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Vocabulary Builder Reference from...

Elizabeth Howell: How we can improve maternal healthcare -- before, during and after pregnancy | TED Talk

https://www.ted.com/talks/elizabeth_howell_how_we_can_improve_maternal_healthcare_before_during_and_after_pregnancy

All Words

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Session 1: Word List

chaos

n. a state of complete confusion or disorder, often characterized by a lack of predictability or control

synonym : disorder, turmoil, confusion

(1) **chaos** theory, (2) midst of **chaos**

The conference room was in **chaos** as everyone tried to speak at once.

elevator

n. a mechanical device used for vertical transportation, typically in multi-story buildings, consisting of a compartmentalized platform that moves between floors

synonym : lift, hoist

(1) **elevator** ride, (2) modern **elevator**

The hotel's **elevator** was out of order, so we had to take the stairs to our room on the fifth floor.

resident

n. a person who lives in a particular place or has their home in a place

synonym : dweller, inhabitant, inhabitant

(1) a **resident** of the city, (2) **resident** tax

Visa renewal for **resident** foreigners in this country is once every five years.

physician

n. a medical doctor who practices medicine

synonym : doctor, practitioner, medic

(1) the advice of the **physician**, (2) consult with a **physician**

She visited the local **physician** to seek treatment for her persistent headache.

labor

n. productive work, especially physical work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal

synonym : toil, moil, donkeywork

(1) seasonal **labor**, (2) manual **labor**

In several countries, child **labor** is a serious social problem.

delivery

n. the act of taking or sending something to a destination; the bringing of a baby during childbirth

synonym : sending, transporting, bringing

(1) an easy **delivery**, (2) special **delivery**

The **delivery** truck arrived with the packages.

swarm

n. a group of many things, such as insects, fishes, etc., in the air or water or on the ground

synonym : horde, hive, throng

(1) a **swarm** of mosquitoes, (2) locust **swarm**

A **swarm** of angry bees attacked because we had approached the hive.

nurse

n. a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury

synonym : healthcare worker, caregiver, medic

(1) **nurse** practitioner, (2) a volunteer **nurse**

The night shift **nurse** checked my vital signs before administering the medication.

hover

v. to stay in one place in the air

synonym : hang, float over, drift

(1) **hover** between life and death, (2) **hover** around the table

Two birds were **hovering** overhead.

patient

n. a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic

synonym: client, recipient, subject

(1) **patient** in the hospital, (2) **patient** with weight loss

The doctor carefully examined the **patient's** medical history.

desperately

adv. in a way that shows a lack of hope and a willingness to do anything because of the problematic situation; with great urgency

synonym: urgently, perilously, seriously

(1) **desperately** anxious, (2) **desperately** ill patient

The baby clung **desperately** to her mother.

shock

n. a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant

synonym: amazement, surprise, stunner

(1) death from **shock**, (2) **shock-resistant**

He got an electric **shock** at work.

suddenly

adv. quickly and unexpectedly

synonym: abruptly, unexpectedly, unawares

(1) **suddenly** attacked by an enemy, (2) die **suddenly**

Who answers **suddenly** knows little.

collapse

v. to fall down or give way suddenly, often after breaking apart

synonym: tumble, spill, bankruptcy

(1) the stock market **collapsed**, (2) ready to **collapse**

The roof finally **collapsed** after three days and three nights of heavy snowfall.

unresponsive

adj. not responding to some influence or stimulus

synonym : insensitive, passive

(1) **unresponsive** audience, (2) **unresponsive** to her passionate speech

The disease is entirely **unresponsive** to traditional treatment.

profuse

adj. abundant or plentiful in quantity or degree; excessive or extravagant; exhibiting a great amount of something

synonym : abundant, plentiful, excessive

(1) **profuse** growth, (2) **profuse** apologies

The flu caused a **profuse** amount of sweating and fever.

uterus

n. a hollow muscular organ in the body of a woman or other female mammal in which a baby or young animal develops before birth

synonym : womb

(1) **uterus** cancer, (2) bleeding from **uterus**

The physician prescribed medication to relieve the contraction of the **uterus**.

lifeless

adj. without life; dead

synonym : inanimate, inert, motionless

(1) fall **lifeless**, (2) a **lifeless** corpse

The plant had a **lifeless** appearance, indicating that it was not getting enough water.

resuscitate

v. to make someone or something active or vigorous again;

synonym : reawaken, resurrect, rejuvenate

(1) **resuscitate** economy, (2) **resuscitate** the man drown

He experienced cardiac arrest but was **resuscitated** yesterday.

pierce

v. to cut or make a way through with a sharp instrument

synonym : jab, penetrate, stab

(1) **pierce** the armored shells, (2) **pierce** a mystery

The extreme cold **pierced** our bones.

suppose

v. to think that something is likely to be actual or possible
synonym: guess, assume, presume

(1) **suppose** you're right, (2) **suppose** beforehand

What do you **suppose** the culprit's motive was?

tragedy

n. an event or situation causing great loss, misfortune, or destruction; a play or literature that deals with a severe and sad event and often ends with the death of the main character

synonym: disaster, adversity, calamity

(1) a **tragedy** during work, (2) the aftermath of this **tragedy**

Macbeth is a famous **tragedy** by Shakespeare.

isolate

v. to physically or socially separate someone or something from other people or things

synonym: separate, sequester, insulate

(1) **isolate** a compound, (2) **isolate** a patient

You should not **isolate** them from the community.

incident

n. an event or occurrence, often unexpected or unplanned; something that happens

synonym: event, occurrence, accident

(1) traffic **incident**, (2) security **incident**

The **incident** at the airport caused a delay in my flight.

statistics

n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

(1) **statistics** for cancer, (2) official **statistics**

The **statistics** demonstrate that poverty and unemployment are genuine problems.

pregnant

adj. having a baby or young animal developing in the uterus

synonym: expectant

(1) needs of **pregnant** women, (2) a silence **pregnant** with suspense

She vacated the position when she got **pregnant**.

relate

v. to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something

synonym: connect, link, associate

(1) **relate** a story, (2) **relate** a message

He tried to **relate** his experience to the group, but they couldn't understand.

shocking

adj. extremely or surprisingly bad, or causing a strong emotional response such as surprise or disgust

synonym: startling, surprising, astounding

(1) **shocking** response, (2) **shocking** revelation

The news of the accident was **shocking** and left many in shock.

maternal

adj. relating to or characteristic of a mother; having feelings that are typical of a caring mother towards her child

synonym: motherly, maternalistic, maternal-like

(1) on the **maternal** side, (2) **maternal** care

She had a very **maternal** instinct towards her newborn baby.

mortality

n. the quality or state of being subject to death

synonym: fatality

(1) **mortality** due to cancer, (2) lower infant **mortality**

This disease has a high **mortality**.

paradox

n. a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;

synonym: incongruity, dichotomy, contradiction

(1) French **paradox**, (2) the **paradox** of the heap

There are many theories to explain this **paradox**.

reside

v. to live in a particular place, typically for a prolonged period of time

synonym : live, dwell, inhabit

(1) **reside** on the skin, (2) **reside** permanently

They **reside** in a beautiful old house in the countryside.

background

n. the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem

synonym : ground, experience, backdrop

(1) a **background** color, (2) a criminal **background**

The company's hiring criteria emphasize personality, not a person's **background**.

aback

adv. to be very surprised or shocked by somebody or something

synonym : surprised, astounded, shocked

(1) flat **aback**, (2) **aback** shock

The sudden news of the merger took me **aback**.

conscious

adj. being aware of and able to respond to what is happening around you

synonym : aware, cognizant, deliberate

(1) **conscious** effort, (2) **conscious** of having succeeded

He became **conscious** that he was being followed.

firsthand

adv. from the source; directly; (adjective) received directly from a source

synonym : direct

(1) hear customer's voices **firsthand**, (2) conduct **firsthand** research

The manager tried to hear customers' voices **firsthand**.

healthcare

n. the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession

(1) **healthcare** agency, (2) rising **healthcare** cost

In an aging population, citizens must pay more to maintain quality **healthcare**.

responsible

adj. answerable or accountable for something within one's power, control, or management

synonym: accountable, answerable, liable

(1) **responsible** action, (2) **responsible** for a customer service

She's a **responsible** pet owner who ensures her dog gets enough exercise and a healthy diet.

margin

n. the space around the edge of a page or document; (finance) the net sales minus the cost of goods and services sold

synonym: edge, border, periphery

(1) **margin** error, (2) a profit **margin**

Unfortunately, the book's **margin** was too small to make notes.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

synonym: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

improvisation

n. the act of making something up on the spot or creating or performing something without preparation

synonym: spontaneity, ad-lib, extemporization

(1) **improvisation** on stage, (2) jazz **improvisation**

He created a beautiful piece of music using only **improvisation**.

cardiovascular

adj. of or relating to the heart and blood vessels (= tubes that carry blood around the body)

(1) **cardiovascular** diseases, (2) **cardiovascular** tissue

Smoking places you at severe risk of **cardiovascular** and respiratory disease.

disease

n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

synonym : illness, ailment, affliction

(1) **disease** prevention, (2) **disease** control

The doctor diagnosed him with a rare **disease** that had no known cure.

hemorrhage

n. profuse bleeding, often caused by a ruptured vessel

synonym : heavy bleeding

(1) **hemorrhage** from a breast, (2) **hemorrhage** control

He had a severe brain **hemorrhage** that left him paralyzed.

seizure

n. the action of taking something from somebody by the use of legal authority; a sudden occurrence or recurrence of a disease

synonym : confiscation, expropriation, takeover

(1) **seizure** of a debtor's property, (2) a heart **seizure**

Customs have made their biggest ever **seizure** of cocaine.

stroke

n. a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball with a club, racket, etc.

synonym : blow

(1) suffer **stroke**, (2) a **stroke** of the putter

This year's extreme heat has resulted in many heat **stroke** cases.

clot

n. a thick mass or lump of coagulated liquid, especially blood; a group of people or things that form an obstructive, unsympathetic, or resistant force

synonym : clump, coagulation, thrombus

(1) blood **clot**, (2) **clot** prevention

The **clot** in the blood vessel required immediate medical

attention.

infection

n. a condition in which pathogenic microorganisms or viruses have entered the body

synonym : contagion, disease, transmission

(1) a bacterial **infection**, (2) treat the **infection** with antibiotics

Hospitals must meet various standards to prevent nosocomial **infections**.

tip

n. the top or extreme point of something slender or tapering, usually a mountain or hill; a piece of advice about something practical; a small amount of money given for services

synonym : edge, advice, gratuity

(1) the **tip** of a paintbrush, (2) give the waiter a **tip** .

I will introduce some **tips** on learning English in this class.

iceberg

n. a large piece of ice floating in the sea, detached from a glacier

synonym : glacier, ice mass, floe

(1) hit an **iceberg**, (2) **iceberg** melting

The ship encountered a series of **icebergs** and had to change its course.

suffer

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

synonym : endure, undergo, tolerate

(1) **suffer** a setback, (2) **suffer** bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

severe

adj. extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous

synonym : harsh, relentless, powerful

(1) **severe** heat, (2) a **severe** case of pneumonia

The senator received **severe** criticism from his opponent.

complication

n. something that makes a situation or condition that is complex or confused

synonym : confusion, complexity, difficulty

(1) **complication** of structure, (2) resolve without

complication

He also continued to struggle with serious long-term **complications**.

childbirth

n. the act or process of giving birth to a baby

synonym : delivery, labor, parturition

(1) natural **childbirth**, (2) assisted **childbirth**

He was present at the **childbirth** of his children.

morbid

adj. characterized by a preoccupation with death or unhealthy topics or behaviors; gruesome or disturbing

synonym : unhealthy, sickly, gruesome

(1) **morbid** fascination, (2) **morbid** joke

The decayed and **morbid** atmosphere of the abandoned house scared her.

alter

v. to cause to change or make different

synonym : change, vary, adjust

(1) **alter** a decision, (2) **alter** data in a file

The design of the webpage has **altered** slightly.

estimate

v. to guess or calculate the cost, size, value, etc. of something

synonym : calculate, gauge, evaluate

(1) **estimate** a fair value, (2) **estimate** this chicken to weigh three pounds

We **estimated** the season's total trade deficit at \$50 billion.

associate

v. to mentally connect someone or something with someone or something else

synonym : tie in, link, consociate

(1) **associate** alcohol with gambling, (2) **associate** with

people widely

The majority of consumers **associate** this brand with quality.

transfusion

n. the transfer of blood or blood products from one person or animal to another, often to replace blood lost due to injury or surgery

synonym: transfer, graft, infusion

(1) red blood cell **transfusion**, (2) plasma **transfusion**

The patient received a blood **transfusion** during the surgery to replenish her supply.

organ

n. a part of the body of an animal or plant that has a particular purpose and performs a specific job

synonym: function, structure

(1) **organ** bleeding, (2) damage to internal **organs**

These infections have the potential to impact practically every **organ** system.

damage

v. to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity

synonym: harm, impair, injure

(1) **damage** a relationship, (2) **damage** assessment

During the surgery, the doctor had to be extremely cautious not to **damage** a blood vessel.

kidney

n. either of a pair of small organs in the body that filter waste products, especially urea, from the blood and excrete them and water in urine

(1) an artificial **kidney**, (2) chronic **kidney** disease

The surgeon removed the healthy **kidney** from the donor.

tragic

adj. causing great sadness or suffering; very unfortunate

synonym: calamitous, disastrous, catastrophic

(1) **tragic** love stories, (2) **tragic** death

The **tragic** events of the war left many families torn apart.

frank

adj. honest and sincere; open and candid in expression

synonym : candid, direct, freehearted

(1) **frank** and open discussion, (2) make a **frank** apology

Full involvement means **frank** and prompt responses.

forgivable

adj. able to be excused or understood; not worthy of blame or punishment; deserving of understanding and empathy

synonym : pardonable, excusable, condonable

(1) **forgivable** mistake, (2) **forgivable** offense

His mistake was **forgivable**, considering the circumstances.

concrete

adj. existing in a physical or material form rather than an abstract one; based on facts rather than ideas or guesses; made of or covered with cement

synonym : actual, factual, hardened

(1) a **concrete** noun, (2) **concrete** examples

The president asked for a more **concrete** plan.

procedure

n. a way of doing something, especially the official or well-known way

synonym : action, approach, course

(1) undergo a surgical **procedure**, (2) standard **procedure**

The pilot and flight attendant ran through the check-out **procedure**.

implement

v. to put a decision, plan, or system into effect

synonym : execute, enforce, put through

(1) **implement** a corporate strategy, (2) **implement** security measures

The government promised to **implement** a new system to control the financial crisis.

outcome

n. the result or effect of an action, event, etc.

synonym : result, consequence, effect

(1) improved student **outcomes**, (2) a desirable **outcome**
They awaited news of the **outcome** of the election.

fancy

v. to want to do or have something; (noun) something that many people believe but that is false, or that does not exist; imagination or fantasy

synonym: imagine, visualize, (noun) fantasy

(1) **fancy** a cup of coffee, (2) a flight of **fancy**

I don't **fancy** acting in such an important role.

hypertensive

adj. relating to or characterized by high blood pressure, which is a persistent elevation in blood pressure beyond normal levels

synonym: high blood pressure, hypertonic

(1) **hypertensive** heart disease, (2) control his **hypertensive** symptoms

The patient's **hypertensive** condition required constant monitoring and medication adjustments.

medication

n. a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease

synonym: cure, drug, medicine

(1) antibiotic **medication**, (2) **medication** by mouth

The pharmacist not only prescribes the **medication** but also guides its proper use.

fashion

n. a style that is popular at a particular time or place; the state of being popular

synonym: style, manner, fad

(1) go out of **fashion**, (2) new **fashion** trends

That style is no longer in **fashion**.

accurate

adj. correct and exact in all details

synonym: exact, precise, proper

(1) provide **accurate** information, (2) **accurate** measurements

The official transcript contains **accurate** academic records.

detect

v. to find or recognize something, especially something difficult to see, hear, etc.

synonym: catch, observe, notice

(1) **detect** a bad event, (2) **detect** smuggling across borders

The security camera has **detected** four intruders.

catastrophic

adj. extremely harmful; causing physical or financial destruction

synonym: fatal, disastrous, destructive

(1) victim of **catastrophic** injuries, (2) **catastrophic** climate change

The extinction rate of aquatic animals was **catastrophic**.

universal

adj. existing or affecting everywhere or everyone

synonym: common, broad, worldwide

(1) **universal** life, (2) principles of **universal** design

The picture earned near- **universal** acclaim from critics.

adopt

v. to choose to follow something; to legally take a child from another family and care for them as if they were one's own

synonym: accept, assume, take on

(1) **adopt** a child, (2) **adopt** a bill

The national assembly has **adopted** the budget.

obstetrician

n. a physician who specializes in caring for women during pregnancy, childbirth, and the postpartum period

synonym: doctor, gynecologist, accoucheur

(1) **obstetrician** appointment, (2) female **obstetrician**

The new mother was grateful for the support she received from her **obstetrician**.

gynecology

n. the medical study and treatment of the physiology and diseases of the female reproductive system

synonym: obstetrics, women's health, women's medicine

(1) **gynecology** clinic, (2) **gynecology** exam

The **gynecology** department at the hospital offers state-of-the-art treatments for women's health issues.

communal

adj. belonging to or used by a group rather than individuals; for common use

synonym: collaborative, combined, collective

(1) **communal** swimming pool, (2) **communal** combination of funds

Communal elections were held in several European countries.

alliance

n. a partnership or association formed for mutual benefit, particularly between nations or organizations.

synonym: pact, accord, coalition

(1) form **alliance**, (2) major airline **alliances**

To sell the product, the companies have formed an **alliance**.

innovation

n. the creation of a new device or process resulting from study and experimentation

synonym: invention, initiation, creation

(1) **innovation** leader, (2) cutting-edge **innovation**

The vegetarian burger was an **innovation** that quickly spread to the United Kingdom.

aim

v. to try or plan to get or achieve something

synonym: aspire, direct, target

(1) **aim** at a specific target, (2) **aim** to be a nurse

We **aim** for an overseas expansion.

develop

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

synonym: evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

bundle

n. a group of things that are tied or wrapped together; a large amount or quantity of something; a package or parcel of things

synonym: package, parcel, bale

(1) **bundle** of papers, (2) travel **bundle**

I tied up the **bundle** of newspapers and took them to the recycling center.

protocol

n. a set of rules or procedures for transmitting data or conducting a process or activity, especially in computer networks or scientific experiments; the initial or original version of an agreement

synonym: procedure, system, method

(1) draft a **protocol**, (2) **protocol** breach

The company has a strict **protocol** for handling sensitive information to ensure security.

equip

v. to provide a person or a place with the things that are needed for a particular purpose or activity

synonym: prepare, furnish, provide

(1) **equip** an army, (2) **equip** our children with some special skills

The construction company **equipped** the building with an earthquake-resistant device.

emergency

n. a sudden unforeseen crisis usually involving danger that requires immediate action

synonym: crisis, trouble, difficulty

(1) **emergency** action, (2) acute **emergency**

The president declared a state of **emergency**.

oxygen

n. the chemical element with the symbol O that is present in air and water and is necessary for people, animals, and plants to live

(1) the hydrogen binds the **oxygen**, (2) lack of **oxygen**
The passenger grabbed for the **oxygen** mask.

mask

v. to conceal something; (noun) a covering that you wear over your face to hide it

synonym: disguise, camouflage, conceal

(1) **mask** body odor, (2) an oxygen **mask**

The politician tried to **mask** the corruption.

checklist

n. a list of items, tasks, or points to be considered or acted upon, used as a reminder and to ensure that all necessary steps have been taken

synonym: inventory, list, roll call

(1) **checklist** for evaluating, (2) audit **checklist**

I made a **checklist** of things to do before my vacation.

sponge

n. a soft material with many microscopic pores that can absorb a large amount of liquid and is used for washing and cleaning

(1) sea **sponge**, (2) metallic **sponge**

The tiny marine **sponge** has existed for more than 500 million years.

eyeball

n. the round part of the eye of a vertebrate that is usually inside the head and, therefore, cannot be seen

(1) **eyeball** motion, (2) redness of the **eyeball**

Increased **eyeball** pressure leads to the development of glaucoma.

weigh

v. to have a particular weight; to carefully evaluate things before making a conclusion

synonym: consider, cogitate, count

(1) **weigh** heavily on stock prices, (2) **weigh** a cargo

The baby **weighs** 1 pound 3 oz.

crisis

n. a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be

taken

synonym : concern, problem, emergency

(1) financial **crisis**, (2) **crisis** management

The Chinese word for **crisis** comprises two characters, one for danger and the other for opportunity.

massive

adj. enormous amount; very heavy and solid

synonym : enormous, giant, immense

(1) **massive** amounts, (2) **massive** stars

The recent economic downturn has resulted in **massive** layoffs.

drill

n. a tool or machine used for making round holes or driving fasteners; a training or practice

synonym : exercise, routine, training

(1) the **drill** hit the well, (2) fire **drill**

Several military **drill** programs have become popular methods of exercise.

reduction

n. a decrease in size, amount, or degree

synonym : diminution, decrease, cutback

(1) **reduction** strategy, (2) a gradual **reduction**

The **reduction** in carbon emissions has been significant since the implementation of the new policy.

spotty

adj. characterized by irregular or uneven distribution or coverage; of or relating to temporary blemishes or discolorations on the skin; inconsistent or unreliable in quality or performance

synonym : spotted, uneven, patchy

(1) **spotty** record, (2) **spotty** history

The **spotty** internet connection made it difficult to work from home without interruptions.

emphasis

n. particular importance or significance that is given to something

synonym : priority, stress, focus

(1) **emphasis** on color, (2) lay great **emphasis** on policy
The spotlight gave the central figure increased **emphasis**.

differ

v. to be not like someone or something in some way

synonym : vary, diverge, disagree

(1) **differ** from the majority, (2) **differ** according to species
The two products **differed** in their quality and price.

greatly

adv. to an extraordinary extent or degree; very much

synonym : enormously, broadly, grandly

(1) **greatly** affect the situation, (2) **greatly** support that player

They **greatly** admired our actions.

disparity

n. a significant difference or inequality between two or more things

synonym : difference, inequality, gap

(1) the **disparity** between theory and reality, (2) income **disparity**

There is a significant **disparity** in pay between men and women in the company.

salvation

n. preservation or deliverance from harm, ruin, or loss

synonym : rescue, deliverance, redemption

(1) **salvation** army, (2) the **salvation** of the individual soul
For many, the church was the only source of **salvation** in harsh times.

perinatal

adj. relating to the period of time immediately before and after a baby's birth, typically including the last weeks of pregnancy and the first few weeks after birth

(1) **perinatal** infection, (2) **perinatal** distress

The hospital provides **perinatal** care for expectant mothers and their babies.

pronounced

adj. clearly and distinctly expressed or noticeable; emphasized

synonym : emphasized, distinct, noticeable

(1) clearly- **pronounced** utterances, (2) **pronounced** difference

The chef's herbs and spices gave the dish a **pronounced** flavor.

wrench

v. to pull or twist something suddenly or violently

synonym : twist, turn, bend

(1) **wrench** off the lock, (2) **wrench** my back

A deep sigh was **wrenched** from his chest.

epidemiology

n. the study of the distribution and determinants of health-related states or events, including diseases, in specified populations, and the application of this study to the control of health problems

synonym : public health, disease control

(1) **epidemiology** research, (2) cancer **epidemiology**

The **epidemiology** of influenza has been well studied over the years, leading to the development of effective vaccines and treatment strategies.

confer

v. to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something

synonym : consult, meet, discuss

(1) **confer** degree, (2) **confer** honor

The leaders of the two countries met to **confer** on the issue.

privilege

n. a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society

synonym : benefit, authorization, advantage

(1) a breach of **privilege**, (2) **privilege** of membership

In the Middle Ages, the right to hunt in the wild was the **privilege** of royalty and nobility.

brilliant

adj. extremely clever, skilled, or impressive

synonym : luminous, intelligent, clever

(1) **brilliant** idea, (2) **brilliant** performance

The more **brilliant** you are, the more people around you look at you with envy and jealousy.

committed

adj. willing to put in a lot of effort, time, and energy into something; firmly believing in something

synonym : devoted, faithful, attached

(1) in a **committed** relationship, (2) strong and **committed** sales staff

Our company is strongly **committed** to meeting customers' needs.

racial

adj. of or related to the race (= classification of humans into groups based on physical traits or social relations)

synonym : ethnic, tribal, ethnical

(1) **racial** prejudice, (2) **racial** and ethnic backgrounds

A minor **racial** conflict later led to a civil war.

ethnic

adj. relating or belonging to a group of people who share a cultural tradition

synonym : racial, ethnical, tribal

(1) **ethnic** minority, (2) single **ethnic** group

Each **ethnic** group has its unique rituals.

complicated

adj. involving a lot of different things or parts in a way that is difficult to understand or analyze

synonym : complex, convoluted, intricate

(1) a **complicated** process, (2) become increasingly **complicated**

He did **complicated** pen-and-ink drawings in just a few days.

discharge

v. to release or let go of something or someone; to dismiss or terminate an employee or member of an organization; to emit or give off a substance or energy

synonym : release, emit, expel

(1) **discharge** water, (2) **discharge** a contract

The hospital will **discharge** the patient as soon as their condition stabilizes.

severity

n. the quality or condition of being severe, strict, or harsh
synonym: harshness, rigidity, austerity

(1) the **severity** of cold, (2) high **severity**

The **severity** of the drought was a major concern for farmers.

recognize

v. to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered

synonym: acknowledge, identify, admit

(1) **recognize** talent, (2) **recognize** achievement

It's important to **recognize** your strengths and weaknesses.

recognition

n. the action or process of recognizing or being recognized, especially by remembering; an agreement that something is true or legal

synonym: acknowledgement, identification, credit

(1) **recognition** award, (2) joint **recognition**

He was given **recognition** for his outstanding work in the field of medicine.

determinant

n. a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

synonym: cause, factor, element

(1) environmental **determinant**, (2) a **determinant** of crop yields

One **determinant** of success is having a positive attitude and a strong work ethic.

racism

n. prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized

synonym : prejudice, discrimination, bias

(1) systemic **racism**, (2) research on anti- **racism**

The school's lack of diversity was a clear indication of the **racism** present in the community.

poverty

n. the condition of being extremely poor

synonym : deprivation, destitution, poorness

(1) **poverty** alleviation, (2) the cycle of **poverty**

Many studies have investigated the relationship between **poverty** and academic achievement.

segregate

v. to separate or set apart from others, often based on race, gender, or some other characteristic

synonym : isolate, separate, divide

(1) **segregate** by race, (2) **segregate** boys and girls

The school board decided to **segregate** students by the ability to meet their needs better.

contribute

v. to give something, especially money or goods, to provide or achieve something together with other people

synonym : donate, devote, commit

(1) **contribute** a large sum of money to the fund,

(2) **contribute** to society

Government workers cannot **contribute** to political campaigns.

highlight

v. to make something prominent, mainly so that people give it more attention

synonym : feature, emphasize, stress

(1) **highlight** a string in red, (2) **highlight** an important difference

The introduction **highlighted** the speaker's distinguished career as a consultant

addition

n. the act or process of adding something to something else; the process of adding numbers

synonym :

accumulation, expansion, addendum

(1) chemical **addition**, (2) **addition** of vectors

In **addition**, private corporations provide healthcare services.

underlying

adj. significant as a cause or basis of something but not immediately apparent or stated clearly

synonym: fundamental, latent, basic

(1) an **underlying** motive, (2) an **underlying** cause of an accident

The **underlying** principle of every business was identical.

postpartum

adj. occurring after childbirth or delivery; (noun) the time after delivery when the mother's body begins to recover from the effects of pregnancy and childbirth

synonym: afterbirth, postnatal, postdelivery

(1) **postpartum** workout, (2) lose **postpartum** belly fat

Many women experience **postpartum** depression after giving birth.

clinician

n. a practitioner, especially of medicine or psychology, who has direct contact with patients

synonym: psychiatrist, therapist, doctor

(1) experienced **clinician**, (2) from a **clinician's** perspective

Some **clinicians** believe that psychological characteristics alone may cause mental disorders.

specific

adj. clearly defined or particular to a certain thing or situation; distinct, explicit, and precise

synonym: particular, definite, distinct

(1) **specific** instructions, (2) industry- **specific** regulations

The scientist conducted a study that provided **specific** details about the species' behavior.

regardless

adv. not paying attention or considering something or someone even if the situation is bad or there are difficulties

synonym:

anyhow, nevertheless, still

(1) **regardless** of the difficulties, (2) **regardless** tread
People can pick out superior products **regardless** of the quality of the advertising.

quarter

n. one of four equal parts; a fourth part or portion
synonym: fourth, one-fourth

(1) a **quarter** mile, (2) end of the first **quarter**
The unemployment rate in the first **quarter** was 2.3 percentage points higher than in the previous.

threaten

v. to utter intentions of injury or punishment against someone

synonym: endanger, terrorize, intimidate

(1) **threaten** a healthy relationship, (2) **threaten** national security

Various artificially induced causes are **threatening** our ecosystem.

surprisingly

adv. in a way that causes amazement or wonder

synonym: exceptionally, notably, unusually

(1) **surprisingly** advanced culture, (2) have **surprisingly** little effect

The exam was **surprisingly** tricky for everyone.

equitable

adj. fair and impartial; treating everyone fairly

synonym: fair, honest, impartial

(1) in an **equitable** manner, (2) an **equitable** price

In a democratic country, governments promote **equitable** opportunities to participate in society.

deep-seated

adj. firmly established or strongly felt; deeply ingrained or settled

synonym: intrinsic, entrenched, profound

(1) **deep-seated** prejudice, (2) **deep-seated** fear

Their **deep-seated** beliefs prevented them from considering

any other opinions.

resolve

v. to find a suitable answer to the problems or difficulty

synonym: decide, determine, fix

(1) **resolve** a dispute, (2) **resolve** the computer error

This company **resolves** its battery problem completely.

meantime

n. the interval or period of time between two events; the interim or temporary time period between two actions or stages of something else

synonym: interim, meanwhile, lag

(1) **meantime** report, (2) for the **meantime**

In the **meantime**, while we wait for the results, let's start working on the next project.

tackle

v. to try to deal with a complex problem or situation

synonym: deal with, dive into, work on

(1) **tackle** the issue, (2) help **tackle** climate change

The government is determined to **tackle** sharp inflation.

continuum

n. a series of similar items in which no part or portion is distinct or distinguishable from adjacent parts

synonym: continuation, continuity

(1) a space-time **continuum**, (2) the **continuum** of events

Our life is a **continuum** of experience in which events pass from the future through the present to the past.

reliable

adj. worthy of being relied on; trustworthy

synonym: dependable, trustworthy, dedicated

(1) **reliable** access, (2) guarantee **reliable** delivery

Trains are **reliable**, inexpensive, and ideal for long-distance travel.

contraception

n. the use of methods or devices to prevent pregnancy, typically by blocking fertilization or implantation of a fertilized egg, which options include contraceptives, condoms, intrauterine devices (IUDs), and sterilization

procedures

(1) hormonal **contraception**, (2) **contraception** pills

Condoms are a common method of **contraception** that both men and women can use.

reproductive

adj. connected with the process of reproduction; relating to reproducing babies, young animals, or plants

synonym: procreative, generative

(1) **reproductive** ability, (2) during **reproductive** period

This documentary deals with the **reproductive** biology of the buffalo.

preconceived

adj. (of an idea or opinion) formed beforehand, especially without evidence for its truth or usefulness

(1) a **preconceived** notion, (2) **preconceived** opinions

We should start a discussion from scratch with no

preconceived ideas.

chronic

adj. being long-lasting and recurrent or characterized by long suffering; habitual

synonym: established, regular, constant

(1) risk of **chronic** disease, (2) **chronic** alcohol consumption

Chronic hyperglycemia is a trigger for a variety of serious diseases.

optimize

v. to make the best or most effective use of something

synonym: advance, amend, improve

(1) **optimize** a process, (2) **optimize** control for cooling

The essence of economics is to **optimize** the allocation of limited resources.

prenatal

adj. of, relating to, or occurring in the period before birth

synonym: antecedent, preconception, prebirth

(1) **prenatal** checkup, (2) **prenatal** development

Prenatal care is essential for ensuring the health of both

mother and baby.

inter

v. to bury or place a dead body in a tomb or grave; to temporarily detain or imprison someone; (prefix) between or among

synonym: bury, entomb, inhume

(1) **inter** a dead body, (2) **inter-disciplinary**

The funeral director explained the process of how they **inter** remains after cremation.

elevate

v. to raise something from a lower to a higher position; to give a promotion to or assign to a higher position

synonym: lift, heighten, promote

(1) **elevate** educational standards, (2) **elevate** a close relationship

Eating food in a hurry **elevates** blood glucose levels.

nervous

adj. worried and anxious about something; relating to the nerves

synonym: neural, anxious, uneasy

(1) development of the **nervous** system, (2) get **nervous**

He suffers from **nervous** breakdowns.

seize

v. to catch or take hold of someone or something suddenly and forcibly; to capture the attention or imagination of something

synonym: grab, grasp, capture

(1) **seize** a person's property, (2) **seize** the day

He has the superpower to **seize** a business opportunity.

probe

n. a tool used for testing or examining, especially for medical or scientific purposes, or an exploratory mission to a planet or other celestial body; (verb) to investigate, examine, or search into something

synonym: investigation, inquiry, examination

(1) a lunar **probe**, (2) **probe** for inside information

NASA sent a **probe** to study the atmosphere of Jupiter.

counsel

n. advice or guidance given by a person with specialized knowledge or experience, particularly in a professional or legal context; the act of providing advice or guidance
synonym : advice, guidance, direction

(1) take **counsel**, (2) career **counsel**

She sought the **counsel** of her trusted advisor before making a decision.

symptom

n. any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease

synonym : sign, manifestation, syndrome

(1) **symptoms** of low testosterone, (2) neurotic **symptoms**

The patient displays a **symptom** of a side effect.

preeclampsia

n. a disorder that can occur during pregnancy or after childbirth characterized by high blood pressure and protein in the urine, often leading to severe complications for both the mother and the baby if left untreated

(1) **preeclampsia** symptom, (2) severe **preeclampsia**

The woman was diagnosed with **preeclampsia** and was immediately hospitalized for observation and management.

immediately

adv. now or without delay

synonym : directly, instantly, promptly

(1) **immediately** recall a product, (2) write him an answer **immediately**

A suspension order from the court is effective **immediately**.

urgent

adj. requiring immediate attention or action; pressing

synonym : pressing, critical, immediate

(1) an **urgent** telegram, (2) **urgent** situation

It is **urgent** that we leave for the airport now to catch our flight.

lab *n.* a workplace for the conduct of scientific research; a laboratory
synonym: workshop, laboratory, research chamber
(1) **lab** instrument, (2) medical **lab**
The Prime Minister will pay a courtesy visit to the Nobel laureate's **lab**.

hooked *adj.* being caught or caught up in something; curved down like an eagle's beak
synonym: caught, captivated, addicted
(1) **hooked** hair, (2) **hooked** on drugs
My son was **hooked** on the Internet.

monitor *v.* to observe, check, and track the progress or quality of something over a period of time
synonym: proctor, check, observe
(1) **monitor** an exam, (2) **monitor** the data carefully
They used a special receiver to **monitor** police radio channels.

fetus *n.* an unborn or unhatched animal in the later stages of development showing the main recognizable features of the mature animal
(1) development of the **fetus**, (2) an aborted **fetus**
The female vagina is elastic enough to allow the passage of a **fetus**.

trace *v.* to find or discover someone or something that was lost
synonym: seek, follow, depict
(1) **trace** a telephone call, (2) **trace** back to medieval times
Let's **trace** the origins of some familiar foreign words.

declare *v.* to say, state, or announce something clearly, officially, or publicly
synonym: announce, state, affirm
(1) **declare** independence, (2) **declare** my love

Foreign goods from abroad must be **declared** to customs when entering a country.

coordinated

adj. effectively arranged or organized so that all the parts work smoothly or systematically together

synonym : collective, unified, cooperative

(1) in a **coordinated** manner, (2) **coordinated** robot system
For greater efficiency, our efforts must be better **coordinated**.

importance

n. the quality of being important and worthy of note

synonym : significance, primacy, matter

(1) a man of **importance**, (2) high **importance**

I stopped by the branch though I have no business of **importance**.

naturally

adv. as might be expected; by natural manners

synonym : by nature, inherently, intrinsically

(1) **naturally** arising, (2) **naturally** regenerated forest

He was **naturally** gifted.

pediatrics

n. the branch of medicine that deals with the care and treatment of children

synonym : pedology, child health

(1) **pediatrics** department, (2) **pediatrics** clinic

I am studying **pediatrics** in medical school because I love working with children.

ob-gyn

n. (an abbreviation for obstetrician-gynecologist) a medical doctor who specializes in the care of women's reproductive health, including pregnancy, childbirth, and disorders of the reproductive system

synonym : obstetrician-gynecologist, women's health specialist

(1) **ob-gyn** appointment, (2) **ob-gyn** clinic

I made an appointment with my **ob-gyn** for my annual check-up.

facility

n. a building or place that provides a particular service or is used for a particular industry

synonym : building, structure, installation

(1) a cell phone with an internet **facility**, (2) **facility** design

This company has an entire recycling **facility**, including major reprocessing plants.

utilize

v. to use something for a practical purpose in an effective way

synonym : employ, use, operate

(1) **utilize** a different approach, (2) **utilize** a catheter

The cook **utilized** the leftover oxtail to make soup.

plummet

v. to fall or drop suddenly and steeply; to decline rapidly or sharply

synonym : drop, plunge, fall

(1) **plummeting** sales, (2) **plummet** against other major currencies

The stock prices have **plummeted** in the last hour, causing concern for investors.

rank

n. a position in a hierarchy of status or authority; (verb) to take or have a position relative to others

synonym : position, status, standing

(1) **rank** amateur, (2) high **rank**

He was promoted to the **rank** of captain in the military.

embarrass

v. to cause someone to feel awkward, worried, or ashamed

synonym : disconcert, unsettle, agitate

(1) **embarrass** political enemy, (2) **embarrass** my project

He looked for an opportunity to **embarrass** that actor in public.

unacceptably

adv. in a way that is not acceptable or satisfactory

synonym : improperly, unsatisfactorily, inadequately

(1) **unacceptably** high prices, (2) **unacceptably** poor

The restaurant's service was **unacceptably** slow.

devastating

adj. causing a great deal of destruction or damage

synonym : destructive, annihilative, disastrous

(1) have **devastating** effects, (2) treat this **devastating** disease

This typhoon was the most **devastating** in years.

consequence

n. the outcome of a particular action or event, especially relative to an individual

synonym : result, impact, outcome

(1) unintended **consequences**, (2) the **consequence** of an argument

These economic activities had disastrous environmental **consequences**.

Session 2: Spelling

1. un_____al life *adj.* existing or affecting everywhere or everyone
2. a com_____ed process *adj.* involving a lot of different things or parts in a way that is difficult to understand or analyze
3. we__h a cargo *v.* to have a particular weight; to carefully evaluate things before making a conclusion
4. hear customer's voices fi_____nd *adv.* from the source; directly; (adjective) received directly from a source
5. principles of un_____al design *adj.* existing or affecting everywhere or everyone
6. gyn_____gy clinic *n.* the medical study and treatment of the physiology and diseases of the female reproductive system
7. standard pr_____re *n.* a way of doing something, especially the official or well-known way
8. female obs_____ian *n.* a physician who specializes in caring for women during pregnancy, childbirth, and the postpartum period
9. a silence pr_____nt with suspense *adj.* having a baby or young animal developing in the uterus
10. re_____le access *adj.* worthy of being relied on; trustworthy
11. dee_____ed fear *adj.* firmly established or strongly felt; deeply ingrained or settled

ANSWERS: 1. universal, 2. complicated, 3. weigh, 4. firsthand, 5. universal, 6. gynecology, 7. procedure, 8. obstetrician, 9. pregnant, 10. reliable, 11. deep-seated

- | | |
|----------------------------------|---|
| 12. ta___e the issue | <i>v.</i> to try to deal with a complex problem or situation |
| 13. ho__r between life and death | <i>v.</i> to stay in one place in the air |
| 14. rep_____ive ability | <i>adj.</i> connected with the process of reproduction; relating to reproducing babies, young animals, or plants |
| 15. de_____e independence | <i>v.</i> to say, state, or announce something clearly, officially, or publicly |
| 16. sp_____ic instructions | <i>adj.</i> clearly defined or particular to a certain thing or situation; distinct, explicit, and precise |
| 17. bleeding from ut____s | <i>n.</i> a hollow muscular organ in the body of a woman or other female mammal in which a baby or young animal develops before birth |
| 18. fire dr__l | <i>n.</i> a tool or machine used for making round holes or driving fasteners; a training or practice |
| 19. form al_____ce | <i>n.</i> a partnership or association formed for mutual benefit, particularly between nations or organizations. |
| 20. mo_____ty due to cancer | <i>n.</i> the quality or state of being subject to death |
| 21. major airline al_____ces | <i>n.</i> a partnership or association formed for mutual benefit, particularly between nations or organizations. |
| 22. hem_____ge from a breast | <i>n.</i> profuse bleeding, often caused by a ruptured vessel |

ANSWERS: 12. tackle, 13. hover, 14. reproductive, 15. declare, 16. specific, 17. uterus, 18. drill, 19. alliance, 20. mortality, 21. alliance, 22. hemorrhage

23. ut____e a different approach *v.* to use something for a practical purpose in an effective way
24. chemical ad____on *n.* the act or process of adding something to something else; the process of adding numbers
25. wr____h off the lock *v.* to pull or twist something suddenly or violently
26. a st____e of the putter *n.* a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball with a club, racket, etc.
27. el____e educational standards *v.* to raise something from a lower to a higher position; to give a promotion to or assign to a higher position
28. conduct fi____nd research *adv.* from the source; directly; (adjective) received directly from a source
29. the t_p of a paintbrush *n.* the top or extreme point of something slender or tapering, usually a mountain or hill; a piece of advice about something practical; a small amount of money given for services
30. cutting-edge inn____on *n.* the creation of a new device or process resulting from study and experimentation
31. rec____on award *n.* the action or process of recognizing or being recognized, especially by remembering; an agreement that something is true or legal
32. victim of cat____hic injuries *adj.* extremely harmful; causing physical or financial destruction

ANSWERS: 23. utilize, 24. addition, 25. wrench, 26. stroke, 27. elevate, 28. firsthand, 29. tip, 30. innovation, 31. recognition, 32. catastrophic

33. res_____te economy *v.* to make someone or something active or vigorous again;
34. is_____e a compound *v.* to physically or socially separate someone or something from other people or things
35. plasma tra_____on *n.* the transfer of blood or blood products from one person or animal to another, often to replace blood lost due to injury or surgery
36. et____c minority *adj.* relating or belonging to a group of people who share a cultural tradition
37. cr____s management *n.* a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken
38. re____e a story *v.* to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something
39. audit ch_____st *n.* a list of items, tasks, or points to be considered or acted upon, used as a reminder and to ensure that all necessary steps have been taken
40. a gradual re_____on *n.* a decrease in size, amount, or degree
41. cat_____hic climate change *adj.* extremely harmful; causing physical or financial destruction
42. consult with a ph_____an *n.* a medical doctor who practices medicine

ANSWERS: 33. resuscitate, 34. isolate, 35. transfusion, 36. ethnic, 37. crisis, 38. relate, 39. checklist, 40. reduction, 41. catastrophic, 42. physician

43. joint rec_____on *n.* the action or process of recognizing or being recognized, especially by remembering; an agreement that something is true or legal
44. res_____le action *adj.* answerable or accountable for something within one's power, control, or management
45. a_m at a specific target *v.* to try or plan to get or achieve something
46. med_____on by mouth *n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
47. ma_____e amounts *adj.* enormous amount; very heavy and solid
48. a flight of fa__y *v.* to want to do or have something; (noun) something that many people believe but that is false, or that does not exist; imagination or fantasy
49. wr___h my back *v.* to pull or twist something suddenly or violently
50. c__t prevention *n.* a thick mass or lump of coagulated liquid, especially blood; a group of people or things that form an obstructive, unsympathetic, or resistant force
51. im_____nt security measures *v.* to put a decision, plan, or system into effect
52. special de_____ry *n.* the act of taking or sending something to a destination; the bringing of a baby during childbirth

ANSWERS: 43. recognition, 44. responsible, 45. aim, 46. medication, 47. massive, 48. fancy, 49. wrench, 50. clot, 51. implement, 52. delivery

53. res_____te the man drown *v.* to make someone or something active or vigorous again;
54. midst of ch___s *n.* a state of complete confusion or disorder, often characterized by a lack of predictability or control
55. ey_____l motion *n.* the round part of the eye of a vertebrate that is usually inside the head and, therefore, cannot be seen
56. pre_____ved opinions *adj.* (of an idea or opinion) formed beforehand, especially without evidence for its truth or usefulness
57. tr___e back to medieval times *v.* to find or discover someone or something that was lost
58. ped_____cs clinic *n.* the branch of medicine that deals with the care and treatment of children
59. hi_____ht a string in red *v.* to make something prominent, mainly so that people give it more attention
60. ready to co_____se *v.* to fall down or give way suddenly, often after breaking apart
61. unr_____ive audience *adj.* not responding to some influence or stimulus
62. for_____le offense *adj.* able to be excused or understood; not worthy of blame or punishment; deserving of understanding and empathy
63. ad___t a bill *v.* to choose to follow something; to legally take a child from another family and care for them as if they were one's own
64. bu___e of papers *n.* a group of things that are tied or wrapped together; a large amount or quantity of something; a package or parcel of things

ANSWERS: 53. resuscitate, 54. chaos, 55. eyeball, 56. preconceived, 57. trace, 58. pediatrics, 59. highlight, 60. collapse, 61. unresponsive, 62. forgivable, 63. adopt, 64. bundle

65. the dr__l hit the well *n.* a tool or machine used for making round holes or driving fasteners; a training or practice
66. pl_____ting sales *v.* to fall or drop suddenly and steeply; to decline rapidly or sharply
67. br_____nt performance *adj.* extremely clever, skilled, or impressive
68. pr_____ol breach *n.* a set of rules or procedures for transmitting data or conducting a process or activity, especially in computer networks or scientific experiments; the initial or original version of an agreement
69. pe_____al infection *adj.* relating to the period of time immediately before and after a baby's birth, typically including the last weeks of pregnancy and the first few weeks after birth
70. reg_____ss of the difficulties *adv.* not paying attention or considering something or someone even if the situation is bad or there are difficulties
71. seasonal la__r *n.* productive work, especially physical work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal
72. French pa_____x *n.* a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;

ANSWERS: 65. drill, 66. plummet, 67. brilliant, 68. protocol, 69. perinatal, 70. regardless, 71. labor, 72. paradox

73. eq__p an army *v.* to provide a person or a place with the things that are needed for a particular purpose or activity
74. des_____ly ill patient *adv.* in a way that shows a lack of hope and a willingness to do anything because of the problematic situation; with great urgency
75. car_____lar tissue *adj.* of or relating to the heart and blood vessels (= tubes that carry blood around the body)
76. a volunteer nu__e *n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury
77. es_____te a fair value *v.* to guess or calculate the cost, size, value, etc. of something
78. de___e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
79. medical l_b *n.* a workplace for the conduct of scientific research; a laboratory
80. an und_____ng motive *adj.* significant as a cause or basis of something but not immediately apparent or stated clearly
81. de_____e my love *v.* to say, state, or announce something clearly, officially, or publicly
82. help ta___e climate change *v.* to try to deal with a complex problem or situation
83. se__e the day *v.* to catch or take hold of someone or something suddenly and forcibly; to capture the attention or imagination of something

ANSWERS: 73. equip, 74. desperately, 75. cardiovascular, 76. nurse, 77. estimate, 78. decide, 79. lab, 80. underlying, 81. declare, 82. tackle, 83. seize

84. eq__p our children with some special skills *v.* to provide a person or a place with the things that are needed for a particular purpose or activity
85. ch_____st for evaluating *n.* a list of items, tasks, or points to be considered or acted upon, used as a reminder and to ensure that all necessary steps have been taken
86. a lunar pr__e *n.* a tool used for testing or examining, especially for medical or scientific purposes, or an exploratory mission to a planet or other celestial body; (verb) to investigate, examine, or search into something
87. ch_____c alcohol consumption *adj.* being long-lasting and recurrent or characterized by long suffering; habitual
88. nu__e practitioner *n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury
89. l_b instrument *n.* a workplace for the conduct of scientific research; a laboratory
90. ma_____al care *adj.* relating to or characteristic of a mother; having feelings that are typical of a caring mother towards her child
91. sh__k-resistant *n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant
92. pl_____t against other major currencies *v.* to fall or drop suddenly and steeply; to decline rapidly or sharply

ANSWERS: 84. equip, 85. checklist, 86. probe, 87. chronic, 88. nurse, 89. lab, 90. maternal, 91. shock, 92. plummet

93. br_____nt idea *adj.* extremely clever, skilled, or impressive
94. una_____bly high prices *adv.* in a way that is not acceptable or satisfactory
95. lose pos_____um belly fat *adj.* occurring after childbirth or delivery; (noun) the time after delivery when the mother's body begins to recover from the effects of pregnancy and childbirth
96. environmental det_____nt *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
97. mo_____r an exam *v.* to observe, check, and track the progress or quality of something over a period of time
98. an artificial ki____y *n.* either of a pair of small organs in the body that filter waste products, especially urea, from the blood and excrete them and water in urine
99. control his hyp_____ive symptoms *adj.* relating to or characterized by high blood pressure, which is a persistent elevation in blood pressure beyond normal levels
100. in a co_____ed relationship *adj.* willing to put in a lot of effort, time, and energy into something; firmly believing in something
101. in__r-disciplinary *v.* to bury or place a dead body in a tomb or grave; to temporarily detain or imprison someone; (prefix) between or among

ANSWERS: 93. brilliant, 94. unacceptably, 95. postpartum, 96. determinant, 97. monitor, 98. kidney, 99. hypertensive, 100. committed, 101. inter

102. res_____le for a customer service *adj.* answerable or accountable for something within one's power, control, or management
103. re_____ze talent *v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
104. su_____e beforehand *v.* to think that something is likely to be actual or possible
105. inn_____on leader *n.* the creation of a new device or process resulting from study and experimentation
106. fa_____ty design *n.* a building or place that provides a particular service or is used for a particular industry
107. lower infant mo_____ty *n.* the quality or state of being subject to death
108. a man of imp_____ce *n.* the quality of being important and worthy of note
109. as_____te with people widely *v.* to mentally connect someone or something with someone or something else
110. assisted chi_____th *n.* the act or process of giving birth to a baby
111. industry-sp_____ic regulations *adj.* clearly defined or particular to a certain thing or situation; distinct, explicit, and precise
112. sp____y history *adj.* characterized by irregular or uneven distribution or coverage; of or relating to temporary blemishes or discolorations on the skin; inconsistent or unreliable in quality or performance

ANSWERS: 102. responsible, 103. recognize, 104. suppose, 105. innovation, 106. facility, 107. mortality, 108. importance, 109. associate, 110. childbirth, 111. specific, 112. spotty

113. con_____ion pills
- n.* the use of methods or devices to prevent pregnancy, typically by blocking fertilization or implantation of a fertilized egg, which options include contraceptives, condoms, intrauterine devices (IUDs), and sterilization procedures
114. hem_____ge control
- n.* profuse bleeding, often caused by a ruptured vessel
115. re___e a message
- v.* to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something
116. ad__t a child
- v.* to choose to follow something; to legally take a child from another family and care for them as if they were one's own
117. a desirable ou_____e
- n.* the result or effect of an action, event, etc.
118. ho___d on drugs
- adj.* being caught or caught up in something; curved down like an eagle's beak
119. a se___e case of pneumonia
- adj.* extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous
120. se_____te boys and girls
- v.* to separate or set apart from others, often based on race, gender, or some other characteristic
121. di_____e control
- n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

ANSWERS: 113. contraception, 114. hemorrhage, 115. relate, 116. adopt, 117. outcome, 118. hooked, 119. severe, 120. segregate, 121. disease

122. po____y alleviation *n.* the condition of being extremely poor
123. manual la__r *n.* productive work, especially physical work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal
124. an easy de____ry *n.* the act of taking or sending something to a destination; the bringing of a baby during childbirth
125. ra____l and ethnic backgrounds *adj.* of or related to the race (= classification of humans into groups based on physical traits or social relations)
126. da____e assessment *v.* to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity
127. development of the fe__s *n.* an unborn or unhatched animal in the later stages of development showing the main recognizable features of the mature animal
128. co____us of having succeeded *adj.* being aware of and able to respond to what is happening around you
129. em____ss political enemy *v.* to cause someone to feel awkward, worried, or ashamed
130. de____e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options

ANSWERS: 122. poverty, 123. labor, 124. delivery, 125. racial, 126. damage, 127. fetus, 128. conscious, 129. embarrass, 130. decide

131. an aborted fe__s *n.* an unborn or unhatched animal in the later stages of development showing the main recognizable features of the mature animal
132. con_____te to society *v.* to give something, especially money or goods, to provide or achieve something together with other people
133. re_____ze achievement *v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
134. chronic ki___y disease *n.* either of a pair of small organs in the body that filter waste products, especially urea, from the blood and excrete them and water in urine
135. fr__k and open discussion *adj.* honest and sincere; open and candid in expression
136. pro_____ed difference *adj.* clearly and distinctly expressed or noticeable; emphasized
137. hea_____re agency *n.* the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession
138. ur___t situation *adj.* requiring immediate attention or action; pressing
139. sh_____ng revelation *adj.* extremely or surprisingly bad, or causing a strong emotional response such as surprise or disgust

ANSWERS: 131. fetus, 132. contribute, 133. recognize, 134. kidney, 135. frank, 136. pronounced, 137. healthcare, 138. urgent, 139. shocking

140. cancer epi_____ogy *n.* the study of the distribution and determinants of health-related states or events, including diseases, in specified populations, and the application of this study to the control of health problems
141. sp___y record *adj.* characterized by irregular or uneven distribution or coverage; of or relating to temporary blemishes or discolorations on the skin; inconsistent or unreliable in quality or performance
142. di___r according to species *v.* to be not like someone or something in some way
143. a li_____ss corpse *adj.* without life; dead
144. hi_____ht an important difference *v.* to make something prominent, mainly so that people give it more attention
145. a co_____te noun *adj.* existing in a physical or material form rather than an abstract one; based on facts rather than ideas or guesses; made of or covered with cement
146. as_____te alcohol with gambling *v.* to mentally connect someone or something with someone or something else
147. a cell phone with an internet fa_____ty *n.* a building or place that provides a particular service or is used for a particular industry
148. strong and co_____ed sales staff *adj.* willing to put in a lot of effort, time, and energy into something; firmly believing in something
149. the cycle of po_____y *n.* the condition of being extremely poor

ANSWERS: 140. epidemiology, 141. spotty, 142. differ, 143. lifeless, 144. highlight, 145. concrete, 146. associate, 147. facility, 148. committed, 149. poverty

150. ra___l prejudice *adj.* of or related to the race (= classification of humans into groups based on physical traits or social relations)
151. co_____al swimming pool *adj.* belonging to or used by a group rather than individuals; for common use
152. pr_____al checkup *adj.* of, relating to, or occurring in the period before birth
153. draft a pr_____ol *n.* a set of rules or procedures for transmitting data or conducting a process or activity, especially in computer networks or scientific experiments; the initial or original version of an agreement
154. reg_____ss tread *adv.* not paying attention or considering something or someone even if the situation is bad or there are difficulties
155. the aftermath of this tr_____y *n.* an event or situation causing great loss, misfortune, or destruction; a play or literature that deals with a severe and sad event and often ends with the death of the main character
156. security in_____nt *n.* an event or occurrence, often unexpected or unplanned; something that happens
157. pr_____e growth *adj.* abundant or plentiful in quantity or degree; excessive or extravagant; exhibiting a great amount of something
158. high imp_____ce *n.* the quality of being important and worthy of note

ANSWERS: 150. racial, 151. communal, 152. prenatal, 153. protocol, 154. regardless, 155. tragedy, 156. incident, 157. profuse, 158. importance

159. m__k body odor *v.* to conceal something; (noun) a covering that you wear over your face to hide it
160. modern el____or *n.* a mechanical device used for vertical transportation, typically in multi-story buildings, consisting of a compartmentalized platform that moves between floors
161. dee____ed prejudice *adj.* firmly established or strongly felt; deeply ingrained or settled
162. sea sp___e *n.* a soft material with many microscopic pores that can absorb a large amount of liquid and is used for washing and cleaning
163. co____al combination of funds *adj.* belonging to or used by a group rather than individuals; for common use
164. me____me report *n.* the interval or period of time between two events; the interim or temporary time period between two actions or stages of something else
165. re____on strategy *n.* a decrease in size, amount, or degree
166. blood c__t *n.* a thick mass or lump of coagulated liquid, especially blood; a group of people or things that form an obstructive, unsympathetic, or resistant force
167. a det____nt of crop yields *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

ANSWERS: 159. mask, 160. elevator, 161. deep-seated, 162. sponge, 163. communal, 164. meantime, 165. reduction, 166. clot, 167. determinant

168. el_____e a close relationship *v.* to raise something from a lower to a higher position; to give a promotion to or assign to a higher position
169. single et____c group *adj.* relating or belonging to a group of people who share a cultural tradition
170. se_____e of a debtor's property *n.* the action of taking something from somebody by the use of legal authority; a sudden occurrence or recurrence of a disease
171. undergo a surgical pr_____re *n.* a way of doing something, especially the official or well-known way
172. guarantee re_____le delivery *adj.* worthy of being relied on; trustworthy
173. th_____en a healthy relationship *v.* to utter intentions of injury or punishment against someone
174. op_____ze control for cooling *v.* to make the best or most effective use of something
175. na_____ly regenerated forest *adv.* as might be expected; by natural manners
176. neurotic sy_____ms *n.* any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
177. hormonal con_____ion *n.* the use of methods or devices to prevent pregnancy, typically by blocking fertilization or implantation of a fertilized egg, which options include contraceptives, condoms, intrauterine devices (IUDs), and sterilization procedures

ANSWERS: 168. elevate, 169. ethnic, 170. seizure, 171. procedure, 172. reliable, 173. threaten, 174. optimize, 175. naturally, 176. symptom, 177. contraception

178. a criminal bac_____nd
n. the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem
179. tr__e a telephone call
v. to find or discover someone or something that was lost
180. di_____ge a contract
v. to release or let go of something or someone; to dismiss or terminate an employee or member of an organization; to emit or give off a substance or energy
181. risk of ch_____c disease
adj. being long-lasting and recurrent or characterized by long suffering; habitual
182. ob____n appointment
n. (an abbreviation for obstetrician-gynecologist) a medical doctor who specializes in the care of women's reproductive health, including pregnancy, childbirth, and disorders of the reproductive system
183. pi___e the armored shells
v. to cut or make a way through with a sharp instrument
184. get ne_____s
adj. worried and anxious about something; relating to the nerves
185. tr___c death
adj. causing great sadness or suffering; very unfortunate
186. flat ab__k
adv. to be very surprised or shocked by somebody or something
187. systemic ra____m
n. prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized

ANSWERS: 178. background, 179. trace, 180. discharge, 181. chronic, 182. ob-gyn, 183. pierce, 184. nervous, 185. tragic, 186. aback, 187. racism

188. pe_____al distress *adj.* relating to the period of time immediately before and after a baby's birth, typically including the last weeks of pregnancy and the first few weeks after birth
189. una_____bly poor *adv.* in a way that is not acceptable or satisfactory
190. a tr_____y during work *n.* an event or situation causing great loss, misfortune, or destruction; a play or literature that deals with a severe and sad event and often ends with the death of the main character
191. high r__k *n.* a position in a hierarchy of status or authority; (verb) to take or have a position relative to others
192. a pre_____ved notion *adj.* (of an idea or opinion) formed beforehand, especially without evidence for its truth or usefulness
193. die su_____ly *adv.* quickly and unexpectedly
194. ad_____on of vectors *n.* the act or process of adding something to something else; the process of adding numbers
195. a heart se_____e *n.* the action of taking something from somebody by the use of legal authority; a sudden occurrence or recurrence of a disease
196. experienced cl_____an *n.* a practitioner, especially of medicine or psychology, who has direct contact with patients

ANSWERS: 188. perinatal, 189. unacceptably, 190. tragedy, 191. rank, 192. preconceived, 193. suddenly, 194. addition, 195. seizure, 196. clinician

197. become increasingly com_____ed *adj.* involving a lot of different things or parts in a way that is difficult to understand or analyze
198. for _____le mistake *adj.* able to be excused or understood; not worthy of blame or punishment; deserving of understanding and empathy
199. fa__y a cup of coffee *v.* to want to do or have something; (noun) something that many people believe but that is false, or that does not exist; imagination or fantasy
200. acute em_____cy *n.* a sudden unforeseen crisis usually involving danger that requires immediate action
201. de_____p a skill *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
202. an und_____ng cause of an accident *adj.* significant as a cause or basis of something but not immediately apparent or stated clearly
203. di_____ge water *v.* to release or let go of something or someone; to dismiss or terminate an employee or member of an organization; to emit or give off a substance or energy
204. during rep_____ive period *adj.* connected with the process of reproduction; relating to reproducing babies, young animals, or plants

ANSWERS: 197. complicated, 198. forgivable, 199. fancy, 200. emergency, 201. develop, 202. underlying, 203. discharge, 204. reproductive

205. a profit ma___n	<i>n.</i> the space around the edge of a page or document; (finance) the net sales minus the cost of goods and services sold
206. financial cr___s	<i>n.</i> a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken
207. ch___s theory	<i>n.</i> a state of complete confusion or disorder, often characterized by a lack of predictability or control
208. re___e on the skin	<i>v.</i> to live in a particular place, typically for a prolonged period of time
209. de___t smuggling across borders	<i>v.</i> to find or recognize something, especially something difficult to see, hear, etc.
210. es___te this chicken to weigh three pounds	<i>v.</i> to guess or calculate the cost, size, value, etc. of something
211. in___r a dead body	<i>v.</i> to bury or place a dead body in a tomb or grave; to temporarily detain or imprison someone; (prefix) between or among
212. needs of pr____nt women	<i>adj.</i> having a baby or young animal developing in the uterus
213. a re____nt of the city	<i>n.</i> a person who lives in a particular place or has their home in a place
214. natural chi____th	<i>n.</i> the act or process of giving birth to a baby
215. im____nt a corporate strategy	<i>v.</i> to put a decision, plan, or system into effect

ANSWERS: 205. margin, 206. crisis, 207. chaos, 208. reside, 209. detect, 210. estimate, 211. inter, 212. pregnant, 213. resident, 214. childbirth, 215. implement

216. pos_____um workout *adj.* occurring after childbirth or delivery;
(noun) the time after delivery when the mother's body begins to recover from the effects of pregnancy and childbirth
217. mo____d fascination *adj.* characterized by a preoccupation with death or unhealthy topics or behaviors; gruesome or disturbing
218. ma_____e stars *adj.* enormous amount; very heavy and solid
219. co____r degree *v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
220. official sta_____cs *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
221. pa_____t in the hospital *n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
222. sh_____ng response *adj.* extremely or surprisingly bad, or causing a strong emotional response such as surprise or disgust
223. di____r from the majority *v.* to be not like someone or something in some way
224. the stock market co_____sed *v.* to fall down or give way suddenly, often after breaking apart
225. traffic in_____nt *n.* an event or occurrence, often unexpected or unplanned; something that happens

ANSWERS: 216. postpartum, 217. morbid, 218. massive, 219. confer, 220. statistics, 221. patient, 222. shocking, 223. differ, 224. collapse, 225. incident

226. re_____nt tax *n.* a person who lives in a particular place or has their home in a place
227. el_____or ride *n.* a mechanical device used for vertical transportation, typically in multi-story buildings, consisting of a compartmentalized platform that moves between floors
228. ped_____cs department *n.* the branch of medicine that deals with the care and treatment of children
229. imp_____ion on stage *n.* the act of making something up on the spot or creating or performing something without preparation
230. pr_____ge of membership *n.* a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society
231. pr_____e apologies *adj.* abundant or plentiful in quantity or degree; excessive or extravagant; exhibiting a great amount of something
232. career co_____l *n.* advice or guidance given by a person with specialized knowledge or experience, particularly in a professional or legal context; the act of providing advice or guidance
233. gyn_____gy exam *n.* the medical study and treatment of the physiology and diseases of the female reproductive system
234. go out of fa_____n *n.* a style that is popular at a particular time or place; the state of being popular

ANSWERS: 226. resident, 227. elevator, 228. pediatrics, 229. improvisation, 230. privilege, 231. profuse, 232. counsel, 233. gynecology, 234. fashion

235. have dev_____ng effects *adj.* causing a great deal of destruction or damage
236. jazz imp_____ion *n.* the act of making something up on the spot or creating or performing something without preparation
237. pi___e a mystery *v.* to cut or make a way through with a sharp instrument
238. on the ma_____al side *adj.* relating to or characteristic of a mother; having feelings that are typical of a caring mother towards her child
239. the se_____ty of cold *n.* the quality or condition of being severe, strict, or harsh
240. gr_____y support that player *adv.* to an extraordinary extent or degree; very much
241. se___e heat *adj.* extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous
242. red blood cell tra_____on *n.* the transfer of blood or blood products from one person or animal to another, often to replace blood lost due to injury or surgery
243. con_____te a large sum of money to the fund *v.* to give something, especially money or goods, to provide or achieve something together with other people
244. com_____ion of structure *n.* something that makes a situation or condition that is complex or confused
245. pre_____sia symptom *n.* a disorder that can occur during pregnancy or after childbirth characterized by high blood pressure and protein in the urine, often leading to severe complications for both the mother and the baby if left untreated

ANSWERS: 235. devastating, 236. improvisation, 237. pierce, 238. maternal, 239. severity, 240. greatly, 241. severe, 242. transfusion, 243. contribute, 244. complication, 245. preeclampsia

246. unr_____ive to her passionate speech
adj. not responding to some influence or stimulus
247. ma___n error
n. the space around the edge of a page or document; (finance) the net sales minus the cost of goods and services sold
248. ob___n clinic
n. (an abbreviation for obstetrician-gynecologist) a medical doctor who specializes in the care of women's reproductive health, including pregnancy, childbirth, and disorders of the reproductive system
249. em_____cy action
n. a sudden unforeseen crisis usually involving danger that requires immediate action
250. high se_____ty
n. the quality or condition of being severe, strict, or harsh
251. des_____ly anxious
adv. in a way that shows a lack of hope and a willingness to do anything because of the problematic situation; with great urgency
252. lack of ox___n
n. the chemical element with the symbol O that is present in air and water and is necessary for people, animals, and plants to live
253. travel bu___e
n. a group of things that are tied or wrapped together; a large amount or quantity of something; a package or parcel of things
254. a qu_____r mile
n. one of four equal parts; a fourth part or portion

ANSWERS: 246. unresponsive, 247. margin, 248. ob-gyn, 249. emergency, 250. severity, 251. desperately, 252. oxygen, 253. bundle, 254. quarter

255. resolve without com_____ion *n.* something that makes a situation or condition that is complex or confused
256. ut____s cancer *n.* a hollow muscular organ in the body of a woman or other female mammal in which a baby or young animal develops before birth
257. sy_____ms of low testosterone *n.* any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
258. imm_____ly recall a product *adv.* now or without delay
259. pa_____t with weight loss *n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
260. di_____e prevention *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
261. sur_____gly advanced culture *adv.* in a way that causes amazement or wonder
262. death from sh__k *n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant
263. em_____is on color *n.* particular importance or significance that is given to something
264. is_____e a patient *v.* to physically or socially separate someone or something from other people or things

ANSWERS: 255. complication, 256. uterus, 257. symptom, 258. immediately, 259. patient, 260. disease, 261. surprisingly, 262. shock, 263. emphasis, 264. isolate

265. have sur_____gly little effect *adv.* in a way that causes amazement or wonder
266. hit an ic_____g *n.* a large piece of ice floating in the sea, detached from a glacier
267. mo____d joke *adj.* characterized by a preoccupation with death or unhealthy topics or behaviors; gruesome or disturbing
268. take co_____l *n.* advice or guidance given by a person with specialized knowledge or experience, particularly in a professional or legal context; the act of providing advice or guidance
269. co____r honor *v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
270. the co_____um of events *n.* a series of similar items in which no part or portion is distinct or distinguishable from adjacent parts
271. antibiotic med_____on *n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
272. r__k amateur *n.* a position in a hierarchy of status or authority; (verb) to take or have a position relative to others
273. al__r data in a file *v.* to cause to change or make different
274. gr_____y affect the situation *adv.* to an extraordinary extent or degree; very much
275. development of the ne_____s system *adj.* worried and anxious about something; relating to the nerves

ANSWERS: 265. surprisingly, 266. iceberg, 267. morbid, 268. counsel, 269. confer, 270. continuum, 271. medication, 272. rank, 273. alter, 274. greatly, 275. nervous

276. ic____g melting *n.* a large piece of ice floating in the sea, detached from a glacier
277. a_m to be a nurse *v.* to try or plan to get or achieve something
278. a space-time co_____um *n.* a series of similar items in which no part or portion is distinct or distinguishable from adjacent parts
279. in an eq_____le manner *adj.* fair and impartial; treating everyone fairly
280. ab__k shock *adv.* to be very surprised or shocked by somebody or something
281. or__n bleeding *n.* a part of the body of an animal or plant that has a particular purpose and performs a specific job
282. provide ac_____te information *adj.* correct and exact in all details
283. redness of the ey_____l *n.* the round part of the eye of a vertebrate that is usually inside the head and, therefore, cannot be seen
284. metallic sp____e *n.* a soft material with many microscopic pores that can absorb a large amount of liquid and is used for washing and cleaning
285. se__e a person's property *v.* to catch or take hold of someone or something suddenly and forcibly; to capture the attention or imagination of something
286. coo_____ed robot system *adj.* effectively arranged or organized so that all the parts work smoothly or systematically together

ANSWERS: 276. iceberg, 277. aim, 278. continuum, 279. equitable, 280. aback, 281. organ, 282. accurate, 283. eyeball, 284. sponge, 285. seize, 286. coordinated

287. an oxygen m__k
288. epi_____ogy research
289. for the me_____me
290. locust sw__m
291. da___e a relationship
292. suffer st___e
293. give the waiter a t_p.
- v. to conceal something; (noun) a covering that you wear over your face to hide it
- n. the study of the distribution and determinants of health-related states or events, including diseases, in specified populations, and the application of this study to the control of health problems
- n. the interval or period of time between two events; the interim or temporary time period between two actions or stages of something else
- n. a group of many things, such as insects, fishes, etc., in the air or water or on the ground
- v. to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity
- n. a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball with a club, racket, etc.
- n. the top or extreme point of something slender or tapering, usually a mountain or hill; a piece of advice about something practical; a small amount of money given for services

ANSWERS: 287. mask, 288. epidemiology, 289. meantime, 290. swarm, 291. damage, 292. stroke, 293. tip

294. car_____lar diseases *adj.* of or relating to the heart and blood vessels (= tubes that carry blood around the body)
295. improved student ou_____es *n.* the result or effect of an action, event, etc.
296. fall li_____ss *adj.* without life; dead
297. pr___e for inside information *n.* a tool used for testing or examining, especially for medical or scientific purposes, or an exploratory mission to a planet or other celestial body; (verb) to investigate, examine, or search into something
298. al___r a decision *v.* to cause to change or make different
299. tr___c love stories *adj.* causing great sadness or suffering; very unfortunate
300. an ur___t telegram *adj.* requiring immediate attention or action; pressing
301. research on anti-ra___m *n.* prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized
302. de_____p a strategy *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
303. de___t a bad event *v.* to find or recognize something, especially something difficult to see, hear, etc.

ANSWERS: 294. cardiovascular, 295. outcome, 296. lifeless, 297. probe, 298. alter, 299. tragic, 300. urgent, 301. racism, 302. develop, 303. detect

304. an eq_____le price *adj.* fair and impartial; treating everyone fairly
305. from a cl_____an's perspective *n.* a practitioner, especially of medicine or psychology, who has direct contact with patients
306. a sw___m of mosquitoes *n.* a group of many things, such as insects, fishes, etc., in the air or water or on the ground
307. su___r a setback *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
308. ho___r around the table *v.* to stay in one place in the air
309. su_____e you're right *v.* to think that something is likely to be actual or possible
310. th_____en national security *v.* to utter intentions of injury or punishment against someone
311. lay great em_____is on policy *n.* particular importance or significance that is given to something
312. ac_____te measurements *adj.* correct and exact in all details
313. the hydrogen binds the ox___n *n.* the chemical element with the symbol O that is present in air and water and is necessary for people, animals, and plants to live
314. co_____us effort *adj.* being aware of and able to respond to what is happening around you
315. op_____ze a process *v.* to make the best or most effective use of something
316. the pa_____x of the heap *n.* a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;

ANSWERS: 304. equitable, 305. clinician, 306. swarm, 307. suffer, 308. hover, 309. suppose, 310. threaten, 311. emphasis, 312. accurate, 313. oxygen, 314. conscious, 315. optimize, 316. paradox

317. end of the first qu____r *n.* one of four equal parts; a fourth part or portion
318. damage to internal or__ns *n.* a part of the body of an animal or plant that has a particular purpose and performs a specific job
319. em_____ss my project *v.* to cause someone to feel awkward, worried, or ashamed
320. a bacterial in_____on *n.* a condition in which pathogenic microorganisms or viruses have entered the body
321. the sa_____on of the individual soul *n.* preservation or deliverance from harm, ruin, or loss
322. treat the in_____on with antibiotics *n.* a condition in which pathogenic microorganisms or viruses have entered the body
323. ho____d hair *adj.* being caught or caught up in something; curved down like an eagle's beak
324. clearly-pro_____ed utterances *adj.* clearly and distinctly expressed or noticeable; emphasized
325. mo_____r the data carefully *v.* to observe, check, and track the progress or quality of something over a period of time
326. make a fr__k apology *adj.* honest and sincere; open and candid in expression
327. ut_____e a catheter *v.* to use something for a practical purpose in an effective way
328. new fa_____n trends *n.* a style that is popular at a particular time or place; the state of being popular

ANSWERS: 317. quarter, 318. organ, 319. embarrass, 320. infection, 321. salvation, 322. infection, 323. hooked, 324. pronounced, 325. monitor, 326. frank, 327. utilize, 328. fashion

329. sta_____cs for cancer *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
330. sa_____on army *n.* preservation or deliverance from harm, ruin, or loss
331. hyp_____ive heart disease *adj.* relating to or characterized by high blood pressure, which is a persistent elevation in blood pressure beyond normal levels
332. se_____te by race *v.* to separate or set apart from others, often based on race, gender, or some other characteristic
333. severe pre_____sia *n.* a disorder that can occur during pregnancy or after childbirth characterized by high blood pressure and protein in the urine, often leading to severe complications for both the mother and the baby if left untreated
334. a breach of pr_____ge *n.* a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society
335. a bac_____nd color *n.* the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem
336. rising hea_____re cost *n.* the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession

ANSWERS: 329. statistics, 330. salvation, 331. hypertensive, 332. segregate, 333. preeclampsia, 334. privilege, 335. background, 336. healthcare

337. write him an answer imm_____ly *adv.* now or without delay
338. the advice of the ph_____an *n.* a medical doctor who practices medicine
339. obs_____ian appointment *n.* a physician who specializes in caring for women during pregnancy, childbirth, and the postpartum period
340. unintended con_____ces *n.* the outcome of a particular action or event, especially relative to an individual
341. su_____ly attacked by an enemy *adv.* quickly and unexpectedly
342. in a coo_____ed manner *adj.* effectively arranged or organized so that all the parts work smoothly or systematically together
343. re_____e the computer error *v.* to find a suitable answer to the problems or difficulty
344. we__h heavily on stock prices *v.* to have a particular weight; to carefully evaluate things before making a conclusion
345. treat this dev_____ng disease *adj.* causing a great deal of destruction or damage
346. the con_____ce of an argument *n.* the outcome of a particular action or event, especially relative to an individual
347. re_____e a dispute *v.* to find a suitable answer to the problems or difficulty
348. income di_____ty *n.* a significant difference or inequality between two or more things
349. co_____te examples *adj.* existing in a physical or material form rather than an abstract one; based on facts rather than ideas or guesses; made of or covered with cement

ANSWERS: 337. immediately, 338. physician, 339. obstetrician, 340. consequence, 341. suddenly, 342. coordinated, 343. resolve, 344. weigh, 345. devastating, 346. consequence, 347. resolve, 348. disparity, 349. concrete

350. na_____ly arising *adv.* as might be expected; by natural manners
351. su___r bad grades *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
352. the di_____ty between theory and reality *n.* a significant difference or inequality between two or more things
353. pr_____al development *adj.* of, relating to, or occurring in the period before birth
354. re___e permanently *v.* to live in a particular place, typically for a prolonged period of time

ANSWERS: 350. naturally, 351. suffer, 352. disparity, 353. prenatal, 354. reside

Session 3: Fill in the Blanks

1. To sell the product, the companies have formed an _____.
n. a partnership or association formed for mutual benefit, particularly between nations or organizations.

2. The president declared a state of _____.
n. a sudden unforeseen crisis usually involving danger that requires immediate action

3. He was promoted to the ____ of captain in the military.
n. a position in a hierarchy of status or authority; (verb) to take or have a position relative to others

4. One _____ of success is having a positive attitude and a strong work ethic.
n. a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

5. She's a _____ pet owner who ensures her dog gets enough exercise and a healthy diet.
adj. answerable or accountable for something within one's power, control, or management

6. The pilot and flight attendant ran through the check-out _____.
n. a way of doing something, especially the official or well-known way

7. The two products _____ in their quality and price.
v. to be not like someone or something in some way

ANSWERS: 1. alliance, 2. emergency, 3. rank, 4. determinant, 5. responsible, 6. procedure, 7. differed

8. The spotlight gave the central figure increased _____.
- n.* particular importance or significance that is given to something
9. The restaurant's service was _____ slow.
- adv.* in a way that is not acceptable or satisfactory
10. The leaders of the two countries met to _____ on the issue.
- v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
11. Macbeth is a famous _____ by Shakespeare.
- n.* an event or situation causing great loss, misfortune, or destruction; a play or literature that deals with a severe and sad event and often ends with the death of the main character
12. Foreign goods from abroad must be _____ to customs when entering a country.
- v.* to say, state, or announce something clearly, officially, or publicly
13. The Prime Minister will pay a courtesy visit to the Nobel laureate's ____.
- n.* a workplace for the conduct of scientific research; a laboratory
14. The surgeon removed the healthy _____ from the donor.
- n.* either of a pair of small organs in the body that filter waste products, especially urea, from the blood and excrete them and water in urine
15. The picture earned near-_____ acclaim from critics.
- adj.* existing or affecting everywhere or everyone

ANSWERS: 8. emphasis, 9. unacceptably, 10. confer, 11. tragedy, 12. declared, 13. lab, 14. kidney, 15. universal

16. Our company is strongly _____ to meeting customers' needs.
adj. willing to put in a lot of effort, time, and energy into something; firmly believing in something
17. This company _____ its battery problem completely.
v. to find a suitable answer to the problems or difficulty
18. He also continued to struggle with serious long-term _____.
n. something that makes a situation or condition that is complex or confused
19. The older man _____ from arthritis and finds it difficult to move around.
v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
20. She visited the local _____ to seek treatment for her persistent headache.
n. a medical doctor who practices medicine
21. The woman was diagnosed with _____ and was immediately hospitalized for observation and management.
n. a disorder that can occur during pregnancy or after childbirth characterized by high blood pressure and protein in the urine, often leading to severe complications for both the mother and the baby if left untreated
22. There is a significant _____ in pay between men and women in the company.
n. a significant difference or inequality between two or more things
23. It's important to _____ your strengths and weaknesses.
v. to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered

ANSWERS: 16. committed, 17. resolves, 18. complications, 19. suffers, 20. physician, 21. preeclampsia, 22. disparity, 23. recognize

24. She had a very _____ instinct towards her newborn baby.

adj. relating to or characteristic of a mother; having feelings that are typical of a caring mother towards her child

25. Many studies have investigated the relationship between _____ and academic achievement.

n. the condition of being extremely poor

26. The new mother was grateful for the support she received from her _____.

n. a physician who specializes in caring for women during pregnancy, childbirth, and the postpartum period

27. For many, the church was the only source of _____ in harsh times.

n. preservation or deliverance from harm, ruin, or loss

28. _____ hyperglycemia is a trigger for a variety of serious diseases.

adj. being long-lasting and recurrent or characterized by long suffering; habitual

29. The recent economic downturn has resulted in _____ layoffs.

adj. enormous amount; very heavy and solid

30. This documentary deals with the _____ biology of the buffalo.

adj. connected with the process of reproduction; relating to reproducing babies, young animals, or plants

31. Government workers cannot _____ to political campaigns.

v. to give something, especially money or goods, to provide or achieve something together with other people

ANSWERS: 24. maternal, 25. poverty, 26. obstetrician, 27. salvation, 28. Chronic, 29. massive, 30. reproductive, 31. contribute

32. Eating food in a hurry _____ blood glucose levels.

- v.* to raise something from a lower to a higher position; to give a promotion to or assign to a higher position

33. A _____ of angry bees attacked because we had approached the hive.

- n.* a group of many things, such as insects, fishes, etc., in the air or water or on the ground

34. Let's _____ the origins of some familiar foreign words.

- v.* to find or discover someone or something that was lost

35. This year's extreme heat has resulted in many heat _____ cases.

- n.* a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball with a club, racket, etc.

36. Customs have made their biggest ever _____ of cocaine.

- n.* the action of taking something from somebody by the use of legal authority; a sudden occurrence or recurrence of a disease

37. For greater efficiency, our efforts must be better _____.

- adj.* effectively arranged or organized so that all the parts work smoothly or systematically together

38. We _____ the season's total trade deficit at \$50 billion.

- v.* to guess or calculate the cost, size, value, etc. of something

39. His mistake was _____ considering the circumstances.

- adj.* able to be excused or understood; not worthy of blame or punishment; deserving of understanding and empathy

ANSWERS: 32. elevates, 33. swarm, 34. trace, 35. stroke, 36. seizure, 37. coordinated, 38. estimated, 39. forgivable,

40. The hotel's _____ was out of order, so we had to take the stairs to our room on the fifth floor.

n. a mechanical device used for vertical transportation, typically in multi-story buildings, consisting of a compartmentalized platform that moves between floors

41. The design of the webpage has _____ slightly.

v. to cause to change or make different

42. It is _____ that we leave for the airport now to catch our flight.

adj. requiring immediate attention or action; pressing

43. The unemployment rate in the first _____ was 2.3 percentage points higher than in the previous.

n. one of four equal parts; a fourth part or portion

44. She couldn't _____ whether to order the pizza or the pasta for dinner.

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

45. He was given _____ for his outstanding work in the field of medicine.

n. the action or process of recognizing or being recognized, especially by remembering; an agreement that something is true or legal

46. The president asked for a more _____ plan.

adj. existing in a physical or material form rather than an abstract one; based on facts rather than ideas or guesses; made of or covered with cement

47. The majority of consumers _____ this brand with quality.

v. to mentally connect someone or something with someone or something else

ANSWERS: 40. elevator, 41. altered, 42. urgent, 43. quarter, 44. decide, 45. recognition, 46. concrete, 47. associate

48. The company's hiring criteria emphasize personality, not a person's _____.
- n.* the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem
49. The cook _____ the leftover oxtail to make soup.
- v.* to use something for a practical purpose in an effective way
50. I made a _____ of things to do before my vacation.
- n.* a list of items, tasks, or points to be considered or acted upon, used as a reminder and to ensure that all necessary steps have been taken
51. Several military _____ programs have become popular methods of exercise.
- n.* a tool or machine used for making round holes or driving fasteners; a training or practice
52. The doctor diagnosed him with a rare _____ that had no known cure.
- n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
53. What do you _____ the culprit's motive was?
- v.* to think that something is likely to be actual or possible
54. The patient's _____ condition required constant monitoring and medication adjustments.
- adj.* relating to or characterized by high blood pressure, which is a persistent elevation in blood pressure beyond normal levels
55. The government promised to _____ a new system to control the financial crisis.
- v.* to put a decision, plan, or system into effect

ANSWERS: 48. background, 49. utilized, 50. checklist, 51. drill, 52. disease, 53. suppose, 54. hypertensive, 55. implement

56. The manager tried to hear customers' voices _____.

adv. from the source; directly; (adjective) received directly from a source

57. The physician prescribed medication to relieve the contraction of the _____.

n. a hollow muscular organ in the body of a woman or other female mammal in which a baby or young animal develops before birth

58. The _____ department at the hospital offers state-of-the-art treatments for women's health issues.

n. the medical study and treatment of the physiology and diseases of the female reproductive system

59. He did _____ pen-and-ink drawings in just a few days.

adj. involving a lot of different things or parts in a way that is difficult to understand or analyze

60. This typhoon was the most _____ in years.

adj. causing a great deal of destruction or damage

61. Visa renewal for _____ foreigners in this country is once every five years.

n. a person who lives in a particular place or has their home in a place

62. He created a beautiful piece of music using only _____.

n. the act of making something up on the spot or creating or performing something without preparation

63. They _____ in a beautiful old house in the countryside.

v. to live in a particular place, typically for a prolonged period of time

ANSWERS: 56. firsthand, 57. uterus, 58. gynecology, 59. complicated, 60. devastating, 61. resident, 62. improvisation, 63. reside

64. Each _____ group has its unique rituals.

adj. relating or belonging to a group of people who share a cultural tradition

65. I tied up the _____ of newspapers and took them to the recycling center.

n. a group of things that are tied or wrapped together; a large amount or quantity of something; a package or parcel of things

66. The baby _____ 1 pound 3 oz.

v. to have a particular weight; to carefully evaluate things before making a conclusion

67. We must _____ a new system to streamline our workflow and increase efficiency.

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

68. A suspension order from the court is effective _____.

adv. now or without delay

69. I made an appointment with my _____ for my annual check-up.

n. (an abbreviation for obstetrician-gynecologist) a medical doctor who specializes in the care of women's reproductive health, including pregnancy, childbirth, and disorders of the reproductive system

70. The introduction _____ the speaker's distinguished career as a consultant

v. to make something prominent, mainly so that people give it more attention

71. The night shift _____ checked my vital signs before administering the medication.

n. a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury

ANSWERS: 64. ethnic, 65. bundle, 66. weighs, 67. develop, 68. immediately, 69. ob-gyn, 70. highlighted, 71. nurse

72. The national assembly has _____ the budget.

- v.* to choose to follow something; to legally take a child from another family and care for them as if they were one's own

73. I don't _____ acting in such an important role.

- v.* to want to do or have something; (noun) something that many people believe but that is false, or that does not exist; imagination or fantasy

74. The _____ in the blood vessel required immediate medical attention.

- n.* a thick mass or lump of coagulated liquid, especially blood; a group of people or things that form an obstructive, unsympathetic, or resistant force

75. He got an electric _____ at work.

- n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant

76. The hospital will _____ the patient as soon as their condition stabilizes.

- v.* to release or let go of something or someone; to dismiss or terminate an employee or member of an organization; to emit or give off a substance or energy

77. The patient displays a _____ of a side effect.

- n.* any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease

78. Various artificially induced causes are _____ our ecosystem.

- v.* to utter intentions of injury or punishment against someone

79. The more _____ you are, the more people around you look at you with envy and jealousy.

- adj.* extremely clever, skilled, or impressive

ANSWERS: 72. adopted, 73. fancy, 74. clot, 75. shock, 76. discharge, 77. symptom, 78. threatening, 79. brilliant

80. The flu caused a _____ amount of sweating and fever.

adj. abundant or plentiful in quantity or degree; excessive or extravagant; exhibiting a great amount of something

81. In _____ private corporations provide healthcare services.

n. the act or process of adding something to something else; the process of adding numbers

82. This disease has a high _____.

n. the quality or state of being subject to death

83. He tried to _____ his experience to the group, but they couldn't understand.

v. to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something

84. Many women experience _____ depression after giving birth.

adj. occurring after childbirth or delivery; (noun) the time after delivery when the mother's body begins to recover from the effects of pregnancy and childbirth

85. Trains are _____ inexpensive, and ideal for long-distance travel.

adj. worthy of being relied on; trustworthy

86. Unfortunately, the book's _____ was too small to make notes.

n. the space around the edge of a page or document; (finance) the net sales minus the cost of goods and services sold

87. Increased _____ pressure leads to the development of glaucoma.

n. the round part of the eye of a vertebrate that is usually inside the head and, therefore, cannot be seen

ANSWERS: 80. profuse, 81. addition, 82. mortality, 83. relate, 84. postpartum, 85. reliable, 86. margin, 87. eyeball

88. The funeral director explained the process of how they _____ remains after cremation.
- v. to bury or place a dead body in a tomb or grave; to temporarily detain or imprison someone; (prefix) between or among
89. Two birds were _____ overhead.
- v. to stay in one place in the air
90. The _____ demonstrate that poverty and unemployment are genuine problems.
- n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
91. The passenger grabbed for the _____ mask.
- n. the chemical element with the symbol O that is present in air and water and is necessary for people, animals, and plants to live
92. He experienced cardiac arrest but was _____ yesterday.
- v. to make someone or something active or vigorous again;
93. The government is determined to _____ sharp inflation.
- v. to try to deal with a complex problem or situation
94. I will introduce some _____ on learning English in this class.
- n. the top or extreme point of something slender or tapering, usually a mountain or hill; a piece of advice about something practical; a small amount of money given for services
95. Some _____ believe that psychological characteristics alone may cause mental disorders.
- n. a practitioner, especially of medicine or psychology, who has direct contact with patients

ANSWERS: 88. inter, 89. hovering, 90. statistics, 91. oxygen, 92. resuscitated, 93. tackle, 94. tips, 95. clinicians

96. The politician tried to _____ the corruption.

v. to conceal something; (noun) a covering that you wear over your face to hide it

97. The pharmacist not only prescribes the _____ but also guides its proper use.

n. a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease

98. I stopped by the branch though I have no business of _____.

n. the quality of being important and worthy of note

99. The Chinese word for _____ comprises two characters, one for danger and the other for opportunity.

n. a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken

100. She vacated the position when she got _____.

adj. having a baby or young animal developing in the uterus

101. In the _____ while we wait for the results, let's start working on the next project.

n. the interval or period of time between two events; the interim or temporary time period between two actions or stages of something else

102. Full involvement means _____ and prompt responses.

adj. honest and sincere; open and candid in expression

103. The senator received _____ criticism from his opponent.

adj. extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous

ANSWERS: 96. mask, 97. medication, 98. importance, 99. crisis, 100. pregnant, 101. meantime, 102. frank, 103. severe

104. These economic activities had disastrous environmental _____.
- n.* the outcome of a particular action or event, especially relative to an individual
105. He was present at the _____ of his children.
- n.* the act or process of giving birth to a baby
106. In a democratic country, governments promote _____ opportunities to participate in society.
- adj.* fair and impartial; treating everyone fairly
107. The school's lack of diversity was a clear indication of the _____ present in the community.
- n.* prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized
108. _____ elections were held in several European countries.
- adj.* belonging to or used by a group rather than individuals; for common use
109. Smoking places you at severe risk of _____ and respiratory disease.
- adj.* of or relating to the heart and blood vessels (= tubes that carry blood around the body)
110. The doctor carefully examined the _____ medical history.
- n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
111. He had a severe brain _____ that left him paralyzed.
- n.* profuse bleeding, often caused by a ruptured vessel

ANSWERS: 104. consequences, 105. childbirth, 106. equitable, 107. racism, 108. Communal, 109. cardiovascular, 110. patient's, 111. hemorrhage

112. The official transcript contains _____ academic records.

adj. correct and exact in all details

113. The tiny marine _____ has existed for more than 500 million years.

n. a soft material with many microscopic pores that can absorb a large amount of liquid and is used for washing and cleaning

114. In the Middle Ages, the right to hunt in the wild was the _____ of royalty and nobility.

n. a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society

115. The disease is entirely _____ to traditional treatment.

adj. not responding to some influence or stimulus

116. Hospitals must meet various standards to prevent nosocomial _____.

n. a condition in which pathogenic microorganisms or viruses have entered the body

117. The _____ of influenza has been well studied over the years, leading to the development of effective vaccines and treatment strategies.

n. the study of the distribution and determinants of health-related states or events, including diseases, in specified populations, and the application of this study to the control of health problems

118. _____ care is essential for ensuring the health of both mother and baby.

adj. of, relating to, or occurring in the period before birth

119. These infections have the potential to impact practically every _____ system.

n. a part of the body of an animal or plant that has a particular purpose and performs a specific job

ANSWERS: 112. accurate, 113. sponge, 114. privilege, 115. unresponsive, 116. infections, 117. epidemiology, 118. Prenatal, 119. organ

120. The extinction rate of aquatic animals was _____.

adj. extremely harmful; causing physical or financial destruction

121. Who answers _____ knows little.

adv. quickly and unexpectedly

122. They awaited news of the _____ of the election.

n. the result or effect of an action, event, etc.

123. The sudden news of the merger took me _____.

adv. to be very surprised or shocked by somebody or something

124. The _____ internet connection made it difficult to work from home without interruptions.

adj. characterized by irregular or uneven distribution or coverage; of or relating to temporary blemishes or discolorations on the skin; inconsistent or unreliable in quality or performance

125. We ____ for an overseas expansion.

v. to try or plan to get or achieve something

126. Our life is a _____ of experience in which events pass from the future through the present to the past.

n. a series of similar items in which no part or portion is distinct or distinguishable from adjacent parts

127. He was _____ gifted.

adv. as might be expected; by natural manners

ANSWERS: 120. catastrophic, 121. suddenly, 122. outcome, 123. aback, 124. spotty, 125. aim, 126. continuum, 127. naturally

128. The _____ of the drought was a major concern for farmers.

n. the quality or condition of being severe, strict, or harsh

129. The decayed and _____ atmosphere of the abandoned house scared her.

adj. characterized by a preoccupation with death or unhealthy topics or behaviors; gruesome or disturbing

130. That style is no longer in _____.

n. a style that is popular at a particular time or place; the state of being popular

131. The news of the accident was _____ and left many in shock.

adj. extremely or surprisingly bad, or causing a strong emotional response such as surprise or disgust

132. The _____ events of the war left many families torn apart.

adj. causing great sadness or suffering; very unfortunate

133. He suffers from _____ breakdowns.

adj. worried and anxious about something; relating to the nerves

134. The _____ in carbon emissions has been significant since the implementation of the new policy.

n. a decrease in size, amount, or degree

135. The essence of economics is to _____ the allocation of limited resources.

v. to make the best or most effective use of something

136. The conference room was in _____ as everyone tried to speak at once.

n. a state of complete confusion or disorder, often characterized by a lack of predictability or control

ANSWERS: 128. severity, 129. morbid, 130. fashion, 131. shocking, 132. tragic, 133. nervous, 134. reduction, 135. optimize, 136. chaos

137. In several countries, child _____ is a serious social problem.

- n.* productive work, especially physical work done for wages; the people who do manual or physical work in a country or company for wage; (verb) to work hard or to strive and make an effort to reach a goal

138. They used a special receiver to _____ police radio channels.

- v.* to observe, check, and track the progress or quality of something over a period of time

139. The construction company _____ the building with an earthquake-resistant device.

- v.* to provide a person or a place with the things that are needed for a particular purpose or activity

140. The exam was _____ tricky for everyone.

- adv.* in a way that causes amazement or wonder

141. This company has an entire recycling _____ including major reprocessing plants.

- n.* a building or place that provides a particular service or is used for a particular industry

142. The chef's herbs and spices gave the dish a _____ flavor.

- adj.* clearly and distinctly expressed or noticeable; emphasized

143. The security camera has _____ four intruders.

- v.* to find or recognize something, especially something difficult to see, hear, etc.

144. The baby clung _____ to her mother.

- adv.* in a way that shows a lack of hope and a willingness to do anything because of the problematic situation; with great urgency

ANSWERS: 137. labor, 138. monitor, 139. equipped, 140. surprisingly, 141. facility, 142. pronounced, 143. detected, 144. desperately

145. During the surgery, the doctor had to be extremely cautious not to _____ a blood vessel.
- v.* to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity
146. The ship encountered a series of _____ and had to change its course.
- n.* a large piece of ice floating in the sea, detached from a glacier
147. The school board decided to _____ students by the ability to meet their needs better.
- v.* to separate or set apart from others, often based on race, gender, or some other characteristic
148. In an aging population, citizens must pay more to maintain quality _____.
- n.* the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession
149. There are many theories to explain this _____.
- n.* a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;
150. The _____ truck arrived with the packages.
- n.* the act of taking or sending something to a destination; the bringing of a baby during childbirth
151. We should start a discussion from scratch with no _____ ideas.
- adj.* (of an idea or opinion) formed beforehand, especially without evidence for its truth or usefulness

ANSWERS: 145. damage, 146. icebergs, 147. segregate, 148. healthcare, 149. paradox, 150. delivery, 151. preconceived

152. He looked for an opportunity to _____ that actor in public.

v. to cause someone to feel awkward, worried, or ashamed

153. People can pick out superior products _____ of the quality of the advertising.

adv. not paying attention or considering something or someone even if the situation is bad or there are difficulties

154. NASA sent a _____ to study the atmosphere of Jupiter.

n. a tool used for testing or examining, especially for medical or scientific purposes, or an exploratory mission to a planet or other celestial body; (verb) to investigate, examine, or search into something

155. He became _____ that he was being followed.

adj. being aware of and able to respond to what is happening around you

156. My son was _____ on the Internet.

adj. being caught or caught up in something; curved down like an eagle's beak

157. The roof finally _____ after three days and three nights of heavy snowfall.

v. to fall down or give way suddenly, often after breaking apart

158. He has the superpower to _____ a business opportunity.

v. to catch or take hold of someone or something suddenly and forcibly; to capture the attention or imagination of something

159. The female vagina is elastic enough to allow the passage of a _____.

n. an unborn or unhatched animal in the later stages of development showing the main recognizable features of the mature animal

ANSWERS: 152. embarrass, 153. regardless, 154. probe, 155. conscious, 156. hooked, 157. collapsed, 158. seize, 159. fetus

160. A minor _____ conflict later led to a civil war.

adj. of or related to the race (= classification of humans into groups based on physical traits or social relations)

161. The company has a strict _____ for handling sensitive information to ensure security.

n. a set of rules or procedures for transmitting data or conducting a process or activity, especially in computer networks or scientific experiments; the initial or original version of an agreement

162. The patient received a blood _____ during the surgery to replenish her supply.

n. the transfer of blood or blood products from one person or animal to another, often to replace blood lost due to injury or surgery

163. Condoms are a common method of _____ that both men and women can use.

n. the use of methods or devices to prevent pregnancy, typically by blocking fertilization or implantation of a fertilized egg, which options include contraceptives, condoms, intrauterine devices (IUDs), and sterilization procedures

164. I am studying _____ in medical school because I love working with children.

n. the branch of medicine that deals with the care and treatment of children

165. The _____ at the airport caused a delay in my flight.

n. an event or occurrence, often unexpected or unplanned; something that happens

ANSWERS: 160. racial, 161. protocol, 162. transfusion, 163. contraception, 164. pediatrics, 165. incident

166. The scientist conducted a study that provided _____ details about the species' behavior.

adj. clearly defined or particular to a certain thing or situation; distinct, explicit, and precise

167. Their _____ beliefs prevented them from considering any other opinions.

adj. firmly established or strongly felt; deeply ingrained or settled

168. They _____ admired our actions.

adv. to an extraordinary extent or degree; very much

169. The vegetarian burger was an _____ that quickly spread to the United Kingdom.

n. the creation of a new device or process resulting from study and experimentation

170. The plant had a _____ appearance, indicating that it was not getting enough water.

adj. without life; dead

171. The extreme cold _____ our bones.

v. to cut or make a way through with a sharp instrument

172. You should not _____ them from the community.

v. to physically or socially separate someone or something from other people or things

173. The _____ principle of every business was identical.

adj. significant as a cause or basis of something but not immediately apparent or stated clearly

ANSWERS: 166. specific, 167. deep-seated, 168. greatly, 169. innovation, 170. lifeless, 171. pierced, 172. isolate, 173. underlying

174. The stock prices have _____ in the last hour, causing concern for investors.

v. to fall or drop suddenly and steeply; to decline rapidly or sharply

175. A deep sigh was _____ from his chest.

v. to pull or twist something suddenly or violently

176. The hospital provides _____ care for expectant mothers and their babies.

adj. relating to the period of time immediately before and after a baby's birth, typically including the last weeks of pregnancy and the first few weeks after birth

177. She sought the _____ of her trusted advisor before making a decision.

n. advice or guidance given by a person with specialized knowledge or experience, particularly in a professional or legal context; the act of providing advice or guidance

ANSWERS: 174. plummeted, 175. wrenched, 176. perinatal, 177. counsel