

# Englist.me



## Vocabulary Builder Reference from...

*Rebecca Brachman: A new class of drug that could prevent depression and PTSD | TED Talk*

[https://www.ted.com/talks/rebecca\\_brachman\\_a\\_new\\_class\\_of\\_drug\\_that\\_could\\_prevent\\_depression\\_and\\_ptsd](https://www.ted.com/talks/rebecca_brachman_a_new_class_of_drug_that_could_prevent_depression_and_ptsd)

### Advanced Words Only

#### IMPORTANT

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## Session 1: Word List

### antidepressant

*n.* any of a class of drugs used to reduce feelings of sadness and worry

(1) an **antidepressant** drug, (2) **antidepressant** effect  
She has been taking **antidepressants** since her baby died.

### firefighter

*n.* a person whose job is to extinguish fires

(1) forest **firefighter**, (2) decided to be a **firefighter**  
The **firefighter** broke into the house bravely to rescue the children.

### commonplace

*adj.* occurring very often; lacking originality or interest

*synonym:* ordinary, routine, mundane

(1) become a **commonplace** sight, (2) **commonplace** event  
Forgetting someone's name is a **commonplace** occurrence.

### smallpox

*n.* a highly contagious viral disease characterized by fever, weakness, spots on the skin, and often death

*synonym:* variola

(1) **smallpox** epidemic, (2) **smallpox** vaccine  
An outbreak of **smallpox** occurred in the 1920s.

## prophylactic

*adj.* capable of preventing disease or intended to prevent disease

*synonym* : preventative, protective, preventive

(1) a **prophylactic** drug, (2) **prophylactic** protocol

The doctor carried out vaccination and other **prophylactic** measures.

## medicinal

*adj.* of or relating to the treatment or cure of disease

*synonym* : curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**

The **medicinal** properties of this herb have been known to help with various ailments.

## resilient

*adj.* able to withstand or recover quickly from difficult conditions

*synonym* : robust, sturdy, tough

(1) a hard and **resilient** steel, (2) **resilient** population

She is a **resilient** person and has always bounced back from setbacks.

## breakup

*n.* the end of a relationship between persons or nations; the separation of something into several pieces or sections

*synonym* : breakdown, divorce, separation

(1) a **breakup** hug, (2) air **breakup**

He got over the big **breakup** with his wife.

## stressor

*n.* something that causes stress or emotional tension

*synonym* : pressure, strain, burden

(1) **stressor** event, (2) **stressor** management

The deadline for the project was a major **stressor** for the team.

## depress

*v.* to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active

*synonym* : sadden, discourage, deflate

(1) **depress** their spirits, (2) **depress** crop prices  
The economic recession **depressed** the housing market.

## bully

*n.* a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful  
*synonym*: tormentor, intimidator, aggressor

(1) **bully** bystander, (2) **bully** the weak  
The schoolyard **bully** terrorized the other children and made their lives miserable.

## beforehand

*adv.* ahead of time; in advance  
*synonym*: in advance, preceding, earlier

(1) take a seat **beforehand**, (2) three months **beforehand**  
She packed her sunscreen **beforehand** to remember it on the beach trip.

## Alzheimer

*n.* a neurodegenerative disease that causes memory loss, cognitive decline, and behavioral issues; is the most common cause of dementia in older adults  
*synonym*: dementia, memory loss, cognitive decline

(1) **Alzheimer's** brain, (2) **Alzheimer's** risk factors  
My grandmother has **Alzheimer's** disease requires special care and attention from her caregivers.

## typhoid

*n.* a severe bacterial infection that is typically spread through contaminated food or water; symptoms include fever, headache, muscle aches, and gastrointestinal problems  
*synonym*: typhus, enteric fever

(1) **typhoid** outbreak, (2) **typhoid** vaccination  
The doctor prescribed antibiotics to treat her **typhoid** symptoms.

## gunpoint

*n.* the point of a gun, used as a threat or in an armed robbery  
*synonym*: point, muzzle

(1) held at **gunpoint**, (2) **gunpoint** robbery

The robbers demanded money from the store clerk at **gunpoint**.

## loot

*v.* steal goods from a place or person, typically during a war or riot; (noun) steal goods from a place or person, typically using force, especially in times of war or civil disorder

*synonym*: plunder, pillage, rob

(1) **loot** the ship, (2) war **loot**

The bandits **looted** the small town, leaving it in ruins.

## empathy

*n.* the ability to share another person's feelings or experiences by imagining that person's situation

*synonym*: compassion, sympathy, tenderness

(1) full of **empathy**, (2) **empathy** for patients

**Empathy** is also necessary to understand history.

**psychopharmacology** *n.* the scientific study of the effects of drugs on the mind and behavior, particularly in the treatment of mental illness or disorders

(1) **psychopharmacology** research, (2) developmental **psychopharmacology**

Graduates with a degree in **psychopharmacology** often find work in research or clinical settings.

## Session 2: Spelling

- |                                 |  |
|---------------------------------|--|
| 1. three months bef_____nd      | <i>adv.</i> ahead of time; in advance  |
| 2. st_____or management         | <i>n.</i> something that causes stress or emotional tension  |
| 3. war l__t                     | <i>v.</i> steal goods from a place or person, typically during a war or riot; (noun) steal goods from a place or person, typically using force, especially in times of war or civil disorder |
| 4. Al_____er's risk factors     | <i>n.</i> a neurodegenerative disease that causes memory loss, cognitive decline, and behavioral issues; is the most common cause of dementia in older adults                                |
| 5. pro_____tic protocol         | <i>adj.</i> capable of preventing disease or intended to prevent disease   |
| 6. a pro_____tic drug           | <i>adj.</i> capable of preventing disease or intended to prevent disease   |
| 7. held at gu_____nt            | <i>n.</i> the point of a gun, used as a threat or in an armed robbery  |
| 8. developmental<br>psy_____ogy | <i>n.</i> the scientific study of the effects of drugs on the mind and behavior, particularly in the treatment of mental illness or disorders  |
| 9. Al_____er's brain            | <i>n.</i> a neurodegenerative disease that causes memory loss, cognitive decline, and behavioral issues; is the most common cause of dementia in older adults                                |

ANSWERS: 1. beforehand, 2. stressor, 3. loot, 4. Alzheimer, 5. prophylactic, 6. prophylactic, 7. gunpoint, 8. psychopharmacology, 9. Alzheimer

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|--------------------------------|--|
| 10. com_____ce event           | <i>adj.</i> occurring very often; lacking originality or interest  |
| 11. re_____nt population       | <i>adj.</i> able to withstand or recover quickly from difficult conditions   |
| 12. decided to be a fir_____er | <i>n.</i> a person whose job is to extinguish fires  |
| 13. an ant_____ant drug        | <i>n.</i> any of a class of drugs used to reduce feelings of sadness and worry   |
| 14. me_____al chemistry        | <i>adj.</i> of or relating to the treatment or cure of disease   |
| 15. l__t the ship              | <i>v.</i> steal goods from a place or person, typically during a war or riot; (noun) steal goods from a place or person, typically using force, especially in times of war or civil disorder |
| 16. ty_____d outbreak          | <i>n.</i> a severe bacterial infection that is typically spread through contaminated food or water; symptoms include fever, headache, muscle aches, and gastrointestinal problems            |
| 17. gu_____nt robbery          | <i>n.</i> the point of a gun, used as a threat or in an armed robbery  |
| 18. de_____s their spirits     | <i>v.</i> to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active  |
| 19. st_____or event            | <i>n.</i> something that causes stress or emotional tension  |
| 20. de_____s crop prices       | <i>v.</i> to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active  |

ANSWERS: 10. commonplace, 11. resilient, 12. firefighter, 13. antidepressant, 14. medicinal, 15. loot, 16. typhoid, 17. gunpoint, 18. depress, 19. stressor, 20. depress

21. a br\_\_\_\_p hug *n.* the end of a relationship between persons or nations; the separation of something into several pieces or sections
22. ty\_\_\_\_d vaccination *n.* a severe bacterial infection that is typically spread through contaminated food or water; symptoms include fever, headache, muscle aches, and gastrointestinal problems
23. bu\_\_y the weak *n.* a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful
24. em\_\_\_\_y for patients *n.* the ability to share another person's feelings or experiences by imagining that person's situation
25. air br\_\_\_\_p *n.* the end of a relationship between persons or nations; the separation of something into several pieces or sections
26. full of em\_\_\_\_y *n.* the ability to share another person's feelings or experiences by imagining that person's situation
27. bu\_\_y bystander *n.* a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful
28. take a seat bef\_\_\_\_nd *adv.* ahead of time; in advance

ANSWERS: 21. breakup, 22. typhoid, 23. bully, 24. empathy, 25. breakup, 26. empathy, 27. bully, 28. beforehand

29. forest fir\_\_\_\_\_er *n.* a person whose job is to extinguish fires
30. become a com\_\_\_\_\_ce sight *adj.* occurring very often; lacking originality or interest
31. psy\_\_\_\_\_ogy research *n.* the scientific study of the effects of drugs on the mind and behavior, particularly in the treatment of mental illness or disorders
32. ant\_\_\_\_\_ant effect *n.* any of a class of drugs used to reduce feelings of sadness and worry
33. sm\_\_\_\_\_ox vaccine *n.* a highly contagious viral disease characterized by fever, weakness, spots on the skin, and often death
34. traditional me\_\_\_\_\_al *adj.* of or relating to the treatment or cure of disease
35. sm\_\_\_\_\_ox epidemic *n.* a highly contagious viral disease characterized by fever, weakness, spots on the skin, and often death
36. a hard and re\_\_\_\_\_nt steel *adj.* able to withstand or recover quickly from difficult conditions

ANSWERS: 29. firefighter, 30. commonplace, 31. psychopharmacology, 32. antidepressant, 33. smallpox, 34. medicinal, 35. smallpox, 36. resilient



## Session 3: Fill in the Blanks

1. An outbreak of \_\_\_\_\_ occurred in the 1920s.  
*n.* a highly contagious viral disease characterized by fever, weakness, spots on the skin, and often death
2. The robbers demanded money from the store clerk at \_\_\_\_\_.  
*n.* the point of a gun, used as a threat or in an armed robbery
3. She is a \_\_\_\_\_ person and has always bounced back from setbacks.  
*adj.* able to withstand or recover quickly from difficult conditions
4. She has been taking \_\_\_\_\_ since her baby died.  
*n.* any of a class of drugs used to reduce feelings of sadness and worry
5. Graduates with a degree in \_\_\_\_\_ often find work in research or clinical settings.  
*n.* the scientific study of the effects of drugs on the mind and behavior, particularly in the treatment of mental illness or disorders
6. \_\_\_\_\_ is also necessary to understand history.  
*n.* the ability to share another person's feelings or experiences by imagining that person's situation
7. The bandits \_\_\_\_\_ the small town, leaving it in ruins.  
*v.* steal goods from a place or person, typically during a war or riot; (noun) steal goods from a place or person, typically using force, especially in times of war or civil disorder

ANSWERS: 1. smallpox, 2. gunpoint, 3. resilient, 4. antidepressants, 5. psychopharmacology, 6. Empathy, 7. looted

8. She packed her sunscreen \_\_\_\_\_ to remember it on the beach trip.  
*adv.* ahead of time; in advance
9. He got over the big \_\_\_\_\_ with his wife.  
*n.* the end of a relationship between persons or nations; the separation of something into several pieces or sections
10. The doctor carried out vaccination and other \_\_\_\_\_ measures.  
*adj.* capable of preventing disease or intended to prevent disease
11. The economic recession \_\_\_\_\_ the housing market.  
*v.* to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active
12. The \_\_\_\_\_ properties of this herb have been known to help with various ailments.  
*adj.* of or relating to the treatment or cure of disease
13. Forgetting someone's name is a \_\_\_\_\_ occurrence.  
*adj.* occurring very often; lacking originality or interest
14. The schoolyard \_\_\_\_\_ terrorized the other children and made their lives miserable.  
*n.* a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful
15. The deadline for the project was a major \_\_\_\_\_ for the team.  
*n.* something that causes stress or emotional tension

ANSWERS: 8. beforehand, 9. breakup, 10. prophylactic, 11. depressed, 12. medicinal, 13. commonplace, 14. bully, 15. stressor

16. The doctor prescribed antibiotics to treat her \_\_\_\_\_ symptoms.
- n.* a severe bacterial infection that is typically spread through contaminated food or water; symptoms include fever, headache, muscle aches, and gastrointestinal problems
17. The \_\_\_\_\_ broke into the house bravely to rescue the children.
- n.* a person whose job is to extinguish fires
18. My grandmother has \_\_\_\_\_ disease requires special care and attention from her caregivers.
- n.* a neurodegenerative disease that causes memory loss, cognitive decline, and behavioral issues; is the most common cause of dementia in older adults

ANSWERS: 16. typhoid, 17. firefighter, 18. Alzheimer's