Englist.me

Vocabulary Builder Reference from...

Paula Stone Williams and Jonathan Williams: The story of a parent's transition and a son's redemption | TED Talk

https://www.ted.com/talks/paula_stone_williams_and _jonathan_williams_the_story_of_a_parent_s_transiti on_and_a_son_s_redemption



All Words

IMPORTANT

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Session 1: Word List

religion

 a deep conviction in a supernatural power that controls human destiny

synonym: faith, creed, belief

 religion sociology, (2) freedom of religion
 Their religion strictly prohibits them from drinking or gambling.

nonprofit

adj. not established for commercial profit

synonym: charitable

(1) a **nonprofit** organization, (2) **nonprofit** agency Our law firm also focuses on **nonprofit** activities.

church

 a building or institution dedicated to religious worship or activities; a Christian religious organization or denomination

synonym: chapel, cathedral, synagogue

(1) church bell, (2) small church

The **church** on the corner is hosting a free community meal tonight.

transgender

adj. relating to or denoting a person whose gender identity does not correspond to that person's biological sex assigned at birth

synonym: non-binary

(1) **transgender** person, (2) **transgender** rights Many **transgender** individuals face discrimination and marginalization in society.

authenticity

- n. the quality of being real or genuinesynonym: genuineness, originality, credibility
- (1) **authenticity** verification, (2) lack **authenticity**The museum's experts confirmed the **authenticity** of the painting.

sacred

 adj. connected with religion or religious purposes; worthy of respect or dedication because of a connection with a god

synonym: holy, inviolable, hallowed

(1) **sacred** music, (2) the halo of a **sacred** image This space is a private office **sacred** to the President

decide

- v. to make up someone's mind about something; to come to a conclusion or judgment after considering options synonym: choose, determine, settle
- (1) **decide** a question, (2) **decide** on a course of action She couldn't **decide** whether to order the pizza or the pasta for dinner.

stake

 a share or financial investment in something such as a business; a wooden or metal post set up to mark something

synonym: share, interest, post

(1) execution by burning at a **stake**, (2) buy the company's **stake**

The **stake** of the company is too high nowadays.

conservative

adj. holding traditional views and values and opposed to change or innovation

synonym: traditional, reactionary, cautious

(1) a **conservative** society, (2) **conservative** about production

He always makes a **conservative** estimation when predicting future sales.

struggle

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

synonym: toil, strive, compete

(1) **struggle** against discrimination, (2) **struggle** to get the job

He could not **struggle** against temptation.

coworker

 a person who works with another in the same company or organization

synonym: colleague, peer, associate

- (1) **coworker** relationship, (2) argue with a **coworker** My ex- **coworker** and I had different working styles but managed to get along.
- reject v. to refuse to accept, consider

v. to refuse to accept, consider, or use something or someone

synonym: decline, turn down, repudiate

(1) **reject** the proposal, (2) **reject** all imperfect merchandise The company **rejected** the job candidate's application due to a lack of experience.

confuse

v. to mistake one thing for another; to make somebody hard to understand

synonym: confound, obscure, disorient

(1) **confuse** the listener, (2) **confuse** fantasy with reality Her remarks **confused** the debate.

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mess

- n. a state of confusion, dirtiness, or untidiness; (verb) to fail to do something or to make something dirty or untidysynonym: disarray, confusion, predicament
- have a whole mess,
 get into a mess
 made a frightful mess in his room.

alpha

 the first letter in the Greek alphabet; in social and group dynamics, the highest or most dominant member of a group or social hierarchy

synonym: first, beginning, leader

(1) **alpha** particle, (2) **alpha** radiation

The company's new CEO was known for his **alpha** personality.

gentle

adj. having or showing a kindly or tender nature; soft and mild

synonym: mild, delicate, soft

(1) in a **gentle** voice, (2) **gentle** downward slope Her **gentle** manner relaxed everyone there.

estrangement

- n. the state of being separated or distant, especially in a relationship or between family members or friendssynonym: alienation, separation, detachment
- (1) **estrangement** from family, (2) emotional **estrangement** The **estrangement** between the two friends lasted for years.

craft

 an activity that requires a particular skill in making things with one's hands

synonym: art, skill, workmanship

(1) **craft** arts of Japan, (2) **craft** manufacture

His hometown was where he first acquired the **craft** of wood carving.

homemade

adj. made at home rather than in a factory or workshop synonym: self-made

(1) homemade article, (2) homemade bread

I prefer homemade cookies over store-bought ones.

jar

 a cylindrical container, typically made of glass, metal, or pottery, with a wide mouth and a screwed or sealed lid, used for storing food, liquids, and other materials

synonym: container, vessel, pot

(1) a jar of jam, (2) a water jar

He placed the coins in a jar to save for a trip.

pickle

 vegetables or fruit preserved in salty water or vinegar served cold with meat, salads, etc.; informal terms for a difficult situation

synonym: jam, predicament, quagmire

(1) pickle a cucumber, (2) pickle barrel

The **pickle** must have an acidity level high enough to inhibit the growth of bacteria.

estimate

v. to guess or calculate the cost, size, value, etc. of something

synonym: calculate, gauge, evaluate

(1) **estimate** a fair value, (2) **estimate** this chicken to weigh three pounds

We **estimated** the season's total trade deficit at \$50 billion.

spiral

n. a curve that coils around a central point and gets progressively farther away from it as it goes around synonym: coil, helix, twist

(1) spiral staircase, (2) spiral design

The leaves of the fern were arranged in a spiral pattern.

denial

- n. a statement that something is not true or does not existsynonym: refusal, rejection, veto
- state of denial, (2) an absolute denial
 She gave us a categorical denial of the scandal.

pretension

 the act of claiming or asserting something, especially without good reason or without evidence; an unfounded or excessive claim or ambition

synonym: presumption, pretense, affectation

(1) **pretension** to authority, (2) baseless **pretension**His **pretensions** of being a gourmet were quickly exposed when he could not identify basic herbs and spices.

