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## Vocabulary Builder Reference from...

Sahar Zand: Why Iranians are cutting their hair for "Woman, Life, Freedom" | TED Talk https://www.ted.com/talks/sahar\_zand\_why\_iranians\_are\_cutting\_their\_hair\_for\_woman\_life\_freedom



## Advanced Words Only

#### **IMPORTANT**

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## **Session 1: Word List**

#### suffocate

v. to die or cause someone to die from lack of air or inability to breathe; to be overwhelmed or constricted by a feeling or situation, such as anxiety or oppression

synonym: choke, smother, stifle

(1) **suffocate** to death, (2) **suffocate** fire People can **suffocate** from a lack of oxygen in confined spaces.

#### paddle

 a flat, usually wooden implement with a handle used for stirring, mixing, or beating a liquid or substance

synonym: oar, oarlock, scull

(1) paddle strokes, (2) canoe paddle

The **paddle** boarders glided across the crystal-clear waters of the cove.

#### womanhood

 n. the state or condition of being an adult female; a term used to describe the social and cultural aspects of being a woman

synonym: femininity, womanliness, womanly nature

(1) **womanhood** experience, (2) embrace **womanhood** The celebration of **womanhood** is often disregarded in male-dominated industries.

## hijab

 a headscarf traditionally worn by Muslim women to cover their hair and neck

synonym: veil, headscarf, cover

(1) woman's hijab, (2) hijab garment

Many Muslim women wear a **hijab** as a symbol of their religious beliefs.

#### **swimsuit**

n. a piece of clothing worn for swimming

synonym: bathing suit, swimwear, bathers

(1) swimsuit model, (2) swimsuit designer

She wore a bright red **swimsuit** for the beach trip.

### trousers

 a pair of leg coverings that extends from the waist to the ankles covering each leg separately, often referred to as pants

synonym: pants, slacks, jeans

(1) work **trousers**, (2) denim **trousers** 

He wore black trousers and a white shirt to the job interview.

#### mantle

n. a layer of rock between the surface and the core of a planet or moon; a loose sleeveless cloak or shawl; the responsibilities of an important position or job that passes from one person to another

synonym: crust, cloak, cover

(1) mantle of power, (2) mantle of the presidency

The **mantle** layer on Mars is much thinner than on Earth.

## headscarf

 a piece of cloth worn on the head, often for religious or cultural reasons

synonym: hijab, shawl, veil

(1) traditional **headscarf**, (2) **headscarf** cloth

Some women choose to wear a **headscarf** as a symbol of their cultural identity and religious beliefs.

#### itch

v. to have an uncomfortable feeling on the skin that makes you want to scratch it

synonym: scratch, tingle, irritate

(1) **itch** constantly, (2) **itch** to speak I can't stop **itching** my arm because of the mosquito bite.

forbid

- v. to order somebody not to do something, especially officially; to keep something from happening or arising
   synonym: prohibit, ban, outlaw
- (1) **forbid** smoking in public areas, (2) **forbid** the use of chemical weapons

God **forbid** you should regret your marriage.

arouse

- v. to awaken strong feelings or emotions in someone; to excite or inspire a physical or emotional response
   synonym: excite, stimulate, stir
- (1) **arouse** desire, (2) **arouse** suspicion

  The rousing speech by the politician **aroused** the audience to action.

gasp

v. to inhale sharply and audibly, often in response to strong emotion or sensation; to catch one's breath suddenly, often due to shock or surprise

synonym: breathe, pant, heave

(1) gasp for air, (2) gasp in shock

The audience **gasped** when the magician made the rabbit disappear from the hat.

drown

v. to die or cause to die by being unable to breathe underwater

synonym: douse, drench, overwhelm

(1) **drown** in a bath, (2) I was **drowned** in work Floods have the potential to **drown** any subsurface animals easily.

roar

- v. to make a loud, deep sound, like a lion or a car engine synonym: bellow, yell, shout
- (1) **roar** with laughter, (2) **roar** for more

The lion **roared** loudly, signaling its dominance over the other

animals.

## hopeless

adj. having no hope; despairing; having no chance of success

synonym: despairing, helpless, futile

(1) hopeless situation, (2) hopeless at everything After months of job searching, he felt **hopeless** and unsure of his future.

## creep

to move slowly, quietly, and carefully, usually to avoid being seen or heard

synonym: crawl, glide, encroach

(1) **creep** along the leaf, (2) **creep** toward the mouse Aging **creeps** up slowly with time.

### shiver

to shake or quiver with cold, fear, or excitement; to tremble or vibrate rapidly

synonym: quiver, tremble, shake

(1) **shiver** with delight, (2) **shiver** in fear I **shiver** in the cold winter air as I wait for the train.

## oppress

to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people

synonym: antagonize, distress, burden

- (1) **oppress** the minority, (2) **oppress** the people with force Historically, many countries have often oppressed certain religions to gain the support of the majority of the population.
- something that is not as good or true as it seems to be n. and is intended to deceive people; a person who pretends to be something they are not

synonym: bogus, counterfeit, fraudulent

(1) a sham battle, (2) turn out to be all sham The data he prepared was completely **sham**.

#### sham

adrift

 adj. without purpose or direction; floating with no clear destination or goal; lacking a stable or secure position or status

synonym: afloat, aimless, unanchored

(1) adrift boat, (2) adrift at sea

After their boat engine failed, they were left **adrift** in the middle of the ocean.

smuggle

- v. to import or export something or someone without paying appropriate customs duties, often illegally
- (1) **smuggle** drugs, (2) **smuggle** herself out of a country He was able to **smuggle** a gun inside the prison.

bustle

v. to move or act energetically and noisily; (noun) a rapid active commotion

*synonym*: hurry, rush, flurry

(1) **bustle** around a kitchen, (2) hustle- **bustle** lifestyle The city **bustled** with activity as people rushed to work.

quo

 the existing state or condition of something, especially in relation to a particular situation or issue

synonym: status, condition, state

(1) status **quo** politician, (2) **quo** warranto
The company has been successful in maintaining the status **quo**.

deem

- v. to consider or decide something in a particular way synonym: believe, consider, suppose
- (1) **deem** socially responsible, (2) **deem** wrong or inappropriate

Regarding earthquakes, some commercial buildings were **deemed** unsafe.

relentless

adj. persistent and determined; continuing despite difficulties or setbacks

synonym: unyielding, tireless, unremitting

(1) relentless attack, (2) face relentless pressure

The athlete's **relentless** training paid off in the end.

## unjust

adj. not fair or equitable; lacking in justice or impartiality; morally unacceptable or wrong

synonym: unfair, inequitable

(1) unjust verdict, (2) unjust accusation

The ruling was considered **unjust** by many people in the community.

## ignite

v. to set on fire; to cause to start burning

synonym: light, set fire to, ignite

(1) **ignite** a boom, (2) **ignite** passion

He **ignited** the fireworks with a single spark.

## daring

adj. brave and taking risks

synonym: audacious, bold, venturesome

(1) daring escape, (2) make a daring face

Her choices become increasingly daring and creative.

## defy

v. to challenge or dare someone to do something; to resist or disobey a rule, decision, etc.

synonym: challenge, resist, disobey

(1) defy gravity, (2) defy authority

She tried to **defy** her parents by moving to the city against their wishes.

### bonfire

 an outdoor fire, typically on a beach or in a park, used for warmth or for burning rubbish

synonym: campfire, fire, pyre

(1) bonfire party, (2) victory bonfire

We gathered around the **bonfire**, roasting marshmallows and telling stories.

#### chant

 a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation

synonym: hymn, mantra, (verb) recite

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(1) **chant** melodies, (2) **chant** in the chapel

The soccer game crowd broke into a **chant** of "Go, team, go!"

## **furious**

adj. extremely angry; full of rage synonym: angry, rageful, livid

(1) furious anger, (2) a furious sea

The coach was **furious** with the players for their lack of effort during the game.

#### crackdown

 a severe or forceful attempt to suppress or control something, such as illegal or disruptive behavior

synonym: clampdown, sweep, repression

(1) a citywide crackdown, (2) strict crackdown

The government announced a **crackdown** on illegal activities in the city.

## hasty

adj. done or acting with excessive speed or urgency and without sufficient thought or consideration

synonym: rushed, impulsive, prompt

(1) a hasty temper, (2) hasty commitment

The **hasty** conclusion drawn by the researchers resulted in flawed study findings.

#### confession

 a formal statement in which one admits that they have done something wrong or illegal

synonym: admission, avowal, acknowledgment

(1) a **confession** of guilt, (2) a **confession** of faith The prisoner made a full **confession** and admitted to his crime.

#### authoritarian

 adj. characterized by strict, absolute control and obedience to authority or rules; dictatorial and lacking in personal freedoms or individual rights

synonym: dictatorial, totalitarian, despotic

(1) **authoritarian** practice, (2) **authoritarian** government The **authoritarian** leadership style left no room for dissent or

## alternative opinions.

## resign

v. to give up a position or job voluntarily; to accept something unpleasant or undesirable as inevitable

synonym: quit, relinquish, retire

(1) resign all hopes, (2) resign to fate

After a long battle with her health, the teacher had no choice but to **resign** from her position.

#### defiant

adj. showing bold resistance or disobedience to authority, rules, or norms

synonym: rebellious, disobedient, insubordinate

(1) a **defiant** attitude, (2) **defiant** eye

The **defiant** student refused to follow the teacher's instructions and continued to talk during class.

### shackle

 a metal ring, bar, or other device used to confine, restrain, or limit freedom of movement; a restraint or impediment of any kind

synonym: chains, fetters, handcuffs

(1) shackle chains, (2) metal shackle

The prisoner wore heavy **shackles** on his wrists and ankles.

## applause

 a demonstration of approval or praise by clapping the hands together

*synonym*: clapping, cheering, acclaim

(1) round of **applause**, (2) earn **applause** 

The **applause** burst from the audience.

## intertwine

- v. to twist together or become twisted together synonym: interweave, interlace, entwine
- (1) intertwine thread, (2) intertwine story

The vines **intertwine** to form a thick canopy overhead.

#### reclaim

 to take back something previously lost, given, or paid, or ask to have it back

*synonym*: recoup, regain, retake

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(1) **reclaim** a competitive position, (2) **reclaim** land from the sea

You may be entitled to **reclaim** some tax.

liberate

to set free; to release or rescue from captivity or oppression

synonym: emancipate, release, set free

(1) **liberate** people from oppression, (2) **liberate** potential The prisoners were **liberated** after the war ended.

terrify

- v. to frighten someone very much synonym: unnerve, scare, horrify
- (1) **terrify** people, (2) the threats **terrify** him It would be best not to **terrify** your associates into doing complex tasks.

## **Session 2: Spelling**

1. hi\_b garment

2. bu\_\_\_e around a kitchen

3. ho\_\_\_\_ss at everything

4. earn ap\_\_\_se

5. a citywide cr wn

6. ma\_\_\_e of the presidency

7. sw it model

8. i\_h to speak

9. round of ap\_\_\_ se

10. r r with laughter

11. da\_\_\_g escape

 a headscarf traditionally worn by Muslim women to cover their hair and neck

v. to move or act energetically and noisily; (noun) a rapid active commotion

adj. having no hope; despairing; having no chance of success

a demonstration of approval or praise by clapping the hands together

 a severe or forceful attempt to suppress or control something, such as illegal or disruptive behavior

n. a layer of rock between the surface and the core of a planet or moon; a loose sleeveless cloak or shawl; the responsibilities of an important position or job that passes from one person to another

n. a piece of clothing worn for swimming

v. to have an uncomfortable feeling on the skin that makes you want to scratch it

a demonstration of approval or praise by clapping the hands together

v. to make a loud, deep sound, like a lion or a car engine

adj. brave and taking risks

ANSWERS: 1. hijab, 2. bustle, 3. hopeless, 4. applause, 5. crackdown, 6. mantle, 7. swimsuit, 8. itch, 9. applause, 10. roar, 11. daring

- 12. d\_m socially responsible
- 13. fu\_\_\_s anger
- 14. sh r in fear
- 15. d\_\_y authority
- 16. work tr\_\_\_\_rs
- 17. hustle-bu\_\_\_e lifestyle
- 18. ig e passion
- 19. pa\_\_\_e strokes
- 20. i\_h constantly
- 21. ad\_\_\_t at sea
- 22. ad t boat
- 23. sh r with delight

- v. to consider or decide something in a particular way
- adj. extremely angry; full of rage
- v. to shake or quiver with cold, fear, or excitement; to tremble or vibrate rapidly
- v. to challenge or dare someone to do something; to resist or disobey a rule, decision, etc.
- a pair of leg coverings that extends from the waist to the ankles covering each leg separately, often referred to as pants
- v. to move or act energetically and noisily; (noun) a rapid active commotion
- v. to set on fire; to cause to start burning
- a flat, usually wooden implement with a handle used for stirring, mixing, or beating a liquid or substance
- v. to have an uncomfortable feeling on the skin that makes you want to scratch it
- adj. without purpose or direction; floating with no clear destination or goal; lacking a stable or secure position or status
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- v. to shake or quiver with cold, fear, or excitement; to tremble or vibrate rapidly

ANSWERS: 12. deem, 13. furious, 14. shiver, 15. defy, 16. trousers, 17. bustle, 18. ignite, 19. paddle, 20. itch, 21. adrift, 22. adrift, 23. shiver

24.	wood experience	n.	the state or condition of being an adult female; a term used to describe the social and cultural aspects of being a woman
25.	intne story	<i>v</i> .	to twist together or become twisted together
26.	relss attack	adj.	persistent and determined; continuing despite difficulties or setbacks
27.	dm wrong or inappropriate	<i>v</i> .	to consider or decide something in a particular way
28.	sme drugs	ν.	to import or export something or someone without paying appropriate customs duties, often illegally
29.	lite potential	<i>v</i> .	to set free; to release or rescue from captivity or oppression
30.	a hay temper	adj.	done or acting with excessive speed or urgency and without sufficient thought or consideration
31.	metal she	n.	a metal ring, bar, or other device used to confine, restrain, or limit freedom of movement; a restraint or impediment of any kind
32.	crp along the leaf	v.	to move slowly, quietly, and carefully, usually to avoid being seen or heard
33.	are suspicion	<i>v</i> .	to awaken strong feelings or emotions in someone; to excite or inspire a physical or emotional response
34.	boe party	n.	an outdoor fire, typically on a beach or in a park, used for warmth or for burning rubbish

ANSWERS: 24. womanhood, 25. intertwine, 26. relentless, 27. deem, 28. smuggle, 29. liberate, 30. hasty, 31. shackle, 32. creep, 33. arouse, 34. bonfire

36. a fu\_\_\_s sea

37. de\_\_\_\_t eye

38. ma\_\_\_e of power

39. g\_p in shock

40. denim tr\_\_\_\_rs

41. ar e desire

42. the threats te\_\_\_y him

43. op\_\_\_s the people with force

 the existing state or condition of something, especially in relation to a particular situation or issue

adj. extremely angry; full of rage

adj. showing bold resistance or disobedience to authority, rules, or norms

n. a layer of rock between the surface and the core of a planet or moon; a loose sleeveless cloak or shawl; the responsibilities of an important position or job that passes from one person to another

v. to inhale sharply and audibly, often in response to strong emotion or sensation; to catch one's breath suddenly, often due to shock or surprise

 a pair of leg coverings that extends from the waist to the ankles covering each leg separately, often referred to as pants

 to awaken strong feelings or emotions in someone; to excite or inspire a physical or emotional response

v. to frighten someone very much

v. to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people

ANSWERS: 35. quo, 36. furious, 37. defiant, 38. mantle, 39. gasp, 40. trousers, 41. arouse, 42. terrify, 43. oppress

ANSWERS: 44. crackdown, 45. suffocate, 46. drown, 47. drown, 48. swimsuit, 49. authoritarian, 50. authoritarian, 51. creep, 52. womanhood, 53. suffocate

a headscarf traditionally worn by Muslim 54. woman's hi b n. women to cover their hair and neck 55. re\_\_\_n all hopes to give up a position or job voluntarily; to accept something unpleasant or undesirable as inevitable 56. ch\_t in the chapel a simple melody or tune, typically one n. that is repeated or sung in a monotonous way; (verb) recite with musical intonation 57. face rel\_\_\_\_ss pressure adj. persistent and determined; continuing despite difficulties or setbacks 58. a con\_\_\_\_on of guilt a formal statement in which one admits n. that they have done something wrong or illegal 59. fo d smoking in public areas to order somebody not to do something, ν. especially officially; to keep something from happening or arising 60. a con\_\_\_\_on of faith a formal statement in which one admits n. that they have done something wrong or illegal 61. ha y commitment adj. done or acting with excessive speed or urgency and without sufficient thought or consideration 62. make a da\_\_\_g face adj. brave and taking risks 63. ho\_\_\_\_ss situation adj. having no hope; despairing; having no chance of success 64. turn out to be all s m something that is not as good or true as n. it seems to be and is intended to deceive people; a person who pretends to be something they are not

ANSWERS: 54. hijab, 55. resign, 56. chant, 57. relentless, 58. confession, 59. forbid, 60. confession, 61. hasty, 62. daring, 63. hopeless, 64. sham

- 65. he\_\_\_\_rf cloth
- 66. un\_\_\_t verdict
- 67. r r for more
- 68. ig\_\_\_e a boom
- 69. a de\_\_\_t attitude
- 70. g\_\_p for air
- 71. canoe pa\_\_\_e
- 72. re\_\_n to fate
- 73. ch t melodies
- 74. sh\_\_\_e chains

- n. a piece of cloth worn on the head, often for religious or cultural reasons
- adj. not fair or equitable; lacking in justice or impartiality; morally unacceptable or wrong
- v. to make a loud, deep sound, like a lion or a car engine
- v. to set on fire; to cause to start burning
- adj. showing bold resistance or disobedience to authority, rules, or norms
- v. to inhale sharply and audibly, often in response to strong emotion or sensation; to catch one's breath suddenly, often due to shock or surprise
- a flat, usually wooden implement with a handle used for stirring, mixing, or beating a liquid or substance
- v. to give up a position or job voluntarily; to accept something unpleasant or undesirable as inevitable
- a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation
- a metal ring, bar, or other device used to confine, restrain, or limit freedom of movement; a restraint or impediment of any kind

ANSWERS: 65. headscarf, 66. unjust, 67. roar, 68. ignite, 69. defiant, 70. gasp, 71. paddle, 72. resign, 73. chant, 74. shackle

75. a sm battle	<ul> <li>n. something that is not as go it seems to be and is intended deceive people; a person to be something they are not as go it seems to be something they are not as go it seems to be something they are not as go it seems to be something they are not as go it seems to be something they are not as go it seems to be something they are not as go it seems to be something they are not as go it seems to be and its intended in the seems to be a seem to b</li></ul>	ded to who pretends
76. traditional herf	<ul> <li>n. a piece of cloth worn on the for religious or cultural reas</li> </ul>	
77. rem a competitive position	v. to take back something progrem, or paid, or ask to ha	=
78. fod the use of chemical weapons	v. to order somebody not to despecially officially; to keep from happening or arising	_
79. dy gravity	v. to challenge or dare some something; to resist or disc decision, etc.	
80. intne thread	ν. to twist together or become together	e twisted
81. tey people	v. to frighten someone very n	nuch
82. ops the minority	v. to treat people in a cruel and authoritarian way, especial them the same freedoms, other people	lly by denying
83. lite people from oppression	ν. to set free; to release or re captivity or oppression	scue from
84. victory boe	<ul><li>n. an outdoor fire, typically or in a park, used for warmth rubbish</li></ul>	
85. status q_o politician	<ul><li>n. the existing state or condition</li><li>something, especially in re</li></ul>	

ANSWERS: 75. sham, 76. headscarf, 77. reclaim, 78. forbid, 79. defy, 80. intertwine, 81. terrify, 82. oppress, 83. liberate, 84. bonfire, 85. quo

particular situation or issue

86. un\_\_\_t accusation

- adj. not fair or equitable; lacking in justice or impartiality; morally unacceptable or wrong
- 87. sm\_\_\_\_e herself out of a country
- v. to import or export something or someone without paying appropriate customs duties, often illegally
- 88. re\_\_\_\_m land from the sea
- v. to take back something previously lost, given, or paid, or ask to have it back

ANSWERS: 86. unjust, 87. smuggle, 88. reclaim

## **Session 3: Fill in the Blanks**

1. The layer on Mars is much thinner than on Earth.
a layer of rock between the surface and the core of a planet or moon; a loose sleeveless cloak or shawl; the responsibilities of an important position or job that passes from one person to another
2. The boarders glided across the crystal-clear waters of the cove.
<ul> <li>a flat, usually wooden implement with a handle used for stirring, mixing, or beating a liquid or substance</li> </ul>
3. The vines to form a thick canopy overhead.
v. to twist together or become twisted together
4. The ruling was considered by many people in the community.
adj. not fair or equitable; lacking in justice or impartiality; morally unacceptable or wrong
5. God you should regret your marriage.
v. to order somebody not to do something, especially officially; to keep something from happening or arising
6. After their boat engine failed, they were left in the middle of the ocean.
adj. without purpose or direction; floating with no clear destination or goal; lacking a stable or secure position or status
7. He wore black and a white shirt to the job interview.
<ul> <li>a pair of leg coverings that extends from the waist to the ankles covering each leg separately, often referred to as pants</li> </ul>
ANSWERS: 1. mantle, 2. paddle, 3. intertwine, 4. unjust, 5. forbid, 6. adrift, 7. trousers

ANSWERS: 42. resign, 43. confession, 44. furious