# **Englist.me**

## Vocabulary Builder Reference from...

Dragana Rogulja: How artificial light affects our health | TED Talk

https://www.ted.com/talks/dragana\_rogulja\_how\_artificial\_light\_affects\_our\_health



## **All Words**

#### **IMPORTANT**

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## **Session 1: Word List**

lab

 a workplace for the conduct of scientific research; a laboratory

synonym: workshop, laboratory, research chamber

(1) lab instrument, (2) medical lab

The Prime Minister will pay a courtesy visit to the Nobel laureate's **lab**.

primarily

adv. mainly

synonym: largely, mainly, mostly

(1) intended **primarily** for young people, (2) **primarily** affect adults

All peaceful cooperation is based primarily on mutual trust.

planet

 any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star

synonym: earth, world, globe

(1) **planet** like the Earth, (2) save the **planet** Mercury is the closest **planet** to the sun.

spin

v. to cause something to rotate rapidly; to cause someone to feel dizzy or disoriented

synonym: rotate, twirl, swirl

(1) **spin** a top, (2) **spin** thread out of cotton

The tornado is **spinning** across the countryside, destroying everything in its path.

axis

 a real or imaginary straight line through a body or figure around which the object turns; a group of countries in special alliance

synonym: central, core, pole

(1) vertical axis, (2) a coordinate axis

The earth's **axis** of rotation is tilted 66.5 degrees to the ecliptic plane.

orbit

n. the path of an object around a celestial body, especially a planet, star, or moon, under the influence of gravity.

*synonym*: path, course, trajectory

(1) the **orbit** of the moon, (2) a planetary **orbit** 

The rocket engine is used to put the satellite into orbit.

consequence

 the outcome of a particular action or event, especially relative to an individual

synonym: result, impact, outcome

(1) unintended **consequences**, (2) the **consequence** of an argument

These economic activities had disastrous environmental **consequences**.

exposed

adj. having no protection or shield from something, such as bad weather, attack, or criticism

synonym: endangered, revealed, disclosed

(1) exposed to radiation, (2) an exposed rock

Tech companies often employ **exposed** ducts and other materials in their office interiors.

cycle

n. an interval during which a recurring sequence of events occurs; a bicycle or motorcycle

*synonym*: revolution, rotation, bike

(1) the **cycle** of the seasons, (2) go to the workplace by **cycle** 

The food chain causes a material cycle.

#### washed-out

adj. faded or dim from exposure to light or water; lacking in color, brightness, or vitality; appearing weak, tired, or dispirited

synonym: faded, pale, fatigued

(1) **washed-out** bridge, (2) **washed-out** appearance The **washed-out** colors in the old photograph gave it a nostalgic feeling.

#### solid

adj. hard or firm; characterized by good substantial qualitysynonym: stable, reliable, hard

(1) **solid** ally, (2) **solid** employment measures The **solid-state** of water is called ice.

## composite

adj. made up of different parts, elements, or substances;
 (noun) something made from two or more different substances

synonym: compound, combined, mixed

(1) **composite** materials, (2) a **composite** of different photographs

The **composite** index tracks the performance of multiple stocks in the same sector.

## stunning

adj. causing a strong emotional reaction of admiration, surprise, or shock due to its beauty, rarity, or excellence

synonym: beautiful, breathtaking, magnificent

(1) **stunning** beauty, (2) **stunning** disclosure
The **stunning** sunset took everyone's breath away.

## envelop

- v. to surround and cover completely; to encase synonym: wrap, cover, surround
- (1) **envelop** the whole world, (2) **envelop** her in a bear hug The fog **enveloped** the city, making it difficult to see.

## evolutionary

adj. relating to or denoting how living things develop or change from earlier forms

synonym: developmental, mutative, transformative

(1) ecology and **evolutionary** biology, (2) the **evolutionary** process

**Evolutionary** algorithms can find ways to optimize that humans do not anticipate.

#### suffer

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

synonym: endure, undergo, tolerate

(1) suffer a setback, (2) suffer bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

## earthquake

 a sudden and violent shaking of the ground caused by the movement of rock beneath the earth's surface

synonym: seismic activity, tremor, temblor

(1) an earthquake zone, (2) an earthquake-proof
The violent earthquake caused widespread damage and

injuries throughout the region.

## blackout

 a loss of electric power for a general region; a suspension of radio or TV broadcasting; a momentary loss of consciousness

*synonym*: outage, failure, knockout

(1) media blackout, (2) memory blackout

The nationwide **blackout** caused widespread power outages and disrupted daily life.

#### unobstructed

adj. not blocked or hindered; free from obstacles or impediments

synonym: clear, unrestricted, unblocked

(1) unobstructed airflow, (2) unobstructed path

The hiker enjoyed the **unobstructed** view from the top of the mountain.

trail

a path or track roughly through a countryside, mountain, or forest area, often made or used for a particular purpose; (verb) to lag or linger behind

synonym: footpath, track, course

(1) a warm trail, (2) follow the trail

The storm left a **trail** of destruction behind it.

alien

 a person who comes from a different country, race, or group; a form of life assumed to exist outside the Earth or its atmosphere

synonym: foreigner, unfamiliar, unknown

(1) alien fungi, (2) resident aliens

**Alien** species have drastically altered the ecosystem in this area.

spaceship

 n. (especially in science fiction) a spacecraft designed to carry a crew into interstellar space

*synonym*: starship, rocket, spacecraft

(1) a **spaceship** to survey the moon, (2) alien **spaceship** They launched a crewless **spaceship** into space.

glimpse

 a brief or partial view; the act of seeing something or someone for a very short time or only partly

synonym: glance, peek, sighting

(1) a momentary **glimpse**, (2) passing **glimpse**Our team caught a **glimpse** of the world-class technique in this game.

galaxy

 an independent group of stars, interstellar gas, dark matter, etc., in the universe, bound together by gravity

synonym: star cluster, nebula, star system

(1) elliptic galaxy, (2) a galaxy of famous actors

The Milky Way galaxy has numerous water-bearing planets.

incredible

adj. unbelievable; enormous

synonym: unbelievable, fantastical, inconceivable

(1) incredible amount, (2) at incredible speed

Her response revealed incredible idiocy.

## typical

adj. having the usual characteristics or traits of a specific group of things

synonym: characteristic, usual, distinctive

(1) **typical** leader, (2) fairly **typical** symptoms This artwork is **typical** of her work.

## surrounding

*adj.* that is near or around, or closely encircling something *synonym*: circumferent, encircling, neighboring

(1) **surrounding** areas, (2) a fence **surrounding** a castle The **surrounding** mountains make the city difficult to be invaded.

#### statistics

- the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
- (1) **statistics** for cancer, (2) official **statistics**The **statistics** demonstrate that poverty and unemployment are genuine problems.

## electrify

 to make a machine or system work by using electricity;
 to make someone extremely enthusiastic about or interested in something

synonym: wire, amaze, astonish

(1) **electrify** the audience, (2) **electrify** a manufacturing process

The product developed through years of research continues to **electrify** the market.

## ingenuity

 the quality of inventing things or solving problems in clever new ways

synonym: creativity, invention, originality

(1) the infinite **ingenuity** of man, (2) abound in **ingenuity** Creativity and **ingenuity** are often brought about by extreme concentration.

## wipe

v. to clean or dry something by rubbing with a piece of cloth or paper or one's hand and removing dirt, food, or liquid

synonym: clean, brush, swab

(1) Wipe off dirt, (2) wipe with water

Please wipe your sweat with this towel.

#### sham

 something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

synonym: bogus, counterfeit, fraudulent

(1) a **sham** battle, (2) turn out to be all **sham** 

The data he prepared was completely **sham**.

## magnificent

adj. extremely beautiful and impressive; grand or noble in thought or deed

synonym: splendid, brilliant, exquisite

(1) a **magnificent** plan, (2) a **magnificent** mountain The **magnificent** scene of the glacier is awe-inspiring.

#### flood

a large amount of water flowing beyond its normal limits;
 an overwhelming number or amount

synonym: deluge, downpour, overflow

(1) **flood** advisory, (2) a **flood** of questions

These heavy rains caused flash **floods** on several islands.

## pollution

*n.* the introduction of harmful substances or waste into the natural environment that causes adverse change

synonym: corrosion, deterioration, corruption

(1) environmental **pollution**, (2) high levels of air **pollution**The **pollution** is endangering the local plants and animals.

## biology

- the scientific study of life and the natural processes of living things
- (1) evolutionary **biology**, (2) cell and molecular **biology** In junior high school, we had to dissect a frog in **biology** class.

## synchronize

- v. to happen or cause to happen at the same time or rate synonym: coordinate, accompany, harmonize
- (1) **synchronize** movements, (2) **synchronize** our watches The ball speed will increase when the lower body movements are perfectly **synchronized**.

#### environment

 the natural world such as air, water, and land in which humans, animals, and plants live

synonym: atmosphere, surroundings, climate

environment affairs, (2) chaotic environment
 Every human is responsible for taking care of the Earth's environment.

#### rotation

the action or process of moving in a circle around an axis or center

*synonym*: revolution, spin, turning

(1) job rotation, (2) a period of rotationThe rotation of the Earth causes day and night.

## convey

v. to express ideas, feelings, etc. so that it is known or understood by other people; to carry something from one place to another

synonym: communicate, transfer, deliver

(1) **convey** a complex idea, (2) **convey** goods by truck An ironic remark often **conveys** an intended meaning obliquely.

brain

 the organ inside the head that is responsible for one's movement, thought, memory, and feeling

*synonym*: intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage X-rays revealed a small tumor in his **brain**.

## chiasmatic

adj. pertaining to or forming a cross or X shape; (of biology) relating to the structure of the optic nerve fibers that cross over to the opposite side of the brain

synonym: cross-shaped, intersecting, crisscrossing

(1) chiasmatic structure, (2) chiasmatic vision

The optic nerves cross each other in the **chiasmatic** region of the brain.

#### nucleus

the central and most important part of something;
 (biology) a part of the cell containing DNA and RNA and responsible for growth and reproduction; (physics) the very dense central region of an atom

synonym: core, heart, middle

(1) form a nucleus, (2) the nucleus of a team

DNA is stored in the **nucleus** of a cell.

## visible

adj. capable of being seen; or open to easy view synonym: clear, observable, seeable

(1) visible stars, (2) visible by X-ray

My home is easily **visible** from the shore.

## imagery

n. the use of words or pictures in books, photographs, paintings, etc., that produces pictures in the minds of people; the ability to form mental images of things or events

synonym: metaphors, symbolism, imaging

(1) visual **imagery**, (2) satellite **imagery** 

This movie is famous for its romantic **imagery**.

## visual

adj. relating to seeing or sightsynonym: optical, graphical, visible

(1) visual navigation, (2) field of visual arts

The building makes a remarkable **visual** impact.

## pathway

 a track that constitutes or serves as a path; an approach or a way of doing something

synonym: route, footpath, trail

(1) **pathway** to understanding, (2) cellular signaling **pathways** 

When the first molecule in the **pathway** receives a signal, it

activates other molecules.

## capture

v. to catch a person or an animal and confine them in an area which they cannot escape

synonym: catch, arrest, imprison

(1) **capture** a glimpse, (2) **capture** customers' hearts I was able to **capture** the moment on film.

#### convince

v. to persuade someone or make someone believe that something is true

*synonym*: persuade, win over, convert

(1) **convince** her to go with us, (2) **convince** an opponent I am considering what I should do to **convince** him.

#### external

adj. belonging to or situated outside of someone or something

*synonym*: outside, exterior, foreign

(1) **external** factors, (2) **external** commerce When a company discloses information to the market, an **external** auditor verifies them.

#### alarm

 a loud noise or an automatic signal that warns people of danger; a device that signals the occurrence of some undesirable event or particular danger

synonym: notice, warning, panic

(1) give the **alarm**, (2) an **alarm** clock
The **alarm** announcing an enemy attack went off this morning.

## retain

- v. to keep or continue to possess or maintain something synonym: possess, hold, keep on
- retain information, (2) retain a lawyer
   Computers help people retain specific memories.

## rhythmic

adj. having a pattern of regular beats or a regular beat;characterized by rhythm

synonym: measured, metrical, cadenced

# (1) a **rhythmic** stroking, (2) in a **rhythmic** pace The **rhythmic** sound of the drums was mesmerizing.

## **function**

n. the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose

synonym: purpose, mapping, job

(1) function properly, (2) immune function

The brain is an incredibly complex organ that controls the body's **function**.

## regulate

 to control something, especially by means of rules or laws

*synonym*: control, restrain, handle

(1) **regulate** blood sugar levels, (2) **regulate** our conduct We must manage to **regulate** our expenditure.

## experiment

 the scientific test conducted to observe what happens and gain new knowledge

synonym: experimentation, investigation

(1) experiment design, (2) series of experimentsHis experiments showed highly positive results.

#### fortunate

adj. having good luck or lucky

synonym: fortuitous, lucky, blessed

(1) fortunate situation, (2) less fortunate personHe was pretty fortunate to pass the exam.

## participate

v. to take part in something

synonym: take part, partake, enter

(1) **participate** fully in conversation, (2) **participate** in the program

The majority of students actively participated in the college's

intramural sports program.

zone

 a specific area, region, or section that is marked off or defined in some way

synonym: area, region, territory

(1) time zone, (2) zone defense

He was reluctant to leave his comfort **zone** and try something new.

quote

v. to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services

synonym: cite, reference, mention

(1) quote a source, (2) quote a price

In his speech, he **quoted** a famous philosopher to emphasize his point.

norm

- n. something that is regarded as usual, typical, or standard synonym: criterion, mean, standard
- (1) norm of action, (2) cultural norm

The systems we have developed has accepted as industry **norms**.

align

v. to put or arrange two or more things in a straight line or to form a straight line

synonym: coordinate, regulate, adjust

(1) **align** the economic interest of each other, (2) **align** with a historical trend

Both parties are now entirely ideologically aligned.

schedule

 a list of planned activities, tasks, or things that must be completed showing when they are intended to happen or be done

synonym: agenda, program, itinerary

(1) a heavy **schedule**, (2) arrange my **schedule**So far, the meeting is going according to **schedule**.

#### blink

v. to shut and open the eyes quickly; to gleam or glow in a regular or intermittent way

synonym: twinkle, flash, flicker

(1) **blink** his eyes, (2) **blink** in astonishment He **blinked** in the dazzling sunlight.

## hop

v. to jump lightly and quickly on one foot or both feet; to move rapidly from one place to another; to travel using an aircraft, bus, etc.

synonym: jump, bounce, skip

(1) **hop** on one foot, (2) **hop** from one place to another The rabbit **hopped** over the fence.

#### continent

one of the earth's large landmasses; (adjective)
 abstaining from your feelings, especially your desire to have sex

synonym: landmass, (adjective) chaste, (adjective) pure

(1) the inland of a **continent**, (2) **continent** urinary diversion Flight across the **continent** was a daring adventure in its day.

#### molecular

 adj. of or relating to molecules (= a group of two or more atoms held together by attractive forces known as chemical bonds)

synonym: microscopic, atomic

(1) **molecular** structure, (2) **molecular** biology **Molecular** weight is the sum of all the atoms.

#### oscillate

v. to swing or move back and forth like a pendulum or a wave; to fluctuate or alternate between two points or states; to hesitate or be indecisive

*synonym*: fluctuate, swing, vibrate

(1) **oscillate** back and forth, (2) **oscillate** between joy and anger

The fan in the room **oscillates**, making the airflow more evenly.

## essentially

adv. relating to the essential features or concepts of anything synonym: fundamentally, basically, virtually

(1) **essentially** correct, (2) become **essentially** same **Essentially**, a society is an organism.

#### mammal

- any animal of which the female gives birth to live young, not eggs, and feeds her young on milk from her own body
- (1) a primitive **mammal**, (2) a sort of **mammal**Marine **mammal** populations are declining worldwide due to ocean pollution.