acknowledge

v. to accept or admit the existence, reality, or truth of something; to accept that someone or something has a particular authority or quality; to express obligation, thanks, or gratitude for someone's help, commitment, etc.;

synonym: accept, agree, declare

(1) **acknowledge** the deed, (2) **acknowledge** his help He never **acknowledged** his fault.

mourning

- n. the act or expression of sorrow or grief for someone who has died; a period of time set aside for such grievingsynonym: grieving, sorrow, lamentation
- (1) **mourning** period, (2) **mourning** ritual

 She wore black clothing as a symbol of **mourning** for her grandmother.

ultimate

adj. furthest or highest in degree or order synonym: highest, maximum, foremost

(1) the **ultimate** goal in life, (2) the **ultimate** luxury Management must take **ultimate** responsibility for the accident.

reconciliation

 the restoration of cordial or friendly relations; getting two things to correspond

synonym: accord, agreement, settlement

(1) national **reconciliation**, (2) **reconciliation** of financial accounts

They had a complete **reconciliation** a few days after their argument.

playbook

 a set of strategies or tactics used in a particular situation, often in a business or political context; a guidebook or manual that outlines a specific plan of action

synonym: strategy, game plan, manual

(1) **playbook** strategy, (2) political **playbook**The coach's **playbook** helped the team win the championship.

transition

 the process or period of changing from one state or circumstance to another

synonym: change, growth, shift

(1) **transition** phase, (2) ensure a smooth **transition** The nation's healthcare system is in **transition** at the moment.

gender

n. the range of characteristics of femininity and masculinity and differentiating between them, especially when considering social and cultural differences rather than differences in biology

synonym: sexuality

gender-blind policies, (2) dual gender
 Cultural norms strongly influence gender expectations.

redemption

 the act of saving or being saved from sin, error, or evil, or the process of regaining or earning something of value

synonym: rescue, salvation, liberation

(1) redemption of a loan, (2) a redemption billHe saw his time in prison as an opportunity for redemption.

definitely

adv. without any question and beyond doubt; clearlysynonym: absolutely, certainly, indeed

(1) **definitely** become a problem, (2) say **definitely** The paper is **definitely** worth reading thoroughly.

lettuce

 a leafy vegetable that is often used as a base for salads or sandwiches; it has green leaves and a mild flavor

synonym: greens, salad, cress

(1) crisp lettuce, (2) wilted lettuce

I want a sandwich with extra **lettuce**, please.

fry

- v. to cook food, especially meat or fish, in hot fat or oil synonym: cook, roast, bake
- (1) fry an egg, (2) fry over low heat

She devoted herself to **frying** the chicken in a pan until it was crispy and golden brown.

jean

 a sturdy cotton twill fabric, typically blue, used for jeans and other clothing

synonym: denim, cotton, pants

(1) a **jean** skirt, (2) **jean** denim

She wore her favorite pair of **jeans** to the party.

labor

n. productive work, especially physical work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal

synonym: toil, moil, donkeywork

(1) seasonal labor, (2) manual labor

In several countries, child labor is a serious social problem.

disbelief

 the feeling of not being able to believe or accept that something is true or real

synonym: doubt, mistrust, incredulity

(1) **disbelief** in the authority, (2) ask in **disbelief** His reaction was one of complete **disbelief**.

fringe

 a decorative border or edge on a piece of clothing; a group of people or things that are not considered to be part of the main group

synonym: border, edging, trim

(1) fringe benefit, (2) on the fringe of the city

The dress had a **fringe** of beads along the hem.

liberal

adj. willing to respect or allow many different types of beliefs or behavior; open-minded

synonym: broad, free, large-minded

(1) a **liberal** arts college, (2) under **liberal** conditions He is **liberal** in his thoughts.

delight

n. a feeling of great pleasure or happiness

synonym: pleasure, joy, satisfaction

(1) a tremor of delight, (2) with delight

The **delight** on the child's faces when they received the toy was priceless.

extreme

adj. very great in amount or degree

synonym: farthermost, outermost, fierce

(1) extreme sports, (2) extreme weather events

Solar gravity creates **extreme** pressures and temperatures.

loyalty

 the quality of being devoted or faithful to someone or something

synonym: faithfulness, devotion, allegiance

(1) loyalty program, (2) earn his loyalty

He has always shown great **loyalty** to his friends and family.

grief

- n. a very great sadness, especially when somebody dies
- synonym: anguish, desperation, dismay
- (1) have **grief** and sorrow, (2) a lot of **grief** Each person has a unique **grief** experience.

wreck

 a ship that has sunk or has been destroyed; a vehicle that has been badly damaged in an accident

synonym: collapse, destruction, devastation

(1) the house was a **wreck**, (2) a worthless **wreck**The divers accidentally discovered a **wreck** on the ocean floor.

apologize

retreat

v. to express regret for committing wrongdoing or causing a problem

synonym: excuse, justify, atone

- (1) **apologize** for being late, (2) **apologize** ahead of time **I apologize** for neglecting your email.
- the act of moving back or withdrawing from a position or situation; a period of rest or relaxation away from work or everyday life

synonym: escape, withdrawal, vacation

(1) **retreat** deeper into their territory, (2) **retreat** in a mountain region

Many people go on a **retreat** to recharge and reconnect with themselves.

betray

v. to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally

synonym: fail, denounce, display

(1) betray a friend, (2) betray confidence

He felt **betrayed** when his best friend revealed their secret to the enemy.

encourage

v. to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do

synonym: facilitate, persuade, stimulate

(1) **encourage** a sense of affinity, (2) **encourage** antisocial behavior

They **encouraged** customers with a premium for loyal patronage.

fan

a person who admires and supports a person, group,
 sport, sports team, etc.; a device for creating a current of air by the movement of a surface or surfaces

synonym: lover, devotee, blade

(1) a film fan, (2) engine cooling fan

I'm a big fan of French food.

disappointment

 the feeling of sadness, frustration, or dissatisfaction that arises when something does not live up to one's expectations or hopes

synonym: letdown, frustration, discouragement

(1) **disappointment** in the result, (2) **disappointment** with the service

The cancellation of the concert was a huge **disappointment** for the fans.

bacon

 a type of salt-cured pork that is usually sliced and fried;
 a meat product that is derived from the back or sides of a pig

synonym: ham, pork belly, gammon

(1) **bacon** and eggs, (2) **bacon** sandwich

I love the smell of **bacon** sizzling in the morning.

bagel

 a type of bread product that is typically round, dense, and chewy with a hole in the center, often topped with seeds or spices

synonym: roll, doughnut, bialy

(1) freshly baked **bagel**, (2) **bagel** with cream cheese I prefer a toasty **bagel** with bacon and eggs for weekend brunch.

consciously

adv. with awareness; in a deliberate manner synonym: intentionally, deliberately, knowingly

(1) **consciously** aware of a problem, (2) act **consciously** He **consciously** criticizes her in the publicity.

intentionally

adv. in a planned or intended waysynonym: knowingly, calculatedly, deliberately

(1) she hit him **intentionally**, (2) She **intentionally** spread misleading information.

She would never **intentionally** hurt anyone.

transformation

 a complete change in form, nature, or appearance of someone or something

synonym: change, conversion, renewal

(1) the **transformation** of a tadpole into a frog, (2) cast a **transformation** spell

Understanding unitary **transformations** of a normal matrix require considerable mathematical sophistication.

jersey

 a knitted garment typically made of wool or cotton, worn as a shirt or pullover

synonym: shirt, sweater, top

(1) **jersey** material, (2) fabric of the **jersey**

I always wear my favorite basketball player's **jersey** to the games.

turnpike

 a high-speed, limited-access highway, often with toll booths; a barrier across a road with a rotating spindle used to control access

synonym: toll road, expressway, freeway

(1) turnpike interchange, (2) turnpike exit

The toll booth on the turnpike caused a traffic backup.

ministry

 a department of government responsible for a particular area of public service

synonym: department, agency, bureau

(1) ministry officials, (2) enter the ministry

The **ministry** of education is responsible for managing the schools in the country.

tribe

 a social group made up of members who live together, sharing the same language, culture, religion, etc., especially those who do not live in towns or cities

synonym: family, clan, kinsfolk

(1) aboriginal tribe, (2) mountain tribe

The **tribe** had distinctly defined gender roles.

survive

- v. to live or exist despite a dangerous event or period synonym: endure, persist, stay
- (1) **survive** a blizzard, (2) **survive** a plane crash These birds can only **survive** in temperate climates.

departure

- n. the act of leaving, especially to start a journeysynonym: leaving, exit, flight
- (1) **departure** from tradition, (2) **departure** from the company

The **departure** time for the flight is 6:00 am.

swift

- adj. happening, moving, or capable of moving quickly synonym: quick, speedy, brisk
- (1) take **swift** action, (2) a **swift** current of a river Her voice was **swift**, yet ever the last words fell lingeringly.

invite

- v. to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place
 synonym: ask, request, summon
- (1) **invite** guests, (2) **invite** criticism

 We want to **invite** you to our annual charity event.

construct

- v. to build or create something; to assemble or combine different parts to form something wholesynonym: build, assemble, create
- (1) **construct** a 3D image, (2) **construct** a dam He **constructs** hypotheses that no mathematician has ever imagined before.

suffer

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

synonym: endure, undergo, tolerate

(1) **suffer** a setback, (2) **suffer** bad grades
The older man **suffers** from arthritis and finds it difficult to move around.

decompress

v. to reduce the pressure or tension on something or someone

synonym: unload, relieve, unburden

(1) **decompress** data, (2) **decompress** an archive file She **decompressed** after a long day at work with a yoga class.

surrogate

adj. acting as a substitute or replacement for someone or something else; having a similar function or purpose synonym: substitute, replacement, deputy

(1) **surrogate** pregnancy, (2) **surrogate** decision

The **surrogate** mother gave birth to a healthy baby for the couple who couldn't conceive independently.

executive

n. a person or group of people with top-level management responsibility in a business or other organization; the branch that is responsible for implementing, administering, and enforcing laws, as well as running the day-to-day operations

synonym: administrator, manager, director

(1) **executive** editor at the publishing house, (2) **executive** vice president

As the **executive** director of the non-profit, it's her responsibility to make sure they're meeting their mission goals.

engineer

- n. a person whose job is designing, building, or maintaining something such as machines, structures, or software
 synonym: architect, creator, builder
- (1) a civil **engineer**, (2) **engineer** shortage
 The **engineer** will repair my telephone tomorrow morning.

oversee

v. to watch and direct someone or something to make sure that it is being done correctly

synonym: manage, command, supervise

(1) **oversee** the process, (2) properly **oversee** the staff A committee was appointed to **oversee** a huge budget.

completion

n. the act or process of finishing something that you are doing or making; the state of being finishedsynonym: fruition, realization, accomplishment

(1) a **completion** ceremony, (2) scheduled **completion** date

The mayor announced that the renovation of the city hall is now nearing **completion**.

shadow

n. a dark area or shape cast by an object blocking the passage of light; an area in darkness or shade; a reflected image or copy of something; a person, activity, or influence that follows or accompanies someone or something closely and persistently, often in a secretive or ominous manner

synonym: shade, silhouette, outline

(1) shadow cast, (2) shadow puppetry

The tree cast a **shadow** over the picnic area, providing relief from the sun.

ditch

 a long, narrow, and shallow depression or channel that is dug into the ground; (verb) to throw away

synonym: trench, channel, furrow

(1) agricultural ditch, (2) ditch my career

The farmers used **ditches** to drain water from their fields.

cling

v. to hold onto something tightly; to be closely attached to someone or something

synonym: stick, adhere, attach

(1) **cling** onto power, (2) **cling** tightly to the skin He **clings** to the hope that he will find a job soon.

fin

n. a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance

synonym: flipper, appendage, stabilizer

(1) back fin, (2) a fin of a plane

The shark's powerful **fins** allowed it to swim at high speeds.

