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Vocabulary Builder Reference from...

Dixon Chibanda: Why I train grandmothers to treat depression | TED Talk

https://www.ted.com/talks/dixon_chibanda_why_i_train_grandmothers_to_treat_depression

Advanced Words Only

IMPORTANT

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Session 1: Word List

dejected

adj. feeling or showing sadness, lack of hope, or confidence; disheartened; depressed

synonym : downcast, disheartened, depressed

(1) look **dejected**, (2) a **dejected** expression

After receiving a rejection letter from the job interview, she felt **dejected** and hopeless.

envelop

v. to surround and cover completely; to encase

synonym : wrap, cover, surround

(1) **envelop** the whole world, (2) **envelop** her in a bear hug

The fog **enveloped** the city, making it difficult to see.

swelling

n. an abnormal local enlargement of a part of your body, mainly because of illness or injury

synonym : bulge, bump, inflammation

(1) **swelling** of the ankle, (2) hard **swelling** on the body

After intensive icing by the trainer, the **swelling** went down.

floodgate

n. a gate used to control the flow of water in a dam or waterway; a situation or event that allows a sudden and large release of something, such as information or emotion

synonym : dam, barrier, gate

(1) closing of the **floodgate**, (2) loose **floodgates** of grief
The company's innovative product release opened the **floodgates** for competitors to follow suit.

avert

v. to prevent something dangerous or undesirable from happening

synonym: discourage, prevent, deter

(1) **avert** disaster, (2) **avert** a strike

The dam systematically releases large amounts of water to **avert** flooding during the rainy season

psychiatry

n. the branch of medicine concerned with the study, treatment, and prevention of mental illness

synonym: mental health, psychology, psychoanalysis

(1) **psychiatry** therapy, (2) biological **psychiatry**

The field of **psychiatry** is constantly evolving, with new treatments and approaches being developed all the time.

neuropsychiatric

adj. relating to mental disorders that have a neurological or physiological basis or to the study of the interplay between neurological and psychiatric phenomena

synonym: neurobehavioral, neuropsychological, psychiatric

(1) **neuropsychiatric** disorder, (2) **neuropsychiatric** evaluation

Researchers are studying the **neuropsychiatric** effects of certain medications on the brain.

antidepressant

n. any of a class of drugs used to reduce feelings of sadness and worry

(1) an **antidepressant** drug, (2) **antidepressant** effect

She has been taking **antidepressants** since her baby died.

mango

n. tropical fruit with smooth, juicy flesh and a large, hard seed in the middle

synonym: fruit, tropical fruit

(1) ripe **mango**, (2) fresh **mango**

She cut the **mango** into small pieces and added them to the salad.

empower

v. to give someone the power or authority to do something

synonym: authorize, endow, entitle

(1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

empathy

n. the ability to share another person's feelings or experiences by imagining that person's situation

synonym: compassion, sympathy, tenderness

(1) full of **empathy**, (2) **empathy** for patients

Empathy is also necessary to understand history.

ideate

v. to conceive of and develop an idea or concept in one's mind, often as part of a creative process or a problem-solving effort

synonym: conceive, think up, brainstorm

(1) **ideate** solutions, (2) **ideate** process

The team met to **ideate** new marketing strategies for the upcoming product launch.

neurological

adj. of or relating to the science of neurology or the nervous system

synonym: nervous, neural, brain-related

(1) fever with **neurological** signs, (2) **neurological** symptoms

The patient was diagnosed with a **neurological** disorder affecting their motor skills.

Session 2: Spelling

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|---------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1. av__t a strike | <i>v.</i> to prevent something dangerous or undesirable from happening |
| 2. closing of the fl_____te | <i>n.</i> a gate used to control the flow of water in a dam or waterway; a situation or event that allows a sudden and large release of something, such as information or emotion |
| 3. en_____p her in a bear hug | <i>v.</i> to surround and cover completely; to encase |
| 4. fever with neu_____cal signs | <i>adj.</i> of or relating to the science of neurology or the nervous system |
| 5. loose fl_____tes of grief | <i>n.</i> a gate used to control the flow of water in a dam or waterway; a situation or event that allows a sudden and large release of something, such as information or emotion |
| 6. neu_____cal symptoms | <i>adj.</i> of or relating to the science of neurology or the nervous system |
| 7. neu_____ric evaluation | <i>adj.</i> relating to mental disorders that have a neurological or physiological basis or to the study of the interplay between neurological and psychiatric phenomena |
| 8. fresh ma__o | <i>n.</i> tropical fruit with smooth, juicy flesh and a large, hard seed in the middle |
| 9. psy_____ry therapy | <i>n.</i> the branch of medicine concerned with the study, treatment, and prevention of mental illness |

ANSWERS: 1. avert, 2. floodgate, 3. envelop, 4. neurological, 5. floodgate, 6. neurological, 7. neuropsychiatric, 8. mango, 9. psychiatry

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|-------------------------------------------|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 10. sw_____ng of the ankle | <i>n.</i> | an abnormal local enlargement of a part of your body, mainly because of illness or injury |
| 11. id____e solutions | <i>v.</i> | to conceive of and develop an idea or concept in one's mind, often as part of a creative process or a problem-solving effort |
| 12. em_____r the secretary to do the same | <i>v.</i> | to give someone the power or authority to do something |
| 13. em_____r my life | <i>v.</i> | to give someone the power or authority to do something |
| 14. em_____y for patients | <i>n.</i> | the ability to share another person's feelings or experiences by imagining that person's situation |
| 15. biological psy_____ry | <i>n.</i> | the branch of medicine concerned with the study, treatment, and prevention of mental illness |
| 16. id____e process | <i>v.</i> | to conceive of and develop an idea or concept in one's mind, often as part of a creative process or a problem-solving effort |
| 17. ant_____ant effect | <i>n.</i> | any of a class of drugs used to reduce feelings of sadness and worry |
| 18. en_____p the whole world | <i>v.</i> | to surround and cover completely; to encase |
| 19. av__t disaster | <i>v.</i> | to prevent something dangerous or undesirable from happening |
| 20. neu_____ric disorder | <i>adj.</i> | relating to mental disorders that have a neurological or physiological basis or to the study of the interplay between neurological and psychiatric phenomena |

ANSWERS: 10. swelling, 11. ideate, 12. empower, 13. empower, 14. empathy, 15. psychiatry, 16. ideate, 17. antidepressant, 18. envelop, 19. avert, 20. neuropsychiatric

21. an ant_____ant drug *n.* any of a class of drugs used to reduce feelings of sadness and worry
22. hard sw_____ng on the body *n.* an abnormal local enlargement of a part of your body, mainly because of illness or injury
23. ripe ma__o *n.* tropical fruit with smooth, juicy flesh and a large, hard seed in the middle
24. a de_____ed expression *adj.* feeling or showing sadness, lack of hope, or confidence; disheartened; depressed
25. look de_____ed *adj.* feeling or showing sadness, lack of hope, or confidence; disheartened; depressed
26. full of em_____y *n.* the ability to share another person's feelings or experiences by imagining that person's situation

ANSWERS: 21. antidepressant, 22. swelling, 23. mango, 24. dejected, 25. dejected, 26. empathy

Session 3: Fill in the Blanks

1. The company's innovative product release opened the _____ for competitors to follow suit.
n. a gate used to control the flow of water in a dam or waterway; a situation or event that allows a sudden and large release of something, such as information or emotion
2. Researchers are studying the _____ effects of certain medications on the brain.
adj. relating to mental disorders that have a neurological or physiological basis or to the study of the interplay between neurological and psychiatric phenomena
3. After receiving a rejection letter from the job interview, she felt _____ and hopeless.
adj. feeling or showing sadness, lack of hope, or confidence; disheartened; depressed
4. She has been taking _____ since her baby died.
n. any of a class of drugs used to reduce feelings of sadness and worry
5. The company _____ employees to buy low-price items without approval to achieve efficient purchasing.
v. to give someone the power or authority to do something
6. The fog _____ the city, making it difficult to see.
v. to surround and cover completely; to encase
7. _____ is also necessary to understand history.
n. the ability to share another person's feelings or experiences by imagining that person's situation

ANSWERS: 1. floodgates, 2. neuropsychiatric, 3. dejected, 4. antidepressants, 5. empowered, 6. enveloped, 7. Empathy

8. The team met to _____ new marketing strategies for the upcoming product launch.
- v.* to conceive of and develop an idea or concept in one's mind, often as part of a creative process or a problem-solving effort
9. The patient was diagnosed with a _____ disorder affecting their motor skills.
- adj.* of or relating to the science of neurology or the nervous system
10. After intensive icing by the trainer, the _____ went down.
- n.* an abnormal local enlargement of a part of your body, mainly because of illness or injury
11. The dam systematically releases large amounts of water to _____ flooding during the rainy season
- v.* to prevent something dangerous or undesirable from happening
12. She cut the _____ into small pieces and added them to the salad.
- n.* tropical fruit with smooth, juicy flesh and a large, hard seed in the middle
13. The field of _____ is constantly evolving, with new treatments and approaches being developed all the time.
- n.* the branch of medicine concerned with the study, treatment, and prevention of mental illness

ANSWERS: 8. ideate, 9. neurological, 10. swelling, 11. avert, 12. mango, 13. psychiatry