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Douglas Rushkoff: How to be "Team Human" in the digital future | TED Talk

https://www.ted.com/talks/douglas_rushkoff_how_to_be_team_human_in_the_digital_future

Advanced Words Only

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Session 1: Word List

billionaire

n. a person who has a net worth of at least one billion dollars

synonym : mega-rich, wealthy, tycoon

(1) Silicon Valley **billionaire**, (2) oil **billionaire**

The self-made **billionaire** donated millions to charity.

augment

v. to increase the size, extent, quantity, etc. of something by adding something to it

synonym : boost, increase, expand

(1) **augment** the reality, (2) **augment** immunity

Economic factors and monetary policy **augmented** inflation.

doomsday

n. the last day of the world when Christians believe that God will judge everyone; an unpleasant or disastrous event

synonym : Day of Judgment, Last Judgement

(1) **doomsday** scenario, (2) economic **doomsday**

This task is going to take me till **doomsday**.

bunker

n. a concrete shelter or underground room, typically for storing ammunition or protecting people from enemy fire; a hazard on a golf course; a large container for storing fuel

synonym :

shelter, fortification, defense

(1) coal **bunker**, (2) **bunker** facility

The soldiers took cover in the dug-out **bunker** during the bombing.

catastrophe

n. a sudden event that causes extreme ruin and misfortune

synonym: disaster, calamity, cataclysm

(1) **catastrophe** risk management, (2) avoid climate

catastrophe

The lack of funds has resulted in a **catastrophe** for our university system.

unrest

n. a state of agitation or disturbance; lack of calm or peace

synonym: disturbance, agitation, turmoil

(1) **unrest** in the city, (2) cause **unrest**

The recent political **unrest** in the country has led to widespread protests and civil disobedience.

powerless

adj. lacking power, strength, or authority; unable to act or affect change

synonym: helpless, impotent, feeble

(1) **powerless** position, (2) **powerless** in the organization

During the hurricane, we felt **powerless** against the winds and rain.

Renaissance

n. a new growth in activity or enthusiasm in anything, particularly art, literature, or music

synonym: rebirth, golden age

(1) artistic **renaissance**, (2) industrial **renaissance**

Folk music is now experiencing a **renaissance**.

unbridled

adj. lacking restraint or control; unrestrained; unchecked, used to describe behaviors, emotions, or actions that are wild, excessive, or uncontrolled

synonym: unrestrained, unchecked, unfettered

(1) **unbridled** power, (2) **unbridled** creativity

Her **unbridled** enthusiasm for the project helped to motivate the team.

steroid

n. any of several organic compounds that are produced in the body and have important physiological effects and affect the development and growth of sex organs

(1) **steroid** abuse, (2) a **steroid** hormone

Some **steroids** are banned for use by athletes because of their muscle-building effects.

futurist

n. a person who studies or predicts trends and developments, particularly in science, technology, or social systems, to anticipate what the future may hold

synonym: foreseer, prophet, fortune-teller

(1) **futurist** architecture, (2) **futurist** ideas

The radical **futurist** predicted that virtual reality would become a standard in everyday life.

repress

v. to restrain or control by force; to suppress feelings or memories

synonym: suppress, control, curb

(1) cannot **repress** laughter, (2) **repress** gene expression

He **repressed** the memories of his traumatic childhood.

app

n. (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC

synonym: application, software

(1) killer **app**, (2) cannot log in to the **app**

The discovery of a critical bug caused the company to delay the **app's** release.

rapport

n. a close and harmonious relationship in which the people or groups concerned understand each other's feelings or ideas and communicate well

synonym: harmony, understanding, connection

(1) **rapport-building**, (2) be in **rapport** with him

The team leader worked hard to build a strong **rapport** with all team members.

hail

v. to call out to someone to get their attention, often from a distance; to greet or welcome someone, especially with enthusiasm or admiration; (noun) precipitation in the form of small balls or lumps of ice that fall from the sky
synonym : greet, salute, welcome

(1) **hail** the victorious team with cheers, (2) **hail** forecast
People in the area were forced to **hail** a taxi due to the lack of public transportation options.

confer

v. to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
synonym : consult, meet, discuss

(1) **confer** degree, (2) **confer** honor
The leaders of the two countries met to **confer** on the issue.

iris

n. the colored part of the eye that surrounds the pupil; a flower with showy petals, named for its resemblance to the eye's iris
synonym : pupil, diaphragm, aperture

