

# Englist.me



## Vocabulary Builder Reference from...

*Ruby Sales: How we can start to heal the pain of racial division | TED Talk*

[https://www.ted.com/talks/ruby\\_sales\\_how\\_we\\_can\\_start\\_to\\_heal\\_the\\_pain\\_of\\_racial\\_division](https://www.ted.com/talks/ruby_sales_how_we_can_start_to_heal_the_pain_of_racial_division)

### All Words

#### IMPORTANT

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## Session 1: Word List

### racism

*n.* prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized

*synonym* : prejudice, discrimination, bias

(1) systemic **racism**, (2) research on anti- **racism**

The school's lack of diversity was a clear indication of the **racism** present in the community.

### paralyze

*v.* to cause a person or part of the body to become unable to move or feel

*synonym* : immobilize, disable, numb

(1) **paralyze** a city, (2) **paralyze** a person

The venom from the snake bite **paralyzed** his arm.

### healing

*n.* the process of becoming or making somebody or something well again

*synonym* : recovery, recuperation, convalescence

(1) natural **healing** ability, (2) part of the **healing** process

Each ancient tribe has its **healing** traditions.

### movement

*n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the

process of moving or being moved, physically or figuratively

*synonym* : motion, progression, action

(1) a circular **movement**, (2) **movement** of troops

The **movement** of the dancers on stage was graceful and elegant.

## seminary

*n.* an educational institution, typically for the training of candidates for the priesthood or ministry; a school for higher learning

*synonym* : school, academy, college

(1) theological **seminary**, (2) college **seminary**

He enrolled in the **seminary** to study theology and become a minister.

## idealist

*n.* a person who is guided by ideals or principles rather than practical considerations or reality; a person who seeks to achieve a particular vision or goal for the betterment of society or humanity

*synonym* : dreamer, idealizer, visionary

(1) **idealist** at heart, (2) an **idealist** perspective

As a dedicated **idealist**, she always fought for what was right, no matter the cost.

## ignite

*v.* to set on fire; to cause to start burning

*synonym* : light, set fire to, ignite

(1) **ignite** a boom, (2) **ignite** passion

He **ignited** the fireworks with a single spark.

## ordinary

*adj.* not different, exceptional, or unexpected in any way, especially in quality, ability, size, or degree

*synonym* : mundane, prosaic, average

(1) an **ordinary** school, (2) **ordinary** annual revenue

The **ordinary** session of the Diet opened.

## nation

*n.* a large organized community of people living in a particular country or region and having a particular

## culture

*synonym* : country, state, sovereign entity

(1) **nation-state**, (2) a seafaring **nation**

The **nation** of Japan is known for its unique culture and advanced technology.

## county

*n.* an administrative division of a country or state, typically one of several comprising a larger division

*synonym* : district, region, territory

(1) **county** seat, (2) throughout the **county**

The **county's** population has been increasing rapidly in recent years.

## nonviolence

*n.* the use of peaceful means, such as civil disobedience or passive resistance, rather than violence to achieve a goal, especially in the context of political or social change

*synonym* : pacifism, nonresistance, peacekeeping

(1) **nonviolence** movement, (2) **nonviolence** protest

Martin Luther King Jr. was a champion of **nonviolence** in the fight for civil rights.

## redeem

*v.* to compensate for the faults or bad aspects of something; to regain possession or assume ownership of something by paying a sum of money or fulfilling a condition; to rescue or save someone from a difficult or hopeless situation

*synonym* : rescue, save, recover

(1) **redeem** a coupon, (2) **redeem** a government bond

He tried to **redeem** himself by volunteering at the local charity after his mistakes.

## redemption

*n.* the act of saving or being saved from sin, error, or evil, or the process of regaining or earning something of value

*synonym* : rescue, salvation, liberation

(1) **redemption** of a loan, (2) a **redemption** bill

He saw his time in prison as an opportunity for **redemption**.

## pathway

*n.* a track that constitutes or serves as a path; an approach or a way of doing something

*synonym*: route, footpath, trail

(1) **pathway** to understanding, (2) cellular signaling **pathways**

When the first molecule in the **pathway** receives a signal, it activates other molecules.

## stranglehold

*n.* a grip that strangles or suffocates; an excessive grip or control

*synonym*: grip, tight control, hold

(1) escape their **stranglehold**, (2) information **stranglehold**

The monopoly has a **stranglehold** on the market, making it difficult for new businesses to compete.

## grip

*n.* the act of holding onto something firmly with your hands, or the ability to do so; (verb) to hold fast or firmly

*synonym*: grasp, clasp, (verb) hold

(1) **grip** of fear, (2) lose my **grip**

He had a firm **grip** on the rope as he climbed the mountain.

## demonstration

*n.* a display or show, often of a particular skill or product, intended to convince or persuade others

*synonym*: manifestation, presentation, show

(1) **demonstration** project, (2) a campus **demonstration**

Thousands of people attended the protest **demonstration** against the proposed policy.

## protest

*n.* a strong expression of disagreement, disapproval, or opposition

*synonym*: objection, disapproval, challenge

(1) hold a **protest**, (2) a silent **protest**

He left the party in **protest** at its radical political stance.

## exploitation

*n.* the process of making some area of land or water more profitable or productive or useful

*synonym*: victimization, development, using

(1) sexual **exploitation**, (2) the **exploitation** of fossil resources

Strategic **exploitation** of cutting-edge technology would be a sure formula for success.

## sharecropper

*n.* a farmer who cultivates a piece of land owned by someone else, usually in exchange for a share of the crops produced

*synonym*: tenant farmer, cropper, farmer

(1) **sharecropper** system, (2) **sharecropper** labor

Many **sharecroppers** in the South were impoverished and trapped in a cycle of debt.

## cheat

*v.* to act dishonestly or unfairly to gain an advantage or to deceive someone; to break the rules or laws

*synonym*: deceive, swindle, defraud

(1) **cheat** on my taxes, (2) **cheat** in a game

Even though he knew it was wrong, he **cheated** on the exam.

## decide

*v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options

*synonym*: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

## demonstrate

*v.* to display something or give an exhibition to an interested audience

*synonym*: show, illustrate, display

(1) **demonstrate** a difference, (2) **demonstrate** mastery

How can you **demonstrate** that the earth is a sphere?

## mob

*n.* a large and disorderly crowd of people; a large horde of animals

*synonym* : crowd, throng, horde

(1) **mob** psychology, (2) **mob** violence

The excited **mob** was getting out of control at the concert.

## howl

v. to make a prolonged, loud, mournful cry or noise, typically as a signal of distress, pain, or an intense emotion; to express one's strong feelings or emotions in a loud and unrestrained manner; (noun) a long, loud, mournful sound made by a person or an animal, often in response to pain, fear, or sadness

*synonym* : wail, scream, shriek

(1) **howl** at the moon, (2) **howl** of anger

The wolves began to **howl** in the distance as the sunset.

## bat

n. a nocturnal animal with wings that flies and feeds at night, similar to a mouse; a piece of wood with a handle used for hitting the ball in sports including baseball, cricket, and table tennis

*synonym* : cane, rod, stick

(1) **bat** cave, (2) **bat** an eye

The cave was a habitat for **bats**.

## shotgun

n. a firearm that is designed to be fired from the shoulder and that typically fires several small metal balls or pellets called shot

*synonym* : scattergun, blunderbuss

(1) a **shotgun** marriage, (2) a 12-gauge **shotgun**

The robbers used a **shotgun** to threaten the store clerk.

## threaten

v. to utter intentions of injury or punishment against someone

*synonym* : endanger, terrorize, intimidate

(1) **threaten** a healthy relationship, (2) **threaten** national security

Various artificially induced causes are **threatening** our ecosystem.

## sheriff

*n.* (in the US) a government official who is responsible for keeping law and order within a particular county or town

*synonym* : officer, enforcer

(1) **sheriff** court, (2) deputy **sheriff**

The **sheriff** kept establishing order in the town.

## arrest

*v.* to take into custody

*synonym* : capture, detain, imprison

(1) **arrest** the thief, (2) **arrest** the progress

A police officer has the authority to **arrest** a criminal.

## garbage

*n.* waste material, especially food waste and kitchen refuse

*synonym* : waste, trash, debris

(1) **garbage** collection, (2) lump of **garbage**

The **garbage** truck will be coming to pick up the trash every Monday morning.

## jail

*n.* a facility where criminals are kept to be punished for their crimes; a prison

*synonym* : prison, slammer, penitentiary

(1) county **jail**, (2) be in **jail**

The police escorted the prisoner to the **jail**.

## inhumane

*adj.* lacking compassion or mercy towards humans or animals; causing or involving extreme physical or mental pain

*synonym* : cruel, brutal, barbaric

(1) **inhumane** forms of punishment, (2) **inhumane** living conditions

The conditions at the factory were deemed **inhumane** and caused outrage among the public.

## toilet

*n.* a bowl-shaped plumbing fixture with a seat for defecation and urination, or a room or building containing one or more of this fixture

*synonym* : bathroom, lavatory, washroom

(1) **toilet** paper, (2) **toilet** seat

She walked to the **toilet** to freshen up before the meeting.

## release

*v.* to set free or allow to escape from confinement

*synonym* : free, let go, discharge

(1) **release** a prisoner, (2) **release** CO2 into the air

The animal rights group worked to **release** the dolphins back into the wild.

## warn

*v.* to make someone aware of potential danger or difficulty, particularly one that may occur in the future

*synonym* : alert, caution, admonish

(1) **warn** a reckless driver, (2) **warned** me of the plan

I attempted to **warn** him, but he ignored me.

## murder

*n.* the crime of killing somebody intentionally

*synonym* : slaying, killing

(1) **murder** in the second degree, (2) attempted **murder**

This intriguing **murder** mystery remains unsolved.

## fervent

*adj.* characterized by intense or passionate emotion or enthusiasm; showing great warmth or devotion

*synonym* : ardent, passionate, enthusiastic

(1) **fervent** supporter, (2) **fervent** belief

She had a **fervent** desire to pursue her passion and make a difference in the world.

## resistance

*n.* the act of defending oneself from an aggressor or refusing to accept something

*synonym* : opposition, antagonism, defiance

(1) **resistance** movement, (2) **resistance** to insulin

The bill to increase the consumption tax had passed despite much **resistance** from the public.

## pave

*v.* to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use

*synonym* : surface, coat, cover



(1) **pave** a new path, (2) **pave** a smoother road  
They **paved** the courtyard with bricks, giving it a more polished appearance.

## vapor

*n.* a mass of tiny liquid drops in the air  
*synonym*: condensation, dew, fog

(1) alcohol **vapor**, (2) water **vapor** in the atmosphere  
Clouds form when water **vapor** rises to the upper atmosphere.

## seep

*v.* to flow or leak slowly and gradually through small openings or spaces; to ooze or trickle out gradually  
*synonym*: leak, ooze, trickle

(1) **seep** cool and moist air, (2) **seep** into paper  
The rain began to **seep** through the roof, causing damage to the walls and floors.

## doorway

*n.* an opening in a wall for a door to fit into  
*synonym*: entrance, portal, gateway

(1) a wide **doorway**, (2) **doorway** to success  
He leaned against the **doorway**, waiting for her to come home.

## brain

*n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling  
*synonym*: intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage  
X-rays revealed a small tumor in his **brain**.

## react

*v.* to take action in response to something  
*synonym*: respond, reply, oppose

(1) **react** at a high temperature, (2) **react** against his way of thinking  
How did he **react** to your idea?

## process

*n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

*synonym* : procedure, method, system

(1) **process** improvement, (2) decision-making **process**

The **process** for applying for a visa can be lengthy and complicated.

## intentionally

*adv.* in a planned or intended way

*synonym* : knowingly, calculatedly, deliberately

(1) she hit him **intentionally**, (2) She **intentionally** spread misleading information.

She would never **intentionally** hurt anyone.

## blouse

*n.* a loose-fitting upper garment for women, typically having a collar, buttons, and sleeves

*synonym* : shirt, top, tunic

(1) a lacy **blouse**, (2) **blouse** with sleeves

She paired her denim jeans with a delicate floral **blouse**.

## instant

*adj.* happening immediately, with no delay

*synonym* : immediate, urgent, moment

(1) get **instant** access, (2) an **instant** reply

His pleasant face turned cold in an **instant**.

## blast

*n.* explosion, or a strong current of air, usually caused by an explosion; a sudden, thunderous noise

*synonym* : blow, burst, explosion

(1) a **blast** of wind, (2) an icy **blast**

The **blast** shattered the laboratory equipment.

## trauma

*n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience

*synonym* : agony, injury, ordeal

(1) psychic **trauma**, (2) **trauma** care

Many civilians have suffered **trauma** as a result of the war.

## deliberately

*adv.* done in an intentional or slow and careful manner

*synonym*: intentionally, knowingly, willfully

(1) **deliberately** amateurish, (2) commit a crime

**deliberately**

He **deliberately** misleads others.

## malicious

*adj.* intended to do harm or upset other people; having the nature of the harm

*synonym*: adversarial, opposing, hostile

(1) have a **malicious** expression, (2) a **malicious** conspiracy

Everyone kept looking at him with **malicious** eyes.

## intent

*n.* a strong determination or attention to do or achieve something; (adjective) having a strong determination to do or achieve something

*synonym*: purpose, aim, goal

(1) the **intent** of a question, (2) **intent** gaze

The designer's **intent** was to create a minimalist aesthetic for the interior of the building.

## beloved

*adj.* loved very much

*synonym*: adored, cherished, dear

(1) **beloved** author, (2) **beloved** by many people

I am here to save my **beloved**.

## colleague

*n.* one of a group of a coworker, especially in a profession or a business

*synonym*: coworker, associate, fellow

(1) collaborate with **colleagues**, (2) former **colleague**

I decided to seek counseling on the advice of my **colleague**.

## represent

*v.* to speak, act, or be present on behalf of another person or group; to form or constitute

*synonym*: depict, express, describe

(1) **represent** by a diagram, (2) the characters that **represent** numbers

We elected him to **represent** us at the international conference.

## silent

*adj.* without any or little sound

*synonym*: quiet, hushed, mute

(1) **silent** reading, (2) give **silent** consent

The politician remained **silent** despite intense media scrutiny.

## mire

*n.* a wet, muddy ground or area that is difficult to walk or move through

*synonym*: swamp, quagmire, bog

(1) stick in the **mire**, (2) **mire** of debt

The project was bogged down in a **mire** of bureaucracy.

## quicksand

*n.* a type of loose sand or soil that behaves like a liquid, capable of trapping and engulfing living beings or objects that become stuck in it; dangerous or difficult situations that can trap or overwhelm people who find themselves in them

*synonym*: sinkhole, bog, mire

(1) escaping from **quicksand**, (2) sink in **quicksand**

During my hiking trip, I got stuck in **quicksand** and had to be rescued.

## vicious

*adj.* having or showing a desire to cause harm to others; having the nature of vice

*synonym*: malicious, spiteful, malevolent

(1) **vicious** attack, (2) **vicious** deflationary spiral

The **vicious** dog barked and growled at anyone who came near its territory.

## volley

*n.* a simultaneous discharge or release of multiple objects, often projectiles like arrows or bullets; a rapid and continuous series of utterances or actions

*synonym*: salvo, bombardment, barrage

(1) **volley** of conversation, (2) **volley** of insults

The soldiers fired a **volley** of shots at the approaching enemy.

## strip

*v.* to remove the surface from something; (noun) a sizeable narrow piece of something such as paper, metal, cloth, etc., or area of land, sea, etc.

*synonym*: deprive, undress, (noun) ribbon

(1) **strip** a tire off, (2) coast **strip**

The doctor advised him to **strip** down for a check.

## stereotype

*n.* a fixed and unvarying idea or image that people have about what someone or something is like, but which is often not true in reality and may cause hurt and offense

(1) avoid **stereotype**, (2) negative **stereotypes**

Changing **stereotypes** about LGBTQ requires considerable effort.

## myth

*n.* an ancient story or set of stories accepted as history, especially explaining the worldview of a people

*synonym*: fable, legend, lore

(1) the **myth** of an old religion, (2) perpetuate a **myth**

With the financial bubble bursting, the **myth** of economic growth in investment banking collapsed.

## invade

*v.* to enter aggressively into another's territory by military force for conquest and occupation

*synonym*: intrude, raid, overrun

(1) **invade** other tissues, (2) **invade** his privacy

I have no intention to **invade** your privacy.

## promote

*v.* to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher

position or rank

*synonym* : boost, raise, advertise

(1) **promote** a better relationship, (2) **promote** bad behavior

The government should do more to **promote** sustainable agribusiness.

## labor

*n.* productive work, especially physical work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal

*synonym* : toil, moil, donkeywork

(1) seasonal **labor**, (2) manual **labor**

In several countries, child **labor** is a serious social problem.

## unequal

*adj.* different in amount, size, degree, or value; not fair

*synonym* : unfair, uneven, imbalanced

(1) **unequal** distribution, (2) **unequal** opportunity

The income inequality in the country is becoming increasingly **unequal**.

## wage

*n.* a particular amount of money that somebody earns, usually every week or every month, for work or services

*synonym* : payment, compensation, salary

(1) unpaid **wages**, (2) increase in the minimum **wage**

His **wages** continued to rise as his skills improved.

## betray

*v.* to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally

*synonym* : fail, denounce, display

(1) **betray** a friend, (2) **betray** confidence

He felt **betrayed** when his best friend revealed their secret to the enemy.

## discovery

*n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known

*synonym* :

finding, uncovering, detection

(1) a scientific **discovery**, (2) the great **discovery** of the century

Her research team made an important **discovery**.

## expire

v. to come to the end of the period of validity of a document, authorization, agreement, etc.

*synonym*: run out, terminate, cease

(1) **expires** next month, (2) it will **expire**

I forgot to renew my driver's license, and it **expired**.

## propose

v. to make a proposal, declare a plan for something

*synonym*: suggest, offer, recommend

(1) **propose** the amendment, (2) **propose** changes

I want to **propose** a toast in honor of our longstanding relationship.

## drown

v. to die or cause to die by being unable to breathe underwater

*synonym*: douse, drench, overwhelm

(1) **drown** in a bath, (2) I was **drowned** in work

Floods have the potential to **drown** any subsurface animals easily.

## identity

n. the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another

*synonym*: character, personality, individuality

(1) mistaken **identity**, (2) **identity** as an individual

The terrorist's **identity** remains unknown.

## uniformity

n. the state or quality of being the same or consistent in form, character, or action; the absence of variation or diversity

*synonym*: uniformness, consistency, sameness

(1) lack of **uniformity**, (2) strive for **uniformity**

The **uniformity** of the products in this brand results from strict quality control measures.

**quo** *n.* the existing state or condition of something, especially in relation to a particular situation or issue  
*synonym*: status, condition, state  
(1) status **quo** politician, (2) **quo** warranto  
The company has been successful in maintaining the status **quo**.

**estimate** *v.* to guess or calculate the cost, size, value, etc. of something  
*synonym*: calculate, gauge, evaluate  
(1) **estimate** a fair value, (2) **estimate** this chicken to weigh three pounds  
We **estimated** the season's total trade deficit at \$50 billion.

**systemic** *adj.* affecting or related to the whole of something, especially the human body or a society  
(1) the **systemic** arteries, (2) **systemic** reforms of the organization  
This vaccine causes mild **systemic** side effects.

**canon** *n.* a set of rules, principles, or standards by which something is judged or measured  
*synonym*: rule, principle, standard  
(1) **canon** law, (2) strict **canon**  
The **canon** of classical literature includes works by Shakespeare, Chaucer, and Homer.

**religion** *n.* a deep conviction in a supernatural power that controls human destiny  
*synonym*: faith, creed, belief  
(1) **religion** sociology, (2) freedom of **religion**  
Their **religion** strictly prohibits them from drinking or gambling.



## **maintain**

*v.* to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true

*synonym* : preserve, uphold, sustain

(1) **maintain** order, (2) **maintain** good health

I need to **maintain** my car regularly to prevent any major mechanical issues.

## **hierarchy**

*n.* a system in which people or things are organized into different levels of importance from highest to lowest

*synonym* : ranking, order, scale

(1) top of the **hierarchy**, (2) **hierarchy** of folders

She has taken a step up in the organizational **hierarchy**.

## **structure**

*n.* the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts

*synonym* : construction, architecture, establishment

(1) the **structure** of a machine, (2) **structure** and function of the brain

The organizational **structure** of start-ups is often flat and straightforward.

## **insider**

*n.* a person who has privileged access to special or secret information about a particular organization or field

*synonym* : mole, privileged person

(1) **insider** trading, (2) company **insider**

He's a Wall Street **insider** with a lot of valuable information.

## **pose**

*v.* to present a risk, problem, or other issues that must be addressed

*synonym* : present, put, position

(1) **pose** a significant threat to my company, (2) **pose** a challenge

The chemicals **pose** a massive health risk.

## humanize

*v.* to make something or someone more humane or compassionate; to make something more relatable or understandable to humans

*synonym* : civilize, personalize

(1) **humanize** my pet, (2) **humanize** a room

The charity event aims to **humanize** the homeless rather than treat them as mere statistics.

## melt

*v.* to turn from something solid into something soft or liquid as a result of heating

*synonym* : disintegrate, soften, disappear

(1) **melt** the ice, (2) **melt** down gold

Her resistance **melted** under his persuasion.

## interlocking

*adj.* fitting or locking together in a way that makes a continuous and secure whole

*synonym* : connected, linked, joined

(1) **interlocking** braid, (2) **interlocking** mechanism

The **interlocking** puzzle pieces were difficult to separate.

## gender

*n.* the range of characteristics of femininity and masculinity and differentiating between them, especially when considering social and cultural differences rather than differences in biology

*synonym* : sexuality

(1) **gender-blind** policies, (2) dual **gender**

Cultural norms strongly influence **gender** expectations.

## construct

*v.* to build or create something; to assemble or combine different parts to form something whole

*synonym* : build, assemble, create

(1) **construct** a 3D image, (2) **construct** a dam

He **constructs** hypotheses that no mathematician has ever imagined before.

## assignment

*n.* a duty or task given to someone, usually as part of their job or studies

*synonym*: task, duty, designation

(1) finish the **assignment**, (2) **assignment** of interest

My **assignment** was overwhelming and complicated, but it was also exciting.

## overwhelming

*adj.* very great or intense; so powerful that you cannot fight or react against it

*synonym*: overpowering, astounding, amazing

(1) **overwhelming** majority, (2) an **overwhelming** victory

He has shown signs of uneasiness and **overwhelming** worry.

## complicit

*adj.* involved in or responsible for a wrongful or unethical act, often through inaction or silence; in cooperation with another person or group

*synonym*: compliant, involved, accessory

(1) **complicit** behavior, (2) **complicit** in cover-up

The accomplice was **complicit** in the crime committed by her partner.

## authentic

*adj.* known to be real and what people say it is; not a fake or copy

*synonym*: genuine, bona fide, original

(1) an **authentic** signature, (2) the sets were meticulously **authentic**

The stages of the play were meticulously **authentic**

## ethnic

*adj.* relating or belonging to a group of people who share a cultural tradition

*synonym*: racial, ethnical, tribal

(1) **ethnic** minority, (2) single **ethnic** group

Each **ethnic** group has its unique rituals.

## aspect

*n.* one part or feature of a situation, problem, subject, etc.

*synonym*: characteristic, element, factor

(1) nontechnical **aspects** of the job, (2) **aspects** of social,

political, and economic life

His professional experience includes all **aspects** of media production.

## narrative

*n.* a story or a description of a series of events or process of telling a story

*synonym*: the tale, chronology, annals

(1) **narrative** poetry, (2) personal **narrative**

The **narrative** handles multiple plot lines and has unpredictable ends.

## individual

*n.* a single person or thing, as distinct from a group

*synonym*: person, being, self

(1) a private **individual**, (2) **individual** freedom

As an **individual**, he had the right to make his own decisions and live his life as he saw fit.

## spiritual

*adj.* relating to or affecting the human spirit or soul as opposed to material or physical things

*synonym*: otherworldly, ethereal, transcendental

(1) constant **spiritual** striving, (2) **spiritual** leader

The meditation class was focused on finding inner peace and cultivating a more **spiritual** connection with the universe.

## paradigm

*n.* a standard or typical example of something; a pattern or model

*synonym*: example, standard, epitome

(1) major **paradigm** shift, (2) cultural **paradigm**

He postulated a completely different **paradigm** to explain all these phenomena.

## pit

*n.* a hole in the ground or a cavity in a surface; a place for storing or holding something; a section of a theater or sports arena where people can sit

*synonym*: hole, depression, indentation

(1) the bottomless **pit**, (2) the **pit** of the stomach

The **pit** of the avocado can be removed by gently wedging a spoon around it.

## essential

*adj.* indispensable; fundamental

*synonym* : critical, crucial, basic

(1) **essential** amino acid, (2) **essential** commodities of life  
Trial and error is an **essential** part of education.

## quagmire

*n.* a soft, muddy area that is difficult to walk or move through; a difficult or complicated situation; a dilemma or predicament

*synonym* : morass, swamp, bog

(1) sink into a **quagmire**, (2) **quagmire** debate

The company found itself in a legal **quagmire**, unable to resolve the issue without causing harm to its reputation.

## racial

*adj.* of or related to the race (= classification of humans into groups based on physical traits or social relations)

*synonym* : ethnic, tribal, ethnical

(1) **racial** prejudice, (2) **racial** and ethnic backgrounds

A minor **racial** conflict later led to a civil war.

## punitive

*adj.* relating to or involving punishment or inflicting punishment; aimed at punishing or disciplining

*synonym* : punishing, retributive, disciplinary

(1) **punitive** response, (2) **punitive** damages

His coworkers deemed the **punitive** measures taken against the employee too harsh.

## possibility

*n.* a chance that something may happen or be true

*synonym* : chance, prospect, likelihood

(1) **possibility** for growth, (2) **possibility** of a major earthquake

The **possibility** of getting the disease will drastically increase.

## vitriolic

*adj.* bitter, acidic, or harsh in tone or language; expressing intense and vehement hatred or criticism; pertains to or derived from vitriol (= an archaic name for certain sulfates, initially used to describe sulfuric acid)

*synonym* : acerbic, caustic, biting

(1) **vitriolic** assault, (2) **vitriolic** discussion

Her **vitriolic** remarks caused much tension in the workplace.

## oppress

*v.* to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people

*synonym* : antagonize, distress, burden

(1) **oppress** the minority, (2) **oppress** the people with force

Historically, many countries have often **oppressed** certain religions to gain the support of the majority of the population.

## technological

*adj.* based on scientific and industrial progress

*synonym* : specialized, technical

(1) **technological** advancement, (2) **technological** policy

**Technological** advances have disrupted many industries.

## complicated

*adj.* involving a lot of different things or parts in a way that is difficult to understand or analyze

*synonym* : complex, convoluted, intricate

(1) a **complicated** process, (2) become increasingly **complicated**

He did **complicated** pen-and-ink drawings in just a few days.

## perpetuate

*v.* to make something continue or prevail for a long time

*synonym* : eternalize, preserve, maintain

(1) **perpetuate** a myth, (2) **perpetuate** chronic pain

That work **perpetuates** his fame.

## indulge

*v.* to allow oneself or another person to have or enjoy something, especially something that is considered to be a luxury or treat

*synonym* : pamper, gratify, entertain

(1) **indulge** in debauchery, (2) **indulge** children  
She **indulged** in a warm bath after a long day at work.

## bully

*n.* a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful  
*synonym*: tormentor, intimidator, aggressor

(1) **bully** bystander, (2) **bully** the weak  
The schoolyard **bully** terrorized the other children and made their lives miserable.

## degrade

*v.* to make something worse, especially in quality; to show or treat someone in a way that makes them seem no value and do not have the respect or reasonable opinion of others

*synonym*: demean, disgrace, impair

(1) **degrade** his public image, (2) **degrade** environmental quality  
You should not **degrade** yourself by allowing them to use you.

## elevate

*v.* to raise something from a lower to a higher position; to give a promotion to or assign to a higher position

*synonym*: lift, heighten, promote

(1) **elevate** educational standards, (2) **elevate** a close relationship  
Eating food in a hurry **elevates** blood glucose levels.

## vista

*n.* a pleasing or expansive view, most often of a landscape or a cityscape; a broad and extensive view or outlook

*synonym*: panorama, view, prospect

(1) **vista** point, (2) unobstructed **vista**  
The hike to the top of the mountain offered a breathtaking **vista** of the surrounding valley.

## engage

*v.* to attract and keep someone's attention and interest; to participate in or obtain services of something

*synonym* : confront, employ, amuse

(1) **engage** in environmental protection activities,

(2) **engage** a new employee

Many multinational companies are **engaged** in the reconstruction of that country.

## segregate

v. to separate or set apart from others, often based on race, gender, or some other characteristic

*synonym* : isolate, separate, divide

(1) **segregate** by race, (2) **segregate** boys and girls

The school board decided to **segregate** students by the ability to meet their needs better.

## achieve

v. to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do

*synonym* : accomplish, attain, reach

(1) **achieve** success, (2) **achieve** milestones

I will work hard to **achieve** my goals and realize my dreams.

## heal

v. to make a wound or injury to become well again

*synonym* : recover, bring around, mend

(1) **heal** a broken bone, (2) **heal** the hurt mind

It will take time for her mental scars to **heal**.

## cannibal

n. a person who eats the flesh or internal organs of other human beings, especially as a cultural or ritual practice

*synonym* : man-eater, anthropophage

(1) **cannibal** tribe, (2) habitual **cannibal**

The horror movie portrayed a group of **cannibals** who hunted humans in the woods.

## privilege

n. a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society

*synonym* : benefit, authorization, advantage



(1) a breach of **privilege**, (2) **privilege** of membership  
In the Middle Ages, the right to hunt in the wild was the **privilege** of royalty and nobility.

## faith

*n.* complete trust in something or someone's ability or knowledge; a strong belief in religion, divine power, etc.  
*synonym*: belief, trust, confidence

(1) religious **faith**, (2) **faith** in government  
He kept his robust **faith** in his company.

## democracy

*n.* a form of government in which the people have the authority to deliberate and decide legislation, or to choose governing officials to do so

*synonym*: self-government, republic, commonwealth

(1) **democracy** advocate, (2) principles of **democracy**  
**Democracy** often entails inclusive capitalism as well.

## claim

*v.* to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true

*synonym*: assert, declare, maintain

(1) **claim** responsibility, (2) false **claim**

He wants to **claim** ownership of the abandoned property.

## participate

*v.* to take part in something

*synonym*: take part, partake, enter

(1) **participate** fully in conversation, (2) **participate** in the program

The majority of students actively **participated** in the college's intramural sports program.

## Session 2: Spelling

- |                            |   |
|----------------------------|---|
| 1. tec_____cal advancement | <i>adj.</i> based on scientific and industrial progress   |
| 2. a sh_____n marriage     | <i>n.</i> a firearm that is designed to be fired from the shoulder and that typically fires several small metal balls or pellets called shot              |
| 3. ch__t on my taxes       | <i>v.</i> to act dishonestly or unfairly to gain an advantage or to deceive someone; to break the rules or laws   |
| 4. red_____on of a loan    | <i>n.</i> the act of saving or being saved from sin, error, or evil, or the process of regaining or earning something of value                            |
| 5. st__p a tire off        | <i>v.</i> to remove the surface from something; (noun) a sizeable narrow piece of something such as paper, metal, cloth, etc., or area of land, sea, etc. |
| 6. be___y confidence       | <i>v.</i> to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally  |
| 7. sp_____al leader        | <i>adj.</i> relating to or affecting the human spirit or soul as opposed to material or physical things   |
| 8. a red_____on bill       | <i>n.</i> the act of saving or being saved from sin, error, or evil, or the process of regaining or earning something of value                            |
| 9. be_____d by many people | <i>adj.</i> loved very much   |

ANSWERS: 1. technological, 2. shotgun, 3. cheat, 4. redemption, 5. strip, 6. betray, 7. spiritual, 8. redemption, 9. beloved

10. She int\_\_\_\_\_lly spread misleading information. *adv.* in a planned or intended way
11. un\_\_\_\_\_l distribution *adj.* different in amount, size, degree, or value; not fair
12. as\_\_\_ts of social, political, and economic life *n.* one part or feature of a situation, problem, subject, etc.
13. re\_\_\_\_\_nt by a diagram *v.* to speak, act, or be present on behalf of another person or group; to form or constitute
14. in\_\_\_\_\_r trading *n.* a person who has privileged access to special or secret information about a particular organization or field
15. become increasingly com\_\_\_\_\_ed *adj.* involving a lot of different things or parts in a way that is difficult to understand or analyze
16. a seafaring na\_\_\_\_n *n.* a large organized community of people living in a particular country or region and having a particular culture
17. m\_b violence *n.* a large and disorderly crowd of people; a large horde of animals
18. a breach of pr\_\_\_\_\_ge *n.* a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society
19. status q\_o politician *n.* the existing state or condition of something, especially in relation to a particular situation or issue
20. permanent br\_\_n damage *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling

ANSWERS: 10. intentionally, 11. unequal, 12. aspect, 13. represent, 14. insider, 15. complicated, 16. nation, 17. mob, 18. privilege, 19. quo, 20. brain

- |   |             |   |
|---|-------------|---|
| 21. re__t against his way of thinking       | <i>v.</i>   | to take action in response to something   |
| 22. an au_____ic signature                  | <i>adj.</i> | known to be real and what people say it is; not a fake or copy  |
| 23. pa_____y to understanding               | <i>n.</i>   | a track that constitutes or serves as a path; an approach or a way of doing something   |
| 24. the great di_____ry of the century      | <i>n.</i>   | the act or process of finding information, a place, or an object, or learning about something that was previously not known   |
| 25. attempted mu___r                        | <i>n.</i>   | the crime of killing somebody intentionally   |
| 26. decision-making pr_____s                | <i>n.</i>   | a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products |
| 27. a campus dem_____ion                    | <i>n.</i>   | a display or show, often of a particular skill or product, intended to convince or persuade others  |
| 28. the sets were meticulously<br>au_____ic | <i>adj.</i> | known to be real and what people say it is; not a fake or copy  |
| 29. g__p of fear                            | <i>n.</i>   | the act of holding onto something firmly with your hands, or the ability to do so; (verb) to hold fast or firmly  |
| 30. an or_____ry school                     | <i>adj.</i> | not different, exceptional, or unexpected in any way, especially in quality, ability, size, or degree   |

ANSWERS: 21. react, 22. authentic, 23. pathway, 24. discovery, 25. murder, 26. process, 27. demonstration, 28. authentic, 29. grip, 30. ordinary

31. pr\_\_\_\_s improvement *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
32. the in\_\_\_\_t of a question *n.* a strong determination or attention to do or achieve something; (adjective) having a strong determination to do or achieve something
33. strict ca\_\_n *n.* a set of rules, principles, or standards by which something is judged or measured
34. cultural pa\_\_\_\_gm *n.* a standard or typical example of something; a pattern or model
35. re\_\_\_\_e a prisoner *v.* to set free or allow to escape from confinement
36. sh\_\_\_\_f court *n.* (in the US) a government official who is responsible for keeping law and order within a particular county or town
37. st\_\_\_\_re and function of the brain *n.* the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts
38. h\_\_l a broken bone *v.* to make a wound or injury to become well again
39. m\_b psychology *n.* a large and disorderly crowd of people; a large horde of animals

ANSWERS: 31. process, 32. intent, 33. canon, 34. paradigm, 35. release, 36. sheriff, 37. structure, 38. heal, 39. mob

40. in\_\_\_\_\_e in debauchery *v.* to allow oneself or another person to have or enjoy something, especially something that is considered to be a luxury or treat
41. si\_\_\_\_t reading *adj.* without any or little sound
42. tr\_\_\_\_a care *n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
43. natural he\_\_\_\_\_g ability *n.* the process of becoming or making somebody or something well again
44. p\_\_e a challenge *v.* to present a risk, problem, or other issues that must be addressed
45. h\_\_l the hurt mind *v.* to make a wound or injury to become well again
46. psychic tr\_\_\_\_a *n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
47. q\_o warranto *n.* the existing state or condition of something, especially in relation to a particular situation or issue
48. co\_\_\_\_\_it behavior *adj.* involved in or responsible for a wrongful or unethical act, often through inaction or silence; in cooperation with another person or group
49. sink in qu\_\_\_\_\_nd *n.* a type of loose sand or soil that behaves like a liquid, capable of trapping and engulfing living beings or objects that become stuck in it; dangerous or difficult situations that can trap or overwhelm people who find themselves in them

ANSWERS: 40. indulge, 41. silent, 42. trauma, 43. healing, 44. pose, 45. heal, 46. trauma, 47. quo, 48. complicit, 49. quicksand

50. pr\_\_\_\_\_e bad behavior      *v.* to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank
51. finish the ass\_\_\_\_\_nt      *n.* a duty or task given to someone, usually as part of their job or studies
52. a scientific di\_\_\_\_\_ry      *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known
53. college se\_\_\_\_\_ry      *n.* an educational institution, typically for the training of candidates for the priesthood or ministry; a school for higher learning
54. the bottomless p\_t      *n.* a hole in the ground or a cavity in a surface; a place for storing or holding something; a section of a theater or sports arena where people can sit
55. a 12-gauge sh\_\_\_\_\_n      *n.* a firearm that is designed to be fired from the shoulder and that typically fires several small metal balls or pellets called shot
56. the sy\_\_\_\_\_ic arteries      *adj.* affecting or related to the whole of something, especially the human body or a society
57. co\_\_\_\_\_ct a dam      *v.* to build or create something; to assemble or combine different parts to form something whole
58. deputy sh\_\_\_\_\_f      *n.* (in the US) a government official who is responsible for keeping law and order within a particular county or town

ANSWERS: 50. promote, 51. assignment, 52. discovery, 53. seminary, 54. pit, 55. shotgun, 56. systemic, 57. construct, 58. sheriff

59. the exp\_\_\_\_\_ion of fossil resources  
*n.* the process of making some area of land or water more profitable or productive or useful
60. es\_\_\_\_\_al commodities of life  
*adj.* indispensable; fundamental
61. op\_\_\_\_\_s the people with force  
*v.* to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people
62. ar\_\_\_\_t the thief  
*v.* to take into custody
63. par\_\_\_\_\_te fully in conversation  
*v.* to take part in something
64. int\_\_\_\_\_ing mechanism  
*adj.* fitting or locking together in a way that makes a continuous and secure whole
65. single et\_\_\_\_c group  
*adj.* relating or belonging to a group of people who share a cultural tradition
66. a lacy bl\_\_\_\_e  
*n.* a loose-fitting upper garment for women, typically having a collar, buttons, and sleeves
67. the characters that re\_\_\_\_\_nt numbers  
*v.* to speak, act, or be present on behalf of another person or group; to form or constitute
68. freedom of re\_\_\_\_\_on  
*n.* a deep conviction in a supernatural power that controls human destiny
69. lump of ga\_\_\_\_\_e  
*n.* waste material, especially food waste and kitchen refuse
70. theological se\_\_\_\_\_ry  
*n.* an educational institution, typically for the training of candidates for the priesthood or ministry; a school for higher learning

ANSWERS: 59. exploitation, 60. essential, 61. oppress, 62. arrest, 63. participate, 64. interlocking, 65. ethnic, 66. blouse, 67. represent, 68. religion, 69. garbage, 70. seminary



71. es\_\_\_\_te a fair value      *v.* to guess or calculate the cost, size, value, etc. of something
72. mu\_\_\_\_r in the second degree      *n.* the crime of killing somebody intentionally
73. in\_\_\_\_t gaze      *n.* a strong determination or attention to do or achieve something; (adjective) having a strong determination to do or achieve something
74. sha\_\_\_\_\_per system      *n.* a farmer who cultivates a piece of land owned by someone else, usually in exchange for a share of the crops produced
75. dr\_\_n in a bath      *v.* to die or cause to die by being unable to breathe underwater
76. p\_\_e a smoother road      *v.* to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
77. pr\_\_\_\_\_ge of membership      *n.* a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society
78. ma\_\_\_\_\_in good health      *v.* to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true
79. strive for uni\_\_\_\_\_ty      *n.* the state or quality of being the same or consistent in form, character, or action; the absence of variation or diversity
80. I was dr\_\_ned in work      *v.* to die or cause to die by being unable to breathe underwater

ANSWERS: 71. estimate, 72. murder, 73. intent, 74. sharecropper, 75. drown, 76. pave, 77. privilege, 78. maintain, 79. uniformity, 80. drown

81. top of the hi\_\_\_\_\_hy *n.* a system in which people or things are organized into different levels of importance from highest to lowest
82. el\_\_\_\_\_e a close relationship *v.* to raise something from a lower to a higher position; to give a promotion to or assign to a higher position
83. the m\_\_h of an old religion *n.* an ancient story or set of stories accepted as history, especially explaining the worldview of a people
84. ind\_\_\_\_\_al freedom *n.* a single person or thing, as distinct from a group
85. dem\_\_\_\_\_te a difference *v.* to display something or give an exhibition to an interested audience
86. be in j\_\_l *n.* a facility where criminals are kept to be punished for their crimes; a prison
87. cl\_\_m responsibility *v.* to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true
88. hu\_\_\_\_\_ze a room *v.* to make something or someone more humane or compassionate; to make something more relatable or understandable to humans
89. unobstructed vi\_\_a *n.* a pleasing or expansive view, most often of a landscape or a cityscape; a broad and extensive view or outlook
90. th\_\_\_\_\_en national security *v.* to utter intentions of injury or punishment against someone

ANSWERS: 81. hierarchy, 82. elevate, 83. myth, 84. individual, 85. demonstrate, 86. jail, 87. claim, 88. humanize, 89. vista, 90. threaten

91. former co\_\_\_\_\_ue *n.* one of a group of a coworker, especially in a profession or a business
92. mistaken id\_\_\_\_\_ty *n.* the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another
93. bl\_\_\_\_e with sleeves *n.* a loose-fitting upper garment for women, typically having a collar, buttons, and sleeves
94. de\_\_\_\_\_cy advocate *n.* a form of government in which the people have the authority to deliberate and decide legislation, or to choose governing officials to do so
95. per\_\_\_\_\_te a myth *v.* to make something continue or prevail for a long time
96. in\_\_\_\_\_e children *v.* to allow oneself or another person to have or enjoy something, especially something that is considered to be a luxury or treat
97. to\_\_\_\_t seat *n.* a bowl-shaped plumbing fixture with a seat for defecation and urination, or a room or building containing one or more of this fixture
98. non\_\_\_\_\_ce protest *n.* the use of peaceful means, such as civil disobedience or passive resistance, rather than violence to achieve a goal, especially in the context of political or social change
99. give si\_\_\_\_t consent *adj.* without any or little sound

ANSWERS: 91. colleague, 92. identity, 93. blouse, 94. democracy, 95. perpetuate, 96. indulge, 97. toilet, 98. nonviolence, 99. silent

100. el\_\_\_\_e educational standards      *v.* to raise something from a lower to a higher position; to give a promotion to or assign to a higher position
101. company in\_\_\_\_r      *n.* a person who has privileged access to special or secret information about a particular organization or field
102. ch\_\_t in a game      *v.* to act dishonestly or unfairly to gain an advantage or to deceive someone; to break the rules or laws
103. in\_\_\_\_ne forms of punishment      *adj.* lacking compassion or mercy towards humans or animals; causing or involving extreme physical or mental pain
104. to\_\_\_\_t paper      *n.* a bowl-shaped plumbing fixture with a seat for defecation and urination, or a room or building containing one or more of this fixture
105. information str\_\_\_\_old      *n.* a grip that strangles or suffocates; an excessive grip or control
106. en\_\_\_e in environmental protection activities      *v.* to attract and keep someone's attention and interest; to participate in or obtain services of something
107. the p\_t of the stomach      *n.* a hole in the ground or a cavity in a surface; a place for storing or holding something; a section of a theater or sports arena where people can sit
108. co\_\_\_\_it in cover-up      *adj.* involved in or responsible for a wrongful or unethical act, often through inaction or silence; in cooperation with another person or group

ANSWERS: 100. elevate, 101. insider, 102. cheat, 103. inhumane, 104. toilet, 105. stranglehold, 106. engage, 107. pit, 108. complicit

109. ma\_\_\_\_\_in order      *v.* to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true
110. ca\_\_\_\_\_al tribe      *n.* a person who eats the flesh or internal organs of other human beings, especially as a cultural or ritual practice
111. w\_\_\_\_ned me of the plan      *v.* to make someone aware of potential danger or difficulty, particularly one that may occur in the future
112. ca\_\_\_\_n law      *n.* a set of rules, principles, or standards by which something is judged or measured
113. pa\_\_\_\_\_ze a city      *v.* to cause a person or part of the body to become unable to move or feel
114. h\_\_l of anger      *v.* to make a prolonged, loud, mournful cry or noise, typically as a signal of distress, pain, or an intense emotion; to express one's strong feelings or emotions in a loud and unrestrained manner; (noun) a long, loud, mournful sound made by a person or an animal, often in response to pain, fear, or sadness
115. a circular mo\_\_\_\_\_nt      *n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
116. et\_\_\_\_c minority      *adj.* relating or belonging to a group of people who share a cultural tradition

ANSWERS: 109. maintain, 110. cannibal, 111. warn, 112. canon, 113. paralyze, 114. howl, 115. movement, 116. ethnic

117. re\_\_t at a high temperature      *v.* to take action in response to something
118. be\_\_\_y a friend      *v.* to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally
119. co\_\_\_y seat      *n.* an administrative division of a country or state, typically one of several comprising a larger division
120. increase in the minimum w\_\_e      *n.* a particular amount of money that somebody earns, usually every week or every month, for work or services
121. seasonal la\_\_r      *n.* productive work, especially physical work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal
122. de\_\_\_\_\_e his public image      *v.* to make something worse, especially in quality; to show or treat someone in a way that makes them seem no value and do not have the respect or reasonable opinion of others
123. na\_\_\_n-state      *n.* a large organized community of people living in a particular country or region and having a particular culture
124. m\_\_t down gold      *v.* to turn from something solid into something soft or liquid as a result of heating
125. be\_\_\_\_\_d author      *adj.* loved very much
126. habitual ca\_\_\_\_\_al      *n.* a person who eats the flesh or internal organs of other human beings, especially as a cultural or ritual practice

ANSWERS: 117. react, 118. betray, 119. county, 120. wage, 121. labor, 122. degrade, 123. nation, 124. melt, 125. beloved, 126. cannibal

127. she hit him int\_\_\_\_\_lly      *adv.* in a planned or intended way
128. vi\_\_\_\_\_ic discussion      *adj.* bitter, acidic, or harsh in tone or language; expressing intense and vehement hatred or criticism; pertains to or derived from vitriol (= an archaic name for certain sulfates, initially used to describe sulfuric acid)
129. alcohol va\_\_r      *n.* a mass of tiny liquid drops in the air
130. an id\_\_\_\_\_st perspective      *n.* a person who is guided by ideals or principles rather than practical considerations or reality; a person who seeks to achieve a particular vision or goal for the betterment of society or humanity
131. escaping from qu\_\_\_\_\_nd      *n.* a type of loose sand or soil that behaves like a liquid, capable of trapping and engulfing living beings or objects that become stuck in it; dangerous or difficult situations that can trap or overwhelm people who find themselves in them
132. hi\_\_\_\_\_hy of folders      *n.* a system in which people or things are organized into different levels of importance from highest to lowest
133. perpetuate a m\_\_h      *n.* an ancient story or set of stories accepted as history, especially explaining the worldview of a people
134. in\_\_\_\_\_ne living conditions      *adj.* lacking compassion or mercy towards humans or animals; causing or involving extreme physical or mental pain

ANSWERS: 127. intentionally, 128. vitriolic, 129. vapor, 130. idealist, 131. quicksand, 132. hierarchy, 133. myth, 134. inhumane

135. water va\_\_r in the atmosphere *n.* a mass of tiny liquid drops in the air
136. w\_\_n a reckless driver *v.* to make someone aware of potential danger or difficulty, particularly one that may occur in the future
137. pr\_\_\_\_\_e a better relationship *v.* to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank
138. dem\_\_\_\_\_te mastery *v.* to display something or give an exhibition to an interested audience
139. constant sp\_\_\_\_\_al striving *adj.* relating to or affecting the human spirit or soul as opposed to material or physical things
140. par\_\_\_\_\_te in the program *v.* to take part in something
141. part of the he\_\_\_\_\_g process *n.* the process of becoming or making somebody or something well again
142. hu\_\_\_\_\_ze my pet *v.* to make something or someone more humane or compassionate; to make something more relatable or understandable to humans
143. pr\_\_\_\_\_e changes *v.* to make a proposal, declare a plan for something
144. p\_\_e a significant threat to my company *v.* to present a risk, problem, or other issues that must be addressed
145. ra\_\_\_l prejudice *adj.* of or related to the race (= classification of humans into groups based on physical traits or social relations)
146. lose my g\_\_p *n.* the act of holding onto something firmly with your hands, or the ability to do so; (verb) to hold fast or firmly

ANSWERS: 135. vapor, 136. warn, 137. promote, 138. demonstrate, 139. spiritual, 140. participate, 141. healing, 142. humanize, 143. propose, 144. pose, 145. racial, 146. grip



147. un\_\_\_\_l opportunity *adj.* different in amount, size, degree, or value; not fair
148. a wide do\_\_\_\_\_y *n.* an opening in a wall for a door to fit into
149. se\_\_\_\_\_te boys and girls *v.* to separate or set apart from others, often based on race, gender, or some other characteristic
150. dem\_\_\_\_\_ion project *n.* a display or show, often of a particular skill or product, intended to convince or persuade others
151. ove\_\_\_\_\_ing majority *adj.* very great or intense; so powerful that you cannot fight or react against it
152. ex\_\_\_es next month *v.* to come to the end of the period of validity of a document, authorization, agreement, etc.
153. h\_\_l at the moon *v.* to make a prolonged, loud, mournful cry or noise, typically as a signal of distress, pain, or an intense emotion; to express one's strong feelings or emotions in a loud and unrestrained manner; (noun) a long, loud, mournful sound made by a person or an animal, often in response to pain, fear, or sadness
154. ra\_\_\_l and ethnic backgrounds *adj.* of or related to the race (= classification of humans into groups based on physical traits or social relations)
155. m\_\_e of debt *n.* a wet, muddy ground or area that is difficult to walk or move through
156. hold a pr\_\_\_\_\_t *n.* a strong expression of disagreement, disapproval, or opposition

ANSWERS: 147. unequal, 148. doorway, 149. segregate, 150. demonstration, 151. overwhelming, 152. expire, 153. howl, 154. racial, 155. mire, 156. protest

157. de\_\_\_e on a course of action      *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
158. s\_\_p into paper      *v.* to flow or leak slowly and gradually through small openings or spaces; to ooze or trickle out gradually
159. b\_t an eye      *n.* a nocturnal animal with wings that flies and feeds at night, similar to a mouse; a piece of wood with a handle used for hitting the ball in sports including baseball, cricket, and table tennis
160. principles of de\_\_\_\_\_cy      *n.* a form of government in which the people have the authority to deliberate and decide legislation, or to choose governing officials to do so
161. vi\_\_\_\_\_ic assault      *adj.* bitter, acidic, or harsh in tone or language; expressing intense and vehement hatred or criticism; pertains to or derived from vitriol (= an archaic name for certain sulfates, initially used to describe sulfuric acid)
162. stick in the m\_\_e      *n.* a wet, muddy ground or area that is difficult to walk or move through
163. b\_t cave      *n.* a nocturnal animal with wings that flies and feeds at night, similar to a mouse; a piece of wood with a handle used for hitting the ball in sports including baseball, cricket, and table tennis
164. fe\_\_\_\_\_t supporter      *adj.* characterized by intense or passionate emotion or enthusiasm; showing great warmth or devotion

ANSWERS: 157. decide, 158. seep, 159. bat, 160. democracy, 161. vitriolic, 162. mire, 163. bat, 164. fervent

165. a ma\_\_\_\_\_us conspiracy *adj.* intended to do harm or upset other people; having the nature of the harm
166. cellular signaling pa\_\_\_\_\_ys *n.* a track that constitutes or serves as a path; an approach or a way of doing something
167. negative ste\_\_\_\_\_pes *n.* a fixed and unvarying idea or image that people have about what someone or something is like, but which is often not true in reality and may cause hurt and offense
168. commit a crime del\_\_\_\_\_ely *adv.* done in an intentional or slow and careful manner
169. personal na\_\_\_\_\_ve *n.* a story or a description of a series of events or process of telling a story
170. basic br\_\_n function *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
171. sink into a qu\_\_\_\_\_re *n.* a soft, muddy area that is difficult to walk or move through; a difficult or complicated situation; a dilemma or predicament
172. county j\_\_l *n.* a facility where criminals are kept to be punished for their crimes; a prison
173. ass\_\_\_\_\_nt of interest *n.* a duty or task given to someone, usually as part of their job or studies
174. a bl\_\_t of wind *n.* explosion, or a strong current of air, usually caused by an explosion; a sudden, thunderous noise
175. the st\_\_\_\_\_re of a machine *n.* the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts

ANSWERS: 165. malicious, 166. pathway, 167. stereotype, 168. deliberately, 169. narrative, 170. brain, 171. quagmire, 172. jail, 173. assignment, 174. blast, 175. structure

176. se\_\_\_\_\_te by race      *v.* to separate or set apart from others, often based on race, gender, or some other characteristic
177. an icy bl\_\_t      *n.* explosion, or a strong current of air, usually caused by an explosion; a sudden, thunderous noise
178. pos\_\_\_\_\_ty of a major earthquake      *n.* a chance that something may happen or be true
179. ge\_\_\_r-blind policies      *n.* the range of characteristics of femininity and masculinity and differentiating between them, especially when considering social and cultural differences rather than differences in biology
180. false cl\_\_m      *v.* to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true
181. an in\_\_\_\_\_t reply      *adj.* happening immediately, with no delay
182. bu\_\_y the weak      *n.* a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful
183. pa\_\_\_\_\_ze a person      *v.* to cause a person or part of the body to become unable to move or feel
184. major pa\_\_\_\_\_gm shift      *n.* a standard or typical example of something; a pattern or model

ANSWERS: 176. segregate, 177. blast, 178. possibility, 179. gender, 180. claim, 181. instant, 182. bully, 183. paralyze, 184. paradigm

185. res\_\_\_\_\_ce movement *n.* the act of defending oneself from an aggressor or refusing to accept something
186. systemic ra\_\_\_\_m *n.* prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized
187. in\_\_\_\_e his privacy *v.* to enter aggressively into another's territory by military force for conquest and occupation
188. per\_\_\_\_\_te chronic pain *v.* to make something continue or prevail for a long time
189. dual ge\_\_\_\_r *n.* the range of characteristics of femininity and masculinity and differentiating between them, especially when considering social and cultural differences rather than differences in biology
190. in\_\_\_\_e other tissues *v.* to enter aggressively into another's territory by military force for conquest and occupation
191. collaborate with co\_\_\_\_\_ues *n.* one of a group of a coworker, especially in a profession or a business
192. co\_\_\_\_\_ct a 3D image *v.* to build or create something; to assemble or combine different parts to form something whole
193. avoid ste\_\_\_\_\_pe *n.* a fixed and unvarying idea or image that people have about what someone or something is like, but which is often not true in reality and may cause hurt and offense

ANSWERS: 185. resistance, 186. racism, 187. invade, 188. perpetuate, 189. gender, 190. invade, 191. colleague, 192. construct, 193. stereotype

194. na\_\_\_\_\_ve poetry *n.* a story or a description of a series of events or process of telling a story
195. es\_\_\_\_\_te this chicken to weigh three pounds *v.* to guess or calculate the cost, size, value, etc. of something
196. vi\_\_\_\_\_s deflationary spiral *adj.* having or showing a desire to cause harm to others; having the nature of vice
197. tec\_\_\_\_\_cal policy *adj.* based on scientific and industrial progress
198. qu\_\_\_\_\_re debate *n.* a soft, muddy area that is difficult to walk or move through; a difficult or complicated situation; a dilemma or predicament
199. manual la\_\_r *n.* productive work, especially physical work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal
200. ig\_\_\_e a boom *v.* to set on fire; to cause to start burning
201. th\_\_\_\_\_en a healthy relationship *v.* to utter intentions of injury or punishment against someone
202. vi\_\_a point *n.* a pleasing or expansive view, most often of a landscape or a cityscape; a broad and extensive view or outlook
203. a com\_\_\_\_\_ed process *adj.* involving a lot of different things or parts in a way that is difficult to understand or analyze

ANSWERS: 194. narrative, 195. estimate, 196. vicious, 197. technological, 198. quagmire, 199. labor, 200. ignite, 201. threaten, 202. vista, 203. complicated

204. fa\_\_h in government *n.* complete trust in something or someone's ability or knowledge; a strong belief in religion, divine power, etc.
205. ar\_\_\_t the progress *v.* to take into custody
206. re\_\_\_m a government bond *v.* to compensate for the faults or bad aspects of something; to regain possession or assume ownership of something by paying a sum of money or fulfilling a condition; to rescue or save someone from a difficult or hopeless situation
207. it will ex\_\_\_e *v.* to come to the end of the period of validity of a document, authorization, agreement, etc.
208. re\_\_\_m a coupon *v.* to compensate for the faults or bad aspects of something; to regain possession or assume ownership of something by paying a sum of money or fulfilling a condition; to rescue or save someone from a difficult or hopeless situation
209. get in\_\_\_\_t access *adj.* happening immediately, with no delay
210. have a ma\_\_\_\_\_us expression *adj.* intended to do harm or upset other people; having the nature of the harm
211. bu\_\_y bystander *n.* a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful

ANSWERS: 204. faith, 205. arrest, 206. redeem, 207. expire, 208. redeem, 209. instant, 210. malicious, 211. bully

212. a private ind\_\_\_\_\_al  
*n.* a single person or thing, as distinct from a group
213. an ove\_\_\_\_\_ing victory  
*adj.* very great or intense; so powerful that you cannot fight or react against it
214. id\_\_\_\_\_ty as an individual  
*n.* the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another
215. int\_\_\_\_\_ing braid  
*adj.* fitting or locking together in a way that makes a continuous and secure whole
216. re\_\_\_\_\_on sociology  
*n.* a deep conviction in a supernatural power that controls human destiny
217. pu\_\_\_\_\_ve damages  
*adj.* relating to or involving punishment or inflicting punishment; aimed at punishing or disciplining
218. ga\_\_\_\_\_e collection  
*n.* waste material, especially food waste and kitchen refuse
219. coast st\_\_p  
*v.* to remove the surface from something; (noun) a sizeable narrow piece of something such as paper, metal, cloth, etc., or area of land, sea, etc.
220. throughout the co\_\_\_\_y  
*n.* an administrative division of a country or state, typically one of several comprising a larger division
221. vo\_\_\_\_y of insults  
*n.* a simultaneous discharge or release of multiple objects, often projectiles like arrows or bullets; a rapid and continuous series of utterances or actions

ANSWERS: 212. individual, 213. overwhelming, 214. identity, 215. interlocking, 216. religion, 217. punitive, 218. garbage, 219. strip, 220. county, 221. volley



222. ac\_\_\_\_e success *v.* to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do
223. res\_\_\_\_\_ce to insulin *n.* the act of defending oneself from an aggressor or refusing to accept something
224. religious fa\_\_h *n.* complete trust in something or someone's ability or knowledge; a strong belief in religion, divine power, etc.
225. s\_\_p cool and moist air *v.* to flow or leak slowly and gradually through small openings or spaces; to ooze or trickle out gradually
226. unpaid w\_\_es *n.* a particular amount of money that somebody earns, usually every week or every month, for work or services
227. do\_\_\_\_\_y to success *n.* an opening in a wall for a door to fit into
228. vi\_\_\_\_\_s attack *adj.* having or showing a desire to cause harm to others; having the nature of vice
229. a silent pr\_\_\_\_\_t *n.* a strong expression of disagreement, disapproval, or opposition
230. pr\_\_\_\_\_e the amendment *v.* to make a proposal, declare a plan for something
231. vo\_\_\_\_\_y of conversation *n.* a simultaneous discharge or release of multiple objects, often projectiles like arrows or bullets; a rapid and continuous series of utterances or actions

ANSWERS: 222. achieve, 223. resistance, 224. faith, 225. seep, 226. wage, 227. doorway, 228. vicious, 229. protest, 230. propose, 231. volley

232. re\_\_\_\_\_e CO2 into the air      *v.* to set free or allow to escape from confinement
233. op\_\_\_\_\_s the minority      *v.* to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people
234. or\_\_\_\_\_y annual revenue      *adj.* not different, exceptional, or unexpected in any way, especially in quality, ability, size, or degree
235. del\_\_\_\_\_ely amateurish      *adv.* done in an intentional or slow and careful manner
236. pos\_\_\_\_\_ty for growth      *n.* a chance that something may happen or be true
237. ig\_\_\_e passion      *v.* to set on fire; to cause to start burning
238. escape their str\_\_\_\_\_old      *n.* a grip that strangles or suffocates; an excessive grip or control
239. de\_\_\_\_\_e environmental quality      *v.* to make something worse, especially in quality; to show or treat someone in a way that makes them seem no value and do not have the respect or reasonable opinion of others
240. ac\_\_\_\_\_e milestones      *v.* to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do
241. de\_\_\_e a question      *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
242. research on anti-ra\_\_\_m      *n.* prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized

ANSWERS: 232. release, 233. oppress, 234. ordinary, 235. deliberately, 236. possibility, 237. ignite, 238. stranglehold, 239. degrade, 240. achieve, 241. decide, 242. racism

243. m\_\_t the ice v. to turn from something solid into something soft or liquid as a result of heating
244. id\_\_\_\_\_st at heart n. a person who is guided by ideals or principles rather than practical considerations or reality; a person who seeks to achieve a particular vision or goal for the betterment of society or humanity
245. es\_\_\_\_\_al amino acid adj. indispensable; fundamental
246. sexual exp\_\_\_\_\_ion n. the process of making some area of land or water more profitable or productive or useful
247. p\_\_e a new path v. to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
248. lack of uni\_\_\_\_\_ty n. the state or quality of being the same or consistent in form, character, or action; the absence of variation or diversity
249. nontechnical as\_\_\_\_ts of the job n. one part or feature of a situation, problem, subject, etc.
250. mo\_\_\_\_\_nt of troops n. a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
251. pu\_\_\_\_\_ve response adj. relating to or involving punishment or inflicting punishment; aimed at punishing or disciplining

ANSWERS: 243. melt, 244. idealist, 245. essential, 246. exploitation, 247. pave, 248. uniformity, 249. aspect, 250. movement, 251. punitive

252. non\_\_\_\_\_ce movement      *n.* the use of peaceful means, such as civil disobedience or passive resistance, rather than violence to achieve a goal, especially in the context of political or social change
253. en\_\_\_e a new employee      *v.* to attract and keep someone's attention and interest; to participate in or obtain services of something
254. sha\_\_\_\_\_per labor      *n.* a farmer who cultivates a piece of land owned by someone else, usually in exchange for a share of the crops produced
255. sy\_\_\_\_\_ic reforms of the organization      *adj.* affecting or related to the whole of something, especially the human body or a society
256. fe\_\_\_\_\_t belief      *adj.* characterized by intense or passionate emotion or enthusiasm; showing great warmth or devotion

ANSWERS: 252. nonviolence, 253. engage, 254. sharecropper, 255. systemic, 256. fervent

## Session 3: Fill in the Blanks

1. He \_\_\_\_\_ the fireworks with a single spark.  
*v.* to set on fire; to cause to start burning
2. The accomplice was \_\_\_\_\_ in the crime committed by her partner.  
*adj.* involved in or responsible for a wrongful or unethical act, often through inaction or silence; in cooperation with another person or group
3. The excited \_\_\_\_ was getting out of control at the concert.  
*n.* a large and disorderly crowd of people; a large horde of animals
4. Martin Luther King Jr. was a champion of \_\_\_\_\_ in the fight for civil rights.  
*n.* the use of peaceful means, such as civil disobedience or passive resistance, rather than violence to achieve a goal, especially in the context of political or social change
5. He did \_\_\_\_\_ pen-and-ink drawings in just a few days.  
*adj.* involving a lot of different things or parts in a way that is difficult to understand or analyze
6. He kept his robust \_\_\_\_\_ in his company.  
*n.* complete trust in something or someone's ability or knowledge; a strong belief in religion, divine power, etc.
7. I attempted to \_\_\_\_\_ him, but he ignored me.  
*v.* to make someone aware of potential danger or difficulty, particularly one that may occur in the future

ANSWERS: 1. ignited, 2. complicit, 3. mob, 4. nonviolence, 5. complicated, 6. faith, 7. warn

8. His professional experience includes all \_\_\_\_\_ of media production.
- n.* one part or feature of a situation, problem, subject, etc.
9. The designer's \_\_\_\_\_ was to create a minimalist aesthetic for the interior of the building.
- n.* a strong determination or attention to do or achieve something; (adjective) having a strong determination to do or achieve something
10. Many \_\_\_\_\_ in the South were impoverished and trapped in a cycle of debt.
- n.* a farmer who cultivates a piece of land owned by someone else, usually in exchange for a share of the crops produced
11. The company has been successful in maintaining the status \_\_\_\_.
- n.* the existing state or condition of something, especially in relation to a particular situation or issue
12. During my hiking trip, I got stuck in \_\_\_\_\_ and had to be rescued.
- n.* a type of loose sand or soil that behaves like a liquid, capable of trapping and engulfing living beings or objects that become stuck in it; dangerous or difficult situations that can trap or overwhelm people who find themselves in them
13. We elected him to \_\_\_\_\_ us at the international conference.
- v.* to speak, act, or be present on behalf of another person or group; to form or constitute
14. You should not \_\_\_\_\_ yourself by allowing them to use you.
- v.* to make something worse, especially in quality; to show or treat someone in a way that makes them seem no value and do not have the respect or reasonable opinion of others

ANSWERS: 8. aspects, 9. intent, 10. sharecroppers, 11. quo, 12. quicksand, 13. represent, 14. degrade

15. He has shown signs of uneasiness and \_\_\_\_\_ worry.  
*adj.* very great or intense; so powerful that you cannot fight or react against it
16. It will take time for her mental scars to \_\_\_\_\_.  
*v.* to make a wound or injury to become well again
17. The charity event aims to \_\_\_\_\_ the homeless rather than treat them as mere statistics.  
*v.* to make something or someone more humane or compassionate; to make something more relatable or understandable to humans
18. She has taken a step up in the organizational \_\_\_\_\_.  
*n.* a system in which people or things are organized into different levels of importance from highest to lowest
19. Her resistance \_\_\_\_\_ under his persuasion.  
*v.* to turn from something solid into something soft or liquid as a result of heating
20. I want to \_\_\_\_\_ a toast in honor of our longstanding relationship.  
*v.* to make a proposal, declare a plan for something
21. The organizational \_\_\_\_\_ of start-ups is often flat and straightforward.  
*n.* the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts
22. The \_\_\_\_\_ of classical literature includes works by Shakespeare, Chaucer, and Homer.  
*n.* a set of rules, principles, or standards by which something is judged or measured

ANSWERS: 15. overwhelming, 16. heal, 17. humanize, 18. hierarchy, 19. melted, 20. propose, 21. structure, 22. canon

23. The politician remained \_\_\_\_\_ despite intense media scrutiny.

*adj.* without any or little sound

24. As a dedicated \_\_\_\_\_ she always fought for what was right, no matter the cost.

*n.* a person who is guided by ideals or principles rather than practical considerations or reality; a person who seeks to achieve a particular vision or goal for the betterment of society or humanity

25. The cave was a habitat for \_\_\_\_\_.

*n.* a nocturnal animal with wings that flies and feeds at night, similar to a mouse; a piece of wood with a handle used for hitting the ball in sports including baseball, cricket, and table tennis

26. Many civilians have suffered \_\_\_\_\_ as a result of the war.

*n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience

27. In several countries, child \_\_\_\_\_ is a serious social problem.

*n.* productive work, especially physical work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal

28. I am here to save my \_\_\_\_\_.

*adj.* loved very much

29. He leaned against the \_\_\_\_\_ waiting for her to come home.

*n.* an opening in a wall for a door to fit into

30. Cultural norms strongly influence \_\_\_\_\_ expectations.

*n.* the range of characteristics of femininity and masculinity and differentiating between them, especially when considering social and cultural differences rather than differences in biology

ANSWERS: 23. silent, 24. idealist, 25. bats, 26. trauma, 27. labor, 28. beloved, 29. doorway, 30. gender



31. Even though he knew it was wrong, he \_\_\_\_\_ on the exam.
- v.* to act dishonestly or unfairly to gain an advantage or to deceive someone; to break the rules or laws
32. The majority of students actively \_\_\_\_\_ in the college's intramural sports program.
- v.* to take part in something
33. The police escorted the prisoner to the \_\_\_\_\_.
- n.* a facility where criminals are kept to be punished for their crimes; a prison
34. The project was bogged down in a \_\_\_\_\_ of bureaucracy.
- n.* a wet, muddy ground or area that is difficult to walk or move through
35. The \_\_\_\_\_ truck will be coming to pick up the trash every Monday morning.
- n.* waste material, especially food waste and kitchen refuse
36. The bill to increase the consumption tax had passed despite much \_\_\_\_\_ from the public.
- n.* the act of defending oneself from an aggressor or refusing to accept something
37. They \_\_\_\_\_ the courtyard with bricks, giving it a more polished appearance.
- v.* to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
38. The horror movie portrayed a group of \_\_\_\_\_ who hunted humans in the woods.
- n.* a person who eats the flesh or internal organs of other human beings, especially as a cultural or ritual practice

ANSWERS: 31. cheated, 32. participated, 33. jail, 34. mire, 35. garbage, 36. resistance, 37. paved, 38. cannibals

39. The stages of the play were meticulously \_\_\_\_\_  
*adj.* known to be real and what people say it is; not a fake or copy
40. He felt \_\_\_\_\_ when his best friend revealed their secret to the enemy.  
*v.* to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally
41. He enrolled in the \_\_\_\_\_ to study theology and become a minister.  
*n.* an educational institution, typically for the training of candidates for the priesthood or ministry; a school for higher learning
42. The \_\_\_\_\_ population has been increasing rapidly in recent years.  
*n.* an administrative division of a country or state, typically one of several comprising a larger division
43. Everyone kept looking at him with \_\_\_\_\_ eyes.  
*adj.* intended to do harm or upset other people; having the nature of the harm
44. The meditation class was focused on finding inner peace and cultivating a more \_\_\_\_\_ connection with the universe.  
*adj.* relating to or affecting the human spirit or soul as opposed to material or physical things
45. The \_\_\_\_\_ handles multiple plot lines and has unpredictable ends.  
*n.* a story or a description of a series of events or process of telling a story
46. The wolves began to \_\_\_\_\_ in the distance as the sunset.  
*v.* to make a prolonged, loud, mournful cry or noise, typically as a signal of distress, pain, or an intense emotion; to express one's strong feelings or emotions in a loud and unrestrained manner; (noun) a long, loud, mournful sound made by a person or an animal, often in response to pain, fear, or sadness

ANSWERS: 39. authentic, 40. betrayed, 41. seminary, 42. county's, 43. malicious, 44. spiritual, 45. narrative, 46. howl

47. In the Middle Ages, the right to hunt in the wild was the \_\_\_\_\_ of royalty and nobility.
- n.* a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society
48. The hike to the top of the mountain offered a breathtaking \_\_\_\_\_ of the surrounding valley.
- n.* a pleasing or expansive view, most often of a landscape or a cityscape; a broad and extensive view or outlook
49. This intriguing \_\_\_\_\_ mystery remains unsolved.
- n.* the crime of killing somebody intentionally
50. The \_\_\_\_\_ of Japan is known for its unique culture and advanced technology.
- n.* a large organized community of people living in a particular country or region and having a particular culture
51. I need to \_\_\_\_\_ my car regularly to prevent any major mechanical issues.
- v.* to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true
52. A police officer has the authority to \_\_\_\_\_ a criminal.
- v.* to take into custody
53. Each \_\_\_\_\_ group has its unique rituals.
- adj.* relating or belonging to a group of people who share a cultural tradition
54. That work \_\_\_\_\_ his fame.
- v.* to make something continue or prevail for a long time

ANSWERS: 47. privilege, 48. vista, 49. murder, 50. nation, 51. maintain, 52. arrest, 53. ethnic, 54. perpetuates

55. The school's lack of diversity was a clear indication of the \_\_\_\_\_ present in the community.
- n.* prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized
56. The \_\_\_\_\_ shattered the laboratory equipment.
- n.* explosion, or a strong current of air, usually caused by an explosion; a sudden, thunderous noise
57. X-rays revealed a small tumor in his \_\_\_\_\_.
- n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
58. The \_\_\_\_\_ dog barked and growled at anyone who came near its territory.
- adj.* having or showing a desire to cause harm to others; having the nature of vice
59. The soldiers fired a \_\_\_\_\_ of shots at the approaching enemy.
- n.* a simultaneous discharge or release of multiple objects, often projectiles like arrows or bullets; a rapid and continuous series of utterances or actions
60. Trial and error is an \_\_\_\_\_ part of education.
- adj.* indispensable; fundamental
61. Floods have the potential to \_\_\_\_\_ any subsurface animals easily.
- v.* to die or cause to die by being unable to breathe underwater
62. Eating food in a hurry \_\_\_\_\_ blood glucose levels.
- v.* to raise something from a lower to a higher position; to give a promotion to or assign to a higher position

ANSWERS: 55. racism, 56. blast, 57. brain, 58. vicious, 59. volley, 60. essential, 61. drown, 62. elevates

63. The monopoly has a \_\_\_\_\_ on the market, making it difficult for new businesses to compete.  
*n.* a grip that strangles or suffocates; an excessive grip or control
64. The \_\_\_\_\_ session of the Diet opened.  
*adj.* not different, exceptional, or unexpected in any way, especially in quality, ability, size, or degree
65. I decided to seek counseling on the advice of my \_\_\_\_\_.  
*n.* one of a group of a coworker, especially in a profession or a business
66. The robbers used a \_\_\_\_\_ to threaten the store clerk.  
*n.* a firearm that is designed to be fired from the shoulder and that typically fires several small metal balls or pellets called shot
67. My \_\_\_\_\_ was overwhelming and complicated, but it was also exciting.  
*n.* a duty or task given to someone, usually as part of their job or studies
68. Strategic \_\_\_\_\_ of cutting-edge technology would be a sure formula for success.  
*n.* the process of making some area of land or water more profitable or productive or useful
69. Her research team made an important \_\_\_\_\_.  
*n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known
70. The \_\_\_\_\_ of getting the disease will drastically increase.  
*n.* a chance that something may happen or be true

ANSWERS: 63. stranglehold, 64. ordinary, 65. colleague, 66. shotgun, 67. assignment, 68. exploitation, 69. discovery, 70. possibility

71. A minor \_\_\_\_\_ conflict later led to a civil war.

*adj.* of or related to the race (= classification of humans into groups based on physical traits or social relations)

72. His \_\_\_\_\_ continued to rise as his skills improved.

*n.* a particular amount of money that somebody earns, usually every week or every month, for work or services

73. This vaccine causes mild \_\_\_\_\_ side effects.

*adj.* affecting or related to the whole of something, especially the human body or a society

74. The \_\_\_\_ of the avocado can be removed by gently wedging a spoon around it.

*n.* a hole in the ground or a cavity in a surface; a place for storing or holding something; a section of a theater or sports arena where people can sit

75. The animal rights group worked to \_\_\_\_\_ the dolphins back into the wild.

*v.* to set free or allow to escape from confinement

76. I have no intention to \_\_\_\_\_ your privacy.

*v.* to enter aggressively into another's territory by military force for conquest and occupation

77. The \_\_\_\_\_ of the dancers on stage was graceful and elegant.

*n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

78. We \_\_\_\_\_ the season's total trade deficit at \$50 billion.

*v.* to guess or calculate the cost, size, value, etc. of something

ANSWERS: 71. racial, 72. wages, 73. systemic, 74. pit, 75. release, 76. invade, 77. movement, 78. estimated

79. How can you \_\_\_\_\_ that the earth is a sphere?
- v.* to display something or give an exhibition to an interested audience
80. The rain began to \_\_\_\_\_ through the roof, causing damage to the walls and floors.
- v.* to flow or leak slowly and gradually through small openings or spaces; to ooze or trickle out gradually
81. Their \_\_\_\_\_ strictly prohibits them from drinking or gambling.
- n.* a deep conviction in a supernatural power that controls human destiny
82. With the financial bubble bursting, the \_\_\_\_\_ of economic growth in investment banking collapsed.
- n.* an ancient story or set of stories accepted as history, especially explaining the worldview of a people
83. As an \_\_\_\_\_ he had the right to make his own decisions and live his life as he saw fit.
- n.* a single person or thing, as distinct from a group
84. He's a Wall Street \_\_\_\_\_ with a lot of valuable information.
- n.* a person who has privileged access to special or secret information about a particular organization or field
85. The \_\_\_\_\_ for applying for a visa can be lengthy and complicated.
- n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
86. The \_\_\_\_\_ kept establishing order in the town.
- n.* (in the US) a government official who is responsible for keeping law and order within a particular county or town

ANSWERS: 79. demonstrate, 80. seep, 81. religion, 82. myth, 83. individual, 84. insider, 85. process, 86. sheriff

87. He postulated a completely different \_\_\_\_\_ to explain all these phenomena.  
*n.* a standard or typical example of something; a pattern or model
88. The doctor advised him to \_\_\_\_\_ down for a check.  
*v.* to remove the surface from something; (noun) a sizeable narrow piece of something such as paper, metal, cloth, etc., or area of land, sea, etc.
89. Thousands of people attended the protest \_\_\_\_\_ against the proposed policy.  
*n.* a display or show, often of a particular skill or product, intended to convince or persuade others
90. The schoolyard \_\_\_\_\_ terrorized the other children and made their lives miserable.  
*n.* a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful
91. The conditions at the factory were deemed \_\_\_\_\_ and caused outrage among the public.  
*adj.* lacking compassion or mercy towards humans or animals; causing or involving extreme physical or mental pain
92. The \_\_\_\_\_ of the products in this brand results from strict quality control measures.  
*n.* the state or quality of being the same or consistent in form, character, or action; the absence of variation or diversity
93. Clouds form when water \_\_\_\_\_ rises to the upper atmosphere.  
*n.* a mass of tiny liquid drops in the air

ANSWERS: 87. paradigm, 88. strip, 89. demonstration, 90. bully, 91. inhumane, 92. uniformity, 93. vapor



94. Various artificially induced causes are \_\_\_\_\_ our ecosystem.  
*v.* to utter intentions of injury or punishment against someone
95. His pleasant face turned cold in an \_\_\_\_\_.  
*adj.* happening immediately, with no delay
96. I will work hard to \_\_\_\_\_ my goals and realize my dreams.  
*v.* to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do
97. He left the party in \_\_\_\_\_ at its radical political stance.  
*n.* a strong expression of disagreement, disapproval, or opposition
98. Changing \_\_\_\_\_ about LGBTQ requires considerable effort.  
*n.* a fixed and unvarying idea or image that people have about what someone or something is like, but which is often not true in reality and may cause hurt and offense
99. The terrorist's \_\_\_\_\_ remains unknown.  
*n.* the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another
100. When the first molecule in the \_\_\_\_\_ receives a signal, it activates other molecules.  
*n.* a track that constitutes or serves as a path; an approach or a way of doing something
101. \_\_\_\_\_ advances have disrupted many industries.  
*adj.* based on scientific and industrial progress

ANSWERS: 94. threatening, 95. instant, 96. achieve, 97. protest, 98. stereotypes, 99. identity, 100. pathway, 101. Technological

102. She would never \_\_\_\_\_ hurt anyone.

*adv.* in a planned or intended way

103. Her \_\_\_\_\_ remarks caused much tension in the workplace.

*adj.* bitter, acidic, or harsh in tone or language; expressing intense and vehement hatred or criticism; pertains to or derived from vitriol (= an archaic name for certain sulfates, initially used to describe sulfuric acid)

104. The \_\_\_\_\_ puzzle pieces were difficult to separate.

*adj.* fitting or locking together in a way that makes a continuous and secure whole

105. He saw his time in prison as an opportunity for \_\_\_\_\_.

*n.* the act of saving or being saved from sin, error, or evil, or the process of regaining or earning something of value

106. Historically, many countries have often \_\_\_\_\_ certain religions to gain the support of the majority of the population.

*v.* to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people

107. She paired her denim jeans with a delicate floral \_\_\_\_\_.

*n.* a loose-fitting upper garment for women, typically having a collar, buttons, and sleeves

108. The chemicals \_\_\_\_\_ a massive health risk.

*v.* to present a risk, problem, or other issues that must be addressed

109. The income inequality in the country is becoming increasingly \_\_\_\_\_.

*adj.* different in amount, size, degree, or value; not fair

ANSWERS: 102. intentionally, 103. vitriolic, 104. interlocking, 105. redemption, 106. oppressed, 107. blouse, 108. pose, 109. unequal

110. The government should do more to \_\_\_\_\_ sustainable agribusiness.

- v.* to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank

111. He \_\_\_\_\_ hypotheses that no mathematician has ever imagined before.

- v.* to build or create something; to assemble or combine different parts to form something whole

112. He wants to \_\_\_\_\_ ownership of the abandoned property.

- v.* to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true

113. The school board decided to \_\_\_\_\_ students by the ability to meet their needs better.

- v.* to separate or set apart from others, often based on race, gender, or some other characteristic

114. Each ancient tribe has its \_\_\_\_\_ traditions.

- n.* the process of becoming or making somebody or something well again

115. The venom from the snake bite \_\_\_\_\_ his arm.

- v.* to cause a person or part of the body to become unable to move or feel

116. The company found itself in a legal \_\_\_\_\_ unable to resolve the issue without causing harm to its reputation.

- n.* a soft, muddy area that is difficult to walk or move through; a difficult or complicated situation; a dilemma or predicament

117. His coworkers deemed the \_\_\_\_\_ measures taken against the employee too harsh.

- adj.* relating to or involving punishment or inflicting punishment; aimed at punishing or disciplining

ANSWERS: 110. promote, 111. constructs, 112. claim, 113. segregate, 114. healing, 115. paralyzed, 116. quagmire, 117. punitive

118. She walked to the \_\_\_\_\_ to freshen up before the meeting.

- n.* a bowl-shaped plumbing fixture with a seat for defecation and urination, or a room or building containing one or more of this fixture

119. How did he \_\_\_\_\_ to your idea?

- v.* to take action in response to something

120. She couldn't \_\_\_\_\_ whether to order the pizza or the pasta for dinner.

- v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options

121. He had a firm \_\_\_\_\_ on the rope as he climbed the mountain.

- n.* the act of holding onto something firmly with your hands, or the ability to do so; (verb) to hold fast or firmly

122. She had a \_\_\_\_\_ desire to pursue her passion and make a difference in the world.

- adj.* characterized by intense or passionate emotion or enthusiasm; showing great warmth or devotion

123. Many multinational companies are \_\_\_\_\_ in the reconstruction of that country.

- v.* to attract and keep someone's attention and interest; to participate in or obtain services of something

124. He \_\_\_\_\_ misleads others.

- adv.* done in an intentional or slow and careful manner

125. \_\_\_\_\_ often entails inclusive capitalism as well.

- n.* a form of government in which the people have the authority to deliberate and decide legislation, or to choose governing officials to do so

ANSWERS: 118. toilet, 119. react, 120. decide, 121. grip, 122. fervent, 123. engaged, 124. deliberately, 125. Democracy

126. He tried to \_\_\_\_\_ himself by volunteering at the local charity after his mistakes.

- v. to compensate for the faults or bad aspects of something; to regain possession or assume ownership of something by paying a sum of money or fulfilling a condition; to rescue or save someone from a difficult or hopeless situation

127. She \_\_\_\_\_ in a warm bath after a long day at work.

- v. to allow oneself or another person to have or enjoy something, especially something that is considered to be a luxury or treat

128. I forgot to renew my driver's license, and it \_\_\_\_\_.

- v. to come to the end of the period of validity of a document, authorization, agreement, etc.

ANSWERS: 126. redeem, 127. indulged, 128. expired