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Vocabulary Builder Reference from...

Gastón Acurio: Can home cooking change the world? | TED Talk

https://www.ted.com/talks/gaston_acurio_can_home_ cooking_change_the_world



Advanced Words Only

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Session 1: Word List

intolerant

adj. the inability or refusal to accept or respect views, beliefs, or behavior that differ from someone's own; unable to eat food without adverse effects

synonym: failure, impotence, shortcoming

(1) an **intolerant** person, (2) **intolerant** of criticism

His **intolerant** attitude towards other cultures made it difficult for him to get along with others.

infallible

 adj. incapable of making mistakes or being wrong; never failing; always accurate

synonym: certain, flawless, faultless

(1) infallible leadership, (2) infallible plan

The CEO's business strategy was built on **infallible** market analysis and forecast.

well-being

- n. the state of being happy and healthy and prosperoussynonym: health, welfare, happiness
- (1) the **well-being** of a nation, (2) a sense of **well-being** We are responsible for the care and **well-being** of all our employees.

aristocratic

adj. relating to or characteristic of the aristocracy (= the most powerful class of society); noble or aristocratic in

manner or appearance

synonym: noble, titled, patrician

(1) **aristocratic** titles, (2) **aristocratic** government The **aristocratic** family had a long history of wealth and privilege.

viceroy

 a governor appointed to rule a country or province in the name of a monarch

synonym: governor, regent, ruler

(1) the position of **viceroy**, (2) appointed **viceroy**The notable **viceroy** ruled over the colony on behalf of the king.

confrontational

adj. characterized by a readiness to confront others, particularly in a challenging or aggressive manner; inclined to argue or disagree rather than compromise or find common ground

synonym: antagonistic, combative, bellicose

(1) **confrontational** approach, (2) **confrontational** personality

Her **confrontational** attitude caused tension in the workplace.

descendant

- n. children or offspring of a specific person, plant, or animal synonym: child, offspring, heir
- (1) **descendant** of a pioneer, (2) third-generation **descendant**

Those warriors' **descendants** are still skilled archers.

prosperous

adj. successful financially or materially; bringing success or good fortune

synonym: successful, thriving, affluent

(1) **prosperous** weather, (2) **prosperous** nation

The company decided to invest in a **prosperous** industry.

Cantonese

 a dialect of Chinese spoken in and around the city of Guangzhou (Canton) in southern China, as well as by many overseas Chinese communities;

synonym: Chinese dialect, Guangdong dialect, Yue dialect

- (1) **Cantonese-style** roast duck, (2) **Cantonese** dialect She took **Cantonese** classes to communicate better with her Chinese colleagues.
- a baked food made of flour, fat, water, and sometimes eggs, sugar, and other ingredients, used as a base or casing for sweet or savory dishes

synonym: bakery, baked goods, sweet treats

(1) pastry chef, (2) fruit pastry

The chef's specialty is a savory **pastry** with spinach and feta cheese.

risotto

pastry

- n. an Italian dish made with a type of rice called Arborio, or other short-grain rice, cooked in broth until it reaches a creamy consistency, often combined with various ingredients such as vegetables, seafood, or cheese
- (1) risotto recipe, (2) asparagus risotto

The creamy **risotto** was a delicious dish that satisfied even the pickiest eaters.

bountiful

adj. abundant or plentiful, often used to describe a source of food, wealth, or other resources

synonym: abundant, plentiful, generous

(1) **bountiful** compliments, (2) **bountiful** blessings
The farmer's land was **bountiful** and produced a large harvest.

haute

 a French term meaning "high" or "elevated," often used in the context of haute couture, referring to high-end fashion or custom-made clothing

synonym: high, elegant, fashionable

(1) haute cuisine, (2) haute décor

She looked stunning in her haute couture gown, turning

heads at the glamorous event.

doe

n. a mature female of mammals of which the male is called a buck, such as a deer or a rabbit

synonym: rabbit, bunny, hare

(1) doe rabbit, (2) buck and doe

Hunters use a whistle that makes the **doe** sound to lure stags.

germ

 a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one

synonym: bacterium, microbe, pathogen

(1) antibiotic-resistant **germ**, (2) a **germ-free** environment The **germ** of his idea came from watching birds flying in flocks.

distrust

- n. a lack of trust or confidence in someone or somethingsynonym: suspicion, doubt, misgiving
- (1) **distrust** in politics, (2) growing **distrust**The employee's consistent tardiness and lack of accountability made her coworkers develop **distrust** in her abilities.

envision

v. to imagine or expect what a situation will be like in the future

synonym: anticipate, foresee, picture

(1) **envision** the future, (2) **envision** the project's success We cannot **envision** her as President.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark The phone rang at the most **opportune** time.

transcendentalism

n. a philosophical and literary movement of the mid-19th century that emphasized the spiritual and intuitive over the empirical and rational; valued individualism, nonconformity, and a connection with nature; prominent figures included Ralph Waldo Emerson and Henry David Thoreau

synonym: mysticism, spirituality

(1) modern transcendentalism, (2) transcendentalism movement

The belief in individualism was a cornerstone of **transcendentalism** philosophy.

seductive

adj. tempting or alluring attractively or persuasively; often used to describe a person, behavior, or idea that is intended to lure or entice someone into a specific action or belief

synonym: alluring, tempting, enticing

(1) a **seductive** smile, (2) **seductive** behavior

The actor's **seductive** gaze drew the audience's attention on stage.

utopian

adj. ideal and perfect; relating to or resembling a utopia (= an ideal and perfect society)

synonym: idealistic, perfectionistic, unrealistic

(1) utopian society, (2) utopian goal

He had a utopian vision of a world without war.

insignificant

adj. of little importance, influence, or power

synonym: unimportant, trivial, irrelevant

(1) **insignificant** amount, (2) an **insignificant** mistake He made me feel small and **insignificant**.

hotspot

 a place or area, typically a location or region, that is known for having an unusually high number of a particular phenomenon, such as disease, activity, or popularity

synonym: epicenter, cluster, outbreak

(1) covid-19 hotspot, (2) geographic hotspot

The airport is a **hotspot** for tourists and travelers from around the world.

gastronomy

the art or science of preparing and serving good food;
 the study of food and its relationship to culture and society

synonym: culinary art, cuisine

(1) gastronomy tour, (2) French gastronomy

The city has many restaurants that showcase the diversity of **gastronomy** worldwide.

multicultural

adj. relating to or characterized by several cultures (= beliefs, languages, customs, traditions, etc.)

synonym: diverse, varied, inclusive

(1) **multicultural** society, (2) **multicultural** education The school is known for its **multicultural** student body.

culminate

v. to reach a peak or climax

synonym: end, finish, conclude

(1) **culminate** in a heart attack, (2) **culminate** in failure The event will **culminate** in a grand fireworks display.

malnutrition

n. the condition of having an improper or inadequate diet, typically resulting in weakness, illness, and developmental problems; the state of being undernourished or lacking essential nutrients

synonym: undernourishment, starvation, hunger

(1) severe **malnutrition**, (2) childhood **malnutrition**The doctor advised the patient to eat a balanced diet to avoid **malnutrition**.

anemia

 a medical condition in which the body lacks enough red blood cells or hemoglobin, causing fatigue, weakness, or difficulty breathing; a lack of vitality or liveliness in something

synonym: bloodlessness, pallor, weakness

(1) anemia symptoms, (2) anemia disease

The doctor diagnosed the patient with **anemia** due to a lack of iron in their blood.

overfish

 to deplete fish populations beyond sustainable levels through excessive or unregulated fishing practices, leading to environmental and economic consequences

synonym: deplete, exhaust, drain

(1) **overfish** the coral reefs, (2) **overfish** certain areas Scientists warn that many species could face extinction if we continue to **overfish** our oceans.

industrious

adj. hardworking, diligent, and persistent in effort synonym: diligent, hardworking, assiduous

(1) **industrious** worker, (2) **industrious** student He was known to be very **industrious** and would often work late into the night.

barber

 a person who cuts men's hair and shaves beards as a profession; a shop or establishment where such services are offered

synonym: hairdresser, stylist, shaver

(1) favorite **barber**, (2) **barber** pole

The **barber** shop was closed on Monday, much to the disappointment of many customers.

plaza

a public square, marketplace, or similar open area in a town, especially in Spanish-speaking countries

synonym: park, square, center

(1) main **plaza**, (2) memorial **plaza**

Three young men were busking in the shopping **plaza**.

capricious

adj. given to sudden and unaccountable changes of mood or behavior; unpredictable; governed by a whim or fancy

synonym: volatile, unpredictable, whimsical

(1) capricious decisions, (2) capricious mood

The **capricious** weather made it difficult to plan outdoor activities.

craftsman

 a skilled worker who creates handmade objects, especially one who works with wood, metal, or other materials

synonym: artisan, mechanic, workman

(1) craftsman skill, (2) a subtle craftsman

The adept **craftsman** carefully carved the wooden figurine with precision and skill.

inhabitant

- n. a person or an animal that lives in a particular placesynonym: dweller, occupant, resident
- (1) the early **inhabitants** of Europe, (2) **inhabitant** tax His family is the oldest **inhabitant** of the island.

recuperate

- v. to recover, heal, or regain health, strength, or well-being after an illness, injury, or period of stress or exhaustion synonym: heal, recover, recuperate
- (1) **recuperate** from illness, (2) **recuperate** lost data After surgery, it's important to rest and **recuperate** before returning to your normal activities.

moreover

adv. indicating that what follows is an additional or supplementary point; furthermore; in addition to what has been said before

synonym: furthermore, besides, in addition

(1) **moreover**, she decided to go, (2) but **moreover**, they work well together

The company is environmentally conscious, and **moreover**, it uses sustainable materials in its products.

Session 2: Spelling

1.	cute in a heart attack	<i>v</i> .	to reach a peak or climax
2.	geographic hot	n.	a place or area, typically a location or region, that is known for having an unusually high number of a particular phenomenon, such as disease, activity or popularity
3.	childhood malion	n.	the condition of having an improper or inadequate diet, typically resulting in weakness, illness, and developmental problems; the state of being undernourished or lacking essential nutrients
4.	capus mood	adj.	given to sudden and unaccountable changes of mood or behavior; unpredictable; governed by a whim or fancy
5.	ovsh certain areas	v.	to deplete fish populations beyond sustainable levels through excessive o unregulated fishing practices, leading t environmental and economic consequences
6.	modern traism	n.	a philosophical and literary movement of the mid-19th century that emphasized the spiritual and intuitive over the empirical and rational; valued individualism, nonconformity, and a connection with nature; prominent figures included Ralph Waldo Emersor and Henry David Thoreau

ANSWERS: 1. culminate, 2. hotspot, 3. malnutrition, 4. capricious, 5. overfish, 6. transcendentalism

7.	mulral society	adj.	relating to or characterized by several cultures (= beliefs, languages, customs, traditions, etc.)
8.	pay chef	n.	a baked food made of flour, fat, water, and sometimes eggs, sugar, and other ingredients, used as a base or casing for sweet or savory dishes
9.	connal personality	adj.	characterized by a readiness to confront others, particularly in a challenging or aggressive manner; inclined to argue or disagree rather than compromise or find common ground
10.	seve behavior	adj.	tempting or alluring attractively or persuasively; often used to describe a person, behavior, or idea that is intended to lure or entice someone into a specific action or belief
11.	capus decisions	adj.	given to sudden and unaccountable changes of mood or behavior; unpredictable; governed by a whim or fancy
12.	appointed viy	n.	a governor appointed to rule a country or province in the name of a monarch
13.	but moer, they work well together	adv.	indicating that what follows is an additional or supplementary point; furthermore; in addition to what has been said before
14.	prous nation	adj.	successful financially or materially; bringing success or good fortune
15.	third-generation desnt	n.	children or offspring of a specific person, plant, or animal

ANSWERS: 7. multicultural, 8. pastry, 9. confrontational, 10. seductive, 11. capricious, 12. viceroy, 13. moreover, 14. prosperous, 15. descendant

16.	an intnt person	adj.	the inability or refusal to accept or respect views, beliefs, or behavior that differ from someone's own; unable to eat food without adverse effects
17.	aritic government	adj.	relating to or characteristic of the aristocracy (= the most powerful class of society); noble or aristocratic in manner or appearance
18.	utn society	adj.	ideal and perfect; relating to or resembling a utopia (= an ideal and perfect society)
19.	indus student	adj.	hardworking, diligent, and persistent in effort
20.	rio recipe	n.	an Italian dish made with a type of rice called Arborio, or other short-grain rice cooked in broth until it reaches a creamy consistency, often combined with various ingredients such as vegetables, seafood, or cheese
21.	covid-19 hot	n.	a place or area, typically a location or region, that is known for having an unusually high number of a particular phenomenon, such as disease, activity or popularity
22.	a sense of welng	n.	the state of being happy and healthy and prosperous
23.	mulral education	adj.	relating to or characterized by several cultures (= beliefs, languages, customs traditions, etc.)
24.	bar pole	n.	a person who cuts men's hair and shaves beards as a profession; a shop or establishment where such services are offered

ANSWERS: 16. intolerant, 17. aristocratic, 18. utopian, 19. industrious, 20. risotto, 21. hotspot, 22. well-being, 23. multicultural, 24. barber

25.	infle plan	adj.	incapable of making mistakes or being wrong; never failing; always accurate
26.	main pla	n.	a public square, marketplace, or similar open area in a town, especially in Spanish-speaking countries
27.	opne occasion	adj.	suitable or happening at a time that is suitable or convenient for a particular purpose
28.	severe malion	n.	the condition of having an improper or inadequate diet, typically resulting in weakness, illness, and developmental problems; the state of being undernourished or lacking essential nutrients
29.	boul blessings	adj.	abundant or plentiful, often used to describe a source of food, wealth, or other resources
30.	the early inhnts of Europe	n.	a person or an animal that lives in a particular place
31.	asparagus rio	n.	an Italian dish made with a type of rice called Arborio, or other short-grain rice, cooked in broth until it reaches a creamy consistency, often combined with various ingredients such as vegetables, seafood, or cheese
32.	boul compliments	adj.	abundant or plentiful, often used to describe a source of food, wealth, or other resources
33.	the position of viy	n.	a governor appointed to rule a country or province in the name of a monarch

ANSWERS: 25. infallible, 26. plaza, 27. opportune, 28. malnutrition, 29. bountiful, 30. inhabitant, 31. risotto, 32. bountiful, 33. viceroy

34.	inhnt tax	n.	a person or an animal that lives in a particular place
35.	utn goal	adj.	ideal and perfect; relating to or resembling a utopia (= an ideal and perfect society)
36.	fruit pay	n.	a baked food made of flour, fat, water, and sometimes eggs, sugar, and other ingredients, used as a base or casing for sweet or savory dishes
37.	Case dialect	n.	a dialect of Chinese spoken in and around the city of Guangzhou (Canton) in southern China, as well as by many overseas Chinese communities;
38.	infle leadership	adj.	incapable of making mistakes or being wrong; never failing; always accurate
39.	connal approach	adj.	characterized by a readiness to confront others, particularly in a challenging or aggressive manner; inclined to argue or disagree rather than compromise or find common ground
40.	favorite bar	n.	a person who cuts men's hair and shaves beards as a profession; a shop or establishment where such services are offered
41.	cran skill	n.	a skilled worker who creates handmade objects, especially one who works with wood, metal, or other materials
42.	moer, she decided to go	adv.	indicating that what follows is an additional or supplementary point; furthermore; in addition to what has been said before

ANSWERS: 34. inhabitant, 35. utopian, 36. pastry, 37. Cantonese, 38. infallible, 39. confrontational, 40. barber, 41. craftsman, 42. moreover

43. aritic titles	adj.	relating to or characteristic of the aristocracy (= the most powerful class of society); noble or aristocratic in manner or appearance
44. French gasmy	n.	the art or science of preparing and serving good food; the study of food and its relationship to culture and society
45. hae d□cor	n.	a French term meaning "high" or "elevated," often used in the context of haute couture, referring to high-end fashion or custom-made clothing
46. memorial pla	n.	a public square, marketplace, or similar open area in a town, especially in Spanish-speaking countries
47. a gm-free environment	n.	a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one
48. buck and d_e	n.	a mature female of mammals of which the male is called a buck, such as a deer or a rabbit
49. traism movement	n.	a philosophical and literary movement of the mid-19th century that emphasized the spiritual and intuitive over the empirical and rational; valued individualism, nonconformity, and a connection with nature; prominent figures included Ralph Waldo Emerson and Henry David Thoreau

ANSWERS: 43. aristocratic, 44. gastronomy, 45. haute, 46. plaza, 47. germ, 48. doe, 49. transcendentalism

50.	desnt of a pioneer	n.	children or offspring of a specific person, plant, or animal
51.	a seve smile	adj.	tempting or alluring attractively or persuasively; often used to describe a person, behavior, or idea that is intended to lure or entice someone into a specific action or belief
52.	the welng of a nation	n.	the state of being happy and healthy and prosperous
53.	enon the future	<i>v</i> .	to imagine or expect what a situation will be like in the future
54.	indus worker	adj.	hardworking, diligent, and persistent in effort
55.	a subtle cran	n.	a skilled worker who creates handmade objects, especially one who works with wood, metal, or other materials
56.	ana disease	n.	a medical condition in which the body lacks enough red blood cells or hemoglobin, causing fatigue, weakness, or difficulty breathing; a lack of vitality or liveliness in something
57.	antibiotic-resistant gm	n.	a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one
58.	enon the project's success	v.	to imagine or expect what a situation will be like in the future
59.	Case-style roast duck	n.	a dialect of Chinese spoken in and around the city of Guangzhou (Canton) in southern China, as well as by many overseas Chinese communities:

ANSWERS: 50. descendant, 51. seductive, 52. well-being, 53. envision, 54. industrious, 55. craftsman, 56. anemia, 57. germ, 58. envision, 59. Cantonese

60.	an opne remark	adj.	suitable or happening at a time that is suitable or convenient for a particular purpose
61.	prous weather	adj.	successful financially or materially; bringing success or good fortune
62.	insant amount	adj.	of little importance, influence, or power
63.	an insant mistake	adj.	of little importance, influence, or power
64.	dist in politics	n.	a lack of trust or confidence in someone or something
65.	intnt of criticism	adj.	the inability or refusal to accept or respect views, beliefs, or behavior that differ from someone's own; unable to eat food without adverse effects
66.	recte from illness	ν.	to recover, heal, or regain health, strength, or well-being after an illness, injury, or period of stress or exhaustion
67.	hae cuisine	n.	a French term meaning "high" or "elevated," often used in the context of haute couture, referring to high-end fashion or custom-made clothing
68.	gasmy tour	n.	the art or science of preparing and serving good food; the study of food and its relationship to culture and society
69.	growing dist	n.	a lack of trust or confidence in someone or something
70.	d_e rabbit	n.	a mature female of mammals of which the male is called a buck, such as a deer or a rabbit

ANSWERS: 60. opportune, 61. prosperous, 62. insignificant, 63. insignificant, 64. distrust, 65. intolerant, 66. recuperate, 67. haute, 68. gastronomy, 69. distrust, 70. doe

v. to deplete fish populations beyond sustainable levels through excessive or unregulated fishing practices, leading to environmental and economic consequences

72. an___a symptoms

 a medical condition in which the body lacks enough red blood cells or hemoglobin, causing fatigue, weakness, or difficulty breathing; a lack of vitality or liveliness in something

73. rec____te lost data

v. to recover, heal, or regain health, strength, or well-being after an illness, injury, or period of stress or exhaustion

74. cu____te in failure

v. to reach a peak or climax

ANSWERS: 71. overfish, 72. anemia, 73. recuperate, 74. culminate

Session 3: Fill in the Blanks

1.	The city has many restaurants that showcase the diversity of worldwide.
n.	the art or science of preparing and serving good food; the study of food and its relationship to culture and society
2.	The school is known for its student body.
adj	relating to or characterized by several cultures (= beliefs, languages, customs, traditions, etc.)
3.	After surgery, it's important to rest and before returning to your normal activities.
<i>v</i> .	to recover, heal, or regain health, strength, or well-being after an illness, injury, or period of stress or exhaustion
4.	He had a vision of a world without war.
adj	 ideal and perfect; relating to or resembling a utopia (= an ideal and perfect society)
5.	The airport is a for tourists and travelers from around the world.
n.	a place or area, typically a location or region, that is known for having an unusually high number of a particular phenomenon, such as disease, activity, or popularity
6.	She looked stunning in her couture gown, turning heads at the glamorous event.
n.	a French term meaning "high" or "elevated," often used in the context of haute couture, referring to high-end fashion or custom-made clothing
AN hau	SWERS: 1. gastronomy, 2. multicultural, 3. recuperate, 4. utopian, 5. hotspot, 6. ute

7.	Н	er	attitude caused tension i	n the workplace.
adj		-		s, particularly in a challenging or ee rather than compromise or
8.	TI	he company decided to	o invest in a	_ industry.
adj		successful financially	or materially; bringing su	ccess or good fortune
9.		he belief in individualis hilosophy.	m was a cornerstone of	
n.		the spiritual and intuiti	ve over the empirical and connection with nature; p	iid-19th century that emphasized d rational; valued individualism, prominent figures included Ralph
10.		he adept c kill.	arefully carved the wood	len figurine with precision and
n.		a skilled worker who c wood, metal, or other		s, especially one who works with
11.	W	/e cannot he	er as President.	
v.	,	to imagine or expect w	hat a situation will be lik	e in the future
12.		he employee's consist		accountability made her
n.		a lack of trust or confid	dence in someone or son	nething
13.	TI	hree young men were	busking in the shopping	
n.		a public square, marke Spanish-speaking cou		area in a town, especially in
		WERS: 7. confrontation		nscendentalism, 10. craftsman,

ANSWERS: 14. Cantonese, 15. industrious, 16. germ, 17. pastry, 18. well-being, 19. infallible, 20. risotto, 21. insignificant

29. The company is environmentally conscious, and _____ it uses sustainable materials in its products.

adv. indicating that what follows is an additional or supplementary point; furthermore; in addition to what has been said before

ANSWERS: 22. inhabitant, 23. seductive, 24. capricious, 25. opportune, 26. anemia, 27. intolerant, 28. viceroy, 29. moreover,

30.	Scientists warn that many species could face extinction if we continue to our oceans.
<i>v</i> .	to deplete fish populations beyond sustainable levels through excessive or unregulated fishing practices, leading to environmental and economic consequences
31.	The shop was closed on Monday, much to the disappointment of many customers.
n.	a person who cuts men's hair and shaves beards as a profession; a shop or establishment where such services are offered
32.	The farmer's land was and produced a large harvest.
adj	abundant or plentiful, often used to describe a source of food, wealth, or other resources
33.	The family had a long history of wealth and privilege.
adj	relating to or characteristic of the aristocracy (= the most powerful class of society); noble or aristocratic in manner or appearance
34.	Those warriors' are still skilled archers.
n.	children or offspring of a specific person, plant, or animal
35.	The doctor advised the patient to eat a balanced diet to avoid
n.	the condition of having an improper or inadequate diet, typically resulting in weakness, illness, and developmental problems; the state of being undernourished or lacking essential nutrients
36.	Hunters use a whistle that makes the sound to lure stags.
n.	a mature female of mammals of which the male is called a buck, such as a deer or a rabbit
	SWERS: 30. overfish, 31. barber, 32. bountiful, 33. aristocratic, 34. descendants malnutrition, 36. doe

Vocab-Builder Ref from	"Gaetán Acurio:	Can home cooki	na change the w	orld? TED Talk	" (37 worde)
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37. The event will _____ in a grand fireworks display.

v. to reach a peak or climax

ANSWERS: 37. culminate