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Tshering Tobgay: An urgent call to protect the world's "Third Pole" | TED Talk

https://www.ted.com/talks/tshering_tobgay_an_urgent_call_to_protect_the_world_s_third_pole

Advanced Words Only

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Session 1: Word List

drown

v. to die or cause to die by being unable to breathe underwater

synonym: douse, drench, overwhelm

(1) **drown** in a bath, (2) I was **drowned** in work

Floods have the potential to **drown** any subsurface animals easily.

stunt

n. a feat or action that is often dangerous or difficult, designed to attract attention or admiration; something that blocks or impedes growth or development; (verb) to hinder or impede growth or development, especially in a physical or mental sense

synonym: feat, accomplishment, (verb) hinder

(1) skydiving **stunt**, (2) **stunt** brain growth

The daredevil attempted a dangerous **stunt** by jumping off a tall building with a parachute.

impending

adj. about to happen or occur; close in time; imminent

synonym: imminent, upcoming, approaching

(1) **impending** doom, (2) **impending** crisis

We must prepare for the **impending** storm expected to hit our area.

glacier

n. a slowly moving mass of ice formed from snow on mountains or near the North Pole or the South Pole

synonym : iceberg, ice floe

(1) **glacier** retreat, (2) **glaciers** move tardily

The **glaciers** of the ice age have shaped Fjord.

centigrade

n. a system of temperature measurement in which the freezing point of water is 0 degrees and the boiling point of water is 100 degrees; also known as the Celsius scale

(1) **centigrade** scale, (2) **centigrade** thermometer

The temperature reached a peak of 35 degrees **centigrade**.

glacial

adj. relating to or resembling a glacier (= a slowly moving mass of ice) or the process of glaciation; characterized by an extremely slow or gradual pace or movement

synonym : cold, icy, frozen

(1) **glacial** movements, (2) **glacial** terrain

The **glacial** pace of the negotiations frustrated both parties.

cascade

n. a small waterfall or series of small waterfalls; a succession of stages or operations or processes or units

synonym : waterfall, watercourse, step

(1) **cascade** connection, (2) transistor **cascade**

The **cascade** of waterfalls in the national park was a breathtaking sight.

outburst

n. a sudden, violent, and uncontrolled expression of emotion, usually anger or excitement; a sudden release of energy or feeling

synonym : outcry, eruption, explosion

(1) **outburst** of applause, (2) violent **outburst**

My boss's sudden **outburst** shocked and scared me.

wreck

n. a ship that has sunk or has been destroyed; a vehicle that has been badly damaged in an accident

synonym : collapse, destruction, devastation

(1) the house was a **wreck**, (2) a worthless **wreck**
The divers accidentally discovered a **wreck** on the ocean floor.

wreak

v. to cause or bring about something, often as a result of harmful or destructive actions or events

synonym: cause, inflict, bring about

(1) **wreak** a lot of changes, (2) **wreak** further damage
The virus has **wreaked** havoc on the healthcare system, overwhelming hospitals and causing shortages of supplies.

havoc

n. widespread destruction or devastation, often caused by natural disasters, war, or other violent events

synonym: destruction, devastation, ruin

(1) cause **havoc**, (2) play **havoc** in the mind
The storm wreaked **havoc** on the town, causing widespread damage and power outages.

livelihood

n. a means of earning money people need to pay for food, a place to live, clothing, etc.

synonym: occupation, living, income

(1) a means of **livelihood**, (2) **livelihood** assistance
I could no longer earn my own **livelihood**.

agon

n. a contest or competition, typically one in which participants exert themselves physically or mentally to achieve victory or surpass others

synonym: struggle, conflict, fight

(1) emotional **agon**, (2) an **agon** of creativity
The weightlifting competition brought together athletes from different countries for an international **agon**.

sleeplessness

n. the condition of being unable to sleep or having difficulty sleeping

synonym: insomnia, wakefulness, restlessness

(1) **sleeplessness** disorder, (2) beat **sleeplessness**

He tried various treatments for his **sleeplessness**, but nothing seemed to work.

dedicate

v. to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use

synonym: consecrate, devote, commit

(1) **dedicate** a few hours, (2) **dedicate** a chapter to the subject

He **dedicated** his life to helping others.

snowfall

n. a fall of snow; the amount of snow falling within a particular area in a specific time

synonym: snow, blizzard, gale

(1) the first **snowfall** of the season, (2) **snowfall** prediction
Several roads have been closed due to the heavy **snowfall**.

soot

n. a black, powdery substance that is produced by the incomplete burning of a material such as coal, wood, or oil and is often found on surfaces near the source of the fire

synonym: smut, dirt

(1) **soot-covered** walls, (2) black **soot**

The fire left a layer of **soot** on everything in the room.

landslide

n. a large, sudden movement of a mass of rock, earth, or other material down a slope

synonym: avalanche, mudslide, rockfall

(1) **landslide** victory, (2) prevent a **landslide**

The massive **landslide** buried the small village under a thick layer of rock and dirt.

unimaginable

adj. beyond what can be imagined or conceived; impossible to comprehend or envision

synonym: unthinkable, inconceivable, incredulous

(1) **unimaginable** horror, (2) **unimaginable** depths

The complexity of scientific theories was **unimaginable** for

most people.

originate

v. to come into existence in a particular place or situation;
to start something in a specific place

synonym: begin, arise, create

(1) **originate** from the country, (2) **originate** a political movement

The flight **originates** in Vancouver.

monsoon

n. a seasonal wind system that brings heavy rainfall to a region, typically occurring in tropical areas

synonym: rainy season, deluge, downpour

(1) **monsoon** season, (2) **monsoon** current

The **monsoon** rains often bring relief to areas suffering from drought.

deluge

n. a severe flood; an overwhelming number or amount of something

synonym: flood, downpour, surge

(1) get caught in the **deluge**, (2) a **deluge** of fire

Recent developments in data analysis techniques have been instrumental in finding insights from the data **deluge**.

disastrous

adj. extremely bad, harmful, or unsuccessful

synonym: catastrophic, destructive, fatal

(1) have **disastrous** consequences, (2) absolutely **disastrous** effect

The emission of hazardous substances has **disastrous** effects on the ecology of a region.

crux

n. the most important or fundamental part of a matter or situation; the key point or central issue

synonym: heart, core, essence

(1) main **crux**, (2) the **crux** of the argument

The **crux** of the matter was that the company was not financially stable.

drastic

adj. radical and extreme; likely to have a significant or far-reaching impact

synonym: extreme, fierce, radical

(1) **drastic** measures, (2) make **drastic** revision

The global community is undergoing **drastic** changes at present.

destabilize

v. to cause something to become less stable or secure

synonym: unsettle, disrupt, upset

(1) **destabilize** the market, (2) **destabilize** a good relationship

The political crisis **destabilized** the country and caused widespread turmoil.

onslaught

n. a fierce or violent attack; a sudden and intense outburst of something, usually negative

synonym: attack, assault, charge

(1) **onslaught** of criticism, (2) urban **onslaught**

The village was unprepared for the sudden **onslaught** of the enemy army.

catastrophe

n. a sudden event that causes extreme ruin and misfortune

synonym: disaster, calamity, cataclysm

(1) **catastrophe** risk management, (2) avoid climate **catastrophe**

The lack of funds has resulted in a **catastrophe** for our university system.

Session 2: Spelling

1. emotional a__n *n.* a contest or competition, typically one in which participants exert themselves physically or mentally to achieve victory or surpass others

2. s__t-covered walls *n.* a black, powdery substance that is produced by the incomplete burning of a material such as coal, wood, or oil and is often found on surfaces near the source of the fire

3. transistor ca_____e *n.* a small waterfall or series of small waterfalls; a succession of stages or operations or processes or units

4. im_____ng crisis *adj.* about to happen or occur; close in time; imminent

5. a means of liv_____od *n.* a means of earning money people need to pay for food, a place to live, clothing, etc.

6. wr__k a lot of changes *v.* to cause or bring about something, often as a result of harmful or destructive actions or events

7. st__t brain growth *n.* a feat or action that is often dangerous or difficult, designed to attract attention or admiration; something that blocks or impedes growth or development; (verb) to hinder or impede growth or development, especially in a physical or mental sense

ANSWERS: 1. agon, 2. soot, 3. cascade, 4. impending, 5. livelihood, 6. wreak, 7. stunt

8. prevent a la_____de *n.* a large, sudden movement of a mass of rock, earth, or other material down a slope
9. the c__x of the argument *n.* the most important or fundamental part of a matter or situation; the key point or central issue
10. ou_____st of applause *n.* a sudden, violent, and uncontrolled expression of emotion, usually anger or excitement; a sudden release of energy or feeling
11. main c__x *n.* the most important or fundamental part of a matter or situation; the key point or central issue
12. violent ou_____st *n.* a sudden, violent, and uncontrolled expression of emotion, usually anger or excitement; a sudden release of energy or feeling
13. uni_____ble horror *adj.* beyond what can be imagined or conceived; impossible to comprehend or envision
14. sn_____ll prediction *n.* a fall of snow; the amount of snow falling within a particular area in a specific time
15. mo_____n season *n.* a seasonal wind system that brings heavy rainfall to a region, typically occurring in tropical areas
16. de_____te a few hours *v.* to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use

ANSWERS: 8. landslide, 9. crux, 10. outburst, 11. crux, 12. outburst, 13. unimaginable, 14. snowfall, 15. monsoon, 16. dedicate

17. black s__t *n.* a black, powdery substance that is produced by the incomplete burning of a material such as coal, wood, or oil and is often found on surfaces near the source of the fire
18. sle_____ess disorder *n.* the condition of being unable to sleep or having difficulty sleeping
19. an a__n of creativity *n.* a contest or competition, typically one in which participants exert themselves physically or mentally to achieve victory or surpass others
20. skydiving st__t *n.* a feat or action that is often dangerous or difficult, designed to attract attention or admiration; something that blocks or impedes growth or development; (verb) to hinder or impede growth or development, especially in a physical or mental sense
21. dr_____c measures *adj.* radical and extreme; likely to have a significant or far-reaching impact
22. have dis_____us consequences *adj.* extremely bad, harmful, or unsuccessful
23. make dr_____c revision *adj.* radical and extreme; likely to have a significant or far-reaching impact
24. wr__k further damage *v.* to cause or bring about something, often as a result of harmful or destructive actions or events
25. des_____ze the market *v.* to cause something to become less stable or secure
26. gl_____rs move tardily *n.* a slowly moving mass of ice formed from snow on mountains or near the North Pole or the South Pole

ANSWERS: 17. soot, 18. sleeplessness, 19. agon, 20. stunt, 21. drastic, 22. disastrous, 23. drastic, 24. wreak, 25. destabilize, 26. glacier

27. avoid climate cat_____he *n.* a sudden event that causes extreme ruin and misfortune
28. dr__n in a bath *v.* to die or cause to die by being unable to breathe underwater
29. im_____ng doom *adj.* about to happen or occur; close in time; imminent
30. on_____ht of criticism *n.* a fierce or violent attack; a sudden and intense outburst of something, usually negative
31. de_____te a chapter to the subject *v.* to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use
32. I was dr__ned in work *v.* to die or cause to die by being unable to breathe underwater
33. cen_____de scale *n.* a system of temperature measurement in which the freezing point of water is 0 degrees and the boiling point of water is 100 degrees; also known as the Celsius scale
34. la_____de victory *n.* a large, sudden movement of a mass of rock, earth, or other material down a slope
35. liv_____od assistance *n.* a means of earning money people need to pay for food, a place to live, clothing, etc.
36. gl_____l movements *adj.* relating to or resembling a glacier (= a slowly moving mass of ice) or the process of glaciation; characterized by an extremely slow or gradual pace or movement

ANSWERS: 27. catastrophe, 28. drown, 29. impending, 30. onslaught, 31. dedicate, 32. drown, 33. centigrade, 34. landslide, 35. livelihood, 36. glacial

37. get caught in the de___e *n.* a severe flood; an overwhelming number or amount of something
38. mo____n current *n.* a seasonal wind system that brings heavy rainfall to a region, typically occurring in tropical areas
39. cat_____he risk management *n.* a sudden event that causes extreme ruin and misfortune
40. gl____r retreat *n.* a slowly moving mass of ice formed from snow on mountains or near the North Pole or the South Pole
41. cause ha__c *n.* widespread destruction or devastation, often caused by natural disasters, war, or other violent events
42. absolutely dis_____us effect *adj.* extremely bad, harmful, or unsuccessful
43. gl____l terrain *adj.* relating to or resembling a glacier (= a slowly moving mass of ice) or the process of glaciation; characterized by an extremely slow or gradual pace or movement
44. beat sle_____ess *n.* the condition of being unable to sleep or having difficulty sleeping
45. or_____te a political movement *v.* to come into existence in a particular place or situation; to start something in a specific place
46. cen_____de thermometer *n.* a system of temperature measurement in which the freezing point of water is 0 degrees and the boiling point of water is 100 degrees; also known as the Celsius scale

ANSWERS: 37. deluge, 38. monsoon, 39. catastrophe, 40. glacier, 41. havoc, 42. disastrous, 43. glacial, 44. sleeplessness, 45. originate, 46. centigrade

47. or_____te from the country *v.* to come into existence in a particular place or situation; to start something in a specific place
48. the first sn_____ll of the season *n.* a fall of snow; the amount of snow falling within a particular area in a specific time
49. a de_____e of fire *n.* a severe flood; an overwhelming number or amount of something
50. des_____ze a good relationship *v.* to cause something to become less stable or secure
51. a worthless wr__k *n.* a ship that has sunk or has been destroyed; a vehicle that has been badly damaged in an accident
52. the house was a wr__k *n.* a ship that has sunk or has been destroyed; a vehicle that has been badly damaged in an accident
53. uni_____ble depths *adj.* beyond what can be imagined or conceived; impossible to comprehend or envision
54. play ha__c in the mind *n.* widespread destruction or devastation, often caused by natural disasters, war, or other violent events
55. ca_____e connection *n.* a small waterfall or series of small waterfalls; a succession of stages or operations or processes or units
56. urban on_____ht *n.* a fierce or violent attack; a sudden and intense outburst of something, usually negative

ANSWERS: 47. originate, 48. snowfall, 49. deluge, 50. destabilize, 51. wreck, 52. wreck, 53. unimaginable, 54. havoc, 55. cascade, 56. onslaught

Session 3: Fill in the Blanks

1. We must prepare for the _____ storm expected to hit our area.
adj. about to happen or occur; close in time; imminent
2. The divers accidentally discovered a _____ on the ocean floor.
n. a ship that has sunk or has been destroyed; a vehicle that has been badly damaged in an accident
3. He tried various treatments for his _____ but nothing seemed to work.
n. the condition of being unable to sleep or having difficulty sleeping
4. The emission of hazardous substances has _____ effects on the ecology of a region.
adj. extremely bad, harmful, or unsuccessful
5. The weightlifting competition brought together athletes from different countries for an international _____.
n. a contest or competition, typically one in which participants exert themselves physically or mentally to achieve victory or surpass others
6. He _____ his life to helping others.
v. to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use
7. The fire left a layer of _____ on everything in the room.
n. a black, powdery substance that is produced by the incomplete burning of a material such as coal, wood, or oil and is often found on surfaces near the source of the fire

ANSWERS: 1. impending, 2. wreck, 3. sleeplessness, 4. disastrous, 5. agon, 6. dedicated, 7. soot

8. The virus has _____ havoc on the healthcare system, overwhelming hospitals and causing shortages of supplies.
- v.* to cause or bring about something, often as a result of harmful or destructive actions or events
9. The _____ of the ice age have shaped Fjord.
- n.* a slowly moving mass of ice formed from snow on mountains or near the North Pole or the South Pole
10. The _____ pace of the negotiations frustrated both parties.
- adj.* relating to or resembling a glacier (= a slowly moving mass of ice) or the process of glaciation; characterized by an extremely slow or gradual pace or movement
11. The flight _____ in Vancouver.
- v.* to come into existence in a particular place or situation; to start something in a specific place
12. The _____ rains often bring relief to areas suffering from drought.
- n.* a seasonal wind system that brings heavy rainfall to a region, typically occurring in tropical areas
13. The _____ of the matter was that the company was not financially stable.
- n.* the most important or fundamental part of a matter or situation; the key point or central issue
14. The political crisis _____ the country and caused widespread turmoil.
- v.* to cause something to become less stable or secure
15. The global community is undergoing _____ changes at present.
- adj.* radical and extreme; likely to have a significant or far-reaching impact

ANSWERS: 8. wreaked, 9. glaciers, 10. glacial, 11. originates, 12. monsoon, 13. crux, 14. destabilized, 15. drastic

16. Recent developments in data analysis techniques have been instrumental in finding insights from the data _____.
- n.* a severe flood; an overwhelming number or amount of something
17. I could no longer earn my own _____.
- n.* a means of earning money people need to pay for food, a place to live, clothing, etc.
18. The temperature reached a peak of 35 degrees _____.
- n.* a system of temperature measurement in which the freezing point of water is 0 degrees and the boiling point of water is 100 degrees; also known as the Celsius scale
19. The daredevil attempted a dangerous _____ by jumping off a tall building with a parachute.
- n.* a feat or action that is often dangerous or difficult, designed to attract attention or admiration; something that blocks or impedes growth or development; (verb) to hinder or impede growth or development, especially in a physical or mental sense
20. The village was unprepared for the sudden _____ of the enemy army.
- n.* a fierce or violent attack; a sudden and intense outburst of something, usually negative
21. The storm wreaked _____ on the town, causing widespread damage and power outages.
- n.* widespread destruction or devastation, often caused by natural disasters, war, or other violent events
22. The lack of funds has resulted in a _____ for our university system.
- n.* a sudden event that causes extreme ruin and misfortune

ANSWERS: 16. deluge, 17. livelihood, 18. centigrade, 19. stunt, 20. onslaught, 21. havoc, 22. catastrophe

23. The _____ of waterfalls in the national park was a breathtaking sight.
- n.* a small waterfall or series of small waterfalls; a succession of stages or operations or processes or units
24. Several roads have been closed due to the heavy _____.
- n.* a fall of snow; the amount of snow falling within a particular area in a specific time
25. My boss's sudden _____ shocked and scared me.
- n.* a sudden, violent, and uncontrolled expression of emotion, usually anger or excitement; a sudden release of energy or feeling
26. The massive _____ buried the small village under a thick layer of rock and dirt.
- n.* a large, sudden movement of a mass of rock, earth, or other material down a slope
27. Floods have the potential to _____ any subsurface animals easily.
- v.* to die or cause to die by being unable to breathe underwater
28. The complexity of scientific theories was _____ for most people.
- adj.* beyond what can be imagined or conceived; impossible to comprehend or envision

ANSWERS: 23. cascade, 24. snowfall, 25. outburst, 26. landslide, 27. drown, 28. unimaginable