Englist.me

Vocabulary Builder Reference from...

Yana Buhrer Tavanier: How to recover from activism

burnout | TED Talk

https://www.ted.com/talks/yana_buhrer_tavanier_how

_to_recover_from_activism_burnout



All Words

IMPORTANT

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Session 1: Word List

murder

- n. the crime of killing somebody intentionally
- *synonym*: slaying, killing
- (1) **murder** in the second degree, (2) attempted **murder**

This intriguing **murder** mystery remains unsolved.

scream

v. to give a loud, high shout suddenly, especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice

synonym: cry, shout, yell

(1) **scream** a profanity, (2) **scream** at him to be quiet She kept **screaming** for an ambulance.

intervene

v. to intentionally get involved in a situation to improve it or prevent it from getting worse

synonym: interfere, mediate, intercede

(1) **intervene** in a dispute, (2) **intervene** between quarreling parties

Following international law, our country does not **intervene** in the internal affairs of our neighbors.

domestic

- adj. relating to or inside a particular country, not foreign or international
- *synonym*: endemic, private, household

(1) **domestic** airline, (2) a **domestic** animal GDP stands for gross **domestic** product.

violent

adj. involving or caused by physical force or aggression against someone or something

synonym: aggressive, intense, turbulent

(1) victim of a **violent** crime, (2) **violent** incident The protesters became **violent** when the police tried to disperse them.

typical

adj. having the usual characteristics or traits of a specific group of things

synonym: characteristic, usual, distinctive

(1) **typical** leader, (2) fairly **typical** symptoms This artwork is **typical** of her work.

react

- v. to take action in response to something
- *synonym*: respond, reply, oppose
- (1) **react** at a high temperature, (2) **react** against his way of thinking

How did he **react** to your idea?

expose

v. to show something by uncovering it; to make something accessible to some action or influence

synonym: disclose, reveal, uncover

(1) **expose** a crime, (2) **expose** a person to risks

That newspaper **exposed** a political scandal in a big way.

absurd

adj. ridiculously silly, unreasonable, or illogical *synonym*: ridiculous, foolish, idiotic

(1) absurd storyline, (2) an absurd amount of money

We immediately rejected his absurd suggestion.

experiment

n. the scientific test conducted to observe what happens and gain new knowledge

synonym: experimentation, investigation

(1) experiment design,	(2) series of experiments
His experiments showe	d highly positive results.

assemble

- v. to collect in one place as a single group synonym: gather, congregate, collect
- (1) **assemble** your colleagues, (2) **assemble** a jigsaw puzzle

The president began to **assemble** an army.

hallway

- n. an interior passage or corridor onto which rooms opensynonym: foyer, corridor, entrance
- (1) the head of a **hallway**, (2) wax a **hallway** floor He dashed down a **hallway** to a bathroom.

hesitant

- adj. unsure or uncertain about what to do or how to act;reluctant or unwilling to take action or make a decisionsynonym: indecisive, uncertain, reluctant
- (1) **hesitant** response, (2) **hesitant** to take action She was **hesitant** to speak in public but eventually overcame her fear.

doorbell

 a bell that is pressed or pulled to signal that someone wishes to enter a building

synonym: bell, buzzer, ring

(1) touch a doorbell, (2) doorbell chime

He rang the doorbell and waited for someone to answer.

ominous

adj. giving the impression that something bad is going to happen; foreboding

synonym: foreboding, portentous, ominous

(1) an **ominous** silence, (2) **ominous** sign

The **ominous** clouds in the sky foretold of an approaching storm.

silent

adj. without any or little soundsynonym: quiet, hushed, mute

(1) silent reading, (2) give silent consent

The politician remained **silent** despite intense media scrutiny.

surrounding

adj. that is near or around, or closely encircling something synonym: circumferent, encircling, neighboring

(1) **surrounding** areas, (2) a fence **surrounding** a castle The **surrounding** mountains make the city difficult to be invaded.

instantly

adv. immediately

synonym: immediately, right away, directly

instantly cope with, (2) be killed instantly
 remembered that person instantly and never forgot.

viral

adj. relating to or caused by a virus

fight viral infections, (2) detect a viral code
 This device can more accurately detect viral pathogens.

amplify

- v. to enhance something, particularly sound or brightness synonym: intensify, boost, argument
- (1) **amplify** a signal, (2) **amplify** the effect You might need to **amplify** this point.

survivor

a person who remains alive after an event in which others have died

synonym: subsister

(1) ovarian cancer **survivor**, (2) a single **survivor**The shipwreck **survivor** was rescued after floating in the ocean for three days.

equip

v. to provide a person or a place with the things that are needed for a particular purpose or activity

synonym: prepare, furnish, provide

(1) **equip** an army, (2) **equip** our children with some special skills

The construction company equipped the building with an

earthquake-resistant device.

specific

adj. clearly defined or particular to a certain thing or situation; distinct, explicit, and precise

synonym: particular, definite, distinct

(1) **specific** instructions, (2) industry- **specific** regulations
The scientist conducted a study that provided **specific** details about the species' behavior.

committed

adj. willing to put in a lot of effort, time, and energy into something; firmly believing in something

synonym: devoted, faithful, attached

(1) in a **committed** relationship, (2) strong and **committed** sales staff

Our company is strongly **committed** to meeting customers' needs.

embrace

v. to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection

synonym: grasp, hold tightly, accept

(1) **embrace** an opportunity, (2) a warm **embrace** The woods **embrace** the house.

relative

adj. considered and evaluated through comparison with something else

synonym: comparative, proximate, congeneric

(1) a remote **relative**, (2) **relative** factors

Most countries prohibit sexual activity between certain close relatives.

innovation

 the creation of a new device or process resulting from study and experimentation

synonym: invention, initiation, creation

(1) innovation leader, (2) cutting-edge innovation

The vegetarian burger was an innovation that quickly spread

to the United Kingdom.

engage

- v. to attract and keep someone's attention and interest; to participate in or obtain services of something
- synonym: confront, employ, amuse
- (1) engage in environmental protection activities,
- (2) engage a new employee

Many multinational companies are **engaged** in the reconstruction of that country.

creative

- adj. relating to or involving the use of skill and original and unusual ideas to create something
- synonym: imaginative, innovative, inventive
- (1) creative writing, (2) barren of creative spirit

All the supervisor has to do is assign tasks that make his subordinates more **creative**.

weird

- adj. extraordinary, unexpected, or difficult to explain
- *synonym*: bizarre, creepy, peculiar
- (1) a weird dress, (2) the state of being weird

My computer has been acting **weird** recently.

dull

- adj. not interesting or exciting; not bright, vivid, or shiny; not active, brisk, or sharp
- synonym: insensitive, unintelligent, boring
- (1) a dull pain, (2) dull sight

The trade is **dull** right now due to the collapse of the prominent investment bank.

drown

- v. to die or cause to die by being unable to breathe underwater
- *synonym*: douse, drench, overwhelm
- (1) **drown** in a bath, (2) I was **drowned** in work Floods have the potential to **drown** any subsurface animals easily.

numerous

adj. amounting to a large indefinite number *synonym*: many, considerable, countless

(1) **numerous** countries, (2) as **numerous** as the sand These descriptions are based on a number of **numerous** assumptions.

burnout

n. the state of being exceedingly exhausted or unwell, either physically or mentally, as a result of overworking synonym: breakdown, exhaustion, fatigue

(1) burnout syndrome, (2) mental burnoutHe suffered from job burnout because of hard work.

depression

 a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market

synonym: recession, slump, despair

(1) the Great **Depression**, (2) the root problem of her **depression**

Depression symptoms might include a decrease in appetite and weight loss.

widespread

adj. existing or happening in various places or among many people

synonym: across-the-board, overall, general

(1) widespread use, (2) widespread fear of nuclear war In medieval times, death punishment was widespread and socially accepted.

endless

adj. having no end or conclusion; infinitely very large in size or amount

synonym: infinite, ceaseless, boundless

(1) endless possibilities, (2) endless hours

He looked out the window at the **endless** stream of people.

melt

v. to turn from something solid into something soft or liquid as a result of heating

synonym: disintegrate, soften, disappear

(1) **melt** the ice, (2) **melt** down gold Her resistance **melted** under his persuasion.

gloom

a state of darkness, sadness, or melancholy; a feeling of n. depression or lack of hope; a state of obscurity or uncertainty

synonym: darkness, depression, melancholy

(1) a sense of gloom, (2) gloom-filled room The **gloom** of the rainy weather was beginning to affect her mood.

psychiatry

- the branch of medicine concerned with the study, treatment, and prevention of mental illness synonym: mental health, psychology, psychoanalysis
- (1) psychiatry therapy, (2) biological psychiatry The field of **psychiatry** is constantly evolving, with new treatments and approaches being developed all the time.

brain

the organ inside the head that is responsible for one's n. movement, thought, memory, and feeling

synonym: intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage X-rays revealed a small tumor in his **brain**.

opposition

the act of disagreeing or resisting; the state of strong disagreement

synonym: resistance, hostility, antagonism

(1) opposition campaign, (2) meet with opposition The **opposition** party strongly disagreed with the government's proposed legislation.

decide

- to make up someone's mind about something; to come to a conclusion or judgment after considering options synonym: choose, determine, settle
- (1) **decide** a question, (2) **decide** on a course of action She couldn't **decide** whether to order the pizza or the pasta

for dinner.

playground

 an area where many people go for recreation, especially at a school or in a park

synonym: park, garden, sandbox

(1) a well-equipped **playground**, (2) a **playground** on the roof

There is a woods with a creek near the school **playground**.

techie

 a person who is highly skilled or knowledgeable in the field of technology, particularly with computers or electronic devices

synonym: geek, technician, computer expert

(1) gadget techies, (2) aspiring techies

Our company hired a **techie** consultant to help us improve our website's functionality.

fuse

 a small part in an electrical device or machinery that can interrupt the flow of electrical current when it is overloaded; (verb) to become plastic or fluid or liquefied from heat

synonym: (verb) melt, (verb) blend

(1) **fuse** blows, (2) **fuse** with one another He has a short **fuse**.

discipline

 the practice of training people to obey rules or a code of behavior, using and punishments if these are broken; a region of activity, knowledge, or influence

synonym: training, restraint, field

(1) break discipline, (2) rigid discipline

He quickly learned the military **discipline**.

radical

adj. relating to the essential aspects of anything; far beyond the norm, mainly used of opinions and actions

synonym: extreme, revolutionary

(1) a radical flaw in the plan, (2) a radical cure

The government established by the coup was more radical

than before.

collaboration

n. the act or situation of working together to create or produce something

synonym: affiliation, alliance, coalition

(1) **collaboration** between companies, (2) **collaboration** platform

The partnership program requires a mutual **collaboration** between both agencies.

empower

- v. to give someone the power or authority to do something synonym: authorize, endow, entitle
- (1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

outcome

- n. the result or effect of an action, event, etc.
- synonym: result, consequence, effect
- (1) improved student **outcomes**, (2) a desirable **outcome** They awaited news of the **outcome** of the election.

process

n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

synonym: procedure, method, system

(1) **process** improvement, (2) decision-making **process** The **process** for applying for a visa can be lengthy and complicated.

resistance

 the act of defending oneself from an aggressor or refusing to accept something

synonym: opposition, antagonism, defiance

(1) resistance movement, (2) resistance to insulin

The bill to increase the consumption tax had passed despite much **resistance** from the public.

concept

- an idea or principle associated with something abstract synonym: idea, notion, vision
- (1) learn new concepts, (2) concept car

One such rapidly growing **concept** is quantum cryptography.

develop

to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

synonym: evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

software

a set of computer programs and associated documentation and data for doing particular computational jobs

synonym: program, system, operating system

(1) **software** architect, (2) copyrighted **software** The company specializes in both hardware and **software**.

engineer

a person whose job is designing, building, or maintaining something such as machines, structures, or software

synonym: architect, creator, builder

(1) a civil **engineer**, (2) **engineer** shortage

The **engineer** will repair my telephone tomorrow morning.

pitch

the property of sound that varies with variation in the n. frequency of vibration; the degree of a slope, especially of a roof; short presentation for selling or sharing something

synonym: angle, gradient, slope

(1) make a **pitch** for a new product, (2) a low- **pitched**

sound

Her voice gradually increased in **pitch**.

lab

 a workplace for the conduct of scientific research; a laboratory

synonym: workshop, laboratory, research chamber

(1) lab instrument, (2) medical lab

The Prime Minister will pay a courtesy visit to the Nobel laureate's **lab**.

technological

adj. based on scientific and industrial progress synonym: specialized, technical

(1) **technological** advancement, (2) **technological** policy **Technological** advances have disrupted many industries.

pop-up

an item, event, or shop that appears or happens suddenly, unexpectedly, and usually for a limited time; (verb) to appear or open suddenly and unexpectedly, as a window or menu on a computer screen

synonym: appearance, temporary, (verb) emerge

(1) **pop-up** ad, (2) **pop-up** notification

The **pop-up** store was a great way to test the market for the new product.

bakery

 a place where bread and other baked goods are made and sold

synonym: bakeshop, bakehouse

(1) run a **bakery**, (2) **bakery** industry

He worked at the **bakery** as a baker.

fake

adj. not genuine; fraudulent or counterfeitsynonym: affected, bogus, counterfeit

(1) fake police officer, (2) spread of fake news

The prime minister was not well prepared for the debate and **faked** it

horrible

adj. extremely unpleasant or bad; causing fear or disgust synonym: dreadful, terrible, awful

(1) horrible accident, (2) horrible smell

The experience was **horrible** and left a lasting impression.

dictator

a political leader who has complete power over a country, especially one who has obtained control by force

synonym: autocrat, tyrant, despot

- (1) military **dictator**, (2) a **dictator** with enormous powers A popular uprising led to the overthrow of the **dictator**.
- to take hold of something or someone quickly and firmly grasp synonym: grab, clasp, grip
 - (1) grasp his hand, (2) grasp a chance

They spent a lot of time trying to **grasp** the current situation.

tactics

the methods or strategies used to achieve a specific n. goal or outcome, particularly in the context of military, business, or sports

synonym: strategy, maneuvers, plan

(1) blitz tactics, (2) political tactics

The marketing team developed new **tactics** to boost sales.

oppress

to treat people in a cruel and authoritarian way, ν. especially by denying them the same freedoms, rights, etc. as other people

synonym: antagonize, distress, burden

- (1) **oppress** the minority, (2) **oppress** the people with force Historically, many countries have often **oppressed** certain religions to gain the support of the majority of the population.
- to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking

synonym: snap, burst, break

(1) crack an eggshell, (2) a crack in a board

crack

He that would eat the kernel must **crack** the nut.

implement

- v. to put a decision, plan, or system into effect synonym: execute, enforce, put through
- (1) **implement** a corporate strategy, (2) **implement** security measures

The government promised to **implement** a new system to control the financial crisis.

overstate

v. to exaggerate or make something seem more important or serious than it is

synonym: exaggerate, embellish, magnify

(1) **overstate** the issue, (2) **overstate** the importance He tends to **overstate** his accomplishments to impress others.

confirm

- v. to support or establish the truth or certainty of something previously believed or suspected to be the casesynonym: affirm, verify, assure
- (1) **confirm** the diagnosis, (2) **confirm** a transaction Please write to **confirm** your reservation.

empathy

- n. the ability to share another person's feelings or experiences by imagining that person's situationsynonym: compassion, sympathy, tenderness
- (1) full of **empathy**, (2) **empathy** for patients **Empathy** is also necessary to understand history.

induce

v. to persuade someone to do something; to cause to act in a specific manner

synonym: cause, encourage, persuade

(1) **induce** a crisis, (2) **induce** him to see a doctor The lack of sleep **induces** both physical and psychological diseases.

conflict

 a strong disagreement, argument, or a violent clash between two opposing groups or individuals

synonym: clash, discord, competition

(1) the **conflict** between good and evil, (2) the longstanding **conflict**

He and I often had **conflicts**, not only in personality but also in ideology.

bulb

- a rounded underground storage organ of some plants from which the plant grows; the rounded part of a cylindrical structure; electric lamp consisting of a glass ball
- (1) wet- **bulb** thermometer, (2) a lily **bulb** The light **bulb** has burned out.

racial

 adj. of or related to the race (= classification of humans into groups based on physical traits or social relations)

synonym: ethnic, tribal, ethnical

(1) **racial** prejudice, (2) **racial** and ethnic backgrounds A minor **racial** conflict later led to a civil war.

inequality

 n. the unfairness of a society in which some people have more opportunity, money, etc. than others; (mathematics) relation between two values when they are different

synonym: imbalance, prejudice, unfairness

(1) **inequality** in salary, (2) algebraic **inequality**There are several causes of economic **inequality** within societies.

tackle

- v. to try to deal with a complex problem or situation synonym: deal with, dive into, work on
- (1) **tackle** the issue, (2) help **tackle** climate change The government is determined to **tackle** sharp inflation.

monument

 a statue, building, or other structure erected to commemorate a person or event synonym: memorial, marker, statue

(1) humanity's **monument**, (2) **monument** honoring
The stone **monument** was built to commemorate the war heroes.

flood

a large amount of water flowing beyond its normal limits;
 an overwhelming number or amount

synonym: deluge, downpour, overflow

(1) **flood** advisory, (2) a **flood** of questions

These heavy rains caused flash **floods** on several islands.

trigger

- v. to make something happen suddenly; to cause something such as a device, machine, etc. to functionsynonym: activate, spark, drive
- (1) **trigger** a biochemical response, (2) **trigger** inflation The incident **triggered** a political controversy.

dialogue

- n. a conversation in a book, play, or filmsynonym: conversation, discussion, talk
- (1) Platonic **dialogues**, (2) the form of a **dialogue**He recorded the **dialogue** at the time of the incident.

context

 n. the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning

synonym: background, setting, environment

(1) historical **context**, (2) legal **context**It's important to understand the **context** of a situation before making a decision.

eyebrow

- n. the hair arc over each eye in humanssynonym: brow, supercilium
- (1) raise her **eyebrows**, (2) **eyebrow** cosmetics She raised an inquiring **eyebrow** towards me.

irresponsible

adj. not showing a proper sense of responsibility; not reliable *synonym*: careless, reckless, thoughtless

(1) **irresponsible** actions, (2) **irresponsible** behavior It was **irresponsible** of him to drive home after drinking so much alcohol.

insensitive

adj. not showing or feeling concern for the needs and feelings of others

synonym: unfeeling, unaware, indifferent

(1) an **insensitive** heart, (2) **insensitive** behavior His **insensitive** comments made her feel hurt and unimportant.

negligence

failure to take proper care in doing something, a lack of attention or care that results in harm or damage; a legal term describing wrongdoing that results in injury or loss synonym: carelessness, neglect, oversight

negligence in duty, (2) criminal negligence
 The victim's family filed a lawsuit against the hospital for

negligence in their loved one's care.

spark

v. to start something or make it grow, especially suddenly; to emit a tiny piece of fire or electricity

synonym: start, inspire, provoke

(1) **spark** his interest, (2) **spark** a chain reaction

The bankruptcy of the giant conglomerate **sparked** turmoil in the stock market.

injustice

- n. a violation of the rights of others or the laws of a society synonym: unfairness, bias, discrimination
- (1) gross **injustice**, (2) **injustice** system

 The **injustice** of the court's decision angered many people and led to protests.

levity

 humor or a lighthearted, playful attitude or behavior, especially in situations that might otherwise be serious or somber; lack of seriousness or sense of humor synonym: frivolity, jocularity, flippancy

(1) **levity** in conversation, (2) a moment of **levity**

Although the topic was serious, the speaker injected some **levity** into the presentation to keep the audience engaged.

forbidden

adj. not permitted or allowed by rules or laws synonym: prohibited, banned, illegal

(1) forbidden words, (2) forbidden love

Taking photographs inside the museum is **forbidden**.

crush

v. to press it firmly, usually with your hands or a tool, so that it becomes flat or smaller

synonym: destroy, demolish, pulverize

(1) **crush** coffee beans, (2) **crush** a revolt

The car was completely **crushed** in the accident.

communist

 adj. relating to or supporting the political ideology of communism (= a form of socialism that abolishes private ownership)

synonym: socialist, marxist, leninist

(1) **communist** party, (2) **communist** activist

During the Cold War, many countries feared the spread of **communist** ideology.

nightmare

n. a very frightening or unpleasant dream

synonym: agony, misery, suffering

(1) have a **nightmare**, (2) **nightmare** situation

Life as a waiter was a big **nightmare** for him.

drip

v. to fall in drops or make it fall in drops; (noun) liquid or moisture that falls in drops

synonym: drop, drizzle, trickle

(1) **drip** liquid, (2) **drip** from the vicious wound

Water is **dripping** from the faucet.

lighthouse

 a tower or other structure that is equipped with a powerful light designed to guide ships safely to harbor or warn them of impending danger

synonym: beacon, pharos, guiding light

(1) **lighthouse** beacon, (2) **lighthouse** keeper Tourists gathered at the **lighthouse's** base to take photos and admire the view.

crumble

v. to break or fall apart into small pieces or fragments, especially due to age, decay, or lack of support

synonym: disintegrate, collapse, deteriorate

(1) **crumble** to dust, (2) began to **crumble** under financial pressure

The old building was starting to **crumble** due to years of neglect and lack of maintenance.

corrode

 v. to destroy or eat away slowly by chemical action; to gradually wear away, weaken, or disintegrate over time
 synonym: erode, rust, eat away

(1) **corrode** steel drums, (2) **corrode** pipes

The saltwater can **corrode** metal over time if not properly maintained.

acid

 n. sour; water-soluble chemicals with a sour flavor; any of a variety of generally liquid compounds capable of reacting with and occasionally dissolving other materials

synonym: SOUr

(1) an **acid** reaction, (2) good source of essential amino **acids**

During pregnancy, the stomach generates less **acid** than usual.

Session 2: Spelling

1.	ra_	I and	ethnic	backgrounds	S
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- 2. dr n in a bath
- 3. a fence sur____ng a castle
- 4. in___e him to see a doctor
- 5. co____t car
- 6. the form of a di ue
- 7. pr___s improvement

- 8. an ins____ve heart
- 9. a do____ic animal
- 10. algebraic ine____ty

- adj. of or related to the race (= classification of humans into groups based on physical traits or social relations)
- v. to die or cause to die by being unable to breathe underwater
- adj. that is near or around, or closely encircling something
- v. to persuade someone to do something; to cause to act in a specific manner
- an idea or principle associated with something abstract
- n. a conversation in a book, play, or film
- n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
- adj. not showing or feeling concern for the needs and feelings of others
- adj. relating to or inside a particular country, not foreign or international
- n. the unfairness of a society in which some people have more opportunity, money, etc. than others; (mathematics) relation between two values when they are different

ANSWERS: 1. racial, 2. drown, 3. surrounding, 4. induce, 5. concept, 6. dialogue, 7. process, 8. insensitive, 9. domestic, 10. inequality

to turn from something solid into 11. m t down gold ν. something soft or liquid as a result of heating to destroy or eat away slowly by 12. co____e steel drums ν. chemical action; to gradually wear away, weaken, or disintegrate over time 13. f e police officer adj. not genuine; fraudulent or counterfeit 14. co____e pipes to destroy or eat away slowly by ν. chemical action; to gradually wear away, weaken, or disintegrate over time to put a decision, plan, or system into 15. im to a corporate strategy effect 16. ov____te the issue to exaggerate or make something seem more important or serious than it is the act of disagreeing or resisting; the 17. opp on campaign n. state of strong disagreement 18. industry-sp ic regulations adj. clearly defined or particular to a certain thing or situation; distinct, explicit, and precise a large amount of water flowing beyond 19. a fl d of questions its normal limits; an overwhelming number or amount 20. ho____le smell adj. extremely unpleasant or bad; causing fear or disgust 21. I b instrument a workplace for the conduct of scientific research; a laboratory 22. wet-b b thermometer a rounded underground storage organ n. of some plants from which the plant grows; the rounded part of a cylindrical structure; electric lamp consisting of a glass ball

ANSWERS: 11. melt, 12. corrode, 13. fake, 14. corrode, 15. implement, 16. overstate, 17. opposition, 18. specific, 19. flood, 20. horrible, 21. lab, 22. bulb

23. in e a crisis to persuade someone to do something; ν. to cause to act in a specific manner the result or effect of an action, event, 24. improved student ou____es n. etc. 25. an a__d reaction sour; water-soluble chemicals with a n. sour flavor; any of a variety of generally liquid compounds capable of reacting with and occasionally dissolving other materials 26. raise her ey____ws the hair arc over each eye in humans 27. good source of essential amino sour: water-soluble chemicals with a n. a__ds sour flavor; any of a variety of generally liquid compounds capable of reacting with and occasionally dissolving other materials adj. considered and evaluated through 28. a remote re___ve comparison with something else 29. vi t incident adj. involving or caused by physical force or aggression against someone or something 30. em___r the secretary to do the to give someone the power or authority to do something same 31. sc___m at him to be quiet to give a loud, high shout suddenly, ν. especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice a series of actions or operations 32. decision-making pr s n. performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other

ANSWERS: 23. induce, 24. outcome, 25. acid, 26. eyebrow, 27. acid, 28. relative, 29. violent, 30. empower, 31. scream, 32. process

dairy products

33.	detect a vil code	adj.	relating to or caused by a virus
34.	resce movement	n.	the act of defending oneself from an aggressor or refusing to accept something
35.	oms sign	adj.	giving the impression that something bad is going to happen; foreboding
36.	trr inflation	ν.	to make something happen suddenly; to cause something such as a device, machine, etc. to function
37.	ens possibilities	adj.	having no end or conclusion; infinitely very large in size or amount
38.	blitz tas	n.	the methods or strategies used to achieve a specific goal or outcome, particularly in the context of military, business, or sports
39.	imnt security measures	<i>v</i> .	to put a decision, plan, or system into effect
40.	inne between quarreling parties	v.	to intentionally get involved in a situation to improve it or prevent it from getting worse
41.	ops the people with force	ν.	to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people
42.	medical I_b	n.	a workplace for the conduct of scientific research; a laboratory
43.	the state of being wed	adj.	extraordinary, unexpected, or difficult to explain

ANSWERS: 33. viral, 34. resistance, 35. ominous, 36. trigger, 37. endless, 38. tactics, 39. implement, 40. intervene, 41. oppress, 42. lab, 43. weird

a political leader who has complete 44. military di or n. power over a country, especially one who has obtained control by force 45. tec____cal advancement adj. based on scientific and industrial progress 46. de___p a strategy to grow or expand; to improve or refine ν. through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created 47. lig____se beacon a tower or other structure that is n. equipped with a powerful light designed to guide ships safely to harbor or warn them of impending danger 48. op___s the minority to treat people in a cruel and ν. authoritarian way, especially by denying them the same freedoms, rights, etc. as other people adj. not genuine; fraudulent or counterfeit 49. spread of f e news 50. ba___y industry a place where bread and other baked n. goods are made and sold 51. gl__m-filled room a state of darkness, sadness, or n. melancholy; a feeling of depression or lack of hope; a state of obscurity or uncertainty the crime of killing somebody 52. attempted mu r intentionally to attract and keep someone's attention 53. en___e a new employee ν. and interest; to participate in or obtain services of something

ANSWERS: 44. dictator, 45. technological, 46. develop, 47. lighthouse, 48. oppress, 49. fake, 50. bakery, 51. gloom, 52. murder, 53. engage

54.	a low-pihed sound	n.	the property of sound that varies with variation in the frequency of vibration; the degree of a slope, especially of a roof; short presentation for selling or sharing something
55.	insve behavior	adj.	not showing or feeling concern for the needs and feelings of others
56.	fight viI infections	adj.	relating to or caused by a virus
57.	gross ince	n.	a violation of the rights of others or the laws of a society
58.	mont honoring	n.	a statue, building, or other structure erected to commemorate a person or event
59.	dee on a course of action	ν.	to make up someone's mind about something; to come to a conclusion or judgment after considering options
60.	asle your colleagues	<i>v</i> .	to collect in one place as a single group
61.	emy for patients	n.	the ability to share another person's feelings or experiences by imagining that person's situation
62.	ovte the importance	<i>v</i> .	to exaggerate or make something seem more important or serious than it is
63.	cre to dust	v.	to break or fall apart into small pieces or fragments, especially due to age, decay, or lack of support
64.	ley in conversation	n.	humor or a lighthearted, playful attitude or behavior, especially in situations that might otherwise be serious or somber; lack of seriousness or sense of humor

ANSWERS: 54. pitch, 55. insensitive, 56. viral, 57. injustice, 58. monument, 59. decide, 60. assemble, 61. empathy, 62. overstate, 63. crumble, 64. levity

ANSWERS: 65. survivor, 66. crack, 67. intervene, 68. numerous, 69. techie, 70. conflict, 71. hallway, 72. communist, 73. trigger, 74. resistance

n.

something

the act of defending oneself from an

aggressor or refusing to accept

74. res____ce to insulin

75.	. emr my life	v.	to give someone the power or authority to do something
76.	ene in environmental protection activities	v.	to attract and keep someone's attention and interest; to participate in or obtain services of something
77.	a raI cure	adj.	relating to the essential aspects of anything; far beyond the norm, mainly used of opinions and actions
78.	copyrighted sore	n.	a set of computer programs and associated documentation and data for doing particular computational jobs
79.	series of expnts	n.	the scientific test conducted to observe what happens and gain new knowledge
80.	make a pih for a new product	n.	the property of sound that varies with variation in the frequency of vibration; the degree of a slope, especially of a roof; short presentation for selling or sharing something
81.	touch a doII	n.	a bell that is pressed or pulled to signal that someone wishes to enter a building
82.	legal cot	n.	the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning
83.	irrble actions	adj.	not showing a proper sense of responsibility; not reliable
84.	surng areas	adj.	that is near or around, or closely encircling something
85.	tae the issue	v.	to try to deal with a complex problem or situation

ANSWERS: 75. empower, 76. engage, 77. radical, 78. software, 79. experiment, 80. pitch, 81. doorbell, 82. context, 83. irresponsible, 84. surrounding, 85. tackle

86.	colion between companies	n.	the act or situation of working together to create or produce something
87.	the root problem of her depon	n.	a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
88.	psyry therapy	n.	the branch of medicine concerned with the study, treatment, and prevention of mental illness
89.	an abd amount of money	adj.	ridiculously silly, unreasonable, or illogical
90.	ret at a high temperature	<i>v</i> .	to take action in response to something
91.	permanent brn damage	n.	the organ inside the head that is responsible for one's movement, thought, memory, and feeling
92.	a dior with enormous powers	n.	a political leader who has complete power over a country, especially one who has obtained control by force
93.	full of emy	n.	the ability to share another person's feelings or experiences by imagining that person's situation
94.	foen love	adj.	not permitted or allowed by rules or laws
95.	run a bay	n.	a place where bread and other baked goods are made and sold
96.	doII chime	n.	a bell that is pressed or pulled to signal that someone wishes to enter a building
97.	a sense of glm	n.	a state of darkness, sadness, or melancholy; a feeling of depression or

ANSWERS: 86. collaboration, 87. depression, 88. psychiatry, 89. absurd, 90. react, 91. brain, 92. dictator, 93. empathy, 94. forbidden, 95. bakery, 96. doorbell, 97. gloom

lack of hope; a state of obscurity or

uncertainty

<i>v</i> .	to press it firmly, usually with your hands or a tool, so that it becomes flat or smaller
adj.	willing to put in a lot of effort, time, and energy into something; firmly believing in something
n.	an area where many people go for recreation, especially at a school or in a park
adj.	having the usual characteristics or traits of a specific group of things
adv.	immediately
adj.	without any or little sound
n.	the branch of medicine concerned with the study, treatment, and prevention of mental illness
<i>v</i> .	to break or fall apart into small pieces or fragments, especially due to age, decay, or lack of support
<i>v</i> .	to show something by uncovering it; to make something accessible to some action or influence
n.	a person whose job is designing, building, or maintaining something such as machines, structures, or software
n.	a conversation in a book, play, or film
n.	the act of disagreeing or resisting; the state of strong disagreement
	adj. n. ady. ady. v. v.

ANSWERS: 98. crush, 99. committed, 100. playground, 101. typical, 102. instantly, 103. silent, 104. psychiatry, 105. crumble, 106. expose, 107. engineer, 108. dialogue, 109. opposition

110. break disne	n.	the practice of training people to obey rules or a code of behavior, using and punishments if these are broken; a region of activity, knowledge, or influence
111. eyw cosmetics	n.	the hair arc over each eye in humans
112. but syndrome	n.	the state of being exceedingly exhausted or unwell, either physically or mentally, as a result of overworking
113. crve writing	adj.	relating to or involving the use of skill and original and unusual ideas to create something
114. gadget tees	n.	a person who is highly skilled or knowledgeable in the field of technology, particularly with computers or electronic devices
115. hent response	adj.	unsure or uncertain about what to do or how to act; reluctant or unwilling to take action or make a decision
116. a lily bb	n.	a rounded underground storage organ of some plants from which the plant grows; the rounded part of a cylindrical structure; electric lamp consisting of a glass ball
117. cr_k an eggshell	ν.	to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking
118. grp his hand	v.	to take hold of something or someone quickly and firmly

ANSWERS: 110. discipline, 111. eyebrow, 112. burnout, 113. creative, 114. techie, 115. hesitant, 116. bulb, 117. crack, 118. grasp

119. a pla nd on the roof an area where many people go for n. recreation, especially at a school or in a park 120. re t against his way of thinking ν. 121. wid____ad fear of nuclear war or among many people 122. a we d dress explain 123. a civil en___er 124. as nu us as the sand 125. de___e a question ν. 126. am y a signal sound or brightness 127. d I sight 128. ho____le accident adj. extremely unpleasant or bad; causing fear or disgust 129. basic br n function the organ inside the head that is responsible for one's movement, thought, memory, and feeling 130. sp k a chain reaction to start something or make it grow, especially suddenly; to emit a tiny piece

131. em___e an opportunity

to take action in response to something adj. existing or happening in various places adj. extraordinary, unexpected, or difficult to a person whose job is designing, building, or maintaining something such as machines, structures, or software adj. amounting to a large indefinite number to make up someone's mind about something; to come to a conclusion or judgment after considering options to enhance something, particularly adj. not interesting or exciting; not bright, vivid, or shiny; not active, brisk, or sharp

of fire or electricity

in greeting or affection

to accept something willingly and

enthusiastically; (noun) the act of

clasping another person in the arms as

ANSWERS: 119. playground, 120. react, 121. widespread, 122. weird, 123. engineer, 124. numerous, 125. decide, 126. amplify, 127. dull, 128. horrible, 129. brain, 130. spark, 131. embrace

ν.

132. mt the ice	v.	to turn from something solid into something soft or liquid as a result of heating
133. cutting-edge innon	n.	the creation of a new device or process resulting from study and experimentation
134. historical cot	n.	the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning
135. cost activist	adj.	relating to or supporting the political ideology of communism (= a form of socialism that abolishes private ownership)
136. be killed inly	adv.	immediately
137. sit reading	adj.	without any or little sound
138. a dl pain	adj.	not interesting or exciting; not bright, vivid, or shiny; not active, brisk, or sharp
139. exe a person to risks	v.	to show something by uncovering it; to make something accessible to some action or influence
140. strong and coed sales staff	adj.	willing to put in a lot of effort, time, and energy into something; firmly believing in something
141. ral prejudice	adj.	of or related to the race (= classification of humans into groups based on physical traits or social relations)
142. dp from the vicious wound	v.	to fall in drops or make it fall in drops; (noun) liquid or moisture that falls in drops

ANSWERS: 132. melt, 133. innovation, 134. context, 135. communist, 136. instantly, 137. silent, 138. dull, 139. expose, 140. committed, 141. racial, 142. drip

143. as____le a jigsaw puzzle to collect in one place as a single group ν. 144. eq__p our children with some to provide a person or a place with the ν. things that are needed for a particular special skills purpose or activity 145. lig se keeper a tower or other structure that is n. equipped with a powerful light designed to guide ships safely to harbor or warn them of impending danger a violation of the rights of others or the 146. in____ce system laws of a society the state of being exceedingly 147. mental bu t n. exhausted or unwell, either physically or mentally, as a result of overworking the unfairness of a society in which 148. ine ty in salary n. some people have more opportunity, money, etc. than others; (mathematics) relation between two values when they are different 149. have a ni____re a very frightening or unpleasant dream n. to die or cause to die by being unable to 150. I was dr ned in work ν. breathe underwater 151. the Great Dep____on a mental condition in which a person n. feels very unhappy and without hope for the future; a severe recession in an economy or market to start something or make it grow, 152. sp k his interest especially suddenly; to emit a tiny piece of fire or electricity

ANSWERS: 143. assemble, 144. equip, 145. lighthouse, 146. injustice, 147. burnout, 148. inequality, 149. nightmare, 150. drown, 151. depression, 152. spark

153. the coct between good and evil	n.	a strong disagreement, argument, or a violent clash between two opposing groups or individuals
154. abd storyline	adj.	ridiculously silly, unreasonable, or illogical
155. fe blows	n.	a small part in an electrical device or machinery that can interrupt the flow of electrical current when it is overloaded; (verb) to become plastic or fluid or liquefied from heat
156. spic instructions	adj.	clearly defined or particular to a certain thing or situation; distinct, explicit, and precise
157. irrble behavior	adj.	not showing a proper sense of responsibility; not reliable
158. pop notification	n.	an item, event, or shop that appears or happens suddenly, unexpectedly, and usually for a limited time; (verb) to appear or open suddenly and unexpectedly, as a window or menu on a computer screen
159. tyI leader	adj.	having the usual characteristics or traits of a specific group of things
160. criminal negce	n.	failure to take proper care in doing something, a lack of attention or care that results in harm or damage; a legal term describing wrongdoing that results in injury or loss
161. a single suor	n.	a person who remains alive after an event in which others have died

ANSWERS: 153. conflict, 154. absurd, 155. fuse, 156. specific, 157. irresponsible, 158. pop-up, 159. typical, 160. negligence, 161. survivor

162. a desirable oue	n.	the result or effect of an action, event, etc.
163. mur in the second degree	n.	the crime of killing somebody intentionally
164. com the diagnosis	v.	to support or establish the truth or certainty of something previously believed or suspected to be the case
165. gr_p a chance	ν.	to take hold of something or someone quickly and firmly
166. fld advisory	n.	a large amount of water flowing beyond its normal limits; an overwhelming number or amount
167. negce in duty	n.	failure to take proper care in doing something, a lack of attention or care that results in harm or damage; a legal term describing wrongdoing that results in injury or loss
168. dep a skill	ν.	to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
169. an oms silence	adj.	giving the impression that something bad is going to happen; foreboding
170. a warm eme	<i>v</i> .	to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection

ANSWERS: 162. outcome, 163. murder, 164. confirm, 165. grasp, 166. flood, 167. negligence, 168. develop, 169. ominous, 170. embrace

adj.	not permitted or allowed by rules or laws
n.	the practice of training people to obey rules or a code of behavior, using and punishments if these are broken; a region of activity, knowledge, or influence
adj.	relating to or involving the use of skill and original and unusual ideas to create something
<i>v</i> .	to try to deal with a complex problem or situation
adj.	considered and evaluated through comparison with something else
n.	a set of computer programs and associated documentation and data for doing particular computational jobs
v.	to enhance something, particularly sound or brightness
adj.	involving or caused by physical force or aggression against someone or something
<i>v</i> .	to press it firmly, usually with your hands or a tool, so that it becomes flat or smaller
n.	the act or situation of working together to create or produce something
<i>v</i> .	to support or establish the truth or certainty of something previously believed or suspected to be the case
	n. adj. v. adj. v. adj.

ANSWERS: 171. forbidden, 172. discipline, 173. creative, 174. tackle, 175. relative, 176. software, 177. amplify, 178. violent, 179. crush, 180. collaboration, 181. confirm

182. a moment of ley	n.	humor or a lighthearted, playful attitude or behavior, especially in situations that might otherwise be serious or somber; lack of seriousness or sense of humor
183. scm a profanity	<i>v</i> .	to give a loud, high shout suddenly, especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice
184. learn new cots	n.	an idea or principle associated with something abstract
185. the head of a hay	n.	an interior passage or corridor onto which rooms open
186. nire situation	n.	a very frightening or unpleasant dream
187. ens hours	adj.	having no end or conclusion; infinitely very large in size or amount
188. hent to take action	adj.	unsure or uncertain about what to do or how to act; reluctant or unwilling to take action or make a decision
189. fe with one another	n.	a small part in an electrical device or machinery that can interrupt the flow of electrical current when it is overloaded; (verb) to become plastic or fluid or liquefied from heat
190. humanity's mont	n.	a statue, building, or other structure erected to commemorate a person or event
191. doic airline	adj.	relating to or inside a particular country, not foreign or international
192. a raI flaw in the plan	adj.	relating to the essential aspects of anything; far beyond the norm, mainly used of opinions and actions

ANSWERS: 182. levity, 183. scream, 184. concept, 185. hallway, 186. nightmare, 187. endless, 188. hesitant, 189. fuse, 190. monument, 191. domestic, 192. radical

193. innon leader	n.	the creation of a new device or process resulting from study and experimentation
194. political tas	n.	the methods or strategies used to achieve a specific goal or outcome, particularly in the context of military, business, or sports
195. dp liquid	<i>v</i> .	to fall in drops or make it fall in drops; (noun) liquid or moisture that falls in drops
196. eqp an army	<i>v</i> .	to provide a person or a place with the things that are needed for a particular purpose or activity
197. pop ad	n.	an item, event, or shop that appears or happens suddenly, unexpectedly, and usually for a limited time; (verb) to appear or open suddenly and unexpectedly, as a window or menu on a computer screen
198. expnt design	n.	the scientific test conducted to observe what happens and gain new knowledge
199. teccal policy	adj.	based on scientific and industrial progress
200. widad use	adj.	existing or happening in various places or among many people

ANSWERS: 193. innovation, 194. tactics, 195. drip, 196. equip, 197. pop-up, 198. experiment, 199. technological, 200. widespread

Session 3: Fill in the Blanks

1.	The lack of sleep both physical and psychological diseases.
<i>v</i> .	to persuade someone to do something; to cause to act in a specific manner
2.	Most countries prohibit sexual activity between certain close
ad	i. considered and evaluated through comparison with something else
3.	Her resistance under his persuasion.
<i>v</i> .	to turn from something solid into something soft or liquid as a result of heating
4.	The victim's family filed a lawsuit against the hospital for in their loved one's care.
n.	failure to take proper care in doing something, a lack of attention or care that results in harm or damage; a legal term describing wrongdoing that results in injury or loss
5.	The Prime Minister will pay a courtesy visit to the Nobel laureate's
n.	a workplace for the conduct of scientific research; a laboratory
6.	There are several causes of economic within societies.
n.	the unfairness of a society in which some people have more opportunity, money, etc. than others; (mathematics) relation between two values when they are different
7.	These heavy rains caused flash on several islands.
n.	a large amount of water flowing beyond its normal limits; an overwhelming number or amount
	SWERS: 1. induces, 2. relatives, 3. melted, 4. negligence, 5. lab, 6. inequality, 7.

ANSWERS: 16. screaming, 17. radical, 18. hallway, 19. crushed, 20. gloom, 21. irresponsible, 22. bakery, 23. corrode

ANSWERS: 32. typical, 33. viral, 34. drown, 35. crumble, 36. lighthouse's, 37. creative, 38. brain, 39. injustice

embrace, 53. communist, 54. grasp, 55. survivor, 56. dialogue

ANSWERS: 65. intervene, 66. Technological, 67. tactics, 68. techie, 69. racial, 70. software, 71. silent, 72. conflicts,

groups or individuals

ANSWERS: 73. faked, 74. sparked, 75. absurd, 76. collaboration, 77. acid, 78. hesitant, 79. forbidden, 80. dictator

ANSWERS: 96. specific, 97. innovation, 98. experiments, 99. react, 100. committed