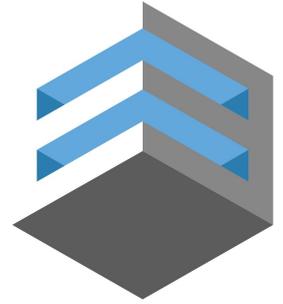


Englist.me



Vocabulary Builder Reference from...

Pere Estupinyà: The science of sex | TED Talk

https://www.ted.com/talks/pere_estupinya_the_scienc_e_of_sex

Advanced Words Only

IMPORTANT

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Session 1: Word List

disseminate

v. to spread or distribute widely, especially information or ideas; to scatter or disperse

synonym: spread, circulate, propagate

(1) **disseminate** propaganda, (2) **disseminate** knowledge

It is important to **disseminate** accurate information to the public to prevent false rumors from spreading.

interconnect

v. to connect similar things

synonym: interlink, connect, annex

(1) directly **interconnect** with those systems, (2) human activities **interconnect** with the environment

Our system can now **interconnect** with other databases.

neuron

n. a cell that is specialized to carry information within the brain and between the brain and other parts of the body

synonym: nerve cell

(1) excite the **neurons**, (2) **neuron** cell body

Our body transfers information along each **neuron** using an electrical impulse.

amaze

v. to fill with wonder, surprise, or admiration

synonym: astound, surprise, stagger

(1) **amaze** and entertain visitors, (2) **amaze** everyone

The magician's tricks **amazed** the audience.

neuroscience

n. the scientific study of the function, structure, and disorder of the brain and the nervous system

(1) the branch of **neuroscience**, (2) a theoretical concept in **neuroscience**

Our university is famous for its professors, who are well-versed in behavioral **neuroscience**.

sect

n. a group of people who follow a particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream

synonym: group, faction, cult

(1) **sect** beliefs, (2) secret **sect**

The minority **sect** believed in a set of unconventional religious practices.

clitoral

adj. relating to or involving the clitoris, a sensitive organ in female sexual anatomy that is key to sexual pleasure

synonym: vaginal, vulval, genital

(1) **clitoral** hood, (2) **clitoral** orgasm

Some women report increased sexual pleasure from **clitoral** stimulation.

skeptical

adj. doubting that something is accurate or useful

synonym: doubtful, distrustful, suspicious

(1) a **skeptical** attitude, (2) **skeptical** scientists

His religious and philosophical beliefs were utterly **skeptical**.

medicinal

adj. of or relating to the treatment or cure of disease

synonym: curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**

The **medicinal** properties of this herb have been known to help with various ailments.

lancet

n. a sharp, pointed surgical instrument used for making incisions or punctures, typically in medical procedures
synonym : scalpel, blade, surgical instrument

(1) **lancet** device, (2) surgical **lancet**

The doctor used a **lancet** for a small incision on the patient's skin.

dopamine

n. a chemical substance produced by nerve cells as a neurotransmitter; as a drug, it is used to treat shock and hypotension

(1) **dopamine-inhibiting** agent, (2) antagonism of **dopamine**

The drug controls the level of **dopamine** in the brain.

prolactin

n. a hormone secreted by the pituitary gland that stimulates milk production in mammals, especially in females, after giving birth

(1) **prolactin** inhibitor, (2) **prolactin** receptor

High levels of **prolactin** in men can cause infertility and decreased libido.

oxytocin

n. a hormone secreted by the pituitary which stimulates contractions of the uterus during labor (= the process of pushing out a baby) and the ejection of milk

(1) **oxytocin-degrading** enzyme, (2) **oxytocin** receptor

Women may increase **oxytocin** production through romantic love.

segregate

v. to separate or set apart from others, often based on race, gender, or some other characteristic

synonym : isolate, separate, divide

(1) **segregate** by race, (2) **segregate** boys and girls

The school board decided to **segregate** students by the ability to meet their needs better.

glans

n. the sensitive, rounded end of the penis or clitoris, often covered by a foreskin or hood in males and females,

respectively

synonym : tip, head

(1) **glans** sensitivity, (2) **glans** clitoris

The **glans** of the penis are the most sensitive part and are often stimulated during sexual activity.

iceberg

n. a large piece of ice floating in the sea, detached from a glacier

synonym : glacier, ice mass, floe

(1) hit an **iceberg**, (2) **iceberg** melting

The ship encountered a series of **icebergs** and had to change its course.

triangular

adj. having three angles or sides; forming or shaped like a triangle (= a three-sided polygon)

synonym : three-cornered, trilateral

(1) a **triangular** alliance, (2) **triangular** form

The **triangular** shape of the pyramid was an important architectural feature.

arouse

v. to awaken strong feelings or emotions in someone; to excite or inspire a physical or emotional response

synonym : excite, stimulate, stir

(1) **arouse** desire, (2) **arouse** suspicion

The rousing speech by the politician **aroused** the audience to action.

centimeter

n. a unit of measurement of length in the metric system, equivalent to one-hundredth of a meter

(1) **centimeter** measurement, (2) thirty **centimeters** tall

The room was only one **centimeter** wider than the piano, making it a tight fit.

parasympathetic

adj. relating to the part of the autonomic nervous system that counteracts the effects of the sympathetic nervous system, slowing the heart rate, increasing digestive and

glandular activity, and relaxing the sphincter muscles

synonym : relaxing, calming, soothing

(1) **parasympathetic** nerve inhibitor, (2) **parasympathetic** response

The **parasympathetic** nervous system helps to regulate the body's involuntary functions, such as digestion and relaxation.

dilate

v. to make something wider, larger, or more open

synonym : widen, open, enlarge

(1) **dilate** the bronchial tubes, (2) **dilate** blood vessel

The pupils of the eyes **dilate** in low light.

groan

v. to make a low, moaning sound, often indicating pain, discomfort, or dissatisfaction

synonym : moan, grunt, sigh

(1) **groan** in pain, (2) **groan** for water

The sight of the huge pile of laundry made me **groan** with dread.

tachycardia

n. a condition characterized by an abnormally fast heartbeat or pulse, usually defined as a resting heart rate of greater than 100 beats per minute

synonym : rapid heartbeat, palpitation, racing heart

(1) paroxysmal **tachycardia**, (2) atrial **tachycardia**

His symptoms indicated a case of ventricular **tachycardia**, which can be life-threatening if not treated promptly.

blush

v. to become red in the face from embarrassment, shame, or modesty

synonym : flush, redden, glow

(1) **blush** bright red, (2) **blush** for my mistake

She **blushed** when the boy complimented her.

excite

v. to make someone feel suddenly enthusiastic or eager

synonym : thrill, exhilarate, animate

(1) **excite** the crowd, (2) **excite** rebellion
The news of her promotion **excited** her.

tantra

n. a mystical Hindu or Buddhist doctrine that seeks to channel the divine energy of the cosmos to achieve spiritual unity, often through ritualized sexual practices
synonym: esotericism, meditation, ritual

(1) **tantra** meditation, (2) **tantra** philosophy

The practice of **tantra** involves various spiritual and physical exercises.

genital

adj. of or relating to the external and internal reproductive organs

synonym: reproductive, genetic, sexual

(1) **genital** bleeding, (2) pain in the **genital** area

The **genital** organs of the human body are necessary for reproduction.

restrain

v. to prevent or hold back from doing something, often by physical or moral force; to limit or restrict one's actions or behavior; to control or moderate strong emotions or impulses

synonym: restrict, limit, control

(1) **restrain** from violence, (2) **restrain** a child

The police had to **restrain** the suspect after he became violent during the arrest.

repress

v. to restrain or control by force; to suppress feelings or memories

synonym: suppress, control, curb

(1) cannot **repress** laughter, (2) **repress** gene expression

He **repressed** the memories of his traumatic childhood.

limbic

adj. of or relating to the system of the brain that supports a variety of functions, including emotion, behavior, long-term memory, and olfaction

(1) **limbic** cortex, (2) **limbic** epilepsy

The **limbic** brain region responded readily to negative or sad sounds.

hypothalamus

n. a basal part of the brain that autonomically controls body temperature, hunger, and the release of hormones
(1) anterior **hypothalamus**, (2) **hypothalamus** hemorrhage
Oxytocin is also produced in the nucleus of the **hypothalamus**.

endocrine

adj. relating to the glands in the body that secrete hormones directly into the bloodstream to regulate bodily functions and processes
synonym: hormonal, glandular, secretory
(1) **endocrine** disorders, (2) **endocrine** cell
The **endocrine** system regulates many bodily functions, including metabolism and growth.

trait

n. a particular feature of your nature
synonym: attribute, feature, quality
(1) chemical **trait**, (2) personality **traits**
Multiple genes may influence behavioral **traits** concurrently.

distort

v. to change something's shape, appearance, or sound so that it appears weird or unclear
synonym: fudge, deform, contort
(1) **distort** the facts, (2) **distort** the economy
Economists contend that taxes **distort** consumer behavior in general.

electroshock

n. a medical treatment in which an electric current is passed through the brain to induce a seizure; also known as electroconvulsive therapy (ECT)
synonym: electroconvulsive therapy, shock treatment, ETC
(1) low voltage **electroshock**, (2) **electroshock** machine
The patient had to undergo **electroshock** therapy to treat their severe depression.

avert

v. to prevent something dangerous or undesirable from happening

synonym: discourage, prevent, deter

(1) **avert** disaster, (2) **avert** a strike

The dam systematically releases large amounts of water to **avert** flooding during the rainy season

rev

n. a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (*v.*) to increase the number of rotations per minute

synonym: revolution, RPM, speed

(1) low- **rev** engine, (2) **rev** up the crowd

He stepped on the gas pedal, and the engine released a loud **rev**.

atrocious

adj. shockingly bad or unpleasant; extremely cruel or brutal

synonym: terrible, heinous, abominable

(1) **atrocious** weather, (2) **atrocious** manners

The food at the restaurant was **atrocious** and lacked any flavor.

homophobia

n. a strong fear, aversion, or hostility towards people who are homosexual or towards homosexuality itself; discrimination or prejudice against lesbian, gay, bisexual, transgender, and questioning (LGBTQ) individuals based on their sexual orientation or gender identity

synonym: prejudice, discrimination, bigotry

(1) **homophobia** awareness, (2) **homophobia** in sports

The politician's remarks about same-sex marriage revealed his deep-seated **homophobia**.

asexual

adj. lacking sexual organs or characteristics; not involving or characterized by sexual activity; neither male nor female in gender identity; not operating in a sexual manner or with sexual connotations

synonym:

neutral, sexless, unisex

(1) **asexual** community, (2) **asexual** individual

Asexual reproduction is a common trait found in certain species of plants and animals.

interplay

n. the way in which two or more things interact or influence each other

synonym: interaction, give-and-take, interconnection

(1) **interplay** among neurons, (2) complex **interplay**

The **interplay** of light and shadow creates a dramatic effect in the painting.

monogamy

n. the practice of being married to only one person at a time; the state of having a mutually exclusive romantic or sexual relationship with one partner

synonym: marriage, monandry, monogamousness

(1) **monogamy** rules, (2) practice **monogamy**

Many religious institutions promote **monogamy** as the ideal form of marriage.

primate

n. any mammal of the order Primates, which includes monkeys, apes, and humans

synonym: ape, monkey, lemur

(1) **primate** species, (2) **primate** sanctuary

Many scientists study **primate** behavior and intelligence.

progenitor

n. a person or thing from whom a descendant or line of descendants is descended; an ancestor

synonym: ancestor, forefather, parent

(1) the **progenitor** of a family, (2) **progenitor** cell

Scientists could trace the species' origin back to a single **progenitor**.

fidelity

n. faithfulness to a person, cause, or thing; loyalty or devotion to a duty or obligation; accuracy or exactness in reproducing or representing something

synonym:

loyalty, devotion, allegiance

(1) **fidelity** guarantee deposit, (2) high **fidelity** music

The couple promised each other **fidelity** in their marriage
VOWS.

broaden

v. to make or become wider or more extensive; to make or become more tolerant or liberal.

synonym: expand, widen, enlarge

(1) **broaden** students' knowledge, (2) **broaden** their horizon

The company **broadened** its product line to include more customer options.

polyamory

n. the practice or lifestyle of having multiple romantic or sexual relationships simultaneously with the consent and knowledge of all parties involved

synonym: open relationship, ethical non-monogamy, polygamy

(1) **polyamory** relationship, (2) ethical **polyamory**

My **polyamory** partner and I have an open and honest relationship where we both can explore romantic connections with other people.

haunted

adj. inhabited, visited, or frequented by ghosts or spirits; disturbed or troubled by persistent or disturbing memories or emotions

synonym: spooky, eerie, ghostly

(1) **haunted** house, (2) **haunted** by memories

The old mansion was known to be **haunted**, with strange noises and eerie sightings reported by visitors.

cleanse

v. to purify or get rid of impurities or toxins; to wash or scrub thoroughly, often in a ritualistic or symbolic context; to purge or remove negative or harmful influences or substances from something; (noun) an act of cleaning or purifying something, typically the body

synonym: purify, detoxify, sanitize

(1) juice **cleanse**, (2) **cleanse** the face

The new diet is designed to **cleanse** toxins from the body.

cliche

n. a phrase or expression that has become overused to the point that it has lost its original impact or meaning; a trite or unoriginal idea or statement

synonym: truism, platitude, stereotype

(1) **cliche** plot, (2) age-old **cliche**

Using the same **cliche** phrase in every conversation can take time and effort.

Session 2: Spelling

1. ar___e desire *v.* to awaken strong feelings or emotions in someone; to excite or inspire a physical or emotional response
2. in_____ay among neurons *n.* the way in which two or more things interact or influence each other
3. gl__s clitoris *n.* the sensitive, rounded end of the penis or clitoris, often covered by a foreskin or hood in males and females, respectively
4. the branch of neu_____nce *n.* the scientific study of the function, structure, and disorder of the brain and the nervous system
5. atrial tac_____ia *n.* a condition characterized by an abnormally fast heartbeat or pulse, usually defined as a resting heart rate of greater than 100 beats per minute
6. a theoretical concept in neu_____nce *n.* the scientific study of the function, structure, and disorder of the brain and the nervous system
7. ele_____ock machine *n.* a medical treatment in which an electric current is passed through the brain to induce a seizure; also known as electroconvulsive therapy (ECT)
8. excite the ne___ns *n.* a cell that is specialized to carry information within the brain and between the brain and other parts of the body
9. as_____l individual *adj.* lacking sexual organs or characteristics; not involving or characterized by sexual activity; neither male nor female in gender identity; not operating in a sexual manner or with sexual connotations

ANSWERS: 1. arouse, 2. interplay, 3. glans, 4. neuroscience, 5. tachycardia, 6. neuroscience, 7. electroshock, 8. neuron, 9. asexual

10. di____t the economy *v.* to change something's shape, appearance, or sound so that it appears weird or unclear
11. la____t device *n.* a sharp, pointed surgical instrument used for making incisions or punctures, typically in medical procedures
12. chemical tr__t *n.* a particular feature of your nature
13. po_____ry relationship *n.* the practice or lifestyle of having multiple romantic or sexual relationships simultaneously with the consent and knowledge of all parties involved
14. ex____e the crowd *v.* to make someone feel suddenly enthusiastic or eager
15. paroxysmal tac_____ia *n.* a condition characterized by an abnormally fast heartbeat or pulse, usually defined as a resting heart rate of greater than 100 beats per minute
16. av__t disaster *v.* to prevent something dangerous or undesirable from happening
17. at_____us manners *adj.* shockingly bad or unpleasant; extremely cruel or brutal
18. en_____ne disorders *adj.* relating to the glands in the body that secrete hormones directly into the bloodstream to regulate bodily functions and processes
19. re____s gene expression *v.* to restrain or control by force; to suppress feelings or memories
20. ic____g melting *n.* a large piece of ice floating in the sea, detached from a glacier

ANSWERS: 10. distort, 11. lancet, 12. trait, 13. polyamory, 14. excite, 15. tachycardia, 16. avert, 17. atrocious, 18. endocrine, 19. repress, 20. iceberg

21. gr__n for water *v.* to make a low, moaning sound, often indicating pain, discomfort, or dissatisfaction
22. practice mo_____my *n.* the practice of being married to only one person at a time; the state of having a mutually exclusive romantic or sexual relationship with one partner
23. cl_____e the face *v.* to purify or get rid of impurities or toxins; to wash or scrub thoroughly, often in a ritualistic or symbolic context; to purge or remove negative or harmful influences or substances from something; (noun) an act of cleaning or purifying something, typically the body
24. pr_____in receptor *n.* a hormone secreted by the pituitary gland that stimulates milk production in mammals, especially in females, after giving birth
25. surgical la____t *n.* a sharp, pointed surgical instrument used for making incisions or punctures, typically in medical procedures
26. s__t beliefs *n.* a group of people who follow a particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream
27. cl____e plot *n.* a phrase or expression that has become overused to the point that it has lost its original impact or meaning; a trite or unoriginal idea or statement

