

# Englist.me



## Vocabulary Builder Reference from...

*Thea Holcomb: How peer educators can transform sex education | TED Talk*

[https://www.ted.com/talks/thea\\_holcomb\\_how\\_peer\\_educators\\_can\\_transform\\_sex\\_education](https://www.ted.com/talks/thea_holcomb_how_peer_educators_can_transform_sex_education)

### All Words

#### IMPORTANT

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## Session 1: Word List

### greet

v. to say hello to someone; to express welcome on meeting someone

*synonym*: welcome, salute, acknowledge

(1) **greet** a customer, (2) **greet** an idea

He **greeted** his friends with a warm smile and a hug.

### scary

*adj.* causing fear or fright; frightening; intimidating

*synonym*: terrifying, frightening, alarming

(1) **scary** dream, (2) **scary** story

The horror movie was so **scary** that I couldn't watch it alone.

### operate

v. to work in a particular way; to supervise something

*synonym*: work, use, employ

(1) **operate** 24 hours a day, (2) manually **operate** a machine

This machine is too difficult to **operate** for me.

### assume

v. to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance

*synonym*: guess, presume, suppose

(1) **assume** a lousy attitude to his boss, (2) **assume** an important role

The following example **assumes** that the capacity of each battery is the same.

## process

*n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

*synonym*: procedure, method, system

(1) **process** improvement, (2) decision-making **process**

The **process** for applying for a visa can be lengthy and complicated.

## complicated

*adj.* involving a lot of different things or parts in a way that is difficult to understand or analyze

*synonym*: complex, convoluted, intricate

(1) a **complicated** process, (2) become increasingly **complicated**

He did **complicated** pen-and-ink drawings in just a few days.

## spoil

*v.* to ruin the taste, appearance, or quality of something; to become or cause something to become rotten or bad

*synonym*: rot, decay, deteriorate

(1) **spoil** a person's sport, (2) **spoil** the surprise

If you leave the milk out of the refrigerator for too long, it will **spoil**.

## alert

*v.* to warn or arouse to a sense of danger; (adjective) paying close attention or being in a state of readiness for action

*synonym*: warn, inform, (adjective) vigilant

(1) **alert** consumers to the dangers, (2) **alert** system

The company's cybersecurity team **alerted** the CEO to potential threats.

## pregnant

*adj.* having a baby or young animal developing in the uterus

*synonym*: expectant

(1) needs of **pregnant** women, (2) a silence **pregnant** with suspense

She vacated the position when she got **pregnant**.

## urban

*adj.* relating to or located in a town or city

*synonym*: metropolitan, civic

(1) **urban** planning, (2) **urban** property owners

Only a small number of **urban** utilities offer sanitation services.

## dictionary

*n.* a reference book containing an alphabetical list of words and their definitions, as well as information about their origins, usage, and pronunciation

*synonym*: lexicon, glossary, vocabulary

(1) **dictionary** definition, (2) online **dictionary**

I need to purchase a new English **dictionary**.

## zeitgeist

*n.* the spirit or general outlook of a particular period of time, especially as it is reflected in the beliefs and attitudes of that time; the cultural, intellectual, or moral climate of a society or era

*synonym*: spirit of the time, trend, fashion

(1) the **zeitgeist** of the era, (2) cultural **zeitgeist**

The political speech resonated with the **zeitgeist** of national unity and cooperation.

## scare

*v.* to frighten a person or animal, or to become frightened

*synonym*: frighten, spook, intimidate

(1) **scare** off her attacker by screaming, (2) **scare** the birds away

We hit the ground to **scare** out the rabbits.

## disease

*n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

*synonym*: illness, ailment, affliction

(1) **disease** prevention, (2) **disease** control

The doctor diagnosed him with a rare **disease** that had no known cure.

## genital

*adj.* of or relating to the external and internal reproductive organs

*synonym* : reproductive, genetic, sexual

(1) **genital** bleeding, (2) pain in the **genital** area

The **genital** organs of the human body are necessary for reproduction.

## lifelong

*adj.* lasting for the whole of someone's life

*synonym* : enduring, eternal, permanent

(1) **lifelong** career, (2) **lifelong** commitment

He had a **lifelong** love of reading and spent hours daily with a book.

## navigate

*v.* to plan and direct the way that a ship, plane, etc. will travel, often by using a map

*synonym* : guide, helm, voyage

(1) **navigate** the Pacific, (2) **navigate** through a document

Our knowledge helps **navigate** our clients successfully.

## relation

*n.* the way two persons or groups of people feel and act toward one another

*synonym* : association, linkage, connection

(1) **relation** between cause and effect, (2) **relation** of inclusion

The industrial **relations** laws were passed with little to no alteration.

## solid

*adj.* hard or firm; characterized by good substantial quality

*synonym* : stable, reliable, hard

(1) **solid** ally, (2) **solid** employment measures

The **solid-state** of water is called ice.

## definition

*n.* a concise explanation of the meaning of a word, phrase, or symbol

*synonym*: description, connotation, meaning

(1) a precise **definition**, (2) the **definition** of a word

Parallel lines are, by **definition**, lines on the same plane that never cross.

## educational

*adj.* relating to education or providing knowledge or instruction

*synonym*: instructional, informative, enlightening

(1) **educational** system, (2) elevate **educational** standards

The museum offers a variety of **educational** programs for children and adults.

## develop

*v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

*synonym*: evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

## exchange

*v.* to give something and receive something else in return, often with the implication that the items being traded are of equal or comparable value; (noun) the act of giving or taking something in return for something else; a place or system where goods or services can be bought, sold, or traded

*synonym*: trade, swap, interchange

(1) **exchange** rate, (2) **exchange** a few friendly words

My sister and I frequently **exchange** books, as we love reading.

