *v.* to interpret or understand something in the wrong way
41. ex_____e a word from a text *v.* to erase, remove, or eliminate; to blot out or destroy; to strike out or delete from a record or registry
42. vi_____e at a regular frequency *v.* to move or cause anything to move fast and in small increments from side to side

ANSWERS: 32. vow, 33. gunshot, 34. nominate, 35. uphold, 36. arrogant, 37. rumble, 38. arrogant, 39. pave, 40. misunderstand, 41. expunge, 42. vibrate

Session 3: Fill in the Blanks

1. During the flight, the wings of the plane _____.
v. to move or cause anything to move fast and in small increments from side to side
2. The news of her promotion _____ her.
v. to make someone feel suddenly enthusiastic or eager
3. The loud _____ startled the wildlife in the nearby forest.
n. the sound or act of firing a gun or other firearm, usually accompanied by a loud explosion and a projectile that is propelled toward the target
4. You should not _____ the meaning of freedom.
v. to interpret or understand something in the wrong way
5. He was so _____ that he thought he was always right.
adj. having or revealing an exaggerated sense of one's importance or abilities
6. The therapist guided her patient to _____ and identify his deepest fears.
v. to look inward and examine one's thoughts, feelings, or motives; to engage in self-reflection
7. The court ordered to _____ the criminal record of the falsely accused individual.
v. to erase, remove, or eliminate; to blot out or destroy; to strike out or delete from a record or registry
8. The two sides agreed to a _____ pausing the conflict to allow for peace talks to begin.
n. a temporary suspension of hostilities or fighting, often implemented by mutual agreement between opposing parties

ANSWERS: 1. vibrate, 2. excited, 3. gunshot, 4. misunderstand, 5. arrogant, 6. introspect, 7. expunge, 8. ceasefire,

9. Historically, many countries have often _____ certain religions to gain the support of the majority of the population.
- v. to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people
10. The thunder _____ in the distance.
- v. to make a low, heavy continuous sound
11. The _____ arguments between coworkers were causing a toxic work environment.
- adj. of little importance, trivial or insignificant; characterized by an undue concern for small details or rules; mean or spiteful in trivial matters
12. My left arm became _____.
- adj. unable to feel physical sensation and movement; not showing human feeling or sensitivity
13. The anti-government _____ was successful in overthrowing the regime.
- n. a public rebellion, especially against an established government or authority
14. When I asked my father for more money, he became furious and _____ at me.
- v. to shout in a sudden and loud way
15. The organization _____ her to be the next president.
- v. to propose someone for a position, especially in politics or an organization, or some honor
16. The example of a successful startup serves to _____ the potential of the industry.
- v. to serve as a typical example of something

ANSWERS: 9. oppressed, 10. rumbled, 11. petty, 12. numb, 13. uprising, 14. yelled, 15. nominated, 16. exemplify

17. They _____ to love and support each other for the rest of their lives.
v. to make a promise or commitment, usually formal and solemn
18. The wealthy businessman acted as a _____ to his protege, helping him to succeed in his career.
n. a male godparent who witnesses a child's baptism and accepts a spiritual responsibility for their upbringing; a trusted mentor or advisor who has significant influence and offers support and guidance in personal or professional matters
19. I feel so _____ without you.
adj. unable to take care of oneself or to do things without help
20. The judge may _____ the decision of the lower court.
v. to support or defend something, such as a law, idea, decision, etc.
21. He _____ victory from the jaws of defeat in the game's final seconds.
v. to take or grab something suddenly or quickly
22. She had a _____ look and was determined to complete the task.
adj. having a specific aim or purpose; determined
23. They _____ the courtyard with bricks, giving it a more polished appearance.
v. to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
24. She _____ for the days when things were simpler.
v. to strongly desire or long for something

ANSWERS: 17. vowed, 18. godfather, 19. helpless, 20. uphold, 21. snatches, 22. purposeful, 23. paved, 24. yearned

ANSWERS: