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George Blair-West: 3 ways to build a happy marriage and avoid divorce | TED Talk

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Advanced Words Only

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Session 1: Word List

psychiatry

n. the branch of medicine concerned with the study, treatment, and prevention of mental illness

synonym: mental health, psychology, psychoanalysis

(1) **psychiatry** therapy, (2) biological **psychiatry**

The field of **psychiatry** is constantly evolving, with new treatments and approaches being developed all the time.

institutionalize

v. to establish or make something a part of an institution (= a place such as a university, hospital, etc.)

synonym: formalize, establish, regularize

(1) **institutionalize** a system, (2) **institutionalize** customary laws

The new policy aims to **institutionalize** the use of renewable energy sources.

equate

v. to consider or describe one thing as similar, equal, or analogous

synonym: associate, liken, relate

(1) **equate** mistakes with failure, (2) **equate** to legal responsibility

It isn't very reasonable to **equate** money with happiness.

facto

adj. of or relating to facts; done in reality; actually existing or occurring

synonym : actual, real

(1) ex post **facto** approval, (2) a de **facto** government

The new software has become the de **facto** tool for professionals in the field.

vaccinate

v. to treat with a vaccine, usually by injection, to produce immunity against a disease

synonym : immunize, inject, inoculate

(1) **vaccinate** against scarlet fever, (2) **vaccinate** every year

The nurse **vaccinated** the children in the school.

polio

n. an acute infectious disease caused by a virus that attacks nerve cells in the spinal cord and brain, leading to paralysis, muscle weakness, and potentially lifelong disability

synonym : poliomyelitis, infantile paralysis

(1) **polio** epidemic, (2) **polio** eradication

The **polio** vaccine development is regarded as one of the greatest medical achievements of the 20th century.

diphtheria

n. an infectious disease caused by the bacterium *Corynebacterium diphtheriae*, characterized by inflammation and the formation of a thick, grayish membrane in the nose, throat, and other respiratory passages

(1) **diphtheria** vaccine, (2) **diphtheria** infection

Due to the **diphtheria** outbreak, the government declared a state of emergency and began vaccinating the population.

tetanus

n. an acute infectious disease caused by bacteria usually contracted through a wound or cut that is contaminated with the bacteria, resulting in painful muscle stiffness and spasms

synonym : lockjaw

(1) **tetanus** bacteria, (2) **tetanus** symptoms
He had to get a **tetanus** shot after stepping on a rusty nail.

whoop

v. to shout or cry out loudly, often in celebration or excitement; to make an exuberant noise

synonym: yell, shout, cheer

(1) **whoop** with joy, (2) **whoop** it up at a party

The winning team began to **whoop** and holler with excitement.

measles

n. a highly infectious viral disease that causes fever, red spots on the skin, and other flu-like symptoms, typically affects children

synonym: rash, red measles, rubella

(1) **measles** outbreak, (2) **measles** vaccine

The school sent a notice of a **measles** case in one of the classrooms.

melanoma

n. a type of skin cancer that originates in the cells that produce pigment, usually occurring on sun-exposed skin areas

synonym: skin cancer, melanocarcinoma, pigmented tumor

(1) **melanoma** diagnosis, (2) **melanoma** treatment

Protecting your skin from the sun by wearing sunscreen and protective clothing can help reduce the risk of **melanoma**.

policymaker

n. a person in charge of or involved in developing action plans for a political party, business, etc.

synonym: lawmaker, legislator

(1) education **policymaker**, (2) regional **policymaker**

Policymakers struggle to develop various laws and regulations to address international trade conflicts.

glaze

v. to cover or coat with a thin layer of film, particularly a shiny or glossy layer, such as a layer of protective material on ceramics or a top coat of paint on a surface; to apply a thin, glossy coating to food, often using a

sauce or syrup

synonym : coat, enamel, varnish

(1) **glaze** a window, (2) **glaze** over eyes

The baker used a brush to **glaze** the donuts with a sweet, shiny coating.

doe

n. a mature female of mammals of which the male is called a buck, such as a deer or a rabbit

synonym : rabbit, bunny, hare

(1) **doe** rabbit, (2) buck and **doe**

Hunters use a whistle that makes the **doe** sound to lure stags.

