# **Englist.me**

# Vocabulary Builder Reference from...

Sam Berns: My philosophy for a happy life | TED Talk https://www.ted.com/talks/sam\_berns\_my\_philosophy\_for\_a\_happy\_life



# **All Words**

#### **IMPORTANT**

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# **Session 1: Word List**

#### freshman

- n. a first-year student, typically in college or high school synonym: freshie, newcomer, rookie
- (1) **freshman** orientation, (2) **freshman** year The **freshman** class was excited to start their first year of college.

#### snare

 a trap or device used to catch animals by means of a noose or wire loop; a type of drum consisting of a head stretched over a hollow shell, usually played with drumsticks

*synonym*: trap, noose, entanglement

(1) snare drum, (2) fall into a snareThe thief was caught in a snare set by the police.

#### march

- v. to walk militarily with stiff, regular steps synonym: parade
- (1) **march** against the war, (2) **march** east The troops **marched** shoulder-to-shoulder.

# accomplish

- v. to finish or achieve something successfully synonym: achieve, complete, execute
- (1) **accomplish** a goal, (2) **accomplish** military operations Humankind took centuries to **accomplish** true democracy.

#### harness

v. to control and exploit the power of something, especially natural resources that produce energy; (noun) a set of narrow pieces of leather and metal that are used to control or hold in place a person, animal, or object

*synonym*: rein in, control, (noun) belt

(1) **harness** a horse to a carriage, (2) put a **harness** on my pet

People have been exploring ways to **harness** natural forces and resources since ancient times.

# weigh

 to have a particular weight; to carefully evaluate things before making a conclusion

*synonym*: consider, cogitate, count

(1) **weigh** heavily on stock prices, (2) **weigh** a cargo The baby **weighs** 1 pound 3 oz.

# pound

- n. the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
- (1) three-fourths of a **pound**, (2) thousands of **pounds**. The car's front bumper cost fifteen hundred **pounds**.

#### disease

 a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

synonym: illness, ailment, affliction

(1) disease prevention, (2) disease control

The doctor diagnosed him with a rare **disease** that had no known cure.

# progeria

n. a rare genetic disorder that occurs in children and causes rapid aging and premature death, which is characterized by the appearance of aging-related symptoms, such as wrinkles and stiff joints, and typically leads to death in the teenage years

synonym: rapid aging disease, premature aging

(1) progeria syndrome, (2) progeria geneticsChildren with progeria often have a small body size and are

prone to heart problems.

# assign

- v. to give a specific job or piece of work to a someone synonym: entrust, delegate, designate
- (1) **assign** projects, (2) **assign** top priority Please **assign** a different color to each other kind of item.

pit

- a hole in the ground or a cavity in a surface; a place for storing or holding something; a section of a theater or sports arena where people can sit
- *synonym*: hole, depression, indentation
- (1) the bottomless **pit**, (2) the **pit** of the stomach

  The **pit** of the avocado can be removed by gently wedging a spoon around it.

# percussion

- the section of an orchestra or band that plays instruments such as drums, cymbals, and tambourines; the action of striking something to produce a sound
- synonym: beating, rhythm, strike
- (1) **percussion** instrument, (2) chest **percussion**The **percussion** section is an essential part of the band's sound.

#### involve

- v. to include or affect someone or something as a necessary part of something else
- *synonym*: implicate, include, engage
- (1) **involve** a lot of paperwork, (2) **involve** a high degree of risk

The investigation **involves** several government agencies and is expected to take several months.

## auxiliary

- adj. providing additional or supplementary support or assistance; secondary in importance or function
- synonym: supplementary, additional, backup
- (1) auxiliary staff, (2) auxiliary verbs

The teacher used an **auxiliary** projector to display the lesson

#### presentation.

#### instrument

 an object used to make musical sounds, such as a piano, guitar, or drum; a tool or device used for a specific activity, particularly in specialist or scientific work

synonym: apparatus, tool, device

(1) musical **instruments**, (2) surgical **instruments**This electronic **instrument** is required to undergo periodic inspections to ensure precision.

# timpani

 a set of kettledrums (= large metal drums) played with soft-headed mallets

synonym: kettle drums, drum

(1) timpani drums, (2) timpani player

The **timpani** roll during the climax of the symphony was so powerful that it made the entire hall vibrate.

cow

 a domesticated mammal with characteristic features such as a hump, large udders, and curved horns that is raised for its milk or meat

synonym: bovine, cattle, kine

(1) cow herd, (2) dairy cow

The farmer milked the cows every morning before breakfast.

#### devastate

- v. to wreck a place or an area or cause significant damage synonym: demolish, destroy, crush
- (1) **devastate** an area, (2) **devastate** the economy Earthquakes can also trigger tsunamis, which **devastate** coastal areas.

## engineer

- n. a person whose job is designing, building, or maintaining something such as machines, structures, or software
   synonym: architect, creator, builder
- a civil engineer, (2) engineer shortage
   The engineer will repair my telephone tomorrow morning.

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#### continuous

*adj.* occurring or existing without a pause or interruption *synonym*: ceaseless, regular, repeated

(1) **continuous** improvement, (2) a **continuous** row of warehouses

The heavy snow has been **continuous** since last morning.

# apparatus

 the equipment, materials, or tools that are used to perform a specific task, often in a scientific, technical, or industrial setting

synonym: equipment, device, gear

(1) **apparatus** malfunction, (2) respiratory **apparatus**The laboratory **apparatus** made it possible for the scientist to experiment.

# tight

adj. fixed, fastened, or kept together firmly or closelysynonym: closed, secured, cramped

a tight game, (2) student on a tight budget
 The national election was held amid tight security.

stunt

n. a feat or action that is often dangerous or difficult, designed to attract attention or admiration; something that blocks or impedes growth or development; (verb) to hinder or impede growth or development, especially in a physical or mental sense

synonym: feat, accomplishment, (verb) hinder

(1) skydiving stunt, (2) stunt brain growthThe daredevil attempted a dangerous stunt by jumping off a

treatment

 the way in which someone deals with or behaves towards someone or something; medical care provided to a patient for an injury or illness.

synonym: remedy, antidote, medicine

tall building with a parachute.

first-aid treatment, (2) treatment by diet
 The primary purpose of the treatment is pain relief.

#### obstacle

 a thing that blocks one's way or prevents or hinders progress

*synonym*: hindrance, barrier, block

(1) an **obstacle** to progress, (2) **obstacle** avoidance The **obstacle** course was challenging but fun.

#### overcome

v. to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone

*synonym*: beat, confound, overwhelm

- (1) **overcome** opponents, (2) **overcome** all difficulties He tried to **overcome** a bad reputation and win the election.
- philosophy
- n. the study of general and fundamental questions, such as those about existence, reason, knowledge, values, mindsynonym: doctrine, attitude, creed
- (1) **philosophy** of education, (2) western **philosophy** Ethics is a branch of **philosophy**.

# aspect

- n. one part or feature of a situation, problem, subject, etc.synonym: characteristic, element, factor
- (1) nontechnical **aspects** of the job, (2) **aspects** of social, political, and economic life

His professional experience includes all **aspects** of media production.

# quote

v. to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services

synonym: cite, reference, mention

(1) quote a source, (2) quote a price

In his speech, he **quoted** a famous philosopher to emphasize his point.

#### ultimate

adj. furthest or highest in degree or ordersynonym: highest, maximum, foremost

(1) the **ultimate** goal in life, (2) the **ultimate** luxury

Management must take **ultimate** responsibility for the accident.

# ignore

- v. to intentionally not listen or pay attention to
- synonym: neglect, disregard, shun
- (1) **ignore** her advice, (2) **ignore** a ban

Since independence, the area has been completely **ignored**.

# negative

distance

adj. having the quality of something bad or harmful; expressing refusal

synonym: minus, adverse, pessimistic

- (1) have a **negative** effect, (2) a **negative** number The movie has received almost universally **negative** criticism.

n. the amount of space between two points, measured in units such as miles, meters, or kilometers; the extent, scope, or range between two things, such as distance or emotional distance

synonym: space, gap, span

(1) driving distance, (2) social distance

The marathon runner covered a long **distance** in a short amount of time.

#### intense

adj. (especially of a feeling) very strong; extremely sharp or severe

synonym: extreme, fierce, harsh

(1) **intense** heat, (2) develop **intense** itching That statement by the prime minister drew **intense** international criticism.

roll

v. to move in a particular direction by turning over and over or from side to side

synonym: spin, swirl, wheel

(1) roll a ball, (2) roll down his cheeks

He was exhausted and rolled into bed as soon as he got

home.

#### scout

n. a person or group sent out to obtain information, gather intelligence, or make observations, typically in a military context; a person or group sent out to explore or prospect for new opportunities, resources, or locations

*synonym*: scoutmaster, explorer, surveyor

(1) boy **scout**, (2) **scout** troop

The company sent a **scout** to explore new business opportunities in the overseas market.

#### comic

adj. funny and making you laughsynonym: amusing, funny, humorous

(1) **comic** books, (2) a **comic** hat The novel is **comic** and tragic.

# adjustment

 a small change or movement made to something to improve it and achieve the desired result

synonym: alteration, adaptation, modification

(1) **adjustment** by hand, (2) a fine **adjustment**He assumed the role of the arbitral **adjustment** of the controversy.

clip

 a small metal or plastic device used for holding an object or objects together or in place; a short part of electronic media, either an audio clip or video clip

synonym: buckle, hook, pin

(1) tie clip, (2) short video clip

He fastens some sheets of paper with a clip.

#### outlook

n. the likely future situation for someone or something; a habitual or characteristic mental attitude to life and the world of a particular person, group, or culture

*synonym*: perspective, view, overlook

(1) the **outlook** of the townsite, (2) a positive **outlook** on life Our company's business **outlook** for next year is bright.

#### surround

- $\nu$ . to be all around something or somebody
- *synonym*: encircle, encompass, envelop
- (1) **surround** a town, (2) a stone wall **surrounds** the palace

On three sides, mountains **surround** the settlement.

# amazing

adj. extremely surprising, especially in a way that you like or admire

synonym: exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling

The golfer recorded an **amazing** distance.

#### fortunate

adj. having good luck or lucky

synonym: fortuitous, lucky, blessed

(1) fortunate situation, (2) less fortunate person

He was pretty **fortunate** to pass the exam.

# goofy

adj. silly or foolish

synonym: silly, crazy, dopey

(1) ware a **goofy** hat, (2) with a **goofy** expression

He made a **goofy** face as he recalled this morning's events.

#### geek

 a person who is highly interested and knowledgeable about a particular subject or field, often to the point of being obsessed

synonym: nerd, dork, enthusiast

(1) airplane **geek**, (2) **geek** enthusiast

He was a computer geek and spent all his free time coding.

#### mentor

 a person who helps and advises a younger or less experienced person over time, usually at work or school

synonym: adviser, coach, tutor

(1) mentor for life, (2) fashion mentor

As a mentor, he helped me realize my career.

# genuine

adj. real and exactly; not pretended; sincerely felt or expressed

synonym: actual, honest, unpretending

(1) a **genuine** article, (2) show **genuine** regret Is this painting **genuine** or forged?

#### supersede

v. to replace or be replaced by something else, particularly something newer, better, or more effective; to supplant or take over the place or function of another

synonym: replace, override, displace

(1) **supersede** an old method, (2) **supersede** a tradition The new technology will **supersede** the old one in no time.

# documentary

 a film or a radio or television program that gives facts and information about a subject; of or derived from official documents

synonym: film, broadcast, doco

(1) a **documentary** film, (2) **documentary** proof He won an award for that short **documentary**.

## influence

*n.* the ability to affect someone's or something's character, growth, or behavior, or the effect itself

synonym: power, leverage, effect

(1) **influence** a child's future, (2) **influence** the daily life The former emperor had a particular **influence** even after he abdicated.

# appreciate

v. to value and acknowledge the worth of someone or something; to be grateful for something or someone

synonym: acknowledge, admire, enjoy

(1) **appreciate** her feedback, (2) **appreciate** the value We would **appreciate** an early reply.

# acknowledge

v. to accept or admit the existence, reality, or truth of something; to accept that someone or something has a particular authority or quality; to express obligation, thanks, or gratitude for someone's help, commitment, etc.;

synonym: accept, agree, declare

(1) acknowledge the deed, (2) acknowledge his help

He never acknowledged his fault.

#### communal

adj. belonging to or used by a group rather than individuals; for common use

synonym: collaborative, combined, collective

(1) **communal** swimming pool, (2) **communal** combination of funds

**Communal** elections were held in several European countries.

#### strive

- v. to try very hard to do, achieve, or obtain something synonym: preserve, endure, persist
- (1) **strive** hard to get, (2) **strive** for excellence They **strived** to make their dream come true.

#### vacation

 a period in which someone does not have to attend work or school and is free to do whatever they choose, such as travel or leisure

synonym: leave, recess, break

(1) a short vacation,(2) summer vacationDo you have a plan for a long vacation?

#### stick

v. to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

synonym: pierce, adhere, stay

(1) stick a key in a lock, (2) fire stick

You **stick** a bill in the change machine, and the coins pop out.

# paradox

 a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;

synonym: incongruity, dichotomy, contradiction

(1) French **paradox**, (2) the **paradox** of the heap There are many theories to explain this **paradox**.

#### emotion

- a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
   synonym: feeling, sentiment, passion
- (1) control my **emotion**, (2) afraid to show **emotion**Some **emotions** are common across cultures and backgrounds.

#### invention

- n. the creation of a new device or process resulting from study and experimentation; the act of inventingsynonym: creation, design, innovation
- (1) the **invention** of new techniques, (2) common **invention** Necessity is the mother of **invention**.

# catapult

- n. a device used to hurl an object a long distancesynonym: launcher, trebuchet, slingshot
- (1) powerful **catapult**, (2) **catapult** mechanism

  The army used a **catapult** to launch large rocks over the castle walls.

#### ambition

- n. a strong wish to do or achieve somethingsynonym: purpose, aim, endeavor
- (1) an **ambition** for political power, (2) boundless **ambition** Greed and **ambition** composed his personality.

# biology

- the scientific study of life and the natural processes of living things
- (1) evolutionary **biology**, (2) cell and molecular **biology** In junior high school, we had to dissect a frog in **biology** class.

#### genetics

- the branch of biology that studies genes, genetic variation, and heredity in organisms
- (1) the science of **genetics**, (2) **genetics** discrimination He is a specialist in the **genetics** of aging.

#### biochemical

adj. relating to the chemical processes and substances that occur within living organisms

synonym: molecular, biological

(1) **biochemical** reaction, (2) complex **biochemical Biochemical** research is essential to understanding the complex chemical reactions in living organisms.

#### accord

- n. an official agreement or treaty between two organizations, countries, etc.; (verb) allow to have synonym: alliance, pact, agreement
- (1) **accord** with public opinion, (2) binational **accord** The organization finally signed a peace **accord**.

# embody

v. to represent or exemplify something; to give tangible form to an abstract idea

*synonym*: represent, exemplify, personify

(1) **embody** my goal, (2) **embody** a spirit of charity The company's new products **embody** the values of innovation and sustainability.

# genetically

adv. in a way that relates to or is produced by genes (= the units in the cells of a living thing received by an animal or plant from its parents) or heredity

synonym: hereditary, inherited, family-related

(1) **genetically** inherited traits, (2) **genetically** manipulated plant

The **genetically** modified crops were resistant to pests and required less water.

## embodiment

 someone or something that precisely expresses a characteristic or an idea

synonym: image, avatar, incarnation

(1) **embodiment** of evil, (2) illustrative **embodiment**The devil is the **embodiment** of wicked ideas.

# protein

a molecule made up of a long chain of amino acids,
 which is essential for the structure and function of the

# body's tissues

(1) stress protein, (2) protein synthesis

The body needs a certain amount of **protein** to build and repair tissues.

#### abnormal

adj. not typical, usual, or regular, especially in a way that is bad

synonym: aberrant, bizzare, unusual

(1) abnormal heart rhythms, (2) abnormal cells

An **abnormal** climate in the region caused a sharp decline in grain harvest.

#### structure

 the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts

synonym: construction, architecture, establishment

(1) the **structure** of a machine, (2) **structure** and function of the brain

The organizational **structure** of start-ups is often flat and straightforward.

#### burden

 a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry

synonym: obligation, duty, load

(1) carry a **burden**, (2) **burden** of disease

That car has a low environmental **burden**.

#### entity

something that exists independently and has its own identity

synonym: body, object, existent

(1) legal **entity**, (2) government **entity** 

A company is a distinct legal entity.

#### secluded

adj. hidden or isolated from view; quiet and undisturbed; kept away from the company of others

synonym:

isolated, remote, hidden

(1) **secluded** retreat, (2) **secluded** cabin

The **secluded** beach was the perfect place to unwind and escape from the busy city.

# identity

the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another

synonym: character, personality, individuality

(1) mistaken **identity**, (2) **identity** as an individual The terrorist's **identity** remains unknown.

#### brave

adj. showing courage or fearlessness in the face of danger, difficulty, or adversity

synonym: courageous, valiant, heroic

(1) brave soldier, (2) brave decision

The **brave** firefighter rescued the family from the burning building.

#### falter

- v. to hesitate or stumble in action or speech; to lose strength or momentum; to become unsteady or shakysynonym: hesitate, stumble, waver
- (1) **falter** in decision-making, (2) **falter** in speech My confidence began to **falter** as I gave my presentation in front of the class.

#### suppose

- v. to think that something is likely to be actual or possible synonym: guess, assume, presume
- (1) **suppose** you're right, (2) **suppose** beforehand What do you **suppose** the culprit's motive was?

# regardless

 adv. not paying attention or considering something or someone even if the situation is bad or there are difficulties

synonym: anyhow, nevertheless, still

(1) regardless of the difficulties, (2) regardless tread

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People can pick out superior products **regardless** of the quality of the advertising.

# homecoming

n. a return to one's home or hometown, often following an extended period of absence, such as after graduation, military service, or travel; a celebratory event or tradition welcoming someone back home

synonym: return, arrival, reunion

(1) high school **homecoming**, (2) plan a **homecoming** event

An annual **homecoming** parade is a big event for the local high school.

# **Session 2: Spelling**

- the bottomless p\_t
- 2. as\_\_\_ts of social, political, and economic life
- 3. ha\_\_\_s a horse to a carriage

- 4. bio\_\_\_\_al reaction
- 5. am\_\_\_g advances
- 6. legal en y
- 7. binational ac\_\_\_d
- 8. chest per\_\_\_on

- n. a hole in the ground or a cavity in a surface; a place for storing or holding something; a section of a theater or sports arena where people can sit
- *n*. one part or feature of a situation, problem, subject, etc.
- v. to control and exploit the power of something, especially natural resources that produce energy; (noun) a set of narrow pieces of leather and metal that are used to control or hold in place a person, animal, or object
- adj. relating to the chemical processes and substances that occur within living organisms
- adj. extremely surprising, especially in a way that you like or admire
- n. something that exists independently and has its own identity
- an official agreement or treaty between two organizations, countries, etc.; (verb) allow to have
- the section of an orchestra or band that plays instruments such as drums, cymbals, and tambourines; the action of striking something to produce a sound

ANSWERS: 1. pit, 2. aspect, 3. harness, 4. biochemical, 5. amazing, 6. entity, 7. accord, 8. percussion

9.	ener shortage	n.	a person whose job is designing, building, or maintaining something such as machines, structures, or software
10.	peron instrument	n.	the section of an orchestra or band that plays instruments such as drums, cymbals, and tambourines; the action of striking something to produce a sound
11.	a positive ouk on life	n.	the likely future situation for someone or something; a habitual or characteristic mental attitude to life and the world of a particular person, group, or culture
12.	sude an old method	ν.	to replace or be replaced by something else, particularly something newer, better, or more effective; to supplant or take over the place or function of another
13.	genly manipulated plant	adv.	in a way that relates to or is produced by genes (= the units in the cells of a living thing received by an animal or plant from its parents) or heredity
14.	fran year	n.	a first-year student, typically in college or high school
15.	idty as an individual	n.	the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another
16.	powerful calt	n.	a device used to hurl an object a long distance
17.	a fine adjnt	n.	a small change or movement made to something to improve it and achieve the desired result

ANSWERS: 9. engineer, 10. percussion, 11. outlook, 12. supersede, 13. genetically, 14. freshman, 15. identity, 16. catapult, 17. adjustment

19. high school homng n. a return to one's home or ho	
often following an extended absence, such as after grad military service, or travel; a event or tradition welcoming back home	period of luation, celebratory
20. emy a spirit of charity v. to represent or exemplify so give tangible form to an abs	•
21. summer vaon  n. a period in which someone of have to attend work or school free to do whatever they chool as travel or leisure	ol and is
22. develop ine itching adj. (especially of a feeling) very extremely sharp or severe	strong;
23. sude a tradition  v. to replace or be replaced by else, particularly something better, or more effective; to take over the place or function another	newer, supplant or
24. the most amg feeling adj. extremely surprising, especimely way that you like or admire	ially in a
25. the ulte goal in life adj. furthest or highest in degree	or order

ANSWERS: 18. progeria, 19. homecoming, 20. embody, 21. vacation, 22. intense, 23. supersede, 24. amazing, 25. ultimate

26.	st_k a key in a lock	v.	to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
27.	a stone wall sunds the palace	v.	to be all around something or somebody
28.	the inon of new techniques	n.	the creation of a new device or process resulting from study and experimentation; the act of inventing
29.	a coc hat	adj.	funny and making you laugh
30.	appte her feedback	v.	to value and acknowledge the worth of someone or something; to be grateful for something or someone
31.	pria syndrome	n.	a rare genetic disorder that occurs in children and causes rapid aging and premature death, which is characterized by the appearance of aging-related symptoms, such as wrinkles and stiff joints, and typically leads to death in the teenage years
32.	acd with public opinion	n.	an official agreement or treaty between two organizations, countries, etc.; (verb) allow to have
33.	sue you're right	v.	to think that something is likely to be actual or possible
34.	asn top priority	v.	to give a specific job or piece of work to a someone
35.	stt brain growth	n.	a feat or action that is often dangerous or difficult, designed to attract attention or admiration; something that blocks or impedes growth or development; (verb) to hinder or impede growth or development, especially in a physical or

ANSWERS: 26. stick, 27. surround, 28. invention, 29. comic, 30. appreciate, 31. progeria, 32. accord, 33. suppose, 34. assign, 35. stunt

mental sense

36.	tii drums	n.	a set of kettledrums (= large metal drums) played with soft-headed mallets
37.	que a source	v.	to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services
38.	we_h a cargo	v.	to have a particular weight; to carefully evaluate things before making a conclusion
39.	an amon for political power	n.	a strong wish to do or achieve something
40.	stress prn	n.	a molecule made up of a long chain of amino acids, which is essential for the structure and function of the body's tissues
41.	trnt by diet	n.	the way in which someone deals with or behaves towards someone or something; medical care provided to a patient for an injury or illness.
42.	social dice	n.	the amount of space between two points, measured in units such as miles, meters, or kilometers; the extent, scope, or range between two things, such as distance or emotional distance
43.	g_k enthusiast	n.	a person who is highly interested and knowledgeable about a particular subject or field, often to the point of being obsessed
44.	abal cells	adj.	not typical, usual, or regular, especially in a way that is bad

ANSWERS: 36. timpani, 37. quote, 38. weigh, 39. ambition, 40. protein, 41. treatment, 42. distance, 43. geek, 44. abnormal

45.	embnt of evil	n.	someone or something that precisely expresses a characteristic or an idea
46.	die prevention	n.	a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
47.	ware a goy hat	adj.	silly or foolish
48.	the p_t of the stomach	n.	a hole in the ground or a cavity in a surface; a place for storing or holding something; a section of a theater or sports arena where people can sit
49.	less fote person	adj.	having good luck or lucky
50.	boy sct	n.	a person or group sent out to obtain information, gather intelligence, or make observations, typically in a military context; a person or group sent out to explore or prospect for new opportunities, resources, or locations
51.	c_w herd	n.	a domesticated mammal with characteristic features such as a hump, large udders, and curved horns that is raised for its milk or meat
52.	nontechnical asts of the job	n.	one part or feature of a situation, problem, subject, etc.
53.	que a price	ν.	to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services

ANSWERS: 45. embodiment, 46. disease, 47. goofy, 48. pit, 49. fortunate, 50. scout, 51. cow, 52. aspect, 53. quote

54.	western phihy	n.	the study of general and fundamental questions, such as those about existence, reason, knowledge, values, mind
55.	gecs discrimination	n.	the branch of biology that studies genes, genetic variation, and heredity in organisms
56.	short video cp	n.	a small metal or plastic device used for holding an object or objects together or in place; a short part of electronic media, either an audio clip or video clip
57.	aury staff	adj.	providing additional or supplementary support or assistance; secondary in importance or function
58.	musical insnts	n.	an object used to make musical sounds, such as a piano, guitar, or drum; a tool or device used for a specific activity, particularly in specialist or scientific work
59.	ince a child's future	n.	the ability to affect someone's or something's character, growth, or behavior, or the effect itself
60.	die control	n.	a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
61.	tii player	n.	a set of kettledrums (= large metal drums) played with soft-headed mallets
62.	respiratory apus	n.	the equipment, materials, or tools that are used to perform a specific task, often in a scientific, technical, or industrial setting

ANSWERS: 54. philosophy, 55. genetics, 56. clip, 57. auxiliary, 58. instrument, 59. influence, 60. disease, 61. timpani, 62. apparatus

63.	dairy c_w	n.	a domesticated mammal with characteristic features such as a hump, large udders, and curved horns that is raised for its milk or meat
64.	stre and function of the brain	n.	the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts
65.	put a has on my pet	ν.	to control and exploit the power of something, especially natural resources that produce energy; (noun) a set of narrow pieces of leather and metal that are used to control or hold in place a person, animal, or object
66.	illustrative embnt	n.	someone or something that precisely expresses a characteristic or an idea
67.	common inon	n.	the creation of a new device or process resulting from study and experimentation; the act of inventing
68.	regss of the difficulties	adv.	not paying attention or considering something or someone even if the situation is bad or there are difficulties
69.	adjnt by hand	n.	a small change or movement made to something to improve it and achieve the desired result
70.	rl a ball	<i>v</i> .	to move in a particular direction by turning over and over or from side to side
71.	an oble to progress	n.	a thing that blocks one's way or prevents or hinders progress

ANSWERS: 63. cow, 64. structure, 65. harness, 66. embodiment, 67. invention, 68. regardless, 69. adjustment, 70. roll, 71. obstacle

the scientific study of life and the natural 72. cell and molecular bi n. processes of living things to move in a particular direction by 73. r I down his cheeks ν. turning over and over or from side to side 74. de\_\_\_\_te the economy to wreck a place or an area or cause ν. significant damage 75. complex bio\_\_\_\_al adj. relating to the chemical processes and substances that occur within living organisms 76. airplane g\_k a person who is highly interested and knowledgeable about a particular subject or field, often to the point of being obsessed to try very hard to do, achieve, or obtain 77. st e for excellence ν. something a feat or action that is often dangerous 78. skydiving st t n. or difficult, designed to attract attention or admiration; something that blocks or impedes growth or development; (verb) to hinder or impede growth or development, especially in a physical or mental sense 79. fa\_\_\_r in decision-making to hesitate or stumble in action or ν. speech; to lose strength or momentum; to become unsteady or shaky a small metal or plastic device used for 80. tie c p holding an object or objects together or in place; a short part of electronic media, either an audio clip or video clip

ANSWERS: 72. biology, 73. roll, 74. devastate, 75. biochemical, 76. geek, 77. strive, 78. stunt, 79. falter, 80. clip

81.	accsh military operations	<i>v</i> .	to finish or achieve something successfully
82.	a neve number	adj.	having the quality of something bad or harmful; expressing refusal
83.	sct troop	n.	a person or group sent out to obtain information, gather intelligence, or make observations, typically in a military context; a person or group sent out to explore or prospect for new opportunities, resources, or locations
84.	seed retreat	adj.	hidden or isolated from view; quiet and undisturbed; kept away from the company of others
85.	afraid to show emn	n.	a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
86.	the ulte luxury	adj.	furthest or highest in degree or order
87.	ste hard to get	<i>v</i> .	to try very hard to do, achieve, or obtain something
88.	fall into a sne	n.	a trap or device used to catch animals by means of a noose or wire loop; a type of drum consisting of a head stretched over a hollow shell, usually played with drumsticks
89.	a short vaon	n.	a period in which someone does not have to attend work or school and is free to do whatever they choose, such as travel or leisure
90.	a tit game	adj.	fixed, fastened, or kept together firmly or closely

ANSWERS: 81. accomplish, 82. negative, 83. scout, 84. secluded, 85. emotion, 86. ultimate, 87. strive, 88. snare, 89. vacation, 90. tight

91. seed cabin	adj.	hidden or isolated from view; quiet and undisturbed; kept away from the company of others
92. mer for life	n.	a person who helps and advises a younger or less experienced person over time, usually at work or school
93. ince the daily life	n.	the ability to affect someone's or something's character, growth, or behavior, or the effect itself
94. have a neve effect	adj.	having the quality of something bad or harmful; expressing refusal
95. asn projects	<i>v</i> .	to give a specific job or piece of work to a someone
96. a conus row of warehouses	adj.	occurring or existing without a pause or interruption
97. first-aid trnt	n.	the way in which someone deals with or behaves towards someone or something; medical care provided to a patient for an injury or illness.
98. ine a lot of paperwork	<i>v</i> .	to include or affect someone or something as a necessary part of something else
99. thousands of pods	n.	the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
100. accsh a goal	<i>v</i> .	to finish or achieve something successfully
101. ige her advice	<i>v</i> .	to intentionally not listen or pay attention to

ANSWERS: 91. secluded, 92. mentor, 93. influence, 94. negative, 95. assign, 96. continuous, 97. treatment, 98. involve, 99. pound, 100. accomplish, 101. ignore

102. boundless amon	n.	a strong wish to do or achieve something
103. conus improvement	adj.	occurring or existing without a pause or interruption
104. apus malfunction	n.	the equipment, materials, or tools that are used to perform a specific task, often in a scientific, technical, or industrial setting
105. weh heavily on stock prices	v.	to have a particular weight; to carefully evaluate things before making a conclusion
106. aury verbs	adj.	providing additional or supplementary support or assistance; secondary in importance or function
107. a docry film	n.	a film or a radio or television program that gives facts and information about a subject; of or derived from official documents
108. driving dice	n.	the amount of space between two points, measured in units such as miles meters, or kilometers; the extent, scope or range between two things, such as distance or emotional distance
109. ige a ban	<i>v</i> .	to intentionally not listen or pay attention to
110. phihy of education	n.	the study of general and fundamental questions, such as those about existence, reason, knowledge, values, mind

ANSWERS: 102. ambition, 103. continuous, 104. apparatus, 105. weigh, 106. auxiliary, 107. documentary, 108. distance, 109. ignore, 110. philosophy

111. sund a town	<i>v</i> .	to be all around something or somebody
112. bre soldier	adj.	showing courage or fearlessness in the face of danger, difficulty, or adversity
113. docry proof	n.	a film or a radio or television program that gives facts and information about a subject; of or derived from official documents
114. the pax of the heap	n.	a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;
115. evolutionary biy	n.	the scientific study of life and the natural processes of living things
116. ovme all difficulties	v.	to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone
117. a civil ener	n.	a person whose job is designing, building, or maintaining something such as machines, structures, or software
118. calt mechanism	n.	a device used to hurl an object a long distance
119. appte the value	<i>v</i> .	to value and acknowledge the worth of someone or something; to be grateful for something or someone
120. mah east	ν.	to walk militarily with stiff, regular steps
121. the science of gecs	n.	the branch of biology that studies genes, genetic variation, and heredity in organisms

ANSWERS: 111. surround, 112. brave, 113. documentary, 114. paradox, 115. biology, 116. overcome, 117. engineer, 118. catapult, 119. appreciate, 120. march, 121. genetics

122. mistaken idty	n.	the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another
123. the ouk of the townsite	n.	the likely future situation for someone or something; a habitual or characteristic mental attitude to life and the world of a particular person, group, or culture
124. fire stk	v.	to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
125. mah against the war	<i>v</i> .	to walk militarily with stiff, regular steps
126. regss tread	adv.	not paying attention or considering something or someone even if the situation is bad or there are difficulties
127. three-fourths of a pod	n.	the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
128. with a goy expression	adj.	silly or foolish
129. dete an area	ν.	to wreck a place or an area or cause significant damage
130. a gee article	adj.	real and exactly; not pretended; sincerely felt or expressed
131. French pax	n.	a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;

ANSWERS: 122. identity, 123. outlook, 124. stick, 125. march, 126. regardless, 127. pound, 128. goofy, 129. devastate, 130. genuine, 131. paradox

132. government en	_y	n.	something that exists independently and has its own identity
133. plan a hom	ng event	n.	a return to one's home or hometown, often following an extended period of absence, such as after graduation, military service, or travel; a celebratory event or tradition welcoming someone back home
134. ackge the	deed	ν.	to accept or admit the existence, reality, or truth of something; to accept that someone or something has a particular authority or quality; to express obligation, thanks, or gratitude for someone's help, commitment, etc.;
135. the stre of	a machine	n.	the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts
136. emy my goal		<i>v</i> .	to represent or exemplify something; to give tangible form to an abstract idea
137. ovme oppon	ents	<i>v</i> .	to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone
138. student on a tit	budget	adj.	fixed, fastened, or kept together firmly or closely
139. surgical ins	nts	n.	an object used to make musical sounds, such as a piano, guitar, or drum; a tool or device used for a specific activity, particularly in specialist or scientific work

ANSWERS: 132. entity, 133. homecoming, 134. acknowledge, 135. structure, 136. embody, 137. overcome, 138. tight, 139. instrument

n.	a first-year student, typically in college or high school
adv.	in a way that relates to or is produced by genes (= the units in the cells of a living thing received by an animal or plant from its parents) or heredity
n.	a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
n.	a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry
n.	a molecule made up of a long chain of amino acids, which is essential for the structure and function of the body's tissues
n.	a thing that blocks one's way or prevents or hinders progress
adj.	funny and making you laugh
<i>v</i> .	to think that something is likely to be actual or possible
<i>v</i> .	to include or affect someone or something as a necessary part of something else
<i>v</i> .	to hesitate or stumble in action or speech; to lose strength or momentum; to become unsteady or shaky
adj.	(especially of a feeling) very strong; extremely sharp or severe
	adv.         n.         n.         n.         v.         v.         v.

ANSWERS: 140. freshman, 141. genetically, 142. emotion, 143. burden, 144. protein, 145. obstacle, 146. comic, 147. suppose, 148. involve, 149. falter, 150. intense

151. ackge his help	v.	to accept or admit the existence, reality, or truth of something; to accept that someone or something has a particular authority or quality; to express obligation, thanks, or gratitude for someone's help, commitment, etc.;
152. bun of disease	n.	a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry
153. fote situation	adj.	having good luck or lucky
154. coal combination of funds	adj.	belonging to or used by a group rather than individuals; for common use
155. sne drum	n.	a trap or device used to catch animals by means of a noose or wire loop; a type of drum consisting of a head stretched over a hollow shell, usually played with drumsticks
156. fashion mer	n.	a person who helps and advises a younger or less experienced person over time, usually at work or school
157. bre decision	adj.	showing courage or fearlessness in the face of danger, difficulty, or adversity
158. coal swimming pool	adj.	belonging to or used by a group rather than individuals; for common use
159. abal heart rhythms	adj.	not typical, usual, or regular, especially in a way that is bad
160. show gee regret	adj.	real and exactly; not pretended; sincerely felt or expressed

ANSWERS: 151. acknowledge, 152. burden, 153. fortunate, 154. communal, 155. snare, 156. mentor, 157. brave, 158. communal, 159. abnormal, 160. genuine

Vocab-Builder Ref from "Sam Berns: My philosophy for a happy life   TED Talk" (80 words)
ANSWERS:

# **Session 3: Fill in the Blanks**

1. The firefighter rescued the family from the burning building.  adj. showing courage or fearlessness in the face of danger, difficulty, or adversity
2. Earthquakes can also trigger tsunamis, which coastal areas.  v. to wreck a place or an area or cause significant damage
<ol> <li>The teacher used an projector to display the lesson presentation.</li> <li>adj. providing additional or supplementary support or assistance; secondary in importance or function</li> </ol>
<ol> <li>My confidence began to as I gave my presentation in front of the class.</li> <li>to hesitate or stumble in action or speech; to lose strength or momentum; to become unsteady or shaky</li> </ol>
5. The army used a to launch large rocks over the castle walls.  n. a device used to hurl an object a long distance
6. The national election was held amid security.  adj. fixed, fastened, or kept together firmly or closely
7. On three sides, mountains the settlement.  v. to be all around something or somebody
8. The devil is the of wicked ideas.  n. someone or something that precisely expresses a characteristic or an idea
<ul> <li>9. He was a computer and spent all his free time coding.</li> <li>n. a person who is highly interested and knowledgeable about a particular subject or field, often to the point of being obsessed</li> </ul>
ANSWERS: 1. brave, 2. devastate, 3. auxiliary, 4. falter, 5. catapult, 6. tight, 7. surround, 8. embodiment, 9. geek

- a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;
- 13. The new technology will \_\_\_\_\_ the old one in no time.
  - v. to replace or be replaced by something else, particularly something newer, better, or more effective; to supplant or take over the place or function of another
- 14. The thief was caught in a \_\_\_\_\_ set by the police.
  - n. a trap or device used to catch animals by means of a noose or wire loop; a type of drum consisting of a head stretched over a hollow shell, usually played with drumsticks
- 15. He assumed the role of the arbitral \_\_\_\_\_ of the controversy.
  - a small change or movement made to something to improve it and achieve the desired result
- 16. The \_\_\_\_\_ beach was the perfect place to unwind and escape from the busy city.
- adj. hidden or isolated from view; quiet and undisturbed; kept away from the company of others

ANSWERS: 10. identity, 11. comic, 12. paradox, 13. supersede, 14. snare, 15. adjustment, 16. secluded

17. The	primary purpose of the is pain relief.
	e way in which someone deals with or behaves towards someone or mething; medical care provided to a patient for an injury or illness.
18. Our	company's business for next year is bright.
	e likely future situation for someone or something; a habitual or characteristic ental attitude to life and the world of a particular person, group, or culture
	research is essential to understanding the complex chemical ctions in living organisms.
•	lating to the chemical processes and substances that occur within living ganisms
20. Tha	t statement by the prime minister drew international criticism.
adj. (es	specially of a feeling) very strong; extremely sharp or severe
21. Nec	cessity is the mother of
	e creation of a new device or process resulting from study and experimentation; the act of inventing
22. The	class was excited to start their first year of college.
n. a f	first-year student, typically in college or high school
23. Is th	nis painting or forged?
adj. rea	al and exactly; not pretended; sincerely felt or expressed
n. a r	annual parade is a big event for the local high school.  return to one's home or hometown, often following an extended period of osence, such as after graduation, military service, or travel; a celebratory vent or tradition welcoming someone back home
	ERS: 17. treatment, 18. outlook, 19. Biochemical, 20. intense, 21. invention, hman, 23. genuine, 24. homecoming

25. That car has a low environmental
<ul> <li>a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry</li> </ul>
26. He is a specialist in the of aging.
<ul> <li>the branch of biology that studies genes, genetic variation, and heredity in organisms</li> </ul>
27. The heavy snow has been since last morning.
adj. occurring or existing without a pause or interruption
28. As a he helped me realize my career.
<ul> <li>a person who helps and advises a younger or less experienced person over time, usually at work or school</li> </ul>
29. Please a different color to each other kind of item.
v. to give a specific job or piece of work to a someone
30 elections were held in several European countries.
adj. belonging to or used by a group rather than individuals; for common use
31. Humankind took centuries to true democracy.
v. to finish or achieve something successfully
32. Management must take responsibility for the accident.
adj. furthest or highest in degree or order
33. In his speech, he a famous philosopher to emphasize his point.
v. to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services
ANSWERS: 25. burden, 26. genetics, 27. continuous, 28. mentor, 29. assign, 30. Communal, 31. accomplish, 32. ultimate, 33. quoted

ANSWERS: 34. acknowledged, 35. scout, 36. stick, 37. influence, 38. pit, 39. timpani, 40. embody

41.	They	to make their dream come true.
v.	to try very ha	ard to do, achieve, or obtain something
42.	The	will repair my telephone tomorrow morning.
n.	=	ose job is designing, building, or maintaining something such as ructures, or software
43.	The baby	1 pound 3 oz.
v.	to have a pa conclusion	rticular weight; to carefully evaluate things before making a
44.	People can picadvertising.	ck out superior products of the quality of the
adv		tention or considering something or someone even if the situation re are difficulties
45.	The car's front	bumper cost fifteen hundred
n.	the standard ounces	unit of money in the UK; the standard unit of weight equal to 16
46.	We would	an early reply.
ν.		acknowledge the worth of someone or something; to be grateful g or someone
	The water.	modified crops were resistant to pests and required less
adv	•	relates to or is produced by genes (= the units in the cells of a eceived by an animal or plant from its parents) or heredity
48.	He tried to	a bad reputation and win the election.
v.		n controlling or dealing with something, such as a problem or defeat or overwhelm someone
		rived, 42. engineer, 43. weighs, 44. regardless, 45. pounds, 46. netically, 48. overcome

ANSWERS: 49. goofy, 50. obstacle, 51. rolled, 52. apparatus, 53. accord, 54. vacation?, 55. entity, 56. harness

57.	The movie has received almost universally criticism.
adj.	having the quality of something bad or harmful; expressing refusal
58.	In junior high school, we had to dissect a frog in class.
n.	the scientific study of life and the natural processes of living things
59.	He fastens some sheets of paper with a
n.	a small metal or plastic device used for holding an object or objects together or in place; a short part of electronic media, either an audio clip or video clip
60.	He was pretty to pass the exam.
adj.	having good luck or lucky
	The daredevil attempted a dangerous by jumping off a tall building with a parachute.
n.	a feat or action that is often dangerous or difficult, designed to attract attention or admiration; something that blocks or impedes growth or development; (verb) to hinder or impede growth or development, especially in a physical or mental sense
	The investigation several government agencies and is expected to take several months.
<i>v</i> .	to include or affect someone or something as a necessary part of something else
63.	Some are common across cultures and backgrounds.
n.	a strong feeling such as love, anger, etc. deriving from one's situation, mood, o relationships with others
64.	The organizational of start-ups is often flat and straightforward.
n.	the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts
	SWERS: 57. negative, 58. biology, 59. clip, 60. fortunate, 61. stunt, 62. involves, emotions, 64. structure

65. Ethics is a branch of
n. the study of general and fundamental questions, such as those about existence, reason, knowledge, values, mind
66. Greed and composed his personality.
n. a strong wish to do or achieve something
67. The section is an essential part of the band's sound.
n. the section of an orchestra or band that plays instruments such as drums, cymbals, and tambourines; the action of striking something to produce a sound
68. An climate in the region caused a sharp decline in grain harvest.
adj. not typical, usual, or regular, especially in a way that is bad
69. The farmer milked the every morning before breakfast.
<ul> <li>a domesticated mammal with characteristic features such as a hump, large udders, and curved horns that is raised for its milk or meat</li> </ul>
70. The troops shoulder-to-shoulder.
v. to walk militarily with stiff, regular steps
71. He won an award for that short
<ul> <li>a film or a radio or television program that gives facts and information about a subject; of or derived from official documents</li> </ul>
72. The doctor diagnosed him with a rare that had no known cure.
<ul> <li>a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems</li> </ul>
ANSWERS: 65. philosophy, 66. ambition, 67. percussion, 68. abnormal, 69. cows, 70 marched, 71. documentary, 72. disease

- 80. Since independence, the area has been completely \_\_\_\_\_.
  - v. to intentionally not listen or pay attention to

ANSWERS: 80. ignored