

# Englist.me



## Vocabulary Builder Reference from...

*Travis Rieder: The agony of opioid withdrawal -- and what doctors should tell patients about it | TED Talk*  
[https://www.ted.com/talks/travis\\_rieder\\_the\\_agony\\_of\\_opioid\\_withdrawal\\_and\\_what\\_doctors\\_should\\_tell\\_p  
atients\\_about\\_it](https://www.ted.com/talks/travis_rieder_the_agony_of_opioid_withdrawal_and_what_doctors_should_tell_patients_about_it)

### All Words

#### IMPORTANT

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## Session 1: Word List

### medication

*n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease

*synonym*: cure, drug, medicine

(1) antibiotic **medication**, (2) **medication** by mouth

The pharmacist not only prescribes the **medication** but also guides its proper use.

### routine

*n.* a usual or habitual way of doing things; a set sequence of steps, part of a larger computer program

*synonym*: habit, custom, procedure

(1) **routine** business, (2) a built-in diagnostic **routine**

She studies gardening on a **routine** basis.

### motorcycle

*n.* a two-wheeled vehicle that is driven by an engine and has no pedals

*synonym*: bike, motor

(1) **motorcycle** gangster, (2) electric **motorcycle**

He had his **motorcycle** license revoked for drunken driving.

### accident

*n.* an unfortunate event, especially one causing damage or injury

*synonym*: calamity, casualty, chance

(1) cause an **accident**, (2) injury in a car **accident**

The **accident** partially destroyed my vehicle.

## orthopedic

*adj.* relating to the branch of medicine concerned with the correction or prevention of deformities, disorders, or injuries of the skeletal system and associated muscles, joints, and ligaments

*synonym* : skeletal, musculoskeletal, bone-related

(1) **orthopedic** shoes, (2) **orthopedic** clinic

The athlete visited the **orthopedic** surgeon to have her injured knee examined and treated.

## surgeon

*n.* a doctor who is trained to perform medical operations that involve cutting open a person's body

*synonym* : sawbones, doctor

(1) an excellent brain **surgeon**, (2) army **surgeon**

He is a skilled **surgeon** that has many years of training and experience.

## appointment

*n.* a formal arrangement to meet someone at a particular time and place, especially for a reason connected with their work; the act of putting a person into a job or position of responsibility

*synonym* : assignment, selection, commission

(1) **appointment** calendar, (2) take up an **appointment**

We had to reschedule the dentist's **appointment**.

## calculate

*v.* to judge or find out the amount or number of something by using mathematics

*synonym* : compute, figure, estimate

(1) **calculate** the distance, (2) **calculate** his credit score

He couldn't **calculate** the actual value of the artwork.

## gram

*n.* a metric unit of weight equal to one-thousandth of a kilogram

(1) centimeter- **gram-second** system, (2) **gram** amount

How much is it per one hundred **grams**?

## oxycodone

*n.* a powerful opioid pain medication often prescribed for moderate to severe pain relief, often with a high risk of addiction and abuse

(1) **oxycodone** addiction, (2) **oxycodone** withdrawal

Some patients are prescribed **oxycodone** for pain management after surgery.

## nonchalant

*adj.* relaxed and calm in a way that shows a lack of concern or interest; seemingly indifferent

*synonym*: casual, relaxed, indifferent

(1) **nonchalant** attitude, (2) **nonchalant** behavior

The actor was **nonchalant** about his notoriety and saw it as part of his job.

## opioid

*n.* substances that have an effect similar to opium, such as morphine, used in medicines to treat severe pain, but some people take them illegally for pleasure and become addicted

(1) an **opioid** analgesic, (2) **opioid** receptor

Treatment for **opioid** dependence may be a long-term process.

## med

*adj.* (short for medical) relating to the field of medicine, which is concerned with the diagnosis, treatment, and prevention of diseases and disorders; (short for medication) a substance or drug that is used to treat a medical condition or alleviate symptoms

*synonym*: medium, moderate, average

(1) **med** student, (2) **med** school

I took a **med** dose of pain reliever to ease my headache.

## escalate

*v.* to increase in intensity, size, or severity; to make something greater, worse, or more serious

*synonym*: increase, intensify, expand

(1) **escalate** into a major international incident, (2) to **escalate**

The situation quickly **escalated** and turned violent.

## prescription

*n.* a written or spoken instruction that directs a medical practitioner to prescribe a specific treatment or medication for a patient

*synonym* : directive, instruction, order

(1) **prescription** drugs, (2) fill the **prescription**

I need to refill my **prescription** for allergy medication at the pharmacy.

## conversation

*n.* an informal talk between two or more people to exchange their views, ideas, information, etc.

*synonym* : chat, discussion, dialogue

(1) **conversation** in English, (2) a friendly **conversation**

Your **conversation** reflects your thoughts.

## therapy

*n.* the act of caring for someone through medication, remedial training, etc.

*synonym* : antidote, medicine, treatment

(1) **therapy** for a patient, (2) field of gene **therapy**

I underwent aversion **therapy** for my addiction to alcohol.

## warn

*v.* to make someone aware of potential danger or difficulty, particularly one that may occur in the future

*synonym* : alert, caution, admonish

(1) **warn** a reckless driver, (2) **warned** me of the plan

I attempted to **warn** him, but he ignored me.

## counseling

*n.* the process of providing guidance and support to someone, often in a therapeutic or professional context, to help them overcome personal or emotional difficulties and improve their mental health and well-being

*synonym* : therapy, guidance, advice

(1) **counseling** about risk management, (2) career **counseling**

I am going to **counseling** to work through my anxiety and depression.

## define

*v.* to state or explain precisely the nature, scope, or meaning of something

*synonym* : characterize, depict, express

(1) **define** a word, (2) **define** my position

To advance this discussion, we must **define** "success" rigorously.

## medical

*adj.* relating to the treatment of illness or injuries; relating to the practice of medicine

*synonym* : health, disease, treatment

(1) a **medical** opinion, (2) temporary **medical** treatment

The **medical** team worked quickly to save the patient's life.

## trauma

*n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience

*synonym* : agony, injury, ordeal

(1) psychic **trauma**, (2) **trauma** care

Many civilians have suffered **trauma** as a result of the war.

## aggressive

*adj.* behaving in an angry, energetic, or threatening way towards another person; tending to spread quickly

*synonym* : assertive, combative, threatening

(1) an **aggressive** war, (2) an **aggressive** tumor

An **aggressive** tide wrecked the ship.

## tapering

*adj.* gradually becoming narrower or thinner at one end;  
(noun) the practice of reducing the intensity and volume of training for a period of time before a race or competition; the reduction of monetary stimulus in an economy by a central bank

*synonym* : narrowing, decreasing, dwindling

(1) **tapering** economy, (2) gradual **tapering** of the dose

The **tapering** end of the pencil allowed for precise drawing.

## regimen

*n.* a prescribed course of medical treatment, diet, or exercise for the promotion or restoration of health

*synonym* :

routine, program, schedule

(1) fitness **regimen**, (2) **regimen** of chemotherapy

My doctor prescribed a strict **regimen** of exercise and healthy eating to help me lose weight.

## divide

*v.* to separate or cause to separate into parts or groups

*synonym*: separate, disconnect, split

(1) **divide** the cake into two pieces, (2) **divide** money equally

Can you **divide** 123321 by eleven?

## launch

*v.* to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time

*synonym*: start, initiate, begin

(1) **launch** a spaceship into orbit, (2) **launch** a big attack

The company is set to **launch** its new product line next month.

## acute

*adj.* extremely sharp or severe

*synonym*: sharp, perceptive, keen

(1) **acute** pain, (2) **acute** triangle

The patient died from **acute** alcohol intoxication.

## withdrawal

*n.* the act of taking money out of an account; the act of ceasing to participate in an activity and moving or taking something away or back

*synonym*: retreat, pullback, escape

(1) deposits and **withdrawals**, (2) **withdrawal** from membership

NATO's allied forces made a strategic **withdrawal**.

## hell

*n.* the place thought to be where bad people go and are punished after death, often depicted as being located beneath the earth; an extraordinarily unpleasant or difficult place

*synonym*:

inferno, agony, misery

(1) run like **hell**, (2) **hell** broke loose

The battlefield became **hell** on earth.

## influenza

*n.* (formal for flu) a highly contagious viral disease that causes fever, severe aching, and catarrh and often occurs in epidemics

*synonym*: grippe, flu

(1) an epidemic outbreak of **influenza**, (2) **influenza** B strain

The research institute allocated a lot of money to study the cause and prevention of **influenza**.

## nauseate

*v.* to cause feelings of nausea or sickness; to feel sick or queasy; to cause repugnance or disgust

*synonym*: queasy, sicken, disgust

(1) **nauseate** my stomach, (2) make me **nauseate**

The roller coaster ride was so intense that it **nauseated** some passengers.

## appetite

*n.* a natural desire or craving for food or drink; a strong desire or liking for something

*synonym*: hunger, appetite, craving

(1) **appetite** suppression, (2) loss of **appetite**

After a long hike, I had a huge **appetite** and devoured my meal in minutes.

## ache

*v.* to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a continuous dull pain

*synonym*: hurt, throb, smart

(1) **ache** abominably, (2) **ache** all the time

I **ache** all over after running a marathon yesterday.

## mangle

*v.* to damage or alter something by twisting, crushing, or pressing it out of shape

*synonym*:

crush, deform, disfigure

(1) **mangle** my foot, (2) **mangled** their favorite toy

The machine **mangled** the sheet of metal beyond repair.

## develop

*v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

*synonym*: evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

## restless

*adj.* unwilling or unable to stay still or relax because you are worried and uneasy

*synonym*: agitated, anxious, disturbed

(1) a **restless** person, (2) **restless** waves

He felt **restless** and constantly changed his postures.

## miserable

*adj.* very unhappy, uncomfortable, or unpleasant; causing great distress or suffering

*synonym*: unhappy, wretched, cheerless

(1) **miserable** weather, (2) **miserable** experience

She felt **miserable** after her dog passed away.

## symptom

*n.* any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease

*synonym*: sign, manifestation, syndrome

(1) **symptoms** of low testosterone, (2) neurotic **symptoms**

The patient displays a **symptom** of a side effect.

## dial

*v.* to adjust or set the controls of a machine or device by turning a controller called dial; (noun) a disc on a telephone that is rotated a fixed distance for each number called



*synonym* : adjust, set, turn

(1) **dial** up the volume, (2) **dial** down the tension

He **dialed** the phone number and waited for an answer.

## intense

*adj.* (especially of a feeling) very strong; extremely sharp or severe

*synonym* : extreme, fierce, harsh

(1) **intense** heat, (2) develop **intense** itching

That statement by the prime minister drew **intense** international criticism.

## internal

*adj.* of or relating to the inside of something

*synonym* : interior, inner, domestic

(1) **internal** organs, (2) the **internal** economy

The prime minister canceled visits to other countries to resolve **internal** disputes.

## thermostat

*n.* a device that automatically regulates temperature by controlling the heating or cooling system based on the temperature in a room or building

*synonym* : thermoregulator, climate control

(1) **thermostat** settings, (2) smart **thermostat**

The digital **thermostat** has a programmable feature, and it can be controlled through your smartphone.

## haywire

*adj.* out of control or malfunctioning; disordered or chaotic;  
*(noun)* a type of wire that is used to tie bales of hay, straw, or other crops

*synonym* : chaotic, disordered, crazy

(1) **haywire** behavior, (2) **haywire** machine

The electronics in my car went **haywire** after the battery died.

## sweat

*n.* the salty liquid that is produced by the glands in the skin, especially when the body is hot or under stress

*synonym* : perspiration, steam, hardwork

(1) all in a **sweat**, (2) **sweat** bath

She wiped the **sweat** off her forehead with a towel.

## profuse

*adj.* abundant or plentiful in quantity or degree; excessive or extravagant; exhibiting a great amount of something

*synonym*: abundant, plentiful, excessive

(1) **profuse** growth, (2) **profuse** apologies

The flu caused a **profuse** amount of sweating and fever.

## constantly

*adv.* all the time

*synonym*: continuously, always, frequently

(1) a **constantly** innovative enterprise, (2) a **constantly** varying mind

The mobile application industry is **constantly** changing.

## goosebump

*n.* a small bump that appears on the skin due to cold, fear, or excitement; a physiological response that causes the skin to contract and produce small bumps

*synonym*: horripilation, gooseflesh, pilomotor reflex

(1) **goosebump** sensation, (2) **goosebump** moment

The cold wind gave her **goosebumps** on her arms and legs.

## jitter

*n.* a slight and rapid irregular movement or trembling; a sensation of nervousness or unease; a technical term relating to variations in the timing of signals in electronic systems

*synonym*: nervousness, trembling, shakiness

(1) **jitter** noise, (2) **jittery** feeling

The caffeine in my coffee causes me to experience nervous **jitter**.

## twitch

*v.* to make a sudden and quick movement with a part of the body; (noun) a sudden, small, jerky movement of a muscle or part of the body

*synonym*: spasm, jerk, flinch

(1) **twitch** at his sleeve, (2) **twitch** of an eye

She couldn't stop her leg from **twitching** nervously.

## disturb

*v.* to interrupt someone who is trying to work, sleep, etc.  
*synonym*: agitate, bother, intrude

(1) **disturb** the peace, (2) **disturb** his sleep

Tourists frequently **disturb** the island's delicate natural balance.

## neural

*adj.* of or relating to a nerve or the nervous system that includes the brain

*synonym*: sensory, neuronic, nervous

(1) **neural** stem cells, (2) **neural** networks in AI

There was a disturbance of **neural** function.

## misfire

*v.* to fail to ignite or explode as intended

*synonym*: fail, miscarry

(1) **misfire** weapon, (2) **misfire** engine

The engine **misfired** and caused the car to stall.

## prescribe

*v.* (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something

*synonym*: define, specify, stipulate

(1) **prescribe** a drug, (2) **prescribe** in the preceding paragraph

Federal bankruptcy laws **prescribed** the reorganization process.

## fluid

*n.* a substance that can flow and is not solid

*synonym*: liquid, aqua, sap

(1) plenty of **fluids**, (2) **fluid** assets

She was diagnosed with a **fluid** buildup in her lungs.

## nausea

*n.* a feeling of sickness or discomfort in the stomach that is often accompanied by an urge to vomit; a sensation of loathing or disgust

*synonym*: queasiness, sickness, vomiting

(1) **nausea** medication, (2) drug-induced **nausea** and

vomiting

The rollercoaster ride left me with a feeling of **nausea**.

## stick

*v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

*synonym* : pierce, adhere, stay

(1) **stick** a key in a lock, (2) fire **stick**

You **stick** a bill in the change machine, and the coins pop out.

## writhe

*v.* to twist and turn the body or a part of it, as from pain or struggle

*synonym* : contort, twist, convulse

(1) **writhe** in agony, (2) **writhe** with pleasure

The snake **writhed** and twisted as it tried to escape the trap.

## depression

*n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market

*synonym* : recession, slump, despair

(1) the Great **Depression**, (2) the root problem of her **depression**

**Depression** symptoms might include a decrease in appetite and weight loss.

## despair

*n.* the feeling that there is no hope and you cannot do anything to improve a difficult situation

*synonym* : dismay, anguish, misery

(1) **despair** at the future, (2) untold **despair**

His friend's death drove him to **despair**.

## hopeless

*adj.* having no hope; despairing; having no chance of success

*synonym* : despairing, helpless, futile

(1) **hopeless** situation, (2) **hopeless** at everything

After months of job searching, he felt **hopeless** and unsure of his future.

## recover

*v.* to return to a former condition, health, mind, or strength  
*synonym*: come back, convalesce, heal

(1) **recover** a loss, (2) **recover** approval ratings

She is still **recovering** from a shot to her shoulder.

## recommend

*v.* to suggest that someone or something would be a suitable fit for a particular purpose or role

*synonym*: advise, suggest, instruct

(1) **recommend** a hospitalization, (2) **recommend** reading

We **recommend** taking media training every six months.

## hospitalize

*v.* to admit someone to a hospital for medical treatment

*synonym*: admit, place in hospital

(1) **hospitalize** patient, (2) **hospitalize** child

She had to be **hospitalized** due to her injuries.

## immediately

*adv.* now or without delay

*synonym*: directly, instantly, promptly

(1) **immediately** recall a product, (2) write him an answer

**immediately**

A suspension order from the court is effective **immediately**.

## shock

*n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant

*synonym*: amazement, surprise, stunner

(1) death from **shock**, (2) **shock-resistant**

He got an electric **shock** at work.

## receptionist

*n.* a person employed at a front desk or in a waiting area of an office, hotel, or other organization, whose job is to greet visitors, answer phones, and perform other general administrative tasks

*synonym*: clerk, secretary

(1) friendly **receptionist**, (2) hotel **receptionist**

Our company is looking to hire a bilingual **receptionist** to serve our diverse clients better.

## patient

*n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic

*synonym*: client, recipient, subject

(1) **patient** in the hospital, (2) **patient** with weight loss

The doctor carefully examined the **patient's** medical history.

## oversee

*v.* to watch and direct someone or something to make sure that it is being done correctly

*synonym*: manage, command, supervise

(1) **oversee** the process, (2) properly **oversee** the staff

A committee was appointed to **oversee** a huge budget.

## furious

*adj.* extremely angry; full of rage

*synonym*: angry, rageful, livid

(1) **furious** anger, (2) a **furious** sea

The coach was **furious** with the players for their lack of effort during the game.

## beg

*v.* to ask for something urgently or earnestly; to appeal to someone to do something

*synonym*: plead, implore, entreat

(1) **beg** the question, (2) **beg** for help

She **begged** her parents to let her go to the concert.

## apologize

*v.* to express regret for committing wrongdoing or causing a problem

*synonym*: excuse, justify, atone

(1) **apologize** for being late, (2) **apologize** ahead of time

I **apologize** for neglecting your email.

## depth

*n.* the distance between the top and bottom of something; between the top surface and a distance below it

*synonym*: deepness, profoundness, extent

(1) **depth** camera, (2) the **depth** of the water

The pond's **depth** was around five feet.

## initial

*adj.* of or happening at the beginning; (noun) the first letter of a word, especially a person's name

*synonym*: basic, primary, beginning

(1) **initial** velocity, (2) an **initial** letter

They took the **initial** step toward reconciliation.

## recommendation

*n.* an official suggestion that something is good or suitable for a particular purpose or job

*synonym*: guidance, advice, suggestion

(1) follow his **recommendations**, (2) a letter of **recommendation**

We made a **recommendation** to the client.

## competent

*adj.* having the necessary ability, knowledge, or skill to do something successfully

*synonym*: skilled, able, capable

(1) **competent** authority, (2) **competent** personnel

The judge ruled that the defendant was **competent** to stand trial.

## wean

*v.* to gradually stop feeding a baby or young animal with its mother's milk and to start or accustom to eating other food

*synonym*: ablactate

(1) **wean** a person from a bad habit, (2) **wean** my baby from the breast

It's difficult to **wean** an addict off drugs once they're hooked.

## agony

*n.* extreme physical or mental pain or suffering, often prolonged or intense

*synonym*: anguish, torment, suffering

(1) severe **agony**, (2) emotional **agony**

The athlete fell to the ground in **agony** after injuring their ankle.

## buckle

*v.* to bend out of shape, as under pressure or from heat;  
(noun) a device used for fastening two loose ends of a belt or strap

*synonym*: bend, crumple, contort

(1) **buckle** down to study, (2) **buckle** shoe

The severe heat wave **buckled** railway tracks.

## brain

*n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling

*synonym*: intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage

X-rays revealed a small tumor in his **brain**.

## assume

*v.* to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance

*synonym*: guess, presume, suppose

(1) **assume** a lousy attitude to his boss, (2) **assume** an important role

The following example **assumes** that the capacity of each battery is the same.

## outright

*adj.* completely; completely and without reservation; without any attempt at concealment

*synonym*: absolute, complete, unconditional

(1) impose an **outright** ban, (2) **outright** lie

He made an **outright** donation of \$1,000 to the charity.

## dramatic

*adj.* very sudden, very excellent, or full of action and excitement

*synonym*: striking, theatrical, breathtaking

(1) make **dramatic** changes, (2) a **dramatic** rescue at sea



The statement had a **dramatic** impact on house prices.

## core

*n.* the most essential or fundamental part of something  
*synonym* : center, basis, heart

(1) the **core** of an apple, (2) **core** business activity

These gas nebulas are merely newborn galactic **cores**.

## norm

*n.* something that is regarded as usual, typical, or standard  
*synonym* : criterion, mean, standard

(1) **norm** of action, (2) cultural **norm**

The systems we have developed has accepted as industry **norms**.

## insomnia

*n.* the condition of being unable to sleep, usually a chronic one

*synonym* : sleeplessness, wakefulness, restlessness

(1) medication for **insomnia**, (2) alcohol-dependent

**insomnia**

He suffered **insomnia** and loss of appetite after he began taking that medication.

## unbearable

*adj.* not able to be tolerated or endured; too difficult, severe, or intense to be dealt with or suffered through; intolerable or insufferable

*synonym* : intolerable, insufferable, unendurable

(1) **unbearable** heat, (2) **unbearable** pain

The loss of his wife was an **unbearable** sorrow that he found hard to overcome.

## virtually

*adv.* almost completely

*synonym* : almost, basically, nearly

(1) **virtually** all countries, (2) **virtually** identical

**Virtually** all the parties signed the contract.

## basement

*n.* a room or a part of a building that is partly or entirely below ground level

*synonym* :

cellar, storage, vault

(1) four **basement** floor, (2) church **basement**

Underground rivers flow over a **basement** layer that is impervious to water.

## alternate

*adj.* occurring or existing one after the other regularly

*synonym*: substitute, back up, equivalent

(1) **alternate** choice, (2) every **alternate** year

The cleaning lady comes on **alternate** Wednesdays.

## feverish

*adj.* having or showing symptoms of a high temperature, such as sweating and shivering; characterized by or showing strong feelings of excitement or energy

*synonym*: heated, hot, agitated

(1) feel **feverish**, (2) at a **feverish** pitch

She had a **feverish** look in her eyes as she struggled with illness.

## ceramics

*n.* objects made from materials such as clay that are hardened by heat, often to create functional or decorative items

*synonym*: ceramicware, pottery, earthenware

(1) **ceramics** industry, (2) **ceramics** class

She makes beautiful **ceramics** in her studio and sells them at local markets.

## violent

*adj.* involving or caused by physical force or aggression against someone or something

*synonym*: aggressive, intense, turbulent

(1) victim of a **violent** crime, (2) **violent** incident

The protesters became **violent** when the police tried to disperse them.

## horrify

*v.* to shock or disgust greatly

*synonym*: shock, dismay, terrify

(1) **horrify** audience, (2) **horrify** victims

The series of terrorist attacks **horrify** the entire nation.

## practitioner

*n.* a person who works in a profession or occupation, such as a doctor, lawyer, or teacher

*synonym*: professional, expert, specialist

(1) **practitioner** of Buddhism, (2) **practitioner** of law

She is a **practitioner** of traditional Chinese medicine.

## independence

*n.* freedom from another's or others' control or influence

*synonym*: freedom, liberty, autonomy

(1) financial **independence**, (2) **independence** ceremony

There is nothing more valuable than **independence** and freedom.

## clinic

*n.* a building or hospital department where people can go for medical care or advice, especially of a particular condition

*synonym*: hospital, infirmary

(1) visit to the veterinary **clinic**, (2) a dental **clinic**

She holds a **clinic** on Tuesday mornings.

## breath

*n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs

*synonym*: air, puff, whiff

(1) hold your **breath**, (2) **breath** of wind

He bated his **breath** when talking about this affair.

## rehabilitate

*v.* to restore to good health or physical condition; to help someone return to a normal life, especially after a period of illness, addiction, or imprisonment

*synonym*: reform, restore, renovate

(1) **rehabilitate** prisoners, (2) **rehabilitate** wildlife

The organization works to **rehabilitate** drug addicts and help them rebuild their lives.

## facility

*n.* a building or place that provides a particular service or is used for a particular industry

*synonym* : building, structure, installation

(1) a cell phone with an internet **facility**, (2) **facility** design

This company has an entire recycling **facility**, including major reprocessing plants.

## methadone

*n.* a synthetic opioid drug used to treat addiction to other opioid drugs, such as heroin, as well as to manage pain in some cases

*synonym* : methadon, fixer

(1) **methadone** program, (2) **methadone** treatment

The **methadone** clinic provides daily doses of the medication to patients in recovery.

## discovery

*n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known

*synonym* : finding, uncovering, detection

(1) a scientific **discovery**, (2) the great **discovery** of the century

Her research team made an important **discovery**.

## gear

*n.* a toothed wheel that engages another toothed mechanism to change the speed or direction of transmitted motion; a set of tools, equipment, or other items for a particular purpose

*synonym* : equipment, tools, apparatus

(1) sports **gear**, (2) a **gear** change lever

She checked her **gear** before embarking on the hike.

## substance

*n.* the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug

*synonym* : essence, core, material

(1) an explosive **substance**, (2) **substance** abuse problem

The **substance** of the argument was well-presented.

## disorder

*n.* an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions

*synonym* : chaos, disturbance, disease

(1) the files are in complete **disorder**, (2) people with bipolar **disorder**

The doctor prescribed some medicine for the mental **disorder**.

## involve

*v.* to include or affect someone or something as a necessary part of something else

*synonym* : implicate, include, engage

(1) **involve** a lot of paperwork, (2) **involve** a high degree of risk

The investigation **involves** several government agencies and is expected to take several months.