## accurate

*adj.* correct and exact in all details

*synonym*: exact, precise, proper

(1) provide **accurate** information, (2) **accurate** measurements

The official transcript contains **accurate** academic records.

## stretch

v. to make or be capable of making anything longer or broader without hurting or breaking

*synonym*: lengthen, prolong, extend

(1) **stretch** along the coast, (2) **stretch** a story

Some herds have been observed to **stretch** hundreds of kilometers.

## imaginary

*adj.* existing only in someone's mind

*synonym*: fictional, ideal, fantastical

(1) **imaginary** number, (2) **imaginary** pregnancy

Little children tend to have **imaginary** friends.

## laden

*adj.* heavily loaded or burdened

*synonym*: loaded, weighed down, heavy

(1) a **laden** ship, (2) water- **laden** soil

The traffic- **laden** street was gridlocked during rush hour, with cars moving at a snail's pace.

## bias

*n.* a strong feeling in favor of or against one group of people, an idea, or thing, often not based on fair judgment

*synonym*: inclination, partiality, predilection

(1) **bias** against a big company, (2) have a **bias** toward socialism

She researched gender **bias** in politics.

## pelt

v. to hit or throw things at someone or something repeatedly and forcefully; to rain heavily

*synonym*: hurl, fling, throw

(1) **pelt** him with stones, (2) **pelt** with questions

The crowd **pelted** the stage with bottles and cans in protest.

## judgment

*n.* the ability to form valuable opinions and make reasonable decisions

*synonym*: conclusion, decision, determination

(1) an emotional **judgment**, (2) deliver a **judgment**

Her **judgments** are consistently rational and sensible.

## unfortunately

*adv.* by bad luck; unluckily

*synonym*: regrettably, unluckily, alas

(1) **unfortunately** caught in a shower, (2) even more **unfortunately**

The treatments were done but, **unfortunately**, were unsuccessful.

## peer

*n.* a person who has the same age, status, or ability

*synonym*: fellow, associate, counterpart

(1) **peer** group, (2) **peer** review

Among young people, **peer** pressure can be pretty influential.

## educator

*n.* a person who teaches or educates people

*synonym*: teacher, instructor, lecturer

(1) business **educator**, (2) duty as an **educator**

She is an **educator** with progressive ideas.

## belong

*v.* to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place

*synonym*: fit, be appropriate, be suitable

(1) **belong** to different species, (2) **belong** to a group

All the books in this section **belong** to the library's rare collection and must be handled carefully.

## contraception

*n.* the use of methods or devices to prevent pregnancy, typically by blocking fertilization or implantation of a fertilized egg, which options include contraceptives, condoms, intrauterine devices (IUDs), and sterilization procedures

(1) hormonal **contraception**, (2) **contraception** pills

Condoms are a common method of **contraception** that both men and women can use.

## consent

*n.* permission or agreement to do something, especially given by somebody in authority

*synonym*: approval, authorization, concession

(1) **consent** for surgery, (2) give silent **consent**

She gave her **consent** to the company's proposal.

## hormone

*n.* a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood

(1) **hormone** secretion, (2) female **hormone**

The doctor diagnosed me with a **hormone** disorder.

## emergency

*n.* a sudden unforeseen crisis usually involving danger that requires immediate action

*synonym*: crisis, trouble, difficulty

(1) **emergency** action, (2) acute **emergency**

The president declared a state of **emergency**.

## venereal

*adj.* relating to or caused by sexual intercourse, specifically referring to a sexually transmitted disease

*synonym*: sexually transmitted, venerean, genital

(1) **venereal** syphilis, (2) **venereal** transmission

The **venereal** disease was a major public health concern.

## terminology

*n.* the special words or phrases that are used within a particular field or subject; the language or jargon of a particular group or profession

*synonym*: jargon, lexicon, vocabulary

(1) industry **terminology**, (2) medical **terminology**

The instructor will provide a glossary of commonly used **terminology** at the beginning of the course.

## baffle

*v.* to bewilder or perplex someone completely and to be unable to understand or explain something



*synonym* : perplex, astound, hinder

(1) **baffle** his plan, (2) **baffle** outside noises

The paradox **baffled** most philosophers.

## transmit

*v.* to send or forward an electronic signal; to pass something from one person or thing to another

*synonym* : convey, share, dispatch

(1) **transmit** the disease, (2) **transmit** information

Parents often **transmit** their characteristics to their children.

## infection

*n.* a condition in which pathogenic microorganisms or viruses have entered the body

*synonym* : contagion, disease, transmission

(1) a bacterial **infection**, (2) treat the **infection** with antibiotics

Hospitals must meet various standards to prevent nosocomial **infections**.

## medically

*adv.* in a way that relates to the practice of medicine and the treatment of illness and injury

(1) **medically** endorsed method, (2) in a **medically** effective manner

A decade ago, it was **medically** impossible to cure this disease completely.

## stigma

*n.* a mark of shame or disgrace associated with a particular circumstance, quality, or person

*synonym* : mark, blemish, disgrace

(1) social **stigma**, (2) **stigma** against obesity

The mental health **stigma** often prevents people from seeking treatment.

## trichomoniasis

*n.* a sexually transmitted disease caused by the protozoan parasite *Trichomonas vaginalis*, which infects the urinary tract or vagina in women and the urethra in men

*synonym* : venereal infection, STD, STI

(1) **trichomoniasis** infection, (2) genital **trichomoniasis**  
Women are more likely to experience symptoms of **trichomoniasis** than men.

## vagina

*n.* the passage in the body of a woman or female animal that connects her outer sex organs to her uterus  
*synonym*: genitalia, vulva, pudenda

(1) **vagina** cancer care, (2) infection of the **vagina**

The muscle around the **vagina** is elastic enough to allow the passage of a fetus.

## intercourse

*n.* communication between individuals; the sexual activity between individuals, especially the insertion of a man's penis into a woman's vagina

*synonym*: copulation, intimacy, communication

(1) diplomatic **intercourse**, (2) extramarital **intercourse**

That meeting markedly improved commercial **intercourse** between the two countries.

## curable

*adj.* describing an illness or condition that can be treated or remedied to restore health; having the potential to be alleviated or resolved

*synonym*: healable, treatable, remediable

(1) **curable** disease, (2) **curable** condition

Most cases of the common cold are **curable** with rest and over-the-counter medications.

## symptom

*n.* any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease

*synonym*: sign, manifestation, syndrome

(1) **symptoms** of low testosterone, (2) neurotic **symptoms**

The patient displays a **symptom** of a side effect.

## regardless

*adv.* not paying attention or considering something or someone even if the situation is bad or there are difficulties

*synonym* : anyhow, nevertheless, still

(1) **regardless** of the difficulties, (2) **regardless** tread  
People can pick out superior products **regardless** of the quality of the advertising.

## discharge

*v.* to release or let go of something or someone; to dismiss or terminate an employee or member of an organization; to emit or give off a substance or energy

*synonym* : release, emit, expel

(1) **discharge** water, (2) **discharge** a contract

The hospital will **discharge** the patient as soon as their condition stabilizes.

## urine

*n.* a liquid by-product of metabolism in humans and in many other animals that are released from the body when you urinate

*synonym* : excrement, dung, pee

(1) **urine** composition, (2) blood in the **urine**

They collected a **urine** specimen for urinalysis.

## itch

*v.* to have an uncomfortable feeling on the skin that makes you want to scratch it

*synonym* : scratch, tingle, irritate

(1) **itch** constantly, (2) **itch** to speak

I can't stop **itching** my arm because of the mosquito bite.

## asymptomatic

*adj.* not experiencing or exhibiting any symptoms of a particular disease or condition, even though the individual may be infected or affected by it

*synonym* : asymptotic, symptomless, unnoticeable

(1) **asymptomatic** carrier, (2) **asymptomatic** infection

The study showed that one-third of infected individuals could remain **asymptomatic** throughout the disease.

## regularly

*adv.* at regular intervals or times

*synonym* : repeatedly, routinely, usually

(1) **regularly** arranged, (2) post **regularly** to a blog

This site **regularly** shares high-quality academic materials.

- gay** *adj.* homosexual; happy, carefree  
*synonym* : cheerful, lively, joyful  
(1) **gay** couple, (2) **gay** rights  
The **gay** pride parade was a celebration of diversity and acceptance.
- identity** *n.* the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another  
*synonym* : character, personality, individuality  
(1) mistaken **identity**, (2) **identity** as an individual  
The terrorist's **identity** remains unknown.
- background** *n.* the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem  
*synonym* : ground, experience, backdrop  
(1) a **background** color, (2) a criminal **background**  
The company's hiring criteria emphasize personality, not a person's **background**.
- spectrum** *n.* an ordered array of colors into which a light beam can be split  
*synonym* : range, scale, spread  
(1) a broad **spectrum** of opinion, (2) infrared **spectrum**  
This device displayed the speech **spectrum** spectrographically.
- sham** *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not  
*synonym* : bogus, counterfeit, fraudulent  
(1) a **sham** battle, (2) turn out to be all **sham**  
The data he prepared was completely **sham**.

## sliver

*n.* a small, thin, narrow piece or fragment of something, often characterized by its length or its sharpness or thinness; a small portion or amount of something, often used in a metaphorical sense to describe a trace or a hint of something

*synonym*: splinter, shard, fragment

(1) **sliver** of wood, (2) **sliver** of metal

I had to be careful not to step on a **sliver** of glass on the floor.

## norm

*n.* something that is regarded as usual, typical, or standard

*synonym*: criterion, mean, standard

(1) **norm** of action, (2) cultural **norm**

The systems we have developed has accepted as industry **norms**.

## opportune

*adj.* suitable or happening at a time that is suitable or convenient for a particular purpose

*synonym*: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

## elusive

*adj.* difficult to find, define, achieve, or remember

*synonym*: mysterious, ambiguous, inapproachable

(1) an **elusive** criminal, (2) track down an **elusive** fact

The physicist who found the **elusive** particle won the Nobel Prize.

## empower

*v.* to give someone the power or authority to do something

*synonym*: authorize, endow, entitle

(1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

## decision

*n.* the act or process of making up someone's mind about something; a choice or judgment reached after

considering options

*synonym* : choice, determination, judgment

(1) **decision** authority, (2) a selfish **decision**

She was struggling to make a **decision** between two job offers.

**strive**

*v.* to try very hard to do, achieve, or obtain something

*synonym* : preserve, endure, persist

(1) **strive** hard to get, (2) **strive** for excellence

They **strived** to make their dream come true.

**communal**

*adj.* belonging to or used by a group rather than individuals; for common use

*synonym* : collaborative, combined, collective

(1) **communal** swimming pool, (2) **communal** combination of funds

**Communal** elections were held in several European countries.

**brilliant**

*adj.* extremely clever, skilled, or impressive

*synonym* : luminous, intelligent, clever

(1) **brilliant** idea, (2) **brilliant** performance

The more **brilliant** you are, the more people around you look at you with envy and jealousy.

## Session 2: Spelling

1. em\_\_\_\_\_r my life      *v.* to give someone the power or authority to do something
2. cu\_\_\_\_\_e condition      *adj.* describing an illness or condition that can be treated or remedied to restore health; having the potential to be alleviated or resolved
3. op\_\_\_\_\_e 24 hours a day      *v.* to work in a particular way; to supervise something
4. an op\_\_\_\_\_ne remark      *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
5. co\_\_\_\_\_al combination of funds      *adj.* belonging to or used by a group rather than individuals; for common use
6. i\_\_h constantly      *v.* to have an uncomfortable feeling on the skin that makes you want to scratch it
7. a selfish de\_\_\_\_\_on      *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
8. treat the in\_\_\_\_\_on with antibiotics      *n.* a condition in which pathogenic microorganisms or viruses have entered the body
9. manually op\_\_\_\_\_e a machine      *v.* to work in a particular way; to supervise something
10. be\_\_\_\_g to different species      *v.* to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place

ANSWERS: 1. empower, 2. curable, 3. operate, 4. opportune, 5. communal, 6. itch, 7. decision, 8. infection, 9. operate, 10. belong

11. co\_\_\_\_al swimming pool *adj.* belonging to or used by a group rather than individuals; for common use
12. p\_\_t him with stones *v.* to hit or throw things at someone or something repeatedly and forcefully; to rain heavily
13. sc\_\_e off her attacker by screaming *v.* to frighten a person or animal, or to become frightened
14. ve\_\_\_\_al syphilis *adj.* relating to or caused by sexual intercourse, specifically referring to a sexually transmitted disease
15. post re\_\_\_\_ly to a blog *adv.* at regular intervals or times
16. ur\_\_n planning *adj.* relating to or located in a town or city
17. b\_\_s against a big company *n.* a strong feeling in favor of or against one group of people, an idea, or thing, often not based on fair judgment
18. op\_\_\_\_\_ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
19. de\_\_\_\_on authority *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
20. infection of the va\_\_\_\_a *n.* the passage in the body of a woman or female animal that connects her outer sex organs to her uterus
21. have a b\_\_s toward socialism *n.* a strong feeling in favor of or against one group of people, an idea, or thing, often not based on fair judgment

ANSWERS: 11. communal, 12. pelt, 13. scare, 14. venereal, 15. regularly, 16. urban, 17. bias, 18. opportune, 19. decision, 20. vagina, 21. bias



22. industry ter\_\_\_\_\_gy *n.* the special words or phrases that are used within a particular field or subject; the language or jargon of a particular group or profession
23. tri\_\_\_\_\_sis infection *n.* a sexually transmitted disease caused by the protozoan parasite *Trichomonas vaginalis*, which infects the urinary tract or vagina in women and the urethra in men
24. p\_\_r review *n.* a person who has the same age, status, or ability
25. di\_\_\_\_\_e control *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
26. sc\_\_y dream *adj.* causing fear or fright; frightening; intimidating
27. acute em\_\_\_\_\_cy *n.* a sudden unforeseen crisis usually involving danger that requires immediate action
28. extramarital int\_\_\_\_\_se *n.* communication between individuals; the sexual activity between individuals, especially the insertion of a man's penis into a woman's vagina
29. medical ter\_\_\_\_\_gy *n.* the special words or phrases that are used within a particular field or subject; the language or jargon of a particular group or profession
30. an el\_\_\_\_\_e criminal *adj.* difficult to find, define, achieve, or remember

ANSWERS: 22. terminology, 23. trichomoniasis, 24. peer, 25. disease, 26. scary, 27. emergency, 28. intercourse, 29. terminology, 30. elusive

31. di\_\_\_\_\_ge water                      *v.* to release or let go of something or someone; to dismiss or terminate an employee or member of an organization; to emit or give off a substance or energy
32. unf\_\_\_\_\_ely caught in a shower                      *adv.* by bad luck; unluckily
33. provide ac\_\_\_\_\_te information                      *adj.* correct and exact in all details
34. pain in the ge\_\_\_\_\_l area                      *adj.* of or relating to the external and internal reproductive organs
35. g\_y rights                      *adj.* homosexual; happy, carefree
36. asy\_\_\_\_\_tic carrier                      *adj.* not experiencing or exhibiting any symptoms of a particular disease or condition, even though the individual may be infected or affected by it
37. cultural ze\_\_\_\_\_st                      *n.* the spirit or general outlook of a particular period of time, especially as it is reflected in the beliefs and attitudes of that time; the cultural, intellectual, or moral climate of a society or era
38. deliver a ju\_\_\_\_\_nt                      *n.* the ability to form valuable opinions and make reasonable decisions
39. a com\_\_\_\_\_ed process                      *adj.* involving a lot of different things or parts in a way that is difficult to understand or analyze
40. a broad sp\_\_\_\_\_um of opinion                      *n.* an ordered array of colors into which a light beam can be split
41. br\_\_\_\_\_nt idea                      *adj.* extremely clever, skilled, or impressive

ANSWERS: 31. discharge, 32. unfortunately, 33. accurate, 34. genital, 35. gay, 36. asymptomatic, 37. zeitgeist, 38. judgment, 39. complicated, 40. spectrum, 41. brilliant

42. decision-making pr\_\_\_\_\_s                      *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
43. st\_\_\_e hard to get                                      *v.* to try very hard to do, achieve, or obtain something
44. diplomatic int\_\_\_\_\_se                              *n.* communication between individuals; the sexual activity between individuals, especially the insertion of a man's penis into a woman's vagina
45. sc\_\_\_y story    *adj.* causing fear or fright; frightening; intimidating
46. tr\_\_\_\_\_it information                              *v.* to send or forward an electronic signal; to pass something from one person or thing to another
47. ex\_\_\_\_\_ge rate                                      *v.* to give something and receive something else in return, often with the implication that the items being traded are of equal or comparable value; (noun) the act of giving or taking something in return for something else; a place or system where goods or services can be bought, sold, or traded
48. ba\_\_\_e outside noises                              *v.* to bewilder or perplex someone completely and to be unable to understand or explain something

ANSWERS: 42. process, 43. strive, 44. intercourse, 45. scary, 46. transmit, 47. exchange, 48. baffle