(1) blue **iris**, (2) **iris** pattern
The **iris** of the eye contracts and expands to control the amount of light that enters.

synchronize

v. to happen or cause to happen at the same time or rate
synonym : coordinate, accompany, harmonize

(1) **synchronize** movements, (2) **synchronize** our watches
The ball speed will increase when the lower body movements are perfectly **synchronized**.

neuron

n. a cell that is specialized to carry information within the brain and between the brain and other parts of the body
synonym : nerve cell

(1) excite the **neurons**, (2) **neuron** cell body
Our body transfers information along each **neuron** using an

electrical impulse.

oxytocin

n. a hormone secreted by the pituitary which stimulates contractions of the uterus during labor (= the process of pushing out a baby) and the ejection of milk

(1) **oxytocin-degrading** enzyme, (2) **oxytocin** receptor

Women may increase **oxytocin** production through romantic love.

fidelity

n. faithfulness to a person, cause, or thing; loyalty or devotion to a duty or obligation; accuracy or exactness in reproducing or representing something

synonym: loyalty, devotion, allegiance

(1) **fidelity** guarantee deposit, (2) high **fidelity** music

The couple promised each other **fidelity** in their marriage vows.

blockchain

n. a system in which a growing list of payment records, called blocks, made in cryptocurrency is maintained across several computers that are securely linked

(1) **blockchain** platform, (2) the scalability of **blockchain**

Cryptocurrencies are only one form of implementation of **blockchain** technology.

engender

v. to make a feeling or situation exist; to cause or give rise to

synonym: beget, spawn, generate

(1) **engender** a crisis, (2) **engender** the trust

The discussion about war helps **engender** a sense of shared humanity.

miner

n. a person who works in a mine (= excavation in the Earth from which ores and minerals are extracted), especially one who extracts coal, minerals, or precious metals from the Earth

synonym: digger, excavator, miner

(1) **miner** strike, (2) **miner** industry

The coal **miner** worked tirelessly to extract valuable minerals from deep underground.

externalize

v. to give external form, expression, or material existence to something that was previously internal or subjective; to make explicit or apparent something that was previously unconscious or repressed

synonym: express, manifest, materialize

(1) **externalize** responsibilities, (2) **externalize** costs

It's important to **externalize** your feelings and not keep them bottled up.

addict

n. a person who cannot stop using or doing something as a habit, especially something harmful

synonym: devotee, buff, freak

(1) a drug **addict**, (2) Internet **addict**

We have become TV **addicts** due to video streaming services.

insulate

v. to protect something by interposing material that prevents heat, noise, electricity, etc.

synonym: isolate, protect, seclude

(1) **insulate** the room from sound, (2) **insulate** electricity

We had our bedroom **insulated** before winter came.

goggle

v. to look at someone or something with amazement; to look stupidly; (noun, plural) tight-fitting spectacles that are worn to prevent particulates, water, or chemicals from striking the eyes

synonym: gaze, gawk, gape

(1) **goggle** his eyes, (2) infrared **goggles**

The software company bought the VR **goggles** manufacturer.

slap

v. to strike something or someone with an open palm or flat object, producing a sharp sound or sensation; to place something firmly, suddenly, or unexpectedly

synonym : smack, hit, whack

(1) **slap** on the back, (2) **slap** a heavy fine

The politician tried to **slap** down the rumors about his personal life.

ethos

n. the set of beliefs and attitudes that belong to a particular community, nation, ideology, or a person

synonym : principles, ideology, philosophy

(1) **ethos** of science, (2) corporate **ethos**

Medical students need to acquire not only knowledge but also a professional **ethos** of a doctor.

environmentalist

n. a person who is concerned with and advocates for the protection of the natural environment

synonym : conservationist

(1) dedicated **environmentalist**, (2) an **environmentalist** political party

The **environmentalist** lobby changed the mindset of many conservative politicians.

humming

adj. producing a continuous, low, vibrating sound like that of the bee

synonym : buzzing, droning, vibrating

(1) **humming** sound, (2) **humming** bird

The **humming** of the bees filled the air as she walked through the garden.

extinct

adj. no longer in existence

synonym : dead, obsolete, abolished

(1) **extinct** by human activity, (2) long- **extinct** volcano

Many species have become **extinct** due to habitat destruction and other human activities.

transhuman

adj. relating to or denoting a hypothetical evolutionary stage beyond our current human form, often involving advanced technology or genetic engineering

synonym :

cybernetic, posthuman

(1) **transhuman** philosophy, (2) **transhuman** evolution

Transhuman technology promises to enhance human abilities beyond what is currently possible.

torch

n. a portable device that produces a flame, typically one that is used to light a fire or a candle

synonym: flashlight, lantern, flare

(1) the **torch** of learning, (2) **torch** song

She used an electric **torch** to light her way through the dark cave.

ambiguity

n. the quality of being open to more than one interpretation; the uncertainty of meaning

synonym: uncertainty, vagueness, obscurity

(1) free from **ambiguity**, (2) avoid **ambiguity** in writing

The **ambiguity** in the instructions made it difficult for her to complete the task.

paradox

n. a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;

synonym: incongruity, dichotomy, contradiction

(1) French **paradox**, (2) the **paradox** of the heap

There are many theories to explain this **paradox**.

quirk

n. a peculiar behavior, habit, or characteristic that is distinctive to an individual or group

synonym: eccentricity, idiosyncrasy, peculiarity

(1) personality **quirk**, (2) a **quirk** of fate

One of her **quirks** is that she always wears mismatched socks.

hubris

n. excessive pride, arrogance, or overconfidence, often leading to someone's downfall or ruin

synonym: arrogance, conceit, pride

(1) political **hubris**, (2) **hubris** in business

The athlete's **hubris** resulted in him underestimating his competition and losing the game.

mushroom

n. a type of fungus that grows on dead or decaying organic matter and typically has a stalk and an umbrella-shaped cap

synonym: fungus, toadstool

(1) **mushroom** spores, (2) **mushroom** cultivation

The **mushroom** risotto was delicious, but I couldn't identify all the mushrooms in it.

embed

v. to fix or set firmly in a surrounding mass

synonym: entrench, fix, set

(1) **embed** scripts in the message, (2) **embed** a sensor

The company **embedded** a tracking code in the product's packaging to monitor its shipment.

adversary

n. a person, group, or force that opposes or fights against another; an enemy or opponent

synonym: opponent, enemy, foe

(1) **adversary** team, (2) political **adversary**

The boxer's toughest **adversary** was his fear of losing.

apocalyptic

adj. describing severe damage and destruction in past or future events, or the end of the world

synonym: fateful, prophetic, ominous

(1) **apocalyptic** event, (2) have **apocalyptic** overtones

The **apocalyptic** landscape of burnt-out villages and bombed-out ruins spread out before them.

Session 2: Spelling

- | | |
|--------------------------------|---|
| 1. artistic ren_____ce | <i>n.</i> a new growth in activity or enthusiasm in anything, particularly art, literature, or music |
| 2. a qu__k of fate | <i>n.</i> a peculiar behavior, habit, or characteristic that is distinctive to an individual or group |
| 3. ext_____ze responsibilities | <i>v.</i> to give external form, expression, or material existence to something that was previously internal or subjective; to make explicit or apparent something that was previously unconscious or repressed |
| 4. h__l forecast | <i>v.</i> to call out to someone to get their attention, often from a distance; to greet or welcome someone, especially with enthusiasm or admiration; (noun) precipitation in the form of small balls or lumps of ice that fall from the sky |
| 5. em__d a sensor | <i>v.</i> to fix or set firmly in a surrounding mass |
| 6. ox_____in-degrading enzyme | <i>n.</i> a hormone secreted by the pituitary which stimulates contractions of the uterus during labor (= the process of pushing out a baby) and the ejection of milk |
| 7. Silicon Valley bil_____re | <i>n.</i> a person who has a net worth of at least one billion dollars |
| 8. cat_____he risk management | <i>n.</i> a sudden event that causes extreme ruin and misfortune |

ANSWERS: 1. Renaissance, 2. quirk, 3. externalize, 4. hail, 5. embed, 6. oxytocin, 7. billionaire, 8. catastrophe

9. a st____d hormone *n.* any of several organic compounds that are produced in the body and have important physiological effects and affect the development and growth of sex organs
10. mu____om spores *n.* a type of fungus that grows on dead or decaying organic matter and typically has a stalk and an umbrella-shaped cap
11. fu____st ideas *n.* a person who studies or predicts trends and developments, particularly in science, technology, or social systems, to anticipate what the future may hold
12. fi____ty guarantee deposit *n.* faithfulness to a person, cause, or thing; loyalty or devotion to a duty or obligation; accuracy or exactness in reproducing or representing something
13. ra____t-building *n.* a close and harmonious relationship in which the people or groups concerned understand each other's feelings or ideas and communicate well
14. have apo____ic overtones *adj.* describing severe damage and destruction in past or future events, or the end of the world
15. st____d abuse *n.* any of several organic compounds that are produced in the body and have important physiological effects and affect the development and growth of sex organs
16. ad____ry team *n.* a person, group, or force that opposes or fights against another; an enemy or opponent

ANSWERS: 9. steroid, 10. mushroom, 11. futurist, 12. fidelity, 13. rapport, 14. apocalyptic, 15. steroid, 16. adversary

17. un_____ed power *adj.* lacking restraint or control; unrestrained; unchecked, used to describe behaviors, emotions, or actions that are wild, excessive, or uncontrolled
18. ox_____in receptor *n.* a hormone secreted by the pituitary which stimulates contractions of the uterus during labor (= the process of pushing out a baby) and the ejection of milk
19. et__s of science *n.* the set of beliefs and attitudes that belong to a particular community, nation, ideology, or a person
20. em__d scripts in the message *v.* to fix or set firmly in a surrounding mass
21. ne____n cell body *n.* a cell that is specialized to carry information within the brain and between the brain and other parts of the body
22. mi__r strike *n.* a person who works in a mine (= excavation in the Earth from which ores and minerals are extracted), especially one who extracts coal, minerals, or precious metals from the Earth
23. co____r honor *v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
24. political hu____s *n.* excessive pride, arrogance, or overconfidence, often leading to someone's downfall or ruin

ANSWERS: 17. unbridled, 18. oxytocin, 19. ethos, 20. embed, 21. neuron, 22. miner, 23. confer, 24. hubris

25. coal bu___r *n.* a concrete shelter or underground room, typically for storing ammunition or protecting people from enemy fire; a hazard on a golf course; a large container for storing fuel
26. au_____t the reality *v.* to increase the size, extent, quantity, etc. of something by adding something to it
27. fu_____st architecture *n.* a person who studies or predicts trends and developments, particularly in science, technology, or social systems, to anticipate what the future may hold
28. cause un___t *n.* a state of agitation or disturbance; lack of calm or peace
29. do_____ay scenario *n.* the last day of the world when Christians believe that God will judge everyone; an unpleasant or disastrous event
30. apo_____ic event *adj.* describing severe damage and destruction in past or future events, or the end of the world
31. cannot log in to the a_p *n.* (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC
32. re_____s gene expression *v.* to restrain or control by force; to suppress feelings or memories
33. an env_____ist political party *n.* a person who is concerned with and advocates for the protection of the natural environment

ANSWERS: 25. bunker, 26. augment, 27. futurist, 28. unrest, 29. doomsday, 30. apocalyptic, 31. app, 32. repress, 33. environmentalist

34. hu___s in business *n.* excessive pride, arrogance, or overconfidence, often leading to someone's downfall or ruin
35. free from am_____ty *n.* the quality of being open to more than one interpretation; the uncertainty of meaning
36. syn_____ze our watches *v.* to happen or cause to happen at the same time or rate
37. in_____te electricity *v.* to protect something by interposing material that prevents heat, noise, electricity, etc.
38. excite the ne___ns *n.* a cell that is specialized to carry information within the brain and between the brain and other parts of the body
39. blue i__s *n.* the colored part of the eye that surrounds the pupil; a flower with showy petals, named for its resemblance to the eye's iris
40. i__s pattern *n.* the colored part of the eye that surrounds the pupil; a flower with showy petals, named for its resemblance to the eye's iris
41. personality qu__k *n.* a peculiar behavior, habit, or characteristic that is distinctive to an individual or group
42. po_____ss position *adj.* lacking power, strength, or authority; unable to act or affect change
43. the to__h of learning *n.* a portable device that produces a flame, typically one that is used to light a fire or a candle

ANSWERS: 34. hubris, 35. ambiguity, 36. synchronize, 37. insulate, 38. neuron, 39. iris, 40. iris, 41. quirk, 42. powerless, 43. torch

44. French pa____x *n.* a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;
45. s__p a heavy fine *v.* to strike something or someone with an open palm or flat object, producing a sharp sound or sensation; to place something firmly, suddenly, or unexpectedly
46. syn_____ze movements *v.* to happen or cause to happen at the same time or rate
47. in_____te the room from sound *v.* to protect something by interposing material that prevents heat, noise, electricity, etc.
48. blo_____in platform *n.* a system in which a growing list of payment records, called blocks, made in cryptocurrency is maintained across several computers that are securely linked
49. be in ra_____t with him *n.* a close and harmonious relationship in which the people or groups concerned understand each other's feelings or ideas and communicate well
50. high fi_____ty music *n.* faithfulness to a person, cause, or thing; loyalty or devotion to a duty or obligation; accuracy or exactness in reproducing or representing something
51. infrared go____es *v.* to look at someone or something with amazement; to look stupidly; (noun, plural) tight-fitting spectacles that are worn to prevent particulates, water, or chemicals from striking the eyes

ANSWERS: 44. paradox, 45. slap, 46. synchronize, 47. insulate, 48. blockchain, 49. rapport, 50. fidelity, 51. goggle

52. industrial ren_____ce *n.* a new growth in activity or enthusiasm in anything, particularly art, literature, or music
53. ext_____ze costs *v.* to give external form, expression, or material existence to something that was previously internal or subjective; to make explicit or apparent something that was previously unconscious or repressed
54. political ad_____ry *n.* a person, group, or force that opposes or fights against another; an enemy or opponent
55. ex_____t by human activity *adj.* no longer in existence
56. avoid am_____ty in writing *n.* the quality of being open to more than one interpretation; the uncertainty of meaning
57. hu_____g sound *adj.* producing a continuous, low, vibrating sound like that of the bee
58. long-ex_____t volcano *adj.* no longer in existence
59. cannot re_____s laughter *v.* to restrain or control by force; to suppress feelings or memories
60. go____e his eyes *v.* to look at someone or something with amazement; to look stupidly; (noun, plural) tight-fitting spectacles that are worn to prevent particulates, water, or chemicals from striking the eyes
61. h____l the victorious team with cheers *v.* to call out to someone to get their attention, often from a distance; to greet or welcome someone, especially with enthusiasm or admiration; (noun) precipitation in the form of small balls or lumps of ice that fall from the sky

ANSWERS: 52. Renaissance, 53. externalize, 54. adversary, 55. extinct, 56. ambiguity, 57. humming, 58. extinct, 59. repress, 60. goggle, 61. hail

62. mu____om cultivation *n.* a type of fungus that grows on dead or decaying organic matter and typically has a stalk and an umbrella-shaped cap
63. killer a_p *n.* (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC
64. au____t immunity *v.* to increase the size, extent, quantity, etc. of something by adding something to it
65. s__p on the back *v.* to strike something or someone with an open palm or flat object, producing a sharp sound or sensation; to place something firmly, suddenly, or unexpectedly
66. bu____r facility *n.* a concrete shelter or underground room, typically for storing ammunition or protecting people from enemy fire; a hazard on a golf course; a large container for storing fuel
67. en____er the trust *v.* to make a feeling or situation exist; to cause or give rise to
68. tra____an philosophy *adj.* relating to or denoting a hypothetical evolutionary stage beyond our current human form, often involving advanced technology or genetic engineering
69. corporate et__s *n.* the set of beliefs and attitudes that belong to a particular community, nation, ideology, or a person
70. po____ss in the organization *adj.* lacking power, strength, or authority; unable to act or affect change

ANSWERS: 62. mushroom, 63. app, 64. augment, 65. slap, 66. bunker, 67. engender, 68. transhuman, 69. ethos, 70. powerless

71. en_____er a crisis *v.* to make a feeling or situation exist; to cause or give rise to
72. un_____ed creativity *adj.* lacking restraint or control; unrestrained; unchecked, used to describe behaviors, emotions, or actions that are wild, excessive, or uncontrolled
73. un____t in the city *n.* a state of agitation or disturbance; lack of calm or peace
74. the scalability of blo_____in *n.* a system in which a growing list of payment records, called blocks, made in cryptocurrency is maintained across several computers that are securely linked
75. the pa_____x of the heap *n.* a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;
76. hu_____g bird *adj.* producing a continuous, low, vibrating sound like that of the bee
77. dedicated env_____ist *n.* a person who is concerned with and advocates for the protection of the natural environment
78. mi__r industry *n.* a person who works in a mine (= excavation in the Earth from which ores and minerals are extracted), especially one who extracts coal, minerals, or precious metals from the Earth
79. a drug ad____t *n.* a person who cannot stop using or doing something as a habit, especially something harmful

ANSWERS: 71. engender, 72. unbridled, 73. unrest, 74. blockchain, 75. paradox, 76. humming, 77. environmentalist, 78. miner, 79. addict

80. Internet ad___t *n.* a person who cannot stop using or doing something as a habit, especially something harmful
81. co___r degree *v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
82. to__h song *n.* a portable device that produces a flame, typically one that is used to light a fire or a candle
83. avoid climate cat_____he *n.* a sudden event that causes extreme ruin and misfortune
84. oil bil_____re *n.* a person who has a net worth of at least one billion dollars
85. economic do_____ay *n.* the last day of the world when Christians believe that God will judge everyone; an unpleasant or disastrous event
86. tra_____an evolution *adj.* relating to or denoting a hypothetical evolutionary stage beyond our current human form, often involving advanced technology or genetic engineering

ANSWERS: 80. addict, 81. confer, 82. torch, 83. catastrophe, 84. billionaire, 85. doomsday, 86. transhuman

Session 3: Fill in the Blanks

1. The discovery of a critical bug caused the company to delay the _____ release.
n. (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC
2. The software company bought the VR _____ manufacturer.
v. to look at someone or something with amazement; to look stupidly; (noun, plural) tight-fitting spectacles that are worn to prevent particulates, water, or chemicals from striking the eyes
3. Her _____ enthusiasm for the project helped to motivate the team.
adj. lacking restraint or control; unrestrained; unchecked, used to describe behaviors, emotions, or actions that are wild, excessive, or uncontrolled
4. During the hurricane, we felt _____ against the winds and rain.
adj. lacking power, strength, or authority; unable to act or affect change
5. The coal _____ worked tirelessly to extract valuable minerals from deep underground.
n. a person who works in a mine (= excavation in the Earth from which ores and minerals are extracted), especially one who extracts coal, minerals, or precious metals from the Earth
6. The couple promised each other _____ in their marriage vows.
n. faithfulness to a person, cause, or thing; loyalty or devotion to a duty or obligation; accuracy or exactness in reproducing or representing something
7. The soldiers took cover in the dug-out _____ during the bombing.
n. a concrete shelter or underground room, typically for storing ammunition or protecting people from enemy fire; a hazard on a golf course; a large container for storing fuel

ANSWERS: 1. app's, 2. goggles, 3. unbridled, 4. powerless, 5. miner, 6. fidelity, 7. bunker

8. She used an electric _____ to light her way through the dark cave.
- n.* a portable device that produces a flame, typically one that is used to light a fire or a candle
9. The politician tried to _____ down the rumors about his personal life.
- v.* to strike something or someone with an open palm or flat object, producing a sharp sound or sensation; to place something firmly, suddenly, or unexpectedly
10. The self-made _____ donated millions to charity.
- n.* a person who has a net worth of at least one billion dollars
11. The recent political _____ in the country has led to widespread protests and civil disobedience.
- n.* a state of agitation or disturbance; lack of calm or peace
12. The athlete's _____ resulted in him underestimating his competition and losing the game.
- n.* excessive pride, arrogance, or overconfidence, often leading to someone's downfall or ruin
13. The _____ risotto was delicious, but I couldn't identify all the mushrooms in it.
- n.* a type of fungus that grows on dead or decaying organic matter and typically has a stalk and an umbrella-shaped cap
14. _____ technology promises to enhance human abilities beyond what is currently possible.
- adj.* relating to or denoting a hypothetical evolutionary stage beyond our current human form, often involving advanced technology or genetic engineering

ANSWERS: 8. torch, 9. slap, 10. billionaire, 11. unrest, 12. hubris, 13. mushroom, 14. Transhuman

15. The _____ in the instructions made it difficult for her to complete the task.
- n.* the quality of being open to more than one interpretation; the uncertainty of meaning
16. There are many theories to explain this _____.
- n.* a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;
17. Folk music is now experiencing a _____.
- n.* a new growth in activity or enthusiasm in anything, particularly art, literature, or music
18. Some _____ are banned for use by athletes because of their muscle-building effects.
- n.* any of several organic compounds that are produced in the body and have important physiological effects and affect the development and growth of sex organs
19. Economic factors and monetary policy _____ inflation.
- v.* to increase the size, extent, quantity, etc. of something by adding something to it
20. The _____ lobby changed the mindset of many conservative politicians.
- n.* a person who is concerned with and advocates for the protection of the natural environment
21. The boxer's toughest _____ was his fear of losing.
- n.* a person, group, or force that opposes or fights against another; an enemy or opponent

ANSWERS: 15. ambiguity, 16. paradox, 17. renaissance, 18. steroids, 19. augmented, 20. environmentalist, 21. adversary

22. Medical students need to acquire not only knowledge but also a professional _____ of a doctor.
- n.* the set of beliefs and attitudes that belong to a particular community, nation, ideology, or a person
23. The ball speed will increase when the lower body movements are perfectly _____.
- v.* to happen or cause to happen at the same time or rate
24. The lack of funds has resulted in a _____ for our university system.
- n.* a sudden event that causes extreme ruin and misfortune
25. One of her _____ is that she always wears mismatched socks.
- n.* a peculiar behavior, habit, or characteristic that is distinctive to an individual or group
26. The discussion about war helps _____ a sense of shared humanity.
- v.* to make a feeling or situation exist; to cause or give rise to
27. We have become TV _____ due to video streaming services.
- n.* a person who cannot stop using or doing something as a habit, especially something harmful
28. The _____ of the bees filled the air as she walked through the garden.
- adj.* producing a continuous, low, vibrating sound like that of the bee
29. The _____ of the eye contracts and expands to control the amount of light that enters.
- n.* the colored part of the eye that surrounds the pupil; a flower with showy petals, named for its resemblance to the eye's iris

ANSWERS: 22. ethos, 23. synchronized, 24. catastrophe, 25. quirks, 26. engender, 27. addicts, 28. humming, 29. iris

30. This task is going to take me till _____.
- n.* the last day of the world when Christians believe that God will judge everyone; an unpleasant or disastrous event
31. He _____ the memories of his traumatic childhood.
- v.* to restrain or control by force; to suppress feelings or memories
32. Many species have become _____ due to habitat destruction and other human activities.
- adj.* no longer in existence
33. It's important to _____ your feelings and not keep them bottled up.
- v.* to give external form, expression, or material existence to something that was previously internal or subjective; to make explicit or apparent something that was previously unconscious or repressed
34. Women may increase _____ production through romantic love.
- n.* a hormone secreted by the pituitary which stimulates contractions of the uterus during labor (= the process of pushing out a baby) and the ejection of milk
35. Our body transfers information along each _____ using an electrical impulse.
- n.* a cell that is specialized to carry information within the brain and between the brain and other parts of the body
36. The leaders of the two countries met to _____ on the issue.
- v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
37. The team leader worked hard to build a strong _____ with all team members.
- n.* a close and harmonious relationship in which the people or groups concerned understand each other's feelings or ideas and communicate well

ANSWERS: 30. doomsday, 31. repressed, 32. extinct, 33. externalize, 34. oxytocin, 35. neuron, 36. confer, 37. rapport

38. The company _____ a tracking code in the product's packaging to monitor its shipment.
- v.* to fix or set firmly in a surrounding mass
39. The radical _____ predicted that virtual reality would become a standard in everyday life.
- n.* a person who studies or predicts trends and developments, particularly in science, technology, or social systems, to anticipate what the future may hold
40. The _____ landscape of burnt-out villages and bombed-out ruins spread out before them.
- adj.* describing severe damage and destruction in past or future events, or the end of the world
41. Cryptocurrencies are only one form of implementation of _____ technology.
- n.* a system in which a growing list of payment records, called blocks, made in cryptocurrency is maintained across several computers that are securely linked
42. People in the area were forced to _____ a taxi due to the lack of public transportation options.
- v.* to call out to someone to get their attention, often from a distance; to greet or welcome someone, especially with enthusiasm or admiration; (noun) precipitation in the form of small balls or lumps of ice that fall from the sky
43. We had our bedroom _____ before winter came.
- v.* to protect something by interposing material that prevents heat, noise, electricity, etc.

ANSWERS: 38. embedded, 39. futurist, 40. apocalyptic, 41. blockchain, 42. hail, 43. insulated