## precise

*adj.* sharply exact or accurate or delimited

*synonym* : accurate, exact, distinct

(1) **precise** analyses, (2) estimate **precise** costs

The content is **precise** and informative for me.

## transit

*n.* the act or process of passing through or across a place or state; transportation

*synonym* : transportation, passage, transfer

(1) a **transit** visa, (2) mass **transit**

Public **transit** is an essential service for many cities.

## maintenance

*n.* the act or process of keeping something, either artificial materials or living things, in good condition; the money needed for a person's or family's living expenses

*synonym* : care, perpetuation, support

(1) the **maintenance** of the car, (2) **maintenance** work

We have decided to extend our **maintenance** contract until next year.

## addition

*n.* the act or process of adding something to something else; the process of adding numbers

*synonym* : accumulation, expansion, addendum

(1) chemical **addition**, (2) **addition** of vectors

In **addition**, private corporations provide healthcare services.

## extensive

*adj.* covering a large area; having a wide range

*synonym* : ample, comprehensive, vast

(1) **extensive** experience, (2) have **extensive** vocabulary

The incident attracted **extensive** media coverage throughout the world.

## defeat

*v.* to win against somebody in a fight, war, or attempt

*synonym* : conquer, beat, overpower

(1) **defeat** a global power, (2) **defeat** body odor

Despite his best efforts, he was unable to **defeat** the enemy.

## absolutely

*adv.* without restriction or limitation; completely or utterly

*synonym* : completely, utterly, definitely

(1) **absolutely** against, (2) **absolutely** obsessed with the girl

I am **absolutely** opposed to his idea because of morality.

## crippling

*adj.* causing someone to become unable to walk or move; causing severe damage or harm

*synonym* : harmful, damaging, catastrophic

(1) **crippling** debt, (2) a **crippling** strike

He is still struggling with a **crippling** disease.

## asleep

*adj.* in a state of sleep

*synonym* : sleeping, fallen, at rest

(1) **asleep** at the wheel, (2) dead **asleep**

He lay down and fell **asleep** immediately.

## severe

*adj.* extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous

*synonym* :

harsh, relentless, powerful

(1) **severe** heat, (2) a **severe** case of pneumonia

The senator received **severe** criticism from his opponent.

## abate

*v.* to lessen, reduce, or diminish in intensity or severity; to decline or wane in amount or strength over time

*synonym*: decrease, diminish, reduce

(1) **abate** a storm, (2) **abate** a crisis

He tried to **abate** his anger by taking deep breaths and counting to ten.

## dramatically

*adv.* in a very impressive manner

*synonym*: greatly, noticeably, suddenly

(1) he confessed **dramatically**, (2) the cabin pressure fell **dramatically**

Life expectancy has grown **dramatically** this century.

## entirely

*adv.* completely

*synonym*: completely, fully, totally

(1) **entirely** satisfied with the meal, (2) he was **entirely** to blame

Later, his claim was found to be **entirely** false.

## predictable

*adj.* capable of being known, seen or declared in advance

*synonym*: foreseeable, expectable, likely

(1) **predictable** pattern, (2) in a **predictable** manner

The economy becomes more volatile and less **predictable**.

## duration

*n.* the length of time something lasts or continues

*synonym*: period, span, course

(1) the **duration** of insurance, (2) short **duration**

The military incarcerated him for the **duration** of the war.

## dependence

*n.* the state or condition of relying or depending on someone or something else; a relationship in which one person or thing is influenced, controlled, or supported by

another

*synonym*: reliance, trust, addiction

(1) **dependence** on technology, (2) financial **dependence**

The patient's **dependence** on painkillers became a serious concern for their healthcare team.

## environment

*n.* the natural world such as air, water, and land in which humans, animals, and plants live

*synonym*: atmosphere, surroundings, climate

(1) **environment** affairs, (2) chaotic **environment**

Every human is responsible for taking care of the Earth's **environment**.

## supervise

*v.* to watch over and direct someone or something, especially in a position of responsibility

*synonym*: oversee, manage, control

(1) **supervise** entrance test takers, (2) **supervise** team activity

She was asked to **supervise** the construction project.

## decide

*v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options

*synonym*: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

## responsible

*adj.* answerable or accountable for something within one's power, control, or management

*synonym*: accountable, answerable, liable

(1) **responsible** action, (2) **responsible** for a customer service

She's a **responsible** pet owner who ensures her dog gets enough exercise and a healthy diet.



## complexity

*n.* the state or quality of being complicated or intricate and difficult to understand

*synonym*: intricacy, sophistication, elaboration

(1) cognitive **complexity**, (2) **complexity** theory

The project's **complexity** made it difficult for the team to complete it on time.

## medicinal

*adj.* of or relating to the treatment or cure of disease

*synonym*: curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**

The **medicinal** properties of this herb have been known to help with various ailments.

## purview

*n.* the range or scope of authority, responsibility, or influence of a particular person, group, or organization

*synonym*: scope, range, domain

(1) the **purview** of the committee, (2) beyond the **purview** of the law

The issue falls within the **purview** of the legal department.

## addiction

*n.* the inability to stop using or doing something as a habit, especially something harmful

*synonym*: dependence

(1) alcohol **addiction**, (2) **addiction** to foreign oil

He is now fighting his **addiction** to drugs.

## overstressed

*adj.* experiencing a level of stress or anxiety that exceeds one's capacity to cope; feeling overwhelmed or mentally strained

*synonym*: overworked, stressed out, overwhelmed

(1) **overstressed** employee, (2) **overstressed** muscles

I'm feeling **overstressed** and need to take a break to relax.

## suffer

*v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

*synonym*: endure, undergo, tolerate

(1) **suffer** a setback, (2) **suffer** bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

## recipe

*n.* a set of instructions for preparing a dish, including the ingredients and the method of cooking

*synonym*: instructions, formula, method

(1) **recipe** book, (2) **recipe** collection

The **recipe** for the cake is passed down from generation to generation in her family.

## disaster

*n.* an unexpected event or series of events that cause widespread damage, destruction, or loss of life

*synonym*: catastrophe, calamity, tragedy

(1) global **disaster**, (2) **disaster** recovery

The **disaster** response team worked around the clock to aid those affected by the earthquake.

## midst

*n.* the middle part of people or things

*synonym*: middle, core, bosom

(1) in the **midst** of the crowd, (2) in the **midst** of a scandal

He remained serene in the **midst** of turbulence.

## epidemic

*n.* the widespread outbreak of a particular disease in a large number of people at the same time

*synonym*: outbreak, contagion, plague

(1) a worldwide **epidemic**, (2) health **epidemic**

The disease is now reaching **epidemic** proportions in our country.

## overdose

*n.* excessive and dangerous ingestion or application of a drug

*synonym*: superfluousness, exuberance, excessiveness

(1) **overdose** of alcohol, (2) opioid **overdose**

It would help if you refrained from an **overdose** of caffeine.

## communal

*adj.* belonging to or used by a group rather than individuals;  
for common use

*synonym*: collaborative, combined, collective

(1) **communal** swimming pool, (2) **communal** combination of funds

**Communal** elections were held in several European countries.

## react

*v.* to take action in response to something

*synonym*: respond, reply, oppose

(1) **react** at a high temperature, (2) **react** against his way of thinking

How did he **react** to your idea?

## crisis

*n.* a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken

*synonym*: concern, problem, emergency

(1) financial **crisis**, (2) **crisis** management

The Chinese word for **crisis** comprises two characters, one for danger and the other for opportunity.

## instance

*n.* a particular example or single occurrence of something

*synonym*: example, sample, illustration

(1) for **instance**, (2) notable **instance**

These articles cite five **instances** of climate change.

## physician

*n.* a medical doctor who practices medicine

*synonym*: doctor, practitioner, medic

(1) the advice of the **physician**, (2) consult with a **physician**

She visited the local **physician** to seek treatment for her persistent headache.

## consume

*v.* to spend something, especially fuel, energy, or time, in a large amount

*synonym*: absorb, ingest, use up

(1) **consume** a large of alcohol, (2) **consume** electricity  
A smaller car will **consume** less fuel.

## overlook

*v.* to fail to notice something; to watch over someone; to provide a view from above

*synonym* : disregard, look down, supervise

(1) **overlook** a street, (2) **overlook** that fact

We cannot **overlook** an opportunity for great success.

## crucial

*adj.* extremely vital or necessary

*synonym* : essential, pivotal, vital

(1) **crucial** information, (2) a **crucial** issue for women

The revitalization of technology companies is **crucial** to the country's growth.

## long-lasting

*adj.* existing or continuing for a long time

*synonym* : enduring, abiding, durable

(1) **long-lasting** battery, (2) a **long-lasting** friendship

They finally decided to solve the **long-lasting** problem.

## judicious

*adj.* having or exhibiting sound judgment; wise or prudent in decision-making; characterized by careful consideration or thought

*synonym* : wise, prudent, sensible

(1) **judicious** use of resources, (2) exhibit **judicious** behavior

It's important to make **judicious** decisions when it comes to your finances.

## prop

*n.* a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something

*synonym* : support, buttress, column

(1) emotional **prop**, (2) **prop** stick

We have finally lost our last **prop**.

## initially

*adv.* at the beginning; at first

*synonym* : originally, primarily, firstly

(1) **initially** anticipated, (2) diagnosed **initially** as a tumor  
This train departed later than **initially** scheduled.

## academic

*adj.* associated with schools, colleges, and universities, especially studying and thinking, not with practical skills

*synonym* : educational, scholarly, theoretical

(1) **academic** probation, (2) an **academic** discussion  
An excellent historian must possess an **academic** mentality.

## journal

*n.* a newspaper or magazine specialized in a specific topic or profession

*synonym* : periodical, diary, bulletin

(1) scientific **journal**, (2) **journal** articles  
The physician is reading the **journals** related to medicine

## taper

*v.* to become or cause something to become gradually narrower at one end

*synonym* : decrease, dwindle, diminish

(1) **taper** the medication slowly, (2) **taper** the dose down  
Most of the tree trunks **taper** toward the top.

## reduction

*n.* a decrease in size, amount, or degree

*synonym* : diminution, decrease, cutback

(1) **reduction** strategy, (2) a gradual **reduction**  
The **reduction** in carbon emissions has been significant since the implementation of the new policy.

## uncomfortable

*adj.* providing or feeling physical discomfort or slight pain

*synonym* : comfortless, discomforting, painful

(1) an **uncomfortable** silence, (2) with an **uncomfortable** face

His abusive words made me **uncomfortable**.

## reckless

*adj.* marked by a lack of care about danger and the likely results of your actions

*synonym* : impetuous, irresponsible, thoughtless

(1) **reckless** driving, (2) in a **reckless** manner

**Reckless** youth makes rueful age.

## indefensible

*adj.* unable to be protected or justified from criticism

*synonym* : untenable, unjustifiable, unsupportable

(1) logically **indefensible**, (2) **indefensible** argument

The argument was **indefensible**, and the judge dismissed it.

## constitute

*v.* to be the essential or fundamental elements or parts of something; to establish, appoint, or assign someone to a particular office or position; to make up or compose something

*synonym* : comprise, form, make up

(1) **constitute** a threat, (2) **constitute** a majority

The new regulations **constitute** a significant change in the industry standards.

## progression

*n.* the act or process of changing to the next stage or phase or moving forward

*synonym* : advancement, development, evolution

(1) **progression** of civilization, (2) **progression** of disease

The company has made great strides in its **progression** toward sustainability.

## Session 2: Spelling

1. imm\_\_\_\_\_ly recall a product *adv.* now or without delay
2. ort\_\_\_\_\_ic clinic *adj.* relating to the branch of medicine concerned with the correction or prevention of deformities, disorders, or injuries of the skeletal system and associated muscles, joints, and ligaments
3. victim of a vi\_\_\_\_\_t crime *adj.* involving or caused by physical force or aggression against someone or something
4. con\_\_\_\_\_ion in English *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
5. abs\_\_\_\_\_ly obsessed with the girl *adv.* without restriction or limitation; completely or utterly
6. wit\_\_\_\_\_al from membership *n.* the act of taking money out of an account; the act of ceasing to participate in an activity and moving or taking something away or back
7. the great di\_\_\_\_\_ry of the century *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known
8. notable in\_\_\_\_\_ce *n.* a particular example or single occurrence of something
9. he was en\_\_\_\_\_ly to blame *adv.* completely

ANSWERS: 1. immediately, 2. orthopedic, 3. violent, 4. conversation, 5. absolutely, 6. withdrawal, 7. discovery, 8. instance, 9. entirely

10. non\_\_\_\_\_nt behavior *adj.* relaxed and calm in a way that shows a lack of concern or interest; seemingly indifferent
11. g\_\_m amount *n.* a metric unit of weight equal to one-thousandth of a kilogram
12. basic br\_\_n function *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
13. develop in\_\_\_\_\_e itching *adj.* (especially of a feeling) very strong; extremely sharp or severe
14. properly ov\_\_\_\_\_e the staff *v.* to watch and direct someone or something to make sure that it is being done correctly
15. a dr\_\_\_\_\_ic rescue at sea *adj.* very sudden, very excellent, or full of action and excitement
16. b\_g the question *v.* to ask for something urgently or earnestly; to appeal to someone to do something
17. ort\_\_\_\_\_ic shoes *adj.* relating to the branch of medicine concerned with the correction or prevention of deformities, disorders, or injuries of the skeletal system and associated muscles, joints, and ligaments
18. have ex\_\_\_\_\_ve vocabulary *adj.* covering a large area; having a wide range
19. ce\_\_\_\_\_cs industry *n.* objects made from materials such as clay that are hardened by heat, often to create functional or decorative items

ANSWERS: 10. nonchalant, 11. gram, 12. brain, 13. intense, 14. oversee, 15. dramatic, 16. beg, 17. orthopedic, 18. extensive, 19. ceramics



20. in\_\_\_\_al organs *adj.* of or relating to the inside of something
21. an ac\_\_\_\_ic discussion *adj.* associated with schools, colleges, and universities, especially studying and thinking, not with practical skills
22. emotional p\_\_p *n.* a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something
23. ac\_\_e triangle *adj.* extremely sharp or severe
24. me\_\_\_\_ne treatment *n.* a synthetic opioid drug used to treat addiction to other opioid drugs, such as heroin, as well as to manage pain in some cases
25. ne\_\_\_\_l stem cells *adj.* of or relating to a nerve or the nervous system that includes the brain
26. re\_\_t at a high temperature *v.* to take action in response to something
27. a gradual re\_\_\_\_on *n.* a decrease in size, amount, or degree
28. ho\_\_\_\_ss at everything *adj.* having no hope; despairing; having no chance of success
29. la\_\_\_\_h a spaceship into orbit *v.* to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time
30. neurotic sy\_\_\_\_ms *n.* any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease

ANSWERS: 20. internal, 21. academic, 22. prop, 23. acute, 24. methadone, 25. neural, 26. react, 27. reduction, 28. hopeless, 29. launch, 30. symptom

31. de\_\_\_\_p a strategy      *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
32. as\_\_\_\_e a lousy attitude to his boss      *v.* to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance
33. ac\_\_\_\_ic probation      *adj.* associated with schools, colleges, and universities, especially studying and thinking, not with practical skills
34. con\_\_\_\_\_te a threat      *v.* to be the essential or fundamental elements or parts of something; to establish, appoint, or assign someone to a particular office or position; to make up or compose something
35. ov\_\_\_\_ok that fact      *v.* to fail to notice something; to watch over someone; to provide a view from above
36. for in\_\_\_\_ce      *n.* a particular example or single occurrence of something
37. fu\_\_\_\_s anger      *adj.* extremely angry; full of rage
38. m\_d student      *adj.* (short for medical) relating to the field of medicine, which is concerned with the diagnosis, treatment, and prevention of diseases and disorders; (short for medication) a substance or drug that is used to treat a medical condition or alleviate symptoms

ANSWERS: 31. develop, 32. assume, 33. academic, 34. constitute, 35. overlook, 36. instance, 37. furious, 38. med

39. a scientific di\_\_\_\_\_ry *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known
40. wr\_\_\_e with pleasure *v.* to twist and turn the body or a part of it, as from pain or struggle
41. ha\_\_\_\_\_e machine *adj.* out of control or malfunctioning; disordered or chaotic; (noun) a type of wire that is used to tie bales of hay, straw, or other crops
42. an agg\_\_\_\_\_ve war *adj.* behaving in an angry, energetic, or threatening way towards another person; tending to spread quickly
43. financial ind\_\_\_\_\_nce *n.* freedom from another's or others' control or influence
44. exhibit ju\_\_\_\_\_us behavior *adj.* having or exhibiting sound judgment; wise or prudent in decision-making; characterized by careful consideration or thought
45. temporary me\_\_\_\_\_l treatment *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
46. co\_\_\_\_\_nt authority *adj.* having the necessary ability, knowledge, or skill to do something successfully
47. cou\_\_\_\_\_ng about risk management *n.* the process of providing guidance and support to someone, often in a therapeutic or professional context, to help them overcome personal or emotional difficulties and improve their mental health and well-being

ANSWERS: 39. discovery, 40. writhe, 41. haywire, 42. aggressive, 43. independence, 44. judicious, 45. medical, 46. competent, 47. counseling

48. ou\_\_\_\_ht lie *adj.* completely; completely and without reservation; without any attempt at concealment
49. de\_\_\_\_t a global power *v.* to win against somebody in a fight, war, or attempt
50. an in\_\_\_\_l letter *adj.* of or happening at the beginning; (noun) the first letter of a word, especially a person's name
51. smart the\_\_\_\_at *n.* a device that automatically regulates temperature by controlling the heating or cooling system based on the temperature in a room or building
52. friendly rec\_\_\_\_ist *n.* a person employed at a front desk or in a waiting area of an office, hotel, or other organization, whose job is to greet visitors, answer phones, and perform other general administrative tasks
53. hos\_\_\_\_ze child *v.* to admit someone to a hospital for medical treatment
54. th\_\_\_\_y for a patient *n.* the act of caring for someone through medication, remedial training, etc.
55. co\_\_\_\_nt personnel *adj.* having the necessary ability, knowledge, or skill to do something successfully
56. ma\_\_\_\_ed their favorite toy *v.* to damage or alter something by twisting, crushing, or pressing it out of shape
57. tw\_\_\_\_h of an eye *v.* to make a sudden and quick movement with a part of the body; (noun) a sudden, small, jerky movement of a muscle or part of the body

ANSWERS: 48. outright, 49. defeat, 50. initial, 51. thermostat, 52. receptionist, 53. hospitalize, 54. therapy, 55. competent, 56. mangle, 57. twitch

58. m\_d school *adj.* (short for medical) relating to the field of medicine, which is concerned with the diagnosis, treatment, and prevention of diseases and disorders; (short for medication) a substance or drug that is used to treat a medical condition or alleviate symptoms
59. vi\_\_\_\_\_ly all countries *adv.* almost completely
60. me\_\_\_\_\_al chemistry *adj.* of or relating to the treatment or cure of disease
61. ac\_\_e pain *adj.* extremely sharp or severe
62. ind\_\_\_\_\_nce ceremony *n.* freedom from another's or others' control or influence
63. ne\_\_\_l networks in AI *adj.* of or relating to a nerve or the nervous system that includes the brain
64. ab\_\_e a storm *v.* to lessen, reduce, or diminish in intensity or severity; to decline or wane in amount or strength over time
65. ex\_\_\_\_\_ve experience *adj.* covering a large area; having a wide range
66. severe ag\_\_y *n.* extreme physical or mental pain or suffering, often prolonged or intense
67. an agg\_\_\_\_\_ve tumor *adj.* behaving in an angry, energetic, or threatening way towards another person; tending to spread quickly
68. death from sh\_\_k *n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant

ANSWERS: 58. med, 59. virtually, 60. medicinal, 61. acute, 62. independence, 63. neural, 64. abate, 65. extensive, 66. agony, 67. aggressive, 68. shock

69. reh\_\_\_\_\_ate wildlife *v.* to restore to good health or physical condition; to help someone return to a normal life, especially after a period of illness, addiction, or imprisonment
70. re\_\_\_e collection *n.* a set of instructions for preparing a dish, including the ingredients and the method of cooking
71. church ba\_\_\_\_\_nt *n.* a room or a part of a building that is partly or entirely below ground level
72. ov\_\_\_\_\_se of alcohol *n.* excessive and dangerous ingestion or application of a drug
73. a con\_\_\_\_\_ly innovative enterprise *adv.* all the time
74. a fu\_\_\_\_\_s sea *adj.* extremely angry; full of rage
75. di\_\_\_\_\_b his sleep *v.* to interrupt someone who is trying to work, sleep, etc.
76. the pu\_\_\_\_\_w of the committee *n.* the range or scope of authority, responsibility, or influence of a particular person, group, or organization
77. at a fe\_\_\_\_\_sh pitch *adj.* having or showing symptoms of a high temperature, such as sweating and shivering; characterized by or showing strong feelings of excitement or energy
78. d\_\_l down the tension *v.* to adjust or set the controls of a machine or device by turning a controller called dial; (noun) a disc on a telephone that is rotated a fixed distance for each number called
79. an excellent brain su\_\_\_\_\_n *n.* a doctor who is trained to perform medical operations that involve cutting open a person's body

ANSWERS: 69. rehabilitate, 70. recipe, 71. basement, 72. overdose, 73. constantly, 74. furious, 75. disturb, 76. purview, 77. feverish, 78. dial, 79. surgeon

80. tw\_\_\_h at his sleeve  
*v.* to make a sudden and quick movement with a part of the body; (noun) a sudden, small, jerky movement of a muscle or part of the body
81. cr\_\_\_s management  
*n.* a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken
82. in the mi\_\_t of a scandal  
*n.* the middle part of people or things
83. co\_\_\_\_\_e electricity  
*v.* to spend something, especially fuel, energy, or time, in a large amount
84. re\_\_\_\_\_ss driving  
*adj.* marked by a lack of care about danger and the likely results of your actions
85. bu\_\_\_e down to study  
*v.* to bend out of shape, as under pressure or from heat; (noun) a device used for fastening two loose ends of a belt or strap
86. hotel rec\_\_\_\_\_ist  
*n.* a person employed at a front desk or in a waiting area of an office, hotel, or other organization, whose job is to greet visitors, answer phones, and perform other general administrative tasks
87. in\_\_\_\_\_l velocity  
*adj.* of or happening at the beginning; (noun) the first letter of a word, especially a person's name
88. an op\_\_\_d analgesic  
*n.* substances that have an effect similar to opium, such as morphine, used in medicines to treat severe pain, but some people take them illegally for pleasure and become addicted

ANSWERS: 80. twitch, 81. crisis, 82. midst, 83. consume, 84. reckless, 85. buckle, 86. receptionist, 87. initial, 88. opioid

89. tr\_\_\_a care *n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
90. visit to the veterinary cl\_\_\_c *n.* a building or hospital department where people can go for medical care or advice, especially of a particular condition
91. sports g\_\_r *n.* a toothed wheel that engages another toothed mechanism to change the speed or direction of transmitted motion; a set of tools, equipment, or other items for a particular purpose
92. emotional ag\_\_y *n.* extreme physical or mental pain or suffering, often prolonged or intense
93. di\_\_\_e the cake into two pieces *v.* to separate or cause to separate into parts or groups
94. fitness re\_\_\_\_n *n.* a prescribed course of medical treatment, diet, or exercise for the promotion or restoration of health
95. fa\_\_\_\_ty design *n.* a building or place that provides a particular service or is used for a particular industry
96. w\_\_n a person from a bad habit *v.* to gradually stop feeding a baby or young animal with its mother's milk and to start or accustom to eating other food
97. d\_\_l up the volume *v.* to adjust or set the controls of a machine or device by turning a controller called dial; (noun) a disc on a telephone that is rotated a fixed distance for each number called

ANSWERS: 89. trauma, 90. clinic, 91. gear, 92. agony, 93. divide, 94. regimen, 95. facility, 96. wean, 97. dial



98. as\_\_\_e an important role      *v.* to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance
99. la\_\_\_h a big attack      *v.* to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time
100. res\_\_\_\_\_le for a customer service      *adj.* answerable or accountable for something within one's power, control, or management
101. ov\_\_\_\_\_e the process      *v.* to watch and direct someone or something to make sure that it is being done correctly
102. pr\_\_\_\_\_e analyses      *adj.* sharply exact or accurate or delimited
103. se\_\_\_e heat      *adj.* extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous
104. cr\_\_\_\_\_l information      *adj.* extremely vital or necessary
105. ta\_\_r the dose down      *v.* to become or cause something to become gradually narrower at one end
106. med\_\_\_\_\_on by mouth      *n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
107. plenty of fl\_\_ds      *n.* a substance that can flow and is not solid
108. a lon\_\_\_\_\_ing friendship      *adj.* existing or continuing for a long time

ANSWERS: 98. assume, 99. launch, 100. responsible, 101. oversee, 102. precise, 103. severe, 104. crucial, 105. taper, 106. medication, 107. fluid, 108. long-lasting

109. su\_\_\_\_\_se team activity *v.* to watch over and direct someone or something, especially in a position of responsibility
110. health ep\_\_\_\_\_ic *n.* the widespread outbreak of a particular disease in a large number of people at the same time
111. the c\_\_e of an apple *n.* the most essential or fundamental part of something
112. abs\_\_\_\_\_ly against *adv.* without restriction or limitation; completely or utterly
113. antibiotic med\_\_\_\_\_on *n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
114. with an unc\_\_\_\_\_ble face *adj.* providing or feeling physical discomfort or slight pain
115. c\_\_e business activity *n.* the most essential or fundamental part of something
116. traditional me\_\_\_\_\_al *adj.* of or relating to the treatment or cure of disease
117. feel fe\_\_\_\_\_sh *adj.* having or showing symptoms of a high temperature, such as sweating and shivering; characterized by or showing strong feelings of excitement or energy
118. the mai\_\_\_\_\_ce of the car *n.* the act or process of keeping something, either artificial materials or living things, in good condition; the money needed for a person's or family's living expenses
119. mi\_\_\_\_\_le experience *adj.* very unhappy, uncomfortable, or unpleasant; causing great distress or suffering

ANSWERS: 109. supervise, 110. epidemic, 111. core, 112. absolutely, 113. medication, 114. uncomfortable, 115. core, 116. medicinal, 117. feverish, 118. maintenance, 119. miserable

120. ad\_\_\_\_\_on to foreign oil  
*n.* the inability to stop using or doing something as a habit, especially something harmful
121. pro\_\_\_\_\_on of disease  
*n.* the act or process of changing to the next stage or phase or moving forward
122. in a pre\_\_\_\_\_le manner  
*adj.* capable of being known, seen or declared in advance
123. an unc\_\_\_\_\_ble silence  
*adj.* providing or feeling physical discomfort or slight pain
124. logically ind\_\_\_\_\_ble  
*adj.* unable to be protected or justified from criticism
125. wr\_\_\_e in agony  
*v.* to twist and turn the body or a part of it, as from pain or struggle
126. pro\_\_\_\_\_on of civilization  
*n.* the act or process of changing to the next stage or phase or moving forward
127. a con\_\_\_\_\_ly varying mind  
*adv.* all the time
128. impose an ou\_\_\_\_\_ht ban  
*adj.* completely; completely and without reservation; without any attempt at concealment
129. b\_g for help  
*v.* to ask for something urgently or earnestly; to appeal to someone to do something
130. the Great Dep\_\_\_\_\_on  
*n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
131. the de\_\_h of the water  
*n.* the distance between the top and bottom of something; between the top surface and a distance below it

ANSWERS: 120. addiction, 121. progression, 122. predictable, 123. uncomfortable, 124. indefensible, 125. writhe, 126. progression, 127. constantly, 128. outright, 129. beg, 130. depression, 131. depth

132. ce\_\_\_\_\_cs class *n.* objects made from materials such as clay that are hardened by heat, often to create functional or decorative items
133. a worldwide ep\_\_\_\_\_ic *n.* the widespread outbreak of a particular disease in a large number of people at the same time
134. ta\_\_r the medication slowly *v.* to become or cause something to become gradually narrower at one end
135. injury in a car ac\_\_\_\_\_nt *n.* an unfortunate event, especially one causing damage or injury
136. al\_\_\_\_\_te choice *adj.* occurring or existing one after the other regularly
137. field of gene th\_\_\_\_\_y *n.* the act of caring for someone through medication, remedial training, etc.
138. app\_\_\_\_\_nt calendar *n.* a formal arrangement to meet someone at a particular time and place, especially for a reason connected with their work; the act of putting a person into a job or position of responsibility
139. de\_\_\_e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
140. ov\_\_\_\_\_ok a street *v.* to fail to notice something; to watch over someone; to provide a view from above
141. mi\_\_\_\_\_e weapon *v.* to fail to ignite or explode as intended
142. chaotic env\_\_\_\_\_nt *n.* the natural world such as air, water, and land in which humans, animals, and plants live

ANSWERS: 132. ceramics, 133. epidemic, 134. taper, 135. accident, 136. alternate, 137. therapy, 138. appointment, 139. decide, 140. overlook, 141. misfire, 142. environment

143. re\_\_t against his way of thinking      *v.* to take action in response to something
144. as\_\_\_p at the wheel      *adj.* in a state of sleep
145. n\_\_m of action      *n.* something that is regarded as usual, typical, or standard
146. untold de\_\_\_\_\_r      *n.* the feeling that there is no hope and you cannot do anything to improve a difficult situation
147. ma\_\_\_e my foot      *v.* to damage or alter something by twisting, crushing, or pressing it out of shape
148. pr\_\_\_\_\_e apologies      *adj.* abundant or plentiful in quantity or degree; excessive or extravagant; exhibiting a great amount of something
149. pa\_\_\_\_\_t in the hospital      *n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
150. make me na\_\_\_\_\_te      *v.* to cause feelings of nausea or sickness; to feel sick or queasy; to cause repugnance or disgust
151. di\_\_\_\_\_b the peace      *v.* to interrupt someone who is trying to work, sleep, etc.
152. a\_\_e abominably      *v.* to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a continuous dull pain
153. an epidemic outbreak of in\_\_\_\_\_za      *n.* (formal for flu) a highly contagious viral disease that causes fever, severe aching, and catarrh and often occurs in epidemics

ANSWERS: 143. react, 144. asleep, 145. norm, 146. despair, 147. mangle, 148. profuse, 149. patient, 150. nauseate, 151. disturb, 152. ache, 153. influenza

154. pre\_\_\_\_\_le pattern *adj.* capable of being known, seen or declared in advance
155. con\_\_\_\_\_te a majority *v.* to be the essential or fundamental elements or parts of something; to establish, appoint, or assign someone to a particular office or position; to make up or compose something
156. ca\_\_\_\_\_te his credit score *v.* to judge or find out the amount or number of something by using mathematics
157. ap\_\_\_\_\_ze ahead of time *v.* to express regret for committing wrongdoing or causing a problem
158. ha\_\_\_\_\_e behavior *adj.* out of control or malfunctioning; disordered or chaotic; (noun) a type of wire that is used to tie bales of hay, straw, or other crops
159. re\_\_\_\_\_r approval ratings *v.* to return to a former condition, health, mind, or strength
160. co\_\_\_\_\_al swimming pool *adj.* belonging to or used by a group rather than individuals; for common use
161. ho\_\_\_\_\_ss situation *adj.* having no hope; despairing; having no chance of success
162. com\_\_\_\_\_ty theory *n.* the state or quality of being complicated or intricate and difficult to understand
163. in\_\_\_\_\_e heat *adj.* (especially of a feeling) very strong; extremely sharp or severe
164. short du\_\_\_\_\_on *n.* the length of time something lasts or continues
165. w\_\_ned me of the plan *v.* to make someone aware of potential danger or difficulty, particularly one that may occur in the future

ANSWERS: 154. predictable, 155. constitute, 156. calculate, 157. apologize, 158. haywire, 159. recover, 160. communal, 161. hopeless, 162. complexity, 163. intense, 164. duration, 165. warn

166. a cr\_\_\_\_\_l issue for women *adj.* extremely vital or necessary
167. co\_\_\_\_\_al combination of funds *adj.* belonging to or used by a group rather than individuals; for common use
168. the du\_\_\_\_\_on of insurance *n.* the length of time something lasts or continues
169. electric mot\_\_\_\_\_le *n.* a two-wheeled vehicle that is driven by an engine and has no pedals
170. vi\_\_\_\_\_ly identical *adv.* almost completely
171. mass tr\_\_\_\_\_t *n.* the act or process of passing through or across a place or state; transportation
172. an explosive su\_\_\_\_\_ce *n.* the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug
173. alcohol-dependent in\_\_\_\_\_ia *n.* the condition of being unable to sleep, usually a chronic one
174. army su\_\_\_\_\_n *n.* a doctor who is trained to perform medical operations that involve cutting open a person's body
175. pr\_\_\_\_\_e growth *adj.* abundant or plentiful in quantity or degree; excessive or extravagant; exhibiting a great amount of something
176. vi\_\_\_\_\_t incident *adj.* involving or caused by physical force or aggression against someone or something
177. to es\_\_\_\_\_te *v.* to increase in intensity, size, or severity; to make something greater, worse, or more serious

ANSWERS: 166. crucial, 167. communal, 168. duration, 169. motorcycle, 170. virtually, 171. transit, 172. substance, 173. insomnia, 174. surgeon, 175. profuse, 176. violent, 177. escalate

178. permanent br\_\_n damage *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
179. a tr\_\_\_\_t visa *n.* the act or process of passing through or across a place or state; transportation
180. ad\_\_\_\_on of vectors *n.* the act or process of adding something to something else; the process of adding numbers
181. mot\_\_\_\_le gangster *n.* a two-wheeled vehicle that is driven by an engine and has no pedals
182. financial cr\_\_\_\_s *n.* a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken
183. all in a sw\_\_t *n.* the salty liquid that is produced by the glands in the skin, especially when the body is hot or under stress
184. write him an answer imm\_\_\_\_ly *adv.* now or without delay
185. in a re\_\_\_\_ss manner *adj.* marked by a lack of care about danger and the likely results of your actions
186. w\_\_n a reckless driver *v.* to make someone aware of potential danger or difficulty, particularly one that may occur in the future
187. in\_\_\_\_za B strain *n.* (formal for flu) a highly contagious viral disease that causes fever, severe aching, and catarrh and often occurs in epidemics
188. na\_\_\_\_te my stomach *v.* to cause feelings of nausea or sickness; to feel sick or queasy; to cause repugnance or disgust

ANSWERS: 178. brain, 179. transit, 180. addition, 181. motorcycle, 182. crisis, 183. sweat, 184. immediately, 185. reckless, 186. warn, 187. influenza, 188. nauseate



189. ap\_\_\_\_\_ze for being late      *v.* to express regret for committing wrongdoing or causing a problem
190. ta\_\_\_\_\_ng economy      *adj.* gradually becoming narrower or thinner at one end; (noun) the practice of reducing the intensity and volume of training for a period of time before a race or competition; the reduction of monetary stimulus in an economy by a central bank
191. en\_\_\_\_\_ly satisfied with the meal      *adv.* completely
192. the root problem of her dep\_\_\_\_\_on      *n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
193. non\_\_\_\_\_nt attitude      *adj.* relaxed and calm in a way that shows a lack of concern or interest; seemingly indifferent
194. a me\_\_\_\_\_l opinion      *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
195. psychic tr\_\_\_\_a      *n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
196. pra\_\_\_\_\_ner of Buddhism      *n.* a person who works in a profession or occupation, such as a doctor, lawyer, or teacher
197. fire st\_\_k      *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

ANSWERS: 189. apologize, 190. tapering, 191. entirely, 192. depression, 193. nonchalant, 194. medical, 195. trauma, 196. practitioner, 197. stick

198. de\_\_\_e my position *v.* to state or explain precisely the nature, scope, or meaning of something
199. the in\_\_\_\_al economy *adj.* of or relating to the inside of something
200. hos\_\_\_\_\_ze patient *v.* to admit someone to a hospital for medical treatment
201. go\_\_\_\_\_mp sensation *n.* a small bump that appears on the skin due to cold, fear, or excitement; a physiological response that causes the skin to contract and produce small bumps
202. br\_\_\_h of wind *n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
203. ove\_\_\_\_\_sed muscles *adj.* experiencing a level of stress or anxiety that exceeds one's capacity to cope; feeling overwhelmed or mentally strained
204. mai\_\_\_\_\_ce work *n.* the act or process of keeping something, either artificial materials or living things, in good condition; the money needed for a person's or family's living expenses
205. na\_\_\_a medication *n.* a feeling of sickness or discomfort in the stomach that is often accompanied by an urge to vomit; a sensation of loathing or disgust
206. ab\_\_\_e a crisis *v.* to lessen, reduce, or diminish in intensity or severity; to decline or wane in amount or strength over time

ANSWERS: 198. define, 199. internal, 200. hospitalize, 201. goosebump, 202. breath, 203. overstressed, 204. maintenance, 205. nausea, 206. abate

207. follow his rec\_\_\_\_\_ions *n.* an official suggestion that something is good or suitable for a particular purpose or job
208. ho\_\_\_\_\_y audience *v.* to shock or disgust greatly
209. sw\_\_t bath *n.* the salty liquid that is produced by the glands in the skin, especially when the body is hot or under stress
210. dep\_\_\_\_\_ce on technology *n.* the state or condition of relying or depending on someone or something else; a relationship in which one person or thing is influenced, controlled, or supported by another
211. in\_\_\_\_\_e a high degree of risk *v.* to include or affect someone or something as a necessary part of something else
212. re\_\_\_\_\_nd reading *v.* to suggest that someone or something would be a suitable fit for a particular purpose or role
213. ji\_\_\_\_\_ry feeling *n.* a slight and rapid irregular movement or trembling; a sensation of nervousness or unease; a technical term relating to variations in the timing of signals in electronic systems
214. ind\_\_\_\_\_ble argument *adj.* unable to be protected or justified from criticism
215. in the mi\_\_t of the crowd *n.* the middle part of people or things
216. fl\_\_d assets *n.* a substance that can flow and is not solid

ANSWERS: 207. recommendation, 208. horrify, 209. sweat, 210. dependence, 211. involve, 212. recommend, 213. jitter, 214. indefensible, 215. midst, 216. fluid

217. scientific jo\_\_\_\_l *n.* a newspaper or magazine specialized in a specific topic or profession
218. a built-in diagnostic ro\_\_\_\_e *n.* a usual or habitual way of doing things; a set sequence of steps, part of a larger computer program
219. take up an app\_\_\_\_nt *n.* a formal arrangement to meet someone at a particular time and place, especially for a reason connected with their work; the act of putting a person into a job or position of responsibility
220. su\_\_\_\_ce abuse problem *n.* the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug
221. a cell phone with an internet fa\_\_\_\_ty *n.* a building or place that provides a particular service or is used for a particular industry
222. w\_\_n my baby from the breast *v.* to gradually stop feeding a baby or young animal with its mother's milk and to start or accustom to eating other food
223. st\_\_k a key in a lock *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
224. consult with a ph\_\_\_\_an *n.* a medical doctor who practices medicine
225. h\_\_l broke loose *n.* the place thought to be where bad people go and are punished after death, often depicted as being located beneath the earth; an extraordinarily unpleasant or difficult place

ANSWERS: 217. journal, 218. routine, 219. appointment, 220. substance, 221. facility, 222. wean, 223. stick, 224. physician, 225. hell

226. every al\_\_\_\_\_te year *adj.* occurring or existing one after the other regularly
227. re\_\_\_\_\_ss waves *adj.* unwilling or unable to stay still or relax because you are worried and uneasy
228. dead as\_\_\_\_p *adj.* in a state of sleep
229. four ba\_\_\_\_\_nt floor *n.* a room or a part of a building that is partly or entirely below ground level
230. su\_\_\_\_\_se entrance test takers *v.* to watch over and direct someone or something, especially in a position of responsibility
231. cr\_\_\_\_\_ng debt *adj.* causing someone to become unable to walk or move; causing severe damage or harm
232. a friendly con\_\_\_\_\_ion *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
233. estimate pr\_\_\_\_\_e costs *adj.* sharply exact or accurate or delimited
234. pr\_\_\_\_\_be a drug *v.* (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something
235. bu\_\_\_\_e shoe *v.* to bend out of shape, as under pressure or from heat; (noun) a device used for fastening two loose ends of a belt or strap
236. de\_\_\_\_\_p a skill *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

ANSWERS: 226. alternate, 227. restless, 228. asleep, 229. basement, 230. supervise, 231. crippling, 232. conversation, 233. precise, 234. prescribe, 235. buckle, 236. develop

237. op\_\_\_d receptor *n.* substances that have an effect similar to opium, such as morphine, used in medicines to treat severe pain, but some people take them illegally for pleasure and become addicted
238. alcohol ad\_\_\_\_\_on *n.* the inability to stop using or doing something as a habit, especially something harmful
239. sy\_\_\_\_\_ms of low testosterone *n.* any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
240. beyond the pu\_\_\_\_\_w of the law *n.* the range or scope of authority, responsibility, or influence of a particular person, group, or organization
241. the\_\_\_\_\_at settings *n.* a device that automatically regulates temperature by controlling the heating or cooling system based on the temperature in a room or building
242. di\_\_\_\_\_er recovery *n.* an unexpected event or series of events that cause widespread damage, destruction, or loss of life
243. ju\_\_\_\_\_us use of resources *adj.* having or exhibiting sound judgment; wise or prudent in decision-making; characterized by careful consideration or thought
244. mi\_\_\_\_\_e engine *v.* to fail to ignite or explode as intended
245. ho\_\_\_\_\_y victims *v.* to shock or disgust greatly
246. me\_\_\_\_\_ne program *n.* a synthetic opioid drug used to treat addiction to other opioid drugs, such as heroin, as well as to manage pain in some cases

ANSWERS: 237. opioid, 238. addiction, 239. symptom, 240. purview, 241. thermostat, 242. disaster, 243. judicious, 244. misfire, 245. horrify, 246. methadone

247. res\_\_\_\_\_le action *adj.* answerable or accountable for something within one's power, control, or management
248. a dental cl\_\_\_\_c *n.* a building or hospital department where people can go for medical care or advice, especially of a particular condition
249. re\_\_\_\_e book *n.* a set of instructions for preparing a dish, including the ingredients and the method of cooking
250. p\_\_p stick *n.* a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something
251. financial dep\_\_\_\_\_ce *n.* the state or condition of relying or depending on someone or something else; a relationship in which one person or thing is influenced, controlled, or supported by another
252. centimeter-g\_\_m-second system *n.* a metric unit of weight equal to one-thousandth of a kilogram
253. pr\_\_\_\_\_be in the preceding paragraph *v.* (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something
254. ca\_\_\_\_\_te the distance *v.* to judge or find out the amount or number of something by using mathematics

ANSWERS: 247. responsible, 248. clinic, 249. recipe, 250. prop, 251. dependence, 252. gram, 253. prescribe, 254. calculate

255. chemical ad\_\_\_\_\_on *n.* the act or process of adding something to something else; the process of adding numbers
256. unb\_\_\_\_\_le pain *adj.* not able to be tolerated or endured; too difficult, severe, or intense to be dealt with or suffered through; intolerable or insufferable
257. opioid ov\_\_\_\_\_se *n.* excessive and dangerous ingestion or application of a drug
258. jo\_\_\_\_\_l articles *n.* a newspaper or magazine specialized in a specific topic or profession
259. es\_\_\_\_\_te into a major international incident *v.* to increase in intensity, size, or severity; to make something greater, worse, or more serious
260. medication for in\_\_\_\_\_ia *n.* the condition of being unable to sleep, usually a chronic one
261. de\_\_\_\_\_r at the future *n.* the feeling that there is no hope and you cannot do anything to improve a difficult situation
262. the cabin pressure fell dra\_\_\_\_\_lly *adv.* in a very impressive manner
263. su\_\_\_\_r bad grades *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
264. reh\_\_\_\_\_ate prisoners *v.* to restore to good health or physical condition; to help someone return to a normal life, especially after a period of illness, addiction, or imprisonment
265. a se\_\_\_\_e case of pneumonia *adj.* extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous

ANSWERS: 255. addition, 256. unbearable, 257. overdose, 258. journal, 259. escalate, 260. insomnia, 261. despair, 262. dramatically, 263. suffer, 264. rehabilitate, 265. severe



266. ro\_\_\_\_\_e business *n.* a usual or habitual way of doing things; a set sequence of steps, part of a larger computer program
267. people with bipolar di\_\_\_\_\_er *n.* an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
268. de\_\_h camera *n.* the distance between the top and bottom of something; between the top surface and a distance below it
269. re\_\_\_\_\_n of chemotherapy *n.* a prescribed course of medical treatment, diet, or exercise for the promotion or restoration of health
270. cause an ac\_\_\_\_\_nt *n.* an unfortunate event, especially one causing damage or injury
271. gradual ta\_\_\_\_\_ng of the dose *adj.* gradually becoming narrower or thinner at one end; (noun) the practice of reducing the intensity and volume of training for a period of time before a race or competition; the reduction of monetary stimulus in an economy by a central bank
272. diagnosed in\_\_\_\_\_ly as a tumor *adv.* at the beginning; at first
273. go\_\_\_\_\_mp moment *n.* a small bump that appears on the skin due to cold, fear, or excitement; a physiological response that causes the skin to contract and produce small bumps
274. a\_\_e all the time *v.* to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a continuous dull pain

ANSWERS: 266. routine, 267. disorder, 268. depth, 269. regimen, 270. accident, 271. tapering, 272. initially, 273. goosebump, 274. ache

275. re\_\_\_\_\_nd a hospitalization      *v.* to suggest that someone or something would be a suitable fit for a particular purpose or role
276. pa\_\_\_\_\_t with weight loss      *n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
277. pra\_\_\_\_\_ner of law      *n.* a person who works in a profession or occupation, such as a doctor, lawyer, or teacher
278. ap\_\_\_\_\_te suppression      *n.* a natural desire or craving for food or drink; a strong desire or liking for something
279. career cou\_\_\_\_\_ng      *n.* the process of providing guidance and support to someone, often in a therapeutic or professional context, to help them overcome personal or emotional difficulties and improve their mental health and well-being
280. di\_\_\_\_\_e money equally      *v.* to separate or cause to separate into parts or groups
281. re\_\_\_\_\_on strategy      *n.* a decrease in size, amount, or degree
282. env\_\_\_\_\_nt affairs      *n.* the natural world such as air, water, and land in which humans, animals, and plants live
283. de\_\_\_\_\_e on a course of action      *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options

ANSWERS: 275. recommend, 276. patient, 277. practitioner, 278. appetite, 279. counseling, 280. divide, 281. reduction, 282. environment, 283. decide

284. make dr\_\_\_\_ic changes *adj.* very sudden, very excellent, or full of action and excitement
285. re\_\_\_\_r a loss *v.* to return to a former condition, health, mind, or strength
286. co\_\_\_\_e a large of alcohol *v.* to spend something, especially fuel, energy, or time, in a large amount
287. global di\_\_\_\_er *n.* an unexpected event or series of events that cause widespread damage, destruction, or loss of life
288. loss of ap\_\_\_\_te *n.* a natural desire or craving for food or drink; a strong desire or liking for something
289. unb\_\_\_\_le heat *adj.* not able to be tolerated or endured; too difficult, severe, or intense to be dealt with or suffered through; intolerable or insufferable
290. drug-induced na\_\_\_\_a and vomiting *n.* a feeling of sickness or discomfort in the stomach that is often accompanied by an urge to vomit; a sensation of loathing or disgust
291. ox\_\_\_\_ne withdrawal *n.* a powerful opioid pain medication often prescribed for moderate to severe pain relief, often with a high risk of addiction and abuse
292. run like h\_\_l *n.* the place thought to be where bad people go and are punished after death, often depicted as being located beneath the earth; an extraordinarily unpleasant or difficult place

ANSWERS: 284. dramatic, 285. recover, 286. consume, 287. disaster, 288. appetite, 289. unbearable, 290. nausea, 291. oxycodone, 292. hell

293. a re\_\_\_\_\_ss person *adj.* unwilling or unable to stay still or relax because you are worried and uneasy
294. he confessed dra\_\_\_\_\_lly *adv.* in a very impressive manner
295. a letter of rec\_\_\_\_\_ion *n.* an official suggestion that something is good or suitable for a particular purpose or job
296. sh\_\_k-resistant *n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant
297. hold your br\_\_\_\_h *n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
298. a g\_\_r change lever *n.* a toothed wheel that engages another toothed mechanism to change the speed or direction of transmitted motion; a set of tools, equipment, or other items for a particular purpose
299. cultural n\_\_m *n.* something that is regarded as usual, typical, or standard
300. lon\_\_\_\_\_ing battery *adj.* existing or continuing for a long time
301. de\_\_\_e a word *v.* to state or explain precisely the nature, scope, or meaning of something
302. cognitive com\_\_\_\_\_ty *n.* the state or quality of being complicated or intricate and difficult to understand
303. de\_\_\_t body odor *v.* to win against somebody in a fight, war, or attempt
304. in\_\_\_\_\_e a lot of paperwork *v.* to include or affect someone or something as a necessary part of something else

ANSWERS: 293. restless, 294. dramatically, 295. recommendation, 296. shock, 297. breath, 298. gear, 299. norm, 300. long-lasting, 301. define, 302. complexity, 303. defeat, 304. involve

305. a cr\_\_\_\_\_ng strike *adj.* causing someone to become unable to walk or move; causing severe damage or harm
306. pre\_\_\_\_\_ion drugs *n.* a written or spoken instruction that directs a medical practitioner to prescribe a specific treatment or medication for a patient
307. ox\_\_\_\_\_ne addiction *n.* a powerful opioid pain medication often prescribed for moderate to severe pain relief, often with a high risk of addiction and abuse
308. the advice of the ph\_\_\_\_\_an *n.* a medical doctor who practices medicine
309. ove\_\_\_\_\_sed employee *adj.* experiencing a level of stress or anxiety that exceeds one's capacity to cope; feeling overwhelmed or mentally strained
310. deposits and wit\_\_\_\_\_als *n.* the act of taking money out of an account; the act of ceasing to participate in an activity and moving or taking something away or back
311. fill the pre\_\_\_\_\_ion *n.* a written or spoken instruction that directs a medical practitioner to prescribe a specific treatment or medication for a patient
312. su\_\_\_\_r a setback *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
313. the files are in complete di\_\_\_\_\_er *n.* an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions

ANSWERS: 305. crippling, 306. prescription, 307. oxycodone, 308. physician, 309. overstressed, 310. withdrawal, 311. prescription, 312. suffer, 313. disorder

314. ji\_\_\_r noise

*n.* a slight and rapid irregular movement or trembling; a sensation of nervousness or unease; a technical term relating to variations in the timing of signals in electronic systems

315. mi\_\_\_\_\_le weather

*adj.* very unhappy, uncomfortable, or unpleasant; causing great distress or suffering

316. in\_\_\_\_\_ly anticipated

*adv.* at the beginning; at first

ANSWERS: 314. jitter, 315. miserable, 316. initially

## Session 3: Fill in the Blanks

1. She had a \_\_\_\_\_ look in her eyes as she struggled with illness.  
*adj.* having or showing symptoms of a high temperature, such as sweating and shivering; characterized by or showing strong feelings of excitement or energy
2. The battlefield became \_\_\_\_\_ on earth.  
*n.* the place thought to be where bad people go and are punished after death, often depicted as being located beneath the earth; an extraordinarily unpleasant or difficult place
3. The \_\_\_\_\_ response team worked around the clock to aid those affected by the earthquake.  
*n.* an unexpected event or series of events that cause widespread damage, destruction, or loss of life
4. He remained serene in the \_\_\_\_\_ of turbulence.  
*n.* the middle part of people or things
5. The digital \_\_\_\_\_ has a programmable feature, and it can be controlled through your smartphone.  
*n.* a device that automatically regulates temperature by controlling the heating or cooling system based on the temperature in a room or building
6. Some patients are prescribed \_\_\_\_\_ for pain management after surgery.  
*n.* a powerful opioid pain medication often prescribed for moderate to severe pain relief, often with a high risk of addiction and abuse
7. We made a \_\_\_\_\_ to the client.  
*n.* an official suggestion that something is good or suitable for a particular purpose or job

ANSWERS: 1. feverish, 2. hell, 3. disaster, 4. midst, 5. thermostat, 6. oxycodone, 7. recommendation

8. We must \_\_\_\_\_ a new system to streamline our workflow and increase efficiency.
- v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
9. I am \_\_\_\_\_ opposed to his idea because of morality.
- adv.* without restriction or limitation; completely or utterly
10. It's important to make \_\_\_\_\_ decisions when it comes to your finances.
- adj.* having or exhibiting sound judgment; wise or prudent in decision-making; characterized by careful consideration or thought
11. My doctor prescribed a strict \_\_\_\_\_ of exercise and healthy eating to help me lose weight.
- n.* a prescribed course of medical treatment, diet, or exercise for the promotion or restoration of health
12. He got an electric \_\_\_\_\_ at work.
- n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant
13. The older man \_\_\_\_\_ from arthritis and finds it difficult to move around.
- v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
14. He is now fighting his \_\_\_\_\_ to drugs.
- n.* the inability to stop using or doing something as a habit, especially something harmful

ANSWERS: 8. develop, 9. absolutely, 10. judicious, 11. regimen, 12. shock, 13. suffers, 14. addiction



15. Tourists frequently \_\_\_\_\_ the island's delicate natural balance.  
*v.* to interrupt someone who is trying to work, sleep, etc.
16. The roller coaster ride was so intense that it \_\_\_\_\_ some passengers.  
*v.* to cause feelings of nausea or sickness; to feel sick or queasy; to cause repugnance or disgust
17. I am going to \_\_\_\_\_ to work through my anxiety and depression.  
*n.* the process of providing guidance and support to someone, often in a therapeutic or professional context, to help them overcome personal or emotional difficulties and improve their mental health and well-being
18. His abusive words made me \_\_\_\_\_.  
*adj.* providing or feeling physical discomfort or slight pain
19. The research institute allocated a lot of money to study the cause and prevention of \_\_\_\_\_.  
*n.* (formal for flu) a highly contagious viral disease that causes fever, severe aching, and catarrh and often occurs in epidemics
20. The caffeine in my coffee causes me to experience nervous \_\_\_\_\_.  
*n.* a slight and rapid irregular movement or trembling; a sensation of nervousness or unease; a technical term relating to variations in the timing of signals in electronic systems
21. The actor was \_\_\_\_\_ about his notoriety and saw it as part of his job.  
*adj.* relaxed and calm in a way that shows a lack of concern or interest; seemingly indifferent
22. I'm feeling \_\_\_\_\_ and need to take a break to relax.  
*adj.* experiencing a level of stress or anxiety that exceeds one's capacity to cope; feeling overwhelmed or mentally strained

ANSWERS: 15. disturb, 16. nauseated, 17. counseling, 18. uncomfortable, 19. influenza, 20. jitter, 21. nonchalant, 22. overstressed

23. The new regulations \_\_\_\_\_ a significant change in the industry standards.
- v.* to be the essential or fundamental elements or parts of something; to establish, appoint, or assign someone to a particular office or position; to make up or compose something
24. We \_\_\_\_\_ taking media training every six months.
- v.* to suggest that someone or something would be a suitable fit for a particular purpose or role
25. There is nothing more valuable than \_\_\_\_\_ and freedom.
- n.* freedom from another's or others' control or influence
26. He had his \_\_\_\_\_ license revoked for drunken driving.
- n.* a two-wheeled vehicle that is driven by an engine and has no pedals
27. The patient's \_\_\_\_\_ on painkillers became a serious concern for their healthcare team.
- n.* the state or condition of relying or depending on someone or something else; a relationship in which one person or thing is influenced, controlled, or supported by another
28. The prime minister canceled visits to other countries to resolve \_\_\_\_\_ disputes.
- adj.* of or relating to the inside of something
29. She felt \_\_\_\_\_ after her dog passed away.
- adj.* very unhappy, uncomfortable, or unpleasant; causing great distress or suffering
30. The company is set to \_\_\_\_\_ its new product line next month.
- v.* to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time

ANSWERS: 23. constitute, 24. recommend, 25. independence, 26. motorcycle, 27. dependence, 28. internal, 29. miserable, 30. launch

31. The military incarcerated him for the \_\_\_\_\_ of the war.  
*n.* the length of time something lasts or continues
32. The \_\_\_\_\_ partially destroyed my vehicle.  
*n.* an unfortunate event, especially one causing damage or injury
33. The loss of his wife was an \_\_\_\_\_ sorrow that he found hard to overcome.  
*adj.* not able to be tolerated or endured; too difficult, severe, or intense to be dealt with or suffered through; intolerable or insufferable
34. Life expectancy has grown \_\_\_\_\_ this century.  
*adv.* in a very impressive manner
35. The doctor prescribed some medicine for the mental \_\_\_\_\_.  
*n.* an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
36. She had to be \_\_\_\_\_ due to her injuries.  
*v.* to admit someone to a hospital for medical treatment
37. He is still struggling with a \_\_\_\_\_ disease.  
*adj.* causing someone to become unable to walk or move; causing severe damage or harm
38. A smaller car will \_\_\_\_\_ less fuel.  
*v.* to spend something, especially fuel, energy, or time, in a large amount
39. Public \_\_\_\_\_ is an essential service for many cities.  
*n.* the act or process of passing through or across a place or state; transportation

ANSWERS: 31. duration, 32. accident, 33. unbearable, 34. dramatically, 35. disorder, 36. hospitalized, 37. crippling, 38. consume, 39. transit

40. She couldn't \_\_\_\_\_ whether to order the pizza or the pasta for dinner.

*v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options

41. The doctor carefully examined the \_\_\_\_\_ medical history.

*n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic

42. There was a disturbance of \_\_\_\_\_ function.

*adj.* of or relating to a nerve or the nervous system that includes the brain

43. \_\_\_\_\_ elections were held in several European countries.

*adj.* belonging to or used by a group rather than individuals; for common use

44. The senator received \_\_\_\_\_ criticism from his opponent.

*adj.* extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous

45. She checked her \_\_\_\_\_ before embarking on the hike.

*n.* a toothed wheel that engages another toothed mechanism to change the speed or direction of transmitted motion; a set of tools, equipment, or other items for a particular purpose

46. The electronics in my car went \_\_\_\_\_ after the battery died.

*adj.* out of control or malfunctioning; disordered or chaotic; (noun) a type of wire that is used to tie bales of hay, straw, or other crops

47. The physician is reading the \_\_\_\_\_ related to medicine

*n.* a newspaper or magazine specialized in a specific topic or profession

ANSWERS: 40. decide, 41. patient's, 42. neural, 43. Communal, 44. severe, 45. gear, 46. haywire, 47. journals

48. Many civilians have suffered \_\_\_\_\_ as a result of the war.

- n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience

49. We had to reschedule the dentist's \_\_\_\_\_.

- n.* a formal arrangement to meet someone at a particular time and place, especially for a reason connected with their work; the act of putting a person into a job or position of responsibility

50. I need to refill my \_\_\_\_\_ for allergy medication at the pharmacy.

- n.* a written or spoken instruction that directs a medical practitioner to prescribe a specific treatment or medication for a patient

51. This train departed later than \_\_\_\_\_ scheduled.

- adv.* at the beginning; at first

52. The \_\_\_\_\_ of the argument was well-presented.

- n.* the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug

53. The \_\_\_\_\_ team worked quickly to save the patient's life.

- adj.* relating to the treatment of illness or injuries; relating to the practice of medicine

54. An excellent historian must possess an \_\_\_\_\_ mentality.

- adj.* associated with schools, colleges, and universities, especially studying and thinking, not with practical skills

55. A committee was appointed to \_\_\_\_\_ a huge budget.

- v.* to watch and direct someone or something to make sure that it is being done correctly

ANSWERS: 48. trauma, 49. appointment, 50. prescription, 51. initially, 52. substance, 53. medical, 54. academic, 55. oversee

56. She visited the local \_\_\_\_\_ to seek treatment for her persistent headache.  
*n.* a medical doctor who practices medicine
57. The disease is now reaching \_\_\_\_\_ proportions in our country.  
*n.* the widespread outbreak of a particular disease in a large number of people at the same time
58. The statement had a \_\_\_\_\_ impact on house prices.  
*adj.* very sudden, very excellent, or full of action and excitement
59. Most of the tree trunks \_\_\_\_\_ toward the top.  
*v.* to become or cause something to become gradually narrower at one end
60. It would help if you refrained from an \_\_\_\_\_ of caffeine.  
*n.* excessive and dangerous ingestion or application of a drug
61. I took a \_\_\_\_\_ dose of pain reliever to ease my headache.  
*adj.* (short for medical) relating to the field of medicine, which is concerned with the diagnosis, treatment, and prevention of diseases and disorders; (short for medication) a substance or drug that is used to treat a medical condition or alleviate symptoms
62. The \_\_\_\_\_ in carbon emissions has been significant since the implementation of the new policy.  
*n.* a decrease in size, amount, or degree
63. An \_\_\_\_\_ tide wrecked the ship.  
*adj.* behaving in an angry, energetic, or threatening way towards another person; tending to spread quickly

ANSWERS: 56. physician, 57. epidemic, 58. dramatic, 59. taper, 60. overdose, 61. med, 62. reduction, 63. aggressive

64. We have finally lost our last \_\_\_\_\_.

- n.* a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something

65. The patient displays a \_\_\_\_\_ of a side effect.

- n.* any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease

66. He suffered \_\_\_\_\_ and loss of appetite after he began taking that medication.

- n.* the condition of being unable to sleep, usually a chronic one

67. She holds a \_\_\_\_\_ on Tuesday mornings.

- n.* a building or hospital department where people can go for medical care or advice, especially of a particular condition

68. You \_\_\_\_\_ a bill in the change machine, and the coins pop out.

- v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

69. The patient died from \_\_\_\_\_ alcohol intoxication.

- adj.* extremely sharp or severe

70. How much is it per one hundred \_\_\_\_\_

- n.* a metric unit of weight equal to one-thousandth of a kilogram

71. Her research team made an important \_\_\_\_\_.

- n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known

ANSWERS: 64. prop, 65. symptom, 66. insomnia, 67. clinic, 68. stick, 69. acute, 70. grams?, 71. discovery

72. Later, his claim was found to be \_\_\_\_\_ false.

*adv.* completely

73. He lay down and fell \_\_\_\_\_ immediately.

*adj.* in a state of sleep

74. This company has an entire recycling \_\_\_\_\_ including major reprocessing plants.

*n.* a building or place that provides a particular service or is used for a particular industry

75. The cold wind gave her \_\_\_\_\_ on her arms and legs.

*n.* a small bump that appears on the skin due to cold, fear, or excitement; a physiological response that causes the skin to contract and produce small bumps

76. She \_\_\_\_\_ her parents to let her go to the concert.

*v.* to ask for something urgently or earnestly; to appeal to someone to do something

77. He felt \_\_\_\_\_ and constantly changed his postures.

*adj.* unwilling or unable to stay still or relax because you are worried and uneasy

78. The athlete fell to the ground in \_\_\_\_\_ after injuring their ankle.

*n.* extreme physical or mental pain or suffering, often prolonged or intense

79. Our company is looking to hire a bilingual \_\_\_\_\_ to serve our diverse clients better.

*n.* a person employed at a front desk or in a waiting area of an office, hotel, or other organization, whose job is to greet visitors, answer phones, and perform other general administrative tasks

ANSWERS: 72. entirely, 73. asleep, 74. facility, 75. goosebumps, 76. begged, 77. restless, 78. agony, 79. receptionist



80. I attempted to \_\_\_\_\_ him, but he ignored me.

- v.* to make someone aware of potential danger or difficulty, particularly one that may occur in the future

81. NATO's allied forces made a strategic \_\_\_\_\_.

- n.* the act of taking money out of an account; the act of ceasing to participate in an activity and moving or taking something away or back

82. He bated his \_\_\_\_\_ when talking about this affair.

- n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs

83. He couldn't \_\_\_\_\_ the actual value of the artwork.

- v.* to judge or find out the amount or number of something by using mathematics

84. His friend's death drove him to \_\_\_\_\_.

- n.* the feeling that there is no hope and you cannot do anything to improve a difficult situation

85. The project's \_\_\_\_\_ made it difficult for the team to complete it on time.

- n.* the state or quality of being complicated or intricate and difficult to understand

86. The incident attracted \_\_\_\_\_ media coverage throughout the world.

- adj.* covering a large area; having a wide range

87. They finally decided to solve the \_\_\_\_\_ problem.

- adj.* existing or continuing for a long time

88. The protesters became \_\_\_\_\_ when the police tried to disperse them.

- adj.* involving or caused by physical force or aggression against someone or something

ANSWERS: 80. warn, 81. withdrawal, 82. breath, 83. calculate, 84. despair, 85. complexity, 86. extensive, 87. long-lasting, 88. violent

89. She is still \_\_\_\_\_ from a shot to her shoulder.

*v.* to return to a former condition, health, mind, or strength

90. She's a \_\_\_\_\_ pet owner who ensures her dog gets enough exercise and a healthy diet.

*adj.* answerable or accountable for something within one's power, control, or management

91. The pond's \_\_\_\_\_ was around five feet.

*n.* the distance between the top and bottom of something; between the top surface and a distance below it

92. Underground rivers flow over a \_\_\_\_\_ layer that is impervious to water.

*n.* a room or a part of a building that is partly or entirely below ground level

93. To advance this discussion, we must \_\_\_\_\_ "success" rigorously.

*v.* to state or explain precisely the nature, scope, or meaning of something

94. \_\_\_\_\_ youth makes rueful age.

*adj.* marked by a lack of care about danger and the likely results of your actions

95. The systems we have developed has accepted as industry \_\_\_\_\_.

*n.* something that is regarded as usual, typical, or standard

96. The argument was \_\_\_\_\_ and the judge dismissed it.

*adj.* unable to be protected or justified from criticism

97. The economy becomes more volatile and less \_\_\_\_\_.

*adj.* capable of being known, seen or declared in advance

ANSWERS: 89. recovering, 90. responsible, 91. depth, 92. basement, 93. define, 94. Reckless, 95. norms, 96. indefensible, 97. predictable

98. The judge ruled that the defendant was \_\_\_\_\_ to stand trial.

*adj.* having the necessary ability, knowledge, or skill to do something successfully

99. She wiped the \_\_\_\_\_ off her forehead with a towel.

*n.* the salty liquid that is produced by the glands in the skin, especially when the body is hot or under stress

100. Can you \_\_\_\_\_ 123321 by eleven?

*v.* to separate or cause to separate into parts or groups

101. These gas nebulas are merely newborn galactic \_\_\_\_\_.

*n.* the most essential or fundamental part of something

102. Your \_\_\_\_\_ reflects your thoughts.

*n.* an informal talk between two or more people to exchange their views, ideas, information, etc.

103. \_\_\_\_\_ all the parties signed the contract.

*adv.* almost completely

104. The snake \_\_\_\_\_ and twisted as it tried to escape the trap.

*v.* to twist and turn the body or a part of it, as from pain or struggle

105. That statement by the prime minister drew \_\_\_\_\_ international criticism.

*adj.* (especially of a feeling) very strong; extremely sharp or severe

106. Despite his best efforts, he was unable to \_\_\_\_\_ the enemy.

*v.* to win against somebody in a fight, war, or attempt

ANSWERS: 98. competent, 99. sweat, 100. divide, 101. cores, 102. conversation, 103. Virtually, 104. writhed, 105. intense, 106. defeat

107. We cannot \_\_\_\_\_ an opportunity for great success.

- v.* to fail to notice something; to watch over someone; to provide a view from above

108. In \_\_\_\_\_ private corporations provide healthcare services.

- n.* the act or process of adding something to something else; the process of adding numbers

109. The company has made great strides in its \_\_\_\_\_ toward sustainability.

- n.* the act or process of changing to the next stage or phase or moving forward

110. The \_\_\_\_\_ for the cake is passed down from generation to generation in her family.

- n.* a set of instructions for preparing a dish, including the ingredients and the method of cooking

111. The pharmacist not only prescribes the \_\_\_\_\_ but also guides its proper use.

- n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease

112. The situation quickly \_\_\_\_\_ and turned violent.

- v.* to increase in intensity, size, or severity; to make something greater, worse, or more serious

113. The organization works to \_\_\_\_\_ drug addicts and help them rebuild their lives.

- v.* to restore to good health or physical condition; to help someone return to a normal life, especially after a period of illness, addiction, or imprisonment

ANSWERS: 107. overlook, 108. addition, 109. progression, 110. recipe, 111. medication, 112. escalated, 113. rehabilitate

114. The severe heat wave \_\_\_\_\_ railway tracks.

- v.* to bend out of shape, as under pressure or from heat; (noun) a device used for fastening two loose ends of a belt or strap

115. The engine \_\_\_\_\_ and caused the car to stall.

- v.* to fail to ignite or explode as intended

116. We have decided to extend our \_\_\_\_\_ contract until next year.

- n.* the act or process of keeping something, either artificial materials or living things, in good condition; the money needed for a person's or family's living expenses

117. How did he \_\_\_\_\_ to your idea?

- v.* to take action in response to something

118. The \_\_\_\_\_ clinic provides daily doses of the medication to patients in recovery.

- n.* a synthetic opioid drug used to treat addiction to other opioid drugs, such as heroin, as well as to manage pain in some cases

119. The rollercoaster ride left me with a feeling of \_\_\_\_\_.

- n.* a feeling of sickness or discomfort in the stomach that is often accompanied by an urge to vomit; a sensation of loathing or disgust

120. The cleaning lady comes on \_\_\_\_\_ Wednesdays.

- adj.* occurring or existing one after the other regularly

121. He made an \_\_\_\_\_ donation of \$1,000 to the charity.

- adj.* completely; completely and without reservation; without any attempt at concealment

ANSWERS: 114. buckled, 115. misfired, 116. maintenance, 117. react, 118. methadone, 119. nausea, 120. alternate, 121. outright

122. She was asked to \_\_\_\_\_ the construction project.

- v.* to watch over and direct someone or something, especially in a position of responsibility

123. I \_\_\_\_\_ for neglecting your email.

- v.* to express regret for committing wrongdoing or causing a problem

124. The content is \_\_\_\_\_ and informative for me.

- adj.* sharply exact or accurate or delimited

125. The revitalization of technology companies is \_\_\_\_\_ to the country's growth.

- adj.* extremely vital or necessary

126. She was diagnosed with a \_\_\_\_\_ buildup in her lungs.

- n.* a substance that can flow and is not solid

127. A suspension order from the court is effective \_\_\_\_\_.

- adv.* now or without delay

128. I underwent aversion \_\_\_\_\_ for my addiction to alcohol.

- n.* the act of caring for someone through medication, remedial training, etc.

129. The athlete visited the \_\_\_\_\_ surgeon to have her injured knee examined and treated.

- adj.* relating to the branch of medicine concerned with the correction or prevention of deformities, disorders, or injuries of the skeletal system and associated muscles, joints, and ligaments

130. I \_\_\_\_\_ all over after running a marathon yesterday.

- v.* to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a continuous dull pain

ANSWERS: 122. supervise, 123. apologize, 124. precise, 125. crucial, 126. fluid, 127. immediately, 128. therapy, 129. orthopedic, 130. ache

131. The following example \_\_\_\_\_ that the capacity of each battery is the same.

- v.* to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance

132. Treatment for \_\_\_\_\_ dependence may be a long-term process.

- n.* substances that have an effect similar to opium, such as morphine, used in medicines to treat severe pain, but some people take them illegally for pleasure and become addicted

133. She makes beautiful \_\_\_\_\_ in her studio and sells them at local markets.

- n.* objects made from materials such as clay that are hardened by heat, often to create functional or decorative items

134. After months of job searching, he felt \_\_\_\_\_ and unsure of his future.

- adj.* having no hope; despairing; having no chance of success

135. She is a \_\_\_\_\_ of traditional Chinese medicine.

- n.* a person who works in a profession or occupation, such as a doctor, lawyer, or teacher

136. These articles cite five \_\_\_\_\_ of climate change.

- n.* a particular example or single occurrence of something

137. The \_\_\_\_\_ end of the pencil allowed for precise drawing.

- adj.* gradually becoming narrower or thinner at one end; (noun) the practice of reducing the intensity and volume of training for a period of time before a race or competition; the reduction of monetary stimulus in an economy by a central bank

138. The Chinese word for \_\_\_\_\_ comprises two characters, one for danger and the other for opportunity.

- n.* a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken

ANSWERS: 131. assumes, 132. opioid, 133. ceramics, 134. hopeless, 135. practitioner, 136. instances, 137. tapering, 138. crisis

139. The \_\_\_\_\_ properties of this herb have been known to help with various ailments.  
*adj.* of or relating to the treatment or cure of disease
140. The issue falls within the \_\_\_\_\_ of the legal department.  
*n.* the range or scope of authority, responsibility, or influence of a particular person, group, or organization
141. The investigation \_\_\_\_\_ several government agencies and is expected to take several months.  
*v.* to include or affect someone or something as a necessary part of something else
142. He is a skilled \_\_\_\_\_ that has many years of training and experience.  
*n.* a doctor who is trained to perform medical operations that involve cutting open a person's body
143. Every human is responsible for taking care of the Earth's \_\_\_\_\_.  
*n.* the natural world such as air, water, and land in which humans, animals, and plants live
144. The coach was \_\_\_\_\_ with the players for their lack of effort during the game.  
*adj.* extremely angry; full of rage
145. She couldn't stop her leg from \_\_\_\_\_ nervously.  
*v.* to make a sudden and quick movement with a part of the body; (noun) a sudden, small, jerky movement of a muscle or part of the body
146. Federal bankruptcy laws \_\_\_\_\_ the reorganization process.  
*v.* (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something

ANSWERS: 139. medicinal, 140. purview, 141. involves, 142. surgeon, 143. environment, 144. furious, 145. twitching, 146. prescribed



147. The series of terrorist attacks \_\_\_\_\_ the entire nation.

*v.* to shock or disgust greatly

148. He \_\_\_\_\_ the phone number and waited for an answer.

*v.* to adjust or set the controls of a machine or device by turning a controller called dial; (noun) a disc on a telephone that is rotated a fixed distance for each number called

149. After a long hike, I had a huge \_\_\_\_\_ and devoured my meal in minutes.

*n.* a natural desire or craving for food or drink; a strong desire or liking for something

150. He tried to \_\_\_\_\_ his anger by taking deep breaths and counting to ten.

*v.* to lessen, reduce, or diminish in intensity or severity; to decline or wane in amount or strength over time

151. \_\_\_\_\_ symptoms might include a decrease in appetite and weight loss.

*n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market

152. They took the \_\_\_\_\_ step toward reconciliation.

*adj.* of or happening at the beginning; (noun) the first letter of a word, especially a person's name

153. The machine \_\_\_\_\_ the sheet of metal beyond repair.

*v.* to damage or alter something by twisting, crushing, or pressing it out of shape

154. X-rays revealed a small tumor in his \_\_\_\_\_.

*n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling

ANSWERS: 147. horrify, 148. dialed, 149. appetite, 150. abate, 151. Depression, 152. initial, 153. mangled, 154. brain

155. She studies gardening on a \_\_\_\_\_ basis.

*n.* a usual or habitual way of doing things; a set sequence of steps, part of a larger computer program

156. The flu caused a \_\_\_\_\_ amount of sweating and fever.

*adj.* abundant or plentiful in quantity or degree; excessive or extravagant; exhibiting a great amount of something

157. It's difficult to \_\_\_\_\_ an addict off drugs once they're hooked.

*v.* to gradually stop feeding a baby or young animal with its mother's milk and to start or accustom to eating other food

158. The mobile application industry is \_\_\_\_\_ changing.

*adv.* all the time

ANSWERS: 155. routine, 156. profuse, 157. wean, 158. constantly