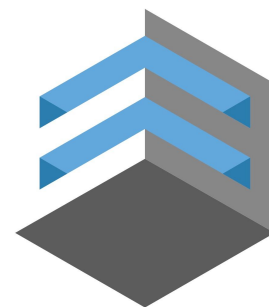


# Englist.me



## Vocabulary Builder Reference from...

Suchitra Krishnan-Sarin: What you should know about vaping and e-cigarettes | TED Talk

[https://www.ted.com/talks/suchitra\\_krishnan\\_sarin\\_what\\_you\\_should\\_know\\_about\\_vaping\\_and\\_e\\_cigarettes](https://www.ted.com/talks/suchitra_krishnan_sarin_what_you_should_know_about_vaping_and_e_cigarettes)

### Advanced Words Only

#### IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

## Session 1: Word List

### chime

v. to make a ringing sound, usually by striking an object like a bell or wind chime; to harmonize or agree with something else; (noun) a set of musical bells or metal tubes that produce a musical sound when struck or played

*synonym*: ring, toll, peal

(1) glass wind **chime**, (2) **chime** with the music

The grandfather clock **chimed** solemnly, signaling the hour.

### fad

n. an intense and widely shared enthusiasm for a particular style, activity, or interest that appears suddenly and achieves widespread but short-lived popularity; a craze

*synonym*: craze, mania, trend

(1) become a **fad**, (2) computer game **fad**

His interest in music composition is only a **fad**.

### craze

n. an enthusiasm for a particular activity, object, or idea that appears suddenly and achieves widespread but short-lived popularity; a fad

*synonym*: mania, fad, agitation

(1) **craze** for speculation, (2) fitness **craze**

We experienced a **craze** for electric vehicles as interest in

green tech grew.

## newfound

*adj.* newly discovered or acquired

*synonym*: afresh, new, recently discovered

(1) a **newfound** mine, (2) **newfound** freedom

With his **newfound** wealth, he could travel the world and indulge in his passions.

## vape

*v.* to inhale and exhale the vapor (= the gaseous state of a substance) produced by an electronic cigarette or similar device; to smoke a vapor; (noun) the act or practice of inhaling and exhaling vapor produced by an electronic cigarette

*synonym*: smoke, puff, inhale

(1) **vape** pen, (2) **vape** smokes

She decided to **vape** a refreshing mint-flavored e-liquid to satisfy her nicotine cravings.

## inhale

*v.* to breathe in air or a different substance, such as smoke

*synonym*: breathe in, take in, draw in

(1) **inhale** the smoke, (2) **inhale** the aroma

He **inhaled** deeply, trying to calm down.

## aerosol

*n.* a substance enclosed under pressure and released as a fine spray, typically one used for medical purposes or cosmetic application

*synonym*: spray, mist, fog

(1) **aerosol** container, (2) **aerosol** can

She waited a few seconds after spraying the **aerosol** insecticide before entering the room.

## smoker

*n.* a person who smokes tobacco regularly, or a device used for smoking

(1) **smoker** behavior, (2) an inveterate **smoker**

Many **smokers** are aware of the health risks associated with smoking but find it difficult to quit.

## nicotine

*n.* a colorless, oily, poisonous chemical compound found in tobacco leaves, which is highly addictive and acts as a stimulant, affecting the nervous system

*synonym* : tobacco, smoke

(1) **nicotine** patch, (2) **nicotine** replacement therapy

Smoking cigarettes exposes the body to high levels of **nicotine**, which can be addictive.

## smartphone

*n.* a mobile phone that functions as a computer and connects to the Internet

(1) **smartphone** app developer, (2) **smartphone** addict

Internet traffic volumes have increased significantly with the advent of **smartphones**.

## recharge

*v.* to restore the energy or power of something by supplying it with more energy or power; to refresh or renew oneself by rest or sleep

*synonym* : renew, refresh, replenish

(1) **recharge** brain and body, (2) **recharge** energy

He needed to **recharge** his phone before the meeting.

## synchronize

*v.* to happen or cause to happen at the same time or rate

*synonym* : coordinate, accompany, harmonize

(1) **synchronize** movements, (2) **synchronize** our watches

The ball speed will increase when the lower body movements are perfectly **synchronized**.

## psyche

*n.* the human soul, mind, or spirit

*synonym* : mind, soul, spirit

(1) deep **psyche**, (2) **psyche** healing

The therapist helped her understand the workings of her **psyche** and how to cope with her anxiety.

## impulsive

*adj.* acting suddenly without any planning and without considering the effects they may have

*synonym* : abrupt, hasty, capricious

(1) an **impulsive** force, (2) do **impulsive** buying

He regrets the **impulsive** behavior he took in his drunken state.

## craving

*n.* a strong desire of wanting something

*synonym*: desire, appetite, longing

(1) **craving** for revenge, (2) curb our **cravings**

I have a **craving** for nicotine.

## innovate

*v.* to introduce new methods, ideas, or products

*synonym*: bring in, introduce, found

(1) **innovate** a new method, (2) **innovate** the quality of his life

Companies developing self-driving cars consistently **innovate** the emerging technologies.

## quirk

*n.* a peculiar behavior, habit, or characteristic that is distinctive to an individual or group

*synonym*: eccentricity, idiosyncrasy, peculiarity

(1) personality **quirk**, (2) a **quirk** of fate

One of her **quirks** is that she always wears mismatched socks.

## drip

*v.* to fall in drops or make it fall in drops; (noun) liquid or moisture that falls in drops

*synonym*: drop, drizzle, trickle

(1) **drip** liquid, (2) **drip** from the vicious wound

Water is **dripping** from the faucet.

## discreet

*adj.* characterized by the ability to keep secrets or maintain confidentiality; showing prudence, tact, or reserve in behavior or speech; not likely to draw attention or cause offense

*synonym*: cautious, careful, circumspect

(1) **discreet** manner, (2) **discreet** conversation

He was **discreet** with the sensitive information he had been entrusted with.

## astound

*v.* to surprise or shock someone with wonder very much  
*synonym*: amaze, astonish, surprise

(1) **astound** everyone, (2) **astound** the viewer

The final result was nothing short of **astounding**.

## receptacle

*n.* a container or device used to receive or hold something; a place where things are deposited or collected

*synonym*: container, holder, vessel

(1) **receptacle** for liquids, (2) flower **receptacle**

The recycling bin is the designated **receptacle** for all plastic and paper waste.

## mouthpiece

*n.* the part of a wind instrument that the player blows into; a device or object that is used for communication or expression

*synonym*: nozzle, outlet, conduit

(1) the **mouthpiece** of the government, (2) the **mouthpiece** of a saxophone

He spoke into the **mouthpiece** of the microphone.

## propylene

*n.* a chemical compound that is a colorless and flammable gas obtained by cracking petroleum, especially used for making polymers

(1) **propylene** oxide, (2) ethylene- **propylene** rubber

**Propylene** is an important raw material for plastics, other synthetic resins, and petrochemicals.

## glycol

*n.* a type of organic compound containing two hydroxyls (-OH) groups, often used as a coolant or antifreeze in vehicles, airplanes, and industrial processes

*synonym*: ethanediol, dihydric alcohol

(1) **glycol** solution, (2) **glycol-based** coolant

Ethylene **glycol** is commonly used as a coolant in automobile engines because of its ability to lower the freezing point of water.

## glycerin

*n.* a sweet, colorless, odorless, syrupy liquid used as a solvent and emollient in a variety of industries, including the food, cosmetic, and pharmaceutical industries

(1) vegetable **glycerin**, (2) **glycerin-free** moisturizer

The pharmacist suggested using **glycerin** soap to help my dry skin because of its hydrating properties.

## edible

*adj.* fit or safe to be eaten; able to be consumed as food

*synonym*: esculent, comestible, digestible

(1) non- **edible** ingredients, (2) **edible** vegetables

I made sure to pick only **edible** mushrooms for our dinner.

## catchy

*adj.* pleasing and easy to remember; likely to attract attention

*synonym*: captivating, haunting, memorable

(1) **catchy** nickname, (2) a **catchy** title for a movie

This track starts with a **catchy** guitar riff.

## unicorn

*n.* a mythical horse-like creature with a single horn on its forehead; a privately held startup company that reached a valuation of \$1 billion

*synonym*: mythical creature, fantasy animal, legendary horse

(1) **unicorn** beetle, (2) **unicorn** investors

In medieval times, people believed that the **unicorn** horn had magical powers that could cure diseases.

## puke

*v.* to vomit or eject the contents of the stomach through the mouth; to feel or experience extreme disgust or hatred

*synonym*: vomit, hurl, upchuck

(1) **puke** my guts, (2) **puke** in the toilet

The smell of rotting food made him **puke** in disgust.

## chromium

*n.* a metallic element with the symbol Cr and atomic number 24, commonly used in the production of alloys, electroplating, and stainless steel

*synonym*: Cr

(1) **chromium** mining, (2) **chromium** supplement

**Chromium-plated** fixtures are popular because of their

corrosion resistance.

## cadmium

*n.* a soft, bluish-white metallic element with the atomic number 48 and the symbol Cd that is used in batteries, pigments, and other products and can be toxic if ingested or inhaled

(1) **cadmium** poisoning, (2) **cadmium** coatings

**Cadmium** batteries have a longer lifespan and higher energy density than other types of batteries.

## addict

*n.* a person who cannot stop using or doing something as a habit, especially something harmful

*synonym*: devotee, buff, freak

(1) a drug **addict**, (2) Internet **addict**

We have become TV **addicts** due to video streaming services.

## quitter

*n.* a person who gives up easily or does not have the determination to finish what they have started

*synonym*: coward, deserter, surrender

(1) easy **quitter**, (2) serial **quitter**

He was labeled as a **quitter** after he abandoned the project halfway.

## quote

*v.* to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services

*synonym*: cite, reference, mention

(1) **quote** a source, (2) **quote** a price

In his speech, he **quoted** a famous philosopher to emphasize his point.

## pediatrics

*n.* the branch of medicine that deals with the care and treatment of children

*synonym*: pedology, child health

(1) **pediatrics** department, (2) **pediatrics** clinic

I am studying **pediatrics** in medical school because I love

working with children.

## hallmark

*n.* a distinctive characteristic or attribute of a person or thing

*synonym*: symbol, authentication, indication

(1) the **hallmark** of a good scientist, (2) the **hallmark** of modern life

A clear and simple expression is the **hallmark** of good writing.

## acetylcholine

*n.* a neurotransmitter chemical that is involved in the transmission of signals between nerve cells and the activation of muscle cells, which plays an important role in the functioning of the nervous system and in generating movement and behavior in animals

*synonym*: neurotransmitter, cholinergic

(1) **acetylcholine** receptor, (2) **acetylcholine** molecule

Low levels of **acetylcholine** have been linked to symptoms of Alzheimer's disease.

## neurotoxin

*n.* a poisonous substance that damages or destroys nerve tissue and causes neurological damage or dysfunction; a toxin that specifically targets the nervous system

(1) snake **neurotoxin**, (2) lethal **neurotoxin**

Certain types of fish contain **neurotoxins** that can harm humans if ingested.

## hyperactive

*adj.* excessively or abnormally active, restless, or easily excitable, particularly about children or animals with attention deficit hyperactivity disorder (ADHD)

*synonym*: hyperkinetic, overactive, restless

(1) **hyperactive** child, (2) **hyperactive** imagination

The **hyperactive** dog was running around the house, knocking things over.

## epigenetic

*adj.* relating to changes in gene expression that are not caused by alterations in the underlying DNA sequence



but rather by modifications to the structure of DNA or proteins that regulate gene activity

*synonym* : environmental, hereditary, inherited

(1) **epigenetic** inheritance, (2) **epigenetic** markers

**Epigenetic** research has opened up new possibilities for the treatment of certain diseases.

## heritable

*adj.* able to be passed down or transmitted from one generation to the next

*synonym* : inherited, passed down, transmitted

(1) non- **heritable** variation, (2) **heritable** disease

The **heritable** trait was passed down through the generations.

## vaporize

*v.* to convert a substance into vapor or gas, often by heating or applying intense pressure; to disappear or become dispersed as if by evaporating; to destroy or eliminate completely

*synonym* : evaporate, disappear, vanish

(1) **vaporize** nicotine, (2) **vaporize** into thin air

The heat caused the water to **vaporize** into steam.

## colossal

*adj.* extremely large and impressive

*synonym* : gigantic, huge, enormous

(1) **colossal** statue, (2) a **colossal** success

The new building is truly **colossal**, towering over the surrounding buildings.

## vigilance

*n.* the state of being watchful, alert, and attentive to potential dangers or threats; careful attention to detail and an active effort to prevent harm or damage

*synonym* : watchfulness, attentiveness, alertness

(1) exercise **vigilance**, (2) heightened **vigilance**

Constant **vigilance** is crucial for preventing home burglaries.

## toxin

*n.* a poisonous substance produced by a living organism, such as a plant, animal, or microorganism; a chemical

compound that can cause harm or illness to a living organism

*synonym* : poison, venom, contaminant

(1) **toxin** exposure, (2) **toxin** production

Mold exposure can release dangerous **toxins** into the air.

## **benign**

*adj.* kind and gentle; not harmful or malicious

*synonym* : kind, gentle, harmless

(1) **benign** tumor, (2) a **benign** smile

The lump was discovered to be **benign**, and no further treatment was needed.

## **unhealthy**

*adj.* not conducive to good health; detrimental to physical or mental well-being

*synonym* : unwholesome, detrimental, insalubrious

(1) **unhealthy** diet, (2) **unhealthy** habit

Sitting for long hours in front of the computer is considered **unhealthy**.

## Session 2: Spelling

1. in\_\_\_e the aroma *v.* to breathe in air or a different substance, such as smoke
2. gl\_\_\_l-based coolant *n.* a type of organic compound containing two hydroxyls (-OH) groups, often used as a coolant or antifreeze in vehicles, airplanes, and industrial processes
3. sma\_\_\_\_\_ne app developer *n.* a mobile phone that functions as a computer and connects to the Internet
4. pr\_\_\_\_\_ne oxide *n.* a chemical compound that is a colorless and flammable gas obtained by cracking petroleum, especially used for making polymers
5. v\_\_e smokes *v.* to inhale and exhale the vapor (= the gaseous state of a substance) produced by an electronic cigarette or similar device; to smoke a vapor; (noun) the act or practice of inhaling and exhaling vapor produced by an electronic cigarette
6. ne\_\_\_\_\_nd freedom *adj.* newly discovered or acquired
7. re\_\_\_\_\_ge energy *v.* to restore the energy or power of something by supplying it with more energy or power; to refresh or renew oneself by rest or sleep
8. the mou\_\_\_\_\_ce of the government *n.* the part of a wind instrument that the player blows into; a device or object that is used for communication or expression

ANSWERS: 1. inhale, 2. glycol, 3. smartphone, 4. propylene, 5. vape, 6. newfound, 7. recharge, 8. mouthpiece

9. easy qu\_\_\_\_r *n.* a person who gives up easily or does not have the determination to finish what they have started
10. epi\_\_\_\_\_ic markers *adj.* relating to changes in gene expression that are not caused by alterations in the underlying DNA sequence but rather by modifications to the structure of DNA or proteins that regulate gene activity
11. become a f\_d *n.* an intense and widely shared enthusiasm for a particular style, activity, or interest that appears suddenly and achieves widespread but short-lived popularity; a craze
12. ethylene-pr\_\_\_\_\_ne rubber *n.* a chemical compound that is a colorless and flammable gas obtained by cracking petroleum, especially used for making polymers
13. do im\_\_\_\_\_ve buying *adj.* acting suddenly without any planning and without considering the effects they may have
14. ped\_\_\_\_\_cs clinic *n.* the branch of medicine that deals with the care and treatment of children
15. a ca\_\_\_y title for a movie *adj.* pleasing and easy to remember; likely to attract attention
16. fitness cr\_\_\_e *n.* an enthusiasm for a particular activity, object, or idea that appears suddenly and achieves widespread but short-lived popularity; a fad
17. ca\_\_\_\_\_m coatings *n.* a soft, bluish-white metallic element with the atomic number 48 and the symbol Cd that is used in batteries, pigments, and other products and can be toxic if ingested or inhaled

ANSWERS: 9. quitter, 10. epigenetic, 11. fad, 12. propylene, 13. impulsive, 14. pediatrics, 15. catchy, 16. craze, 17. cadmium

18. rec\_\_\_\_\_le for liquids *n.* a container or device used to receive or hold something; a place where things are deposited or collected
19. ca\_\_\_\_y nickname *adj.* pleasing and easy to remember; likely to attract attention
20. p\_\_e in the toilet *v.* to vomit or eject the contents of the stomach through the mouth; to feel or experience extreme disgust or hatred
21. sm\_\_\_\_r behavior *n.* a person who smokes tobacco regularly, or a device used for smoking
22. di\_\_\_\_\_et conversation *adj.* characterized by the ability to keep secrets or maintain confidentiality; showing prudence, tact, or reserve in behavior or speech; not likely to draw attention or cause offense
23. d\_\_p from the vicious wound *v.* to fall in drops or make it fall in drops; (noun) liquid or moisture that falls in drops
24. co\_\_\_\_\_al statue *adj.* extremely large and impressive
25. ed\_\_\_\_e vegetables *adj.* fit or safe to be eaten; able to be consumed as food
26. to\_\_n production *n.* a poisonous substance produced by a living organism, such as a plant, animal, or microorganism; a chemical compound that can cause harm or illness to a living organism
27. ni\_\_\_\_\_ne replacement therapy *n.* a colorless, oily, poisonous chemical compound found in tobacco leaves, which is highly addictive and acts as a stimulant, affecting the nervous system

ANSWERS: 18. receptacle, 19. catchy, 20. puke, 21. smoker, 22. discreet, 23. drip, 24. colossal, 25. edible, 26. toxin, 27. nicotine

28. sma\_\_\_\_\_ne addict *n.* a mobile phone that functions as a computer and connects to the Internet
29. di\_\_\_\_\_et manner *adj.* characterized by the ability to keep secrets or maintain confidentiality; showing prudence, tact, or reserve in behavior or speech; not likely to draw attention or cause offense
30. a be\_\_\_\_n smile *adj.* kind and gentle; not harmful or malicious
31. ch\_\_\_\_\_um mining *n.* a metallic element with the symbol Cr and atomic number 24, commonly used in the production of alloys, electroplating, and stainless steel
32. ps\_\_\_\_e healing *n.* the human soul, mind, or spirit
33. lethal neu\_\_\_\_\_in *n.* a poisonous substance that damages or destroys nerve tissue and causes neurological damage or dysfunction; a toxin that specifically targets the nervous system
34. va\_\_\_\_\_ze into thin air *v.* to convert a substance into vapor or gas, often by heating or applying intense pressure; to disappear or become dispersed as if by evaporating; to destroy or eliminate completely
35. hyp\_\_\_\_\_ve imagination *adj.* excessively or abnormally active, restless, or easily excitable, particularly about children or animals with attention deficit hyperactivity disorder (ADHD)
36. v\_\_e pen *v.* to inhale and exhale the vapor (= the gaseous state of a substance) produced by an electronic cigarette or similar device; to smoke a vapor; (noun) the act or practice of inhaling and exhaling vapor produced by an electronic cigarette

ANSWERS: 28. smartphone, 29. discreet, 30. benign, 31. chromium, 32. psyche, 33. neurotoxin, 34. vaporize, 35. hyperactive, 36. vape

37. a drug ad\_\_\_t *n.* a person who cannot stop using or doing something as a habit, especially something harmful
38. ped\_\_\_\_\_cs department *n.* the branch of medicine that deals with the care and treatment of children
39. ni\_\_\_\_\_ne patch *n.* a colorless, oily, poisonous chemical compound found in tobacco leaves, which is highly addictive and acts as a stimulant, affecting the nervous system
40. in\_\_\_e the smoke *v.* to breathe in air or a different substance, such as smoke
41. be\_\_\_n tumor *adj.* kind and gentle; not harmful or malicious
42. the mou\_\_\_\_\_ce of a saxophone *n.* the part of a wind instrument that the player blows into; a device or object that is used for communication or expression
43. p\_\_\_e my guts *v.* to vomit or eject the contents of the stomach through the mouth; to feel or experience extreme disgust or hatred
44. ch\_\_\_e with the music *v.* to make a ringing sound, usually by striking an object like a bell or wind chime; to harmonize or agree with something else; (noun) a set of musical bells or metal tubes that produce a musical sound when struck or played
45. hyp\_\_\_\_\_ve child *adj.* excessively or abnormally active, restless, or easily excitable, particularly about children or animals with attention deficit hyperactivity disorder (ADHD)

ANSWERS: 37. addict, 38. pediatrics, 39. nicotine, 40. inhale, 41. benign, 42. mouthpiece, 43. puke, 44. chime, 45. hyperactive

46. he\_\_\_\_\_le disease *adj.* able to be passed down or transmitted from one generation to the next
47. as\_\_\_\_\_d the viewer *v.* to surprise or shock someone with wonder very much
48. a ne\_\_\_\_\_nd mine *adj.* newly discovered or acquired
49. non-he\_\_\_\_\_le variation *adj.* able to be passed down or transmitted from one generation to the next
50. computer game f\_d *n.* an intense and widely shared enthusiasm for a particular style, activity, or interest that appears suddenly and achieves widespread but short-lived popularity; a craze
51. exercise vi\_\_\_\_\_ce *n.* the state of being watchful, alert, and attentive to potential dangers or threats; careful attention to detail and an active effort to prevent harm or damage
52. va\_\_\_\_\_ze nicotine *v.* to convert a substance into vapor or gas, often by heating or applying intense pressure; to disappear or become dispersed as if by evaporating; to destroy or eliminate completely
53. glass wind ch\_\_e *v.* to make a ringing sound, usually by striking an object like a bell or wind chime; to harmonize or agree with something else; (noun) a set of musical bells or metal tubes that produce a musical sound when struck or played
54. curb our cr\_\_\_\_\_gs *n.* a strong desire of wanting something
55. ae\_\_\_\_\_l can *n.* a substance enclosed under pressure and released as a fine spray, typically one used for medical purposes or cosmetic application

ANSWERS: 46. heritable, 47. astound, 48. newfound, 49. heritable, 50. fad, 51. vigilance, 52. vaporize, 53. chime, 54. craving, 55. aerosol



56. qu\_\_e a price *v.* to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services
57. an im\_\_\_\_\_ve force *adj.* acting suddenly without any planning and without considering the effects they may have
58. un\_\_\_\_\_n beetle *n.* a mythical horse-like creature with a single horn on its forehead; a privately held startup company that reached a valuation of \$1 billion
59. in\_\_\_\_\_te a new method *v.* to introduce new methods, ideas, or products
60. ace\_\_\_\_\_ine receptor *n.* a neurotransmitter chemical that is involved in the transmission of signals between nerve cells and the activation of muscle cells, which plays an important role in the functioning of the nervous system and in generating movement and behavior in animals
61. a qu\_\_k of fate *n.* a peculiar behavior, habit, or characteristic that is distinctive to an individual or group
62. cr\_\_e for speculation *n.* an enthusiasm for a particular activity, object, or idea that appears suddenly and achieves widespread but short-lived popularity; a fad
63. gl\_\_\_l solution *n.* a type of organic compound containing two hydroxyls (-OH) groups, often used as a coolant or antifreeze in vehicles, airplanes, and industrial processes

ANSWERS: 56. quote, 57. impulsive, 58. unicorn, 59. innovate, 60. acetylcholine, 61. quirk, 62. craze, 63. glycol

64. a co\_\_\_\_al success *adj.* extremely large and impressive
65. the ha\_\_\_\_rk of modern life *n.* a distinctive characteristic or attribute of a person or thing
66. deep ps\_\_\_\_e *n.* the human soul, mind, or spirit
67. Internet ad\_\_\_\_t *n.* a person who cannot stop using or doing something as a habit, especially something harmful
68. as\_\_\_\_d everyone *v.* to surprise or shock someone with wonder very much
69. personality qu\_\_k *n.* a peculiar behavior, habit, or characteristic that is distinctive to an individual or group
70. to\_\_n exposure *n.* a poisonous substance produced by a living organism, such as a plant, animal, or microorganism; a chemical compound that can cause harm or illness to a living organism
71. cr\_\_\_\_g for revenge *n.* a strong desire of wanting something
72. syn\_\_\_\_ze our watches *v.* to happen or cause to happen at the same time or rate
73. ch\_\_\_\_um supplement *n.* a metallic element with the symbol Cr and atomic number 24, commonly used in the production of alloys, electroplating, and stainless steel
74. ae\_\_\_\_l container *n.* a substance enclosed under pressure and released as a fine spray, typically one used for medical purposes or cosmetic application

ANSWERS: 64. colossal, 65. hallmark, 66. psyche, 67. addict, 68. astound, 69. quirk, 70. toxin, 71. craving, 72. synchronize, 73. chromium, 74. aerosol

75. vegetable gl\_\_\_\_in *n.* a sweet, colorless, odorless, syrupy liquid used as a solvent and emollient in a variety of industries, including the food, cosmetic, and pharmaceutical industries
76. syn\_\_\_\_\_ze movements *v.* to happen or cause to happen at the same time or rate
77. un\_\_\_\_\_hy diet *adj.* not conducive to good health; detrimental to physical or mental well-being
78. in\_\_\_\_\_te the quality of his life *v.* to introduce new methods, ideas, or products
79. ca\_\_\_\_\_m poisoning *n.* a soft, bluish-white metallic element with the atomic number 48 and the symbol Cd that is used in batteries, pigments, and other products and can be toxic if ingested or inhaled
80. flower rec\_\_\_\_\_le *n.* a container or device used to receive or hold something; a place where things are deposited or collected
81. gl\_\_\_\_\_in-free moisturizer *n.* a sweet, colorless, odorless, syrupy liquid used as a solvent and emollient in a variety of industries, including the food, cosmetic, and pharmaceutical industries
82. heightened vi\_\_\_\_\_ce *n.* the state of being watchful, alert, and attentive to potential dangers or threats; careful attention to detail and an active effort to prevent harm or damage
83. d\_\_p liquid *v.* to fall in drops or make it fall in drops; (noun) liquid or moisture that falls in drops

ANSWERS: 75. glycerin, 76. synchronize, 77. unhealthy, 78. innovate, 79. cadmium, 80. receptacle, 81. glycerin, 82. vigilance, 83. drip

84. qu\_\_e a source *v.* to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services
85. ace\_\_\_\_\_ine molecule *n.* a neurotransmitter chemical that is involved in the transmission of signals between nerve cells and the activation of muscle cells, which plays an important role in the functioning of the nervous system and in generating movement and behavior in animals
86. non-ed\_\_\_e ingredients *adj.* fit or safe to be eaten; able to be consumed as food
87. the ha\_\_\_\_\_rk of a good scientist *n.* a distinctive characteristic or attribute of a person or thing
88. un\_\_\_\_\_hy habit *adj.* not conducive to good health; detrimental to physical or mental well-being
89. re\_\_\_\_\_ge brain and body *v.* to restore the energy or power of something by supplying it with more energy or power; to refresh or renew oneself by rest or sleep
90. snake neu\_\_\_\_\_in *n.* a poisonous substance that damages or destroys nerve tissue and causes neurological damage or dysfunction; a toxin that specifically targets the nervous system
91. an inveterate sm\_\_\_r *n.* a person who smokes tobacco regularly, or a device used for smoking

ANSWERS: 84. quote, 85. acetylcholine, 86. edible, 87. hallmark, 88. unhealthy, 89. recharge, 90. neurotoxin, 91. smoker

92. un\_\_\_\_n investors *n.* a mythical horse-like creature with a single horn on its forehead; a privately held startup company that reached a valuation of \$1 billion
93. serial qu\_\_\_\_r *n.* a person who gives up easily or does not have the determination to finish what they have started
94. epi\_\_\_\_ic inheritance *adj.* relating to changes in gene expression that are not caused by alterations in the underlying DNA sequence but rather by modifications to the structure of DNA or proteins that regulate gene activity

ANSWERS: 92. unicorn, 93. quitter, 94. epigenetic

## Session 3: Fill in the Blanks

1. Sitting for long hours in front of the computer is considered \_\_\_\_\_.  
*adj.* not conducive to good health; detrimental to physical or mental well-being
2. This track starts with a \_\_\_\_\_ guitar riff.  
*adj.* pleasing and easy to remember; likely to attract attention
3. \_\_\_\_\_ fixtures are popular because of their corrosion resistance.  
*n.* a metallic element with the symbol Cr and atomic number 24, commonly used in the production of alloys, electroplating, and stainless steel
4. Constant \_\_\_\_\_ is crucial for preventing home burglaries.  
*n.* the state of being watchful, alert, and attentive to potential dangers or threats; careful attention to detail and an active effort to prevent harm or damage
5. The recycling bin is the designated \_\_\_\_\_ for all plastic and paper waste.  
*n.* a container or device used to receive or hold something; a place where things are deposited or collected
6. He was labeled as a \_\_\_\_\_ after he abandoned the project halfway.  
*n.* a person who gives up easily or does not have the determination to finish what they have started
7. In his speech, he \_\_\_\_\_ a famous philosopher to emphasize his point.  
*v.* to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services

ANSWERS: 1. unhealthy, 2. catchy, 3. Chromium-plated, 4. vigilance, 5. receptacle, 6. quitter, 7. quoted

8. \_\_\_\_\_ research has opened up new possibilities for the treatment of certain diseases.

*adj.* relating to changes in gene expression that are not caused by alterations in the underlying DNA sequence but rather by modifications to the structure of DNA or proteins that regulate gene activity

9. The therapist helped her understand the workings of her \_\_\_\_\_ and how to cope with her anxiety.

*n.* the human soul, mind, or spirit

10. The ball speed will increase when the lower body movements are perfectly \_\_\_\_\_.

*v.* to happen or cause to happen at the same time or rate

11. We experienced a \_\_\_\_\_ for electric vehicles as interest in green tech grew.

*n.* an enthusiasm for a particular activity, object, or idea that appears suddenly and achieves widespread but short-lived popularity; a fad

12. The \_\_\_\_\_ trait was passed down through the generations.

*adj.* able to be passed down or transmitted from one generation to the next

13. He was \_\_\_\_\_ with the sensitive information he had been entrusted with.

*adj.* characterized by the ability to keep secrets or maintain confidentiality; showing prudence, tact, or reserve in behavior or speech; not likely to draw attention or cause offense

14. The smell of rotting food made him \_\_\_\_\_ in disgust.

*v.* to vomit or eject the contents of the stomach through the mouth; to feel or experience extreme disgust or hatred

ANSWERS: 8. Epigenetic, 9. psyche, 10. synchronized, 11. craze, 12. heritable, 13. discreet, 14. puke

15. The grandfather clock \_\_\_\_\_ solemnly, signaling the hour.
- v.* to make a ringing sound, usually by striking an object like a bell or wind chime; to harmonize or agree with something else; (noun) a set of musical bells or metal tubes that produce a musical sound when struck or played
16. He \_\_\_\_\_ deeply, trying to calm down.
- v.* to breathe in air or a different substance, such as smoke
17. I made sure to pick only \_\_\_\_\_ mushrooms for our dinner.
- adj.* fit or safe to be eaten; able to be consumed as food
18. In medieval times, people believed that the \_\_\_\_\_ horn had magical powers that could cure diseases.
- n.* a mythical horse-like creature with a single horn on its forehead; a privately held startup company that reached a valuation of \$1 billion
19. Ethylene \_\_\_\_\_ is commonly used as a coolant in automobile engines because of its ability to lower the freezing point of water.
- n.* a type of organic compound containing two hydroxyls (-OH) groups, often used as a coolant or antifreeze in vehicles, airplanes, and industrial processes
20. I am studying \_\_\_\_\_ in medical school because I love working with children.
- n.* the branch of medicine that deals with the care and treatment of children
21. I have a \_\_\_\_\_ for nicotine.
- n.* a strong desire of wanting something
22. The heat caused the water to \_\_\_\_\_ into steam.
- v.* to convert a substance into vapor or gas, often by heating or applying intense pressure; to disappear or become dispersed as if by evaporating; to destroy or eliminate completely

ANSWERS: 15. chimed, 16. inhaled, 17. edible, 18. unicorn, 19. glycol, 20. pediatrics, 21. craving, 22. vaporize



23. His interest in music composition is only a \_\_\_\_\_.

- n.* an intense and widely shared enthusiasm for a particular style, activity, or interest that appears suddenly and achieves widespread but short-lived popularity; a craze

24. \_\_\_\_\_ batteries have a longer lifespan and higher energy density than other types of batteries.

- n.* a soft, bluish-white metallic element with the atomic number 48 and the symbol Cd that is used in batteries, pigments, and other products and can be toxic if ingested or inhaled

25. With his \_\_\_\_\_ wealth, he could travel the world and indulge in his passions.

- adj.* newly discovered or acquired

26. The \_\_\_\_\_ dog was running around the house, knocking things over.

- adj.* excessively or abnormally active, restless, or easily excitable, particularly about children or animals with attention deficit hyperactivity disorder (ADHD)

27. Certain types of fish contain \_\_\_\_\_ that can harm humans if ingested.

- n.* a poisonous substance that damages or destroys nerve tissue and causes neurological damage or dysfunction; a toxin that specifically targets the nervous system

28. \_\_\_\_\_ is an important raw material for plastics, other synthetic resins, and petrochemicals.

- n.* a chemical compound that is a colorless and flammable gas obtained by cracking petroleum, especially used for making polymers

29. Water is \_\_\_\_\_ from the faucet.

- v.* to fall in drops or make it fall in drops; (noun) liquid or moisture that falls in drops

ANSWERS: 23. fad, 24. Cadmium, 25. newfound, 26. hyperactive, 27. neurotoxins, 28. Propylene, 29. dripping

30. He needed to \_\_\_\_\_ his phone before the meeting.

- v.* to restore the energy or power of something by supplying it with more energy or power; to refresh or renew oneself by rest or sleep

31. She decided to \_\_\_\_\_ a refreshing mint-flavored e-liquid to satisfy her nicotine cravings.

- v.* to inhale and exhale the vapor (= the gaseous state of a substance) produced by an electronic cigarette or similar device; to smoke a vapor; (noun) the act or practice of inhaling and exhaling vapor produced by an electronic cigarette

32. Mold exposure can release dangerous \_\_\_\_\_ into the air.

- n.* a poisonous substance produced by a living organism, such as a plant, animal, or microorganism; a chemical compound that can cause harm or illness to a living organism

33. One of her \_\_\_\_\_ is that she always wears mismatched socks.

- n.* a peculiar behavior, habit, or characteristic that is distinctive to an individual or group

34. Low levels of \_\_\_\_\_ have been linked to symptoms of Alzheimer's disease.

- n.* a neurotransmitter chemical that is involved in the transmission of signals between nerve cells and the activation of muscle cells, which plays an important role in the functioning of the nervous system and in generating movement and behavior in animals

35. The lump was discovered to be \_\_\_\_\_ and no further treatment was needed.

- adj.* kind and gentle; not harmful or malicious

36. Companies developing self-driving cars consistently \_\_\_\_\_ the emerging technologies.

- v.* to introduce new methods, ideas, or products

ANSWERS: 30. recharge, 31. vape, 32. toxins, 33. quirks, 34. acetylcholine, 35. benign, 36. innovate

37. A clear and simple expression is the \_\_\_\_\_ of good writing.  
*n.* a distinctive characteristic or attribute of a person or thing
38. The pharmacist suggested using \_\_\_\_\_ soap to help my dry skin because of its hydrating properties.  
*n.* a sweet, colorless, odorless, syrupy liquid used as a solvent and emollient in a variety of industries, including the food, cosmetic, and pharmaceutical industries
39. She waited a few seconds after spraying the \_\_\_\_\_ insecticide before entering the room.  
*n.* a substance enclosed under pressure and released as a fine spray, typically one used for medical purposes or cosmetic application
40. The new building is truly \_\_\_\_\_ towering over the surrounding buildings.  
*adj.* extremely large and impressive
41. He regrets the \_\_\_\_\_ behavior he took in his drunken state.  
*adj.* acting suddenly without any planning and without considering the effects they may have
42. Smoking cigarettes exposes the body to high levels of \_\_\_\_\_ which can be addictive.  
*n.* a colorless, oily, poisonous chemical compound found in tobacco leaves, which is highly addictive and acts as a stimulant, affecting the nervous system
43. Many \_\_\_\_\_ are aware of the health risks associated with smoking but find it difficult to quit.  
*n.* a person who smokes tobacco regularly, or a device used for smoking

ANSWERS: 37. hallmark, 38. glycerin, 39. aerosol, 40. colossal, 41. impulsive, 42. nicotine, 43. smokers

44. Internet traffic volumes have increased significantly with the advent of \_\_\_\_\_.

*n.* a mobile phone that functions as a computer and connects to the Internet

45. We have become TV \_\_\_\_\_ due to video streaming services.

*n.* a person who cannot stop using or doing something as a habit, especially something harmful

46. He spoke into the \_\_\_\_\_ of the microphone.

*n.* the part of a wind instrument that the player blows into; a device or object that is used for communication or expression

47. The final result was nothing short of \_\_\_\_\_.

*v.* to surprise or shock someone with wonder very much

ANSWERS: 44. smartphones, 45. addicts, 46. mouthpiece, 47. astounding