

# Englist.me



## Vocabulary Builder Reference from...

*Nora McInerny: We don't "move on" from grief. We move forward with it | TED Talk*

[https://www.ted.com/talks/nora\\_mcinerny\\_we\\_don\\_t\\_move\\_on\\_from\\_grief\\_we\\_move\\_forward\\_with\\_it](https://www.ted.com/talks/nora_mcinerny_we_don_t_move_on_from_grief_we_move_forward_with_it)

### Advanced Words Only

#### IMPORTANT

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## Session 1: Word List

### glioblastoma

*n.* an aggressive and malignant type of brain tumor that arises from glial cells, particularly astrocytes, and is associated with a poor prognosis and high mortality rate

*synonym*: brain tumor, astrocytoma, cerebral glioma

(1) **glioblastoma** treatment, (2) cerebral **glioblastoma**

The doctor explained the **glioblastoma** prognosis to the patient and his family, stressing the seriousness of the condition.

### stun

*v.* to make a person or an animal unconscious or dizzy, especially by hitting them on the head; to make someone surprised or shocked greatly

*synonym*: shock, amaze, astound

(1) **stun** fish, (2) **stun** an audience

This sprinter **stunned** the world with his speed.

### recap

*v.* to repeat or summarize what has been said, decided, etc.

*synonym*: outline, summarize, abstract

(1) **recap** key points, (2) **recap** briefly

Let me quickly **recap** these results.

## uplift

*n.* the process of raising land to a higher elevation, or the result of this process; (verb) fill with high spirits

*synonym* : upthrust, upheaval, (verb) raise

(1) **uplift** mountains, (2) **uplift** my spirit

The **uplift** in the stock market has been a relief to investors.

## broth

*n.* a liquid in which meat, fish, or vegetables have been cooked, used as a base for soups and stews

*synonym* : bouillon, consomme, soup

(1) chicken **broth**, (2) remains of **broth**

I always add a bit of **broth** to my soup to give it more flavor.

## indelible

*adj.* cannot be removed, erased, or forgot

*synonym* : enduring, lasting, unforgettable

(1) an **indelible** ink, (2) an **indelible** disgrace

She left an **indelible** mark on our country's literature.

## cremate

*v.* to burn a dead body to reduce it to ash, often as part of a funeral or other death-related ritual

*synonym* : burn, incinerate, immolate

(1) **cremate** a body, (2) **cremate** the remains

They plan to **cremate** their loved ones according to their cultural traditions.

## rinse

*v.* to wash off soap or remaining dirt with clean water; to gargle your mouth and throat with mouthwash

*synonym* : wash out, flush, irrigate

(1) **rinse** out your mouth, (2) **rinse** the shampoo

Please **rinse** the soap off of those dishes well.

## shove

*v.* to push someone or something in a rough way

*synonym* : push, jab, elbow

(1) **shove** a person aside, (2) **shove** hamburger into my mouth

He forcibly **shoved** the flyer into my bag.

## hologram

*n.* a three-dimensional image produced by the interference of light beams from a laser or other coherent light sources used for artistic, scientific, or commercial applications

*synonym*: 3D image, virtual image, projection

(1) **hologram** projection, (2) **hologram** technology

The museum had a **hologram** exhibit that was very popular with visitors.

## audible

*adj.* able to be heard; loud enough to be heard clearly

*synonym*: hearable, perceptible, loud enough

(1) **audible** sound, (2) **audible** words

An **audible** sigh from the back of the room broke the silence.

## unfurl

*v.* to spread out or open something, such as a flag, sail, or wings, by shaking, shaking out, or extending it; to reveal or become revealed or disclosed

*synonym*: unfold, expand, spread out

(1) **unfurl** my banner, (2) **unfurl** the sails

The flag slowly **unfurled** in the wind atop the flagpole.

## enormity

*n.* the quality of being extremely evil or wicked; the vastness of size or extent

*synonym*: horribleness, seriousness, immensity

(1) grasp the **enormity**, (2) the **enormity** of the task

The **enormity** of the financial fraud was uncovered after years of investigation.

## congratulation

*n.* the act of expressing that someone has an occasion for celebration or the expression of pleasure at the success or good fortune of another

*synonym*: praise, compliment, felicitation

(1) **congratulation** on a promotion, (2) a matter for **congratulation**

The **congratulations** from her friends and family were overwhelming after she won the championship.

## incurable

*adj.* not able to be cured, healed, or remedied; beyond recovery or redemption

*synonym*: unrecoverable, irreparable, hopeless

(1) **incurable** patient, (2) **incurable** romantic

The patient was diagnosed with an **incurable** disease and given only a few months to live.

## multitasking

*n.* the ability to do more than one task at the same time; the state of doing more than one task at the same time

*synonym*: juggling, multihandling, parallelism

(1) computer **multitasking**, (2) **multitasking** ability

She could finish all her work on time because of her **multitasking** skills.

## grieve

*v.* to feel or show great sadness or sorrow, especially for someone who has died

*synonym*: mourn, lament, sorrow

(1) **grieve** for loss, (2) **grieve** at the sad news

She **grieved** the loss of her parents.

## Session 2: Spelling

1. up\_\_\_t my spirit *n.* the process of raising land to a higher elevation, or the result of this process; (verb) fill with high spirits
2. mul\_\_\_\_\_ing ability *n.* the ability to do more than one task at the same time; the state of doing more than one task at the same time
3. re\_\_p key points *v.* to repeat or summarize what has been said, decided, etc.
4. un\_\_\_l my banner *v.* to spread out or open something, such as a flag, sail, or wings, by shaking, shaking out, or extending it; to reveal or become revealed or disclosed
5. gr\_\_\_e for loss *v.* to feel or show great sadness or sorrow, especially for someone who has died
6. an in\_\_\_\_\_le disgrace *adj.* cannot be removed, erased, or forgot
7. in\_\_\_\_\_le romantic *adj.* not able to be cured, healed, or remedied; beyond recovery or redemption
8. gli\_\_\_\_\_oma treatment *n.* an aggressive and malignant type of brain tumor that arises from glial cells, particularly astrocytes, and is associated with a poor prognosis and high mortality rate
9. ho\_\_\_\_\_am technology *n.* a three-dimensional image produced by the interference of light beams from a laser or other coherent light sources used for artistic, scientific, or commercial applications

ANSWERS: 1. uplift, 2. multitasking, 3. recap, 4. unfurl, 5. grieve, 6. indelible, 7. incurable, 8. glioblastoma, 9. hologram

10. in\_\_\_\_\_le patient *adj.* not able to be cured, healed, or remedied; beyond recovery or redemption
11. un\_\_\_l the sails *v.* to spread out or open something, such as a flag, sail, or wings, by shaking, shaking out, or extending it; to reveal or become revealed or disclosed
12. con\_\_\_\_\_ion on a promotion *n.* the act of expressing that someone has an occasion for celebration or the expression of pleasure at the success or good fortune of another
13. gr\_\_\_e at the sad news *v.* to feel or show great sadness or sorrow, especially for someone who has died
14. au\_\_\_\_\_e sound *adj.* able to be heard; loud enough to be heard clearly
15. chicken br\_\_h *n.* a liquid in which meat, fish, or vegetables have been cooked, used as a base for soups and stews
16. ho\_\_\_\_\_am projection *n.* a three-dimensional image produced by the interference of light beams from a laser or other coherent light sources used for artistic, scientific, or commercial applications
17. re\_\_p briefly *v.* to repeat or summarize what has been said, decided, etc.
18. sh\_\_e a person aside *v.* to push someone or something in a rough way
19. sh\_\_e hamburger into my mouth *v.* to push someone or something in a rough way

ANSWERS: 10. incurable, 11. unfurl, 12. congratulation, 13. grieve, 14. audible, 15. broth, 16. hologram, 17. recap, 18. shove, 19. shove

20. ri\_\_e the shampoo *v.* to wash off soap or remaining dirt with clean water; to gargle your mouth and throat with mouthwash
21. remains of br\_\_h *n.* a liquid in which meat, fish, or vegetables have been cooked, used as a base for soups and stews
22. computer mul\_\_\_\_\_ing *n.* the ability to do more than one task at the same time; the state of doing more than one task at the same time
23. a matter for con\_\_\_\_\_ion *n.* the act of expressing that someone has an occasion for celebration or the expression of pleasure at the success or good fortune of another
24. the en\_\_\_\_\_ty of the task *n.* the quality of being extremely evil or wicked; the vastness of size or extent
25. ri\_\_e out your mouth *v.* to wash off soap or remaining dirt with clean water; to gargle your mouth and throat with mouthwash
26. cr\_\_\_\_\_e the remains *v.* to burn a dead body to reduce it to ash, often as part of a funeral or other death-related ritual
27. au\_\_\_\_\_e words *adj.* able to be heard; loud enough to be heard clearly
28. an in\_\_\_\_\_le ink *adj.* cannot be removed, erased, or forgot
29. cr\_\_\_\_\_e a body *v.* to burn a dead body to reduce it to ash, often as part of a funeral or other death-related ritual
30. grasp the en\_\_\_\_\_ty *n.* the quality of being extremely evil or wicked; the vastness of size or extent

ANSWERS: 20. rinse, 21. broth, 22. multitasking, 23. congratulation, 24. enormity, 25. rinse, 26. cremate, 27. audible, 28. indelible, 29. cremate, 30. enormity

31. s\_\_n fish v. to make a person or an animal unconscious or dizzy, especially by hitting them on the head; to make someone surprised or shocked greatly
32. cerebral gli\_\_\_\_\_oma n. an aggressive and malignant type of brain tumor that arises from glial cells, particularly astrocytes, and is associated with a poor prognosis and high mortality rate
33. s\_\_n an audience v. to make a person or an animal unconscious or dizzy, especially by hitting them on the head; to make someone surprised or shocked greatly
34. up\_\_\_t mountains n. the process of raising land to a higher elevation, or the result of this process; (verb) fill with high spirits

ANSWERS: 31. stun, 32. glioblastoma, 33. stun, 34. uplift



## Session 3: Fill in the Blanks

1. He forcibly \_\_\_\_\_ the flyer into my bag.  
*v.* to push someone or something in a rough way
2. I always add a bit of \_\_\_\_\_ to my soup to give it more flavor.  
*n.* a liquid in which meat, fish, or vegetables have been cooked, used as a base for soups and stews
3. The doctor explained the \_\_\_\_\_ prognosis to the patient and his family, stressing the seriousness of the condition.  
*n.* an aggressive and malignant type of brain tumor that arises from glial cells, particularly astrocytes, and is associated with a poor prognosis and high mortality rate
4. The \_\_\_\_\_ in the stock market has been a relief to investors.  
*n.* the process of raising land to a higher elevation, or the result of this process; (verb) fill with high spirits
5. The \_\_\_\_\_ from her friends and family were overwhelming after she won the championship.  
*n.* the act of expressing that someone has an occasion for celebration or the expression of pleasure at the success or good fortune of another
6. She left an \_\_\_\_\_ mark on our country's literature.  
*adj.* cannot be removed, erased, or forgot
7. The patient was diagnosed with an \_\_\_\_\_ disease and given only a few months to live.  
*adj.* not able to be cured, healed, or remedied; beyond recovery or redemption

ANSWERS: 1. shoved, 2. broth, 3. glioblastoma, 4. uplift, 5. congratulations, 6. indelible, 7. incurable

8. Let me quickly \_\_\_\_\_ these results.  
*v.* to repeat or summarize what has been said, decided, etc.
9. This sprinter \_\_\_\_\_ the world with his speed.  
*v.* to make a person or an animal unconscious or dizzy, especially by hitting them on the head; to make someone surprised or shocked greatly
10. The \_\_\_\_\_ of the financial fraud was uncovered after years of investigation.  
*n.* the quality of being extremely evil or wicked; the vastness of size or extent
11. They plan to \_\_\_\_\_ their loved ones according to their cultural traditions.  
*v.* to burn a dead body to reduce it to ash, often as part of a funeral or other death-related ritual
12. She could finish all her work on time because of her \_\_\_\_\_ skills.  
*n.* the ability to do more than one task at the same time; the state of doing more than one task at the same time
13. An \_\_\_\_\_ sigh from the back of the room broke the silence.  
*adj.* able to be heard; loud enough to be heard clearly
14. The museum had a \_\_\_\_\_ exhibit that was very popular with visitors.  
*n.* a three-dimensional image produced by the interference of light beams from a laser or other coherent light sources used for artistic, scientific, or commercial applications
15. She \_\_\_\_\_ the loss of her parents.  
*v.* to feel or show great sadness or sorrow, especially for someone who has died

ANSWERS: 8. recap, 9. stunned, 10. enormity, 11. cremate, 12. multitasking, 13. audible, 14. hologram, 15. grieved

16. The flag slowly \_\_\_\_\_ in the wind atop the flagpole.

- v. to spread out or open something, such as a flag, sail, or wings, by shaking, shaking out, or extending it; to reveal or become revealed or disclosed

17. Please \_\_\_\_\_ the soap off of those dishes well.

- v. to wash off soap or remaining dirt with clean water; to gargle your mouth and throat with mouthwash

ANSWERS: 16. unfurled, 17. rinse