## component

 one of several parts that combines with others to form something bigger

synonym: element, part, factor

- (1) key **component**, (2) spare **components** for cars

  The researchers try to discover a common **component** in all types of successful organizations.
- a light, sharp, repetitive sound or action; a mark indicating that something is correct or has been done; any of two families of small parasitic arachnids with barbed proboscis

synonym: sound, noise, beat

(1) tick of the clock, (2) tick fever

I always put a **tick** mark next to the items on my grocery list after buying them.

tune

tick

 a musical composition or set of musical notes that are played or sung; (verb) to adjust or set something to a specific condition or standard

synonym: melody, harmony, (verb) adjust

(1) the **tune** of a song, (2) **tune** a piano

The band played a beautiful **tune** on their instruments.

## degrade

v. to make something worse, especially in quality; to show or treat someone in a way that makes them seem no

value and do not have the respect or reasonable opinion of others

synonym: demean, disgrace, impair

(1) **degrade** his public image, (2) **degrade** environmental quality

You should not **degrade** yourself by allowing them to use you.

## composition

 the different parts of something's elements or ingredients; the way in which the different components are organized; a piece of music written by someone

*synonym*: creating, formatting, arrangement

(1) age **composition** of the population, (2) the piano passages in the **composition** 

Their innovative concepts were consistent across their bodies of **composition**.

#### instance

- n. a particular example or single occurrence of somethingsynonym: example, sample, illustration
- (1) for instance, (2) notable instance

These articles cite five instances of climate change.

## suppress

v. to bring something under control by force or authority; to put an end by force

synonym: subdue, bury, stifle

(1) **suppress** a yawn, (2) **suppress** a revolt

The doctor prescribed medication to **suppress** the patient's appetite.

## melatonin

- n. a hormone that is produced by the pineal gland in the brain and that helps to regulate sleep-wake cyclessynonym: pineal hormone, sleep hormone, chronobiotic
- (1) disrupt **melatonin** production, (2) **melatonin** receptor A **melatonin** supplement can help regulate sleep-wake cycles in people with insomnia.

#### hormone

- a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood
- (1) hormone secretion, (2) female hormoneThe doctor diagnosed me with a hormone disorder.

## asleep

adj. in a state of sleepsynonym: sleeping, fallen, at rest

(1) asleep at the wheel, (2) dead asleep

He lay down and fell asleep immediately.

### anticancer

adj. relating to the prevention, treatment, or cure of cancer; possessing properties that are thought to prevent or combat cancer

synonym: cancer-fighting, cancer-preventive

(1) effective **anticancer** drug, (2) **anticancer** therapy Scientists have discovered certain plants with **anticancer** properties that could help treat cancer.

#### antioxidant

- n. a substance that inhibits oxidation, especially one used to counteract the deterioration of stored food products
- (1) high levels of **antioxidants**, (2) **antioxidant** behavior Fruits and vegetables are good sources of **antioxidants**.

## sunlight

- n. the light emitted by the sun; the rays of the sun synonym: daylight, rays, sunshine
- a glare of sunlight,
   in direct sunlight
   Radiation from sunlight has a different wavelength.

#### consist

- v. to be composed or made up of synonym: lie in, comprise, exist
- (1) **consist** mainly of cells, (2) **consist** only in knowing facts This examination **consists** of five problems to solve.

## wavelength

- the distance between two points in the same phase in consecutive cycles of a wave
- (1) wavelength of light, (2) long- wavelength laser

White color is made up of many different **wavelengths** of light.

#### elevate

- v. to raise something from a lower to a higher position; to give a promotion to or assign to a higher position
- synonym: lift, heighten, promote
- (1) **elevate** educational standards, (2) **elevate** a close relationship

Eating food in a hurry **elevates** blood glucose levels.

#### mood

- the way you feel at a particular time; an angry or impatient state of mind
- *synonym*: mindset, disposition, temper
- (1) the **mood** in a room, (2) in an ugly **mood**His gaffe spoiled the **mood** of the dinner party.

#### boost

- v. to improve, raise, or increase something
- synonym: raise, advance, promote
- (1) **boost** the economy, (2) **boost** flexibility

The new service helped **boost** net income by 10%.

#### alert

- v. to warn or arouse to a sense of danger; (adjective) paying close attention or being in a state of readiness for action
- synonym: warn, inform, (adjective) vigilant
- (1) **alert** consumers to the dangers, (2) **alert** system The company's cybersecurity team **alerted** the CEO to potential threats.

## sunscreen

- a substance, typically a lotion or spray, that is applied to the skin to protect it from the harmful effects of the sun's ultraviolet (UV) rays
- synonym: sunblock, sun cream, suntan lotion
- (1) **sunscreen** lotion, (2) natural **sunscreen**Wearing **sunscreen** to protect your skin from harmful UV rays is important.

flip

v. to turn over into a different position quickly; to throw or toss with a light motion

*synonym*: throw, jump

(1) flip over the pork chop, (2) flip a coin

He **flipped** when he heard that he had been accepted into the university.

dare

v. to have the courage to do something

*synonym*: challenge, risk, attempt

(1) **dare** not go, (2) **dare** to take risks I wouldn't **dare** to speak to him like that.

normally

adv. usually; under normal conditions

synonym: commonly, generally, naturally

(1) complete **normally**, (2) not **normally** drink much I don't **normally** take a vacation in the middle of summer.

smartphone

- a mobile phone that functions as a computer and connects to the Internet
- (1) **smartphone** app developer, (2) **smartphone** addict Internet traffic volumes have increased significantly with the advent of **smartphones**.

tablet

 a small flat electronic device used for browsing the internet, reading, writing, or playing games; a small, solid pill of medicine

synonym: notepad, pill, medication

(1) a multivitamin **tablet**, (2) **tablet** keyboard

The new **tablet** device has a faster processor and better graphics than its predecessor.

device

 a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic

synonym: gadget, instrument, tool

(1) electronic device, (2) tracking device

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I always carry a backup **device** in case my phone runs out of battery.

#### naive

adj. showing unaffected simplicity and lack of experience, wisdom, or judgment

synonym: innocent, unsophisticated, gullible

(1) naive belief, (2) naive mistake

The con artist's lies quickly took in the **naive** young man.

#### abide

v. to accept or tolerate something or to act in accordance with a rule, decision, recommendation, etc.; to remain in a particular state or condition

synonym: reside, dwell, live

(1) **abide** by a contract, (2) **abide** in the same place They must **abide** by the rules set by the governing body.

## download

v. to transfer data or files from the Internet or computer network to a user's computer or device; (noun) the process of transferring data or information from a remote or central computer to a local computer or device

synonym: load, save, transfer

(1) **download** files from the Internet, (2) **download** the assignment from the website

I need to **download** the latest update for my computer's operating system.

filter

 any of several types of equipment or systems used to separate particles from liquids or gases or to remove specific forms of light

synonym: strainer

(1) gas filter, (2) clogged filter

Ozone is a primary **filter** to protect Earth's surface from harmful UV rays.

## perceive

v. to become aware or conscious of something through the senses

synonym: sense, discern, feel

(1) **perceive** a threat, (2) **perceive** light Australia is widely **perceived** as having low levels of corruption.

#### influence

 the ability to affect someone's or something's character, growth, or behavior, or the effect itself

*synonym*: power, leverage, effect

(1) **influence** a child's future, (2) **influence** the daily life The former emperor had a particular **influence** even after he abdicated.

## deprive

v. to take away something from someone

synonym: deny, take away, divest

(1) **deprive** others of profit, (2) **deprive** him of his status He was **deprived** of his freedom when sentenced to life in prison.

## disconnect

v. to unfasten or disjoin something, especially to break the connection between a supply of gas, water, or electricity and a piece of equipment

synonym: unplug, detach, take apart

disconnect a plug, (2) disconnect the water supply
 She finally decided to disconnect herself from the company.

degree

 a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment

synonym: level, qualification, diploma

bachelor's degree, (2) degree centigrade
 She received her degree in psychology from the university.

## intensify

 to increase or make something increase in extent or strength

*synonym*: amplify, boost, strengthen

(1) **intensify** diplomatic efforts, (2) **intensify** a good relationship

Rebels have pledged to **intensify** the armed struggle against the dictatorship.

#### stimulus

- n. something that causes growth or arouses actionsynonym: incitement, inspiration, motivation
- (1) a response to a **stimulus**, (2) economic **stimulus**This book provides children with ideas and a **stimulus** for outside recreation.

#### react

- v. to take action in response to something synonym: respond, reply, oppose
- (1) **react** at a high temperature, (2) **react** against his way of thinking

How did he **react** to your idea?

#### doctoral

adj. of or relating to doctorate (= the highest degree from a university) or the achievement of a doctorate

synonym: doctorial

(1) **doctoral** program, (2) **doctoral** research

She is pursuing a **doctoral** degree in psychology to become a licensed therapist.

iris

 n. the colored part of the eye that surrounds the pupil; a flower with showy petals, named for its resemblance to the eye's iris

synonym: pupil, diaphragm, aperture

(1) blue iris, (2) iris pattern

The **iris** of the eye contracts and expands to control the amount of light that enters.

## frank

- adj. honest and sincere; open and candid in expressionsynonym: candid, direct, freehearted
- (1) **frank** and open discussion, (2) make a **frank** apology Full involvement means **frank** and prompt responses.

#### barrier

 a fence or other obstruction that makes it hard to move or get in; any condition that makes it difficult to make progress or to achieve an objective

synonym: border, barricade, fence

(1) cost barrier, (2) information barrier

The police placed a **barrier** across the street to halt traffic.

## **fundamental**

adj. forming an essential base or core from which everything else develops or is affected

synonym: basic, essential, entire

(1) **fundamental** education, (2) **fundamental** rights Human behavior has **fundamental** characteristics.

## engage

v. to attract and keep someone's attention and interest; to participate in or obtain services of something

synonym: confront, employ, amuse

- (1) **engage** in environmental protection activities,
- (2) engage a new employee

Many multinational companies are **engaged** in the reconstruction of that country.

#### surround

- v. to be all around something or somebody synonym: encircle, encompass, envelop
- (1) **surround** a town, (2) a stone wall **surrounds** the palace On three sides, mountains **surround** the settlement.

#### internal

*adj.* of or relating to the inside of something *synonym*: interior, inner, domestic

(1) internal organs, (2) the internal economy

The prime minister canceled visits to other countries to resolve **internal** disputes.

#### relevance

 the state or degree of being closely connected or appropriate to the matter at hand

*synonym*: pertinence, applicability, connection

(1) have no **relevance**, (2) **relevance** category

The **relevance** of this information to the current situation needs to be investigated.

#### interface

 n. (computer science) a program that controls a display for the user and that allows the user to interact with the system; (chemistry) a surface forming a common boundary between two things

synonym: junction, surface, UI

- (1) **interface** between gas and liquid, (2) the user **interface** Detergent weakens the surface tension at the **interface** of two liquids.
- v. to develop gradually, or to cause the development of something or someone gradually

synonym: develop, mature, grow

(1) **evolve**, (2) **evolve** over the past decade Eyeless fish **evolved** in dark caves.

## develop

evolve

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

synonym: evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

## expose

v. to show something by uncovering it; to make something accessible to some action or influence

*synonym*: disclose, reveal, uncover

(1) **expose** a crime, (2) **expose** a person to risks

That newspaper **exposed** a political scandal in a big way.

#### interfere

v. to get involved in and prevent a process or activity from continuing

*synonym*: interpose, interrupt, hamper

(1) **interfere** in another country's affairs, (2) **interfere** with DNA synthesis

Your talking **interferes** with my work.

## exposure

 the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret

synonym: vulnerability, disclosure, uncovering

(1) a southern **exposure**, (2) the **exposure** of a fraud The long **exposure** to the air tarnished the antique tableware.

## unfortunately

adv. by bad luck; unluckily

synonym: regrettably, unluckily, alas

(1) **unfortunately** caught in a shower, (2) even more **unfortunately** 

The treatments were done but, **unfortunately**, were unsuccessful.

## **Session 2: Spelling**

1.	mein receptor	n.	a hormone that is produced by the pineal gland in the brain and that helps to regulate sleep-wake cycles
2.	cultural nm	n.	something that is regarded as usual, typical, or standard
3.	exe a person to risks	v.	to show something by uncovering it; to make something accessible to some action or influence
4.	elfy a manufacturing process	ν.	to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something
5.	h_p on one foot	ν.	to jump lightly and quickly on one foot or both feet; to move rapidly from one place to another; to travel using an aircraft, bus, etc.
6.	oste back and forth	v.	to swing or move back and forth like a pendulum or a wave; to fluctuate or alternate between two points or states; to hesitate or be indecisive
7.	synze our watches	v.	to happen or cause to happen at the same time or rate
8.	a glare of suht	n.	the light emitted by the sun; the rays of the sun
9.	intended prly for young people	adv.	mainly

ANSWERS: 1. melatonin, 2. norm, 3. expose, 4. electrify, 5. hop, 6. oscillate, 7. synchronize, 8. sunlight, 9. primarily

10. eve		ν.	to develop gradually, or to cause the development of something or someone gradually
11. econom	nic stus	n.	something that causes growth or arouses action
12. job ro	on	n.	the action or process of moving in a circle around an axis or center
13. syn	ze movements	v.	to happen or cause to happen at the same time or rate
14. not no_	ly drink much	adv.	usually; under normal conditions
15. medical	I_b	n.	a workplace for the conduct of scientific research; a laboratory
16. the infin	ite inty of man	n.	the quality of inventing things or solving problems in clever new ways
17. is pa	ttern	n.	the colored part of the eye that surrounds the pupil; a flower with showy petals, named for its resemblance to the eye's iris
18. field of	vil arts	adj.	relating to seeing or sight
19. vie	e by X-ray	adj.	capable of being seen; or open to easy view
20. the user	r ince	n.	(computer science) a program that controls a display for the user and that allows the user to interact with the system; (chemistry) a surface forming a common boundary between two things
21. su	_en lotion	n.	a substance, typically a lotion or spray, that is applied to the skin to protect it from the harmful effects of the sun's ultraviolet (UV) rays

ANSWERS: 10. evolve, 11. stimulus, 12. rotation, 13. synchronize, 14. normally, 15. lab, 16. ingenuity, 17. iris, 18. visual, 19. visible, 20. interface, 21. sunscreen

22.	chiic structure	adj.	pertaining to or forming a cross or X shape; (of biology) relating to the structure of the optic nerve fibers that cross over to the opposite side of the brain
23.	follow the trI	n.	a path or track roughly through a countryside, mountain, or forest area, often made or used for a particular purpose; (verb) to lag or linger behind
24.	pay to understanding	n.	a track that constitutes or serves as a path; an approach or a way of doing something
25.	an earke-proof	n.	a sudden and violent shaking of the ground caused by the movement of rock beneath the earth's surface
26.	the cye of the seasons	n.	an interval during which a recurring sequence of events occurs; a bicycle or motorcycle
27.	abound in inty	n.	the quality of inventing things or solving problems in clever new ways
28.	an alm clock	n.	a loud noise or an automatic signal that warns people of danger; a device that signals the occurrence of some undesirable event or particular danger
29.	in a rhic pace	adj.	having a pattern of regular beats or a regular beat; characterized by rhythm
30.	sn thread out of cotton	v.	to cause something to rotate rapidly; to cause someone to feel dizzy or disoriented

ANSWERS: 22. chiasmatic, 23. trail, 24. pathway, 25. earthquake, 26. cycle, 27. ingenuity, 28. alarm, 29. rhythmic, 30. spin

31.	a rhic stroking	adj.	having a pattern of regular beats or a regular beat; characterized by rhythm
32.	go to the workplace by cye	n.	an interval during which a recurring sequence of events occurs; a bicycle or motorcycle
33.	visual imy	n.	the use of words or pictures in books, photographs, paintings, etc., that produces pictures in the minds of people; the ability to form mental images of things or events
34.	peve light	<i>v</i> .	to become aware or conscious of something through the senses
35.	aln the economic interest of each other	<i>v</i> .	to put or arrange two or more things in a straight line or to form a straight line
36.	rete our conduct	ν.	to control something, especially by means of rules or laws
37.	the evoary process	adj.	relating to or denoting how living things develop or change from earlier forms
38.	wasut appearance	adj.	faded or dim from exposure to light or water; lacking in color, brightness, or vitality; appearing weak, tired, or dispirited
39.	peve a threat	<i>v</i> .	to become aware or conscious of something through the senses
40.	dee his public image	v.	to make something worse, especially in quality; to show or treat someone in a way that makes them seem no value and do not have the respect or reasonable opinion of others

а

ANSWERS: 31. rhythmic, 32. cycle, 33. imagery, 34. perceive, 35. align, 36. regulate, 37. evolutionary, 38. washed-out, 39. perceive, 40. degrade

41.	dep a skill	v.	to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
42.	de to take risks	<i>v</i> .	to have the courage to do something
43.	cot mainly of cells	<i>v</i> .	to be composed or made up of
44.	the conce of an argument	n.	the outcome of a particular action or event, especially relative to an individual
45.	immune fuon	n.	the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose
46.	less fote person	adj.	having good luck or lucky
47.	blue is	n.	the colored part of the eye that surrounds the pupil; a flower with showy petals, named for its resemblance to the eye's iris
48.	fote situation	adj.	having good luck or lucky
49.	wasut bridge	adj.	faded or dim from exposure to light or water; lacking in color, brightness, or vitality; appearing weak, tired, or dispirited

ANSWERS: 41. develop, 42. dare, 43. consist, 44. consequence, 45. function, 46. fortunate, 47. iris, 48. fortunate, 49. washed-out

50.	We off dirt	<i>v</i> .	to clean or dry something by rubbing with a piece of cloth or paper or one's hand and removing dirt, food, or liquid
51.	information bar	n.	a fence or other obstruction that makes it hard to move or get in; any condition that makes it difficult to make progress or to achieve an objective
52.	f_p over the pork chop	<i>v</i> .	to turn over into a different position quickly; to throw or toss with a light motion
53.	fairly tyI symptoms	adj.	having the usual characteristics or traits of a specific group of things
54.	stng disclosure	adj.	causing a strong emotional reaction of admiration, surprise, or shock due to its beauty, rarity, or excellence
55.	sur bad grades	ν.	to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
56.	series of expnts	<i>n</i> .	the scientific test conducted to observe what happens and gain new knowledge
57.	unoted airflow	adj.	not blocked or hindered; free from obstacles or impediments
58.	bachelor's dee	n.	a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment
59.	cae customers' hearts	<i>v</i> .	to catch a person or an animal and confine them in an area which they cannot escape

ANSWERS: 50. wipe, 51. barrier, 52. flip, 53. typical, 54. stunning, 55. suffer, 56. experiment, 57. unobstructed, 58. degree, 59. capture

to repeat or reproduce the words or 60. qu e a price ν. statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services to grow or expand; to improve or refine 61. de\_\_\_\_p a strategy through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created to turn over into a different position 62. f\_\_p a coin quickly; to throw or toss with a light motion 63. vertical a s n.

64. ho e secretion

65. a multivitamin ta t

66. resident al ns

- a real or imaginary straight line through a body or figure around which the object turns; a group of countries in special alliance
- n. a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood
- a small flat electronic device used for browsing the internet, reading, writing, or playing games; a small, solid pill of medicine
- a person who comes from a different country, race, or group; a form of life assumed to exist outside the Earth or its atmosphere

ANSWERS: 60. quote, 61. develop, 62. flip, 63. axis, 64. hormone, 65. tablet, 66. alien

67.	expnt design	n.	the scientific test conducted to observe what happens and gain new knowledge
68.	a fld of questions	n.	a large amount of water flowing beyond its normal limits; an overwhelming number or amount
69.	a southern exre	n.	the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret
70.	abe by a contract	ν.	to accept or tolerate something or to act in accordance with a rule, decision, recommendation, etc.; to remain in a particular state or condition
71.	ren a lawyer	<i>v</i> .	to keep or continue to possess or maintain something
72.	a planetary ort	n.	the path of an object around a celestial body, especially a planet, star, or moon, under the influence of gravity.
73.	smane app developer	n.	a mobile phone that functions as a computer and connects to the Internet
74.	stng beauty	adj.	causing a strong emotional reaction of admiration, surprise, or shock due to its beauty, rarity, or excellence
75.	female hoe	n.	a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood

ANSWERS: 67. experiment, 68. flood, 69. exposure, 70. abide, 71. retain, 72. orbit, 73. smartphone, 74. stunning, 75. hormone

76.	chiic vision	adj.	pertaining to or forming a cross or X shape; (of biology) relating to the structure of the optic nerve fibers that cross over to the opposite side of the brain
77.	dee him of his status	v.	to take away something from someone
78.	the nus of a team	n.	the central and most important part of something; (biology) a part of the cell containing DNA and RNA and responsible for growth and reproduction; (physics) the very dense central region of an atom
79.	doal program	adj.	of or relating to doctorate (= the highest degree from a university) or the achievement of a doctorate
80.	ecology and evoary biology	adj.	relating to or denoting how living things develop or change from earlier forms
81.	at incle speed	adj.	unbelievable; enormous
82.	prly affect adults	adv.	mainly
83.	rete blood sugar levels	v.	to control something, especially by means of rules or laws
84.	ret at a high temperature	<i>v</i> .	to take action in response to something
85.	long-wavth laser	n.	the distance between two points in the same phase in consecutive cycles of a wave
86.	stacs for cancer	n.	the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

ANSWERS: 76. chiasmatic, 77. deprive, 78. nucleus, 79. doctoral, 80. evolutionary, 81. incredible, 82. primarily, 83. regulate, 84. react, 85. wavelength, 86. statistics

87. cell and molecular biy	n.	the scientific study of life and the natural processes of living things
88. nae belief	adj.	showing unaffected simplicity and lack of experience, wisdom, or judgment
89. blk in astonishment	v.	to shut and open the eyes quickly; to gleam or glow in a regular or intermittent way
90. rece category	n.	the state or degree of being closely connected or appropriate to the matter at hand
91. cote materials	adj.	made up of different parts, elements, or substances; (noun) something made from two or more different substances
92. ince the daily life	n.	the ability to affect someone's or something's character, growth, or behavior, or the effect itself
93. natural suen	n.	a substance, typically a lotion or spray, that is applied to the skin to protect it from the harmful effects of the sun's ultraviolet (UV) rays
94. asp at the wheel	adj.	in a state of sleep
95. we with water	ν.	to clean or dry something by rubbing with a piece of cloth or paper or one's hand and removing dirt, food, or liquid
96. unoted path	adj.	not blocked or hindered; free from obstacles or impediments
97. effective anter drug	adj.	relating to the prevention, treatment, or cure of cancer; possessing properties that are thought to prevent or combat cancer

ANSWERS: 87. biology, 88. naive, 89. blink, 90. relevance, 91. composite, 92. influence, 93. sunscreen, 94. asleep, 95. wipe, 96. unobstructed, 97. anticancer

98. a period of roon	n.	the action or process of moving in a circle around an axis or center
99. funal education	adj.	forming an essential base or core from which everything else develops or is affected
100. clogged fir	n.	any of several types of equipment or systems used to separate particles from liquids or gases or to remove specific forms of light
101. in direct suht	n.	the light emitted by the sun; the rays of the sun
102. sod ally	adj.	hard or firm; characterized by good substantial quality
103. exal factors	adj.	belonging to or situated outside of someone or something
104. a sort of maI	n.	any animal of which the female gives birth to live young, not eggs, and feeds her young on milk from her own body
105. the inland of a cont	n.	one of the earth's large landmasses; (adjective) abstaining from your feelings, especially your desire to have sex
106. moar biology	adj.	of or relating to molecules (= a group of two or more atoms held together by attractive forces known as chemical bonds)
107. evolutionary biy	n.	the scientific study of life and the natural processes of living things
108. disrupt mein production	n.	a hormone that is produced by the pineal gland in the brain and that helps to regulate sleep-wake cycles

ANSWERS: 98. rotation, 99. fundamental, 100. filter, 101. sunlight, 102. solid, 103. external, 104. mammal, 105. continent, 106. molecular, 107. biology, 108. melatonin

109. a response to a stus	n.	something that causes growth or arouses action		
110. moar structure	adj.	of or relating to molecules (= a group of two or more atoms held together by attractive forces known as chemical bonds)		
111. bot flexibility	<i>v</i> .	to improve, raise, or increase something		
112. a primitive maI	n.	any animal of which the female gives birth to live young, not eggs, and feeds her young on milk from her own body		
113. give the alm	n.	a loud noise or an automatic signal that warns people of danger; a device that signals the occurrence of some undesirable event or particular danger		
114. infy diplomatic efforts	<i>v</i> .	to increase or make something increase in extent or strength		
115. doad the assignment from the website	ν.	to transfer data or files from the Internet or computer network to a user's computer or device; (noun) the process of transferring data or information from a remote or central computer to a local computer or device		
116. te a piano	n.	a musical composition or set of musical notes that are played or sung; (verb) to adjust or set something to a specific condition or standard		
117. blk his eyes	<i>v</i> .	to shut and open the eyes quickly; to gleam or glow in a regular or intermittent way		
ANSWERS: 109. stimulus, 110. molecular, 111. boost, 112. mammal, 113. alarm, 114. intensify, 115. download, 116. tune, 117. blink				

118. ince a child's future	n.	the ability to affect someone's or something's character, growth, or behavior, or the effect itself
119. satellite imy	n.	the use of words or pictures in books, photographs, paintings, etc., that produces pictures in the minds of people; the ability to form mental images of things or events
120. parte fully in conversation	v.	to take part in something
121. become essly same	adv.	relating to the essential features or concepts of anything
122. tracking dee	n.	a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic
123. official stacs	n.	the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
124. doal research	adj.	of or relating to doctorate (= the highest degree from a university) or the achievement of a doctorate
125. the exre of a fraud	n.	the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret
126. arrange my scle	n.	a list of planned activities, tasks, or things that must be completed showing when they are intended to happen or be done

ANSWERS: 118. influence, 119. imagery, 120. participate, 121. essentially, 122. device, 123. statistics, 124. doctoral, 125. exposure, 126. schedule

127. smane addict	n.	a mobile phone that functions as a computer and connects to the Internet
128. dee centigrade	n.	a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment
129. exd to radiation	adj.	having no protection or shield from something, such as bad weather, attack, or criticism
130. cellular signaling pays	n.	a track that constitutes or serves as a path; an approach or a way of doing something
131. high levels of air poon	n.	the introduction of harmful substances or waste into the natural environment that causes adverse change
132. suss a revolt	ν.	to bring something under control by force or authority; to put an end by force
133. wavth of light	n.	the distance between two points in the same phase in consecutive cycles of a wave
134. oste between joy and anger	ν.	to swing or move back and forth like a pendulum or a wave; to fluctuate or alternate between two points or states; to hesitate or be indecisive
135. aln fungi	n.	a person who comes from a different country, race, or group; a form of life assumed to exist outside the Earth or its atmosphere
136. form a nus	n.	the central and most important part of something; (biology) a part of the cell containing DNA and RNA and responsible for growth and reproduction; (physics) the very dense

ANSWERS: 127. smartphone, 128. degree, 129. exposed, 130. pathway, 131. pollution, 132. suppress, 133. wavelength, 134. oscillate, 135. alien, 136. nucleus

central region of an atom

137. in\_\_\_\_re in another country's to get involved in and prevent a process ν. or activity from continuing affairs 138. fl d advisory a large amount of water flowing beyond n. its normal limits; an overwhelming number or amount 139. n m of action something that is regarded as usual, n. typical, or standard to cause something to rotate rapidly; to 140. s n a top cause someone to feel dizzy or disoriented adj. honest and sincere; open and candid in 141. fr k and open discussion expression a workplace for the conduct of scientific 142. I b instrument research; a laboratory adj. hard or firm; characterized by good 143. so d employment measures substantial quality adj. having no protection or shield from 144. an ex d rock something, such as bad weather, attack, or criticism to show something by uncovering it; to 145. ex e a crime make something accessible to some action or influence a particular example or single 146. notable in\_\_\_ce occurrence of something 147. ab e in the same place to accept or tolerate something or to act ν. in accordance with a rule, decision, recommendation, etc.; to remain in a particular state or condition

ANSWERS: 137. interfere, 138. flood, 139. norm, 140. spin, 141. frank, 142. lab, 143. solid, 144. exposed, 145. expose, 146. instance, 147. abide

148. a stone wall sunds the palace	v.	to be all around something or somebody
149. a gay of famous actors	n.	an independent group of stars, interstellar gas, dark matter, etc., in the universe, bound together by gravity
150. unintended conces	n.	the outcome of a particular action or event, especially relative to an individual
151. enp her in a bear hug	v.	to surround and cover completely; to encase
152. the te of a song	n.	a musical composition or set of musical notes that are played or sung; (verb) to adjust or set something to a specific condition or standard
153. ele educational standards	ν.	to raise something from a lower to a higher position; to give a promotion to or assign to a higher position
154. incle amount	adj.	unbelievable; enormous
155. a warm trl	n.	a path or track roughly through a countryside, mountain, or forest area, often made or used for a particular purpose; (verb) to lag or linger behind
156. aln with a historical trend	v.	to put or arrange two or more things in a straight line or to form a straight line
157. coce her to go with us	v.	to persuade someone or make someone believe that something is true
158. inre with DNA synthesis	v.	to get involved in and prevent a process or activity from continuing

ANSWERS: 148. surround, 149. galaxy, 150. consequence, 151. envelop, 152. tune, 153. elevate, 154. incredible, 155. trail, 156. align, 157. convince, 158. interfere

159. the md in a room	n.	the way you feel at a particular time; an angry or impatient state of mind
160. memory blut	n.	a loss of electric power for a general region; a suspension of radio or TV broadcasting; a momentary loss of consciousness
161. high levels of antnts	n.	a substance that inhibits oxidation, especially one used to counteract the deterioration of stored food products
162. viI navigation	adj.	relating to seeing or sight
163. tyI leader	adj.	having the usual characteristics or traits of a specific group of things
164. time ze	n.	a specific area, region, or section that is marked off or defined in some way
165. the ort of the moon	n.	the path of an object around a celestial body, especially a planet, star, or moon, under the influence of gravity.
166. coy a complex idea	ν.	to express ideas, feelings, etc. so that it is known or understood by other people; to carry something from one place to another
167. for ince	n.	a particular example or single occurrence of something
168. inal organs	adj.	of or relating to the inside of something
169. suss a yawn	v.	to bring something under control by force or authority; to put an end by force
170. tk fever	n.	a light, sharp, repetitive sound or action; a mark indicating that something is correct or has been done; any of two families of small parasitic arachnids with barbed proboscis

ANSWERS: 159. mood, 160. blackout, 161. antioxidant, 162. visual, 163. typical, 164. zone, 165. orbit, 166. convey, 167. instance, 168. internal, 169. suppress, 170. tick

171. que a source	v.	to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services
172. ene a new employee	<i>v</i> .	to attract and keep someone's attention and interest; to participate in or obtain services of something
173. turn out to be all sm	n.	something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
174. chaotic envnt	n.	the natural world such as air, water, and land in which humans, animals, and plants live
175. ze defense	n.	a specific area, region, or section that is marked off or defined in some way
176. unfely caught in a shower	adv.	by bad luck; unluckily
177. spare conts for cars	n.	one of several parts that combines with others to form something bigger
178. an earke zone	n.	a sudden and violent shaking of the ground caused by the movement of rock beneath the earth's surface
179. save the plt	n.	any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
180. complete noly	adv.	usually; under normal conditions

ANSWERS: 171. quote, 172. engage, 173. sham, 174. environment, 175. zone, 176. unfortunately, 177. component, 178. earthquake, 179. planet, 180. normally

181. in an ugly md	n.	the way you feel at a particular time; an angry or impatient state of mind
182. dee environmental quality	v.	to make something worse, especially in quality; to show or treat someone in a way that makes them seem no value and do not have the respect or reasonable opinion of others
183. sur a setback	ν.	to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
184. anter therapy	adj.	relating to the prevention, treatment, or cure of cancer; possessing properties that are thought to prevent or combat cancer
185. elliptic gay	n.	an independent group of stars, interstellar gas, dark matter, etc., in the universe, bound together by gravity
186. a fence surng a castle	adj.	that is near or around, or closely encircling something
187. cont urinary diversion	n.	one of the earth's large landmasses; (adjective) abstaining from your feelings, especially your desire to have sex
188. electronic dee	n.	a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic
189. nae mistake	adj.	showing unaffected simplicity and lack of experience, wisdom, or judgment

ANSWERS: 181. mood, 182. degrade, 183. suffer, 184. anticancer, 185. galaxy, 186. surrounding, 187. continent, 188. device, 189. naive

190. a sm battle	n.	something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
191. alt consumers to the dangers	v.	to warn or arouse to a sense of danger; (adjective) paying close attention or being in a state of readiness for action
192. ret against his way of thinking	<i>v</i> .	to take action in response to something
193. ince between gas and liquid	n.	(computer science) a program that controls a display for the user and that allows the user to interact with the system; (chemistry) a surface forming a common boundary between two things
194. age comon of the population	n.	the different parts of something's elements or ingredients; the way in which the different components are organized; a piece of music written by someone
195. ele a close relationship	v.	to raise something from a lower to a higher position; to give a promotion to or assign to a higher position
196. elfy the audience	v.	to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something
197. fuon properly	n.	the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose

ANSWERS: 190. sham, 191. alert, 192. react, 193. interface, 194. composition, 195. elevate, 196. electrify, 197. function

198.	essly correct	adv.	relating to the essential features or concepts of anything
199.	ene in environmental protection activities	v.	to attract and keep someone's attention and interest; to participate in or obtain services of something
200.	bot the economy	<i>v</i> .	to improve, raise, or increase something
201.	have no rece	n.	the state or degree of being closely connected or appropriate to the matter at hand
202.	tat keyboard	n.	a small flat electronic device used for browsing the internet, reading, writing, or playing games; a small, solid pill of medicine
203.	the piano passages in the comon	n.	the different parts of something's elements or ingredients; the way in which the different components are organized; a piece of music written by someone
204.	media blut	n.	a loss of electric power for a general region; a suspension of radio or TV broadcasting; a momentary loss of consciousness
205.	coy goods by truck	<i>v</i> .	to express ideas, feelings, etc. so that it is known or understood by other people to carry something from one place to another
206.	envnt affairs	n.	the natural world such as air, water, and land in which humans, animals, and plants live

ANSWERS: 198. essentially, 199. engage, 200. boost, 201. relevance, 202. tablet, 203. composition, 204. blackout, 205. convey, 206. environment

207. dee others of profit	ν.	to take away something from someone
208. exal commerce	adj.	belonging to or situated outside of someone or something
209. a heavy scle	n.	a list of planned activities, tasks, or things that must be completed showing when they are intended to happen or be done
210. sund a town	<i>v</i> .	to be all around something or somebody
211. funal rights	adj.	forming an essential base or core from which everything else develops or is affected
212. dead asp	adj.	in a state of sleep
213. alt system	v.	to warn or arouse to a sense of danger; (adjective) paying close attention or being in a state of readiness for action
214. alien spip	n.	(especially in science fiction) a spacecraft designed to carry a crew into interstellar space
215. the inal economy	adj.	of or relating to the inside of something
216. disct a plug	v.	to unfasten or disjoin something, especially to break the connection between a supply of gas, water, or electricity and a piece of equipment
217. h_p from one place to another	v.	to jump lightly and quickly on one foot or both feet; to move rapidly from one place to another; to travel using an aircraft, bus, etc.

ANSWERS: 207. deprive, 208. external, 209. schedule, 210. surround, 211. fundamental, 212. asleep, 213. alert, 214. spaceship, 215. internal, 216. disconnect, 217. hop

218. eve over the past decade	<i>v</i> .	to develop gradually, or to cause the development of something or someone gradually
219. coce an opponent	<i>v</i> .	to persuade someone or make someone believe that something is true
220. infy a good relationship	<i>v</i> .	to increase or make something increase in extent or strength
221. a magnt mountain	adj.	extremely beautiful and impressive; grand or noble in thought or deed
222. key cont	n.	one of several parts that combines with others to form something bigger
223. ren information	<i>v</i> .	to keep or continue to possess or maintain something
224. cot only in knowing facts	<i>v</i> .	to be composed or made up of
225. enp the whole world	<i>v</i> .	to surround and cover completely; to encase
226. antnt behavior	n.	a substance that inhibits oxidation, especially one used to counteract the deterioration of stored food products
227. a momentary gle	n.	a brief or partial view; the act of seeing something or someone for a very short time or only partly
228. even more unfely	adv.	by bad luck; unluckily
229. cost bar	n.	a fence or other obstruction that makes it hard to move or get in; any condition that makes it difficult to make progress or to achieve an objective
230. basic brn function	n.	the organ inside the head that is responsible for one's movement, thought, memory, and feeling
ANSWERS: 218. evolve, 219. convince, 22	20. ir	ntensify, 221. magnificent, 222.

ANSWERS: 218. evolve, 219. convince, 220. intensify, 221. magnificent, 222. component, 223. retain, 224. consist, 225. envelop, 226. antioxidant, 227. glimpse, 228. unfortunately, 229. barrier, 230. brain

231. a spip to survey the moon	n.	(especially in science fiction) a spacecraft designed to carry a crew into interstellar space
232. surng areas	adj.	that is near or around, or closely encircling something
233. disct the water supply	v.	to unfasten or disjoin something, especially to break the connection between a supply of gas, water, or electricity and a piece of equipment
234. permanent brn damage	n.	the organ inside the head that is responsible for one's movement, thought, memory, and feeling
235. doad files from the Internet	ν.	to transfer data or files from the Internet or computer network to a user's computer or device; (noun) the process of transferring data or information from a remote or central computer to a local computer or device
236. a magnt plan	adj.	extremely beautiful and impressive; grand or noble in thought or deed
237. passing gle	n.	a brief or partial view; the act of seeing something or someone for a very short time or only partly
238. environmental poon	n.	the introduction of harmful substances or waste into the natural environment that causes adverse change
239. a coordinate as	n.	a real or imaginary straight line through a body or figure around which the object turns; a group of countries in special alliance

ANSWERS: 231. spaceship, 232. surrounding, 233. disconnect, 234. brain, 235. download, 236. magnificent, 237. glimpse, 238. pollution, 239. axis

240. plt like the Earth	n.	any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
241. a cote of different photographs	adj.	made up of different parts, elements, or substances; (noun) something made from two or more different substances
242. tk of the clock	n.	a light, sharp, repetitive sound or action; a mark indicating that something is correct or has been done; any of two families of small parasitic arachnids with barbed proboscis
243. make a fr_k apology	adj.	honest and sincere; open and candid in expression
244. gas fir	n.	any of several types of equipment or systems used to separate particles from liquids or gases or to remove specific forms of light
245. parte in the program	<i>v</i> .	to take part in something
246. de not go	v.	to have the courage to do something
247. vie stars	adj.	capable of being seen; or open to easy view
248. cae a glimpse	v.	to catch a person or an animal and confine them in an area which they cannot escape

ANSWERS: 240. planet, 241. composite, 242. tick, 243. frank, 244. filter, 245. participate, 246. dare, 247. visible, 248. capture

## **Session 3: Fill in the Blanks**

1.	. Ozone is a primary to protect Earth's surface from harmful UV r	ays.
n.	<ul> <li>any of several types of equipment or systems used to separate particl liquids or gases or to remove specific forms of light</li> </ul>	es from
2.	. The optic nerves cross each other in the region of the brai	n.
adj	adj. pertaining to or forming a cross or X shape; (of biology) relating to the of the optic nerve fibers that cross over to the opposite side of the bra	
3.	. The con artist's lies quickly took in the young man.	
adj	adj. showing unaffected simplicity and lack of experience, wisdom, or judg	ment
4.	. He in the dazzling sunlight.	
<i>v</i> .	v. to shut and open the eyes quickly; to gleam or glow in a regular or into way	ermittent
5.	. I wouldn't to speak to him like that.	
v.	v. to have the courage to do something	
6.	. Our team caught a of the world-class technique in this game.	
n.	<ul> <li>a brief or partial view; the act of seeing something or someone for a view time or only partly</li> </ul>	ery short
7.	. My home is easily from the shore.	
adj	adj. capable of being seen; or open to easy view	
8.	. DNA is stored in the of a cell.	
n.	the central and most important part of something; (biology) a part of the containing DNA and RNA and responsible for growth and reproduction (physics) the very dense central region of an atom	
	ANSWERS: 1. filter, 2. chiasmatic, 3. naive, 4. blinked, 5. dare, 6. glimpse, s. nucleus	7. visible

9.	How did he to your idea?
ν.	to take action in response to something
10.	The sound of the drums was mesmerizing.
adj	having a pattern of regular beats or a regular beat; characterized by rhythm
11.	Wearing to protect your skin from harmful UV rays is important.
n.	a substance, typically a lotion or spray, that is applied to the skin to protect it from the harmful effects of the sun's ultraviolet (UV) rays
12.	Eating food in a hurry blood glucose levels.
<i>v</i> .	to raise something from a lower to a higher position; to give a promotion to or assign to a higher position
13.	The older man from arthritis and finds it difficult to move around.
v.	to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
14.	Eyeless fish in dark caves.
v.	to develop gradually, or to cause the development of something or someone gradually
15.	I need to the latest update for my computer's operating system.
v.	to transfer data or files from the Internet or computer network to a user's computer or device; (noun) the process of transferring data or information from a remote or central computer to a local computer or device
16.	The long to the air tarnished the antique tableware.
n.	the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret
	SWERS: 9. react, 10. rhythmic, 11. sunscreen, 12. elevates, 13. suffers, 14. blved, 15. download, 16. exposure

17. Full involvement means and prompt responses.
adj. honest and sincere; open and candid in expression
18. An ironic remark often an intended meaning obliquely.
v. to express ideas, feelings, etc. so that it is known or understood by other people; to carry something from one place to another
19. The index tracks the performance of multiple stocks in the same sector.
adj. made up of different parts, elements, or substances; (noun) something made from two or more different substances
20. Your talking with my work.
v. to get involved in and prevent a process or activity from continuing
21. Scientists have discovered certain plants with properties that could help treat cancer.
adj. relating to the prevention, treatment, or cure of cancer; possessing properties that are thought to prevent or combat cancer
22. The Milky Way has numerous water-bearing planets.
<ul> <li>an independent group of stars, interstellar gas, dark matter, etc., in the universe, bound together by gravity</li> </ul>
23. The ball speed will increase when the lower body movements are perfectly
v. to happen or cause to happen at the same time or rate
24. On three sides, mountains the settlement.
v. to be all around something or somebody
ANSWERS: 17. frank, 18. conveys, 19. composite, 20. interferes, 21. anticancer, 22 galaxy, 23. synchronized, 24. surround

ANSWERS: 25. device, 26. spaceship, 27. oscillates, 28. develop, 29. capture, 30. visual, 31. degrade

ANSWERS: 32. doctoral, 33. tablet, 34. degree, 35. suppress, 36. mood, 37. continent, 38. earthquake, 39. engaged

40. The brain is an incredibly complex organ that controls the body's
n. the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose
41. I don't take a vacation in the middle of summer.
adv. usually; under normal conditions
42. Human behavior has characteristics.
adj. forming an essential base or core from which everything else develops or is affected
43. That newspaper a political scandal in a big way.
v. to show something by uncovering it; to make something accessible to some action or influence
44. He when he heard that he had been accepted into the university.
$\nu$ . to turn over into a different position quickly; to throw or toss with a light motion
45. The colors in the old photograph gave it a nostalgic feeling.
adj. faded or dim from exposure to light or water; lacking in color, brightness, or vitality; appearing weak, tired, or dispirited
46. I always put a mark next to the items on my grocery list after buying them.
n. a light, sharp, repetitive sound or action; a mark indicating that something is correct or has been done; any of two families of small parasitic arachnids with barbed proboscis
ANSWERS: 40. function, 41. normally, 42. fundamental, 43. exposed, 44. flipped, 45 washed-out, 46. tick

ANSWERS: 47. unobstructed, 48. fortunate, 49. smartphones, 50. cycle, 51. stunning, 52. tune, 53. asleep, 54. pollution

the introduction of harmful substances or waste into the natural environment

54. The \_\_\_\_\_ is endangering the local plants and animals.

that causes adverse change

ANSWERS: 63. axis, 64. aligned, 65. imagery, 66. antioxidants, 67. wavelengths, 68. lab, 69. Evolutionary, 70. internal

adj. relating to or denoting how living things develop or change from earlier forms

70. The prime minister canceled visits to other countries to resolve \_\_\_\_\_

anticipate.

disputes.

adj. of or relating to the inside of something

71. The of the eye contracts and expands to control the amount of light that enters.
n. the colored part of the eye that surrounds the pupil; a flower with showy petals, named for its resemblance to the eye's iris
72. The tornado is across the countryside, destroying everything in its path.
v. to cause something to rotate rapidly; to cause someone to feel dizzy or disoriented
73 weight is the sum of all the atoms.
adj. of or relating to molecules (= a group of two or more atoms held together by attractive forces known as chemical bonds)
74 a society is an organism.
adv. relating to the essential features or concepts of anything
75. Radiation from has a different wavelength.
n. the light emitted by the sun; the rays of the sun
76. His showed highly positive results.
n. the scientific test conducted to observe what happens and gain new knowledge
77. The scene of the glacier is awe-inspiring.
adj. extremely beautiful and impressive; grand or noble in thought or deed
78. This book provides children with ideas and a for outside recreation.
n. something that causes growth or arouses action
ANSWERS: 71. iris, 72. spinning, 73. Molecular, 74. Essentially, 75. sunlight, 76. experiments, 77. magnificent, 78. stimulus

79.	These economic activities had disastrous environmental
n.	the outcome of a particular action or event, especially relative to an individual
80.	So far, the meeting is going according to
n.	a list of planned activities, tasks, or things that must be completed showing when they are intended to happen or be done
81.	A supplement can help regulate sleep-wake cycles in people with insomnia.
n.	a hormone that is produced by the pineal gland in the brain and that helps to regulate sleep-wake cycles
82.	When the first molecule in the receives a signal, it activates other molecules.
n.	a track that constitutes or serves as a path; an approach or a way of doing something
83.	The systems we have developed has accepted as industry
n.	something that is regarded as usual, typical, or standard
84.	Tech companies often employ ducts and other materials in their office interiors.
adj	having no protection or shield from something, such as bad weather, attack, or criticism
85.	The doctor diagnosed me with a disorder.
n.	a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood
	SWERS: 79. consequences, 80. schedule, 81. melatonin, 82. pathway, 83. norms exposed, 85. hormone

ANSWERS: 94. mammal, 95. trail, 96. enveloped, 97. relevance, 98. alarm, 99. instances, 100. retain, 101. ingenuity

ANSWERS: 102. wipe, 103. hopped, 104. planet, 105. disconnect, 106. biology, 107. blackout, 108. environment, 109. primarily

ANSWERS: 110. consists, 111. influence, 112. deprived, 113. incredible, 114. zone, 115. statistics, 116. alerted, 117. solid-state, 118. component

119.	In his speech, he a famous philosopher to emphasize his point.
ν.	to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services
120.	The treatments were done but, were unsuccessful.
adv.	by bad luck; unluckily
121.	Australia is widely as having low levels of corruption.
<i>v</i> .	to become aware or conscious of something through the senses
122.	Detergent weakens the surface tension at the of two liquids.
n.	(computer science) a program that controls a display for the user and that allows the user to interact with the system; (chemistry) a surface forming a common boundary between two things
123.	X-rays revealed a small tumor in his
<i>n</i> .	the organ inside the head that is responsible for one's movement, thought, memory, and feeling
124.	This artwork is of her work.
adj.	having the usual characteristics or traits of a specific group of things
	WERS: 119. quoted, 120. unfortunately, 121. perceived, 122. interface, 123. , 124. typical