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Vocabulary Builder Reference from...

Esha Alwani: What it's like to have Tourette's -- and how music gives me back control | TED Talk

[https://www.ted.com/talks/esha_alwani_what_it_s_like_to_have_tourette_s_and_how_music_gives_me_b
ack_control](https://www.ted.com/talks/esha_alwani_what_it_s_like_to_have_tourette_s_and_how_music_gives_me_back_control)

All Words

IMPORTANT

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Session 1: Word List

continuously

adv. without being interrupted or paused; repeatedly

synonym : constantly, frequently, always

(1) use one thing **continuously**, (2) **continuously** removed

The country's domestic coal consumption has been **continuously** declining for decades.

flap

n. a piece of material attached to a garment, sail, or aircraft which flaps in the wind; (verb) to move in a wavy pattern or with an up-and-down motion

synonym : winged object, cover, (verb) flutter

(1) the **flap** of wings, (2) **flap** out a candle

The **flap** of the tent was open, letting in the fresh air.

constantly

adv. all the time

synonym : continuously, always, frequently

(1) a **constantly** innovative enterprise, (2) a **constantly** varying mind

The mobile application industry is **constantly** changing.

roll

v. to move in a particular direction by turning over and over or from side to side

synonym : spin, swirl, wheel

(1) **roll** a ball, (2) **roll** down his cheeks

He was exhausted and **rolled** into bed as soon as he got home.

jaw

n. either of the two bones at the bottom of the face that moves when you open your mouth; (verb) talk socially without exchanging too much information

synonym : mouth, (verb) chitchat

(1) snatch victory from the **jaws** of defeat, (2) **jaw** muscle
He dropped his **jaw** at the unexpected sight.

clench

v. to close tightly or grip firmly; to contract or stiffen, especially as in response to stress or pain; to tighten or compress

synonym : grasp, clasp, tighten

(1) **clench** teeth, (2) **clench** muscles

He **clenched** his fist in anger when he heard the bad news.

pitch

n. the property of sound that varies with variation in the frequency of vibration; the degree of a slope, especially of a roof; short presentation for selling or sharing something

synonym : angle, gradient, slope

(1) make a **pitch** for a new product, (2) a low- **pitched** sound

Her voice gradually increased in **pitch**.

screech

v. to make a loud, high-pitched, piercing sound, often indicating pain or fear

synonym : shriek, scream, yelp

(1) **screech** out a slogan, (2) **screech** with laughter

The brakes on the car began to **screech** as the driver suddenly stopped at the intersection.

tic

n. a sudden, involuntary muscular contraction or movement, often repetitive in nature; a habitual and often unconscious behavior or mannerism

synonym : twitch, spasm, jerk

(1) developmental **tic**, (2) facial **tic**

My nervous **tic** makes it hard for me to concentrate during important events.

symptom

n. any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease

synonym : sign, manifestation, syndrome

(1) **symptoms** of low testosterone, (2) neurotic **symptoms**

The patient displays a **symptom** of a side effect.

overnight

adj. lasting for or occurring during one night; occurring or changing extremely quickly or suddenly; happening or being achieved in a short amount of time

synonym : all-night, sudden, immediate

(1) **overnight** parking, (2) **overnight** success

The **overnight** package delivery arrived at my door this morning.

attract

v. to draw or entice someone or something towards them through the qualities they have, especially positive ones

synonym : lure, entice, draw in

(1) **attract** attention, (2) **attract** customers

The government is eager to **attract** international investment.

pediatrics

n. the branch of medicine that deals with the care and treatment of children

synonym : pedology, child health

(1) **pediatrics** department, (2) **pediatrics** clinic

I am studying **pediatrics** in medical school because I love working with children.

neuropsychology

n. the branch of psychology that deals with the relationships between brain function and behavior

(1) **neuropsychology** research, (2) **neuropsychology** field

The study of **neuropsychology** is essential in understanding the relationship between the brain and behavior.

remedy

n. a successful way of dealing with or improving an unpleasant or difficult situation or curing an illness

synonym: treatment, medication, therapy

(1) **remedy** for air pollution, (2) an internal **remedy**

This drug will be a good **remedy** for your stomach trouble.

diagnose

v. to determine or distinguish the nature of a problem or an illness through a careful analysis

synonym: identify, analyze, interpret

(1) **diagnose** the problem, (2) **diagnose** with CT scans

This device is used to **diagnose** brain cancer and other tumors.

incurable

adj. not able to be cured, healed, or remedied; beyond recovery or redemption

synonym: unrecoverable, irreparable, hopeless

(1) **incurable** patient, (2) **incurable** romantic

The patient was diagnosed with an **incurable** disease and given only a few months to live.

neurological

adj. of or relating to the science of neurology or the nervous system

synonym: nervous, neural, brain-related

(1) fever with **neurological** signs, (2) **neurological** symptoms

The patient was diagnosed with a **neurological** disorder affecting their motor skills.

disorder

n. an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions

synonym: chaos, disturbance, disease

(1) the files are in complete **disorder**, (2) people with bipolar

disorder

The doctor prescribed some medicine for the mental **disorder**.

syndrome

n. a group of signs and symptoms that occur together and are characteristic of a particular condition or disorder

synonym: disorder, condition, complication

(1) **syndrome** of dementia, (2) acute **syndrome**

The patient was diagnosed with a rare genetic **syndrome**.

medication

n. a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease

synonym: cure, drug, medicine

(1) antibiotic **medication**, (2) **medication** by mouth

The pharmacist not only prescribes the **medication** but also guides its proper use.

essential

adj. indispensable; fundamental

synonym: critical, crucial, basic

(1) **essential** amino acid, (2) **essential** commodities of life

Trial and error is an **essential** part of education.

process

n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

synonym: procedure, method, system

(1) **process** improvement, (2) decision-making **process**

The **process** for applying for a visa can be lengthy and complicated.

wheelchair

n. a chair fitted with large wheels for use as a means of transport by a person who is unable to walk

(1) electric-powered **wheelchair**, (2) **wheelchair** accessibility

This library rents out various types of folding **wheelchairs** for visitors.

numb

adj. unable to feel physical sensation and movement; not showing human feeling or sensitivity

synonym: dazed, insensitive, emotionless

(1) **numb** with cold, (2) a **numb** mind

My left arm became **numb**.

hallucinate

v. to experience a seemingly real perception of something that does not actually exist, usually as a result of a mental illness or drug use

(1) start to **hallucinate**, (2) **hallucinate** with drug

Sleep-deprived people gradually lose their concentration and may **hallucinate**.

threaten

v. to utter intentions of injury or punishment against someone

synonym: endanger, terrorize, intimidate

(1) **threaten** a healthy relationship, (2) **threaten** national security

Various artificially induced causes are **threatening** our ecosystem.

scare

v. to frighten a person or animal, or to become frightened

synonym: frighten, spook, intimidate

(1) **scare** off her attacker by screaming, (2) **scare** the birds away

We hit the ground to **scare** out the rabbits.

relief

n. a feeling of happiness and relaxation that comes when something burdensome is removed or reduced

synonym: remedy, consolation, alleviation

(1) tax **relief**, (2) sigh of **relief**

He devoted his life to establishing a humanitarian **relief** fund.

attempt

n. an act or effort of trying to do something, especially something difficult

synonym: endeavor, effort, try

(1) the **attempt** to rescue the hostages, (2) a reckless **attempt**

The third **attempt** was far more successful.

estimate

v. to guess or calculate the cost, size, value, etc. of something

synonym: calculate, gauge, evaluate

(1) **estimate** a fair value, (2) **estimate** this chicken to weigh three pounds

We **estimated** the season's total trade deficit at \$50 billion.

statistics

n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

(1) **statistics** for cancer, (2) official **statistics**

The **statistics** demonstrate that poverty and unemployment are genuine problems.

prescription

n. a written or spoken instruction that directs a medical practitioner to prescribe a specific treatment or medication for a patient

synonym: directive, instruction, order

(1) **prescription** drugs, (2) fill the **prescription**

I need to refill my **prescription** for allergy medication at the pharmacy.

expenditure

n. the act of spending money; the total amount of money spent

synonym: outlay, cost, expense

(1) energy **expenditure**, (2) **expenditure** planning

Almost \$1 billion in capital **expenditure** is still required.

prescribe

v. (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something

synonym : define, specify, stipulate

(1) **prescribe** a drug, (2) **prescribe** in the preceding paragraph

Federal bankruptcy laws **prescribed** the reorganization process.

essentially

adv. relating to the essential features or concepts of anything

synonym : fundamentally, basically, virtually

(1) **essentially** correct, (2) become **essentially** same

Essentially, a society is an organism.

involuntary

adj. acting or done without or against one's will

synonym : coerced, forced, automatic

(1) **involuntary** manslaughter, (2) **involuntary** muscles

The drug's side effects can include **involuntary** loss of urine.

movement

n. a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

synonym : motion, progression, action

(1) a circular **movement**, (2) **movement** of troops

The **movement** of the dancers on stage was graceful and elegant.

hiccup

n. an involuntary movement of the muscles of the diaphragm and chest that causes a sudden intake of breath with a sound similar to a "hiccup"

synonym : hiccough

(1) stop my **hiccup**, (2) the cause of **hiccups**

The **hiccups** lasted for hours and were driving him crazy.

breath

n. the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs

synonym : air, puff, whiff

(1) hold your **breath**, (2) **breath** of wind

He bated his **breath** when talking about this affair.

upside

n. the positive aspect or potential of something; the upper side of something

synonym : advantage, benefit, top

(1) have no **upside**, (2) market **upside**

Many people see the **upside** of traveling as an opportunity to experience new cultures and broaden their horizons.

exhausted

adj. extremely tired

synonym : drowsy, depleted, fatigued

(1) the **exhausted** food sources, (2) **exhausted** parents

The **exhausted** runner fell to the ground and gasped.

despair

n. the feeling that there is no hope and you cannot do anything to improve a difficult situation

synonym : dismay, anguish, misery

(1) **despair** at the future, (2) untold **despair**

His friend's death drove him to **despair**.

desperate

adj. feeling or showing a lack of hope and a willingness to do anything because of the problematic situation

synonym : anguish, frantic, hopeless

(1) her **desperate** screams, (2) **desperate** attempt

He was **desperate** when he lost all his money by gambling.

soothe

v. to calm or comfort someone or something; to make something less painful or uncomfortable

synonym : calm, relax, comfort

(1) **soothe** anxiety, (2) **soothe** a baby to sleep

She applied aloe vera to **soothe** her sunburn.

peaceful

adj. not involving violence, conflict, or war

synonym : friendly, pacific, amicable

(1) **peaceful** country, (2) **peaceful** coexistence

Plutonium has limited **peaceful** applications.

ache

v. to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a continuous dull pain

synonym : hurt, throb, smart

(1) **ache** abominably, (2) **ache** all the time

I **ache** all over after running a marathon yesterday.

uplift

n. the process of raising land to a higher elevation, or the result of this process; (verb) fill with high spirits

synonym : upthrust, upheaval, (verb) raise

(1) **uplift** mountains, (2) **uplift** my spirit

The **uplift** in the stock market has been a relief to investors.

rhythm

n. a strong regular repeated pattern of sounds, words, or musical notes that are used in music, poetry, and dancing

synonym : beat, cadence, tempo

(1) in samba **rhythm**, (2) irregular heart **rhythm**

He beat out a jazz **rhythm** on the cajones.

tune

n. a musical composition or set of musical notes that are played or sung; (verb) to adjust or set something to a specific condition or standard

synonym : melody, harmony, (verb) adjust

(1) the **tune** of a song, (2) **tune** a piano

The band played a beautiful **tune** on their instruments.

unfold

v. to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown

synonym : open, spread out, expose

(1) **unfold** the story, (2) **unfold** the stroller

The mystery **unfolded** as the detectives gathered more clues.

spirit

n. the part of a person which is the seat of their mind, feelings, and character rather than their physical body;

the general atmosphere of a place or situation and the effect that it has on people

synonym : soul, attitude, enthusiasm

(1) **spirit** and the letter of the law, (2) an indomitable **spirit**

Despite their tragic loss, the family is showing great **spirit**.

mood

n. the way you feel at a particular time; an angry or impatient state of mind

synonym : mindset, disposition, temper

(1) the **mood** in a room, (2) in an ugly **mood**

His gaffe spoiled the **mood** of the dinner party.

rejuvenate

v. to make someone or something look or feel younger, fresher, or more lively

synonym : revitalize, renew, refresh

(1) **rejuvenate** a downtown area, (2) **rejuvenate** energy

The spa treatment promised to **rejuvenate** her skin and leave her feeling refreshed.

addict

n. a person who cannot stop using or doing something as a habit, especially something harmful

synonym : devotee, buff, freak

(1) a drug **addict**, (2) Internet **addict**

We have become TV **addicts** due to video streaming services.

newfound

adj. newly discovered or acquired

synonym : afresh, new, recently discovered

(1) a **newfound** mine, (2) **newfound** freedom

With his **newfound** wealth, he could travel the world and indulge in his passions.

bout

n. a short period of intense activity or experience; a match or contest, especially in boxing or wrestling; a period of illness or disease

synonym : match, round, contest

(1) **bout** of coughing, (2) boxing **bout**

He had a **bout** of anxiety before his big presentation.

pity

n. a feeling of sorrow and compassion caused by the suffering or misfortunes of others; an object of contempt or disdain

synonym: sympathy, compassion, mercy

(1) allow self- **pity**, (2) **pity** speech

It is a **pity** that the concert had to be canceled due to the storm.

default

v. to fail to fulfill an obligation or pay a debt when it is due; to fail to meet expectations or perform as required; to choose or accept a predetermined option or condition without making a deliberate selection or choice; (noun) a failure to fulfill an obligation or to meet a requirement; the pre-set or automatic settings that a system or program uses when the user has selected no other options

synonym: fail, neglect, omit

(1) **default** settings, (2) **default** on the mortgage

If you don't specify a different option, the computer will **default** to its original settings.

impressive

adj. arousing admiration due to size, quality, or skill

synonym: impactful, remarkable, exceptional

(1) **impressive** performances, (2) an **impressive** array of facts

The budget reduction was an **impressive** feat for our nation.

release

v. to set free or allow to escape from confinement

synonym: free, let go, discharge

(1) **release** a prisoner, (2) **release** CO2 into the air

The animal rights group worked to **release** the dolphins back into the wild.

intensify

v. to increase or make something increase in extent or strength

synonym: amplify, boost, strengthen

(1) **intensify** diplomatic efforts, (2) **intensify** a good relationship

Rebels have pledged to **intensify** the armed struggle against the dictatorship.

medicinal

adj. of or relating to the treatment or cure of disease

synonym: curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**

The **medicinal** properties of this herb have been known to help with various ailments.

Congressperson

n. a person who belongs to a congress, especially a member of the US House of Representatives; congressman (congressperson is used to avoid gender discrimination)

synonym: lawmaker, politician, representative

(1) hawkish **Congressperson**, (2) former **Congressperson**

The term of a **Congressperson** is two years.

separate

v. to force, take, or pull apart; mark as different

synonym: disunite, isolate, ramify

(1) **separate** video into chapter, (2) **separate** cream from milk

We need to **separate** the aspect of his personality from the part of his competence when making an investment decision.

brain

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

synonym: intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage

X-rays revealed a small tumor in his **brain**.

therapy

n. the act of caring for someone through medication, remedial training, etc.

synonym: antidote, medicine, treatment

(1) **therapy** for a patient, (2) field of gene **therapy**

I underwent aversion **therapy** for my addiction to alcohol.

encourage

v. to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do

synonym: facilitate, persuade, stimulate

(1) **encourage** a sense of affinity, (2) **encourage** antisocial behavior

They **encouraged** customers with a premium for loyal patronage.

incapable

adj. unable to do, control, or achieve something

synonym: unable, incompetent, unskilled

(1) drunk and **incapable**, (2) **incapable** of being resisted

He seems **incapable** of understanding what she says.

technique

n. a particular way or art of doing something that needs skill

synonym: approach, procedure, strategy

(1) a **technique** in martial arts, (2) the **technique** applied to construction

Jockey's superior **technique** brought him victory.

regain

v. to get something back or recover something after it has been lost or taken away

synonym: recover, reclaim, retrieve

(1) **regain** our reputation, (2) **regain** my health

After years of hard work, he finally **regained** his financial stability.

heal

v. to make a wound or injury to become well again

synonym: recover, bring around, mend

(1) **heal** a broken bone, (2) **heal** the hurt mind

It will take time for her mental scars to **heal**.

painkiller

n. medicine used to relieve physical pain

synonym : anesthetic, anodyne, analgesic

(1) a strong **painkiller**, (2) take a **painkiller** beforehand

Over-the-counter **painkillers** are less effective for patients who have taken many in the past.

oxytocin

n. a hormone secreted by the pituitary which stimulates contractions of the uterus during labor (= the process of pushing out a baby) and the ejection of milk

(1) **oxytocin-degrading** enzyme, (2) **oxytocin** receptor

Women may increase **oxytocin** production through romantic love.

chemical

adj. relating to or connected with chemistry;

synonym : chemic, synthetic

(1) toxic **chemicals**, (2) a **chemical** compound

The firm has grown into a large **chemical** manufacturing.

dopamine

n. a chemical substance produced by nerve cells as a neurotransmitter; as a drug, it is used to treat shock and hypotension

(1) **dopamine-inhibiting** agent, (2) antagonism of

dopamine

The drug controls the level of **dopamine** in the brain.

nervous

adj. worried and anxious about something; relating to the nerves

synonym : neural, anxious, uneasy

(1) development of the **nervous** system, (2) get **nervous**

He suffers from **nervous** breakdowns.

emotional

adj. relating to people's feelings

synonym : affecting, impactful, impressive

(1) **emotional** health, (2) **emotional** distress

Human **emotional** responses vary widely depending on the society to which they belong.

pulse

n. the regular heartbeat as it sends blood around the body, especially when it is felt at the wrist or side of the neck; a solid regular vibration of sound, electric current, light, or other waves

synonym : beat, vibration, throb

(1) a weak **pulse**, (2) **pulse** waves

The cardiac monitor displays the intensity of your **pulse**.

stimming

n. a behavior often exhibited by individuals on the autism spectrum characterized by repetitive bodily movements or sounds, such as hand flapping or rocking, often used as a form of self-regulation or sensory stimulation

synonym : self-stimulation, repetitive behaviors

(1) autistic **stimming**, (2) **stimming** therapy

Autistic children may engage in **stimming** behaviors, such as rocking or hand flapping, to self-regulate.

addition

n. the act or process of adding something to something else; the process of adding numbers

synonym : accumulation, expansion, addendum

(1) chemical **addition**, (2) **addition** of vectors

In **addition**, private corporations provide healthcare services.

cortisol

n. a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure

synonym : stress hormone, hydrocortisone

(1) **cortisol** stress, (2) excessive **cortisol**

Cortisol levels in the body are often elevated during times of stress.

anxiety

n. a feeling of worry, nervousness, or unease about something that is happening or might happen in the future

synonym :

concern, dread, agita

(1) diagnosis of **anxiety** disorder, (2) **anxiety** for knowledge
She waited for her daughter with **anxiety**.

stimulant

n. a substance or drug that increases or heightens physiological or nervous system activity typically used to improve alertness, attention, or concentration

synonym: upper, energizer, booster

(1) memory **stimulant**, (2) prescription **stimulant**

Many athletes use **stimulants** like caffeine to boost their energy before a competition.

lifetime

n. the duration of someone's life or something's existence;

synonym: lifespan, duration

(1) **lifetime** benefits, (2) **lifetime** ban from the sport

She had lived through two world wars in her **lifetime**.

coworker

n. a person who works with another in the same company or organization

synonym: colleague, peer, associate

(1) **coworker** relationship, (2) argue with a **coworker**

My ex- **coworker** and I had different working styles but managed to get along.

frequent

adj. happening constantly

synonym: periodic, recurring, routine

(1) **frequent** absence, (2) **frequent** use

His heartaches are less **frequent** now.

excuse

n. a reason or explanation, either true or invented, given to justify a fault or defend your behavior; (verb) to make someone free from blame or clear from guilt

synonym: apology, justification, reason

(1) **excuse** for inaction, (2) perfect **excuse**

He quickly fabricated an **excuse** for not attending the meeting.

verbal

adj. expressed in spoken rather than written words

synonym : speaking, lingual, oral

(1) **verbal** communication, (2) **verbal** abuse

The candidate must have excellent **verbal** skills.

distract

v. to draw someone's attention away from what they are trying to do

synonym : divert, preoccupy, confuse

(1) **distract** attention from the real issue, (2) **distract** public opinion

Please don't **distract** me while I'm studying.

wink

v. to close one eye briefly as a way of showing agreement, understanding, or flirtation; to emit a flashing light

synonym : blink, flutter, twinkle

(1) **wink** at abuses, (2) **wink** away my tears

He couldn't help but **wink** at his wife during the boring meeting to make her laugh.

opposition

n. the act of disagreeing or resisting; the state of strong disagreement

synonym : resistance, hostility, antagonism

(1) **opposition** campaign, (2) meet with **opposition**

The **opposition** party strongly disagreed with the government's proposed legislation.

flirt

v. to talk or behave as if sexually attracted to someone, without serious intentions; (noun) a seductive woman who uses her sex appeal to exploit men

synonym : tease

(1) **flirt** with him, (2) **flirt** like a schoolgirl

My husband never **flirts** with other women.

amazing

adj. extremely surprising, especially in a way that you like or admire

synonym : exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling

The golfer recorded an **amazing** distance.

onstage

adv. onto or on a stage in a theater; in front of an audience

(1) appeared **onstage**, (2) walk **onstage**

He performed his magic trick **onstage**, leaving the audience in awe.

numerous

adj. amounting to a large indefinite number

synonym: many, considerable, countless

(1) **numerous** countries, (2) as **numerous** as the sand

These descriptions are based on a number of **numerous** assumptions.

lyric

n. the words of a pop song

synonym: song, jingle, ballad

(1) **lyrics** of a song, (2) **lyric** poetry

He embedded the strong will in this **lyric**.

compose

v. to write music, poetry, or formal writing; to constitute or make up a whole, or a specified part of it

synonym: compile, constitute, build

(1) **compose** an essay, (2) **compose** my thoughts

The structure is **composed** of three main components.

singe

v. to burn something slightly or superficially, usually by mistake

synonym: sear, char, burn

(1) **singe** off the hair over the flames, (2) **singe** the edges of a fabric

I didn't realize the iron was still hot and **singed** my dress.

mask

v. to conceal something; (noun) a covering that you wear over your face to hide it

synonym: disguise, camouflage, conceal

(1) **mask** body odor, (2) an oxygen **mask**

The politician tried to **mask** the corruption.

drag

v. to pull or haul with force

synonym: haul, pull, draw

(1) **drag** a chair over, (2) **drag** a team down

He **dragged** the heavy suitcase behind him as he walked.

fake

adj. not genuine; fraudulent or counterfeit

synonym: affected, bogus, counterfeit

(1) **fake** police officer, (2) spread of **fake** news

The prime minister was not well prepared for the debate and **faked** it

scream

v. to give a loud, high shout suddenly, especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice

synonym: cry, shout, yell

(1) **scream** a profanity, (2) **scream** at him to be quiet

She kept **screaming** for an ambulance.

unprepared

adj. not properly or adequately prepared; lacking preparation; not ready

synonym: inexperienced, caught off-guard, ill-equipped

(1) **unprepared** speech, (2) **unprepared** for the exam

The **unprepared** student struggled on the test and received a low grade.

Session 2: Spelling

- | | |
|-----------------------------------|---|
| 1. field of gene th_____y | <i>n.</i> the act of caring for someone through medication, remedial training, etc. |
| 2. rej_____te energy | <i>v.</i> to make someone or something look or feel younger, fresher, or more lively |
| 3. re_____e a prisoner | <i>v.</i> to set free or allow to escape from confinement |
| 4. es_____al commodities of life | <i>adj.</i> indispensable; fundamental |
| 5. unp_____ed for the exam | <i>adj.</i> not properly or adequately prepared; lacking preparation; not ready |
| 6. in_____le romantic | <i>adj.</i> not able to be cured, healed, or remedied; beyond recovery or redemption |
| 7. h__l a broken bone | <i>v.</i> to make a wound or injury to become well again |
| 8. appeared on_____e | <i>adv.</i> onto or on a stage in a theater; in front of an audience |
| 9. fr_____nt absence | <i>adj.</i> happening constantly |
| 10. a__e all the time | <i>v.</i> to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a continuous dull pain |
| 11. in_____fy a good relationship | <i>v.</i> to increase or make something increase in extent or strength |
| 12. boxing b__t | <i>n.</i> a short period of intense activity or experience; a match or contest, especially in boxing or wrestling; a period of illness or disease |

ANSWERS: 1. therapy, 2. rejuvenate, 3. release, 4. essential, 5. unprepared, 6. incurable, 7. heal, 8. onstage, 9. frequent, 10. ache, 11. intensify, 12. bout

13. neurotic sy____ms *n.* any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
14. co____e my thoughts *v.* to write music, poetry, or formal writing; to constitute or make up a whole, or a specified part of it
15. inv____ry muscles *adj.* acting or done without or against one's will
16. acute sy____me *n.* a group of signs and symptoms that occur together and are characteristic of a particular condition or disorder
17. r__l a ball *v.* to move in a particular direction by turning over and over or from side to side
18. the m__d in a room *n.* the way you feel at a particular time; an angry or impatient state of mind
19. in____le patient *adj.* not able to be cured, healed, or remedied; beyond recovery or redemption
20. p__y speech *n.* a feeling of sorrow and compassion caused by the suffering or misfortunes of others; an object of contempt or disdain
21. the at____t to rescue the hostages *n.* an act or effort of trying to do something, especially something difficult
22. se____te video into chapter *v.* to force, take, or pull apart; mark as different

ANSWERS: 13. symptom, 14. compose, 15. involuntary, 16. syndrome, 17. roll, 18. mood, 19. incurable, 20. pity, 21. attempt, 22. separate

23. th____en national security *v.* to utter intentions of injury or punishment against someone
24. si__e the edges of a fabric *v.* to burn something slightly or superficially, usually by mistake
25. hawkish con_____son *n.* a person who belongs to a congress, especially a member of the US House of Representatives; congressman (congressperson is used to avoid gender discrimination)
26. ly__c poetry *n.* the words of a pop song
27. con_____sly removed *adv.* without being interrupted or paused; repeatedly
28. as nu____us as the sand *adj.* amounting to a large indefinite number
29. r__l down his cheeks *v.* to move in a particular direction by turning over and over or from side to side
30. pre_____ion drugs *n.* a written or spoken instruction that directs a medical practitioner to prescribe a specific treatment or medication for a patient
31. t__e a piano *n.* a musical composition or set of musical notes that are played or sung; (verb) to adjust or set something to a specific condition or standard
32. w__k away my tears *v.* to close one eye briefly as a way of showing agreement, understanding, or flirtation; to emit a flashing light
33. a weak pu__e *n.* the regular heartbeat as it sends blood around the body, especially when it is felt at the wrist or side of the neck; a solid regular vibration of sound, electric current, light, or other waves

ANSWERS: 23. threaten, 24. singe, 25. congressperson, 26. lyric, 27. continuously, 28. numerous, 29. roll, 30. prescription, 31. tune, 32. wink, 33. pulse

34. facial t_c *n.* a sudden, involuntary muscular contraction or movement, often repetitive in nature; a habitual and often unconscious behavior or mannerism
35. basic br__n function *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
36. re___n my health *v.* to get something back or recover something after it has been lost or taken away
37. b__t of coughing *n.* a short period of intense activity or experience; a match or contest, especially in boxing or wrestling; a period of illness or disease
38. drunk and in_____le *adj.* unable to do, control, or achieve something
39. the files are in complete di_____er *n.* an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
40. autistic st_____ng *n.* a behavior often exhibited by individuals on the autism spectrum characterized by repetitive bodily movements or sounds, such as hand flapping or rocking, often used as a form of self-regulation or sensory stimulation
41. an_____y for knowledge *n.* a feeling of worry, nervousness, or unease about something that is happening or might happen in the future
42. a reckless at_____t *n.* an act or effort of trying to do something, especially something difficult

ANSWERS: 34. tic, 35. brain, 36. regain, 37. bout, 38. incapable, 39. disorder, 40. stimming, 41. anxiety, 42. attempt

43. the t__e of a song *n.* a musical composition or set of musical notes that are played or sung; (verb) to adjust or set something to a specific condition or standard
44. th____y for a patient *n.* the act of caring for someone through medication, remedial training, etc.
45. people with bipolar di____er *n.* an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
46. de____te attempt *adj.* feeling or showing a lack of hope and a willingness to do anything because of the problematic situation
47. a n__b mind *adj.* unable to feel physical sensation and movement; not showing human feeling or sensitivity
48. a__e abominably *v.* to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a continuous dull pain
49. allow self-p__y *n.* a feeling of sorrow and compassion caused by the suffering or misfortunes of others; an object of contempt or disdain
50. li____me benefits *n.* the duration of someone's life or something's existence;
51. co____ol stress *n.* a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure

ANSWERS: 43. tune, 44. therapy, 45. disorder, 46. desperate, 47. numb, 48. ache, 49. pity, 50. lifetime, 51. cortisol

52. se____te cream from milk
v. to force, take, or pull apart; mark as different
53. the most am____g feeling
adj. extremely surprising, especially in a way that you like or admire
54. sta_____cs for cancer
n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
55. m__k body odor
v. to conceal something; (noun) a covering that you wear over your face to hide it
56. whe_____ir accessibility
n. a chair fitted with large wheels for use as a means of transport by a person who is unable to walk
57. stop my hi____p
n. an involuntary movement of the muscles of the diaphragm and chest that causes a sudden intake of breath with a sound similar to a "hiccup"
58. d__g a team down
v. to pull or haul with force
59. a ch____al compound
adj. relating to or connected with chemistry;
60. official sta_____cs
n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
61. pu__e waves
n. the regular heartbeat as it sends blood around the body, especially when it is felt at the wrist or side of the neck; a solid regular vibration of sound, electric current, light, or other waves
62. re____y for air pollution
n. a successful way of dealing with or improving an unpleasant or difficult situation or curing an illness

ANSWERS: 52. separate, 53. amazing, 54. statistics, 55. mask, 56. wheelchair, 57. hiccup, 58. drag, 59. chemical, 60. statistics, 61. pulse, 62. remedy

74. developmental t_c *n.* a sudden, involuntary muscular contraction or movement, often repetitive in nature; a habitual and often unconscious behavior or mannerism
75. neu_____cal symptoms *adj.* of or relating to the science of neurology or the nervous system
76. spread of f__e news *adj.* not genuine; fraudulent or counterfeit
77. co_____e an essay *v.* to write music, poetry, or formal writing; to constitute or make up a whole, or a specified part of it
78. ad_____on of vectors *n.* the act or process of adding something to something else; the process of adding numbers
79. rej_____te a downtown area *v.* to make someone or something look or feel younger, fresher, or more lively
80. de_____t on the mortgage *v.* to fail to fulfill an obligation or pay a debt when it is due; to fail to meet expectations or perform as required; to choose or accept a predetermined option or condition without making a deliberate selection or choice; (noun) a failure to fulfill an obligation or to meet a requirement; the pre-set or automatic settings that a system or program uses when the user has selected no other options
81. neu_____ogy field *n.* the branch of psychology that deals with the relationships between brain function and behavior

ANSWERS: 74. tic, 75. neurological, 76. fake, 77. compose, 78. addition, 79. rejuvenate, 80. default, 81. neuropsychology

82. pr_____be a drug *v.* (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something
83. ov_____ht parking *adj.* lasting for or occurring during one night; occurring or changing extremely quickly or suddenly; happening or being achieved in a short amount of time
84. di_____ct attention from the real issue *v.* to draw someone's attention away from what they are trying to do
85. ped_____cs clinic *n.* the branch of medicine that deals with the care and treatment of children
86. diagnosis of an_____y disorder *n.* a feeling of worry, nervousness, or unease about something that is happening or might happen in the future
87. co_____er relationship *n.* a person who works with another in the same company or organization
88. br____h of wind *n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
89. an indomitable sp____t *n.* the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people
90. sy_____ms of low testosterone *n.* any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease

ANSWERS: 82. prescribe, 83. overnight, 84. distract, 85. pediatrics, 86. anxiety, 87. coworker, 88. breath, 89. spirit, 90. symptom

91. ve___l abuse *adj.* expressed in spoken rather than written words
92. a low-pi__hed sound *n.* the property of sound that varies with variation in the frequency of vibration; the degree of a slope, especially of a roof; short presentation for selling or sharing something
93. sc_____h with laughter *v.* to make a loud, high-pitched, piercing sound, often indicating pain or fear
94. a con_____ly varying mind *adv.* all the time
95. em_____al health *adj.* relating to people's feelings
96. ne_____nd freedom *adj.* newly discovered or acquired
97. li_____me ban from the sport *n.* the duration of someone's life or something's existence;
98. up___t mountains *n.* the process of raising land to a higher elevation, or the result of this process; (verb) fill with high spirits
99. am_____g advances *adj.* extremely surprising, especially in a way that you like or admire
100. sc___m a profanity *v.* to give a loud, high shout suddenly, especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice
101. sc_____h out a slogan *v.* to make a loud, high-pitched, piercing sound, often indicating pain or fear
102. former con_____son *n.* a person who belongs to a congress, especially a member of the US House of Representatives; congressman (congressperson is used to avoid gender discrimination)

ANSWERS: 91. verbal, 92. pitch, 93. screech, 94. constantly, 95. emotional, 96. newfound, 97. lifetime, 98. uplift, 99. amazing, 100. scream, 101. screech, 102. congressperson

103. chemical ad____on *n.* the act or process of adding something to something else; the process of adding numbers
104. f__e police officer *adj.* not genuine; fraudulent or counterfeit
105. an internal re____y *n.* a successful way of dealing with or improving an unpleasant or difficult situation or curing an illness
106. at____t attention *v.* to draw or entice someone or something towards them through the qualities they have, especially positive ones
107. untold de____r *n.* the feeling that there is no hope and you cannot do anything to improve a difficult situation
108. th____en a healthy relationship *v.* to utter intentions of injury or punishment against someone
109. development of the ne____s system *adj.* worried and anxious about something; relating to the nerves
110. inv____ry manslaughter *adj.* acting or done without or against one's will
111. irregular heart rh____m *n.* a strong regular repeated pattern of sounds, words, or musical notes that are used in music, poetry, and dancing
112. fill the pre____ion *n.* a written or spoken instruction that directs a medical practitioner to prescribe a specific treatment or medication for a patient
113. pe____ul coexistence *adj.* not involving violence, conflict, or war

ANSWERS: 103. addition, 104. fake, 105. remedy, 106. attract, 107. despair, 108. threaten, 109. nervous, 110. involuntary, 111. rhythm, 112. prescription, 113. peaceful

114. in_____fy diplomatic efforts *v.* to increase or make something increase in extent or strength
115. d__g a chair over *v.* to pull or haul with force
116. es_____te a fair value *v.* to guess or calculate the cost, size, value, etc. of something
117. fever with neu_____cal signs *adj.* of or relating to the science of neurology or the nervous system
118. an imp_____ve array of facts *adj.* arousing admiration due to size, quality, or skill
119. excessive co_____ol *n.* a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure
120. prescription st_____nt *n.* a substance or drug that increases or heightens physiological or nervous system activity typically used to improve alertness, attention, or concentration
121. permanent br__n damage *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
122. snatch victory from the j_ws of defeat *n.* either of the two bones at the bottom of the face that moves when you open your mouth; (verb) talk socially without exchanging too much information
123. the cause of hi___ps *n.* an involuntary movement of the muscles of the diaphragm and chest that causes a sudden intake of breath with a sound similar to a "hiccup"
124. me_____al chemistry *adj.* of or relating to the treatment or cure of disease

ANSWERS: 114. intensify, 115. drag, 116. estimate, 117. neurological, 118. impressive, 119. cortisol, 120. stimulant, 121. brain, 122. jaw, 123. hiccup, 124. medicinal

125. walk on_____e *adv.* onto or on a stage in a theater; in front of an audience
126. a con_____ly innovative enterprise *adv.* all the time
127. toxic ch_____als *adj.* relating to or connected with chemistry;
128. st_____ng therapy *n.* a behavior often exhibited by individuals on the autism spectrum characterized by repetitive bodily movements or sounds, such as hand flapping or rocking, often used as a form of self-regulation or sensory stimulation
129. di_____se the problem *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis
130. sy_____me of dementia *n.* a group of signs and symptoms that occur together and are characteristic of a particular condition or disorder
131. have no up_____e *n.* the positive aspect or potential of something; the upper side of something
132. h__l the hurt mind *v.* to make a wound or injury to become well again
133. sc_____m at him to be quiet *v.* to give a loud, high shout suddenly, especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice
134. an oxygen m__k *v.* to conceal something; (noun) a covering that you wear over your face to hide it
135. use one thing con_____sly *adv.* without being interrupted or paused; repeatedly

ANSWERS: 125. onstage, 126. constantly, 127. chemical, 128. stimming, 129. diagnose, 130. syndrome, 131. upside, 132. heal, 133. scream, 134. mask, 135. continuously

