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Vocabulary Builder Reference from...

Amishi Jha: How to tame your wandering mind | TED Talk

https://www.ted.com/talks/amishi_jha_how_to_tame_your_wandering_mind

Advanced Words Only

IMPORTANT

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Session 1: Word List

neuroscience

n. the scientific study of the function, structure, and disorder of the brain and the nervous system

(1) the branch of **neuroscience**, (2) a theoretical concept in **neuroscience**

Our university is famous for its professors, who are well-versed in behavioral **neuroscience**.

freeman

n. a person who is not a serf or enslaved person and has the right to hold property and vote

synonym: citizen, individual, person

(1) **freeman** rights, (2) **freeman** status

In the colonial period, only **freeman** was allowed to vote.

gravitas

n. the quality of seriousness and importance

synonym: dignity, lordliness, sobriety

(1) the statesmanlike **gravitas**, (2) demonstrate **gravitas**

One source suggests that this politician was a lack of **gravitas**.

devise

v. to come up with an idea, plan, theory, etc., using your intelligence or imagination

synonym: create, concoct, invent

(1) **devise** a plan, (2) **devise** a literary plot

They had to **devise** a system that did not depend on fossil fuels.

doe *n.* a mature female of mammals of which the male is called a buck, such as a deer or a rabbit
synonym : rabbit, bunny, hare
(1) **doe** rabbit, (2) buck and **doe**
Hunters use a whistle that makes the **doe** sound to lure stags.

foggy *adj.* characterized by or filled with dense clouds of mist or fog; unclear or hazy, as in thought or memory
synonym : misty, hazy, murky
(1) **foggy** morning, (2) **foggy** memory
The **foggy** weather made it difficult to see the road ahead.

distracted *adj.* having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried
synonym : preoccupied, inattentive, absent-minded
(1) get **distracted** by an urgent matter, (2) **distracted** by a conversation
I was so **distracted** by my phone that I nearly walked into a lamppost.

poignant *adj.* evoking a keen sense of sadness or regret; emotionally moving; deeply affecting or touching
synonym : touching, moving, emotional
(1) **poignant** moment, (2) **poignant** memories
The movie's **poignant** ending left most of the audience in tears.

firefighter *n.* a person whose job is to extinguish fires
(1) forest **firefighter**, (2) decided to be a **firefighter**
The **firefighter** broke into the house bravely to rescue the children.

contemplate

v. to think about a possible future action or to think about something for a long time thoughtfully

synonym: think over, ponder, consider

(1) **contemplate** a marriage, (2) **contemplated** leaving school

I recently **contemplated** dropping out of school and getting a full-time job.

preoccupied

adj. having one's thoughts or attention absorbed by something; busy

synonym: absorbed, engrossed, occupied

(1) **preoccupied** idea, (2) **preoccupied** with other things

He was **preoccupied** with work and didn't notice me.

dread

v. to be very afraid of or worried about something that is going to happen or that might happen

synonym: fear, cringe, apprehend

(1) **dread** failure, (2) **dread** getting old

We all **dread** to think about what will happen if the company goes bankrupt.

brainwave

n. a sudden idea or inspiration; a moment of great insight or creativity

synonym: inspiration, brainstorm, revelation

(1) **brainwave** idea, (2) sudden **brainwave**

The engineer had a **brainwave** and redesigned the product to be more efficient.

detectable

adj. capable of being discovered or identified

synonym: perceptible, noticeable, observable

(1) a barely **detectable** change, (2) **detectable** by the human ear

The object is **detectable** at ultraviolet wavelengths.

fluctuation

n. a change, or the process of changing, that frequently happens, especially from one extreme to another; the quality of being unsteady and subject to changes

synonym : change, instability, flux

(1) price **fluctuations**, (2) **fluctuation** of water level

Temperature **fluctuations** are often milder in oceanfront areas.

scalp

n. the skin that covers the top of a person's head, together with the hair growing on it; also, the part of the body that is most vulnerable to an attack

synonym : hair cover, pelt, epidermis

(1) **scalp** massage, (2) **scalp** condition

I have an itchy **scalp** and need to switch to a different shampoo.

outdo

v. to do better than someone; to surpass

synonym : excel, surpass, outshine

(1) **outdo** him in trickery, (2) **outdo** the competition

He tried to **outdo** his rival by breaking the world record.

amplify

v. to enhance something, particularly sound or brightness

synonym : intensify, boost, argument

(1) **amplify** a signal, (2) **amplify** the effect

You might need to **amplify** this point.

salient

adj. most noticeable or important; striking

synonym : striking, noticeable, important

(1) the **salient** part of the speech, (2) **salient** feature

The most **salient** point made during the presentation was the potential profit increase.

perceptible

adj. able to be noticed; able to be detected by the senses or through observation

synonym : noticeable, discernible, detectable

(1) **perceptible** change, (2) a **perceptible** shift in the mood

The faint smell of roses was barely **perceptible** in the garden.

perturb

v. to disturb or agitate someone or something, causing feelings of anxiety or unease; to throw something into a state of chaos or disorder

synonym: disturb, agitate, unsettle

(1) **perturb** emotions, (2) **perturb** the peace

The loud music from the party next door is starting to **perturb** me.

diminish

v. to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.

synonym: decline, dwindle, lessen

(1) **diminish** a reputation, (2) **diminish** swelling

As people get old, their energies may **diminish**.

hunch

v. to lean forward or arch one's back in a way that suggests a feeling of suspicion or uncertainty; to have a feeling or presentiment that something is true or likely to happen, without evidence or explicit proof

synonym: crouch, guess, speculate

(1) **hunch** against the rain, (2) **hunch** up the shoulders

I **hunch** over my computer all day, and my back aches after a while.

distract

v. to draw someone's attention away from what they are trying to do

synonym: divert, preoccupy, confuse

(1) **distract** attention from the real issue, (2) **distract** public opinion

Please don't **distract** me while I'm studying.

disturb

v. to interrupt someone who is trying to work, sleep, etc.

synonym: agitate, bother, intrude

(1) **disturb** the peace, (2) **disturb** his sleep

Tourists frequently **disturb** the island's delicate natural balance.

infrequent

adj. occurring rarely or irregularly; happening at long intervals; not happening often or in large numbers

synonym : rare, sporadic, uncommon

(1) **infrequent** showers, (2) **infrequent** meetings

Traveling to remote villages can be difficult due to **infrequent** transportation.

withhold

v. to not give or grant something due, expected, or requested

synonym : retain, hold back, keep back

(1) **withhold** my laughter, (2) **withhold** payment

The government decided to **withhold** the release of sensitive information.

gracious

adj. behaving in a kind, polite and generous way

synonym : cordial, affable, courteous

(1) in a **gracious** manner, (2) **gracious** hospitality

The staff is always helpful and **gracious**.

rewind

v. to make something, such as a film or tape, go back to the beginning

synonym : wind back, back up, reverse

(1) **rewind** a film, (2) manually **rewind** the tape

Please **rewind** the thread onto the reel.

overwhelm

v. to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody

synonym : conquer, crush, dominate

(1) he was **overwhelmed** with gratitude, (2) **overwhelm** opponents by numbers

Too much variety may **overwhelm** and confuse viewers.

ruminate

v. to think deeply about something; to ponder

synonym : ponder, meditate, contemplate

(1) **ruminate** about the past, (2) **ruminate** over a problem

After a long work day, she likes to **ruminate** on her

accomplishments and plan for the next day.

relive

v. to experience again or bring back the memory of a past event or time

synonym: revisit, recall, remember

(1) **relive** my youth, (2) **relive** moments

I like to watch old movies to **relive** memories of my childhood.

catastrophe

n. a sudden event that causes extreme ruin and misfortune

synonym: disaster, calamity, cataclysm

(1) **catastrophe** risk management, (2) avoid climate **catastrophe**

The lack of funds has resulted in a **catastrophe** for our university system.

mindful

adj. being conscious or aware of something; paying close attention to what is happening; being focused and attentive in the present moment

synonym: aware, attentive, conscious

(1) **mindful** of my responsibilities, (2) **mindful** eating

Practicing **mindful** meditation can help reduce stress and improve overall well-being.

unfold

v. to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown

synonym: open, spread out, expose

(1) **unfold** the story, (2) **unfold** the stroller

The mystery **unfolded** as the detectives gathered more clues.

embody

v. to represent or exemplify something; to give tangible form to an abstract idea

synonym: represent, exemplify, personify

(1) **embody** my goal, (2) **embody** a spirit of charity

The company's new products **embody** the values of innovation and sustainability.

cultivate

v. to prepare and foster land for growing crops or plants

synonym : boost, foster, nurture

(1) **cultivate** a field, (2) **cultivate** relationships

University is a great place to **cultivate** our minds and expertise.

lapse

n. a temporary or brief failure in judgment, action, or behavior; a gradual or slow decline, often referring to a loss of performance, quality, or attention; a period of time that has passed; (verb) to fall or slip into a particular state, often one that is undesirable or unintended

synonym : break, failure, blunder

(1) **lapse** back into recession, (2) **lapse** in payment

I missed the deadline due to a **lapse** in my memory.

discerning

adj. able to make good judgments about what is true or right

synonym : discriminating, perceptive, insightful

(1) **discerning** reader, (2) have a **discerning** palate

She has a **discerning** eye for art and can spot a fake a mile away.

compassionate

adj. feeling or showing sympathy and concern for the suffering or bad luck of others

synonym : empathetic, sympathetic, merciful

(1) a **compassionate** heart, (2) **compassionate** leave

My father has a serious and **compassionate** personality.

retiring

adj. withdrawing from a position or activity, or becoming more secluded or reserved

synonym : shy, leaving, quitting

(1) near **retiring** age, (2) a **retiring** pension

The **retiring** CEO passed on the reins to his successor.

toolkit

- n.* a set of tools, materials, or resources that are designed to be used together for a specific purpose or task; a collection of information or techniques that can be used to address a problem or achieve a goal

synonym: tool set, equipment, utility kit

(1) handy **toolkit**, (2) digital **toolkit**

The DIY **toolkit** includes a variety of power and hand tools for home repair.

tame

- v.* to make wild animals domesticated or controlled, especially through specific training; (adjective) not dangerous or afraid of people, either naturally or because of specific training

synonym: domesticate, soften, (adjective) harmless

(1) **tame** a wild beast, (2) a **tame** animal

We have to **tame** substantial financial deficits at first.

Session 2: Spelling

1. fo__y memory *adj.* characterized by or filled with dense clouds of mist or fog; unclear or hazy, as in thought or memory
2. a barely det_____le change *adj.* capable of being discovered or identified
3. ru_____te about the past *v.* to think deeply about something; to ponder
4. he was ov_____lmed with gratitude *v.* to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody
5. handy to_____t *n.* a set of tools, materials, or resources that are designed to be used together for a specific purpose or task; a collection of information or techniques that can be used to address a problem or achieve a goal
6. decided to be a fir_____er *n.* a person whose job is to extinguish fires
7. a re_____ng pension *adj.* withdrawing from a position or activity, or becoming more secluded or reserved
8. a com_____ate heart *adj.* feeling or showing sympathy and concern for the suffering or bad luck of others
9. la__e back into recession *n.* a temporary or brief failure in judgment, action, or behavior; a gradual or slow decline, often referring to a loss of performance, quality, or attention; a period of time that has passed; (verb) to fall or slip into a particular state, often one that is undesirable or unintended

ANSWERS: 1. foggy, 2. detectable, 3. ruminates, 4. overwhelm, 5. toolkit, 6. firefighter, 7. retiring, 8. compassionate, 9. lapse

10. sa____t feature *adj.* most noticeable or important; striking
11. fr____n status *n.* a person who is not a serf or enslaved person and has the right to hold property and vote
12. sc__p condition *n.* the skin that covers the top of a person's head, together with the hair growing on it; also, the part of the body that is most vulnerable to an attack
13. t__e a wild beast *v.* to make wild animals domesticated or controlled, especially through specific training; (adjective) not dangerous or afraid of people, either naturally or because of specific training
14. cat_____he risk management *n.* a sudden event that causes extreme ruin and misfortune
15. fr____n rights *n.* a person who is not a serf or enslaved person and has the right to hold property and vote
16. near re____ng age *adj.* withdrawing from a position or activity, or becoming more secluded or reserved
17. per_____le change *adj.* able to be noticed; able to be detected by the senses or through observation
18. con_____te a marriage *v.* to think about a possible future action or to think about something for a long time thoughtfully
19. di____sh swelling *v.* to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.
20. a per_____le shift in the mood *adj.* able to be noticed; able to be detected by the senses or through observation

ANSWERS: 10. salient, 11. freeman, 12. scalp, 13. tame, 14. catastrophe, 15. freeman, 16. retiring, 17. perceptible, 18. contemplate, 19. diminish, 20. perceptible

21. di____b the peace *v.* to interrupt someone who is trying to work, sleep, etc.
22. a t__e animal *v.* to make wild animals domesticated or controlled, especially through specific training; (adjective) not dangerous or afraid of people, either naturally or because of specific training
23. demonstrate gr____as *n.* the quality of seriousness and importance
24. pe____b emotions *v.* to disturb or agitate someone or something, causing feelings of anxiety or unease; to throw something into a state of chaos or disorder
25. mi____l eating *adj.* being conscious or aware of something; paying close attention to what is happening; being focused and attentive in the present moment
26. flu_____on of water level *n.* a change, or the process of changing, that frequently happens, especially from one extreme to another; the quality of being unsteady and subject to changes
27. com_____ate leave *adj.* feeling or showing sympathy and concern for the suffering or bad luck of others
28. the sa____t part of the speech *adj.* most noticeable or important; striking
29. have a dis_____ng palate *adj.* able to make good judgments about what is true or right
30. price flu_____ons *n.* a change, or the process of changing, that frequently happens, especially from one extreme to another; the quality of being unsteady and subject to changes

ANSWERS: 21. disturb, 22. tame, 23. gravitas, 24. perturb, 25. mindful, 26. fluctuation, 27. compassionate, 28. salient, 29. discerning, 30. fluctuation

31. dr__d failure v. to be very afraid of or worried about something that is going to happen or that might happen
32. dr__d getting old v. to be very afraid of or worried about something that is going to happen or that might happen
33. wi_____ld my laughter v. to not give or grant something due, expected, or requested
34. sudden br_____ve n. a sudden idea or inspiration; a moment of great insight or creativity
35. det_____le by the human ear *adj.* capable of being discovered or identified
36. inf_____nt showers *adj.* occurring rarely or irregularly; happening at long intervals; not happening often or in large numbers
37. de___e a plan v. to come up with an idea, plan, theory, etc., using your intelligence or imagination
38. pe_____b the peace v. to disturb or agitate someone or something, causing feelings of anxiety or unease; to throw something into a state of chaos or disorder
39. ou__o him in trickery v. to do better than someone; to surpass
40. em___y a spirit of charity v. to represent or exemplify something; to give tangible form to an abstract idea
41. con_____ted leaving school v. to think about a possible future action or to think about something for a long time thoughtfully

ANSWERS: 31. dread, 32. dread, 33. withhold, 34. brainwave, 35. detectable, 36. infrequent, 37. devise, 38. perturb, 39. outdo, 40. embody, 41. contemplate

42. po_____nt memories *adj.* evoking a keen sense of sadness or regret; emotionally moving; deeply affecting or touching
43. de____e a literary plot *v.* to come up with an idea, plan, theory, etc., using your intelligence or imagination
44. cu_____te relationships *v.* to prepare and foster land for growing crops or plants
45. gr_____us hospitality *adj.* behaving in a kind, polite and generous way
46. re____e moments *v.* to experience again or bring back the memory of a past event or time
47. pre_____ed with other things *adj.* having one's thoughts or attention absorbed by something; busy
48. po_____nt moment *adj.* evoking a keen sense of sadness or regret; emotionally moving; deeply affecting or touching
49. di_____b his sleep *v.* to interrupt someone who is trying to work, sleep, etc.
50. am_____y the effect *v.* to enhance something, particularly sound or brightness
51. the branch of neu_____nce *n.* the scientific study of the function, structure, and disorder of the brain and the nervous system
52. un____d the stroller *v.* to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown
53. am_____y a signal *v.* to enhance something, particularly sound or brightness

ANSWERS: 42. poignant, 43. devise, 44. cultivate, 45. gracious, 46. relive, 47. preoccupied, 48. poignant, 49. disturb, 50. amplify, 51. neuroscience, 52. unfold, 53. amplify

54. get dis_____ed by an urgent matter *adj.* having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried
55. di_____sh a reputation *v.* to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.
56. di_____ct public opinion *v.* to draw someone's attention away from what they are trying to do
57. la__e in payment *n.* a temporary or brief failure in judgment, action, or behavior; a gradual or slow decline, often referring to a loss of performance, quality, or attention; a period of time that has passed; (verb) to fall or slip into a particular state, often one that is undesirable or unintended
58. br_____ve idea *n.* a sudden idea or inspiration; a moment of great insight or creativity
59. the statesmanlike gr_____as *n.* the quality of seriousness and importance
60. ov_____lm opponents by numbers *v.* to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody
61. dis_____ng reader *adj.* able to make good judgments about what is true or right
62. cu_____te a field *v.* to prepare and foster land for growing crops or plants
63. manually re___d the tape *v.* to make something, such as a film or tape, go back to the beginning

ANSWERS: 54. distracted, 55. diminish, 56. distract, 57. lapse, 58. brainwave, 59. gravitas, 60. overwhelm, 61. discerning, 62. cultivate, 63. rewind

64. ru____te over a problem *v.* to think deeply about something; to ponder
65. sc__p massage *n.* the skin that covers the top of a person's head, together with the hair growing on it; also, the part of the body that is most vulnerable to an attack
66. re___e my youth *v.* to experience again or bring back the memory of a past event or time
67. re___d a film *v.* to make something, such as a film or tape, go back to the beginning
68. dis_____ed by a conversation *adj.* having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried
69. d_e rabbit *n.* a mature female of mammals of which the male is called a buck, such as a deer or a rabbit
70. em___y my goal *v.* to represent or exemplify something; to give tangible form to an abstract idea
71. in a gr_____us manner *adj.* behaving in a kind, polite and generous way
72. di_____ct attention from the real issue *v.* to draw someone's attention away from what they are trying to do
73. ou__o the competition *v.* to do better than someone; to surpass
74. hu__h up the shoulders *v.* to lean forward or arch one's back in a way that suggests a feeling of suspicion or uncertainty; to have a feeling or presentiment that something is true or likely to happen, without evidence or explicit proof

ANSWERS: 64. ruminates, 65. scalp, 66. relives, 67. rewinds, 68. distracted, 69. doe, 70. embodies, 71. graciously, 72. distracts, 73. outdoes, 74. hunches

75. fo__y morning *adj.* characterized by or filled with dense clouds of mist or fog; unclear or hazy, as in thought or memory
76. mi_____l of my responsibilities *adj.* being conscious or aware of something; paying close attention to what is happening; being focused and attentive in the present moment
77. un___d the story *v.* to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown
78. buck and d_e *n.* a mature female of mammals of which the male is called a buck, such as a deer or a rabbit
79. pre_____ed idea *adj.* having one's thoughts or attention absorbed by something; busy
80. wi_____ld payment *v.* to not give or grant something due, expected, or requested
81. forest fir_____er *n.* a person whose job is to extinguish fires
82. inf_____nt meetings *adj.* occurring rarely or irregularly; happening at long intervals; not happening often or in large numbers
83. hu__h against the rain *v.* to lean forward or arch one's back in a way that suggests a feeling of suspicion or uncertainty; to have a feeling or presentiment that something is true or likely to happen, without evidence or explicit proof
84. avoid climate cat_____he *n.* a sudden event that causes extreme ruin and misfortune

ANSWERS: 75. foggy, 76. mindful, 77. unfold, 78. doe, 79. preoccupied, 80. withhold, 81. firefighter, 82. infrequent, 83. hunch, 84. catastrophe

85. a theoretical concept in
neu_____nce

n. the scientific study of the function,
structure, and disorder of the brain and
the nervous system

86. digital to_____t

n. a set of tools, materials, or resources
that are designed to be used together
for a specific purpose or task; a
collection of information or techniques
that can be used to address a problem
or achieve a goal

ANSWERS: 85. neuroscience, 86. toolkit

Session 3: Fill in the Blanks

1. Temperature _____ are often milder in oceanfront areas.
n. a change, or the process of changing, that frequently happens, especially from one extreme to another; the quality of being unsteady and subject to changes
2. The government decided to _____ the release of sensitive information.
v. to not give or grant something due, expected, or requested
3. I was so _____ by my phone that I nearly walked into a lamppost.
adj. having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried
4. One source suggests that this politician was a lack of _____.
n. the quality of seriousness and importance
5. The _____ broke into the house bravely to rescue the children.
n. a person whose job is to extinguish fires
6. They had to _____ a system that did not depend on fossil fuels.
v. to come up with an idea, plan, theory, etc., using your intelligence or imagination
7. As people get old, their energies may _____.
v. to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.
8. The lack of funds has resulted in a _____ for our university system.
n. a sudden event that causes extreme ruin and misfortune

ANSWERS: 1. fluctuations, 2. withhold, 3. distracted, 4. gravitas, 5. firefighter, 6. devise, 7. diminish, 8. catastrophe

9. We have to _____ substantial financial deficits at first.

- v.* to make wild animals domesticated or controlled, especially through specific training; (adjective) not dangerous or afraid of people, either naturally or because of specific training

10. He tried to _____ his rival by breaking the world record.

- v.* to do better than someone; to surpass

11. He was _____ with work and didn't notice me.

- adj.* having one's thoughts or attention absorbed by something; busy

12. You might need to _____ this point.

- v.* to enhance something, particularly sound or brightness

13. In the colonial period, only _____ was allowed to vote.

- n.* a person who is not a serf or enslaved person and has the right to hold property and vote

14. The company's new products _____ the values of innovation and sustainability.

- v.* to represent or exemplify something; to give tangible form to an abstract idea

15. The most _____ point made during the presentation was the potential profit increase.

- adj.* most noticeable or important; striking

16. The engineer had a _____ and redesigned the product to be more efficient.

- n.* a sudden idea or inspiration; a moment of great insight or creativity

17. The DIY _____ includes a variety of power and hand tools for home repair.

- n.* a set of tools, materials, or resources that are designed to be used together for a specific purpose or task; a collection of information or techniques that can be used to address a problem or achieve a goal

ANSWERS: 9. tame, 10. outdo, 11. preoccupied, 12. amplify, 13. freeman, 14. embody, 15. salient, 16. brainwave, 17. toolkit

18. I recently _____ dropping out of school and getting a full-time job.

- v.* to think about a possible future action or to think about something for a long time thoughtfully

19. Our university is famous for its professors, who are well-versed in behavioral _____.

- n.* the scientific study of the function, structure, and disorder of the brain and the nervous system

20. The object is _____ at ultraviolet wavelengths.

- adj.* capable of being discovered or identified

21. I _____ over my computer all day, and my back aches after a while.

- v.* to lean forward or arch one's back in a way that suggests a feeling of suspicion or uncertainty; to have a feeling or presentiment that something is true or likely to happen, without evidence or explicit proof

22. I missed the deadline due to a _____ in my memory.

- n.* a temporary or brief failure in judgment, action, or behavior; a gradual or slow decline, often referring to a loss of performance, quality, or attention; a period of time that has passed; (verb) to fall or slip into a particular state, often one that is undesirable or unintended

23. The staff is always helpful and _____.

- adj.* behaving in a kind, polite and generous way

24. We all _____ to think about what will happen if the company goes bankrupt.

- v.* to be very afraid of or worried about something that is going to happen or that might happen

ANSWERS: 18. contemplated, 19. neuroscience, 20. detectable, 21. hunch, 22. lapse, 23. gracious, 24. dread

25. Please _____ the thread onto the reel.

- v. to make something, such as a film or tape, go back to the beginning

26. The movie's _____ ending left most of the audience in tears.

- adj. evoking a keen sense of sadness or regret; emotionally moving; deeply affecting or touching

27. Hunters use a whistle that makes the ____ sound to lure stags.

- n. a mature female of mammals of which the male is called a buck, such as a deer or a rabbit

28. Too much variety may _____ and confuse viewers.

- v. to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody

29. University is a great place to _____ our minds and expertise.

- v. to prepare and foster land for growing crops or plants

30. Please don't _____ me while I'm studying.

- v. to draw someone's attention away from what they are trying to do

31. I have an itchy _____ and need to switch to a different shampoo.

- n. the skin that covers the top of a person's head, together with the hair growing on it; also, the part of the body that is most vulnerable to an attack

32. Tourists frequently _____ the island's delicate natural balance.

- v. to interrupt someone who is trying to work, sleep, etc.

33. I like to watch old movies to _____ memories of my childhood.

- v. to experience again or bring back the memory of a past event or time

ANSWERS: 25. rewind, 26. poignant, 27. doe, 28. overwhelm, 29. cultivate, 30. distract, 31. scalp, 32. disturb, 33. relive

34. The _____ weather made it difficult to see the road ahead.

adj. characterized by or filled with dense clouds of mist or fog; unclear or hazy, as in thought or memory

35. She has a _____ eye for art and can spot a fake a mile away.

adj. able to make good judgments about what is true or right

36. My father has a serious and _____ personality.

adj. feeling or showing sympathy and concern for the suffering or bad luck of others

37. Practicing _____ meditation can help reduce stress and improve overall well-being.

adj. being conscious or aware of something; paying close attention to what is happening; being focused and attentive in the present moment

38. After a long work day, she likes to _____ on her accomplishments and plan for the next day.

v. to think deeply about something; to ponder

39. The _____ CEO passed on the reins to his successor.

adj. withdrawing from a position or activity, or becoming more secluded or reserved

40. The loud music from the party next door is starting to _____ me.

v. to disturb or agitate someone or something, causing feelings of anxiety or unease; to throw something into a state of chaos or disorder

41. Traveling to remote villages can be difficult due to _____ transportation.

adj. occurring rarely or irregularly; happening at long intervals; not happening often or in large numbers

ANSWERS: 34. foggy, 35. discerning, 36. compassionate, 37. mindful, 38. ruminate, 39. retiring, 40. perturb, 41. infrequent

42. The mystery _____ as the detectives gathered more clues.

v. to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown

43. The faint smell of roses was barely _____ in the garden.

adj. able to be noticed; able to be detected by the senses or through observation

ANSWERS: 42. unfolded, 43. perceptible