millennial

adj. relating to a period of a thousand years or the year 2000; (noun) a person born between the early 1980s and the late 1990s, also called Generation Y

synonym : thousand, (noun) Generation Y

(1) **millennial** record, (2) the **millennial** reign

Earth's ecosystems are greatly affected by **millennial-scale** changes in climate.

skeptical

adj. doubting that something is accurate or useful

synonym : doubtful, distrustful, suspicious

(1) a **skeptical** attitude, (2) **skeptical** scientists

His religious and philosophical beliefs were utterly **skeptical**.

hookup

n. a device providing a connection between a power source and a user; a sexual encounter, usually between two people who are not in a committed relationship or do not know each other well

synonym : connection, rendezvous, one-night stand

(1) electric **hookup**, (2) casual **hookup**

We must buy cables for the audio **hookup** between the TV and the soundbar.

- app** *n.* (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC
synonym : application, software
(1) killer **app**, (2) cannot log in to the **app**
The discovery of a critical bug caused the company to delay the **app's** release.
- neuroplasticity** *n.* the ability of the brain to change and reorganize itself in response to new experiences, learning, or injury, by creating new neural connections and pathways
synonym : brain plasticity, neural remodeling, synaptic plasticity
(1) **neuroplasticity** therapy, (2) experience-dependent **neuroplasticity**
Researchers are currently studying the potential of **neuroplasticity** to treat conditions such as depression and anxiety.
- correlate** *v.* to have a connection or relationship in which one thing affects or depends on another
synonym : associate, liken, connect
(1) **correlate** closely with the quality, (2) **correlate** to the size
We may frequently **correlate** age with the frequency of disease.
- implode** *v.* to collapse inward violently or burst inward with a sudden release of energy; to disintegrate or break down suddenly and completely
synonym : collapse, crumble, disintegrate
(1) **implode** building, (2) **implode** business
The banking industry feared the economy would **implode** due to risky investments.
- oversea** *adj.* situated or operating beyond national boundaries; in, from, or to foreign countries
synonym : foreign, abroad, international

(1) **oversea** shipments, (2) for **oversea** use

The company enhanced **oversea** operations to tap into new markets.

intrigue

v. to make someone interested, especially by being strange, unusual, or mysterious; to make a secret plan with other people to harm someone

synonym: attract, captivate, charm

(1) **intrigue** him, (2) **intrigue** against his rival

The artist's innovative style of work **intrigues** me.

infirmary

n. physical or mental weakness; a physical or mental ailment that makes one vulnerable or fragile

synonym: weakness, ailment, disability

(1) physical **infirmary**, (2) visual **infirmary**

The **infirmary** of old age made it difficult for her to walk up the stairs.

betray

v. to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally

synonym: fail, denounce, display

(1) **betray** a friend, (2) **betray** confidence

He felt **betrayed** when his best friend revealed their secret to the enemy.

infidelity

n. the quality or state of being unfaithful, especially having sex with someone who is not your partner

synonym: disloyalty, adultery, affair

(1) alleged **infidelity**, (2) act of **infidelity**

She forgave him for his **infidelity**.

secondly

adv. used to introduce the second point or item in a list or series of statements, considerations, etc.

synonym: in the second place, next, subsequently

(1) **secondly** connected, (2) **secondly**, it is important

Firstly, we will discuss the budget; **secondly**, we will go over

the schedule.

quirk

n. a peculiar behavior, habit, or characteristic that is distinctive to an individual or group

synonym: eccentricity, idiosyncrasy, peculiarity

(1) personality **quirk**, (2) a **quirk** of fate

One of her **quirks** is that she always wears mismatched socks.

Session 2: Spelling

1. po__o eradication *n.* an acute infectious disease caused by a virus that attacks nerve cells in the spinal cord and brain, leading to paralysis, muscle weakness, and potentially lifelong disability
2. alleged inf_____ty *n.* the quality or state of being unfaithful, especially having sex with someone who is not your partner
3. im_____e building *v.* to collapse inward violently or burst inward with a sudden release of energy; to disintegrate or break down suddenly and completely
4. eq___e to legal responsibility *v.* to consider or describe one thing as similar, equal, or analogous
5. wh__p it up at a party *v.* to shout or cry out loudly, often in celebration or excitement; to make an exuberant noise
6. va_____te against scarlet fever *v.* to treat with a vaccine, usually by injection, to produce immunity against a disease
7. be___y confidence *v.* to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally
8. gl__e a window *v.* to cover or coat with a thin layer of film, particularly a shiny or glossy layer, such as a layer of protective material on ceramics or a top coat of paint on a surface; to apply a thin, glossy coating to food, often using a sauce or syrup

ANSWERS: 1. polio, 2. infidelity, 3. implode, 4. equate, 5. whoop, 6. vaccinate, 7. betray, 8. glaze

9. va_____te every year *v.* to treat with a vaccine, usually by injection, to produce immunity against a disease
10. biological psy_____ry *n.* the branch of medicine concerned with the study, treatment, and prevention of mental illness
11. me_____s vaccine *n.* a highly infectious viral disease that causes fever, red spots on the skin, and other flu-like symptoms, typically affects children
12. ov_____a shipments *adj.* situated or operating beyond national boundaries; in, from, or to foreign countries
13. in_____ue against his rival *v.* to make someone interested, especially by being strange, unusual, or mysterious; to make a secret plan with other people to harm someone
14. dip_____ia vaccine *n.* an infectious disease caused by the bacterium *Corynebacterium diphtheriae*, characterized by inflammation and the formation of a thick, grayish membrane in the nose, throat, and other respiratory passages
15. visual in_____ty *n.* physical or mental weakness; a physical or mental ailment that makes one vulnerable or fragile
16. for ov_____a use *adj.* situated or operating beyond national boundaries; in, from, or to foreign countries
17. cannot log in to the a_p *n.* (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC

ANSWERS: 9. vaccinate, 10. psychiatry, 11. measles, 12. oversea, 13. intrigue, 14. diphtheria, 15. infirmity, 16. oversea, 17. app

18. se____ly, it is important *adv.* used to introduce the second point or item in a list or series of statements, considerations, etc.
19. experience-dependent
neu_____ity *n.* the ability of the brain to change and reorganize itself in response to new experiences, learning, or injury, by creating new neural connections and pathways
20. im_____e business *v.* to collapse inward violently or burst inward with a sudden release of energy; to disintegrate or break down suddenly and completely
21. electric ho____p *n.* a device providing a connection between a power source and a user; a sexual encounter, usually between two people who are not in a committed relationship or do not know each other well
22. be____y a friend *v.* to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally
23. co_____te closely with the quality *v.* to have a connection or relationship in which one thing affects or depends on another
24. me_____s outbreak *n.* a highly infectious viral disease that causes fever, red spots on the skin, and other flu-like symptoms, typically affects children
25. d_e rabbit *n.* a mature female of mammals of which the male is called a buck, such as a deer or a rabbit

ANSWERS: 18. secondly, 19. neuroplasticity, 20. implode, 21. hookup, 22. betray, 23. correlate, 24. measles, 25. doe

26. neu_____ity therapy *n.* the ability of the brain to change and reorganize itself in response to new experiences, learning, or injury, by creating new neural connections and pathways
27. ins_____ize customary laws *v.* to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
28. psy_____ry therapy *n.* the branch of medicine concerned with the study, treatment, and prevention of mental illness
29. me_____ma treatment *n.* a type of skin cancer that originates in the cells that produce pigment, usually occurring on sun-exposed skin areas
30. dip_____ia infection *n.* an infectious disease caused by the bacterium *Corynebacterium diphtheriae*, characterized by inflammation and the formation of a thick, grayish membrane in the nose, throat, and other respiratory passages
31. se_____ly connected *adv.* used to introduce the second point or item in a list or series of statements, considerations, etc.
32. gl__e over eyes *v.* to cover or coat with a thin layer of film, particularly a shiny or glossy layer, such as a layer of protective material on ceramics or a top coat of paint on a surface; to apply a thin, glossy coating to food, often using a sauce or syrup
33. education pol_____er *n.* a person in charge of or involved in developing action plans for a political party, business, etc.

ANSWERS: 26. neuroplasticity, 27. institutionalize, 28. psychiatry, 29. melanoma, 30. diphtheria, 31. secondly, 32. glaze, 33. policymaker

34. killer a_p *n.* (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC
35. a sk_____al attitude *adj.* doubting that something is accurate or useful
36. casual ho___p *n.* a device providing a connection between a power source and a user; a sexual encounter, usually between two people who are not in a committed relationship or do not know each other well
37. regional pol_____er *n.* a person in charge of or involved in developing action plans for a political party, business, etc.
38. ins_____ize a system *v.* to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
39. physical in_____ty *n.* physical or mental weakness; a physical or mental ailment that makes one vulnerable or fragile
40. mil_____al record *adj.* relating to a period of a thousand years or the year 2000; (noun) a person born between the early 1980s and the late 1990s, also called Generation Y
41. ex post fa__o approval *adj.* of or relating to facts; done in reality; actually existing or occurring
42. act of inf_____ty *n.* the quality or state of being unfaithful, especially having sex with someone who is not your partner

ANSWERS: 34. app, 35. skeptical, 36. hookup, 37. policymaker, 38. institutionalize, 39. infirmity, 40. millennial, 41. facto, 42. infidelity

43. eq___e mistakes with failure *v.* to consider or describe one thing as similar, equal, or analogous
44. wh__p with joy *v.* to shout or cry out loudly, often in celebration or excitement; to make an exuberant noise
45. the mil_____al reign *adj.* relating to a period of a thousand years or the year 2000; (noun) a person born between the early 1980s and the late 1990s, also called Generation Y
46. in_____ue him *v.* to make someone interested, especially by being strange, unusual, or mysterious; to make a secret plan with other people to harm someone
47. personality qu__k *n.* a peculiar behavior, habit, or characteristic that is distinctive to an individual or group
48. sk_____al scientists *adj.* doubting that something is accurate or useful
49. me_____ma diagnosis *n.* a type of skin cancer that originates in the cells that produce pigment, usually occurring on sun-exposed skin areas
50. te_____s bacteria *n.* an acute infectious disease caused by bacteria usually contracted through a wound or cut that is contaminated with the bacteria, resulting in painful muscle stiffness and spasms
51. co_____te to the size *v.* to have a connection or relationship in which one thing affects or depends on another

ANSWERS: 43. equate, 44. whoop, 45. millennial, 46. intrigue, 47. quirk, 48. skeptical, 49. melanoma, 50. tetanus, 51. correlate

52. po__o epidemic *n.* an acute infectious disease caused by a virus that attacks nerve cells in the spinal cord and brain, leading to paralysis, muscle weakness, and potentially lifelong disability
53. te____s symptoms *n.* an acute infectious disease caused by bacteria usually contracted through a wound or cut that is contaminated with the bacteria, resulting in painful muscle stiffness and spasms
54. buck and d_e *n.* a mature female of mammals of which the male is called a buck, such as a deer or a rabbit
55. a qu__k of fate *n.* a peculiar behavior, habit, or characteristic that is distinctive to an individual or group
56. a de fa__o government *adj.* of or relating to facts; done in reality; actually existing or occurring

ANSWERS: 52. polio, 53. tetanus, 54. doe, 55. quirk, 56. facto

Session 3: Fill in the Blanks

1. The nurse _____ the children in the school.
 - v. to treat with a vaccine, usually by injection, to produce immunity against a disease

2. The baker used a brush to _____ the donuts with a sweet, shiny coating.
 - v. to cover or coat with a thin layer of film, particularly a shiny or glossy layer, such as a layer of protective material on ceramics or a top coat of paint on a surface; to apply a thin, glossy coating to food, often using a sauce or syrup

3. Hunters use a whistle that makes the ____ sound to lure stags.
 - n. a mature female of mammals of which the male is called a buck, such as a deer or a rabbit

4. Earth's ecosystems are greatly affected by _____ changes in climate.
 - adj. relating to a period of a thousand years or the year 2000; (noun) a person born between the early 1980s and the late 1990s, also called Generation Y

5. The field of _____ is constantly evolving, with new treatments and approaches being developed all the time.
 - n. the branch of medicine concerned with the study, treatment, and prevention of mental illness

6. The new software has become the de _____ tool for professionals in the field.
 - adj. of or relating to facts; done in reality; actually existing or occurring

7. The discovery of a critical bug caused the company to delay the _____ release.
 - n. (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC

ANSWERS: 1. vaccinated, 2. glaze, 3. doe, 4. millennial-scale, 5. psychiatry, 6. facto, 7. app's

8. He had to get a _____ shot after stepping on a rusty nail.
- n.* an acute infectious disease caused by bacteria usually contracted through a wound or cut that is contaminated with the bacteria, resulting in painful muscle stiffness and spasms
9. The banking industry feared the economy would _____ due to risky investments.
- v.* to collapse inward violently or burst inward with a sudden release of energy; to disintegrate or break down suddenly and completely
10. We must buy cables for the audio _____ between the TV and the soundbar.
- n.* a device providing a connection between a power source and a user; a sexual encounter, usually between two people who are not in a committed relationship or do not know each other well
11. The _____ vaccine development is regarded as one of the greatest medical achievements of the 20th century.
- n.* an acute infectious disease caused by a virus that attacks nerve cells in the spinal cord and brain, leading to paralysis, muscle weakness, and potentially lifelong disability
12. His religious and philosophical beliefs were utterly _____.
- adj.* doubting that something is accurate or useful
13. One of her _____ is that she always wears mismatched socks.
- n.* a peculiar behavior, habit, or characteristic that is distinctive to an individual or group
14. Protecting your skin from the sun by wearing sunscreen and protective clothing can help reduce the risk of _____.
- n.* a type of skin cancer that originates in the cells that produce pigment, usually occurring on sun-exposed skin areas

ANSWERS: 8. tetanus, 9. implode, 10. hookup, 11. polio, 12. skeptical, 13. quirks, 14. melanoma

15. The new policy aims to _____ the use of renewable energy sources.
- v. to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
16. He felt _____ when his best friend revealed their secret to the enemy.
- v. to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally
17. The _____ of old age made it difficult for her to walk up the stairs.
- n. physical or mental weakness; a physical or mental ailment that makes one vulnerable or fragile
18. _____ struggle to develop various laws and regulations to address international trade conflicts.
- n. a person in charge of or involved in developing action plans for a political party, business, etc.
19. It isn't very reasonable to _____ money with happiness.
- v. to consider or describe one thing as similar, equal, or analogous
20. The artist's innovative style of work _____ me.
- v. to make someone interested, especially by being strange, unusual, or mysterious; to make a secret plan with other people to harm someone
21. Due to the _____ outbreak, the government declared a state of emergency and began vaccinating the population.
- n. an infectious disease caused by the bacterium *Corynebacterium diphtheriae*, characterized by inflammation and the formation of a thick, grayish membrane in the nose, throat, and other respiratory passages

ANSWERS: 15. institutionalize, 16. betrayed, 17. infirmity, 18. Policymakers, 19. equate, 20. intrigues, 21. diphtheria

22. Researchers are currently studying the potential of _____ to treat conditions such as depression and anxiety.
- n.* the ability of the brain to change and reorganize itself in response to new experiences, learning, or injury, by creating new neural connections and pathways
23. The school sent a notice of a _____ case in one of the classrooms.
- n.* a highly infectious viral disease that causes fever, red spots on the skin, and other flu-like symptoms, typically affects children
24. We may frequently _____ age with the frequency of disease.
- v.* to have a connection or relationship in which one thing affects or depends on another
25. The winning team began to _____ and holler with excitement.
- v.* to shout or cry out loudly, often in celebration or excitement; to make an exuberant noise
26. She forgave him for his _____.
- n.* the quality or state of being unfaithful, especially having sex with someone who is not your partner
27. Firstly, we will discuss the budget; _____ we will go over the schedule.
- adv.* used to introduce the second point or item in a list or series of statements, considerations, etc.
28. The company enhanced _____ operations to tap into new markets.
- adj.* situated or operating beyond national boundaries; in, from, or to foreign countries

ANSWERS: 22. neuroplasticity, 23. measles, 24. correlate, 25. whoop, 26. infidelity, 27. secondly, 28. oversea

ANSWERS: