# **Englist.me**

### Vocabulary Builder Reference from...

Mark Pollock and Simone George: A love letter to realism in a time of grief | TED Talk https://www.ted.com/talks/mark\_pollock\_and\_simone \_george\_a\_love\_letter\_to\_realism\_in\_a\_time\_of\_grief



### **All Words**

#### **IMPORTANT**

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### **Session 1: Word List**

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adj. unable to see; unable or unwilling to perceive or understand the true nature of something

synonym: sightless, unseeing, random

(1) **blind** to the beauties, (2) **blind** spot

She was nearly **blind** due to severe diabetes.

#### odyssey

- a long wandering and eventful journey; a Greek epic poem attributed to Homer, describing the journey of Odysseus after the fall of Troy
- (1) go on a serious **odyssey**, (2) cross-country **odyssey** He continued the extraordinary **odyssey** with his brother.

#### nomad

 a member of a group of people who move from place to place rather than living in one place all the time; a wanderer; a person with no fixed abode

synonym: wanderer, traveler, rover

(1) **nomad** worker, (2) **nomad** culture

The **nomad** tribe moved from place to place with its herd of sheep.

stint

 a period of time spent doing a particular job or activity; a set amount of work or activity synonym: period, job, activity

(1) **stint** of work, (2) prison **stint** 

He took a short **stint** as a teacher before returning to law practice.

salsa

n. a type of spicy sauce or condiment made from tomatoes, onions, chili peppers, and other ingredients, commonly used in Latin American and Mexican cuisine, as well as a lively social dance style with origins in those same regions

synonym: sauce, dip, condiment

(1) salsa music, (2) homemade salsa dip

We brought chips and salsa to the party as a tasty appetizer.

eventually

adv. finally, particularly after a long time or a lot of struggle, complications, and so on

*synonym*: finally, someday, ultimately

(1) **eventually** become obsolete, (2) **eventually** succeed The corporation **eventually** dominated the entire tobacco business.

sight

- n. the ability to see; anything that is seen
- synonym: vision, spectacle, view
- an unexpected sight, (2) dull sight
   Many famous sights are within walking distance.

rebuild

v. to build again or anew

synonym: reconstruct, renovate, restore

rebuild a company, (2) rebuild communities
 They are planning to rebuild the house after the fire.

identity

n. the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another

synonym: character, personality, individuality

(1) mistaken **identity**, (2) **identity** as an individual The terrorist's **identity** remains unknown.

#### cornerstone

 a fundamental or essential element or component of something; a basis or foundation upon which something is built or developed

synonym: foundation, basis, keystone

(1) **cornerstone** of democracy, (2) lay the **cornerstone** Effective communication is often considered the **cornerstone** of a successful team.

#### incredible

adj. unbelievable; enormous

synonym: unbelievable, fantastical, inconceivable

(1) **incredible** amount, (2) at **incredible** speed Her response revealed **incredible** idiocy.

### **spirit**

n. the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people

synonym: soul, attitude, enthusiasm

(1) **spirit** and the letter of the law, (2) an indomitable **spirit** Despite their tragic loss, the family is showing great **spirit**.

### desert

- arid land with little or no vegetation often covered with sand or rocks
- (1) **desert** basin, (2) oasis in the **desert** This region is predominantly **desert**.

#### marathon

- n. a long-distance race of 42.195 kilometerssynonym: endurance, race, event
- (1) run a **marathon**, (2) watch a **marathon**She successfully completed her first **marathon** with a personal best time.

### pole

n. one of two antipodal points where the Earth's axis of rotation intersects the Earth's surface; a long, slender, rounded rod, typically of wood or metal, used as a support or to hang something

synonym: rod, staff, shaft

(1) a fishing **pole**, (2) the plus **pole** The North **Pole** is the northernmost point on Earth.

#### octane

a hydrocarbon compound (C8H18) that is a component n. of gasoline and is used as a measure of fuel quality, with higher octane ratings indicating better performance and greater resistance to engine knock

synonym: fuel, gas, gasoline

- (1) octane compound, (2) low- octane fuel Premium gas has a higher octane rating, which makes it more expensive than regular gasoline.
- a group of words taken from a text or speech and repeated by someone other than the original author or speaker

synonym: excerpt, passage, quote

(1) double quotation marks, (2) take a quotation He included a **quotation** from the book in his essay.

### neurology

the branch of medicine that deals with the diagnosis and treatment of disorders of the nervous system synonym: brain science, nervous system, neuropathology (1) cognitive **neurology**, (2) **neurology** department She is studying clinical **neurology** to become a brain surgeon.

### psychiatry

the branch of medicine concerned with the study, treatment, and prevention of mental illness synonym: mental health, psychology, psychoanalysis (1) psychiatry therapy, (2) biological psychiatry The field of **psychiatry** is constantly evolving, with new treatments and approaches being developed all the time.

### survive

- to live or exist despite a dangerous event or period synonym: endure, persist, stay
- (1) **survive** a blizzard, (2) **survive** a plane crash

### quotation

These birds can only **survive** in temperate climates.

#### concentration

 the ability to focus all your time and energy on one thing without thinking about anything else.

synonym: attention, engagement, assiduity

(1) **concentration** of armaments, (2) his research area of **concentration** 

This exam requires excellent **concentration** to pass.

#### circumstance

*n.* the specific conditions or events that surround a particular situation or occurrence

*synonym*: condition, context, environment

(1) **circumstance** of birth, (2) **circumstance** of injury

She explained the **circumstances** surrounding the accident.

### compete

 to strive to achieve more success than someone or something

synonym: contend, contest, vie

(1) **compete** against a friend, (2) **compete** fiercely You must **compete** with others to obtain this position.

### pursue

v. to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them

synonym: seek, hunt, chase

(1) **pursue** a goal, (2) **pursue** freedoms She intends to **pursue** a political career.

#### norm

- n. something that is regarded as usual, typical, or standardsynonym: criterion, mean, standard
- (1) **norm** of action, (2) cultural **norm**

The systems we have developed has accepted as industry **norms**.

### anniversary

 the annual recurrence of a date marking a notable event; a date on which an event occurred in a previous year synonym: commemoration, celebration, observance

(1) **anniversary** celebration, (2) a bicentennial **anniversary** They celebrated their 10th **anniversary** with a romantic dinner.

### expedition

- n. a journey or voyage for a specific purposesynonym: journey, trip, voyage
- (1) **expedition** team, (2) a polar **expedition**The **expedition** to the Amazon jungle was both exciting and challenging.

#### demon

 an evil spirit, supernatural being or entity often depicted as malevolent or harmful

synonym: fiend, devil, evil spirit

(1) **demon** hunter, (2) cast **demon** eyes

The actor's portrayal of the **demon** in the horror movie was terrifying.

### long-lasting

adj. existing or continuing for a long time

synonym: enduring, abiding, durable

(1) **long-lasting** battery, (2) a **long-lasting** friendship They finally decided to solve the **long-lasting** problem.

reserve

 to keep something for future use or contingency; to obtain or arrange something, such as a meeting, seat, etc., in advance

synonym: keep, hold, preserve

(1) **reserve** the right, (2) **reserve** a concert ticket You can easily **reserve** seats over the telephone.

### arguably

adv. used when expressing an opinion or idea that you believe can be proven true

*synonym*: probably, possibly

(1) she is **arguably** the best singer, (2) **arguably** the greatest discovery

He is **arguably** regarded as the finest actor of his generation.

#### concrete

 adj. existing in a physical or material form rather than an abstract one; based on facts rather than ideas or guesses; made of or covered with cement

synonym: actual, factual, hardened

(1) a **concrete** noun, (2) **concrete** examples The president asked for a more **concrete** plan.

#### cartwheel

 a gymnastic move in which a person performs a spinning movement with the body held straight while moving sideways in a handstand position; the wheel of a cart

synonym: sommersault, wheeling, flip

(1) **cartwheel** kick, (2) attempt a **cartwheel**The gymnast did a perfect **cartwheel** across the mat.

outcome

n. the result or effect of an action, event, etc.

synonym: result, consequence, effect

(1) improved student **outcomes**, (2) a desirable **outcome** They awaited news of the **outcome** of the election.

#### intensive

*adj.* involving a lot of work or activity in a short time *synonym*: thorough, comprehensive, in-depth

(1) **intensive** agriculture, (2) **intensive** care

The construction industry is labor **intensive**, although it has been somewhat automated by introducing large machinery.

### prospect

n. the possibility or likelihood of something happening or being successful; a person or thing that is likely to succeed or become popular; a potential customer or client; (verb) to explore for useful or valuable things or substances, such as minerals

synonym: hope, possibility, expectation

(1) prospect for gold, (2) job prospects

The **prospect** of starting a new business can be both exciting and daunting.

### paralyze

v. to cause a person or part of the body to become unable to move or feel

synonym: immobilize, disable, numb

(1) paralyze a city, (2) paralyze a person

The venom from the snake bite **paralyzed** his arm.

### morphine

 a powerful narcotic drug used to relieve pain and induce sleep

synonym: narcotic, painkiller, sedative

(1) **morphine** addiction, (2) synthetic **morphine**Long-term use of **morphine** can lead to tolerance, physical dependence, and addiction.

### optimist

n. a person who tends to expect the best in all things and to be hopeful and confident about the future

synonym: positive thinker, dreamer, idealist

(1) **optimist** by nature, (2) excessive **optimist**She is a confident **optimist** who always looks on the bright side.

#### realism

n. the attitude or behavior of accepting circumstances as they are and being prepared to deal with them accordingly; (in arts) the general attempt to depict subjects truthfully in different forms of the arts

synonym: verisimilitude, verismo, genuineness

(1) experiential **realism**, (2) have more **realism**The invention of the camera changed the course of painting in pursuing **realism**.

#### admiral

 a high-ranking naval officer commissioned to serve as commander of a fleet or naval station; the commander of a naval force or fleet; a naval officer of high rank

synonym: commander, captain, flag officer

(1) naval **admiral**, (2) respected **admiral**Many high-ranking military officials attended the **admiral's** retirement ceremony.

#### incarcerate

v. to put or keep somebody in prison or in a place from which they cannot escape

*synonym*: confine, detain, imprison

(1) **incarcerate** the murderer, (2) **incarcerate** her for life He was **incarcerated** for the duration of the war.

#### torture

n. the act of causing intense pain or suffering to someone to punish them, extract information from them, or for some other reason

synonym: torment, abuse, mistreatment

(1) a **torture** chamber, (2) an instrument of **torture**The use of **torture** is strictly prohibited under international law.

#### bleak

adj. unlikely to be favorable; unpleasantly cold and damp; offering little or no hope

synonym: miserable, pathetic, dim

(1) prospects were **bleak**, (2) **bleak** future

The political landscape looks **bleak** without a change of administration.

### disappoint

v. to fail to meet someone or their hopes or expectations; to make someone feel sad

synonym: sadden, dismay, frustrate

(1) **disappoint** the audience, (2) don't **disappoint** me She worked very hard not to **disappoint** her boss's expectations.

#### moralize

v. to express or teach a moral lesson or principle, often in a self-righteous or didactic way; to reflect on the ethical or moral aspects of a situation or behavior

synonym: preach, lecture, sermonize

(1) **moralize** a situation, (2) **moralize** about politics I don't like it when people try to **moralize** me about my personal choices.

### inspire

v. to make somebody fill with the desire, confidence, or enthusiasm, especially to do something creative

synonym: boost, encourage, enlighten

(1) **inspire** a feeling of curiosity, (2) **inspire** him to write a novel

The unique style of this martial arts **inspired** many action film producers.

#### stoic

 adj. calm and unemotional, especially in difficult situations;
 (noun) a member of the ancient Greek school of philosophy founded by Zeno

synonym: unflappable, resigned, unemotional

(1) **stoic** courage, (2) do **stoic** strength training
He was known for his **stoic** demeanor, never showing
emotion or weakness.

### philosophy

- n. the study of general and fundamental questions, such as those about existence, reason, knowledge, values, mind synonym: doctrine, attitude, creed
- (1) **philosophy** of education, (2) western **philosophy** Ethics is a branch of **philosophy**.

#### confront

v. to face, meet or deal with a problem or difficult situation or person

synonym: engage, encounter, contend

(1) **confront** a global warming, (2) **confront** the issue He finally decided to **confront** problems directly.

#### brutal

adj. harsh or cruel

synonym: harsh, cruel, barbarous

(1) brutal bully, (2) brutal honesty

The **brutal** attack left the victim with serious injuries.

### maintain

 to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true

synonym: preserve, uphold, sustain

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(1) **maintain** order, (2) **maintain** good health I need to **maintain** my car regularly to prevent any major mechanical issues.

#### faith

 n. complete trust in something or someone's ability or knowledge; a strong belief in religion, divine power, etc.

synonym: belief, trust, confidence

(1) religious **faith**, (2) **faith** in government He kept his robust **faith** in his company.

#### prevail

v. to be common, widespread, or frequent; to be the strongest or most powerful

*synonym*: triumph, prevail over, be victorious

(1) good will **prevail**, (2) **prevail** in a suit

It is common for oppressive governments to **prevail** through violence, using military and police force to control their citizens and suppress dissent.

### increasingly

adv. more and more

*synonym*: more and more, progressively

(1) **increasingly** become common, (2) face **increasingly** complicated challenges

Our company found it **increasingly** difficult to keep up with the competition.

#### infection

 a condition in which pathogenic microorganisms or viruses have entered the body

synonym: contagion, disease, transmission

(1) a bacterial **infection**, (2) treat the **infection** with antibiotics

Hospitals must meet various standards to prevent nosocomial **infections**.

### kidney

 either of a pair of small organs in the body that filter waste products, especially urea, from the blood and excrete them and water in urine

(1) an artificial <b>kidney</b> ,	(2) chronic <b>kidney</b> disease	
The surgeon removed t	he healthy <b>kidney</b> from the don	or.

#### survival

 the state of continuing to exist or live, frequently in the face of difficulty or danger

synonym: endurance, continuity

(1) survival ability, (2) survival food

He evaluated his chances for **survival** rather pessimistically.

#### **fundamental**

adj. forming an essential base or core from which everything else develops or is affected

synonym: basic, essential, entire

(1) **fundamental** education, (2) **fundamental** rights Human behavior has **fundamental** characteristics.

#### resolve

- v. to find a suitable answer to the problems or difficulty synonym: decide, determine, fix
- (1) **resolve** a dispute, (2) **resolve** the computer error This company **resolves** its battery problem completely.

#### flee

v. to leave by running away, especially out of fear or danger

synonym: exit, escape, run away

(1) flee their homes, (2) flee abroad

It is a basic instinct to **flee** from a dangerous situation.

#### ward

- n. a room in a hospital for patients requiring special care synonym: room, division, unit
- (1) a children's ward, (2) ward nurse

The patient was moved to the intensive care **ward** for further treatment.

#### monitor

v. to observe, check, and track the progress or quality of something over a period of time

synonym: proctor, check, observe

(1) monitor an exam, (2) monitor the data carefully

They used a special receiver to <b>monitor</b> police radio
channels.

### terrify

- v. to frighten someone very much
- synonym: unnerve, scare, horrify
- (1) **terrify** people, (2) the threats **terrify** him

It would be best not to **terrify** your associates into doing complex tasks.

### fragility

- the quality of being easily broken, damaged, or destroyed; the state of being delicate or vulnerable
- synonym: delicacy, weakness, frailty
- (1) fragility of life, (2) emotional fragility

The **fragility** of the glass required careful handling during shipping.

#### fracture

- the breaking or cracking of a rigid material or object such as bone
- synonym: break, crack, rupture
- (1) fracture test, (2) risk of bone fractures

X-ray inspection revealed many fractures.

#### skull

- a bone framework that surrounds the brain and gives the head its shape
- synonym: cranium, scalp, brain
- (1) skull fracture, (2) have a thick skull

Archaeologists found a Neanderthal skull at that historic site.

#### brain

- the organ inside the head that is responsible for one's movement, thought, memory, and feeling
- *synonym*: intellect, mind, encephalon
- (1) basic **brain** function, (2) permanent **brain** damage X-rays revealed a small tumor in his **brain**.

#### aorta

 the main and largest artery (= thick tube that carries blood from the heart to the body) in the human body originating from the heart (1) abdominal **aorta**, (2) repair of an **aorta**The patient will undergo bypass surgery of the **aorta** today.

### spine

n. the series of bones running down the center of the back that protect the spinal cord and support the body; the backbone or vertebral column

synonym: backbone, vertebra, column

(1) the **spine** of a book, (2) a cervical **spine** injury
She has a minor curved **spine** due to desk work for many years.

#### movement

 a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

synonym: motion, progression, action

- (1) a circular **movement**, (2) **movement** of troops

  The **movement** of the dancers on stage was graceful and elegant.
- the part of the human body between the ribs and hips or the corresponding part in other animals

synonym: midriff, torso, abdomen

(1) **waist** measurement, (2) a slim **waist**She cinched her dress at the **waist** to accentuate her hourglass figure.

#### process

n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

synonym: procedure, method, system

(1) **process** improvement, (2) decision-making **process**The **process** for applying for a visa can be lengthy and complicated.

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#### hell

n. the place thought to be where bad people go and are punished after death, often depicted as being located beneath the earth; an extraordinarily unpleasant or difficult place

*synonym*: inferno, agony, misery

(1) run like hell, (2) hell broke loose

The battlefield became **hell** on earth.

#### handle

- v. to deal with a situation, problem, or strong emotion synonym: control, manage, deal with
- (1) **handle** a precious object, (2) **handled** the incident We all should learn how to **handle** stress.

### breakup

the end of a relationship between persons or nations;
 the separation of something into several pieces or sections

synonym: breakdown, divorce, separation

(1) a breakup hug, (2) air breakup

He got over the big breakup with his wife.

### negotiation

 the process of discussing and reaching an agreement with others

synonym: bargaining, dialogue, haggling

(1) negotiation process, (2) negotiation skills

The **negotiation** between the two countries was a delicate and complex process.

#### relation

 the way two persons or groups of people feel and act toward one another

*synonym*: association, linkage, connection

(1) **relation** between cause and effect, (2) **relation** of inclusion

The industrial **relations** laws were passed with little to no alteration.

#### contract

 a legally binding agreement between two or more parties, setting out their rights and obligations to each other, typically in writing and enforceable by law *synonym*: agreement, deal, arrangement

(1) employment **contract**, (2) **contract** law

The company signed a **contract** with the supplier for the delivery of goods.

### possibility

- n. a chance that something may happen or be truesynonym: chance, prospect, likelihood
- (1) **possibility** for growth, (2) **possibility** of a major earthquake

The **possibility** of getting the disease will drastically increase.

#### renew

- v. to begin or resume something again after an interruption synonym: renovate, restore, revitalize
- renew a contract, (2) renew its corporate image
   I have to renew my passport by the middle of September.

#### refuse

- v. to show that one is not willing to do or accept something synonym: turn down, deny, decline
- (1) **refuse** a request, (2) **refuse** the company My initial reaction was to **refuse**.

### complicated

adj. involving a lot of different things or parts in a way that is difficult to understand or analyze

synonym: complex, convoluted, intricate

(1) a **complicated** process, (2) become increasingly **complicated** 

He did complicated pen-and-ink drawings in just a few days.

### decision

 n. the act or process of making up someone's mind about something; a choice or judgment reached after considering options

synonym: choice, determination, judgment

(1) **decision** authority, (2) a selfish **decision** 

She was struggling to make a decision between two job

offers.

#### rage

- n. a strong feeling of anger or violence
- synonym: fury, anger, outrage
- (1) uncontrollable rage, (2) fall into a rage

She was filled with a burning **rage** at the injustice she had witnessed.

### sweeping

adj. extensive, broad, or far-reaching in scope or impact;
 characterized by a vigorous or forceful movement, often involving wide motions or gestures

synonym: broad, extensive, vast

(1) **sweeping** changes, (2) **sweeping** landscapes

The **sweeping** views from the mountaintop were breathtaking.

### surgeon

 a doctor who is trained to perform medical operations that involve cutting open a person's body

synonym: sawbones, doctor

(1) an excellent brain **surgeon**, (2) army **surgeon**He is a skilled **surgeon** that has many years of training and experience.

#### unlikely

adj. not probable or likely to happen

synonym: doubtful, questionable, far-fetched

(1) **unlikely** event, (2) it is **unlikely** that he would win the game

The passage of the bill is unlikely.

### spinal

- adj. of or relating to the spine (= the long bone in the body's back)
- (1) spinal injury, (2) brain and spinal cord

The surgeon carefully confirmed how to remove the tumor to avoid damaging the **spinal** nerves.

#### shock

 a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant

*synonym*: amazement, surprise, stunner

(1) death from **shock**, (2) **shock-resistant** He got an electric **shock** at work.

#### recover

- v. to return to a former condition, health, mind, or strength synonym: come back, convalesce, heal
- (1) **recover** a loss, (2) **recover** approval ratings She is still **recovering** from a shot to her shoulder.

### therapy

 the act of caring for someone through medication, remedial training, etc.

synonym: antidote, medicine, treatment

(1) therapy for a patient, (2) field of gene therapyI underwent aversion therapy for my addiction to alcohol.

### magical

*adj.* produced by or containing supernatural powers *synonym*: enchanting, occult, supernatural

(1) **magical** place, (2) **magical** powers When I was a child, my mother often cast **magical** spells to ease my pain whenever I was injured.

### paywall

n. a barrier, often in the form of a subscription or membership fee, that limits access to certain online content or services designed to restrict access to content to those who are willing to pay for it

*synonym*: gate, subscription, barrier

(1) newspaper **paywall**, (2) content **paywall** I can't read the article because it's behind a **paywall** and requires a subscription.

#### medical

adj. relating to the treatment of illness or injuries; relating to the practice of medicine

*synonym*: health, disease, treatment

(1) a medical opinion, (2) temporary medical treatment

The **medical** team worked quickly to save the patient's life.

### journal

 a newspaper or magazine specialized in a specific topic or profession

synonym: periodical, diary, bulletin

(1) scientific journal, (2) journal articles

The physician is reading the **journals** related to medicine

#### achieve

v. to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do

synonym: accomplish, attain, reach

(1) achieve success, (2) achieve milestones

I will work hard to **achieve** my goals and realize my dreams.

#### ventilate

v. to supply fresh air to a room, building, etc.; to remove stale air from it

*synonym*: air out, circulate, freshen

(1) ventilate my opinion, (2) ventilate air

It's important to **ventilate** the room to avoid the buildup of harmful gases.

### regain

v. to get something back or recover something after it has been lost or taken away

synonym: recover, reclaim, retrieve

(1) **regain** our reputation, (2) **regain** my health

After years of hard work, he finally **regained** his financial stability.

### accident

n. an unfortunate event, especially one causing damage or injury

synonym: calamity, casualty, chance

(1) cause an accident, (2) injury in a car accident

The **accident** partially destroyed my vehicle.

#### wheelchair

 a chair fitted with large wheels for use as a means of transport by a person who is unable to walk (1) electric-powered **wheelchair**, (2) **wheelchair** accessibility

This library rents out various types of folding **wheelchairs** for visitors.

fuel

 a substance that is typically burned to generate heat or energy

synonym: energy, power, gas

(1) biomass fuel, (2) smokeless fuel

The **fuel** scarcity most severely impacted the manufacturing sector

cord

 a strong, thick, or thin thread or rope; a piece of plastic-coated wire used to transport electricity to a piece of equipment

synonym: wire, cable, string

(1) spinal **cord**, (2) electrical **cord** 

Your spinal **cord** is located deep within your body.

injury

 n. harm done to a person's or an animal's body caused by an accident or an attack

synonym: wound, damage, hurt

(1) without **injury**, (2) a fatal **injury** 

My accidental injury got better right away.

strike

v. to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon

synonym: hit, impact, influence

(1) strike up a conversation, (2) strike a blow

We **strike** to achieve more wages and safer working conditions.

upright

adj. perpendicular to a horizontal surface or line; (adverb) in a vertical position

synonym: vertical, perpendicular, plumb

(1) **upright** posture, (2) sit **upright** in a chair

The bookcase was **upright** against the wall.

### compromise

v. to settle a problem or disagreement by mutual concession

synonym: agree, settle, negotiate

(1) **compromise** the matter, (2) cannot **compromise** anymore

They never **compromised** on development despite the lack of funds.

### paralysis

 a condition in which you are unable to move or lose control of part or most of the body because of illness or injury

*synonym*: immobility, stiffness, palsy

(1) moral **paralysis**, (2) **paralysis** in the leg Massive demonstrations lead to total **paralysis** of transportation.

#### interfere

 to get involved in and prevent a process or activity from continuing

*synonym*: interpose, interrupt, hamper

(1) **interfere** in another country's affairs, (2) **interfere** with DNA synthesis

Your talking **interferes** with my work.

#### internal

adj. of or relating to the inside of something synonym: interior, inner, domestic

(1) **internal** organs, (2) the **internal** economy

The prime minister canceled visits to other countries to resolve **internal** disputes.

#### nervous

adj. worried and anxious about something; relating to the nerves

*synonym*: neural, anxious, uneasy

development of the **nervous** system, (2) get **nervous** He suffers from **nervous** breakdowns.

#### **spasm**

n. a sudden, involuntary contraction of a muscle, causing a range of sensations from mild discomfort to severe pain; a sudden outburst or brief episode of intense emotion or activity

synonym: convulsion, cramp, twitch

(1) gastric **spasm**, (2) **spasm** of laughter

The patient's face twitched in **spasms** as the dentist started drilling her tooth.

#### span

 the entire length of something, such as time or space from beginning to end; the amount of space that something covers

synonym: interval, period, length

(1) the **span** of a bird's wings, (2) the average life **span**He slightly modified the **span** of training because it was just before a match.

exhaust

- n. the system in a vehicle that removes waste gases from the engine; (verb) to make someone completely tiredsynonym: emission, fumes, (verb) deplete
- (1) exhaust pipe, (2) exhaust a topic

The factory's **exhaust** fumes polluted the air and affected the health of the nearby residents.

#### determinant

 a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

*synonym*: cause, factor, element

(1) environmental **determinant**, (2) a **determinant** of crop yields

One **determinant** of success is having a positive attitude and a strong work ethic.

### psychology

- the scientific study of mind and behavior
- (1) **psychology** experiment, (2) **psychology** of crowd She had a master's degree in **psychology**.

#### dam

 a wall constructed over a river to block the flow of water, mainly used to generate energy

*synonym*: barricade, barrier, embankment

(1) dam-building program, (2) dam collapsing

The break in the **dam** threatened the valley.

#### cancel

 to decide that a previously scheduled activity will not take place

synonym: abort, invalidate, annul

(1) **cancel** a class, (2) **cancel** a free subscription trial When customers **cancel** their reservations, they lose the deposit they made.

### contrary

- n. acting in opposition to what is expected or desiredsynonym: opposing, contradictory, conflicting
- (1) the clear **contrary**, (2) **contrary** evidence The two sides argued their points, but the judge ultimately sided with the **contrary** viewpoint.

#### endeavor

v. to make an earnest attempt or effort; to strive or work hard towards a goal or objective

synonym: attempt, strive, undertake

(1) **endeavor** to succeed, (2) **endeavor** as much as possible

We will **endeavor** to find a solution to the problem as quickly as possible.

#### adventurer

a person who enjoys or seeks dangerous and exciting experiences

synonym: explorer, entrepreneur, daredevil

daredevil adventurer, (2) outdoor adventurers
 The ocean adventurer holds the record for the oldest solo
 Pacific Ocean crossing by a sailboat.

mar

to damage or spoil the appearance or surface of something

synonym: damage, deface, disfigure

(1) <b>mar</b> a proper relationship,	(2) mar the reputation
The scratches on the car marr	red its otherwise perfect
appearance.	

#### lifetime

- n. the duration of someone's life or something's existence;synonym: lifespan, duration
- (1) **lifetime** benefits, (2) **lifetime** ban from the sport She had lived through two world wars in her **lifetime**.

#### dormant

adj. in a state of temporary inactivity, rest, or sleep; not growing or progressing but capable of doing so under the right circumstances

synonym: inactive, sleeping, quiescent

(1) **dormant** volcano, (2) **dormant** account The disease can remain **dormant** for years before it presents any symptoms.

### engineer

- n. a person whose job is designing, building, or maintaining something such as machines, structures, or software
   synonym: architect, creator, builder
- (1) a civil engineer, (2) engineer shortageThe engineer will repair my telephone tomorrow morning.

#### bionic

- adj. relating to or using technology or devices that enhance or replace biological functions, typically in a way that mimics or improves upon the original
- (1) **bionic** exoskeleton, (2) **bionic** technology

  The soldier was fitted with a **bionic** arm after losing him in combat.

### robotic

adj. of or relating to mechanical robots; (robotics) the interdisciplinary branch of computer science and engineering with the practical use of robots

synonym: automated, mechanical, laborsaving

(1) **robotic** arm, (2) **robotic** guide operation

The surgeon removed the tumor using **robotic** video

#### assistance.

#### exoskeleton

 a hard, external protective covering or framework that supports and gives shape to the body of an invertebrate animal, such as an insect or crab

*synonym*: chitin, exocuticle, carapace

(1) exoskeleton suit, (2) robotic exoskeleton

The **exoskeleton** of the crab protects it from predators and environmental changes.

lab

a workplace for the conduct of scientific research; a laboratory

synonym: workshop, laboratory, research chamber

(1) **lab** instrument, (2) medical **lab** 

The Prime Minister will pay a courtesy visit to the Nobel laureate's **lab**.

#### celebrate

v. to acknowledge a memorable or good day or event with a social gathering or enjoyable activity

synonym: praise, glorify, honor

(1) **celebrate** his election, (2) **celebrate** Christmas He **celebrated** the 10th anniversary of his tenure.

### visionary

adj. having or showing exceptional foresight and imagination; not practical or realizable; speculative

synonym: prophetic, far-sighted, imaginative

(1) visionary business, (2) visionary ideas

The **visionary** leader had a clear plan for the company's future.

### breakthrough

 a sudden, dramatic, and important discovery or development that helps to improve a situation or provide an answer to a problem

synonym: advance, progress, innovation

(1) **breakthrough** in the negotiations, (2) **breakthrough** discovery

A technique called deep learning has led to breakthroughs

in Al.

### electrical

adj. relating to electricity

(1) an **electrical** storm, (2) degree in **electrical** engineering Actuators convert **electrical** pulses into motion.

#### stimulation

the act of arousing interest or activity in something; the action of providing a stimulus

synonym: activation, arousal, excitation

(1) **stimulation** of the economy, (2) **stimulation** of the senses

The **stimulation** of certain chemicals activates the brain's reward system.

#### **function**

n. the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose

*synonym*: purpose, mapping, job

(1) function properly, (2) immune function

The brain is an incredibly complex organ that controls the body's **function**.

### groundbreaking

adj. producing fresh findings; using novel techniquessynonym: innovative, revolutionary

(1) **groundbreaking** concept, (2) **groundbreaking** settlement

He has produced **groundbreaking** research on the subject.

#### collaboration

 the act or situation of working together to create or produce something

synonym: affiliation, alliance, coalition

(1) **collaboration** between companies, (2) **collaboration** platform

The partnership program requires a mutual **collaboration** between both agencies.

#### combine

- v. to join or merge to form a single thing or group synonym: coalesce, cohere, blend
- (1) **combine** chemically with another substance,
- (2) **combine** augmented reality

Hydrogen and oxygen **combine** to form water.

arc

- n. the shape of a portion of a circle or other curved line synonym: turn, bow, angle
- (1) the **arc** current, (2) an **arc** of a circumference A ball flew in a big **arc**.

react

- v. to take action in response to something synonym: respond, reply, oppose
- (1) **react** at a high temperature, (2) **react** against his way of thinking

How did he react to your idea?

suddenly

adv. quickly and unexpectedly synonym: abruptly, unexpectedly, unawares

(1) **suddenly** attacked by an enemy, (2) die **suddenly** Who answers **suddenly** knows little.

suit

 a set of clothes that are made from the same material; a claim or complaint that a person or organization can file in court against another party; (verb) to be fit or acceptable for

synonym: clothes, lawsuit, (verb) fit

suit and tie restaurant, (2) suit at law
 suits are awaiting trial or verdict.

#### electrode

 either of two points or ends of a conductor at which electricity enters or leaves an object, substance, or region (1) platinum **electrodes**, (2) **electrode** corrosion It is important to place the **electrodes** in the correct position for accurate electro-cardiogram recording.

### electrify

v. to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something

synonym: wire, amaze, astonish

(1) **electrify** the audience, (2) **electrify** a manufacturing process

The product developed through years of research continues to **electrify** the market.

#### excite

- v. to make someone feel suddenly enthusiastic or eager synonym: thrill, exhilarate, animate
- (1) **excite** the crowd, (2) **excite** rebellion The news of her promotion **excited** her.

#### underneath

adv. under or below something else synonym: below, under, beneath

(1) **underneath** the surface of the water, (2) **underneath** the laughter

The penny fell **underneath** the piano.

### normally

adv. usually; under normal conditionssynonym: commonly, generally, naturally

complete normally, (2) not normally drink much
 don't normally take a vacation in the middle of summer.

### stimming

n. a behavior often exhibited by individuals on the autism spectrum characterized by repetitive bodily movements or sounds, such as hand flapping or rocking, often used as a form of self-regulation or sensory stimulation

synonym: self-stimulation, repetitive behaviors

(1) autistic **stimming**, (2) **stimming** therapy
Autistic children may engage in **stimming** behaviors, such as

rocking or hand flapping, to self-regulate.

#### substantial

adj. fairly large in size, value, or importance

synonym: significant, notable, actual

(1) a **substantial** amount of capital, (2) have a **substantial** 

meal

The pandemic was a **substantial** business opportunity for certain companies.

### voluntary

adj. done of one's own free will; without being forced or coerced

synonym: voluntary, self-willed, spontaneous

(1) **voluntary** action, (2) **voluntary** participation

The program is **voluntary**, so participants can choose whether or not to take part.

### intelligent

 adj. having the capacity for thought and reason, especially to a high degree

synonym: brilliant, clever, competent

(1) an **intelligent** person, (2) **intelligent** assisting system **Intelligent** robots that can cooperate with humans have limited motor output for safety.

zone

 a specific area, region, or section that is marked off or defined in some way

synonym: area, region, territory

(1) time zone, (2) zone defense

He was reluctant to leave his comfort **zone** and try something new.

### entirely

adv. completely

*synonym*: completely, fully, totally

(1) **entirely** satisfied with the meal, (2) he was **entirely** to blame

Later, his claim was found to be **entirely** false.

### disappear

v. to cease to exist or be visible

synonym: fade, evaporate, vanish

(1) **disappear** without a trace, (2) **disappear** after a week They watched the train **disappear** into the distance.

### incredibly

 adv. in a way that is very difficult to believe; exceedingly or extremely

synonym: enormously, exceptionally, extraordinarily

(1) **incredibly** cheerful character, (2) get **incredibly** insecure

Several cities are experiencing **incredibly** high unemployment rates.

### exciting

adj. causing a lot of interest or excitement synonym: exhilarating, stimulating, thrilling

(1) **exciting** football player, (2) **exciting** news The findings of the experiment were both **exciting** and unexpected.

pilot

a person who flies an aircraft, especially as a job; a
person qualified to guide ships through a difficult area of
water

synonym: aviator, flyer, chief

(1) a test pilot, (2) pilot production

The pilot exercised great care in landing.

roll

v. to move in a particular direction by turning over and over or from side to side

synonym: spin, swirl, wheel

(1) roll a ball, (2) roll down his cheeks

He was exhausted and **rolled** into bed as soon as he got home.

### primarily

adv. mainly

synonym: largely, mainly, mostly

(1) intended **primarily** for young people, (2) **primarily** affect

adults

All peaceful cooperation is based **primarily** on mutual trust.

#### confer

v. to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow somethingsynonym: consult, meet, discuss

(1) confer degree, (2) confer honor

The leaders of the two countries met to **confer** on the issue.

#### mention

- v. to speak or write about something or someone briefly synonym: reference, allude, cite
- (1) **mention** name, (2) **mention** in a report I **mentioned** to him that I had seen his sister at the grocery store earlier that day.

### pose

v. to present a risk, problem, or other issues that must be addressed

synonym: present, put, position

(1) **pose** a significant threat to my company, (2) **pose** a challenge

The chemicals **pose** a massive health risk.

### rely

v. to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.

synonym: depend, count, lean

(1) **rely** on convenience stores, (2) **rely** entirely on him Babies heavily **rely** on others for food.

### parallel

 adj. being everywhere equidistant and not intersecting; of or relating to the simultaneous performance of multiple operations

synonym: aligned, side-by-side, similar

(1) a **parallel** case, (2) **parallel** processing He walked a road **parallel** to the railroad.

fulfill

v. to meet the requirements or expectations; to achieve or realize

synonym: satisfy, complete, accomplish

(1) fulfill a contract, (2) fulfill a lifetime dream

It was the first time for her, but she **fulfilled** the role of Priest.

adequate

adj. enough, acceptable, satisfactory for a particular purpose or need

synonym: enough, acceptable, able

(1) **adequate** parking facilities, (2) provide **adequate** funding

This argument is still not adequate.

release

- v. to set free or allow to escape from confinement synonym: free, let go, discharge
- (1) **release** a prisoner, (2) **release** CO2 into the air

  The animal rights group worked to **release** the dolphins back into the wild.

gorgeous

adj. wonderful and attractive

synonym: beautiful, stunning, attractive

(1) a gorgeous meal, (2) gorgeous sunset

She wore a **gorgeous** dress to the party, which everyone admired.

controllable

adj. able to be controlled or directed

synonym: manageable, governable, submissive

(1) computer- **controllable**, (2) **controllable** aircraft The new software is much more **controllable** and user-friendly.

acceptance

 the act of agreeing or approving, or the state of being agreed or approved

*synonym*: approval, recognition, acknowledgment

(1) a feeling of **acceptance**, (2) a letter of **acceptance**The **acceptance** of diversity and inclusion is crucial for

1 11 11		
huilding a	harmonious	SOCIETY
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#### grief

- n. a very great sadness, especially when somebody diessynonym: anguish, desperation, dismay
- (1) have **grief** and sorrow, (2) a lot of **grief** Each person has a unique **grief** experience.

### expansive

adj. large or wide in extent or scope; friendly and open and willing to talk

synonym: large, extensive, vast

(1) with an **expansive** spirit, (2) **expansive** ocean views. The company has an **expansive** network of offices and locations around the world.

#### abundant

adj. present in great quantity

synonym: ample, plentiful, generative

(1) live an **abundant** life, (2) an **abundant** supply of water The country has **abundant** oil and natural gas resources.

### satisfy

v. to make somebody pleased by giving them what they want or need

synonym: please, amuse, meet

(1) **satisfy** a desire, (2) **satisfy** a user's needs Did this response **satisfy** your request?

#### fellow

adj. someone who has the same job or interests as you, or is in the same class, profession, or situation as you

synonym: buddy, mate, affiliate

(1) junior **fellow**, (2) nice **fellow** 

He is the kind of **fellow** who only works for his success.

#### bench

 a long, flat surface, often elevated and supported by legs, used for sitting, working, or displaying objects; persons who administer justice

synonym: seat, terrace, judiciary

(1) bench conference, (2) bench board

I sat on the <b>bench</b> in the park and enjoyed the beautiful scenery.

## **Session 2: Spelling**

outdoor adv ers

do t volcano adj. in a state of temporary inactivity, rest, or 1. sleep; not growing or progressing but capable of doing so under the right

circumstances

a person who enjoys or seeks n. dangerous and exciting experiences

complete no\_\_\_\_ly adv. usually; under normal conditions

adv. mainly

to make an earnest attempt or effort; to strive or work hard towards a goal or

objective

intended pr\_\_\_\_ly for young 5. people

en or as much as possible

an indomitable sp\_\_\_t 6.

2.

3.

4.

8.

the part of a person which is the seat of n. their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people

to strive to achieve more success than

7. co \_\_\_e against a friend

re\_\_\_\_e a prisoner

to set free or allow to escape from confinement

someone or something

9. p\_e a challenge

to present a risk, problem, or other ν. issues that must be addressed

10. an excellent brain su\_\_\_\_n

a doctor who is trained to perform n. medical operations that involve cutting open a person's body

ANSWERS: 1. dormant, 2. adventurer, 3. normally, 4. endeavor, 5. primarily, 6. spirit, 7. compete, 8. release, 9. pose, 10. surgeon

ANSWERS: 11. inspire, 12. odyssey, 13. prevail, 14. stimming, 15. primarily, 16. engineer, 17. achieve, 18. outcome, 19. ventilate, 20. refuse

a long, flat surface, often elevated and 21. be h conference n. supported by legs, used for sitting, working, or displaying objects; persons who administer justice 22. sa\_\_\_y a user's needs to make somebody pleased by giving ν. them what they want or need a strong feeling of anger or violence 23. uncontrollable r e n. 24. gro\_\_\_\_\_ing concept adj. producing fresh findings; using novel techniques a group of words taken from a text or 25. take a qu\_\_\_\_on n. speech and repeated by someone other than the original author or speaker 26. br\_\_\_I bully adj. harsh or cruel 27. me n name to speak or write about something or someone briefly 28. col ion platform the act or situation of working together to create or produce something 29. at inc\_\_\_\_le speed adj. unbelievable; enormous 30. go on a serious od\_\_\_\_y a long wandering and eventful journey; n. a Greek epic poem attributed to Homer, describing the journey of Odysseus after the fall of Troy a room in a hospital for patients 31. w d nurse requiring special care 32. dull si t the ability to see; anything that is seen n. 33. have gr f and sorrow a very great sadness, especially when n.

ANSWERS: 21. bench, 22. satisfy, 23. rage, 24. groundbreaking, 25. quotation, 26. brutal, 27. mention, 28. collaboration, 29. incredible, 30. odyssey, 31. ward, 32. sight, 33. grief

somebody dies

ANSWERS: 34. breakthrough, 35. anniversary, 36. confront, 37. psychiatry, 38. concrete, 39. excite, 40. abundant, 41. intensive, 42. identity, 43. combine, 44. recover

ANSWERS: 45. internal, 46. zone, 47. brain, 48. infection, 49. adequate, 50. substantial, 51. survive, 52. negotiation, 53. realism, 54. concentration, 55. incarcerate, 56. fellow

56. nice fe\_\_\_w

adj. someone who has the same job or

profession, or situation as you

interests as you, or is in the same class,

64. a det\_\_\_\_nt of crop yields a factor, circumstance, or condition that n.

contributes to the shaping, influencing, or determining of a particular outcome

or result

65. an int\_\_\_\_nt person adj. having the capacity for thought and reason, especially to a high degree

66. bl d spot

67. I b instrument

adj. unable to see; unable or unwilling to perceive or understand the true nature

of something

a workplace for the conduct of scientific n. research; a laboratory

ANSWERS: 57. philosophy, 58. ward, 59. marathon, 60. paralysis, 61. relation, 62. refuse, 63. kidney, 64. determinant, 65. intelligent, 66. blind, 67. lab

Vocab-Builder Ref from "Mark Pollock and Simone George: A love letter to realism in a time of grief | TED Talk" (176 words)

ANSWERS: 68. engineer, 69. roll, 70. confer, 71. pose, 72. waist, 73. philosophy, 74 cartwheel, 75. stint, 76. psychiatry

77.	d_m collapsing	n.	a wall constructed over a river to block the flow of water, mainly used to generate energy
78.	run a maon	n.	a long-distance race of 42.195 kilometers
79.	d_m-building program	n.	a wall constructed over a river to block the flow of water, mainly used to generate energy
80.	moze a situation	v.	to express or teach a moral lesson or principle, often in a self-righteous or didactic way; to reflect on the ethical or moral aspects of a situation or behavior
81.	the spe of a book	n.	the series of bones running down the center of the back that protect the spinal cord and support the body; the backbone or vertebral column
82.	vete air	<i>v</i> .	to supply fresh air to a room, building, etc.; to remove stale air from it
83.	abdominal aoa	n.	the main and largest artery (= thick tube that carries blood from the heart to the body) in the human body originating from the heart
84.	tey people	v.	to frighten someone very much
85.	psygy experiment	n.	the scientific study of mind and behavior
86.	cirnce of injury	n.	the specific conditions or events that surround a particular situation or occurrence
87.	gous sunset	adj.	wonderful and attractive

ANSWERS: 77. dam, 78. marathon, 79. dam, 80. moralize, 81. spine, 82. ventilate, 83. aorta, 84. terrify, 85. psychology, 86. circumstance, 87. gorgeous

89. und\_\_\_\_th the laughter

90. a fatal in y

91. a lon\_\_\_\_ing friendship

92. pa ze a city

93. co\_\_\_\_ct law

94. cor\_\_\_\_ne of democracy

95. a com\_\_\_\_ed process

96. risk of bone fr\_\_\_\_res

97. computer-con\_\_\_\_ble

98. m r a proper relationship

99. job pr\_\_\_\_cts

of fear or danger

adv. under or below something else

harm done to a person's or an animal's n. body caused by an accident or an attack

adj. existing or continuing for a long time

to cause a person or part of the body to become unable to move or feel

a legally binding agreement between two or more parties, setting out their rights and obligations to each other, typically in writing and enforceable by law

a fundamental or essential element or n. component of something; a basis or foundation upon which something is built or developed

adj. involving a lot of different things or parts in a way that is difficult to understand or analyze

the breaking or cracking of a rigid material or object such as bone

adi. able to be controlled or directed

to damage or spoil the appearance or surface of something

the possibility or likelihood of something n. happening or being successful; a person or thing that is likely to succeed or become popular; a potential customer or client; (verb) to explore for useful or valuable things or substances, such as minerals

ANSWERS: 88. flee, 89. underneath, 90. injury, 91. long-lasting, 92. paralyze, 93. contract, 94. cornerstone, 95. complicated, 96. fracture, 97. controllable, 98. mar, 99.

ocab-Builder Ref from	"Mark Pollock and Simone	George: A	A love letter to	realism in a	a time of grief	TED Ta	alk" (176	words
prospect								
proopoot								

100. ry on convenience stores	ν.	to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.
101. mistaken idty	n.	the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another
102. a bacterial inon	n.	a condition in which pathogenic microorganisms or viruses have entered the body
103. cast den eyes	n.	an evil spirit, supernatural being or entity often depicted as malevolent or harmful
104. content paI	n.	a barrier, often in the form of a subscription or membership fee, that limits access to certain online content or services designed to restrict access to content to those who are willing to pay for it
105. religious fah	n.	complete trust in something or someone's ability or knowledge; a strong belief in religion, divine power, etc.
106. a meI opinion	adj.	relating to the treatment of illness or injuries; relating to the practice of medicine
107. injury in a car acnt	n.	an unfortunate event, especially one causing damage or injury
108. a circular mont	n.	a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

ANSWERS: 100. rely, 101. identity, 102. infection, 103. demon, 104. paywall, 105. faith, 106. medical, 107. accident, 108. movement

ANSWERS: 109. monitor, 110. bionic, 111. spine, 112. electrical, 113. groundbreaking, 114. sweeping, 115. therapy, 116. collaboration, 117. fragility, 118. nervous, 119. visionary

realizable; speculative

ANSWERS: 120. suit, 121. process, 122. desert, 123. stimulation, 124. cancel, 125. adequate, 126. breakthrough, 127. fundamental, 128. span

129. exng news	adj.	causing a lot of interest or excitement
130. spt and the letter of the law	n.	the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people
131. the plus pe	n.	one of two antipodal points where the Earth's axis of rotation intersects the Earth's surface; a long, slender, rounded rod, typically of wood or metal, used as a support or to hang something
132. viry ideas	adj.	having or showing exceptional foresight and imagination; not practical or realizable; speculative
133. pue freedoms	v.	to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them
134. immune fuon	n.	the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose
135. homemade saa dip	n.	a type of spicy sauce or condiment made from tomatoes, onions, chili

s, chili peppers, and other ingredients, commonly used in Latin American and Mexican cuisine, as well as a lively social dance style with origins in those same regions

ANSWERS: 129. exciting, 130. spirit, 131. pole, 132. visionary, 133. pursue, 134. function, 135. salsa

136. pit production	n.	a person who flies an aircraft, especially as a job; a person qualified to guide ships through a difficult area of water
137. rer a loss	<i>v</i> .	to return to a former condition, health, mind, or strength
138. electric-powered wheir	n.	a chair fitted with large wheels for use as a means of transport by a person who is unable to walk
139. cete his election	ν.	to acknowledge a memorable or good day or event with a social gathering or enjoyable activity
140. stc courage	adj.	calm and unemotional, especially in difficult situations; (noun) a member of the ancient Greek school of philosophy founded by Zeno
141. prct for gold	n.	the possibility or likelihood of something happening or being successful; a person or thing that is likely to succeed or become popular; a potential customer or client; (verb) to explore for useful or valuable things or substances, such as minerals
142. not noly drink much	adv.	usually; under normal conditions
143. sual food	n.	the state of continuing to exist or live, frequently in the face of difficulty or danger
144. smokeless fl	n.	a substance that is typically burned to generate heat or energy
145. coe fiercely	<i>v</i> .	to strive to achieve more success than someone or something

ANSWERS: 136. pilot, 137. recover, 138. wheelchair, 139. celebrate, 140. stoic, 141. prospect, 142. normally, 143. survival, 144. fuel, 145. compete

146. face incgly complicated challenges	adv.	more and more
147. cael kick	n.	a gymnastic move in which a person performs a spinning movement with the body held straight while moving sideways in a handstand position; the wheel of a cart
148. rew its corporate image	ν.	to begin or resume something again after an interruption
149. roc guide operation	adj.	of or relating to mechanical robots; (robotics) the interdisciplinary branch of computer science and engineering with the practical use of robots
150. main order	v.	to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true
151. fuon properly	n.	the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose
152. vory action	adj.	done of one's own free will; without being forced or coerced
153. fall into a re	n.	a strong feeling of anger or violence
154. a feeling of accce	n.	the act of agreeing or approving, or the state of being agreed or approved

ANSWERS: 146. increasingly, 147. cartwheel, 148. renew, 149. robotic, 150. maintain, 151. function, 152. voluntary, 153. rage, 154. acceptance

155. medical I_b	n.	a workplace for the conduct of scientific research; a laboratory
156. joI articles	n.	a newspaper or magazine specialized in a specific topic or profession
157. diar without a trace	<i>v</i> .	to cease to exist or be visible
158. prospects were blk	adj.	unlikely to be favorable; unpleasantly cold and damp; offering little or no hope
159. funal education	adj.	forming an essential base or core from which everything else develops or is affected
160. daredevil adver	n.	a person who enjoys or seeks dangerous and exciting experiences
161. ste a blow	<i>v</i> .	to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon
162. ree CO2 into the air	v.	to set free or allow to escape from confinement
163. run like hI	n.	the place thought to be where bad people go and are punished after death, often depicted as being located beneath the earth; an extraordinarily unpleasant or difficult place
164. swng changes	adj.	extensive, broad, or far-reaching in scope or impact; characterized by a vigorous or forceful movement, often involving wide motions or gestures
165. evely become obsolete	adv.	finally, particularly after a long time or a lot of struggle, complications, and so on

ANSWERS: 155. lab, 156. journal, 157. disappear, 158. bleak, 159. fundamental, 160. adventurer, 161. strike, 162. release, 163. hell, 164. sweeping, 165. eventually

166. an unexpected sit	n.	the ability to see; anything that is seen
167. a toe chamber	n.	the act of causing intense pain or suffering to someone to punish them, extract information from them, or for some other reason
168. a gous meal	adj.	wonderful and attractive
169. wheir accessibility	n.	a chair fitted with large wheels for use as a means of transport by a person who is unable to walk
170. suly attacked by an enemy	adv.	quickly and unexpectedly
171. nm of action	n.	something that is regarded as usual, typical, or standard
172. conble aircraft	adj.	able to be controlled or directed
173. maI powers	adj.	produced by or containing supernatural powers
174. annry celebration	n.	the annual recurrence of a date marking a notable event; a date on which an event occurred in a previous year
175. roc arm	adj.	of or relating to mechanical robots; (robotics) the interdisciplinary branch of computer science and engineering with the practical use of robots
176. synthetic mone	n.	a powerful narcotic drug used to relieve pain and induce sleep
177. st at law	n.	a set of clothes that are made from the same material; a claim or complaint that a person or organization can file in court against another party; (verb) to be fit or acceptable for

ANSWERS: 166. sight, 167. torture, 168. gorgeous, 169. wheelchair, 170. suddenly, 171. norm, 172. controllable, 173. magical, 174. anniversary, 175. robotic, 176. morphine, 177. suit

178. with an exve spirit	adj.	large or wide in extent or scope; friendly and open and willing to talk
179. sit upt in a chair	adj.	perpendicular to a horizontal surface or line; (adverb) in a vertical position
180. the clear cory	n.	acting in opposition to what is expected or desired
181. inve care	adj.	involving a lot of work or activity in a short time
182. arly the greatest discovery	adv.	used when expressing an opinion or idea that you believe can be proven true
183. incly cheerful character	adv.	in a way that is very difficult to believe; exceedingly or extremely
184. cultural nm	n.	something that is regarded as usual, typical, or standard
185. posty for growth	n.	a chance that something may happen or be true
186. mone addiction	n.	a powerful narcotic drug used to relieve pain and induce sleep
187. live an abnt life	adj.	present in great quantity
188. cor degree	<i>v</i> .	to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
189. elfy a manufacturing process	v.	to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something
190. frre test	n.	the breaking or cracking of a rigid material or object such as bone

ANSWERS: 178. expansive, 179. upright, 180. contrary, 181. intensive, 182. arguably, 183. incredibly, 184. norm, 185. possibility, 186. morphine, 187. abundant, 188. confer, 189. electrify, 190. fracture

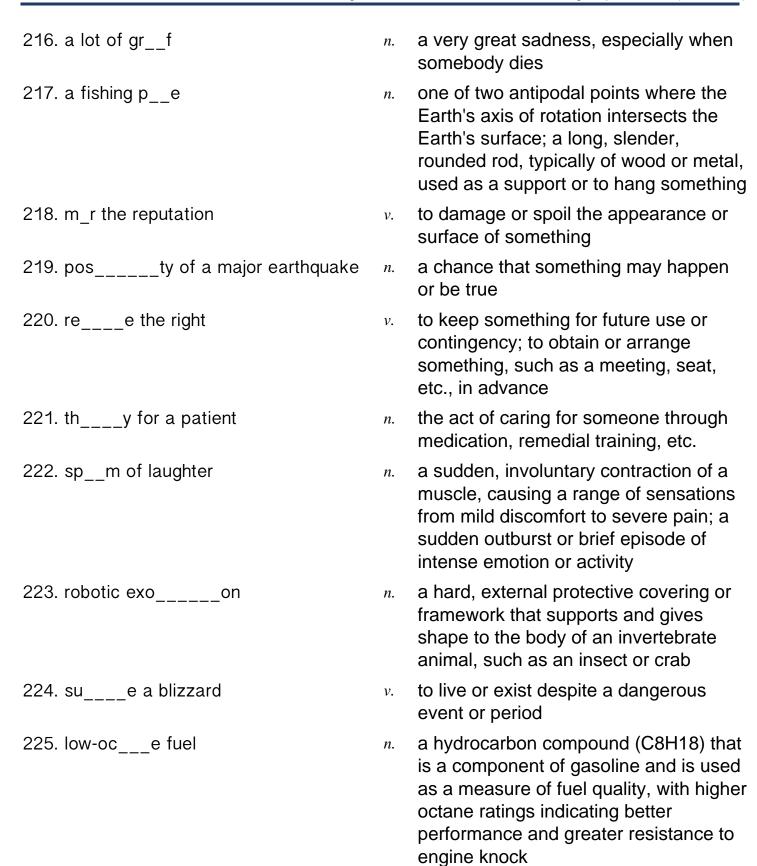
191. pue a goal
192. the threats tey him
193. have a thick skl
194. skl fracture
195. incle amount
196. evely succeed
197. he was enly to blame
198. brI honesty
199. incte the murderer
200. disnt the audience
201. loning battery
202. red communities
203. stt of work
204. stng therapy

- v. to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them
- v. to frighten someone very much
- *n.* a bone framework that surrounds the brain and gives the head its shape
- *n*. a bone framework that surrounds the brain and gives the head its shape
- adj. unbelievable; enormous
- adv. finally, particularly after a long time or a lot of struggle, complications, and so on
- adv. completely
- adj. harsh or cruel
- v. to put or keep somebody in prison or in a place from which they cannot escape
- v. to fail to meet someone or their hopes or expectations; to make someone feel sad
- adj. existing or continuing for a long time
- v. to build again or anew
- a period of time spent doing a particular job or activity; a set amount of work or activity
- n. a behavior often exhibited by individuals on the autism spectrum characterized by repetitive bodily movements or sounds, such as hand flapping or rocking, often used as a form of self-regulation or sensory stimulation

ANSWERS: 191. pursue, 192. terrify, 193. skull, 194. skull, 195. incredible, 196. eventually, 197. entirely, 198. brutal, 199. incarcerate, 200. disappoint, 201. long-lasting, 202. rebuild, 203. stint, 204. stimming

205. ree the computer error	<i>v</i> .	to find a suitable answer to the problems or difficulty
206. frty of life	n.	the quality of being easily broken, damaged, or destroyed; the state of being delicate or vulnerable
207. sual ability	n.	the state of continuing to exist or live, frequently in the face of difficulty or danger
208. spinal cd	n.	a strong, thick, or thin thread or rope; a piece of plastic-coated wire used to transport electricity to a piece of equipment
209. it is unly that he would win the game	adj.	not probable or likely to happen
210. basic brn function	n.	the organ inside the head that is responsible for one's movement, thought, memory, and feeling
211. intnt assisting system	adj.	having the capacity for thought and reason, especially to a high degree
212. lime benefits	n.	the duration of someone's life or something's existence;
213. opst by nature	n.	a person who tends to expect the best in all things and to be hopeful and confident about the future
214. cause an acnt	n.	an unfortunate event, especially one causing damage or injury
215. inre in another country's affairs	<i>v</i> .	to get involved in and prevent a process or activity from continuing

ANSWERS: 205. resolve, 206. fragility, 207. survival, 208. cord, 209. unlikely, 210. brain, 211. intelligent, 212. lifetime, 213. optimist, 214. accident, 215. interfere



ANSWERS: 216. grief, 217. pole, 218. mar, 219. possibility, 220. reserve, 221. therapy, 222. spasm, 223. exoskeleton, 224. survive, 225. octane

226. spl injury
227. negon process
228. a polar expon
229. det basin
230. exng football player
231. an instrument of toe
232. army sun
233. men in a report
234. den hunter
235. coe chemically with another substance
236. time ze
237. ree a dispute
238. sa_a music

- adj. of or relating to the spine (= the long bone in the body's back)
- n. the process of discussing and reaching an agreement with others
- n. a journey or voyage for a specific purpose
- arid land with little or no vegetation often covered with sand or rocks
- adj. causing a lot of interest or excitement
- n. the act of causing intense pain or suffering to someone to punish them, extract information from them, or for some other reason
- a doctor who is trained to perform medical operations that involve cutting open a person's body
- v. to speak or write about something or someone briefly
- an evil spirit, supernatural being or entity often depicted as malevolent or harmful
- v. to join or merge to form a single thing or group
- a specific area, region, or section that is marked off or defined in some way
- v. to find a suitable answer to the problems or difficulty
- n. a type of spicy sauce or condiment made from tomatoes, onions, chili peppers, and other ingredients, commonly used in Latin American and Mexican cuisine, as well as a lively social dance style with origins in those same regions

ANSWERS: 226. spinal, 227. negotiation, 228. expedition, 229. desert, 230. exciting,

/ocab-Builder Ref from	"Mark Pollock a	and Simone Ge	orge: A love le	ter to realism in	a time of grief	TED Talk" (176 wor
231. torture, 232 resolve, 238. sa		233. menti	on, 234. de	emon, 235.	combine, 23	36. zone, 237.

239. without iny	n.	harm done to a person's or an animal's body caused by an accident or an attack
240. repair of an aoa	n.	the main and largest artery (= thick tube that carries blood from the heart to the body) in the human body originating from the heart
241. unly event	adj.	not probable or likely to happen
242. employment coct	n.	a legally binding agreement between two or more parties, setting out their rights and obligations to each other, typically in writing and enforceable by law
243. vory participation	adj.	done of one's own free will; without being forced or coerced
244. cete Christmas	v.	to acknowledge a memorable or good day or event with a social gathering or enjoyable activity
245. die suly	adv.	quickly and unexpectedly
246. exe rebellion	v.	to make someone feel suddenly enthusiastic or eager
247. ste up a conversation	v.	to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon
248. shk-resistant	n.	a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant

ANSWERS: 239. injury, 240. aorta, 241. unlikely, 242. contract, 243. voluntary, 244. celebrate, 245. suddenly, 246. excite, 247. strike, 248. shock

ANSWERS: 249. substantial, 250. stimulation, 251. bench, 252. react, 253. optimist, 254. fellow, 255. moralize, 256. span, 257. lifetime, 258. underneath, 259. paywall

for it

a strong feeling or physical reaction to a 260. death from sh k n. sudden and unexpected event or experience, especially something unpleasant adj. unlikely to be favorable; unpleasantly 261. bl k future cold and damp; offering little or no hope to deal with a situation, problem, or 262. ha\_\_\_e a precious object ν. strong emotion 263. el fy the audience to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something 264. co\_\_\_nt the issue to face, meet or deal with a problem or ν. difficult situation or person to get something back or recover 265. re n my health ν. something after it has been lost or taken away a journey or voyage for a specific 266. exp\_\_\_\_on team n. purpose 267. pa\_\_\_\_ze a person to cause a person or part of the body to ν. become unable to move or feel 268. a test pi\_\_t a person who flies an aircraft, especially n. as a job; a person qualified to guide ships through a difficult area of water the end of a relationship between 269. air br\_\_\_\_p persons or nations; the separation of something into several pieces or

ANSWERS: 260. shock, 261. bleak, 262. handle, 263. electrify, 264. confront, 265. regain, 266. expedition, 267. paralyze, 268. pilot, 269. breakup, 270. react

 $\nu$ .

270. re t at a high temperature

sections

to take action in response to something

271. reon of inclusion
------------------------

272. a pa\_\_\_\_el case

274. a br\_\_\_\_p hug

276. have more re m

278. get inc\_\_\_\_ly insecure

279. f\_\_e abroad

280. exo\_\_\_\_on suit

- n. the way two persons or groups of people feel and act toward one another
- adj. being everywhere equidistant and not intersecting; of or relating to the simultaneous performance of multiple operations
- a high-ranking naval officer commissioned to serve as commander of a fleet or naval station; the commander of a naval force or fleet; a naval officer of high rank
- n. the end of a relationship between persons or nations; the separation of something into several pieces or sections
- v. to cease to exist or be visible
- n. the attitude or behavior of accepting circumstances as they are and being prepared to deal with them accordingly; (in arts) the general attempt to depict subjects truthfully in different forms of the arts
- v. to decide that a previously scheduled activity will not take place
- adv. in a way that is very difficult to believe; exceedingly or extremely
- v. to leave by running away, especially out of fear or danger
- a hard, external protective covering or framework that supports and gives shape to the body of an invertebrate animal, such as an insect or crab

ANSWERS: 271. relation, 272. parallel, 273. admiral, 274. breakup, 275. disappear, 276. realism, 277. cancel, 278. incredibly, 279. flee, 280. exoskeleton

281. nod worker	n.	a member of a group of people who move from place to place rather than living in one place all the time; a wanderer; a person with no fixed abode
282. ree a concert ticket	<i>v</i> .	to keep something for future use or contingency; to obtain or arrange something, such as a meeting, seat, etc., in advance
283. don't disnt me	v.	to fail to meet someone or their hopes or expectations; to make someone feel sad
284. fuI a contract	<i>v</i> .	to meet the requirements or expectations; to achieve or realize
285. an a_c of a circumference	n.	the shape of a portion of a circle or other curved line
286. nod culture	n.	a member of a group of people who move from place to place rather than living in one place all the time; a wanderer; a person with no fixed abode
287. mor an exam	v.	to observe, check, and track the progress or quality of something over a period of time
288. the inal economy	adj.	of or relating to the inside of something
289. environmental detnt	n.	a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
290. ry entirely on him	ν.	to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.

ANSWERS: 281. nomad, 282. reserve, 283. disappoint, 284. fulfill, 285. arc, 286. nomad, 287. monitor, 288. internal, 289. determinant, 290. rely

conductor at which electricity enters or leaves an object, substance, or region

294. a letter of acc ce n. the act of agreeing or approving, or the

 the act of agreeing or approving, or the state of being agreed or approved

 adj. existing in a physical or material form rather than an abstract one; based on facts rather than ideas or guesses; made of or covered with cement

adj. relating to electricity

 n. the system in a vehicle that removes waste gases from the engine; (verb) to make someone completely tired

 either of a pair of small organs in the body that filter waste products, especially urea, from the blood and excrete them and water in urine

 to get something back or recover something after it has been lost or taken away

adj. perpendicular to a horizontal surface or line; (adverb) in a vertical position

v. to meet the requirements or expectations; to achieve or realize

296. an ele\_\_\_\_al storm
297. ex\_\_\_t a topic
298. an artificial ki\_\_\_y
299. re\_\_\_n our reputation

300. up\_\_\_t posture

301. fu\_\_\_\_I a lifetime dream

295. a co\_\_\_\_te noun

ANSWERS: 291. compromise, 292. roll, 293. electrode, 294. acceptance, 295. concrete, 296. electrical, 297. exhaust, 298. kidney, 299. regain, 300. upright, 301. fulfill

- to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do
- adj. relating to or using technology or devices that enhance or replace biological functions, typically in a way that mimics or improves upon the original

ANSWERS: 302. neurology, 303. magical, 304. spinal, 305. interfere, 306. dormant, 307. quotation, 308. outcome, 309. stoic, 310. compromise, 311. achieve, 312. bionic

312. bi\_\_\_c exoskeleton

Vocab-Builder Ref from "Mark Pollock and Simone George:	A love	letter to realism in a time of grief   TED Talk" (176 words)
313. red a company	ν.	to build again or anew
314. pais in the leg	n.	a condition in which you are unable to move or lose control of part or most of the body because of illness or injury
315. elde corrosion	n.	either of two points or ends of a conductor at which electricity enters or leaves an object, substance, or region
316. temporary meI treatment	adj.	relating to the treatment of illness or injuries; relating to the practice of medicine
317. electrical cd	n.	a strong, thick, or thin thread or rope; a piece of plastic-coated wire used to transport electricity to a piece of equipment
318. become increasingly comed	adj.	involving a lot of different things or parts in a way that is difficult to understand or analyze
319. haed the incident	v.	to deal with a situation, problem, or strong emotion
320. gastric spm	n.	a sudden, involuntary contraction of a muscle, causing a range of sensations from mild discomfort to severe pain; a sudden outburst or brief episode of intense emotion or activity
321. enor to succeed	<i>v</i> .	to make an earnest attempt or effort; to strive or work hard towards a goal or objective
322. enly satisfied with the meal	adv.	completely

ANSWERS: 313. rebuild, 314. paralysis, 315. electrode, 316. medical, 317. cord, 318. complicated, 319. handle, 320. spasm, 321. endeavor, 322. entirely

ANSWERS: 323. decision, 324. faith, 325. maintain, 326. expansive, 327. journal, 328. increasingly, 329. cornerstone, 330. octane, 331. concentration

ANSWERS: 332. circumstance, 333. nervous, 334. process, 335. neurology, 336. hell, 337. parallel, 338. arguably, 339. exhaust

n.

the system in a vehicle that removes

make someone completely tired

waste gases from the engine; (verb) to

339. ex\_\_\_\_t pipe

340. respected adI	n.	a high-ranking naval officer commissioned to serve as commander of a fleet or naval station; the commander of a naval force or fleet; a naval officer of high rank
341. biomass fl	n.	a substance that is typically burned to generate heat or energy
342. ine him to write a novel	v.	to make somebody fill with the desire, confidence, or enthusiasm, especially to do something creative
343. the a_c current	n.	the shape of a portion of a circle or other curved line
344. rew a contract	v.	to begin or resume something again after an interruption
345. cory evidence	n.	acting in opposition to what is expected or desired
346. mont of troops	n.	a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
347. deon authority	n.	the act or process of making up someone's mind about something; a choice or judgment reached after considering options
348. psygy of crowd	n.	the scientific study of mind and behavio
349. prI in a suit	v.	to be common, widespread, or frequent to be the strongest or most powerful
350. say a desire	v.	to make somebody pleased by giving them what they want or need

ANSWERS: 340. admiral, 341. fuel, 342. inspire, 343. arc, 344. renew, 345. contrary, 346. movement, 347. decision, 348. psychology, 349. prevail, 350. satisfy

- 351. bl\_\_d to the beauties
- 352. a slim wa\_\_t

- adj. unable to see; unable or unwilling to perceive or understand the true nature of something
- the part of the human body between the ribs and hips or the corresponding part in other animals

ANSWERS: 351. blind, 352. waist

## **Session 3: Fill in the Blanks**

1. <i>n</i> .	This region is predominantly arid land with little or no vegetation often covered with sand or rocks
	The bookcase was against the wall.  perpendicular to a horizontal surface or line; (adverb) in a vertical position
	It's important to the room to avoid the buildup of harmful gases. to supply fresh air to a room, building, etc.; to remove stale air from it
4. n.	Archaeologists found a Neanderthal at that historic site.  a bone framework that surrounds the brain and gives the head its shape
	Her response revealed idiocy.  unbelievable; enormous
6. v.	My initial reaction was to  to show that one is not willing to do or accept something
7. n.	This library rents out various types of folding for visitors.  a chair fitted with large wheels for use as a means of transport by a person who is unable to walk
	Our company found it difficult to keep up with the competition.  more and more
9.	Effective communication is often considered the of a successful team.
n.	a fundamental or essential element or component of something; a basis or foundation upon which something is built or developed
	SWERS: 1. desert, 2. upright, 3. ventilate, 4. skull, 5. incredible, 6. refuse, 7.

Vocab-Builder Ref from "Mark Pollock and Simone George: A love letter to realism in a time of grief | TED Talk" (176 words)

75. They awaited news of the of the election.	
n. the result or effect of an action, event, etc.	
76. He is the kind of who only works for his success.	
adj. someone who has the same job or interests as you, or is in the same class, profession, or situation as you	
77. This exam requires excellent to pass.	
n. the ability to focus all your time and energy on one thing without thinking about anything else.	
78 robots that can cooperate with humans have limited motor output for safety.	
adj. having the capacity for thought and reason, especially to a high degree	
79. She intends to a political career.	
v. to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them	
80. He slightly modified the of training because it was just before a match.	
<ul> <li>the entire length of something, such as time or space from beginning to end;</li> <li>the amount of space that something covers</li> </ul>	
81. He got over the big with his wife.	
<ul> <li>the end of a relationship between persons or nations; the separation of something into several pieces or sections</li> </ul>	
82. Later, his claim was found to be false.  adv. completely	
ANSWERS: 75. outcome, 76. fellow, 77. concentration, 78. Intelligent, 79. pursue, 80. span, 81. breakup, 82. entirely	

445	The field of the constantly explained with recycling and
115.	The field of is constantly evolving, with new treatments and approaches being developed all the time.
n.	the branch of medicine concerned with the study, treatment, and prevention of mental illness
116.	She had lived through two world wars in her
n.	the duration of someone's life or something's existence;
117.	The penny fell the piano.
adv.	under or below something else
118.	It is a basic instinct to from a dangerous situation.
<i>v</i> .	to leave by running away, especially out of fear or danger
119.	He suffers from breakdowns.
adj.	worried and anxious about something; relating to the nerves
120.	Many high-ranking military officials attended the retirement ceremony.
n.	a high-ranking naval officer commissioned to serve as commander of a fleet or naval station; the commander of a naval force or fleet; a naval officer of high rank
121.	He included a from the book in his essay.
n.	a group of words taken from a text or speech and repeated by someone other than the original author or speaker
122.	It would be best not to your associates into doing complex tasks.
<i>v</i> .	to frighten someone very much
	WERS: 115. psychiatry, 116. lifetime, 117. underneath, 118. flee, 119. nervous, admiral's, 121. quotation, 122. terrify