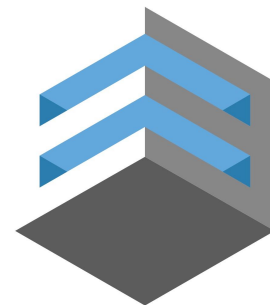


Englist.me



Vocabulary Builder Reference from...

Sahar Zand: Why Iranians are cutting their hair for "Woman, Life, Freedom" | TED Talk

https://www.ted.com/talks/sahar_zand_why_iranians_are_cutting_their_hair_for_woman_life_freedom

All Words

IMPORTANT

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Session 1: Word List

actress

n. a female actor, particularly in the theater or movies
synonym : performer, player, star

(1) an **actress** of real quality, (2) a well-known **actress**

The acclaimed **actress** received an Oscar for her outstanding performance in the film.

logic

n. a way of thinking or reasoning conducted or evaluated by strict validity principles; the study of correct reasoning or good arguments

synonym : reasoning, reason, ratiocination

(1) an indisputable **logic**, (2) a demonstration in **logic**

There's no **logic** in his description.

suffocate

v. to die or cause someone to die from lack of air or inability to breathe; to be overwhelmed or constricted by a feeling or situation, such as anxiety or oppression

synonym : choke, smother, stifle

(1) **suffocate** to death, (2) **suffocate** fire

People can **suffocate** from a lack of oxygen in confined spaces.

restriction

n. a limitation or constraint placed on something, or the act of limiting or constraining something

synonym : limitation, constraint, control

(1) nutritional **restriction**, (2) **restriction** on trade

The **restriction** on travel during the pandemic made it difficult for people to see their loved ones.

paddle

n. a flat, usually wooden implement with a handle used for stirring, mixing, or beating a liquid or substance

synonym : oar, oarlock, scull

(1) **paddle** strokes, (2) canoe **paddle**

The **paddle** boarders glided across the crystal-clear waters of the cove.

castle

n. a large building, typically of the medieval period, fortified against attack with thick walls, battlements, towers, and often a moat

synonym : fortress, palace, citadel

(1) the ruins of a **castle**, (2) **castle** moat

The medieval **castle** was surrounded by a moat and had high walls for protection.

gorgeous

adj. wonderful and attractive

synonym : beautiful, stunning, attractive

(1) a **gorgeous** meal, (2) **gorgeous** sunset

She wore a **gorgeous** dress to the party, which everyone admired.

rewrite

v. to write something such as a book or speech again in a different way, usually to improve it or add new information

synonym : revise, edit, rework

(1) **rewrite** a composition, (2) **rewrite** a world record

I need to **rewrite** most of the essay with feedback from my teacher.

republic

n. a state or country in which the people and their elected representatives hold supreme power and which has an elected or nominated president rather than a monarch

synonym : democracy, federation, commonwealth

(1) **republic** democracy, (2) the **republic** of art

The United States is a federal presidential constitutional **republic**.

womanhood

n. the state or condition of being an adult female; a term used to describe the social and cultural aspects of being a woman

synonym : femininity, womanliness, womanly nature

(1) **womanhood** experience, (2) embrace **womanhood**

The celebration of **womanhood** is often disregarded in male-dominated industries.

restrictive

adj. limiting or confining in nature; imposing limits or restrictions on something or someone

synonym : limiting, inhibiting, confining

(1) **restrictive** policy, (2) **restrictive** diet

The dress code at the office is very **restrictive** and doesn't allow any casual clothing.

symbol

n. something visible that is used to represent something else

synonym : mark, character, insignia

(1) **symbol** color, (2) **symbol** for happiness

The dragon is considered a **symbol** of bravery.

mandatory

adj. required by a rule or law, compulsory

synonym : compulsory, obligatory, required

(1) a **mandatory** clause, (2) **mandatory** training

Attendance at the meeting is **mandatory** for all employees.

hijab

n. a headscarf traditionally worn by Muslim women to cover their hair and neck

synonym : veil, headscarf, cover

(1) woman's **hijab**, (2) **hijab** garment

Many Muslim women wear a **hijab** as a symbol of their

religious beliefs.

sorrow

n. a feeling of deep sadness, grief, or regret, especially for something lost or ending

synonym: grief, heartache, melancholy

(1) deep **sorrow**, (2) **sorrow** for sin

The death of her best friend filled her with **sorrow**.

swimsuit

n. a piece of clothing worn for swimming

synonym: bathing suit, swimwear, bathers

(1) **swimsuit** model, (2) **swimsuit** designer

She wore a bright red **swimsuit** for the beach trip.

illegal

adj. not allowed by law

synonym: banned, prohibited, illicit

(1) **illegal** drugs, (2) child of **illegal** immigrants

The customs agents seized the **illegal** shipment.

trousers

n. a pair of leg coverings that extends from the waist to the ankles covering each leg separately, often referred to as pants

synonym: pants, slacks, jeans

(1) work **trousers**, (2) denim **trousers**

He wore black **trousers** and a white shirt to the job interview.

sleeve

n. a part of a garment that covers all or part of an arm

synonym: arm covering, armband

(1) a wide **sleeve**, (2) **sleeve** length

He rolled up his **sleeves** to get ready to work.

loose

adj. not securely fixed or fastened in place or able to be detached or separated from something

synonym: relaxed, unconsolidated, open

(1) a **loose** tongue, (2) remove **loose** hair

The inspector discovered **loose** bolts under the fuel rods.

mantle

n. a layer of rock between the surface and the core of a planet or moon; a loose sleeveless cloak or shawl; the responsibilities of an important position or job that passes from one person to another

synonym: crust, cloak, cover

(1) **mantle** of power, (2) **mantle** of the presidency

The **mantle** layer on Mars is much thinner than on Earth.

headscarf

n. a piece of cloth worn on the head, often for religious or cultural reasons

synonym: hijab, shawl, veil

(1) traditional **headscarf**, (2) **headscarf** cloth

Some women choose to wear a **headscarf** as a symbol of their cultural identity and religious beliefs.

lump

n. a small, irregularly shaped mass or piece, typically of a soft substance such as coal, flour, or dough

synonym: mass, clump, ball

(1) **lump** in the throat, (2) single **lump** sum

There is a small **lump** on my neck, and I'm concerned about it.

itch

v. to have an uncomfortable feeling on the skin that makes you want to scratch it

synonym: scratch, tingle, irritate

(1) **itch** constantly, (2) **itch** to speak

I can't stop **itching** my arm because of the mosquito bite.

weird

adj. extraordinary, unexpected, or difficult to explain

synonym: bizarre, creepy, peculiar

(1) a **weird** dress, (2) the state of being **weird**

My computer has been acting **weird** recently.

morality

n. principles of right and evil or good and bad behavior

synonym: decency, rectitude, righteousness

(1) business **morality**, (2) sense of **morality**

She found fault with the **morality** of politicians.

forbid

v. to order somebody not to do something, especially officially; to keep something from happening or arising

synonym: prohibit, ban, outlaw

(1) **forbid** smoking in public areas, (2) **forbid** the use of chemical weapons

God **forbid** you should regret your marriage.

arouse

v. to awaken strong feelings or emotions in someone; to excite or inspire a physical or emotional response

synonym: excite, stimulate, stir

(1) **arouse** desire, (2) **arouse** suspicion

The rousing speech by the politician **aroused** the audience to action.

tide

n. the cyclical rise and fall of sea level caused by the moon's gravitational pull

synonym: ripple, surge, swell

(1) **tide** cycle, (2) ride the **tide** of change

Red **tide** is often harmful to the local ecosystem.

gasp

v. to inhale sharply and audibly, often in response to strong emotion or sensation; to catch one's breath suddenly, often due to shock or surprise

synonym: breathe, pant, heave

(1) **gasp** for air, (2) **gasp** in shock

The audience **gasped** when the magician made the rabbit disappear from the hat.

drown

v. to die or cause to die by being unable to breathe underwater

synonym: douse, drench, overwhelm

(1) **drown** in a bath, (2) I was **drowned** in work

Floods have the potential to **drown** any subsurface animals easily.

- roar** v. to make a loud, deep sound, like a lion or a car engine
synonym : bellow, yell, shout
(1) **roar** with laughter, (2) **roar** for more
The lion **roared** loudly, signaling its dominance over the other animals.
- engine** n. a machine that converts thermal energy to mechanical work; something that has an important role used to achieve a purpose
synonym : motor, locomotive, driver
(1) a steam **engine**, (2) an air-cooled **engine**
The policies he announces can be the **engine** of economic growth in the country.
- patrol** n. the act of guarding an area or conducting surveillance of an area to maintain order, perform security functions, or prevent crime; a group of officers or soldiers that conducts such an operation
synonym : guard, watch, surveillance
(1) **patrol** car, (2) border **patrol**
The highway **patrol** officer pulled over the speeding vehicle on the freeway.
- hopeless** adj. having no hope; despairing; having no chance of success
synonym : despairing, helpless, futile
(1) **hopeless** situation, (2) **hopeless** at everything
After months of job searching, he felt **hopeless** and unsure of his future.
- creep** v. to move slowly, quietly, and carefully, usually to avoid being seen or heard
synonym : crawl, glide, encroach
(1) **creep** along the leaf, (2) **creep** toward the mouse
Aging **creeps** up slowly with time.

shiver

v. to shake or quiver with cold, fear, or excitement; to tremble or vibrate rapidly

synonym : quiver, tremble, shake

(1) **shiver** with delight, (2) **shiver** in fear

I **shiver** in the cold winter air as I wait for the train.

spot

n. a particular location or place; a small round or roundish area, differing in color or feels from the surface around it

synonym : dot, mark, place

(1) beauty **spot**, (2) a **spot** on his honor

This remote **spot** is rarely visited.

struggle

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

synonym : toil, strive, compete

(1) **struggle** against discrimination, (2) **struggle** to get the job

He could not **struggle** against temptation.

beloved

adj. loved very much

synonym : adored, cherished, dear

(1) **beloved** author, (2) **beloved** by many people

I am here to save my **beloved**.

oppress

v. to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people

synonym : antagonize, distress, burden

(1) **oppress** the minority, (2) **oppress** the people with force
Historically, many countries have often **oppressed** certain religions to gain the support of the majority of the population.

injustice

n. a violation of the rights of others or the laws of a society

synonym : unfairness, bias, discrimination

(1) gross **injustice**, (2) **injustice** system

The **injustice** of the court's decision angered many people and led to protests.

inequality

n. the unfairness of a society in which some people have more opportunity, money, etc. than others; (mathematics) relation between two values when they are different

synonym: imbalance, prejudice, unfairness

(1) **inequality** in salary, (2) algebraic **inequality**

There are several causes of economic **inequality** within societies.

sham

n. something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

synonym: bogus, counterfeit, fraudulent

(1) a **sham** battle, (2) turn out to be all **sham**

The data he prepared was completely **sham**.

ever-present

adj. always existing or noticeable; constant, ubiquitous, or pervasive

synonym: omnipresent, ubiquitous, pervasive

(1) **ever-present** danger, (2) **ever-present** need

The problem of pollution is **ever-present** in our daily lives.

divorce

n. the legal dissolution of a marriage

synonym: separation, dissolution, breakup

(1) **divorce** settlement, (2) a consensual **divorce**

The couple decided to get a **divorce** after many years of marriage.

custody

n. the state of being physically responsible for something or someone, especially a child; a state of being confined, usually for a short time

synonym: guardianship, care, detention

(1) take a person into **custody**, (2) **custody** arrangement

After a lengthy court battle, the child's **custody** was granted

to the father.

harassment

n. the act of repeatedly annoying, tormenting, or persecuting someone in a way that is threatening or unwelcome, often relating to issues of race, gender, or other identities

synonym: bullying, persecution, intimidation

(1) sexual **harassment**, (2) emotional **harassment**

The company has a zero-tolerance policy for **harassment** in the workplace.

domestic

adj. relating to or inside a particular country, not foreign or international

synonym: endemic, private, household

(1) **domestic** airline, (2) a **domestic** animal

GDP stands for gross **domestic** product.

violent

adj. involving or caused by physical force or aggression against someone or something

synonym: aggressive, intense, turbulent

(1) victim of a **violent** crime, (2) **violent** incident

The protesters became **violent** when the police tried to disperse them.

adrift

adj. without purpose or direction; floating with no clear destination or goal; lacking a stable or secure position or status

synonym: afloat, aimless, unanchored

(1) **adrift** boat, (2) **adrift** at sea

After their boat engine failed, they were left **adrift** in the middle of the ocean.

vast

adj. enormous in size, number, amount, or quantity

synonym: expansive, extended, boundless

(1) **vast** majority, (2) **vast** desert

A **vast** audience viewed the broadcast.

smuggle

v. to import or export something or someone without paying appropriate customs duties, often illegally

(1) **smuggle** drugs, (2) **smuggle** herself out of a country

He was able to **smuggle** a gun inside the prison.

refugee

n. a displaced person who has crossed national borders and who cannot or is unwilling to return home due to political, religious, or economic reasons or because of a war

synonym : emigrant, evacuee, exile

(1) global **refugee** crisis, (2) the **refugee** camp

The community warmly welcomed the **refugees**.

rough

adj. not quite exact or correct; having or caused by an irregular surface

synonym : inelegant, coarse, barbarian

(1) **rough** and tough, (2) **rough** estimation

The vehicle bounced along the **rough** mountain road.

dodge

v. to move quickly and suddenly to avoid something; to evade or sidestep

synonym : evade, sidestep, avoid

(1) **dodge** a blow, (2) **dodge** a question

She had to **dodge** the oncoming traffic to cross the busy street safely.

metro

n. a mass transit system in an urban area, such as a subway or light rail system; (short for "metropolitan") a large city, either a capital or a major urban area, often characterized by densely populated areas with significant economic, cultural, and political importance

synonym : subway, underground, tube

(1) **metro** station, (2) **metro** area

I prefer taking the **metro** to drive in heavy traffic.

bustle

v. to move or act energetically and noisily; (noun) a rapid active commotion

synonym :

hurry, rush, flurry

(1) **bustle** around a kitchen, (2) hustle- **bustle** lifestyle

The city **bustled** with activity as people rushed to work.

quo *n.* the existing state or condition of something, especially in relation to a particular situation or issue

synonym: status, condition, state

(1) status **quo** politician, (2) **quo** warranto

The company has been successful in maintaining the status **quo**.

arrest *v.* to take into custody

synonym: capture, detain, imprison

(1) **arrest** the thief, (2) **arrest** the progress

A police officer has the authority to **arrest** a criminal.

deem *v.* to consider or decide something in a particular way

synonym: believe, consider, suppose

(1) **deem** socially responsible, (2) **deem** wrong or inappropriate

Regarding earthquakes, some commercial buildings were **deemed** unsafe.

brave *adj.* showing courage or fearlessness in the face of danger, difficulty, or adversity

synonym: courageous, valiant, heroic

(1) **brave** soldier, (2) **brave** decision

The **brave** firefighter rescued the family from the burning building.

journalist *n.* a person who collects and writes news stories or articles for newspapers, magazines, radio, television, or other online media

synonym: reporter, newsperson, press

(1) a China-based **journalist**, (2) **journalist** on a magazine
Foreign TV crews and **journalists** can go as they please in

various locations during the Olympics.

regime

n. the organization, a system, or method that is the governing authority of a political unit

synonym: administration, establishment, government

(1) a puppet **regime**, (2) exercise **regime**

Totalitarian **regimes** are less likely to innovate because they deprive individuals of economic incentives.

relentless

adj. persistent and determined; continuing despite difficulties or setbacks

synonym: unyielding, tireless, unremitting

(1) **relentless** attack, (2) face **relentless** pressure

The athlete's **relentless** training paid off in the end.

propaganda

n. information, ideas, or claims spread to influence public opinion or promote a particular cause or ideology

synonym: disinformation, misinformation, publicity

(1) **propaganda** campaign, (2) self-serving **propaganda**

The government used **propaganda** pictures to spread its message of national unity.

unjust

adj. not fair or equitable; lacking in justice or impartiality; morally unacceptable or wrong

synonym: unfair, inequitable

(1) **unjust** verdict, (2) **unjust** accusation

The ruling was considered **unjust** by many people in the community.

ignite

v. to set on fire; to cause to start burning

synonym: light, set fire to, ignite

(1) **ignite** a boom, (2) **ignite** passion

He **ignited** the fireworks with a single spark.

movement

n. a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or

figuratively

synonym : motion, progression, action

(1) a circular **movement**, (2) **movement** of troops

The **movement** of the dancers on stage was graceful and elegant.

protest

n. a strong expression of disagreement, disapproval, or opposition

synonym : objection, disapproval, challenge

(1) hold a **protest**, (2) a silent **protest**

He left the party in **protest** at its radical political stance.

daring

adj. brave and taking risks

synonym : audacious, bold, venturesome

(1) **daring** escape, (2) make a **daring** face

Her choices become increasingly **daring** and creative.

defy

v. to challenge or dare someone to do something; to resist or disobey a rule, decision, etc.

synonym : challenge, resist, disobey

(1) **defy** gravity, (2) **defy** authority

She tried to **defy** her parents by moving to the city against their wishes.

strict

adj. strongly limiting someone's freedom; allowing no deviation from a standard, rule, belief, etc.

synonym : rigorous, inflexible, relentless

(1) **strict** compliance regime, (2) in **strict** secrecy

Too **strict** a regulation for the private sector will stifle innovation.

dignity

n. the quality of being worthy of esteem or respect; high office or rank or station

synonym : grace, elegance, nobility

(1) respect for human **dignity**, (2) retain everyone's **dignity**

The failure destroyed his trust and personal **dignity**.

bonfire

n. an outdoor fire, typically on a beach or in a park, used for warmth or for burning rubbish

synonym : campfire, fire, pyre

(1) **bonfire** party, (2) victory **bonfire**

We gathered around the **bonfire**, roasting marshmallows and telling stories.

chant

n. a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation

synonym : hymn, mantra, (verb) recite

(1) **chant** melodies, (2) **chant** in the chapel

The soccer game crowd broke into a **chant** of "Go, team, go!"

furious

adj. extremely angry; full of rage

synonym : angry, rageful, livid

(1) **furious** anger, (2) a **furious** sea

The coach was **furious** with the players for their lack of effort during the game.

democracy

n. a form of government in which the people have the authority to deliberate and decide legislation, or to choose governing officials to do so

synonym : self-government, republic, commonwealth

(1) **democracy** advocate, (2) principles of **democracy**

Democracy often entails inclusive capitalism as well.

supreme

adj. highest in rank, level, or importance

synonym : foremost, highest, greatest

(1) the **supreme** commander, (2) justice of the **supreme** court

The **supreme** pleasure of life is the conviction that we are loved.

spiritual

adj. relating to or affecting the human spirit or soul as opposed to material or physical things

synonym : otherworldly, ethereal, transcendental

(1) constant **spiritual** striving, (2) **spiritual** leader

The meditation class was focused on finding inner peace and cultivating a more **spiritual** connection with the universe.

government

n. the group of people with authority to control a country or state

synonym: administration, regime, state

(1) **government** bureaucracy, (2) **government** funding

The federal **government** is planning to increase taxes for the next fiscal year.

hop

v. to jump lightly and quickly on one foot or both feet; to move rapidly from one place to another; to travel using an aircraft, bus, etc.

synonym: jump, bounce, skip

(1) **hop** on one foot, (2) **hop** from one place to another

The rabbit **hopped** over the fence.

crackdown

n. a severe or forceful attempt to suppress or control something, such as illegal or disruptive behavior

synonym: clampdown, sweep, repression

(1) a citywide **crackdown**, (2) strict **crackdown**

The government announced a **crackdown** on illegal activities in the city.

brutal

adj. harsh or cruel

synonym: harsh, cruel, barbarous

(1) **brutal** bully, (2) **brutal** honesty

The **brutal** attack left the victim with serious injuries.

psychology

n. the scientific study of mind and behavior

(1) **psychology** experiment, (2) **psychology** of crowd

She had a master's degree in **psychology**.

torture

n. the act of causing intense pain or suffering to someone to punish them, extract information from them, or for some other reason

synonym : torment, abuse, mistreatment

(1) a **torture** chamber, (2) an instrument of **torture**

The use of **torture** is strictly prohibited under international law.

hasty

adj. done or acting with excessive speed or urgency and without sufficient thought or consideration

synonym : rushed, impulsive, prompt

(1) a **hasty** temper, (2) **hasty** commitment

The **hasty** conclusion drawn by the researchers resulted in flawed study findings.

confession

n. a formal statement in which one admits that they have done something wrong or illegal

synonym : admission, avowal, acknowledgment

(1) a **confession** of guilt, (2) a **confession** of faith

The prisoner made a full **confession** and admitted to his crime.

execution

n. the act or process of carrying out a plan, order, or course of action; the act or process of carrying out the death penalty

synonym : carrying out, implementation, completion

(1) compulsory **execution**, (2) **execution** by injection

The **execution** of the plan was flawless, resulting in a record-breaking profit for the company.

authoritarian

adj. characterized by strict, absolute control and obedience to authority or rules; dictatorial and lacking in personal freedoms or individual rights

synonym : dictatorial, totalitarian, despotic

(1) **authoritarian** practice, (2) **authoritarian** government

The **authoritarian** leadership style left no room for dissent or alternative opinions.

desperate

adj. feeling or showing a lack of hope and a willingness to do anything because of the problematic situation

synonym : anguish, frantic, hopeless

(1) her **desperate** screams, (2) **desperate** attempt

He was **desperate** when he lost all his money by gambling.

resign

v. to give up a position or job voluntarily; to accept something unpleasant or undesirable as inevitable

synonym : quit, relinquish, retire

(1) **resign** all hopes, (2) **resign** to fate

After a long battle with her health, the teacher had no choice but to **resign** from her position.

emerge

v. to move out of or away from something and become visible

synonym : arise, occur, appear

(1) **emerge** as a butterfly, (2) **emerge** from poverty

During colonial eras, new migratory patterns **emerged**.

depth

n. the distance between the top and bottom of something; between the top surface and a distance below it

synonym : deepness, profoundness, extent

(1) **depth** camera, (2) the **depth** of the water

The pond's **depth** was around five feet.

defiant

adj. showing bold resistance or disobedience to authority, rules, or norms

synonym : rebellious, disobedient, insubordinate

(1) a **defiant** attitude, (2) **defiant** eye

The **defiant** student refused to follow the teacher's instructions and continued to talk during class.

sustain

v. to supply enough of what somebody or something needs to survive or exist; to accept as valid

synonym : maintain, nurture, support

(1) **sustain** a good relationship with him, (2) **sustain** a wellness lifestyle

She struggled to **sustain** the children's reading habits.

shackle

n. a metal ring, bar, or other device used to confine, restrain, or limit freedom of movement; a restraint or impediment of any kind

synonym : chains, fetters, handcuffs

(1) **shackle** chains, (2) metal **shackle**

The prisoner wore heavy **shackles** on his wrists and ankles.

solidarity

n. unity or agreement of feelings or actions among a group, especially among individuals with a common interest

synonym : unity, cooperation, mutual support

(1) **solidarity** among union members, (2) **solidarity** action

The workers showed **solidarity** in their strike for better working conditions.

applause

n. a demonstration of approval or praise by clapping the hands together

synonym : clapping, cheering, acclaim

(1) round of **applause**, (2) earn **applause**

The **applause** burst from the audience.

intertwine

v. to twist together or become twisted together

synonym : interweave, interlace, entwine

(1) **intertwine** thread, (2) **intertwine** story

The vines **intertwine** to form a thick canopy overhead.

religion

n. a deep conviction in a supernatural power that controls human destiny

synonym : faith, creed, belief

(1) **religion** sociology, (2) freedom of **religion**

Their **religion** strictly prohibits them from drinking or gambling.

reclaim

v. to take back something previously lost, given, or paid, or ask to have it back

synonym : recoup, regain, retake

(1) **reclaim** a competitive position, (2) **reclaim** land from the sea

You may be entitled to **reclaim** some tax.

liberate

v. to set free; to release or rescue from captivity or oppression

synonym: emancipate, release, set free

(1) **liberate** people from oppression, (2) **liberate** potential

The prisoners were **liberated** after the war ended.

terrify

v. to frighten someone very much

synonym: unnerve, scare, horrify

(1) **terrify** people, (2) the threats **terrify** him

It would be best not to **terrify** your associates into doing complex tasks.

engage

v. to attract and keep someone's attention and interest; to participate in or obtain services of something

synonym: confront, employ, amuse

(1) **engage** in environmental protection activities,

(2) **engage** a new employee

Many multinational companies are **engaged** in the reconstruction of that country.

shore

n. the land along the edge of a sea, lake, broad river, or other large body of water; (verb) to support by placing against something solid or rigid

synonym: coast, seaside, beach

(1) a sandy **shore**, (2) **shore** up demand

The waves are beating against the **shore**.

Session 2: Spelling

- | | |
|-----------------------------------|---|
| 1. ch__t melodies | <i>n.</i> a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation |
| 2. re____m a competitive position | <i>v.</i> to take back something previously lost, given, or paid, or ask to have it back |
| 3. a China-based jou____st | <i>n.</i> a person who collects and writes news stories or articles for newspapers, magazines, radio, television, or other online media |
| 4. sy___l color | <i>n.</i> something visible that is used to represent something else |
| 5. metal sh____e | <i>n.</i> a metal ring, bar, or other device used to confine, restrain, or limit freedom of movement; a restraint or impediment of any kind |
| 6. hi__b garment | <i>n.</i> a headscarf traditionally worn by Muslim women to cover their hair and neck |
| 7. sexual har____nt | <i>n.</i> the act of repeatedly annoying, tormenting, or persecuting someone in a way that is threatening or unwelcome, often relating to issues of race, gender, or other identities |
| 8. a silent pr____t | <i>n.</i> a strong expression of disagreement, disapproval, or opposition |
| 9. fo___d smoking in public areas | <i>v.</i> to order somebody not to do something, especially officially; to keep something from happening or arising |

ANSWERS: 1. chant, 2. reclaim, 3. journalist, 4. symbol, 5. shackle, 6. hijab, 7. harassment, 8. protest, 9. forbid

- | | |
|-----------------------------|--|
| 10. strict cr_____wn | <i>n.</i> a severe or forceful attempt to suppress or control something, such as illegal or disruptive behavior |
| 11. res_____on on trade | <i>n.</i> a limitation or constraint placed on something, or the act of limiting or constraining something |
| 12. pa___e strokes | <i>n.</i> a flat, usually wooden implement with a handle used for stirring, mixing, or beating a liquid or substance |
| 13. ch__t in the chapel | <i>n.</i> a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation |
| 14. a sandy sh___e | <i>n.</i> the land along the edge of a sea, lake, broad river, or other large body of water; (verb) to support by placing against something solid or rigid |
| 15. a con_____on of faith | <i>n.</i> a formal statement in which one admits that they have done something wrong or illegal |
| 16. da___g escape | <i>adj.</i> brave and taking risks |
| 17. br___l honesty | <i>adj.</i> harsh or cruel |
| 18. ar___t the thief | <i>v.</i> to take into custody |
| 19. bu___e around a kitchen | <i>v.</i> to move or act energetically and noisily; (noun) a rapid active commotion |
| 20. ine_____ty in salary | <i>n.</i> the unfairness of a society in which some people have more opportunity, money, etc. than others; (mathematics) relation between two values when they are different |

ANSWERS: 10. crackdown, 11. restriction, 12. paddle, 13. chant, 14. shore, 15. confession, 16. daring, 17. brutal, 18. arrest, 19. bustle, 20. inequality

21. i__h constantly *v.* to have an uncomfortable feeling on the skin that makes you want to scratch it
22. mo_____nt of troops *n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
23. su_____n a wellness lifestyle *v.* to supply enough of what somebody or something needs to survive or exist; to accept as valid
24. remove lo__e hair *adj.* not securely fixed or fastened in place or able to be detached or separated from something
25. sh_____e chains *n.* a metal ring, bar, or other device used to confine, restrain, or limit freedom of movement; a restraint or impediment of any kind
26. i__h to speak *v.* to have an uncomfortable feeling on the skin that makes you want to scratch it
27. ca_____e moat *n.* a large building, typically of the medieval period, fortified against attack with thick walls, battlements, towers, and often a moat
28. em___e as a butterfly *v.* to move out of or away from something and become visible
29. su_____n a good relationship with him *v.* to supply enough of what somebody or something needs to survive or exist; to accept as valid
30. earn ap_____se *n.* a demonstration of approval or praise by clapping the hands together

ANSWERS: 21. itch, 22. movement, 23. sustain, 24. loose, 25. shackle, 26. itch, 27. castle, 28. emerge, 29. sustain, 30. applause

31. me__o area *n.* a mass transit system in an urban area, such as a subway or light rail system; (short for "metropolitan") a large city, either a capital or a major urban area, often characterized by densely populated areas with significant economic, cultural, and political importance
32. an ac____s of real quality *n.* a female actor, particularly in the theater or movies
33. sw____it designer *n.* a piece of clothing worn for swimming
34. he____rf cloth *n.* a piece of cloth worn on the head, often for religious or cultural reasons
35. ro__h estimation *adj.* not quite exact or correct; having or caused by an irregular surface
36. compulsory ex____on *n.* the act or process of carrying out a plan, order, or course of action; the act or process of carrying out the death penalty
37. sh__e up demand *n.* the land along the edge of a sea, lake, broad river, or other large body of water; (verb) to support by placing against something solid or rigid
38. ma___e of the presidency *n.* a layer of rock between the surface and the core of a planet or moon; a loose sleeveless cloak or shawl; the responsibilities of an important position or job that passes from one person to another

ANSWERS: 31. metro, 32. actress, 33. swimsuit, 34. headscarf, 35. rough, 36. execution, 37. shore, 38. mantle

39. face rel_____ss pressure *adj.* persistent and determined; continuing despite difficulties or setbacks
40. ig___e a boom *v.* to set on fire; to cause to start burning
41. gov_____nt funding *n.* the group of people with authority to control a country or state
42. nutritional res_____on *n.* a limitation or constraint placed on something, or the act of limiting or constraining something
43. a ha__y temper *adj.* done or acting with excessive speed or urgency and without sufficient thought or consideration
44. t__e cycle *n.* the cyclical rise and fall of sea level caused by the moon's gravitational pull
45. traditional he_____rf *n.* a piece of cloth worn on the head, often for religious or cultural reasons
46. a steam en___e *n.* a machine that converts thermal energy to mechanical work; something that has an important role used to achieve a purpose
47. pro_____da campaign *n.* information, ideas, or claims spread to influence public opinion or promote a particular cause or ideology
48. ha__y commitment *adj.* done or acting with excessive speed or urgency and without sufficient thought or consideration
49. sm_____e drugs *v.* to import or export something or someone without paying appropriate customs duties, often illegally

ANSWERS: 39. relentless, 40. ignite, 41. government, 42. restriction, 43. hasty, 44. tide, 45. headscarf, 46. engine, 47. propaganda, 48. hasty, 49. smuggle

50. status q_o politician *n.* the existing state or condition of something, especially in relation to a particular situation or issue
51. a lo__e tongue *adj.* not securely fixed or fastened in place or able to be detached or separated from something
52. cr__p toward the mouse *v.* to move slowly, quietly, and carefully, usually to avoid being seen or heard
53. a de____t attitude *adj.* showing bold resistance or disobedience to authority, rules, or norms
54. sl___e length *n.* a part of a garment that covers all or part of an arm
55. q_o warranto *n.* the existing state or condition of something, especially in relation to a particular situation or issue
56. a to____e chamber *n.* the act of causing intense pain or suffering to someone to punish them, extract information from them, or for some other reason
57. en___e in environmental protection activities *v.* to attract and keep someone's attention and interest; to participate in or obtain services of something
58. I was dr__ned in work *v.* to die or cause to die by being unable to breathe underwater
59. me__o station *n.* a mass transit system in an urban area, such as a subway or light rail system; (short for "metropolitan") a large city, either a capital or a major urban area, often characterized by densely populated areas with significant economic, cultural, and political importance

ANSWERS: 50. quo, 51. loose, 52. creep, 53. defiant, 54. sleeve, 55. quo, 56. torture, 57. engage, 58. drown, 59. metro

60. un___t verdict *adj.* not fair or equitable; lacking in justice or impartiality; morally unacceptable or wrong
61. justice of the su_____e court *adj.* highest in rank, level, or importance
62. il_____l drugs *adj.* not allowed by law
63. op_____s the people with force *v.* to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people
64. de_____t eye *adj.* showing bold resistance or disobedience to authority, rules, or norms
65. ride the t__e of change *n.* the cyclical rise and fall of sea level caused by the moon's gravitational pull
66. st_____le against discrimination *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
67. psy_____gy experiment *n.* the scientific study of mind and behavior
68. in st____t secrecy *adj.* strongly limiting someone's freedom; allowing no deviation from a standard, rule, belief, etc.
69. hold a pr_____t *n.* a strong expression of disagreement, disapproval, or opposition
70. psy_____gy of crowd *n.* the scientific study of mind and behavior
71. a circular mo_____nt *n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

ANSWERS: 60. unjust, 61. supreme, 62. illegal, 63. oppress, 64. defiant, 65. tide, 66. struggle, 67. psychology, 68. strict, 69. protest, 70. psychology, 71. movement

72. st___t compliance regime *adj.* strongly limiting someone's freedom; allowing no deviation from a standard, rule, belief, etc.
73. wo_____od experience *n.* the state or condition of being an adult female; a term used to describe the social and cultural aspects of being a woman
74. business mo_____ty *n.* principles of right and evil or good and bad behavior
75. be_____d author *adj.* loved very much
76. self-serving pro_____da *n.* information, ideas, or claims spread to influence public opinion or promote a particular cause or ideology
77. a consensual di_____e *n.* the legal dissolution of a marriage
78. res_____ve policy *adj.* limiting or confining in nature; imposing limits or restrictions on something or someone
79. vi_____t incident *adj.* involving or caused by physical force or aggression against someone or something
80. cr__p along the leaf *v.* to move slowly, quietly, and carefully, usually to avoid being seen or heard
81. br__e soldier *adj.* showing courage or fearlessness in the face of danger, difficulty, or adversity
82. a fu_____s sea *adj.* extremely angry; full of rage
83. the su_____e commander *adj.* highest in rank, level, or importance
84. ig___e passion *v.* to set on fire; to cause to start burning

ANSWERS: 72. strict, 73. womanhood, 74. morality, 75. beloved, 76. propaganda, 77. divorce, 78. restrictive, 79. violent, 80. creep, 81. brave, 82. furious, 83. supreme, 84. ignite

85. re_____e a composition *v.* to write something such as a book or speech again in a different way, usually to improve it or add new information
86. aut_____ian practice *adj.* characterized by strict, absolute control and obedience to authority or rules; dictatorial and lacking in personal freedoms or individual rights
87. l__p in the throat *n.* a small, irregularly shaped mass or piece, typically of a soft substance such as coal, flour, or dough
88. a well-known ac_____s *n.* a female actor, particularly in the theater or movies
89. hustle-bu___e lifestyle *v.* to move or act energetically and noisily; (noun) a rapid active commotion
90. denim tr_____rs *n.* a pair of leg coverings that extends from the waist to the ankles covering each leg separately, often referred to as pants
91. border pa___l *n.* the act of guarding an area or conducting surveillance of an area to maintain order, perform security functions, or prevent crime; a group of officers or soldiers that conducts such an operation
92. sm_____e herself out of a country *v.* to import or export something or someone without paying appropriate customs duties, often illegally
93. take a person into cu_____y *n.* the state of being physically responsible for something or someone, especially a child; a state of being confined, usually for a short time

ANSWERS: 85. rewrite, 86. authoritarian, 87. lump, 88. actress, 89. bustle, 90. trousers, 91. patrol, 92. smuggle, 93. custody

94. d__y gravity *v.* to challenge or dare someone to do something; to resist or disobey a rule, decision, etc.
95. en___e a new employee *v.* to attract and keep someone's attention and interest; to participate in or obtain services of something
96. li____te people from oppression *v.* to set free; to release or rescue from captivity or oppression
97. fo___d the use of chemical weapons *v.* to order somebody not to do something, especially officially; to keep something from happening or arising
98. eve_____ent need *adj.* always existing or noticeable; constant, ubiquitous, or pervasive
99. embrace wo_____od *n.* the state or condition of being an adult female; a term used to describe the social and cultural aspects of being a woman
100. d__y authority *v.* to challenge or dare someone to do something; to resist or disobey a rule, decision, etc.
101. gross in_____ce *n.* a violation of the rights of others or the laws of a society
102. sense of mo_____ty *n.* principles of right and evil or good and bad behavior
103. re___n to fate *v.* to give up a position or job voluntarily; to accept something unpleasant or undesirable as inevitable
104. freedom of re_____on *n.* a deep conviction in a supernatural power that controls human destiny

ANSWERS: 94. defy, 95. engage, 96. liberate, 97. forbid, 98. ever-present, 99. womanhood, 100. defy, 101. injustice, 102. morality, 103. resign, 104. religion

105. bo____e party *n.* an outdoor fire, typically on a beach or in a park, used for warmth or for burning rubbish
106. round of ap____se *n.* a demonstration of approval or praise by clapping the hands together
107. deep so____w *n.* a feeling of deep sadness, grief, or regret, especially for something lost or ending
108. the ruins of a ca____e *n.* a large building, typically of the medieval period, fortified against attack with thick walls, battlements, towers, and often a moat
109. exercise re____e *n.* the organization, a system, or method that is the governing authority of a political unit
110. sy____l for happiness *n.* something visible that is used to represent something else
111. su____te to death *v.* to die or cause someone to die from lack of air or inability to breathe; to be overwhelmed or constricted by a feeling or situation, such as anxiety or oppression
112. v__t majority *adj.* enormous in size, number, amount, or quantity
113. ad____t at sea *adj.* without purpose or direction; floating with no clear destination or goal; lacking a stable or secure position or status
114. a wide sl____e *n.* a part of a garment that covers all or part of an arm

ANSWERS: 105. bonfire, 106. applause, 107. sorrow, 108. castle, 109. regime, 110. symbol, 111. suffocate, 112. vast, 113. adrift, 114. sleeve

115. turn out to be all s__m *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
116. do____ic airline *adj.* relating to or inside a particular country, not foreign or international
117. work tr____rs *n.* a pair of leg coverings that extends from the waist to the ankles covering each leg separately, often referred to as pants
118. ma_____ry training *adj.* required by a rule or law, compulsory
119. algebraic ine____ty *n.* the unfairness of a society in which some people have more opportunity, money, etc. than others; (mathematics) relation between two values when they are different
120. re____n all hopes *v.* to give up a position or job voluntarily; to accept something unpleasant or undesirable as inevitable
121. ar____e desire *v.* to awaken strong feelings or emotions in someone; to excite or inspire a physical or emotional response
122. de____cy advocate *n.* a form of government in which the people have the authority to deliberate and decide legislation, or to choose governing officials to do so
123. ex____on by injection *n.* the act or process of carrying out a plan, order, or course of action; the act or process of carrying out the death penalty

ANSWERS: 115. sham, 116. domestic, 117. trousers, 118. mandatory, 119. inequality, 120. resign, 121. arouse, 122. democracy, 123. execution

124. r__r for more *v.* to make a loud, deep sound, like a lion or a car engine
125. cu____y arrangement *n.* the state of being physically responsible for something or someone, especially a child; a state of being confined, usually for a short time
126. a puppet re____e *n.* the organization, a system, or method that is the governing authority of a political unit
127. rel____ss attack *adj.* persistent and determined; continuing despite difficulties or setbacks
128. d__m wrong or inappropriate *v.* to consider or decide something in a particular way
129. so____w for sin *n.* a feeling of deep sadness, grief, or regret, especially for something lost or ending
130. a we__d dress *adj.* extraordinary, unexpected, or difficult to explain
131. her de____te screams *adj.* feeling or showing a lack of hope and a willingness to do anything because of the problematic situation
132. br__e decision *adj.* showing courage or fearlessness in the face of danger, difficulty, or adversity
133. un____t accusation *adj.* not fair or equitable; lacking in justice or impartiality; morally unacceptable or wrong
134. jou____st on a magazine *n.* a person who collects and writes news stories or articles for newspapers, magazines, radio, television, or other online media

ANSWERS: 124. roar, 125. custody, 126. regime, 127. relentless, 128. deem, 129. sorrow, 130. weird, 131. desperate, 132. brave, 133. unjust, 134. journalist

135. global re_____e crisis *n.* a displaced person who has crossed national borders and who cannot or is unwilling to return home due to political, religious, or economic reasons or because of a war
136. a ma_____ry clause *adj.* required by a rule or law, compulsory
137. re_____ic democracy *n.* a state or country in which the people and their elected representatives hold supreme power and which has an elected or nominated president rather than a monarch
138. res_____ve diet *adj.* limiting or confining in nature; imposing limits or restrictions on something or someone
139. child of il_____l immigrants *adj.* not allowed by law
140. the threats te_____y him *v.* to frighten someone very much
141. ar_____t the progress *v.* to take into custody
142. an air-cooled en_____e *n.* a machine that converts thermal energy to mechanical work; something that has an important role used to achieve a purpose
143. su_____te fire *v.* to die or cause someone to die from lack of air or inability to breathe; to be overwhelmed or constricted by a feeling or situation, such as anxiety or oppression
144. sh_____r with delight *v.* to shake or quiver with cold, fear, or excitement; to tremble or vibrate rapidly

ANSWERS: 135. refugee, 136. mandatory, 137. republic, 138. restrictive, 139. illegal, 140. terrify, 141. arrest, 142. engine, 143. suffocate, 144. shiver

145. int_____ne thread v. to twist together or become twisted together
146. r__r with laughter v. to make a loud, deep sound, like a lion or a car engine
147. h_p from one place to another v. to jump lightly and quickly on one foot or both feet; to move rapidly from one place to another; to travel using an aircraft, bus, etc.
148. te_____y people v. to frighten someone very much
149. do__e a question v. to move quickly and suddenly to avoid something; to evade or sidestep
150. a s__t on his honor n. a particular location or place; a small round or roundish area, differing in color or feels from the surface around it
151. make a da___g face *adj.* brave and taking risks
152. int_____ne story v. to twist together or become twisted together
153. re_____e a world record v. to write something such as a book or speech again in a different way, usually to improve it or add new information
154. re_____m land from the sea v. to take back something previously lost, given, or paid, or ask to have it back
155. ro__h and tough *adj.* not quite exact or correct; having or caused by an irregular surface
156. op_____s the minority v. to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people

ANSWERS: 145. intertwine, 146. roar, 147. hop, 148. terrify, 149. dodge, 150. spot, 151. daring, 152. intertwine, 153. rewrite, 154. reclaim, 155. rough, 156. oppress

157. br___l bully *adj.* harsh or cruel
158. gov_____nt bureaucracy *n.* the group of people with authority to control a country or state
159. fu_____s anger *adj.* extremely angry; full of rage
160. ad___t boat *adj.* without purpose or direction; floating with no clear destination or goal; lacking a stable or secure position or status
161. ho_____ss at everything *adj.* having no hope; despairing; having no chance of success
162. eve_____ent danger *adj.* always existing or noticeable; constant, ubiquitous, or pervasive
163. sh___r in fear *v.* to shake or quiver with cold, fear, or excitement; to tremble or vibrate rapidly
164. principles of de_____cy *n.* a form of government in which the people have the authority to deliberate and decide legislation, or to choose governing officials to do so
165. ma___e of power *n.* a layer of rock between the surface and the core of a planet or moon; a loose sleeveless cloak or shawl; the responsibilities of an important position or job that passes from one person to another
166. a con_____on of guilt *n.* a formal statement in which one admits that they have done something wrong or illegal
167. an instrument of to_____e *n.* the act of causing intense pain or suffering to someone to punish them, extract information from them, or for some other reason

ANSWERS: 157. brutal, 158. government, 159. furious, 160. adrift, 161. hopeless, 162. ever-present, 163. shiver, 164. democracy, 165. mantle, 166. confession, 167. torture

168. the de__h of the water *n.* the distance between the top and bottom of something; between the top surface and a distance below it
169. the state of being we__d *adj.* extraordinary, unexpected, or difficult to explain
170. retain everyone's di____y *n.* the quality of being worthy of esteem or respect; high office or rank or station
171. ho____ss situation *adj.* having no hope; despairing; having no chance of success
172. g__p in shock *v.* to inhale sharply and audibly, often in response to strong emotion or sensation; to catch one's breath suddenly, often due to shock or surprise
173. a s__m battle *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
174. in____ce system *n.* a violation of the rights of others or the laws of a society
175. woman's hi__b *n.* a headscarf traditionally worn by Muslim women to cover their hair and neck
176. aut____ian government *adj.* characterized by strict, absolute control and obedience to authority or rules; dictatorial and lacking in personal freedoms or individual rights
177. em__e from poverty *v.* to move out of or away from something and become visible
178. a do____ic animal *adj.* relating to or inside a particular country, not foreign or international

ANSWERS: 168. depth, 169. weird, 170. dignity, 171. hopeless, 172. gasp, 173. sham, 174. injustice, 175. hijab, 176. authoritarian, 177. emerge, 178. domestic

179. victory bo____e *n.* an outdoor fire, typically on a beach or in a park, used for warmth or for burning rubbish
180. beauty s__t *n.* a particular location or place; a small round or roundish area, differing in color or feels from the surface around it
181. the re____ic of art *n.* a state or country in which the people and their elected representatives hold supreme power and which has an elected or nominated president rather than a monarch
182. h_p on one foot *v.* to jump lightly and quickly on one foot or both feet; to move rapidly from one place to another; to travel using an aircraft, bus, etc.
183. ar____e suspicion *v.* to awaken strong feelings or emotions in someone; to excite or inspire a physical or emotional response
184. the re____e camp *n.* a displaced person who has crossed national borders and who cannot or is unwilling to return home due to political, religious, or economic reasons or because of a war
185. di____e settlement *n.* the legal dissolution of a marriage
186. re____on sociology *n.* a deep conviction in a supernatural power that controls human destiny
187. sp____al leader *adj.* relating to or affecting the human spirit or soul as opposed to material or physical things

ANSWERS: 179. bonfire, 180. spot, 181. republic, 182. hop, 183. arouse, 184. refugee, 185. divorce, 186. religion, 187. spiritual

188. an indisputable lo__c *n.* a way of thinking or reasoning conducted or evaluated by strict validity principles; the study of correct reasoning or good arguments
189. sol_____ty action *n.* unity or agreement of feelings or actions among a group, especially among individuals with a common interest
190. de_____te attempt *adj.* feeling or showing a lack of hope and a willingness to do anything because of the problematic situation
191. de__h camera *n.* the distance between the top and bottom of something; between the top surface and a distance below it
192. victim of a vi_____t crime *adj.* involving or caused by physical force or aggression against someone or something
193. li_____te potential *v.* to set free; to release or rescue from captivity or oppression
194. single l__p sum *n.* a small, irregularly shaped mass or piece, typically of a soft substance such as coal, flour, or dough
195. sol_____ty among union members *n.* unity or agreement of feelings or actions among a group, especially among individuals with a common interest
196. canoe pa___e *n.* a flat, usually wooden implement with a handle used for stirring, mixing, or beating a liquid or substance
197. a citywide cr_____wn *n.* a severe or forceful attempt to suppress or control something, such as illegal or disruptive behavior

ANSWERS: 188. logic, 189. solidarity, 190. desperate, 191. depth, 192. violent, 193. liberate, 194. lump, 195. solidarity, 196. paddle, 197. crackdown

198. constant sp_____al striving *adj.* relating to or affecting the human spirit or soul as opposed to material or physical things
199. pa___l car *n.* the act of guarding an area or conducting surveillance of an area to maintain order, perform security functions, or prevent crime; a group of officers or soldiers that conducts such an operation
200. respect for human di_____y *n.* the quality of being worthy of esteem or respect; high office or rank or station
201. emotional har_____nt *n.* the act of repeatedly annoying, tormenting, or persecuting someone in a way that is threatening or unwelcome, often relating to issues of race, gender, or other identities
202. dr__n in a bath *v.* to die or cause to die by being unable to breathe underwater
203. g__p for air *v.* to inhale sharply and audibly, often in response to strong emotion or sensation; to catch one's breath suddenly, often due to shock or surprise
204. v__t desert *adj.* enormous in size, number, amount, or quantity
205. be_____d by many people *adj.* loved very much
206. d__m socially responsible *v.* to consider or decide something in a particular way
207. a go_____us meal *adj.* wonderful and attractive

ANSWERS: 198. spiritual, 199. patrol, 200. dignity, 201. harassment, 202. drown, 203. gasp, 204. vast, 205. beloved, 206. deem, 207. gorgeous

208. st____le to get the job *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
209. go____us sunset *adj.* wonderful and attractive
210. do__e a blow *v.* to move quickly and suddenly to avoid something; to evade or sidestep
211. sw____it model *n.* a piece of clothing worn for swimming
212. a demonstration in lo__c *n.* a way of thinking or reasoning conducted or evaluated by strict validity principles; the study of correct reasoning or good arguments

ANSWERS: 208. struggle, 209. gorgeous, 210. dodge, 211. swimsuit, 212. logic

Session 3: Fill in the Blanks

1. After their boat engine failed, they were left _____ in the middle of the ocean.
adj. without purpose or direction; floating with no clear destination or goal; lacking a stable or secure position or status
2. The city _____ with activity as people rushed to work.
v. to move or act energetically and noisily; (noun) a rapid active commotion
3. The customs agents seized the _____ shipment.
adj. not allowed by law
4. During colonial eras, new migratory patterns _____.
v. to move out of or away from something and become visible
5. God _____ you should regret your marriage.
v. to order somebody not to do something, especially officially; to keep something from happening or arising
6. The couple decided to get a _____ after many years of marriage.
n. the legal dissolution of a marriage
7. I need to _____ most of the essay with feedback from my teacher.
v. to write something such as a book or speech again in a different way, usually to improve it or add new information
8. The protesters became _____ when the police tried to disperse them.
adj. involving or caused by physical force or aggression against someone or something

ANSWERS: 1. adrift, 2. bustled, 3. illegal, 4. emerged, 5. forbid, 6. divorce, 7. rewrite, 8. violent

9. She struggled to _____ the children's reading habits.
- v.* to supply enough of what somebody or something needs to survive or exist; to accept as valid
10. The death of her best friend filled her with _____.
- n.* a feeling of deep sadness, grief, or regret, especially for something lost or ending
11. Some women choose to wear a _____ as a symbol of their cultural identity and religious beliefs.
- n.* a piece of cloth worn on the head, often for religious or cultural reasons
12. The audience _____ when the magician made the rabbit disappear from the hat.
- v.* to inhale sharply and audibly, often in response to strong emotion or sensation; to catch one's breath suddenly, often due to shock or surprise
13. The _____ of the plan was flawless, resulting in a record-breaking profit for the company.
- n.* the act or process of carrying out a plan, order, or course of action; the act or process of carrying out the death penalty
14. The lion _____ loudly, signaling its dominance over the other animals.
- v.* to make a loud, deep sound, like a lion or a car engine
15. GDP stands for gross _____ product.
- adj.* relating to or inside a particular country, not foreign or international
16. The soccer game crowd broke into a _____ of "Go, team, go!"
- n.* a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation

ANSWERS: 9. sustain, 10. sorrow, 11. headscarf, 12. gasped, 13. execution, 14. roared, 15. domestic, 16. chant

17. The _____ boarders glided across the crystal-clear waters of the cove.
n. a flat, usually wooden implement with a handle used for stirring, mixing, or beating a liquid or substance
18. The dragon is considered a _____ of bravery.
n. something visible that is used to represent something else
19. He was _____ when he lost all his money by gambling.
adj. feeling or showing a lack of hope and a willingness to do anything because of the problematic situation
20. The inspector discovered _____ bolts under the fuel rods.
adj. not securely fixed or fastened in place or able to be detached or separated from something
21. The coach was _____ with the players for their lack of effort during the game.
adj. extremely angry; full of rage
22. The waves are beating against the _____.
n. the land along the edge of a sea, lake, broad river, or other large body of water;
(verb) to support by placing against something solid or rigid
23. The workers showed _____ in their strike for better working conditions.
n. unity or agreement of feelings or actions among a group, especially among individuals with a common interest
24. I can't stop _____ my arm because of the mosquito bite.
v. to have an uncomfortable feeling on the skin that makes you want to scratch it

ANSWERS: 17. paddle, 18. symbol, 19. desperate, 20. loose, 21. furious, 22. shore, 23. solidarity, 24. itching

25. The highway _____ officer pulled over the speeding vehicle on the freeway.
- n.* the act of guarding an area or conducting surveillance of an area to maintain order, perform security functions, or prevent crime; a group of officers or soldiers that conducts such an operation
26. She had to _____ the oncoming traffic to cross the busy street safely.
- v.* to move quickly and suddenly to avoid something; to evade or sidestep
27. Historically, many countries have often _____ certain religions to gain the support of the majority of the population.
- v.* to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people
28. The acclaimed _____ received an Oscar for her outstanding performance in the film.
- n.* a female actor, particularly in the theater or movies
29. The _____ layer on Mars is much thinner than on Earth.
- n.* a layer of rock between the surface and the core of a planet or moon; a loose sleeveless cloak or shawl; the responsibilities of an important position or job that passes from one person to another
30. The vines _____ to form a thick canopy overhead.
- v.* to twist together or become twisted together
31. The meditation class was focused on finding inner peace and cultivating a more _____ connection with the universe.
- adj.* relating to or affecting the human spirit or soul as opposed to material or physical things

ANSWERS: 25. patrol, 26. dodge, 27. oppressed, 28. actress, 29. mantle, 30. intertwine, 31. spiritual

32. After months of job searching, he felt _____ and unsure of his future.
adj. having no hope; despairing; having no chance of success
33. Many multinational companies are _____ in the reconstruction of that country.
v. to attract and keep someone's attention and interest; to participate in or obtain services of something
34. I am here to save my _____.
adj. loved very much
35. You may be entitled to _____ some tax.
v. to take back something previously lost, given, or paid, or ask to have it back
36. The government announced a _____ on illegal activities in the city.
n. a severe or forceful attempt to suppress or control something, such as illegal or disruptive behavior
37. Many Muslim women wear a _____ as a symbol of their religious beliefs.
n. a headscarf traditionally worn by Muslim women to cover their hair and neck
38. It would be best not to _____ your associates into doing complex tasks.
v. to frighten someone very much
39. Their _____ strictly prohibits them from drinking or gambling.
n. a deep conviction in a supernatural power that controls human destiny
40. The celebration of _____ is often disregarded in male-dominated industries.
n. the state or condition of being an adult female; a term used to describe the social and cultural aspects of being a woman

ANSWERS: 32. hopeless, 33. engaged, 34. beloved, 35. reclaim, 36. crackdown, 37. hijab, 38. terrify, 39. religion, 40. womanhood

41. _____ often entails inclusive capitalism as well.
n. a form of government in which the people have the authority to deliberate and decide legislation, or to choose governing officials to do so
42. Red _____ is often harmful to the local ecosystem.
n. the cyclical rise and fall of sea level caused by the moon's gravitational pull
43. He left the party in _____ at its radical political stance.
n. a strong expression of disagreement, disapproval, or opposition
44. The _____ burst from the audience.
n. a demonstration of approval or praise by clapping the hands together
45. After a lengthy court battle, the child's _____ was granted to the father.
n. the state of being physically responsible for something or someone, especially a child; a state of being confined, usually for a short time
46. We gathered around the _____ roasting marshmallows and telling stories.
n. an outdoor fire, typically on a beach or in a park, used for warmth or for burning rubbish
47. The United States is a federal presidential constitutional _____.
n. a state or country in which the people and their elected representatives hold supreme power and which has an elected or nominated president rather than a monarch
48. The prisoner made a full _____ and admitted to his crime.
n. a formal statement in which one admits that they have done something wrong or illegal

ANSWERS: 41. Democracy, 42. tide, 43. protest, 44. applause, 45. custody, 46. bonfire, 47. republic, 48. confession

49. The company has been successful in maintaining the status ____.
- n.* the existing state or condition of something, especially in relation to a particular situation or issue
50. She wore a bright red _____ for the beach trip.
- n.* a piece of clothing worn for swimming
51. The problem of pollution is _____ in our daily lives.
- adj.* always existing or noticeable; constant, ubiquitous, or pervasive
52. He wore black _____ and a white shirt to the job interview.
- n.* a pair of leg coverings that extends from the waist to the ankles covering each leg separately, often referred to as pants
53. He could not _____ against temptation.
- v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
54. People can _____ from a lack of oxygen in confined spaces.
- v.* to die or cause someone to die from lack of air or inability to breathe; to be overwhelmed or constricted by a feeling or situation, such as anxiety or oppression
55. The rabbit _____ over the fence.
- v.* to jump lightly and quickly on one foot or both feet; to move rapidly from one place to another; to travel using an aircraft, bus, etc.
56. The policies he announces can be the _____ of economic growth in the country.
- n.* a machine that converts thermal energy to mechanical work; something that has an important role used to achieve a purpose

ANSWERS: 49. quo, 50. swimsuit, 51. ever-present, 52. trousers, 53. struggle, 54. suffocate, 55. hopped, 56. engine

57. After a long battle with her health, the teacher had no choice but to _____ from her position.

- v.* to give up a position or job voluntarily; to accept something unpleasant or undesirable as inevitable

58. She had a master's degree in _____.

- n.* the scientific study of mind and behavior

59. My computer has been acting _____ recently.

- adj.* extraordinary, unexpected, or difficult to explain

60. The _____ on travel during the pandemic made it difficult for people to see their loved ones.

- n.* a limitation or constraint placed on something, or the act of limiting or constraining something

61. The company has a zero-tolerance policy for _____ in the workplace.

- n.* the act of repeatedly annoying, tormenting, or persecuting someone in a way that is threatening or unwelcome, often relating to issues of race, gender, or other identities

62. The failure destroyed his trust and personal _____.

- n.* the quality of being worthy of esteem or respect; high office or rank or station

63. Foreign TV crews and _____ can go as they please in various locations during the Olympics.

- n.* a person who collects and writes news stories or articles for newspapers, magazines, radio, television, or other online media

64. The _____ firefighter rescued the family from the burning building.

- adj.* showing courage or fearlessness in the face of danger, difficulty, or adversity

ANSWERS: 57. resign, 58. psychology, 59. weird, 60. restriction, 61. harassment, 62. dignity, 63. journalists, 64. brave

65. The prisoner wore heavy _____ on his wrists and ankles.
n. a metal ring, bar, or other device used to confine, restrain, or limit freedom of movement; a restraint or impediment of any kind
66. The _____ student refused to follow the teacher's instructions and continued to talk during class.
adj. showing bold resistance or disobedience to authority, rules, or norms
67. Totalitarian _____ are less likely to innovate because they deprive individuals of economic incentives.
n. the organization, a system, or method that is the governing authority of a political unit
68. She tried to _____ her parents by moving to the city against their wishes.
v. to challenge or dare someone to do something; to resist or disobey a rule, decision, etc.
69. The medieval _____ was surrounded by a moat and had high walls for protection.
n. a large building, typically of the medieval period, fortified against attack with thick walls, battlements, towers, and often a moat
70. The _____ attack left the victim with serious injuries.
adj. harsh or cruel
71. A police officer has the authority to _____ a criminal.
v. to take into custody
72. Too _____ a regulation for the private sector will stifle innovation.
adj. strongly limiting someone's freedom; allowing no deviation from a standard, rule, belief, etc.

ANSWERS: 65. shackles, 66. defiant, 67. regimes, 68. defy, 69. castle, 70. brutal, 71. arrest, 72. strict

73. A _____ audience viewed the broadcast.

adj. enormous in size, number, amount, or quantity

74. She found fault with the _____ of politicians.

n. principles of right and evil or good and bad behavior

75. There is a small _____ on my neck, and I'm concerned about it.

n. a small, irregularly shaped mass or piece, typically of a soft substance such as coal, flour, or dough

76. She wore a _____ dress to the party, which everyone admired.

adj. wonderful and attractive

77. Attendance at the meeting is _____ for all employees.

adj. required by a rule or law, compulsory

78. He _____ the fireworks with a single spark.

v. to set on fire; to cause to start burning

79. There are several causes of economic _____ within societies.

n. the unfairness of a society in which some people have more opportunity, money, etc. than others; (mathematics) relation between two values when they are different

80. He was able to _____ a gun inside the prison.

v. to import or export something or someone without paying appropriate customs duties, often illegally

81. Her choices become increasingly _____ and creative.

adj. brave and taking risks

ANSWERS: 73. vast, 74. morality, 75. lump, 76. gorgeous, 77. mandatory, 78. ignited, 79. inequality, 80. smuggle, 81. daring

82. The athlete's _____ training paid off in the end.

adj. persistent and determined; continuing despite difficulties or setbacks

83. The _____ pleasure of life is the conviction that we are loved.

adj. highest in rank, level, or importance

84. The _____ of the court's decision angered many people and led to protests.

n. a violation of the rights of others or the laws of a society

85. I _____ in the cold winter air as I wait for the train.

v. to shake or quiver with cold, fear, or excitement; to tremble or vibrate rapidly

86. The federal _____ is planning to increase taxes for the next fiscal year.

n. the group of people with authority to control a country or state

87. The rousing speech by the politician _____ the audience to action.

v. to awaken strong feelings or emotions in someone; to excite or inspire a physical or emotional response

88. He rolled up his _____ to get ready to work.

n. a part of a garment that covers all or part of an arm

89. I prefer taking the _____ to drive in heavy traffic.

n. a mass transit system in an urban area, such as a subway or light rail system; (short for "metropolitan") a large city, either a capital or a major urban area, often characterized by densely populated areas with significant economic, cultural, and political importance

90. The ruling was considered _____ by many people in the community.

adj. not fair or equitable; lacking in justice or impartiality; morally unacceptable or wrong

ANSWERS: 82. relentless, 83. supreme, 84. injustice, 85. shiver, 86. government, 87. aroused, 88. sleeves, 89. metro, 90. unjust

91. The use of _____ is strictly prohibited under international law.
- n.* the act of causing intense pain or suffering to someone to punish them, extract information from them, or for some other reason
92. The government used _____ pictures to spread its message of national unity.
- n.* information, ideas, or claims spread to influence public opinion or promote a particular cause or ideology
93. The data he prepared was completely _____.
- n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
94. Floods have the potential to _____ any subsurface animals easily.
- v.* to die or cause to die by being unable to breathe underwater
95. The _____ conclusion drawn by the researchers resulted in flawed study findings.
- adj.* done or acting with excessive speed or urgency and without sufficient thought or consideration
96. The pond's _____ was around five feet.
- n.* the distance between the top and bottom of something; between the top surface and a distance below it
97. Aging _____ up slowly with time.
- v.* to move slowly, quietly, and carefully, usually to avoid being seen or heard
98. The dress code at the office is very _____ and doesn't allow any casual clothing.
- adj.* limiting or confining in nature; imposing limits or restrictions on something or someone

ANSWERS: 91. torture, 92. propaganda, 93. sham, 94. drown, 95. hasty, 96. depth, 97. creeps, 98. restrictive

99. The vehicle bounced along the _____ mountain road.

adj. not quite exact or correct; having or caused by an irregular surface

100. There's no _____ in his description.

n. a way of thinking or reasoning conducted or evaluated by strict validity principles; the study of correct reasoning or good arguments

101. The prisoners were _____ after the war ended.

v. to set free; to release or rescue from captivity or oppression

102. The _____ of the dancers on stage was graceful and elegant.

n. a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

103. Regarding earthquakes, some commercial buildings were _____ unsafe.

v. to consider or decide something in a particular way

104. The _____ leadership style left no room for dissent or alternative opinions.

adj. characterized by strict, absolute control and obedience to authority or rules; dictatorial and lacking in personal freedoms or individual rights

105. This remote _____ is rarely visited.

n. a particular location or place; a small round or roundish area, differing in color or feels from the surface around it

106. The community warmly welcomed the _____.

n. a displaced person who has crossed national borders and who cannot or is unwilling to return home due to political, religious, or economic reasons or because of a war

ANSWERS: 99. rough, 100. logic, 101. liberated, 102. movement, 103. deemed, 104. authoritarian, 105. spot, 106. refugees

ANSWERS: