

# Englist.me



## Vocabulary Builder Reference from...

*Katie Hood: The difference between healthy and unhealthy love | TED Talk*

[https://www.ted.com/talks/katie\\_hood\\_the\\_difference\\_between\\_healthy\\_and\\_unhealthy\\_love](https://www.ted.com/talks/katie_hood_the_difference_between_healthy_and_unhealthy_love)

### Advanced Words Only

#### IMPORTANT

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## Session 1: Word List

### disrespect

*n.* an expression of lack of regard or contempt for someone or something

*synonym*: impoliteness, rudeness, insult

(1) mean no **disrespect**, (2) **disrespect** for a customer

His **disrespectful** behavior towards his elders earned him a stern warning from his parents.

### sneaking

*adj.* characterized by stealth, secrecy, or furtiveness; done in a surreptitious or underhanded manner

*synonym*: sneaky, furtive, covert

(1) **sneaking** suspicion, (2) a **sneaking** sense of satisfaction

He had a **sneaking** admiration for his rival's work, even though they were competitors.

### sham

*n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

*synonym*: bogus, counterfeit, fraudulent

(1) a **sham** battle, (2) turn out to be all **sham**

The data he prepared was completely **sham**.

## unhealthy

*adj.* not conducive to good health; detrimental to physical or mental well-being

*synonym* : unwholesome, detrimental, insalubrious

(1) **unhealthy** diet, (2) **unhealthy** habit

Sitting for long hours in front of the computer is considered **unhealthy**.

## inflict

*v.* to cause harm, injury, or suffering to someone or something

*synonym* : impose, levy, administer

(1) **inflict** a heavier tax, (2) **inflict** a hard blow

The storm **inflicted** significant damage on the town.

## instinct

*n.* an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true

*synonym* : intuition, aptitude, feeling

(1) **instinct** for self-preservation, (2) aggressive **instinct**

When faced with a dangerous situation, his initial **instinct** was to flee.

## sneak

*v.* to go somewhere, or take someone or something somewhere secretly or stealthily; to steal or do something secretly or stealthily

*synonym* : creep, tiptoe, smuggle

(1) **sneak** a cigarette, (2) **sneak** out of danger

The children tried to **sneak** out and eat the candy.

## disguise

*v.* to hide or alter someone's appearance to deceive or mislead others

*synonym* : mask, misinterpret, cloak

(1) **disguise** my feelings, (2) **disguise** his voice

Later it turned out that the politician **disguised** the fact from the public.

## empower

*v.* to give someone the power or authority to do something

*synonym* : authorize, endow, entitle

(1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

## illuminating

*adj.* making something clear or easy to understand; providing light

*synonym* : enlightening, informative, clarifying

(1) **illuminating** light, (2) an **illuminating** answer

The lecture was **illuminating** and gave me a new perspective on the topic.

## light-hearted

*adj.* carefree, cheerful, and happy; not overly serious or heavy in emotion or tone

*synonym* : cheerful, playful, carefree

(1) **light-hearted** banter, (2) a **light-hearted** approach

The movie was a **light-hearted** comedy that had everyone laughing.

## provoke

*v.* to stimulate or give rise to a particular reaction or have a particular effect

*synonym* : stimulate, incite, encourage

(1) **provoke** a disease, (2) **provoke** a reaction

Her behavior **provoked** a quarrel between the couple.

## illuminate

*v.* to light something or to make something lighter or brighter; to make something free from confusion or ambiguity

*synonym* : brighten, light, adorn

(1) **illuminate** a dark hall, (2) **illuminate** my understanding

That biologist **illuminated** the mechanism of heredity.

## orangutan

*n.* a large long-armed ape with red-brown hair that lives in Borneo and Sumatra and has arboreal habits

(1) **orangutan** arm, (2) female **orangutan**

The researcher found new species of **orangutan** on the

island.

## exhilarating

*adj.* making one feel very happy and lively; invigorating; providing a feeling of excitement or thrill

*synonym*: thrilling, exciting, stimulating

(1) an **exhilarating** drink, (2) **exhilarating** view

Bungee jumping was an **exhilarating** experience that left me shaking with adrenaline.

## jackpot

*n.* a large cash prize or reward that is won by chance or luck; a situation in which one experiences an unexpectedly positive or fortunate outcome

*synonym*: prize, bonanza, windfall

(1) lottery **jackpot**, (2) win a **jackpot**

After hours of playing the slot machines, she finally hit the **jackpot** and won hundreds of dollars.

## suffocate

*v.* to die or cause someone to die from lack of air or inability to breathe; to be overwhelmed or constricted by a feeling or situation, such as anxiety or oppression

*synonym*: choke, smother, stifle

(1) **suffocate** to death, (2) **suffocate** fire

People can **suffocate** from a lack of oxygen in confined spaces.

## impatience

*n.* a feeling of restlessness or irritation caused by a desire for something to happen or be done more quickly; lack of patience

*synonym*: impatience, restlessness, agitation

(1) **impatience** with delays, (2) business **impatience**

The doctor advised him to manage his **impatience** as stress could exacerbate his medical condition.

## intimacy

*n.* close familiarity or friendship; a close, familiar, and usually affectionate or loving personal relationship with another person

*synonym*: closeness, familiarity, nearness

(1) on terms of **intimacy**, (2) build **intimacy**

They were looking for **intimacy** in their relationship and wanted to be close to each other.

### snooze

v. to take a brief nap or doze, often for a short period of time, especially during the day; to sleep lightly or fitfully; (noun) nodded politely

*synonym*: doze, nap, drowse

(1) take a **snooze**, (2) **snooze** peacefully in her crib

I need to **snooze** for a few more minutes before starting my day.

### misunderstand

v. to interpret or understand something in the wrong way

*synonym*: misinterpret, misperceive, misapprehend

(1) **misunderstand** each other, (2) **misunderstand** entirely about her

You should not **misunderstand** the meaning of freedom.

### creep

v. to move slowly, quietly, and carefully, usually to avoid being seen or heard

*synonym*: crawl, glide, encroach

(1) **creep** along the leaf, (2) **creep** toward the mouse

Aging **creeps** up slowly with time.

### tether

v. to tie or secure an animal, person, or object with a rope, chain, or other similar devices to prevent it from moving too far away; (noun) a rope or chain used to tie up or restrain an animal, such as a horse or dog

*synonym*: tie, fasten, secure

(1) **tether** a horse, (2) **tether** strap

The hiker **tethered** their dog to a tree while they camped for the night.

### sow

v. to plant seeds in the ground to grow crops or plants; to establish or set in motion

*synonym*: plant, scatter, seed

(1) **sow** wheat in a field, (2) **sow** discord

She carefully **sowed** the seeds in the garden.

## jealousy

*n.* a feeling of resentment or bitterness towards someone because they have something that you desire

*synonym*: envy, covetousness, resentment

(1) **jealousy** feeling towards another person, (2) burn with **jealousy**

His **jealousy** of his brother's success caused a rift in their relationship.

## mistrust

*v.* to have doubts or suspicions about the honesty or sincerity of someone

*synonym*: doubt, suspect, question

(1) **mistrust** a young man, (2) **mistrust** the government

He **mistrusted** her apology because of her past lies.

## accusation

*n.* a statement or claim alleging that someone has committed a crime, offense, or wrongdoing; a charge or indictment made against someone

*synonym*: charge, indictment, imputation

(1) criminal **accusation**, (2) false **accusation**

The **accusation** of theft was unfounded, and the suspect was eventually cleared of all charges.

## flirt

*v.* to talk or behave as if sexually attracted to someone, without serious intentions; (noun) a seductive woman who uses her sex appeal to exploit men

*synonym*: tease

(1) **flirt** with him, (2) **flirt** like a schoolgirl

My husband never **flirts** with other women.

## belittle

*v.* to speak or write about someone or something in a way that shows a lack of respect

*synonym*: degrade, demean, disparage

(1) **belittle** his ability, (2) **belittle** through talk

He **belittled** her in front of the office, making her feel small and insignificant.

**wan**

*adj.* looking pale or sickly; lacking vitality or energy

*synonym* : pale, pallid, ashen

(1) **wan** light, (2) a **wan** smile

His **wan** complexion showed that he was feeling very ill.

**lighthearted**

*adj.* carefree and cheerful; free from anxiety or seriousness; playful or humorous

*synonym* : carefree, playful, jovial

(1) **lighthearted** banter, (2) **lighthearted** humor

The couple shared a **lighthearted** moment at the amusement park, reminiscing about their childhoods.

**embarrass**

*v.* to cause someone to feel awkward, worried, or ashamed

*synonym* : disconcert, unsettle, agitate

(1) **embarrass** political enemy, (2) **embarrass** my project

He looked for an opportunity to **embarrass** that actor in public.

**accuse**

*v.* to charge or criticize someone with a crime or wrongdoing

*synonym* : charge, blame, criticize

(1) **accuse** his rudeness, (2) **accuse** each other

The witness **accused** the defendant of committing the robbery.

**overreact**

*v.* to react more strongly or excessively than is necessary or appropriate

*synonym* : overplay, exaggerate, overstate

(1) **overreact** with anger, (2) **overreact** to the criticism

She **overreacted** to the situation and caused unnecessary stress.

**breakup**

*n.* the end of a relationship between persons or nations; the separation of something into several pieces or sections

*synonym* : breakdown, divorce, separation

(1) a **breakup** hug, (2) air **breakup**  
He got over the big **breakup** with his wife.

## worthless

*adj.* having no value or usefulness; not worth considering  
*synonym*: valueless, useless, pointless

(1) **worthless** stock, (2) **worthless** coin  
The product was found to be **worthless** as it failed to meet the customer's expectations.

## disappoint

*v.* to fail to meet someone or their hopes or expectations;  
to make someone feel sad

*synonym*: sadden, dismay, frustrate

(1) **disappoint** the audience, (2) don't **disappoint** me  
She worked very hard not to **disappoint** her boss's expectations.

## discotheque

*n.* a nightclub or restaurant where recorded music is played, and people dance

*synonym*: nightclub, dance club, disco

(1) **discotheque** party, (2) **discotheque** scene  
He couldn't wait to hit the **discotheque** and dance the night away.

## improvisation

*n.* the act of making something up on the spot or creating or performing something without preparation

*synonym*: spontaneity, ad-lib, extemporization

(1) **improvisation** on stage, (2) jazz **improvisation**  
He created a beautiful piece of music using only **improvisation**.

## quarrel

*n.* an argument or dispute between two or more people

*synonym*: argument, dispute, disagreement

(1) family **quarrel**, (2) heated **quarrel**  
The two friends had a minor **quarrel** but quickly made up and resumed their conversation.



## squabble

v. to engage in a petty quarrel, argument, or dispute, often about a minor or trivial matter; to bicker or exchange angry words in a noisy or aggressive manner

*synonym* : argue, bicker, quarrel

(1) **squabble** over money, (2) **squabble** with a neighbor

The siblings always **squabble** over who gets to sit in the car's front seat.

## Session 2: Spelling

1. exh\_\_\_\_\_ing view *adj.* making one feel very happy and lively; invigorating; providing a feeling of excitement or thrill
2. mis\_\_\_\_\_and each other *v.* to interpret or understand something in the wrong way
3. em\_\_\_\_\_r my life *v.* to give someone the power or authority to do something
4. di\_\_\_\_\_se my feelings *v.* to hide or alter someone's appearance to deceive or mislead others
5. cr\_\_p toward the mouse *v.* to move slowly, quietly, and carefully, usually to avoid being seen or heard
6. s\_w wheat in a field *v.* to plant seeds in the ground to grow crops or plants; to establish or set in motion
7. dis\_\_\_\_\_ue party *n.* a nightclub or restaurant where recorded music is played, and people dance
8. te\_\_\_\_r a horse *v.* to tie or secure an animal, person, or object with a rope, chain, or other similar devices to prevent it from moving too far away; (noun) a rope or chain used to tie up or restrain an animal, such as a horse or dog
9. mis\_\_\_\_\_and entirely about her *v.* to interpret or understand something in the wrong way
10. build in\_\_\_\_\_cy *n.* close familiarity or friendship; a close, familiar, and usually affectionate or loving personal relationship with another person

ANSWERS: 1. exhilarating, 2. misunderstand, 3. empower, 4. disguise, 5. creep, 6. sow, 7. discotheque, 8. tether, 9. misunderstand, 10. intimacy

11. a br\_\_\_\_p hug *n.* the end of a relationship between persons or nations; the separation of something into several pieces or sections
12. imp\_\_\_\_\_ion on stage *n.* the act of making something up on the spot or creating or performing something without preparation
13. a sn\_\_\_\_ng sense of satisfaction *adj.* characterized by stealth, secrecy, or furtiveness; done in a surreptitious or underhanded manner
14. jazz imp\_\_\_\_\_ion *n.* the act of making something up on the spot or creating or performing something without preparation
15. lig\_\_\_\_\_ted humor *adj.* carefree and cheerful; free from anxiety or seriousness; playful or humorous
16. cr\_\_p along the leaf *v.* to move slowly, quietly, and carefully, usually to avoid being seen or heard
17. ov\_\_\_\_\_ct with anger *v.* to react more strongly or excessively than is necessary or appropriate
18. or\_\_\_\_\_an arm *n.* a large long-armed ape with red-brown hair that lives in Borneo and Sumatra and has arboreal habits
19. sq\_\_\_\_le with a neighbor *v.* to engage in a petty quarrel, argument, or dispute, often about a minor or trivial matter; to bicker or exchange angry words in a noisy or aggressive manner
20. take a sn\_\_\_\_e *v.* to take a brief nap or doze, often for a short period of time, especially during the day; to sleep lightly or fitfully; (noun) nodded politely

ANSWERS: 11. breakup, 12. improvisation, 13. sneaking, 14. improvisation, 15. lighthearted, 16. creep, 17. overreact, 18. orangutan, 19. squabble, 20. snooze

21. burn with je\_\_\_\_\_sy                    *n.* a feeling of resentment or bitterness towards someone because they have something that you desire
22. business imp\_\_\_\_\_ce                    *n.* a feeling of restlessness or irritation caused by a desire for something to happen or be done more quickly; lack of patience
23. pr\_\_\_\_\_e a disease                    *v.* to stimulate or give rise to a particular reaction or have a particular effect
24. on terms of in\_\_\_\_\_cy                    *n.* close familiarity or friendship; a close, familiar, and usually affectionate or loving personal relationship with another person
25. dis\_\_\_\_\_ue scene                    *n.* a nightclub or restaurant where recorded music is played, and people dance
26. win a ja\_\_\_\_\_t                    *n.* a large cash prize or reward that is won by chance or luck; a situation in which one experiences an unexpectedly positive or fortunate outcome
27. false acc\_\_\_\_\_on                    *n.* a statement or claim alleging that someone has committed a crime, offense, or wrongdoing; a charge or indictment made against someone
28. dis\_\_\_\_\_ct for a customer                    *n.* an expression of lack of regard or contempt for someone or something
29. lottery ja\_\_\_\_\_t                    *n.* a large cash prize or reward that is won by chance or luck; a situation in which one experiences an unexpectedly positive or fortunate outcome

ANSWERS: 21. jealousy, 22. impatience, 23. provoke, 24. intimacy, 25. discotheque, 26. jackpot, 27. accusation, 28. disrespect, 29. jackpot

30. an exh\_\_\_\_\_ing drink *adj.* making one feel very happy and lively; invigorating; providing a feeling of excitement or thrill
31. em\_\_\_\_\_r the secretary to do the same *v.* to give someone the power or authority to do something
32. ov\_\_\_\_\_ct to the criticism *v.* to react more strongly or excessively than is necessary or appropriate
33. te\_\_\_\_r strap *v.* to tie or secure an animal, person, or object with a rope, chain, or other similar devices to prevent it from moving too far away; (noun) a rope or chain used to tie up or restrain an animal, such as a horse or dog
34. s\_w discord *v.* to plant seeds in the ground to grow crops or plants; to establish or set in motion
35. ill\_\_\_\_\_te my understanding *v.* to light something or to make something lighter or brighter; to make something free from confusion or ambiguity
36. air br\_\_\_\_\_p *n.* the end of a relationship between persons or nations; the separation of something into several pieces or sections
37. un\_\_\_\_\_hy diet *adj.* not conducive to good health; detrimental to physical or mental well-being
38. don't dis\_\_\_\_\_nt me *v.* to fail to meet someone or their hopes or expectations; to make someone feel sad

ANSWERS: 30. exhilarating, 31. empower, 32. overreact, 33. tether, 34. sow, 35. illuminate, 36. breakup, 37. unhealthy, 38. disappoint

39. female or \_\_\_\_\_ an *n.* a large long-armed ape with red-brown hair that lives in Borneo and Sumatra and has arboreal habits
40. criminal acc \_\_\_\_\_ on *n.* a statement or claim alleging that someone has committed a crime, offense, or wrongdoing; a charge or indictment made against someone
41. su \_\_\_\_\_ te to death *v.* to die or cause someone to die from lack of air or inability to breathe; to be overwhelmed or constricted by a feeling or situation, such as anxiety or oppression
42. be \_\_\_\_\_ le his ability *v.* to speak or write about someone or something in a way that shows a lack of respect
43. in \_\_\_\_\_ t a heavier tax *v.* to cause harm, injury, or suffering to someone or something
44. family qu \_\_\_\_\_ l *n.* an argument or dispute between two or more people
45. su \_\_\_\_\_ te fire *v.* to die or cause someone to die from lack of air or inability to breathe; to be overwhelmed or constricted by a feeling or situation, such as anxiety or oppression
46. be \_\_\_\_\_ le through talk *v.* to speak or write about someone or something in a way that shows a lack of respect
47. imp \_\_\_\_\_ ce with delays *n.* a feeling of restlessness or irritation caused by a desire for something to happen or be done more quickly; lack of patience

ANSWERS: 39. orangutan, 40. accusation, 41. suffocate, 42. belittle, 43. inflict, 44. quarrel, 45. suffocate, 46. belittle, 47. impatience

48. ac\_\_\_e his rudeness      *v.* to charge or criticize someone with a crime or wrongdoing
49. lig\_\_\_\_\_ted banter      *adj.* carefree and cheerful; free from anxiety or seriousness; playful or humorous
50. sn\_\_\_\_\_ng suspicion      *adj.* characterized by stealth, secrecy, or furtiveness; done in a surreptitious or underhanded manner
51. ac\_\_\_e each other      *v.* to charge or criticize someone with a crime or wrongdoing
52. w\_n light      *adj.* looking pale or sickly; lacking vitality or energy
53. em\_\_\_\_\_ss my project      *v.* to cause someone to feel awkward, worried, or ashamed
54. em\_\_\_\_\_ss political enemy      *v.* to cause someone to feel awkward, worried, or ashamed
55. mi\_\_\_\_\_st a young man      *v.* to have doubts or suspicions about the honesty or sincerity of someone
56. sn\_\_k out of danger      *v.* to go somewhere, or take someone or something somewhere secretly or stealthily; to steal or do something secretly or stealthily
57. wo\_\_\_\_\_ss stock      *adj.* having no value or usefulness; not worth considering
58. in\_\_\_\_\_t a hard blow      *v.* to cause harm, injury, or suffering to someone or something
59. ill\_\_\_\_\_ing light      *adj.* making something clear or easy to understand; providing light
60. di\_\_\_\_\_se his voice      *v.* to hide or alter someone's appearance to deceive or mislead others

ANSWERS: 48. accuse, 49. lighthearted, 50. sneaking, 51. accuse, 52. wan, 53. embarrass, 54. embarrass, 55. mistrust, 56. sneak, 57. worthless, 58. inflict, 59. illuminating, 60. disguise

61. wo\_\_\_\_\_ss coin *adj.* having no value or usefulness; not worth considering
62. fl\_\_t like a schoolgirl *v.* to talk or behave as if sexually attracted to someone, without serious intentions; (noun) a seductive woman who uses her sex appeal to exploit men
63. in\_\_\_\_\_ct for self-preservation *n.* an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true
64. pr\_\_\_\_\_e a reaction *v.* to stimulate or give rise to a particular reaction or have a particular effect
65. a w\_n smile *adj.* looking pale or sickly; lacking vitality or energy
66. turn out to be all s\_\_m *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
67. a lig\_\_\_\_\_ted approach *adj.* carefree, cheerful, and happy; not overly serious or heavy in emotion or tone
68. mean no dis\_\_\_\_\_ct *n.* an expression of lack of regard or contempt for someone or something
69. ill\_\_\_\_\_te a dark hall *v.* to light something or to make something lighter or brighter; to make something free from confusion or ambiguity
70. sn\_\_\_e peacefully in her crib *v.* to take a brief nap or doze, often for a short period of time, especially during the day; to sleep lightly or fitfully; (noun) nodded politely

ANSWERS: 61. worthless, 62. flirt, 63. instinct, 64. provoke, 65. wan, 66. sham, 67. light-hearted, 68. disrespect, 69. illuminate, 70. snooze



71. heated qu\_\_\_\_\_l *n.* an argument or dispute between two or more people
72. mi\_\_\_\_\_st the government *v.* to have doubts or suspicions about the honesty or sincerity of someone
73. je\_\_\_\_\_sy feeling towards another person *n.* a feeling of resentment or bitterness towards someone because they have something that you desire
74. un\_\_\_\_\_hy habit *adj.* not conducive to good health; detrimental to physical or mental well-being
75. lig\_\_\_\_\_ted banter *adj.* carefree, cheerful, and happy; not overly serious or heavy in emotion or tone
76. fl\_\_t with him *v.* to talk or behave as if sexually attracted to someone, without serious intentions; (noun) a seductive woman who uses her sex appeal to exploit men
77. dis\_\_\_\_\_nt the audience *v.* to fail to meet someone or their hopes or expectations; to make someone feel sad
78. sq\_\_\_\_\_le over money *v.* to engage in a petty quarrel, argument, or dispute, often about a minor or trivial matter; to bicker or exchange angry words in a noisy or aggressive manner
79. aggressive in\_\_\_\_\_ct *n.* an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true
80. an ill\_\_\_\_\_ing answer *adj.* making something clear or easy to understand; providing light

ANSWERS: 71. quarrel, 72. mistrust, 73. jealousy, 74. unhealthy, 75. light-hearted, 76. flirt, 77. disappoint, 78. squabble, 79. instinct, 80. illuminating

81. sn\_\_k a cigarette

*v.* to go somewhere, or take someone or something somewhere secretly or stealthily; to steal or do something secretly or stealthily

82. a s\_\_m battle

*n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

ANSWERS: 81. sneak, 82. sham

## Session 3: Fill in the Blanks

1. She \_\_\_\_\_ to the situation and caused unnecessary stress.  
*v.* to react more strongly or excessively than is necessary or appropriate
  
2. She carefully \_\_\_\_\_ the seeds in the garden.  
*v.* to plant seeds in the ground to grow crops or plants; to establish or set in motion
  
3. He got over the big \_\_\_\_\_ with his wife.  
*n.* the end of a relationship between persons or nations; the separation of something into several pieces or sections
  
4. The product was found to be \_\_\_\_\_ as it failed to meet the customer's expectations.  
*adj.* having no value or usefulness; not worth considering
  
5. His \_\_\_\_\_ complexion showed that he was feeling very ill.  
*adj.* looking pale or sickly; lacking vitality or energy
  
6. The \_\_\_\_\_ of theft was unfounded, and the suspect was eventually cleared of all charges.  
*n.* a statement or claim alleging that someone has committed a crime, offense, or wrongdoing; a charge or indictment made against someone
  
7. His \_\_\_\_\_ of his brother's success caused a rift in their relationship.  
*n.* a feeling of resentment or bitterness towards someone because they have something that you desire

ANSWERS: 1. overreacted, 2. sowed, 3. breakup, 4. worthless, 5. wan, 6. accusation, 7. jealousy

8. Her behavior \_\_\_\_\_ a quarrel between the couple.  
*v.* to stimulate or give rise to a particular reaction or have a particular effect
9. The data he prepared was completely \_\_\_\_\_.  
*n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
10. The movie was a \_\_\_\_\_ comedy that had everyone laughing.  
*adj.* carefree, cheerful, and happy; not overly serious or heavy in emotion or tone
11. The doctor advised him to manage his \_\_\_\_\_ as stress could exacerbate his medical condition.  
*n.* a feeling of restlessness or irritation caused by a desire for something to happen or be done more quickly; lack of patience
12. The witness \_\_\_\_\_ the defendant of committing the robbery.  
*v.* to charge or criticize someone with a crime or wrongdoing
13. He created a beautiful piece of music using only \_\_\_\_\_.  
*n.* the act of making something up on the spot or creating or performing something without preparation
14. The couple shared a \_\_\_\_\_ moment at the amusement park, reminiscing about their childhoods.  
*adj.* carefree and cheerful; free from anxiety or seriousness; playful or humorous
15. After hours of playing the slot machines, she finally hit the \_\_\_\_\_ and won hundreds of dollars.  
*n.* a large cash prize or reward that is won by chance or luck; a situation in which one experiences an unexpectedly positive or fortunate outcome

ANSWERS: 8. provoked, 9. sham, 10. light-hearted, 11. impatience, 12. accused, 13. improvisation, 14. lighthearted, 15. jackpot

16. He \_\_\_\_\_ her apology because of her past lies.

*v.* to have doubts or suspicions about the honesty or sincerity of someone

17. When faced with a dangerous situation, his initial \_\_\_\_\_ was to flee.

*n.* an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true

18. Bungee jumping was an \_\_\_\_\_ experience that left me shaking with adrenaline.

*adj.* making one feel very happy and lively; invigorating; providing a feeling of excitement or thrill

19. They were looking for \_\_\_\_\_ in their relationship and wanted to be close to each other.

*n.* close familiarity or friendship; a close, familiar, and usually affectionate or loving personal relationship with another person

20. He had a \_\_\_\_\_ admiration for his rival's work, even though they were competitors.

*adj.* characterized by stealth, secrecy, or furtiveness; done in a surreptitious or underhanded manner

21. He \_\_\_\_\_ her in front of the office, making her feel small and insignificant.

*v.* to speak or write about someone or something in a way that shows a lack of respect

22. My husband never \_\_\_\_\_ with other women.

*v.* to talk or behave as if sexually attracted to someone, without serious intentions;  
*(noun)* a seductive woman who uses her sex appeal to exploit men

ANSWERS: 16. mistrusted, 17. instinct, 18. exhilarating, 19. intimacy, 20. sneaking, 21. belittled, 22. flirts

23. His \_\_\_\_\_ behavior towards his elders earned him a stern warning from his parents.  
*n.* an expression of lack of regard or contempt for someone or something
24. The lecture was \_\_\_\_\_ and gave me a new perspective on the topic.  
*adj.* making something clear or easy to understand; providing light
25. I need to \_\_\_\_\_ for a few more minutes before starting my day.  
*v.* to take a brief nap or doze, often for a short period of time, especially during the day; to sleep lightly or fitfully; (noun) nodded politely
26. He couldn't wait to hit the \_\_\_\_\_ and dance the night away.  
*n.* a nightclub or restaurant where recorded music is played, and people dance
27. The hiker \_\_\_\_\_ their dog to a tree while they camped for the night.  
*v.* to tie or secure an animal, person, or object with a rope, chain, or other similar devices to prevent it from moving too far away; (noun) a rope or chain used to tie up or restrain an animal, such as a horse or dog
28. The siblings always \_\_\_\_\_ over who gets to sit in the car's front seat.  
*v.* to engage in a petty quarrel, argument, or dispute, often about a minor or trivial matter; to bicker or exchange angry words in a noisy or aggressive manner
29. Aging \_\_\_\_\_ up slowly with time.  
*v.* to move slowly, quietly, and carefully, usually to avoid being seen or heard
30. The storm \_\_\_\_\_ significant damage on the town.  
*v.* to cause harm, injury, or suffering to someone or something

ANSWERS: 23. disrespectful, 24. illuminating, 25. snooze, 26. discotheque, 27. tethered, 28. squabble, 29. creeps, 30. inflicted

31. People can \_\_\_\_\_ from a lack of oxygen in confined spaces.
- v.* to die or cause someone to die from lack of air or inability to breathe; to be overwhelmed or constricted by a feeling or situation, such as anxiety or oppression
32. The two friends had a minor \_\_\_\_\_ but quickly made up and resumed their conversation.
- n.* an argument or dispute between two or more people
33. You should not \_\_\_\_\_ the meaning of freedom.
- v.* to interpret or understand something in the wrong way
34. The researcher found new species of \_\_\_\_\_ on the island.
- n.* a large long-armed ape with red-brown hair that lives in Borneo and Sumatra and has arboreal habits
35. The company \_\_\_\_\_ employees to buy low-price items without approval to achieve efficient purchasing.
- v.* to give someone the power or authority to do something
36. He looked for an opportunity to \_\_\_\_\_ that actor in public.
- v.* to cause someone to feel awkward, worried, or ashamed
37. That biologist \_\_\_\_\_ the mechanism of heredity.
- v.* to light something or to make something lighter or brighter; to make something free from confusion or ambiguity
38. Sitting for long hours in front of the computer is considered \_\_\_\_\_.
- adj.* not conducive to good health; detrimental to physical or mental well-being

ANSWERS: 31. suffocate, 32. quarrel, 33. misunderstand, 34. orangutan, 35. empowered, 36. embarrass, 37. illuminated, 38. unhealthy

39. Later it turned out that the politician \_\_\_\_\_ the fact from the public.

v. to hide or alter someone's appearance to deceive or mislead others

40. She worked very hard not to \_\_\_\_\_ her boss's expectations.

v. to fail to meet someone or their hopes or expectations; to make someone feel sad

41. The children tried to \_\_\_\_\_ out and eat the candy.

v. to go somewhere, or take someone or something somewhere secretly or stealthily; to steal or do something secretly or stealthily

ANSWERS: 39. disguised, 40. disappoint, 41. sneak