

# Englist.me



## Vocabulary Builder Reference from...

*Natalie Fratto: 3 ways to measure your adaptability -- and how to improve it | TED Talk*

[https://www.ted.com/talks/natalie\\_fratto\\_3\\_ways\\_to\\_measure\\_your\\_adaptability\\_and\\_how\\_to\\_improve\\_it](https://www.ted.com/talks/natalie_fratto_3_ways_to_measure_your_adaptability_and_how_to_improve_it)

### Advanced Words Only

#### IMPORTANT

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## Session 1: Word List

- ivy** *n.* an evergreen climbing or ground-creeping woody plant that often grows up trees or buildings  
(1) poison **ivy**, (2) **ivy** plant  
The overgrown **ivy** cleaved to the ruined castle walls.
- quotient** *n.* a degree or measure of a specific quality or characteristic; the result of dividing one number by another  
*synonym* : dividend, ratio, proportion  
(1) **quotient** rule, (2) creativity **quotient**  
My intelligence **quotient** is below average, according to the test results.
- rapport** *n.* a close and harmonious relationship in which the people or groups concerned understand each other's feelings or ideas and communicate well  
*synonym* : harmony, understanding, connection  
(1) **rapport-building**, (2) be in **rapport** with him  
The team leader worked hard to build a strong **rapport** with all team members.
- trait** *n.* a particular feature of your nature  
*synonym* : attribute, feature, quality

(1) chemical **trait**, (2) personality **traits**

Multiple genes may influence behavioral **traits** concurrently.

## adaptable

*adj.* able or willing to modify or be modified to deal with new situations

*synonym* : flexible, adjustable, elastic

(1) **adaptable** enough for the environment, (2) an **adaptable** person

We seek a candidate who possesses **adaptable** fighting potential.

## determinant

*n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

*synonym* : cause, factor, element

(1) environmental **determinant**, (2) a **determinant** of crop yields

One **determinant** of success is having a positive attitude and a strong work ethic.

## improvisation

*n.* the act of making something up on the spot or creating or performing something without preparation

*synonym* : spontaneity, ad-lib, extemporization

(1) **improvisation** on stage, (2) jazz **improvisation**

He created a beautiful piece of music using only **improvisation**.

## geopolitical

*adj.* of or relating to political activity or relations between countries and groups of countries, as influenced by the physical features of a country or area

(1) the **geopolitical** situations, (2) reduce **geopolitical** risk

The country holds dominant **geopolitical** power over its neighbors.

## grapple

*v.* to make a strenuous effort to solve a problem; to engage in a close fight or conflict without weapons

*synonym* : brawl, scuffle, wrestle

(1) **grapple** with problem, (2) **grapple** with each other  
He needed to **grapple** with structural reforms to improve the company's revenue.

## conjure

v. to call forth by magic; to create or bring about through the imagination

*synonym*: summon, evoke, call forth

(1) **conjure** evil spirits away, (2) **conjure** a vision

The magician **conjured** up a rabbit out of thin air.

## presume

v. to suppose or assume something to be true, often without sufficient evidence or proof; to take liberties, behave impolitely, or overstep one's bounds, often due to arrogance or ignorance

*synonym*: assume, suppose, guess

(1) **presume** innocence, (2) **presume** on his tolerance

I **presume** you've already made plans for the weekend since you didn't respond to my invitation.

## steer

v. to control the direction or movement of a vehicle; to direct a course of action; to guide or motivate someone

*synonym*: guide, direct, control

(1) **steer** a steady course, (2) **steer** a conversation

The captain told him to **steer** the ship north.

## autobiography

n. a written account of someone's own life, written by that person

*synonym*: bio, life story, biography

(1) **autobiography** of his early life, (2) fictionalized **autobiography**

She wrote an **autobiography** detailing her journey from poverty to success.

## mindset

n. the established set of attitudes or fixed ideas held by someone

*synonym*: attitude, ethos, mentality

(1) flexible **mindset**, (2) the **mindset** in an education

system

Countries whose goal is economic development often focus on fostering an entrepreneurial **mindset** in each individual.

## infuse

v. to fill something with a particular quality, feeling, or influence; to imbue

*synonym*: instill, fill, permeate

(1) **infuse** with spirit, (2) **infuse** life with meaning

She **infused** fresh herbs into the soup for added flavor.

## overvalue

v. to value or estimate something too high; to assign too much worth or importance to something; to assess or appraise something beyond its actual market or intrinsic value

*synonym*: overestimate, inflate, exaggerate

(1) **overvalue** stocks, (2) **overvalue** assets

It is important not to **overvalue** material possessions, as they do not bring true happiness.

## finagle

v. to obtain something deceitfully or by trickery; to manipulate or finesse something to achieve a desired outcome

*synonym*: trick, manipulate, scheme

(1) **finagle** a deal, (2) **finagle** an invitation

She managed to **finagle** her way into the VIP section of the concert.

## blockbuster

n. a movie, book, or other product that is extremely successful and popular, especially one that makes much money

*synonym*: hit, success, smash

(1) **blockbuster** movie, (2) international **blockbuster**

The new action movie is expected to be a **blockbuster** hit.

## fledgling

n. water creatures that live in shells, especially one of the types that can be eaten

*synonym*: beginner, novice, neophyte

(1) **fledgling** company, (2) **fledgling** birds

The current economic situation is especially tough for **fledgling** businesses.

## reed

*n.* a tall, slender-leaved plant that grows in water; a thin strip of wood or metal that vibrates to produce sound in certain musical instruments such as oboe, clarinet, and saxophone

*synonym* : cane, grass

(1) **reed** instrument, (2) a young bud of **reed**

The **reed** in the wind instrument needs to be replaced.

## discotheque

*n.* a nightclub or restaurant where recorded music is played, and people dance

*synonym* : nightclub, dance club, disco

(1) **discotheque** party, (2) **discotheque** scene

He couldn't wait to hit the **discotheque** and dance the night away.

## prioritize

*v.* to assign a higher level of importance to something compared to other things

*synonym* : rank, order, arrange

(1) **prioritize** tasks, (2) **prioritize** people over cars

The organization **prioritized** the needs of the community in its decision-making.

## Session 2: Spelling

- |   |      |  |
|---|------|--|
| 1. st__r a conversation                 | v.   | to control the direction or movement of a vehicle; to direct a course of action; to guide or motivate someone                              |
| 2. an ad_____le person                  | adj. | able or willing to modify or be modified to deal with new situations   |
| 3. i_y plant                            | n.   | an evergreen climbing or ground-creeping woody plant that often grows up trees or buildings  |
| 4. a det_____nt of crop yields          | n.   | a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result        |
| 5. poison i_y                           | n.   | an evergreen climbing or ground-creeping woody plant that often grows up trees or buildings  |
| 6. ra_____t-building                    | n.   | a close and harmonious relationship in which the people or groups concerned understand each other's feelings or ideas and communicate well |
| 7. flexible mi_____t                    | n.   | the established set of attitudes or fixed ideas held by someone  |
| 8. ad_____le enough for the environment | adj. | able or willing to modify or be modified to deal with new situations   |
| 9. gr_____e with each other             | v.   | to make a strenuous effort to solve a problem; to engage in a close fight or conflict without weapons                                      |

ANSWERS: 1. steer, 2. adaptable, 3. ivy, 4. determinant, 5. ivy, 6. rapport, 7. mindset, 8. adaptable, 9. grapple

10. aut\_\_\_\_\_phy of his early life      *n.* a written account of someone's own life, written by that person
11. qu\_\_\_\_\_nt rule      *n.* a degree or measure of a specific quality or characteristic; the result of dividing one number by another
12. be in ra\_\_\_\_\_t with him      *n.* a close and harmonious relationship in which the people or groups concerned understand each other's feelings or ideas and communicate well
13. pri\_\_\_\_\_ze tasks      *v.* to assign a higher level of importance to something compared to other things
14. pr\_\_\_\_\_e on his tolerance      *v.* to suppose or assume something to be true, often without sufficient evidence or proof; to take liberties, behave impolitely, or overstep one's bounds, often due to arrogance or ignorance
15. jazz imp\_\_\_\_\_ion      *n.* the act of making something up on the spot or creating or performing something without preparation
16. r\_\_d instrument      *n.* a tall, slender-leaved plant that grows in water; a thin strip of wood or metal that vibrates to produce sound in certain musical instruments such as oboe, clarinet, and saxophone
17. gr\_\_\_\_\_e with problem      *v.* to make a strenuous effort to solve a problem; to engage in a close fight or conflict without weapons
18. the geo\_\_\_\_\_cal situations      *adj.* of or relating to political activity or relations between countries and groups of countries, as influenced by the physical features of a country or area

ANSWERS: 10. autobiography, 11. quotient, 12. rapport, 13. prioritize, 14. presume, 15. improvisation, 16. reed, 17. grapple, 18. geopolitical

19. environmental det\_\_\_\_\_nt *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
20. fl\_\_\_\_\_ng birds *n.* water creatures that live in shells, especially one of the types that can be eaten
21. pri\_\_\_\_\_ze people over cars *v.* to assign a higher level of importance to something compared to other things
22. imp\_\_\_\_\_ion on stage *n.* the act of making something up on the spot or creating or performing something without preparation
23. the mi\_\_\_\_\_t in an education system *n.* the established set of attitudes or fixed ideas held by someone
24. international blo\_\_\_\_\_er *n.* a movie, book, or other product that is extremely successful and popular, especially one that makes much money
25. dis\_\_\_\_\_ue party *n.* a nightclub or restaurant where recorded music is played, and people dance
26. creativity qu\_\_\_\_\_nt *n.* a degree or measure of a specific quality or characteristic; the result of dividing one number by another
27. fictionalized aut\_\_\_\_\_phy *n.* a written account of someone's own life, written by that person
28. fi\_\_\_\_\_e an invitation *v.* to obtain something deceitfully or by trickery; to manipulate or finesse something to achieve a desired outcome

ANSWERS: 19. determinant, 20. fledgling, 21. prioritize, 22. improvisation, 23. mindset, 24. blockbuster, 25. discotheque, 26. quotient, 27. autobiography, 28. finagle



29. co\_\_\_\_\_e evil spirits away      *v.* to call forth by magic; to create or bring about through the imagination
30. chemical tr\_\_t      *n.* a particular feature of your nature
31. ov\_\_\_\_\_ue assets      *v.* to value or estimate something too high; to assign too much worth or importance to something; to assess or appraise something beyond its actual market or intrinsic value
32. fi\_\_\_\_\_e a deal      *v.* to obtain something deceitfully or by trickery; to manipulate or finesse something to achieve a desired outcome
33. reduce geo\_\_\_\_\_cal risk      *adj.* of or relating to political activity or relations between countries and groups of countries, as influenced by the physical features of a country or area
34. in\_\_\_e life with meaning      *v.* to fill something with a particular quality, feeling, or influence; to imbue
35. co\_\_\_\_\_e a vision      *v.* to call forth by magic; to create or bring about through the imagination
36. ov\_\_\_\_\_ue stocks      *v.* to value or estimate something too high; to assign too much worth or importance to something; to assess or appraise something beyond its actual market or intrinsic value
37. blo\_\_\_\_\_er movie      *n.* a movie, book, or other product that is extremely successful and popular, especially one that makes much money
38. fl\_\_\_\_\_ng company      *n.* water creatures that live in shells, especially one of the types that can be eaten

ANSWERS: 29. conjure, 30. trait, 31. overvalue, 32. finagle, 33. geopolitical, 34. infuse, 35. conjure, 36. overvalue, 37. blockbuster, 38. fledgling

39. pr\_\_\_\_e innocence                      *v.*    to suppose or assume something to be true, often without sufficient evidence or proof; to take liberties, behave impolitely, or overstep one's bounds, often due to arrogance or ignorance
40. personality tr\_\_ts                      *n.*    a particular feature of your nature
41. dis\_\_\_\_ue scene                      *n.*    a nightclub or restaurant where recorded music is played, and people dance
42. st\_\_r a steady course                      *v.*    to control the direction or movement of a vehicle; to direct a course of action; to guide or motivate someone
43. a young bud of r\_\_d                      *n.*    a tall, slender-leaved plant that grows in water; a thin strip of wood or metal that vibrates to produce sound in certain musical instruments such as oboe, clarinet, and saxophone
44. in\_\_\_e with spirit                      *v.*    to fill something with a particular quality, feeling, or influence; to imbue

ANSWERS: 39. presume, 40. trait, 41. discotheque, 42. steer, 43. reed, 44. infuse

## Session 3: Fill in the Blanks

1. She \_\_\_\_\_ fresh herbs into the soup for added flavor.  
*v.* to fill something with a particular quality, feeling, or influence; to imbue
2. Multiple genes may influence behavioral \_\_\_\_\_ concurrently.  
*n.* a particular feature of your nature
3. It is important not to \_\_\_\_\_ material possessions, as they do not bring true happiness.  
*v.* to value or estimate something too high; to assign too much worth or importance to something; to assess or appraise something beyond its actual market or intrinsic value
4. She managed to \_\_\_\_\_ her way into the VIP section of the concert.  
*v.* to obtain something deceitfully or by trickery; to manipulate or finesse something to achieve a desired outcome
5. She wrote an \_\_\_\_\_ detailing her journey from poverty to success.  
*n.* a written account of someone's own life, written by that person
6. The country holds dominant \_\_\_\_\_ power over its neighbors.  
*adj.* of or relating to political activity or relations between countries and groups of countries, as influenced by the physical features of a country or area
7. The organization \_\_\_\_\_ the needs of the community in its decision-making.  
*v.* to assign a higher level of importance to something compared to other things

ANSWERS: 1. infused, 2. traits, 3. overvalue, 4. finagle, 5. autobiography, 6. geopolitical, 7. prioritized

8. He couldn't wait to hit the \_\_\_\_\_ and dance the night away.  
*n.* a nightclub or restaurant where recorded music is played, and people dance
9. The current economic situation is especially tough for \_\_\_\_\_ businesses.  
*n.* water creatures that live in shells, especially one of the types that can be eaten
10. The magician \_\_\_\_\_ up a rabbit out of thin air.  
*v.* to call forth by magic; to create or bring about through the imagination
11. The overgrown \_\_\_\_ cleaved to the ruined castle walls.  
*n.* an evergreen climbing or ground-creeping woody plant that often grows up trees or buildings
12. I \_\_\_\_\_ you've already made plans for the weekend since you didn't respond to my invitation.  
*v.* to suppose or assume something to be true, often without sufficient evidence or proof; to take liberties, behave impolitely, or overstep one's bounds, often due to arrogance or ignorance
13. We seek a candidate who possesses \_\_\_\_\_ fighting potential.  
*adj.* able or willing to modify or be modified to deal with new situations
14. My intelligence \_\_\_\_\_ is below average, according to the test results.  
*n.* a degree or measure of a specific quality or characteristic; the result of dividing one number by another
15. The new action movie is expected to be a \_\_\_\_\_ hit.  
*n.* a movie, book, or other product that is extremely successful and popular, especially one that makes much money

ANSWERS: 8. discotheque, 9. fledgling, 10. conjured, 11. ivy, 12. presume, 13. adaptable, 14. quotient, 15. blockbuster

16. He created a beautiful piece of music using only \_\_\_\_\_.
- n.* the act of making something up on the spot or creating or performing something without preparation
17. Countries whose goal is economic development often focus on fostering an entrepreneurial \_\_\_\_\_ in each individual.
- n.* the established set of attitudes or fixed ideas held by someone
18. The team leader worked hard to build a strong \_\_\_\_\_ with all team members.
- n.* a close and harmonious relationship in which the people or groups concerned understand each other's feelings or ideas and communicate well
19. He needed to \_\_\_\_\_ with structural reforms to improve the company's revenue.
- v.* to make a strenuous effort to solve a problem; to engage in a close fight or conflict without weapons
20. The \_\_\_\_\_ in the wind instrument needs to be replaced.
- n.* a tall, slender-leaved plant that grows in water; a thin strip of wood or metal that vibrates to produce sound in certain musical instruments such as oboe, clarinet, and saxophone
21. One \_\_\_\_\_ of success is having a positive attitude and a strong work ethic.
- n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
22. The captain told him to \_\_\_\_\_ the ship north.
- v.* to control the direction or movement of a vehicle; to direct a course of action; to guide or motivate someone

ANSWERS: 16. improvisation, 17. mindset, 18. rapport, 19. grapple, 20. reed, 21. determinant, 22. steer

ANSWERS: