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Vocabulary Builder Reference from...

Cal Newport: Why you should quit social media | TED Talk

https://www.ted.com/talks/cal_newport_why_you_should_quit_social_media

All Words

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Session 1: Word List

millennial

adj. relating to a period of a thousand years or the year 2000; (noun) a person born between the early 1980s and the late 1990s, also called Generation Y

synonym : thousand, (noun) Generation Y

(1) **millennial** record, (2) the **millennial** reign
Earth's ecosystems are greatly affected by **millennial-scale** changes in climate.

random

adj. made, done, or happening without method, conscious decision, or any regular pattern

synonym : incidental, arbitrary, unanticipated

(1) a **random** choice, (2) bombs fell at **random**
To find drunk drivers, police conduct **random** tests.

radar

n. a technology that employs radio waves to locate items that cannot be seen

synonym : sonar, radiolocation

(1) **radar** air traffic control, (2) **radar** scanning
Radar systems cannot spot the submarine.

sophomore

n. a student in their second year of college or high school; used more broadly to refer to someone who is experienced in a particular activity or field

synonym : second-year student, junior, apprentice

(1) **sophomore** in high school, (2) **sophomore** slump

The university student was now a **sophomore**, having completed their first year of studies.

dotcom

n. a company or business that primarily operates on the Internet or has a web-based presence, particularly during the late 1990s and early 2000s when the Internet was a new and rapidly growing industry

synonym : website, online business, e-commerce

(1) successful **dotcom**, (2) **dotcom** millionaire

The **dotcom** boom of the late 1990s changed the landscape of the tech industry forever.

bust

v. to break something; (noun) a woman's chest, or the measurement around a woman's chest; (noun) an occasion for something excessive, such as work, eating, drinking, etc.

synonym : ruin, fall apart, (noun) breast

(1) **bust** my leg, (2) the **bust** of the statue

I'm **bust** with preparation for tomorrow's meeting.

dorm

n. a residence hall or building that provides living quarters for students or other occupants, typically on a college or university campus

synonym : residence hall, hostel, boarding house

(1) **dorm** room, (2) university **dorm**

Living in a **dorm** can be a great way to meet new people when you're in college.

suddenly

adv. quickly and unexpectedly

synonym : abruptly, unexpectedly, unawares

(1) **suddenly** attacked by an enemy, (2) die **suddenly**

Who answers **suddenly** knows little.

excite

v. to make someone feel suddenly enthusiastic or eager

synonym : thrill, exhilarate, animate

(1) **excite** the crowd, (2) **excite** rebellion
The news of her promotion **excited** her.

jealousy

n. a feeling of resentment or bitterness towards someone because they have something that you desire
synonym: envy, covetousness, resentment

(1) **jealousy** feeling towards another person, (2) burn with **jealousy**

His **jealousy** of his brother's success caused a rift in their relationship.

hooked

adj. being caught or caught up in something; curved down like an eagle's beak

synonym: caught, captivated, addicted

(1) **hooked** hair, (2) **hooked** on drugs

My son was **hooked** on the Internet.

clarity

n. the quality of being coherent and understandable; the quality of transparency or purity

synonym: clearness, translucence, brightness

(1) lack of **clarity**, (2) sake of **clarity**

The publisher will proofread most of this manuscript for **clarity**.

perspective

n. a confident attitude toward something; a particular style of thinking about something

synonym: viewpoint, standpoint, outlook

(1) a **perspective** view, (2) the **perspective** of the battle

His father's death changed his whole **perspective** on life.

collaborate

v. to work with someone else to produce or achieve something

synonym: cooperate, unite, get together

(1) **collaborate** with the police, (2) **collaborate** on a press release

She agreed to **collaborate** with him in creating new artwork.

regularly

adv. at regular intervals or times

synonym : repeatedly, routinely, usually

(1) **regularly** arranged, (2) post **regularly** to a blog

This site **regularly** shares high-quality academic materials.

exposed

adj. having no protection or shield from something, such as bad weather, attack, or criticism

synonym : endangered, revealed, disclosed

(1) **exposed** to radiation, (2) an **exposed** rock

Tech companies often employ **exposed** ducts and other materials in their office interiors.

serendipity

n. the occurrence and development of events by chance in a happy or beneficial way; a fortunate accident or discovery

synonym : luck, chance, fortune

(1) **serendipity** moment, (2) **serendipity** discovery

The discovery of penicillin was a result of **serendipity**.

entertainment

n. public shows, films, television, or other performances or activities of enjoying people

synonym : amusement, recreation, enjoyment

(1) an elegant **entertainment**, (2) hour of **entertainment**

The hotel is famous for its **entertainment**, including the casino.

sustainable

adj. able to continue or be continued for a long time

synonym : continuable, endurable, tolerable

(1) **sustainable** alternative fuel, (2) principles of **sustainable** development

The government should do more to support environmentally **sustainable** agriculture.

professional

adj. having or showing the skill appropriate to a particular job; competent or skillful

synonym : skilled, competent, accomplished

(1) **professional** athlete, (2) certified **professional** secretary

He has a **professional** demeanor and always presents himself in a polished manner.

convince

v. to persuade someone or make someone believe that something is true

synonym : persuade, win over, convert

(1) **convince** her to go with us, (2) **convince** an opponent
I am considering what I should do to **convince** him.

quitter

n. a person who gives up easily or does not have the determination to finish what they have started

synonym : coward, deserter, surrender

(1) easy **quitter**, (2) serial **quitter**

He was labeled as a **quitter** after he abandoned the project halfway.

tense

adj. unable to relax because of being nervous or worried; stretched tight or rigid

synonym : tight, stretched, strained

(1) **tense** atmosphere, (2) have a **tense** face

This story makes me **tense**.

vision

n. the ability to think about or see the future with imagination and intelligence; the faculty of being able to see

synonym : sight, image, concept

(1) a prodigious **vision**, (2) telescopic **vision**

Driving is difficult for me because of my poor **vision**.

claim

v. to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true

synonym : assert, declare, maintain

(1) **claim** responsibility, (2) false **claim**

He wants to **claim** ownership of the abandoned property.

defuse

v. to reduce or eliminate the tension, anger, or hostility in a situation, especially a potentially explosive one, by calming, soothing, or pacifying those involved

synonym: calm, reduce, deactivate

(1) **defuse** a crisis, (2) **defuse** a bomb

The negotiator skillfully **defused** the tense situation with calm words and gestures.

hype

n. advertisements and media discussions informing the public about a product and how nice or vital it is

synonym: hoopla, ballyhoo, advertising

(1) media **hype**, (2) emotional **hype**

The audience was not duped by the media's **hype** around the event.

hermit

n. a person who lives alone or in seclusion from society, typically for religious or spiritual reasons; a person who avoids social interactions or seeks solitude

synonym: recluse, solitary, anchorite

(1) **hermit** lifestyle, (2) mountain **hermit**

The **hermit-monk** spent his entire life in solitary contemplation, far from the world's hustle.

hipster

n. a person who follows a trend or style characterized by a particular subculture, particularly one that is associated with alternative music, fashion, and lifestyle practices

synonym: trendsetter, nonconformist, bohemian

(1) **hipster** fashion, (2) **hipster** lifestyle

She is always wearing vintage clothing and listening to vinyl records, a true **hipster** at heart.

develop

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being

created

synonym : evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

fundamental

adj. forming an essential base or core from which everything else develops or is affected

synonym : basic, essential, entire

(1) **fundamental** education, (2) **fundamental** rights

Human behavior has **fundamental** characteristics.

reject

v. to refuse to accept, consider, or use something or someone

synonym : decline, turn down, repudiate

(1) **reject** the proposal, (2) **reject** all imperfect merchandise

The company **rejected** the job candidate's application due to a lack of experience.

extreme

adj. very great in amount or degree

synonym : farthestmost, outermost, fierce

(1) **extreme** sports, (2) **extreme** weather events

Solar gravity creates **extreme** pressures and temperatures.

rotary

adj. relating to, revolving around, or characterized by rotation or a revolving motion

synonym : circular, revolving, spinning

(1) **rotary** motion, (2) **rotary** tool

The **rotary** engine is known for its smooth and efficient operation.

stance

n. a way of thinking about something, especially expressed publicly; attitude or position of a standing person or animal

synonym : attitude, standpoint, viewpoint

(1) change her **stance**, (2) the batting **stance**

He continued to support her political **stance**.

reaction

n. a response that reveals a person's feelings or attitude;
(in chemistry) a process in which one or more
substances are changed into others

synonym: response, reply, answer

(1) chemical **reaction**, (2) trigger a **reaction**

There was a chemical **reaction** of the lime with the
groundwater.

nonsense

n. an idea, behavior, or something spoken or written that
has no meaning or makes no sense or that is silly or
unacceptable

synonym: ludicrousness, gabble, absurdity

(1) talk **nonsense**, (2) sheer **nonsense**

The parents spoke to their children in no- **nonsense** tones.

lever

n. a handle used to operate a vehicle or a machine; a rigid
bar resting on a pivot so that one end of it can be
pushed or pulled easily

synonym: lifter, crowbar, bar

(1) a gear change **lever**, (2) **lever** for reform

This initiative will be a **lever** for increasing company sales.

technological

adj. based on scientific and industrial progress

synonym: specialized, technical

(1) **technological** advancement, (2) **technological** policy

Technological advances have disrupted many industries.

shiny

adj. reflecting light and having a bright and smooth surface

synonym: polished, glossy, lustrous

(1) **shiny** surface, (2) **shiny** object

The **shiny** new car drew everyone's attention as it drove by.

exchange

v. to give something and receive something else in return,
often with the implication that the items being traded are
of equal or comparable value; (noun) the act of giving or

taking something in return for something else; a place or system where goods or services can be bought, sold, or traded

synonym: trade, swap, interchange

(1) **exchange** rate, (2) **exchange** a few friendly words

My sister and I frequently **exchange** books, as we love reading.

controversial

adj. causing a lot of hot public discussion and dispute

synonym: contentious, disputed, questionable

(1) **controversial** book, (2) **controversial** policy

The issue of the death penalty is highly **controversial**.

prefer

v. to like, choose, or want one thing or person better than another

synonym: choose, like, favor

(1) **prefer** physics to chemistry, (2) **prefer** a window seat

The birds **prefer** open water areas with reeds around them.

cable

n. a set of wires covered by plastic or rubber that carries electricity, phone signals, etc.; a solid thick rope made of twisted hemp or steel wire

synonym: wire, cord, rope

(1) **cable** television, (2) coaxial **cable**

This system uses submarine **cables** to exchange information between continents.

opposed

adj. being completely different from something or disagreeing strongly with something

synonym: anti, averse, hostile

(1) two **opposed** characters, (2) absolutely **opposed** to abortion

I'm strongly **opposed** to that plan.

slot

n. a long, narrow opening or groove, typically one that is cut into a hard material, that is designed to receive and hold an object in place

synonym : notch, groove, channel

(1) memory **slot**, (2) mail **slot**

I inserted the coin into the **slot** and hit the button to start the game.

accidental

adj. happening or existing by chance or unintentionally

synonym : inadvertent, fortuitous, coincidental

(1) **accidental** death, (2) cover **accidental** damage

This system prevents **accidental** deletion of data.

savory

adj. pleasing to the taste, especially by being salty, sour, or spicy rather than sweet

synonym : delicious, tasty, appetizing

(1) **savory** dish, (2) a **savory** omelet

The **savory** aroma of roasted chicken filled the kitchen.

hire

v. to give somebody a job

synonym : employ, engage, lease

(1) **hire** a guide, (2) **hire** a car by the hour

We should always be prepared to **hire** talented recruits.

individual

n. a single person or thing, as distinct from a group

synonym : person, being, self

(1) a private **individual**, (2) **individual** freedom

As an **individual**, he had the right to make his own decisions and live his life as he saw fit.

engineer

n. a person whose job is designing, building, or maintaining something such as machines, structures, or software

synonym : architect, creator, builder

(1) a civil **engineer**, (2) **engineer** shortage

The **engineer** will repair my telephone tomorrow morning.

principle

n. a fundamental law or truth that explains or controls how something happens or works

synonym : rule, creed, code

(1) **principle** of treatment, (2) **principle** in business
Efficiency isn't an essential **principle** here; fairness is.

casino

n. a business or establishment that provides gambling services, such as slot machines, table games, or sports betting; a facility or venue that hosts events or entertainment, often featuring dining or recreational amenities

synonym: gambling house, gaming establishment, resort casino

(1) **casino** floor, (2) **casino** games

I won \$100 at the **casino** last night playing blackjack.

gamble

v. to take risky action in the hope of being successful; to play or game for money or other stakes

synonym: bet, venture, wager

(1) **gamble** \$100 on the race, (2) **gamble** away my fortune

Will you **gamble** on the result of the fight?

addictive

adj. causing a strong desire or compulsion to use or consume repeatedly, often to the point of dependency or harm; habit-forming

synonym: habit-forming, captivating, compelling

(1) highly **addictive**, (2) **addictive** substance

The new video game was so **addictive** that he stayed up all night playing it.

desire

n. a strong feeling of wanting to have or do something

synonym: ambition, appetite, greed

(1) unsatisfied **desire**, (2) fleshly **desire**

Low sexual **desire** typically correlates with low testosterone levels.

fashion

n. a style that is popular at a particular time or place; the state of being popular

synonym: style, manner, fad

(1) go out of **fashion**, (2) new **fashion** trends

That style is no longer in **fashion**.

maxim

n. a well-known phrase that expresses a general or fundamental truth, principle, or rule for behavior

synonym : adage, proverb, aphorism

(1) old **maxim**, (2) act upon a **maxim**

A good **maxim** is never out of season.

profit

n. money that is earned in business or by selling things after deducting the costs involved

synonym : earnings, gain, proceeds

(1) gross **profit**, (2) make a **profit**

This business yields little **profit**.

extract

n. a short passage taken from a book, piece of music, etc.; a substance obtained from something through a specific process; (verb) to obtain from something or to remove something by effort or force

synonym : excerpt, quote, distillation

(1) a brief **extract** from the book, (2) botanical **extract**

Anesthetize the gum before **extracting** the teeth.

vital

adj. necessary for the success or continued existence of something

synonym : critical, crucial, invigorating

(1) play a **vital** role, (2) **vital** for a healthy society

Perseverance and optimism are **vital** to success.

economy

n. the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel

synonym : finance, trade, business

(1) **economy** of scale, (2) **economy** class

The **economy** of the country is struggling due to the recent political instability.

cultivate

v. to prepare and foster land for growing crops or plants

synonym : boost, foster, nurture

(1) **cultivate** a field, (2) **cultivate** relationships

University is a great place to **cultivate** our minds and expertise.

brand

n. a type of product, service, etc., made by a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made by burning

synonym : trademark, label, symbol

(1) create a **brand** logo, (2) the **brand** of the new car

There's a new **brand** of hero in the movies now.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym : suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

disappear

v. to cease to exist or be visible

synonym : fade, evaporate, vanish

(1) **disappear** without a trace, (2) **disappear** after a week

They watched the train **disappear** into the distance.

strand

n. a very thin natural or synthetic thread, wire, hair, etc.;
(verb) to leave or drive a vessel, fish, etc., aground or ashore

synonym : fiber, filament, string

(1) a **strand** of fine hair, (2) double- **strand** DNA

I heard several melodic **strands** simultaneously.

competitive

adj. involving competition or competitiveness

synonym : aggressive, ambitious, militant

(1) a **competitive** price, (2) **competitive** position

The mobile application industry is a **competitive** one.

dismiss

v. to regard something or someone as not important and not worth considering; to terminate someone's employment

synonym: decline, disband, dissolve

(1) **dismiss** a person from the office, (2) **dismiss** a matter with a laugh

The committee has decided to **dismiss** the president from the post.

epitome

n. a person or thing that is a typical or perfect example of a particular quality or type

synonym: embodiment, apotheosis

(1) an **epitome** of history, (2) world's **epitome**

He was the **epitome** of courage, always standing up for his beliefs.

smartphone

n. a mobile phone that functions as a computer and connects to the Internet

(1) **smartphone** app developer, (2) **smartphone** addict

Internet traffic volumes have increased significantly with the advent of **smartphones**.

definition

n. a concise explanation of the meaning of a word, phrase, or symbol

synonym: description, connotation, meaning

(1) a precise **definition**, (2) the **definition** of a word

Parallel lines are, by **definition**, lines on the same plane that never cross.

reward

n. a thing given in acknowledgment of service, hard work, achievement, etc.

synonym: compensation, gratuity, bonus

(1) the **reward** for good works, (2) shopping **rewards** cards

Night fishing has a lot of **rewards**.

concentration

n. the ability to focus all your time and energy on one thing without thinking about anything else.

synonym : attention, engagement, assiduity

(1) **concentration** of armaments, (2) his research area of **concentration**

This exam requires excellent **concentration** to pass.

craftsman

n. a skilled worker who creates handmade objects, especially one who works with wood, metal, or other materials

synonym : artisan, mechanic, workman

(1) **craftsman** skill, (2) a subtle **craftsman**

The adept **craftsman** carefully carved the wooden figurine with precision and skill.

elegant

adj. pleasing and graceful in appearance or manner, or showing good taste and refinement

synonym : refined, sophisticated, graceful

(1) **elegant** design, (2) write **elegant** sentences

She wore an **elegant** evening gown to the gala.

algorithm

n. a set of rules or rigorous instructions typically used to solve a specific problem or to perform a computation

synonym : logic, method, rule

(1) the RSA **algorithm**, (2) **algorithm** for image processing

We can evaluate the performance of an **algorithm** in terms of computation time.

prose

n. a type of written or spoken language that is not organized in verse or rhyme

synonym : narrative, writing, story

(1) **prose** fiction, (2) rhythmical **prose**

The novel was written in **prose**, with no rhyme or meter.

ambiguous

adj. open to more than one interpretation; not clear or decided

synonym : unclear, uncertain, equivocal

(1) **ambiguous** situation, (2) clarify **ambiguous** points

The instructions provided were **ambiguous** and confused the team.

statistics

n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

(1) **statistics** for cancer, (2) official **statistics**

The **statistics** demonstrate that poverty and unemployment are genuine problems.

insight

n. the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like

synonym: wisdom, discernment, understanding

(1) a profound **insight**, (2) share my **insights**

We gained various **insights** by analyzing the vast amount of data owned by the company.

transform

v. to change in outward structure or looks;

synonym: alter, convert, change

(1) **transform** an education system, (2) **transform** heat into power

My father's death **transformed** my life completely.

strategy

n. a detailed plan of action designed to achieve a long-term or overall goal.

synonym: approach, procedure, scenario

(1) military **strategy**, (2) develop a **strategy**

Our plan includes a comprehensive marketing **strategy**.

outcome

n. the result or effect of an action, event, etc.

synonym: result, consequence, effect

(1) improved student **outcomes**, (2) a desirable **outcome**

They awaited news of the **outcome** of the election.

regardless

adv. not paying attention or considering something or someone even if the situation is bad or there are difficulties

synonym : anyhow, nevertheless, still

(1) **regardless** of the difficulties, (2) **regardless** tread
People can pick out superior products **regardless** of the quality of the advertising.

core

n. the most essential or fundamental part of something
synonym : center, basis, heart

(1) the **core** of an apple, (2) **core** business activity
These gas nebulas are merely newborn galactic **cores**.

harmless

adj. not able or not likely to cause damage or harm
synonym : benign, innocuous, inoffensive

(1) **harmless** in most people, (2) **harmless** substances
Most people thought of him as a **harmless** eccentric.

weird

adj. extraordinary, unexpected, or difficult to explain
synonym : bizarre, creepy, peculiar

(1) a **weird** dress, (2) the state of being **weird**
My computer has been acting **weird** recently.

twit

n. a silly or foolish person; someone regarded as annoying or irritating
synonym : fool, idiot, imbecile

(1) celebrity **twit**, (2) neighborhood **twit**
Please ignore that **twit** on social media; their opinions are irrelevant.

adopt

v. to choose to follow something; to legally take a child from another family and care for them as if they were one's own
synonym : accept, assume, take on

(1) **adopt** a child, (2) **adopt** a bill
The national assembly has **adopted** the budget.

frank

adj. honest and sincere; open and candid in expression
synonym : candid, direct, freehearted

(1) **frank** and open discussion, (2) make a **frank** apology
Full involvement means **frank** and prompt responses.

confront

v. to face, meet or deal with a problem or difficult situation or person

synonym: engage, encounter, contend

(1) **confront** a global warming, (2) **confront** the issue
He finally decided to **confront** problems directly.

head-on

adj. occurring or done directly, without any intermediaries or avoidance; confronting or facing something directly, without any evasion or compromise

synonym: head-to-head, direct, confrontational

(1) **head-on** argument, (2) **head-on** approach

A **head-on** collision on the highway led to a major traffic jam.

decision

n. the act or process of making up someone's mind about something; a choice or judgment reached after considering options

synonym: choice, determination, judgment

(1) **decision** authority, (2) a selfish **decision**

She was struggling to make a **decision** between two job offers.

embrace

v. to accept something willingly and enthusiastically;
(noun) the act of clasping another person in the arms as in greeting or affection

synonym: grasp, hold tightly, accept

(1) **embrace** an opportunity, (2) a warm **embrace**

The woods **embrace** the house.

argue

v. to express differing opinions or points of view, often in a heated or contentious manner; to present a case or reasoning to persuade or convince others

synonym: debate, dispute, quarrel

(1) **argue** a case, (2) **argue** passionately

The couple began to **argue** over which restaurant to go to for

dinner.

intense

adj. (especially of a feeling) very strong; extremely sharp or severe

synonym: extreme, fierce, harsh

(1) **intense** heat, (2) develop **intense** itching

That statement by the prime minister drew **intense** international criticism.

fragment

n. a small piece or part broken off or detached

synonym: piece, shard, segment

(1) **fragment** of a text, (2) a broken **fragment**

The archaeologist carefully pieced together the tiny **fragments** of pottery found at the dig site.

glance

v. to give a quick or brief look; to hit something at an angle

synonym: glimpse, peek, flash

(1) **glance** around nervously, (2) **glance** at him miserably

I casually **glanced** into the small hut.

permanent

adj. lasting for a long time without essential change

synonym: lasting, ceaseless, endless

(1) literature of **permanent** value, (2) **permanent** life insurance

She is searching for a **permanent** residence.

increasingly

adv. more and more

synonym: more and more, progressively

(1) **increasingly** become common, (2) face **increasingly** complicated challenges

Our company found it **increasingly** difficult to keep up with the competition.

negative

adj. having the quality of something bad or harmful; expressing refusal

synonym: minus, adverse, pessimistic

(1) have a **negative** effect, (2) a **negative** number
The movie has received almost universally **negative** criticism.

thrive

v. to grow vigorously; to make steady progress
synonym: bloom, flourish, prosper

(1) **thrive** in a society, (2) **thrive** on pressure
Without investment, a business cannot **thrive**.

sustain

v. to supply enough of what somebody or something needs to survive or exist; to accept as valid
synonym: maintain, nurture, support

(1) **sustain** a good relationship with him, (2) **sustain** a wellness lifestyle
She struggled to **sustain** the children's reading habits.

relevance

n. the state or degree of being closely connected or appropriate to the matter at hand
synonym: pertinence, applicability, connection

(1) have no **relevance**, (2) **relevance** category
The **relevance** of this information to the current situation needs to be investigated.

psychology

n. the scientific study of mind and behavior

(1) **psychology** experiment, (2) **psychology** of crowd
She had a master's degree in **psychology**.

isolate

v. to physically or socially separate someone or something from other people or things
synonym: separate, sequester, insulate

(1) **isolate** a compound, (2) **isolate** a patient
You should not **isolate** them from the community.

constant

adj. happening repeatedly or all the time
synonym: ceaseless, stable, unchanging

(1) a **constant** wind, (2) a **constant** temperature

Constant dropping wears away the stone.

exposure

n. the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret

synonym: vulnerability, disclosure, uncovering

(1) a southern **exposure**, (2) the **exposure** of a fraud

The long **exposure** to the air tarnished the antique tableware.

curate

n. a clergyman who is in charge of a parish; a person in charge of a museum, gallery, or church, responsible for the care and display of its collections and exhibitions; (verb) to carefully select, organize, and maintain items in a collection, exhibition, or presentation

synonym: minister, caretaker, (verb) arrange

(1) perpetual **curate**, (2) **curate** an art website

The art museum has hired a **curate** to select and display pieces from its collection.

portrayal

n. a representation or depiction of someone or something, especially in art, literature, or drama

synonym: depiction, representation, characterization

(1) **portrayal** representation, (2) accurate **portrayal**

Critics praised her **portrayal** of the character.

inadequate

adj. not sufficient or enough

synonym: insufficient, lacking, lacking enough

(1) an **inadequate** income, (2) **inadequate** funding

The small budget was **inadequate** to cover all the necessary expenses for the project.

depression

n. a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market

synonym: recession, slump, despair

(1) the Great **Depression**, (2) the root problem of her **depression**

Depression symptoms might include a decrease in appetite and weight loss.

mismatch

v. to put together or match items that are not compatible or do not fit well together; to be different from or not correspond to something else

synonym : mismatch, discord, clash

(1) **mismatch** expectations, (2) **mismatch** socks

The colors of the shirt and pants totally **mismatch**, making the outfit look ridiculous.

brain

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

synonym : intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage

X-rays revealed a small tumor in his **brain**.

expose

v. to show something by uncovering it; to make something accessible to some action or influence

synonym : disclose, reveal, uncover

(1) **expose** a crime, (2) **expose** a person to risks

That newspaper **exposed** a political scandal in a big way.

stimulus

n. something that causes growth or arouses action

synonym : incitement, inspiration, motivation

(1) a response to a **stimulus**, (2) economic **stimulus**

This book provides children with ideas and a **stimulus** for outside recreation.

intermittent

adj. occurring at irregular intervals; not continuous or steady; stopping and starting periodically; sporadic

synonym : sporadic, irregular, periodic

(1) **intermittent** fever, (2) **intermittent** Wi-Fi

The **intermittent** rain made it difficult to plan a picnic.

handle

v. to deal with a situation, problem, or strong emotion

synonym : control, manage, deal with

(1) **handle** a precious object, (2) **handled** the incident
We all should learn how to **handle** stress.

circuit

n. (in electrical engineering) an electrical device that provides a path for electrical current to flow; a journey or route around a particular place or area

synonym: route, course, rotation

(1) **circuit** breaker, (2) federal **circuit** courts

An intelligent battery has a voltage monitoring **circuit**.

cognitive

adj. of or relating to mental processes of understanding

synonym: perceivable, mind, mental

(1) improve **cognitive** function, (2) research on **cognitive** psychology

His **cognitive** faculties were getting worse because of a lack of sleep.

consequence

n. the outcome of a particular action or event, especially relative to an individual

synonym: result, impact, outcome

(1) unintended **consequences**, (2) the **consequence** of an argument

These economic activities had disastrous environmental **consequences**.

pervasive

adj. spreading or existing throughout every part of a thing or place

synonym: extensive, ubiquitous, prevalent

(1) **pervasive** language, (2) the **pervasive** odor of garlic

Suspicion and worry were **pervasive** in our minds.

background

n. the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem

synonym: ground, experience, backdrop

(1) a **background** color, (2) a criminal **background**

The company's hiring criteria emphasize personality, not a person's **background**.

humming

adj. producing a continuous, low, vibrating sound like that of the bee

synonym : buzzing, droning, vibrating

(1) **humming** sound, (2) **humming** bird

The **humming** of the bees filled the air as she walked through the garden.

anxiety

n. a feeling of worry, nervousness, or unease about something that is happening or might happen in the future

synonym : concern, dread, agita

(1) diagnosis of **anxiety** disorder, (2) **anxiety** for knowledge
She waited for her daughter with **anxiety**.

coal

n. a combustible black or brownish-black sedimentary rock that is found below the ground and burnt to produce heat

synonym : ember

(1) a **coal-fired** ship, (2) construction of new **coal** plants
We combust **coal** and other fossil fuels to generate electricity.

ubiquitous

adj. being or existing everywhere at once

synonym : universal, omnipresent, everywhere

(1) **ubiquitous** computing, (2) **ubiquitous** across ecosystems

Sugar is **ubiquitous** in food.

relate

v. to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something

synonym : connect, link, associate

(1) **relate** a story, (2) **relate** a message

He tried to **relate** his experience to the group, but they couldn't understand.

disorder

n. an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions

synonym: chaos, disturbance, disease

(1) the files are in complete **disorder**, (2) people with bipolar **disorder**

The doctor prescribed some medicine for the mental **disorder**.

miserable

adj. very unhappy, uncomfortable, or unpleasant; causing great distress or suffering

synonym: unhappy, wretched, cheerless

(1) **miserable** weather, (2) **miserable** experience

She felt **miserable** after her dog passed away.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

synonym: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

identify

v. to recognize someone or something and say or prove who or what they are

synonym: determine, specify, recognize

(1) **identify** handwriting, (2) **identify** gene sequences

I will introduce you to how to **identify** the leading causes of the malfunction.

outweigh

v. to be heavier, more significant, or more critical than something

synonym: dominate, outrank, overpower

(1) **outweigh** the benefit, (2) **outweigh** our wishes

The advantages would undoubtedly **outweigh** the disadvantages.

trivial

adj. of little value or importance

synonym: insignificant, minor, unimportant

(1) a **trivial** man, (2) for **trivial** reasons

The problem seemed **trivial** initially, but it became a significant issue.

scare

v. to frighten a person or animal, or to become frightened

synonym: frighten, spook, intimidate

(1) **scare** off her attacker by screaming, (2) **scare** the birds away

We hit the ground to **scare** out the rabbits.

accord

n. an official agreement or treaty between two organizations, countries, etc.; (verb) allow to have

synonym: alliance, pact, agreement

(1) **accord** with public opinion, (2) binational **accord**

The organization finally signed a peace **accord**.

process

n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

synonym: procedure, method, system

(1) **process** improvement, (2) decision-making **process**

The **process** for applying for a visa can be lengthy and complicated.

detoxification

n. (also detox) the process of removing harmful or toxic substances from the body; the process of eliminating or reducing the harmful effects of something

synonym: cleansing, purification, detox

(1) **detoxification** process, (2) natural **detoxification**

Detoxification programs can help eliminate harmful

substances and improve overall health.

uncomfortable

adj. providing or feeling physical discomfort or slight pain

synonym : comfortless, discomforting, painful

(1) an **uncomfortable** silence, (2) with an **uncomfortable** face

His abusive words made me **uncomfortable**.

anxious

adj. worried and nervous

synonym : nervous, uneasy, afraid

(1) **anxious** about his health, (2) an **anxious** look

He cast **anxious** glances behind her.

limb

n. an arm and leg of a person or animal

synonym : arm, appendage, branch

(1) a prosthetic **limb**, (2) **limb** amputation

You should wrap the bandage carefully and firmly around the injured **limb**.

settle

v. to reach an agreement of disagreement

synonym : inhabit, occupy, decide

(1) **settle** a dispute, (2) **settle** down in the town

I don't want to **settle** for second best.

institutionalize

v. to establish or make something a part of an institution (= a place such as a university, hospital, etc.)

synonym : formalize, establish, regularize

(1) **institutionalize** a system, (2) **institutionalize** customary laws

The new policy aims to **institutionalize** the use of renewable energy sources.

preserve

v. to keep or maintain a particular quality, feature, etc., especially to prevent it from decaying, being damaged, or being destroyed

synonym : conserve, care for, maintain

(1) **preserve** my strength, (2) **preserve** a country's heritage
They worked hard to **preserve** the nature of their native lands.

intensify

v. to increase or make something increase in extent or strength

synonym: amplify, boost, strengthen

(1) **intensify** diplomatic efforts, (2) **intensify** a good relationship

Rebels have pledged to **intensify** the armed struggle against the dictatorship.

peaceful

adj. not involving violence, conflict, or war

synonym: friendly, pacific, amicable

(1) **peaceful** country, (2) **peaceful** coexistence

Plutonium has limited **peaceful** applications.

leisure

n. the freedom provided by the absence of pressures or responsibilities

synonym: relaxation, rest, downtime

(1) **leisure** activity, (2) a person of **leisure**

I like to spend my **leisure** time playing sports or reading on weekends.

leather

n. a material made from the skin of an animal, typically by tanning, and used for clothing, shoes, furniture, and other items

synonym: hide, skin, suede

(1) enameled **leather**, (2) **leather** boots

The **leather** jacket was worn in but still comfortable.

hardcover

n. a book with a rigid and durable cover made of thick material, such as cardboard, typically providing better protection for the pages than a softcover or paperback

synonym: hardback, hardbound

(1) **hardcover** novel, (2) **hardcover** edition

I prefer reading **hardcover** books because they are more durable than paperbacks.

old-fashioned

adj. of or relating to a time in the past; not modern

synonym : antiquated, ancient, outdated

(1) an **old-fashioned** person, (2) **old-fashioned** in appearance

My father is **old-fashioned** in his thinking.

thread

n. a fine cord of natural or synthetic fibers or filaments, such as cotton or nylon, used in sewing, knitting, or weaving; a series of connected messages or comments on a social media platform or online forum, often related to a particular topic; a sequence or line of events, ideas, or actions that are connected or related; (verb) to pass a thread through a needle or other small opening, in preparation for sewing or stitching

synonym : filament, string, yarn

(1) **thread** a catheter, (2) start a new **thread**

The detective followed a **thread** of clues which ultimately led to the suspect's arrest.

argument

n. a set of statements or reasons used to support or refute a proposition or theory; a verbal or physical fight or dispute

synonym : debate, discourse, discussion

(1) a blazing **argument**, (2) the **argument** against capital punishment

The **argument** between the two sides over the proposed policy was heated.

summarize

v. to give a brief statement of the most important facts or ideas about something

synonym : recap, outline, digest

(1) **summarizes** the main ideas, (2) **summarize** text

Each chapter **summarizes** the most critical issues.

discard

v. to throw something away or get rid of something that you no longer wanted or need

synonym: throw away, reject, abandon

(1) **discard** old beliefs, (2) **discard** the downloaded data

He **discarded** the old torn shirt and bought a new one.

emphasize

v. to give or show particular importance to something

synonym: highlight, accentuate, stress

(1) **emphasize** her words, (2) **emphasize** a direct relationship

Use italics or capitals to **emphasize** a word in a piece of writing.

trade-off

n. a balance achieved between two desirable but incompatible features; an exchange that occurs as a compromise

synonym: compromise, balance, exchange

(1) **trade-off** problem, (2) environmental **trade-off**

There was a **trade-off** between speed and accuracy in the task.

fin

n. a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance

synonym: flipper, appendage, stabilizer

(1) back **fin**, (2) a **fin** of a plane

The shark's powerful **fins** allowed it to swim at high speeds.

associate

v. to mentally connect someone or something with someone or something else

synonym: tie in, link, consociate

(1) **associate** alcohol with gambling, (2) **associate** with people widely

The majority of consumers **associate** this brand with quality.

calculus

n. a branch of mathematics that deals with rates of change and limits; the accumulation of hard mineral deposits that can form in organs or ducts in the body, such as

kidney stones or gallstones

synonym : mathematics, math, analysis

(1) **calculus** equations, (2) **calculus** disease

I needed help understanding the advanced **calculus** course material.

disagree

v. to have or express a different opinion, idea, etc.

synonym : discord, oppose, dissent

(1) **disagree** about a particular issue, (2) **disagree** with a plan

I **disagree** for reasons already stated above.

scathe

v. to harm or injure someone or something, often by using words or criticism; to cut or wound deeply

synonym : damage, harm, hurt

(1) **scathe** the coastal town, (2) **scathe** the politician's credibility

The harsh words from her boss were enough to **scathe** her confidence for the rest of the day.

accurate

adj. correct and exact in all details

synonym : exact, precise, proper

(1) provide **accurate** information, (2) **accurate** measurements

The official transcript contains **accurate** academic records.

critique

n. a detailed analysis or examination of something, especially a literary, philosophical, or political theory; an essay or article that gives a critical evaluation

synonym : review, analysis, appraisal

(1) a **critique** of the social system, (2) devastating **critique**

Following the **critique** from the professor, students rewrite their essays and submit them for final evaluation.

Session 2: Spelling

1. a ne____ve number *adj.* having the quality of something bad or harmful; expressing refusal
2. hi____r lifestyle *n.* a person who follows a trend or style characterized by a particular subculture, particularly one that is associated with alternative music, fashion, and lifestyle practices
3. sc__e the birds away *v.* to frighten a person or animal, or to become frightened
4. a st____d of fine hair *n.* a very thin natural or synthetic thread, wire, hair, etc.; (verb) to leave or drive a vessel, fish, etc., aground or ashore
5. a co____nt wind *adj.* happening repeatedly or all the time
6. natural det_____ion *n.* (also detox) the process of removing harmful or toxic substances from the body; the process of eliminating or reducing the harmful effects of something
7. old ma__m *n.* a well-known phrase that expresses a general or fundamental truth, principle, or rule for behavior
8. ac____te measurements *adj.* correct and exact in all details
9. a prosthetic l__b *n.* an arm and leg of a person or animal
10. binational ac____d *n.* an official agreement or treaty between two organizations, countries, etc.; (verb) allow to have

ANSWERS: 1. negative, 2. hipster, 3. scare, 4. strand, 5. constant, 6. detoxification, 7. maxim, 8. accurate, 9. limb, 10. accord

11. a civil en_____er *n.* a person whose job is designing, building, or maintaining something such as machines, structures, or software
12. de___e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
13. new fa_____n trends *n.* a style that is popular at a particular time or place; the state of being popular
14. tr_____ff problem *n.* a balance achieved between two desirable but incompatible features; an exchange that occurs as a compromise
15. perpetual cu___e *n.* a clergyman who is in charge of a parish; a person in charge of a museum, gallery, or church, responsible for the care and display of its collections and exhibitions; (verb) to carefully select, organize, and maintain items in a collection, exhibition, or presentation
16. com_____ve position *adj.* involving competition or competitiveness
17. the pe_____ve odor of garlic *adj.* spreading or existing throughout every part of a thing or place
18. devastating cr_____ue *n.* a detailed analysis or examination of something, especially a literary, philosophical, or political theory; an essay or article that gives a critical evaluation
19. b__t my leg *v.* to break something; (noun) a woman's chest, or the measurement around a woman's chest; (noun) an occasion for something excessive, such as work, eating, drinking, etc.

ANSWERS: 11. engineer, 12. decide, 13. fashion, 14. trade-off, 15. curate, 16. competitive, 17. pervasive, 18. critique, 19. bust

20. re___t all imperfect merchandise *v.* to refuse to accept, consider, or use something or someone
21. el_____t design *adj.* pleasing and graceful in appearance or manner, or showing good taste and refinement
22. am_____us situation *adj.* open to more than one interpretation; not clear or decided
23. ac___d with public opinion *n.* an official agreement or treaty between two organizations, countries, etc.; (verb) allow to have
24. an op_____ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
25. a tr_____l man *adj.* of little value or importance
26. cr_____an skill *n.* a skilled worker who creates handmade objects, especially one who works with wood, metal, or other materials
27. a cr_____ue of the social system *n.* a detailed analysis or examination of something, especially a literary, philosophical, or political theory; an essay or article that gives a critical evaluation
28. a warm em_____e *v.* to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection
29. make a pr___t *n.* money that is earned in business or by selling things after deducting the costs involved

ANSWERS: 20. reject, 21. elegant, 22. ambiguous, 23. accord, 24. opportune, 25. trivial, 26. craftsman, 27. critique, 28. embrace, 29. profit

30. po_____al representation *n.* a representation or depiction of someone or something, especially in art, literature, or drama
31. as_____te with people widely *v.* to mentally connect someone or something with someone or something else
32. burn with je_____sy *n.* a feeling of resentment or bitterness towards someone because they have something that you desire
33. con_____ial policy *adj.* causing a lot of hot public discussion and dispute
34. id_____fy handwriting *v.* to recognize someone or something and say or prove who or what they are
35. the batting st_____e *n.* a way of thinking about something, especially expressed publicly; attitude or position of a standing person or animal
36. ins_____ize customary laws *v.* to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
37. su_____ze text *v.* to give a brief statement of the most important facts or ideas about something
38. an old_____ned person *adj.* of or relating to a time in the past; not modern
39. ca_____us disease *n.* a branch of mathematics that deals with rates of change and limits; the accumulation of hard mineral deposits that can form in organs or ducts in the body, such as kidney stones or gallstones

ANSWERS: 30. portrayal, 31. associate, 32. jealousy, 33. controversial, 34. identify, 35. stance, 36. institutionalize, 37. summarize, 38. old-fashioned, 39. calculus

40. a subtle cr_____an *n.* a skilled worker who creates handmade objects, especially one who works with wood, metal, or other materials
41. th____d a catheter *n.* a fine cord of natural or synthetic fibers or filaments, such as cotton or nylon, used in sewing, knitting, or weaving; a series of connected messages or comments on a social media platform or online forum, often related to a particular topic; a sequence or line of events, ideas, or actions that are connected or related; (verb) to pass a thread through a needle or other small opening, in preparation for sewing or stitching
42. em_____ze her words *v.* to give or show particular importance to something
43. double-st____d DNA *n.* a very thin natural or synthetic thread, wire, hair, etc.; (verb) to leave or drive a vessel, fish, etc., aground or ashore
44. psy_____gy of crowd *n.* the scientific study of mind and behavior
45. co_____ce an opponent *v.* to persuade someone or make someone believe that something is true
46. a southern ex_____re *n.* the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret
47. th____e on pressure *v.* to grow vigorously; to make steady progress

ANSWERS: 40. craftsman, 41. thread, 42. emphasize, 43. strand, 44. psychology, 45. convince, 46. exposure, 47. thrive

48. col_____te on a press release *v.* to work with someone else to produce or achieve something
49. th___e in a society *v.* to grow vigorously; to make steady progress
50. sc__e off her attacker by screaming *v.* to frighten a person or animal, or to become frightened
51. tr_____rm an education system *v.* to change in outward structure or looks;
52. l__b amputation *n.* an arm and leg of a person or animal
53. cu___e an art website *n.* a clergyman who is in charge of a parish; a person in charge of a museum, gallery, or church, responsible for the care and display of its collections and exhibitions; (verb) to carefully select, organize, and maintain items in a collection, exhibition, or presentation
54. unintended con_____ces *n.* the outcome of a particular action or event, especially relative to an individual
55. the state of being we__d *adj.* extraordinary, unexpected, or difficult to explain
56. sa___y dish *adj.* pleasing to the taste, especially by being salty, sour, or spicy rather than sweet
57. false cl__m *v.* to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true

ANSWERS: 48. collaborate, 49. thrive, 50. scare, 51. transform, 52. limb, 53. curate, 54. consequence, 55. weird, 56. savory, 57. claim

58. cl__m responsibility *v.* to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true
59. sma_____ne app developer *n.* a mobile phone that functions as a computer and connects to the Internet
60. develop in_____e itching *adj.* (especially of a feeling) very strong; extremely sharp or severe
61. a private ind_____al *n.* a single person or thing, as distinct from a group
62. mi_____ch expectations *v.* to put together or match items that are not compatible or do not fit well together; to be different from or not correspond to something else
63. ubi_____us computing *adj.* being or existing everywhere at once
64. is_____e a compound *v.* to physically or socially separate someone or something from other people or things
65. he_____n argument *adj.* occurring or done directly, without any intermediaries or avoidance; confronting or facing something directly, without any evasion or compromise
66. ad__t a child *v.* to choose to follow something; to legally take a child from another family and care for them as if they were one's own
67. principles of sus_____le development *adj.* able to continue or be continued for a long time

ANSWERS: 58. claim, 59. smartphone, 60. intense, 61. individual, 62. mismatch, 63. ubiquitous, 64. isolate, 65. head-on, 66. adopt, 67. sustainable

68. con_____ion of armaments *n.* the ability to focus all your time and energy on one thing without thinking about anything else.
69. people with bipolar di_____er *n.* an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
70. the Great Dep_____on *n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
71. a com_____ve price *adj.* involving competition or competitiveness
72. a bac_____nd color *n.* the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem
73. ex_____e sports *adj.* very great in amount or degree
74. hour of ent_____ent *n.* public shows, films, television, or other performances or activities of enjoying people
75. an elegant ent_____ent *n.* public shows, films, television, or other performances or activities of enjoying people
76. ec_____y class *n.* the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel

ANSWERS: 68. concentration, 69. disorder, 70. depression, 71. competitive, 72. background, 73. extreme, 74. entertainment, 75. entertainment, 76. economy

77. emotional h__e *n.* advertisements and media discussions informing the public about a product and how nice or vital it is
78. ha___e a precious object *v.* to deal with a situation, problem, or strong emotion
79. the RSA al_____hm *n.* a set of rules or rigorous instructions typically used to solve a specific problem or to perform a computation
80. ca__e television *n.* a set of wires covered by plastic or rubber that carries electricity, phone signals, etc.; a solid thick rope made of twisted hemp or steel wire
81. sus_____le alternative fuel *adj.* able to continue or be continued for a long time
82. unsatisfied de___e *n.* a strong feeling of wanting to have or do something
83. em_____e an opportunity *v.* to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection
84. sc___e the politician's credibility *v.* to harm or injure someone or something, often by using words or criticism; to cut or wound deeply
85. the re___d for good works *n.* a thing given in acknowledgment of service, hard work, achievement, etc.
86. ga___e away my fortune *v.* to take risky action in the hope of being successful; to play or game for money or other stakes
87. the ex_____re of a fraud *n.* the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret

ANSWERS: 77. hype, 78. handle, 79. algorithm, 80. cable, 81. sustainable, 82. desire, 83. embrace, 84. scathe, 85. reward, 86. gamble, 87. exposure

88. ca___o games *n.* a business or establishment that provides gambling services, such as slot machines, table games, or sports betting; a facility or venue that hosts events or entertainment, often featuring dining or recreational amenities
89. a gear change le__r *n.* a handle used to operate a vehicle or a machine; a rigid bar resting on a pivot so that one end of it can be pushed or pulled easily
90. sake of cl____y *n.* the quality of being coherent and understandable; the quality of transparency or purity
91. pe_____nt life insurance *adj.* lasting for a long time without essential change
92. tr_____rm heat into power *v.* to change in outward structure or looks;
93. ha_____ss substances *adj.* not able or not likely to cause damage or harm
94. with an unc_____ble face *adj.* providing or feeling physical discomfort or slight pain
95. ar__e passionately *v.* to express differing opinions or points of view, often in a heated or contentious manner; to present a case or reasoning to persuade or convince others
96. ha_____er edition *n.* a book with a rigid and durable cover made of thick material, such as cardboard, typically providing better protection for the pages than a softcover or paperback

ANSWERS: 88. casino, 89. lever, 90. clarity, 91. permanent, 92. transform, 93. harmless, 94. uncomfortable, 95. argue, 96. hardcover

97. pr____s improvement *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
98. accurate po_____al *n.* a representation or depiction of someone or something, especially in art, literature, or drama
99. det_____ion process *n.* (also detox) the process of removing harmful or toxic substances from the body; the process of eliminating or reducing the harmful effects of something
100. a desirable ou_____e *n.* the result or effect of an action, event, etc.
101. de_____on authority *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
102. op_____ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
103. the c__e of an apple *n.* the most essential or fundamental part of something
104. ar__e a case *v.* to express differing opinions or points of view, often in a heated or contentious manner; to present a case or reasoning to persuade or convince others

ANSWERS: 97. process, 98. portrayal, 99. detoxification, 100. outcome, 101. decision, 102. opportune, 103. core, 104. argue

105. ina_____te funding	<i>adj.</i> not sufficient or enough
106. a broken fr_____nt	<i>n.</i> a small piece or part broken off or detached
107. the b__t of the statue	<i>v.</i> to break something; (noun) a woman's chest, or the measurement around a woman's chest; (noun) an occasion for something excessive, such as work, eating, drinking, etc.
108. a f_n of a plane	<i>n.</i> a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance
109. ubi_____us across ecosystems	<i>adj.</i> being or existing everywhere at once
110. certified pro_____nal secretary	<i>adj.</i> having or showing the skill appropriate to a particular job; competent or skillful
111. al_____hm for image processing	<i>n.</i> a set of rules or rigorous instructions typically used to solve a specific problem or to perform a computation
112. ex_____e weather events	<i>adj.</i> very great in amount or degree
113. as_____te alcohol with gambling	<i>v.</i> to mentally connect someone or something with someone or something else
114. de___e a question	<i>v.</i> to make up someone's mind about something; to come to a conclusion or judgment after considering options
115. co_____nt the issue	<i>v.</i> to face, meet or deal with a problem or difficult situation or person
116. he___t lifestyle	<i>n.</i> a person who lives alone or in seclusion from society, typically for religious or spiritual reasons; a person who avoids social interactions or seeks solitude

ANSWERS: 105. inadequate, 106. fragment, 107. bust, 108. fin, 109. ubiquitous, 110. professional, 111. algorithm, 112. extreme, 113. associate, 114. decide, 115. confront, 116. hermit

117. ra__r scanning	<i>n.</i> a technology that employs radio waves to locate items that cannot be seen
118. col_____te with the police	<i>v.</i> to work with someone else to produce or achieve something
119. die su_____ly	<i>adv.</i> quickly and unexpectedly
120. ou_____gh our wishes	<i>v.</i> to be heavier, more significant, or more critical than something
121. co_____nt a global warming	<i>v.</i> to face, meet or deal with a problem or difficult situation or person
122. the ar_____nt against capital punishment	<i>n.</i> a set of statements or reasons used to support or refute a proposition or theory; a verbal or physical fight or dispute
123. a response to a st_____us	<i>n.</i> something that causes growth or arouses action
124. in_____fy diplomatic efforts	<i>v.</i> to increase or make something increase in extent or strength
125. mountain he____t	<i>n.</i> a person who lives alone or in seclusion from society, typically for religious or spiritual reasons; a person who avoids social interactions or seeks solitude
126. su_____n a wellness lifestyle	<i>v.</i> to supply enough of what somebody or something needs to survive or exist; to accept as valid
127. mi_____le experience	<i>adj.</i> very unhappy, uncomfortable, or unpleasant; causing great distress or suffering
128. h__e a car by the hour	<i>v.</i> to give somebody a job

ANSWERS: 117. radar, 118. collaborate, 119. suddenly, 120. outweigh, 121. confront, 122. argument, 123. stimulus, 124. intensify, 125. hermit, 126. sustain, 127. miserable, 128. hire

129. the mil_____al reign *adj.* relating to a period of a thousand years or the year 2000; (noun) a person born between the early 1980s and the late 1990s, also called Generation Y
130. id_____fy gene sequences *v.* to recognize someone or something and say or prove who or what they are
131. chemical re_____on *n.* a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others
132. do____m millionaire *n.* a company or business that primarily operates on the Internet or has a web-based presence, particularly during the late 1990s and early 2000s when the Internet was a new and rapidly growing industry
133. construction of new c__l plants *n.* a combustible black or brownish-black sedimentary rock that is found below the ground and burnt to produce heat
134. in_____fy a good relationship *v.* to increase or make something increase in extent or strength
135. media h__e *n.* advertisements and media discussions informing the public about a product and how nice or vital it is
136. back f_n *n.* a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance
137. share my in_____ts *n.* the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like

ANSWERS: 129. millennial, 130. identify, 131. reaction, 132. dotcom, 133. coal, 134. intensify, 135. hype, 136. fin, 137. insight

138. cu_____te relationships *v.* to prepare and foster land for growing crops or plants
139. mil_____al record *adj.* relating to a period of a thousand years or the year 2000; (noun) a person born between the early 1980s and the late 1990s, also called Generation Y
140. di_____d old beliefs *v.* to throw something away or get rid of something that you no longer wanted or need
141. ec_____y of scale *n.* the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel
142. su_____ly attacked by an enemy *adv.* quickly and unexpectedly
143. le_____e activity *n.* the freedom provided by the absence of pressures or responsibilities
144. fr_____nt of a text *n.* a small piece or part broken off or detached
145. have a ne_____ve effect *adj.* having the quality of something bad or harmful; expressing refusal
146. fleshly de_____e *n.* a strong feeling of wanting to have or do something
147. sc_____e the coastal town *v.* to harm or injure someone or something, often by using words or criticism; to cut or wound deeply
148. enameled le_____r *n.* a material made from the skin of an animal, typically by tanning, and used for clothing, shoes, furniture, and other items

ANSWERS: 138. cultivate, 139. millennial, 140. discard, 141. economy, 142. suddenly, 143. leisure, 144. fragment, 145. negative, 146. desire, 147. scathe, 148. leather

149. so_____re slump *n.* a student in their second year of college or high school; used more broadly to refer to someone who is experienced in a particular activity or field
150. hu_____g bird *adj.* producing a continuous, low, vibrating sound like that of the bee
151. gl____e at him miserably *v.* to give a quick or brief look; to hit something at an angle
152. pe_____ul country *adj.* not involving violence, conflict, or war
153. ex____e rebellion *v.* to make someone feel suddenly enthusiastic or eager
154. research on co_____ve psychology *adj.* of or relating to mental processes of understanding
155. bombs fell at ra____m *adj.* made, done, or happening without method, conscious decision, or any regular pattern
156. the per_____ve of the battle *n.* a confident attitude toward something; a particular style of thinking about something
157. co_____ce her to go with us *v.* to persuade someone or make someone believe that something is true
158. int_____ent Wi-Fi *adj.* occurring at irregular intervals; not continuous or steady; stopping and starting periodically; sporadic
159. a person of le_____e *n.* the freedom provided by the absence of pressures or responsibilities
160. mail s__t *n.* a long, narrow opening or groove, typically one that is cut into a hard material, that is designed to receive and hold an object in place

ANSWERS: 149. sophomore, 150. humming, 151. glance, 152. peaceful, 153. excite, 154. cognitive, 155. random, 156. perspective, 157. convince, 158. intermittent, 159. leisure, 160. slot

161. di____d the downloaded data *v.* to throw something away or get rid of something that you no longer wanted or need
162. di____s a person from the office *v.* to regard something or someone as not important and not worth considering; to terminate someone's employment
163. ser____ty moment *n.* the occurrence and development of events by chance in a happy or beneficial way; a fortunate accident or discovery
164. a per____ve view *n.* a confident attitude toward something; a particular style of thinking about something
165. a we__d dress *adj.* extraordinary, unexpected, or difficult to explain
166. botanical ex____t *n.* a short passage taken from a book, piece of music, etc.; a substance obtained from something through a specific process; (verb) to obtain from something or to remove something by effort or force
167. pro____nal athlete *adj.* having or showing the skill appropriate to a particular job; competent or skillful
168. a precise def____on *n.* a concise explanation of the meaning of a word, phrase, or symbol
169. clarify am____us points *adj.* open to more than one interpretation; not clear or decided
170. diagnosis of an____y disorder *n.* a feeling of worry, nervousness, or unease about something that is happening or might happen in the future

ANSWERS: 161. discard, 162. dismiss, 163. serendipity, 164. perspective, 165. weird, 166. extract, 167. professional, 168. definition, 169. ambiguous, 170. anxiety

171. an____y for knowledge *n.* a feeling of worry, nervousness, or unease about something that is happening or might happen in the future
172. ex___e a crime *v.* to show something by uncovering it; to make something accessible to some action or influence
173. ho___d on drugs *adj.* being caught or caught up in something; curved down like an eagle's beak
174. economic st____us *n.* something that causes growth or arouses action
175. official sta_____cs *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
176. ex___e the crowd *v.* to make someone feel suddenly enthusiastic or eager
177. cover acc_____al damage *adj.* happening or existing by chance or unintentionally
178. su_____n a good relationship with him *v.* to supply enough of what somebody or something needs to survive or exist; to accept as valid
179. coaxial ca__e *n.* a set of wires covered by plastic or rubber that carries electricity, phone signals, etc.; a solid thick rope made of twisted hemp or steel wire
180. serial qu_____r *n.* a person who gives up easily or does not have the determination to finish what they have started
181. ex___e a person to risks *v.* to show something by uncovering it; to make something accessible to some action or influence

ANSWERS: 171. anxiety, 172. expose, 173. hooked, 174. stimulus, 175. statistics, 176. excite, 177. accidental, 178. sustain, 179. cable, 180. quitter, 181. expose

182. ind_____al freedom *n.* a single person or thing, as distinct from a group
183. a c__l-fired ship *n.* a combustible black or brownish-black sedimentary rock that is found below the ground and burnt to produce heat
184. university d__m *n.* a residence hall or building that provides living quarters for students or other occupants, typically on a college or university campus
185. le__r for reform *n.* a handle used to operate a vehicle or a machine; a rigid bar resting on a pivot so that one end of it can be pushed or pulled easily
186. literature of pe_____nt value *adj.* lasting for a long time without essential change
187. post re_____ly to a blog *adv.* at regular intervals or times
188. di_____ee with a plan *v.* to have or express a different opinion, idea, etc.
189. a blazing ar_____nt *n.* a set of statements or reasons used to support or refute a proposition or theory; a verbal or physical fight or dispute
190. improved student ou_____es *n.* the result or effect of an action, event, etc.
191. environmental tr_____ff *n.* a balance achieved between two desirable but incompatible features; an exchange that occurs as a compromise
192. easy qu_____r *n.* a person who gives up easily or does not have the determination to finish what they have started

ANSWERS: 182. individual, 183. coal, 184. dorm, 185. lever, 186. permanent, 187. regularly, 188. disagree, 189. argument, 190. outcome, 191. trade-off, 192. quitter

193. pe_____ve language *adj.* spreading or existing throughout every part of a thing or place
194. his research area of
con_____ion *n.* the ability to focus all your time and energy on one thing without thinking about anything else.
195. an_____s about his health *adj.* worried and nervous
196. ex_____ge a few friendly words *v.* to give something and receive something else in return, often with the implication that the items being traded are of equal or comparable value; (noun) the act of giving or taking something in return for something else; a place or system where goods or services can be bought, sold, or traded
197. fun_____al education *adj.* forming an essential base or core from which everything else develops or is affected
198. write el_____t sentences *adj.* pleasing and graceful in appearance or manner, or showing good taste and refinement
199. di_____ee about a particular issue *v.* to have or express a different opinion, idea, etc.
200. a prodigious vi_____n *n.* the ability to think about or see the future with imagination and intelligence; the faculty of being able to see
201. have a te__e face *adj.* unable to relax because of being nervous or worried; stretched tight or rigid
202. ad_____ve substance *adj.* causing a strong desire or compulsion to use or consume repeatedly, often to the point of dependency or harm; habit-forming

ANSWERS: 193. pervasive, 194. concentration, 195. anxious, 196. exchange, 197. fundamental, 198. elegant, 199. disagree, 200. vision, 201. tense, 202. addictive

203. inc_____gly become common *adv.* more and more
204. play a vi__l role *adj.* necessary for the success or continued existence of something
205. ci_____t breaker *n.* (in electrical engineering) an electrical device that provides a path for electrical current to flow; a journey or route around a particular place or area
206. en_____er shortage *n.* a person whose job is designing, building, or maintaining something such as machines, structures, or software
207. tec_____cal policy *adj.* based on scientific and industrial progress
208. re_____ce category *n.* the state or degree of being closely connected or appropriate to the matter at hand
209. h__e a guide *v.* to give somebody a job
210. is_____e a patient *v.* to physically or socially separate someone or something from other people or things
211. an unc_____ble silence *adj.* providing or feeling physical discomfort or slight pain
212. trigger a re_____on *n.* a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others
213. absolutely op_____d to abortion *adj.* being completely different from something or disagreeing strongly with something

ANSWERS: 203. increasingly, 204. vital, 205. circuit, 206. engineer, 207. technological, 208. relevance, 209. hire, 210. isolate, 211. uncomfortable, 212. reaction, 213. opposed

214. the con_____ce of an argument *n.* the outcome of a particular action or event, especially relative to an individual
215. make a fr__k apology *adj.* honest and sincere; open and candid in expression
216. con_____ial book *adj.* causing a lot of hot public discussion and dispute
217. ra__r air traffic control *n.* a technology that employs radio waves to locate items that cannot be seen
218. have no re_____ce *n.* the state or degree of being closely connected or appropriate to the matter at hand
219. change her st___e *n.* a way of thinking about something, especially expressed publicly; attitude or position of a standing person or animal
220. ha_____ss in most people *adj.* not able or not likely to cause damage or harm
221. telescopic vi___n *n.* the ability to think about or see the future with imagination and intelligence; the faculty of being able to see
222. le_____r boots *n.* a material made from the skin of an animal, typically by tanning, and used for clothing, shoes, furniture, and other items
223. se___e down in the town *v.* to reach an agreement of disagreement
224. pr_____ve my strength *v.* to keep or maintain a particular quality, feature, etc., especially to prevent it from decaying, being damaged, or being destroyed

ANSWERS: 214. consequence, 215. frank, 216. controversial, 217. radar, 218. relevance, 219. stance, 220. harmless, 221. vision, 222. leather, 223. settle, 224. preserve

225. permanent br__n damage *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
226. su_____zes the main ideas *v.* to give a brief statement of the most important facts or ideas about something
227. in_____e heat *adj.* (especially of a feeling) very strong; extremely sharp or severe
228. so_____re in high school *n.* a student in their second year of college or high school; used more broadly to refer to someone who is experienced in a particular activity or field
229. rhythmical pr__e *n.* a type of written or spoken language that is not organized in verse or rhyme
230. ex_____ge rate *v.* to give something and receive something else in return, often with the implication that the items being traded are of equal or comparable value; (noun) the act of giving or taking something in return for something else; a place or system where goods or services can be bought, sold, or traded
231. de_____p a skill *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
232. di_____s a matter with a laugh *v.* to regard something or someone as not important and not worth considering; to terminate someone's employment

ANSWERS: 225. brain, 226. summarize, 227. intense, 228. sophomore, 229. prose, 230. exchange, 231. develop, 232. dismiss

233. the def_____on of a word *n.* a concise explanation of the meaning of a word, phrase, or symbol
234. psy_____gy experiment *n.* the scientific study of mind and behavior
235. go out of fa_____n *n.* a style that is popular at a particular time or place; the state of being popular
236. pr____r a window seat *v.* to like, choose, or want one thing or person better than another
237. for tr_____l reasons *adj.* of little value or importance
238. the root problem of her dep_____on *n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
239. int_____ent fever *adj.* occurring at irregular intervals; not continuous or steady; stopping and starting periodically; sporadic
240. improve co_____ve function *adj.* of or relating to mental processes of understanding
241. shopping re____ds cards *n.* a thing given in acknowledgment of service, hard work, achievement, etc.
242. ser_____ty discovery *n.* the occurrence and development of events by chance in a happy or beneficial way; a fortunate accident or discovery
243. an ex_____d rock *adj.* having no protection or shield from something, such as bad weather, attack, or criticism
244. the br__d of the new car *n.* a type of product, service, etc., made by a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made by burning

ANSWERS: 233. definition, 234. psychology, 235. fashion, 236. prefer, 237. trivial, 238. depression, 239. intermittent, 240. cognitive, 241. reward, 242. serendipity, 243. exposed, 244. brand

245. re___e a story *v.* to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something
246. de___e a crisis *v.* to reduce or eliminate the tension, anger, or hostility in a situation, especially a potentially explosive one, by calming, soothing, or pacifying those involved
247. pr_____le in business *n.* a fundamental law or truth that explains or controls how something happens or works
248. sh__y object *adj.* reflecting light and having a bright and smooth surface
249. te__e atmosphere *adj.* unable to relax because of being nervous or worried; stretched tight or rigid
250. an ina_____te income *adj.* not sufficient or enough
251. reg_____ss tread *adv.* not paying attention or considering something or someone even if the situation is bad or there are difficulties
252. pe_____ul coexistence *adj.* not involving violence, conflict, or war
253. gross pr___t *n.* money that is earned in business or by selling things after deducting the costs involved
254. pr_____le of treatment *n.* a fundamental law or truth that explains or controls how something happens or works

ANSWERS: 245. relate, 246. defuse, 247. principle, 248. shiny, 249. tense, 250. inadequate, 251. regardless, 252. peaceful, 253. profit, 254. principle

255. ha_____er novel *n.* a book with a rigid and durable cover made of thick material, such as cardboard, typically providing better protection for the pages than a softcover or paperback
256. hi_____r fashion *n.* a person who follows a trend or style characterized by a particular subculture, particularly one that is associated with alternative music, fashion, and lifestyle practices
257. celebrity t__t *n.* a silly or foolish person; someone regarded as annoying or irritating
258. old_____ned in appearance *adj.* of or relating to a time in the past; not modern
259. ro___y motion *adj.* relating to, revolving around, or characterized by rotation or a revolving motion
260. ins_____ize a system *v.* to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
261. pr___r physics to chemistry *v.* to like, choose, or want one thing or person better than another
262. sheer no_____se *n.* an idea, behavior, or something spoken or written that has no meaning or makes no sense or that is silly or unacceptable
263. ad__t a bill *v.* to choose to follow something; to legally take a child from another family and care for them as if they were one's own

ANSWERS: 255. hardcover, 256. hipster, 257. twit, 258. old-fashioned, 259. rotary, 260. institutionalize, 261. prefer, 262. nonsense, 263. adopt

264. talk no____se *n.* an idea, behavior, or something spoken or written that has no meaning or makes no sense or that is silly or unacceptable
265. acc____al death *adj.* happening or existing by chance or unintentionally
266. d__m room *n.* a residence hall or building that provides living quarters for students or other occupants, typically on a college or university campus
267. a brief ex____t from the book *n.* a short passage taken from a book, piece of music, etc.; a substance obtained from something through a specific process; (verb) to obtain from something or to remove something by effort or force
268. ha____ed the incident *v.* to deal with a situation, problem, or strong emotion
269. sma____ne addict *n.* a mobile phone that functions as a computer and connects to the Internet
270. ou____gh the benefit *v.* to be heavier, more significant, or more critical than something
271. develop a st____gy *n.* a detailed plan of action designed to achieve a long-term or overall goal.
272. face inc____gly complicated challenges *adv.* more and more
273. an an____s look *adj.* worried and nervous
274. basic br__n function *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling

ANSWERS: 264. nonsense, 265. accidental, 266. dorm, 267. extract, 268. handle, 269. smartphone, 270. outweigh, 271. strategy, 272. increasingly, 273. anxious, 274. brain

275. di_____ar after a week *v.* to cease to exist or be visible
276. successful do___m *n.* a company or business that primarily operates on the Internet or has a web-based presence, particularly during the late 1990s and early 2000s when the Internet was a new and rapidly growing industry
277. federal ci_____t courts *n.* (in electrical engineering) an electrical device that provides a path for electrical current to flow; a journey or route around a particular place or area
278. cu_____te a field *v.* to prepare and foster land for growing crops or plants
279. sta_____cs for cancer *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
280. provide ac_____te information *adj.* correct and exact in all details
281. fun_____al rights *adj.* forming an essential base or core from which everything else develops or is affected
282. pr__e fiction *n.* a type of written or spoken language that is not organized in verse or rhyme
283. fr__k and open discussion *adj.* honest and sincere; open and candid in expression
284. a sa___y omelet *adj.* pleasing to the taste, especially by being salty, sour, or spicy rather than sweet
285. a ra___m choice *adj.* made, done, or happening without method, conscious decision, or any regular pattern

ANSWERS: 275. disappear, 276. dotcom, 277. circuit, 278. cultivate, 279. statistics, 280. accurate, 281. fundamental, 282. prose, 283. frank, 284. savory, 285. random

286. ex____d to radiation *adj.* having no protection or shield from something, such as bad weather, attack, or criticism
287. highly ad_____ve *adj.* causing a strong desire or compulsion to use or consume repeatedly, often to the point of dependency or harm; habit-forming
288. re___e a message *v.* to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something
289. act upon a ma__m *n.* a well-known phrase that expresses a general or fundamental truth, principle, or rule for behavior
290. di_____ar without a trace *v.* to cease to exist or be visible
291. ro___y tool *adj.* relating to, revolving around, or characterized by rotation or a revolving motion
292. ca_____us equations *n.* a branch of mathematics that deals with rates of change and limits; the accumulation of hard mineral deposits that can form in organs or ducts in the body, such as kidney stones or gallstones
293. military st_____gy *n.* a detailed plan of action designed to achieve a long-term or overall goal.
294. neighborhood t__t *n.* a silly or foolish person; someone regarded as annoying or irritating

ANSWERS: 286. exposed, 287. addictive, 288. relate, 289. maxim, 290. disappear, 291. rotary, 292. calculus, 293. strategy, 294. twit

295. re___t the proposal *v.* to refuse to accept, consider, or use something or someone
296. ho___d hair *adj.* being caught or caught up in something; curved down like an eagle's beak
297. decision-making pr____s *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
298. a selfish de____on *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
299. je____sy feeling towards another person *n.* a feeling of resentment or bitterness towards someone because they have something that you desire
300. world's ep____e *n.* a person or thing that is a typical or perfect example of a particular quality or type
301. de____p a strategy *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
302. create a br__d logo *n.* a type of product, service, etc., made by a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made by burning

ANSWERS: 295. reject, 296. hooked, 297. process, 298. decision, 299. jealousy, 300. epitome, 301. develop, 302. brand

303. reg_____ss of the difficulties *adv.* not paying attention or considering something or someone even if the situation is bad or there are difficulties
304. c__e business activity *n.* the most essential or fundamental part of something
305. a co_____nt temperature *adj.* happening repeatedly or all the time
306. the files are in complete di_____er *n.* an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
307. lack of cl_____y *n.* the quality of being coherent and understandable; the quality of transparency or purity
308. ga___e \$100 on the race *v.* to take risky action in the hope of being successful; to play or game for money or other stakes
309. he_____n approach *adj.* occurring or done directly, without any intermediaries or avoidance; confronting or facing something directly, without any evasion or compromise
310. hu_____g sound *adj.* producing a continuous, low, vibrating sound like that of the bee
311. vi__l for a healthy society *adj.* necessary for the success or continued existence of something
312. re_____ly arranged *adv.* at regular intervals or times
313. mi_____ch socks *v.* to put together or match items that are not compatible or do not fit well together; to be different from or not correspond to something else

ANSWERS: 303. regardless, 304. core, 305. constant, 306. disorder, 307. clarity, 308. gamble, 309. head-on, 310. humming, 311. vital, 312. regularly, 313. mismatch

314. em_____ze a direct relationship *v.* to give or show particular importance to something
315. sh__y surface *adj.* reflecting light and having a bright and smooth surface
316. memory s__t *n.* a long, narrow opening or groove, typically one that is cut into a hard material, that is designed to receive and hold an object in place
317. tec_____cal advancement *adj.* based on scientific and industrial progress
318. start a new th____d *n.* a fine cord of natural or synthetic fibers or filaments, such as cotton or nylon, used in sewing, knitting, or weaving; a series of connected messages or comments on a social media platform or online forum, often related to a particular topic; a sequence or line of events, ideas, or actions that are connected or related; (verb) to pass a thread through a needle or other small opening, in preparation for sewing or stitching
319. gl___e around nervously *v.* to give a quick or brief look; to hit something at an angle
320. se___e a dispute *v.* to reach an agreement of disagreement
321. pr_____ve a country's heritage *v.* to keep or maintain a particular quality, feature, etc., especially to prevent it from decaying, being damaged, or being destroyed

ANSWERS: 314. emphasize, 315. shiny, 316. slot, 317. technological, 318. thread, 319. glance, 320. settle, 321. preserve

322. mi_____le weather *adj.* very unhappy, uncomfortable, or unpleasant; causing great distress or suffering
323. de___e a bomb *v.* to reduce or eliminate the tension, anger, or hostility in a situation, especially a potentially explosive one, by calming, soothing, or pacifying those involved
324. two op_____d characters *adj.* being completely different from something or disagreeing strongly with something
325. a criminal bac_____nd *n.* the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem
326. a profound in_____t *n.* the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like
327. an ep_____e of history *n.* a person or thing that is a typical or perfect example of a particular quality or type
328. ca___o floor *n.* a business or establishment that provides gambling services, such as slot machines, table games, or sports betting; a facility or venue that hosts events or entertainment, often featuring dining or recreational amenities

ANSWERS: 322. miserable, 323. defuse, 324. opposed, 325. background, 326. insight, 327. epitome, 328. casino

Session 3: Fill in the Blanks

1. They awaited news of the _____ of the election.
n. the result or effect of an action, event, etc.

2. The company _____ the job candidate's application due to a lack of experience.
v. to refuse to accept, consider, or use something or someone

3. You should not _____ them from the community.
v. to physically or socially separate someone or something from other people or things

4. Following the _____ from the professor, students rewrite their essays and submit them for final evaluation.
n. a detailed analysis or examination of something, especially a literary, philosophical, or political theory; an essay or article that gives a critical evaluation

5. _____ advances have disrupted many industries.
adj. based on scientific and industrial progress

6. Sugar is _____ in food.
adj. being or existing everywhere at once

7. The harsh words from her boss were enough to _____ her confidence for the rest of the day.
v. to harm or injure someone or something, often by using words or criticism; to cut or wound deeply

ANSWERS: 1. outcome, 2. rejected, 3. isolate, 4. critique, 5. Technological, 6. ubiquitous, 7. scathe

8. The shark's powerful _____ allowed it to swim at high speeds.
n. a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance
9. Each chapter _____ the most critical issues.
v. to give a brief statement of the most important facts or ideas about something
10. _____ dropping wears away the stone.
adj. happening repeatedly or all the time
11. The advantages would undoubtedly _____ the disadvantages.
v. to be heavier, more significant, or more critical than something
12. The _____ of the country is struggling due to the recent political instability.
n. the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel
13. Critics praised her _____ of the character.
n. a representation or depiction of someone or something, especially in art, literature, or drama
14. This exam requires excellent _____ to pass.
n. the ability to focus all your time and energy on one thing without thinking about anything else.
15. Will you _____ on the result of the fight?
v. to take risky action in the hope of being successful; to play or game for money or other stakes

ANSWERS: 8. fins, 9. summarizes, 10. Constant, 11. outweigh, 12. economy, 13. portrayal, 14. concentration, 15. gamble

16. These gas nebulas are merely newborn galactic _____.
- n.* the most essential or fundamental part of something
17. The _____ between the two sides over the proposed policy was heated.
- n.* a set of statements or reasons used to support or refute a proposition or theory; a verbal or physical fight or dispute
18. Parallel lines are, by _____ lines on the same plane that never cross.
- n.* a concise explanation of the meaning of a word, phrase, or symbol
19. His _____ of his brother's success caused a rift in their relationship.
- n.* a feeling of resentment or bitterness towards someone because they have something that you desire
20. She waited for her daughter with _____.
- n.* a feeling of worry, nervousness, or unease about something that is happening or might happen in the future
21. Plutonium has limited _____ applications.
- adj.* not involving violence, conflict, or war
22. You should wrap the bandage carefully and firmly around the injured _____.
- n.* an arm and leg of a person or animal
23. Our company found it _____ difficult to keep up with the competition.
- adv.* more and more
24. She felt _____ after her dog passed away.
- adj.* very unhappy, uncomfortable, or unpleasant; causing great distress or suffering

ANSWERS: 16. cores, 17. argument, 18. definition, 19. jealousy, 20. anxiety, 21. peaceful, 22. limb, 23. increasingly, 24. miserable

25. He tried to _____ his experience to the group, but they couldn't understand.
- v. to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something
26. Driving is difficult for me because of my poor _____.
- n. the ability to think about or see the future with imagination and intelligence; the faculty of being able to see
27. The small budget was _____ to cover all the necessary expenses for the project.
- adj. not sufficient or enough
28. I don't want to _____ for second best.
- v. to reach an agreement of disagreement
29. The art museum has hired a _____ to select and display pieces from its collection.
- n. a clergyman who is in charge of a parish; a person in charge of a museum, gallery, or church, responsible for the care and display of its collections and exhibitions; (verb) to carefully select, organize, and maintain items in a collection, exhibition, or presentation
30. An intelligent battery has a voltage monitoring _____.
- n. (in electrical engineering) an electrical device that provides a path for electrical current to flow; a journey or route around a particular place or area
31. My sister and I frequently _____ books, as we love reading.
- v. to give something and receive something else in return, often with the implication that the items being traded are of equal or comparable value; (noun) the act of giving or taking something in return for something else; a place or system where goods or services can be bought, sold, or traded

ANSWERS: 25. relate, 26. vision, 27. inadequate, 28. settle, 29. curate, 30. circuit, 31. exchange

32. The _____ jacket was worn in but still comfortable.
n. a material made from the skin of an animal, typically by tanning, and used for clothing, shoes, furniture, and other items
33. Efficiency isn't an essential _____ here; fairness is.
n. a fundamental law or truth that explains or controls how something happens or works
34. The _____ new car drew everyone's attention as it drove by.
adj. reflecting light and having a bright and smooth surface
35. The archaeologist carefully pieced together the tiny _____ of pottery found at the dig site.
n. a small piece or part broken off or detached
36. Living in a _____ can be a great way to meet new people when you're in college.
n. a residence hall or building that provides living quarters for students or other occupants, typically on a college or university campus
37. My son was _____ on the Internet.
adj. being caught or caught up in something; curved down like an eagle's beak
38. I will introduce you to how to _____ the leading causes of the malfunction.
v. to recognize someone or something and say or prove who or what they are
39. My father is _____ in his thinking.
adj. of or relating to a time in the past; not modern
40. This story makes me _____.
adj. unable to relax because of being nervous or worried; stretched tight or rigid

ANSWERS: 32. leather, 33. principle, 34. shiny, 35. fragments, 36. dorm, 37. hooked, 38. identify, 39. old-fashioned, 40. tense

41. He finally decided to _____ problems directly.
v. to face, meet or deal with a problem or difficult situation or person
42. His abusive words made me _____.
adj. providing or feeling physical discomfort or slight pain
43. This site _____ shares high-quality academic materials.
adv. at regular intervals or times
44. We must _____ a new system to streamline our workflow and increase efficiency.
v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
45. The _____ will repair my telephone tomorrow morning.
n. a person whose job is designing, building, or maintaining something such as machines, structures, or software
46. I am considering what I should do to _____ him.
v. to persuade someone or make someone believe that something is true
47. The couple began to _____ over which restaurant to go to for dinner.
v. to express differing opinions or points of view, often in a heated or contentious manner; to present a case or reasoning to persuade or convince others
48. People can pick out superior products _____ of the quality of the advertising.
adv. not paying attention or considering something or someone even if the situation is bad or there are difficulties

ANSWERS: 41. confront, 42. uncomfortable, 43. regularly, 44. develop, 45. engineer, 46. convince, 47. argue, 48. regardless

49. _____ programs can help eliminate harmful substances and improve overall health.
- n.* (also detox) the process of removing harmful or toxic substances from the body; the process of eliminating or reducing the harmful effects of something
50. We should always be prepared to _____ talented recruits.
- v.* to give somebody a job
51. The instructions provided were _____ and confused the team.
- adj.* open to more than one interpretation; not clear or decided
52. He continued to support her political _____.
- n.* a way of thinking about something, especially expressed publicly; attitude or position of a standing person or animal
53. The novel was written in _____ with no rhyme or meter.
- n.* a type of written or spoken language that is not organized in verse or rhyme
54. The detective followed a _____ of clues which ultimately led to the suspect's arrest.
- n.* a fine cord of natural or synthetic fibers or filaments, such as cotton or nylon, used in sewing, knitting, or weaving; a series of connected messages or comments on a social media platform or online forum, often related to a particular topic; a sequence or line of events, ideas, or actions that are connected or related; (verb) to pass a thread through a needle or other small opening, in preparation for sewing or stitching
55. _____ symptoms might include a decrease in appetite and weight loss.
- n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market

ANSWERS: 49. Detoxification, 50. hire, 51. ambiguous, 52. stance, 53. prose, 54. thread, 55. Depression

56. As an _____ he had the right to make his own decisions and live his life as he saw fit.

n. a single person or thing, as distinct from a group

57. The new video game was so _____ that he stayed up all night playing it.

adj. causing a strong desire or compulsion to use or consume repeatedly, often to the point of dependency or harm; habit-forming

58. She struggled to _____ the children's reading habits.

v. to supply enough of what somebody or something needs to survive or exist; to accept as valid

59. The movie has received almost universally _____ criticism.

adj. having the quality of something bad or harmful; expressing refusal

60. Internet traffic volumes have increased significantly with the advent of _____.

n. a mobile phone that functions as a computer and connects to the Internet

61. Earth's ecosystems are greatly affected by _____ changes in climate.

adj. relating to a period of a thousand years or the year 2000; (noun) a person born between the early 1980s and the late 1990s, also called Generation Y

62. X-rays revealed a small tumor in his _____.

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

63. He was the _____ of courage, always standing up for his beliefs.

n. a person or thing that is a typical or perfect example of a particular quality or type

ANSWERS: 56. individual, 57. addictive, 58. sustain, 59. negative, 60. smartphones, 61. millennial-scale, 62. brain, 63. epitome

64. She was struggling to make a _____ between two job offers.

n. the act or process of making up someone's mind about something; a choice or judgment reached after considering options

65. We all should learn how to _____ stress.

v. to deal with a situation, problem, or strong emotion

66. The _____ rain made it difficult to plan a picnic.

adj. occurring at irregular intervals; not continuous or steady; stopping and starting periodically; sporadic

67. My father's death _____ my life completely.

v. to change in outward structure or looks;

68. This system prevents _____ deletion of data.

adj. happening or existing by chance or unintentionally

69. The _____ of this information to the current situation needs to be investigated.

n. the state or degree of being closely connected or appropriate to the matter at hand

70. His father's death changed his whole _____ on life.

n. a confident attitude toward something; a particular style of thinking about something

71. The mobile application industry is a _____ one.

adj. involving competition or competitiveness

ANSWERS: 64. decision, 65. handle, 66. intermittent, 67. transformed, 68. accidental, 69. relevance, 70. perspective, 71. competitive

72. The committee has decided to _____ the president from the post.
- v.* to regard something or someone as not important and not worth considering; to terminate someone's employment
73. Suspicion and worry were _____ in our minds.
- adj.* spreading or existing throughout every part of a thing or place
74. The organization finally signed a peace _____.
- n.* an official agreement or treaty between two organizations, countries, etc.;
(verb) allow to have
75. The company's hiring criteria emphasize personality, not a person's _____.
- n.* the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem
76. University is a great place to _____ our minds and expertise.
- v.* to prepare and foster land for growing crops or plants
77. The publisher will proofread most of this manuscript for _____.
- n.* the quality of being coherent and understandable; the quality of transparency or purity
78. She had a master's degree in _____.
- n.* the scientific study of mind and behavior
79. The majority of consumers _____ this brand with quality.
- v.* to mentally connect someone or something with someone or something else

ANSWERS: 72. dismiss, 73. pervasive, 74. accord, 75. background, 76. cultivate, 77. clarity, 78. psychology, 79. associate

80. She is searching for a _____ residence.

adj. lasting for a long time without essential change

81. The long _____ to the air tarnished the antique tableware.

n. the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret

82. There was a chemical _____ of the lime with the groundwater.

n. a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others

83. She couldn't _____ whether to order the pizza or the pasta for dinner.

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

84. The _____ for applying for a visa can be lengthy and complicated.

n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

85. Please ignore that _____ on social media; their opinions are irrelevant.

n. a silly or foolish person; someone regarded as annoying or irritating

86. We can evaluate the performance of an _____ in terms of computation time.

n. a set of rules or rigorous instructions typically used to solve a specific problem or to perform a computation

87. Solar gravity creates _____ pressures and temperatures.

adj. very great in amount or degree

ANSWERS: 80. permanent, 81. exposure, 82. reaction, 83. decide, 84. process, 85. twit, 86. algorithm, 87. extreme

88. They watched the train _____ into the distance.

v. to cease to exist or be visible

89. We combust _____ and other fossil fuels to generate electricity.

n. a combustible black or brownish-black sedimentary rock that is found below the ground and burnt to produce heat

90. The _____ engine is known for its smooth and efficient operation.

adj. relating to, revolving around, or characterized by rotation or a revolving motion

91. That style is no longer in _____.

n. a style that is popular at a particular time or place; the state of being popular

92. My computer has been acting _____ recently.

adj. extraordinary, unexpected, or difficult to explain

93. The government should do more to support environmentally _____ agriculture.

adj. able to continue or be continued for a long time

94. He wants to _____ ownership of the abandoned property.

v. to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true

95. I heard several melodic _____ simultaneously.

n. a very thin natural or synthetic thread, wire, hair, etc.; (verb) to leave or drive a vessel, fish, etc., aground or ashore

ANSWERS: 88. disappear, 89. coal, 90. rotary, 91. fashion, 92. weird, 93. sustainable, 94. claim, 95. strands

96. The hotel is famous for its _____ including the casino.
n. public shows, films, television, or other performances or activities of enjoying people
97. I inserted the coin into the _____ and hit the button to start the game.
n. a long, narrow opening or groove, typically one that is cut into a hard material, that is designed to receive and hold an object in place
98. There's a new _____ of hero in the movies now.
n. a type of product, service, etc., made by a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made by burning
99. The _____ demonstrate that poverty and unemployment are genuine problems.
n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
100. Most people thought of him as a _____ eccentric.
adj. not able or not likely to cause damage or harm
101. The _____ aroma of roasted chicken filled the kitchen.
adj. pleasing to the taste, especially by being salty, sour, or spicy rather than sweet
102. I'm _____ with preparation for tomorrow's meeting.
v. to break something; (noun) a woman's chest, or the measurement around a woman's chest; (noun) an occasion for something excessive, such as work, eating, drinking, etc.
103. To find drunk drivers, police conduct _____ tests.
adj. made, done, or happening without method, conscious decision, or any regular pattern

ANSWERS: 96. entertainment, 97. slot, 98. brand, 99. statistics, 100. harmless, 101. savory, 102. bust, 103. random

104. This business yields little _____.

- n.* money that is earned in business or by selling things after deducting the costs involved

105. Night fishing has a lot of _____.

- n.* a thing given in acknowledgment of service, hard work, achievement, etc.

106. Human behavior has _____ characteristics.

- adj.* forming an essential base or core from which everything else develops or is affected

107. Rebels have pledged to _____ the armed struggle against the dictatorship.

- v.* to increase or make something increase in extent or strength

108. I won \$100 at the _____ last night playing blackjack.

- n.* a business or establishment that provides gambling services, such as slot machines, table games, or sports betting; a facility or venue that hosts events or entertainment, often featuring dining or recreational amenities

109. Low sexual _____ typically correlates with low testosterone levels.

- n.* a strong feeling of wanting to have or do something

110. The university student was now a _____ having completed their first year of studies.

- n.* a student in their second year of college or high school; used more broadly to refer to someone who is experienced in a particular activity or field

111. The colors of the shirt and pants totally _____ making the outfit look ridiculous.

- v.* to put together or match items that are not compatible or do not fit well together; to be different from or not correspond to something else

ANSWERS: 104. profit, 105. rewards, 106. fundamental, 107. intensify, 108. casino, 109. desire, 110. sophomore, 111. mismatch,

112. Who answers _____ knows little.

adv. quickly and unexpectedly

113. The problem seemed _____ initially, but it became a significant issue.

adj. of little value or importance

114. Use italics or capitals to _____ a word in a piece of writing.

v. to give or show particular importance to something

115. The _____ spent his entire life in solitary contemplation, far from the world's hustle.

n. a person who lives alone or in seclusion from society, typically for religious or spiritual reasons; a person who avoids social interactions or seeks solitude

116. I prefer reading _____ books because they are more durable than paperbacks.

n. a book with a rigid and durable cover made of thick material, such as cardboard, typically providing better protection for the pages than a softcover or paperback

117. I needed help understanding the advanced _____ course material.

n. a branch of mathematics that deals with rates of change and limits; the accumulation of hard mineral deposits that can form in organs or ducts in the body, such as kidney stones or gallstones

118. _____ systems cannot spot the submarine.

n. a technology that employs radio waves to locate items that cannot be seen

119. These economic activities had disastrous environmental _____.

n. the outcome of a particular action or event, especially relative to an individual

ANSWERS: 112. suddenly, 113. trivial, 114. emphasize, 115. hermit-monk, 116. hardcover, 117. calculus, 118. Radar, 119. consequences

120. Anesthetize the gum before _____ the teeth.

- n.* a short passage taken from a book, piece of music, etc.; a substance obtained from something through a specific process; (verb) to obtain from something or to remove something by effort or force

121. Our plan includes a comprehensive marketing _____.

- n.* a detailed plan of action designed to achieve a long-term or overall goal.

122. This initiative will be a _____ for increasing company sales.

- n.* a handle used to operate a vehicle or a machine; a rigid bar resting on a pivot so that one end of it can be pushed or pulled easily

123. We hit the ground to _____ out the rabbits.

- v.* to frighten a person or animal, or to become frightened

124. We gained various _____ by analyzing the vast amount of data owned by the company.

- n.* the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like

125. She agreed to _____ with him in creating new artwork.

- v.* to work with someone else to produce or achieve something

126. The national assembly has _____ the budget.

- v.* to choose to follow something; to legally take a child from another family and care for them as if they were one's own

127. The discovery of penicillin was a result of _____.

- n.* the occurrence and development of events by chance in a happy or beneficial way; a fortunate accident or discovery

ANSWERS: 120. extracting, 121. strategy, 122. lever, 123. scare, 124. insights, 125. collaborate, 126. adopted, 127. serendipity

128. She wore an _____ evening gown to the gala.

adj. pleasing and graceful in appearance or manner, or showing good taste and refinement

129. The news of her promotion _____ her.

v. to make someone feel suddenly enthusiastic or eager

130. Full involvement means _____ and prompt responses.

adj. honest and sincere; open and candid in expression

131. He was labeled as a _____ after he abandoned the project halfway.

n. a person who gives up easily or does not have the determination to finish what they have started

132. The negotiator skillfully _____ the tense situation with calm words and gestures.

v. to reduce or eliminate the tension, anger, or hostility in a situation, especially a potentially explosive one, by calming, soothing, or pacifying those involved

133. The birds _____ open water areas with reeds around them.

v. to like, choose, or want one thing or person better than another

134. The issue of the death penalty is highly _____.

adj. causing a lot of hot public discussion and dispute

135. There was a _____ between speed and accuracy in the task.

n. a balance achieved between two desirable but incompatible features; an exchange that occurs as a compromise

ANSWERS: 128. elegant, 129. excited, 130. frank, 131. quitter, 132. defused, 133. prefer, 134. controversial, 135. trade-off

136. The _____ of the bees filled the air as she walked through the garden.

adj. producing a continuous, low, vibrating sound like that of the bee

137. The _____ boom of the late 1990s changed the landscape of the tech industry forever.

n. a company or business that primarily operates on the Internet or has a web-based presence, particularly during the late 1990s and early 2000s when the Internet was a new and rapidly growing industry

138. The parents spoke to their children in no-_____ tones.

n. an idea, behavior, or something spoken or written that has no meaning or makes no sense or that is silly or unacceptable

139. I'm strongly _____ to that plan.

adj. being completely different from something or disagreeing strongly with something

140. That statement by the prime minister drew _____ international criticism.

adj. (especially of a feeling) very strong; extremely sharp or severe

141. Perseverance and optimism are _____ to success.

adj. necessary for the success or continued existence of something

142. Without investment, a business cannot _____.

v. to grow vigorously; to make steady progress

143. A good _____ is never out of season.

n. a well-known phrase that expresses a general or fundamental truth, principle, or rule for behavior

ANSWERS: 136. humming, 137. dotcom, 138. nonsense, 139. opposed, 140. intense, 141. vital, 142. thrive, 143. maxim

144. They worked hard to _____ the nature of their native lands.

- v. to keep or maintain a particular quality, feature, etc., especially to prevent it from decaying, being damaged, or being destroyed

145. He _____ the old torn shirt and bought a new one.

- v. to throw something away or get rid of something that you no longer wanted or need

146. She is always wearing vintage clothing and listening to vinyl records, a true _____ at heart.

- n. a person who follows a trend or style characterized by a particular subculture, particularly one that is associated with alternative music, fashion, and lifestyle practices

147. I casually _____ into the small hut.

- v. to give a quick or brief look; to hit something at an angle

148. He cast _____ glances behind her.

- adj. worried and nervous

149. The audience was not duped by the media's _____ around the event.

- n. advertisements and media discussions informing the public about a product and how nice or vital it is

150. The new policy aims to _____ the use of renewable energy sources.

- v. to establish or make something a part of an institution (= a place such as a university, hospital, etc.)

151. That newspaper _____ a political scandal in a big way.

- v. to show something by uncovering it; to make something accessible to some action or influence

ANSWERS: 144. preserve, 145. discarded, 146. hipster, 147. glanced, 148. anxious, 149. hype, 150. institutionalize, 151. exposed

152. Tech companies often employ _____ ducts and other materials in their office interiors.

adj. having no protection or shield from something, such as bad weather, attack, or criticism

153. This book provides children with ideas and a _____ for outside recreation.

n. something that causes growth or arouses action

154. I like to spend my _____ time playing sports or reading on weekends.

n. the freedom provided by the absence of pressures or responsibilities

155. The doctor prescribed some medicine for the mental _____.

n. an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions

156. I _____ for reasons already stated above.

v. to have or express a different opinion, idea, etc.

157. The woods _____ the house.

v. to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection

158. A _____ collision on the highway led to a major traffic jam.

adj. occurring or done directly, without any intermediaries or avoidance; confronting or facing something directly, without any evasion or compromise

159. His _____ faculties were getting worse because of a lack of sleep.

adj. of or relating to mental processes of understanding

ANSWERS: 152. exposed, 153. stimulus, 154. leisure, 155. disorder, 156. disagree, 157. embrace, 158. head-on, 159. cognitive

160. The official transcript contains _____ academic records.

adj. correct and exact in all details

161. The phone rang at the most _____ time.

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

162. He has a _____ demeanor and always presents himself in a polished manner.

adj. having or showing the skill appropriate to a particular job; competent or skillful

163. This system uses submarine _____ to exchange information between continents.

n. a set of wires covered by plastic or rubber that carries electricity, phone signals, etc.; a solid thick rope made of twisted hemp or steel wire

164. The adept _____ carefully carved the wooden figurine with precision and skill.

n. a skilled worker who creates handmade objects, especially one who works with wood, metal, or other materials

ANSWERS: 160. accurate, 161. opportune, 162. professional, 163. cables, 164. craftsman