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Cecile Richards: The political progress women have made -- and what's next | TED Talk

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All Words

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Session 1: Word List

statistics

n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

(1) **statistics** for cancer, (2) official **statistics**

The **statistics** demonstrate that poverty and unemployment are genuine problems.

argue

v. to express differing opinions or points of view, often in a heated or contentious manner; to present a case or reasoning to persuade or convince others

synonym : debate, dispute, quarrel

(1) **argue** a case, (2) **argue** passionately

The couple began to **argue** over which restaurant to go to for dinner.

globe

n. the earth or world, mainly used to emphasize its vastness

synonym : Earth, world, sphere

(1) terrestrial **globe**, (2) around the **globe**

His final goal is to sail around the **globe**.

afterthought

n. a thought or idea that comes to mind after the fact, often too late to be of much use; something that is added or considered belatedly, especially in speech or writing

synonym : reconsideration, second thought, reconsideration

(1) **afterthought** comment, (2) an **afterthought** decision

Forgetting to mention our meeting was just an **afterthought** for him.

grant

v. to agree to give or allow somebody

synonym : allocate, authorize, give

(1) **grant** a new license, (2) **grant** a land

The chairperson **granted** him the right to speak.

grudgingly

adv. in a manner that shows reluctance or unwillingness; with resentment or discontent

synonym : reluctantly, unwillingly, begrudgingly

(1) assume **grudgingly**, (2) **grudgingly** apologize

He **grudgingly** agreed to help his neighbor move her furniture.

accommodation

n. a place to live, work, or stay, particularly for a temporary or short-term period; adjustment or adaptation to meet various needs or circumstances

synonym : lodging, housing, quarters

(1) temporary **accommodation**, (2) for your

accommodation

The hotel offers comfortable **accommodations** for both business and leisure travelers.

retrofit

v. to put a new component or accessory into a machine that did not initially have it when manufactured

synonym : backfit, reconstruct, recycle

(1) **retrofit** an electronic system, (2) **retrofit** applications

A **retrofit** may involve putting in new door jambs.

institutionalize

v. to establish or make something a part of an institution (= a place such as a university, hospital, etc.)

synonym : formalize, establish, regularize

(1) **institutionalize** a system, (2) **institutionalize** customary

laws

The new policy aims to **institutionalize** the use of renewable energy sources.

government

n. the group of people with authority to control a country or state

synonym: administration, regime, state

(1) **government** bureaucracy, (2) **government** funding

The federal **government** is planning to increase taxes for the next fiscal year.

reshape

v. to change the form or structure of something

synonym: alter, adjust, modify

(1) **reshape** education policy, (2) **reshape** my thoughts

The advent of the Internet completely **reshaped** the manufacturing industry.

revolution

n. a large-scale attempt to overthrow the government of a country, often using violence or war;

synonym: coup, innovation, rebellion

(1) beginning of the industrial **revolution**, (2) a political **revolution**

The **revolution** by the citizen resulted in a redistribution of wealth.

gender

n. the range of characteristics of femininity and masculinity and differentiating between them, especially when considering social and cultural differences rather than differences in biology

synonym: sexuality

(1) **gender-blind** policies, (2) dual **gender**

Cultural norms strongly influence **gender** expectations.

identity

n. the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another

synonym: character, personality, individuality

(1) mistaken **identity**, (2) **identity** as an individual
The terrorist's **identity** remains unknown.

orientation

n. a person's basic attitudes, beliefs, and preferences about particular things; a course introducing a new situation or environment

synonym: direction, introduction, frontage

(1) sexual **orientation**, (2) the school **orientation**

There will be an **orientation** lecture for new students this afternoon.

label

n. a small piece of paper, fabric, or other material attached to an object and giving information about it; (verb) to assign to a category

synonym: tag, mark, identifier

(1) a mailing **label**, (2) **label** a bag with my name

The **label** on the food package lists the ingredients and nutritional information.

bind

v. to tie or fasten someone or something tightly with rope, string, etc. so that they cannot move or are held together strongly

synonym: tie, stick to, adhere

(1) **bind** the man's hands, (2) **bind** old letters into a bundle

The company's rules **bind** the employee's working hours.

profound

adj. extremely great; sensed or experienced very strongly; displaying a high level of knowledge or comprehension

synonym: deep, unsounded, far-reaching

(1) a **profound** book, (2) the **profound** depths of the sea

My mother's illness had a **profound** impact on us all.

resilient

adj. able to withstand or recover quickly from difficult conditions

synonym: robust, sturdy, tough

(1) a hard and **resilient** steel, (2) **resilient** population

She is a **resilient** person and has always bounced back from

setbacks.

commitment

n. a promise or firm decision to do something or to behave in a certain way

synonym: burden, obligation, promise

(1) a **commitment** to an alliance, (2) meet his

commitments

His business **commitments** took him to the United States.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

grandparent

n. a parent of one's father or mother

(1) great- **grandparent**, (2) person of **grandparent** age

She was close to her paternal **grandparents** and often spent summers with them.

pregnant

adj. having a baby or young animal developing in the uterus

synonym: expectant

(1) needs of **pregnant** women, (2) a silence **pregnant** with suspense

She vacated the position when she got **pregnant**.

labor

n. productive work, especially physical work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal

synonym: toil, moil, donkeywork

(1) seasonal **labor**, (2) manual **labor**

In several countries, child **labor** is a serious social problem.

unthinkable

adj. too unlikely or shocking to imagine or accept

synonym: impossible, inconceivable, outlandish

(1) an **unthinkable** coincidence, (2) in **unthinkable** trouble
That accident was something **unthinkable** with my long experience.

supper

n. an evening meal, typically a light or informal one eaten after the main meal of the day

synonym: dinner, evening meal, last meal

(1) home-cooked **supper**, (2) **supper** dishes

We have roast chicken for **supper** tonight, one of our family favorites.

hoist

v. to elevate or drag anything to a higher position, usually with the help of ropes or specific equipment

synonym: raise, lift, haul up

(1) **hoist** the flags, (2) **hoist** the anchor

The surgeon **hoisted** the patient onto the operation table.

elbow

n. the joint between the upper arm and the lower arm; the bend in a pipe or tube formed at this joint

synonym: joint, bend, cubitus

(1) **elbow** bone, (2) **elbow-length** sleeves

She bruised her **elbow** after falling off her bike.

wring

v. to twist, squeeze, or compress something, especially to extract liquid or force out excess; to cause emotional or mental distress; to extract information by force or pressure

synonym: squeeze, twist, compress

(1) **wring** out a towel, (2) **wring** a secret

I had to **wring** out my wet clothes before putting them in the dryer.

amazing

adj. extremely surprising, especially in a way that you like or admire

synonym: exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling

The golfer recorded an **amazing** distance.

idiot

n. a foolish or stupid person who lacks common sense or judgment; a derogatory term used to describe someone who is mentally deficient

synonym: dummy, imbecile, bubblehead

(1) **idiot** driver, (2) what an **idiot**

He acted like an **idiot** and spilled his drink all over the floor.

imbecile

adj. (considered as an offensive term) very foolish or stupid, lacking intelligence or mental capacity; showing extreme folly or stupidity; (noun) a person who is considered extremely foolish, mentally deficient, or lacking in intelligence

synonym: foolish, idiotic, unintelligent

(1) **imbecile** conduct, (2) treat him like an **imbecile**

The **imbecile** driver caused a major accident on the highway.

insane

adj. extremely stupid, crazy, or dangerous; mentally ill

synonym: crazy, mad, foolish

(1) go **insane** with pleasure, (2) an **insane** scheme

Her excessive demands drove me **insane**.

franchise

n. a legal agreement between two parties in which one party grants the other the right to use or sell its products or services under a specific brand name and business model; a business that operates under such an agreement; the right to vote in an election

synonym: dealership, enterprise, suffrage

(1) **franchise** agreement, (2) **franchise** owner

The fast-food **franchise** kept expanding and opening new restaurants across the country.

elect

v. to choose someone for a specific position by voting for them; to decide or choose to do something

synonym: select, choose, prefer

(1) **elect** the school board, (2) **elect** death

Every five years, the provincial governors are **elected**.

governor

n. the person who holds the highest executive office in a state or province

synonym: administrator, executive, leader

(1) **governor** general, (2) a prefectural **governor**

The state **governor** visited the affected areas and promised to aid the victims.

frank

adj. honest and sincere; open and candid in expression

synonym: candid, direct, freehearted

(1) **frank** and open discussion, (2) make a **frank** apology

Full involvement means **frank** and prompt responses.

ginger

n. a plant (*Zingiber officinale*) that is widely cultivated for its aromatic underground stem (rhizome), which is used as a spice, especially in Asian cooking

synonym: ginger root, gingerroot, zingiber

(1) **ginger** tea, (2) **ginger** extract

I added fresh **ginger** to the stir-fry to add a little extra zing.

backward

adv. at, to, or toward the direction or place that is behind or rear

synonym: back, rearward, in reverse

(1) walk **backward**, (2) **backward** angle

She falls over **backward** when she sees her mother-in-law.

heel

n. the rounded back part of the foot below the ankle; someone who is morally reprehensible; (verb) to follow someone or something

synonym: hindfoot

(1) **heel** bone, (2) **heel** wrestler

She wore high **heels** to the party.

enormous

adj. extremely large or great

synonym: huge, giant, gigantic

(1) **enormous** amount, (2) **enormous** potential

Shakespeare's output of poetry was **enormous**.

progression

n. the act or process of changing to the next stage or phase or moving forward

synonym: advancement, development, evolution

(1) **progression** of civilization, (2) **progression** of disease

The company has made great strides in its **progression** toward sustainability.

workforce

n. all the people who work in a company, industry, country, etc.

synonym: labor pool, manpower

(1) skilled **workforce**, (2) the **workforce** is on strike

Many companies outsource and hire consultants to keep their **workforce** flexible.

breadwinner

n. the member of a family who earns money to support the others

(1) family **breadwinner**, (2) two- **breadwinner** couple

Many women are now their families' primary **breadwinners**.

economical

adj. providing a satisfactory return on the money, time, or effort; not using more money, fuel, etc. than necessary

synonym: frugal, thrifty, parsimonious

(1) **economical** use of her time, (2) an **economical** meal

It is more **economical** to wash your plastic bottle and reuse it.

estimate

v. to guess or calculate the cost, size, value, etc. of something

synonym: calculate, gauge, evaluate

(1) **estimate** a fair value, (2) **estimate** this chicken to weigh three pounds

We **estimated** the season's total trade deficit at \$50 billion.

gross

adj. being the total amount of something before any deductions; obese and ugly or unpleasant

synonym : before tax, total, abhorrent

(1) the **gross** amount, (2) **gross** injustice

The drastic reorganization has significantly increased this company's **gross** profits.

domestic

adj. relating to or inside a particular country, not foreign or international

synonym : endemic, private, household

(1) **domestic** airline, (2) a **domestic** animal

GDP stands for gross **domestic** product.

largely

adv. virtually entirely; to a large degree

synonym : mainly, chiefly, broadly

(1) **largely** accepted, (2) **largely** mitigate the issue

Nevada is **largely** a desert state.

educational

adj. relating to education or providing knowledge or instruction

synonym : instructional, informative, enlightening

(1) **educational** system, (2) elevate **educational** standards

The museum offers a variety of **educational** programs for children and adults.

equity

n. the value of the shares issued by a company

synonym : fairness

(1) private **equity** firm, (2) **equity** capital market

That company is cautious when it comes to **equity** investment.

medical

adj. relating to the treatment of illness or injuries; relating to the practice of medicine

synonym : health, disease, treatment

(1) a **medical** opinion, (2) temporary **medical** treatment

The **medical** team worked quickly to save the patient's life.

absolutely

adv. without restriction or limitation; completely or utterly

synonym : completely, utterly, definitely

(1) **absolutely** against, (2) **absolutely** obsessed with the girl

I am **absolutely** opposed to his idea because of morality.

graduate

n. a person who has a first degree from university or college; (verb) to complete the first course of university or college and get a degree

synonym : alumna, alum, grad

(1) **graduate** degree program, (2) honor **graduate**

Many employers hire **graduate** trainees to train as managers.

astronaut

n. a person trained by a space agency to travel outside the Earth's atmosphere

synonym : spaceman, cosmonaut

(1) **astronaut** mission, (2) **astronaut** in training

The shuttle **astronaut** trained for months before embarking on the space mission.

industrious

adj. hardworking, diligent, and persistent in effort

synonym : diligent, hardworking, assiduous

(1) **industrious** worker, (2) **industrious** student

He was known to be very **industrious** and would often work late into the night.

photograph

n. a picture or image that is produced by a camera; a visual representation or record of a person, object, or scene that has been captured electronically or on film

synonym : photo, picture, snapshot

(1) **photograph** album, (2) **photograph** memories

I found an old **photograph** of my grandparents from their wedding day.

congressional

adj. of or relating to Congress, especially to the Congress of the United States

synonym : parliamentary, senatorial, legislative

(1) **congressional** approval, (2) suspend a **congressional** meeting

There was a **congressional** probe into the scandal.

healthcare

n. the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession

(1) **healthcare** agency, (2) rising **healthcare** cost

In an aging population, citizens must pay more to maintain quality **healthcare**.

reform

n. the act of improving or correcting something that is wrong or bad; a change made to correct a flaw or problem

synonym: change, modify, improve

(1) economic **reform**, (2) **reform** movement

The government is proposing a **reform** to the healthcare system to make it more accessible and affordable for all citizens.

congress

n. a formal meeting of the representatives of different countries, constituent states, organizations, trade unions, political parties, or other groups

synonym: legislature, parliament, assembly

(1) an international **congress**, (2) peace **congress**

Congress must consider this proposal in an unusual situation.

rid

v. to make someone or something free of unwanted or unpleasant tasks, objects, or person

synonym: do away with, free, clear

(1) get **rid** of the rats, (2) **rid** the body of waste products

We must **rid** ourselves of pollution.

maternal

adj. relating to or characteristic of a mother; having feelings that are typical of a caring mother towards her child

synonym: motherly, maternalistic, maternal-like

(1) on the **maternal** side, (2) **maternal** care
She had a very **maternal** instinct towards her newborn baby.

unfortunately

adv. by bad luck; unluckily

synonym: regrettably, unluckily, alas

(1) **unfortunately** caught in a shower, (2) even more **unfortunately**

The treatments were done but, **unfortunately**, were unsuccessful.

vast

adj. enormous in size, number, amount, or quantity

synonym: expansive, extended, boundless

(1) **vast** majority, (2) **vast** desert

A **vast** audience viewed the broadcast.

voter

n. a person who votes or has a legal right to vote in a political election

synonym: elector, citizen

(1) an eligible **voter**, (2) **voter** apathy

The election administration nullified the election results because of **voter** fraud.

representation

n. the act of speaking, acting, or being present on behalf of someone officially; a statement of facts and reasons made in appealing or protesting

synonym: delegacy, manifestation, expression

(1) sales **representation**, (2) binary **representation**

A person who has been declared incompetent should have legal **representation**.

rank

n. a position in a hierarchy of status or authority; (verb) to take or have a position relative to others

synonym: position, status, standing

(1) **rank** amateur, (2) high **rank**

He was promoted to the **rank** of captain in the military.

decision

n. the act or process of making up someone's mind about something; a choice or judgment reached after considering options

synonym: choice, determination, judgment

(1) **decision** authority, (2) a selfish **decision**

She was struggling to make a **decision** between two job offers.

develop

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

synonym: evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

improve

v. to make or become better

synonym: enhance, ameliorate, enrich

(1) **improve** a process, (2) **improve** the test score

We want to **improve** ties between our two countries.

horrify

v. to shock or disgust greatly

synonym: shock, dismay, terrify

(1) **horrify** audience, (2) **horrify** victims

The series of terrorist attacks **horrify** the entire nation.

mortality

n. the quality or state of being subject to death

synonym: fatality

(1) **mortality** due to cancer, (2) lower infant **mortality**

This disease has a high **mortality**.

kingdom

n. the country ruled by a king or queen

synonym: empire, realm, land

(1) establish his **kingdom**, (2) a subordinate **kingdom**

By remaining neutral, this **kingdom** continued to exist.

ingenious

adj. showing inventiveness and ability or skill

synonym : creative, innovative, inventive

(1) **ingenious** device, (2) **ingenious** idea

I always look forward to reading his stories since they're so **ingenious**.

illustrate

v. to provide pictures, photographs, diagrams, etc. in a book or something for explanation

synonym : demonstrate, explain, exemplify

(1) **illustrate** a key point, (2) **illustrate** a story

The company's financial records **illustrate** how successful it has been.

gap

n. a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.

synonym : opening, lacuna, spread

(1) the **gap** between ideal and reality, (2) distance **gap**

Many people are working together to close the gender **gap**.

memo

n. a short written message or communication intended for internal use within an organization or company

synonym : memorandum, note, reminder

(1) a **memo** pad, (2) **memo** content

I received a **memo** from the CEO outlining the new company policies.

indicate

v. to show, point out, or make known something, often through a sign or a symbol; to suggest or imply something without stating it directly

synonym : hint, suggest, show

(1) **indicate** a preference, (2) **indicate** an error

The data **indicates** that the company's profits have steadily increased over the past quarter.

distract

v. to draw someone's attention away from what they are trying to do

synonym: divert, preoccupy, confuse

(1) **distract** attention from the real issue, (2) **distract** public opinion

Please don't **distract** me while I'm studying.

priority

n. something that is more important than other things and should be dealt with first

synonym: importance, precedence, primacy

(1) **priority** call, (2) **priority** seating for elderly

Her **priority** is to be a mother.

collaborate

v. to work with someone else to produce or achieve something

synonym: cooperate, unite, get together

(1) **collaborate** with the police, (2) **collaborate** on a press release

She agreed to **collaborate** with him in creating new artwork.

colleague

n. one of a group of a coworker, especially in a profession or a business

synonym: coworker, associate, fellow

(1) collaborate with **colleagues**, (2) former **colleague**

I decided to seek counseling on the advice of my **colleague**.

legislation

n. a law or a set of laws suggested and then passed by a parliament, or the act of making or enacting laws

synonym: act, regulation, decree

(1) anti-terrorist **legislation**, (2) introduce **legislation**

Similar **legislation** had already been rejected by the parliament four times.

improvisation

n. the act of making something up on the spot or creating or performing something without preparation

synonym: spontaneity, ad-lib, extemporization

(1) **improvisation** on stage, (2) jazz **improvisation**

He created a beautiful piece of music using only **improvisation**.

sponsor

v. to provide funds for a particular event, program, individual, etc. as a way of advertising

synonym: back, fund, finance

(1) **sponsor** a contest, (2) **sponsor** a local group

Our company **sponsors** numerous disabled athletes.

firm

adj. resolute or unwavering in decision-making or action; strong or secure in structure, make, or composition; reliable, trustworthy, or dependable; (noun) a business or company

synonym: stable, secure, steadfast

(1) **firm** grip, (2) accounting **firm**

The **firm** deadline for submitting the project is tomorrow, so we need to work efficiently to finish on time.

quitter

n. a person who gives up easily or does not have the determination to finish what they have started

synonym: coward, deserter, surrender

(1) easy **quitter**, (2) serial **quitter**

He was labeled as a **quitter** after he abandoned the project halfway.

nuisance

n. something or someone that causes annoyance, inconvenience, or discomfort; an unpleasant or irritating thing or person

synonym: bother, annoyance, disturbance

(1) traffic **nuisance**, (2) **nuisance** call

The barking dog next door is becoming quite a **nuisance**.

primary

adj. first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or introductory stage of something, such as a school year or election cycle

synonym: chief, main, fundamental

(1) **primary** school, (2) **primary** education

The **primary** cause of the accident was due to the icy road conditions.

prioritize

v. to assign a higher level of importance to something compared to other things

synonym: rank, order, arrange

(1) **prioritize** tasks, (2) **prioritize** people over cars

The organization **prioritized** the needs of the community in its decision-making.

harassment

n. the act of repeatedly annoying, tormenting, or persecuting someone in a way that is threatening or unwelcome, often relating to issues of race, gender, or other identities

synonym: bullying, persecution, intimidation

(1) sexual **harassment**, (2) emotional **harassment**

The company has a zero-tolerance policy for **harassment** in the workplace.

assault

n. a violent physical attack; the crime of forcing someone to submit to sexual intercourse against their will

synonym: assault, attack, raid

(1) **assault** aircraft, (2) victim of sexual **assault**

We got caught up in an **assault** case.

tolerate

v. to allow something to exist or happen, even if it is disliked or opposed

synonym: endure, put up with, bear

(1) **tolerate** his disrespectful behavior, (2) **tolerate** ambiguity

I can't **tolerate** spicy food, and it always gives me heartburn

movement

n. a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

synonym: motion, progression, action

(1) a circular **movement**, (2) **movement** of troops

The **movement** of the dancers on stage was graceful and elegant.

celebrity

n. someone who is well-known, particularly in the entertainment industry

synonym: figure, star, VIP

(1) baseball **celebrity**, (2) **celebrity** known worldwide

The popularity of the show made her an instant **celebrity**.

march

v. to walk militarily with stiff, regular steps

synonym: parade

(1) **march** against the war, (2) **march** east

The troops **marched** shoulder-to-shoulder.

quo

n. the existing state or condition of something, especially in relation to a particular situation or issue

synonym: status, condition, state

(1) status **quo** politician, (2) **quo** warranto

The company has been successful in maintaining the status **quo**.

bust

v. to break something; (noun) a woman's chest, or the measurement around a woman's chest; (noun) an occasion for something excessive, such as work, eating, drinking, etc.

synonym: ruin, fall apart, (noun) breast

(1) **bust** my leg, (2) the **bust** of the statue

I'm **bust** with preparation for tomorrow's meeting.

taboo

adj. prohibited or restricted by social custom

synonym: forbidden, prohibited, proscribed

(1) a **taboo** word, (2) academic **taboo**

In this society, discussing politics in public is a **taboo** subject.

solidarity

n. unity or agreement of feelings or actions among a group, especially among individuals with a common interest

synonym: unity, cooperation, mutual support

(1) **solidarity** among union members, (2) **solidarity** action

The workers showed **solidarity** in their strike for better working conditions.

survivor

n. a person who remains alive after an event in which others have died

synonym: subsister

(1) ovarian cancer **survivor**, (2) a single **survivor**

The shipwreck **survivor** was rescued after floating in the ocean for three days.

trafficking

n. the illegal trade in goods, services, or people, often across national borders

synonym: smuggling, trading, dealing

(1) **trafficking** operation, (2) narcotic **trafficking**

Human **trafficking** is a serious issue that needs to be addressed by governments and organizations worldwide.

reproductive

adj. connected with the process of reproduction; relating to reproducing babies, young animals, or plants

synonym: procreative, generative

(1) **reproductive** ability, (2) during **reproductive** period

This documentary deals with the **reproductive** biology of the buffalo.

grassroots

adj. of or relating to the ordinary people in a society or an organization as constituting a fundamental political and economic group

synonym: fundamental, major, elemental

(1) a **grassroots** movement for nuclear disarmament,

(2) the **grassroots** factor in making the decision

The feeling among the company's **grassroots** is that the CEO is not radical enough.

- poll**
- n.* an inquiry into public opinion conducted by interviewing a random sample of people; the process of voting at an election
- synonym* : survey, ballot, voting
- (1) a pre-election **poll**, (2) public opinion **polls**
- Several **polls** show a decline in the president's approval rating.
- president**
- n.* the leader of a republic, for example, the US; the person in charge of the organization such as a company, university, club, etc.
- synonym* : leader, CEO, chairperson
- (1) **president** emeritus, (2) vice- **president** for finance
- The club **president** does not have absolute power.
- protest**
- n.* a strong expression of disagreement, disapproval, or opposition
- synonym* : objection, disapproval, challenge
- (1) hold a **protest**, (2) a silent **protest**
- He left the party in **protest** at its radical political stance.
- volunteer**
- n.* a person who performs or offers to perform a job or service without being paid for or forced to do
- synonym* : unpaid worker, draftee, enlistee
- (1) seek **volunteers**, (2) my **volunteer** work
- The teachers make full use of **volunteer** assistance.
- violent**
- adj.* involving or caused by physical force or aggression against someone or something
- synonym* : aggressive, intense, turbulent
- (1) victim of a **violent** crime, (2) **violent** incident
- The protesters became **violent** when the police tried to disperse them.
- criminal**
- n.* a person who has committed a crime
- synonym* : offender, lawbreaker, delinquent
- (1) wanted **criminal**, (2) **criminal** investigation

The police are searching for the **criminal** who stole the jewels.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

synonym: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

congressperson

n. a person who belongs to a congress, especially a member of the US House of Representatives; congressman (congressperson is used to avoid gender discrimination)

synonym: lawmaker, politician, representative

(1) hawkish **congressperson**, (2) former **congressperson**

The term of a **congressperson** is two years.

lesbian

n. a woman who is attracted romantically and sexually to other women

synonym: gay woman, female homosexual, tribade

(1) **lesbian** love, (2) **lesbian** relationship

The **lesbian** couple was denied the right to marry due to the conservative laws in their state.

representative

n. someone who speaks or acts officially on behalf of another person or group of people

synonym: spokesperson, agent, delegate

(1) an official **representative**, (2) sales **representative**

The media **representatives** had special passes.

registry

n. an official list or record that contains details of people, objects, or events; a computer system that stores and manages data about something; the act or process of registering something, such as an event, a person, or an object

synonym: list, catalog, record

(1) **registry** database, (2) **registry** number

The hospital keeps a **registry** of patients' medical records.

nurse

n. a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury

synonym: healthcare worker, caregiver, medic

(1) **nurse** practitioner, (2) a volunteer **nurse**

The night shift **nurse** checked my vital signs before administering the medication.

communal

adj. belonging to or used by a group rather than individuals; for common use

synonym: collaborative, combined, collective

(1) **communal** swimming pool, (2) **communal** combination of funds

Communal elections were held in several European countries.

district

n. a part of a country or town, especially one with particular features

synonym: territory, dominion, zone

(1) school **districts**, (2) urban **districts**

Since 2001, the **district** has provided training programs for automotive technicians.

recognize

v. to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered

synonym: acknowledge, identify, admit

(1) **recognize** talent, (2) **recognize** achievement

It's important to **recognize** your strengths and weaknesses.

permit

v. to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization

synonym: allow, authorize, concede

(1) **permit** application, (2) work **permit**

The teacher will not **permit** any students to leave the classroom early.

democracy

n. a form of government in which the people have the authority to deliberate and decide legislation, or to choose governing officials to do so

synonym: self-government, republic, commonwealth

(1) **democracy** advocate, (2) principles of **democracy**
Democracy often entails inclusive capitalism as well.

intersect

v. to meet or cross one another

synonym: cross, bisect, cut

(1) **intersect** at a point, (2) railways **intersect** the country
Her multidisciplinary works **intersect** music and picture with writing.

intergenerational

adj. relating to, involving, or affecting different generations

(1) **intergenerational** conflict, (2) promote **intergenerational** ties

The results of that survey clearly show **intergenerational** differences in attitudes toward LGBTQ.

resist

v. to refuse to accept something and attempt to prevent it from happening

synonym: fight, defy, revolt

(1) **resist** temptation, (2) **resist** being kissed

I chose to **resist** cancer by trying every possible treatment.

mainstream

n. the ideas, opinions, beliefs, etc., that are considered normal or accepted by most people

synonym: prevailing, average, common

(1) join the **mainstream**, (2) **mainstream** political beliefs
His thinking is **mainstream** in the country's culture.

millennial

adj. relating to a period of a thousand years or the year 2000; (noun) a person born between the early 1980s and the late 1990s, also called Generation Y

synonym: thousand, (noun) Generation Y

(1) **millennial** record, (2) the **millennial** reign

Earth's ecosystems are greatly affected by **millennial-scale** changes in climate.

increasingly

adv. more and more

synonym: more and more, progressively

(1) **increasingly** become common, (2) face **increasingly** complicated challenges

Our company found it **increasingly** difficult to keep up with the competition.

adopt

v. to choose to follow something; to legally take a child from another family and care for them as if they were one's own

synonym: accept, assume, take on

(1) **adopt** a child, (2) **adopt** a bill

The national assembly has **adopted** the budget.

policy

n. a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

synonym: strategy, plan, guideline

(1) health **policy**, (2) foreign **policy**

The company's new **policy** on remote work has made it a more inclusive workplace.

mention

v. to speak or write about something or someone briefly

synonym: reference, allude, cite

(1) **mention** name, (2) **mention** in a report

I **mentioned** to him that I had seen his sister at the grocery store earlier that day.

reliable

adj. worthy of being relied on; trustworthy

synonym: dependable, trustworthy, dedicated

(1) **reliable** access, (2) guarantee **reliable** delivery
Trains are **reliable**, inexpensive, and ideal for long-distance travel.

candidate

n. a person who is seeking or being considered for some kind of position, title, honor, or award; a job applicant
synonym: applicant, nominee, contender

(1) **candidate** selection, (2) PhD **candidate**

The **candidate's** platform focused on healthcare reform and reducing income inequality.

racism

n. prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized

synonym: prejudice, discrimination, bias

(1) systemic **racism**, (2) research on anti- **racism**

The school's lack of diversity was a clear indication of the **racism** present in the community.

homophobia

n. a strong fear, aversion, or hostility towards people who are homosexual or towards homosexuality itself; discrimination or prejudice against lesbian, gay, bisexual, transgender, and questioning (LGBTQ) individuals based on their sexual orientation or gender identity

synonym: prejudice, discrimination, bigotry

(1) **homophobia** awareness, (2) **homophobia** in sports

The politician's remarks about same-sex marriage revealed his deep-seated **homophobia**.

folk

n. people in general, especially those of a particular group or type

synonym: community, family, person

(1) **folk** art, (2) the **folk** songs of a particular district

Some seaweed was used as **folk** medicine in ancient times.

barrier

n. a fence or other obstruction that makes it hard to move or get in; any condition that makes it difficult to make progress or to achieve an objective

synonym : border, barricade, fence

(1) cost **barrier**, (2) information **barrier**

The police placed a **barrier** across the street to halt traffic.

disproportionately

adv. in a way that is not reasonably or appropriately balanced, equal, or distributed; in a manner that is unequal or excessive about something else

synonym : excessively, unequally

(1) **disproportionately** affected, (2) **disproportionately** high

The rich can often **disproportionately** benefit from tax breaks and other advantages.

instruction

n. detailed direction, order, etc., on how to do or use something

synonym : education, direction, guidance

(1) individual **instruction**, (2) follow his **instructions**

They needed further **instruction** to perform their duties efficiently.

coworker

n. a person who works with another in the same company or organization

synonym : colleague, peer, associate

(1) **coworker** relationship, (2) argue with a **coworker**

My ex- **coworker** and I had different working styles but managed to get along.

invest

v. to put money, effort, time, etc. into something to make a profit or achieve a result

synonym : fund, sponsor, support

(1) **invest** in stocks, (2) **invest** capital

The government should view children as national assets and actively **invest** in them.

changemaker

n. a person or organization that works to effect positive change in society or a specific field; someone who takes the initiative to create new solutions or transform existing systems for the betterment of people and communities

synonym: change agent, innovator, activist

(1) global **changemaker**, (2) emerging **changemaker**

The young activist was a true **changemaker**, working tirelessly to impact their community positively.

cycle

n. an interval during which a recurring sequence of events occurs; a bicycle or motorcycle

synonym: revolution, rotation, bike

(1) the **cycle** of the seasons, (2) go to the workplace by **cycle**

The food chain causes a material **cycle**.

Don

n. a Spanish gentleman; a university lecturer, especially a senior member of a college at Oxford or Cambridge

(1) the **don** of the university, (2) **Don** Giovanni

He could never go against what **Don** Carlos said.

overwhelming

adj. very great or intense; so powerful that you cannot fight or react against it

synonym: overpowering, astounding, amazing

(1) **overwhelming** majority, (2) an **overwhelming** victory

He has shown signs of uneasiness and **overwhelming** worry.

intractable

adj. difficult to manage or control; stubborn or obstinate

synonym: obstinate, stubborn, unyielding

(1) **intractable** pain, (2) **intractable** situation

The **intractable** problem defied a solution.

strength

n. the quality or state of being physically, or sometimes mentally, strong

synonym: resilience, power, muscles

(1) **strength** of the economy, (2) muscular **strength**
Health and **strength** are, above all, gold.

inspiration

n. something that motivates or encourages someone to create or achieve something, or a feeling of excitement or creativity

synonym: motivation, drive, encouragement

(1) source of **inspiration**, (2) get **inspiration** from nature
He found **inspiration** in the works of his favorite authors.

ignore

v. to intentionally not listen or pay attention to

synonym: neglect, disregard, shun

(1) **ignore** her advice, (2) **ignore** a ban

Since independence, the area has been completely **ignored**.

dismiss

v. to regard something or someone as not important and not worth considering; to terminate someone's employment

synonym: decline, disband, dissolve

(1) **dismiss** a person from the office, (2) **dismiss** a matter with a laugh

The committee has decided to **dismiss** the president from the post.

unstoppable

adj. impossible to stop or prevent

synonym: unshakable, unyielding, relentless

(1) **unstoppable** force, (2) **unstoppable** momentum

The team's winning streak was **unstoppable**.

Session 2: Spelling

1. pr____ty seating for elderly *n.* something that is more important than other things and should be dealt with first

2. re____ry database *n.* an official list or record that contains details of people, objects, or events; a computer system that stores and manages data about something; the act or process of registering something, such as an event, a person, or an object

3. public opinion p__ls *n.* an inquiry into public opinion conducted by interviewing a random sample of people; the process of voting at an election

4. a volunteer nu__e *n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury

5. treat him like an im____le *adj.* (considered as an offensive term) very foolish or stupid, lacking intelligence or mental capacity; showing extreme folly or stupidity; (noun) a person who is considered extremely foolish, mentally deficient, or lacking in intelligence

6. ill____te a story *v.* to provide pictures, photographs, diagrams, etc. in a book or something for explanation

7. wr__g out a towel *v.* to twist, squeeze, or compress something, especially to extract liquid or force out excess; to cause emotional or mental distress; to extract information by force or pressure

ANSWERS: 1. priority, 2. registry, 3. poll, 4. nurse, 5. imbecile, 6. illustrate, 7. wring

- | | |
|----------------------------|---|
| 8. gi___r extract | <i>n.</i> a plant (<i>Zingiber officinale</i>) that is widely cultivated for its aromatic underground stem (rhizome), which is used as a spice, especially in Asian cooking |
| 9. an official rep_____ive | <i>n.</i> someone who speaks or acts officially on behalf of another person or group of people |
| 10. narcotic tra_____ng | <i>n.</i> the illegal trade in goods, services, or people, often across national borders |
| 11. a single su_____or | <i>n.</i> a person who remains alive after an event in which others have died |
| 12. serial qu_____r | <i>n.</i> a person who gives up easily or does not have the determination to finish what they have started |
| 13. temporary acc_____ion | <i>n.</i> a place to live, work, or stay, particularly for a temporary or short-term period; adjustment or adaptation to meet various needs or circumstances |
| 14. urban di_____cts | <i>n.</i> a part of a country or town, especially one with particular features |
| 15. sexual ori_____on | <i>n.</i> a person's basic attitudes, beliefs, and preferences about particular things; a course introducing a new situation or environment |
| 16. emerging cha_____er | <i>n.</i> a person or organization that works to effect positive change in society or a specific field; someone who takes the initiative to create new solutions or transform existing systems for the betterment of people and communities |

ANSWERS: 8. ginger, 9. representative, 10. trafficking, 11. survivor, 12. quitter, 13. accommodation, 14. district, 15. orientation, 16. changemaker

17. a mailing la__l *n.* a small piece of paper, fabric, or other material attached to an object and giving information about it; (verb) to assign to a category
18. collaborate with co_____ues *n.* one of a group of a coworker, especially in a profession or a business
19. on the ma_____al side *adj.* relating to or characteristic of a mother; having feelings that are typical of a caring mother towards her child
20. pri_____ze tasks *v.* to assign a higher level of importance to something compared to other things
21. pho_____ph album *n.* a picture or image that is produced by a camera; a visual representation or record of a person, object, or scene that has been captured electronically or on film
22. source of ins_____on *n.* something that motivates or encourages someone to create or achieve something, or a feeling of excitement or creativity
23. mil_____al record *adj.* relating to a period of a thousand years or the year 2000; (noun) a person born between the early 1980s and the late 1990s, also called Generation Y
24. h__l bone *n.* the rounded back part of the foot below the ankle; someone who is morally reprehensible; (verb) to follow someone or something
25. cost ba_____r *n.* a fence or other obstruction that makes it hard to move or get in; any condition that makes it difficult to make progress or to achieve an objective

ANSWERS: 17. label, 18. colleague, 19. maternal, 20. prioritize, 21. photograph, 22. inspiration, 23. millennial, 24. heel, 25. barrier

26. unf_____ely caught in a shower *adv.* by bad luck; unluckily
27. needs of pr_____nt women *adj.* having a baby or young animal developing in the uterus
28. re_____ze talent *v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
29. ove_____ing majority *adj.* very great or intense; so powerful that you cannot fight or react against it
30. b__t my leg *v.* to break something; (noun) a woman's chest, or the measurement around a woman's chest; (noun) an occasion for something excessive, such as work, eating, drinking, etc.
31. int_____le pain *adj.* difficult to manage or control; stubborn or obstinate
32. ba_____rd angle *adv.* at, to, or toward the direction or place that is behind or rear
33. in_____ct at a point *v.* to meet or cross one another
34. col_____te on a press release *v.* to work with someone else to produce or achieve something
35. anti-terrorist leg_____on *n.* a law or a set of laws suggested and then passed by a parliament, or the act of making or enacting laws
36. eco_____al use of her time *adj.* providing a satisfactory return on the money, time, or effort; not using more money, fuel, etc. than necessary
37. a ta__o word *adj.* prohibited or restricted by social custom

ANSWERS: 26. unfortunately, 27. pregnant, 28. recognize, 29. overwhelming, 30. bust, 31. intractable, 32. backward, 33. intersect, 34. collaborate, 35. legislation, 36. economical, 37. taboo

38. ig___e her advice *v.* to intentionally not listen or pay attention to
39. hawkish con_____son *n.* a person who belongs to a congress, especially a member of the US House of Representatives; congressman (congressperson is used to avoid gender discrimination)
40. el__w bone *n.* the joint between the upper arm and the lower arm; the bend in a pipe or tube formed at this joint
41. former co_____ue *n.* one of a group of a coworker, especially in a profession or a business
42. face inc_____gly complicated challenges *adv.* more and more
43. in_____te a preference *v.* to show, point out, or make known something, often through a sign or a symbol; to suggest or imply something without stating it directly
44. op_____ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
45. jazz imp_____ion *n.* the act of making something up on the spot or creating or performing something without preparation
46. for your acc_____ion *n.* a place to live, work, or stay, particularly for a temporary or short-term period; adjustment or adaptation to meet various needs or circumstances
47. what an id__t *n.* a foolish or stupid person who lacks common sense or judgment; a derogatory term used to describe someone who is mentally deficient

ANSWERS: 38. ignore, 39. congressperson, 40. elbow, 41. colleague, 42. increasingly, 43. indicate, 44. opportune, 45. improvisation, 46. accommodation, 47. idiot

48. join the mai_____am *n.* the ideas, opinions, beliefs, etc., that are considered normal or accepted by most people
49. a prefectural go_____or *n.* the person who holds the highest executive office in a state or province
50. di_____s a matter with a laugh *v.* to regard something or someone as not important and not worth considering; to terminate someone's employment
51. my vo_____er work *n.* a person who performs or offers to perform a job or service without being paid for or forced to do
52. cr_____al investigation *n.* a person who has committed a crime
53. re_____e my thoughts *v.* to change the form or structure of something
54. im_____le conduct *adj.* (considered as an offensive term) very foolish or stupid, lacking intelligence or mental capacity; showing extreme folly or stupidity; (noun) a person who is considered extremely foolish, mentally deficient, or lacking in intelligence
55. gr__t a land *v.* to agree to give or allow somebody
56. former con_____son *n.* a person who belongs to a congress, especially a member of the US House of Representatives; congressman (congressperson is used to avoid gender discrimination)
57. honor gr_____te *n.* a person who has a first degree from university or college; (verb) to complete the first course of university or college and get a degree

ANSWERS: 48. mainstream, 49. governor, 50. dismiss, 51. volunteer, 52. criminal, 53. reshape, 54. imbecile, 55. grant, 56. congressperson, 57. graduate

58. hom_____ia in sports *n.* a strong fear, aversion, or hostility towards people who are homosexual or towards homosexuality itself; discrimination or prejudice against lesbian, gay, bisexual, transgender, and questioning (LGBTQ) individuals based on their sexual orientation or gender identity
59. de_____cy advocate *n.* a form of government in which the people have the authority to deliberate and decide legislation, or to choose governing officials to do so
60. dis_____ely affected *adv.* in a way that is not reasonably or appropriately balanced, equal, or distributed; in a manner that is unequal or excessive about something else
61. during rep_____ive period *adj.* connected with the process of reproduction; relating to reproducing babies, young animals, or plants
62. high r__k *n.* a position in a hierarchy of status or authority; (verb) to take or have a position relative to others
63. ho_____y victims *v.* to shock or disgust greatly
64. mo_____ty due to cancer *n.* the quality or state of being subject to death
65. baseball ce_____ty *n.* someone who is well-known, particularly in the entertainment industry
66. edu_____al system *adj.* relating to education or providing knowledge or instruction

ANSWERS: 58. homophobia, 59. democracy, 60. disproportionately, 61. reproductive, 62. rank, 63. horrify, 64. mortality, 65. celebrity, 66. educational

67. en____us potential *adj.* extremely large or great
68. private eq____y firm *n.* the value of the shares issued by a company
69. economic re____m *n.* the act of improving or correcting something that is wrong or bad; a change made to correct a flaw or problem
70. binary rep_____ion *n.* the act of speaking, acting, or being present on behalf of someone officially; a statement of facts and reasons made in appealing or protesting
71. victim of a vi____t crime *adj.* involving or caused by physical force or aggression against someone or something
72. PhD ca____te *n.* a person who is seeking or being considered for some kind of position, title, honor, or award; a job applicant
73. me____n in a report *v.* to speak or write about something or someone briefly
74. around the gl__e *n.* the earth or world, mainly used to emphasize its vastness
75. a pre-election p__l *n.* an inquiry into public opinion conducted by interviewing a random sample of people; the process of voting at an election
76. seek vo_____ers *n.* a person who performs or offers to perform a job or service without being paid for or forced to do
77. as____t aircraft *n.* a violent physical attack; the crime of forcing someone to submit to sexual intercourse against their will

ANSWERS: 67. enormous, 68. equity, 69. reform, 70. representation, 71. violent, 72. candidate, 73. mention, 74. globe, 75. poll, 76. volunteer, 77. assault

78. go to the workplace by cy__e *n.* an interval during which a recurring sequence of events occurs; a bicycle or motorcycle
79. the wo_____ce is on strike *n.* all the people who work in a company, industry, country, etc.
80. home-cooked su____r *n.* an evening meal, typically a light or informal one eaten after the main meal of the day
81. sales rep_____ion *n.* the act of speaking, acting, or being present on behalf of someone officially; a statement of facts and reasons made in appealing or protesting
82. inc_____gly become common *adv.* more and more
83. the pr_____nd depths of the sea *adj.* extremely great; sensed or experienced very strongly; displaying a high level of knowledge or comprehension
84. q_o warranto *n.* the existing state or condition of something, especially in relation to a particular situation or issue
85. victim of sexual as_____t *n.* a violent physical attack; the crime of forcing someone to submit to sexual intercourse against their will
86. the mil_____al reign *adj.* relating to a period of a thousand years or the year 2000; (noun) a person born between the early 1980s and the late 1990s, also called Generation Y
87. principles of de_____cy *n.* a form of government in which the people have the authority to deliberate and decide legislation, or to choose governing officials to do so

ANSWERS: 78. cycle, 79. workforce, 80. supper, 81. representation, 82. increasingly, 83. profound, 84. quo, 85. assault, 86. millennial, 87. democracy

88. la____y mitigate the issue *adv.* virtually entirely; to a large degree
89. im____e a process *v.* to make or become better
90. promote int_____nal ties *adj.* relating to, involving, or affecting different generations
91. ins_____ize customary laws *v.* to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
92. muscular st____th *n.* the quality or state of being physically, or sometimes mentally, strong
93. an unt_____le coincidence *adj.* too unlikely or shocking to imagine or accept
94. temporary me____l treatment *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
95. dual ge____r *n.* the range of characteristics of femininity and masculinity and differentiating between them, especially when considering social and cultural differences rather than differences in biology
96. ad__t a child *v.* to choose to follow something; to legally take a child from another family and care for them as if they were one's own
97. ar__e passionately *v.* to express differing opinions or points of view, often in a heated or contentious manner; to present a case or reasoning to persuade or convince others
98. the cy__e of the seasons *n.* an interval during which a recurring sequence of events occurs; a bicycle or motorcycle

ANSWERS: 88. largely, 89. improve, 90. intergenerational, 91. institutionalize, 92. strength, 93. unthinkable, 94. medical, 95. gender, 96. adopt, 97. argue, 98. cycle

99. sp_____r a contest *v.* to provide funds for a particular event, program, individual, etc. as a way of advertising
100. st_____th of the economy *n.* the quality or state of being physically, or sometimes mentally, strong
101. re_____nt population *adj.* able to withstand or recover quickly from difficult conditions
102. di_____s a person from the office *v.* to regard something or someone as not important and not worth considering; to terminate someone's employment
103. la_____y accepted *adv.* virtually entirely; to a large degree
104. le_____n relationship *n.* a woman who is attracted romantically and sexually to other women
105. great-gra_____nt *n.* a parent of one's father or mother
106. D_n Giovanni *n.* a Spanish gentleman; a university lecturer, especially a senior member of a college at Oxford or Cambridge
107. mo_____nt of troops *n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
108. research on anti-ra____m *n.* prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized
109. introduce leg_____on *n.* a law or a set of laws suggested and then passed by a parliament, or the act of making or enacting laws

ANSWERS: 99. sponsor, 100. strength, 101. resilient, 102. dismiss, 103. largely, 104. lesbian, 105. grandparent, 106. Don, 107. movement, 108. racism, 109. legislation

110. the gr__s amount *adj.* being the total amount of something before any deductions; obese and ugly or unpleasant
111. hea_____re agency *n.* the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession
112. re_____it an electronic system *v.* to put a new component or accessory into a machine that did not initially have it when manufactured
113. de___e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
114. the g_p between ideal and reality *n.* a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.
115. status q_o politician *n.* the existing state or condition of something, especially in relation to a particular situation or issue
116. sexual har_____nt *n.* the act of repeatedly annoying, tormenting, or persecuting someone in a way that is threatening or unwelcome, often relating to issues of race, gender, or other identities
117. am_____g advances *adj.* extremely surprising, especially in a way that you like or admire
118. official sta_____cs *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

ANSWERS: 110. gross, 111. healthcare, 112. retrofit, 113. decide, 114. gap, 115. quo, 116. harassment, 117. amazing, 118. statistics

119. fr_____se agreement *n.* a legal agreement between two parties in which one party grants the other the right to use or sell its products or services under a specific brand name and business model; a business that operates under such an agreement; the right to vote in an election
120. ad__t a bill *v.* to choose to follow something; to legally take a child from another family and care for them as if they were one's own
121. go_____or general *n.* the person who holds the highest executive office in a state or province
122. pr_____nt emeritus *n.* the leader of a republic, for example, the US; the person in charge of the organization such as a company, university, club, etc.
123. gi___r tea *n.* a plant (*Zingiber officinale*) that is widely cultivated for its aromatic underground stem (rhizome), which is used as a spice, especially in Asian cooking
124. work pe___t *v.* to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization
125. mistaken id_____ty *n.* the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another
126. r_d the body of waste products *v.* to make someone or something free of unwanted or unpleasant tasks, objects, or person

ANSWERS: 119. franchise, 120. adopt, 121. governor, 122. president, 123. ginger, 124. permit, 125. identity, 126. rid

127. ho__t the anchor *v.* to elevate or drag anything to a higher position, usually with the help of ropes or specific equipment
128. gov_____nt funding *n.* the group of people with authority to control a country or state
129. an international co_____ss *n.* a formal meeting of the representatives of different countries, constituent states, organizations, trade unions, political parties, or other groups
130. fr_____se owner *n.* a legal agreement between two parties in which one party grants the other the right to use or sell its products or services under a specific brand name and business model; a business that operates under such an agreement; the right to vote in an election
131. global cha_____er *n.* a person or organization that works to effect positive change in society or a specific field; someone who takes the initiative to create new solutions or transform existing systems for the betterment of people and communities
132. rep_____ive ability *adj.* connected with the process of reproduction; relating to reproducing babies, young animals, or plants
133. an eligible vo__r *n.* a person who votes or has a legal right to vote in a political election
134. even more unf_____ely *adv.* by bad luck; unluckily
135. academic ta__o *adj.* prohibited or restricted by social custom

ANSWERS: 127. hoist, 128. government, 129. congress, 130. franchise, 131. changemaker, 132. reproductive, 133. voter, 134. unfortunately, 135. taboo

136. f__m grip *adj.* resolute or unwavering in decision-making or action; strong or secure in structure, make, or composition; reliable, trustworthy, or dependable; (noun) a business or company
137. in_____us idea *adj.* showing inventiveness and ability or skill
138. in___t capital *v.* to put money, effort, time, etc. into something to make a profit or achieve a result
139. family bre_____er *n.* the member of a family who earns money to support the others
140. the b__t of the statue *v.* to break something; (noun) a woman's chest, or the measurement around a woman's chest; (noun) an occasion for something excessive, such as work, eating, drinking, etc.
141. id__t driver *n.* a foolish or stupid person who lacks common sense or judgment; a derogatory term used to describe someone who is mentally deficient
142. b__d old letters into a bundle *v.* to tie or fasten someone or something tightly with rope, string, etc. so that they cannot move or are held together strongly
143. get r_d of the rats *v.* to make someone or something free of unwanted or unpleasant tasks, objects, or person
144. sol_____ty among union members *n.* unity or agreement of feelings or actions among a group, especially among individuals with a common interest

ANSWERS: 136. firm, 137. ingenious, 138. invest, 139. breadwinner, 140. bust, 141. idiot, 142. bind, 143. rid, 144. solidarity

145. abs_____ly against *adv.* without restriction or limitation; completely or utterly
146. follow his ins_____ons *n.* detailed direction, order, etc., on how to do or use something
147. walk ba_____rd *adv.* at, to, or toward the direction or place that is behind or rear
148. co_____al swimming pool *adj.* belonging to or used by a group rather than individuals; for common use
149. beginning of the industrial rev_____on *n.* a large-scale attempt to overthrow the government of a country, often using violence or war;
150. re_____ry number *n.* an official list or record that contains details of people, objects, or events; a computer system that stores and manages data about something; the act or process of registering something, such as an event, a person, or an object
151. wr____g a secret *v.* to twist, squeeze, or compress something, especially to extract liquid or force out excess; to cause emotional or mental distress; to extract information by force or pressure
152. re____t being kissed *v.* to refuse to accept something and attempt to prevent it from happening
153. v____t desert *adj.* enormous in size, number, amount, or quantity
154. di_____ct public opinion *v.* to draw someone's attention away from what they are trying to do
155. in_____te an error *v.* to show, point out, or make known something, often through a sign or a symbol; to suggest or imply something without stating it directly

ANSWERS: 145. absolutely, 146. instruction, 147. backward, 148. communal, 149. revolution, 150. registry, 151. wring, 152. resist, 153. vast, 154. distract, 155. indicate

156. re_____ze achievement *v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
157. re_____e education policy *v.* to change the form or structure of something
158. aft_____ght comment *n.* a thought or idea that comes to mind after the fact, often too late to be of much use; something that is added or considered belatedly, especially in speech or writing
159. pri_____ze people over cars *v.* to assign a higher level of importance to something compared to other things
160. pro_____on of disease *n.* the act or process of changing to the next stage or phase or moving forward
161. an in_____e scheme *adj.* extremely stupid, crazy, or dangerous; mentally ill
162. mai_____am political beliefs *n.* the ideas, opinions, beliefs, etc., that are considered normal or accepted by most people
163. as_____ut mission *n.* a person trained by a space agency to travel outside the Earth's atmosphere
164. co_____al combination of funds *adj.* belonging to or used by a group rather than individuals; for common use
165. foreign po_____y *n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

ANSWERS: 156. recognize, 157. reshape, 158. afterthought, 159. prioritize, 160. progression, 161. insane, 162. mainstream, 163. astronaut, 164. communal, 165. policy

166. individual ins_____on *n.* detailed direction, order, etc., on how to do or use something
167. sales rep_____ive *n.* someone who speaks or acts officially on behalf of another person or group of people
168. ho__t the flags *v.* to elevate or drag anything to a higher position, usually with the help of ropes or specific equipment
169. ma__h against the war *v.* to walk militarily with stiff, regular steps
170. the school ori_____on *n.* a person's basic attitudes, beliefs, and preferences about particular things; a course introducing a new situation or environment
171. a subordinate ki_____m *n.* the country ruled by a king or queen
172. go in___e with pleasure *adj.* extremely stupid, crazy, or dangerous; mentally ill
173. fr__k and open discussion *adj.* honest and sincere; open and candid in expression
174. the most am_____g feeling *adj.* extremely surprising, especially in a way that you like or admire
175. lower infant mo_____ty *n.* the quality or state of being subject to death
176. de_____p a strategy *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

ANSWERS: 166. instruction, 167. representative, 168. hoist, 169. march, 170. orientation, 171. kingdom, 172. insane, 173. frank, 174. amazing, 175. mortality, 176. develop

177. a silence pr_____nt with suspense *adj.* having a baby or young animal developing in the uterus
178. accounting f___m *adj.* resolute or unwavering in decision-making or action; strong or secure in structure, make, or composition; reliable, trustworthy, or dependable; (noun) a business or company
179. ill_____te a key point *v.* to provide pictures, photographs, diagrams, etc. in a book or something for explanation
180. rising hea_____re cost *n.* the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession
181. a do_____ic animal *adj.* relating to or inside a particular country, not foreign or international
182. re_____le access *adj.* worthy of being relied on; trustworthy
183. ins_____ize a system *v.* to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
184. ind_____us worker *adj.* hardworking, diligent, and persistent in effort
185. meet his com_____nts *n.* a promise or firm decision to do something or to behave in a certain way
186. pho_____ph memories *n.* a picture or image that is produced by a camera; a visual representation or record of a person, object, or scene that has been captured electronically or on film

ANSWERS: 177. pregnant, 178. firm, 179. illustrate, 180. healthcare, 181. domestic, 182. reliable, 183. institutionalize, 184. industrious, 185. commitment, 186. photograph

187. es____te a fair value *v.* to guess or calculate the cost, size, value, etc. of something
188. the gra_____ts factor in making the decision *adj.* of or relating to the ordinary people in a society or an organization as constituting a fundamental political and economic group
189. two-bre_____er couple *n.* the member of a family who earns money to support the others
190. uns_____le momentum *adj.* impossible to stop or prevent
191. gr__s injustice *adj.* being the total amount of something before any deductions; obese and ugly or unpleasant
192. tra_____ng operation *n.* the illegal trade in goods, services, or people, often across national borders
193. railways in_____ct the country *v.* to meet or cross one another
194. school di_____cts *n.* a part of a country or town, especially one with particular features
195. h__l wrestler *n.* the rounded back part of the foot below the ankle; someone who is morally reprehensible; (verb) to follow someone or something
196. el__t death *v.* to choose someone for a specific position by voting for them; to decide or choose to do something
197. argue with a co_____er *n.* a person who works with another in the same company or organization
198. vo__r apathy *n.* a person who votes or has a legal right to vote in a political election

ANSWERS: 187. estimate, 188. grassroots, 189. breadwinner, 190. unstoppable, 191. gross, 192. trafficking, 193. intersect, 194. district, 195. heel, 196. elect, 197. coworker, 198. voter

199. sol_____ty action *n.* unity or agreement of feelings or actions among a group, especially among individuals with a common interest
200. ind_____us student *adj.* hardworking, diligent, and persistent in effort
201. ca_____te selection *n.* a person who is seeking or being considered for some kind of position, title, honor, or award; a job applicant
202. eq___y capital market *n.* the value of the shares issued by a company
203. f__k art *n.* people in general, especially those of a particular group or type
204. dis_____ely high *adv.* in a way that is not reasonably or appropriately balanced, equal, or distributed; in a manner that is unequal or excessive about something else
205. nu___e practitioner *n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury
206. vi_____t incident *adj.* involving or caused by physical force or aggression against someone or something
207. skilled wo_____ce *n.* all the people who work in a company, industry, country, etc.
208. health po___y *n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

ANSWERS: 199. solidarity, 200. industrious, 201. candidate, 202. equity, 203. folk, 204. disproportionately, 205. nurse, 206. violent, 207. workforce, 208. policy

209. information ba____r *n.* a fence or other obstruction that makes it hard to move or get in; any condition that makes it difficult to make progress or to achieve an objective
210. in____us device *adj.* showing inventiveness and ability or skill
211. to____te his disrespectful behavior *v.* to allow something to exist or happen, even if it is disliked or opposed
212. in____t in stocks *v.* to put money, effort, time, etc. into something to make a profit or achieve a result
213. distance g_p *n.* a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.
214. assume gru____ly *adv.* in a manner that shows reluctance or unwillingness; with resentment or discontent
215. co____er relationship *n.* a person who works with another in the same company or organization
216. nu____ce call *n.* something or someone that causes annoyance, inconvenience, or discomfort; an unpleasant or irritating thing or person
217. emotional har____nt *n.* the act of repeatedly annoying, tormenting, or persecuting someone in a way that is threatening or unwelcome, often relating to issues of race, gender, or other identities
218. es____te this chicken to weigh three pounds *v.* to guess or calculate the cost, size, value, etc. of something

ANSWERS: 209. barrier, 210. ingenious, 211. tolerate, 212. invest, 213. gap, 214. grudgingly, 215. coworker, 216. nuisance, 217. harassment, 218. estimate

219. the d_n of the university *n.* a Spanish gentleman; a university lecturer, especially a senior member of a college at Oxford or Cambridge
220. establish his ki_____m *n.* the country ruled by a king or queen
221. a circular mo_____nt *n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
222. make a fr__k apology *adj.* honest and sincere; open and candid in expression
223. el__w-length sleeves *n.* the joint between the upper arm and the lower arm; the bend in a pipe or tube formed at this joint
224. re____m movement *n.* the act of improving or correcting something that is wrong or bad; a change made to correct a flaw or problem
225. ho_____y audience *v.* to shock or disgust greatly
226. a gra_____ts movement for nuclear disarmament *adj.* of or relating to the ordinary people in a society or an organization as constituting a fundamental political and economic group
227. pr_____y education *adj.* first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or introductory stage of something, such as a school year or election cycle
228. a m__o pad *n.* a short written message or communication intended for internal use within an organization or company

ANSWERS: 219. Don, 220. kingdom, 221. movement, 222. frank, 223. elbow, 224. reform, 225. horrify, 226. grassroots, 227. primary, 228. memo

229. la__l a bag with my name *n.* a small piece of paper, fabric, or other material attached to an object and giving information about it; (verb) to assign to a category
230. an aft_____ght decision *n.* a thought or idea that comes to mind after the fact, often too late to be of much use; something that is added or considered belatedly, especially in speech or writing
231. m__o content *n.* a short written message or communication intended for internal use within an organization or company
232. int_____nal conflict *adj.* relating to, involving, or affecting different generations
233. su___r dishes *n.* an evening meal, typically a light or informal one eaten after the main meal of the day
234. ovarian cancer su____or *n.* a person who remains alive after an event in which others have died
235. systemic ra___m *n.* prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized
236. ma__h east *v.* to walk militarily with stiff, regular steps
237. id____ty as an individual *n.* the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another

ANSWERS: 229. label, 230. afterthought, 231. memo, 232. intergenerational, 233. supper, 234. survivor, 235. racism, 236. march, 237. identity

238. ge___r-blind policies *n.* the range of characteristics of femininity and masculinity and differentiating between them, especially when considering social and cultural differences rather than differences in biology
239. col_____te with the police *v.* to work with someone else to produce or achieve something
240. ce_____ty known worldwide *n.* someone who is well-known, particularly in the entertainment industry
241. a selfish de_____on *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
242. hom_____ia awareness *n.* a strong fear, aversion, or hostility towards people who are homosexual or towards homosexuality itself; discrimination or prejudice against lesbian, gay, bisexual, transgender, and questioning (LGBTQ) individuals based on their sexual orientation or gender identity
243. a com_____nt to an alliance *n.* a promise or firm decision to do something or to behave in a certain way
244. di_____ct attention from the real issue *v.* to draw someone's attention away from what they are trying to do
245. person of gra_____nt age *n.* a parent of one's father or mother
246. terrestrial gl___e *n.* the earth or world, mainly used to emphasize its vastness

ANSWERS: 238. gender, 239. collaborate, 240. celebrity, 241. decision, 242. homophobia, 243. commitment, 244. distract, 245. grandparent, 246. globe

247. gr____te degree program *n.* a person who has a first degree from university or college; (verb) to complete the first course of university or college and get a degree
248. do____ic airline *adj.* relating to or inside a particular country, not foreign or international
249. a hard and re_____nt steel *adj.* able to withstand or recover quickly from difficult conditions
250. con_____nal approval *adj.* of or relating to Congress, especially to the Congress of the United States
251. el__t the school board *v.* to choose someone for a specific position by voting for them; to decide or choose to do something
252. de____p a skill *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
253. get ins_____on from nature *n.* something that motivates or encourages someone to create or achieve something, or a feeling of excitement or creativity
254. en____us amount *adj.* extremely large or great
255. an eco_____al meal *adj.* providing a satisfactory return on the money, time, or effort; not using more money, fuel, etc. than necessary
256. guarantee re____le delivery *adj.* worthy of being relied on; trustworthy

ANSWERS: 247. graduate, 248. domestic, 249. resilient, 250. congressional, 251. elect, 252. develop, 253. inspiration, 254. enormous, 255. economical, 256. reliable

257. le_____n love *n.* a woman who is attracted romantically and sexually to other women
258. pro_____on of civilization *n.* the act or process of changing to the next stage or phase or moving forward
259. re____t temptation *v.* to refuse to accept something and attempt to prevent it from happening
260. a political rev_____on *n.* a large-scale attempt to overthrow the government of a country, often using violence or war;
261. abs_____ly obsessed with the girl *adv.* without restriction or limitation; completely or utterly
262. suspend a con_____nal meeting *adj.* of or relating to Congress, especially to the Congress of the United States
263. hold a pr_____t *n.* a strong expression of disagreement, disapproval, or opposition
264. an op_____ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
265. r__k amateur *n.* a position in a hierarchy of status or authority; (verb) to take or have a position relative to others
266. a me_____l opinion *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
267. to_____te ambiguity *v.* to allow something to exist or happen, even if it is disliked or opposed
268. ma_____al care *adj.* relating to or characteristic of a mother; having feelings that are typical of a caring mother towards her child

ANSWERS: 257. lesbian, 258. progression, 259. resist, 260. revolution, 261. absolutely, 262. congressional, 263. protest, 264. opportune, 265. rank, 266. medical, 267. tolerate, 268. maternal

269. gr__t a new license *v.* to agree to give or allow somebody
270. gov_____nt bureaucracy *n.* the group of people with authority to control a country or state
271. re_____it applications *v.* to put a new component or accessory into a machine that did not initially have it when manufactured
272. de_____on authority *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
273. a pr_____nd book *adj.* extremely great; sensed or experienced very strongly; displaying a high level of knowledge or comprehension
274. elevate edu_____al standards *adj.* relating to education or providing knowledge or instruction
275. vice-pr_____nt for finance *n.* the leader of a republic, for example, the US; the person in charge of the organization such as a company, university, club, etc.
276. a silent pr_____t *n.* a strong expression of disagreement, disapproval, or opposition
277. peace co_____ss *n.* a formal meeting of the representatives of different countries, constituent states, organizations, trade unions, political parties, or other groups
278. traffic nu_____ce *n.* something or someone that causes annoyance, inconvenience, or discomfort; an unpleasant or irritating thing or person

ANSWERS: 269. grant, 270. government, 271. retrofit, 272. decision, 273. profound, 274. educational, 275. president, 276. protest, 277. congress, 278. nuisance

279. wanted cr____al *n.* a person who has committed a crime
280. me____n name *v.* to speak or write about something or someone briefly
281. de____e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
282. pr____y school *adj.* first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or introductory stage of something, such as a school year or election cycle
283. gru____ly apologize *adv.* in a manner that shows reluctance or unwillingness; with resentment or discontent
284. easy qu____r *n.* a person who gives up easily or does not have the determination to finish what they have started
285. in unt____le trouble *adj.* too unlikely or shocking to imagine or accept
286. im____e the test score *v.* to make or become better
287. ig____e a ban *v.* to intentionally not listen or pay attention to
288. seasonal la__r *n.* productive work, especially physical work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal

ANSWERS: 279. criminal, 280. mention, 281. decide, 282. primary, 283. grudgingly, 284. quitter, 285. unthinkable, 286. improve, 287. ignore, 288. labor

289. the f__k songs of a particular district *n.* people in general, especially those of a particular group or type
290. sta_____cs for cancer *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
291. sp_____r a local group *v.* to provide funds for a particular event, program, individual, etc. as a way of advertising
292. b__d the man's hands *v.* to tie or fasten someone or something tightly with rope, string, etc. so that they cannot move or are held together strongly
293. v__t majority *adj.* enormous in size, number, amount, or quantity
294. manual la__r *n.* productive work, especially physical work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal
295. as_____ut in training *n.* a person trained by a space agency to travel outside the Earth's atmosphere
296. pr_____ty call *n.* something that is more important than other things and should be dealt with first
297. imp_____ion on stage *n.* the act of making something up on the spot or creating or performing something without preparation
298. pe___t application *v.* to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization

ANSWERS: 289. folk, 290. statistics, 291. sponsor, 292. bind, 293. vast, 294. labor, 295. astronaut, 296. priority, 297. improvisation, 298. permit

299. uns_____le force

adj. impossible to stop or prevent

300. ar__e a case

v. to express differing opinions or points of view, often in a heated or contentious manner; to present a case or reasoning to persuade or convince others

301. int_____le situation

adj. difficult to manage or control; stubborn or obstinate

302. an ove_____ing victory

adj. very great or intense; so powerful that you cannot fight or react against it

ANSWERS: 299. unstoppable, 300. argue, 301. intractable, 302. overwhelming

Session 3: Fill in the Blanks

1. He created a beautiful piece of music using only _____.
n. the act of making something up on the spot or creating or performing something without preparation
2. Health and _____ are, above all, gold.
n. the quality or state of being physically, or sometimes mentally, strong
3. We have roast chicken for _____ tonight, one of our family favorites.
n. an evening meal, typically a light or informal one eaten after the main meal of the day
4. The _____ platform focused on healthcare reform and reducing income inequality.
n. a person who is seeking or being considered for some kind of position, title, honor, or award; a job applicant
5. Our company found it _____ difficult to keep up with the competition.
adv. more and more
6. The _____ problem defied a solution.
adj. difficult to manage or control; stubborn or obstinate
7. The drastic reorganization has significantly increased this company's _____ profits.
adj. being the total amount of something before any deductions; obese and ugly or unpleasant

ANSWERS: 1. improvisation, 2. strength, 3. supper, 4. candidate's, 5. increasingly, 6. intractable, 7. gross

8. Trains are _____ inexpensive, and ideal for long-distance travel.
adj. worthy of being relied on; trustworthy
9. The media _____ had special passes.
n. someone who speaks or acts officially on behalf of another person or group of people
10. Several _____ show a decline in the president's approval rating.
n. an inquiry into public opinion conducted by interviewing a random sample of people; the process of voting at an election
11. The police are searching for the _____ who stole the jewels.
n. a person who has committed a crime
12. The new policy aims to _____ the use of renewable energy sources.
v. to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
13. The teachers make full use of _____ assistance.
n. a person who performs or offers to perform a job or service without being paid for or forced to do
14. The _____ demonstrate that poverty and unemployment are genuine problems.
n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
15. Her _____ is to be a mother.
n. something that is more important than other things and should be dealt with first

ANSWERS: 8. reliable, 9. representatives, 10. polls, 11. criminal, 12. institutionalize, 13. volunteer, 14. statistics, 15. priority

16. A _____ may involve putting in new door jambs.
- v.* to put a new component or accessory into a machine that did not initially have it when manufactured
17. Forgetting to mention our meeting was just an _____ for him.
- n.* a thought or idea that comes to mind after the fact, often too late to be of much use; something that is added or considered belatedly, especially in speech or writing
18. _____ must consider this proposal in an unusual situation.
- n.* a formal meeting of the representatives of different countries, constituent states, organizations, trade unions, political parties, or other groups
19. By remaining neutral, this _____ continued to exist.
- n.* the country ruled by a king or queen
20. It's important to _____ your strengths and weaknesses.
- v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
21. That accident was something _____ with my long experience.
- adj.* too unlikely or shocking to imagine or accept
22. The government should view children as national assets and actively _____ in them.
- v.* to put money, effort, time, etc. into something to make a profit or achieve a result
23. _____ often entails inclusive capitalism as well.
- n.* a form of government in which the people have the authority to deliberate and decide legislation, or to choose governing officials to do so

ANSWERS: 16. retrofit, 17. afterthought, 18. Congress, 19. kingdom, 20. recognize, 21. unthinkable, 22. invest, 23. Democracy

24. The company has made great strides in its _____ toward sustainability.
n. the act or process of changing to the next stage or phase or moving forward
25. She was close to her paternal _____ and often spent summers with them.
n. a parent of one's father or mother
26. There will be an _____ lecture for new students this afternoon.
n. a person's basic attitudes, beliefs, and preferences about particular things; a course introducing a new situation or environment
27. I can't _____ spicy food, and it always gives me heartburn
v. to allow something to exist or happen, even if it is disliked or opposed
28. The government is proposing a _____ to the healthcare system to make it more accessible and affordable for all citizens.
n. the act of improving or correcting something that is wrong or bad; a change made to correct a flaw or problem
29. The museum offers a variety of _____ programs for children and adults.
adj. relating to education or providing knowledge or instruction
30. She bruised her _____ after falling off her bike.
n. the joint between the upper arm and the lower arm; the bend in a pipe or tube formed at this joint
31. The politician's remarks about same-sex marriage revealed his deep-seated _____.
n. a strong fear, aversion, or hostility towards people who are homosexual or towards homosexuality itself; discrimination or prejudice against lesbian, gay, bisexual, transgender, and questioning (LGBTQ) individuals based on their sexual orientation or gender identity

ANSWERS: 24. progression, 25. grandparents, 26. orientation, 27. tolerate, 28. reform, 29. educational, 30. elbow, 31. homophobia

32. The chairperson _____ him the right to speak.
v. to agree to give or allow somebody
33. It is more _____ to wash your plastic bottle and reuse it.
adj. providing a satisfactory return on the money, time, or effort; not using more money, fuel, etc. than necessary
34. His business _____ took him to the United States.
n. a promise or firm decision to do something or to behave in a certain way
35. I decided to seek counseling on the advice of my _____.
n. one of a group of a coworker, especially in a profession or a business
36. The workers showed _____ in their strike for better working conditions.
n. unity or agreement of feelings or actions among a group, especially among individuals with a common interest
37. Our company _____ numerous disabled athletes.
v. to provide funds for a particular event, program, individual, etc. as a way of advertising
38. The organization _____ the needs of the community in its decision-making.
v. to assign a higher level of importance to something compared to other things
39. In an aging population, citizens must pay more to maintain quality _____.
n. the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession

ANSWERS: 32. granted, 33. economical, 34. commitments, 35. colleague, 36. solidarity, 37. sponsors, 38. prioritized, 39. healthcare

40. She is a _____ person and has always bounced back from setbacks.

adj. able to withstand or recover quickly from difficult conditions

41. Please don't _____ me while I'm studying.

v. to draw someone's attention away from what they are trying to do

42. The team's winning streak was _____.

adj. impossible to stop or prevent

43. He left the party in _____ at its radical political stance.

n. a strong expression of disagreement, disapproval, or opposition

44. Many companies outsource and hire consultants to keep their _____ flexible.

n. all the people who work in a company, industry, country, etc.

45. The food chain causes a material _____.

n. an interval during which a recurring sequence of events occurs; a bicycle or motorcycle

46. She falls over _____ when she sees her mother-in-law.

adv. at, to, or toward the direction or place that is behind or rear

47. We must _____ a new system to streamline our workflow and increase efficiency.

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

ANSWERS: 40. resilient, 41. distract, 42. unstoppable, 43. protest, 44. workforce, 45. cycle, 46. backward, 47. develop

48. The _____ of the dancers on stage was graceful and elegant.
- n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
49. The police placed a _____ across the street to halt traffic.
- n.* a fence or other obstruction that makes it hard to move or get in; any condition that makes it difficult to make progress or to achieve an objective
50. This documentary deals with the _____ biology of the buffalo.
- adj.* connected with the process of reproduction; relating to reproducing babies, young animals, or plants
51. The state _____ visited the affected areas and promised to aid the victims.
- n.* the person who holds the highest executive office in a state or province
52. Earth's ecosystems are greatly affected by _____ changes in climate.
- adj.* relating to a period of a thousand years or the year 2000; (noun) a person born between the early 1980s and the late 1990s, also called Generation Y
53. Her multidisciplinary works _____ music and picture with writing.
- v.* to meet or cross one another
54. His final goal is to sail around the _____.
- n.* the earth or world, mainly used to emphasize its vastness
55. The barking dog next door is becoming quite a _____.
- n.* something or someone that causes annoyance, inconvenience, or discomfort; an unpleasant or irritating thing or person

ANSWERS: 48. movement, 49. barrier, 50. reproductive, 51. governor, 52. millennial-scale, 53. intersect, 54. globe, 55. nuisance

56. A _____ audience viewed the broadcast.

adj. enormous in size, number, amount, or quantity

57. The popularity of the show made her an instant _____.

n. someone who is well-known, particularly in the entertainment industry

58. The night shift _____ checked my vital signs before administering the medication.

n. a healthcare professional who is trained to provide care for the sick or injured;
(verb) to try to cure by special care or treatment of an illness or injury

59. We got caught up in an _____ case.

n. a violent physical attack; the crime of forcing someone to submit to sexual intercourse against their will

60. Since independence, the area has been completely _____.

v. to intentionally not listen or pay attention to

61. Many employers hire _____ trainees to train as managers.

n. a person who has a first degree from university or college; (verb) to complete the first course of university or college and get a degree

62. The phone rang at the most _____ time.

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

63. There was a _____ probe into the scandal.

adj. of or relating to Congress, especially to the Congress of the United States

ANSWERS: 56. vast, 57. celebrity, 58. nurse, 59. assault, 60. ignored, 61. graduate, 62. opportune, 63. congressional

64. The federal _____ is planning to increase taxes for the next fiscal year.
n. the group of people with authority to control a country or state
65. _____ elections were held in several European countries.
adj. belonging to or used by a group rather than individuals; for common use
66. The _____ deadline for submitting the project is tomorrow, so we need to work efficiently to finish on time.
adj. resolute or unwavering in decision-making or action; strong or secure in structure, make, or composition; reliable, trustworthy, or dependable; (noun) a business or company
67. Many women are now their families' primary _____.
n. the member of a family who earns money to support the others
68. He was known to be very _____ and would often work late into the night.
adj. hardworking, diligent, and persistent in effort
69. I always look forward to reading his stories since they're so _____.
adj. showing inventiveness and ability or skill
70. Her excessive demands drove me _____.
adj. extremely stupid, crazy, or dangerous; mentally ill
71. The company's financial records _____ how successful it has been.
v. to provide pictures, photographs, diagrams, etc. in a book or something for explanation
72. He has shown signs of uneasiness and _____ worry.
adj. very great or intense; so powerful that you cannot fight or react against it

ANSWERS: 64. government, 65. Communal, 66. firm, 67. breadwinners, 68. industrious, 69. ingenious, 70. insane, 71. illustrate, 72. overwhelming

73. The hospital keeps a _____ of patients' medical records.

- n.* an official list or record that contains details of people, objects, or events; a computer system that stores and manages data about something; the act or process of registering something, such as an event, a person, or an object

74. The terrorist's _____ remains unknown.

- n.* the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another

75. The young activist was a true _____ working tirelessly to impact their community positively.

- n.* a person or organization that works to effect positive change in society or a specific field; someone who takes the initiative to create new solutions or transform existing systems for the betterment of people and communities

76. He was promoted to the _____ of captain in the military.

- n.* a position in a hierarchy of status or authority; (verb) to take or have a position relative to others

77. He could never go against what _____ Carlos said.

- n.* a Spanish gentleman; a university lecturer, especially a senior member of a college at Oxford or Cambridge

78. The _____ team worked quickly to save the patient's life.

- adj.* relating to the treatment of illness or injuries; relating to the practice of medicine

79. Cultural norms strongly influence _____ expectations.

- n.* the range of characteristics of femininity and masculinity and differentiating between them, especially when considering social and cultural differences rather than differences in biology

ANSWERS: 73. registry, 74. identity, 75. changemaker, 76. rank, 77. Don, 78. medical, 79. gender

80. I _____ to him that I had seen his sister at the grocery store earlier that day.
v. to speak or write about something or someone briefly
81. The company's rules _____ the employee's working hours.
v. to tie or fasten someone or something tightly with rope, string, etc. so that they cannot move or are held together strongly
82. The national assembly has _____ the budget.
v. to choose to follow something; to legally take a child from another family and care for them as if they were one's own
83. The troops _____ shoulder-to-shoulder.
v. to walk militarily with stiff, regular steps
84. She wore high _____ to the party.
n. the rounded back part of the foot below the ankle; someone who is morally reprehensible; (verb) to follow someone or something
85. The _____ by the citizen resulted in a redistribution of wealth.
n. a large-scale attempt to overthrow the government of a country, often using violence or war;
86. In this society, discussing politics in public is a _____ subject.
adj. prohibited or restricted by social custom
87. The fast-food _____ kept expanding and opening new restaurants across the country.
n. a legal agreement between two parties in which one party grants the other the right to use or sell its products or services under a specific brand name and business model; a business that operates under such an agreement; the right to vote in an election

ANSWERS: 80. mentioned, 81. bind, 82. adopted, 83. marched, 84. heels, 85. revolution, 86. taboo, 87. franchise

88. The feeling among the company's _____ is that the CEO is not radical enough.

adj. of or relating to the ordinary people in a society or an organization as constituting a fundamental political and economic group

89. The golfer recorded an _____ distance.

adj. extremely surprising, especially in a way that you like or admire

90. Shakespeare's output of poetry was _____.

adj. extremely large or great

91. That company is cautious when it comes to _____ investment.

n. the value of the shares issued by a company

92. We _____ the season's total trade deficit at \$50 billion.

v. to guess or calculate the cost, size, value, etc. of something

93. GDP stands for gross _____ product.

adj. relating to or inside a particular country, not foreign or international

94. The treatments were done but, _____ were unsuccessful.

adv. by bad luck; unluckily

95. The company has a zero-tolerance policy for _____ in the workplace.

n. the act of repeatedly annoying, tormenting, or persecuting someone in a way that is threatening or unwelcome, often relating to issues of race, gender, or other identities

96. The company has been successful in maintaining the status _____.

n. the existing state or condition of something, especially in relation to a particular situation or issue

ANSWERS: 88. grassroots, 89. amazing, 90. enormous, 91. equity, 92. estimated, 93. domestic, 94. unfortunately, 95. harassment, 96. quo

97. This disease has a high _____.

n. the quality or state of being subject to death

98. He _____ agreed to help his neighbor move her furniture.

adv. in a manner that shows reluctance or unwillingness; with resentment or discontent

99. A person who has been declared incompetent should have legal _____.

n. the act of speaking, acting, or being present on behalf of someone officially; a statement of facts and reasons made in appealing or protesting

100. My mother's illness had a _____ impact on us all.

adj. extremely great; sensed or experienced very strongly; displaying a high level of knowledge or comprehension

101. The _____ on the food package lists the ingredients and nutritional information.

n. a small piece of paper, fabric, or other material attached to an object and giving information about it; (verb) to assign to a category

102. I chose to _____ cancer by trying every possible treatment.

v. to refuse to accept something and attempt to prevent it from happening

103. The club _____ does not have absolute power.

n. the leader of a republic, for example, the US; the person in charge of the organization such as a company, university, club, etc.

104. She had a very _____ instinct towards her newborn baby.

adj. relating to or characteristic of a mother; having feelings that are typical of a caring mother towards her child

ANSWERS: 97. mortality, 98. grudgingly, 99. representation, 100. profound, 101. label, 102. resist, 103. president, 104. maternal

105. She agreed to _____ with him in creating new artwork.

v. to work with someone else to produce or achieve something

106. Similar _____ had already been rejected by the parliament four times.

n. a law or a set of laws suggested and then passed by a parliament, or the act of making or enacting laws

107. She was struggling to make a _____ between two job offers.

n. the act or process of making up someone's mind about something; a choice or judgment reached after considering options

108. My ex-_____ and I had different working styles but managed to get along.

n. a person who works with another in the same company or organization

109. The _____ cause of the accident was due to the icy road conditions.

adj. first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or introductory stage of something, such as a school year or election cycle

110. I added fresh _____ to the stir-fry to add a little extra zing.

n. a plant (*Zingiber officinale*) that is widely cultivated for its aromatic underground stem (rhizome), which is used as a spice, especially in Asian cooking

111. The surgeon _____ the patient onto the operation table.

v. to elevate or drag anything to a higher position, usually with the help of ropes or specific equipment

112. Many people are working together to close the gender ____.

n. a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.

ANSWERS: 105. collaborate, 106. legislation, 107. decision, 108. coworker, 109. primary, 110. ginger, 111. hoisted, 112. gap

113. Some seaweed was used as _____ medicine in ancient times.

n. people in general, especially those of a particular group or type

114. The results of that survey clearly show _____ differences in attitudes toward LGBTQ.

adj. relating to, involving, or affecting different generations

115. The _____ couple was denied the right to marry due to the conservative laws in their state.

n. a woman who is attracted romantically and sexually to other women

116. I had to _____ out my wet clothes before putting them in the dryer.

v. to twist, squeeze, or compress something, especially to extract liquid or force out excess; to cause emotional or mental distress; to extract information by force or pressure

117. Since 2001, the _____ has provided training programs for automotive technicians.

n. a part of a country or town, especially one with particular features

118. The term of a _____ is two years.

n. a person who belongs to a congress, especially a member of the US House of Representatives; congressman (congressperson is used to avoid gender discrimination)

119. Full involvement means _____ and prompt responses.

adj. honest and sincere; open and candid in expression

120. The committee has decided to _____ the president from the post.

v. to regard something or someone as not important and not worth considering; to terminate someone's employment

ANSWERS: 113. folk, 114. intergenerational, 115. lesbian, 116. wring, 117. district, 118. congressperson, 119. frank, 120. dismiss

121. The couple began to _____ over which restaurant to go to for dinner.
v. to express differing opinions or points of view, often in a heated or contentious manner; to present a case or reasoning to persuade or convince others
122. The election administration nullified the election results because of _____ fraud.
n. a person who votes or has a legal right to vote in a political election
123. The rich can often _____ benefit from tax breaks and other advantages.
adv. in a way that is not reasonably or appropriately balanced, equal, or distributed; in a manner that is unequal or excessive about something else
124. The shuttle _____ trained for months before embarking on the space mission.
n. a person trained by a space agency to travel outside the Earth's atmosphere
125. The shipwreck _____ was rescued after floating in the ocean for three days.
n. a person who remains alive after an event in which others have died
126. They needed further _____ to perform their duties efficiently.
n. detailed direction, order, etc., on how to do or use something
127. Nevada is _____ a desert state.
adv. virtually entirely; to a large degree
128. I found an old _____ of my grandparents from their wedding day.
n. a picture or image that is produced by a camera; a visual representation or record of a person, object, or scene that has been captured electronically or on film

ANSWERS: 121. argue, 122. voter, 123. disproportionately, 124. astronaut, 125. survivor, 126. instruction, 127. largely, 128. photograph

129. I'm _____ with preparation for tomorrow's meeting.

- v.* to break something; (noun) a woman's chest, or the measurement around a woman's chest; (noun) an occasion for something excessive, such as work, eating, drinking, etc.

130. We want to _____ ties between our two countries.

- v.* to make or become better

131. I am _____ opposed to his idea because of morality.

- adv.* without restriction or limitation; completely or utterly

132. She vacated the position when she got _____.

- adj.* having a baby or young animal developing in the uterus

133. The advent of the Internet completely _____ the manufacturing industry.

- v.* to change the form or structure of something

134. He found _____ in the works of his favorite authors.

- n.* something that motivates or encourages someone to create or achieve something, or a feeling of excitement or creativity

135. The protesters became _____ when the police tried to disperse them.

- adj.* involving or caused by physical force or aggression against someone or something

136. We must _____ ourselves of pollution.

- v.* to make someone or something free of unwanted or unpleasant tasks, objects, or person

ANSWERS: 129. bust, 130. improve, 131. absolutely, 132. pregnant, 133. reshaped, 134. inspiration, 135. violent, 136. rid

137. His thinking is _____ in the country's culture.

- n.* the ideas, opinions, beliefs, etc., that are considered normal or accepted by most people

138. The school's lack of diversity was a clear indication of the _____ present in the community.

- n.* prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized

139. He was labeled as a _____ after he abandoned the project halfway.

- n.* a person who gives up easily or does not have the determination to finish what they have started

140. He acted like an _____ and spilled his drink all over the floor.

- n.* a foolish or stupid person who lacks common sense or judgment; a derogatory term used to describe someone who is mentally deficient

141. The data _____ that the company's profits have steadily increased over the past quarter.

- v.* to show, point out, or make known something, often through a sign or a symbol; to suggest or imply something without stating it directly

142. The series of terrorist attacks _____ the entire nation.

- v.* to shock or disgust greatly

143. The teacher will not _____ any students to leave the classroom early.

- v.* to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization

ANSWERS: 137. mainstream, 138. racism, 139. quitter, 140. idiot, 141. indicates, 142. horrify, 143. permit

144. I received a _____ from the CEO outlining the new company policies.
- n.* a short written message or communication intended for internal use within an organization or company
145. In several countries, child _____ is a serious social problem.
- n.* productive work, especially physical work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal
146. Human _____ is a serious issue that needs to be addressed by governments and organizations worldwide.
- n.* the illegal trade in goods, services, or people, often across national borders
147. The hotel offers comfortable _____ for both business and leisure travelers.
- n.* a place to live, work, or stay, particularly for a temporary or short-term period; adjustment or adaptation to meet various needs or circumstances
148. Every five years, the provincial governors are _____.
- v.* to choose someone for a specific position by voting for them; to decide or choose to do something
149. She couldn't _____ whether to order the pizza or the pasta for dinner.
- v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
150. The company's new _____ on remote work has made it a more inclusive workplace.
- n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

ANSWERS: 144. memo, 145. labor, 146. trafficking, 147. accommodations, 148. elected, 149. decide, 150. policy

151. The _____ driver caused a major accident on the highway.

adj. (considered as an offensive term) very foolish or stupid, lacking intelligence or mental capacity; showing extreme folly or stupidity; (noun) a person who is considered extremely foolish, mentally deficient, or lacking in intelligence

ANSWERS: 151. imbecile