136. exp_____re planning *n.* the act of spending money; the total amount of money spent
137. di_____ct public opinion *v.* to draw someone's attention away from what they are trying to do
138. decision-making pr_____s *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
139. so___e a baby to sleep *v.* to calm or comfort someone or something; to make something less painful or uncomfortable
140. w__k at abuses *v.* to close one eye briefly as a way of showing agreement, understanding, or flirtation; to emit a flashing light
141. market up___e *n.* the positive aspect or potential of something; the upper side of something
142. sigh of re___f *n.* a feeling of happiness and relaxation that comes when something burdensome is removed or reduced
143. imp_____ve performances *adj.* arousing admiration due to size, quality, or skill
144. em_____al distress *adj.* relating to people's feelings
145. cl___h teeth *v.* to close tightly or grip firmly; to contract or stiffen, especially as in response to stress or pain; to tighten or compress

ANSWERS: 136. expenditure, 137. distract, 138. process, 139. soothe, 140. wink, 141. upside, 142. relief, 143. impressive, 144. emotional, 145. clench

146. en_____ge antisocial behavior *v.* to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
147. in an ugly m__d *n.* the way you feel at a particular time; an angry or impatient state of mind
148. f__p out a candle *n.* a piece of material attached to a garment, sail, or aircraft which flaps in the wind; (verb) to move in a wavy pattern or with an up-and-down motion
149. med_____on by mouth *n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
150. mo_____nt of troops *n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
151. ox_____in-degrading enzyme *n.* a hormone secreted by the pituitary which stimulates contractions of the uterus during labor (= the process of pushing out a baby) and the ejection of milk
152. the te_____ue applied to construction *n.* a particular way or art of doing something that needs skill
153. fr_____nt use *adj.* happening constantly
154. in samba rh____m *n.* a strong regular repeated pattern of sounds, words, or musical notes that are used in music, poetry, and dancing

ANSWERS: 146. encourage, 147. mood, 148. flap, 149. medication, 150. movement, 151. oxytocin, 152. technique, 153. frequent, 154. rhythm

155. es____te this chicken to weigh three pounds *v.* to guess or calculate the cost, size, value, etc. of something
156. energy exp____re *n.* the act of spending money; the total amount of money spent
157. ov____ht success *adj.* lasting for or occurring during one night; occurring or changing extremely quickly or suddenly; happening or being achieved in a short amount of time
158. get ne____s *adj.* worried and anxious about something; relating to the nerves
159. hold your br____h *n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
160. ess____ly correct *adv.* relating to the essential features or concepts of anything
161. es____al amino acid *adj.* indispensable; fundamental
162. pr____s improvement *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
163. opp____on campaign *n.* the act of disagreeing or resisting; the state of strong disagreement
164. a circular mo____nt *n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

ANSWERS: 155. estimate, 156. expenditure, 157. overnight, 158. nervous, 159. breath, 160. essentially, 161. essential, 162. process, 163. opposition, 164. movement

165. j_w muscle *n.* either of the two bones at the bottom of the face that moves when you open your mouth; (verb) talk socially without exchanging too much information
166. become ess_____ly same *adv.* relating to the essential features or concepts of anything
167. de_____t settings *v.* to fail to fulfill an obligation or pay a debt when it is due; to fail to meet expectations or perform as required; to choose or accept a predetermined option or condition without making a deliberate selection or choice; (noun) a failure to fulfill an obligation or to meet a requirement; the pre-set or automatic settings that a system or program uses when the user has selected no other options
168. pe_____ul country *adj.* not involving violence, conflict, or war
169. de_____r at the future *n.* the feeling that there is no hope and you cannot do anything to improve a difficult situation
170. the ex_____ed food sources *adj.* extremely tired
171. perfect ex___e *n.* a reason or explanation, either true or invented, given to justify a fault or defend your behavior; (verb) to make someone free from blame or clear from guilt
172. unpre_____ed speech *adj.* not properly or adequately prepared; lacking preparation; not ready

ANSWERS: 165. jaw, 166. essentially, 167. default, 168. peaceful, 169. despair, 170. exhausted, 171. excuse, 172. unprepared

173. ex___e for inaction *n.* a reason or explanation, either true or invented, given to justify a fault or defend your behavior; (verb) to make someone free from blame or clear from guilt
174. fl__t with him *v.* to talk or behave as if sexually attracted to someone, without serious intentions; (noun) a seductive woman who uses her sex appeal to exploit men
175. neu_____ogy research *n.* the branch of psychology that deals with the relationships between brain function and behavior
176. sc__e the birds away *v.* to frighten a person or animal, or to become frightened
177. traditional me_____al *adj.* of or relating to the treatment or cure of disease
178. her de_____te screams *adj.* feeling or showing a lack of hope and a willingness to do anything because of the problematic situation
179. so___e anxiety *v.* to calm or comfort someone or something; to make something less painful or uncomfortable
180. un___d the story *v.* to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown
181. en_____ge a sense of affinity *v.* to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do

ANSWERS: 173. excuse, 174. flirt, 175. neuropsychology, 176. scare, 177. medicinal, 178. desperate, 179. soothe, 180. unfold, 181. encourage

182. re___n our reputation *v.* to get something back or recover something after it has been lost or taken away
183. un___d the stroller *v.* to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown
184. tax re___f *n.* a feeling of happiness and relaxation that comes when something burdensome is removed or reduced
185. make a pi__h for a new product *n.* the property of sound that varies with variation in the frequency of vibration; the degree of a slope, especially of a roof; short presentation for selling or sharing something
186. di_____se with CT scans *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis
187. Internet ad___t *n.* a person who cannot stop using or doing something as a habit, especially something harmful
188. ly__cs of a song *n.* the words of a pop song
189. a ne_____nd mine *adj.* newly discovered or acquired
190. the f__p of wings *n.* a piece of material attached to a garment, sail, or aircraft which flaps in the wind; (verb) to move in a wavy pattern or with an up-and-down motion
191. up___t my spirit *n.* the process of raising land to a higher elevation, or the result of this process; (verb) fill with high spirits

ANSWERS: 182. regain, 183. unfold, 184. relief, 185. pitch, 186. diagnose, 187. addict, 188. lyric, 189. newfound, 190. flap, 191. uplift

192. meet with opp_____on *n.* the act of disagreeing or resisting; the state of strong disagreement
193. memory st_____nt *n.* a substance or drug that increases or heightens physiological or nervous system activity typically used to improve alertness, attention, or concentration
194. ox_____in receptor *n.* a hormone secreted by the pituitary which stimulates contractions of the uterus during labor (= the process of pushing out a baby) and the ejection of milk
195. take a pai_____er beforehand *n.* medicine used to relieve physical pain
196. re_____e CO2 into the air *v.* to set free or allow to escape from confinement
197. argue with a co_____er *n.* a person who works with another in the same company or organization
198. a strong pai_____er *n.* medicine used to relieve physical pain
199. electric-powered whe_____ir *n.* a chair fitted with large wheels for use as a means of transport by a person who is unable to walk
200. ped_____cs department *n.* the branch of medicine that deals with the care and treatment of children
201. a te_____ue in martial arts *n.* a particular way or art of doing something that needs skill
202. n__b with cold *adj.* unable to feel physical sensation and movement; not showing human feeling or sensitivity
203. antagonism of do_____ne *n.* a chemical substance produced by nerve cells as a neurotransmitter; as a drug, it is used to treat shock and hypotension

ANSWERS: 192. opposition, 193. stimulant, 194. oxytocin, 195. painkiller, 196. release, 197. coworker, 198. painkiller, 199. wheelchair, 200. pediatrics, 201. technique, 202. numb, 203. dopamine

204. pr_____be in the preceding paragraph
205. fl__t like a schoolgirl
206. antibiotic med_____on
207. at_____t customers
208. do_____ne-inhibiting agent
- v. (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something
- v. to talk or behave as if sexually attracted to someone, without serious intentions; (noun) a seductive woman who uses her sex appeal to exploit men
- n. a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
- v. to draw or entice someone or something towards them through the qualities they have, especially positive ones
- n. a chemical substance produced by nerve cells as a neurotransmitter; as a drug, it is used to treat shock and hypotension

ANSWERS: 204. prescribe, 205. flirt, 206. medication, 207. attract, 208. dopamine

Session 3: Fill in the Blanks

1. Human _____ responses vary widely depending on the society to which they belong.
adj. relating to people's feelings
2. He seems _____ of understanding what she says.
adj. unable to do, control, or achieve something
3. He was _____ when he lost all his money by gambling.
adj. feeling or showing a lack of hope and a willingness to do anything because of the problematic situation
4. They _____ customers with a premium for loyal patronage.
v. to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
5. The firm has grown into a large _____ manufacturing.
adj. relating to or connected with chemistry;
6. We need to _____ the aspect of his personality from the part of his competence when making an investment decision.
v. to force, take, or pull apart; mark as different
7. The spa treatment promised to _____ her skin and leave her feeling refreshed.
v. to make someone or something look or feel younger, fresher, or more lively

ANSWERS: 1. emotional, 2. incapable, 3. desperate, 4. encouraged, 5. chemical, 6. separate, 7. rejuvenate

8. With his _____ wealth, he could travel the world and indulge in his passions.

adj. newly discovered or acquired

9. The third _____ was far more successful.

n. an act or effort of trying to do something, especially something difficult

10. She applied aloe vera to _____ her sunburn.

v. to calm or comfort someone or something; to make something less painful or uncomfortable

11. His heartaches are less _____ now.

adj. happening constantly

12. The drug's side effects can include _____ loss of urine.

adj. acting or done without or against one's will

13. I _____ all over after running a marathon yesterday.

v. to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a continuous dull pain

14. The _____ student struggled on the test and received a low grade.

adj. not properly or adequately prepared; lacking preparation; not ready

15. He _____ his fist in anger when he heard the bad news.

v. to close tightly or grip firmly; to contract or stiffen, especially as in response to stress or pain; to tighten or compress

16. The government is eager to _____ international investment.

v. to draw or entice someone or something towards them through the qualities they have, especially positive ones

ANSWERS: 8. newfound, 9. attempt, 10. soothe, 11. frequent, 12. involuntary, 13. ache, 14. unprepared, 15. clenched, 16. attract

17. The _____ of the dancers on stage was graceful and elegant.
- n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
18. His gaffe spoiled the _____ of the dinner party.
- n.* the way you feel at a particular time; an angry or impatient state of mind
19. The animal rights group worked to _____ the dolphins back into the wild.
- v.* to set free or allow to escape from confinement
20. He suffers from _____ breakdowns.
- adj.* worried and anxious about something; relating to the nerves
21. I need to refill my _____ for allergy medication at the pharmacy.
- n.* a written or spoken instruction that directs a medical practitioner to prescribe a specific treatment or medication for a patient
22. _____ levels in the body are often elevated during times of stress.
- n.* a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure
23. Jockey's superior _____ brought him victory.
- n.* a particular way or art of doing something that needs skill
24. The cardiac monitor displays the intensity of your _____.
- n.* the regular heartbeat as it sends blood around the body, especially when it is felt at the wrist or side of the neck; a solid regular vibration of sound, electric current, light, or other waves

ANSWERS: 17. movement, 18. mood, 19. release, 20. nervous, 21. prescription, 22. Cortisol, 23. technique, 24. pulse

25. He _____ the heavy suitcase behind him as he walked.
- v. to pull or haul with force
26. Women may increase _____ production through romantic love.
- n. a hormone secreted by the pituitary which stimulates contractions of the uterus during labor (= the process of pushing out a baby) and the ejection of milk
27. The patient was diagnosed with a rare genetic _____.
- n. a group of signs and symptoms that occur together and are characteristic of a particular condition or disorder
28. The politician tried to _____ the corruption.
- v. to conceal something; (noun) a covering that you wear over your face to hide it
29. I underwent aversion _____ for my addiction to alcohol.
- n. the act of caring for someone through medication, remedial training, etc.
30. He had a _____ of anxiety before his big presentation.
- n. a short period of intense activity or experience; a match or contest, especially in boxing or wrestling; a period of illness or disease
31. The patient displays a _____ of a side effect.
- n. any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
32. After years of hard work, he finally _____ his financial stability.
- v. to get something back or recover something after it has been lost or taken away

ANSWERS: 25. dragged, 26. oxytocin, 27. syndrome, 28. mask, 29. therapy, 30. bout, 31. symptom, 32. regained

33. X-rays revealed a small tumor in his _____.

- n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling

34. The _____ lasted for hours and were driving him crazy.

- n.* an involuntary movement of the muscles of the diaphragm and chest that causes a sudden intake of breath with a sound similar to a "hiccup"

35. He devoted his life to establishing a humanitarian _____ fund.

- n.* a feeling of happiness and relaxation that comes when something burdensome is removed or reduced

36. The study of _____ is essential in understanding the relationship between the brain and behavior.

- n.* the branch of psychology that deals with the relationships between brain function and behavior

37. These descriptions are based on a number of _____ assumptions.

- adj.* amounting to a large indefinite number

38. We _____ the season's total trade deficit at \$50 billion.

- v.* to guess or calculate the cost, size, value, etc. of something

39. My left arm became _____.

- adj.* unable to feel physical sensation and movement; not showing human feeling or sensitivity

40. She had lived through two world wars in her _____.

- n.* the duration of someone's life or something's existence;

ANSWERS: 33. brain, 34. hiccups, 35. relief, 36. neuropsychology, 37. numerous, 38. estimated, 39. numb, 40. lifetime

41. The _____ party strongly disagreed with the government's proposed legislation.

n. the act of disagreeing or resisting; the state of strong disagreement

42. The budget reduction was an _____ feat for our nation.

adj. arousing admiration due to size, quality, or skill

43. My husband never _____ with other women.

v. to talk or behave as if sexually attracted to someone, without serious intentions;
(noun) a seductive woman who uses her sex appeal to exploit men

44. The _____ properties of this herb have been known to help with various ailments.

adj. of or relating to the treatment or cure of disease

45. I didn't realize the iron was still hot and _____ my dress.

v. to burn something slightly or superficially, usually by mistake

46. The drug controls the level of _____ in the brain.

n. a chemical substance produced by nerve cells as a neurotransmitter; as a drug, it is used to treat shock and hypotension

47. He bated his _____ when talking about this affair.

n. the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs

48. He was exhausted and _____ into bed as soon as he got home.

v. to move in a particular direction by turning over and over or from side to side

ANSWERS: 41. opposition, 42. impressive, 43. flirts, 44. medicinal, 45. singed, 46. dopamine, 47. breath, 48. rolled

49. Various artificially induced causes are _____ our ecosystem.
v. to utter intentions of injury or punishment against someone
50. Rebels have pledged to _____ the armed struggle against the dictatorship.
v. to increase or make something increase in extent or strength
51. _____ a society is an organism.
adv. relating to the essential features or concepts of anything
52. This library rents out various types of folding _____ for visitors.
n. a chair fitted with large wheels for use as a means of transport by a person who is unable to walk
53. Sleep-deprived people gradually lose their concentration and may _____.
v. to experience a seemingly real perception of something that does not actually exist, usually as a result of a mental illness or drug use
54. Almost \$1 billion in capital _____ is still required.
n. the act of spending money; the total amount of money spent
55. The candidate must have excellent _____ skills.
adj. expressed in spoken rather than written words
56. The _____ in the stock market has been a relief to investors.
n. the process of raising land to a higher elevation, or the result of this process; (verb) fill with high spirits
57. The term of a _____ is two years.
n. a person who belongs to a congress, especially a member of the US House of Representatives; congressman (congressperson is used to avoid gender discrimination)

ANSWERS: 49. threatening, 50. intensify, 51. Essentially, 52. wheelchairs, 53. hallucinate, 54. expenditure, 55. verbal, 56. uplift, 57. congressperson

58. His friend's death drove him to _____.
- n.* the feeling that there is no hope and you cannot do anything to improve a difficult situation
59. It is a _____ that the concert had to be canceled due to the storm.
- n.* a feeling of sorrow and compassion caused by the suffering or misfortunes of others; an object of contempt or disdain
60. He embedded the strong will in this _____.
- n.* the words of a pop song
61. Despite their tragic loss, the family is showing great _____.
- n.* the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people
62. The country's domestic coal consumption has been _____ declining for decades.
- adv.* without being interrupted or paused; repeatedly
63. She kept _____ for an ambulance.
- v.* to give a loud, high shout suddenly, especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice
64. The mystery _____ as the detectives gathered more clues.
- v.* to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown
65. We have become TV _____ due to video streaming services.
- n.* a person who cannot stop using or doing something as a habit, especially something harmful

ANSWERS: 58. despair, 59. pity, 60. lyric, 61. spirit, 62. continuously, 63. screaming, 64. unfolded, 65. addicts

66. The golfer recorded an _____ distance.

adj. extremely surprising, especially in a way that you like or admire

67. The _____ for applying for a visa can be lengthy and complicated.

n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

68. It will take time for her mental scars to _____.

v. to make a wound or injury to become well again

69. The patient was diagnosed with an _____ disease and given only a few months to live.

adj. not able to be cured, healed, or remedied; beyond recovery or redemption

70. If you don't specify a different option, the computer will _____ to its original settings.

v. to fail to fulfill an obligation or pay a debt when it is due; to fail to meet expectations or perform as required; to choose or accept a predetermined option or condition without making a deliberate selection or choice; (noun) a failure to fulfill an obligation or to meet a requirement; the pre-set or automatic settings that a system or program uses when the user has selected no other options

71. Over-the-counter _____ are less effective for patients who have taken many in the past.

n. medicine used to relieve physical pain

72. He dropped his _____ at the unexpected sight.

n. either of the two bones at the bottom of the face that moves when you open your mouth; (verb) talk socially without exchanging too much information

ANSWERS: 66. amazing, 67. process, 68. heal, 69. incurable, 70. default, 71. painkillers, 72. jaw

73. She waited for her daughter with _____.

- n.* a feeling of worry, nervousness, or unease about something that is happening or might happen in the future

74. Many athletes use _____ like caffeine to boost their energy before a competition.

- n.* a substance or drug that increases or heightens physiological or nervous system activity typically used to improve alertness, attention, or concentration

75. We hit the ground to _____ out the rabbits.

- v.* to frighten a person or animal, or to become frightened

76. The patient was diagnosed with a _____ disorder affecting their motor skills.

- adj.* of or relating to the science of neurology or the nervous system

77. This device is used to _____ brain cancer and other tumors.

- v.* to determine or distinguish the nature of a problem or an illness through a careful analysis

78. The brakes on the car began to _____ as the driver suddenly stopped at the intersection.

- v.* to make a loud, high-pitched, piercing sound, often indicating pain or fear

79. Autistic children may engage in _____ behaviors, such as rocking or hand flapping, to self-regulate.

- n.* a behavior often exhibited by individuals on the autism spectrum characterized by repetitive bodily movements or sounds, such as hand flapping or rocking, often used as a form of self-regulation or sensory stimulation

ANSWERS: 73. anxiety, 74. stimulants, 75. scare, 76. neurological, 77. diagnose, 78. screech, 79. stimming

80. The pharmacist not only prescribes the _____ but also guides its proper use.
- n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
81. My nervous ____ makes it hard for me to concentrate during important events.
- n.* a sudden, involuntary muscular contraction or movement, often repetitive in nature; a habitual and often unconscious behavior or mannerism
82. The _____ package delivery arrived at my door this morning.
- adj.* lasting for or occurring during one night; occurring or changing extremely quickly or suddenly; happening or being achieved in a short amount of time
83. My ex-_____ and I had different working styles but managed to get along.
- n.* a person who works with another in the same company or organization
84. Federal bankruptcy laws _____ the reorganization process.
- v.* (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something
85. The prime minister was not well prepared for the debate and _____ it
- adj.* not genuine; fraudulent or counterfeit
86. The _____ runner fell to the ground and gasped.
- adj.* extremely tired
87. Plutonium has limited _____ applications.
- adj.* not involving violence, conflict, or war

ANSWERS: 80. medication, 81. tic, 82. overnight, 83. coworker, 84. prescribed, 85. faked, 86. exhausted, 87. peaceful

88. The doctor prescribed some medicine for the mental _____.
- n.* an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
89. In _____ private corporations provide healthcare services.
- n.* the act or process of adding something to something else; the process of adding numbers
90. He beat out a jazz _____ on the cajones.
- n.* a strong regular repeated pattern of sounds, words, or musical notes that are used in music, poetry, and dancing
91. I am studying _____ in medical school because I love working with children.
- n.* the branch of medicine that deals with the care and treatment of children
92. The band played a beautiful _____ on their instruments.
- n.* a musical composition or set of musical notes that are played or sung; (verb) to adjust or set something to a specific condition or standard
93. The mobile application industry is _____ changing.
- adv.* all the time
94. The _____ of the tent was open, letting in the fresh air.
- n.* a piece of material attached to a garment, sail, or aircraft which flaps in the wind; (verb) to move in a wavy pattern or with an up-and-down motion
95. He couldn't help but _____ at his wife during the boring meeting to make her laugh.
- v.* to close one eye briefly as a way of showing agreement, understanding, or flirtation; to emit a flashing light

ANSWERS: 88. disorder, 89. addition, 90. rhythm, 91. pediatrics, 92. tune, 93. constantly, 94. flap, 95. wink

96. He performed his magic trick _____ leaving the audience in awe.

adv. onto or on a stage in a theater; in front of an audience

97. The _____ demonstrate that poverty and unemployment are genuine problems.

n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

98. The structure is _____ of three main components.

v. to write music, poetry, or formal writing; to constitute or make up a whole, or a specified part of it

99. Please don't _____ me while I'm studying.

v. to draw someone's attention away from what they are trying to do

100. He quickly fabricated an _____ for not attending the meeting.

n. a reason or explanation, either true or invented, given to justify a fault or defend your behavior; (verb) to make someone free from blame or clear from guilt

101. This drug will be a good _____ for your stomach trouble.

n. a successful way of dealing with or improving an unpleasant or difficult situation or curing an illness

102. Her voice gradually increased in _____.

n. the property of sound that varies with variation in the frequency of vibration; the degree of a slope, especially of a roof; short presentation for selling or sharing something

103. Many people see the _____ of traveling as an opportunity to experience new cultures and broaden their horizons.

n. the positive aspect or potential of something; the upper side of something

ANSWERS: 96. onstage, 97. statistics, 98. composed, 99. distract, 100. excuse, 101. remedy, 102. pitch, 103. upside

104. Trial and error is an _____ part of education.

adj. indispensable; fundamental

ANSWERS: 104. essential