49. a s\_\_m battle *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
50. a bacterial in\_\_\_\_\_on *n.* a condition in which pathogenic microorganisms or viruses have entered the body
51. de\_\_\_\_\_p a skill *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
52. st\_\_\_a against obesity *n.* a mark of shame or disgrace associated with a particular circumstance, quality, or person
53. even more unf\_\_\_\_\_ely *adv.* by bad luck; unluckily
54. ac\_\_\_\_\_te measurements *adj.* correct and exact in all details
55. the ze\_\_\_\_\_st of the era *n.* the spirit or general outlook of a particular period of time, especially as it is reflected in the beliefs and attitudes of that time; the cultural, intellectual, or moral climate of a society or era
56. be\_\_\_g to a group *v.* to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place
57. ur\_\_\_e composition *n.* a liquid by-product of metabolism in humans and in many other animals that are released from the body when you urinate

ANSWERS: 49. sham, 50. infection, 51. develop, 52. stigma, 53. unfortunately, 54. accurate, 55. zeitgeist, 56. belong, 57. urine

58. turn out to be all s\_\_m *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
59. me\_\_\_\_\_ly endorsed method *adv.* in a way that relates to the practice of medicine and the treatment of illness and injury
60. so\_\_d ally *adj.* hard or firm; characterized by good substantial quality
61. st\_\_\_e for excellence *v.* to try very hard to do, achieve, or obtain something
62. a bac\_\_\_\_\_nd color *n.* the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem
63. needs of pr\_\_\_\_\_nt women *adj.* having a baby or young animal developing in the uterus
64. social st\_\_\_a *n.* a mark of shame or disgrace associated with a particular circumstance, quality, or person
65. so\_\_d employment measures *adj.* hard or firm; characterized by good substantial quality
66. duty as an ed\_\_\_\_\_or *n.* a person who teaches or educates people
67. an emotional ju\_\_\_\_\_nt *n.* the ability to form valuable opinions and make reasonable decisions
68. track down an el\_\_\_\_\_e fact *adj.* difficult to find, define, achieve, or remember

ANSWERS: 58. sham, 59. medically, 60. solid, 61. strive, 62. background, 63. pregnant, 64. stigma, 65. solid, 66. educator, 67. judgment, 68. elusive

69. sp\_\_l a person's sport *v.* to ruin the taste, appearance, or quality of something; to become or cause something to become rotten or bad
70. business ed\_\_\_\_or *n.* a person who teaches or educates people
71. become increasingly com\_\_\_\_\_ed *adj.* involving a lot of different things or parts in a way that is difficult to understand or analyze
72. im\_\_\_\_\_ry pregnancy *adj.* existing only in someone's mind
73. al\_\_t consumers to the dangers *v.* to warn or arouse to a sense of danger; (adjective) paying close attention or being in a state of readiness for action
74. blood in the ur\_\_e *n.* a liquid by-product of metabolism in humans and in many other animals that are released from the body when you urinate
75. cu\_\_\_\_\_e disease *adj.* describing an illness or condition that can be treated or remedied to restore health; having the potential to be alleviated or resolved
76. im\_\_\_\_\_ry number *adj.* existing only in someone's mind
77. infrared sp\_\_\_\_\_um *n.* an ordered array of colors into which a light beam can be split
78. a criminal bac\_\_\_\_\_nd *n.* the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem

ANSWERS: 69. spoil, 70. educator, 71. complicated, 72. imaginary, 73. alert, 74. urine, 75. curable, 76. imaginary, 77. spectrum, 78. background

79. as\_\_\_e a lousy attitude to his boss      *v.* to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance
80. tr\_\_\_\_\_it the disease      *v.* to send or forward an electronic signal; to pass something from one person or thing to another
81. al\_\_t system      *v.* to warn or arouse to a sense of danger; (adjective) paying close attention or being in a state of readiness for action
82. st\_\_\_\_\_h a story      *v.* to make or be capable of making anything longer or broader without hurting or breaking
83. pr\_\_\_\_\_s improvement      *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
84. p\_\_t with questions      *v.* to hit or throw things at someone or something repeatedly and forcefully; to rain heavily
85. li\_\_\_\_\_ng commitment      *adj.* lasting for the whole of someone's life
86. ba\_\_\_e his plan      *v.* to bewilder or perplex someone completely and to be unable to understand or explain something
87. online dic\_\_\_\_\_ry      *n.* a reference book containing an alphabetical list of words and their definitions, as well as information about their origins, usage, and pronunciation

ANSWERS: 79. assume, 80. transmit, 81. alert, 82. stretch, 83. process, 84. pelt, 85. lifelong, 86. baffle, 87. dictionary

88. g\_y couple *adj.* homosexual; happy, carefree
89. id\_\_\_\_ty as an individual *n.* the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another
90. female ho\_\_\_\_e *n.* a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood
91. elevate edu\_\_\_\_al standards *adj.* relating to education or providing knowledge or instruction
92. reg\_\_\_\_ss tread *adv.* not paying attention or considering something or someone even if the situation is bad or there are difficulties
93. re\_\_\_\_on of inclusion *n.* the way two persons or groups of people feel and act toward one another
94. ve\_\_\_\_al transmission *adj.* relating to or caused by sexual intercourse, specifically referring to a sexually transmitted disease
95. ge\_\_\_\_l bleeding *adj.* of or relating to the external and internal reproductive organs
96. give silent co\_\_\_\_t *n.* permission or agreement to do something, especially given by somebody in authority
97. a silence pr\_\_\_\_nt with suspense *adj.* having a baby or young animal developing in the uterus
98. a la\_\_n ship *adj.* heavily loaded or burdened

ANSWERS: 88. gay, 89. identity, 90. hormone, 91. educational, 92. regardless, 93. relation, 94. venereal, 95. genital, 96. consent, 97. pregnant, 98. laden



99. i\_\_h to speak                      v. to have an uncomfortable feeling on the skin that makes you want to scratch it
100. co\_\_\_\_\_t for surgery            n. permission or agreement to do something, especially given by somebody in authority
101. neurotic sy\_\_\_\_\_ms            n. any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
102. n\_\_m of action                    n. something that is regarded as usual, typical, or standard
103. sl\_\_\_\_r of metal                  n. a small, thin, narrow piece or fragment of something, often characterized by its length or its sharpness or thinness; a small portion or amount of something, often used in a metaphorical sense to describe a trace or a hint of something
104. de\_\_\_\_\_p a strategy            v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
105. sp\_\_l the surprise                v. to ruin the taste, appearance, or quality of something; to become or cause something to become rotten or bad
106. edu\_\_\_\_\_al system            adj. relating to education or providing knowledge or instruction
107. na\_\_\_\_\_te the Pacific           v. to plan and direct the way that a ship, plane, etc. will travel, often by using a map

ANSWERS: 99. itch, 100. consent, 101. symptom, 102. norm, 103. sliver, 104. develop, 105. spoil, 106. educational, 107. navigate

108. water-la__n soil	<i>adj.</i> heavily loaded or burdened
109. con_____ion pills	<i>n.</i> the use of methods or devices to prevent pregnancy, typically by blocking fertilization or implantation of a fertilized egg, which options include contraceptives, condoms, intrauterine devices (IUDs), and sterilization procedures
110. va___a cancer care	<i>n.</i> the passage in the body of a woman or female animal that connects her outer sex organs to her uterus
111. cultural n__m	<i>n.</i> something that is regarded as usual, typical, or standard
112. br_____nt performance	<i>adj.</i> extremely clever, skilled, or impressive
113. ur__n property owners	<i>adj.</i> relating to or located in a town or city
114. in a me_____ly effective manner	<i>adv.</i> in a way that relates to the practice of medicine and the treatment of illness and injury
115. st_____h along the coast	<i>v.</i> to make or be capable of making anything longer or broader without hurting or breaking
116. p__r group	<i>n.</i> a person who has the same age, status, or ability
117. sy_____ms of low testosterone	<i>n.</i> any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
118. re_____ly arranged	<i>adv.</i> at regular intervals or times

ANSWERS: 108. laden, 109. contraception, 110. vagina, 111. norm, 112. brilliant, 113. urban, 114. medically, 115. stretch, 116. peer, 117. symptom, 118. regularly

119. ho\_\_\_\_e secretion *n.* a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood
120. genital tri\_\_\_\_\_sis *n.* a sexually transmitted disease caused by the protozoan parasite *Trichomonas vaginalis*, which infects the urinary tract or vagina in women and the urethra in men
121. na\_\_\_\_te through a document *v.* to plan and direct the way that a ship, plane, etc. will travel, often by using a map
122. sl\_\_\_\_r of wood *n.* a small, thin, narrow piece or fragment of something, often characterized by its length or its sharpness or thinness; a small portion or amount of something, often used in a metaphorical sense to describe a trace or a hint of something
123. dic\_\_\_\_\_ry definition *n.* a reference book containing an alphabetical list of words and their definitions, as well as information about their origins, usage, and pronunciation
124. sc\_\_e the birds away *v.* to frighten a person or animal, or to become frightened
125. em\_\_\_\_\_cy action *n.* a sudden unforeseen crisis usually involving danger that requires immediate action
126. di\_\_\_\_e prevention *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

ANSWERS: 119. hormone, 120. trichomoniasis, 121. navigate, 122. sliver, 123. dictionary, 124. scare, 125. emergency, 126. disease

127. gr\_\_t an idea      *v.* to say hello to someone; to express welcome on meeting someone
128. as\_\_\_e an important role      *v.* to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance
129. ex\_\_\_\_\_ge a few friendly words      *v.* to give something and receive something else in return, often with the implication that the items being traded are of equal or comparable value; (noun) the act of giving or taking something in return for something else; a place or system where goods or services can be bought, sold, or traded
130. di\_\_\_\_\_ge a contract      *v.* to release or let go of something or someone; to dismiss or terminate an employee or member of an organization; to emit or give off a substance or energy
131. asy\_\_\_\_\_tic infection      *adj.* not experiencing or exhibiting any symptoms of a particular disease or condition, even though the individual may be infected or affected by it
132. reg\_\_\_\_\_ss of the difficulties      *adv.* not paying attention or considering something or someone even if the situation is bad or there are difficulties
133. li\_\_\_\_\_ng career      *adj.* lasting for the whole of someone's life
134. gr\_\_t a customer      *v.* to say hello to someone; to express welcome on meeting someone

ANSWERS: 127. greet, 128. assume, 129. exchange, 130. discharge, 131. asymptomatic, 132. regardless, 133. lifelong, 134. greet

135. re\_\_\_\_\_on between cause and effect    *n.*    the way two persons or groups of people feel and act toward one another
136. the def\_\_\_\_\_on of a word    *n.*    a concise explanation of the meaning of a word, phrase, or symbol
137. hormonal con\_\_\_\_\_ion    *n.*    the use of methods or devices to prevent pregnancy, typically by blocking fertilization or implantation of a fertilized egg, which options include contraceptives, condoms, intrauterine devices (IUDs), and sterilization procedures
138. mistaken id\_\_\_\_\_ty    *n.*    the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another
139. em\_\_\_\_\_r the secretary to do the same    *v.*    to give someone the power or authority to do something
140. a precise def\_\_\_\_\_on    *n.*    a concise explanation of the meaning of a word, phrase, or symbol

ANSWERS: 135. relation, 136. definition, 137. contraception, 138. identity, 139. empower, 140. definition

## Session 3: Fill in the Blanks

1. We hit the ground to \_\_\_\_\_ out the rabbits.  
*v.* to frighten a person or animal, or to become frightened
2. The political speech resonated with the \_\_\_\_\_ of national unity and cooperation.  
*n.* the spirit or general outlook of a particular period of time, especially as it is reflected in the beliefs and attitudes of that time; the cultural, intellectual, or moral climate of a society or era
3. She researched gender \_\_\_\_\_ in politics.  
*n.* a strong feeling in favor of or against one group of people, an idea, or thing, often not based on fair judgment
4. That meeting markedly improved commercial \_\_\_\_\_ between the two countries.  
*n.* communication between individuals; the sexual activity between individuals, especially the insertion of a man's penis into a woman's vagina
5. The more \_\_\_\_\_ you are, the more people around you look at you with envy and jealousy.  
*adj.* extremely clever, skilled, or impressive
6. The company's cybersecurity team \_\_\_\_\_ the CEO to potential threats.  
*v.* to warn or arouse to a sense of danger; (adjective) paying close attention or being in a state of readiness for action
7. The patient displays a \_\_\_\_\_ of a side effect.  
*n.* any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease

ANSWERS: 1. scare, 2. zeitgeist, 3. bias, 4. intercourse, 5. brilliant, 6. alerted, 7. symptom

8. The president declared a state of \_\_\_\_\_.
- n.* a sudden unforeseen crisis usually involving danger that requires immediate action
9. If you leave the milk out of the refrigerator for too long, it will \_\_\_\_\_.
- v.* to ruin the taste, appearance, or quality of something; to become or cause something to become rotten or bad
10. I need to purchase a new English \_\_\_\_\_.
- n.* a reference book containing an alphabetical list of words and their definitions, as well as information about their origins, usage, and pronunciation
11. Women are more likely to experience symptoms of \_\_\_\_\_ than men.
- n.* a sexually transmitted disease caused by the protozoan parasite *Trichomonas vaginalis*, which infects the urinary tract or vagina in women and the urethra in men
12. This machine is too difficult to \_\_\_\_\_ for me.
- v.* to work in a particular way; to supervise something
13. The traffic-\_\_\_\_\_ street was gridlocked during rush hour, with cars moving at a snail's pace.
- adj.* heavily loaded or burdened
14. This site \_\_\_\_\_ shares high-quality academic materials.
- adv.* at regular intervals or times
15. Parallel lines are, by \_\_\_\_\_ lines on the same plane that never cross.
- n.* a concise explanation of the meaning of a word, phrase, or symbol

ANSWERS: 8. emergency, 9. spoil, 10. dictionary, 11. trichomoniasis, 12. operate, 13. laden, 14. regularly, 15. definition,

16. Parents often \_\_\_\_\_ their characteristics to their children.
- v. to send or forward an electronic signal; to pass something from one person or thing to another
17. She gave her \_\_\_\_\_ to the company's proposal.
- n. permission or agreement to do something, especially given by somebody in authority
18. The paradox \_\_\_\_\_ most philosophers.
- v. to bewilder or perplex someone completely and to be unable to understand or explain something
19. My sister and I frequently \_\_\_\_\_ books, as we love reading.
- v. to give something and receive something else in return, often with the implication that the items being traded are of equal or comparable value; (noun) the act of giving or taking something in return for something else; a place or system where goods or services can be bought, sold, or traded
20. I had to be careful not to step on a \_\_\_\_\_ of glass on the floor.
- n. a small, thin, narrow piece or fragment of something, often characterized by its length or its sharpness or thinness; a small portion or amount of something, often used in a metaphorical sense to describe a trace or a hint of something
21. They \_\_\_\_\_ to make their dream come true.
- v. to try very hard to do, achieve, or obtain something
22. The muscle around the \_\_\_\_\_ is elastic enough to allow the passage of a fetus.
- n. the passage in the body of a woman or female animal that connects her outer sex organs to her uterus

ANSWERS: 16. transmit, 17. consent, 18. baffled, 19. exchange, 20. sliver, 21. strived, 22. vagina



23. The systems we have developed has accepted as industry \_\_\_\_\_.  
*n.* something that is regarded as usual, typical, or standard
24. Only a small number of \_\_\_\_\_ utilities offer sanitation services.  
*adj.* relating to or located in a town or city
25. The study showed that one-third of infected individuals could remain \_\_\_\_\_ throughout the disease.  
*adj.* not experiencing or exhibiting any symptoms of a particular disease or condition, even though the individual may be infected or affected by it
26. Some herds have been observed to \_\_\_\_\_ hundreds of kilometers.  
*v.* to make or be capable of making anything longer or broader without hurting or breaking
27. The \_\_\_\_\_ of water is called ice.  
*adj.* hard or firm; characterized by good substantial quality
28. The museum offers a variety of \_\_\_\_\_ programs for children and adults.  
*adj.* relating to education or providing knowledge or instruction
29. The official transcript contains \_\_\_\_\_ academic records.  
*adj.* correct and exact in all details
30. A decade ago, it was \_\_\_\_\_ impossible to cure this disease completely.  
*adv.* in a way that relates to the practice of medicine and the treatment of illness and injury
31. The instructor will provide a glossary of commonly used \_\_\_\_\_ at the beginning of the course.  
*n.* the special words or phrases that are used within a particular field or subject; the language or jargon of a particular group or profession

ANSWERS: 23. norms, 24. urban, 25. asymptomatic, 26. stretch, 27. solid-state, 28. educational, 29. accurate, 30. medically, 31. terminology

32. The \_\_\_ pride parade was a celebration of diversity and acceptance.  
*adj.* homosexual; happy, carefree
33. Hospitals must meet various standards to prevent nosocomial \_\_\_\_\_.  
*n.* a condition in which pathogenic microorganisms or viruses have entered the body
34. They collected a \_\_\_\_\_ specimen for urinalysis.  
*n.* a liquid by-product of metabolism in humans and in many other animals that are released from the body when you urinate
35. People can pick out superior products \_\_\_\_\_ of the quality of the advertising.  
*adv.* not paying attention or considering something or someone even if the situation is bad or there are difficulties
36. The data he prepared was completely \_\_\_\_\_.  
*n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
37. Most cases of the common cold are \_\_\_\_\_ with rest and over-the-counter medications.  
*adj.* describing an illness or condition that can be treated or remedied to restore health; having the potential to be alleviated or resolved
38. This device displayed the speech \_\_\_\_\_ spectrographically.  
*n.* an ordered array of colors into which a light beam can be split
39. The \_\_\_\_\_ for applying for a visa can be lengthy and complicated.  
*n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

ANSWERS: 32. gay, 33. infections, 34. urine, 35. regardless, 36. sham, 37. curable, 38. spectrum, 39. process

40. He did \_\_\_\_\_ pen-and-ink drawings in just a few days.

*adj.* involving a lot of different things or parts in a way that is difficult to understand or analyze

41. The industrial \_\_\_\_\_ laws were passed with little to no alteration.

*n.* the way two persons or groups of people feel and act toward one another

42. The phone rang at the most \_\_\_\_\_ time.

*adj.* suitable or happening at a time that is suitable or convenient for a particular purpose

43. She is an \_\_\_\_\_ with progressive ideas.

*n.* a person who teaches or educates people

44. The doctor diagnosed me with a \_\_\_\_\_ disorder.

*n.* a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood

45. Little children tend to have \_\_\_\_\_ friends.

*adj.* existing only in someone's mind

46. She was struggling to make a \_\_\_\_\_ between two job offers.

*n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options

47. The physicist who found the \_\_\_\_\_ particle won the Nobel Prize.

*adj.* difficult to find, define, achieve, or remember

ANSWERS: 40. complicated, 41. relations, 42. opportune, 43. educator, 44. hormone, 45. imaginary, 46. decision, 47. elusive

48. Among young people, \_\_\_\_\_ pressure can be pretty influential.  
*n.* a person who has the same age, status, or ability
49. The terrorist's \_\_\_\_\_ remains unknown.  
*n.* the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another
50. The horror movie was so \_\_\_\_\_ that I couldn't watch it alone.  
*adj.* causing fear or fright; frightening; intimidating
51. \_\_\_\_\_ elections were held in several European countries.  
*adj.* belonging to or used by a group rather than individuals; for common use
52. The \_\_\_\_\_ organs of the human body are necessary for reproduction.  
*adj.* of or relating to the external and internal reproductive organs
53. He \_\_\_\_\_ his friends with a warm smile and a hug.  
*v.* to say hello to someone; to express welcome on meeting someone
54. The mental health \_\_\_\_\_ often prevents people from seeking treatment.  
*n.* a mark of shame or disgrace associated with a particular circumstance, quality, or person
55. She vacated the position when she got \_\_\_\_\_.  
*adj.* having a baby or young animal developing in the uterus
56. The \_\_\_\_\_ disease was a major public health concern.  
*adj.* relating to or caused by sexual intercourse, specifically referring to a sexually transmitted disease

ANSWERS: 48. peer, 49. identity, 50. scary, 51. Communal, 52. genital, 53. greeted, 54. stigma, 55. pregnant, 56. venereal

57. The crowd \_\_\_\_\_ the stage with bottles and cans in protest.
- v. to hit or throw things at someone or something repeatedly and forcefully; to rain heavily
58. The company's hiring criteria emphasize personality, not a person's \_\_\_\_\_.
- n. the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem
59. I can't stop \_\_\_\_\_ my arm because of the mosquito bite.
- v. to have an uncomfortable feeling on the skin that makes you want to scratch it
60. We must \_\_\_\_\_ a new system to streamline our workflow and increase efficiency.
- v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
61. Her \_\_\_\_\_ are consistently rational and sensible.
- n. the ability to form valuable opinions and make reasonable decisions
62. The hospital will \_\_\_\_\_ the patient as soon as their condition stabilizes.
- v. to release or let go of something or someone; to dismiss or terminate an employee or member of an organization; to emit or give off a substance or energy
63. He had a \_\_\_\_\_ love of reading and spent hours daily with a book.
- adj. lasting for the whole of someone's life

ANSWERS: 57. pelted, 58. background, 59. itching, 60. develop, 61. judgments, 62. discharge, 63. lifelong

64. The company \_\_\_\_\_ employees to buy low-price items without approval to achieve efficient purchasing.

*v.* to give someone the power or authority to do something

65. All the books in this section \_\_\_\_\_ to the library's rare collection and must be handled carefully.

*v.* to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place

66. The doctor diagnosed him with a rare \_\_\_\_\_ that had no known cure.

*n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

67. The treatments were done but, \_\_\_\_\_ were unsuccessful.

*adv.* by bad luck; unluckily

68. Our knowledge helps \_\_\_\_\_ our clients successfully.

*v.* to plan and direct the way that a ship, plane, etc. will travel, often by using a map

69. Condoms are a common method of \_\_\_\_\_ that both men and women can use.

*n.* the use of methods or devices to prevent pregnancy, typically by blocking fertilization or implantation of a fertilized egg, which options include contraceptives, condoms, intrauterine devices (IUDs), and sterilization procedures

70. The following example \_\_\_\_\_ that the capacity of each battery is the same.

*v.* to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance

ANSWERS: 64. empowered, 65. belong, 66. disease, 67. unfortunately, 68. navigate, 69. contraception, 70. assumes

ANSWERS: