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Vocabulary Builder Reference from...

Dixon Chibanda: Why I train grandmothers to treat depression | TED Talk

https://www.ted.com/talks/dixon_chibanda_why_i_trai

n_grandmothers_to_treat_depression



All Words

IMPORTANT

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Session 1: Word List

bench

 a long, flat surface, often elevated and supported by legs, used for sitting, working, or displaying objects; persons who administer justice

synonym: seat, terrace, judiciary

(1) bench conference, (2) bench board

I sat on the **bench** in the park and enjoyed the beautiful scenery.

miserable

adj. very unhappy, uncomfortable, or unpleasant; causing great distress or suffering

synonym: unhappy, wretched, cheerless

(1) **miserable** weather, (2) **miserable** experience

She felt **miserable** after her dog passed away.

dejected

adj. feeling or showing sadness, lack of hope, or confidence; disheartened; depressed

synonym: downcast, disheartened, depressed

(1) look **dejected**, (2) a **dejected** expression

After receiving a rejection letter from the job interview, she felt **dejected** and hopeless.

communal

adj. belonging to or used by a group rather than individuals; for common use

synonym: collaborative, combined, collective

(1) **communal** swimming pool, (2) **communal** combination of funds

Communal elections were held in several European countries.

jack

 a mechanical device used for lifting or supporting heavy objects

synonym: lever, crank, wrench

(1) a jack of all trades, (2) a line-in jackHe used a jack to lift the car to change the tire.

envelop

- v. to surround and cover completely; to encasesynonym: wrap, cover, surround
- (1) **envelop** the whole world, (2) **envelop** her in a bear hug The fog **enveloped** the city, making it difficult to see.

clinic

 a building or hospital department where people can go for medical care or advice, especially of a particular condition

synonym: hospital, infirmary

(1) visit to the veterinary **clinic**, (2) a dental **clinic** She holds a **clinic** on Tuesday mornings.

nurse

 a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury

synonym: healthcare worker, caregiver, medic

(1) **nurse** practitioner, (2) a volunteer **nurse**The night shift **nurse** checked my vital signs before administering the medication.

invite

v. to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place

synonym: ask, request, summon

(1) **invite** guests, (2) **invite** criticism

We want to **invite** you to our annual charity event.

silent

adj. without any or little soundsynonym: quiet, hushed, mute

(1) **silent** reading, (2) give **silent** consent

The politician remained **silent** despite intense media scrutiny.

pause

 to take a short break from talking or doing something before continuing

synonym: halt, break, intermit

(1) **pause** a moment, (2) **pause** for a reaction

The man **paused** before opening the door.

breath

the air that is taken into and expelled from your lungs;
 the process of taking into and expelling air from your lungs

synonym: air, puff, whiff

(1) hold your **breath**, (2) **breath** of wind

He bated his **breath** when talking about this affair.

swelling

 an abnormal local enlargement of a part of your body, mainly because of illness or injury

synonym: bulge, bump, inflammation

(1) **swelling** of the ankle, (2) hard **swelling** on the body After intensive icing by the trainer, the **swelling** went down.

unemployed

adj. not having a job, although able to work

synonym: idle, inactive, jobless

(1) assignment for the **unemployed** youth, (2) people who are **unemployed**

My father was **unemployed** for so long.

recurrent

adj. occurring again, repeatedly, or frequently; returning synonym: continual, repeated, frequent

(1) recurrent problem, (2) recurrent miscarriage

The patient has been experiencing recurrent headaches for

weeks.

exchange

v. to give something and receive something else in return, often with the implication that the items being traded are of equal or comparable value; (noun) the act of giving or taking something in return for something else; a place or system where goods or services can be bought, sold, or traded

synonym: trade, swap, interchange

(1) **exchange** rate, (2) **exchange** a few friendly words My sister and I frequently **exchange** books, as we love reading.

symptom

 any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease

synonym: sign, manifestation, syndrome

(1) **symptoms** of low testosterone, (2) neurotic **symptoms** The patient displays a **symptom** of a side effect.

floodgate

 a gate used to control the flow of water in a dam or waterway; a situation or event that allows a sudden and large release of something, such as information or emotion

synonym: dam, barrier, gate

(1) closing of the **floodgate**, (2) loose **floodgates** of grief The company's innovative product release opened the **floodgates** for competitors to follow suit.

equivalent

- n. having the same value, quality, meaning, purpose, etc.synonym: equal, counterpart, match
- (1) **equivalent** amounts, (2) **equivalent** in meaning The European Central Bank is Europe's **equivalent** of the Federal Reserve.

depression

n. a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an

economy or market

synonym: recession, slump, despair

(1) the Great **Depression**, (2) the root problem of her **depression**

Depression symptoms might include a decrease in appetite and weight loss.

organization

a group of people who work together for a shared purpose

synonym: association, institution, community

(1) **organization** chart, (2) agricultural **organization**She is the president of a large international **organization**.

estimate

v. to guess or calculate the cost, size, value, etc. of something

synonym: calculate, gauge, evaluate

(1) **estimate** a fair value, (2) **estimate** this chicken to weigh three pounds

We **estimated** the season's total trade deficit at \$50 billion.

suffer

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

synonym: endure, undergo, tolerate

(1) suffer a setback, (2) suffer bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

commit

v. to do something illegal or wrong

synonym: engage, carry out, execute

(1) **commit** suicide, (2) **commit** mistakes

The military has **committed** an abuse of human rights.

suicide

n. the act of killing yourself intentionally

synonym: self-destruction, self-annihilation, felo-de-se

(1) commit **suicide**, (2) **suicide** attack

In an economically prosperous country, most male suicide is

due to child support problems.

largely

adv. virtually entirely; to a large degree synonym: mainly, chiefly, broadly

(1) **largely** accepted, (2) **largely** mitigate the issue Nevada is **largely** a desert state.

abuse

- n. the use of something in an incorrect or harmful mannersynonym: misuse, misconduct, vilification
- (1) the problem of drug **abuse**, (2) victim of sexual **abuse** Our company has an audit team that monitors directors for **abuse** of authority.

conflict

 a strong disagreement, argument, or a violent clash between two opposing groups or individuals

synonym: clash, discord, competition

(1) the **conflict** between good and evil, (2) the longstanding **conflict**

He and I often had **conflicts**, not only in personality but also in ideology.

violent

adj. involving or caused by physical force or aggression against someone or something

synonym: aggressive, intense, turbulent

(1) victim of a **violent** crime, (2) **violent** incident The protesters became **violent** when the police tried to disperse them.

isolation

n. the condition of being alone or lonely; the act or state of separation between persons or groups

synonym: aloneness, seclusion, separateness

(1) **isolation** booth, (2) the country's **isolation**

That incident led to his **isolation**.

endless

adj. having no end or conclusion; infinitely very large in size or amount

synonym:

infinite, ceaseless, boundless

(1) endless possibilities, (2) endless hours

He looked out the window at the **endless** stream of people.

avert

v. to prevent something dangerous or undesirable from happening

synonym: discourage, prevent, deter

(1) avert disaster, (2) avert a strike

The dam systematically releases large amounts of water to avert flooding during the rainy season

psychiatry

- n. the branch of medicine concerned with the study, treatment, and prevention of mental illnesssynonym: mental health, psychology, psychoanalysis
- (1) **psychiatry** therapy, (2) biological **psychiatry**The field of **psychiatry** is constantly evolving, with new treatments and approaches being developed all the time.

psychology

- the scientific study of mind and behavior
- (1) **psychology** experiment, (2) **psychology** of crowd She had a master's degree in **psychology**.

instance

- n. a particular example or single occurrence of somethingsynonym: example, sample, illustration
- (1) for **instance**, (2) notable **instance**These articles cite five **instances** of climate change.

ratio

n. the relative size or amount of one thing to another, typically expressed in the form of a fraction or decimal

synonym: proportion, rate, quota

(1) debt-to-income **ratio**, (2) **ratio** of boys to girls The **ratio** of water to sugar in the recipe is 1:2.

approximately

adv. close to a specific number or time but not exactly that number or time

synonym: about, around, roughly

(1) **approximately** 3 feet long, (2) **approximately** same This trail takes **approximately** 2.5 hours.

context

 the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning

synonym: background, setting, environment

(1) historical context,(2) legal contextIt's important to understand the context of a situation before

making a decision.

emergency

 a sudden unforeseen crisis usually involving danger that requires immediate action

synonym: crisis, trouble, difficulty

(1) **emergency** action, (2) acute **emergency**. The president declared a state of **emergency**.

patient

 a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic

synonym: client, recipient, subject

(1) **patient** in the hospital, (2) **patient** with weight loss. The doctor carefully examined the **patient's** medical history.

overdose

excessive and dangerous ingestion or application of a drug

synonym: superfluousness, exuberance, excessiveness

(1) **overdose** of alcohol, (2) opioid **overdose** It would help if you refrained from an **overdose** of caffeine.

depart

- v. to go away or leave, especially to start a journey synonym: go away, leave, vacate
- (1) arrive and **depart** on time, (2) **depart** from the faith We **departed** before the temperature fell below zero.

neuropsychiatric

adj. relating to mental disorders that have a neurological or physiological basis or to the study of the interplay between neurological and psychiatric phenomena

synonym: neurobehavioral, neuropsychological, psychiatric

(1) **neuropsychiatric** disorder, (2) **neuropsychiatric** evaluation

Researchers are studying the **neuropsychiatric** effects of certain medications on the brain.

evaluate

v. to assess or estimate the quality, significance, quantity, or value of something

synonym: assess, estimate, consider

(1) **evaluate** the grant proposal, (2) **evaluate** a situation The meeting aims to **evaluate** possible choices.

obvious

adj. easy to see, discover or understand synonym: apparent, conspicuous, evident

(1) **obvious** reasons, (2) his conclusion was **obvious** There are **obvious** differences between the two wine-producing regions.

assess

 to judge or decide the nature or quality of someone or something

synonym: estimate, evaluate, consider

(1) **assess** a tax of 10 pounds, (2) **assess** the quality Our company needs to **assess** the business impact of climate change.

observation

n. the act or activity of carefully examining or monitoring something or someone

synonym: watching, notice, reflection

(1) class **observation** day, (2) **observation** instrument In the hospital, she will remain under constant **observation**.

antidepressant

- any of a class of drugs used to reduce feelings of sadness and worry
- (1) an antidepressant drug, (2) antidepressant effect

She has been taking **antidepressants** since her baby died.

conclude

v. to come to an end or close; to reach a judgment or opinion by reasoning

synonym: complete, finish, decide

(1) **conclude** a meeting, (2) **conclude** that he is healthy We **concluded** a cease-fire.

release

- v. to set free or allow to escape from confinement synonym: free, let go, discharge
- (1) **release** a prisoner, (2) **release** CO2 into the air The animal rights group worked to **release** the dolphins back into the wild.

assume

 to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance

synonym: guess, presume, suppose

(1) **assume** a lousy attitude to his boss, (2) **assume** an important role

The following example **assumes** that the capacity of each battery is the same.

committed

adj. willing to put in a lot of effort, time, and energy into something; firmly believing in something

synonym: devoted, faithful, attached

(1) in a **committed** relationship, (2) strong and **committed** sales staff

Our company is strongly **committed** to meeting customers' needs.

mango

n. tropical fruit with smooth, juicy flesh and a large, hard seed in the middle

synonym: fruit, tropical fruit

(1) ripe mango, (2) fresh mango

She cut the mango into small pieces and added them to the

salad.

jerk

v. to make a sudden, sharp movement, or cause something to do this

synonym: wrench, jolt, twitch

(1) jerk her head back, (2) jerk the rope

The driver suddenly **jerked** the steering wheel to the left to avoid hitting the deer.

reaction

a response that reveals a person's feelings or attitude;
 (in chemistry) a process in which one or more substances are changed into others

synonym: response, reply, answer

(1) chemical **reaction**, (2) trigger a **reaction**There was a chemical **reaction** of the lime with the groundwater.

strike

- v. to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon synonym: hit, impact, influence
- strike up a conversation, (2) strike a blow
 we strike to achieve more wages and safer working conditions.

core

- n. the most essential or fundamental part of somethingsynonym: center, basis, heart
- (1) the **core** of an apple, (2) **core** business activity
 These gas nebulas are merely newborn galactic **cores**.

discovery

 the act or process of finding information, a place, or an object, or learning about something that was previously not known

synonym: finding, uncovering, detection

(1) a scientific **discovery**, (2) the great **discovery** of the century

Her research team made an important discovery.

consult

v. to seek or get advice or information from a person, book, or other source having special knowledge on a particular subject

synonym: confer, consider, see

(1) regularly **consult** with a doctor, (2) **consult** my wallet Always **consult** a lawyer before launching a business.

colleague

 one of a group of a coworker, especially in a profession or a business

synonym: coworker, associate, fellow

collaborate with colleagues,
 former colleague
 decided to seek counseling on the advice of my colleague.

suddenly

adv. quickly and unexpectedly

synonym: abruptly, unexpectedly, unawares

suddenly attacked by an enemy, (2) die suddenly
 Who answers suddenly knows little.

dawn

 the time of day when the sun's light starts to show in the sky

synonym: daybreak, sunrise, advent

the wan light of dawn,
 crack of dawn
 dawn
 missile assaults on the capital continued around dawn

reliable

adj. worthy of being relied on; trustworthysynonym: dependable, trustworthy, dedicated

(1) **reliable** access, (2) guarantee **reliable** delivery Trains are **reliable**, inexpensive, and ideal for long-distance travel.

heaven

n. (of various religious and mythological traditions) a place or state of existence considered to be the abode of the divine, the afterlife, or a higher realm of being; a state of great happiness, contentment, or beauty

synonym: paradise, nirvana, utopia

(1) ascend to **heaven**, (2) **heaven** on earth

He felt like **heaven** when he tasted the delicious chocolate

cake.

therapy

 the act of caring for someone through medication, remedial training, etc.

synonym: antidote, medicine, treatment

(1) therapy for a patient, (2) field of gene therapyI underwent aversion therapy for my addiction to alcohol.

empower

- v. to give someone the power or authority to do something synonym: authorize, endow, entitle
- (1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

empathy

- n. the ability to share another person's feelings or experiences by imagining that person's situation
- synonym: compassion, sympathy, tenderness
- (1) full of **empathy**, (2) **empathy** for patients **Empathy** is also necessary to understand history.

cognitive

- adj. of or relating to mental processes of understanding synonym: perceivable, mind, mental
- (1) improve **cognitive** function, (2) research on **cognitive** psychology

His **cognitive** faculties were getting worse because of a lack of sleep.

schedule

 a list of planned activities, tasks, or things that must be completed showing when they are intended to happen or be done

synonym: agenda, program, itinerary

(1) a heavy **schedule**, (2) arrange my **schedule**So far, the meeting is going according to **schedule**.

digital

adj. processing or storing information as a succession of 1 and 0 to show that a signal is present or missing; relating to the use of computer technology, especially the internet

synonym: numerical, computerized, cyber

(1) a **digital** watch, (2) **digital** electronic signature Sensors convert physical phenomena into **digital** signals.

journal

a newspaper or magazine specialized in a specific topic or profession

synonym: periodical, diary, bulletin

(1) scientific journal, (2) journal articles

The physician is reading the journals related to medicine

medical

adj. relating to the treatment of illness or injuries; relating to the practice of medicine

synonym: health, disease, treatment

(1) a **medical** opinion, (2) temporary **medical** treatment The **medical** team worked quickly to save the patient's life.

association

 a people or groups of people who have joined in a single organization together for a particular purpose; a social or business connection or relationship

synonym: affiliation, collaboration, society

(1) word **associations**, (2) a scholarship **association** His membership in the **association** provided him with numerous benefits.

ideate

 to conceive of and develop an idea or concept in one's mind, often as part of a creative process or a problem-solving effort

synonym: conceive, think up, brainstorm

(1) ideate solutions, (2) ideate process

The team met to **ideate** new marketing strategies for the upcoming product launch.

clinical

adj. of or relating to the examination and treatment of patients rather than theoretical or laboratory studies

synonym: dispassionate, analytic, scientific

(1) **clinical** surgery, (2) participate in **clinical** trials She received special **clinical** training at the hospital.

expand

v. to increase or to make something greater in size, number, or importance

synonym: extend, grow, boost

(1) **expand** a lineup, (2) **expand** agricultural output They hope to **expand** their business worldwide.

platform

n. the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed

synonym: stage, podium, forum

- (1) an arrival **platform**, (2) a digital **platform** for enterprise The speaker mounted the **platform** and started to speak.
- a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.

synonym: opening, lacuna, spread

(1) the **gap** between ideal and reality, (2) distance **gap**Many people are working together to close the gender **gap**.

neurological

adj. of or relating to the science of neurology or the nervous system

synonym: nervous, neural, brain-related

(1) fever with **neurological** signs, (2) **neurological** symptoms

The patient was diagnosed with a **neurological** disorder affecting their motor skills.

substance

 the real physical material of which a thing or person consist; the most important or main part of some idea or

gap

experience; an illegal drug synonym: essence, core, material

(1) an explosive **substance**, (2) **substance** abuse problem The **substance** of the argument was well-presented.

disorder

 an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions

synonym: chaos, disturbance, disease

(1) the files are in complete **disorder**, (2) people with bipolar **disorder**

The doctor prescribed some medicine for the mental **disorder**.

fin

 a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance

synonym: flipper, appendage, stabilizer

(1) back fin, (2) a fin of a plane

The shark's powerful **fins** allowed it to swim at high speeds.

photograph

 a picture or image that is produced by a camera; a visual representation or record of a person, object, or scene that has been captured electronically or on film

synonym: photo, picture, snapshot

(1) **photograph** album, (2) **photograph** memories I found an old **photograph** of my grandparents from their wedding day.

session

 a formal meeting or series of meetings for the execution of a particular group's functions; a period spent doing a particular activity

synonym: conference, gathering

(1) the morning **session**, (2) the court **session** Parliament is now in **session**.

employ

v. to give somebody a job and pay them for it; to make use of

synonym: hire, engage, use

(1) **employ** job seekers, (2) **employ** a new method When making arrests, police officers frequently **employ** excessive force.

cheer

- to give a loud shout to show support, praise, or approval synonym: comfort, encourage, hearten
- (1) **cheer** for the home team, (2) **cheer** me up Supporters in the stands **cheered** at every goal.
- a feeling of respect and wonder inspired by someone or something greatly admired

synonym: wonder, amazement, reverence

(1) a feeling of **awe**, (2) in **awe** of the situation The **awe-inspiring** mountains dominate the landscape.

pioneer

inventor; explorer; someone who is among the first to achieve something

synonym: frontiersperson, innovator, trailblazer

(1) act as a pioneer, (2) early pioneers John Whitney was a computer animation **pioneer**.

- the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
- (1) **statistics** for cancer, (2) official **statistics** The **statistics** demonstrate that poverty and unemployment are genuine problems.

statistics

Session 2: Spelling

1.	a line-in jk	n.	a mechanical device used for lifting or supporting heavy objects
2.	arrange my scle	n.	a list of planned activities, tasks, or things that must be completed showing when they are intended to happen or be done
3.	people with bipolar dier	n.	an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
4.	biological psyry	n.	the branch of medicine concerned with the study, treatment, and prevention of mental illness
5.	the court sen	n.	a formal meeting or series of meetings for the execution of a particular group's functions; a period spent doing a particular activity
6.	sit reading	adj.	without any or little sound
7.	temporary meI treatment	adj.	relating to the treatment of illness or injuries; relating to the practice of medicine
8.	official stacs	n.	the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
9.	neuric evaluation	adj.	relating to mental disorders that have a neurological or physiological basis or to the study of the interplay between neurological and psychiatric phenomena

ANSWERS: 1. jack, 2. schedule, 3. disorder, 4. psychiatry, 5. session, 6. silent, 7. medical, 8. statistics, 9. neuropsychiatric

10.	phoph memories	n.	a picture or image that is produced by a camera; a visual representation or record of a person, object, or scene that has been captured electronically or on film
11.	victim of a vit crime	adj.	involving or caused by physical force or aggression against someone or something
12.	pat with weight loss	n.	a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
13.	clal surgery	adj.	of or relating to the examination and treatment of patients rather than theoretical or laboratory studies
14.	assignment for the uneed youth	adj.	not having a job, although able to work
15.	sur a setback	ν.	to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
16.	pae for a reaction	<i>v</i> .	to take a short break from talking or doing something before continuing
17.	equnt amounts	<i>n</i> .	having the same value, quality, meaning, purpose, etc.
18.	este this chicken to weigh three pounds	<i>v</i> .	to guess or calculate the cost, size, value, etc. of something
19.	regularly cot with a doctor	v.	to seek or get advice or information from a person, book, or other source having special knowledge on a particular subject

ANSWERS: 10. photograph, 11. violent, 12. patient, 13. clinical, 14. unemployed, 15. suffer, 16. pause, 17. equivalent, 18. estimate, 19. consult

20. the great diry of the century	n.	the act or process of finding information, a place, or an object, or learning about something that was previously not known
21. j_k her head back	<i>v</i> .	to make a sudden, sharp movement, or cause something to do this
22. visit to the veterinary clc	n.	a building or hospital department where people can go for medical care or advice, especially of a particular condition
23. the longstanding coct	n.	a strong disagreement, argument, or a violent clash between two opposing groups or individuals
24. mile weather	adj.	very unhappy, uncomfortable, or unpleasant; causing great distress or suffering
25. beh board	n.	a long, flat surface, often elevated and supported by legs, used for sitting, working, or displaying objects; persons who administer justice
26. distance g_p	n.	a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.
27. chr me up	ν.	to give a loud shout to show support, praise, or approval
28. vit incident	adj.	involving or caused by physical force or aggression against someone or something
29. chr for the home team	v.	to give a loud shout to show support, praise, or approval

ANSWERS: 20. discovery, 21. jerk, 22. clinic, 23. conflict, 24. miserable, 25. bench, 26. gap, 27. cheer, 28. violent, 29. cheer

30. for in ce a particular example or single n. occurrence of something to set free or allow to escape from 31. re___e a prisoner ν. confinement 32. chemical re____on a response that reveals a person's n. feelings or attitude; (in chemistry) a process in which one or more substances are changed into others 33. ex d a lineup to increase or to make something greater in size, number, or importance 34. an arrival pl___rm the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed to surround and cover completely; to 35. en___p her in a bear hug ν. encase the circumstances, facts, or conditions 36. legal co____t n. that surround a particular event, situation, or statement and that give it meaning to wallop somebody or something with 37. st e a blow the hand, fist, or weapon; to have an emotional or cognitive impact upon a gate used to control the flow of water 38. closing of the fl____te

ANSWERS: 30. instance, 31. release, 32. reaction, 33. expand, 34. platform, 35. envelop, 36. context, 37. strike, 38. floodgate

in a dam or waterway; a situation or event that allows a sudden and large

release of something, such as

information or emotion

ANSWERS: 39. breath, 40. emergency, 41. depart, 42. session, 43. depression, 44. conflict, 45. digital, 46. fin, 47. empower

46. back f n

47. em___r my life

a thin flat part on the body of a fish or

or balance

to do something

other aquatic animal used for propulsion

to give someone the power or authority

48.	improve cove function	adj.	of or relating to mental processes of understanding
49.	emr the secretary to do the same	<i>v</i> .	to give someone the power or authority to do something
50.	jol articles	n.	a newspaper or magazine specialized in a specific topic or profession
51.	sue attack	n.	the act of killing yourself intentionally
52.	appely 3 feet long	adv.	close to a specific number or time but not exactly that number or time
53.	neucal symptoms	adj.	of or relating to the science of neurology or the nervous system
54.	ass the quality	<i>v</i> .	to judge or decide the nature or quality of someone or something
55.	coal combination of funds	adj.	belonging to or used by a group rather than individuals; for common use
56.	neuric disorder	adj.	relating to mental disorders that have a neurological or physiological basis or to the study of the interplay between neurological and psychiatric phenomena
57.	give sit consent	adj.	without any or little sound
58.	ass a tax of 10 pounds	<i>v</i> .	to judge or decide the nature or quality of someone or something
59.	psyry therapy	n.	the branch of medicine concerned with the study, treatment, and prevention of mental illness
60.	crack of dn	n.	the time of day when the sun's light

ANSWERS: 48. cognitive, 49. empower, 50. journal, 51. suicide, 52. approximately, 53. neurological, 54. assess, 55. communal, 56. neuropsychiatric, 57. silent, 58. assess, 59. psychiatry, 60. dawn

tropical fruit with smooth, juicy flesh and 61. ripe ma o n. a large, hard seed in the middle 62. in e criticism to ask someone to come or join; to offer ν. an opportunity or possibility for something to happen or take place a healthcare professional who is trained 63. nu e practitioner n. to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury adv. virtually entirely; to a large degree 64. la___y accepted 65. people who are une ed adj. not having a job, although able to work 66. equ____nt in meaning having the same value, quality, n. meaning, purpose, etc. 67. re le access adj. worthy of being relied on; trustworthy a people or groups of people who have 68. word ass ons n. joined in a single organization together for a particular purpose; a social or business connection or relationship the real physical material of which a 69. an explosive su ce n. thing or person consist; the most important or main part of some idea or experience; an illegal drug 70. co____de a meeting to come to an end or close; to reach a judgment or opinion by reasoning 71. the c e of an apple the most essential or fundamental part of something 72. co___al swimming pool adj. belonging to or used by a group rather than individuals; for common use

ANSWERS: 61. mango, 62. invite, 63. nurse, 64. largely, 65. unemployed, 66. equivalent, 67. reliable, 68. association, 69. substance, 70. conclude, 71. core, 72. communal

73. e	emy a new method	<i>v</i> .	to give somebody a job and pay them for it; to make use of
74. a	a feeling of a_e	n.	a feeling of respect and wonder inspired by someone or something greatly admired
75. s	stacs for cancer	n.	the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
76. a	antant effect	n.	any of a class of drugs used to reduce feelings of sadness and worry
77. a	avt disaster	<i>v</i> .	to prevent something dangerous or undesirable from happening
78. h	nen on earth	n.	(of various religious and mythological traditions) a place or state of existence considered to be the abode of the divine, the afterlife, or a higher realm of being; a state of great happiness, contentment, or beauty
79. c	ce business activity	n.	the most essential or fundamental part of something
80. s	suce abuse problem	n.	the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug
81. b	peh conference	n.	a long, flat surface, often elevated and supported by legs, used for sitting, working, or displaying objects; persons who administer justice
82. g	guarantee rele delivery	adj.	worthy of being relied on; trustworthy

ANSWERS: 73. employ, 74. awe, 75. statistics, 76. antidepressant, 77. avert, 78. heaven, 79. core, 80. substance, 81. bench, 82. reliable

83.	cot mistakes	<i>v</i> .	to do something illegal or wrong
84.	a diI watch	adj.	processing or storing information as a succession of 1 and 0 to show that a signal is present or missing; relating to the use of computer technology, especially the internet
85.	ide solutions	ν.	to conceive of and develop an idea or concept in one's mind, often as part of a creative process or a problem-solving effort
86.	notable ince	n.	a particular example or single occurrence of something
87.	hold your brh	n.	the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
88.	exd agricultural output	<i>v</i> .	to increase or to make something greater in size, number, or importance
89.	rent problem	adj.	occurring again, repeatedly, or frequently; returning
90.	mile experience	adj.	very unhappy, uncomfortable, or unpleasant; causing great distress or suffering
91.	syms of low testosterone	n.	any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
92.	trigger a reon	n.	a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others

ANSWERS: 83. commit, 84. digital, 85. ideate, 86. instance, 87. breath, 88. expand, 89. recurrent, 90. miserable, 91. symptom, 92. reaction

93. re e CO2 into the air to set free or allow to escape from ν. confinement 94. id e process to conceive of and develop an idea or concept in one's mind, often as part of a creative process or a problem-solving effort tropical fruit with smooth, juicy flesh and 95. fresh ma o n. a large, hard seed in the middle 96. sw ng of the ankle an abnormal local enlargement of a part of your body, mainly because of illness or injury the relative size or amount of one thing 97. ra o of boys to girls n. to another, typically expressed in the form of a fraction or decimal the act or process of finding information, 98. a scientific di ry n. a place, or an object, or learning about something that was previously not known 99. ev te a situation to assess or estimate the quality, ν. significance, quantity, or value of something 100. his conclusion was ob s adj. easy to see, discover or understand 101. opioid ov se excessive and dangerous ingestion or n. application of a drug a group of people who work together for 102. agricultural org____ion a shared purpose 103. the problem of drug ab e the use of something in an incorrect or n.

ANSWERS: 93. release, 94. ideate, 95. mango, 96. swelling, 97. ratio, 98. discovery, 99. evaluate, 100. obvious, 101. overdose, 102. organization, 103. abuse

harmful manner

104. emy for patients	n.	the ability to share another person's feelings or experiences by imagining that person's situation
105. ste up a conversation	v.	to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon
106. in a coed relationship	adj.	willing to put in a lot of effort, time, and energy into something; firmly believing in something
107. debt-to-income rao	n.	the relative size or amount of one thing to another, typically expressed in the form of a fraction or decimal
108. former coue	n.	one of a group of a coworker, especially in a profession or a business
109. psygy of crowd	n.	the scientific study of mind and behavior
110. act as a pir	n.	inventor; explorer; someone who is among the first to achieve something
111. exge a few friendly words	<i>v</i> .	to give something and receive something else in return, often with the implication that the items being traded are of equal or comparable value; (noun) the act of giving or taking something in return for something else; a place or system where goods or services can be bought, sold, or traded
112. cot suicide	<i>v</i> .	to do something illegal or wrong
113. ovse of alcohol	n.	excessive and dangerous ingestion or application of a drug

ANSWERS: 104. empathy, 105. strike, 106. committed, 107. ratio, 108. colleague, 109. psychology, 110. pioneer, 111. exchange, 112. commit, 113. overdose

114. the country's ison	n.	the condition of being alone or lonely; the act or state of separation between persons or groups
115. avt a strike	<i>v</i> .	to prevent something dangerous or undesirable from happening
116. sur bad grades	ν.	to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
117. code that he is healthy	<i>v</i> .	to come to an end or close; to reach a judgment or opinion by reasoning
118. historical cot	n.	the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning
119. a digital plrm for enterprise	n.	the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed
120. orgion chart	n.	a group of people who work together fo a shared purpose
121. lay mitigate the issue	adv.	virtually entirely; to a large degree
122. full of emy	n.	the ability to share another person's feelings or experiences by imagining that person's situation
123. fever with neucal signs	adj.	of or relating to the science of neurology or the nervous system
124. commit sue	n.	the act of killing yourself intentionally

ANSWERS: 114. isolation, 115. avert, 116. suffer, 117. conclude, 118. context, 119. platform, 120. organization, 121. largely, 122. empathy, 123. neurological, 124. suicide

125. a meI opinion	adj.	relating to the treatment of illness or injuries; relating to the practice of medicine
126. arrive and det on time	<i>v</i> .	to go away or leave, especially to start a journey
127. a deed expression	adj.	feeling or showing sadness, lack of hope, or confidence; disheartened; depressed
128. ine guests	<i>v</i> .	to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place
129. pae a moment	ν.	to take a short break from talking or doing something before continuing
130. field of gene thy	n.	the act of caring for someone through medication, remedial training, etc.
131. a dental clc	n.	a building or hospital department where people can go for medical care or advice, especially of a particular condition
132. jk the rope	<i>v</i> .	to make a sudden, sharp movement, or cause something to do this
133. appely same	adv.	close to a specific number or time but not exactly that number or time
134. evte the grant proposal	v.	to assess or estimate the quality, significance, quantity, or value of something
135. participate in clal trials	adj.	of or relating to the examination and treatment of patients rather than theoretical or laboratory studies

ANSWERS: 125. medical, 126. depart, 127. dejected, 128. invite, 129. pause, 130. therapy, 131. clinic, 132. jerk, 133. approximately, 134. evaluate, 135. clinical

136. rent miscarriage	adj.	occurring again, repeatedly, or frequently; returning
137. ens possibilities	adj.	having no end or conclusion; infinitely very large in size or amount
138. the root problem of her depon	n.	a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
139. early pirs	n.	inventor; explorer; someone who is among the first to achieve something
140. ase a lousy attitude to his boss	v.	to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance
141. hard swng on the body	n.	an abnormal local enlargement of a part of your body, mainly because of illness or injury
142. ison booth	n.	the condition of being alone or lonely; the act or state of separation between persons or groups
143. strong and coed sales staff	adj.	willing to put in a lot of effort, time, and energy into something; firmly believing in something
144. loose fltes of grief	n.	a gate used to control the flow of water in a dam or waterway; a situation or event that allows a sudden and large release of something, such as information or emotion
145. obs reasons	adj.	easy to see, discover or understand

ANSWERS: 136. recurrent, 137. endless, 138. depression, 139. pioneer, 140. assume, 141. swelling, 142. isolation, 143. committed, 144. floodgate, 145. obvious

146. enp the whole world	<i>v</i> .	to surround and cover completely; to encase
147. the wan light of dn	n.	the time of day when the sun's light starts to show in the sky
148. ase an important role	v.	to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance
149. collaborate with coues	n.	one of a group of a coworker, especially in a profession or a business
150. look deed	adj.	feeling or showing sadness, lack of hope, or confidence; disheartened; depressed
151. a f_n of a plane	n.	a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance
152. a scholarship asson	n.	a people or groups of people who have joined in a single organization together for a particular purpose; a social or business connection or relationship
153. cot my wallet	<i>v</i> .	to seek or get advice or information from a person, book, or other source having special knowledge on a particular subject
154. the files are in complete dier	n.	an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
155. emy job seekers	ν.	to give somebody a job and pay them for it; to make use of

ANSWERS: 146. envelop, 147. dawn, 148. assume, 149. colleague, 150. dejected, 151. fin, 152. association, 153. consult, 154. disorder, 155. employ

156. este a fair value	ν.	to guess or calculate the cost, size, value, etc. of something
157. pat in the hospital	n.	a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
158. victim of sexual abe	n.	the use of something in an incorrect or harmful manner
159. a heavy scle	n.	a list of planned activities, tasks, or things that must be completed showing when they are intended to happen or be done
160. psygy experiment	n.	the scientific study of mind and behavior
161. neurotic syms	n.	any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
162. acute emcy	n.	a sudden unforeseen crisis usually involving danger that requires immediate action
163. die suly	adv.	quickly and unexpectedly
164. ascend to hen	n.	(of various religious and mythological traditions) a place or state of existence considered to be the abode of the divine, the afterlife, or a higher realm of being; a state of great happiness, contentment, or beauty
165. scientific joI	n.	a newspaper or magazine specialized in a specific topic or profession

ANSWERS: 156. estimate, 157. patient, 158. abuse, 159. schedule, 160. psychology, 161. symptom, 162. emergency, 163. suddenly, 164. heaven, 165. journal

167. in a_e of the situation n. a feeling of respect and wonder inspirate by someone or something greatly admired 168. exge rate v. to give something and receive something else in return, often with the implication that the items being trade are of equal or comparable value; (noun) the act of giving or taking something in return for something else	ne
something else in return, often with the implication that the items being trade are of equal or comparable value; (noun) the act of giving or taking	
a place or system where goods or services can be bought, sold, or trade	
169. phoph album n. a picture or image that is produced by camera; a visual representation or record of a person, object, or scene to has been captured electronically or of film	hat
170. a volunteer nue n. a healthcare professional who is train to provide care for the sick or injured; (verb) to try to cure by special care of treatment of an illness or injury	
171. a j_k of all trades n. a mechanical device used for lifting of supporting heavy objects	r
172. thy for a patient n. the act of caring for someone through medication, remedial training, etc.	1
173. ens hours adj. having no end or conclusion; infinitely very large in size or amount	/
174. an antant drug n. any of a class of drugs used to reduce feelings of sadness and worry	е

ANSWERS: 166. observation, 167. awe, 168. exchange, 169. photograph, 170. nurse, 171. jack, 172. therapy, 173. endless, 174. antidepressant

- 175. research on co____ve psychology
- 176. obs____on instrument
- 177. su___ly attacked by an enemy
- 178. the g_p between ideal and reality
- adj. of or relating to mental processes of understanding
- n. the act or activity of carefully examining or monitoring something or someone
- adv. quickly and unexpectedly
- n. a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.

ANSWERS: 175. cognitive, 176. observation, 177. suddenly, 178. gap

Session 3: Fill in the Blanks

1.	The fog the city, making it difficult to see.
<i>v</i> .	to surround and cover completely; to encase
2.	Missile assaults on the capital continued around
n.	the time of day when the sun's light starts to show in the sky
3.	She is the president of a large international
n.	a group of people who work together for a shared purpose
4.	The field of is constantly evolving, with new treatments and approaches being developed all the time.
n.	the branch of medicine concerned with the study, treatment, and prevention of mental illness
5.	He and I often had not only in personality but also in ideology.
n.	a strong disagreement, argument, or a violent clash between two opposing groups or individuals
6.	I decided to seek counseling on the advice of my
n.	one of a group of a coworker, especially in a profession or a business
7.	My sister and I frequently books, as we love reading.
ν.	to give something and receive something else in return, often with the implication that the items being traded are of equal or comparable value; (noun the act of giving or taking something in return for something else; a place or system where goods or services can be bought, sold, or traded
	SWERS: 1. enveloped, 2. dawn, 3. organization, 4. psychiatry, 5. conflicts, 6. league, 7. exchange

ANSWERS: 8. psychology, 9. departed, 10. cheered, 11. evaluate, 12. medical, 13. floodgates, 14. jack, 15. expand, 16. antidepressants

ANSWERS: 17. suicide, 18. clinical, 19. committed, 20. instances, 21. abuse, 22. empowered, 23. unemployed, 24. pioneer, 25. recurrent

50. This trail takes 2.5 hours.
adv. close to a specific number or time but not exactly that number or time
51. The doctor prescribed some medicine for the mental
 an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
52. We a cease-fire.
v. to come to an end or close; to reach a judgment or opinion by reasoning
53. The physician is reading the related to medicine
n. a newspaper or magazine specialized in a specific topic or profession
54. The team met to new marketing strategies for the upcoming product launch.
v. to conceive of and develop an idea or concept in one's mind, often as part of a creative process or a problem-solving effort
55 elections were held in several European countries.
adj. belonging to or used by a group rather than individuals; for common use
56. The politician remained despite intense media scrutiny.
adj. without any or little sound
57 is also necessary to understand history.
n. the ability to share another person's feelings or experiences by imagining that person's situation
58. The driver suddenly the steering wheel to the left to avoid hitting the deer.
v. to make a sudden, sharp movement, or cause something to do this
ANSWERS: 50. approximately, 51. disorder, 52. concluded, 53. journals, 54. ideate, 55. Communal, 56. silent, 57. Empathy, 58. jerked

ANSWERS: 67. assumes, 68. ratio, 69. reaction, 70. schedule, 71. statistics, 72. cognitive, 73. endless, 74. neurological

75. These gas nebulas are merely newborn galactic
n. the most essential or fundamental part of something
76. The protesters became when the police tried to disperse them.
adj. involving or caused by physical force or aggression against someone or something
77. We to achieve more wages and safer working conditions.
v. to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon
78. The animal rights group worked to the dolphins back into the wild.
v. to set free or allow to escape from confinement
79. She felt after her dog passed away.
adj. very unhappy, uncomfortable, or unpleasant; causing great distress or suffering
80. There are differences between the two wine-producing regions.
adj. easy to see, discover or understand
81. The older man from arthritis and finds it difficult to move around.
ν . to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
82. Our company is strongly to meeting customers' needs.
adj. willing to put in a lot of effort, time, and energy into something; firmly believing in something
83. Always a lawyer before launching a business.
v. to seek or get advice or information from a person, book, or other source having special knowledge on a particular subject
ANSWERS: 75. cores, 76. violent, 77. strike, 78. release, 79. miserable, 80. obvious, 81. suffers, 82. committed, 83. consult