ANSWERS: 21. groan, 22. monogamy, 23. cleanse, 24. prolactin, 25. lancet, 26. sect, 27. cliché

28. me_____al chemistry *adj.* of or relating to the treatment or cure of disease
29. ox_____in-degrading enzyme *n.* a hormone secreted by the pituitary which stimulates contractions of the uterus during labor (= the process of pushing out a baby) and the ejection of milk
30. li___c epilepsy *adj.* of or relating to the system of the brain that supports a variety of functions, including emotion, behavior, long-term memory, and olfaction
31. traditional me_____al *adj.* of or relating to the treatment or cure of disease
32. low voltage ele_____ock *n.* a medical treatment in which an electric current is passed through the brain to induce a seizure; also known as electroconvulsive therapy (ECT)
33. cen_____er measurement *n.* a unit of measurement of length in the metric system, equivalent to one-hundredth of a meter
34. sk_____al scientists *adj.* doubting that something is accurate or useful
35. personality tr__ts *n.* a particular feature of your nature
36. complex in_____ay *n.* the way in which two or more things interact or influence each other
37. juice cl_____e *v.* to purify or get rid of impurities or toxins; to wash or scrub thoroughly, often in a ritualistic or symbolic context; to purge or remove negative or harmful influences or substances from something; (noun) an act of cleaning or purifying something, typically the body

ANSWERS: 28. medicinal, 29. oxytocin, 30. limbic, 31. medicinal, 32. electroshock, 33. centimeter, 34. skeptical, 35. trait, 36. interplay, 37. cleanse

38. ha____d by memories *adj.* inhabited, visited, or frequented by ghosts or spirits; disturbed or troubled by persistent or disturbing memories or emotions
39. re____in a child *v.* to prevent or hold back from doing something, often by physical or moral force; to limit or restrict one's actions or behavior; to control or moderate strong emotions or impulses
40. a sk____al attitude *adj.* doubting that something is accurate or useful
41. li____c cortex *adj.* of or relating to the system of the brain that supports a variety of functions, including emotion, behavior, long-term memory, and olfaction
42. cannot re____s laughter *v.* to restrain or control by force; to suppress feelings or memories
43. high fi____ty music *n.* faithfulness to a person, cause, or thing; loyalty or devotion to a duty or obligation; accuracy or exactness in reproducing or representing something
44. hom____ia in sports *n.* a strong fear, aversion, or hostility towards people who are homosexual or towards homosexuality itself; discrimination or prejudice against lesbian, gay, bisexual, transgender, and questioning (LGBTQ) individuals based on their sexual orientation or gender identity
45. re____in from violence *v.* to prevent or hold back from doing something, often by physical or moral force; to limit or restrict one's actions or behavior; to control or moderate strong emotions or impulses

ANSWERS: 38. haunted, 39. restrain, 40. skeptical, 41. limbic, 42. repress, 43. fidelity, 44. homophobia, 45. restrain

46. r_v up the crowd *n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
47. mo____my rules *n.* the practice of being married to only one person at a time; the state of having a mutually exclusive romantic or sexual relationship with one partner
48. bl__h for my mistake *v.* to become red in the face from embarrassment, shame, or modesty
49. thirty cen_____ers tall *n.* a unit of measurement of length in the metric system, equivalent to one-hundredth of a meter
50. se_____te boys and girls *v.* to separate or set apart from others, often based on race, gender, or some other characteristic
51. ta___a meditation *n.* a mystical Hindu or Buddhist doctrine that seeks to channel the divine energy of the cosmos to achieve spiritual unity, often through ritualized sexual practices
52. par_____tic response *adj.* relating to the part of the autonomic nervous system that counteracts the effects of the sympathetic nervous system, slowing the heart rate, increasing digestive and glandular activity, and relaxing the sphincter muscles
53. a tri_____ar alliance *adj.* having three angles or sides; forming or shaped like a triangle (= a three-sided polygon)

ANSWERS: 46. rev, 47. monogamy, 48. blush, 49. centimeter, 50. segregate, 51. tantra, 52. parasympathetic, 53. triangular

54. antagonism of do_____ne *n.* a chemical substance produced by nerve cells as a neurotransmitter; as a drug, it is used to treat shock and hypotension
55. am__e and entertain visitors *v.* to fill with wonder, surprise, or admiration
56. ox_____in receptor *n.* a hormone secreted by the pituitary which stimulates contractions of the uterus during labor (= the process of pushing out a baby) and the ejection of milk
57. cl_____al hood *adj.* relating to or involving the clitoris, a sensitive organ in female sexual anatomy that is key to sexual pleasure
58. en_____ne cell *adj.* relating to the glands in the body that secrete hormones directly into the bloodstream to regulate bodily functions and processes
59. ethical po_____ry *n.* the practice or lifestyle of having multiple romantic or sexual relationships simultaneously with the consent and knowledge of all parties involved
60. br_____n students' knowledge *v.* to make or become wider or more extensive; to make or become more tolerant or liberal.
61. di___e the bronchial tubes *v.* to make something wider, larger, or more open
62. av__t a strike *v.* to prevent something dangerous or undesirable from happening

ANSWERS: 54. dopamine, 55. amaze, 56. oxytocin, 57. clitoral, 58. endocrine, 59. polyamory, 60. broaden, 61. dilate, 62. avert

63. pain in the ge____l area *adj.* of or relating to the external and internal reproductive organs
64. as____l community *adj.* lacking sexual organs or characteristics; not involving or characterized by sexual activity; neither male nor female in gender identity; not operating in a sexual manner or with sexual connotations
65. hom____ia awareness *n.* a strong fear, aversion, or hostility towards people who are homosexual or towards homosexuality itself; discrimination or prejudice against lesbian, gay, bisexual, transgender, and questioning (LGBTQ) individuals based on their sexual orientation or gender identity
66. pr____e species *n.* any mammal of the order Primates, which includes monkeys, apes, and humans
67. ne____n cell body *n.* a cell that is specialized to carry information within the brain and between the brain and other parts of the body
68. pr____in inhibitor *n.* a hormone secreted by the pituitary gland that stimulates milk production in mammals, especially in females, after giving birth
69. secret s__t *n.* a group of people who follow a particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream

ANSWERS: 63. genital, 64. asexual, 65. homophobia, 66. primate, 67. neuron, 68. prolactin, 69. sect

70. se_____te by race *v.* to separate or set apart from others, often based on race, gender, or some other characteristic
71. pro_____or cell *n.* a person or thing from whom a descendant or line of descendants is descended; an ancestor
72. hit an ic_____g *n.* a large piece of ice floating in the sea, detached from a glacier
73. ar____e suspicion *v.* to awaken strong feelings or emotions in someone; to excite or inspire a physical or emotional response
74. br_____n their horizon *v.* to make or become wider or more extensive; to make or become more tolerant or liberal.
75. gr__n in pain *v.* to make a low, moaning sound, often indicating pain, discomfort, or dissatisfaction
76. di_____t the facts *v.* to change something's shape, appearance, or sound so that it appears weird or unclear
77. low-r_v engine *n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
78. ge_____l bleeding *adj.* of or relating to the external and internal reproductive organs
79. age-old cl____e *n.* a phrase or expression that has become overused to the point that it has lost its original impact or meaning; a trite or unoriginal idea or statement

ANSWERS: 70. segregate, 71. progenitor, 72. iceberg, 73. arouse, 74. broaden, 75. groan, 76. distort, 77. rev, 78. genital, 79. cliché

100. hyp_____mus hemorrhage

n. a basal part of the brain that autonomically controls body temperature, hunger, and the release of hormones

ANSWERS: 100. hypothalamus

Session 3: Fill in the Blanks

1. The company _____ its product line to include more customer options.
 - v. to make or become wider or more extensive; to make or become more tolerant or liberal.

2. The practice of _____ involves various spiritual and physical exercises.
 - n. a mystical Hindu or Buddhist doctrine that seeks to channel the divine energy of the cosmos to achieve spiritual unity, often through ritualized sexual practices

3. Many religious institutions promote _____ as the ideal form of marriage.
 - n. the practice of being married to only one person at a time; the state of having a mutually exclusive romantic or sexual relationship with one partner

4. The new diet is designed to _____ toxins from the body.
 - v. to purify or get rid of impurities or toxins; to wash or scrub thoroughly, often in a ritualistic or symbolic context; to purge or remove negative or harmful influences or substances from something; (noun) an act of cleaning or purifying something, typically the body

5. He _____ the memories of his traumatic childhood.
 - v. to restrain or control by force; to suppress feelings or memories

6. The magician's tricks _____ the audience.
 - v. to fill with wonder, surprise, or admiration

7. The couple promised each other _____ in their marriage vows.
 - n. faithfulness to a person, cause, or thing; loyalty or devotion to a duty or obligation; accuracy or exactness in reproducing or representing something

ANSWERS: 1. broadened, 2. tantra, 3. monogamy, 4. cleanse, 5. repressed, 6. amazed, 7. fidelity

8. The _____ system regulates many bodily functions, including metabolism and growth.
adj. relating to the glands in the body that secrete hormones directly into the bloodstream to regulate bodily functions and processes
9. The _____ brain region responded readily to negative or sad sounds.
adj. of or relating to the system of the brain that supports a variety of functions, including emotion, behavior, long-term memory, and olfaction
10. Oxytocin is also produced in the nucleus of the _____.
n. a basal part of the brain that autonomically controls body temperature, hunger, and the release of hormones
11. The sight of the huge pile of laundry made me _____ with dread.
v. to make a low, moaning sound, often indicating pain, discomfort, or dissatisfaction
12. Using the same _____ phrase in every conversation can take time and effort.
n. a phrase or expression that has become overused to the point that it has lost its original impact or meaning; a trite or unoriginal idea or statement
13. The _____ of light and shadow creates a dramatic effect in the painting.
n. the way in which two or more things interact or influence each other
14. His symptoms indicated a case of ventricular _____ which can be life-threatening if not treated promptly.
n. a condition characterized by an abnormally fast heartbeat or pulse, usually defined as a resting heart rate of greater than 100 beats per minute
15. The _____ organs of the human body are necessary for reproduction.
adj. of or relating to the external and internal reproductive organs

ANSWERS: 8. endocrine, 9. limbic, 10. hypothalamus, 11. groan, 12. cliché, 13. interplay, 14. tachycardia, 15. genital

16. The drug controls the level of _____ in the brain.
- n.* a chemical substance produced by nerve cells as a neurotransmitter; as a drug, it is used to treat shock and hypotension
17. The rousing speech by the politician _____ the audience to action.
- v.* to awaken strong feelings or emotions in someone; to excite or inspire a physical or emotional response
18. The school board decided to _____ students by the ability to meet their needs better.
- v.* to separate or set apart from others, often based on race, gender, or some other characteristic
19. He stepped on the gas pedal, and the engine released a loud ____.
- n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
20. It is important to _____ accurate information to the public to prevent false rumors from spreading.
- v.* to spread or distribute widely, especially information or ideas; to scatter or disperse
21. The _____ of the penis are the most sensitive part and are often stimulated during sexual activity.
- n.* the sensitive, rounded end of the penis or clitoris, often covered by a foreskin or hood in males and females, respectively
22. The food at the restaurant was _____ and lacked any flavor.
- adj.* shockingly bad or unpleasant; extremely cruel or brutal

ANSWERS: 16. dopamine, 17. aroused, 18. segregate, 19. rev, 20. disseminate, 21. glans, 22. atrocious

23. The minority _____ believed in a set of unconventional religious practices.
- n.* a group of people who follow a particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream
24. _____ reproduction is a common trait found in certain species of plants and animals.
- adj.* lacking sexual organs or characteristics; not involving or characterized by sexual activity; neither male nor female in gender identity; not operating in a sexual manner or with sexual connotations
25. Scientists could trace the species' origin back to a single _____.
- n.* a person or thing from whom a descendant or line of descendants is descended; an ancestor
26. My _____ partner and I have an open and honest relationship where we both can explore romantic connections with other people.
- n.* the practice or lifestyle of having multiple romantic or sexual relationships simultaneously with the consent and knowledge of all parties involved
27. The _____ nervous system helps to regulate the body's involuntary functions, such as digestion and relaxation.
- adj.* relating to the part of the autonomic nervous system that counteracts the effects of the sympathetic nervous system, slowing the heart rate, increasing digestive and glandular activity, and relaxing the sphincter muscles
28. The news of her promotion _____ her.
- v.* to make someone feel suddenly enthusiastic or eager
29. The _____ properties of this herb have been known to help with various ailments.
- adj.* of or relating to the treatment or cure of disease

ANSWERS: 23. sect, 24. Asexual, 25. progenitor, 26. polyamory, 27. parasympathetic, 28. excited, 29. medicinal

30. Some women report increased sexual pleasure from _____ stimulation.
adj. relating to or involving the clitoris, a sensitive organ in female sexual anatomy that is key to sexual pleasure
31. The doctor used a _____ for a small incision on the patient's skin.
n. a sharp, pointed surgical instrument used for making incisions or punctures, typically in medical procedures
32. Our body transfers information along each _____ using an electrical impulse.
n. a cell that is specialized to carry information within the brain and between the brain and other parts of the body
33. The politician's remarks about same-sex marriage revealed his deep-seated _____.
n. a strong fear, aversion, or hostility towards people who are homosexual or towards homosexuality itself; discrimination or prejudice against lesbian, gay, bisexual, transgender, and questioning (LGBTQ) individuals based on their sexual orientation or gender identity
34. The ship encountered a series of _____ and had to change its course.
n. a large piece of ice floating in the sea, detached from a glacier
35. Our university is famous for its professors, who are well-versed in behavioral _____.
n. the scientific study of the function, structure, and disorder of the brain and the nervous system
36. The room was only one _____ wider than the piano, making it a tight fit.
n. a unit of measurement of length in the metric system, equivalent to one-hundredth of a meter

ANSWERS: 30. clitoral, 31. lancet, 32. neuron, 33. homophobia, 34. icebergs, 35. neuroscience, 36. centimeter

37. Many scientists study _____ behavior and intelligence.
- n.* any mammal of the order Primates, which includes monkeys, apes, and humans
38. Women may increase _____ production through romantic love.
- n.* a hormone secreted by the pituitary which stimulates contractions of the uterus during labor (= the process of pushing out a baby) and the ejection of milk
39. The police had to _____ the suspect after he became violent during the arrest.
- v.* to prevent or hold back from doing something, often by physical or moral force; to limit or restrict one's actions or behavior; to control or moderate strong emotions or impulses
40. High levels of _____ in men can cause infertility and decreased libido.
- n.* a hormone secreted by the pituitary gland that stimulates milk production in mammals, especially in females, after giving birth
41. She _____ when the boy complimented her.
- v.* to become red in the face from embarrassment, shame, or modesty
42. The old mansion was known to be _____ with strange noises and eerie sightings reported by visitors.
- adj.* inhabited, visited, or frequented by ghosts or spirits; disturbed or troubled by persistent or disturbing memories or emotions
43. Multiple genes may influence behavioral _____ concurrently.
- n.* a particular feature of your nature
44. Economists contend that taxes _____ consumer behavior in general.
- v.* to change something's shape, appearance, or sound so that it appears weird or unclear

ANSWERS: 37. primate, 38. oxytocin, 39. restrain, 40. prolactin, 41. blushed, 42. haunted, 43. traits, 44. distort

45. Our system can now _____ with other databases.
v. to connect similar things
46. His religious and philosophical beliefs were utterly _____.
adj. doubting that something is accurate or useful
47. The patient had to undergo _____ therapy to treat their severe depression.
n. a medical treatment in which an electric current is passed through the brain to induce a seizure; also known as electroconvulsive therapy (ECT)
48. The dam systematically releases large amounts of water to _____ flooding during the rainy season
v. to prevent something dangerous or undesirable from happening
49. The _____ shape of the pyramid was an important architectural feature.
adj. having three angles or sides; forming or shaped like a triangle (= a three-sided polygon)
50. The pupils of the eyes _____ in low light.
v. to make something wider, larger, or more open

ANSWERS: 45. interconnect, 46. skeptical, 47. electroshock, 48. avert, 49. triangular, 50. dilate