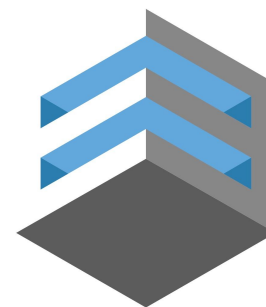


# Englist.me



## Vocabulary Builder Reference from...

Chris Nowinski: Can I have your brain? The quest for truth on concussions and CTE | TED Talk

[https://www.ted.com/talks/chris\\_nowinski\\_can\\_i\\_have\\_your\\_brain\\_the\\_quest\\_for\\_truth\\_on\\_concussions\\_and\\_cte](https://www.ted.com/talks/chris_nowinski_can_i_have_your_brain_the_quest_for_truth_on_concussions_and_cte)

### Advanced Words Only

#### IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

## Session 1: Word List

- ivy** *n.* an evergreen climbing or ground-creeping woody plant that often grows up trees or buildings  
(1) poison **ivy**, (2) **ivy** plant  
The overgrown **ivy** cleaved to the ruined castle walls.
- snob** *n.* a person who believes themselves to be socially superior or of a higher class than others, often looking down on or criticizing those perceived as inferior or less cultured  
*synonym*: snoot, elitist, pretentious person  
(1) have **snob** appeal, (2) rich **snob**  
He's a **snob** when it comes to music and only listens to classical.
- concussion** *n.* a violent blow or jolt to the head or body that jars the brain, often resulting in temporary or prolonged unconsciousness, confusion, or memory loss; a shock or upheaval caused by a sudden change or event  
*synonym*: shock, trauma, head injury  
(1) **concussion** symptoms, (2) **concussion** resistance  
The football player suffered a **concussion** after being tackled during the game.

## encephalopathy

*n.* disease or damage to the brain that disrupts the normal functioning of the brain, which cause a wide range of symptoms, including memory loss, confusion, seizures, and decreased cognitive abilities

*synonym* : brain disease, brain damage, neurological disorder

(1) hepatic **encephalopathy**, (2) acute **encephalopathy**

A severe case of **encephalopathy** left the patient with permanent brain damage.

## rot

*v.* to decay, or cause something to decay, naturally and gradually

*synonym* : perish, decay, corrode

(1) begin to **rot**, (2) **rot** with age

Please refrigerate the meat, or it will **rot**.

## degenerate

*v.* (of a person, animal, or plant) to become worse in health or physical condition

*synonym* : deteriorate, decline, decay

(1) **degenerate** into a disagreement, (2) **degenerate** into recession

The once-thriving city has **degenerated** into a crime-ridden slum.

## cognition

*n.* the psychological process of perception and learning and reasoning; the mental action or process by which knowledge and understanding are developed in the mind

*synonym* : awareness, understanding, comprehension

(1) social **cognition**, (2) **cognition** disorder

The professor focused on the research of infant **cognition**.

## dementia

*n.* a severe decline in cognitive function, especially memory, as a result of disease or injury

*synonym* : cognitive decline, memory loss, Alzheimer's disease

(1) **dementia** patients, (2) probably have **dementia**

The study found that regular exercise can help to prevent the onset of **dementia** in older age.

## quote

*v.* to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services

*synonym* : cite, reference, mention

(1) **quote** a source, (2) **quote** a price

In his speech, he **quoted** a famous philosopher to emphasize his point.

## sniff

*v.* to inhale audibly through the nose, often to detect or identify a smell; to draw in air through the nostrils with a quick, audible intake of breath

*synonym* : smell, inhale, scent

(1) **sniff** the air, (2) **sniff** the perfume

The dog stopped to **sniff** around the tree, looking for something interesting.

## kinship

*n.* the state or fact of being related to someone

*synonym* : family, relationship, connection

(1) **kinship** ties, (2) **kinship** relations

She felt a sense of **kinship** with her new colleagues.

## grieve

*v.* to feel or show great sadness or sorrow, especially for someone who has died

*synonym* : mourn, lament, sorrow

(1) **grieve** for loss, (2) **grieve** at the sad news

She **grieved** the loss of her parents.

## gracious

*adj.* behaving in a kind, polite and generous way

*synonym* : cordial, affable, courteous

(1) in a **gracious** manner, (2) **gracious** hospitality

The staff is always helpful and **gracious**.

## stern

*adj.* serious, unyielding, or strict in manner or attitude

*synonym* : severe, harsh, strict

(1) **stern** warning, (2) a **stern** look

The students' antics did not amuse the **stern** teacher.

## obituary

*n.* a notice of someone's death, often appearing in a newspaper or online; a published account of someone's life and achievements after their death

*synonym* : death notice, memorial, necrology

(1) **obituary** notice, (2) **obituary** column

The man's **obituary** was published in the local newspaper.

## dale

*n.* a valley or a broad, low area between hills or mountains, often with a stream or river running through it

*synonym* : valley, glen, hollow

(1) **dale** landscape, (2) fertile **dale**

The grassy **dale** was filled with wildflowers and grazing sheep.

## frightening

*adj.* causing fear or alarm, or very surprising and alarming

*synonym* : scary, terrifying, alarming

(1) cast **frightening** eyes, (2) **frightening** experience

The news of the pandemic was a **frightening** reminder of the fragility of human health.

## industrious

*adj.* hardworking, diligent, and persistent in effort

*synonym* : diligent, hardworking, assiduous

(1) **industrious** worker, (2) **industrious** student

He was known to be very **industrious** and would often work late into the night.

## Session 2: Spelling

1. ob\_\_\_\_ry column *n.* a notice of someone's death, often appearing in a newspaper or online; a published account of someone's life and achievements after their death
2. gr\_\_\_e at the sad news *v.* to feel or show great sadness or sorrow, especially for someone who has died
3. qu\_\_e a price *v.* to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services
4. probably have de\_\_\_\_ia *n.* a severe decline in cognitive function, especially memory, as a result of disease or injury
5. poison i\_y *n.* an evergreen climbing or ground-creeping woody plant that often grows up trees or buildings
6. a st\_\_n look *adj.* serious, unyielding, or strict in manner or attitude
7. fertile d\_\_e *n.* a valley or a broad, low area between hills or mountains, often with a stream or river running through it
8. ki\_\_\_\_p ties *n.* the state or fact of being related to someone
9. ob\_\_\_\_ry notice *n.* a notice of someone's death, often appearing in a newspaper or online; a published account of someone's life and achievements after their death

ANSWERS: 1. obituary, 2. grieve, 3. quote, 4. dementia, 5. ivy, 6. stern, 7. dale, 8. kinship, 9. obituary



19. gr\_\_\_e for loss      *v.* to feel or show great sadness or sorrow, especially for someone who has died
20. qu\_\_e a source      *v.* to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services
21. st\_\_n warning      *adj.* serious, unyielding, or strict in manner or attitude
22. r\_t with age      *v.* to decay, or cause something to decay, naturally and gradually
23. social co\_\_\_\_\_on      *n.* the psychological process of perception and learning and reasoning; the mental action or process by which knowledge and understanding are developed in the mind
24. ki\_\_\_\_\_p relations      *n.* the state or fact of being related to someone
25. in a gr\_\_\_\_\_us manner      *adj.* behaving in a kind, polite and generous way
26. sn\_\_f the perfume      *v.* to inhale audibly through the nose, often to detect or identify a smell; to draw in air through the nostrils with a quick, audible intake of breath
27. fri\_\_\_\_\_ng experience      *adj.* causing fear or alarm, or very surprising and alarming
28. have s\_\_b appeal      *n.* a person who believes themselves to be socially superior or of a higher class than others, often looking down on or criticizing those perceived as inferior or less cultured

ANSWERS: 19. grieve, 20. quote, 21. stern, 22. rot, 23. cognition, 24. kinship, 25. gracious, 26. sniff, 27. frightening, 28. snob

29. deg\_\_\_\_\_te into recession *v.* (of a person, animal, or plant) to become worse in health or physical condition
30. con\_\_\_\_\_on resistance *n.* a violent blow or jolt to the head or body that jars the brain, often resulting in temporary or prolonged unconsciousness, confusion, or memory loss; a shock or upheaval caused by a sudden change or event
31. co\_\_\_\_\_on disorder *n.* the psychological process of perception and learning and reasoning; the mental action or process by which knowledge and understanding are developed in the mind
32. gr\_\_\_\_\_us hospitality *adj.* behaving in a kind, polite and generous way
33. ind\_\_\_\_\_us worker *adj.* hardworking, diligent, and persistent in effort
34. con\_\_\_\_\_on symptoms *n.* a violent blow or jolt to the head or body that jars the brain, often resulting in temporary or prolonged unconsciousness, confusion, or memory loss; a shock or upheaval caused by a sudden change or event
35. begin to r\_t *v.* to decay, or cause something to decay, naturally and gradually
36. i\_y plant *n.* an evergreen climbing or ground-creeping woody plant that often grows up trees or buildings

ANSWERS: 29. degenerate, 30. concussion, 31. cognition, 32. gracious, 33. industrious, 34. concussion, 35. rot, 36. ivy



## Session 3: Fill in the Blanks

1. She \_\_\_\_\_ the loss of her parents.
  - v. to feel or show great sadness or sorrow, especially for someone who has died
  
2. The dog stopped to \_\_\_\_\_ around the tree, looking for something interesting.
  - v. to inhale audibly through the nose, often to detect or identify a smell; to draw in air through the nostrils with a quick, audible intake of breath
  
3. He's a \_\_\_\_\_ when it comes to music and only listens to classical.
  - n. a person who believes themselves to be socially superior or of a higher class than others, often looking down on or criticizing those perceived as inferior or less cultured
  
4. The man's \_\_\_\_\_ was published in the local newspaper.
  - n. a notice of someone's death, often appearing in a newspaper or online; a published account of someone's life and achievements after their death
  
5. Please refrigerate the meat, or it will \_\_\_\_\_.
  - v. to decay, or cause something to decay, naturally and gradually
  
6. The grassy \_\_\_\_\_ was filled with wildflowers and grazing sheep.
  - n. a valley or a broad, low area between hills or mountains, often with a stream or river running through it
  
7. The once-thriving city has \_\_\_\_\_ into a crime-ridden slum.
  - v. (of a person, animal, or plant) to become worse in health or physical condition
  
8. In his speech, he \_\_\_\_\_ a famous philosopher to emphasize his point.
  - v. to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services

ANSWERS: 1. grieved, 2. sniff, 3. snob, 4. obituary, 5. rot, 6. dale, 7. degenerated, 8. quoted

9. The news of the pandemic was a \_\_\_\_\_ reminder of the fragility of human health.

*adj.* causing fear or alarm, or very surprising and alarming

10. The overgrown \_\_\_\_ cleaved to the ruined castle walls.

*n.* an evergreen climbing or ground-creeping woody plant that often grows up trees or buildings

11. She felt a sense of \_\_\_\_\_ with her new colleagues.

*n.* the state or fact of being related to someone

12. The football player suffered a \_\_\_\_\_ after being tackled during the game.

*n.* a violent blow or jolt to the head or body that jars the brain, often resulting in temporary or prolonged unconsciousness, confusion, or memory loss; a shock or upheaval caused by a sudden change or event

13. The professor focused on the research of infant \_\_\_\_\_.

*n.* the psychological process of perception and learning and reasoning; the mental action or process by which knowledge and understanding are developed in the mind

14. The study found that regular exercise can help to prevent the onset of \_\_\_\_\_ in older age.

*n.* a severe decline in cognitive function, especially memory, as a result of disease or injury

15. The staff is always helpful and \_\_\_\_\_.

*adj.* behaving in a kind, polite and generous way

16. The students' antics did not amuse the \_\_\_\_\_ teacher.

*adj.* serious, unyielding, or strict in manner or attitude

ANSWERS: 9. frightening, 10. ivy, 11. kinship, 12. concussion, 13. cognition, 14. dementia, 15. gracious, 16. stern

17. A severe case of \_\_\_\_\_ left the patient with permanent brain damage.

*n.* disease or damage to the brain that disrupts the normal functioning of the brain, which cause a wide range of symptoms, including memory loss, confusion, seizures, and decreased cognitive abilities

18. He was known to be very \_\_\_\_\_ and would often work late into the night.

*adj.* hardworking, diligent, and persistent in effort

ANSWERS: 17. encephalopathy, 18. industrious