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Vocabulary Builder Reference from...

Elizabeth Leane: The dangerous race for the South Pole | TED Talk

https://www.ted.com/talks/elizabeth_leane_the_dangerous_race_for_the_south_pole

All Words

IMPORTANT

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Session 1: Word List

arctic

adj. of or relating to the region around the North Pole or the Arctic Ocean; very cold

synonym: cold, frozen, polar

(1) **arctic** ice, (2) high **arctic**

Cold temperatures and long, dark winters characterize the **arctic** climate.

expedition

n. a journey or voyage for a specific purpose

synonym: journey, trip, voyage

(1) **expedition** team, (2) a polar **expedition**

The **expedition** to the Amazon jungle was both exciting and challenging.

crown

n. a circular ornamental headdress, worn as a symbol of authority by a king, usually made of gold and precious stones

synonym: tiara, headdress, royalty

(1) the imperial **crown**, (2) the **crown** and throne

The bishop bestowed the golden **crown** on the king.

hand-picked

adj. selected carefully or personally by a particular individual; chosen according to carefully defined criteria or standards

synonym : hand-select, hand-chosen, carefully chosen

(1) **hand-picked** candidate, (2) **hand-picked** grapes

These **hand-picked** berries from the farm taste much better than the ones from the grocery store.

crew

n. a group of people who work together, especially on a ship or airplane

synonym : team, group, squad

(1) the film **crew**, (2) the **crew** of a fishing boat

The ship's **crew** worked hard to repair the damaged sails before the next storm hit.

blessing

n. a gift or favor from a higher power or force; an act or expression of approval, encouragement, or gratitude; something that brings happiness or good fortune

synonym : favor, benediction, boon

(1) count your **blessings**, (2) bestowed **blessings**

Receiving support from his friends was a great **blessing** in his time of need.

fame

n. the condition of being well-known and discussed by a large number of people as a result of one's accomplishments, abilities, and so on

synonym : celebrity, renown, stardom

(1) leap into **fame**, (2) his undying **fame**

Good **fame** is better than a good face.

construct

v. to build or create something; to assemble or combine different parts to form something whole

synonym : build, assemble, create

(1) **construct** a 3D image, (2) **construct** a dam

He **constructs** hypotheses that no mathematician has ever imagined before.

withstand

v. to resist the effect or impact of something

synonym : endure, bear, resist

(1) **withstand** pressure, (2) **withstand** temptation
The new phone is waterproof and can **withstand** being dropped in water.

depart

v. to go away or leave, especially to start a journey
synonym: go away, leave, vacate

(1) arrive and **depart** on time, (2) **depart** from the faith
We **departed** before the temperature fell below zero.

announcement

n. a public statement or declaration, often made in writing or through the media, that conveys important information or news

synonym: declaration, notification, statement

(1) public **announcement**, (2) **announcement** date
The company made an **announcement** about its new product at a press conference.

mate

n. a person's partner in marriage or romantic relationship; an animal's sexual partner; a peer or friend; (of the game of chess) checkmate, which is the winning condition of the game

synonym: companion, partner, spouse

(1) smoking **mate**, (2) dog-loving **mate**

I need to find a **mate** for my female guinea pig so she doesn't get lonely.

opposition

n. the act of disagreeing or resisting; the state of strong disagreement

synonym: resistance, hostility, antagonism

(1) **opposition** campaign, (2) meet with **opposition**

The **opposition** party strongly disagreed with the government's proposed legislation.

globe

n. the earth or world, mainly used to emphasize its vastness

synonym: Earth, world, sphere

(1) terrestrial **globe**, (2) around the **globe**

His final goal is to sail around the **globe**.

locate

v. to specify or determine the exact position of someone or something

synonym: discover, find, place

(1) **locate** a missing pet, (2) **locate** a tumor

The robot can accurately **locate** construction material.

pole

n. one of two antipodal points where the Earth's axis of rotation intersects the Earth's surface; a long, slender, rounded rod, typically of wood or metal, used as a support or to hang something

synonym: rod, staff, shaft

(1) a fishing **pole**, (2) the plus **pole**

The North **Pole** is the northernmost point on Earth.

nestle

v. to settle comfortably or cozily into a place

synonym: snuggle, cuddle, curl up

(1) **nestle** deeper against him, (2) **nestle** in a cozy spot

The cat **nestled** in my lap and fell asleep.

discovery

n. the act or process of finding information, a place, or an object, or learning about something that was previously not known

synonym: finding, uncovering, detection

(1) a scientific **discovery**, (2) the great **discovery** of the century

Her research team made an important **discovery**.

icy

adj. covered with ice or frost; very cold; lacking warmth or friendliness

synonym: frosty, cold, glacial

(1) **icy** clouds, (2) cast **icy** eyes

The **icy** surface of the pond was not safe for skating.

continent

n. one of the earth's large landmasses; (adjective) abstaining from your feelings, especially your desire to

have sex

synonym: landmass, (adjective) chaste, (adjective) pure

(1) the inland of a **continent**, (2) **continent** urinary diversion
Flight across the **continent** was a daring adventure in its day.

vast

adj. enormous in size, number, amount, or quantity

synonym: expansive, extended, boundless

(1) **vast** majority, (2) **vast** desert

A **vast** audience viewed the broadcast.

veteran

n. a person who has had long experience in a particular area or activity

synonym: expert, pro, vet

(1) A 20-year **veteran** in the industry, (2) **veteran** teacher

The **veteran** soldiers have the role of teaching recruits the stringencies of training.

preparation

n. the activity of getting ready for something or making something ready

synonym: practice, trial, rehearsal

(1) a **preparation** program, (2) the **preparation** of meals

He helped me with the **preparation** of this book.

stake

n. a share or financial investment in something such as a business; a wooden or metal post set up to mark something

synonym: share, interest, post

(1) execution by burning at a **stake**, (2) buy the company's **stake**

The **stake** of the company is too high nowadays.

rival

n. a person, company, or thing competing with others for the same thing or in the same area

synonym: adversary, competitor, contender

(1) **rival** bidder, (2) merge with a **rival** company

He interfered with his **rivals** in various ways during the

campaign.

claim

v. to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true

synonym: assert, declare, maintain

(1) **claim** responsibility, (2) false **claim**

He wants to **claim** ownership of the abandoned property.

achievement

n. a thing that someone has accomplished, primarily through their effort and ability

synonym: accomplishment, attainment, triumph

(1) student **achievement**, (2) a remarkable **achievement**

This **achievement** has never been formally accepted.

abandon

v. to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensity

synonym: relinquish, leave behind, disregard

(1) **abandon** a friend, (2) **abandon** the practice

The castle was **abandoned** several years later.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

synonym: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

naval

adj. of or relating to ships, sailors, or the navy

synonym: marine, seafaring, maritime

(1) **naval** battles, (2) **naval** base

The **naval** officer was responsible for the safety and well-being of the crew on his ship.

terra

n. a Latin word meaning earth or land, often used in scientific or technical contexts to refer to the planet itself

or the soil or ground of a particular area

synonym : earth, land, ground

(1) **terra** cotta, (2) **terra** firma

Scientists study the **terra** of other planets to learn more about their formations and compositions.

nova

n. a star that suddenly becomes brighter, typically because of an explosion in its interior; a sudden increase or burst of activity or growth

synonym : supernova, exploding star, nova remnant

(1) **nova** explosion, (2) **nova** star

The astronomer spent months studying the **nova's** light spectrum to learn more about its properties.

greet

v. to say hello to someone; to express welcome on meeting someone

synonym : welcome, salute, acknowledge

(1) **greet** a customer, (2) **greet** an idea

He **greeted** his friends with a warm smile and a hug.

reluctantly

adv. in a way that you are unwilling to do something; with hesitation

synonym : unwillingly, hesitantly, grudgingly

(1) **reluctantly** approve the idea, (2) **reluctantly** leave

He **reluctantly** agreed to go to the party.

pit

n. a hole in the ground or a cavity in a surface; a place for storing or holding something; a section of a theater or sports arena where people can sit

synonym : hole, depression, indentation

(1) the bottomless **pit**, (2) the **pit** of the stomach

The **pit** of the avocado can be removed by gently wedging a spoon around it.

seal

v. to close or fasten an envelope, etc. securely; (noun) a large marine mammal that chiefly lives in cold regions and comes on shore to breed

synonym : enclose, shut, close

(1) **seal** a hole, (2) a fur **seal**

He **sealed** the letter with hot wax.

fur

n. the hairy coat of a mammal, especially when fine, soft, and thick

synonym : hair, coat, pelt

(1) an artificial **fur**, (2) **fur** coat

The **fur** of the animal was thick and soft to the touch.

venture

n. a business project or activity that is risky or daring

synonym : enterprise, undertaking, adventure

(1) **venture** capital, (2) a joint **venture**

The **venture** into the new market was risky, but it paid off.

complicated

adj. involving a lot of different things or parts in a way that is difficult to understand or analyze

synonym : complex, convoluted, intricate

(1) a **complicated** process, (2) become increasingly **complicated**

He did **complicated** pen-and-ink drawings in just a few days.

launch

v. to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time

synonym : start, initiate, begin

(1) **launch** a spaceship into orbit, (2) **launch** a big attack

The company is set to **launch** its new product line next month.

extensive

adj. covering a large area; having a wide range

synonym : ample, comprehensive, vast

(1) **extensive** experience, (2) have **extensive** vocabulary

The incident attracted **extensive** media coverage throughout the world.

pony

n. a small horse

synonym: cayuse

(1) **pony** engine, (2) a spotted **pony**

At this ranch, children can experience riding a **pony**.

state-of-the-art

adj. characterized by the use of the latest and most advanced technology or methods; cutting-edge

synonym: advanced, cutting-edge, innovative

(1) **state-of-the-art** technology, (2) **state-of-the-art** software

The hospital has **state-of-the-art** equipment and facilities to ensure the best healthcare for its patients.

motor

n. a device that converts electricity, fuel, etc. into movement and makes a machine, vehicle, etc. work

synonym: actuator, engine, machine

(1) a **motor** mechanic, (2) DC **motor** control

Energy-efficient **motors** are needed to maximize the cruising distance of electric vehicles.

sledge

n. a large, heavy vehicle with runners used on snow or ice to transport goods or people; a heavy hammer with a long handle used for shattering rock or concrete

synonym: sled, toboggan, maul

(1) **sledge** hockey, (2) **sledge** dog

The athlete pushed the heavy **sledge** as part of her training regime.

addition

n. the act or process of adding something to something else; the process of adding numbers

synonym: accumulation, expansion, addendum

(1) chemical **addition**, (2) **addition** of vectors

In **addition**, private corporations provide healthcare services.

weigh

v. to have a particular weight; to carefully evaluate things before making a conclusion

synonym: consider, cogitate, count

(1) **weigh** heavily on stock prices, (2) **weigh** a cargo
The baby **weighs** 1 pound 3 oz.

ineffective

adj. not producing any significant or intended effect or result
synonym: useless, feeble, fruitless

(1) an **ineffective** speech, (2) pull an **ineffective** player
These treatments were **ineffective** against a virus.

harsh

adj. severe and unkind; extremely tough and unpleasant to inhabit

synonym: brutal, severe, backbreaking

(1) **harsh** climate, (2) use of **harsh** chemicals
The prime minister faced **harsh** criticism.

polar

adj. relating to, or close to, the North or South Pole; characterized by complete opposites

synonym: opposing, contrary, contrasting

(1) **polar** bears, (2) **polar** regions

Polar animals are graceful and efficient swimmers.

glacier

n. a slowly moving mass of ice formed from snow on mountains or near the North Pole or the South Pole

synonym: iceberg, ice floe

(1) **glacier** retreat, (2) **glaciers** move tardily

The **glaciers** of the ice age have shaped Fjord.

attempt

n. an act or effort of trying to do something, especially something difficult

synonym: endeavor, effort, try

(1) the **attempt** to rescue the hostages, (2) a reckless **attempt**

The third **attempt** was far more successful.

laborious

adj. requiring a lot of effort and time to complete; characterized by tedious or difficult work

synonym: arduous, difficult, strenuous

(1) **laborious** routine, (2) **laborious** project

The construction workers had a **laborious** job of carrying heavy equipment up several flights of stairs.

initial

adj. of or happening at the beginning; (noun) the first letter of a word, especially a person's name

synonym: basic, primary, beginning

(1) **initial** velocity, (2) an **initial** letter

They took the **initial** step toward reconciliation.

uncharted

adj. not mapped or surveyed; unknown or unexplored; without a clear or definite course of action

synonym: unknown, unexplored, undiscovered

(1) **uncharted** wilderness, (2) **uncharted** waters

The explorer ventured into **uncharted** territory, not knowing what to expect.

desolate

adj. deserted, barren, or lonely; causing a feeling of sadness or hopelessness

synonym: barren, stark, uninhabited

(1) a **desolate** scene, (2) **desolate** moon

The deserted island was **desolate** and uninhabited.

destination

n. the place to which someone or something is going or being sent; the ultimate purpose or goal of a journey or action

synonym: location, endpoint, target

(1) travel **destination**, (2) romantic **destinations**

I am excited to reach my **destination** and explore the new city finally.

ambiguity

n. the quality of being open to more than one interpretation; the uncertainty of meaning

synonym: uncertainty, vagueness, obscurity

(1) free from **ambiguity**, (2) avoid **ambiguity** in writing

The **ambiguity** in the instructions made it difficult for her to

complete the task.

surround

v. to be all around something or somebody

synonym: encircle, encompass, envelop

(1) **surround** a town, (2) a stone wall **surrounds** the palace
On three sides, mountains **surround** the settlement.

traverse

v. to cross or move through a land or water area

synonym: cross, pass through, travel over

(1) **traverse** the region, (2) **traverse** a vast extent of sea
Approximately 1000 automobiles **traverse** the bridge every day.

grid

n. a pattern of regularly spaced horizontal and vertical lines; a system of high tension cables by which electrical power is distributed throughout a region

synonym: gridiron, battery grid, power system

(1) a **grid** design, (2) a wire **grid**

Grid pattern roads often appear in urban areas.

succumb

v. to fail to oppose something, such as desire, pressure, or some other opposing force; to die or suffer badly from the effect of a disease or injury

synonym: surrender, break down, die

(1) **succumb** to cancer, (2) **succumb** to old age

He finally **succumbed** to temptation.

frostbite

n. a medical condition that occurs when the skin and underlying tissue freeze due to exposure to extremely cold temperatures, resulting in damage or loss of tissue and, in severe cases, amputation

synonym: cryopathy, chilblains, ice burn

(1) **frostbite** symptoms, (2) **frostbite** on the hand

The athlete had to quit the race due to severe **frostbite** on his feet.

starvation

n. a severe lack of food that leads to malnutrition and, ultimately, death

synonym: hunger, malnutrition, emaciation

(1) die of **starvation**, (2) **starvation** wages

The drought led to widespread **starvation** in the region.

exhaustion

n. the state of being extremely tired and lacking energy or strength

synonym: fatigue, weariness, tiredness

(1) **exhaustion** of energy, (2) emotional **exhaustion**

The long work hours were taking a toll on her mental **exhaustion**.

arrange

v. to plan, prepare for, and carry out something

synonym: set up, order, organize

(1) **arrange** the meeting, (2) the list was **arranged** alphabetically

I need to **arrange** plans with him for the celebration.

rendezvous

n. a meeting or appointment that has been arranged beforehand; a gathering of people in a pre-arranged location

synonym: meeting, appointment, encounter

(1) romantic **rendezvous**, (2) business **rendezvous**

Our **rendezvous** point was the coffee shop on the corner.

mishap

n. an unfortunate or unlucky accident or incident, often resulting in injury or damage

synonym: accident, misfortune, incident

(1) avoidable **mishap**, (2) unfortunate **mishap**

The small **mishap** caused a delay in the construction schedule.

judgment

n. the ability to form valuable opinions and make reasonable decisions

synonym: conclusion, decision, determination

(1) an emotional **judgment**, (2) deliver a **judgment**

Her **judgments** are consistently rational and sensible.

communicate

v. to share or exchange information with others by speaking, writing, moving your body, or using other signals

synonym: convey, share, transmit

(1) **communicate** his anxieties to the psychiatrist,

(2) **communicate** well with my advisor

Dolphins use sound to **communicate** with each other.

rescue

v. to save someone or something from a dangerous or difficult situation

synonym: save, extricate, retrieve

(1) **rescue** a dying dog, (2) **rescue** a company from bankruptcy

The fire department arrived just in time to **rescue** the family from the burning building.

divergent

adj. different or becoming different from another or a standard; tending to move apart in different directions

synonym: differing, disparate, atypical

(1) follow a **divergent** path, (2) wildly **divergent** results

The prime minister had to reconcile **divergent** opinions on controversial issues like abortion.

Session 2: Spelling

- | | |
|------------------------------------|---|
| 1. an emotional ju_____nt | <i>n.</i> the ability to form valuable opinions and make reasonable decisions |
| 2. a joint ve_____e | <i>n.</i> a business project or activity that is risky or daring |
| 3. co_____nt urinary diversion | <i>n.</i> one of the earth's large landmasses; (adjective) abstaining from your feelings, especially your desire to have sex |
| 4. rel_____ly leave | <i>adv.</i> in a way that you are unwilling to do something; with hesitation |
| 5. ex_____ve experience | <i>adj.</i> covering a large area; having a wide range |
| 6. we__h a cargo | <i>v.</i> to have a particular weight; to carefully evaluate things before making a conclusion |
| 7. a fishing p__e | <i>n.</i> one of two antipodal points where the Earth's axis of rotation intersects the Earth's surface; a long, slender, rounded rod, typically of wood or metal, used as a support or to hang something |
| 8. ad_____on of vectors | <i>n.</i> the act or process of adding something to something else; the process of adding numbers |
| 9. com_____te well with my advisor | <i>v.</i> to share or exchange information with others by speaking, writing, moving your body, or using other signals |

ANSWERS: 1. judgment, 2. venture, 3. continent, 4. reluctantly, 5. extensive, 6. weigh, 7. pole, 8. addition, 9. communicate

- | | |
|----------------------------|---|
| 10. use of ha__h chemicals | <i>adj.</i> severe and unkind; extremely tough and unpleasant to inhabit |
| 11. n__a explosion | <i>n.</i> a star that suddenly becomes brighter, typically because of an explosion in its interior; a sudden increase or burst of activity or growth |
| 12. na__l battles | <i>adj.</i> of or relating to ships, sailors, or the navy |
| 13. co_____ct a 3D image | <i>v.</i> to build or create something; to assemble or combine different parts to form something whole |
| 14. chemical ad_____on | <i>n.</i> the act or process of adding something to something else; the process of adding numbers |
| 15. an ine_____ve speech | <i>adj.</i> not producing any significant or intended effect or result |
| 16. p__y engine | <i>n.</i> a small horse |
| 17. a g__d design | <i>n.</i> a pattern of regularly spaced horizontal and vertical lines; a system of high tension cables by which electrical power is distributed throughout a region |
| 18. the cr__n and throne | <i>n.</i> a circular ornamental headdress, worn as a symbol of authority by a king, usually made of gold and precious stones |
| 19. a reckless at_____t | <i>n.</i> an act or effort of trying to do something, especially something difficult |
| 20. business ren_____us | <i>n.</i> a meeting or appointment that has been arranged beforehand; a gathering of people in a pre-arranged location |

ANSWERS: 10. harsh, 11. nova, 12. naval, 13. construct, 14. addition, 15. ineffective, 16. pony, 17. grid, 18. crown, 19. attempt, 20. rendezvous

21. a remarkable ach_____nt *n.* a thing that someone has accomplished, primarily through their effort and ability
22. ab_____n a friend *v.* to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensity
23. unfortunate mi____p *n.* an unfortunate or unlucky accident or incident, often resulting in injury or damage
24. the at_____t to rescue the hostages *n.* an act or effort of trying to do something, especially something difficult
25. deliver a ju_____nt *n.* the ability to form valuable opinions and make reasonable decisions
26. re____e a dying dog *v.* to save someone or something from a dangerous or difficult situation
27. rel_____ly approve the idea *adv.* in a way that you are unwilling to do something; with hesitation
28. bestowed bl_____ngs *n.* a gift or favor from a higher power or force; an act or expression of approval, encouragement, or gratitude; something that brings happiness or good fortune
29. ne____e deeper against him *v.* to settle comfortably or cozily into a place
30. a wire g__d *n.* a pattern of regularly spaced horizontal and vertical lines; a system of high tension cables by which electrical power is distributed throughout a region
31. re____e a company from bankruptcy *v.* to save someone or something from a dangerous or difficult situation

ANSWERS: 21. achievement, 22. abandon, 23. mishap, 24. attempt, 25. judgment, 26. rescue, 27. reluctantly, 28. blessing, 29. nestle, 30. grid, 31. rescue

32. ar___c ice *adj.* of or relating to the region around the North Pole or the Arctic Ocean; very cold
33. a de_____te scene *adj.* deserted, barren, or lonely; causing a feeling of sadness or hopelessness
34. have ex_____ve vocabulary *adj.* covering a large area; having a wide range
35. die of sta_____on *n.* a severe lack of food that leads to malnutrition and, ultimately, death
36. a stone wall su_____nds the palace *v.* to be all around something or somebody
37. gl_____r retreat *n.* a slowly moving mass of ice formed from snow on mountains or near the North Pole or the South Pole
38. tr_____se the region *v.* to cross or move through a land or water area
39. dog-loving m___e *n.* a person's partner in marriage or romantic relationship; an animal's sexual partner; a peer or friend; (of the game of chess) checkmate, which is the winning condition of the game
40. ne___e in a cozy spot *v.* to settle comfortably or cozily into a place
41. a fur s___l *v.* to close or fasten an envelope, etc. securely; (noun) a large marine mammal that chiefly lives in cold regions and comes on shore to breed
42. follow a di_____nt path *adj.* different or becoming different from another or a standard; tending to move apart in different directions

ANSWERS: 32. arctic, 33. desolate, 34. extensive, 35. starvation, 36. surround, 37. glacier, 38. traverse, 39. mate, 40. nestle, 41. seal, 42. divergent

43. the pre_____on of meals *n.* the activity of getting ready for something or making something ready
44. com_____te his anxieties to the psychiatrist *v.* to share or exchange information with others by speaking, writing, moving your body, or using other signals
45. a scientific di_____ry *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known
46. cl__m responsibility *v.* to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true
47. un_____ed waters *adj.* not mapped or surveyed; unknown or unexplored; without a clear or definite course of action
48. we__h heavily on stock prices *v.* to have a particular weight; to carefully evaluate things before making a conclusion
49. la___h a big attack *v.* to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time
50. po__r bears *adj.* relating to, or close to, the North or South Pole; characterized by complete opposites
51. de___t from the faith *v.* to go away or leave, especially to start a journey

ANSWERS: 43. preparation, 44. communicate, 45. discovery, 46. claim, 47. uncharted, 48. weigh, 49. launch, 50. polar, 51. depart

52. a mo__r mechanic *n.* a device that converts electricity, fuel, etc. into movement and makes a machine, vehicle, etc. work
53. a spotted p__y *n.* a small horse
54. merge with a ri__l company *n.* a person, company, or thing competing with others for the same thing or in the same area
55. ab_____n the practice *v.* to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensity
56. DC mo__r control *n.* a device that converts electricity, fuel, etc. into movement and makes a machine, vehicle, etc. work
57. the great di_____ry of the century *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known
58. exh_____on of energy *n.* the state of being extremely tired and lacking energy or strength
59. a com_____ed process *adj.* involving a lot of different things or parts in a way that is difficult to understand or analyze
60. i_y clouds *adj.* covered with ice or frost; very cold; lacking warmth or friendliness
61. a polar exp_____on *n.* a journey or voyage for a specific purpose
62. sta_____art software *adj.* characterized by the use of the latest and most advanced technology or methods; cutting-edge

ANSWERS: 52. motor, 53. pony, 54. rival, 55. abandon, 56. motor, 57. discovery, 58. exhaustion, 59. complicated, 60. icy, 61. expedition, 62. state-of-the-art

63. su_____b to cancer *v.* to fail to oppose something, such as desire, pressure, or some other opposing force; to die or suffer badly from the effect of a disease or injury
64. false cl__m *v.* to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true
65. fr_____te on the hand *n.* a medical condition that occurs when the skin and underlying tissue freeze due to exposure to extremely cold temperatures, resulting in damage or loss of tissue and, in severe cases, amputation
66. un_____ed wilderness *adj.* not mapped or surveyed; unknown or unexplored; without a clear or definite course of action
67. the film c__w *n.* a group of people who work together, especially on a ship or airplane
68. lo___e a tumor *v.* to specify or determine the exact position of someone or something
69. gr__t a customer *v.* to say hello to someone; to express welcome on meeting someone
70. around the gl__e *n.* the earth or world, mainly used to emphasize its vastness
71. s__l a hole *v.* to close or fasten an envelope, etc. securely; (noun) a large marine mammal that chiefly lives in cold regions and comes on shore to breed

ANSWERS: 63. succumb, 64. claim, 65. frostbite, 66. uncharted, 67. crew, 68. locate, 69. greet, 70. globe, 71. seal

72. na__l base *adj.* of or relating to ships, sailors, or the navy
73. v__t desert *adj.* enormous in size, number, amount, or quantity
74. fr_____te symptoms *n.* a medical condition that occurs when the skin and underlying tissue freeze due to exposure to extremely cold temperatures, resulting in damage or loss of tissue and, in severe cases, amputation
75. romantic ren_____us *n.* a meeting or appointment that has been arranged beforehand; a gathering of people in a pre-arranged location
76. the plus p__e *n.* one of two antipodal points where the Earth's axis of rotation intersects the Earth's surface; a long, slender, rounded rod, typically of wood or metal, used as a support or to hang something
77. co_____ct a dam *v.* to build or create something; to assemble or combine different parts to form something whole
78. po__r regions *adj.* relating to, or close to, the North or South Pole; characterized by complete opposites
79. free from am_____ty *n.* the quality of being open to more than one interpretation; the uncertainty of meaning
80. ve_____n teacher *n.* a person who has had long experience in a particular area or activity

ANSWERS: 72. naval, 73. vast, 74. frostbite, 75. rendezvous, 76. pole, 77. construct, 78. polar, 79. ambiguity, 80. veteran

81. terrestrial gl__e *n.* the earth or world, mainly used to emphasize its vastness
82. de____te moon *adj.* deserted, barren, or lonely; causing a feeling of sadness or hopelessness
83. ann____ent date *n.* a public statement or declaration, often made in writing or through the media, that conveys important information or news
84. an artificial f_r *n.* the hairy coat of a mammal, especially when fine, soft, and thick
85. an in____l letter *adj.* of or happening at the beginning; (noun) the first letter of a word, especially a person's name
86. buy the company's st__e *n.* a share or financial investment in something such as a business; a wooden or metal post set up to mark something
87. la____h a spaceship into orbit *v.* to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time
88. student ach____nt *n.* a thing that someone has accomplished, primarily through their effort and ability
89. la____us project *adj.* requiring a lot of effort and time to complete; characterized by tedious or difficult work
90. su____nd a town *v.* to be all around something or somebody

ANSWERS: 81. globe, 82. desolate, 83. announcement, 84. fur, 85. initial, 86. stake, 87. launch, 88. achievement, 89. laborious, 90. surround

91. high ar___c *adj.* of or relating to the region around the North Pole or the Arctic Ocean; very cold
92. te__a firma *n.* a Latin word meaning earth or land, often used in scientific or technical contexts to refer to the planet itself or the soil or ground of a particular area
93. exp_____on team *n.* a journey or voyage for a specific purpose
94. sl___e dog *n.* a large, heavy vehicle with runners used on snow or ice to transport goods or people; a heavy hammer with a long handle used for shattering rock or concrete
95. f_r coat *n.* the hairy coat of a mammal, especially when fine, soft, and thick
96. lo___e a missing pet *v.* to specify or determine the exact position of someone or something
97. ha__h climate *adj.* severe and unkind; extremely tough and unpleasant to inhabit
98. tr_____se a vast extent of sea *v.* to cross or move through a land or water area
99. pull an ine_____ve player *adj.* not producing any significant or intended effect or result
100. wildly di_____nt results *adj.* different or becoming different from another or a standard; tending to move apart in different directions
101. meet with opp_____on *n.* the act of disagreeing or resisting; the state of strong disagreement

ANSWERS: 91. arctic, 92. terra, 93. expedition, 94. sledge, 95. fur, 96. locate, 97. harsh, 98. traverse, 99. ineffective, 100. divergent, 101. opposition

112. leap into f__e *n.* the condition of being well-known and discussed by a large number of people as a result of one's accomplishments, abilities, and so on
113. wi_____nd temptation *v.* to resist the effect or impact of something
114. smoking m__e *n.* a person's partner in marriage or romantic relationship; an animal's sexual partner; a peer or friend; (of the game of chess) checkmate, which is the winning condition of the game
115. v__t majority *adj.* enormous in size, number, amount, or quantity
116. su_____b to old age *v.* to fail to oppose something, such as desire, pressure, or some other opposing force; to die or suffer badly from the effect of a disease or injury
117. his undying f__e *n.* the condition of being well-known and discussed by a large number of people as a result of one's accomplishments, abilities, and so on
118. execution by burning at a st__e *n.* a share or financial investment in something such as a business; a wooden or metal post set up to mark something
119. the c__w of a fishing boat *n.* a group of people who work together, especially on a ship or airplane
120. gl_____rs move tardily *n.* a slowly moving mass of ice formed from snow on mountains or near the North Pole or the South Pole

ANSWERS: 112. fame, 113. withstand, 114. mate, 115. vast, 116. succumb, 117. fame, 118. stake, 119. crew, 120. glacier

121. public ann_____ent *n.* a public statement or declaration, often made in writing or through the media, that conveys important information or news
122. ve_____e capital *n.* a business project or activity that is risky or daring
123. te__a cotta *n.* a Latin word meaning earth or land, often used in scientific or technical contexts to refer to the planet itself or the soil or ground of a particular area
124. romantic des_____ons *n.* the place to which someone or something is going or being sent; the ultimate purpose or goal of a journey or action
125. sta_____on wages *n.* a severe lack of food that leads to malnutrition and, ultimately, death
126. han_____ed candidate *adj.* selected carefully or personally by a particular individual; chosen according to carefully defined criteria or standards
127. arrive and de___t on time *v.* to go away or leave, especially to start a journey
128. emotional exh_____on *n.* the state of being extremely tired and lacking energy or strength
129. opp_____on campaign *n.* the act of disagreeing or resisting; the state of strong disagreement
130. avoid am_____ty in writing *n.* the quality of being open to more than one interpretation; the uncertainty of meaning
131. n__a star *n.* a star that suddenly becomes brighter, typically because of an explosion in its interior; a sudden increase or burst of activity or growth

ANSWERS: 121. announcement, 122. venture, 123. terra, 124. destination, 125. starvation, 126. hand-picked, 127. depart, 128. exhaustion, 129. opposition, 130. ambiguity, 131. nova

132. become increasingly com_____ed *adj.* involving a lot of different things or parts in a way that is difficult to understand or analyze
133. wi_____nd pressure *v.* to resist the effect or impact of something
134. A 20-year ve_____n in the industry *n.* a person who has had long experience in a particular area or activity
135. ri__l bidder *n.* a person, company, or thing competing with others for the same thing or in the same area
136. sta_____art technology *adj.* characterized by the use of the latest and most advanced technology or methods; cutting-edge
137. the inland of a co_____nt *n.* one of the earth's large landmasses; (adjective) abstaining from your feelings, especially your desire to have sex
138. la_____us routine *adj.* requiring a lot of effort and time to complete; characterized by tedious or difficult work
139. in_____l velocity *adj.* of or happening at the beginning; (noun) the first letter of a word, especially a person's name
140. sl___e hockey *n.* a large, heavy vehicle with runners used on snow or ice to transport goods or people; a heavy hammer with a long handle used for shattering rock or concrete
141. count your bl_____ngs *n.* a gift or favor from a higher power or force; an act or expression of approval, encouragement, or gratitude; something that brings happiness or good fortune

ANSWERS: 132. complicated, 133. withstand, 134. veteran, 135. rival, 136. state-of-the-art, 137. continent, 138. laborious, 139. initial, 140. sledge, 141. blessing

142. ar____e the meeting *v.* to plan, prepare for, and carry out something
143. avoidable mi____p *n.* an unfortunate or unlucky accident or incident, often resulting in injury or damage
144. de____e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options

ANSWERS: 142. arrange, 143. mishap, 144. decide

Session 3: Fill in the Blanks

1. He finally _____ to temptation.
 - v.* to fail to oppose something, such as desire, pressure, or some other opposing force; to die or suffer badly from the effect of a disease or injury

2. Her _____ are consistently rational and sensible.
 - n.* the ability to form valuable opinions and make reasonable decisions

3. The athlete had to quit the race due to severe _____ on his feet.
 - n.* a medical condition that occurs when the skin and underlying tissue freeze due to exposure to extremely cold temperatures, resulting in damage or loss of tissue and, in severe cases, amputation

4. The bishop bestowed the golden _____ on the king.
 - n.* a circular ornamental headdress, worn as a symbol of authority by a king, usually made of gold and precious stones

5. In _____ private corporations provide healthcare services.
 - n.* the act or process of adding something to something else; the process of adding numbers

6. The cat _____ in my lap and fell asleep.
 - v.* to settle comfortably or cozily into a place

7. The _____ officer was responsible for the safety and well-being of the crew on his ship.
 - adj.* of or relating to ships, sailors, or the navy

ANSWERS: 1. succumbed, 2. judgments, 3. frostbite, 4. crown, 5. addition, 6. nestled, 7. naval

8. I need to find a _____ for my female guinea pig so she doesn't get lonely.
- n.* a person's partner in marriage or romantic relationship; an animal's sexual partner; a peer or friend; (of the game of chess) checkmate, which is the winning condition of the game
9. _____ pattern roads often appear in urban areas.
- n.* a pattern of regularly spaced horizontal and vertical lines; a system of high tension cables by which electrical power is distributed throughout a region
10. The deserted island was _____ and uninhabited.
- adj.* deserted, barren, or lonely; causing a feeling of sadness or hopelessness
11. The _____ of the ice age have shaped Fjord.
- n.* a slowly moving mass of ice formed from snow on mountains or near the North Pole or the South Pole
12. The construction workers had a _____ job of carrying heavy equipment up several flights of stairs.
- adj.* requiring a lot of effort and time to complete; characterized by tedious or difficult work
13. He did _____ pen-and-ink drawings in just a few days.
- adj.* involving a lot of different things or parts in a way that is difficult to understand or analyze
14. The athlete pushed the heavy _____ as part of her training regime.
- n.* a large, heavy vehicle with runners used on snow or ice to transport goods or people; a heavy hammer with a long handle used for shattering rock or concrete

ANSWERS: 8. mate, 9. Grid, 10. desolate, 11. glaciers, 12. laborious, 13. complicated, 14. sledge

15. He _____ the letter with hot wax.

- v.* to close or fasten an envelope, etc. securely; (noun) a large marine mammal that chiefly lives in cold regions and comes on shore to breed

16. The fire department arrived just in time to _____ the family from the burning building.

- v.* to save someone or something from a dangerous or difficult situation

17. The company is set to _____ its new product line next month.

- v.* to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time

18. The _____ party strongly disagreed with the government's proposed legislation.

- n.* the act of disagreeing or resisting; the state of strong disagreement

19. Our _____ point was the coffee shop on the corner.

- n.* a meeting or appointment that has been arranged beforehand; a gathering of people in a pre-arranged location

20. They took the _____ step toward reconciliation.

- adj.* of or happening at the beginning; (noun) the first letter of a word, especially a person's name

21. The company made an _____ about its new product at a press conference.

- n.* a public statement or declaration, often made in writing or through the media, that conveys important information or news

ANSWERS: 15. sealed, 16. rescue, 17. launch, 18. opposition, 19. rendezvous, 20. initial, 21. announcement

22. _____ animals are graceful and efficient swimmers.

adj. relating to, or close to, the North or South Pole; characterized by complete opposites

23. The explorer ventured into _____ territory, not knowing what to expect.

adj. not mapped or surveyed; unknown or unexplored; without a clear or definite course of action

24. The ship's _____ worked hard to repair the damaged sails before the next storm hit.

n. a group of people who work together, especially on a ship or airplane

25. He interfered with his _____ in various ways during the campaign.

n. a person, company, or thing competing with others for the same thing or in the same area

26. The _____ into the new market was risky, but it paid off.

n. a business project or activity that is risky or daring

27. The _____ of the avocado can be removed by gently wedging a spoon around it.

n. a hole in the ground or a cavity in a surface; a place for storing or holding something; a section of a theater or sports arena where people can sit

28. A _____ audience viewed the broadcast.

adj. enormous in size, number, amount, or quantity

29. The long work hours were taking a toll on her mental _____.

n. the state of being extremely tired and lacking energy or strength

ANSWERS: 22. Polar, 23. uncharted, 24. crew, 25. rivals, 26. venture, 27. pit, 28. vast, 29. exhaustion

30. The ____ of the animal was thick and soft to the touch.

n. the hairy coat of a mammal, especially when fine, soft, and thick

31. He wants to _____ ownership of the abandoned property.

v. to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true

32. He _____ agreed to go to the party.

adv. in a way that you are unwilling to do something; with hesitation

33. His final goal is to sail around the _____.

n. the earth or world, mainly used to emphasize its vastness

34. The _____ in the instructions made it difficult for her to complete the task.

n. the quality of being open to more than one interpretation; the uncertainty of meaning

35. The prime minister faced _____ criticism.

adj. severe and unkind; extremely tough and unpleasant to inhabit

36. The third _____ was far more successful.

n. an act or effort of trying to do something, especially something difficult

37. He _____ hypotheses that no mathematician has ever imagined before.

v. to build or create something; to assemble or combine different parts to form something whole

38. I need to _____ plans with him for the celebration.

v. to plan, prepare for, and carry out something

ANSWERS: 30. fur, 31. claim, 32. reluctantly, 33. globe, 34. ambiguity, 35. harsh, 36. attempt, 37. constructs, 38. arrange

39. I am excited to reach my _____ and explore the new city finally.
n. the place to which someone or something is going or being sent; the ultimate purpose or goal of a journey or action
40. On three sides, mountains _____ the settlement.
v. to be all around something or somebody
41. Scientists study the _____ of other planets to learn more about their formations and compositions.
n. a Latin word meaning earth or land, often used in scientific or technical contexts to refer to the planet itself or the soil or ground of a particular area
42. The North _____ is the northernmost point on Earth.
n. one of two antipodal points where the Earth's axis of rotation intersects the Earth's surface; a long, slender, rounded rod, typically of wood or metal, used as a support or to hang something
43. Cold temperatures and long, dark winters characterize the _____ climate.
adj. of or relating to the region around the North Pole or the Arctic Ocean; very cold
44. The _____ surface of the pond was not safe for skating.
adj. covered with ice or frost; very cold; lacking warmth or friendliness
45. The prime minister had to reconcile _____ opinions on controversial issues like abortion.
adj. different or becoming different from another or a standard; tending to move apart in different directions
46. The incident attracted _____ media coverage throughout the world.
adj. covering a large area; having a wide range

ANSWERS: 39. destination, 40. surround, 41. terra, 42. Pole, 43. arctic, 44. icy, 45. divergent, 46. extensive

47. The castle was _____ several years later.
- v. to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensity
48. The robot can accurately _____ construction material.
- v. to specify or determine the exact position of someone or something
49. Her research team made an important _____.
- n. the act or process of finding information, a place, or an object, or learning about something that was previously not known
50. These treatments were _____ against a virus.
- adj. not producing any significant or intended effect or result
51. Dolphins use sound to _____ with each other.
- v. to share or exchange information with others by speaking, writing, moving your body, or using other signals
52. We _____ before the temperature fell below zero.
- v. to go away or leave, especially to start a journey
53. The _____ of the company is too high nowadays.
- n. a share or financial investment in something such as a business; a wooden or metal post set up to mark something
54. Approximately 1000 automobiles _____ the bridge every day.
- v. to cross or move through a land or water area
55. Flight across the _____ was a daring adventure in its day.
- n. one of the earth's large landmasses; (adjective) abstaining from your feelings, especially your desire to have sex

ANSWERS: 47. abandoned, 48. locate, 49. discovery, 50. ineffective, 51. communicate, 52. departed, 53. stake, 54. traverse, 55. continent

56. The _____ soldiers have the role of teaching recruits the stringencies of training.
- n.* a person who has had long experience in a particular area or activity
57. Receiving support from his friends was a great _____ in his time of need.
- n.* a gift or favor from a higher power or force; an act or expression of approval, encouragement, or gratitude; something that brings happiness or good fortune
58. The new phone is waterproof and can _____ being dropped in water.
- v.* to resist the effect or impact of something
59. At this ranch, children can experience riding a _____.
- n.* a small horse
60. The _____ to the Amazon jungle was both exciting and challenging.
- n.* a journey or voyage for a specific purpose
61. The astronomer spent months studying the _____ light spectrum to learn more about its properties.
- n.* a star that suddenly becomes brighter, typically because of an explosion in its interior; a sudden increase or burst of activity or growth
62. The baby _____ 1 pound 3 oz.
- v.* to have a particular weight; to carefully evaluate things before making a conclusion
63. These _____ berries from the farm taste much better than the ones from the grocery store.
- adj.* selected carefully or personally by a particular individual; chosen according to carefully defined criteria or standards

ANSWERS: 56. veteran, 57. blessing, 58. withstand, 59. pony, 60. expedition, 61. nova's, 62. weighs, 63. hand-picked

64. The small _____ caused a delay in the construction schedule.
n. an unfortunate or unlucky accident or incident, often resulting in injury or damage
65. This _____ has never been formally accepted.
n. a thing that someone has accomplished, primarily through their effort and ability
66. The hospital has _____ equipment and facilities to ensure the best healthcare for its patients.
adj. characterized by the use of the latest and most advanced technology or methods; cutting-edge
67. Good _____ is better than a good face.
n. the condition of being well-known and discussed by a large number of people as a result of one's accomplishments, abilities, and so on
68. He helped me with the _____ of this book.
n. the activity of getting ready for something or making something ready
69. The drought led to widespread _____ in the region.
n. a severe lack of food that leads to malnutrition and, ultimately, death
70. He _____ his friends with a warm smile and a hug.
v. to say hello to someone; to express welcome on meeting someone
71. Energy-efficient _____ are needed to maximize the cruising distance of electric vehicles.
n. a device that converts electricity, fuel, etc. into movement and makes a machine, vehicle, etc. work

ANSWERS: 64. mishap, 65. achievement, 66. state-of-the-art, 67. fame, 68. preparation, 69. starvation, 70. greeted, 71. motors

72. She couldn't _____ whether to order the pizza or the pasta for dinner.

- v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

ANSWERS: 72. decide