jeopardize

v. to put something at risk or in danger; to threaten or endanger something or someone

synonym: endanger, imperil, risk

(1) **jeopardize** safety, (2) **jeopardize** reputation His reckless behavior could **jeopardize** his chances of getting hired for the job.

livelihood

a means of earning money people need to pay for food,
 a place to live, clothing, etc.

synonym: occupation, living, income

(1) a means of **livelihood**, (2) **livelihood** assistance I could no longer earn my own **livelihood**.

straddle

v. to sit or stand with one leg on either side of something or someone; to adopt a position or attitude that involves a compromise or combination of two or more opposing principles, ideas, or interests

synonym: strive, sit astride, span

(1) **straddle** a fence, (2) **straddle** a motorcycle We had to **straddle** the fallen tree to cross the river.

extend

- v. to broaden in scope, range, or area synonym: prolong, lengthen, advance
- (1) **extend** the warranty, (2) **extend** a line Her visit will **extend** from Monday to Friday.

olive

- a small green or black fruit with a bitter taste that is eaten or used to produce oil or a tree on which this fruit grows
- olive branch, (2) olive oil
 They enjoyed reading under the olive trees.

branch

 a division of a tree or woody shrub that grows out from the trunk or a main stem; a division of some larger or more complex organization

synonym: limb, twig, bough

(1) branch office, (2) a branch pipe

The **branch** of the tree had fallen and blocked the road.

sake

- n. purpose; reason for wanting something donesynonym: purpose, reason, interest
- (1) for your own **sake**, (2) for the **sake** of argument He got a new job for the **sake** of his family.

impassioned

- adj. having or showing strong feelings, enthusiasm, or dedication or making a strong emotional appealsynonym: enthusiastic, fervent, ardent
- (1) give an **impassioned** defense, (2) **impassioned** plea He spoke with **impassioned** conviction about the need for change.

decision

 the act or process of making up someone's mind about something; a choice or judgment reached after considering options

synonym: choice, determination, judgment

decision authority, (2) a selfish decision
 She was struggling to make a decision between two job offers.

glimpse

- n. a brief or partial view; the act of seeing something or someone for a very short time or only partlysynonym: glance, peek, sighting
- (1) a momentary **glimpse**, (2) passing **glimpse**Our team caught a **glimpse** of the world-class technique in this game.

confusion

 the state of being mixed up or unclear, or the state of disorder or uncertainty

synonym: disorder, disarray, chaos

(1) administrative **confusion**, (2) in great **confusion**The sudden policy change has caused **confusion** among employees.

conversation

 an informal talk between two or more people to exchange their views, ideas, information, etc.

synonym: chat, discussion, dialogue

(1) **conversation** in English, (2) a friendly **conversation** Your **conversation** reflects your thoughts.

possibility

n. a chance that something may happen or be truesynonym: chance, prospect, likelihood

(1) **possibility** for growth, (2) **possibility** of a major earthquake

The **possibility** of getting the disease will drastically increase.

bold

adj. brave, daring, and confident; not frightened of danger or afraid to say what you feel or to take risks

synonym: brave, courageous, fearless

(1) a **bold** design, (2) big, **bold** piano sounds

The effort to alleviate climate change needs **bold** action.

sensitive

 adj. able to notice slight changes, signals, or influences; able to feel or perceive other's feelings; susceptible to the things people say or do

synonym: exposed, susceptible, keen

sensitive documents, (2) baby with sensitive skin
 teacher is very sensitive to children's feelings.

din

- n. a loud, confused noise; a loud, persistent racketsynonym: noise, racket, clamor
- (1) din of traffic, (2) mighty din

The **din** of the city was overwhelming.

awkward

adj. making you feel uncomfortable or embarrassed; causing inconvenience or difficulty

synonym: embarrassing, discomfiting, clumsy

(1) an awkward expression, (2) an awkward date

The **awkward** design of the interface made the operation

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difficult.

silent

adj. without any or little soundsynonym: quiet, hushed, mute

(1) silent reading, (2) give silent consent

The politician remained **silent** despite intense media scrutiny.

confident

adj. feeling sure about your abilities or qualities or having trust in people, plans, or the future

synonym: certain, sure, convinced

(1) feel confident, (2) a confident remark

I'm not confident in our victory.

abate

v. to lessen, reduce, or diminish in intensity or severity; to decline or wane in amount or strength over time

synonym: decrease, diminish, reduce

(1) abate a storm, (2) abate a crisis

He tried to **abate** his anger by taking deep breaths and counting to ten.

laughter

n. the act or sound of laughing

synonym: laugh, chuckle, giggle

(1) laughter all around, (2) bring laughter

Some doctor says **laughter** is the best medicine.

subside

 to become less intense or widespread; to sink to a lower level

synonym: decrease, decline, diminish

(1) **subside** an argument, (2) **subside** after a short time

The storm **subsided**, leaving the town in peace.

toy

 a thing, typically a small model or replica of something that is played with, especially by children

synonym: plaything, game, trinket

(1) toy store, (2) toy box

He gave his daughter a new toy for her birthday.

christen

v. to give a name to a baby at a Christian ceremony to welcome them into the Christian Church

synonym: baptize, name, initiate

(1) **christen** a child, (2) **christen** the baby at the baptism The newborn baby was **christened** in a ceremony at the church.

grandchild

n. a child of someone's son or daughtersynonym: offspring, descendant, progeny

(1) **grandchild-grandparent** relationship, (2) **grandchild** development

The grandparents take care of their **grandchild** while the parents are at work.

foothill

n. a low hill at the base of a mountain or mountain range, typically found at the beginning of a slope or ascent and can have a significant impact on the local climate and ecology of an area

synonym: hillside, incline, slope

(1) foothill trail, (2) foothill region

The settlers built their homes in the **foothills** near the river.

rocky

adj. full of or abounding in rocks; of, relating to, or made of rock

synonym: stony, boulder-strewn, rough

(1) rocky terrain, (2) rocky relationship

The rocky road made it difficult to drive on.

tube

 a cylindrical container of metal, plastic, glass, etc., usually sealed and used as a means of preserving food or chemicals; a hollow cylindrical shape

synonym: pipe, hose, duct

(1) a capillary **tube**, (2) a glass **tube**

The tube train was packed with commuters during rush hour.

determinant

 a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular

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outcome or result

synonym: cause, factor, element

(1) environmental **determinant**, (2) a **determinant** of crop yields

One **determinant** of success is having a positive attitude and a strong work ethic.

dawn

 the time of day when the sun's light starts to show in the sky

synonym: daybreak, sunrise, advent

the wan light of dawn,
 crack of dawn
 dawn
 missile assaults on the capital continued around dawn

wholly

adv. completely, entirely, or altogether; without exception or reservation

synonym: completely, entirely, totally

(1) **wholly** inadequate, (2) **wholly** healthy food I am **wholly** committed to this project and will work hard to bring it to fruition.

dough

 a mixture of flour, liquid, and other ingredients, typically used to make bread, pastry, or pasta

synonym: flour, mix

(1) work dough, (2) dough for pastry

She mixed flour, yeast, sugar, and water to make **dough** for the bread.

unleash

 to suddenly release a strong force, emotion, etc. that cannot be controlled

synonym: discharge, free, release

(1) unleash a hound, (2) unleash her anger

The general was still reluctant to **unleash** his troops in pursuit of an enemy.

twirl

v. to rotate rapidly around a central point; to spin or whirl around in a circular or spiral motion

synonym: spin, swirl, rotate

(1) twirl a ribbon, (2) twirl a hula hoop

She **twirled** her hair absentmindedly as she listened to the conversation.

burden

 a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry

synonym: obligation, duty, load

(1) carry a burden, (2) burden of disease

That car has a low environmental burden.

Session 2: Spelling

1. di h my career

2. co____er relationship

3. a civil en___er

4. do h for pastry

5. pre____on to authority

6. crisp le___e

7. a means of liv____od

8. ap____ze for being late

9. ajrofjam

- n. a long, narrow, and shallow depression or channel that is dug into the ground; (verb) to throw away
- *n.* a person who works with another in the same company or organization
- a person whose job is designing,
 building, or maintaining something such
 as machines, structures, or software
- a mixture of flour, liquid, and other ingredients, typically used to make bread, pastry, or pasta
- n. the act of claiming or asserting something, especially without good reason or without evidence; an unfounded or excessive claim or ambition
- a leafy vegetable that is often used as a base for salads or sandwiches; it has green leaves and a mild flavor
- a means of earning money people need to pay for food, a place to live, clothing, etc.
- v. to express regret for committing wrongdoing or causing a problem
- a cylindrical container, typically made of glass, metal, or pottery, with a wide mouth and a screwed or sealed lid, used for storing food, liquids, and other materials

ANSWERS: 1. ditch, 2. coworker, 3. engineer, 4. dough, 5. pretension, 6. lettuce, 7. livelihood, 8. apologize, 9. jar

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- 20. ex___d the warranty
- 21. ho____de bread
- 22. buy the company's st__e
- 23. un___h a hound
- 24. re___t the proposal
- 25. con____ive about production
- 26. get into a m__s
- 27. manual la_r

- 28. pl___ok strategy
- 29. agricultural di h

- v. to broaden in scope, range, or area
- adj. made at home rather than in a factory or workshop
- a share or financial investment in something such as a business; a wooden or metal post set up to mark something
- v. to suddenly release a strong force, emotion, etc. that cannot be controlled
- v. to refuse to accept, consider, or use something or someone
- adj. holding traditional views and values and opposed to change or innovation
- a state of confusion, dirtiness, or untidiness; (verb) to fail to do something or to make something dirty or untidy
- n. productive work, especially physical work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal
- a set of strategies or tactics used in a particular situation, often in a business or political context; a guidebook or manual that outlines a specific plan of action
- n. a long, narrow, and shallow depression or channel that is dug into the ground; (verb) to throw away

ANSWERS: 20. extend, 21. homemade, 22. stake, 23. unleash, 24. reject, 25. conservative, 26. mess, 27. labor, 28. playbook, 29. ditch

30. laer all around	n.	the act or sound of laughing		
31. bey confidence	v.	to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally		
32. ole branch	n.	a small green or black fruit with a bitter taste that is eaten or used to produce oil or a tree on which this fruit grows		
33. ackge his help	ν.	to accept or admit the existence, reality, or truth of something; to accept that someone or something has a particular authority or quality; to express obligation, thanks, or gratitude for someone's help, commitment, etc.;		
34. argue with a coer	n.	a person who works with another in the same company or organization		
35. mong ritual	n.	the act or expression of sorrow or grief for someone who has died; a period of time set aside for such grieving		
36. stle to get the job	ν.	to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction		
37. gee downward slope	adj.	having or showing a kindly or tender nature; soft and mild		
38. freshly baked bal	n.	a type of bread product that is typically round, dense, and chewy with a hole in the center, often topped with seeds or spices		
39. conly aware of a problem	adv.	with awareness; in a deliberate manner		
ANSWERS: 30. laughter, 31. betray, 32. olive, 33. acknowledge, 34. coworker, 35. mourning, 36. struggle, 37. gentle, 38. bagel, 39. consciously				

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ANSWERS: 40. mess, 41. apologize, 42. confusion, 43. foothill, 44. turnpike, 45. alpha, 46. gender, 47. ministry, 48. fan

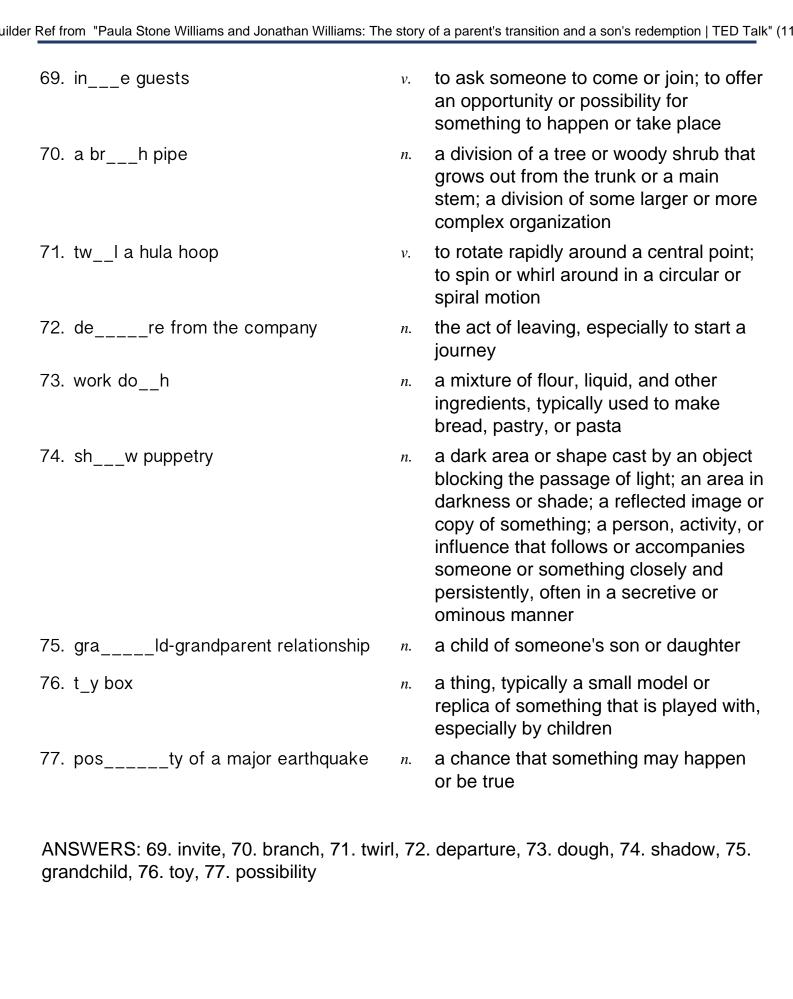
productive work, especially physical 49. seasonal la r n. work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal adj. brave, daring, and confident; not 50. a b__d design frightened of danger or afraid to say what you feel or to take risks 51. dec____ss data to reduce the pressure or tension on something or someone 52. su___e a blizzard to live or exist despite a dangerous ν. event or period 53. fo II region a low hill at the base of a mountain or n. mountain range, typically found at the beginning of a slope or ascent and can have a significant impact on the local climate and ecology of an area 54. national rec____ion the restoration of cordial or friendly n. relations; getting two things to correspond 55. ch___h bell a building or institution dedicated to n. religious worship or activities; a Christian religious organization or denomination 56. su___e after a short time to become less intense or widespread; to sink to a lower level 57. co___e fantasy with reality to mistake one thing for another; to ν. make somebody hard to understand

ANSWERS: 49. labor, 50. bold, 51. decompress, 52. survive, 53. foothill, 54. reconciliation, 55. church, 56. subside, 57. confuse

a brief or partial view; the act of seeing 58. a momentary gl e n. something or someone for a very short time or only partly 59. su____e an argument to become less intense or widespread; ν. to sink to a lower level a thing, typically a small model or 60. t y store n. replica of something that is played with, especially by children 61. wilted le e a leafy vegetable that is often used as a n. base for salads or sandwiches; it has green leaves and a mild flavor to make up someone's mind about 62. de___e a question something; to come to a conclusion or judgment after considering options a cylindrical container of metal, plastic, 63. a capillary t e n. glass, etc., usually sealed and used as a means of preserving food or chemicals; a hollow cylindrical shape to lessen, reduce, or diminish in 64. ab e a crisis ν. intensity or severity; to decline or wane in amount or strength over time 65. bring la er the act or sound of laughing n. 66. sp I staircase a curve that coils around a central point n. and gets progressively farther away from it as it goes around 67. de____re from tradition the act of leaving, especially to start a journey a type of salt-cured pork that is usually 68. ba__n sandwich n.

ANSWERS: 58. glimpse, 59. subside, 60. toy, 61. lettuce, 62. decide, 63. tube, 64. abate, 65. laughter, 66. spiral, 67. departure, 68. bacon

sliced and fried; a meat product that is derived from the back or sides of a pig



ANSWERS: 87. redemption, 88. din, 89. fringe, 90. transition, 91. liberal, 92. fan, 93. loyalty, 94. authenticity, 95. spiral, 96. transformation, 97. engineer

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ANSWERS: 98. intentionally, 99. extreme, 100. extend, 101. disappointment, 102. straddle, 103. awkward, 104. pretension, 105. dawn, 106. construct, 107. retreat

108. coe the listener	ν.	to mistake one thing for another; to make somebody hard to understand		
109. exve editor at the publishing house	n.	a person or group of people with top-level management responsibility in a business or other organization; the branch that is responsible for implementing, administering, and enforcing laws, as well as running the day-to-day operations		
110. cast a traion spell	n.	a complete change in form, nature, or appearance of someone or something		
111. ine criticism	v.	to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place		
112. brh office	n.	a division of a tree or woody shrub that grows out from the trunk or a main stem; a division of some larger or more complex organization		
113. noit agency	adj.	not established for commercial profit		
114. roy terrain	adj.	full of or abounding in rocks; of, relating to, or made of rock		
115. seve documents	adj.	able to notice slight changes, signals, o influences; able to feel or perceive other's feelings; susceptible to the things people say or do		
116. disent with the service	n.	the feeling of sadness, frustration, or dissatisfaction that arises when something does not live up to one's expectations or hopes		
ANSWERS: 108. confuse, 109. executive, 110. transformation, 111. invite, 112. branch, 113. nonprofit, 114. rocky, 115. sensitive, 116. disappointment				

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117. in a gee voice	adj.	having or showing a kindly or tender nature; soft and mild
118. sad music	adj.	connected with religion or religious purposes; worthy of respect or dedication because of a connection with a god
119. livod assistance	n.	a means of earning money people need to pay for food, a place to live, clothing, etc.
120. have grf and sorrow	n.	a very great sadness, especially when somebody dies
121. a noit organization	adj.	not established for commercial profit
122. execution by burning at a ste	n.	a share or financial investment in something such as a business; a wooden or metal post set up to mark something
123. feel cont	adj.	feeling sure about your abilities or qualities or having trust in people, plans, or the future
124. pie barrel	n.	vegetables or fruit preserved in salty water or vinegar served cold with meat, salads, etc.; informal terms for a difficult situation
125. ret in a mountain region	n.	the act of moving back or withdrawing from a position or situation; a period of rest or relaxation away from work or everyday life
126. pie a cucumber	n.	vegetables or fruit preserved in salty water or vinegar served cold with meat, salads, etc.; informal terms for a difficult situation

ANSWERS: 117. gentle, 118. sacred, 119. livelihood, 120. grief, 121. nonprofit, 122. stake, 123. confident, 124. pickle, 125. retreat, 126. pickle

127. aboriginal tre	n.	a social group made up of members who live together, sharing the same language, culture, religion, etc., especially those who do not live in towns or cities
128. d_n of traffic	n.	a loud, confused noise; a loud, persistent racket
129. ask in dief	n.	the feeling of not being able to believe or accept that something is true or real
130. a jn skirt	n.	a sturdy cotton twill fabric, typically blue, used for jeans and other clothing
131. defly become a problem	adv.	without any question and beyond doubt; clearly
132. a comon ceremony	n.	the act or process of finishing something that you are doing or making; the state of being finished
133. stle against discrimination	ν.	to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
134. administrative coon	n.	the state of being mixed up or unclear, or the state of disorder or uncertainty
135. she hit him intlly	adv.	in a planned or intended way
136. a cont remark	adj.	feeling sure about your abilities or qualities or having trust in people, plans, or the future
137. for the se of argument	n.	purpose; reason for wanting something done

ANSWERS: 127. tribe, 128. din, 129. disbelief, 130. jean, 131. definitely, 132. completion, 133. struggle, 134. confusion, 135. intentionally, 136. confident, 137. sake

ANSWERS: 138. estrangement, 139. dawn, 140. jersey, 141. mourning, 142. church, 143. loyalty, 144. construct, 145. transgender, 146. decide, 147. burden

148. reon sociology	n.	a deep conviction in a supernatural power that controls human destiny
149. a detnt of crop yields	n.	a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
150. mountain tre	n.	a social group made up of members who live together, sharing the same language, culture, religion, etc., especially those who do not live in towns or cities
151. a swt current of a river	adj.	happening, moving, or capable of moving quickly
152. sute pregnancy	adj.	acting as a substitute or replacement for someone or something else; having a similar function or purpose
153. a lot of grf	n.	a very great sadness, especially when somebody dies
154. with det	n.	a feeling of great pleasure or happiness
155. sute decision	adj.	acting as a substitute or replacement for someone or something else; having a similar function or purpose
156. autity verification	n.	the quality of being real or genuine
157. freedom of reon	n.	a deep conviction in a supernatural power that controls human destiny
158. chen a child	ν.	to give a name to a baby at a Christian ceremony to welcome them into the Christian Church

ANSWERS: 148. religion, 149. determinant, 150. tribe, 151. swift, 152. surrogate, 153. grief, 154. delight, 155. surrogate, 156. authenticity, 157. religion, 158. christen

159. traer rights	adj.	relating to or denoting a person whose gender identity does not correspond to that person's biological sex assigned at birth
160. act conly	adv.	with awareness; in a deliberate manner
161. the ulte luxury	adj.	furthest or highest in degree or order
162. fabric of the jey	n.	a knitted garment typically made of wool or cotton, worn as a shirt or pullover
163. exve vice president	n.	a person or group of people with top-level management responsibility in a business or other organization; the branch that is responsible for implementing, administering, and enforcing laws, as well as running the day-to-day operations
164. a conive society	adj.	holding traditional views and values and opposed to change or innovation
165. crt manufacture	n.	an activity that requires a particular skill in making things with one's hands
166. ove the process	<i>v</i> .	to watch and direct someone or something to make sure that it is being done correctly
167. an absolute del	n.	a statement that something is not true or does not exist
168. the ulte goal in life	adj.	furthest or highest in degree or order
169. carry a bun	n.	a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry

ANSWERS: 159. transgender, 160. consciously, 161. ultimate, 162. jersey, 163. executive, 164. conservative, 165. craft, 166. oversee, 167. denial, 168. ultimate, 169. burden

170. grald development	n.	a child of someone's son or daughter
171. a glass te	n.	a cylindrical container of metal, plastic, glass, etc., usually sealed and used as a means of preserving food or chemicals; a hollow cylindrical shape
172. why inadequate	adv.	completely, entirely, or altogether; without exception or reservation
173. imped plea	adj.	having or showing strong feelings, enthusiasm, or dedication or making a strong emotional appeal
174. bey a friend	ν.	to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally
175. a worthless wrk	n.	a ship that has sunk or has been destroyed; a vehicle that has been badly damaged in an accident
176. deon authority	n.	the act or process of making up someone's mind about something; a choice or judgment reached after considering options
177. under liI conditions	adj.	willing to respect or allow many different types of beliefs or behavior; open-minded
178. clg tightly to the skin	v.	to hold onto something tightly; to be closely attached to someone or something
179. a selfish deon	n.	the act or process of making up someone's mind about something; a choice or judgment reached after considering options

ANSWERS: 170. grandchild, 171. tube, 172. wholly, 173. impassioned, 174. betray, 175. wreck, 176. decision, 177. liberal, 178. cling, 179. decision

ANSWERS: 180. disbelief, 181. jeopardize, 182. conversation, 183. definitely, 184. olive, 185. bold, 186. silent, 187. ministry, 188. jean, 189. possibility, 190. reconciliation, 191. encourage

believe it is a good thing to do

192. ackge the deed	ν.	to accept or admit the existence, reality, or truth of something; to accept that someone or something has a particular authority or quality; to express obligation, thanks, or gratitude for someone's help, commitment, etc.;
193. roy relationship	adj.	full of or abounding in rocks; of, relating to, or made of rock
194. properly ove the staff	v.	to watch and direct someone or something to make sure that it is being done correctly
195. for your own se	n.	purpose; reason for wanting something done
196. a tremor of det	n.	a feeling of great pleasure or happiness
197. a water j_r	n.	a cylindrical container, typically made of glass, metal, or pottery, with a wide mouth and a screwed or sealed lid, used for storing food, liquids, and other materials
198. environmental detnt	n.	a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
199. the house was a wrk	n.	a ship that has sunk or has been destroyed; a vehicle that has been badly damaged in an accident
200. twl a ribbon	v.	to rotate rapidly around a central point; to spin or whirl around in a circular or spiral motion

ANSWERS: 192. acknowledge, 193. rocky, 194. oversee, 195. sake, 196. delight, 197. jar, 198. determinant, 199. wreck, 200. twirl

- 201. wh y healthy food adv. completely, entirely, or altogether; without exception or reservation 202. red____on of a loan the act of saving or being saved from n. sin, error, or evil, or the process of regaining or earning something of value an activity that requires a particular skill 203. cr t arts of Japan n. in making things with one's hands 204. un___h her anger to suddenly release a strong force, ν. emotion, etc. that cannot be controlled 205. jeo ze reputation to put something at risk or in danger; to threaten or endanger something or someone 206. f_y over low heat to cook food, especially meat or fish, in ν. hot fat or oil the first letter in the Greek alphabet; in 207. al__a radiation n. social and group dynamics, the highest or most dominant member of a group or social hierarchy adj. happening, moving, or capable of 208. take sw__t action moving quickly 209. the halo of a sa d image adj. connected with religion or religious
- dedication because of a connection with a god

 210. tu____ke exit

 n. a high-speed, limited-access highway, often with toll booths; a barrier across a road with a rotating spindle used to
 - adj. without any or little sound

control access

purposes; worthy of respect or

ANSWERS: 201. wholly, 202. redemption, 203. craft, 204. unleash, 205. jeopardize, 206. fry, 207. alpha, 208. swift, 209. sacred, 210. turnpike, 211. silent

211. si___t reading

212. political plok	n.	a set of strategies or tactics used in a particular situation, often in a business or political context; a guidebook or manual that outlines a specific plan of action
213. estent from family	n.	the state of being separated or distant, especially in a relationship or between family members or friends
214. passing gle	n.	a brief or partial view; the act of seeing something or someone for a very short time or only partly
215. exe weather events	adj.	very great in amount or degree
216. clg onto power	v.	to hold onto something tightly; to be closely attached to someone or something
217. ret all imperfect merchandise	<i>v</i> .	to refuse to accept, consider, or use something or someone
218. a f_n of a plane	n.	a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance
219. enge a sense of affinity	v.	to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
220. give an imped defense	adj.	having or showing strong feelings, enthusiasm, or dedication or making a strong emotional appeal
221. back f_n	n.	a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance

ANSWERS: 212. playbook, 213. estrangement, 214. glimpse, 215. extreme, 216. cling, 217. reject, 218. fin, 219. encourage, 220. impassioned, 221. fin

- 222. es___te a fair value
- 223. ba__I with cream cheese
- 224. su___r bad grades

- v. to guess or calculate the cost, size, value, etc. of something
- a type of bread product that is typically round, dense, and chewy with a hole in the center, often topped with seeds or spices
- v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

ANSWERS: 222. estimate, 223. bagel, 224. suffer

Session 3: Fill in the Blanks

1.	We had to the fallen tree to cross the river.
v.	to sit or stand with one leg on either side of something or someone; to adopt a position or attitude that involves a compromise or combination of two or more opposing principles, ideas, or interests
2.	He is in his thoughts.
adj	 willing to respect or allow many different types of beliefs or behavior; open-minded
3.	The museum's experts confirmed the of the painting.
n.	the quality of being real or genuine
4.	The storm leaving the town in peace.
ν.	to become less intense or widespread; to sink to a lower level
5.	The newborn baby was in a ceremony at the church.
v.	to give a name to a baby at a Christian ceremony to welcome them into the Christian Church
6.	His reaction was one of complete
n.	the feeling of not being able to believe or accept that something is true or real
7.	This space is a private office to the President
adj	connected with religion or religious purposes; worthy of respect or dedication because of a connection with a god
8.	In several countries, child is a serious social problem.
n.	productive work, especially physical work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal
	SWERS: 1. straddle, 2. liberal, 3. authenticity, 4. subsided, 5. christened, 6. belief, 7. sacred, 8. labor

49.	The will repair my telephone tomorrow morning.
n.	a person whose job is designing, building, or maintaining something such as machines, structures, or software
50.	The farmers used to drain water from their fields.
n.	a long, narrow, and shallow depression or channel that is dug into the ground; (verb) to throw away
51.	The toll booth on the caused a traffic backup.
n.	a high-speed, limited-access highway, often with toll booths; a barrier across a road with a rotating spindle used to control access
52.	Her voice was yet ever the last words fell lingeringly.
adj	j. happening, moving, or capable of moving quickly
53.	The divers accidentally discovered a on the ocean floor.
n.	a ship that has sunk or has been destroyed; a vehicle that has been badly damaged in an accident
54.	The on the corner is hosting a free community meal tonight.
n.	a building or institution dedicated to religious worship or activities; a Christian religious organization or denomination
55.	The leaves of the fern were arranged in a pattern.
n.	a curve that coils around a central point and gets progressively farther away from it as it goes around
56.	She after a long day at work with a yoga class.
ν.	to reduce the pressure or tension on something or someone
	ISWERS: 49. engineer, 50. ditches, 51. turnpike, 52. swift, 53. wreck, 54. church, spiral, 56. decompressed