

Englist.me



Vocabulary Builder Reference from...

Mathias Basner: Why noise is bad for your health -- and what you can do about it | TED Talk

https://www.ted.com/talks/mathias_basner_why_noise_is_bad_for_your_health_and_what_you_can_do_about_it

All Words

IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

Session 1: Word List

silent

adj. without any or little sound

synonym : quiet, hushed, mute

(1) **silent** reading, (2) give **silent** consent

The politician remained **silent** despite intense media scrutiny.

commodity

n. a product or a raw material that can be traded, bought, or sold

synonym : merchandise, goods, entity

(1) **commodity** tax, (2) international **commodity**

The government announced a policy to control the rise in **commodity** prices.

surprisingly

adv. in a way that causes amazement or wonder

synonym : exceptionally, notably, unusually

(1) **surprisingly** advanced culture, (2) have **surprisingly** little effect

The exam was **surprisingly** tricky for everyone.

individually

adv. separately or apart from others

synonym : separately, one by one, independently

(1) answer questions **individually**, (2) **individually**

designed product

Each department has done its product costing **individually**.

assume

v. to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance

synonym: guess, presume, suppose

(1) **assume** a lousy attitude to his boss, (2) **assume** an important role

The following example **assumes** that the capacity of each battery is the same.

concert

n. a musical performance given in public by one or more players or singers

synonym: gig, musical, show

(1) have a **concert** again, (2) a benefit **concert**

This artist always packs the **concert** halls.

damage

v. to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity

synonym: harm, impair, injure

(1) **damage** a relationship, (2) **damage** assessment

During the surgery, the doctor had to be extremely cautious not to **damage** a blood vessel.

permanent

adj. lasting for a long time without essential change

synonym: lasting, ceaseless, endless

(1) literature of **permanent** value, (2) **permanent** life insurance

She is searching for a **permanent** residence.

auditory

adj. of or relating to hearing or the ability to hear

synonym: hearing, audible, aural

(1) a good **auditory** memory, (2) **auditory** system

The **auditory** nerve carries sound signals from the ear to the brain.

define

v. to state or explain precisely the nature, scope, or meaning of something

synonym: characterize, depict, express

(1) **define** a word, (2) **define** my position

To advance this discussion, we must **define** "success" rigorously.

unwanted

adj. not wanted or desired

synonym: undesired, unneeded

(1) **unwanted** attention, (2) **unwanted** guests

He threw away the **unwanted** items in his closet.

component

n. one of several parts that combines with others to form something bigger

synonym: element, part, factor

(1) key **component**, (2) spare **components** for cars

The researchers try to discover a common **component** in all types of successful organizations.

psychology

n. the scientific study of mind and behavior

(1) **psychology** experiment, (2) **psychology** of crowd

She had a master's degree in **psychology**.

circumstance

n. the specific conditions or events that surround a particular situation or occurrence

synonym: condition, context, environment

(1) **circumstance** of birth, (2) **circumstance** of injury

She explained the **circumstances** surrounding the accident.

attend

v. to be present at an event, to go to a place

synonym: go, be present, accompany

(1) **attend** a meeting, (2) **attend** service

We must **attend** to this matter.

exposed

adj. having no protection or shield from something, such as bad weather, attack, or criticism

synonym : endangered, revealed, disclosed

(1) **exposed** to radiation, (2) an **exposed** rock

Tech companies often employ **exposed** ducts and other materials in their office interiors.

decibel

n. (also "dB") a unit used to measure the intensity of sound or the comparative loudness of two sounds based on a logarithmic scale

synonym : dB, sound level, volume

(1) **decibel** level, (2) adjust the **decibel**

The concert reached 100 **decibels**, causing many people to cover their ears.

contrast

v. to put in opposition to show or emphasize differences

synonym : differ, vary, counterpoint

(1) **contrast** with a decade ago, (2) **contrast** two things

It's intriguing to compare and **contrast** the two authors.

concentration

n. the ability to focus all your time and energy on one thing without thinking about anything else.

synonym : attention, engagement, assiduity

(1) **concentration** of armaments, (2) his research area of **concentration**

This exam requires excellent **concentration** to pass.

trigger

v. to make something happen suddenly; to cause something such as a device, machine, etc. to function

synonym : activate, spark, drive

(1) **trigger** a biochemical response, (2) **trigger** inflation

The incident **triggered** a political controversy.

reaction

n. a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others

synonym : response, reply, answer

(1) chemical **reaction**, (2) trigger a **reaction**

There was a chemical **reaction** of the lime with the groundwater.

consequence

n. the outcome of a particular action or event, especially relative to an individual

synonym: result, impact, outcome

(1) unintended **consequences**, (2) the **consequence** of an argument

These economic activities had disastrous environmental **consequences**.

increasingly

adv. more and more

synonym: more and more, progressively

(1) **increasingly** become common, (2) face **increasingly** complicated challenges

Our company found it **increasingly** difficult to keep up with the competition.

constantly

adv. all the time

synonym: continuously, always, frequently

(1) a **constantly** innovative enterprise, (2) a **constantly** varying mind

The mobile application industry is **constantly** changing.

traffic

n. the movement of vehicles, people, or goods along a route or through a transport system; the amount of such movement in a particular place or at a particular time

synonym: congestion, jam, flow

(1) **traffic** jam, (2) heavy **traffic**

We decided to take a detour to avoid the construction **traffic** on the main road.

urbanization

n. the process of population growth and physical expansion of cities, often involving increased migration from rural areas and the development of urban

infrastructure and culture

synonym: urban development, urban growth, urban expansion

(1) **urbanization** process, (2) non- **urbanization** area

Rapid **urbanization** has led to many environmental and social issues in cities.

construct

v. to build or create something; to assemble or combine different parts to form something whole

synonym: build, assemble, create

(1) **construct** a 3D image, (2) **construct** a dam

He **constructs** hypotheses that no mathematician has ever imagined before.

mow

v. to cut down and trim grass or other vegetation, usually with a machine such as a lawnmower; to cut down or harvest crops

synonym: cut, trim, clip

(1) **mow** the field, (2) **mow** a yard

My father likes to **mow** the lawn early on Saturday mornings.

outdo

v. to do better than someone; to surpass

synonym: excel, surpass, outshine

(1) **outdo** him in trickery, (2) **outdo** the competition

He tried to **outdo** his rival by breaking the world record.

organization

n. a group of people who work together for a shared purpose

synonym: association, institution, community

(1) **organization** chart, (2) agricultural **organization**

She is the president of a large international **organization**.

estimate

v. to guess or calculate the cost, size, value, etc. of something

synonym: calculate, gauge, evaluate

(1) **estimate** a fair value, (2) **estimate** this chicken to weigh three pounds

We **estimated** the season's total trade deficit at \$50 billion.

exposure

n. the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret

synonym: vulnerability, disclosure, uncovering

(1) a southern **exposure**, (2) the **exposure** of a fraud

The long **exposure** to the air tarnished the antique tableware.

environment

n. the natural world such as air, water, and land in which humans, animals, and plants live

synonym: atmosphere, surroundings, climate

(1) **environment** affairs, (2) chaotic **environment**

Every human is responsible for taking care of the Earth's **environment**.

disturb

v. to interrupt someone who is trying to work, sleep, etc.

synonym: agitate, bother, intrude

(1) **disturb** the peace, (2) **disturb** his sleep

Tourists frequently **disturb** the island's delicate natural balance.

communicate

v. to share or exchange information with others by speaking, writing, moving your body, or using other signals

synonym: convey, share, transmit

(1) **communicate** his anxieties to the psychiatrist,

(2) **communicate** well with my advisor

Dolphins use sound to **communicate** with each other.

extreme

adj. very great in amount or degree

synonym: farthestmost, outermost, fierce

(1) **extreme** sports, (2) **extreme** weather events

Solar gravity creates **extreme** pressures and temperatures.

pause

v. to take a short break from talking or doing something before continuing

synonym : halt, break, intermit

(1) **pause** a moment, (2) **pause** for a reaction

The man **paused** before opening the door.

conversation

n. an informal talk between two or more people to exchange their views, ideas, information, etc.

synonym : chat, discussion, dialogue

(1) **conversation** in English, (2) a friendly **conversation**

Your **conversation** reflects your thoughts.

misunderstand

v. to interpret or understand something in the wrong way

synonym : misinterpret, misperceive, misapprehend

(1) **misunderstand** each other, (2) **misunderstand** entirely about her

You should not **misunderstand** the meaning of freedom.

noisy

adj. making a lot of sounds, especially loud or disruptive sound

synonym : loud, cacophonous, clamorous

(1) **noisy** neighbor, (2) **noisy** party

The construction outside was creating a **noisy** distraction from my work.

lag

v. to move or develop so slowly that you are behind other people, organizations, etc.

synonym : delay, slow down, fall behind

(1) **lag** a long way behind the progress, (2) **lag** behind its competition

Our interest began to **lag** sharply.

peer

n. a person who has the same age, status, or ability

synonym : fellow, associate, counterpart

(1) **peer** group, (2) **peer** review

Among young people, **peer** pressure can be pretty influential.

academic

adj. associated with schools, colleges, and universities, especially studying and thinking, not with practical skills
synonym: educational, scholarly, theoretical

(1) **academic** probation, (2) an **academic** discussion

An excellent historian must possess an **academic** mentality.

cardiovascular

adj. of or relating to the heart and blood vessels (= tubes that carry blood around the body)

(1) **cardiovascular** diseases, (2) **cardiovascular** tissue

Smoking places you at severe risk of **cardiovascular** and respiratory disease.

disease

n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

synonym: illness, ailment, affliction

(1) **disease** prevention, (2) **disease** control

The doctor diagnosed him with a rare **disease** that had no known cure.

relevance

n. the state or degree of being closely connected or appropriate to the matter at hand

synonym: pertinence, applicability, connection

(1) have no **relevance**, (2) **relevance** category

The **relevance** of this information to the current situation needs to be investigated.

prolong

v. to extend the duration or length of something, particularly a period of time or an event

synonym: extend, lengthen, stretch

(1) **prolong** the agony, (2) measures to **prolong** the lifespan

We need to **prolong** the meeting for another hour to discuss all the issues.

excrete

v. to discharge waste matter, such as urine or feces, from the body or a cell or gland

synonym : eliminate, expel, secrete

(1) **excrete** a sticky liquid, (2) **excrete** waste products

The body **excretes** excess salt through urine to maintain proper electrolyte balance.

hormone

n. a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood

(1) **hormone** secretion, (2) female **hormone**

The doctor diagnosed me with a **hormone** disorder.

adrenaline

n. a substance secreted by the adrenal medulla in response to stress, which makes the heart beat faster and prepares the body to react to danger

synonym : epinephrine

(1) **adrenaline** receptor, (2) **adrenaline** addiction

The band has released a lot of **adrenaline-pumping** rock music.

cortisol

n. a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure

synonym : stress hormone, hydrocortisone

(1) **cortisol** stress, (2) excessive **cortisol**

Cortisol levels in the body are often elevated during times of stress.

composition

n. the different parts of something's elements or ingredients; the way in which the different components are organized; a piece of music written by someone

synonym : creating, formatting, arrangement

(1) age **composition** of the population, (2) the piano passages in the **composition**

Their innovative concepts were consistent across their bodies of **composition**.

structure

n. the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts
synonym : construction, architecture, establishment
(1) the **structure** of a machine, (2) **structure** and function of the brain
The organizational **structure** of start-ups is often flat and straightforward.

vessel

n. a ship or large boat
synonym : boat, ship, craft
(1) blood **vessels**, (2) naval **vessels**
The **vessel** arrived in port the following day.

stiff

adj. not easily bent, flexible, or pliable; difficult to move or be maneuvered; difficult to relax; having a heavy or formal manner
synonym : rigid, inflexible, unbending
(1) **stiff** muscles, (2) **stiff** penalty
Her body felt **stiff** after sitting at her desk for hours without moving.

epidemiology

n. the study of the distribution and determinants of health-related states or events, including diseases, in specified populations, and the application of this study to the control of health problems
synonym : public health, disease control
(1) **epidemiology** research, (2) cancer **epidemiology**
The **epidemiology** of influenza has been well studied over the years, leading to the development of effective vaccines and treatment strategies.

association

n. a people or groups of people who have joined in a single organization together for a particular purpose; a social or business connection or relationship
synonym : affiliation, collaboration, society
(1) word **associations**, (2) a scholarship **association**

His membership in the **association** provided him with numerous benefits.

stroke

n. a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball with a club, racket, etc.

synonym: blow

(1) suffer **stroke**, (2) a **stroke** of the putter

This year's extreme heat has resulted in many heat **stroke** cases.

relative

adj. considered and evaluated through comparison with something else

synonym: comparative, proximate, congeneric

(1) a remote **relative**, (2) **relative** factors

Most countries prohibit sexual activity between certain close **relatives**.

constitute

v. to be the essential or fundamental elements or parts of something; to establish, appoint, or assign someone to a particular office or position; to make up or compose something

synonym: comprise, form, make up

(1) **constitute** a threat, (2) **constitute** a majority

The new regulations **constitute** a significant change in the industry standards.

ubiquitous

adj. being or existing everywhere at once

synonym: universal, omnipresent, everywhere

(1) **ubiquitous** computing, (2) **ubiquitous** across ecosystems

Sugar is **ubiquitous** in food.

cancer

n. abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

synonym: tumor, carcinoma, malignancy

(1) **cancer** diagnosis, (2) **cancer** research

Breast **cancer** is the most common type of cancer in women.

diabetes

n. a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood

(1) juvenile **diabetes**, (2) **diabetes** patient

My father was tested for **diabetes**.

obesity

n. the condition of being significantly overweight, typically defined as having a body mass index (BMI) of 30 or greater.

synonym : overweight, corpulence, fattiness

(1) **obesity-related** diseases, (2) suffer from **obesity**

The prevalence of **obesity** has increased significantly in recent years.

conclude

v. to come to an end or close; to reach a judgment or opinion by reasoning

synonym : complete, finish, decide

(1) **conclude** a meeting, (2) **conclude** that he is healthy

We **concluded** a cease-fire.

disturbance

n. something that interrupts a settled and peaceful condition or that makes someone feel nervous or worried

synonym : disorder, upset, annoyance

(1) a nervous **disturbance**, (2) a **disturbance** caused by a terrorist

This building construction causes serious **disturbance** to residents.

mechanism

n. a part of a machine, or a set of parts that performs a task; a natural or established process that occurs during a specific situation or reaction

synonym : means, method, system

(1) the **mechanism** for DNA replication, (2) defense **mechanism**

He discovered unique **mechanisms** for photochemical reactions.

recuperate

v. to recover, heal, or regain health, strength, or well-being after an illness, injury, or period of stress or exhaustion

synonym: heal, recover, recuperate

(1) **recuperate** from illness, (2) **recuperate** lost data

After surgery, it's important to rest and **recuperate** before returning to your normal activities.

cornerstone

n. a fundamental or essential element or component of something; a basis or foundation upon which something is built or developed

synonym: foundation, basis, keystone

(1) **cornerstone** of democracy, (2) lay the **cornerstone**

Effective communication is often considered the **cornerstone** of a successful team.

hygiene

n. the practice of maintaining cleanliness in the home and person to prevent illness

synonym: cleanliness, health, sanitation

(1) **hygiene** practices, (2) public **hygiene**

Good **hygiene** is important for preventing the spread of illness.

watchman

n. a person who guards or keeps watch over a particular place, property, or group of people, often during the night; a person who is on the lookout for potential dangers or threats

synonym: guard, sentinel, keeper

(1) **watchman** duty, (2) night **watchman**

The **watchman's** whistle blew, signaling the start of the night shift.

function

n. the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes

a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose

synonym : purpose, mapping, job

(1) **function** properly, (2) immune **function**

The brain is an incredibly complex organ that controls the body's **function**.

monitor

v. to observe, check, and track the progress or quality of something over a period of time

synonym : proctor, check, observe

(1) **monitor** an exam, (2) **monitor** the data carefully

They used a special receiver to **monitor** police radio channels.

threat

n. a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation

synonym : menace, danger, hazard

(1) economic **threat**, (2) environmental **threat**

The **threat** of severe weather prompted the city to issue an evacuation warning.

delay

v. to cause something to happen at a later time than originally intended or expected

synonym : block, adjourn, detain

(1) **delay** a flight three hours, (2) **delay** the new project

We **delayed** the payment because of an incorrect invoice.

asleep

adj. in a state of sleep

synonym : sleeping, fallen, at rest

(1) **asleep** at the wheel, (2) dead **asleep**

He lay down and fell **asleep** immediately.

hypothesis

n. a proposed idea or explanation that is based on a few known facts but has not yet been proven to be true or

accurate

synonym: assumption, conjecture, theory

(1) test my **hypothesis**, (2) a bold **hypothesis**

This evidence supports the big-bang **hypothesis**.

induce

v. to persuade someone to do something; to cause to act in a specific manner

synonym: cause, encourage, persuade

(1) **induce** a crisis, (2) **induce** him to see a doctor

The lack of sleep **induces** both physical and psychological diseases.

unconscious

adj. in the state of lacking awareness and the capacity for sensory perception, especially as the result of a head injury or illness

synonym: comatose, paralyzed, senseless

(1) **unconscious** bias, (2) a person who is **unconscious**

I know his **unconscious** habit that he touches his face when he lies.

physiological

adj. relating to the normal functioning of living organisms and their organs and systems; concerning the physical or biochemical processes and activities that occur within the body

synonym: biological, organic, bodily

(1) **physiological** response, (2) **physiological** activity

The doctor explained the various **physiological** changes that occur during pregnancy.

numerous

adj. amounting to a large indefinite number

synonym: many, considerable, countless

(1) **numerous** countries, (2) as **numerous** as the sand

These descriptions are based on a number of **numerous** assumptions.

awaken

v. to stop sleeping or to cause someone to stop sleeping
synonym: rouse, arouse, revive

(1) **awaken** at daybreak, (2) **awaken** a child
The friend's death **awakens** them.

severely

adv. very badly or seriously
synonym: harshly, hardly, oppressively

(1) **severely** burned arm, (2) criticize him **severely**
Her company was **severely** affected by the bank's failure.

fragment

n. a small piece or part broken off or detached
synonym: piece, shard, segment

(1) **fragment** of a text, (2) a broken **fragment**
The archaeologist carefully pieced together the tiny **fragments** of pottery found at the dig site.

regain

v. to get something back or recover something after it has been lost or taken away
synonym: recover, reclaim, retrieve

(1) **regain** our reputation, (2) **regain** my health
After years of hard work, he finally **regained** his financial stability.

conscious

adj. being aware of and able to respond to what is happening around you
synonym: aware, cognizant, deliberate

(1) **conscious** effort, (2) **conscious** of having succeeded
He became **conscious** that he was being followed.

nevertheless

adv. in spite of that; yet
synonym: nonetheless, yet, still

(1) keep working **nevertheless**, (2) **nevertheless**, she persevered
She was tired and hungry, but **nevertheless**, she persevered.

profound

adj. extremely great; sensed or experienced very strongly; displaying a high level of knowledge or comprehension

synonym : deep, unsounded, far-reaching

(1) a **profound** book, (2) the **profound** depths of the sea

My mother's illness had a **profound** impact on us all.

volume

n. the amount of space occupied by an object or substance; the magnitude of sound

synonym : capacity, amount, intensity

(1) **volume** of work, (2) high **volume**

This container has a **volume** of 10 cubic meters.

basement

n. a room or a part of a building that is partly or entirely below ground level

synonym : cellar, storage, vault

(1) four **basement** floor, (2) church **basement**

Underground rivers flow over a **basement** layer that is impervious to water.

insulation

n. the act or process of covering something to stop heat, sound, electricity, etc. from passing through; the materials used for this

synonym : cushioning, covering, nonconductor

(1) additional sound **insulation**, (2) **insulation** board

He installed fiberglass **insulation** in the wall.

install

v. to fix furniture, a machine, or a piece of equipment into position so that it can be used; put into an office or a position

synonym : establish, inaugurate, lodge

(1) **install** a door, (2) **install** a chairperson

The new president was **installed** immediately after the national election.

obvious

adj. easy to see, discover or understand

synonym : apparent, conspicuous, evident

(1) **obvious** reasons, (2) his conclusion was **obvious**

There are **obvious** differences between the two wine-producing regions.

afford

v. to have enough money or time to be able to buy or do something

(1) **afford** to buy a new car, (2) **afford** a high travel cost
He cannot **afford** a holiday.

improve

v. to make or become better

synonym: enhance, ameliorate, enrich

(1) **improve** a process, (2) **improve** the test score

We want to **improve** ties between our two countries.

complain

v. to say dissatisfaction or annoyance about something or somebody

synonym: gripe, claim, denounce

(1) **complain** about a job, (2) call and **complain** frequently

Our users are often **complaining** about the slow application.

refund

n. a sum of money that is given back to a customer as repayment for a purchase; the act of returning money to someone who has paid for a product or service; (verb) to return money previously received or paid

synonym: repayment, reimbursement, rebate

(1) tax **refund**, (2) **refund** a balance

I received a **refund** for the defective product I bought online.

typical

adj. having the usual characteristics or traits of a specific group of things

synonym: characteristic, usual, distinctive

(1) **typical** leader, (2) fairly **typical** symptoms

This artwork is **typical** of her work.

shield

n. a protective covering or structure, especially in the past, that soldiers held in front of their bodies to protect themselves

synonym: guard, protection, safeguard

(1) a heat **shield**, (2) a **shield** for protecting against a bullet
Lead is an effective **shield** against X-rays, gamma rays, and other harmful radiation.

priority

n. something that is more important than other things and should be dealt with first

synonym: importance, precedence, primacy

(1) **priority** call, (2) **priority** seating for elderly

Her **priority** is to be a mother.

property

n. a thing or things that belong to someone

synonym: belongings, possessions, equity

(1) a man of **property**, (2) chemical **property**

He stood to inherit a million-dollar **property**.

cancel

v. to decide that a previously scheduled activity will not take place

synonym: abort, invalidate, annul

(1) **cancel** a class, (2) **cancel** a free subscription trial

When customers **cancel** their reservations, they lose the deposit they made.

background

n. the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem

synonym: ground, experience, backdrop

(1) a **background** color, (2) a criminal **background**

The company's hiring criteria emphasize personality, not a person's **background**.

vacation

n. a period in which someone does not have to attend work or school and is free to do whatever they choose, such as travel or leisure

synonym: leave, recess, break

(1) a short **vacation**, (2) summer **vacation**

Do you have a plan for a long **vacation**?

appropriate

adj. suitable or proper in the circumstances; fitting
synonym : fitting, suitable, proper

(1) **appropriate** behavior, (2) an **appropriate** time

It would be **appropriate** to dress nicely for the wedding.

confer

v. to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something

synonym : consult, meet, discuss

(1) **confer** degree, (2) **confer** honor

The leaders of the two countries met to **confer** on the issue.

statistics

n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

(1) **statistics** for cancer, (2) official **statistics**

The **statistics** demonstrate that poverty and unemployment are genuine problems.

constant

adj. happening repeatedly or all the time

synonym : ceaseless, stable, unchanging

(1) a **constant** wind, (2) a **constant** temperature

Constant dropping wears away the stone.

degree

n. a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment

synonym : level, qualification, diploma

(1) bachelor's **degree**, (2) **degree** centigrade

She received her **degree** in psychology from the university.

pollution

n. the introduction of harmful substances or waste into the natural environment that causes adverse change

synonym : corrosion, deterioration, corruption

(1) environmental **pollution**, (2) high levels of air **pollution**

The **pollution** is endangering the local plants and animals.

profit

n. money that is earned in business or by selling things after deducting the costs involved

synonym : earnings, gain, proceeds

(1) gross **profit**, (2) make a **profit**

This business yields little **profit**.

carbon

n. a chemical element that can be found in pure form as diamond or graphite, and it is also an essential part of coal and oil and is found in all plants and animals

(1) **carbon** dioxide, (2) **carbon** emission

Trees absorb **carbon** dioxide and give off oxygen.

footprint

n. a mark of a foot, shoe, or animal's foot left on a surface

synonym : footmark, imprint, impression

(1) **footprints** in the snow, (2) the **footprints** of an earlier civilization

We choose transportation that has a smaller carbon **footprint**.

lawn

n. a stretch of ground covered with grass, typically attached to a house, and often used for recreation or aesthetics

synonym : yard, grass, meadow

(1) **lawn** mower, (2) lush **lawn**

The family enjoyed a picnic on the **lawn** in the park.

rake

n. a garden tool with a long handle and curved, pointed teeth used for gathering fallen leaves, grass clippings, and other debris from lawns and gardens; a dissolute or immoral person, often one who pursues pleasure and debauchery to excess

synonym : scraper, harrow, hoe

(1) bamboo **rake**, (2) **rake's** behavior

The golf course has special **rakes** for smoothing out the sand traps.

reduction

n. a decrease in size, amount, or degree

synonym : diminution, decrease, cutback

(1) **reduction** strategy, (2) a gradual **reduction**

The **reduction** in carbon emissions has been significant

since the implementation of the new policy.

blend

v. to mix or combine two or more substances

synonym: combine, mix, intermingle

(1) **blend** all the elements, (2) **blend** milk and cream

The toad altered its appearance to better **blend** in with its new environments.

manufacture

v. to make goods in large numbers, usually in a factory using machines

synonym: create, fabricate, assemble

(1) **manufacture** an enzyme, (2) **manufacture** a product

The majority of synthetic vitamins are **manufactured** from oil.

device

n. a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic

synonym: gadget, instrument, tool

(1) electronic **device**, (2) tracking **device**

I always carry a backup **device** in case my phone runs out of battery.

advertise

v. to draw attention to something such as a product, service, or event in public to encourage people to buy, use, or attend it

synonym: publicize, announce, promote

(1) **advertise** the campaign, (2) **advertise** on social media

We want to **advertise** our company through your media.

regulation

n. an official rule made and maintained by a government or some other authority; the act of controlling or directing something according to a rule

synonym: constraint, restriction, rule

(1) a company **regulation**, (2) **regulation** by the government

The **regulation** approved by Congress was perfunctorily implemented.

enforcement

n. the act of ensuring that rules, regulations, or laws are obeyed or implemented; the act of applying force or pressure to compel compliance with rules or laws

synonym: implementation, application, execution

(1) **enforcement** action, (2) **enforcement** officer

The **enforcement** of the new traffic laws led to a decrease in accidents.

revenue

n. the income that a government receives from taxes or that a company earns from its business

synonym: earnings, payment, remuneration

(1) tax **revenue**, (2) annual **revenue**

This graph indicates the city's tourism **revenue** over five years.

associate

v. to mentally connect someone or something with someone or something else

synonym: tie in, link, consociate

(1) **associate** alcohol with gambling, (2) **associate** with people widely

The majority of consumers **associate** this brand with quality.

politician

n. a person who is a member of a government or law-making organization, especially as an elected member of parliament, etc.

synonym: congressperson, lawmaker, legislator

(1) a **politician** in the ruling party, (2) a corrupt **politician**

The **politician** lost his position in the end due to the scandal.

policy

n. a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

synonym: strategy, plan, guideline

(1) health **policy**, (2) foreign **policy**

The company's new **policy** on remote work has made it a

more inclusive workplace.

supposedly

adv. according to what is generally assumed or believed without actually knowing for sure

synonym : seemingly, allegedly, purportedly

(1) **supposedly** identical, (2) neckless **supposedly** made of pure gold

He is **supposedly** nominated for a Nobel Prize.

humankind

n. the whole of the living human inhabitants of the earth

synonym : humanity, human race, society

(1) **humankind** as a species, (2) history of **humankind**

On the geological time scale, **humankind** has existed for a brief moment.

relentless

adj. persistent and determined; continuing despite difficulties or setbacks

synonym : unyielding, tireless, unremitting

(1) **relentless** attack, (2) face **relentless** pressure

The athlete's **relentless** training paid off in the end.

cholera

n. a severe infectious disease that causes acute diarrhea, vomiting, and dehydration, often resulting in a rapid and dangerous loss of body fluids and electrolytes

synonym : infectious disease, epidemic, plague

(1) **cholera** toxin, (2) **cholera** epidemic

The outbreak of **cholera** was a major health crisis in the 19th century.

pest

n. a destructive insect or other animals that are harmful to crops, animals, or humans; someone or something that is annoying or troublesome

synonym : nuisance, problem, annoyance

(1) **pest** control, (2) a **pest** of bean plants

The gardener used natural methods to keep **pests** away from her plants.

celebrate

v. to acknowledge a memorable or good day or event with a social gathering or enjoyable activity

synonym: praise, glorify, honor

(1) **celebrate** his election, (2) **celebrate** Christmas

He **celebrated** the 10th anniversary of his tenure.

Session 2: Spelling

- | | |
|-------------------------------------|---|
| 1. blood ve___ls | <i>n.</i> a ship or large boat |
| 2. the pr____nd depths of the sea | <i>adj.</i> extremely great; sensed or experienced very strongly; displaying a high level of knowledge or comprehension |
| 3. adr_____ne receptor | <i>n.</i> a substance secreted by the adrenal medulla in response to stress, which makes the heart beat faster and prepares the body to react to danger |
| 4. unc_____us bias | <i>adj.</i> in the state of lacking awareness and the capacity for sensory perception, especially as the result of a head injury or illness |
| 5. psy_____gy experiment | <i>n.</i> the scientific study of mind and behavior |
| 6. co_____st two things | <i>v.</i> to put in opposition to show or emphasize differences |
| 7. un_____ed attention | <i>adj.</i> not wanted or desired |
| 8. app_____te behavior | <i>adj.</i> suitable or proper in the circumstances; fitting |
| 9. di_____b the peace | <i>v.</i> to interrupt someone who is trying to work, sleep, etc. |
| 10. tr_____r a biochemical response | <i>v.</i> to make something happen suddenly; to cause something such as a device, machine, etc. to function |
| 11. naval ve___ls | <i>n.</i> a ship or large boat |

ANSWERS: 1. vessel, 2. profound, 3. adrenaline, 4. unconscious, 5. psychology, 6. contrast, 7. unwanted, 8. appropriate, 9. disturb, 10. trigger, 11. vessel

12. co_____ct a 3D image *v.* to build or create something; to assemble or combine different parts to form something whole
13. the fo_____nts of an earlier civilization *n.* a mark of a foot, shoe, or animal's foot left on a surface
14. a southern ex_____re *n.* the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret
15. co_____r honor *v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
16. ho_____e secretion *n.* a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood
17. ca_____n emission *n.* a chemical element that can be found in pure form as diamond or graphite, and it is also an essential part of coal and oil and is found in all plants and animals
18. ch_____a toxin *n.* a severe infectious disease that causes acute diarrhea, vomiting, and dehydration, often resulting in a rapid and dangerous loss of body fluids and electrolytes
19. pr_____ty seating for elderly *n.* something that is more important than other things and should be dealt with first

ANSWERS: 12. construct, 13. footprint, 14. exposure, 15. confer, 16. hormone, 17. carbon, 18. cholera, 19. priority

20. re___n my health *v.* to get something back or recover something after it has been lost or taken away
21. at___d a meeting *v.* to be present at an event, to go to a place
22. at___d service *v.* to be present at an event, to go to a place
23. ubi_____us across ecosystems *adj.* being or existing everywhere at once
24. environmental po_____on *n.* the introduction of harmful substances or waste into the natural environment that causes adverse change
25. suffer from ob_____y *n.* the condition of being significantly overweight, typically defined as having a body mass index (BMI) of 30 or greater.
26. in___e him to see a doctor *v.* to persuade someone to do something; to cause to act in a specific manner
27. a man of pr_____ty *n.* a thing or things that belong to someone
28. ca___r diagnosis *n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
29. the ex_____re of a fraud *n.* the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret

ANSWERS: 20. regain, 21. attend, 22. attend, 23. ubiquitous, 24. pollution, 25. obesity, 26. induce, 27. property, 28. cancer, 29. exposure

30. environmental th____t *n.* a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation
31. ad_____se the campaign *v.* to draw attention to something such as a product, service, or event in public to encourage people to buy, use, or attend it
32. in_____l a chairperson *v.* to fix furniture, a machine, or a piece of equipment into position so that it can be used; put into an office or a position
33. pr_____ty call *n.* something that is more important than other things and should be dealt with first
34. church ba_____nt *n.* a room or a part of a building that is partly or entirely below ground level
35. electronic de____e *n.* a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic
36. co_____in about a job *v.* to say dissatisfaction or annoyance about something or somebody
37. re_____on strategy *n.* a decrease in size, amount, or degree
38. epi_____ogy research *n.* the study of the distribution and determinants of health-related states or events, including diseases, in specified populations, and the application of this study to the control of health problems

ANSWERS: 30. threat, 31. advertise, 32. install, 33. priority, 34. basement, 35. device, 36. complain, 37. reduction, 38. epidemiology

39. co_____us of having succeeded *adj.* being aware of and able to respond to what is happening around you
40. phy_____cal activity *adj.* relating to the normal functioning of living organisms and their organs and systems; concerning the physical or biochemical processes and activities that occur within the body
41. tax re_____e *n.* the income that a government receives from taxes or that a company earns from its business
42. a criminal bac_____nd *n.* the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem
43. nev_____ess, she persevered *adv.* in spite of that; yet
44. female ho_____e *n.* a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood
45. se_____ly burned arm *adv.* very badly or seriously
46. au_____ry system *adj.* of or relating to hearing or the ability to hear
47. word ass_____ons *n.* a people or groups of people who have joined in a single organization together for a particular purpose; a social or business connection or relationship
48. trigger a re_____on *n.* a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others

ANSWERS: 39. conscious, 40. physiological, 41. revenue, 42. background, 43. nevertheless, 44. hormone, 45. severely, 46. auditory, 47. association, 48. reaction

59. neckless sup_____ly made of pure gold *adv.* according to what is generally assumed or believed without actually knowing for sure
60. aw____n a child *v.* to stop sleeping or to cause someone to stop sleeping
61. an ex_____d rock *adj.* having no protection or shield from something, such as bad weather, attack, or criticism
62. org_____ion chart *n.* a group of people who work together for a shared purpose
63. excessive co_____ol *n.* a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure
64. a gradual re_____on *n.* a decrease in size, amount, or degree
65. a corrupt pol_____an *n.* a person who is a member of a government or law-making organization, especially as an elected member of parliament, etc.
66. da____e a relationship *v.* to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity
67. ind_____lly designed product *adv.* separately or apart from others
68. a remote re_____ve *adj.* considered and evaluated through comparison with something else

ANSWERS: 59. supposedly, 60. awaken, 61. exposed, 62. organization, 63. cortisol, 64. reduction, 65. politician, 66. damage, 67. individually, 68. relative

69. p__r group *n.* a person who has the same age, status, or ability
70. call and co_____in frequently *v.* to say dissatisfaction or annoyance about something or somebody
71. key co_____nt *n.* one of several parts that combines with others to form something bigger
72. m_w the field *v.* to cut down and trim grass or other vegetation, usually with a machine such as a lawnmower; to cut down or harvest crops
73. st__f muscles *adj.* not easily bent, flexible, or pliable; difficult to move or be maneuvered; difficult to relax; having a heavy or formal manner
74. keep working nev_____ess *adv.* in spite of that; yet
75. a scholarship ass_____on *n.* a people or groups of people who have joined in a single organization together for a particular purpose; a social or business connection or relationship
76. ubi_____us computing *adj.* being or existing everywhere at once
77. pa__e a moment *v.* to take a short break from talking or doing something before continuing
78. pe_____nt life insurance *adj.* lasting for a long time without essential change
79. a broken fr_____nt *n.* a small piece or part broken off or detached
80. de___e centigrade *n.* a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment

ANSWERS: 69. peer, 70. complain, 71. component, 72. mow, 73. stiff, 74. nevertheless, 75. association, 76. ubiquitous, 77. pause, 78. permanent, 79. fragment, 80. degree

- | | |
|---|--|
| 81. an app_____te time | <i>adj.</i> suitable or proper in the circumstances; fitting |
| 82. de___e my position | <i>v.</i> to state or explain precisely the nature, scope, or meaning of something |
| 83. di_____e prevention | <i>n.</i> a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems |
| 84. cor_____ne of democracy | <i>n.</i> a fundamental or essential element or component of something; a basis or foundation upon which something is built or developed |
| 85. have no re_____ce | <i>n.</i> the state or degree of being closely connected or appropriate to the matter at hand |
| 86. bl__d milk and cream | <i>v.</i> to mix or combine two or more substances |
| 87. spare co_____nts for cars | <i>n.</i> one of several parts that combines with others to form something bigger |
| 88. m_w a yard | <i>v.</i> to cut down and trim grass or other vegetation, usually with a machine such as a lawnmower; to cut down or harvest crops |
| 89. as___e a lousy attitude to his boss | <i>v.</i> to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance |
| 90. man_____re a product | <i>v.</i> to make goods in large numbers, usually in a factory using machines |

ANSWERS: 81. appropriate, 82. define, 83. disease, 84. cornerstone, 85. relevance, 86. blend, 87. component, 88. mow, 89. assume, 90. manufacture

91. env_____nt affairs *n.* the natural world such as air, water, and land in which humans, animals, and plants live
92. de__y a flight three hours *v.* to cause something to happen at a later time than originally intended or expected
93. di_____b his sleep *v.* to interrupt someone who is trying to work, sleep, etc.
94. defense me_____sm *n.* a part of a machine, or a set of parts that performs a task; a natural or established process that occurs during a specific situation or reaction
95. con_____ion in English *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
96. co_____st with a decade ago *v.* to put in opposition to show or emphasize differences
97. urb_____ion process *n.* the process of population growth and physical expansion of cities, often involving increased migration from rural areas and the development of urban infrastructure and culture
98. international co_____ty *n.* a product or a raw material that can be traded, bought, or sold
99. st__f penalty *adj.* not easily bent, flexible, or pliable; difficult to move or be maneuvered; difficult to relax; having a heavy or formal manner
100. tax re____d *n.* a sum of money that is given back to a customer as repayment for a purchase; the act of returning money to someone who has paid for a product or service; (verb) to return money previously received or paid

ANSWERS: 91. environment, 92. delay, 93. disturb, 94. mechanism, 95. conversation, 96. contrast, 97. urbanization, 98. commodity, 99. stiff, 100. refund

101. ty_____l leader *adj.* having the usual characteristics or traits of a specific group of things
102. answer questions ind_____lly *adv.* separately or apart from others
103. inc_____gly become common *adv.* more and more
104. co_____de that he is healthy *v.* to come to an end or close; to reach a judgment or opinion by reasoning
105. pa__e for a reaction *v.* to take a short break from talking or doing something before continuing
106. no__y party *adj.* making a lot of sounds, especially loud or disruptive sound
107. ex_____d to radiation *adj.* having no protection or shield from something, such as bad weather, attack, or criticism
108. health po____y *n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective
109. chemical re_____on *n.* a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others
110. as_____te alcohol with gambling *v.* to mentally connect someone or something with someone or something else
111. wa_____an duty *n.* a person who guards or keeps watch over a particular place, property, or group of people, often during the night; a person who is on the lookout for potential dangers or threats

ANSWERS: 101. typical, 102. individually, 103. increasingly, 104. conclude, 105. pause, 106. noisy, 107. exposed, 108. policy, 109. reaction, 110. associate, 111. watchman

112. have a co_____t again *n.* a musical performance given in public by one or more players or singers
113. st_____re and function of the brain *n.* the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts
114. high vo____e *n.* the amount of space occupied by an object or substance; the magnitude of sound
115. mo_____r an exam *v.* to observe, check, and track the progress or quality of something over a period of time
116. a st____e of the putter *n.* a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball with a club, racket, etc.
117. the st_____re of a machine *n.* the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts
118. ex_____e a sticky liquid *v.* to discharge waste matter, such as urine or feces, from the body or a cell or gland
119. co_____us effort *adj.* being aware of and able to respond to what is happening around you
120. economic th____t *n.* a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation

ANSWERS: 112. concert, 113. structure, 114. volume, 115. monitor, 116. stroke, 117. structure, 118. excrete, 119. conscious, 120. threat

121. ca___r research *n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
122. immune fu_____on *n.* the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose
123. tr_____c jam *n.* the movement of vehicles, people, or goods along a route or through a transport system; the amount of such movement in a particular place or at a particular time
124. a benefit co_____t *n.* a musical performance given in public by one or more players or singers
125. p__t control *n.* a destructive insect or other animals that are harmful to crops, animals, or humans; someone or something that is annoying or troublesome
126. a bac_____nd color *n.* the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem

ANSWERS: 121. cancer, 122. function, 123. traffic, 124. concert, 125. pest, 126. background

127. the piano passages in the
com_____on
128. criticize him se_____ly
129. bachelor's de____e
130. co_____ct a dam
131. co____r degree
132. ca____l a free subscription trial
133. night wa_____an
134. adr_____ne addiction
135. ex_____e weather events
136. juvenile di_____es
- n.* the different parts of something's elements or ingredients; the way in which the different components are organized; a piece of music written by someone
- adv.* very badly or seriously
- n.* a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment
- v.* to build or create something; to assemble or combine different parts to form something whole
- v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
- v.* to decide that a previously scheduled activity will not take place
- n.* a person who guards or keeps watch over a particular place, property, or group of people, often during the night; a person who is on the lookout for potential dangers or threats
- n.* a substance secreted by the adrenal medulla in response to stress, which makes the heart beat faster and prepares the body to react to danger
- adj.* very great in amount or degree
- n.* a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood

ANSWERS: 127. composition, 128. severely, 129. degree, 130. construct, 131. confer, 132. cancel, 133. watchman, 134. adrenaline, 135. extreme, 136. diabetes

137. l_g a long way behind the progress *v.* to move or develop so slowly that you are behind other people, organizations, etc.
138. cir_____nce of birth *n.* the specific conditions or events that surround a particular situation or occurrence
139. hy_____e practices *n.* the practice of maintaining cleanliness in the home and person to prevent illness
140. r__e's behavior *n.* a garden tool with a long handle and curved, pointed teeth used for gathering fallen leaves, grass clippings, and other debris from lawns and gardens; a dissolute or immoral person, often one who pursues pleasure and debauchery to excess
141. mis_____and each other *v.* to interpret or understand something in the wrong way
142. ch_____a epidemic *n.* a severe infectious disease that causes acute diarrhea, vomiting, and dehydration, often resulting in a rapid and dangerous loss of body fluids and electrolytes
143. the me_____sm for DNA replication *n.* a part of a machine, or a set of parts that performs a task; a natural or established process that occurs during a specific situation or reaction
144. l_g behind its competition *v.* to move or develop so slowly that you are behind other people, organizations, etc.

ANSWERS: 137. lag, 138. circumstance, 139. hygiene, 140. rake, 141. misunderstand, 142. cholera, 143. mechanism, 144. lag

145. high levels of air po_____on *n.* the introduction of harmful substances or waste into the natural environment that causes adverse change
146. have sur_____gly little effect *adv.* in a way that causes amazement or wonder
147. car_____lar tissue *adj.* of or relating to the heart and blood vessels (= tubes that carry blood around the body)
148. ca___n dioxide *n.* a chemical element that can be found in pure form as diamond or graphite, and it is also an essential part of coal and oil and is found in all plants and animals
149. face rel_____ss pressure *adj.* persistent and determined; continuing despite difficulties or setbacks
150. ob____s reasons *adj.* easy to see, discover or understand
151. chemical pr____ty *n.* a thing or things that belong to someone
152. rel_____ss attack *adj.* persistent and determined; continuing despite difficulties or setbacks
153. a company reg_____on *n.* an official rule made and maintained by a government or some other authority; the act of controlling or directing something according to a rule
154. psy_____gy of crowd *n.* the scientific study of mind and behavior
155. ou__o him in trickery *v.* to do better than someone; to surpass
156. test my hyp_____is *n.* a proposed idea or explanation that is based on a few known facts but has not yet been proven to be true or accurate

ANSWERS: 145. pollution, 146. surprisingly, 147. cardiovascular, 148. carbon, 149. relentless, 150. obvious, 151. property, 152. relentless, 153. regulation, 154. psychology, 155. outdo, 156. hypothesis

157. a co_____nt temperature *adj.* happening repeatedly or all the time
158. hu_____nd as a species *n.* the whole of the living human inhabitants of the earth
159. a heat sh____d *n.* a protective covering or structure, especially in the past, that soldiers held in front of their bodies to protect themselves
160. as____p at the wheel *adj.* in a state of sleep
161. a con_____ly varying mind *adv.* all the time
162. af____d a high travel cost *v.* to have enough money or time to be able to buy or do something
163. es_____te this chicken to weigh three pounds *v.* to guess or calculate the cost, size, value, etc. of something
164. literature of pe_____nt value *adj.* lasting for a long time without essential change
165. a co_____nt wind *adj.* happening repeatedly or all the time
166. con_____ion of armaments *n.* the ability to focus all your time and energy on one thing without thinking about anything else.
167. re_____ce category *n.* the state or degree of being closely connected or appropriate to the matter at hand
168. cancer epi_____ogy *n.* the study of the distribution and determinants of health-related states or events, including diseases, in specified populations, and the application of this study to the control of health problems

ANSWERS: 157. constant, 158. humankind, 159. shield, 160. asleep, 161. constantly, 162. afford, 163. estimate, 164. permanent, 165. constant, 166. concentration, 167. relevance, 168. epidemiology

169. as nu____us as the sand *adj.* amounting to a large indefinite number
170. his research area of
con_____ion *n.* the ability to focus all your time and energy on one thing without thinking about anything else.
171. ob_____y-related diseases *n.* the condition of being significantly overweight, typically defined as having a body mass index (BMI) of 30 or greater.
172. bl__d all the elements *v.* to mix or combine two or more substances
173. ac_____ic probation *adj.* associated with schools, colleges, and universities, especially studying and thinking, not with practical skills
174. rec_____te lost data *v.* to recover, heal, or regain health, strength, or well-being after an illness, injury, or period of stress or exhaustion
175. four ba_____nt floor *n.* a room or a part of a building that is partly or entirely below ground level
176. tracking de____e *n.* a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic
177. non-urb_____ion area *n.* the process of population growth and physical expansion of cities, often involving increased migration from rural areas and the development of urban infrastructure and culture
178. as____e an important role *v.* to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance

ANSWERS: 169. numerous, 170. concentration, 171. obesity, 172. blend, 173. academic, 174. recuperate, 175. basement, 176. device, 177. urbanization, 178. assume

179. di_____es patient *n.* a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood
180. reg_____on by the government *n.* an official rule made and maintained by a government or some other authority; the act of controlling or directing something according to a rule
181. lush l__n *n.* a stretch of ground covered with grass, typically attached to a house, and often used for recreation or aesthetics
182. ca___l a class *v.* to decide that a previously scheduled activity will not take place
183. dead as___p *adj.* in a state of sleep
184. an ac_____ic discussion *adj.* associated with schools, colleges, and universities, especially studying and thinking, not with practical skills
185. fr_____nt of a text *n.* a small piece or part broken off or detached
186. the con_____ce of an argument *n.* the outcome of a particular action or event, especially relative to an individual
187. co_____de a meeting *v.* to come to an end or close; to reach a judgment or opinion by reasoning
188. man_____re an enzyme *v.* to make goods in large numbers, usually in a factory using machines
189. pr_____g the agony *v.* to extend the duration or length of something, particularly a period of time or an event

ANSWERS: 179. diabetes, 180. regulation, 181. lawn, 182. cancel, 183. asleep, 184. academic, 185. fragment, 186. consequence, 187. conclude, 188. manufacture, 189. prolong

190. adjust the de_____l *n.* (also "dB") a unit used to measure the intensity of sound or the comparative loudness of two sounds based on a logarithmic scale
191. a nervous dis_____ce *n.* something that interrupts a settled and peaceful condition or that makes someone feel nervous or worried
192. da___e assessment *v.* to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity
193. p__r review *n.* a person who has the same age, status, or ability
194. com_____te his anxieties to the psychiatrist *v.* to share or exchange information with others by speaking, writing, moving your body, or using other signals
195. im_____e the test score *v.* to make or become better
196. rec_____te from illness *v.* to recover, heal, or regain health, strength, or well-being after an illness, injury, or period of stress or exhaustion
197. agricultural org_____ion *n.* a group of people who work together for a shared purpose
198. a dis_____ce caused by a terrorist *n.* something that interrupts a settled and peaceful condition or that makes someone feel nervous or worried
199. in___e a crisis *v.* to persuade someone to do something; to cause to act in a specific manner

ANSWERS: 190. decibel, 191. disturbance, 192. damage, 193. peer, 194. communicate, 195. improve, 196. recuperate, 197. organization, 198. disturbance, 199. induce

200. make a pr___t	<i>n.</i> money that is earned in business or by selling things after deducting the costs involved
201. un____ed guests	<i>adj.</i> not wanted or desired
202. a short va____on	<i>n.</i> a period in which someone does not have to attend work or school and is free to do whatever they choose, such as travel or leisure
203. no__y neighbor	<i>adj.</i> making a lot of sounds, especially loud or disruptive sound
204. fo_____nts in the snow	<i>n.</i> a mark of a foot, shoe, or animal's foot left on a surface
205. ou__o the competition	<i>v.</i> to do better than someone; to surpass
206. annual re____e	<i>n.</i> the income that a government receives from taxes or that a company earns from its business
207. lay the cor_____ne	<i>n.</i> a fundamental or essential element or component of something; a basis or foundation upon which something is built or developed
208. ex____e sports	<i>adj.</i> very great in amount or degree
209. enf_____nt officer	<i>n.</i> the act of ensuring that rules, regulations, or laws are obeyed or implemented; the act of applying force or pressure to compel compliance with rules or laws
210. sur_____gly advanced culture	<i>adv.</i> in a way that causes amazement or wonder

ANSWERS: 200. profit, 201. unwanted, 202. vacation, 203. noisy, 204. footprint, 205. outdo, 206. revenue, 207. cornerstone, 208. extreme, 209. enforcement, 210. surprisingly

211. ad_____se on social media *v.* to draw attention to something such as a product, service, or event in public to encourage people to buy, use, or attend it
212. gross pr____t *n.* money that is earned in business or by selling things after deducting the costs involved
213. a p__t of bean plants *n.* a destructive insect or other animals that are harmful to crops, animals, or humans; someone or something that is annoying or troublesome
214. cir_____nce of injury *n.* the specific conditions or events that surround a particular situation or occurrence
215. measures to pr_____g the lifespan *v.* to extend the duration or length of something, particularly a period of time or an event
216. mo_____r the data carefully *v.* to observe, check, and track the progress or quality of something over a period of time
217. phy_____cal response *adj.* relating to the normal functioning of living organisms and their organs and systems; concerning the physical or biochemical processes and activities that occur within the body
218. foreign po____y *n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

ANSWERS: 211. advertise, 212. profit, 213. pest, 214. circumstance, 215. prolong, 216. monitor, 217. physiological, 218. policy

219. es_____te a fair value *v.* to guess or calculate the cost, size, value, etc. of something
220. official sta_____cs *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
221. his conclusion was ob_____s *adj.* easy to see, discover or understand
222. a good au_____ry memory *adj.* of or relating to hearing or the ability to hear
223. give si____t consent *adj.* without any or little sound
224. con_____te a threat *v.* to be the essential or fundamental elements or parts of something; to establish, appoint, or assign someone to a particular office or position; to make up or compose something
225. de_____l level *n.* (also "dB") a unit used to measure the intensity of sound or the comparative loudness of two sounds based on a logarithmic scale
226. face inc_____gly complicated challenges *adv.* more and more
227. si____t reading *adj.* without any or little sound
228. ce_____te Christmas *v.* to acknowledge a memorable or good day or event with a social gathering or enjoyable activity
229. heavy tr_____c *n.* the movement of vehicles, people, or goods along a route or through a transport system; the amount of such movement in a particular place or at a particular time

ANSWERS: 219. estimate, 220. statistics, 221. obvious, 222. auditory, 223. silent, 224. constitute, 225. decibel, 226. increasingly, 227. silent, 228. celebrate, 229. traffic

230. summer va_____on *n.* a period in which someone does not have to attend work or school and is free to do whatever they choose, such as travel or leisure
231. re____d a balance *n.* a sum of money that is given back to a customer as repayment for a purchase; the act of returning money to someone who has paid for a product or service; (verb) to return money previously received or paid
232. di_____e control *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
233. a con_____ly innovative enterprise *adv.* all the time
234. de__y the new project *v.* to cause something to happen at a later time than originally intended or expected
235. co_____ol stress *n.* a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure
236. a bold hyp_____is *n.* a proposed idea or explanation that is based on a few known facts but has not yet been proven to be true or accurate
237. com_____te well with my advisor *v.* to share or exchange information with others by speaking, writing, moving your body, or using other signals
238. l__n mower *n.* a stretch of ground covered with grass, typically attached to a house, and often used for recreation or aesthetics

ANSWERS: 230. vacation, 231. refund, 232. disease, 233. constantly, 234. delay, 235. cortisol, 236. hypothesis, 237. communicate, 238. lawn

239. vo___e of work *n.* the amount of space occupied by an object or substance; the magnitude of sound
240. fairly ty_____l symptoms *adj.* having the usual characteristics or traits of a specific group of things
241. fu_____on properly *n.* the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose
242. con_____te a majority *v.* to be the essential or fundamental elements or parts of something; to establish, appoint, or assign someone to a particular office or position; to make up or compose something
243. bamboo r__e *n.* a garden tool with a long handle and curved, pointed teeth used for gathering fallen leaves, grass clippings, and other debris from lawns and gardens; a dissolute or immoral person, often one who pursues pleasure and debauchery to excess
244. chaotic env_____nt *n.* the natural world such as air, water, and land in which humans, animals, and plants live
245. unintended con_____ces *n.* the outcome of a particular action or event, especially relative to an individual

ANSWERS: 239. volume, 240. typical, 241. function, 242. constitute, 243. rake, 244. environment, 245. consequence

246. sup_____ly identical *adv.* according to what is generally assumed or believed without actually knowing for sure
247. a sh___d for protecting against a bullet *n.* a protective covering or structure, especially in the past, that soldiers held in front of their bodies to protect themselves
248. additional sound ins_____on *n.* the act or process of covering something to stop heat, sound, electricity, etc. from passing through; the materials used for this
249. a friendly con_____ion *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
250. a pol_____an in the ruling party *n.* a person who is a member of a government or law-making organization, especially as an elected member of parliament, etc.
251. af___d to buy a new car *v.* to have enough money or time to be able to buy or do something
252. enf_____nt action *n.* the act of ensuring that rules, regulations, or laws are obeyed or implemented; the act of applying force or pressure to compel compliance with rules or laws
253. re_____ve factors *adj.* considered and evaluated through comparison with something else
254. aw___n at daybreak *v.* to stop sleeping or to cause someone to stop sleeping

ANSWERS: 246. supposedly, 247. shield, 248. insulation, 249. conversation, 250. politician, 251. afford, 252. enforcement, 253. relative, 254. awaken

255. a person who is unc_____us *adj.* in the state of lacking awareness and the capacity for sensory perception, especially as the result of a head injury or illness
256. history of hu_____nd *n.* the whole of the living human inhabitants of the earth
257. mis_____and entirely about her *v.* to interpret or understand something in the wrong way
258. as_____te with people widely *v.* to mentally connect someone or something with someone or something else
259. re____n our reputation *v.* to get something back or recover something after it has been lost or taken away
260. tr_____r inflation *v.* to make something happen suddenly; to cause something such as a device, machine, etc. to function
261. ex_____e waste products *v.* to discharge waste matter, such as urine or feces, from the body or a cell or gland
262. nu_____us countries *adj.* amounting to a large indefinite number
263. age com_____on of the population *n.* the different parts of something's elements or ingredients; the way in which the different components are organized; a piece of music written by someone
264. de____e a word *v.* to state or explain precisely the nature, scope, or meaning of something

ANSWERS: 255. unconscious, 256. humankind, 257. misunderstand, 258. associate, 259. regain, 260. trigger, 261. excrete, 262. numerous, 263. composition, 264. define

Session 3: Fill in the Blanks

1. Among young people, _____ pressure can be pretty influential.
n. a person who has the same age, status, or ability
2. The government announced a policy to control the rise in _____ prices.
n. a product or a raw material that can be traded, bought, or sold
3. Underground rivers flow over a _____ layer that is impervious to water.
n. a room or a part of a building that is partly or entirely below ground level
4. Solar gravity creates _____ pressures and temperatures.
adj. very great in amount or degree
5. We _____ the season's total trade deficit at \$50 billion.
v. to guess or calculate the cost, size, value, etc. of something
6. We must _____ to this matter.
v. to be present at an event, to go to a place
7. Breast _____ is the most common type of cancer in women.
n. abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
8. The construction outside was creating a _____ distraction from my work.
adj. making a lot of sounds, especially loud or disruptive sound
9. This evidence supports the big-bang _____.
n. a proposed idea or explanation that is based on a few known facts but has not yet been proven to be true or accurate

ANSWERS: 1. peer, 2. commodity, 3. basement, 4. extreme, 5. estimated, 6. attend, 7. cancer, 8. noisy, 9. hypothesis

10. He cannot _____ a holiday.

- v. to have enough money or time to be able to buy or do something

11. After surgery, it's important to rest and _____ before returning to your normal activities.

- v. to recover, heal, or regain health, strength, or well-being after an illness, injury, or period of stress or exhaustion

12. The man _____ before opening the door.

- v. to take a short break from talking or doing something before continuing

13. The lack of sleep _____ both physical and psychological diseases.

- v. to persuade someone to do something; to cause to act in a specific manner

14. The majority of consumers _____ this brand with quality.

- v. to mentally connect someone or something with someone or something else

15. Each department has done its product costing _____.

- adv. separately or apart from others

16. She had a master's degree in _____.

- n. the scientific study of mind and behavior

17. We _____ the payment because of an incorrect invoice.

- v. to cause something to happen at a later time than originally intended or expected

18. My father was tested for _____.

- n. a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood

ANSWERS: 10. afford, 11. recuperate, 12. paused, 13. induces, 14. associate, 15. individually, 16. psychology, 17. delayed, 18. diabetes

19. He _____ the 10th anniversary of his tenure.

- v.* to acknowledge a memorable or good day or event with a social gathering or enjoyable activity

20. After years of hard work, he finally _____ his financial stability.

- v.* to get something back or recover something after it has been lost or taken away

21. This graph indicates the city's tourism _____ over five years.

- n.* the income that a government receives from taxes or that a company earns from its business

22. Your _____ reflects your thoughts.

- n.* an informal talk between two or more people to exchange their views, ideas, information, etc.

23. The _____ of this information to the current situation needs to be investigated.

- n.* the state or degree of being closely connected or appropriate to the matter at hand

24. The majority of synthetic vitamins are _____ from oil.

- v.* to make goods in large numbers, usually in a factory using machines

25. We decided to take a detour to avoid the construction _____ on the main road.

- n.* the movement of vehicles, people, or goods along a route or through a transport system; the amount of such movement in a particular place or at a particular time

ANSWERS: 19. celebrated, 20. regained, 21. revenue, 22. conversation, 23. relevance, 24. manufactured, 25. traffic

26. Our company found it _____ difficult to keep up with the competition.

adv. more and more

27. His membership in the _____ provided him with numerous benefits.

n. a people or groups of people who have joined in a single organization together for a particular purpose; a social or business connection or relationship

28. Her company was _____ affected by the bank's failure.

adv. very badly or seriously

29. The toad altered its appearance to better _____ in with its new environments.

v. to mix or combine two or more substances

30. There are _____ differences between the two wine-producing regions.

adj. easy to see, discover or understand

31. He threw away the _____ items in his closet.

adj. not wanted or desired

32. I know his _____ habit that he touches his face when he lies.

adj. in the state of lacking awareness and the capacity for sensory perception, especially as the result of a head injury or illness

33. The _____ whistle blew, signaling the start of the night shift.

n. a person who guards or keeps watch over a particular place, property, or group of people, often during the night; a person who is on the lookout for potential dangers or threats

34. Our users are often _____ about the slow application.

v. to say dissatisfaction or annoyance about something or somebody

ANSWERS: 26. increasingly, 27. association, 28. severely, 29. blend, 30. obvious, 31. unwanted, 32. unconscious, 33. watchman's, 34. complaining

35. The new regulations _____ a significant change in the industry standards.
v. to be the essential or fundamental elements or parts of something; to establish, appoint, or assign someone to a particular office or position; to make up or compose something
36. She is the president of a large international _____.
n. a group of people who work together for a shared purpose
37. The doctor diagnosed him with a rare _____ that had no known cure.
n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
38. This container has a _____ of 10 cubic meters.
n. the amount of space occupied by an object or substance; the magnitude of sound
39. This building construction causes serious _____ to residents.
n. something that interrupts a settled and peaceful condition or that makes someone feel nervous or worried
40. This artist always packs the _____ halls.
n. a musical performance given in public by one or more players or singers
41. The body _____ excess salt through urine to maintain proper electrolyte balance.
v. to discharge waste matter, such as urine or feces, from the body or a cell or gland
42. The politician remained _____ despite intense media scrutiny.
adj. without any or little sound

ANSWERS: 35. constitute, 36. organization, 37. disease, 38. volume, 39. disturbance, 40. concert, 41. excretes, 42. silent

43. The organizational _____ of start-ups is often flat and straightforward.
n. the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts
44. He discovered unique _____ for photochemical reactions.
n. a part of a machine, or a set of parts that performs a task; a natural or established process that occurs during a specific situation or reaction
45. The incident _____ a political controversy.
v. to make something happen suddenly; to cause something such as a device, machine, etc. to function
46. Trees absorb _____ dioxide and give off oxygen.
n. a chemical element that can be found in pure form as diamond or graphite, and it is also an essential part of coal and oil and is found in all plants and animals
47. This artwork is _____ of her work.
adj. having the usual characteristics or traits of a specific group of things
48. The concert reached 100 _____ causing many people to cover their ears.
n. (also "dB") a unit used to measure the intensity of sound or the comparative loudness of two sounds based on a logarithmic scale
49. There was a chemical _____ of the lime with the groundwater.
n. a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others
50. It would be _____ to dress nicely for the wedding.
adj. suitable or proper in the circumstances; fitting

ANSWERS: 43. structure, 44. mechanisms, 45. triggered, 46. carbon, 47. typical, 48. decibels, 49. reaction, 50. appropriate

51. The gardener used natural methods to keep _____ away from her plants.
n. a destructive insect or other animals that are harmful to crops, animals, or humans; someone or something that is annoying or troublesome
52. Most countries prohibit sexual activity between certain close _____.
adj. considered and evaluated through comparison with something else
53. The _____ of severe weather prompted the city to issue an evacuation warning.
n. a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation
54. The company's new _____ on remote work has made it a more inclusive workplace.
n. a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective
55. These descriptions are based on a number of _____ assumptions.
adj. amounting to a large indefinite number
56. The leaders of the two countries met to _____ on the issue.
v. to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
57. He _____ hypotheses that no mathematician has ever imagined before.
v. to build or create something; to assemble or combine different parts to form something whole

ANSWERS: 51. pests, 52. relatives, 53. threat, 54. policy, 55. numerous, 56. confer, 57. constructs

58. She is searching for a _____ residence.

adj. lasting for a long time without essential change

59. The _____ is endangering the local plants and animals.

n. the introduction of harmful substances or waste into the natural environment that causes adverse change

60. He became _____ that he was being followed.

adj. being aware of and able to respond to what is happening around you

61. Effective communication is often considered the _____ of a successful team.

n. a fundamental or essential element or component of something; a basis or foundation upon which something is built or developed

62. The band has released a lot of _____ rock music.

n. a substance secreted by the adrenal medulla in response to stress, which makes the heart beat faster and prepares the body to react to danger

63. Their innovative concepts were consistent across their bodies of _____.

n. the different parts of something's elements or ingredients; the way in which the different components are organized; a piece of music written by someone

64. They used a special receiver to _____ police radio channels.

v. to observe, check, and track the progress or quality of something over a period of time

65. The _____ of the new traffic laws led to a decrease in accidents.

n. the act of ensuring that rules, regulations, or laws are obeyed or implemented; the act of applying force or pressure to compel compliance with rules or laws

ANSWERS: 58. permanent, 59. pollution, 60. conscious, 61. cornerstone, 62. adrenaline-pumping, 63. composition, 64. monitor, 65. enforcement

66. To advance this discussion, we must _____ "success" rigorously.
- v.* to state or explain precisely the nature, scope, or meaning of something
67. The doctor diagnosed me with a _____ disorder.
- n.* a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood
68. I always carry a backup _____ in case my phone runs out of battery.
- n.* a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic
69. Tourists frequently _____ the island's delicate natural balance.
- v.* to interrupt someone who is trying to work, sleep, etc.
70. The prevalence of _____ has increased significantly in recent years.
- n.* the condition of being significantly overweight, typically defined as having a body mass index (BMI) of 30 or greater.
71. My mother's illness had a _____ impact on us all.
- adj.* extremely great; sensed or experienced very strongly; displaying a high level of knowledge or comprehension
72. The exam was _____ tricky for everyone.
- adv.* in a way that causes amazement or wonder
73. The brain is an incredibly complex organ that controls the body's _____.
- n.* the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose

ANSWERS: 66. define, 67. hormone, 68. device, 69. disturb, 70. obesity, 71. profound, 72. surprisingly, 73. function

74. We need to _____ the meeting for another hour to discuss all the issues.

- v. to extend the duration or length of something, particularly a period of time or an event

75. We want to _____ our company through your media.

- v. to draw attention to something such as a product, service, or event in public to encourage people to buy, use, or attend it

76. She explained the _____ surrounding the accident.

- n. the specific conditions or events that surround a particular situation or occurrence

77. This exam requires excellent _____ to pass.

- n. the ability to focus all your time and energy on one thing without thinking about anything else.

78. The friend's death _____ them.

- v. to stop sleeping or to cause someone to stop sleeping

79. The _____ of influenza has been well studied over the years, leading to the development of effective vaccines and treatment strategies.

- n. the study of the distribution and determinants of health-related states or events, including diseases, in specified populations, and the application of this study to the control of health problems

80. _____ dropping wears away the stone.

- adj. happening repeatedly or all the time

81. The _____ arrived in port the following day.

- n. a ship or large boat

ANSWERS: 74. prolong, 75. advertise, 76. circumstances, 77. concentration, 78. awakens, 79. epidemiology, 80. Constant, 81. vessel

82. During the surgery, the doctor had to be extremely cautious not to _____ a blood vessel.

- v.* to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity

83. The athlete's _____ training paid off in the end.

- adj.* persistent and determined; continuing despite difficulties or setbacks

84. Do you have a plan for a long _____

- n.* a period in which someone does not have to attend work or school and is free to do whatever they choose, such as travel or leisure

85. Every human is responsible for taking care of the Earth's _____.

- n.* the natural world such as air, water, and land in which humans, animals, and plants live

86. An excellent historian must possess an _____ mentality.

- adj.* associated with schools, colleges, and universities, especially studying and thinking, not with practical skills

87. This year's extreme heat has resulted in many heat _____ cases.

- n.* a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball with a club, racket, etc.

88. She received her _____ in psychology from the university.

- n.* a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment

ANSWERS: 82. damage, 83. relentless, 84. vacation?, 85. environment, 86. academic, 87. stroke, 88. degree

89. Sugar is _____ in food.

adj. being or existing everywhere at once

90. You should not _____ the meaning of freedom.

v. to interpret or understand something in the wrong way

91. Smoking places you at severe risk of _____ and respiratory disease.

adj. of or relating to the heart and blood vessels (= tubes that carry blood around the body)

92. We choose transportation that has a smaller carbon _____.

n. a mark of a foot, shoe, or animal's foot left on a surface

93. When customers _____ their reservations, they lose the deposit they made.

v. to decide that a previously scheduled activity will not take place

94. This business yields little _____.

n. money that is earned in business or by selling things after deducting the costs involved

95. The _____ lost his position in the end due to the scandal.

n. a person who is a member of a government or law-making organization, especially as an elected member of parliament, etc.

96. On the geological time scale, _____ has existed for a brief moment.

n. the whole of the living human inhabitants of the earth

97. The new president was _____ immediately after the national election.

v. to fix furniture, a machine, or a piece of equipment into position so that it can be used; put into an office or a position

ANSWERS: 89. ubiquitous, 90. misunderstand, 91. cardiovascular, 92. footprint, 93. cancel, 94. profit, 95. politician, 96. humankind, 97. installed

98. He lay down and fell _____ immediately.

adj. in a state of sleep

99. The _____ nerve carries sound signals from the ear to the brain.

adj. of or relating to hearing or the ability to hear

100. The _____ approved by Congress was perfunctorily implemented.

n. an official rule made and maintained by a government or some other authority; the act of controlling or directing something according to a rule

101. These economic activities had disastrous environmental _____.

n. the outcome of a particular action or event, especially relative to an individual

102. The outbreak of _____ was a major health crisis in the 19th century.

n. a severe infectious disease that causes acute diarrhea, vomiting, and dehydration, often resulting in a rapid and dangerous loss of body fluids and electrolytes

103. _____ levels in the body are often elevated during times of stress.

n. a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure

104. The _____ demonstrate that poverty and unemployment are genuine problems.

n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

105. I received a _____ for the defective product I bought online.

n. a sum of money that is given back to a customer as repayment for a purchase; the act of returning money to someone who has paid for a product or service; (verb) to return money previously received or paid

ANSWERS: 98. asleep, 99. auditory, 100. regulation, 101. consequences, 102. cholera, 103. Cortisol, 104. statistics, 105. refund

106. Rapid _____ has led to many environmental and social issues in cities.

- n.* the process of population growth and physical expansion of cities, often involving increased migration from rural areas and the development of urban infrastructure and culture

107. He stood to inherit a million-dollar _____.

- n.* a thing or things that belong to someone

108. The company's hiring criteria emphasize personality, not a person's _____.

- n.* the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem

109. The _____ in carbon emissions has been significant since the implementation of the new policy.

- n.* a decrease in size, amount, or degree

110. Lead is an effective _____ against X-rays, gamma rays, and other harmful radiation.

- n.* a protective covering or structure, especially in the past, that soldiers held in front of their bodies to protect themselves

111. Our interest began to ____ sharply.

- v.* to move or develop so slowly that you are behind other people, organizations, etc.

112. The family enjoyed a picnic on the _____ in the park.

- n.* a stretch of ground covered with grass, typically attached to a house, and often used for recreation or aesthetics

ANSWERS: 106. urbanization, 107. property, 108. background, 109. reduction, 110. shield, 111. lag, 112. lawn

113. She was tired and hungry, but _____ she persevered.

adv. in spite of that; yet

114. The researchers try to discover a common _____ in all types of successful organizations.

n. one of several parts that combines with others to form something bigger

115. It's intriguing to compare and _____ the two authors.

v. to put in opposition to show or emphasize differences

116. The doctor explained the various _____ changes that occur during pregnancy.

adj. relating to the normal functioning of living organisms and their organs and systems; concerning the physical or biochemical processes and activities that occur within the body

117. He tried to _____ his rival by breaking the world record.

v. to do better than someone; to surpass

118. He is _____ nominated for a Nobel Prize.

adv. according to what is generally assumed or believed without actually knowing for sure

119. We _____ a cease-fire.

v. to come to an end or close; to reach a judgment or opinion by reasoning

120. The long _____ to the air tarnished the antique tableware.

n. the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret

ANSWERS: 113. nevertheless, 114. component, 115. contrast, 116. physiological, 117. outdo, 118. supposedly, 119. concluded, 120. exposure

121. We want to _____ ties between our two countries.

v. to make or become better

122. Dolphins use sound to _____ with each other.

v. to share or exchange information with others by speaking, writing, moving your body, or using other signals

123. Tech companies often employ _____ ducts and other materials in their office interiors.

adj. having no protection or shield from something, such as bad weather, attack, or criticism

124. The golf course has special _____ for smoothing out the sand traps.

n. a garden tool with a long handle and curved, pointed teeth used for gathering fallen leaves, grass clippings, and other debris from lawns and gardens; a dissolute or immoral person, often one who pursues pleasure and debauchery to excess

125. My father likes to ___ the lawn early on Saturday mornings.

v. to cut down and trim grass or other vegetation, usually with a machine such as a lawnmower; to cut down or harvest crops

126. He installed fiberglass _____ in the wall.

n. the act or process of covering something to stop heat, sound, electricity, etc. from passing through; the materials used for this

127. The mobile application industry is _____ changing.

adv. all the time

128. Her _____ is to be a mother.

n. something that is more important than other things and should be dealt with first

ANSWERS: 121. improve, 122. communicate, 123. exposed, 124. rakes, 125. mow, 126. insulation, 127. constantly, 128. priority

129. The archaeologist carefully pieced together the tiny _____ of pottery found at the dig site.

n. a small piece or part broken off or detached

130. Her body felt _____ after sitting at her desk for hours without moving.

adj. not easily bent, flexible, or pliable; difficult to move or be maneuvered; difficult to relax; having a heavy or formal manner

131. Good _____ is important for preventing the spread of illness.

n. the practice of maintaining cleanliness in the home and person to prevent illness

132. The following example _____ that the capacity of each battery is the same.

v. to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance

ANSWERS: 129. fragments, 130. stiff, 131. hygiene, 132. assumes