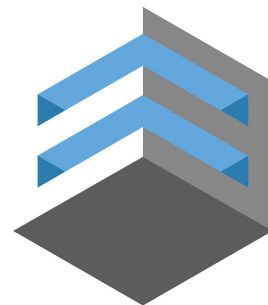


# Englist.me



## Vocabulary Builder Reference from...

*Kakenya Ntaiya: Empower a girl, transform a community | TED Talk*

[https://www.ted.com/talks/kakenya\\_ntaiya\\_empower\\_a\\_girl\\_transform\\_a\\_community](https://www.ted.com/talks/kakenya_ntaiya_empower_a_girl_transform_a_community)

### Advanced Words Only

#### IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

## Session 1: Word List

### empower

*v.* to give someone the power or authority to do something  
*synonym* : authorize, endow, entitle

(1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

### sibling

*n.* a brother or sister; member of a family born to the same parents

*synonym* : brother, sister, relative

(1) have a **sibling** quarrel, (2) play with my **siblings**

Children often copy their parents or elder **siblings**.

### puberty

*n.* the process of a person's physical changes through which their sexual organs develop and become capable of reproduction

*synonym* : adolescence, young adulthood

(1) at the height of **puberty** ., (2) the onset of **puberty**

In this culture, men are initiated when they reach **puberty**.

### genital

*adj.* of or relating to the external and internal reproductive organs

*synonym* : reproductive, genetic, sexual

(1) **genital** bleeding, (2) pain in the **genital** area

The **genital** organs of the human body are necessary for reproduction.

## **mutilation**

*n.* the act of severely damaging or injuring a person's body or body part, particularly through cutting or disfiguring; the condition of being so damaged or disfigured

*synonym*: disfigurement, dismemberment, amputation

(1) **mutilation** crime, (2) physical **mutilation**

The **mutilation** of the artwork was a devastating loss for the artist.

## **orphan**

*n.* a child whose parents are dead or have abandoned them

*synonym*: waif, stray, fatherless child

(1) **orphan** care, (2) asylum for **orphan** children

The little girl was a war **orphan** and lived in a group home.

## **excite**

*v.* to make someone feel suddenly enthusiastic or eager

*synonym*: thrill, exhilarate, animate

(1) **excite** the crowd, (2) **excite** rebellion

The news of her promotion **excited** her.

## **determinant**

*n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

*synonym*: cause, factor, element

(1) environmental **determinant**, (2) a **determinant** of crop yields

One **determinant** of success is having a positive attitude and a strong work ethic.

## **chore**

*n.* a routine or tedious task, often related to household or manual labor

*synonym*: task, duty, job

(1) **chore** list, (2) household **chores**

Cleaning the house is a **chore** that only some enjoy.

## **kidnapping**

*n.* the act of taking somebody away illegally and holding them captive

*synonym*: abduction, snatch, kidnap

(1) **kidnapping** attempt, (2) mass **kidnapping**

She received a year's imprisonment for aggravated **kidnapping**.

## **nourish**

*v.* to provide a person, an animal, or plant with food to make them grow and stay healthy

*synonym*: feed, sustain, nurture

(1) **nourish** damaged skin, (2) **nourish** hope

The mother used her breast milk to **nourish** the baby.

## **clench**

*v.* to close tightly or grip firmly; to contract or stiffen, especially as in response to stress or pain; to tighten or compress

*synonym*: grasp, clasp, tighten

(1) **clench** teeth, (2) **clench** muscles

He **clenched** his fist in anger when he heard the bad news.

## **medicinal**

*adj.* of or relating to the treatment or cure of disease

*synonym*: curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**

The **medicinal** properties of this herb have been known to help with various ailments.

## **pretense**

*n.* an act or instance of pretending or feigning; a false or insincere show or claim

*synonym*: act, facade, show

(1) **pretense** of innocence, (2) maintain a **pretense**

He put on a **pretense** of enjoying the party even though he was feeling miserable.

## **rev**

*n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute

(RPM); (verb) to increase the number of rotations per minute

*synonym* : revolution, RPM, speed

(1) low- **rev** engine, (2) **rev** up the crowd

He stepped on the gas pedal, and the engine released a loud **rev**.

## mindset

*n.* the established set of attitudes or fixed ideas held by someone

*synonym* : attitude, ethos, mentality

(1) flexible **mindset**, (2) the **mindset** in an education system

Countries whose goal is economic development often focus on fostering an entrepreneurial **mindset** in each individual.

## enlist

*v.* to sign up to serve in the military or a particular organization

*synonym* : join, sign up, appoint

(1) **enlist** in a cause, (2) **enlist** for a soldier

He decided to **enlist** in the military after graduating from high school.

## opportune

*adj.* suitable or happening at a time that is suitable or convenient for a particular purpose

*synonym* : suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

## grandchild

*n.* a child of someone's son or daughter

*synonym* : offspring, descendant, progeny

(1) **grandchild-grandparent** relationship, (2) **grandchild** development

The grandparents take care of their **grandchild** while the parents are at work.

## Session 2: Spelling

- |  |             |  |
|--|-------------|--|
| 1. gra_____ld-grandparent relationship | <i>n.</i>   | a child of someone's son or daughter   |
| 2. asylum for or____n children         | <i>n.</i>   | a child whose parents are dead or have abandoned them  |
| 3. or____n care                        | <i>n.</i>   | a child whose parents are dead or have abandoned them  |
| 4. traditional me_____al               | <i>adj.</i> | of or relating to the treatment or cure of disease   |
| 5. no_____h hope                       | <i>v.</i>   | to provide a person, an animal, or plant with food to make them grow and stay healthy  |
| 6. cl____h muscles                     | <i>v.</i>   | to close tightly or grip firmly; to contract or stiffen, especially as in response to stress or pain; to tighten or compress |
| 7. pain in the ge_____l area           | <i>adj.</i> | of or relating to the external and internal reproductive organs  |
| 8. ex____e rebellion                   | <i>v.</i>   | to make someone feel suddenly enthusiastic or eager  |
| 9. no_____h damaged skin               | <i>v.</i>   | to provide a person, an animal, or plant with food to make them grow and stay healthy  |
| 10. cl____h teeth                      | <i>v.</i>   | to close tightly or grip firmly; to contract or stiffen, especially as in response to stress or pain; to tighten or compress |
| 11. en____t for a soldier              | <i>v.</i>   | to sign up to serve in the military or a particular organization   |

ANSWERS: 1. grandchild, 2. orphan, 3. orphan, 4. medicinal, 5. nourish, 6. clench, 7. genital, 8. excite, 9. nourish, 10. clench, 11. enlist

- |  |             |   |
|--|-------------|---|
| 12. en___t in a cause                  | <i>v.</i>   | to sign up to serve in the military or a particular organization  |
| 13. flexible mi____t                   | <i>n.</i>   | the established set of attitudes or fixed ideas held by someone   |
| 14. household ch__es                   | <i>n.</i>   | a routine or tedious task, often related to household or manual labor   |
| 15. an op_____ne remark                | <i>adj.</i> | suitable or happening at a time that is suitable or convenient for a particular purpose   |
| 16. gra_____ld development             | <i>n.</i>   | a child of someone's son or daughter  |
| 17. ge_____l bleeding                  | <i>adj.</i> | of or relating to the external and internal reproductive organs   |
| 18. mut_____on crime                   | <i>n.</i>   | the act of severely damaging or injuring a person's body or body part, particularly through cutting or disfiguring; the condition of being so damaged or disfigured |
| 19. ex___e the crowd                   | <i>v.</i>   | to make someone feel suddenly enthusiastic or eager   |
| 20. the mi____t in an education system | <i>n.</i>   | the established set of attitudes or fixed ideas held by someone   |
| 21. have a si_____g quarrel            | <i>n.</i>   | a brother or sister; member of a family born to the same parents  |
| 22. low-r_v engine                     | <i>n.</i>   | a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute   |

ANSWERS: 12. enlist, 13. mindset, 14. chore, 15. opportune, 16. grandchild, 17. genital, 18. mutilation, 19. excite, 20. mindset, 21. sibling, 22. rev

23. at the height of pu\_\_\_\_y. *n.* the process of a person's physical changes through which their sexual organs develop and become capable of reproduction
24. r\_v up the crowd *n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
25. kid\_\_\_\_\_ng attempt *n.* the act of taking somebody away illegally and holding them captive
26. the onset of pu\_\_\_\_y *n.* the process of a person's physical changes through which their sexual organs develop and become capable of reproduction
27. environmental det\_\_\_\_\_nt *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
28. mass kid\_\_\_\_\_ng *n.* the act of taking somebody away illegally and holding them captive
29. em\_\_\_\_\_r my life *v.* to give someone the power or authority to do something
30. op\_\_\_\_\_ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
31. me\_\_\_\_\_al chemistry *adj.* of or relating to the treatment or cure of disease
32. maintain a pr\_\_\_\_\_se *n.* an act or instance of pretending or feigning; a false or insincere show or claim

ANSWERS: 23. puberty, 24. rev, 25. kidnapping, 26. puberty, 27. determinant, 28. kidnapping, 29. empower, 30. opportune, 31. medicinal, 32. pretense

33. pr\_\_\_\_se of innocence *n.* an act or instance of pretending or feigning; a false or insincere show or claim
34. play with my si\_\_\_\_gs *n.* a brother or sister; member of a family born to the same parents
35. a det\_\_\_\_nt of crop yields *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
36. physical mut\_\_\_\_on *n.* the act of severely damaging or injuring a person's body or body part, particularly through cutting or disfiguring; the condition of being so damaged or disfigured
37. ch\_\_e list *n.* a routine or tedious task, often related to household or manual labor
38. em\_\_\_\_r the secretary to do the same *v.* to give someone the power or authority to do something

ANSWERS: 33. pretense, 34. sibling, 35. determinant, 36. mutilation, 37. chore, 38. empower



## Session 3: Fill in the Blanks

1. One \_\_\_\_\_ of success is having a positive attitude and a strong work ethic.
  - n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
  
2. The little girl was a war \_\_\_\_\_ and lived in a group home.
  - n.* a child whose parents are dead or have abandoned them
  
3. The \_\_\_\_\_ of the artwork was a devastating loss for the artist.
  - n.* the act of severely damaging or injuring a person's body or body part, particularly through cutting or disfiguring; the condition of being so damaged or disfigured
  
4. Countries whose goal is economic development often focus on fostering an entrepreneurial \_\_\_\_\_ in each individual.
  - n.* the established set of attitudes or fixed ideas held by someone
  
5. The phone rang at the most \_\_\_\_\_ time.
  - adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
  
6. Cleaning the house is a \_\_\_\_\_ that only some enjoy.
  - n.* a routine or tedious task, often related to household or manual labor
  
7. Children often copy their parents or elder \_\_\_\_\_.
  - n.* a brother or sister; member of a family born to the same parents

ANSWERS: 1. determinant, 2. orphan, 3. mutilation, 4. mindset, 5. opportune, 6. chore, 7. siblings

8. He put on a \_\_\_\_\_ of enjoying the party even though he was feeling miserable.  
*n.* an act or instance of pretending or feigning; a false or insincere show or claim
9. The grandparents take care of their \_\_\_\_\_ while the parents are at work.  
*n.* a child of someone's son or daughter
10. The news of her promotion \_\_\_\_\_ her.  
*v.* to make someone feel suddenly enthusiastic or eager
11. He \_\_\_\_\_ his fist in anger when he heard the bad news.  
*v.* to close tightly or grip firmly; to contract or stiffen, especially as in response to stress or pain; to tighten or compress
12. He decided to \_\_\_\_\_ in the military after graduating from high school.  
*v.* to sign up to serve in the military or a particular organization
13. She received a year's imprisonment for aggravated \_\_\_\_\_.  
*n.* the act of taking somebody away illegally and holding them captive
14. The \_\_\_\_\_ organs of the human body are necessary for reproduction.  
*adj.* of or relating to the external and internal reproductive organs
15. In this culture, men are initiated when they reach \_\_\_\_\_.  
*n.* the process of a person's physical changes through which their sexual organs develop and become capable of reproduction
16. He stepped on the gas pedal, and the engine released a loud \_\_\_\_\_.  
*n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute

ANSWERS: 8. pretense, 9. grandchild, 10. excited, 11. clenched, 12. enlist, 13. kidnapping, 14. genital, 15. puberty, 16. rev

17. The mother used her breast milk to \_\_\_\_\_ the baby.

- v. to provide a person, an animal, or plant with food to make them grow and stay healthy

18. The \_\_\_\_\_ properties of this herb have been known to help with various ailments.

- adj.* of or relating to the treatment or cure of disease

19. The company \_\_\_\_\_ employees to buy low-price items without approval to achieve efficient purchasing.

- v. to give someone the power or authority to do something

ANSWERS: 17. nourish, 18. medicinal, 19. empowered